

YOUTH & ADULT



WILDERNESS PROGRAMS

“Generally speaking, a howling wilderness does not howl: it is the imagination of the traveler that does the howling.” – Henry David Thoreau

Remote, rugged, undeveloped. Wilderness is a land heritage that is uniquely American. With passage of the Wilderness Act of 1964, Americans chartered a new course in world history to preserve and protect some of the country’s last remaining wild places. The United States was the first country in the world to designate wilderness areas through law. In the words of Pulitzer novelist Wallace Stegner: “Something will have gone out of us as a people if we ever let the remaining wilderness be destroyed.” Come join us and experience our unique wild heritage.

FAQS

General — Our wilderness trips offer one-of-a-kind experience, rewarding participants with the very best that the backcountry has to offer. A detailed email will be sent out approximately one week before the start of each program, with information on where to meet, what to bring, weather forecast, medical waivers, emergency contacts, and more.

Trip Leaders — Our trip leaders are **Wilderness First Responder or Wilderness EMT trained professionals** who bring a wealth of backcountry medical knowledge, years of outdoor experience, and emergency response equipment on every hike. They are highly qualified, knowledgeable, and awesome to hike with.

The Outdoor Gearbank — Don’t let a lack of gear stop you. Participants can use our equipment for free! Our Outdoor Gearbank has backpacks, tents, sleeping pads, snowshoes, rain gear, and much more available to borrow for free.

Physical Fitness — Participants need to be physically fit for each trip’s unique challenges. Mileage is round-trip; terrain and trails vary. The Park District reserves the right to require a doctor’s note to clear a participant for participation.

Pricing — An incredible value for the amount of time, preparation, and quality expertise that go into each trip. Pricing includes trip leader, guiding time, gear, transportation, fuel, permits, emergency response equipment, and park entrance fees. Food and snacks are included for multi-day trips. The **Wilderness Day Hikes** have a special progressive discount that’s applied on all hikes and reset each calendar year.

Transportation — The Park District’s 15-passenger vehicles are used for most wilderness trips, allowing easier and more comfortable access along backcountry roads. If the route includes a ferry, participants should bring their ferry pass or a way to pay their passenger fee. We cover the vehicle fare.

Equipment — Participants are responsible for providing their own personal clothing and equipment, but our Outdoor Gearbank may have items that can be borrowed for free. Inquire with your trip leader so they can help you get set up for success.

Registration Deadlines — **Registration deadline is three days before program start date.** This allows us to effectively communicate with participants about any needs we can help accommodate as well as ensure each trip is a good fit. It is helpful and saves time to have participant waivers, medical information, and other forms turned in beforehand. The Park District reserves the right to require a doctor’s note to clear a participant for participation.

Refunds — For questions about refunds, please see page 103. If weather or road closures cancel a trip, a pro-rated credit will be refunded for the missed day.

Questions? Contact Ranger Sciacca, Wilderness Program Coordinator, at rangers@biparks.org

PROGRAM KEY

 **(Overnight)** — Program will take place over the course of multiple days. Participants will have full access to our Gear Bank for a variety of camping and biking equipment needed for the ride. Contact a program instructor for more information.





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WILDERNESS DAY HIKES **NEW!**

Ages 10-99. Sneak away from your normally scheduled day and come explore the great outdoors! We'll visit some of the most beautiful spots around — lush river canyons, open wildflower meadows, breathtaking ridge top views, and sparkling alpine lakes. Meet at SHP, usually at 8:00am; most trips return 5:30-7:30pm. Mileages are round-trip. Participants under 14 must be accompanied by a parent or guardian. For questions about refunds, please see page 103.

HIKE MORE, SAVE MORE!

Pick dates according to what works for your own schedule! For every hike after the first, a stacking discount will be applied, counting towards all hikes for the remainder of the calendar year.

