

YOUTH



ARTS & CRAFTS & MORE

YOUTH EVENING ART:

Big Picture Perspective! **NEW!**

Ages 9-12. Spend three evenings with other kids who like to draw and make. Learn to see the Big Picture while exploring landscape and cityscape perspectives in drawing and collage. Materials provided. Art Instructor Beth Rahe-Balas. SHC

472622-01 W-F 6:00-8:00p 8/9-8/11 \$75

KIDS SUMMER UKULELE CLUB

Ages 6-12. Spend summer learning and jamming on the Rolling Bay Music Center patio with strings instructor Randy Parris! A continuation of the after-school uke club, young players of all levels are welcome. Must provide own instrument. Rolling Bay Center

470825-01 M 1:00-2:00p 6/26-8/21* \$175

*Families have choice of 8 afternoons during the 9-week session.

TEEN ART CLASSES

see page 45

TEEN ART CAMPS

see page 45



PARENT CHILD POTTERY FUN! with ELENA WENDELYN

Ages 6-14. Spend quality time with your child working on fun and interesting clay projects together. Enjoy creating family dishes, platters, candle holders, garden animals and more!! Explore your creative side, together! Fee includes materials. For one child with one parent/caregiver. ED

422009-01 T 6:30-8:30p 7/11-8/1 \$115

TEEN POTTERY (SEE ADULT CLASSES)

pages 53

POTTERY

SCULPTURE AND CLAY HAND BUILDING

Ages 7-11. A mix of instruction, tools and techniques of coil, slab and sculpture, along with the child's imagination and creativity, will ensure the magic of the creative process, fun and finished pieces. This summer session will focus on creating masks, animals and a figurative sculptured form. Taught by Elena Wendelyn. ED

422007-01 WM 3:30-5:00p 7/5-7/31 \$125



WHEEL-THROWN POTTERY

Ages 9-14. This summer wheel-throwing workshop for youth focuses on the techniques of throwing as well as the development of form by combining thrown pieces with hand-built parts. A variety of glazing techniques are used including decorative brush work. Taught by Elena Wendelyn. ED

422008-01 TTh 3:30-5:00p 7/6-7/27 \$145

WE ARE GOING BIG THIS SUMMER WITH NEW CAMPS, OFF ISLAND RIDING CAMPS, AND BIKE BACKPACKING CAMPS.

See page 23 for details.

 **PROGRAMS FOR TEENS AGES 13-17**



YOUTH

GYMNASTICS

The developmental gymnastics program helps to introduce and refine total body awareness, strength and coordination. A child may enter the program at age 6 months and work through the progressive classes, including a competitive team until age 19. Because gymnastics classes are offered all year, we have the opportunity to instill in children the need for physical activity as a lifestyle. It also allows us to equip the children with basic fundamental movement skills conducive to each developmental stage.

SESSION I: JUNE 17 – JULY 15*
(4 week session)

SESSION II: JULY 17 – AUGUST 5
(3 week session)

SESSION III: AUGUST 7 – AUGUST 26
(3 week session)

***NO CLASSES HELD: July 1st-4th**

ALL CLASSES ARE ELIGIBLE FOR HELPLINE UNLESS IT IS NOTED AT THE END OF THE CLASS DESCRIPTION.

DIRECTIONS TO THE TRANSMITTER BUILDING

From Winslow, drive north on SR-305. Turn left on Day Road and stay left onto Miller. Follow Miller Road for about 1 ½ miles then turn right on Arrow Point Drive. Continue on Arrow Point Drive until the entrance to Battle Point Park. Turn left into the park; the Transmitter Building will be located directly ahead. Parking will be around the loop next to KID'S UP Playground.

LOCATION OF BHS GYMNASTICS ROOM

Gymnastics Room is located directly across the parking lot from the pool back doors or in back of the High School.

PARKING for Gymnastics Room: Please use the Pool parking area during day hours 9:00a – 3:00p and walk to the gym using the sidewalk west of the pool parking lot. Evening classes may use the parking area outside the gymnastics room. Parking is also available by the Commodore Facility located on High School Road down the hill from the high school reader board. Spectator seating area is on the balcony located at the back of the gym. Please use the south entrance to the gym when at all possible to help control the traffic flow in the gym.

Be aware of the parking lot in the evenings, there are many cars that drop off children to the gymnastics room or school events. These drive through areas are congested and drivers need to be more aware of other vehicles and especially pedestrians.

If your child requires any extra assistance, please contact the Gymnastics Department immediately after registering to notify us of your child's needs and to allow us sufficient time to coordinate any additional staff. We will make reasonable modifications to policies and programs to ensure that participants with special needs or disabilities will have an equal opportunity to enjoy BIMPRD Gymnastics classes, clinics, open gyms and/or camps in a manner that is safe and fun.

