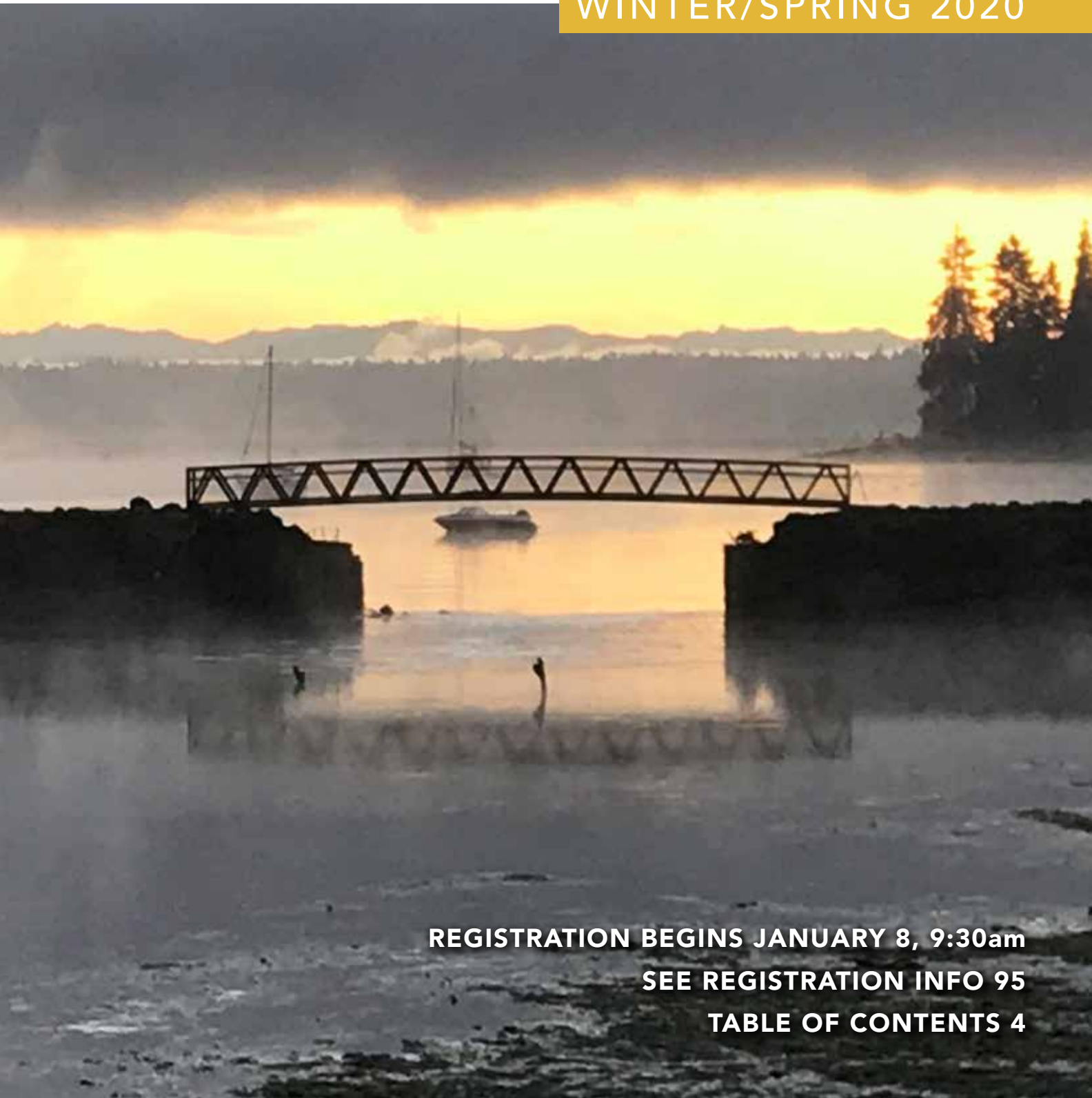




# Recreation CONNECTION

WINTER/SPRING 2020



**REGISTRATION BEGINS JANUARY 8, 9:30am**  
**SEE REGISTRATION INFO 95**  
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## Dear Island Residents,

This past summer, the Park District conducted a public survey, hosted an online forum and held public meetings to solicit feedback about the Park District's programs, services, and parklands. The information received from the public has been instrumental in the 2020 update of the Park District's Comprehensive Plan. We would like to thank everyone who participated in the survey, online forum and the public meetings.

After listening and reviewing feedback, it is clear that the Park District continues to be highly valued by this community. As the Park District began planning this fall for our 2020 budget, we faced several challenges. These include the WA State Initiative 1433 which increases the state's minimum wage to \$13.50 in 2020 and \$15.00 in 2021. With these sizable labor increases pending, the Park District hired a consultant to review our pay scales and update the Park District's job descriptions.

The consultant's review concluded that the minimum wage increases creates some compaction of the Park District's salary scales, with the part-time pay scales increasing faster than some of the mid-level jobs in the agency. The consultant corrected the mid-level salary scale compaction and provided a plan to adjust the pay scales over the next two years. This will ensure that we meet the state's new minimum wage increases while adjusting. This past November the Park District's Board of Commissioners accepted the consultant's recommendation and approved the 2020 budget.

After careful consideration, we have found it necessary to raise the program, activity and facility fees. The increase in rates reflects what is needed to cover our labor and facility costs. In addition, this will allow us to retain our talented staff and attract new skilled staff for years to come. The new rates for programming, events, and facility usage will go into effect January 1, 2020 and are reflected in this catalog.

Fay Bainbridge Park keeps getting better. The improved sand volleyball court is now joined by a new playground. This ocean themed play area sports a realistic looking pirate ship, thanks, in large part, to a very generous donation in honor of Bradley Clark Hunter. Bradley meant to retire to Bainbridge Island and loved Fay Bainbridge Park. When his life was tragically cut short his family chose to participate in this meaningful dedication in his honor. The new ship offers multiple play features and provides an incredible view of the Puget Sound. So, join the kids, and climb aboard for family fun.

A new bridge was installed at Blakely Harbor Park in November connecting the north and south jetties. The connection allows visitors to walk a loop trail. This long-awaited project provides trail users incredible views of the Seattle skyline across the water.

I want to thank this wonderful community for your continued support of the Bainbridge Island Metro Park & Recreation District. If anyone has questions, please feel free to contact me.



**Warmly,**

A handwritten signature in black ink that reads "Terry Lande". The signature is fluid and cursive.

Terry Lande, Executive Director



# mEGGa HUNT

BATTLE POINT PARK • FREE



**SATURDAY, APRIL 11, 9AM-12PM**

This egg hunt goes beyond the ordinary with live entertainment, crafts, games, balloon clowns, face painting and of course egg hunts! Over 7,000 eggs and 80 prize eggs! Please enter Battle Point Park from the west side, off of Battle Point Road. Event happens rain or shine. No dogs allowed.

### **HUNT TIMES (be prompt)**

Ages 0-2: 9:30am sharp

Ages 3-5: 10:00am sharp

Grades K-2: 10:30am sharp

Grades 3-5: 11:00am sharp

### **LETTER FROM THE E. BUNNY**

FREE! In early spring, E. Bunny will mail boys and girls a special letter and story. If you know someone who would like to receive a letter, send a self-addressed, business sized, stamped envelope to: E. Bunny, c/o Bainbridge Island Metro Park & Recreation District, 7666 NE High School Road, Bainbridge Is, WA 98110

**BIPARKS.ORG • 206.842.2302**



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### REFUND POLICY

**Refunds will be in the form of a credit to your household account unless you request a check**

- Programs canceled by the Park District will receive a full refund
- Refunds will not be granted for requests made after the program is over even with a doctor's note

**Unless a doctor's note is received, the following refund policy applies:**

- Requests made 7 days or more prior to start of the program will receive a full refund less a \$10 service charge. The seven-day period does not include the day the class begins (ie the seventh day is the day before the class starts) Counting backwards to the first day, a refund request must be received no later than midnight before the first day of the seven-day period
- No refunds will be granted if requests are received less than 7 days before the start of the program
- No refunds will be granted if requests are made once the program has started

**Office Info, Facility Locations,  
 Contacts, Extreme Weather  
 Policy and Holiday Closures,  
 please see page 94**

**Aquatic Center/Customer Service  
 206-842-2302**



BAINBRIDGE ISLAND  
**LITTLE LEAGUE**  
— IT'S A BLAST! —



**REGISTER NOW**

BASEBALL • SOFTBALL • T-BALL • CHALLENGER

**BILITTLELEAGUE.ORG**

New bridge arrives at

# Blakely Harbor Park



The long-awaited footbridge connecting the north and south jetties at Blakely Harbor Park was lifted into place on November 13. With this new addition, visitors will now be able to walk a trail completely around the beautiful and historic Blakely Harbor Park.

The new bridge and trail connection provides trail users with great views of the Seattle skyline as well as plenty of new wildlife viewing opportunities.



People • Parks • Play





# SUMMER STAFF WANTED

- Aquatics Instructor
- Camp Counselor
- Camp Program Supervisor
- Lifeguard
- Park Aid
- Recreation Assistant
- Recreation Instructor
- Recreation Program Leader
- Trails Crew
- Student Conservation Corps
- Student Conservation Coordinator



## Meet and Greet Park District

**Staff:** Wednesday, March 25  
from 11:00a-12:00p and 4:00-  
5:00p at the Bainbridge Island  
Aquatic Center, 8521 Madison  
Avenue, Bainbridge Island,  
WA 98110

Visit  
[biparks.org](http://biparks.org) for  
details!

**Perks:** Free  
pool pass, ½ off most  
classes offered by the  
Park District, professional  
development, training

**Applicant Age Requirement:** 14 to adult, depending upon the position.

**BIPARKS.ORG • 206.842.2302**



# Spotlights

The Bainbridge Island Metro Park & Recreation District believes that volunteers and employees are some of our most valuable resources. The meaningful work and outstanding commitments demonstrated by these people highlight what makes our Park District such an outstanding community asset.



## Pickleball Volunteers

Scott Stover, Bill Walker, Leigh Tatum and Clay Roberts

**QUESTION:** How was pickleball invented?

**ANSWER:** Pickleball was invented on Bainbridge Island in 1965 by Joel Pritchard, Bill Bell and Barney McCallum. The invention of the game was sparked in an effort to entertain the kids on a paved badminton court with a wiffleball, a ping pong paddle and a lowered net.

**QUESTION:** Why is pickleball so popular?

**ANSWER:** Pickleball is popular for a lot of reasons. It allows men and women and younger people and older people to play together competitively because placement beats power every time. If you have played

any kind of racquet sport such as tennis or ping pong, within just a couple of hours you can learn pickleball and begin to play with others in a competitive fashion. Many of the baby boomers are still looking for a competitive sports option and women of that generation didn't necessarily have a lot of opportunities to play competitive sports in school. Now, playing pickleball they are finding out they are good athletes and really enjoying playing competitively. The game is almost always played as doubles and due to the small court and close interaction it is a very social game. The equipment isn't expensive, and people are always willing to loan their extra equipment.

The crew here on Bainbridge Island is very welcoming. Pickleball meets a need by bringing people together to do more than play a game, they are building a community that is kind, welcoming and inclusive. It is so easy to join — you just have to show up at the courts. Pickleball is popular all over the world, you can play just about anywhere. When you go to a new city you can do a google search and find a local game and people will welcome you.

**QUESTION:** Why do you play pickleball?

**ANSWER:** Scott: Started playing in 1967 with future wife Carol and her cousin Barney McCallum.

**ANSWER:** Bill: I am relatively new to the game, been playing almost three years. My wife and I were looking for something to do socially, and my wife had read about pickleball. We started playing first on





the High School courts then in Kingston. Eventually we called Park District Sports Program Manager Julie Miller to see about playing on the outdoor courts at Battle Point Park. Once we reserved the courts, we started inviting people out to play and that is how open play at Battle Point Park got started.

**ANSWER:** Leigh: Introduced to the game by friends Scott and Carol Stover and Barney McCallum.

**ANSWER:** Clay: I have been playing for three years and have always liked competitive sports. Running as much as you need to in order to play tennis didn't work for me anymore, so I started playing pickleball and loved the game.

**QUESTION:** What is being built at Battle Point Park?

**ANSWER:** There are two phases of construction to what is being built at Battle Point Park. The first phase is six dedicated pickleball courts that are being called the Founders Courts. They will be individual fixed courts with a common area in between. The second phase will be a historical area with informational kiosks in a park like setting. When people come to Bainbridge Island to play pickleball they will get a sense of the history and recognize Bainbridge Island and the founders of the game.

**QUESTION:** Can people still get involved in the fundraising effort?

**ANSWER:** Absolutely, individuals can purchase bricks for \$150 or \$450 through the Bainbridge Island Parks Foundation ([www.biparksfoundation.org](http://www.biparksfoundation.org)) that will be part of the park like entrance of the second phase of the Founders Courts. Merchandise benefiting the Founders Courts is available that commemorates Bainbridge Island as the home of the game. For information contact [bipickleball@gmail.com](mailto:bipickleball@gmail.com).

## Sports Program Manager — Julie Miller

**QUESTION:** When and how did the Park District's pickleball open gym start?

**ANSWER:** Pickleball open gym started around 2012-13. A community member contacted me and asked if the Park District could start an open gym for pickleball. The first night we only had three people, so I wound up playing with the group even though I had never played before. I learned to play that night and have been hooked ever since. From there it continued to grow and now there are lots of folks playing.

**QUESTION:** How has access to the multi-use outdoor courts helped grow the sport here on Bainbridge Island?

**ANSWER:** Having the opportunity to play outdoors in the sun for free is a big draw. Pickleball is a very social sport so it is natural that it would grow given the right facility and Battle Point Park was the perfect spot. It is so popular now that we have open play five days a week at Battle Point Park and people of all skill levels play for at least three hours.

**QUESTION:** How will new dedicated pickleball courts affect programming?

**ANSWER:** The new courts give us the opportunity to welcome more people into the sport. It will allow us to do more classes, clinics, league play, tournaments and even quick start tennis for young tennis players.





# MONTESSORI COUNTRY SCHOOL ENROLLING NOW!



PARENT & INFANT • TODDLER • PRE-SCHOOL  
KINDERGARTEN • ELEMENTARY (GRADES 1-6)

[www.MontessoriCountrySchool.org](http://www.MontessoriCountrySchool.org)

## MORE SPRING EGG HUNTS

### WEEKEND GEO-EGG HUNT

Saturday & Sunday, April 11 & 12

Dawn-Dusk

FREE

Crowds not your style? Throughout the day, families and folks with GPS units or apps can try their hand at simple geocaching in our "GEO Egg Hunt" in various park properties on the Island. Coordinates will be posted by 9:00a Saturday, 4/11 on the Park District website [www.biparks.org](http://www.biparks.org).



Bainbridge Island  
Metro Park & Recreation District

### TEEN FLASHLIGHT EGG HUNT

Friday, April 10

8:00-10:00p

FREE

Grades 7-12. Grab a flashlight, a bag, and a buddy and hop over to this annual, fun, teens-only egg hunt. Candy and prize eggs await those who aren't afraid of the dark. You are never too old! Come early and play air hockey, foosball, and pool! Meet at the Teen Center, located in the Aquatic Center, by 8:45p; we will walk over to the hunt at 8:50p. Hunt starts promptly at 9:00p.

**FOR INFORMATION ON THE TRADITIONAL  
MEGGA HUNT SEE PAGE 3**





# Parker's Program Picks



Parker, the Park District mascot, invites you to find all the programs in the catalog that he picked (you will know when you see him standing beside the title) as his favorites for winter/spring 2020. To be entered to win a Spring Fun Prize Basket, tell us what is your favorite program and why do you like it?

**Favorite Program:**

**Why:**

**Full Name:**

**Phone Number:**

**Email Address:**

Submit information for entry into prize raffle:  
Email: [recreation@biparks.org](mailto:recreation@biparks.org)  
Mail: Attn: Parker 7666 NE High School Road,  
Bainbridge Island, WA 98110  
Drop-off: Aquatic Center, 8521 Madison Ave NE,  
Bainbridge Island, WA 98110

Winner will be randomly selected and notified May 22. Your quote, first name and last initial may be used by the Park District for promotional purposes. One entry per person.



