

ADULT



ADULT ARTS & CRAFTS

KNITTING CLUB

Join this informal group to work on knitting, crocheting or needlework. Brush up on your skills or share your knowledge. WPCC Fireside Room
960404-01 F 9:00-11:00a Ongoing

ADULT SEWING CIRCLE **NEW!**

Added by popular demand! Adults will have fun learning beginning sewing skills on Tuesday evenings at the Aquatics Center! You are welcome to bring our own machine for learning and practice or use one provided. No experience necessary. Learn machine basics and simple skills such as zippers, bias tape, binding, and pattern making. Let's get sewing! Pool, Nakata Rm. A

170223-01	T	6:00-7:00p	1/10-2/14	\$85*
02	T	6:00-7:00p	3/7-4/18	\$85*
03	T	6:00-7:00p	4/25-5/30	\$85*

*\$20 materials fee payable to instructor at first class.

BAINBRIDGE ISLAND PHOTO CLUB

Meet with other photographers to learn new techniques and how to use new types of equipment. Share your work and participate in a variety of events. Open to all ages. Visit www.biphoto-club.org for more info. WPCC Huney Hall
166024-01 2nd W 7:00-9:00p \$30 Membership yearly

CREATIVE CRONE

Does your innate creativity need a boost or a kick-start? Does your dormant creativity need some inspiration, or even rediscovering? Join other savvy older (50+) women on Friday mornings for ten (10) lively sessions of self-discovery, play, challenges, and new ways of thinking, as you ease into becoming a Wise, Creative Older Woman – a Creative Crone! Facilitated by Susan Callan, these classes explore many different aspects of our creativity. They stretch your imagination and help set you on your own creative path. Students often describe these classes by saying, "I can't wait for Friday mornings!" WPCC Dining Room (Scholarships available)

162410-01	F	9:00-10:45a	1/27- 4/7	\$60
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THE PLAYFUL LIFE **NEW!**

Connect to the present moment through the art of play. With exercises inspired by mindfulness, improvisation and the creative arts, come learn the process and principles of The Playful Mind as taught and developed by Laurel Marlantes. Approaching life from a mindset of play gives us access to our best self. HT
170230-01 Sa 9:00-10:15a 2/11-3/18 \$120

IMPRESSIONIST PAINTING TECHNIQUES IN ACRYLICS OR OILS

Learn the techniques of the Impressionist Masters, using brushes and palette knife to create vibrant paintings with color and energy. For beginners and intermediates. Five week class includes instruction in color mixing and is offered in both oils and acrylics, producing two finished works. Class limited to 10 participants for private class experience in a group. Buy supplies online or locally before class by contacting instructor Diane Reincke for ordering information at dreincke@comcast.net. www.dianereincke.com Approximate supply cost \$75. WPCC Conference Room

162431-01	Th	10:30a-12:00p	1/19-2/16	\$50
02	Th	10:30a-12:00p	4/13-5/11	\$50

LET'S PAINT!! with Sylvia Carlton

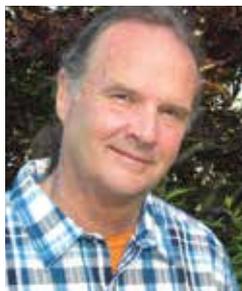
Explore the creativity and techniques in painting with oils, water-based oils and acrylics. This class will include a classic training in color and composition. Artist/instructor Sylvia Carlton will include demonstrations and individual instruction. New and continuing students are encouraged to attend. Min 5. Max SHC Art Room

111217-01	T	9:30a-12:00p	1/24-2/21	\$145
02	T	9:30a-12:00p	2/28-3/28	\$145

LANDSCAPE PAINTING PLUS with Sylvia Carlton **NEW!**

This class will focus on using photographs, drawings, inspirations, or small studies, and life to create beautiful landscape paintings. We will talk about how to combine several photos or designs to make one superior design. Then we will learn to create a pleasing composition along with a correct value structure, shapes, and leading lines. Attention will be given to learning to mix beautiful clean colors that are representative of the mood you want to create and that will look authentic. This class will provide group and individual instruction for beginners through advanced painters. Oils, acrylics or other media choices are welcome. SHC Art Room

111218-01	T	9:30a-12:00p	4/11-5/16	\$174
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WATERCOLOR FOR ALL LEVELS with John Adams

This class is for all levels of painters who are interested in painting watercolors, learning to focus on bold, loose painting techniques and design principles. Students are encouraged to bring sketches, photos or ideas they wish to paint from. The instructor John Adams is a signature member of both the National and Northwest Watercolor Societies. SHC

111215-01	T	6:30-8:30p	1/17-2/14	\$150
02	Th	10:00a-12:00p	1/19-2/16	\$150
03	T	6:30-8:30p	2/28-3/28	\$150
04	Th	10:00a-12:00p	3/2-3/30	\$150
05	T	6:30-8:30p	4/11-5/09	\$150
06	Th	10:00a-12:00p	4/13-5/11	\$150
07	T	6:30-8:30p	5/16-6/13	\$150
08	Th	10:00a-12:00p	5/18-6/15	\$150



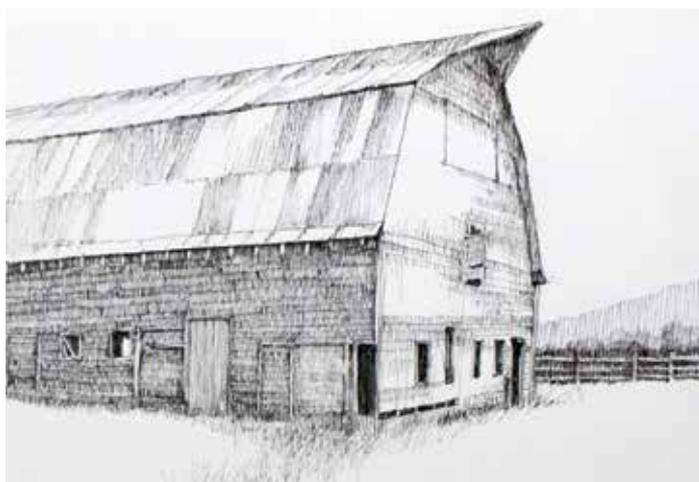
ADULT



LIFE DRAWING with Gregg Onewein

Open session for artists at any level who wish to improve their skills drawing and/or painting from life. A \$90 model fee is due at the first class which covers model expenses for the session. (For more info call Gregg Onewein at 842-0259.) DROP-IN STUDENTS WELCOME WITH A \$10 DROP-IN FEE (paid to BIMPRD main office) plus \$15 model fee (paid at class). SHC