WARM-UPS

Warm-ups and basic skill repetitions are held during the first 10 to 15 minutes of class. These are important for assurance of muscle safety and memory retention. To reduce risk of injury, it is essential that children participate in these warm-up exercises. Please be fair to the other children, your child, and the instructor by arriving on time. If you find that you are going to be more than 5 minutes late for Preschool gym through Kindergym or 10 minutes late for Beginner through Advanced boys and girls recreational classes, we ask that your child not participate that day. Please do not place our instructor in the situation of turning away your child for this reason.



OPEN PLAY TIME

AT THE TRANSMITTER BUILDING

For ages 6 months to 5 years. Come join other kids in a fun and open atmosphere.

COST: \$6.00 drop-in fee
\$25.00 for 5 visit punch card
\$50.00 for 10 visit punch card

SUMMER QUARTER HOURS

F-SA 10:00A-12:00P 6/16-8/26

Please comply with all the rules posted. This will keep the play area safe for all participants.

- When you arrive, please check in with the gym supervisor
- Keep within arm's reach of your child at all times
- There is a limit of two children per adult
- No adults allowed on equipment

All other rules are posted on a handout given to you and in the gym.

YOUTH



BIRTHDAY PARTY

Rent the BHS Gymnastics Room or the Transmitter Building for your child's birthday party. Fun for everyone! Call the gymnastics department to reserve your party today. 842-2306 ext. 117. Cancellation policy: Full refund 7 days prior to party less a \$10 service fee. No refund, no exceptions, after the deadline described above.

Cost: \$125.01 for 10 kids or under, includes tax

Includes 60 min of gym time and 30 min of celebration time in lobby

\$190.23 for 11- 20 kids, includes tax

Includes 60 min of gym time and 30 min of celebration time in lobby

EXTRA GYMNASTICS WORKOUT (OPEN GYM)

Ages 6-99. Here's a chance to improve your skills. This extra time will allow you an opportunity to receive additional instruction and practice on areas needing improvement. This is available to students who are currently or have been involved in Park District gymnastics classes. Beginner 1 through team level. BHS Gymnastics Room.

COST: \$6.00 drop-in fee
\$25.00 for 5 visit punch card

SUMMER QUARTER HOURS

Su 4:00-6:00p 6/18-8/27

INDIVIDUALIZED INSTRUCTION

Special one on one instruction. Call the gymnastics department to request your lesson day/time and instructor. 842-2306 ext. 117. Instructors will then call to give details and to arrange times.

COST: \$35/45 minutes for individual.
\$45/60 minutes for individual.
Add \$5 for extra child from immediate family (one only).

CREATE YOUR OWN CLASS

Set up your own class. Special instruction just for a group you put together. The class must consist of 5 or more enrolled participants. Minimum of 3 classes per group. Call the gymnastics department to request your lessons at 206-842-2306 ext. 126.

COST: \$8/child/class, for a 30 minute class.
\$10/child/class, for a 45 minute class.
\$12/child/class, for a 60 minute class.

FIELD TRIP TO THE GYM

Calling all scouts, schools, daycares. Set up your own drop in time at either of our gyms. Some instruction, games and open gym time just your group. Call the gymnastics department to request your day and time 206-842-2306 ext. 126.

COST: \$55 for group of 10 for one hour.
\$110 for group of 11-19 for one hour
\$165 for group of 20-30 for one hour

SPECIALIZED CLINIC

Set up your own group for a clinic on any skill or skills in gymnastics, Parkour, stunt, ninja or tumble tramp. Special instruction just for a group. You tell us what you need for instruction and well will provide the staff. Call the gymnastics department to request your lessons at 206-842-2306 ext. 126.

COST: \$55 for group of 10 for 1 hour.
\$110 for group of 10 1 1/2 hours
\$165 for group of 10 for 2 hours

GYMNASTICS SUMMER CAMPS

See full description in Summer Camp section page 32

GYMNASTICS KINDERGYM (Ages 4-6)

June 26-29; July 17-20, August 7-10

GYMNASTICS: RECREATION (Ages 6-14)

July 10-13, August 14-17

PARKOUR & FREE RUNNING (Ages 6-17)

July 24-27

NINJA WARRIOR CAMP (Ages 6-17)

August 21-24

SPECIALTY CLASSES

HANDSPRING CLASS

Ages 6-17. This class will focus on back handsprings and front handsprings. Students will be taught how to do handsprings along with the drills, techniques flexibility and strength training to perform them properly. BHS Gymnastics Room



441545-01	T	5:00-6:00p	6/20-7/11*	\$38
02	T	5:00-6:00p	7/18-8/1	\$38
03	T	5:00-6:00p	8/8-8/22	\$38

*No Class 7/4

RELEASE YOUR INNER CHILD (ADULT GYM)

Ages 17-99. Train like a child and get back the energy and strength you once had, but didn't even notice at the time. Participants will be taught skills like handstands and cartwheels, along with movement techniques from Parkour. Participants will also train with obstacles like Ninja Warrior and play games. This is a great way to get in shape, or stay in shape by having fun. BHS Gymnastics Room.

