

BOATING



SAILING PROGRAMS

"Believe me, my young friend, there is nothing, absolutely nothing, half so much worth doing as simply messing about in boats."

— Kenneth Grahame, *The Wind in the Willows*

COMMUNITY SAILING

Everyone has a spectacular opportunity to become proficient sailors in nearby Eagle Harbor and beyond! Learn the basics of dinghy sailing or improve your skills through daily lessons, drills, games, and adventures. Whether you want to be a cruiser or a racer, we can teach you everything you want to know about small boat sailing! Classes are led by US Sailing Certified Instructors and Assistant Instructors, and meet at Waterfront Park (except for the first day for Opti Beginner).

FAQs

General - A detailed introductory email will be sent out approximately one week prior to the start of each session. This email will include required forms as well as logistical information such as where to meet, what to bring, and weather forecast.

Questions? - Contact our Sailing Camp Director at sailingcampdir@biparks.org

Equipment - A US Coast Guard approved lifejacket (PFD) is required to be worn for all sailing programs. Purchasing PFD to match your size, comfort, and style is recommended, however there are a select number of PFDs that participants can borrow. Closed-toe sandals or shoes are required. No flip-flops or bare feet. Sailboats are provided.

Boating Swim Test - Passing the Park District's Boating Swim Test is a one-time requirement for participation in boating programs. The test involves swimming one length of the pool in lightweight clothes, treading water for 5 minutes, and donning a lifejacket during the final minute. The Boating Swim Test form is on our website and will be emailed to all registered participants along with other forms.

Participants with a swim license on file with the Bainbridge Aquatic Center can claim exemption from taking the Boating Swim Test. Visit <http://swim.benitek.net> to see if your participant is on file, print out the record showing they passed, and attach it to the Boating Swim Test form. The first day of Opti Beginner covers both the swim test and a capsize drill; all other classes require the Boating Swim Test to be completed or already on file.

Which Camp Do I Pick? - Sailing is often compared to swim lessons, where participants need time and practice to master the skills being taught. The beginning class is an introduction to the boats, rigging/derigging, and sailing them to and from the dock. After one or two beginner classes, most students will be ready to move to an intermediate class which can be repeated and individualized until students are ready to sail independently or learn to race. The goal of the intermediate class is to obtain a Skipper's License. In order to participate in Adventure Sails or Race Week, sailors must have a completed and signed Skipper's License or the skills to obtain one the first day of class. When in doubt, talk to your instructor.

Skipper's License - A source of pride and accomplishment, the Skipper's License certifies that a sailor has achieved a proficient level of sailing through a culmination of sailing skills and knowledge. Specifically, it certifies that a sailor is skillful rigging, tacking and jibing, sailing their boat upwind and downwind, getting out of irons, docking, tying common knots, and understanding the Right of Way rules to avoid collisions. At the end of each intermediate class, instructors will send home the checklist of skills with an indication of whether or not the Skipper's License was obtained and if not, which skills still need more practice. Upon earning their Skipper's License, sailors will be eligible to enroll in Adventure Sails as well as the two racing clinic weeks. Competent dinghy skippers who have not participated in our intermediate classes but anticipate being able to pass the Skipper's License Test may sign up ahead of time.

Weight Limits - When sailing Optis, those above the weight limit of 110 pounds would find the boat less responsive than for lighter sailors. When sailing FJs, those below the minimum weight of 100 pounds would be at a natural disadvantage because the boat would be much harder to control and extremely difficult to right when capsized.

Capsizing, Swimming, & Other No-Wind Activities - To increase the sailor's confidence and essential skills, camps often practice capsizing to ensure sailors are comfortable in the water and able to right their boats. Additionally, on hot or no-wind days, swimming off the float, cooperative or sailing-related games, and beach excursions may occur.

Registration Deadlines - Registration deadline for most programs is two days before program start date. The District reserves the right to require a doctor's note to clear a participant for participation.

Waivers and Forms - Participants must complete and sign required waivers and forms in order to participate. These forms will be emailed out to everyone approximately the week before each program begins. All forms and waivers should be turned in to instructors on the first day of class and remain valid for all 2017 summer sailing programs.

Refunds - For questions about refunds, please see page 87. If weather cancels a program day, a pro-rated credit will be refunded for the missed session.