111216-01	F	9:30a-12:30p	1/13-3/31	\$50
02	F	9:30a-12:30p	4/14-6/9	\$50



SKETCHBOOK JOURNALING with Paula Ensign

In this class we will focus on basic skills to do quick, simple drawings of familiar objects. We will talk about different types of journals and various kinds of supplies and materials to use. The goal is to improve drawing ability and to create a unique journal or sketchbook that expresses your individuality. One week will be a field trip off-site. SHC Art Room

111212-01	M	10:00a-12:00p	1/23-3/06	\$150
02	M	10:00a-12:00p	4/10-5/15	\$150

PERSPECTIVE DRAWING with Paula Ensign

Which way does that roof ridge slant? Should that angle go up or down? An understanding of perspective is essential to both drawing and painting. If perspective is your bugaboo, come learn the basic rules that will help you draw more accurately. We'll cover how to represent three-dimensional shapes, buildings, circular forms, even boats, from any angle. SHC Art Room

111213-01	W	10:00a-12:00p	1/25-3/8	\$150
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KEEP DRAWING with Paula Ensign

Set up a weekly date to develop your drawing skills. If you already have some drawing experience, this class is an opportunity to practice and improve your techniques. Each week offers a new challenge in value, line, perspective or composition. One week will be a field trip off site. SHC Art Room

111214-01	W	10:00a-12:00p	4/12-5/17	\$150
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ADULT POTTERY

**ALL CLASS FEES INCLUDE 1 -25# BAG OF CLAY.
EXTRA CLAY IS \$25 PER BAG.**



THURSDAY POTTERY with Elena Wendelyn

This class welcomes beginners as well as those with wheel and hand-building experience. Surface decorating techniques such as sgraffito and silkscreen will be introduced as well as small form sculpture demonstrations. Individual projects welcome! 8 wks. ED++

122048-01	Th	9:30-11:30a	1/19-3/16*	\$165
02	Th	9:30-11:30a	3/30-5/18	\$165

POTTERY WORKSHOP**

**Must be enrolled in a current session class. ++

122049-01	Th	12:00-3:00p	1/19-3/16*	\$115
02	Th	12:00-3:00p	3/30-5/18	\$115

*No class 2/23

FIGURATIVE CLAY SCULPTURE with Debbie Fecher-Gramstad

CONTINUING STUDENTS

With the wealth of knowledge that instructor/artist Debbie Fecher-Gramstad has in the world of sculpture and figurative art, students will explore their own ideas and tap into endless opportunities to create their own work. Individual projects encouraged! 8 wks. ED++

122057-01	T	9:30-11:30a	1/17-3/7	\$165
03	T	9:30-11:30a	5/9-6/27	\$165

CONTINUING FIGURATIVE CLAY WORKSHOP**

**Must be enrolled in the corresponding instructor's class.

122058-01	T	12:00-3:00p	1/17-3/7	\$115
03	T	12:00-3:00p	5/9-6/27	\$115

BEGINNING STUDENTS

Come have fun with Figurative Clay Sculpture! Beginning students will learn the basics with fun assignments that generate imagination and inspiration. Discover how to sculpt a ball of clay into something wonderful! 8 wks. ED++

122055-01	F	9:30-11:30a	1/20-3/10	\$165
03	F	9:30-11:30a	5/12-6/30	\$165

BEGINNING FIGURATIVE CLAY WORKSHOP**

**Must be enrolled in the corresponding instructor's class.

122056-01	F	12:00-3:00p	1/20-3/10	\$115
03	F	12:00-3:00p	5/12-6/30	\$115



ADULT



SATURDAY MORNING POTTERY

with Stacy Landers

By popular request Eagledale Pottery instructor Stacy Landers is offering this Saturday morning class for all levels to enjoy! Focus will include both wheel-thrown and hand-building techniques, exploring texture and glazes. A variety of stoneware clay bodies for gas, electric and raku kilns. Emphasis on individual successes and fun! 8 wks. ED++

122045-01	Sa	10:00a-12:00p	1/28-3/18	\$165
02	Sa	10:00a-12:00p	4/1-5/20	\$165

SATURDAY POTTERY WORKSHOP

Must be enrolled in a current session class.++

122046-01	Sa	12:30-3:30p	1/28-3/18	\$115
02	Sa	12:30-3:30p	4/1-5/20	\$115

EVENING POTTERY

with Stacy Landers

These evening classes are designed to appeal to both beginning and advanced levels of ability. Focus will include both wheel-thrown and hand-building techniques, exploring texture and glazes. A variety of stoneware clay bodies for gas, electric and raku kilns. Emphasis on individual success and fun. 8 wks. ED++



FOR ONGOING POTTERY STUDENTS

122052-01	M	6:30-9:30p	1/23-3/13	\$225
03	M	6:30-9:30p	3/27-5/15	\$225

FOR POTTERY STUDENTS OF ALL LEVELS

122052-02	W	6:30-9:30p	1/25-3/15	\$225
04	W	6:30-9:30p	3/29-5/17	\$225

EVENING POTTERY WORKSHOP**

**Must be enrolled in a current session class.++

522054-01	Th	6:30-9:30p	1/26-3/16	\$115
02	Th	6:30-9:30p	3/30-5/18	\$115

POTTERY M&W with Jay Stemmler

This class is for people who want to throw on the wheel or hand build with clay. Whether you are a beginner or an old hand, come join the fun! 6 wks. ED++

122050-01	M	9:30-11:30a	1/23-2/27	\$145
02	W	9:30-11:30a	1/25-3/1	\$145
03	M	9:30-11:30a	3/6-4/10	\$145
04	W	9:30-11:30a	3/8-4/19*	\$145
05	M	9:30-11:30a	4/17-5/22	\$145
06	W	9:30-11:30a	4/26-5/31	\$145

POTTERY WORKSHOPS**

**Must be enrolled in a current session class. ++

122051-01	M	12:00-3:00p	1/23-2/27	\$90
02	W	12:00-3:00p	1/25-3/1	\$90
03	M	12:00-3:00p	3/6-4/10	\$90
04	W	12:00-3:00p	3/8-4/19*	\$90
05	M	12:00-3:00p	4/17-5/22	\$90
06	W	12:00-3:00p	4/26-5/31	\$90

*No class 3/22

FRIDAY NIGHT CLAY PLAY!

with Studio Staff NEW!