1st hike = \$72; 2nd hike = \$69; 3rd hike = \$66; 4th hike = \$63; 5th+ hike = \$60

431909-01	Su	6/2	Mt. Townsend via Little Quilcene
02	Th	6/13	Slab Creek Upside-Down Hike
03	Sa	6/15	Harry's Ridge at Mt. St. Helens
04	T	6/18	Harry's Ridge at Mt. St. Helens
05	Sa	6/22	Dungeness Meadows
06	Sa	7/13	Sunset & Stars Hike at Deer Park Meadow
07	T	7/16	Little River
08	W	7/24	Summit Lake at Mt. Rainier
09	Su	7/28	Indian Henry's Hunting Ground
10	Sa	8/3	Railroad Grade Trail at Mt. Baker
11	W	8/7	Ipsut and Chenius Falls
12	Sa	8/17	Grand Valley Loop
13	T	8/20	Lake Twenty-Two
14	Th	8/29	Grand Park at Mt. Rainier
15	Sa	8/3	Royal Lake and Basin

DAYHIKING

Explore your outdoors,
out and back in a day

MT TOWNSEND VIA LITTLE QUILCENE

~6.8mi **~2,300ft elev. gain**
One of the most popular and spacious summits in the Olympics! We'll avoid the crowds and shave off a few feet of elevation gain by taking the quieter Little Quilcene trail. There are great views even from the parking lot, and they only get better as we follow a dry ridge up into wide tabletop meadows.

SLAB CREEK UPSIDE-DOWN HIKE

~6.5mi **~1,300ft elev. gain**
This hike follows Slab Creek through dense forest down to the Gray Wolf River. We'll have lunch at a mossy flat with lots of hemlock and cedar, cross the giant bridge over the Gray Wolf, and explore the narrow canyon. The trail is lined with an impressive display of Rhododendrons, and they should be in full bloom!



HARRY'S RIDGE AT MT. ST. HELENS

~8 mi **~1,300ft elev. gain**
It's a full 3-hour drive to the Johnston Ridge Observatory, but well worth it for this unique look into the crater of an active volcano! Although it's been 29 years since Mt. St. Helens erupted, the evidence is still awe-inspiring. We'll take the Harry's Ridge trail, with great views of the blast zone, Spirit Lake, and the mountain itself, so close you can almost reach out and touch it. Some life has returned to the area — wildflowers will be in bloom! Trip meets at 7am.

DUNGENESS MEADOWS

~9 mi **~900ft elev. gain**
This gentle trail follows the Dungeness River through big stands of Douglas fir, past the confluence with Royal Creek and into the Buckhorn Wilderness. There we'll turn onto the seldom-visited Heather Creek trail and pass through a series of bright riverside meadows — perfect spots for lunch!

SUNSET & STARS AT DEER PARK MEADOWS

~6 mi **~1,100ft elev. gain**
Watch the sun set over the mountains and the Strait of Juan de Fuca from one of the highest trails in the Olympics! We'll hike along the ridge top as the light fades, and we'll be in perfect position to transition from sun-gazing to star-gazing. Hot drinks offered as well. Trip meets at 5pm and arrives back around 2am make sure to bring a headlamp!

LITTLE RIVER

~6 mi **~900ft elev. gain**
This beautiful river valley trail is a local secret in Port Angeles — we don't know how they've managed to keep it quiet! The trail stays close to the river, crossing it 5 times on log bridges, and the river is lined with large old-growth firs and cedars. We'll pass through several narrow canyons, lush with ferns and moss. A good shady hike to beat the heat!

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SUMMIT LAKE AT MT. RAINIER

~6 mi **~1,300ft elev. gain**
Summit Lake is so blue you won't believe your eyes! Perched right on top of a 5,500-ft ridge, the lake defies logic in more ways than one. Snow-white avalanche lilies line the shore, and the area around the lake provides amazing views of Rainier and the whole Cascade Range. Be prepared for 5 miles of very bumpy road!