PROGRAMS FOR TEENS AGES 13-17



BOATING

SUMMER SAILING KICK-START! **NEW!**

Ages 8-99. Can't wait to jump in a boat and get out on the water? Come down to the waterfront for a one-on-one lesson, skill practice, prep for the Skipper's License Test, or a chance to earn your license so you're all set for our Adventure Sails in FJs! Shore pick-up and return will be on the hour. Required forms must be completed and turned in to an instructor.

430750-01	Sa	1:00p	6/24	\$35
02	Sa	2:00p	6/24	\$35
03	Sa	3:00p	6/24	\$35

OPTI OTTERS **NEW!**

Ages 6-8. Give your child an inspiring introduction to sailing this summer! These young sailors will be paired up to share an Opti, helping build their confidence and allowing them to each take turns steering and manning the main sheet. Instructors focus on creating a fun and exciting experience, getting these young sailors used to being in boat out on the water. Children will learn how to control their boat and build their confidence through sailing games, harbor tours, and much more. Sailors must pass the Boating Swim Test and have the completed form ready by the first day of class. **This is a perfect program to pair with our Adult Dinghy Sailing Classes as your kids will be out sailing at the same time you will!**

430760-01	Sa	9:00a-12:00p	7/8-8/12	\$195
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OPTI BEGINNER

Ages 8-13 & under 110 lbs. Through games, demonstrations, and plenty of closely supervised practice, sailors in Opti Beginner are introduced to the following basic skills and knowledge: rigging, wind direction and corresponding sail trim, tacking and jibing, starboard vs. port right-of-way rule, safety position for stopping/docking, getting out of irons (bow stuck pointing into the wind), body position, and capsizing. On Monday, we'll meet at the Aquatic Center for an introduction to each other, boat parts, and safety rules followed by the Boating Swim Test and capsize recovery practice in the pool. Tuesday through Friday, we'll meet at Waterfront Park to begin learning how to sail an Opti sailboat. This class is normally repeated until sailors are confident and competent with essential sailing skills; it is a prerequisite for Opti Intermediate.



430751-01	M-F	9:00a-12:00p	6/26-6/30	\$210
02	M, W-F	9:00a-12:00p	7/3, 7/5-7/7	\$168*
03	M-F	9:00a-12:00p	7/10-7/14	\$210
04	M-F	9:00a-12:00p	7/17-7/21	\$210
05	M-F	9:00a-12:00p	7/24-7/28	\$210
06	M-F	9:00a-12:00p	7/31-8/4	\$210
07	M-F	9:00a-12:00p	8/7-8/11	\$210
08	M-F	9:00a-12:00p	8/14-8/18	\$210
09	M-F	9:00a-12:00p	8/21-8/25	\$210

*For the week of the July 4th, we'll begin as usual on Monday the 3rd at the Aquatic Center. Wednesday through Friday we'll meet at Waterfront Park. There will not be class on July 4th.

OPTI INTERMEDIATE

Ages 8-13 & under 110 lbs. Sailors in Opti Intermediate will build upon the skills introduced in Opti Beginner and learn to sail proficiently through games, drills, and destination sailing. Topics include rigging for different wind conditions, knots, sail trim for speed, lulls and puffs, tacking and jibing with correct hand switch and body positioning, stopping and accelerating, right-of-way rules, and an introduction to racing (starts, rounding marks, strategic sailing). Sailors usually spend one or two seasons in Opti Intermediate to fully develop their essential sailing skills. Individual instruction ensures classes remain fun, engaging and challenging for sailors. Sailors who earn their Skipper's License will be eligible to enroll in the two racing clinic weeks. **Prerequisite: Opti Beginner or approval from Sailing Camp Director.**

430752-01	M-F	1:00-4:00p	6/26-6/30	\$210
02	M, *W-F	1:00-4:00p	7/3, 7/5-7/7	\$168
03	M-F	1:00-4:00p	7/10-7/14	\$210
04	M-F	1:00-4:00p	7/24-7/28	\$210
05	M-F	1:00-4:00p	7/31-8/4	\$210
06	M-F	1:00-4:00p	8/14-8/18	\$210
07	M-F	1:00-4:00p	8/21-8/25	\$210

*No class on Tuesday the 4th of July.