Get out of the house and get your hands messy! Make something interesting, for keeps! These fun 2-evening classes are designed to appeal to adults of any ability. Focus will include basic clay-handling techniques, exploring texture and glazes. A variety of stoneware projects for gas, electric and raku kilns. Led by the welcoming and patient instructors of our studio. Materials included. Space is limited ED++

FOREVER VALENTINES

Try your hand at making a heart that will last! Fun shapes, embellishments and the surprise of a fun finish!

122080-01	F	6:30-8:30p	1/27 and 2/3	\$25
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BEAUTIFUL BOWLS

Try your hand at making a bowl! Play with unusual shapes, patterns and glazing techniques.

122080-02	F	6:30-8:30p	4/14 and 4/21	\$25
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GARDEN ART

Try your hand at making something for your garden! Plant markers, wall signs, a planter, sundial or fairy furnishings perhaps?

122080-03	F	6:30-8:30p	6/2 and 6/9	\$25
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SEE ALSO PARENT/CHILD CLAY PLAY PAGE 17

SCOUT GROUP CLAY-RELATED BADGE WORKSHOPS NEW!

By arrangement, please contact Shannon@biparks.org.

SATURDAY SKILL WORKSHOPS!

with Studio Staff NEW!

Expand your knowledge and skill with the art of pottery! Experience a variety of interesting one-day workshops designed to appeal to adults who already work with clay. No need to be an Eagledale student – anyone is welcome. Use your own bisque-ware or adopt some of our “orphan” pieces to use. Emphasis on experimentation and exploration. Materials included. ED++

LUSTRE!

Add a beautiful and unexpected touch with precious metal lustre details. Explore the types, sources and proper handling of metals.

122081-01	Sa	10:00a-1:00p	1/28 and 2/4	\$25
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RAKU!

So much more than a can with newspaper and sawdust! Play with unusual additions to the combustion for surprise finishes, and learn the hows and whys – and safety - of this fun technique.

122081-02	Sa	10:00a-1:00p	4/15 and 4/22	\$25
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BEACH FIRING!

People have used beach pit-firing for thousands of years! Join the fun of a day-long firing and go home with decorative smoke-painted pieces. It will also be a potluck; Island location TBD.

122082-01	Sa	10:00a-4:30p	5/13	\$40
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SODA FIRING!

The addition of soda ash glazing and our dedicated soda kiln changes everything! Expand your knowledge of finishes and see what the change can mean for your pieces!

122081-03	Sa	10:00a-1:00p	6/3 and 6/10	\$25
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ADULT

LEADED STAINED GLASS

JULIE HEWS-EVERETT HAS BEEN INVOLVED WITH ART GLASS FOR OVER 40 YEARS. ALL CLASSES ARE HELD AT HER STUDIO, ISLAND SPECTRUM DESIGN IN FLETCHER BAY. PLEASE CALL FOR DIRECTIONS OR QUESTIONS. 780-0837

GLASS FUSING FOR BEGINNERS

This is a great way to get a taste of glass making without a huge commitment. Students will learn what glass fusing is all about. Class includes instruction of basic cutting skills and assembly of one to two projects. Tools and materials included.

120482-01 Sa 10:00a-1:00p 2/4 \$120



LEADED STAINED GLASS

Learn techniques to create beautiful stained glass works of art. All levels of experience welcome (especially beginners!). Class fee does not include tools or materials. Supplies are available for purchase from the instructor at the first class.

120484-01	T	10:00a-1:00p	1/17-2/28*	\$130
02	W	6:00-9:00p	1/18-3/1*	\$130
03	T	10:00a-1:00p	3/21-5/2*	\$130
04	W	6:00-9:00p	3/22-5/3*	\$130
05	T	10:00a-1:00p	5/9-6/6	\$130
06	W	6:00-9:00p	5/10-6/7	\$130

*no class 2/21, 2/22, 4/4, 4/5

OPEN STUDIO FOR FUSING

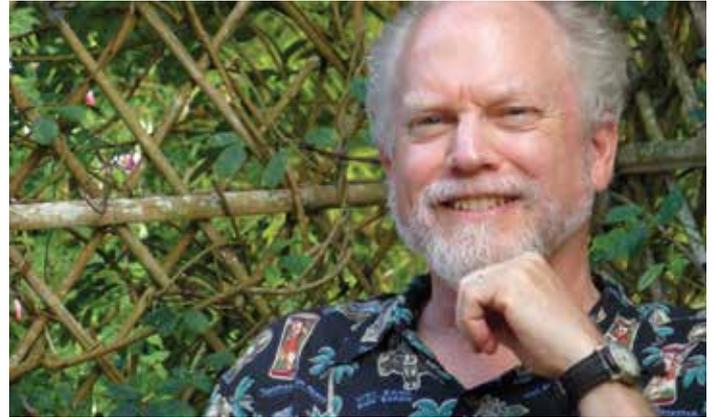
Come practice your fusing skills in an open studio setting. You can use the skills learned in workshops or fuse your own designs. Tools and guidance will be provided. Glass is not included.

120485-01 Sa 10:00a-1:00p 2/11 \$75

CREATE YOUR OWN GLASS

Working with glass frit, powder and stringers, you will create a unique sheet of art glass to use in a fusing project. Each piece of art glass will be fired in a kiln and then slumped into or draped over mold of your choice. Class fee includes tools and materials to make two pieces.

120487-01 Sa 10:00a-1:00p 3/25 \$80



ADULT WRITING

POETRY WRITING WORKSHOPS

Nudge your poems into the world! These workshops give participants an opportunity to learn more about writing poetry by bringing their poems in various stages of progress, reading them aloud, and discussing them in a constructive light toward revision. Island Treasure and award-winning instructor/poet John Willson leads the conversation. Participants are asked to bring 10-12 copies of a poem to share in class each week. SHC. Drop-in fee: \$18 ++

Winter 6-week workshop

174000-01 W 7:00-9:00p 1/18-3/1 \$85

Spring 4-week workshops & "Poet-tree" project **NEW!**

174001-01 W 7:00-9:00p 4/12-5/3 \$65

02 W 7:00-9:00p 5/17-6/7 \$65

Watch for Summer Poetry Retreat in June **NEW!**

WRITERS' RETREATS Pru's House At Hilltop

Give yourself a day for your writing. You'll have time to explore ideas, start something new, or work on a current project. We'll trade craft tips and share work with a small group of fellow writers. All genres and levels are welcome. Please join us-2017 is a great time to get inspired! Instructor Margaret Nevinski is a published writer who has benefited from retreats.HT++



174005-01 Sa 10:00a-4:00p 2/4 \$75

02 Sa 10:00a-4:00p 4/29 \$75

ADULT



ADAPTIVE RECREATION FOR ADULTS WITH SPECIAL NEEDS

The following classes are designed for teens and adults with disabilities.