INDIAN HENRY'S HUNTING GROUND

~12.5-14mi **~3,200ft elev. gain**
See some of the best that Mt. Rainier's Wonderland Trail has to offer! Pass cliffs of basalt columns, rocky glacial outwashes, and lush, shady forests on your way to huge mountain views, and meadows stuffed unbelievably full of wildflowers. PLUS, a picturesque historic cabin and an optional side trail to famed photo spot Mirror Lakes. Trip meets at 6:30am.

RAILROAD GRADE TRAIL AT MT. BAKER

~8mi **~2,000ft elev. gain**
A return to the area of last year's popular Park Butte hike! We'll start on the Park Butte trail, hiking up through lush heather and huckleberry meadows. Then we'll turn onto the Railroad Grade trail which leaves the trees behind and follows a glacial moraine right up to the base of the glaciers sloping up to the summit.

IPSUT AND CHENUIS FALLS

~11mi **~900ft elev. gain**
Explore a forgotten corner of Mt. Rainier National park! The Carbon River road was largely destroyed in 2006, and was permanently closed to car traffic. The park replaced washouts with new sections of trail, and now you can hike in to the former Ipsut Creek drive-in campground, witnessing the power and destruction of the Carbon River as you go. It's a high-rainfall area, with huge old growth trees and two great waterfalls.

GRAND VALLEY LOOP

~11 mi **~900ft elev. Gain**
One of Wilderness Program Coordinator Ranger Sciacca's top 5 dayhikes in the Olympic Mountains! This trip has it all — a skyscraping 6,500-foot ridge walk, tremendous views of the whole park, an alpine lake, a hidden waterfall, and expansive meadows. We'll loop back to the van on the quiet Badger Valley trail.

LAKE TWENTY-TWO

~6.6 mi **~1,400ft elev. gain**
This trail travels through one of the few areas of old-growth in the Cascades, left untouched as a Research Natural Area. We'll hike amid hundreds of massive, gnarled cedar trees, then through open fields and maple groves with fall colors on display. At our destination, we'll see awe-inspiring cliffs towering 2,500 feet above the lake.

GRAND PARK AT MT. RAINIER

~9 mi **~1,100ft elev. gain**
Created by an ancient lava flow, Grand Park is an anomaly in Mt. Rainier National Park. In an area dominated by knife-edge ridges and jagged peaks, Grand Park is a completely flat 5,500-foot plateau, with miles and miles of meadows for us to walk through. Add in a beautiful woodland lake on the way up, and stunning views of Rainier — what a hike!

ROYAL LAKE AND BASIN

~14-16 mi **~2,600-3,600ft elev. gain**
At 5,000 feet, Royal Lake is a classic alpine lake, surrounded by snow- and ice-covered peaks. We'll follow a milky white glacier-fed creek, and pass through emerald-green meadows. While the trip is long, most of it is gently graded, with a few steeper sections. Hikers will have the option to hang out at the lake or explore the upper basin. Trip meets at 7am.

WILDERNESS SKILLS

A journey of a thousand miles begins with one step.

BACKPACKING 101

Ages 8-99. Are you interested in backpacking? In this hands-on class, you'll get to practice the basic skills and learn what gear you need to get started. We'll cover trip planning, safety and safety equipment; we'll practice setting up tents, stoves, and water filters; we'll learn how to pack a backpack, what to bring, and much, much more. SHC

431900-01	Su	10:00a-12:30p	6/16	\$39
02	F	6:00-8:30p	6/21	\$39
03	F	6:00-8:30p	7/12	\$39
04	Su	10:00a-12:30p	8/18	\$39

PERSEID METEOR SHOWER AT HURRICANE RIDGE

Ages 8-99. The Perseid meteor shower, produced by the passing of the comet Swift-Tuttle through our atmosphere, provides a grand spectacle with fast, bright meteors averaging ~80/hour! During this peak viewing night, we'll observe them from 5,000-foot elevation within Olympic National Park where the darkness of the night sky creates a brilliant show. We'll also have an optional short walk to Sunset Ridge for even more panoramic stargazing. Hot beverages provided! *Make sure to bring a flashlight! Meets Sunday, Aug 12, returns early morning on the 13th. Participants under 14 must be accompanied by a parent or guardian. Meet at SHP.