441598-01	W	7:00-8:00p	6/21-7/12	\$50
02	W	7:00-8:00p	7/19-8/2	\$38
03	W	7:00-8:00p	8/9-8/23	\$38

YOUTH



GYMNASTICS DANCE AND TUMBLING

Ages 6-17. For girls or boys who want to learn dance and tumbling only. Class concentrates on basic moves or skills in dance, tumbling, trampoline, strength, balance and flexibility. BHS Gymnastics Room.

441578-01	W	5:00-6:00p	6/21-7/12	\$50
02	W	5:00-6:00p	7/19-8/2	\$38
03	W	5:00-6:00p	8/9-8/23	\$38



NINJA WARRIOR CLASS

Ages 6-17. This is a class for anyone interested in doing things like on Ninja Warrior. Students will be taught a variety of skills ranging from strength, speed, balance and timing. These skills will help them to get through obstacle courses set up by the instructor. Each week will be a different course, with a different

focus on each course. This is a class for those looking to get in great shape and have fun doing it. Students will be challenged to push themselves to train like Ninja Warrior competitors. BHS Gymnastics Room

441551-01	M	6:00-7:00p	6/19-7/10*	\$38
02	M	6:00-7:00p	7/17-7/31	\$38
03	M	6:00-7:00p	8/7-8/21	\$38

*No Class 7/3

PARKOUR

Ages 6-17. For female and male students who want to learn to run, leap, jump or flip off walls safely prior to doing it in an outside setting. BHS Gymnastics Room

441557-01	M	7:00-8:00p	6/19-7/10*	\$38
02	M	7:00-8:00p	7/17-7/31	\$38
03	M	7:00-8:00p	8/7-8/21	\$38

*No Class 7/3

GYMNASTICS FOR DANCERS & ROPE SKIPPERS

Ages 6-17. Students will learn gymnastics skills on floor and tramp to help enhance their dance or cheer repertoire. Example skills are aerials, back & front handsprings and round-offs. Class taught by Jason Balanguie. BHS Gymnastics Room

441579 -01	W	6:00-7:00p	6/21-7/12	\$50
02	W	6:00-7:00p	7/19-8/2	\$38
03	W	6:00-7:00p	8/9-8/23	\$38

TRAMP AND TUMBLE CLASS

Ages 6-17. For female or male students. Class will focus on floor and trampoline tumbling skills; which include cartwheels, round-offs, front and back handsprings and flips. BHS Gymnastics Room

441556-01	T	4:00-5:00p	6/20-7/11*	\$38
02	T	4:00-5:00p	7/18-8/1	\$38
03	T	4:00-5:00p	8/8-8/22	\$38

*No Class 7/4

FOR SAFETY PURPOSES, SIBLINGS MAY NOT PARTICIPATE IN ANY OF THESE CLASSES UNLESS THEY ARE REGISTERED IN THE CLASS.

GYM BABIES

Crawling to 24 months. Parents participate with the child on a one-to-one basis. Children will be exposed to gymnastics with parent support and movement in a structured and open gym format. This is a great opportunity to spend some quality time with your child and to meet other parents. BHS Gymnastics Room

441501-01	F	9:30-10:00a	6/23-7/14	\$35
02	F	9:30-10:00a	7/21-8/4	\$26
03	F	9:30-10:00a	8/11-8/25	\$26

PARENT TOT STRUCTURED GYM

Ages 24-36 months. Parents participate with their child on a one-to-one basis in a fully structured, instructor-led class. There will be exciting warm-ups, games, music and obstacle courses filled with gymnastics to strengthen and build motor skill confidence. BHS Gymnastics Room

441503-01	F	10:10-10:50a	6/23-7/14	\$35
02	Sa	9:10-9:50a	6/17-7/15*	\$35
03	F	10:10-10:50a	7/21-8/4	\$26
04	Sa	9:10-9:50a	7/22-8/5	\$26
05	F	10:10-10:50a	8/11-8/25	\$26
06	Sa	9:10-9:50a	8/12-8/26	\$26

*No Class 7/1



PRESCHOOL GYM

Ages 3-4. This class is designed for children who have successfully participated in a Preschool Come Play for one full session. This is an instructor-led class without parent participation. This is a great stepping stone into our Kindergym program for those 3 and 4 years old who are able to listen to and execute multiple instructions and remain confident when left with an instructor. Your child will be led through gymnastics based obstacle courses assisted by games and music. Parents may be asked to remain in the parent viewing area upstairs during the class. BHS Gymnastics Room.