We have a plan to improve electric reliability and modernize the grid on Bainbridge Island. Electricity keeps our lights on and our homes and businesses warm.

Our plan is a unique solution that combines new technologies and grid infrastructure to ensure safe, dependable power for families and businesses for years to come.

Together with our Bainbridge Island customers, we'll improve reliability, ensure we can meet the community's energy needs and create a better energy future.

Visit [pse.com/bainbridge](http://pse.com/bainbridge) to learn more.







# ALL ABOARD FOR FUN!

KidsUp! The Next Generation of Play is coming to Battle Point Park in 2020, bigger & better, with new features accessible to kids of all abilities & ages.

Your gift today will help build the playground centerpiece, the amazing Ferry Boat play structure.

Together, let's say 'All Aboard for Fun!'



[WWW.KIDSUP.FUN](http://WWW.KIDSUP.FUN)







**SAVE THE DATE!**  
**TRILLIUM**  
**TRAIL RUN**  
**10K + 5K**

**05.09.20 • Battle Point Park**

**Come run, come all! The 5th Annual  
Trillium Trail Run returns May 9, 2020  
to benefit our Bainbridge Island trails network**

**LEARN • SPONSOR • REGISTER • RUN!**

**[biparksfoundation.org/trillium-2020](http://biparksfoundation.org/trillium-2020)**



The Bainbridge Island Metro Park & Recreation District would like to thank the following special event sponsors, partners and volunteer groups:

# HAUNTED HAYRIDE

Sponsors:



Partner:



**Island Time Activities**

Empowering People With Intellectual Disabilities

[islandtimeactivities.org](http://islandtimeactivities.org)

Volunteer Groups:

- Girl Scouts
- Boy Scouts
- CERT
- BIMRS

# Winter Wonderland

Sponsors:



Partners:



Bainbridge Island Senior Center™

Volunteer Group:  
Girl Scouts



# Breakfast with Santa

Volunteer Group:





# A BAINBRIDGE ISLAND TRADITION FOR OVER 35 YEARS!



**THAT'S A SOME PIZZA** is Bainbridge Island's oldest restaurant opened in 1984. We use an over 120 year old Klondike goldrush starter to make our national award winning sourdough pizzas! We have moved to a new location at Coppertop loop! We're proud to support the Bainbridge Island Parks Department!

9720 COPPERTOP LOOP, SUITE 101

BAINBRIDGE ISLAND, WA

PHONE: (206) 842.2292

ORDER ONLINE: [www.thatssome.com](http://www.thatssome.com)





# Middle School Dances

February 1 — Valentine's Dance  
May 2 — Middle School Prom

Calling all 6th, 7th, and 8th graders! The Bainbridge Island Metro Park & Recreation District's Teen Center is putting on two Middle School dances this winter and spring. Dance to your favorite DJ'd pop hits or just chill with friends! \$15 when you pre-register for activity #172627 or \$20 at the door. At Island Center Hall from 7:00-9:30pm.

**BIPARKS.ORG • 206-842-2302**



# Adult and Child Dance!

Ages 5-12 with parent/guardian, grandparent or another fun adult! Teen Center staff is offering an exciting opportunity for parents and kids to have a special evening together. Boys and girls are invited to join us with an accompanied mother/father/guardian or special adult for an evening filled with dancing, photos and fun. We will have a DJ playing all kinds of favorite pop hits along with songs from the '60s, '70s, '80s and '90s. Price includes one adult and one child, \$10 for an additional child. Two children per adult max. Snacks and dessert provided. Island Center Hall

### First Child and Adult

172632-01 Sa 6:30-8:30p 3/28 \$25

### One Additional Child

172632-02 Sa 6:30-8:30p 3/28 \$10

**BIPARKS.ORG • 206.842.2302**







# All-Day Explorer Camp



**ALL-DAY CARE  
ALL SUMMER LONG!**

**SUMMER  
SCHEDULE  
AVAILABLE IN  
MARCH!**

**When  
school is  
out...CAMP  
is in!**

- All-day care from 7:30a-6:00p for K-5<sup>th</sup> grade at the Aquatic Center
- Theme weeks
- Field trips
- Swimming
- Sibling discount
- Daily drop-in fees
- Fun for everyone!



**Did you know?** We operate fun theme camps all year round on no-school and most holidays! See page 20 for current listings.

**BIPARKS.ORG • 206.842.2302**



# Bainbridge Island AQUATIC CENTER

Waterpark fun for the whole family!  
**Open Swim: Friday 5:00-7:00p**  
**Saturday & Sunday 1:00-4:00p**



*Something for everyone  
at the Aquatic Center!*



## Birthday Parties

Have your child's next birthday party at the Aquatic Center! See page 82 for details.



## Float & Float Movie Night

Enjoy a family friendly movie while lounging in the pool! Pre-registration now available, see page 83!

**SWIM LESSONS FOR ALL AGES —  
SEE PAGES 86-89 IN THIS CATALOG.**

Take your workout to the pool! Get a higher intensity workout in a shorter amount of time while improving flexibility and protecting your joints. **Aqua Exercise info on page 85.**

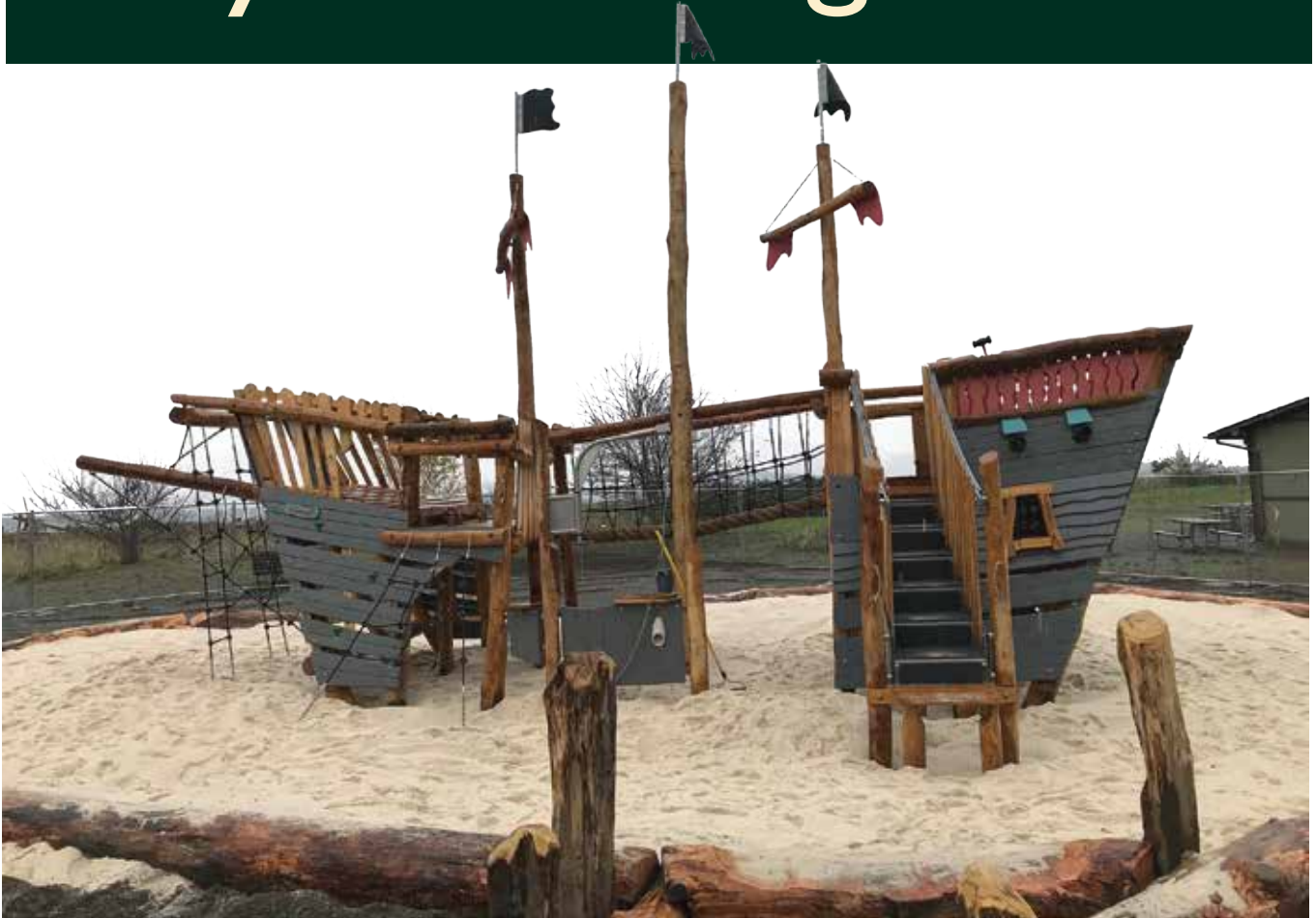


**BIAQUATICS.ORG • 206.842.2302**



Pirate ship lands at

# Fay Bainbridge Park



Fay Bainbridge keeps getting better. The improved Sand Volleyball court is now joined by a new playground. This ocean themed play area sports a realistic looking pirate ship, thanks, in large part, to a very generous donation in honor of Bradley Clark Hunter. Bradley meant to retire to Bainbridge and loved Fay Bainbridge Park. When his life was tragically cut short his family chose to participate in this meaningful dedication in his honor. The new ship offers multiple play features and provides an incredible view of the Sound. So join the kids, and climb aboard for family fun.

People • Parks • Play



# ALL-DAY EXPLORER CAMPS!

**Ages: 6-11 (Grades K-5) When school is out ... CAMP is in!**

Are you looking for a well-supervised and safe environment for your children this winter and spring? We offer a variety of fun-filled, interactive and educational camps on no-school days! Come join us for enriching activities, group games, sports & fitness activities, hands-on experiments, arts & crafts, free play, swimming and more. Activities are focused around a camp theme and will be both indoor and out, weather permitting. Two snacks will be provided. Please bring a sack lunch, swimsuit and towel daily.

**DROP-OFF BETWEEN 7:30-9:30A**

**Structured Camp activities from 9:30a-4:00p**

**PICK UP BETWEEN 4:00-6:00P**

**Camp Location: Aquatic Center, Nakata B**

## FEES

**Daily Drop-in Fee: \$95 • Weekly Fee (for M-F only): \$300 • 20% sibling discount is given for registration**

## WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

## GERIATRIC JAM

Ever wonder what it would be like if your grandparents came with you to camp? We may find out! It appears the counselors have rapidly aged overnight! There must be something in the water, or the food, or maybe the Jello... Now they'll need your help to navigate all kinds of grandparent-inspired activities. This is a great opportunity for your child to connect with a grandparent before camp and ask them how they can represent them when they go to camp! AQ

(Optional) What to wear: your best representation of grandparents: eyeglasses, white hair, suspenders, necktie, sweater vest, canes, walkers, fedora.

500101-05 M-F 7:30a-6:00p 12/30-1/3 \$300

## NATURE UNLEASHED

Grab your bug net and viewer! Make sure you do not wear your best clothes because during this theme week you could be going on a nature scavenger hunt. Looking for different kinds of insects and creating original nature crafts are just some of the activities included in this theme week. AQ

(Optional) What to wear: active wear, cargo vest, magnifying glass, bucket hat.

500101-06 M-F 7:30a-6:00p 1/20-1/24\* \$300

\*No camp 1/21



## PLANET EARTH SAFARI

Join us for an action-packed adventure as we go on an expedition around the world! Get WILD this winter! Along with our daily activities, we'll play animal-themed games, create animal art, and explore cool, colorful critters from around the world. Camp is highlighted with a field trip to Point Defiance Zoo! (Admission Included)

AQ  
110001-01 M-F 7:30a-6:00p 2/17-2/21 \$300

## SPRING BREAK CAMP

It's spring time! This camp week, we'll explore the Island. Go to a few of our favorite playground spots, have spring-related crafts and activities and swim at the Aquatic Center. We'll make the most of spring break and jam it full of fun and games to get kids ready to finish out the last few months of school. AQ

110001-02 M-F 7:30a-6:00p 4/6-4/10 \$300

## SHARK DAY

Duunnn dunnn...duuuunnn duun... Look out, sharks! We'll spend this day off school, playing shark games and making shark crafts. We'll wade in the shallow end and lazy river at the Aquatic Center and have a chance to show off our best moves during sharks and minnows! AQ

110001-03 M 7:30a-6:00p 5/25 \$95







# AFTER SCHOOL & NO-SCHOOL FUN

## NO SCHOOL DAYS

### PARKER'S PACK MINI CAMPS

Ages 6-12. These camps are incredibly fun camps filled with sports, fitness, activities, games, crafts, cooking, hikes, free play, and much, much more. Our awesome staff are excited to provide a safe and inclusive environment where kids will be active, involved, experimenting, creating and exploring but most of all they'll be having a blast. SHC



### MINECRAFT BUILDERS CAMP: Legos, Forts, Blocks, Logs, Games and more. **NEW!**

You'll challenge your building skills at our Minecraft Builders Camp. We'll create all kinds of worlds with all types of building things. We'll create a fun Minecraft board game and then play to crown a Minecraft champion. We'll make a Minecraft obstacle course and go on a Minecraft scavenger hunt.

111324-01	M	9:00a-3:00p	1/20	\$80
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### DR. SEUSS ON THE LOOSE: Characters, Art, Books, Creations, more. **NEW!**

"Think and wonder, wonder and think." This camp is all about Dr. Seuss and the fantastic worlds he created. You'll draw your own Dr. Seuss inspired characters. You'll write your own Dr. Seuss inspired book. We'll create our own Dr. Seuss inspired game. We'll build a fun Dr. Seuss inspired obstacle course. We'll go on a fun Dr. Seuss scavenger hunt.

111328-01	M	9:00a-3:00p	5/25	\$80
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### ESCAPE ROOM: Create and Build, Cooperate to Escape **NEW!**

Escape rooms engage problem-solving skills like nothing else and they're tons of fun. Campers will work together to create an escape room (or two) and then break into teams to compete to escape to see who's the slyest of them all.

111327-01	W-Th	9:00a-3:00p	1/22-1/24	\$180
02	W	9:00a-3:00p	1/22	\$80
03	Th	9:00a-3:00p	1/23	\$80
04	F	9:00a-3:00p	1/24	\$80



### MOVIE MANIA: Dragon training, Lego building, Ugly Dolls, Pokémon and more. **NEW!**

Test your movie knowledge in fun trivia contest. Build a dragon training center. Create a Lego world with your favorite superhero. Make-up a new Pokémon board game. Watch a movie or two and so much more.

111325-01	M-F	9:00a-3:00p	2/17-2/21	\$250
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### EXTREME CAMP: Amazing Race, Survivor, Fear Factor and more. **NEW!**

Tribes will compete during Survivor-like competitions. Teams will take part in an amazing Amazing Race. Campers will test their courage in some Fear Factor-style challenges. Obstacle courses, puzzles, and team-building exercises — all are perfect for Extreme Camp.