POTTERY FOR PEOPLE WITH SPECIAL NEEDS

Students will work with clay using hand-building and wheel-throwing methods. The focus of the class is to work within each student's ability, teaching sound building structure and then letting each student's creativity take over and have fun with clay. Materials included in class fee. Jay Stemmler. ED++

122062-01	W	3:30-5:00p	3/1-3/22	\$89
02	W	3:30-5:00p	5/10-5/31	\$89



GRANDMA'S MEALS

We will be preparing meals and yummy desserts from our Grandmas' kitchens! Taught by Jan Fredrickson. SHC kitchen++

170965-01	T	3:30-5:30p	1/24-2/14	\$75
02	T	3:30-5:30p	4/11-5/2	\$75

ADULT/TEEN MUSIC & DANCE

EDUCATED FEET DANCE CLASSES

The following classes are taught by certified instructor, Sheila Phillips of Educated Feet. All classes are open to teens & adults, no partner necessary! Educate your feet with beginning – intermediate level instruction. PLEASE wear shoes kind to wood floors - clean soles & leave no black marks! Contact sheila@educatedfeet.net or 206-842-3012. Info: <http://www.educatedfeet.net>

TUESDAY EVENINGS

Located at Island Center Hall, 8395 Fletcher Bay Rd, Bainbridge Island

WEST COAST SWING

Learn a fun modern Swing! West Coast is a smooth, slotted style swing dance, described as a mixture of Latin and Jive. It's danced to slower tempos in swing, rhythm & blues, country and contemporary music. Stylish, creative and very versatile. Different patterns taught each series. Register by noon on Mondays, 1/16, 2/27 -ICH



111220-01	T	6:30-7:30p	1/17-2/14	\$55
02	T	6:30-7:30p	2/28-3/28	\$55

NIGHT CLUB TWO STEP

One of the most practical and versatile social dances ever conceived, this simple romantic dance fills a gap where no other dance fits. It's a twist on the slow dance done to mid tempo ballads & contemporary music. Relaxed and a very smooth style with a mixture of quicks and slows. Suitable for beginners. Register by noon on Monday, 1/16 -ICH



111221-01	T	7:30-8:30p	1/17-2/14	\$55
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SWINGIN' BLUES

Easy walking swing steps blend with Blues for a smooth, personal & intimate style. It's a versatile partner dance that emphasizes individual expression and improvisation. Suitable for slower tempos, particularly jazz & blues. This is a must-learn one-step dance using easy walking footwork. Register by noon on Monday, 2/27 -ICH

111222-01	T	7:30-8:30p	2/28-3/28	\$55
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WWW.BIPARKS.ORG



ADULT

CUBAN SALSA

The name "salsa" correctly describes the flavor of this dance: hot! One of the most popular styles in salsa is the Cuban style! Instead of dancing "in-the-slot", it's danced in a rotational pattern. It has a more relaxed feel with swing-like patterns. Slotted and Cuban styles can be mixed on the dance floor. Club style, energetic, passionate. Basics & beyond. Different patterns taught each series. Register by noon on Mondays, 4/10, 5/15 -ICH

111223-01	T	6:30-7:30p	4/11-5/9	\$55
02	T	6:30-7:30p	5/16-6/13	\$55

RUMBA AND CHA CHA

Rumba, the mother of salsa and the spirit & soul of Latin music. Often called the dance of love, slow & sensuous with plenty of wraps, under arm turns and a truck load of flirtation! Cha Cha combines Rumba romance with relaxed triple time swing and has a strong beat and distinctive rhythm. Learn similar patterns to use in both dances. Latin and contemporary music. Beginning level. Register by noon on Monday, 4/10 -ICH

111224-01	T	7:30-8:30p	4/11-5/9	\$55
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LINDY aka SAVOY SWING

Sometimes referred to as Lindy Hop, it's a favorite jazzy dance originating in the Savoy Ballroom, NYC late '20's. It has evolved into many styles, wild and spontaneous or cool and sophisticated. This series of triple time swing covers smooth 8 count basic Lindy patterns. Register by noon on Monday, 5/15 -ICH

111225-01	T	7:30-8:30p	5/16-6/13	\$55
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SATURDAY DANCES

Island Center Hall, 8395 Fletcher Bay Rd

Singles & couples; Adults & teens.

Dressy casual. Be kind to wood floor;

Wear shoes with clean soles, no black marks.

Dancers invited to bring finger foods to share.

Doors open 7:00p; pay at the door all events

Info www.educatedfeet.net

Contact sheila@educatedfeet.net or 842-3012



JAN 14 - RANGER & THE RE-ARRANGERS

At the heart of their sound is Ranger Sciacca's sweet violin playing with an exquisite marriage to guitar. They bring forth a snappy

rhythm and a calm and catchy grace. The band's repertoire includes swing standards, the music of Django & Grappelli, Latin swing tunes, waltzes and Ranger's unique originals.

\$20 includes 7:15-8:00p workshop
8:00-10:30p dance, live music!

FEB 11 - JUST DANCE! - DJ MIX WALTZ, BLUES, SWING, WEST COAST, NIGHT CLUB 2, LATIN

\$10 includes 7:15-8:00p workshop

8:00-10:00p dance, DJ music!

Happy Valentine's Day!

MAR 11 - SOUL SIREN

This Northwest quartet of talented musicians has been a local favorite for over a decade!

Dance swing, Latin, Rhythm & Blues, Pop & Soul, all the dance favorites from the '60s, '70s, '80s, '90s, and today!

\$20 includes 7:15-8:00p workshop

8:00-10:30p dance, live music!



APR 8 - JUST DANCE! - DJ MIX WALTZ, SWING, SALSA, BLUES, WEST COAST, BALLROOM, LATIN

\$10 includes 7:15-8:00p workshop

8:00-10:00p dance, DJ music!

MAY 13 - LIVE MUSIC TBA - LATIN, SWING & JAZZ

\$20 includes 7:15-8:00p workshop

8:00-10:30p dance, live music!

Happy Mother's Day!

SPECIALTY WORKSHOPS

Educate your feet with beginning-intermediate level patterns!

Check monthly workshop @ <http://www.educatedfeet.net>

*NO pre-registration or partner required!

Free with dance!