441505-01	F	11:00-11:45a	6/23-7/14	\$45
02	Sa	10:00-10:45a	6/17-7/15*	\$34
03	F	11:00-11:45a	7/21-8/4	\$34
04	Sa	10:00-10:45a	7/22-8/5	\$34
05	F	11:00-11:45a	8/11-8/25	\$34
06	Sa	10:00-10:45a	8/12-8/26	\$34

*No Class 7/1

YOUTH



BEGINNER KINDERGYM

Ages 4-6. Intro to Kindergym for both boys and girls. Skills taught include basic tumbling, uneven bar skills, balance beam and vaulting techniques. BHS Gymnastics Room; **Classes held at the Transmitter Building.

441506-01	M**	4:00-4:45p	6/19-7/10*	\$34
02	T**	4:00-4:45p	6/20-7/11*	\$34
03	F	12:00-12:45p	6/23-7/14	\$45
04	Sa	11:00-11:45a	6/17-7/15*	\$34

*No Class 7/1, 7/3 & 7/4

05	M**	4:00-4:45p	7/17-7/31	\$34
06	T**	4:00-4:45p	7/18-8/1	\$34
07	F	12:00-12:45p	7/21-8/4	\$34
08	Sa	11:00-11:45a	7/22-8/5	\$34

09	M**	4:00-4:45p	8/7-8/21	\$34
10	T**	4:00-4:45p	8/8-8/22	\$34
11	F	12:00-12:45p	8/11-8/25	\$34
12	Sa	11:00-11:45a	8/12-8/26	\$34

INTERMEDIATE KINDERGYM

Ages 4-6. For Kindergym students who have completed Beginner Kindergym or been placed by an instructor. BHS Gymnastics Room; **Classes held at the Transmitter Building.

441507-01	M**	5:00-5:45p	6/19-7/10*	\$34
02	Th**	4:00-4:45p	6/22-7/13	\$45
03	Sa	11:00-11:45a	6/17-7/15*	\$45

*No Class 7/1 & 7/3

04	M**	5:00-5:45p	7/17-7/31	\$34
05	Th**	4:00-4:45p	7/20-8/3	\$34
06	Sa	11:00-11:45a	7/22-8/5	\$34

07	M**	5:00-5:45p	8/7-8/21	\$34
08	Th**	4:00-4:45p	8/10-8/24	\$34
09	Sa	11:00-11:45a	8/12-8/26	\$34



KINDERGYM AND DANCE

Ages 4-6. This exciting class format is designed to engage the young child in the strong foundation of balletic movement used in gymnastics. Your child will be lead through basic ballet steps, positions and alignments in a creative and playful atmosphere. This class will also follow our beginning/intermediate Kindergym curriculum. We suggest that your child be dressed in a leotard and footless tights, while tutu's may be provided during the class. Transmitter Building

441509-01	W	5:00-5:45p	6/21-7/12	\$45
02	W	5:00-5:45p	7/19-8/2	\$34
03	W	5:00-5:45p	8/9-8/23	\$34

BEGINNER 1 – GIRLS

Ages 6-17. For girls with little or no experience. Class concentrates on total body awareness, strength, and coordination through basic gymnastic skills in tumbling, balance beam, bars and vaulting. BHS Gymnastics Room; **Classes held at the Transmitter Building.

441530-01	M**	5:00-6:00p	6/19-7/10*	\$38
02	T**	4:00-5:00p	6/20-7/11*	\$38
03	Sa	12:00-1:00p	6/17-7/15*	\$38

*No Class 7/1, 7/3 & 7/4

04	M**	5:00-6:00p	7/17-7/31	\$38
05	T**	4:00-5:00p	7/18-8/1	\$38
06	Sa	12:00-1:00p	7/22-8/5	\$38

07	M**	5:00-6:00p	8/7-8/21	\$38
08	Tu**	4:00-5:00p	8/6-8/20	\$27
08	T**	4:00-5:00p	8/8-8/22	\$38
09	Sa	12:00-1:00p	8/12-8/26	\$38

BEGINNER 2 – GIRLS

Ages 6-17. For girls who have completed Beginner 1 or have been placed by an instructor. BHS Gymnastics Room; **Class held at the Transmitter Bldg.