111326-01	M-F	9:00a-3:00p	4/6-4/10	\$250
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## SATURDAY CHESS & GAMES FESTS

Ages 5-12. Spend a fun Saturday afternoon in game play that includes educational Mensa games, chess, cards, and other strategic thinking fun! The festival day includes supervised outdoor breaks, group lessons, and plenty of playing time with lots of opportunity for one-on-one instruction. Includes optional chess tournament with other players of similar ability. SHC **CONTRACTOR**

170254-01	Sa	1:00-5:00p	1/25	\$25
04	Sa	1:00-5:00p	3/28	\$25
07	Sa	1:00-5:00p	5/30	\$25

## CONFERENCE DAYS

### CHESS & STRATEGIC GAMES with Mark Cohen

Ages 5-12. Keep thinking skills sharp and have fun with a wide variety of board, card and mathematical games. This all-day left brain/right brain mini-camp combines mental exercise with fun muscle movement! Days are divided between chess, learning and playing a variety of strategic games (many Mensa award winners), with time for outdoor recreation activities. CYC **CONTRACTOR**

175051-12	W-F	8:45a-4:15p	1/22-1/24	\$150
13	W-F	8:45a-4:15p	1/22-1/24	\$135*

\*Additional sibling

# AFTER SCHOOL & NO-SCHOOL FUN



## MID-WINTER BREAK

### CHESS & STRATEGIC GAMES with Mark Cohen

Ages 5-12. Keep thinking skills sharp and have fun with a wide variety of board, card and mathematical games. This all-day left brain/right brain camp combines mental exercise with fun muscle movement! Days are divided between chess, learning and playing a variety of strategic games (many Mensa award winners), with time for outdoor recreation activities. SHC **CONTRACTOR**

175051-10	M-F	8:45a-4:15p	2/17-2/21	\$225
11	M-F	8:45a-4:15p	2/17-2/21	\$200*

\*Additional sibling

### NERF WARS AND DODGEBALL MID-WINTER BREAK CAMP



Ages 9-14. This camp will be a double blast of Nerf wars and dodgeball games. Kids can bring their own nerf blasters for even more fun. Pizza party on Friday. Family Martial Arts Academy, 7865 NE Day Rd W, Building B. (DeMile)

#### CONTRACTOR

111771-01	M-F	12:00-3:00p	2/17-2/21	\$145
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## EARLY RELEASE

### CHESS & STRATEGY GAME CLUB FOR GRADES K-4, 5-6



Chess fosters critical thinking, problem-solving, self-control, sportsmanship, and patience. Strategy games (many from Mensa) offer a wide variety of colorful choices for team and solo play. These longer early-release day clubs include a supervised outdoor break, group lesson, plenty of practice and one-on-one instruction with Coach Mark Cohen. 6 weeks. AQ, Nakata Rm A **CONTRACTOR**

#### GRADES K-4

170252-10	M	12:50-2:50p	1/13-3/2*	\$110
12	M	12:50-2:50p	3/9-4/20*	\$110
14	M	12:50-2:50p	4/27-6/8*	\$110

#### GRADES 5-6+

170252-11	M	1:45-3:45p	1/13-3/2*	\$110
13	M	1:45-3:45p	3/9-4/20*	\$110
15	M	1:45-3:45p	4/27-6/8*	\$110

\*No club 1/20, 2/17, 4/6, or 5/25

### MONDAY UKULELE CLUB

Ages 6-10. Spend your early release afternoon learning ukulele and jamming at the Rolling Bay Center (formerly Island Music Guild) with strings instructor Randy Parris. All levels welcome. Must provide own instrument. 9 weeks. IMG **CONTRACTOR**

170200-01	M	1:00-2:00p	1/27-3/30*	\$175
02	M	1:00-2:00p	4/13-6/15*	\$175

\*No club 2/17, 5/25

### PARENT CHILD FUSED GLASS FUN



Ages 8 and up. Make some art on an early-release Monday! Parents/grandparents and children will work on projects together in each class. All tool use, project supplies and firings are included. Instructor Julie Hews-Everett has been involved with art glass (and kids!) for over 40 years. Classes are held at her studio, Island Spectrum Design in Fletcher Bay. Please call 206-780-0837 for directions or questions.



### BE MY VALENTINE

Have fun making fused hearts for yourself or someone special. You will create two glass hearts. Depending on the sizes, you can make a necklace, magnet or sun catcher. ISD **CONTRACTOR**

120415-01	M	2:30-4:30p	1/27	\$75
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### NAME GAME

Come play the name game and make your own fused name plate or house numbers. Each adult/child team will make one or two projects using semi pre-cut glass elements. ISD **CONTRACTOR**

120416-01	M	2:30-4:30p	3/16	\$75
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### CHICKEN OR EGG?

Which came first? In this fun spring workshop, you will work together to create several colorful chicken and egg-themed glass pieces to become refrigerator magnets to brighten your kitchen — or coop! ISD **CONTRACTOR**

120417-01	M	2:30-4:30p	5/11	\$75
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## AFTER SCHOOL AT THE SCHOOLS

### PARKER'S PACK — AFTER-SCHOOL CLUB

Join the fun! Be a part of our new Parker's Pack — After-School Club. Our club is right after school right at your school for your convenience. Our staff will provide a nurturing environment with opportunities to reinforce learning from school, teach social skills and encourage good citizenship.

\*\*For no-school days, check out our Parker's Pack Mini Camps.

### OPEN GYM SPORTS, FITNESS AND ACTIVITIES

Exercise releases natural substances like dopamine and serotonin that help improve your child's sense of well-being. Playing sports with friends is also a fun way to alleviate stress associated with everyday academic pressures. Our after-school open gym provides kids a safe place to play and grow.

\*\*All 01 sections are open for early registration due to class start date. All other sections will be open for registration on January 8 (first day of winter/spring registration) at 9:30a.





# AFTER SCHOOL & NO-SCHOOL FUN



## WILKES — TUESDAY

110209-01**	T	2:20-3:30p	1/7-2/11	\$78
02	T	2:20-3:30p	2/25-3/31	\$78
03	T	2:20-3:30p	4/14-5/19	\$78
04	T	2:20-3:30p	5/26-6/9	\$45

## ORDWAY — FRIDAY

110213-01**	F	2:20-3:30p	1/10-2/14*	\$67.50
02	F	2:20-3:30p	2/28-4/3	\$78
03	F	2:20-3:30p	4/17-5/22	\$78
04	F	2:20-3:30p	5/29-6/12	\$45

\*No Class 1/24

## BLAKELY — WEDNESDAY

110215-01**	W	2:20-3:30p	1/8-2/12*	\$67.50
02	W	2:20-3:30p	2/26-4/1	\$78
03	W	2:20-3:30p	4/15-5/20	\$78
04	W	2:20-3:30p	5/27-6/10	\$45

\*No class 1/22

## WILKES — MONDAY — EARLY RELEASE

110206-01**	M	12:50-3:30p	1/6-2/10*	\$82.50
02	M	12:50-3:30p	2/24-3/30	\$96
03	M	12:50-3:30p	4/13-5/18	\$96
04	M	12:50-3:30p	6/1-6/15	\$52.50

\*No class 1/20

## WILKES — THURSDAY

110208-01**	Th	12:50-3:30p	1/9-2/13*	\$67.50
02	Th	12:50-3:30p	2/27-4/2	\$78
03	Th	12:50-3:30p	4/16-5/21	\$78
04	Th	12:50-3:30p	5/28-6/11	\$45

\*No class 1/23

## ORDWAY — MONDAY — EARLY RELEASE

110203-01**	M	12:50-3:30p	1/6-2/10*	\$82.50
02	M	12:50-3:30p	2/24-3/30	\$96
03	M	12:50-3:30p	4/13-5/18	\$96
04	M	12:50-3:30p	6/1-6/15	\$52.50

\*No class 1/20

## TENNIS LESSONS

Our tennis staff will teach your kiddos proper techniques in a fun, positive and encouraging way. Tennis racquets provided but if your child would like to bring their own racquet, they are welcome to.

\*\*All 01 sections are open for early registration due to class start date. All other sections will be open for registration on January 8 (first day of winter/spring registration) at 9:30a.

## SAKAI — MONDAY — EARLY RELEASE

110205-01**	M	1:50-3:30p	1/6-2/10*	\$77.50
02	M	1:50-3:30p	2/24-3/30	\$90
03	M	1:50-3:30p	4/13-5/18	\$90
04	M	1:50-3:30p	6/1-6/15	\$49.50

\*No class 1/20



**PROGRAMS FOR TEENS AGES 13-17**



# AFTER SCHOOL & NO-SCHOOL FUN



## INDOOR SOCCER **NEW!**

We've partnered with Bainbridge Island Football Club to bring your child winter indoor soccer. BIFC coaches will lead children through fun age-appropriate player-centered soccer activities followed by small-sided games. Questions, email [ian@bifc.net](mailto:ian@bifc.net). **CONTRACTOR**

\*\*All sections are open for early registration due to class start date.

### BLAKELY — MONDAY

#### KINDERGARTEN

112304-01\*\* M 3:30-4:15p 1/6-2/24\* \$99

\*No class 1/20, 2/17

#### GRADES 1-2

112305-01\*\* M 4:15-5:00p 1/6-2/24\* \$99

\*No class 1/20, 2/17

#### GRADES 3-4

112306-01\*\* M 5:00-6:00p 1/6-2/24\* \$99

\*No class 1/20, 2/17

### WILKES — WEDNESDAY

#### KINDERGARTEN

112307-01\*\* W 2:30-3:15p 1/8-2/12 \$99

#### GRADES 1-2

112308-01\*\* W 3:15-4:00p 1/8-2/12 \$99

#### GRADES 3-4

112309-01\*\* W 4:00-5:00p 1/8-2/12 \$99

## BOYS LACROSSE **T**

Grades 5-8. Our after-school lacrosse will offer beginners and those with experience a basic understanding of the game of lacrosse through a focus on skills, conditioning, teamwork, and small-sided scrimmages. Our goal is to keep it fun, safe and build enthusiasm for the game. Players will be grouped by age and playing experience. Some loaner equipment is available. Sakai **CONTRACTOR**

\*\*Open for early registration due to class start date.



### SAKAI — THURSDAY

110218-01\*\* Th 3:20-4:30p 1/9-1/30 \$68

## GIRLS LACROSSE CLINICS **T**

This class will provide beginners and those with experience a basic understanding of lacrosse in a fun environment. Emphasis will be on keeping it fun and safe, while building enthusiasm for the game. Players will be split up by age and playing experience. Please wear appropriate clothing for running. The following items are required to participate: mouth guard, eye goggles, running shoes, lacrosse stick, and a water bottle. If you do not have some of the items for the start of class, we will have loaner sticks and goggles to borrow. Sakai Gym. Free Shirt Included! **CONTRACTOR**

### SAKAI — WEDNESDAY

#### GRADES K-2

110219-01 W 3:30-4:30p 1/8-2/5 \$65

#### GRADES 3-4

110219-02 W 3:30-4:30p 1/8-2/5 \$65

#### GRADES 5-8

110219-03 W 4:30-6:00p 1/8-2/5 \$90



## WRITE AFTER SCHOOL! FOR GRADES 3-4, 5-6 **NEW!**

Hang out with Margaret after school! Give your creative writing skills an extra boost! In these three-week sessions, author and writing teacher Margaret Nevinski will help you write the story YOU want to write. We'll invent plots, create characters, and learn to use language to get the effects we want. Bring your wild imagination and your desire to write. Everyone is welcome!

### ORDWAY & ODYSSEY WRITERS

170102-01\*\* W 2:20-4:00p 1/8-1/29\* \$50

### BLAKELY WRITERS

170102-02 W 2:20-4:00p 2/26-3/11 \$50

### WILKES WRITERS

170102-03 W 2:20-4:00p 3/18-4/1 \$50

### SAKAI WRITERS

170102-04 W 3:30-5:00p 4/15-4/29 \$50

\*\*This section open for early registration due to start date.

\*No class 1/22



# AFTER SCHOOL & NO-SCHOOL FUN

## COMPUTER PROGRAMMING INTRO FOR GRADES 2-4

This 10-week class introduces programming to beginner students using the kid-friendly, free language "Scratch" by MIT. We will learn universal coding skills like sequencing, loops, conditionals and variables while making fun animations and games to show off at home.



<b>WILKES</b>				
170296-01	W	2:20-3:30p	1/15-4/01*	\$100
*No class 1/22, 2/19				

## CHESS CLUBS FOR GRADES K-4

Chess fosters social interaction, critical thinking, problem-solving, self-control, sportsmanship and patience. Clubs include a supervised outdoor break, group lesson, plenty of practice time and one-on-one instruction with Bainbridge Black Knights coach Mark Cohen. **CONTRACTOR**

### BLAKELY BLACK KNIGHTS

170250-01	T	2:20-4:00p	1/21-3/3*	\$100
06	T	2:20-4:00p	3/10-4/21*	\$100
11	T	2:20-4:00p	4/28-6/2	\$100

\*No club 2/18 or 4/7

### WILKES BLACK KNIGHTS

170250-04	W	2:20-4:00p	1/15-3/4*	\$100
09	W	2:20-4:00p	3/11-4/22*	\$100
14	W	2:20-4:00p	4/29-6/3	\$100

\*No club 1/22, 2/19 or 4/8

## SEE EARLY RELEASE MONDAY CHESS & GAMES CLUB FOR ORDWAY/SAKAI CHESS PLAYERS

## BRICKS 4 KIDZ! LEGO® FOR GRADES K-4

There's loads of learning and fun with LEGO® bricks — keeping the pace fast and varied with guided (moving!) projects and challenges as well as time for free play. Builderz Clubs are built around themes kids love! 1) Exploring the Everglades! 2) Transportation Time-line! and 3) Factory Fun! Each builder receives a custom mini-figure at the end of each session. All materials provided. Led by BFK instructors. **CONTRACTOR**



### WILKES BUILDERZ

170241-01	T	2:20-3:30p	1/14-2/25*	\$90
02	T	2:20-3:30p	3/3-4/14*	\$90
03	T	2:20-3:30p	4/21-5/26	\$90

### ORDWAY BUILDERZ

170243-01	W	2:20-3:30p	1/15-2/26*	\$75
02	W	2:20-3:30p	3/4-4/15*	\$90
03	W	2:20-3:30p	4/22-5/27	\$90

### BLAKELY BUILDERZ

170242-01	Th	2:20-3:30p	1/16-2/27*	\$75
02	Th	2:20-3:30p	3/5-4/16*	\$75
03	Th	2:20-3:30p	4/23-5/28	\$90

\*No club 1/22, 1/23, 2/19, 2/20, 4/8 or 4/9

## ART RECESS FOR GRADES 3-4

Interested young artists can spend focused time exploring different craft materials and styles while creating wonderful pieces and projects to take home. Painting, print-making, fabric art, beads, wire, clay and more. Varies each session. materials provided. Time for game breaks too!

### ORDWAY/ODYSSEY

170299-01	Th	2:20-4:00p	1/30-2/27*	\$80
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### WILKES

170299-02	Th	2:20-4:00p	3/5-3/26	\$80
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### BLAKELY

170299-03	W	2:20-4:00p	4/1-4/29*	\$80
04	W	2:20-4:00p	5/6-5/27	\$80

\*No class 2/20, 4/8

## THEATRE AT WOODWARD FOR GRADES 4-7



Come explore theatre through choreography, scene work, costuming, and sets. Students will learn a variety of skills to apply to many theatrical genres. In-class production will be shared at the conclusion of the 18-session course. Karen Harp-Reed has 40 years of experience performing and instructing students of all ages. Private and home school students welcome. WW **CONTRACTOR**

### WINTER PLAY "ROBIN HOOD: NAUGHT IN NOTTINGHAM"

#### BY JACOB DORN AND PATRICK RAINVILLE DORN

The vain and pompous Prince John squeezes the purses of the simple folk of Nottingham by raising taxes and ordering the Sheriff to set up a speed trap. Luckily, Robin turns the tables on the benighted Sheriff with the help of HER band of outlaws, The Merry Persons!

170290-01	TTh	3:20-4:50p	1/16-3/5*	\$195**
		3:20-5:20p	3/10-3/26	

\*No class 1/23, 2/18 or 2/20

\*\*+\$10.50 script and royalty fee to be paid to the instructor at first class.

### SPRING MUSICAL "ALICE IN WONDERLAND"

#### BY LEWIS CARROLL, ADAPTED BY KAREN HARP-REED

Come join the fun in this delightful rendition of Alice in Wonderland with the comical cast of characters from the White Rabbit to Mock Turtles and dancing lobsters. Of course, there is our adventurer, Alice, dealing with the Queen of Hearts!

170290-02	TTh	3:20-4:50p	4/21-5/7	\$195**
		3:20-5:20p	5/12-6/11	

\*\*+\$1.00 script copy fee to be paid to the instructor at first class.