431924-01	Su-M	9:00p-6:00a	8/12-8/13	\$89
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PROTECTION ISLAND SUNSET BIRDING CRUISE

Ages 10-99. Join naturalist/birder George Gerdts for an exciting sunset cruise to Protection Island, a 400 acre National Wildlife Refuge off of Discovery Bay. Over 70% of the marine birds which nest in Puget Sound make Protection Island their breeding ground. Tufted Puffins and marine mammals are usually seen. Meet at Port Townsend Dock at 5:15 PM. Youth age 10-17 can attend if accompanied by a parent or guardian. Boat leaves promptly at 5:30pm. **CONTRACTOR**

131851-01 Sa 5:15-8:30p 6/22 \$90

MEET THE AUTHOR: JENNIFER PHARR DAVIS **NEW!**

Ages 18-99. Join National Geographic Adventurer of the Year, author, and holder of the fastest known time on the Appalachian Trail, Jennifer Pharr Davis, as she reveals the secrets and habits behind endurance as she chronicles her incredible accomplishments in the world of endurance hiking, backpacking, and trail running. Her book, *The Pursuit of Endurance*, empowers readers to unlock phenomenal endurance and leverage new-found grit to achieve personal bests in everything from sports and family to the boardroom. After her presentation, Jennifer will lead a hike on the Forest to Sky Trail (~1 mi. ~100ft. elev. gain). Talk held at BI Library 2:30-4:00p, followed by a hike at Battle Point Park 4:30-5:30p. Sponsored in partnership with Kitsap Regional Library.



431998-01 F 2:30-5:30p 7/12 Free

LAKE OZETTE KAYAK & BACKPACKING EXPEDITION **NEW!**

Ages 13-16, 10-99. Combine kayaking on beautiful Lake Ozette with backpacking the rugged Olympic Coast! We'll spend several days paddling to remote camps along the lakeshore and on tiny islands. Then we'll trade our kayaks for backpacks and find a hidden rainforest trail to the coast, where we'll enjoy sandy beaches, towering sea stacks, and great sunsets. You'll learn the essentials of both backpacking and expedition kayaking, including proper packing of backpacks and kayaks, risk assessment, setting up camp, trip preparation, and safely traveling as a team by boat and foot. District Swim License required. BP101 recommended. Participants under 18 must be accompanied by parent or guardian on the 6/7-6/9 trip. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.

Ages 13-16
430724-01 M-Th 8:00a-6:00p 7/22-7/25 \$495
Ages 10-99. Under 18 must be accompanied by parent/guardian.
02 F-Su 8:00a-6:00p 6/7-6/9 \$370

MT. RAINIER GLACIERS **NEW!**

~5 mi/day 3 days 2,000ft elev. change/day
Ages 13-16. Backpack an awesome loop in the NW corner of Mt. Rainier National Park! We'll camp by the raging Carbon River, walk right up to the base of a huge glacier, cross snowfields at 6,400 feet, trek through some of Rainier's best wildflower meadows at Spray Park, and take a dip in sparkling sapphire Mowich Lake. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.

431899-01 T-Th 8:00a-6:00p 7/30-8/1 \$385

ACROSS THE OLYMPICS

~6 mi/day 4 days ~1,600ft elev. change/day
Ages 13-16. Hike up and over the Olympic Mountains and get picked up on the other side! We'll start on the Sol Duc River and head up the High Divide into alpine terrain — knife-edge ridges and perfect swimming lakes await us! Then we'll plunge down to the Hoh Rainforest where we'll toast s'mores amid mossy old-growth giants. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.

431935-01 T-F 8:00a-7:00p 8/13-8/16 \$450

PCT – WHITE PASS TO CHINOOK PASS **NEW!**

~7 mi/day 4 days ~550ft elev. change/day
Ages 10 to 99. Enjoy a section of the famous Pacific Crest Trail with the family! We'll start with one of the most beautiful and least physically challenging sections, straddling the Cascade crest along the eastern edge of Mount Rainier Park. The ridge is broad and flat-topped here, so we'll have a beautiful lakeside camp every night, with meadows and views of Mt. Rainier every day. Includes shuttle. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Participants under 18 must be accompanied by a parent or guardian. Meet at SHP.