OPTI RACE WEEK

Ages 8-13 & under 110 lbs. This high-speed class is for those who like competition and want to learn how to race around a course using efficient boat handling, strategy, and racing rules. Drills will allow time for guided practice followed by short races with coaching. Racers will learn advanced skills such as roll tacking, roll jibing, anticipating and reacting to lifts and headers, mark roundings, the elements of starts, racing rules, and race strategy. There will be a fun mini regatta at the end of the week with prizes and awards. **Prerequisite: Opti Skipper's License or approval from Sailing Camp Director.**

430753-01	M-F	1:00-4:00p	7/17-7/21	\$210
02	M-F	1:00-4:00p	8/7-8/11	\$210

BOATING



FJ BEGINNER ★

Ages 12-18 & over 100 lbs. FJ Beginner is an introduction to double-handed sailing in one of the most common boats used in high school and collegiate sailing. On Monday, we will introduce FJ rigging procedures, terminology, and get comfortable with the boats at the dock before practicing capsizing recoveries. Tuesday through Friday, sailors will learn about wind direction, sail trim, getting out of irons, docking, tacks vs. jibes, body position, man overboard (how to safely return and pick up your partner from the water), and teamwork as skipper and crew. This class is a prerequisite for FJ Intermediate and is normally repeated until sailors are confident and competent with essential sailing skills.

430754-01	M-F	1:00p-4:00p	6/26-6/30	\$210
02	M, *W-F	9:00a-12:00p	7/3, 7/5-7/7	\$168
03	M-F	1:00p-4:00p	7/10-7/14	\$210
04	M-F	9:00a-12:00p	7/24-7/28	\$210
05	M-F	1:00-4:00p	7/31-8/4	\$210
06	M-F	9:00a-12:00p	8/14-8/18	\$210

*No class on Tuesday the 4th of July.



FJ INTERMEDIATE ★

Ages 12-18 & over 100 lbs. Sailors in FJ Intermediate will build upon skills introduced in FJ Beginner as both skipper and crew: rigging for different wind conditions, sail trim for speed, sailing efficiently upwind and downwind, intro to roll tacks and jibes, stopping and accelerating, anticipating puffs, basic sailing rules, and knots. Like learning any new skill, it takes time and practice to confidently sail in different types of conditions. Sailors usually spend one or two seasons in FJ Intermediate to fully develop their essential sailing skills. Individual instruction ensures classes remain fun, engaging and challenging for sailors. FJ Intermediate is an excellent way to prepare for middle school and high school sailing teams. Sailors who earn their Skipper's License will be eligible to enroll in the two racing clinic weeks. **Prerequisite: FJ Beginner or approval from Sailing Camp Director.**

430755-01	M, *W-F	1:00-4:00p	7/3, 7/5-7/7	\$168
02	M-F	9:00a-12:00p	7/10-7/14	\$210
03	M-F	9:00a-12:00p	7/31-8/4	\$210
04	M-F	1:00-4:00p	8/21-8/25	\$210

*No class on Tuesday the 4th of July.

FJ RACE WEEK! ★

Ages 12-18 & over 100 lbs. This high-speed class is for those who like competition and want to learn how to race around a course using efficient boat handling and racing rules. Each day's lesson will focus on an aspect of boat handling, boat speed, and racing. Drills will allow time for guided practice, and followed by short races with coaching. Racers will learn advanced skills such as roll tacking, roll jibing, sailing wing-on-wing downwind, anticipating and reacting to lifts and headers, mark roundings, the elements of starts, racing rules, and race strategy. There will be a fun mini regatta at the end of the week with prizes and awards for everyone. **Prerequisite: FJ Skipper's License or approval from Sailing**

Camp Director.

430756-01	M-F	1:00-4:00p	7/17-7/21	\$210
02	M-F	1:00p-4:00p	8/7-8/11	\$210

SAILING VOLUNTEERS

Interested in helping our sailing community grow? We welcome dedicated volunteers who would like to get out on the water and help to teach sailing to people of all age! Seasonal and year-round opportunities are available. No sailing experience is required, but it is always helpful. Please contact Haley Lhamon, Sailing Coordinator, at haley1@biparks.org.