# AFTER SCHOOL & NO-SCHOOL FUN



## AFTER SCHOOL OTHER PLACES



### ARCHERY

Ages 8-12. All equipment is provided. Mike Hansen is a certified level 4 NTS Coach with USA Archery and Coach Roy is level 2 NTS certified. We will also have a couple of kids from our JOAD team helping with the instruction. Our first class will be as a group and will cover the basics including safety. After the first class, roughly half the class will be working on specific archery skills and the other half will be playing archery games in which they can apply the skills they have learned. We emphasize safety, skills and fun. Archery Range at Bainbridge Island Sportsmen's Club. **CONTRACTOR**

### SPORTSMEN'S CLUB — TUESDAY

110260-01	T	3:30-4:30p	1/21-2/11	\$125
02	T	3:30-4:30p	2/25-3/17	\$125
03	T	3:30-4:30p	3/24-4/21*	\$125
04	T	3:30-4:30p	4/28-5/19	\$125

\*No class 4/7



### SEWING CIRCLES FOR GRADES 3-8

Beginning and experienced sewers will have fun learning about machine and hand sewing through practice, creative projects, pattern creation, and items to keep or share! Includes simple machines and all tools. Different projects each session. AQ, Nakata Rm A

### AFTER-SCHOOL SEWING

170220-03	T	2:30-4:30p	2/25-3/31	\$90
05	T	3:30-4:30p	4/14-5/19	\$90

### ESPORTS RDY GAME DAYS FOR GRADES 5-8

Are you eSports Ready? Stay ahead of the meta and join the fun for some focused online gaming (with prizes!) under the tutelage of Eryn Cohen, the Park District eSport coach and nationally ranked player. The fun will start with some caster practice of tournament play, then the screens will be open for your play. Use our gaming computers or bring your own device. Seats are limited. AQ Nakata A

### CONFERENCE DAZE

School is closed for students, but you can still come hang out with your gamer friends.

172663-01	F	9:30a-2:00p	1/24	\$50
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### JUNE LAST BLAST

It's the final Friday of the school year so play late!

172663-02	F	3:30-8:00p	6/12	\$50
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### ESPORTS RDY CLUB FOR GRADES 5-8

Get eSports Ready! A club for Nerds and Aspiring Gamers. While some believe video gaming is child's play, mastering an eSport requires focus, strategy, teamwork, and most importantly of all, a deep understanding of the balance within each game. In these guided (face-to-face) practice sessions, participants will be able to compete in multiplayer competitive online games as part of a team under the tutelage of Eryn Cohen, nationally ranked League of Legend player. This program will enhance their threshold before tilting, ability to perform under pressure, coordination, memory, problem-solving, and social skills. Participants may bring their own computer or use one of the custom gaming computers supplied by the Park District. eSports can be a pathway to fun, friendship, and even college. With more than 80 universities currently handing out scholarships to players, this is worth some practice time. AQ Nakata A

### WINTER SESSION

Hone your strat at whatever competitive online game you play! 8 weeks.

172664-01	F	3:30-5:00p	1/31-3/27*	\$160
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\*No club 2/21

### SPRING SESSION

Hone your strat at whatever competitive online game you play! 8 weeks.

172664-02	F	3:30-5:00p	4/17-6/5	\$160
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## CHECK OUT THE AFTERNOON YOUTH POTTERY CHOICES ON PAGE 28

## YOUTH MOUNTAIN BIKING ON PAGES 44-46

## YOUTH KAYAKING ON PAGES 76-79



# YOUTH

## WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

## PRE-SCHOOL



## SOUND BEGINNINGS MUSIC CLASS

Ages 0-5 with a parent. Parents and kids learn to play and interact in a nurturing, loving way through folk songs, finger plays, storybooks, and circle games. Join Gina Weibel, M.S. for seven fun classes of parent/child exploration of rhythm, ear-training, singing, and academic skills all nestled safely in beautiful music. Now that's a sound beginning for your child! Winter sessions will explore the theme of "Silver Buttons," while spring classes will enjoy the "Spring Flowers" theme. Sessions are ongoing. AQ, Nakata Rm B **CONTRACTOR**

### WITH ONE CHILD

171800-01 <sup>A</sup>	Th	10:30-11:00a	1/9-2/27*	\$100**
03	Th	10:30-11:00a	3/5-4/23*	\$100**
08	Th	10:30-11:00a	4/30-6/11	\$100**

### FAMILY

171800-02 <sup>A</sup>	Th	10:30-11:00a	1/9-2/27*	\$130**
04	Th	10:30-11:00a	3/5-4/23*	\$130**
09	Th	10:30-11:00a	4/30-6/11	\$130**

\*No class 2/20, 4/9

\*\*+one-time \$30 materials fee which includes book, CD, instrument

<sup>A</sup>This section open for early registration due to class start date.

## LITTLE BUILDERS **NEW!**

Ages 2.5-5. Your little one will have lots of fun and get some exercise building and taking apart their own creations using Legos, building blocks, Lincoln logs, paper cups and more. They'll also get a chance to work on taking turns and sharing with other little engineers in the class. SHMG

110004-01	W	10:30-11:10a	1/15-2/12	\$55
02	W	10:30-11:10a	2/26-3/25	\$55
03	W	10:30-11:10a	4/8-5/6	\$55

## SPORTS SKILLS **NEW!**

Ages 3-5. Our coach will run drills and simulated games for various popular sports including soccer, baseball, basketball, football, hockey and pickleball with an emphasis on teamwork and being a good sport. SHMG

110002-01	M	12:20-1:00p	1/27-3/2*	\$55
02	M	12:20-1:00p	3/9-4/13*	\$55
03	M	12:20-1:00p	4/20-5/18	\$55

\*No class 2/17, 4/6



## NATURE DETECTIVES **NEW!**

Ages 3-5. Come join us and explore the bountiful nature in our parks and along our park trails. Each week we'll meet at a different park to spot and track wildlife and plants. We'll go on a scavenger hunt or two, make nature crafts, build some messy mud pies, stick forts and more. Locations TBD

110003-01	F	1:30-2:15p	1/10-2/14	\$66
02	F	1:30-2:15p	2/28-3/27	\$55
03	F	1:30-2:15p	4/10-5/8	\$55
04	F	1:30-2:15p	5/15-6/12	\$55



## PROGRAMS FOR TEENS AGES 13-17

# YOUTH



## GLASS ART

### PARENT CHILD FUSED GLASS FUN



Ages 8 and up. Come learn about FUSED glass together! Parents/grandparents and children will work on projects together in each class. All tool use, project supplies and firings are included. Instructor Julie Hews-Everett has been involved with art glass (and kids!) for over 40 years. Classes are held at her studio, Island Spectrum Design Studio in Fletcher Bay. Please call 206-780-0837 for directions or questions.

### BE MY VALENTINE

Have fun making fused hearts for yourself or someone special. You will create two glass hearts. Depending on the sizes, you can make a necklace, magnet or sun catcher. ISD **CONTRACTOR**

120415-01	M	2:30-4:30p	1/27	\$80
02	Sa	10:00a-12:00p	1/25	\$80

### NAME GAME

Have fun making fused glass tiles for yourself or someone special. You will create a glass nameplate or set of numbers perfect for a home, bedroom, or gift. ISD **CONTRACTOR**

120416-01	M	2:30-4:30p	3/16	\$80
02	Sa	10:00a-12:00p	3/14	\$80

### CHICKEN OR EGG?

Which came first? In this fun spring workshop, you will work together to create several colorful chicken and egg-themed glass pieces to become refrigerator magnets to brighten your kitchen - or coop! ISD **CONTRACTOR**

120417-01	M	2:30-4:30p	5/11	\$80
02	Sa	10:00a-12:00p	5/9	\$80

## POTTERY

**DID YOU KNOW? TEENS AGE 16+ MAY REGISTER FOR ANY ADULT POTTERY CLASS OR WORKSHOP.**

### POTTERY: HAND-BUILDING & WHEEL

Ages 7-11. Taught by Jeff Wofford (winter) and Elena Wendelyn (spring). A mix of instruction, tools and techniques for coil, slab, sculpture and wheel-throwing, along with the child's imagination and creativity will result in fun and finished pieces. 6 wks. ED

122007-01	Th	4:00-5:30p	1/16-2/27*	\$125
02	Th	4:00-5:30p	4/16-5/28	\$125

\*No class 2/20



### POTTERY: WHEEL-THROWN



Ages 9-13. Taught by Elena Wendelyn. This class focuses on the techniques of throwing as well as the development of form by combining thrown pieces with hand-built parts. A variety of glazing techniques are used including decorative brush work. 6 wks. ED

122008-01	T	4:00-5:30p	4/14-5/26	\$125
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### PARENT-CHILD FRIDAY CLAY PLAY

Ages 5+ and a parent. Fun, creative two-afternoon workshops resulting in beautiful keepsakes and whimsical pieces. Simple guided projects and free play with clay will make giggles and memories! No previous clay experience needed! Led by **instructor/artist (and Blakely art teacher) Katie Bonanno** Materials included. Space is limited. ED

### KEEPSAKE BOXES! NEW

Work together to make some functional art! Create a useful and decorative box for trinkets, tea bags, beach treasures, or...?

122006-03	F	3:30-5:00p	1/17, 1/31	\$40
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### TILE FUN! NEW

Work together to make custom tiles! Small signs with a favorite saying? A child's name perhaps? Decoration for the chicken coop?

122006-07	F	3:30-5:00p	2/7, 2/28	\$40
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### FAIRY HOUSES!

Try your hand at making a wee house for fairies to brighten your garden or shelf!

122006-04	F	3:30-5:00p	3/6, 3/20	\$40
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### SILLY PLANTERS! NEW

Try your hand at making a whimsical planter! Make a container for plants as hair or fur!

122006-05	F	3:30-5:00p	4/17, 5/1	\$40
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# YOUTH

## WRITING



### CREATIVE WRITING WORKSHOP

Ages 8-12. Join us to get fired up about your writing! We'll build writing skills with characters, setting, and plot while you write your very own stories and poems. Writers may also share their stories in the Author Circle. Instructor **Margaret Nevinski** nurtures young writers to get words on the page. She also meets with each writer individually. Bring your imagination! SHC  
170101-04 W 4:00-6:00p 5/6-5/27 \$65

### CURSIVE PLUS **NEW!** ★

Ages 8 and up. For those who just want to learn as well as those who want to brush up or develop their own style. Learn and practice cursive writing with an artistic foundation of circles and loops and lines! Stick with the basics or learn how to develop your own font. Letters can be fun and **art teacher/instructor Beth Balas** will show you how. Adults welcome. All materials provided. SHC

#### CURSIVE BASICS

170110-01	Th	3:30-5:00p	3/12-4/2	\$65
02	Th	6:00-7:30p	3/12-4/2	\$65

#### FUN WITH FONTS

170110-03	Th	6:00-7:30p	4/30-5/21	\$65
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## COOKING

### COOKIE DECORATING: EDIBLE VALENTINES! ★

Ages 8-14. Serious valentine-creators can spend an afternoon learning cookie art and decorating some amazing heart-themed cookies! Whether beautifully detailed lace or funky emojis are your style, there will be delicious fun enough to share in the Strawberry Hill cookie kitchen. Kristin Raught. SHC  
170967-01 Sa 1:00-4:00p 2/8 \$50



### COOKIE DECORATING: SPRING FLING! ★

Ages 8-14. Serious budding pastry chefs can spend an afternoon learning cookie and cupcake decorating with a seasonal twist! Whether colorful flowers or fuzzy bunnies are your style, there will be delicious fun and skill-building for everyone in the Strawberry Hill cookie kitchen. Kristin Raught. SHC  
170967-02 Sa 1:00-4:00p 4/4 \$50

### KIDS CAN COOK: HEALTHY BAKING!

Ages 5-10. For kids who like to help in the kitchen! Do your kids love to bake, but you worry about too much sugar or other unhealthy ingredients? Fruit has plenty of natural sugar, so we will let nature take its course and create yummy cobblers and healthier muffins with just a smidge of added sugar. We will make (super-tasty and healthy) gluten-free options as well, to see if we can tell the difference! Recipes will be provided so kids can continue the baking at home. Join instructor and Nutritionist Cait James and have some fun in the kitchen. SHC

#### FRUIT COBBLERS

170966-03	Sa	9:30-11:30a	1/25	\$45
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#### MUFFINS

170966-04	Sa	9:30-11:30a	3/21	\$45
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Do you have a young climate activist at home? Empower a young person in your life to advocate for environmentally responsible living by enrolling them in one — or all! — of the "Go Green" Saturday class series.

### ★ GREEN LIVING SERIES NEW!



#### GO GREEN!

Ages 8 and up. Make a family lifestyle shift. Living more sustainably starts with the green principles of re-using, re-purposing, and reducing waste and chemicals. Invest in a fun day of doing and leave with what you'll need to continue making the shift. You'll learn to make a number of items and changes for use in your own life. Includes all materials and supplies.

#### SEWING GREEN

Learn to make a re-useable shopping bag from a favorite tee shirt, a set of cloth napkins, a colorful party pennant for family celebrations, and a variety of beeswax food covers. No previous sewing experience needed. SHC

##### INDIVIDUAL

170225-01	Sa	10:00a-2:00p	1/18	\$50
03	Sa	10:00a-2:00p	4/18	\$50

##### FAMILY

170225-02	Sa	10:00a-2:00p	1/18	\$75
04	Sa	10:00a-2:00p	4/18	\$75



# YOUTH



## CLEANING GREEN

Start with some jars and basic ingredients and mix up a batch of healthier cleaning compounds for your home and body. You'll leave with an armful of environmentally responsible alternatives to plastic containers of cleansers. Side-by-side demonstrations included. SHC

### INDIVIDUAL

170225-05 Sa 10:00a-2:00p 2/22 \$50

### FAMILY

170225-06 Sa 10:00a-2:00p 2/22 \$75

## GROWING GREEN

Indoor plants and outdoor gardens can be a source of clean air, exercise, and good food. Create a home for helpful insects, learn about the best indoor plants for air quality, mix up some "garden tea," make a simple kitchen compost system, and plant some starts for this year's veggie garden. CYC

### INDIVIDUAL

170225-07 Sa 10:00a-2:00p 5/2 \$50

### FAMILY

170225-08 Sa 10:00a-2:00p 5/2 \$75

## GYMNASTICS

The developmental gymnastics program helps to introduce and refine total body awareness, strength and coordination. A child may enter the program at age 6 months and work through the progressive classes, including a competitive team until age 19. Because gymnastics classes are offered all year, we have the opportunity to instill in children the need for physical activity as a lifestyle. It also allows us to equip the children with basic fundamental movement skills conducive to each developmental stage.

### WINTER

**SESSION I: January 13 - February 15 (5-week session)**

**SESSION II: February 24 - March 14 (3-week session)**

**\*NO CLASSES HELD: January 18-20**

### SPRING

**SESSION I: March 16 - April 4 (3-week session)**

**SESSION II: April 13 - May 16 (5-week session)**

**SESSION III: May 18 - June 13 (4-week session)**

**\*NO CLASSES HELD: May 23-25**

**ALL CLASSES ARE ELIGIBLE FOR HELPLINE UNLESS IT IS NOTED AT THE END OF THE CLASS DESCRIPTION.**



## SUMMER CAMP SAVE THE DATES

### GYMNASTICS KINDERGYM (AGES 4-6)

July 13-16, August 3-6

### GYMNASTICS PRESCHOOL (AGES 3-4)

June 29-July 1, July 27-29

### GYMNASTICS: SCHOOL AGE (AGES 6-14)

July 6-9, August 10-13

### PARKOUR/NINJA WARRIOR (AGES 6-17)

June 22-25, July 20-23, August 17-20

### TUMBLING (AGES 6-17)

June 29-July 1

## DIRECTIONS TO THE TRANSMITTER BUILDING

From Winslow, drive north on SR-305. Turn left on Day Road and stay left onto Miller Road. Follow Miller Road for about 1½ miles then turn right on Arrow Point Drive. Continue on Arrow Point Drive until the entrance to Battle Point Park. Turn left into the park; the Transmitter Building will be located directly ahead. Parking will be around the loop next to KidsUp! Playground.