431922-01 Th-Su 8:00a-7:00p 7/18-7/21 \$450

BACKPACKING

Fully guided and supported trips into the best of the backcountry. We strongly recommend that all backpacking participants first take our Backpacking 101 class. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank.

ROSS LAKE MULTI-SPORT TRIP **NEW!**

~7 mi/day 5 days ~900ft elev. change/day

Ages 13-16. Explore a 20-mile long lake nestled high up in the mountains! While kayaking to our camps, we'll enjoy jaw-dropping views of craggy peaks and glaciers. Then we'll put down the paddles for a day, lace up our boots, and hike up to the Desolation Peak Lookout — guaranteed to be one of the best views of your life. Back at camp, alternate between swimming and sitting by the fire. District Swim License required. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.



431893-01 M-F 6:00a-8:00p 7/8-7/12 \$649

PROGRAMS FOR TEENS AGES 13-17

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HOH RAINFOREST

~8 mi/day **4 days** **~1,000ft elev. change/day**
 Ages 10-99. Vivid green behemoth trees tower over hikers alongside the clear flowing Hoh River. The most famous of all Olympic rainforests, the Hoh contains some of the largest trees in Washington which are often covered in thick blankets of lush moss. On our second day of backpacking we'll layover at Elk Lake amid mossy old-growth giants. From there, we can dayhike the next day to the foot of epic Mt. Olympus and see a stunning panorama: the huge Blue Glacier sweeping from the summit right past your feet. Participants under 18 years old must be accompanied by an adult. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.
 431952-01 Th-Su 8:00a-6:00p 8/8-8/11 \$450



SUNSETS AND SEA STACKS

~2 mi/day **3 days** **~400ft elev. change/day**
 Age 10 to 13. After a short 1.4-mile hike in to Third Beach we'll spend the rest of the day exploring and playing, enjoying a bonfire, and taking in the sunset views over the Pacific! On day two we'll leave the packs and climb a rugged overland trail using rope ladders that will deliver us to the incredible sea stacks surrounding Scott's Creek. We will spend our afternoon exploring coves, points and tidepools before returning back to camp. Our final day we will enjoy a 5-star backpacking breakfast and make our return. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.
 431898-01 M-W 8:00a-6:00p 7/1-7/3 \$385

ROYAL CREEK **NEW!**

~3.5 mi/day **3 days** **~1,000ft elev. change/day**
 Ages 10-13. One of THE most stunning spots in Olympic National Park, Royal Lake is a truly one of nature's playgrounds. The trail up never turns uphill too steeply and provides only sneak peaks of what lies at our final destination. Once at the lake we'll leave the heavy packs behind and explore the wonder that is Royal Basin, full of pristine teal pools and jagged views of the surrounding peaks. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.
 431910-01 M-W 8:00a-6:00p 6/24-6/26 \$370

MULTI-AGE CYCLING & BIKE TOURING

The Pacific Northwest is a mecca for those who love to explore the outdoors via their trusty bike. These multi-age rides are planned to be scenic, interesting, and have an assortment of enjoyable activities along the route. If you've been looking for a reason to explore the region by bike, come join us and meet others interested in exploring the numerous roads, trails, and multi-use paths of spectacular Western Washington! If you are interested in single-track off-road rides, be sure to check out our mountain biking programs on page 52!

General — A detailed email will be sent out approximately one week before the start of each program with information on where to meet, what to bring, weather forecast, medical waivers, emergency contacts, and more.