441531 01	T,Th **	5:00-6:00p	6/20-7/13*	\$83
02	Sa	12:00-1:00p	6/17-7/15*	\$38

03	T,Th **	5:00-6:00p	7/18-8/3	\$71
04	Sa	12:00-1:00p	7/22-8/5	\$38

05	T,Th **	5:00-6:00p	8/8-8/24	\$71
06	Sa	12:00-1:00p	8/12-8/26	\$38

*No Class 7/1 & 7/3

INTERMEDIATE – GIRLS

Ages 6-17. For girls who have completed Beginner 2 or have been placed by an instructor. Transmitter Building

441532-01	T,Th	6:00-7:15p	6/20-7/13*	\$92
02	T,Th	6:00-7:15p	7/18-8/3	\$79
03	T,Th	6:00-7:15p	8/8-8/24	\$79

*No Class 7/3

ADVANCED – GIRLS

Ages 6-17. For the serious gymnast! Must have completed intermediate girls or be placed by an instructor. This class is geared for a competitive level. Transmitter Building

441533-01	MW	6:00-7:30p	6/19-7/12*	\$101
02	MW	6:00-7:30p	7/17-8/2	\$86
03	MW	6:00-7:30p	8/7-8/23	\$86

*No Class 7/3

BOYS ONLY KINDERGYM

Ages 4-6. Intro to Kindergym for boys ONLY! Those who are 4 years of age must have completed at least one preschool gym session and students must be able to take directions from teacher. Skills will be taught on all boys equipment which includes, floor, pommel horse, rings, vault, parallel bars and high bar. BHS Gymnastics Room

441512-01	M	4:00-4:45p	6/19-7/10*	\$34
02	M	4:00-4:45p	7/17-7/31	\$34
03	M	4:00-4:45p	8/7-8/21	\$34

*No Class 7/3



YOUTH

BEGINNER – BOYS

Ages 6-17. For boys with little or no experience. Class concentrates on basic tumbling and all the boys' apparatus. BHS Gymnastics Room

441540-01	MW	5:00-6:00p	6/19-7/10*	\$83
02	MW	5:00-6:00p	7/17-8/2	\$71
03	MW	5:00-6:00p	8/7-8/23	\$71

*No Class 7/3

INTERMEDIATE AND ADVANCED – BOYS

Ages 6-17. For boys who have passed beginner boys or been placed by an instructor. BHS Gymnastics Room

441541-01	MW	6:00-7:15p	6/19-7/10*	\$92
02	MW	6:00-7:15p	7/17-8/2	\$79
03	MW	6:00-7:15p	8/7-8/23	\$79

*No Class 7/3

BAINBRIDGE ISLAND BOYS GYM TEAM

Ages 6-18. The team will travel to events throughout the region, participating in levels 4 through 10 competitions. Team members are selected by ability and space availability. Additional costs are involved. Contact the gymnastics department at the Park District for more information.



BAINBRIDGE ISLAND GIRLS GYM TEAM

Ages 6-18. The team will travel to events throughout the region, participating in level 3 through 10, rec opt or excel competitions. Team members are selected by ability and space availability. Additional costs are involved. Contact the gymnastics department at the Park District for more information.

SOCCER PROGRAMS

SUMMER TINY TOTS SOCCER

Ages 1.5-2.5. Tiny Tots Soccer classes introduce toddlers to soccer with games that allow them to kick a ball, jump, run, and play. Tots will learn basic soccer skills while working on their balance and coordination. Fee includes a T-Shirt. BPP

412311-01	T	4:00-4:30p	7/11-8/1	\$65
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SUMMER SOCCER SQUIRTS

Ages 2.5-3.5. Parents and Squirts will play organized games together, led by our instructor, that will help develop listening skills, balance, foot-eye coordination and of course soccer skills. Fee includes a T-Shirt. BPP

412312-01	T	4:45-5:15p	7/11-8/1	\$70
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SUMMER PRE-KICKS SOCCER

Ages 3-4. Pre-Kicks is designed for children who want to explore soccer, but who are not quite ready to be on the field without a parent or caregiver. Classes focus on increasing balancing skills, coordination and fundamental soccer skills while also helping children build a sense of independence. Fee includes a T-Shirt. BPP

412313-01	T	5:30-6:00p	7/11-8/1	\$75
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SUMMER 4V4 SOCCER LEAGUES

Ages 4-8. These leagues are for boys and girls and are all about fun and games and learning new skills! Each team will have a high school coach/mentor that will run a 10-minute practice to learn soccer skills prior to a 4v4 30-minute game. Teams are coed. Smaller fields, small goals and no goalies ensure lots of skill work and lots of goals.

412314-01	4-6 year old	T	6:15-7:00p	7/18-8/15	\$90
03	6-8 year old	T	6:15-7:00p	7/18-8/15	\$90

*Fee includes a T-shirt.