## WARM-UPS

Warm-ups and basic skill repetitions are held during the first 10 to 15 minutes of class. These are important for assurance of muscle safety and memory retention. To reduce risk of injury, it is essential that children participate in these warm-up exercises. Please be fair to the other children, your child, and the instructor by arriving on time. **Late Policy:** If you find that you are going to be more than 10 minutes late for recreational classes, we ask that your child not participate that day. Please do not place our instructor in the situation of turning away your child for this reason. **What to wear:** Girls; leotard or one-piece bathing suit with or without shorts, hair up and jewelry off. Boys; shorts or sweats with shirt, jewelry off. Please no buttons or zippers.



# YOUTH

## LOCATION OF BHS GYMNASTICS ROOM

The Gymnastics Room is located directly across the parking lot from the Aquatic Center back doors or in back of the high school.

**PARKING for Gymnastics Room:** Please use the Aquatic Center parking area during day hours 9:00a-3:00p and walk to the gym using the sidewalk west of the Aquatic Center parking lot. Evening classes may use the parking area outside the Gymnastics Room. Parking is also available by the Commodore facility located on High School Road down the hill from the high school reader board. Spectator seating area is on the balcony located at the back of the gym. Please use the south entrance to the gym when at all possible to help control the traffic flow in the gym. Be aware of the parking lot in the evenings; there are many cars that drop off children to the Gymnastics Room or school events. These drive-through areas are congested, and drivers need to be more aware of other vehicles and especially pedestrians.



## BIRTHDAY PARTY

Rent the BHS Gymnastics Room or the Transmitter Building for your child's birthday party. Fun for everyone! Call the gymnastics department to reserve your party today at 206-842-2306 x117. Cancellation policy: Full refund 7 days prior to party less a \$10 service fee. No refund, no exceptions, after the deadline described above.

**\$163.50 includes tax for 10 kids or fewer**

Includes 60 minutes of gym time and 30 minutes of celebration time in lobby

**\$250.70 includes tax for 11-20 kids**

Includes 60 minutes of gym time and 30 minutes of celebration time in lobby



## OPEN PLAY TIME AT THE TRANSMITTER BUILDING

Ages 6 months to 5 years.  
Come join other kids in a fun and open atmosphere.

### COST

\$8 drop-in fee  
\$32.00 5-visit punch card  
\$64.00 10-visit punch card

### WINTER QUARTER HOURS

Mornings M-Th & Sa  
9:00a-12:00p; 1/2-4/4\*  
\*No open play 1/18, 1/20, 2/15, 2/17

### SPRING QUARTER HOURS

Mornings M-Th & Sa 9:00a-12:00p; 4/1-6/15\*  
\*No open play 5/24, 5/26

Please comply with all the rules posted. This will keep the play area safe for all participants.

When you arrive, please check in with the gym supervisor  
Keep within arm's reach of your child at all times  
There is a limit of two children per adult  
No adults allowed on equipment

All other rules are posted on a handout given to you and in the gym.



## EXTRA GYMNASTICS WORKOUT (OPEN GYM)

Ages 6-99. Here's a chance to improve your skills. The extra time in the gym will allow you an opportunity to practice skills on your own in an open format setting. A gym supervisor will be present to help with spotting if requested and to provide general supervision. Available to students who are currently or have been involved in Park District gymnastics classes. Beginner 1 through team level. BHS Gymnastics Room.

**COST:** \$6.00 (includes tax) drop-in fee  
\$25.00 (includes tax) for 5-visit punch card

### WINTER QUARTER HOURS

F	7:30-9:30p	2/28-3/20*
Su	4:00-6:00p	1/26-3/22*

\*No open gym 2/15, 2/17, 3/15, 3/17

### SPRING QUARTER HOURS

F	7:30-9:30p	4/17-6/5*
Su	4:00-6:00p	4/19-6/7*

\*No open gym 5/24, 5/26

# YOUTH



## PLEASE COMPLY WITH ALL THE RULES POSTED.

When you arrive, please check in with the gym supervisor  
All other rules are posted on a handout given to you and in the gym.

## INDIVIDUALIZED INSTRUCTION

Special one-on-one instruction. Call the gymnastics department to request your lesson day/time and instructor at 206-842-2306 x117. Instructors will then call to give details and to arrange times.

**COST:** \$50/45 minutes for individual.

\$75/60 minutes for individual.

Add \$5 for extra child from immediate family (one only).

## YOU CONSTRUCT

### CREATE YOUR OWN CLASS

Set up your own class. Special instruction just for a group you put together. The class must consist of 5 or more enrolled participants. Minimum of 3 classes per group. Call the gymnastics department to request your lessons at 206-842-2306 x126.

**COST:** \$11/child/class, for a 30-minute class

\$14/child/class, for a 45-minute class

\$17/child/class, for a 60-minute class

### FIELD TRIP TO THE GYM

Calling all scouts, schools, daycares. Set up your own drop-in time at either of our gyms. Some instruction, games and open gym time just your group. Call the gymnastics department to request your day and time at 206-842-2306 x126.

**COST:** \$100 for group of 10 for one hour

\$150 for group of 11-19 for one hour

\$200 for group of 20-30 for one hour

### SPECIALIZED CLINIC

Set up your own group for a clinic on any skill or skills in gymnastics, parkour, stunt, ninja or tumble tramp. Special instruction just for a group. You tell us what you need for instruction and we will provide the staff. Call the gymnastics department to request your lessons at 206-842-2306 x126.

**COST:** \$100 for group of 10 for 1 hour

\$150 for group of 10 for 1½ hours

\$200 for group of 10 for 2 hours



## SPRING BREAK CLINICS

### CHEER STUNTING & TUMBLING CLINIC

Ages 6-18. This clinic is for those participating in cheer programs, and even those who are planning to. Participants will be taught stunting and tumbling skills based on their skill set (beginning-advanced). BHS Gymnastics Room

141519-01 T 2:00-4:00p 4/7 \$44

### PARKOUR CLINIC

Ages 6-17. Students will be introduced to a wide variety of skills in a safe environment. This will be a great opportunity for first-time participants as well as for those with more experience to continue to improve their parkour skills. BHS Gymnastics Room

141582-01 W 2:00-4:00p 4/8 \$44

### NINJA WARRIOR CLINIC

Ages 6-17. This clinic is for anyone interested in doing things like a Ninja Warrior. Students will be taught a variety of skills ranging from strength, speed, balance and timing. Students will also be put through obstacle courses with a variety of different levels. BHS Gymnastics Room

141596-01 Th 2:00-4:00p 4/9 \$44

## EXCITING NEW CLASSES FOR ADULTS

**Late Policy:** If you find that you are going to be more than 10 minutes late for a class, we ask that you not participate that day. Warm-ups and basic skill repetitions are held during the first 10 to 15 minutes of class. These are important for assurance of muscle safety and memory retention. To reduce risk of injury, it is essential that you participate in these warm-up exercises. Please be fair to the other participants, yourself, and the instructor by arriving on time.

### RELEASE YOUR INNER CHILD

Ages 17 and up. Train like a child and get back the energy and strength you once had but didn't even notice at the time. **More info on page 72.**

### UP, AROUND AND OVER **NEW!**

Ages 50 and up. Improve your ability to navigate the world with more strength, balance and confidence! This parkour class has been specially designed for the 50+ crowd. A practical course for folks wanting to stay fit and able to respond to life's many surprise situations. Get stronger, smarter and have fun while you are at it! **Find out more on page 72.**

### BODYWEIGHT FITNESS **NEW!**

Ages 18 and up. This fun class uses gymnastics conditioning, stretching, proprioception, functional movements and a vast array of bodyweight exercises. **See more on page 72.**



# YOUTH



## FAMILY FIT ★

Ages 4 and up. This is an excellent class for families to have fun and be fit together. **More info on page 72.**

## ADULT DROP-IN WORKOUT NEW!

Ages 18 and up. This is an opportunity to start your weekend off with a great morning workout. Drop in and join others who want to get, or stay, in shape by doing some fun workouts. Workouts are based off gymnastics, parkour, obstacle courses and bodyweight exercises. Go at your own pace. **See more on page 72.**

## SPECIALITY CLASSES

**Late Policy:** If you find that you are going to be more than 10 minutes late for a class, we ask that your child(ren) not participate that day. Warm-ups and basic skill repetitions are held during the first 10 to 15 minutes of class. These are important for assurance of muscle safety and memory retention. To reduce risk of injury, it is essential that your child(ren) participate in these warm-up exercises. Please be fair to the other participants, your child(ren), and the instructor by arriving on time.

## CHEER & GYMNASTICS ★

Ages 12-17. Students will learn gymnastics skills on floor and trampoline to help enhance their cheer tumbling. Example skills are aerials, back and front handsprings and round-offs, plus stunting. BHS Gymnastics Room

141562-01	W	5:30-6:30p	1/15-2/12	\$81
02	W	5:30-6:30p	2/26-3/11	\$49
03	W	5:30-6:30p	3/18-4/1	\$49
04	W	5:30-6:30p	4/15-5/13	\$81
05	W	5:30-6:30p	5/20-6/10	\$65



## PARKOUR AGES 6-17 ★

Ages 6-17. For female and male students who want to learn to run, leap, jump or flip off walls safely prior to doing it in an outside setting. BHS Gymnastics Room

141557-01	M	6:30-7:30p	1/13-2/10*	\$65
02	M	6:30-7:30p	2/24-3/9	\$49
03	M	6:30-7:30p	3/16-3/30	\$49
04	M	6:30-7:30p	4/13-5/11	\$81
05	M	6:30-7:30p	5/18-6/8	\$49

\*No class 1/20, 5/25

## NINJA WARRIOR AGES 6-17 ★

Ages 6-17. This is a class for anyone interested in doing things like a Ninja Warrior. Students will be taught a variety of skills ranging from strength, speed, balance and timing. These skills will help them to get through obstacle courses set up by the instructor. Each week will be a different course, with a different focus on each course. This class is for those looking to get in great shape and have fun doing it. Students will be challenged to push themselves to train like Ninja Warrior competitors. BHS Gymnastics Room

141551-01	W	6:30-7:30p	1/15-2/12	\$81
02	W	6:30-7:30p	2/26-3/11	\$49
03	W	6:30-7:30p	3/18-4/1	\$49
04	W	6:30-7:30p	4/15-5/13	\$81
05	W	6:30-7:30p	5/20-6/10	\$65



## TRAMP AND TUMBLE CLASS ★

Ages 6-17. For female or male students. Class will focus on floor and trampoline tumbling skills which include cartwheels, round-offs, front and back handsprings and flips. BHS Gymnastics Room

141556-01	T	5:30-6:30p	1/14-2/11	\$81
02	T	5:30-6:30p	2/25-3/10	\$49
03	T	5:30-6:30p	3/17-3/31	\$49
04	T	5:30-6:30p	4/14-5/12	\$81
05	T	5:30-6:30p	5/19-6/9	\$65

## FLIPPING CLASS ★

Ages 6-17. For girls or boys who only want to learn some flips. Class concentrates on basic moves and drills to lead up to the cooler skills. Students will be working on front, back and side flips on the mats, floor and trampoline. BHS Gymnastics Room.

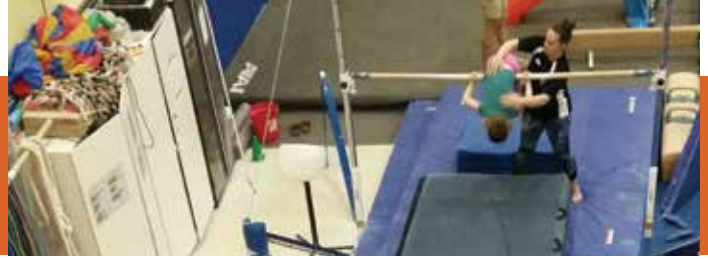
141583-01	Th	5:30-6:30p	1/16-2/13	\$81
02	Th	5:30-6:30p	2/27-3/12	\$49
03	Th	5:30-6:30p	3/19-4/2	\$49
04	Th	5:30-6:30p	4/16-5/14	\$81
05	Th	5:30-6:30p	5/21-6/11	\$65

## HANDSPRING CLASS ★

Ages 6-17. For female or male students who have completed and passed the beginner tumble and tramp class. Class will focus on learning more advanced skills on floor, trampoline tumbling and mini-tramp skills. Transmitter Building

141577-01	T	6:30-7:30p	1/14-2/11	\$81
02	T	6:30-7:30p	2/25-3/10	\$49
03	T	6:30-7:30p	3/17-3/31	\$49
04	T	6:30-7:30p	4/14-5/12	\$81
05	T	5:30-6:30p	5/19-6/9	\$65

# YOUTH



## GYM BABIES THROUGH PRESCHOOL (WALKING-4 YEARS)

**PLEASE READ DESCRIPTIONS CAREFULLY TO PLACE YOUR CHILD IN THE APPROPRIATE CLASS!**

**FOR SAFETY PURPOSES, SIBLINGS MAY NOT PARTICIPATE IN ANY OF THESE CLASSES UNLESS THEY ARE REGISTERED IN THE CLASS.**

### GET THE WIGGLES OUT!

Walking-4 years. A parent and child class. This organized movement class will include simple across-the-floor sequences, freestyle dance, basic gymnastics skills, and games to encourage coordination, increase proprioception, and most of all, get some of those wiggles out! Parent may have two kids participating. Fee listed below is for one participant. Transmitter Building

141508-01	T	12:15-1:00p	1/14-2/11	\$73
02	T	12:15-1:00p	2/25-3/10	\$44
03	T	12:15-1:00p	3/17-3/31	\$44
04	T	12:15-1:00p	4/14-5/12	\$73
05	T	12:15-1:00p	5/19-6/9	\$59

### GYM BABIES

Crawling-24 months. Parents participate with the child on a one-to-one basis. Children will be exposed to gymnastics with parent support and movement in a structured and open gym format. This is a great opportunity to spend some quality time with your child and to meet other parents. Transmitter Building

141501-01	F	9:30-10:00a	1/17-2/14	\$57
02	F	9:30-10:00a	2/28-3/13	\$34
03	F	9:30-10:00a	3/20-4/3	\$34
04	F	9:30-10:00a	4/17-5/15	\$57
05	F	9:30-10:00a	5/22-6/12	\$46

### PARENT TOT STRUCTURED GYM

Ages 24-36 months. Parents participate with their child on a one-to-one basis in a fully structured, instructor-led class. There will be exciting warm-ups, games, music and obstacle courses filled with gymnastics to strengthen and build motor skill confidence. BHS Gymnastics Room, \*\*Classes held at the Transmitter Building

141503-01	F**	10:10-10:50a	1/17-2/14	\$73
02	Sa	9:10-9:50a	1/25-2/15	\$59
03	F**	10:10-10:50a	2/28-3/13	\$44
04	Sa	9:10-9:50a	2/29-3/14	\$44
05	F**	10:10-10:50a	3/20-4/3	\$44
06	Sa	9:10-9:50a	3/21-4/4	\$44
07	F**	10:10-10:50a	4/17-5/15	\$73
08	Sa	9:10-9:50a	4/18-5/16	\$73
09	F	10:10-10:50a	5/22-6/12	\$59
10	Sa	9:10-9:50a	5/30-6/13	\$44



### PRESCHOOL COME PLAY WITH PARENTS

Ages 3-4. Parents fully participate with their child in this instructor-led structured gymnastics class. Your child will be introduced to gymnastics skills via obstacle courses, games and music. This class is designed to foster motor skill development as well as listening and following directions. BHS Gymnastics Room, \*\*Classes held at the Transmitter Building

141504-01	F**	11:00-11:45a	1/17-2/14	\$73
02	Sa	10:00-10:45a	1/25-2/15	\$59
03	F**	11:00-11:45a	2/28-3/13	\$44
04	Sa	10:00-10:45a	2/29-3/14	\$44
05	F**	11:00-11:45a	3/20-4/3	\$44
06	Sa	10:00-10:45a	3/21-4/4	\$44
07	F**	11:00-11:45a	4/17-5/15	\$73
08	Sa	10:00-10:45a	4/18-5/16	\$73
09	F**	11:00-11:45a	5/22-6/12	\$59
10	Sa	9:10-9:50a	5/30-6/13	\$44

### PRESCHOOL GYM

Ages 3-4. This class is designed for children who have successfully participated in a Preschool Come Play for one full session. This is an instructor-led class without parent participation. This is a great stepping-stone into our Kindergym program for those 3 and 4 years old who are able to listen to and execute multiple instructions and remain confident when left with an instructor. Your child will be led through gymnastics-based obstacle courses assisted by games and music. Parents may be asked to remain in the parent viewing area in the lobby during the class. Transmitter Building

141505-01	F	12:00-12:45p	1/17-2/14	\$73
02	F	12:00-12:45p	2/28-3/13	\$44
03	F	12:00-12:45p	3/20-4/3	\$44
04	F	12:00-12:45p	4/17-5/15	\$73
05	F	12:00-12:45p	5/22-6/12	\$59



# YOUTH

## KINDER-AGE (4-6 YEARS)

**Late Policy:** If you find that you are going to be more than 10 minutes late for a class, we ask that your child(ren) not participate that day. Warm-ups and basic skill repetitions are held during the first 10 to 15 minutes of class. These are important for assurance of muscle safety and memory retention. To reduce risk of injury, it is essential that your child(ren) participate in these warm-up exercises. Please be fair to the other participants, your child(ren), and the instructor by arriving on time.