Equipment — Participants must have a working bike that is of suitable size, has gears to be able to go up and down medium grades of trail, functional brakes, extra tube plus patch kit, and a properly fitting biking helmet. Many of our rides include sections on dirt/crushed limestone multi-use paths and you may be better off with thicker tires than super skinny ones. Please do not show up with bikes that have major mechanical issues. Staff reserve the right to not allow participation if a bike is deemed to be unfit, non-functional, or if staff have safety concerns. Some programs require a small daypack or bike bag while other programs are fully supported with a sag wagon to carry your gear. Please review programs carefully and contact us if you have any questions.

Gearbank — our Outdoor Gearbank has a select number of District mountain bikes (26" tire) that are available to borrow for free. Please contact Trip Leader Mark Cohen markc@biparks.org or Outdoor Adventure Program Assistant Nick Prevo nickp@biparks.org at least two weeks prior to needing a mountain bike in order to check availability and to allow for scheduling.

Bike Check — Staff recommends that your bike be inspected and tuned up by a professional bike mechanic 1-2 weeks before your first ride of the season. Afford several days to ensure your bike will be ready for pick-up. On Bainbridge, both BI Cycle and Classic Cycle are great bike shops that can help.

Physical Fitness — Participants need to be physically fit and reasonably confident in their ability to complete the ride. Our multi-age cycling tours involve rides of between 18 and 50 miles depending on the outing. See specific programs or contact Mark Cohen at markc@biparks.org for more information about ride difficulty.

Trip Types — There are two types of cycling rides offered by our Outdoor Adventure Program.

Leader Only: The group stays together with the leader until the ride is complete. Mechanical breakdowns are fixed in the field. If your bike or your legs give out before the trip is over, you'll be assisted to nearest bus stop to get public transportation home or encouraged to call an Uber. Personal gear is carried individually.



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SAG Wagon Support: In addition to having a skilled trip leader guide the ride, the group enjoys the comforting support of having a Park District van with separate driver available and nearby to pick up participants whose legs or bikes cannot make the journey. Our SAG wagon carries all gear, cooks hot meals (multi-day tours), and usually surprises riders along the route with snacks, refreshing drinks, and smiles.

Registration Deadlines — Registration deadline is three days before program start date. This allows us to effectively communicate with participants about any needs we can help accommodate as well as ensure each trip is a good fit.

Refunds — For questions about refunds, please see page 103. If weather or road closures cancel a trip, a pro-rated credit will be refunded.

Questions? Contact cycling trip leader Mark Cohen at markc@biparks.org.

“NO-CAR SUNDAY” CYCLE TO SEWARD PARK

~18 mi **~725ft elev. Gain**

Ages 8-99. Seward Park offers a fantastic variety of outdoor activities, from swimming in Lake Washington, hiking through an old-growth forest, bird watching and spectacular views from the shoreline car-free paved multi-use trail. Even better, on selected Sundays during the summer, Lake Washington Blvd. is closed to vehicles and one can cycle from the beach at Mount Baker Park to Seward Park sans cars. After arriving in Seattle, we will follow bike lanes over to Judkins Park where we will pick up an off-road bike trail that will take us to Lake Washington Blvd. where we will enjoy a car-free ride as we pedal along the shore of Lake Washington to Seward Park. **One child, age 8-17, free per paying adult. Participants under 15 must be accompanied by a parent or guardian. Meet in front of the Senior Center in Waterfront Park and from there, cycle to the ferry.

431908-01	Su	9:15a-5:30p	6/23	\$75
02	Su	9:15a-5:30p	6/23	\$0**
03	Su	9:15a-5:30p	7/14	\$75
04	Su	9:15a-5:30p	7/14	\$0**
05	Su	9:15a-5:30p	8/18	\$75
06	Su	9:15a-5:30p	8/18	\$0**

GREEN RIVER/INTERURBAN LOOP HALF-CENTURY CYCLE RIDE

~50 mi **~350ft elev. Gain**

Ages 11-99. The day's cycle will lead us past a variety of different landscapes, from high-rise city towers to pastoral landscapes, parks, neighborhood communities, and river views. An easy half-century cycle ride along the Green River trail heading south and the Interurban Trail heading North. Our path will take us along Elliott Bay, West Seattle Bridge and Duwamish multi-use trails. Easy, because almost the entire trip is off-road and level with the total climb in each direction only 175'. The Green River trail provides excellent views and access to the Green River and surrounding river valley from Cecil Moses Park near Seattle's south boundary to North Green River Park in south Kent near Auburn, while the Interurban provides a straight shot back to the city following the path of the 1920s-era streetcar line. **Youth age 11-17 receive a registration discount of 50%. ** Participants under 15 must be accompanied by a parent or guardian. Meet in front of the Senior Center in Waterfront Park and from there, cycle to the ferry.