ALL AGES & FAMILY ADVENTURE SAILING

Few things can beat a season of summer sailing from Bainbridge Island. Sail the waters in, around and outside of Eagle Harbor, pick new destinations to reach, and end the season with a full-day excursion to Blake Island (Saturday series only). Parents and their children, teen sailors, and adults will sail double-handed Flying Juniors (FJs). Instructors will help you rig your boat properly, explain the day's plan, pick a destination, escort the group, and assist as needed. Open to sailors with their Skipper's License and to anyone who would like to crew on an FJ. Instructors reserve the right to change pairings based on weight, and limit the number of boats sailing during heavy air (windy) conditions.

Prerequisites

FJ Skipper: Ages 12-99, FJ Skipper's License

FJ Crew: Ages 8+, combined crew/skipper wt. > 220 lbs.





BOATING

WEEKDAY ADVENTURE SAILS **NEW!** ☆

Ages 8-99. Fewer boats are out during the weekdays, leaving you with that much more space and solitude to enjoy the water.

430758-01	M-F	1:00-4:00p	7/24-7/28	\$195
02	M-F	1:00-4:00p	8/14-8/18	\$195

SATURDAY ADVENTURE SAILS **NEW!** ☆

Ages 8-99. Sign up any time for this convenient opportunity to go for fun weekend sails — it's worth the price even if you can't make it every week!

430758-03	Sa	1:00-4:00p	7/8-8/12	\$195
04	Sa	9:00a-4:00p	8/19	\$85

OPTI OTTERS **NEW!**

Ages 6-8. Give your child an inspiring introduction to sailing this summer! These young sailors will be paired up to share an Opti, helping build their confidence and allowing them to each take turns steering and manning the main sheet. Instructors focus on creating a fun and exciting experience, getting these young sailors used to being in boat out on the water. Children will learn how to control their boat and build their confidence through sailing games, harbor tours, and much more. Sailors must pass the Boating Swim Test and have the completed form ready before the first day of class. ****This is a perfect class to pair with our Adult Dinghy Sailing Class as your kids will be out sailing at the same time as you!****

430760-01	Sa	9:00a-12:00p	7/8-8/12	\$195
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ADULT DINGHY **SAILING** ☆

Ages 18-99. Sailing is a lifetime sport; you are never too old to start or old enough to stop! We will teach, review, and practice sailing fundamentals using Flying Junior double-handed sailboats in which beginners will be paired with intermediate level-sailors. Topics include rigging for different wind conditions, capsizing, knots, wind direction, sail trim, docking/stopping, accelerating, tacks, jibes, puffs and lulls, basic sailing rules, body position, and teamwork as skipper and crew. Dinghy sailing is terrific fun but does require physical flexibility.



Sailors should also be adequately prepared for one capsize in controlled conditions the first day in order to practice recovery techniques. Take advantage of the chance to have a refreshing break in your routine and learn or improve your sailing skills! ****For parents, this is a perfect class to pair with our Opti Otters or Opti Beginner Classes as your kids will be out sailing at the same time as you!****

430761-01	M-F	9:00a-12:00p	6/26-6/30	\$240
02	Sa	9:00a-12:00p	7/8-8/12	\$240



WOMEN'S DINGHY SAILING CLINIC ☆

Ages 13-99. If you're a woman or teenage girl interested in learning to sail or improving your skills, don't miss this awesome hands-on sailing class and chance to get out on the water! You'll receive hands-on sailing instruction in Flying Junior double-handed sailboats in which beginners will be paired with intermediates, so have no fear — you'll have a blast and be ready for more sailing this summer! The morning will include a capsize demo as well as an introduction to rigging, basic terms, sail trim, body position, tacks and jibes, docking/stopping, accelerating, and basic sailing rules. Sailors should be prepared to get wet and be physical in the boat. Coached by women for women in a fun, supportive atmosphere, this unique clinic is not to be missed!

430757-01	Sa	Beginner	9:00a-12:00p	6/24	\$55
02	Sa	Intermediate	9:00a-12:00p	6/24	\$55

ABOUT BOATING SAFETY ☆

Ages 12-99. Instructed by members of the United States Coast Guard Auxiliary, this comprehensive boating course teaches the fundamentals of safe boating operation. A wide range of topics are covered — navigation, safety equipment, anchoring/docking, trailering, engines, mooring, etc to help all boaters to become safer and more knowledgeable. This course meets the mandatory boater education requirements of the State of Washington for the Boater Education Card and is sanctioned by the United States Coast Guard and the State of Washington. Meet at SHC.