Island Center Hall (ICH)

HILLTOP ACOUSTIC JAM ALL-AGES MUSIC JAM

Bring your guitar, voice, uke, fiddle, or any other instrument, for an old-fashioned song-swapping circle at Prue's House! Beginners and veterans learn from each other, no stage fright and no pressure; sit in or just come to listen! A great place to try out original work, practice a favorite cover, or just gain skills on that brand new gift instrument! All ages welcome, from 8-108, and it's FREE! Hot drinks provided. Third Sunday, monthly at 7:30p. 1/22, 2/19, 3/19, 4/16, 5/21, & 6/18 HT

ADULT



ADULT FOREIGN LANGUAGE

SPANISH with Will Perkins

Will Perkins has taught Spanish from beginning through literature for many years. He has spent time in Seville, Spain as well as different parts of Mexico. Classes focus on spending as much time as possible hearing, speaking and understanding Spanish to build confidence in communicating. Written exercises occur on occasion. Participants will need internet access and some comfort using a computer to follow the class. Students will use online resources for supplemental readings and grammar.

SPANISH FOR BEGINNERS

Ages 18-99. Designed for those with little or no previous experience in Spanish, students will use stories, music and conversation to build comfort with learning a new language. The free online program "Duolingo" provides the basic curriculum for class while also offering the opportunity to practice and share at home. Instruction during class addresses basic phonetics and grammar, using abundant repetition to build confidence. SHC

121652-01	W	9:20-10:50a	1/11-2/15	\$115
02	W	9:20-10:50a	3/01-4/05	\$115

INTERMEDIATE CONVERSATIONAL SPANISH

Ages 18-99. If you have studied some Spanish, this class will greatly help refresh your existing knowledge. The class will use stories, music and conversation to shake off the cobwebs and help students build new understandings. Depending on class interest, students will read stories, easy-reader novels, or plays to assist in building vocabulary and comprehension. A book may be purchased to be read during class, usually under \$20. SHC

121653-01	W	11:00a-12:30p	1/11-2/15	\$115
02	W	11:00a-12:30p	3/01-4/05	\$115

LANGUAGE CLUBS AT WPCC

FRENCH CLUB

If you speak French fairly well and enjoy a good conversation in Francaise, please join us! All ages welcome. For more info speak to Eileen. WPCC Conference Room

961641-01	M	9:00-10:00a	Ongoing
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GERMAN CLUB

Sprechen Sie deutsch? Join Gerlind Jenkner and others for a little conversation and fun. WPCC Living Room

961645-01	Th	9:00-10:30a	Ongoing
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SPANISH CLUB

The basis of the class sessions will be threefold: reading and discussion of Spanish literature, compositions written by class members, and components from News in Slow Spanish. Contact Dale & Regina Spoor, 842-5171 for more info. WPCC Conference Room

961644-01	M	10:00a-12:00p	Ongoing
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CANINE CLASSES

Dianne Canafax from KITSAP ANIMAL RESCUE EDUCATION (KARE) is a certified professional dog trainer and has been a highly successful dog trainer for over 25 years. Classes focus on how dogs learn and the "why" behind their behaviors. Dianne uses positive, scientifically proven non-forceful training methods which emphasize the relationship between dog and human.

LEARN TO SPEAK DOGLISH

Ages 18-99. Speaking Doglish: Dogs do not speak English, they speak Doglish. Do you? This fun and informative session will teach even the most seasoned dog parent things they didn't know or understand about canine communication and behavior. Topics covered include behavioral differences between dogs & humans, how dogs learn, causes and signs of stress in dogs, and how dogs communicate to us. Please leave your dog home for this event. SHC

126112-01	Th	6:30-8:00p	1/19	\$45
02	Th	6:30-8:00p	3/30	\$45

PUPPY MANNERS

Ages 18-99. The focus of this class is to help your dog learn how to be calm and relaxed in the everyday world. This includes being around strangers, unknown dogs, novel places, sights, sounds and smells. We also begin teaching you how to work with basic manners such as sit, down, stay, come when called. Seabold Hall.

126113-01	Th	5:15-6:00p	2/2-3/9	\$145
02	Th	5:15-6:00p	4/13-5/18	\$145

ADULT DOG MANNERS

Ages 18-99. In addition to teaching your dog how to be a pleasant house mate, we focus on teaching you how to understand and resolve basic behavior problems like jumping on people, barking and loose leash walking. Seabold Hall

126115-01	Th	6:15-7:00p	2/2-3/9	\$145
02	Th	6:15-7:00p	4/13-5/18	\$145



ADULT

SPECIAL INTEREST

A variety of classes, events, and programs that help to bring our community together. These diverse offerings are held at the Waterfront Park Community Center (WPCC).

AMERICAN PRESIDENTS AND THEIR WIVES

A weekly course to explore the life and times of each of our presidents and their wives. Emphasis will be placed on events (personal and political) which shaped their actions and have resulted in the present place our country maintains on the world stage. It is expected that attendees will obtain a far better appreciation of the remarkable process started by our founding fathers and our struggles to maintain our republic as a functioning viable entity. Join this class at any time during the year. Instructor Harold Sandler has studied the subject of American Presidents for the past 20 years. WPCC Conference Room

166020-01 T 10:00-11:30a 1/3-12/19 Donation

INSOMNIA

Marsha Cutting, Ph.D., will offer a 2-session class on insomnia. The first session will present information on insomnia and factors affecting sleep, as well as offering suggestions for improving sleep. The second session will offer participants an opportunity to discuss their experience in implementing the suggestions and provide information on more extended treatment options. Be prepared to attend both classes to get the most benefit. This class is primarily intended to address difficulty getting to sleep, and is not a substitute for medical treatment for problems related to insomnia or sleep. Dr. Cutting is a psychologist and the class is based on her previous therapy work. Minimum 6, maximum 12. WPCC Conference Room

161336-01 Th 1:30-2:30p 1/12 & 1/26 \$10

ASTROLOGY GROUP

The definition of astrology is the study of how the position and path of the sun, moon, and stars have a bearing on our lives. Join the ongoing group to study this ancient science or to share your knowledge. Facilitators: Kathryn Lafond and Pamela Shea. WPCC Dining Room

166022-01 Th 1:00-3:00p 1/5-6/15 \$15

SECOND FRIDAY BROWN BAG LUNCH LECTURE SERIES @WPCC

Learn about local wildlife in our community and the land that provides their habitat. Bring your lunch and join us for these interesting and informative one-hour lectures. Check website for monthly topics. Co-sponsored by the West Sound Wildlife Shelter and the Bainbridge Island Land Trust. Space is limited so please sign up. WPCC Huney Hall