431932-01	Sa	8:15a-6:15p	6/29	\$79
02	Sa	8:15a-6:15p	6/29	\$39**

PORT GAMBLE BACK ROADS RIDE

~23 mi **~1,350ft elev. Gain**

Ages 8-99. Beginning at the Suquamish Museum, we will take a lovely ride following mostly low-traveled backroads to Port Gamble. After a leisurely lunch, we will return by a partially different route. **Youth ages 8-17 receive a registration discount of 50%. ** Participants under 15 must be accompanied by a parent or guardian. Meet at Suquamish Museum (6861 NE South St. Suquamish, WA).

431921-01	Sa	10:00a-6:15p	7/13	\$79
02	Sa	10:00a-6:15p	7/13	\$39**

PROGRAM KEY



(SAG Wagon) — The SAG wagon follows the group, assisting along the trip route, setting up group meals & snacks, and hauling equipment. It's a dedicated support vehicle that allows participants to focus on their trip and not have to carry their own gear and meals while riding.



(Overnight) — Program will take place over the course of multiple days. Participants will have full access to our Gear Bank for a variety of camping and biking equipment needed for the ride. Contact a program instructor for more information.

BAINBRIDGE ISLAND TO LAKE SAMMAMISH STATE PARK HALF-CENTURY CYCLE

~50 mi **~850ft elev. Gain**

Ages 11-99. A spectacular half-century cycle ride — fully sag wagon supported — on several of the most scenic Rails-to-Trails bikeways in the country. After taking the ferry to Seattle, we will head North on the Elliott Bay Trail, cycling past the Olympic Sculpture Park as we head to Magnolia with excellent views of Elliott Bay, Puget Sound, and the Olympic Mountains along the way. Along our way to Lake Sammamish State Park, we will take several enjoyable breaks — and weather-permitting swim breaks — every eight to ten miles at six different parks. After arriving at Lake Sammamish State Park there will be time for a swim or stroll around the park before heading back to Bainbridge in the Park District van with bike trailer. Participants under 15 must be accompanied by a parent or guardian. Meet in front of the Senior Center in Waterfront Park and from there, cycle to the ferry.

431920-01	Su	8:15a-6:15p	8/4	\$89
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FOOTHILLS NATIONAL RECREATIONAL TRAIL

~30 mi **~275ft elev. Gain**

Ages 11-99. This may end up being the most spectacular of all of our Outdoor Adventure Program rides this summer. The cycle begins in Enumclaw and ends on the Puyallup River. Along the way we will be riding along the award-winning Foothills National Recreational Trail and the Puyallup River Walk trails. Meet at Strawberry Hill Park where we will load the bikes onto our bike trailer and then begin our adventure. Participants under 15 must be accompanied by a parent or guardian. Meet at SHP.

431904-01	Sa	8:15a-6:15p	7/20	\$89
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SNOQUALMIE VALLEY TRAIL BIKE TOUR

~32 mi **~550ft elev. Gain**
 Ages 11-99. In addition to riding the entire length of the majestic Snoqualmie Valley Trail, the day will also include a short side-trip to the spectacular Snoqualmie Falls. The Snoqualmie Valley Trail runs parallel to the Snoqualmie River for more than 31 miles and offers exceptional opportunities to experience the rural King County landscape and Cascade foothills. The entire ride is fairly level with only 550' of uphill slopes and 1,500' of downhill glides. Participants under 15 must be accompanied by a parent or guardian. Meet in front of the Senior Center in Waterfront Park and from there, cycle to the ferry.
 431906-01 Sa 8:15a-6:15p 8/17 \$89