130775-01	Sa		8:00a-5:00p	6/3	\$35
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BOATING



PADDLING PROGRAMS

“Warning, too much paddling can make you AWESOME”

— youth paddle camp participant

PADDLING

With many days of sunny skies and low tides, summer is the best time of year to explore the waters and see the marine life around Bainbridge Island and Puget Sound. With camps and classes for all ages, these programs are a great opportunity to get some summer on-the-water time! Qualified instructors will work to expand paddlers’ skill sets, maintain a focus on paddling safety, and of course, have tons of fun!

FAQs

General - A detailed introductory email will be sent out the week before the start of each session. This email will include required forms as well as logistical information such as where to meet, what to bring, and weather forecast. Questions? Contact Eric Strickler, Boating Coordinator at erics@biparks.org

Learning About the Marine Environment - Being on a kayak, canoe or SUP is a great way to explore shallow-water bays and harbors inaccessible to other boats. We will take advantage of this opportunity to teach about the marine and intertidal life that can be found around Bainbridge and Puget Sound!

Games, Beaches, and Shore Activities - To increase paddlers’ confidence and essential skills, camps will often engage in shore launching and landing, practicing various entries, exits, mounts, and dismounts from their boats and/or SUPs. Plenty of on-the-water games and initiatives will help develop and refine participants’ paddling skills. Beach activities may be mixed into programming as well.

Equipment - A US Coast Guard approved lifejacket (PFD) is required to be worn for all boating programs. Purchasing PFD to match your size, comfort, and style is recommended, however there are a select number of PFDs that participants can borrow. Closed-toe sandals or shoes are required. No flip-flops or bare feet. Kayak, canoes and stand up paddleboards are provided.

Boating Swim Test - Passing the Park District’s Boating Swim Test is a one-time requirement for participation in boating programs. The test involves swimming one length of the pool in lightweight clothes, treading water for 5 minutes, and donning a lifejacket during the final minute. The Boating Swim Test form is on our website and will be emailed to all registered participants along with other forms. Participants with a swim license on file with the Bainbridge Aquatic Center can claim exemption from taking the Boating Swim Test. Visit <http://swim.benitek.net/> to see if your participant is on file, print out the record showing they passed, and attach it to the Boating Swim Test form.

Registration Deadlines - Registration deadline for most programs is three days before program start date. The District reserves the right to require a doctor’s note to clear a participant for participation.

Waivers and Forms - Participants must complete and sign required waivers and forms in order to participate. These forms will be emailed out to everyone approximately the week before each program begins. All forms and waivers should be turned in to instructors on the first day of class and remain valid for all 2017 summer sailing programs.

Refunds - For questions about refunds, please see page 87. If weather cancels a program day, a prorated credit will be refunded for the missed session. Rain does not cancel programs; severe weather does.

KAYAKING - SKILL BUILDERS

These programs emphasize on-the-water time, expanding skill sets, and focus on safe paddling. All technical gear for day trips, camps, classes, and expeditions is included. Bring appropriate clothing.

GET KAYAKING!

Ages 7-99. Come enjoy a morning paddle and see if kayaking is for you. This is our most accessible class, providing an introduction to kayaking for individuals and families. Learn about paddle strokes, boat safety, and other essentials to have a safe and enjoyable day on the water. **One child, age 7-17, FREE per paying adult. Adult must attend on trip.

430740-01	Sa	9:00a-12:00p	6/24	\$65
02	Sa	9:00a-12:00p	6/24	\$0**
03	Sa	9:00a-12:00p	7/15	\$65
04	Sa	9:00a-12:00p	7/15	\$0**
05	Sa	9:00a-12:00p	8/12	\$65
06	Sa	9:00a-12:00p	8/12	\$0**

RESCUE TECHNIQUES

Ages 10-99. A kayaker in your group flips over 100 yards from shore, what do you do? Develop skills that will help you deal with rough water paddling and unexpected capsizes. We will review and practice a variety of skills such as braces, leans, T-rescues, wet exits, re-entries, and self-rescues all aimed at boosting your confidence and capabilities out on the water. Meet at the aquatic center.