### FUN SIZE NINJAS NEW!

Ages 4-6. This is a class for children interested in doing things like a Ninja Warrior. Students will be led through a variety of skills which will help them to get through obstacle courses set up by the instructor. Each week will be a different course, with a different focus on each course. This class is for children to explore different ways to climb, jump, crawl, swing, balance... whatever it takes to get over, under and around obstacles while having fun. BHS Gymnastics Room



141534-01	W	4:30-5:15p	2/26-3/11	\$44
02	W	4:30-5:15p	3/18-4/1	\$44
03	W	4:30-5:15p	4/15-5/13	\$73
04	W	4:30-5:15p	5/20-6/10	\$59



### BEGINNER KINDERGYM

Ages 4-6. Intro to Kindergym for both boys and girls. Skills taught include basic tumbling, uneven bar skills, balance beam and vaulting techniques. BHS Gymnastics Room; \*\*Classes held at the Transmitter Building

141506-01	M**	4:00-4:45p	1/13-2/10	*\$59
02	T**	4:00-4:45p	1/14-2/11	\$73
03	F**	1:00-1:45p	1/17-2/14	\$73
04	Sa	11:00-11:45a	1/25-2/15	\$59

\*No class 1/20

05	M**	4:00-4:45p	2/24-3/9	\$44
06	T**	4:00-4:45p	2/25-3/10	\$44
07	F**	1:00-1:45p	2/28-3/13	\$44
08	Sa	11:00-11:45a	2/29-3/14	\$44
09	M**	4:00-4:45p	3/16-3/30	\$44
10	T**	4:00-4:45p	3/17-3/31	\$44
11	F**	1:00-1:45p	3/20-4/3	\$44
12	Sa	11:00-11:45a	3/21-4/4	\$44
13	M**	4:00-4:45p	4/13-5/11	\$73
14	T**	4:00-4:45p	4/14-5/12	\$73
15	F**	1:00-1:45p	4/17-5/15	\$73
16	Sa	11:00-11:45a	4/18-5/16	\$73
17	M**	4:00-4:45p	5/18-6/8*	\$44
18	T**	4:00-4:45p	5/19-6/9	\$59
19	F**	1:00-1:45p	5/22-6/12	\$59
20	Sa	11:00-11:45a	5/30-6/13	\$44

\*No class 5/25

### INTERMEDIATE KINDERGYM

Ages 4-6. For Kindergym students who have completed Beginner Kindergym or been placed by an instructor. BHS Gymnastics Room; \*\*Classes held at the Transmitter Building

141507-01	M**	4:00-4:45p	1/13-2/10*	\$59
02	Th**	4:00-4:45p	1/16-2/13	\$73
03	F**	1:00-1:45p	1/17-2/14	\$73
04	Sa	11:00-11:45a	1/25-2/15	\$59

\*No class 1/20

05	M**	4:00-4:45p	2/24-3/9	\$44
06	Th**	4:00-4:45p	2/27-3/12	\$44
07	F**	1:00-1:45p	2/28-3/13	\$44
08	Sa	11:00-11:45a	2/29-3/14	\$44
09	M**	4:00-4:45p	3/16-3/30	\$44
10	Th**	4:00-4:45p	3/19-4/2	\$44
11	F**	1:00-1:45p	3/20-4/3	\$44
12	Sa	11:00-11:45a	3/21-4/4	\$44
13	M**	4:00-4:45p	4/13-5/11	\$73
14	Th**	4:00-4:45p	4/16-5/14	\$73
15	F**	1:00-1:45p	4/17-5/15	\$73
16	Sa	11:00-11:45a	4/18-5/16	\$73
17	M**	4:00-4:45p	5/18-6/8*	\$44
18	Th**	4:00-4:45p	5/21-6/11	\$59
19	F**	1:00-1:45p	5/22-6/12	\$59
20	Sa	11:00-11:45a	5/30-6/13	\$44

\*No class 5/25



## PROGRAMS FOR TEENS AGES 13-17



# YOUTH



## BOYS ONLY KINDERGYM

Ages 4-6. Intro to Kindergym for boys ONLY! Those who are 4 years of age must have completed at least one preschool gym session and students must be able to take directions from teacher. Skills will be taught on all boys' equipment which includes floor, pommel horse, rings, vault, parallel bars and high bar. BHS Gymnastics Room



141512-01	M	4:30-5:15p	1/13-2/10*	\$59
02	M	4:30-5:15p	2/24-3/9	\$44
03	M	4:30-5:15p	3/16-3/30	\$44
04	M	4:30-5:15p	4/13-5/11	\$73
05	M	4:30-5:15p	5/18-6/8*	\$44

\*No class 1/20, 5/25

## KINDERGYM AND DANCE

Ages 4-6. This exciting class format is designed to engage the young child in the strong foundation of balletic movement used in gymnastics. Your child will be led through basic ballet steps, positions and alignments in a creative and playful atmosphere. This class will also follow our beginning/intermediate Kindergym curriculum. We suggest that your child be dressed in a leotard and footless tights, while tutus may be provided during the class. Transmitter Building

141509-01	W	4:00-4:45p	1/15-2/12	\$73
02	W	4:00-4:45p	2/26-3/11	\$44
03	W	4:00-4:45p	3/18-4/1	\$44
04	W	4:00-4:45p	4/15-5/13	\$73
05	W	4:00-4:45p	5/20-6/10	\$73

05	M**	5:00-6:00p	2/24-3/9	\$49
06	T**	4:00-5:00p	2/25-3/10	\$49
07	W**	5:00-6:00p	2/26-3/11	\$49
08	Sa	12:00-1:00p	2/29-3/14	\$49
09	M**	5:00-6:00p	3/16-3/30	\$49
10	T**	4:00-5:00p	3/17-3/31	\$49
11	W**	5:00-6:00p	3/18-4/1	\$49
12	Sa	12:00-1:00p	3/21-4/4	\$49
13	M**	5:00-6:00p	4/13-5/11	\$81
14	T**	4:00-5:00p	4/14-5/12	\$81
15	W**	5:00-6:00p	4/15-5/13	\$81
16	Sa	12:00-1:00p	4/18-5/16	\$81
17	M**	5:00-6:00p	5/18-6/8*	\$49
18	T**	4:00-5:00p	5/19-6/9	\$65
19	W**	5:00-6:00p	5/20-6/10	\$65
20	Sa	12:00-1:00p	5/30-6/13	\$49

\*No class 5/25



## SCHOOL AGE (6-17 YEARS)

**Late Policy:** If you find that you are going to be more than 10 minutes late for a class, we ask that your child(ren) not participate that day. Warm-ups and basic skill repetitions are held during the first 10 to 15 minutes of class. These are important for assurance of muscle safety and memory retention. To reduce risk of injury, it is essential that your child(ren) participate in these warm-up exercises. Please be fair to the other participants, your child(ren), and the instructor by arriving on time.

## BEGINNER 1 — GIRLS

Ages 6-17. For girls with little or no experience. Class concentrates on total body awareness, strength, and coordination through basic gymnastic skills in tumbling, balance beam, bars and vaulting. BHS Gymnastics Room; \*\*Classes held at the Transmitter Building

141530-01	M**	5:00-6:00p	1/13-2/10*	\$65
02	T**	4:00-5:00p	1/14-2/11	\$81
03	W**	5:00-6:00p	1/15-2/12	\$81
04	Sa	12:00-1:00p	1/25-2/15	\$65

\*No class 1/20



**CLASS SHOW FOR GIRLS & BOYS CLASSES BEGINNER 2 THROUGH ADVANCED FOR ALL WEEKDAY CLASSES THE WEEK OF MAY 30. DETAILS TO BE ANNOUNCED LATER.**

**Look for highlighted classes.**



# YOUTH

## BEGINNER 2 — GIRLS

Ages 6-17. For girls who have completed Beginner 1 or have been placed by an instructor. BHS Gymnastics Room; \*\*Class held at the Transmitter Building.

141531-01	TTh**	5:00-6:00p	1/14-2/13	\$155
02	Sa	12:00-1:00p	1/25-2/15	\$65
03	TTh**	5:00-6:00p	2/25-3/12	\$93
04	Sa	12:00-1:00p	2/29-3/14	\$49
05	TTh**	5:00-6:00p	3/17-4/2	\$93
06	Sa	12:00-1:00p	3/21-4/4	\$49
07	TTh**	5:00-6:00p	4/14-5/14	\$155
08	Sa	12:00-1:00p	4/18-5/16	\$81
09	TTh**	5:00-6:00p	5/19-6/11	\$124
10	Sa	12:00-1:00p	5/30-6/13	\$49

## INTERMEDIATE — GIRLS

Ages 6-17. For girls who have completed Beginner 2 or have been placed by an instructor. Transmitter Building

141532-01	TTh	6:00-7:15p	1/14-2/13	\$171
02	TTh	6:00-7:15p	2/25-3/12	\$102
03	TTh	6:00-7:15p	3/17-4/2	\$102
04	TTh	6:00-7:15p	4/14-5/14	\$171
05	TTh	6:00-7:15p	5/19-6/11	\$137



## ADVANCED — GIRLS

Ages 6-17. For the serious gymnast! Must have completed intermediate girls or be placed by an instructor. This class is geared for a competitive level. Transmitter Building

141533-01	MW	6:00-7:30p	1/13-2/12*	\$168
02	MW	6:00-7:30p	2/24-3/11	\$112
03	MW	6:00-7:30p	3/16-4/1	\$112
04	MW	6:00-7:30p	4/13-5/13	\$187
05	MW	6:00-7:30p	5/18-6/10*	\$131

\*No class 1/20, 5/25

## GYMNASTICS FOR HIGH SCHOOLERS

Grades 8-12. For male and female students who want to learn in an environment with their peers. This class is excellent for all levels from first timers to those just wanting to keep up their skills for the high school gymnastics team. This also a great class for those looking to learn tumbling for cheer. The class will be focusing on tumbling, skills for each apparatus, plus trampoline, stretching and conditioning. BHS Gymnastics Room

141535-01	MW	3:30-4:30p	2/24-3/11	\$93
02	MW	3:30-4:30p	3/16-4/1	\$93
03	MW	3:30-4:30p	4/13-5/13	\$155
04	MW	3:30-4:30p	5/18-6/10*	\$110

\*No class 5/25

## BEGINNER — BOYS

Ages 6-17. For boys with little or no experience. Class concentrates on basic tumbling and all the boys' apparatus. BHS Gymnastics Room

141540-01	MW	5:30-6:30p	1/13-2/12*	\$141
02	MW	5:30-6:30p	2/24-3/11	\$93
03	MW	5:30-6:30p	3/16-4/1	\$93
04	MW	5:30-6:30p	4/13-5/13	\$155
05	MW	5:30-6:30p	5/18-6/10*	\$109

\*No class 1/20, 5/25

## INTERMEDIATE & ADVANCED — BOYS

Ages 6-17. For boys who have passed beginner boys or been placed by an instructor. BHS Gymnastics Room

141541-01	MW	6:30-7:45p	1/13-2/12*	\$154
02	MW	6:30-7:45p	2/24-3/11	\$102
03	MW	6:30-7:45p	3/16-4/1	\$102
04	MW	6:30-7:45p	4/13-5/13	\$171
05	MW	6:30-7:45p	5/18-6/10*	\$120

\*No class 1/20, 5/25

## BAINBRIDGE ISLAND BOYS GYM TEAM

Ages 6-18. The team will travel to events throughout the region, participating in levels 4 through 10 competitions. Team members are selected by ability and space availability. Additional costs are involved. Contact the gymnastics department at the Park District for more information.





# YOUTH



## BAINBRIDGE ISLAND GIRLS GYM TEAMS

Ages 6-18. The team will travel to events throughout the region, participating in level 3 through 10 competitions or Xcel. Team members are selected by ability and space availability. Additional costs are involved. Contact the gymnastics department at the Park District for more information.

## EXERCISE AND FITNESS

### AFFORDABLE EXERCISE AND FITNESS FOR ALL

Our goal is to offer fitness opportunities where kiddos work out, have fun and make new friends at a price that doesn't break a parent's bank.



## TEEN OPPORTUNITIES

Contact Julie at 206-842-2306 x114 or [julie@biparks.org](mailto:julie@biparks.org) to get more information.

### SPRING AND SUMMER EMPLOYMENT

#### SPRING SOCCER LEAGUE REFEREE/MENTORS

Applicants must be at least 14 years old.

#### SUMMER CAMP DIRECTOR

Applicants must be at least 18 years old.

#### SUMMER CAMP COUNSELOR

Applicants must be at least 14 years old.

#### SUMMER RECREATION COMPANION

Applicants must be at least 14 years old.

### SUMMER VOLUNTEER OPPORTUNITIES

#### SUMMER CAMP AIDE

Volunteer to assist camp counselors with our summer sports camps. This is a great opportunity for students from ages 12-18 looking for community service hours or those just wanting to give back to the community.

### GO RUN FOR GIRLS

4th-6th grade. Go run and have fun! Try out running and power walking as an all-girls' team experience. Join a team that focuses on goal-setting and confidence-building for 4th, 5th, and 6th grade girls. Experienced adult coaches and positive high school mentors create an environment that supports and enhances the physical, emotional, and social well-being of team members. Varied running and power-walking workouts include warm-ups, running games, relays, and runs on the track, field, trails, and neighborhoods. Includes participation in the Viking Fest 1 mile — Date TBD. Fee includes t-shirt and race entry fee. Various Island trails. For information on scholarships please email Sarah Dunstan at [sdunlove@hotmail.com](mailto:sdunlove@hotmail.com). **CONTRACTOR**

111388-01 TTh 3:30-5:00p 4/14-5/21 \$195

## MAKE 2020 THE YEAR FOR A FAMILY LIFESTYLE SHIFT!

Do you have a young climate activist at home? Empower a young person in your life to advocate for environmentally responsible living by enrolling them in one – or all! – of the "Go Green" Saturday class series. See pages 29-30.