FALL TINY TOTS SOCCER

Ages 1.5-2.5. Tiny Tots Soccer classes introduce toddlers to soccer with games that allow them to kick a ball, jump, run, and play. Tots will learn basic soccer skills while working on their balance and coordination. Fee includes mini soccer ball. BPP

412319-01	Sa	9:30-10:00a	9/23-10/21	\$70
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FALL SOCCER SQUIRTS

Ages 2.5-3.5. Parents and Squirts will play organized games together, led by our instructor, that will help develop listening skills, balance, foot-eye coordination and of course soccer skills. Fee includes mini soccer ball. BPP

412320-01	Sa	10:15-10:45a	9/23-10/21	\$75
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YOUTH



FALL PRE-KICKS SOCCER

Ages 3-4. Pre-Kicks is designed for children who want to explore soccer, but who are not quite ready to be on the field without a parent or caregiver. Classes focus on increasing balancing skills, coordination and fundamental soccer skills while also helping children build a sense of independence. Fee includes mini soccer ball. BPP



412321-01 Sa 11:00-11:30a 9/23-10/21 \$80

FALL YOUTH SOCCER LEAGUES

SEPTEMBER 16 TO NOVEMBER 4

Saturday, September 16: meet and greet your coach, first practice and get your jersey. Games start September 23. End-of-season Jam-boree on November 4. No scores or standings are kept.

4-6 year olds: 20 minutes of soccer instruction and drills and a 30-minute 3v3 no-goalie game.



6-8 year olds: 20 minutes of soccer instruction and drills and a 30-minute 4v4 plus-goalie game.

Team sizes: 4-6 year olds — 7-9 players. 6-8 year olds — 8-10 players. High School referees lead skill sessions with coaches' help.

Team Placement: Returning players registered by September 6 will be automatically assigned to same team as last fall. After September 6, team placement will be dependent on space availability. New players will be assigned to teams based on friend request when possible.

412322-01	4-6 year old girls	9:30a-10:30a	\$120*
02	6-9 year old girls	11:00a-12:00p	\$120*
03	Volunteer to Coach		
412323-01	4-6 year old boys	11:00a-12:00p	\$120*
02	6-9 year old boys	9:30a-10:30a	\$120*
03	Volunteer to Coach		

*Fee includes reversible soccer jersey and size 3 soccer ball.

REGISTRATION DEADLINE FOR FALL SOCCER IS 9/6

After the September 6 deadline, players will be put on a wait list and added to teams on an as-needed basis with an added late fee of \$10 per player.

FALL SOCCER COACHES NEEDED!

Volunteer Coaches will receive \$15 off their child's registration!
For more information contact Julie at 206-842-2306 #114 or julie@biparks.org.

FALL SOCCER COACHES MEETING

Sunday, September 10 at 7:00p at Strawberry Hill Center.

THE CLEAT CLOSET

Has your child outgrown their cleats but they're still like new? Please consider donating or trading them in to our Cleat Closet. Come check it out. Open Monday to Friday 10:00a-4:00p. SHP

EXERCISE AND FITNESS

We offer a variety of classes for your child. Experienced instructors and a supportive group atmosphere will help keep you motivated.

FENCING WITH ALEX



Ages 8-99. Come and have fun learning the basics of foil, epee and sabre from our awesome instructor Alex Kerson. Alex can help you develop at your own pace recreationally or as a competitor. Shoes, long socks and long pants required. New student temporary loaner equipment available. ICH



411400-01	MW	5:30-7:00p	6/19-7/12*	\$99
02	MW	5:30-7:00p	7/17-8/7	\$99
03	MW	5:30-7:00p	8/9-8/30	\$99

*No Class: 7/3



BAINBRIDGE BLAZERS CROSS-COUNTRY CLUB



Grades 4-8. Now in 10th year! Fun and fitness with a dash of competition. This is a great way for youngsters to enjoy a healthy and confidence-building activity. Head coach Jim Whiting and dedicated volunteer coaches (who include an Olympic Trials qualifier and a Washington State high school track champion) draw on a combined more than four decades of middle school coaching and participation in hundreds of races to provide a positive, supportive environment. Workouts at a variety of island venues feature trail, park, and beach runs. Emphasis on improving stamina, speed, and running form. Several Thursday meets at Battle Point Park with other middle school teams allow ample opportunity to watch your kids in action. No previous running experience necessary and beginners are especially encouraged to participate. Fee includes hooded sweatshirt and use of team uniforms. Scholarships available. Info: jimruns3@gmail.com.

411388-01	MTTh	3:45-5:00p	8/28-10/19	\$195
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YOUTH

TENNIS LESSONS

Our tennis lessons are instructed by certified tennis pros at the Bainbridge Athletic Club. Their talented and enthusiastic tennis staff will help all levels of play improve their game.

Come and learn tennis outdoors this summer. Lessons are Monday through Thursday, except for session 2 which is Wednesday to Friday, July 5-7. All lessons take place at the Bainbridge High School tennis courts.

Rain-out Notice: Days cancelled due to rain will be made up in any session during the summer in the same class on a space-available basis to be completed by Aug 17. NO EXCEPTIONS WILL BE GRANTED. If the first day of your session is rained out, you will be notified by the BAC instructor via email prior to the start of the class (please make sure your email and phone number in your Park and Rec Household Account are up to date). For classes starting at 9am the rainout decision will be made by the instructor at least 30 min prior to the start of the class. All other classes will be notified as soon as a decision can be made whether class can be held or not. Please be aware that courts that are wet are unsafe for tennis play, they can be very slippery. For days cancelled due to rain other than the first day of the session, parents should check the Park and Rec Facebook page <https://www.facebook.com/BainbridgelslandMetroParkAndRecreationDistrict> or call the Park and Rec office at 206-842-2306.