430741-01	W	7:00-10:00p	6/28	\$75
02	W	7:00-10:00p	7/26	\$75
03	W	7:00-10:00p	8/23	\$75

INTRO TO ROLLS **NEW!**

Ages 10-99. Have you ever wanted to roll your kayak over and look at all the neat fish swimming underneath you, but didn’t want to pump all that water out of your boat? You’re in luck, this class will focus on a number of different rolling styles and techniques. Come learn the tips and tricks needed to execute a kayak roll and which style works best for you. Small class size will allow you to work longer one-on-one with your instructor. Meet at the aquatic center.

430742-01	W	7:00-10:00p	8/9	\$75
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BOATING



KIDS' PADDLE CAMP

Ages 7-14. Explore the waters around Bainbridge, adventure to different beaches, play games all day, learn new paddling skills, and create memories that will last a lifetime. These camps are outrageously fun, allowing kids to switch between paddling kayaks, canoes, and stand-up paddle boards. Qualified instructors will help paddlers gain confidence building their skills and get comfortable with our new fleet of boats. Camps are filled with games, water activities, beach parties, demonstrations, and team-building initiatives.

Otters: Age 7-11

430712-01	M-F	2:00p-5:00p	6/26-6/30	\$195
02	M-F	9:00a-12:00p	7/10-7/14	\$195
03	M-F	2:00p-5:00p	7/17-7/21	\$195
04	M-F	9:00a-12:00p	7/24-7/28	\$195
05	M-F	2:00p-5:00p	7/31-8/4	\$195
06	M-F	9:00a-12:00p	8/14-8/18	\$195
07	M-F	2:00p-5:00p	8/21-8/25	\$195

Orcas: Age 10-14

430712-08	M-F	9:00a-1:00p	6/26-6/30	\$260
09	M-F	1:00-5:00p	7/10-7/14	\$260
10	M-F	9:00a-1:00p	7/17-7/21	\$260
11	M-F	9:00a-1:00p	7/31-8/4	\$260
12	M-F	1:00-5:00p	8/14-8/18	\$260

SEA SPROUTS

Ages 5-7. Get an early start on paddling with this camp that will explore protected waters in our canoes, tandem kayaks and giant inflatable SUP board. We will play games, build sand castles, and build our confidence while on the water. We will also learn about Puget Sound marine life and end our week by creating our own marine creature!

430734-01	W-F	1:00-4:00p	7/5-7/7	\$117
02	M-F	1:00-4:00p	7/24-7/28	\$195
03	M-F	10:00a-1:00p	8/21-8/25	\$195

KIDS' TWO-DAY PADDLE SAMPLER

Ages 7-14. These classes are intended to give your child a small taste of kayaking, canoeing and stand-up paddle boarding. Come join us for a sampling of all that our brand-new boating program has to offer, and of course, a lot of fun on the water!

Ages 7-11

430769-01	Th-F	8:30a-12:00p	6/22-6/23	\$89
02	Th-F	1:00-4:30p	6/22-6/23	\$89
03	Th-F	8:30a-12:00p	7/6-7/7	\$89

Ages 10-14

430769-04	Th-F	8:30a-12:00p	6/22-6/23	\$89
05	Th-F	1:00-4:30p	6/22-6/23	\$89
06	Th-F	8:30a-12:00p	7/6-7/7	\$89

COASTAL KAYAKING

Ages 13-17. Get acquainted with the various kayak launch sites and paddling routes around the island in this camp. We will launch from a different location each day while focusing on open-water paddling skills, advanced paddling techniques, and safety. Participants should be physically fit and comfortable exploring in kayaks. Rocking this camp will set paddlers up to be independent, confident, and able to join new off-island expeditions planned for the future.

430714-01	M-F	9:00a-4:00p	8/7-8/11	\$350
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SAN JUAN ISLAND OVERNIGHT PADDLE NEW!

