



## Adult Recreation Programs

### Liability Waiver Global

(For Participants 18 Years & Older)

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I understand that active recreation programs involve inherent risk and possible injury because of the nature of the activities, even when conducted in a safe manner, and I hereby assume all responsibility for my safety when participating in recreation programs sponsored by the Bainbridge Island Metropolitan Park and Recreation District.

Injuries to participants in active recreation programs may occur from risks inherent in the activity; from placing stress on the body that it has not been prepared for; from accidents in learning or practicing techniques; from failing to follow training, safety or program rules; from the use of transportation associated with the activity; and from the administration of first aid. The severity of the injury can range from minor cuts, scrapes, or muscle strains to catastrophic injury such as paralysis or even death.

Each time I register for a recreation program with BIMPRD, I will tell my instructor or group leader about any limitations or medical restrictions I have.

In consideration for my acceptance as a participant, I agree to assume the risks, release and hold the Bainbridge Island Metropolitan Park District, its advisory councils, and their employees and agents harmless from claims for injuries and damages which may occur from or as a result of my participation in BIMBRD recreation programs. I agree that this assumption of risk and release shall bind my heirs and estate.

Name of Participant: \_\_\_\_\_ -Signature : \_\_\_\_\_ Date: \_\_\_\_\_  
(Print)