# YOUTH

## VOLLEYBALL

### WINTER VOLLEYBALL SKILLS AND SCRIMMAGES **NEW!**

#### YOUNG BEGINNER

Grades 2-4. Open to girls and boys; skills training and mini games; Volley-Lite volleyballs; reduced-height net. Sakai

#### BEGINNER/ INTERMEDIATE/ADVANCED

Grades 5-9. Open to both boys and girls; skills training and mini games; modified rules; Sakai



**Grades 2-4**  
112910-01 TTh 5:30-6:15p 2/25-4/2 \$120

**Grades 5-9**  
112911-01 TTh 6:30-7:30p 2/25-4/2 \$125



### SPRING REC VOLLEYBALL LEAGUE

#### YOUNG BEGINNER

Grades 2-4. Open to girls and boys; Skills training and mini games; Volley-Lite volleyballs; reduced-height net; Includes game shirt. Sakai

#### BEGINNER, INTERMEDIATE and ADVANCED

Grades 5-9. Open to both boys and girls; modified rules; games are on and off island and will be scheduled once we determine the number of teams we have and what gyms are available. They will be weeknights. Includes game shirt. Sakai

#### Grades 2-4

112912-01 TTh 5:30-6:30p 4/14-6/4 \$140

#### Grades 5-9 BEGINNER

112914-01 TTh 5:30-6:30p 4/14-6/4 \$155

#### INTERMEDIATE

112914-02 TTh 6:45-7:45p 4/14-6/4 \$155

#### ADVANCED

112914-03 TTh 6:45-7:45p 4/14-6/4 \$155

## SOCCER

**Does your kiddo love soccer? We've got lots of soccer! Sign up for our Saturday, our weeknight or even both of our programs. Questions? Contact Julie Miller at [julie@biparks.org](mailto:julie@biparks.org).**

### TINY TOTS SOCCER

Ages 1.5-2.5. Tiny Tots Soccer classes introduce toddlers to soccer with games that allow them to kick a ball, jump, run, and play. Tots will learn basic soccer skills while working on their balance and coordination. BPP

112300-01 Sa 9:30-10:00a 4/18-5/16 \$80



### SOCCER SQUIRTS

Ages 2.5-3.5. Parents and Squirts will play organized games together, led by our instructor, that will help develop listening skills, balance, foot-eye coordination and of course soccer skills. BPP

112301-01 Sa 10:15-10:45a 4/18-5/16 \$80

# YOUTH



## PRE-KICKS SOCCER

Ages 3-4. Pre-Kicks is designed for children who want to explore soccer, but who are not quite ready to be on the field without a parent or caregiver. Classes focus on increasing balancing skills, coordination and fundamental soccer skills while also helping children build a sense of independence. BPP

112302-01 Sa 11:00-11:30a 4/18-5/16 \$80



## SPRING SATURDAY SOCCER LEAGUE

APRIL 18 TO MAY 16

**Skill Sessions:** Each week our soccer staff will implement a 15-minute skill session and referee a 30-minute scrimmage. Each skill session will be geared towards the appropriate age group.

**Scrimmages:** Our soccer staff will referee the scrimmage while volunteer coaches manage their teams including making sure all players get equal playing time.

**Player Equipment:** Each player receives a soccer t-shirt. Soccer cleats are optional. Shin guards are strongly recommended.

**Team Placement:** Players will be placed with friend request when possible.

**Volunteer Coaching:** We rely on volunteers to help make this program successful. No experience necessary. We can help you along the way. Volunteer coaching duties include helping manage your team during skill sessions and during scrimmages. **Volunteer coaches receive 50% off their child's soccer registration fee.**

**4-5 year olds:** 3v3 or 4v4 no-goalie game.

**6-9 year olds:** 4v4 or 5v5 plus-goalie game.

**Program registration deadline is April 3.**

**Program cancellation deadline is April 8.**

**Coaches Needed:** Volunteer and get \$50 off your child's fee.

112303-01	4-6 year old girls	9:00-10:00a	\$100*
02	4-6 year old boys	9:00-10:00a	\$100*
03	6-9 year old girls	10:15-11:15a	\$100*
04	6-9 year old boys	10:15-11:15a	\$100*

\*Fee includes game t-shirt.

## VOLUNTEER COACHES NEEDED FOR SATURDAY SOCCER!

No coaching experience needed. We will help you along the way. All our volunteer coaches receive \$50 off their child's soccer registration! For more information contact Julie at 206-842-2306 x114 or julie@biparks.org.



## SPRING WEEKNIGHT SOCCER WITH SKILL NIGHT AND GAME NIGHT NEW!

We've partnered with Bainbridge Island Football Club to bring you some new spring soccer options. Spring soccer, for kindergarten through 8th graders, allows players the opportunity to continue playing with old friends and new in a fun community-based environment. All games and training sessions will be on Bainbridge; there will be **no weekend games**. Teams play against other Bainbridge spring teams. Recreational Soccer or grassroots is where soccer begins. These early experiences spark a child's love for the game. The focus within our recreational program is on the player, and how to ensure that player is able to learn, grow and have fun playing soccer. The spring season is the perfect time to come play. **Monday: Skill Sessions** focused on individual player development, through individual and small group activities and games. **Wednesday: Game Day**, coaches create game environments used to continue individual player development in a recognized game environment (\*\*There are no weekend games). Bainbridge High School grass fields. **CONTRACTOR**

### Kindergarten (coed) — Wednesdays only

112310-01	W	4/22-6/10*	5:00-5:45p	\$99
<b>1st and 2nd Grade Girls</b>				
112311-01	MW	4/20-6/10*	5:00-5:45p	\$150
<b>1st and 2nd Grade Boys</b>				
112311-02	MW	4/20-6/10*	5:00-5:45p	\$150
<b>3rd and 4th Grade Girls</b>				
112312-01	MW	4/20-6/10*	6:00-7:00p	\$150
<b>3rd and 4th Grade Boys</b>				
112312-02	MW	4/20-6/10*	6:00-7:00p	\$150
<b>5th-8th Grade (coed)</b>				
112313-01	MW	4/20-6/10*	3:45-4:45p	\$150

\*No class 5/25

## Letter from the E. Bunny

FREE! In early spring, E. Bunny will mail boys and girls a special letter and story. If you know someone who would like to receive a letter, send a self-addressed, business sized, stamped envelope to: E. Bunny, c/o Bainbridge Island Metro Park & Recreation District, 7666 NE High School Road, Bainbridge Is, WA 98110







# YOUTH

## TENNIS

### AFFORDABLE TENNIS FOR ALL

We're working hard to provide a whole new selection of more affordable youth and adult tennis lessons and camps for all levels of players both inside and outside. Don't see a class you'd like to see offered? Shoot us an email to let us know.

Tennis lessons are held on the Bainbridge High School tennis courts if the weather permits. They are held in the Bainbridge High School Lower Gym if the weather does not.



### HOT SHOTS TENNIS

Ages 3-6. Fun-da-mentals! Tennis is the best first sport! Start your children off right with action-packed 45-minute lessons that will develop hand-eye coordination, balance and foundation skills while having a ton of fun in this progressive 10 and under tennis program. Parents are encouraged to participate in this innovative program. Racquets are available.

112715-01	Sa	4:15-5:00p	1/18-2/15	\$65
02	Sa	4:15-5:00p	2/29-3/28	\$65
03	Sa	4:15-5:00p	4/18-5/16	\$65
04	Sa	4:15-5:00p	5/23-6/13	\$52



### ROOKIES

Ages 6-10. For kids just getting started with tennis. Red Ball 1 and 2 is the first level of the Park District Tennis Pathway. Students must be at least six years old before registering. (Ball: Low-compression RED — Court size: Free-form — Racquet length: 19-21")

112708-01	Su	2:00-3:00p	1/19-2/16	\$70
02	Su	2:00-3:00p	3/1-3/29	\$70
03	Su	2:00-3:00p	4/12-5/10	\$70
04	Su	2:00-3:00p	5/17-6/14	\$70

### INTERMEDIATE JUNIOR DRILL

Ages 8-12. Perfect for players who have basic skills gained from our Red Ball Program and others with rally skills looking to move towards game play. Here we will use either Orange, Green or Yellow balls as appropriate to the class dynamic and skill level.

112704-01	Su	3:00-4:00p	1/19-2/16	\$70
02	Su	3:00-4:00p	3/1-3/29	\$70
03	Su	3:00-4:00p	4/12-5/10	\$70
04	Su	3:00-4:00p	5/17-6/14	\$70



### TENNIS FOR TEENS

Ages 13-18. This is a great place for teens looking to learn tennis, or for those players just looking to start tournaments at the Challenger level or considering trying out for the high school team. HSLG

112721-01	Sa	3:15-4:15p	1/18-2/15	\$70
02	Sa	3:15-4:15p	2/29-3/28	\$70
03	Sa	3:15-4:15p	4/18-5/16	\$70
04	Sa	3:15-4:15p	5/23-6/13	\$56

### PRIVATE, SEMI-PRIVATE AND GROUP TENNIS LESSONS

Do you or your kiddo need some extra court time to work on your tennis game? Our Park District tennis pros will help you learn and polish your game. Schedule your private, semi-private or group lessons between 10:00a and 3:00p on Sundays either inside in the Bainbridge High School Lower Gym or outside on the Bainbridge High School tennis courts. Email our tennis pro Jennifer Shorr for more information at [jennifers@biparks.org](mailto:jennifers@biparks.org).

112799-01	Private Lesson: 1 hour 1 person = \$50
02	Semi-Private Lessons: 1 hour 2 people = \$30 each
03	Group Lessons: 1 hour 3-4 players, 3 players = \$25 each, 4 players = \$20 each
04	Private Lessons: 10 pack of 1-hour lessons = \$450 (10% off)
05	Private Lessons: 5 pack of 1-hour lessons = \$237.50 (5% off)
06	Semi-Private/Group Lessons: 10 pack of 1-hour lessons = Semi \$270pp, Group \$225pp, \$180pp (10% off)
07	Semi-Private/Group Lessons: 5 pack of 1-hour lessons = Semi \$142.50pp, Group \$118.75pp, \$95pp (5% off)





## BAINBRIDGE ISLAND SKI BUS



There are some **HUGE** and exciting changes for Ski Bus this year and we cannot wait to share them with you! We will still be visiting our classic sites, Stevens Pass and Crystal Mountain, but we've added another destination: **The Summit at Snoqualmie!** This resort is close to Seattle, has four unique ski areas, and will be our destination for the first three weeks of Ski Bus before heading to Stevens Pass. Our other exciting new change this season is night skiing at Stevens Pass. With cheaper half-day lift tickets, less crowding, and the opportunity to sleep in, night skiing at Stevens is a no-brainer!

### FAQS

**General** — A detailed email will be sent out approximately a week before the start of each program, with information on where to meet, what to bring, weather forecast, medical waivers, emergency contacts, and other information.

**Questions?** Contact Ski Program Coordinator Nick Prevo at [nickp@biparks.org](mailto:nickp@biparks.org) or call our office at (206) 842-2306 x1.

**Which Ski Bus Do I Pick?** — With many exciting new changes this year, it can be difficult to know which resort to sign up for. Please read below to figure out which resort works best for your Ski Busser. We recommend starting off at the Summit at Snoqualmie to get your legs under you for the season, then fine-tuning your skills at Stevens Pass, and finishing off the season at Crystal Mountain. This is especially important if your Ski Busser needs lessons.

- **Summit at Snoqualmie:** With four distinct ski areas, 25 lifts, excellent afternoon beginner lesson offerings, and terrain ranging from flat, beginner terrain to steep, expert terrain, the Summit at Snoqualmie is great for everyone from first timers to expert skiers or snowboarders. The Summit's close proximity to Seattle means less time in a car and more time on the mountain! There are also affordable package deals (lesson + rental + lift ticket) available for first time skiers and snowboarders
- **Stevens Pass:** With two sides of the mountain to choose from, Stevens Pass has some phenomenal skiing for everyone from beginners to experts. With upgraded Daisy and Brooks lifts and a new terrain park, Stevens is going to be a whole new experience this year! **Our 1/25 and 2/1 trips will run at our normal morning times 6:20a – 8:05p while our 2/8 and 2/15 night skiing trips will run from 8:30a-10:25p.** That's right, we're going night skiing! Afternoon lessons are only available at Stevens on the weeks of night skiing (2/8 and 2/15), so first-time skiers or snowboarders that need lessons are encouraged to join us at Stevens Pass on those dates. Unfortunately, Stevens Pass does not have any lesson options available for our group on 1/25 and 2/1. First timer skiers or snowboards should not enroll for those dates due to the lack of required lessons.
- **Crystal Mountain:** Crystal Mountain is the largest ski resort in Washington and a favorite of our Ski Bus veterans. The terrain here is suitable for all skiers and snowboarders, but our more advanced ski bussers love the harder terrain at Crystal. Crystal Mountain does have afternoon beginner lessons available, so first timers are also encouraged to come to Crystal with us.

**Pricing** — Pricing information for transportation and lift tickets can all be viewed online at [www.biparks.org](http://www.biparks.org).

**Transportation** — Ski Bus uses the Park District's 15-passenger vehicles. If there is high demand for particular weekends, we may charter a 56-passenger bus to accommodate. **Seats fill quickly, so enroll early!** Do not purchase lift tickets, rentals, or lessons if you haven't already reserved and paid for your transportation spot for that week. Transportation fees include ferry passes for all Stevens Pass and Summit at Snoqualmie Ski Bus participants. No need to pay separately or bring a pass and potentially lose it. We've got you covered!

**Lift tickets** — A lift tickets or a season pass is required to access each resort's mountain. We offer discounted lift tickets for Stevens Pass. For your convenience we also offer lift tickets for Crystal Mountain and the Summit at Snoqualmie. Please let us know if you plan on using a season pass or purchasing your lift ticket elsewhere so we know you are taken care of. Contact Ski Program Coordinator Nick Prevo at [nickp@biparks.org](mailto:nickp@biparks.org).

**Lessons** — **First-time skiers and snowboarders are required to take a minimum of one lesson before being allowed to ski/board with friends.** Lessons for first timers are available in the afternoon every week of Ski Bus except 1/25 & 2/1 at Stevens Pass. Lessons are afternoons only as due to varying road conditions we cannot guarantee arriving in time for morning lessons. Lessons at the Summit at Snoqualmie and Stevens Pass must be booked online at least 48 hours in advance. Lessons fill early, so register as early as possible. Lessons for Crystal Mountain can only be booked day-of at Crystal Mountain. Please let us know 48 hours in advance of the trip if you have lessons so we can be sure to have our staff and chaperones appropriately scheduled to help. For more information on lessons, please visit the respective resort's website or contact Ski Program Coordinator Nick Prevo at [nickp@biparks.org](mailto:nickp@biparks.org).

**Helmets** — We follow the National Ski Area Association's guidelines and require all participants and chaperones to wear a helmet. We recommend purchasing your skier/snowboarder their own helmet as opposed to renting one as it'll fit better and reflect their unique style.

**Equipment** — Participants are responsible for providing their own equipment and labeling each item with their name. For Stevens Pass, rentals can be purchased online at a discounted rate through a special link. Please contact Ski Program Coordinator Nick Prevo at [nickp@biparks.org](mailto:nickp@biparks.org) to receive the link. Rentals are also available at the Summit at Snoqualmie and Crystal Mountain, but rentals must be purchased day-of at the resort. Please let us know 48 hours in advance of the trip if you have rentals so we can be sure to have our staff and chaperones appropriately scheduled to help.



# YOUTH

**Chaperones** — Chaperones are the heart and soul of Ski Bus. They have a unique opportunity to create positive relationships and be a role model for youth. Chaperones are selected based on their experience working with kids, managing groups, ability to help drive a van, and their schedule throughout the season. Chaperones must pass a background check, a driver's history check, and complete the required chaperone training. Contact Ski Program Coordinator Nick Prevo at [nickp@biparks.org](mailto:nickp@biparks.org) if you are interested in chaperoning or want more information about chaperoning.

**Registration Deadline** — **The registration deadline for transportation, lift tickets, lessons, and rentals is midnight on Wednesday before each week of Ski Bus.** Please let us know 48 hours in advance of the trip if you have lessons or rentals so we can be sure to have our staff and chaperones appropriately scheduled to help. It is helpful and saves time to have participant waivers, medical information, and other forms turned in beforehand. The Park District reserves the right to require a doctor's note when applicable.

**Refunds** — For questions about refunds, please see page 95. The Park District reserves the right to dismiss a participant without refund if the participant fails to abide by "The Code of Conduct" agreement. If weather or road closures cancel a trip, a pro-rated credit will be refunded for the missed day. The Park District reserves the right to require a doctor's note when applicable.