BEGINNING-INTERMEDIATE FOR AGES 6-8

This class is for children with or without tennis experience. In this upbeat and fun class, we will keep your child active and introduce them to the fun sport of tennis. We will work on groundstrokes, volleys, and introduce rallying and serving using drills specific for this age group. BHS Tennis Courts

412707-01	M-Th	9:00-10:00a	6/26-6/29	\$60
02	W-F	9:00-10:00a	7/5-7/7	\$45
03	M-Th	9:00-10:00a	7/10-7/13	\$60
04	M-Th	9:00-10:00a	7/17-7/20	\$60
05	M-Th	9:00-10:00a	7/24-7/27	\$60
06	M-Th	9:00-10:00a	7/31-8/3	\$60
07	M-Th	9:00-10:00a	8/7-8/10	\$60
08	M-Th	9:00-10:00a	8/14-8/17	\$60
09	M-Th	9:00-10:00a	8/21-8/24	\$60

BEGINNING-INTERMEDIATE FOR AGES 9-12

This class is for children with or without tennis experience. We will work on the fundamentals of all strokes, and will begin to work on and develop rally skills. We will also introduce the basics of footwork fundamentals all while having fun in the sun. BHS Tennis Courts

412708-01	M-Th	10:00-11:00a	6/26-6/29	\$60
02	W-F	10:00-11:00a	7/5-7/7	\$45
03	M-Th	10:00-11:00a	7/10-7/13	\$60
04	M-Th	10:00-11:00a	7/17-7/20	\$60
05	M-Th	10:00-11:00a	7/24-7/27	\$60
06	M-Th	10:00-11:00a	7/31-8/3	\$60
07	M-Th	10:00-11:00a	8/7-8/10	\$60
08	M-Th	10:00-11:00a	8/14-8/17	\$60
09	M-Th	10:00-11:00a	8/21-8/24	\$60



TENNIS FOR TEENS FOR AGES 13-18

A class for the beginning to intermediate-level player who just wants to learn the game of tennis and perhaps play high school tennis. Focus of this class will be on gaining a better understanding of footwork, technique and strategy. We will work on rally skills and point play to improve each player's overall game. BHS Tennis Courts

412714-01	M-Th	11:00a-12:00p	6/26-6/29	\$60
02	W-F	11:00a-12:00p	7/5-7/7	\$45
03	M-Th	11:00a-12:00p	7/10-7/13	\$60
04	M-Th	11:00a-12:00p	7/17-7/20	\$60
05	M-Th	11:00a-12:00p	7/24-7/27	\$60
06	M-Th	11:00a-12:00p	7/31-8/3	\$60
07	M-Th	11:00a-12:00p	8/7-8/10	\$60
08	M-Th	11:00a-12:00p	8/14-8/17	\$60
09	M-Th	11:00a-12:00p	8/21-8/24	\$60

TEEN JOB OPPORTUNITES

VOLUNTEER

Be A Summer Camp Aide

Volunteer to assist camp counselors with our summer sports camps. This is a great opportunity for students from ages 11-18 looking for community service hours or those just wanting to give back to the community. Contact Julie at 206-842-2306 #114 or julie@biparks.org to volunteer or get more information.

EMPLOYMENT

Summer and Fall Soccer League Referee/Mentors

Do you love soccer and working with kids? We're looking for energetic and positive referee/mentors for our summer and fall youth soccer leagues. Applicants must be at least 14 years old. Contact Julie at 206-842-2306 #114 or julie@biparks.org to volunteer or get more information.

YOUTH



YOUTH BACKPACKING TRIPS



These one-of-a-kind experiences reward participants with the very best that the backcountry has to offer. Our trip leaders are Wilderness First Responder or Wilderness EMT trained professionals, who bring a wealth of backcountry medical knowledge and years of outdoor experience on every trip. They are highly qualified, knowledgeable, and awesome to hike with. Pricing includes trip leader(s), gear, transportation, fuel, permits, emergency response equipment, and park entrance fees. Food and snacks are included for multi-day trips.

Participants need to be physically fit for each trip's unique challenges. Registration deadline is three days before start date. It is helpful to have participant waivers & medical information turned in before program start date. The District reserves the right to require a doctor's note clearing a participant for participation. For questions about refunds, please see page 87. See page 46 for more information about our Wilderness Programs and FAQs.

For questions about trips, contact Ranger Sciacca, Wilderness Program Coordinator, at 206-418-9614 or rangers@biparks.org

THE OUTDOOR GEARBANK

Don't let a lack of gear stop you! Participants can try our equipment for free. Our Outdoor Gearbank has backpacks, tents, sleeping pads, trekking poles, rain gear, and much more available to borrow!