OLYMPIC DISCOVERY TRAIL CYCLE AND PADDLE ADVENTURE – DISCOVERY BAY TO LAKE CRESCENT

~20-30 mi/day **~550ft elev. Gain**
 Ages 11-99. Cycle from Discovery Bay to Lake Crescent with overnights at Dungeness Spit and Lake Crescent. Each day we will bike 20 to 30 miles, leaving plenty of time to enjoy and explore the spectacular surroundings. We will be passing snow-capped peaks, ocean vistas, fast-flowing rivers and pristine lakes. On day one we will bike from Discovery Bay to Dungeness Spit, ending our ride to enjoy a hot dinner. After our delicious meal we will take a sunset stroll along the spit, a renowned National Wildlife Refuge. On day two we will bike from our campground at the spit to the Elwha River Bridge. From there we will travel by van to Lake Crescent Campground. On day three, we will enjoy a day of hiking, stand-up paddling, and swimming before returning to Bainbridge. Transportation, permits, sag wagon support, and meals provided. A limited amount of outdoor gear may be available to borrow for free for program use from our Outdoor Gearbank. Participants under 15 must be accompanied by a parent or guardian. Meet at SHP.
 431913-01 F-Su 8:30a-8:30p 7/5-7/7 \$375

OLYMPIC DISCOVERY TRAIL CYCLE AND PADDLE ADVENTURE – LAKE CRESCENT TO LA PUSH

~20-30 mi/day **~550ft elev. Gain**
 Ages 11-99. Cycle from Lake Crescent in the heart of the Olympic Mountains to La Push on the ocean coast. Each day we will bike 20 to 30 miles, leaving plenty of time to enjoy and explore the spectacular surroundings. We will be passing snow-capped peaks, ocean vistas, fast-flowing rivers and pristine lakes. On day one we will bike from Lake Crescent to Klahowya, following a spectacular trail on the northern shores of the lake. On our second day, we will bike from Klahowya to La Push. On day three, we will enjoy a day of hiking, stand-up paddle boarding, swimming and exploring the magnificent ocean beaches at La Push before returning to Bainbridge. Overnight accommodations are camping. We will be camping under the stars both nights. Transportation, permits, sag wagon support, and meals provided. A limited amount of outdoor gear may be available to borrow for free for program use from our Outdoor Gearbank. Participants under 15 must be accompanied by a parent or guardian. Meet at SHP.
 431916-01 F-Su 8:30a-8:30p 8/9-8/11 \$375



MCMENAMINS HALF CENTURY LUNCH RIDE **NEW!**

~50 mi **~2,100ft elev. gain**
 Cycle to McMenamins Anderson School in Bothell for lunch. After taking the ferry to Seattle, we will head north on the Elliott Bay Trail cycling past the Olympic Sculpture Park as we head to Magnolia with excellent views of Elliott Bay, Puget Sound, and the Olympic Mountains. In Magnolia, we will take the Ship Canal Trail to Fremont. From there, we will follow the Burke Gilman trail all the way to Bothell with lovely views of Lake Washington. On the way back, we can either return via the Burke Gilman & Lake Union Trails or head out on the Sammanish River Trail and ride over the new 520 bridge on the way back. Along the way we will take rest stops/bathroom and snack breaks every eight to ten miles at local parks. Meet in front of the Senior Center in Waterfront Park and from there, cycle to the ferry.
 431912-01 Sa 8:15a-6:15p 7/27 \$79
 02 Sa 8:15a-6:15p 8/24 \$79

WOMEN'S ONLY SAILING AND PADDLING PROGRAMS



Women are often underrepresented in outdoor adventure sports, so let's change that! Our women's sailing and paddling programs are designed by women for women, so please come join us, continuing pushing stereotypes and meet other rad ladies from the area! For more womens-only programs, see page 80.