Ages 14-18, minimum weight 110lbs, minimum height 5'0". This spectacular guided paddle explores the hidden coves and tranquil waters of protected Griffin Bay of San Juan Island. An ideal beginning expeditionary paddling trip for teenagers, paddlers will kayak along San Juan Island's southeast coastal shore, explore picturesque Dinner Island, visit a harbor seal colony, identify migratory sea birds, and much more. This adventure is a great starting point in getting teenagers active into the endless kayaking opportunities available in the PNW. Transportation provided from SHP. Price includes all boating equipment, kayaking guides, District chaperone, and two meals. Sleeping bags and personal clothing not provided. Paddling distance ~10-12 miles, hiking ~3-5 miles. Total of three islands explored. Prerequisite Coastal Kayaking, Rescue Techniques, or other paddling experience. **Registration deadline July 23, no refunds after deadline has passed.**

430708-01	W-Th	5:00a-8:00p	8/23-8/24	\$425
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BOATING



PADDLE TRIPS

"We must adventure in order to know where we truly belong"

Trips are guided by friendly and experienced staff. Boats and associated equipment are provided, though please inform staff if you would prefer to bring your own craft. Transportation is provided for off-island trips and included in the price. Bring appropriate clothing. It is recommended that participants have prior paddling experience or have taken our Rescue Techniques class.

MOONLIGHT PADDLE **NEW!** ★

Ages 7-99. Experience the waters of the Puget Sound under the light of the full moon. We will explore the mysteries of paddling at night as people did hundreds of years ago. If we are lucky we may even hear the hoots of owls or the breaching of nearby seals across the water. A parent or guardian must attend on trip.

430701-01	F	9:00-11:00p	7/7	\$55
02	Sa	8:30-10:30p	8/5	\$55

SUNSET PADDLE **NEW!** ★

Ages 7-99. Take in the fading daylight over the Olympic mountains on a summer evening. We will paddle a short distance to get ourselves into open water and enjoy the evening show provided us by our closest star, the sun. The show is never the same two nights in a row! A parent or guardian must attend on trip.

430702-01	Sa	7:00-9:00p	6/24	\$55
02	F	6:30-8:30p	7/7	\$55
03	F	6:30-8:30p	7/21	\$55
04	Sa	6:00-8:00p	8/5	\$55

BIOLUMINESCENCE & STARGAZING PADDLE **NEW!** ★

Ages 7-99. Come explore the light shows both underwater and overhead! Scheduled close to a new moon, these paddles provide the maximum darkness ideal for viewing the surreal swathes of blue light coming from the marine plankton in our waters. If you tire of the wonders below, just shift your gaze to the sky for some summer stargazing. A parent or guardian must attend on trip.

430703-01	Sa	9:30-11:30p	6/24	\$55
02	F	9:00-11:00p	7/21	\$55

OVERNIGHT PADDLE TO BLAKE ISLAND ★

Ages 12-99. You see it time and time again from the ferry, now join our fun instructors for an overnight excursion filled with beach explorations and island adventures. We will learn various kayak touring skills including expedition packing, setting up camp, cooking over a camp stove, and of course, enjoying dessert around a campfire. Trip departs Saturday morning and returns on Sunday afternoon. A parent or guardian must attend on trip.

430716-01	SaSu	10:00a-2:00p	7/29-7/30	\$225
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PADDLE IN THE HOOD (CANAL) **NEW!** ★

Ages 7-99. We will head to Belfair State Park where we can explore the waters of the Hood Canal at their furthest point

from the main channel of Puget Sound. Nearby tidal flats provide wildlife viewing opportunities and you can even glimpse the southern Olympic mountains once out on the water. A parent or guardian must attend on trip.

430704-01	Su	8:00a-4:00p	7/9	\$85
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SEQUIM BAY **NEW!** ★

Ages 7-99. Points, beaches, marshes and mountain views are all part of a paddle in Sequim Bay. This protected bay is a great spot for beginners to have a bit more of an "open water" experience while still being sheltered from the larger swells and winds out in the main body of Puget Sound. A parent or guardian must attend on trip.

430706-01	Su	8:00a-4:00p	8/13	\$85
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SHINE TIDELANDS **NEW!** ★

Ages 7-99. Come explore the tidelands on a truly low tide day (-1.7ft)! We will explore the intertidal area, paddle around near the Hood Canal Bridge — a quite unique view from the water — and enjoy the beach at Point Hannon on the eastern side of Hood Head Island. This is a unique area where the waters of Hood Canal meet with the waters of the main body of Puget Sound. A parent or guardian must attend on trip.