162404 2nd F 11:45a-12:45p 1/13-5/12 Donation \$3



"BEING MORTAL" FILM

Attend a free community screening of the documentary "Being Mortal" based on the book by the same name written by Atul Gawande, MD. The film delves into the hopes of patients and families facing terminal illness and underscores the importance of

people planning ahead and talking with family members about end-of-life decisions. This program is sponsored by the Hospice Foundation of America. WPCC Huney Hall

967050-02	S	2:00-4:00p	1/15
03	Sa	2:00-4:00p	2/11
04	S	2:00-4:00p	3/12

VOICE COMPUTING FOR SENIORS AND THOSE WITH DISABILITIES

At \$49 and the size of a hockey puck, the Amazon "Dot" has heralded the advent of affordable "Virtual Assistants" for non-technical users. Since its big sister, the Echo was unveiled at the 2014 Super Bowl, it has received over 42,000 positive reviews on the Amazon website. If you have a wireless internet connection, no further expense is required to have access to thousands of entertainment, learning, news, and radio options. This presentation will be both a lecture and demonstration, with plenty of time for questions. A comparison of 3 other "Virtual Assistants" will also be discussed. Kim Clark, instructor. WPCC Dining Room

166027-01	W	1:15-2:45p	2/1	\$10
02	W	1:15-2:45p	5/17	\$10

DOWNSIZING/RIGHTSIZING

- Spring Cleaning

Downsizing, rightsizing... whatever you call it, it doesn't have to be difficult!! Downsizing is not an event, it is a continuous process. Nor does it require a move to a smaller home. It is a process we should all engage in until it becomes effortless and part of our life style. This session will explore downsizing/rightsizing obstacles and its many rewards. Yes, there are many! You will learn the why, when, what and how of downsizing/rightsizing. I will provide a practical how-to approach to sorting, recycling and minimizing your stuff. Anne MacArthur, Interior Designer. Please pre-register for this class. WPCC-Huney Hall, Tuesday; Dining Room, Saturday.

162408-01	T	12:30-2:00p	4/18	\$10
02	Sa	10:00-11:30a	4/22	\$10



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ADULT



ADULT SPORTS & FITNESS

WE'RE LOOKING FOR GOOD PEOPLE

Get paid for sharing your recreation talents

EMPLOYMENT OPPORTUNITIES

SOCCER COORDINATOR – YOUTH LEAGUES, CLINICS

NO-SCHOOL CAMPS COORDINATOR

FITNESS INSTRUCTORS – PILATES, JAZZERCISE, YOGA, BOOTCAMPS

BASKETBALL REFEREES – YOUTH LEAGUES

WALKS LEADER

VOLUNTEER OPPORTUNITIES

BASKETBALL COACHES

VOLLEYBALL COACHES

OPEN GYMS

Our open gyms are held in the High School Lower Gym. Players can drop in and play for \$5.00 per visit or buy a 5-visit pass for \$20. *Subject to changes and cancellations due to school functions and holidays.



MONDAY	COED FUTSOL SOCCER	7:00-9:30P
TUESDAY	MEN'S BASKETBALL	7:00-9:30P
WEDNESDAY	PICKLEBALL	7:00-9:30P
THURSDAY	COED VOLLEYBALL	7:00-9:30P
THURSDAY	ADVANCED PICKLEBALL	7:00-9:30P
SUNDAY	PICKLEBALL	4:30-7:30P

TEAM SPORTS

We provide opportunities for both youth and adults to be a part of organized team sports all year round. Get your friends, neighbors, and co-workers together to play!



MEN'S REC SOFTBALL LEAGUE

Age 18-99. 12 games guaranteed plus end-of-season tournament. ASA rules will be used, except where noted. For complete list of rules contact us. Registration deadline May 19: all team fees are due in full. Pay by May 5 and get \$25 off.

Game times 6:15, 7:30p BPP

113702-01

MW

6/5-8/9

\$625



COED SOFTBALL

Those 50 years and up are eligible to join the team! Play begins in April. To play one must have a current Medical Information/Waiver form on file at the WPCC/ BIMPRD. The team plays several games against other senior teams throughout the season. Call 842-1616 for more information. Ongoing; weather permitting. You must register before playing. Rotary Field- Upper

161361-01

MWF

10:00a

Begins 4/3

\$30*

*Scholarships available



ADULT

PICKLEBALL

The sport of Pickleball was invented right here on Bainbridge Island. It is one of the fastest-growing sports in the nation. Come play and see what all the excitement is about.



PICKLEBALL OPEN PLAY

Come spend your lunch working out and playing pickleball at BAC!

111336-01	MW	12:45-2:15p	1/18-2/27	\$60
02	MW	12:45-2:15p	3/6-4/12	\$60
03	MW	12:45-2:15p	4/17-5/24	\$60

NEW!

Want more pickleball but prefer to play outside? We have two tennis courts lined for pickleball at Battle Point Park. The courts are set so you will use the existing tennis nets to play. All you need to do is adjust them to the correct height. We also lined the tennis court at Strawberry Hill Park with two pickleball courts. To play on these courts you'll either need to bring your own net or rent one of ours. Questions? Contact Julie at 206-842-2306 #114.

TENNIS



Our tennis lessons are instructed by certified tennis pros at the Bainbridge Athletic Club. Their talented and enthusiastic staff will help both beginner and intermediate players improve their game.

TENNIS 101

This class is for the beginning adult tennis player. Focus will be on fundamentals of the game not only in strokes but also in rules, scoring, singles and doubles. Come learn to play the sport for a lifetime! BAC

112700-01	Sa	1:45-2:45p	1/07-2/25	\$104
02	Sa	1:45-2:45p	3/04-4/22	\$104
03	Sa	1:45-2:45p	4/29-6/10	\$104

DOUBLES SKILLS AND DRILLS

If you are an advanced beginner or intermediate player looking to improve positioning, strategy and tactics on the doubles court, come join Coach Jennifer Shorr to get yourself understanding better doubles. BAC

112701-01	Sa	2:45-3:45p	1/7-2/25	\$104
02	Sa	2:45-3:45p	3/4-4/22	\$104
03	Sa	2:45-3:45p	4/29-6/17	\$104

TABLE TENNIS CLUB

Join us whether you are a seasoned player or want to learn. Times may vary. Please sign up to get on the email list. WPCC Huney Hall \$2 Donation/day

161362-01	M	11:30a-2:15p	Ongoing
02	Th	7:00-10:00p	Ongoing
03	Sa	9:00a-12:00p	Ongoing



BAINBRIDGE TABLE TENNIS TOURNAMENT- DOUBLES

Teams to be assigned by lot at time of the event. Double or Triple Elimination (depending on number of participants). Pre-register online or with Eileen at 206-842-1616. Walk-in registration from 1-1:30 if space is available. Warm-up starts by 1:30 pm. Games begin at 2 pm. WPCC Huney Hall Limited to 30 players.