OLYMPIC HOT SPRINGS **NEW!**

~3 miles/day 3 days ~800ft elev. change/day

Ages 10-13. A great first backpacking trip! We'll have an easy 2.4-mile hike to our spacious base camp for the trip, located in a stand of large fir trees near some backcountry hot springs. On day 2 we'll take a longer daytrip up to an alpine lake, and on our final day, we'll visit a set of 3 cascading waterfalls before heading home. Bring your bathing suit — every evening when it gets cool outside, we can just head over to the springs!

431903-01 M-W 9:00a-7:00p 6/26-6/28 \$335



THE WILD OLYMPIC COAST **NEW!**

~6 miles/day 3 days ~300ft elev. change/day

Ages 13-16. Come explore a remote and wild section of the Olympic Coast on this amazing trip! We'll race tides, scramble around rocky headlands, climb rope ladders, ford rivers, and even crawl through a rock tunnel to reach our camps. Each night we'll relax with hearty dinners around a beach bonfire. Miles from civilization, we'll enjoy the rugged beauty of sea stacks, beaches, and the coastal rainforest. This is a difficult trip, but one of the top most memorable we've ever run. Participants must be in excellent shape.

431919-01 M-W 8:00a-8:00p 7/10-7/12 \$335

LENA LAKE **NEW!**

~3 miles/day 3 days ~1,300ft elev. change/day

Ages 10-13. This trail gently switchbacks through dense forest with a few creek crossings before finally arriving to the beautiful gem of Lena Lake. We'll make camp, explore the lakeshore, and take a short night hike to an overlook. On our second day, we will day hike along Lena Creek exploring the surrounding forest and creeks, as well as some cool natural grottoes, before returning to the lake to enjoy a campfire and a scrumptious dinner. Our final day we will enjoy a pancake breakfast before packing up and heading back home.

431915-01 M-W 8:00a-6:00p 7/31-8/2 \$335

ROYAL LAKE **NEW!**

~7.2 miles/day 2 days ~2,600ft elev. change/day

Ages 14-17. One of THE most stunning spots in Olympic National Park, Royal Lake is truly one of nature's playgrounds. The trail up never turns uphill too steeply and provides only sneak peeks of what lies at our final destination. Once at the lake we'll leave the heavy packs behind and explore the wonder that is Royal Basin, full of pristine teal pools and jagged views of the surrounding peaks. This is a difficult trip — participants must be in excellent shape.

431910-01 T-W 8:00a-7:00p 8/8-8/9 \$225

CAMP HANDY **NEW!**

~3.4 miles/day 2 days ~600ft. elev. change/day

Ages 10-13. The cedar-wrapped shelter at Camp Handy is a wonderful place to spend a warm summer night in the park. With only 600ft of elevation gain this mellow trail follows the Dungeness River through brilliant old growth to a bright riverside meadow. We'll have plenty of time to hang out and explore the area — a great first overnight trip for any young aspiring backpacker!

431933-01 T-W 8:00a-6:00p 8/22-8/23 \$225



YOUTH

ADVENTURE, CLIMBING, & OUTDOOR SCIENCE CAMPS

Select from a variety of adventure, rock climbing, marine science camps, foraging for wild plants, creating wild crafts, and many more diverse camps! There is just too much information to list it all, but please see page 24 for detailed information. Your kids will love all our summer offerings this season!



YOUTH SAILING AND BOATING CAMPS

Few things can beat a season of summer sailing, kayaking, and standup paddle boarding around Bainbridge Island. Sail the waters in, around and outside of Eagle Harbor, launch and paddle your kayak around the island, take trip off island to kayak the San Juans. The options are nearly limitless. See pages 60-67 for detailed information about sailing and boating camps, adventure sails, and expedition paddles.

YOUTH INDUSTRIAL ART CAMPS

Weld, blacksmith, shape, form, and create a multitude of incredibly creative and interesting projects in the field of Industrial Arts. Taught by the instructors at Alchemy Industrial Arts, see page 21 for detailed information.



YOUTH MOUNTAIN BIKING CAMPS

Come explore some of the best mountain biking Washington has to offer with us! We have a variety of mountain bike camps, some that ride on island, others off island, and even a few that involving camping during the week! See page 23 for detailed information.



"A JOURNEY OF A THOUSAND MILES BEGINS WITH ONE STEP."

THIS SUMMER WE'RE BACK OFFERING ALMOST A DOZEN DIFFERENT BACKPACKING TRIPS AS WELL AS OVER 13 DIFFERENT WILDERNESS DAY HIKES FOR YOUTH AND FAMILIES.

See pages 46-50 for more information.



PROGRAMS FOR TEENS AGES 13-17