430707-01	Su	8:00a-4:00p	8/20	\$85
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ROWING

Learn techniques and build your crew skills with Bainbridge Island Rowing (BIR). Classes are taught by BIR's passionate coaches and are suitable for all levels of experience. A BIR float test is required and the ability to lift 35 lbs overhead. Rowers should plan to wear close-fitting synthetic or wool clothing, like yoga wear, water shoes and should bring a layer for rain. Questions? Contact the Learn-to-Row Coordinator at Learntorow@gmail.com for details.

NATIONAL LEARN TO ROW DAY **FREE** ★

Ages 13-99. Join Bainbridge Island Rowing for a free preview of the exciting sport of rowing! Drop in at Waterfront Park for ongoing sessions between 9:00a-12:00p that will brief you on safety and equipment, provide land-based instruction and weather permitting have you on the water and rowing before you leave! 100% free to attend! Participants under 18 years need parent permission. Questions? Contact Learntorow@gmail.com for details.

Sa	9:00a-12:00p	6/3	FREE
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BOATING

LEARN TO ROW - FIVE-WEEK COURSES ★

Ages 19-99. Spend extra time learning to row with Bainbridge Island Rowing crews. Designed for those with little to no rowing experience, participants will learn and practice the basics of equipment use, proper form and position, oar use, and much more, over a three-week period. *No class on 7/3.

430770-01	MW	9:15a-11:00a	6/12-7/12*	\$249
02	TTh	6:15p-8:00p	7/13-8/10	\$249

ABOUT BOATING SAFETY ★

Ages 12-99. Instructed by members of the United States Coast Guard Auxiliary, this comprehensive boating course teaches the fundamentals of safe boating operation. A wide range of topics are covered — navigation, safety equipment, anchoring/docking, trailering, engines, mooring, etc. — to help all boaters to become safer and more knowledgeable. This course meets the mandatory boater education requirements of the State of Washington for the Boater Education Card and is sanctioned by the United States Coast Guard and the State of Washington. Meet at SHC

130775-01	Sa	8:00a-5:00p	6/3	\$35
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BOATING EVENTS

"The cure for anything is salt water — sweat, tears, or the sea."

- Isak Dinesen

PADDLE BAINBRIDGE ISLAND ★

Ages 4-99. This guided paddling trip is an annual favorite, featuring views of the Cascades and Olympics, the Seattle skyline, Mount Rainier, Puget Sound islands and plenty of wildlife. Led by Olympic Outdoor Center (OOC) kayaking guides, 30-50 paddlers circumnavigate the island in what has traditionally been described as "One of the best paddles in the Northwest." Registration fee includes OOC kayaking guides, meals, and overnight camping at Fay Bainbridge Park. Beginners to experts welcome, no experience necessary. A detailed email and packing list will be sent out to all participants prior to the event. A kayak or stand-up paddle board is required for this event, no power boats allowed (that's cheating). Boat rentals are available through OOC, please call 360-297-4659. Meet at Fort Ward Boat Ramp. **Deadline for registration is 7/6. Register Early to Secure Your Spot!**

ITINERARY

Day	Time Line	Location	Activity
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Friday

Optional unpaid camping at Fay Bainbridge Park starts at 7:00 pm

Saturday

7:00 am	Fort Ward Boat Launch	Check-in Open
8:00 am	Fort Ward Boat Launch	Paddlers Meeting
8:30 am	Fort Ward Boat Launch	Paddlers Start
11:30 am	Manzanita Bay 8 NM	Lunch Stop
3:00 pm	Fay Bainbridge Park 4 NM	Paddlers Arrive
5:00 pm	Park Shelter	Dinner

Sunday

8:00 am	Fay Bay Shelter	Breakfast
9:00 am	Fay Bay Shelter	Paddlers Meeting
10:00 am	Fay Bay Shelter	Paddlers Start
12:30 pm	Pritchard Park 6 NM	Lunch Stop Start and End
4:00 pm	Fort Ward 7 NM	Paddlers Arrive

430705-01	SaSu	~7:00a-5:00p	7/15-7/16	\$239
02	SaSu	~7:00a-5:00p	7/15-7/16	\$159*

*Price for youth ages 4-17 accompanied by a parent/guardian.
NM = Nautical Miles



WE ENCOURAGE CAMPERS TO INVENT THEIR OWN FLAVOR COMBINATIONS: ICE POP DAY AT FROZEN CAMP IS A FAVORITE.

See page 18 for camp details.

PROGRAMS FOR TEENS AGES 13-17