161362-04	Sa	2:00p	1/14
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\$10/advance, \$15 day of event if space is available

BAINBRIDGE TABLE TENNIS TOURNAMENT- SINGLES

Triple Elimination seeded format. Prizes to top 3 finishers who have never won before. Pre-register online or with Eileen at 206-842-1616. Walk-in registration from 12:30-1:00p (if space is available). Warm-up starts from 12:30-1:15p. Must arrive by 1:00p to play. Games begin at 1:15p. WPCC Huney Hall Limited to 16 players. WPCC Huney Hall

161362-05	Sa	2:00p	5/13
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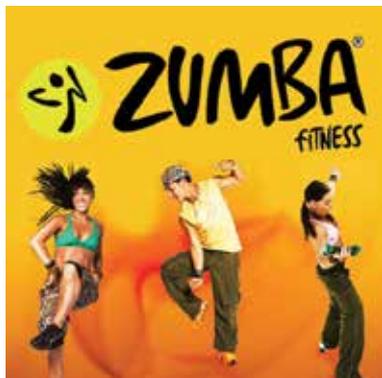
\$10/advance, \$15 day of event if space is available



ADULT



EXERCISE AND FITNESS



We offer a variety of exercise classes per week to help you reach your fitness and wellness goals. Experienced instructors and a supportive group atmosphere will help keep you motivated through classes like Zumba, Zumba Gold, bootcamps and yoga.

ZUMBA WITH OLYMAR

13&up. Burn the calories off with a big smile on your face! This Zumba class uses contemporary Latin and World rhythms along with current radio tunes to get your heart pumping. I also incorporate fun toning movements within the choreography. You choose your own level of exertion, as I provide plenty of modifications. There is zero expectation that you be a dancer or memorize any choreography! You just come on in and "follow the leader"! I am a seasoned dancer and fitness instructor licensed to teach Zumba. I focus on giving excellent cues and manageable choreographies so that you can focus on having a great time. I take fun very seriously! Learn more at olymargallagher.zumba.com (Gallagher) Friday and Saturday at ICH, Tuesday at SHMG.

111321-01	Sa	10:30-11:30a	1/7-6/10
02	Tu	7:00-7:45p	1/10-6/13
03	F	11:00a-12:00p	1/6-6/16

\$77 for 10-class pass / \$11 drop-in

ZUMBA GOLD WITH PAM

Energetic and fun workouts that are not hard on your joints. Zumba Gold is designed for seniors and those just starting to dance. You'll get fitter, have a great time, and meet some of the most fun people on the Island! There's a spot saved for you - so come on over - the only prerequisite is that you want to have fun! (McCann) Monday at ICH, Friday at SHMG++

111303-01	MF	9:30-10:30a	1/9-6/16
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\$60 for 10-class pass / \$8 drop-in



RELEASE YOUR INNER CHILD

Ages 17-99. Train like a child and get back the energy and strength you once had, but didn't even notice at the time. Participants will be taught skills like handstands and cartwheels, along with movement techniques from Parkour. Participants will also train with obstacles like Ninja Warrior and play games. This is a great way to get in shape, or stay in shape by having fun. BHS Gymnastics Room.

141598-01	W	7:30-8:30p	3/1-3/22	\$50
02	W	7:30-8:30p	4/12-5/3	\$50
03	W	7:30-8:30p	5/10-5/31	\$50



TRAIL RUNNING CLUB

Have fun, get fit, sharpen your running skills and enjoy the woods while exploring the island trails. Runs are 60-75 min and an easy 10-12 min/mile pace. Robin Ballou is ACE-certified personal trainer, group fitness leader and longtime runner. First

class meets at lower Grand Forest parking lot on Miller Rd. Questions? Email her at rballou@johnlscott.com ++

111313-01	W	9:00-10:30a	1/18-2/15	\$46
02	W	9:00-10:30a	2/22-3/22	\$46
03	W	9:00-10:30a	3/29-5/3*	\$46
04	W	9:00-10:30a	5/10-6/7	\$46

*No class 4/5

GROUP EXERCISE CLASSES MORNING EXERCISE at WPCC

50+ Fitness classes taught by Eileen Magnuson, ACE and AASDN certified instructor. Pick your favorite, or join us Monday through Friday. Punchcard is good for either class: \$45 ten-class pass/\$6 drop in

FUNTASTIC FITNESS!

This class combines aerobic, flexibility, and strength training in a positive, energizing environment. You will learn exercises designed to increase flexibility, joint stability, balance, coordination, agility, muscular strength, and cardiovascular endurance. WPCC Huney Hall

161338-01	MWF	9:00-10:00a	1/4-3/31	Punchcard
02	MWF	9:00-10:00a	4/3-6/30	Punchcard

STAY STRONG!

Increase muscular strength, range of motion, balance and agility. Eileen will teach you how to stay strong for your daily life activities. WPCC Huney Hall

161339-01	TTh	8:45-9:45a	1/3-3/30	Punchcard
02	TTh	8:45-9:45a	4/4-6/29	Punchcard



ADULT

YOGA

BEGINNING YOGA with Sierra Lee-Brenner

This beginner's level yoga class is gentle and slow-paced. You can explore the practice of basic yoga poses and breathing exercises to nurture the loving awareness of your mind and body. ICH

111208-01	F	9:30-10:30a	1/20-3/31*	\$126
02	F	9:30-10:30a	4/21-6/2*	\$98

*No Class 2/17, 2/24, 4/7, 4/14

YOGA ESSENTIALS with Carol Wallace

A class for beginners and for those who want a skilled foundation in yoga. Classes will focus on asanas and will include mindfulness and breathing techniques. ICH



111206-01	Th	10:00-11:30a	2/2-3/30	\$126
02	Th	10:00-11:30a	4/18-6/15	\$140

YOGA DEEPENING with Carol Wallace

Deepening classes can challenge you as well as help you relax. This is a stronger class that refines basic asanas and introduces deeper poses. Appropriate for all levels. ICH

111205-01	Su	10:00-11:30a	2/5-3/26*	\$98
02	Su	10:00-11:30a	4/9-6/18*	\$140

*No Class 2/19, 5/28

YIN YOGA HOUR with Lydia Williams

Yoga instructor Lydia Williams became interested in Yin Yoga after taking a workshop with Paul Grilley, originator of Yin Yoga. "The Yin aspect of Yoga (postures that stretch connective tissue) is virtually unknown but vital for a balanced approach to physical and mental health." Yin poses are done with muscles relaxed and held a long time. Yin Yoga better prepares people for meditation and is a great starting point to yoga. ICH

111207-01	Th	5:30-6:30p	1/12-2/16	\$84
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YOGA REGISTRATION OPTIONS

REGISTER ONLINE OR BY PHONE: Sign up for a full session of yoga with your favorite instructor - most cost-effective option.

