



BOATING

KAYAKING

These programs emphasize on the water time, expanding skill sets, and focus on safe paddling. Fees cover all technical gear for day trips, camps, classes, and expeditions. Rain does not cancel programs; severe weather does. A parent/guardian must accompany minors.

GET KAYAKING!

Age 8-99. Looking to see if kayaking is for you? Join Back of Beyond and spend the morning paddling in our most accessible class geared towards beginners and families. You'll learn the essentials to have a safe and enjoyable day on the water. Kids FREE! **One child, age 8-14, free per paying adult. Adult must attend on trip.

130740-01	Sa	9:00a-12:00p	4/15	\$65
02	Sa	9:00a-12:00p	4/15	\$0**
03	Su	9:00a-12:00p	5/14	\$65
04	Su	9:00a-12:00p	5/14	\$0**

RESCUE TECHNIQUES

Ages 10-99. A kayaker in your group flips over 100 yards from shore, what do you do? Back of Beyond will teach you a large variety of scenarios and the skills needed to be safe on the water. Practice braces, leans, T rescues, wet exits & reentries, underwater exits, self rescues, and paddle floats all in the comfortable warmth and safety of the pool. Meet at the Aquatic Center.

130741-01	W	7:30-10:00p	3/15	\$75
02	W	7:30-10:00p	4/12	\$75
03	W	7:30-10:00p	5/10	\$75

NISQUALLY DELTA

Ages 11-99. Your choice of kayak or canoe takes us into the heart of the Nisqually Wildlife Refuge! Be sure to bring your field glasses as this area is one of the best in the Pacific NW for birding. We'll leisurely paddle six miles enjoying learning about local birds and enjoying the stellar views of Mt Rainier and the Olympics. Transportation provided from Back of Beyond's downtown shop.

130755-01	Sa	8:00a-6:00p	4/29	\$150
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MARROWSTONE ISLAND

Ages 12-99. Explore and learn about Kilisnoet Harbor, visit the historic light house, & walk the mile-long beach. We will base camp under a full moon at Fort Flagler, cook our dinner over an open fire in a Dutch oven, and have a pancake breakfast. Afterwards we'll paddle explore the outer shore of the island with views of Admiralty Inlet and Mt Baker before heading home. Must have self rescue paddling skills.

130762-01	SaSu	8:00a-6:00p	5/6-5/7	\$225
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SPRING BIG CANOE EXPLORATION

Ages 8-99. Our 25-ft or larger canoes bring "group travel" to a whole new level. They hold up to 18 people, so there is no need to worry about your skill level. We'll be gliding from Fort Ward along the west side of the island with breathtaking views all around, sharing stories and learning local history. We'll disembark in Suquamish with a chance to visit their new museum. *Adult must attend on trip.

130768-01	Sa	Ages 13-99	9:30a-4:00p	5/13	\$95
02	Sa	Ages 8-12	9:30a-4:00p	5/13	\$75*

ABOUT BOATING SAFETY

Ages 12-99. Instructed by members of the United States Coast Guard Auxiliary, this comprehensive boating course teaches the fundamentals of safe boating operation. Topics include navigation, safety equipment, anchoring/docking, trailering, engines, mooring, etc. - to help all boaters to become safer and more knowledgeable. This course meets the mandatory boater education requirements of the State of Washington for the Boater Education Card and is sanctioned by the United States Coast Guard and the State of Washington. Meet at SHC.

130775-01	Sa	8:00a-5:00p	6/3	\$35
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ROWING

Learn techniques and build your crew skills with Bainbridge Island Rowing (BIR). Classes are taught by BIR's passionate coaches and are suitable for all levels of experience. A BIR float test is required and the ability to lift 35-lbs overhead. Rowers should plan to wear close-fitting synthetic or wool clothing, like yoga wear, water shoes and should bring a layer for rain. Questions? Contact the Learn-to-Row coordinator at learntorow@gmail.com

LEARN TO ROW - FREE PREVIEW

Ages 13-99. Join Bainbridge Island Rowing for a free preview of the exciting sport of rowing! Drop-in at Waterfront Park for on-going sessions between 9:00a-12:00p that will brief you on safety and equipment, provide land-based instruction and weather permitting have you on the water and rowing before you leave! 100% free to attend! Participants under 18 years need parent permission. Questions? Contact Learntorow@gmail.com for details.

Sa	9:00a-12:00p	4/8	FREE
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LEARN TO ROW - WEEKEND INTENSIVE

Ages 19-99. Designed for those with little to no rowing experience, this weekend intensive is hands-on. Participants will learn and practice the basics of equipment use, proper form and position, oar use, and much more. **Thursday is the evening introduction. Saturday & Sunday are on the water.

130771-01	SaSu	7:30a-12:30p	4/29-4/30	\$219
	Th	6:30-8:00p	4/27**	
02	SaSu	7:30a-12:30p	5/13-5/14	\$219
	Th	6:30-8:00p	5/11**	

LEARN TO ROW - THREE-WEEK COURSE

Ages 19-99. Spend extra time learning to row with Bainbridge Island Rowing crews. Designed for those with little to no rowing experience, participants will learn and practice the basics of equipment use, proper form and position, oar use, and much more, over a three-week period. *No class on Memorial Day 5/29.

130770-01	MWF	9:00-11:00a	5/15-6/2*	\$249
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