BUY A YOGA TICKET BOOK: Each book has 10 tickets. Tickets can be used for any yoga class held in ICH or SHMG. Books are \$150. They are available for purchase at the Park District main office and at the Aquatics Center front desk.

DROP-IN: (one class): \$16

CHAIR YOGA CLUB

Feel rejuvenated after spending quiet time stretching in the chair. WPCC Dining Room

961330-01	T	9:45a	1/3-6/27	Ongoing
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DISCOVER BAINBRIDGE WALKS

Come walk with us and discover the back roads and trails of Bainbridge. You'll learn some of the history of the island and meet new friends. Walks are a steady pace, rain or shine. First walk starts at Rotary Park, on Weaver Road. ++

4-MILE WALKS – TUESDAY

4-MILE WALKS – WEDNESDAY

Lottery registration - lottery "spin" for winter walks happen on Jan 11 at 12:00p and for spring walks on March 29 at 12:00p.

111910-01	T	9:00-11:00a	1/17-3/21	\$35
02	W	9:00-11:00a	1/18-3/22	\$35
03	T	9:00-11:00a	4/4-6/6	\$35
04	W	9:00-11:00a	4/5-6/7	\$35



4-MILE WALKS – SUNDAY

111912-01	Su	9:00-11:00a	1/22-3/26	\$35
02	Su	9:00-11:00a	4/2-6/4	\$35

2-MILE WALKS – THURSDAY

Flatter roads and trails of Bainbridge. Nice easy pace.

111911-01	Th	9:00-10:15a	1/19-3/23	\$30
02	Th	9:00-10:15a	3/30-6/1	\$30

ADULT



YOGA CLASS FOR EVERY BODY

Yoga is a fantastic fitness practice for everybody no matter your age, ability or trepidation. In an atmosphere that is non-competitive, supportive, and adaptive for the needs of the individual, discover how flow yoga refreshes and stimulates the whole person - mind, body and spirit. Judith Bardsley, Yogafit® instructor. WPCPC Huney Hall

Fee: \$65 five-class pass/\$14 drop in

161331-01	TTh	2:30-3:30p	1/3-1/31
02	TTh	2:30-3:30p	2/2-2/28
03	TTh	2:30-3:30p	3/2-3/30
04	TTh	2:30-3:30p	4/4-4/27
05	TTh	2:30-3:30p	5/2-5/30
06	TTh	2:30-3:30p	6/1-6/29

MINDFUL MOVEMENT

T'AI CHI CHIH - LESSONS

Build strength and coordination. T'ai Chi Chih combines slow, rhythmic movements with deep breathing and visual techniques to enhance the flow of Chi - the Vital Force. T'ai Chi Chih tones and strengthens the muscles without putting excessive stress on the knees, feet, hips or back. Come experience this modern adaption of the ancient discipline called by some A Moving Meditation. Certified Instructor Bill Nakao. Limited to 7 participants. WPCPC Huney Hall

161334-01	W	1:00-2:00p	1/18-3/8	\$45
02	W	1:00-2:00p	3/22-5/10	\$45

T'AI CHI CHIH - ONGOING PRACTICE SESSIONS

Open to participants who have taken the beginning course; or have previous experience, with the approval of the instructor. Each practice covers all the T'ai Chi Chih movements, and with limited instruction. Instructor, Bill Nakao. WPCPC Huney Hall

161335-01	W	11:00a-12:00p	Ongoing
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HEALTHY AGING AND SPINAL FITNESS

Healthy Backs Exercise Classes: Functional movements specifically geared to stretch and strengthen muscles involved in a healthy moving spine. Join Dr. Lucia Vracin and Dr. Morgan Rilling from Island Health and Chiropractic for a series of four healthy backs classes. Register for each class separately. WPCPC Huney Hall

166002-01	W	1:00-2:00p	3/8
02	W	1:00-2:00p	4/12
03	W	1:00-2:00p	5/10
04	W	1:00-2:00p	6/14



WWW.BIPARKS.ORG

ADULT MOUNTAIN BIKING

Come explore some of the best mountain biking Washington has to offer with us! Rides are geared towards group ability. Riders must have a working bike and helmet that fits. A select number of District mountain bikes are available to borrow for free. Transportation not provided unless otherwise noted. The District reserves the right to require a doctor's note clearing participants for certain programs. Questions about MTB? Contact Sully Mynatt - Mountain Biking Coordinator - at sullym@biparks.org

WOMEN'S MOUNTAIN BIKING

We will put together a customized ride or class for women who want to get out on a mountain bike. Plenty of places to choose from including Stottlemeyer in Poulsbo, Duthie Hill all mountain bike park, The Discovery Trail by Lake Crescent, Banner Forest, the Grand Forest, and Park 360 to name a few. We have the bike leaders, a selection of mountain bikes, and a van with trailer to take your group! Minimum group of five riders required, minimum of two hours of class time. Contact Sully Mynatt at sullym@biparks.org for more information.



ADULT ROAD RIDE GROUP OUTINGS

Do you want to go wine tasting, visit breweries, enjoy a scenic NW day trip or go to some special place with your group? We will work with you and your itinerary to create a fun, memorable bike ride with our own professional ride leaders and van with trailer sag wagon to make your trip go smoothly. Minimum group size of six riders required, minimum of 3 hours of tour time. Contact Sully Mynatt at sullym@biparks.org for more information.

MOUNTAIN BIKING VOLUNTEERS

Interested in helping our mountain biking community grow? We welcome dedicated volunteers who would like to get out on the trails and help our community program grow! Seasonal and year-round opportunities are available. No specific riding experience is required, but it is always helpful. Please contact Sully Mynatt - Mountain Biking Coordinator - at sullym@biparks.org