## SUMMIT AT SNOQUALMIE NEW!

Ages 9-18. With 4 different ski areas to choose from, 426" of snow annually, nearly 2,000 acres of skiing, 19 chairlifts, and 6 surface lifts, you're bound to find some fantastic skiing and snowboarding at Snoqualmie! Whether you're looking to hit the steep and deep at Alpenatal or take it easy at Summit Central, the Summit at Snoqualmie has incredibly fun terrain for everyone. We'll be starting off our season here to take advantage of the Summit's fantastic lesson options. A list of flexible options to purchase lift tickets, lessons, and rental equipment is available online at [www.summitatsnoqualmie.com](http://www.summitatsnoqualmie.com). Call or visit us online at [www.biparks.org](http://www.biparks.org) to purchase lift tickets. SHP

131972-01	Sa	6:20a-8:05p	1/4
02	Sa	6:20a-8:05p	1/11
03	Sa	6:20a-8:05p	1/18

## SKI MORE, SAVE MORE!

For every Ski Bus trip after your first, a stacking discount will be applied to your transportation price, counting towards all Ski Bus trips this season! If you attend all twelve weeks of Ski Bus, you will save \$150 this Ski Bus season!

**1st trip: \$89, 2nd trip: \$84, 3rd trip: \$79, 4th-12th trip: \$74**

## REFERRAL PROGRAM: BRING A FRIEND & YOU BOTH SAVE MONEY!

Refer a friend who hasn't been on Ski Bus yet this year and you'll both receive a \$20 credit off your Ski Bus transportation fee! Please note that the referral credit will not be applied at checkout. Register normally online, over the phone, by mail, or in person. See the details below as some rules and restrictions apply.

- The \$20 referral credit will be applied to the referrer's and referee's Park District household accounts once the following conditions have been met:
  - \* Within **24 hours** of registering for **their first** Ski Bus trip of the season, the referee must email Ski Program Coordinator [nickp@biparks.org](mailto:nickp@biparks.org) and Outdoor Program Manager [jeff@biparks.org](mailto:jeff@biparks.org)
  - \* The referee must list that this is their **first time** joining Ski Bus for this season.
  - \* The referee must list the referrer's full first and last name of who referred them as this is how the credit will be appropriately applied.
- Limit one referral discount per Ski Bus participant, per Ski Bus season, for a maximum of \$20.
- The referral discount can be applied on top of stacking Ski Bus transportation discount.
- The referral credit can only be deducted from a current season Ski Bus transportation fee.
- The referral credit cannot be refunded back to a credit card or issued as cash or check.
- If a Helpline House voucher was used for the transportation fee, the referral credit issued — to Helpline and the participant — will vary according to the amount of the Helpline House voucher.



# YOUTH



## STEVENS PASS & NIGHT SKIING! **NEW!**

Ages 9-18. One of the Northwest's premier resorts offering 52 major runs, 1,125 acres of skiable terrain, and 460" of snow each year, Stevens Pass is a must-visit destination for skiers and snowboarders alike! Stevens tends to receive better snow earlier in the season, making it a great destination to explore before moving on to Crystal Mountain. This is our most popular youth Ski Bus and fills quickly. New this season, we'll be afternoon and night skiing on 2/8 and 2/15! Afternoon lessons are only available at Stevens on the weeks of night skiing 2/8 and 2/15. Unfortunately, Stevens Pass does not have any lesson options available for our group on 1/25 and 2/1. First timer skiers or snowboarders should not enroll for those dates due to the lack of required lessons. Seats fill quickly, space limited. Call or visit us online at [www.biparks.org](http://www.biparks.org) to purchase lift tickets. SHP

131970-01	Sa	6:20a-8:05p	1/25	
02	Sa	6:20a-8:05p	2/1	
03	Sa	8:30a-10:25p	2/8	NIGHT SKIING!!!
04	Sa	8:30a-10:25p	2/15	NIGHT SKIING!!!



## CRYSTAL MOUNTAIN

Ages 9-18. Bigger runs, fewer crowds, and 3,100 feet of vertical descent! Crystal Mountain not only offers fantastic views of Rainier from the summit, but also legendary skiing and boarding runs. Late winter and early spring skiing at Crystal is hard to beat, so we save it for last! With 10 lifts servicing 2,600 acres, Crystal Mountain is the largest ski resort in the state. As a note to parents, Crystal is one of student's favorite Ski Buses to join once they have their "season legs" under them. Challenging, fun, and diverse terrain allows for long 7-8 hour days of exploration with friends. A list of flexible options to purchase ski/snowboard lessons, rental equipment, and lift tickets can all be viewed online at [www.crystallmountainresort.org](http://www.crystallmountainresort.org). Seats fill quickly. Space limited! Call or visit us online at [www.biparks.org](http://www.biparks.org) to purchase transportation and/or lift tickets. SHP

131971-01	Sa	6:00a-8:00p	2/22
02	Sa	6:00a-8:00p	2/29
03	Sa	6:00a-8:00p	3/7
04	Sa	6:00a-8:00p	3/14
05	Sa	6:00a-8:00p	3/21

## MOUNTAIN BIKING

**Come explore some of the best mountain biking Washington has to offer with us! Rides are geared towards group ability. Qualified instructors and trip leaders will work to expand riders' skill sets, maintain a focus on safety, and showcase a variety of great trails to mountain bike.**

### FAQS

**General** — A detailed email will be sent out approximately a week before the start of each program, with information on where to meet, what to bring, weather forecast, medical waivers, emergency contacts, and more.

**Questions?** Contact Sully Mynatt, Mountain Biking Program Coordinator at [sullym@biparks.org](mailto:sullym@biparks.org).

**Equipment** — Participants must have a working mountain bike that is of suitable size, has gears to be able to go up and down medium grades of trail, functional brakes, and a properly fitting biking helmet. Please do not show up with bikes that have skinny road tires, a one-gear single speed, or major mechanical issues. Staff reserve the right to not allow participation if a bike is deemed to be unfit, non-functional, or if staff have safety concerns.

**Bike Check** — Staff strongly recommends that your rider's bike be inspected and tuned up by a professional bike mechanic 1-2 weeks before their first program of the season. Afford several days to ensure your rider's bike will be ready for pick-up. On Bainbridge, both BI Cycle and Classic Cycle are great bike shops that can help.

**Equipment** — Participants are responsible for providing their own personal clothing and equipment, but our Outdoor Gearbank has a select number of Park District mountain bikes (26" tire) that are available to borrow for free. Please contact Sully Mynatt, Mountain Biking Program Coordinator at [sullym@biparks.org](mailto:sullym@biparks.org) at least two weeks prior to needing a mountain bike in order to check availability and to allow for scheduling.

**Physical Fitness** — Participants need to be physically fit for each ride's unique challenges. Terrain and trails vary; please refer to the "Trail Difficulty Rating System." The Park District reserves the right to require a doctor's note to clear a participant for participation.

**Registration Deadlines** — **Registration deadline is three days before program start date.** This allows us to effectively communicate with participants about any needs we can help accommodate as well as ensure each trip is a good fit.

**Refunds** — For questions about refunds, please see page 95. If weather or road closures cancel a trip, a pro-rated credit will be refunded for the missed day.





# YOUTH

## TRAIL DIFFICULTY RATING SYSTEM

Sections of the trail may be easier or more difficult than the criteria listed below. For questions regarding a specific program, contact the program staff.

○ **(Easiest)** — Small hills and generally flat, smooth/paved terrain, few to no avoidable obstacles such as rocks and roots. Suitable for newcomers to biking.

● **(Beginners)** — Rolling hills. Varied terrain including dirt and gravel. Avoidable obstacles such as rocks and roots, few to no unavoidable obstacles such as large roots. Suitable for beginner mountain bikers.

■ **(Intermediate)** — Steep hills. Challenging terrain that may include loose dirt and gravel. Avoidable obstacles such as rocks and roots. Unavoidable obstacles that riders may need to walk over such as drops and large roots. Suitable for riders with previous mountain biking experience.

◆ **(Advanced)** — Technical, long, and steep hills. Challenging terrain that may include loose dirt, gravel, sand, and rock. Difficult, unavoidable obstacles such as rocks, drops, and large roots. Suitable for riders with lots of previous mountain biking experience.



## MTB CLUB — MONDAYS @ STOTTLEMEYER ■◆ ☆

Grade 5-age16. Explore 6,000 acres of some of the best mountain biking terrain west of the Cascades! Participants' skills will improve each week as we ride incredible single track, learn how to negotiate obstacles, jumps, cut through mud, and explore the terrain. We will have two groups on the trail this year: our basic group for grade 5 to age 12 and an advanced ride for 13 to 16-year-olds. Our 15-passenger van and new multisport bike trailer picks up at Sakai Intermediate School each week before heading to Stottlemeyer.

### GRADE 5-AGE 12

131949-01	M	1:45-5:15p	2/24-3/16	\$275
02	M	1:45-5:15p	3/23-4/20*	\$275
03	M	1:45-5:15p	4/27-5/18	\$275
04	M	1:45-5:15p	6/1-6/15	\$206

### AGES 13-16

05	M	1:45-5:15p	2/24-3/16	\$275
06	M	1:45-5:15p	3/23-4/20*	\$275
07	M	1:45-5:15p	4/27-5/18	\$275
08	M	1:45-5:15p	6/1-6/15	\$206

\*No class on 4/6

## MTB CLUB — TUESDAYS ON B.I. ●

Ages 7-10. Get ready to hit those trails! This weekly riding group is built for young riders who love to use their mountain bike. We will ride and explore trails in the Grand Forest, Hilltop, and Battle Point areas. Focus of this Tuesday group is less about instruction and more about enjoying the ride. Drop off and pick up at Grand Forest West parking area on Miller Road.



131950-01	T	3:30-5:00p	2/25-3/17	\$139
02	T	3:30-5:00p	3/24-4/21	\$139
03	T	3:30-5:00p	4/28-5/19	\$139
04	T	3:30-5:00p	5/26-6/16	\$139

## MTB CLUB — TINY TRAILS CONTINUED

### NEW! ○●

Ages 5-7. Explore Battle Point Park's paved, graveled, and dirt trails and paths while learning and practicing a variety of bike safety skills. Riders will be taught the basics of braking and shifting, as well as some techniques to help improve balance, control, and confidence on the bike. We will cover bike safety checks, helmet and equipment checks, as well as how to safely and respectfully share the trail with other trail users. Meet at BPP parking lot by the KidsUp! Playground.

131951-01	W	3:30-5:00p	4/15-5/6	\$139
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## MTB CLUB — THURSDAY NIGHTS @ STOTTLEMEYER NEW! ■◆ ☆

Ages 11-15. Break out your headlamps and bike lights as we explore 6,000 acres of some of the best mountain biking terrain west of the Cascades at night!! Participants' skills will improve each week as we ride incredible single track, learn how to negotiate obstacles, jumps, cut through mud, and explore the terrain. Transportation is provided from SHP.

131959-01	Th	5:00-8:00p	2/27-3/19	\$245
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## BICYCLE MAINTENANCE AND REPAIR COURSE NEW! ☆

Ages 10 and up. Learn the essentials in bicycle maintenance and repair. We will cover a wide variety of topics including safety inspections, proper set-up and fit, how to repair flat tires, as well as how to adjust derailleurs and brakes. Classes will be hands-on and participants are encouraged to bring their own bikes to hone their skill. Small class size that can accommodate two to four participants.

SHP				
131940-01	W	6:30-8:00p	2/5	\$65
02	W	6:30-8:00p	2/12	\$65

# YOUTH



## DUTHIE HILL PARK AT ISSAQUAH ●■◆✦

Ages 7-14. We're Seattle's most premier mountain biking park, Duthie Hill Park. This park was built to challenge all levels of riders and contains jumps, hills, bridges, obstacles, and much more. Participants must have proper safety equipment. Participants will need to bring a walk-on ferry pass or bring money (\$5). Transportation provided from SHP. We will ride to Duthie together as one group, but there will be two separate ride groups: one for ages 7-9 and one for ages 10-14.

### AGES 7-9

131944-01	Sa	9:00a-2:45p	3/14	\$79
02	Su	9:00a-2:45p	4/19	\$79

### AGES 10-14

03	Sa	9:00a-2:45p	3/14	\$79
04	Su	9:00a-2:45p	4/19	\$79

## 360 PARK ●■◆✦

Ages 7-9, 10-14. We're heading to Key Peninsula's mountain bike park, 360 Park! This mountain bike park is similar to Seattle's Duthie Park, where the thrills are everywhere and the fun doesn't stop. This newer MTB park keeps adding more and more spectacular single-track trails with optional jumps along the routes for those looking to expand their skillset. There are whoop-and-holler skill tracks that will get your blood pumping and energy flowing! Transportation provided from SHP.

### AGES 7-9

131947-01	Su	9:00a-1:00p	3/29	\$69
02	Sa	9:00a-1:00p	5/2	\$69

### AGES 10-14

03	Su	9:00a-1:00p	3/29	\$69
04	Sa	9:00a-1:00p	5/2	\$69

## ROCK CLIMBING

**Emphasizing strength, endurance, balance, and flexibility, rock climbing is more than just a workout: it challenges your mind and your body. All climbing programs are facilitated by experienced instructors from Island Rock Gym. Registration deadline for most climbing programs is three days before begin date. For questions about refunds, please see page 95.**

## KIDS' CLIMB TIME

Ages 4-6; 7-12. This climbing series is designed for both new and experienced young climbers. Kids will play games and climb on top-rope on our 38-foot walls, and on the shorter walls in our bouldering room. The climbing gym is the ultimate playground! Climbing is a full-body activity and a fun way for kids to get active and challenge themselves with our experienced climbing instructors. Kids will have fun and develop coordination and confidence in a safe and supportive environment. **CONTRACTOR**

### AGES 4-6

131989-01	M	3:30-4:30p	1/6-2/10	\$161
02	M	3:30-4:30p	2/24-3/30	\$161
03	M	3:30-4:30p	4/13-5/11	\$135
04	M	3:30-4:30p	5/18-6/15	\$135
05	W	3:30-4:30p	1/8-2/12	\$161
06	W	3:30-4:30p	2/26-4/1	\$161

07	W	3:30-4:30p	4/15-5/13	\$135
08	W	3:30-4:30p	5/20-6/17	\$135
09	Sa	10:00-11:00a	1/11-2/15	\$161
10	Sa	10:00-11:00a	2/29-4/4	\$161
11	Sa	10:00-11:00a	4/18-5/16	\$135
12	Sa	10:00-11:00a	5/23-6/20	\$135

### AGES 7-12

13	M	3:30-5:00p	1/6-2/10	\$179
14	M	3:30-5:00p	2/24-3/30	\$179
15	M	3:30-5:00p	4/13-5/11	\$149
16	M	3:30-5:00p	5/18-6/15	\$149
17	W	4:30-6:00p	1/8-2/12	\$179
18	W	4:30-6:00p	2/26-4/1	\$179
19	W	4:30-6:00p	4/15-5/13	\$149
20	W	4:30-6:00p	5/20-6/17	\$149
21	Sa	11:00a-12:30p	1/11-2/15	\$179
22	Sa	11:00a-12:30p	2/29-4/4	\$179
23	Sa	11:00a-12:30p	4/18-5/16	\$149
24	Sa	11:00a-12:30p	5/23-6/20	\$149

## MID-WINTER AND SPRING BREAK CAMPS

Ages 7-12. Stay active during mid-winter break and spring break at rock climbing camp! Activities include bouldering, top rope climbing, games and climbing technique from our experienced climbing instructors. For new or experienced climbers. Please wear comfortable clothing to move and climb in, and bring a snack and water bottle each day. **CONTRACTOR**

131996-01	M-F	12:30-3:30p	2/17-2/21	\$228
02	M-F	12:30-3:30p	4/6-4/10	\$228

## YOUTH KAYAKING

Being on a kayak, canoe or SUP is a great way to explore shallow-water bays and harbors inaccessible to other boats! Come paddle with our incredible staff and learn not only new skills, but new areas to explore. See pages 76-79 for more information about our boating programs.



## YOUTH FLY FISHING EXPO

Ages 6-17. Join the Park District, Trout Unlimited, Bainbridge Island Fly Fishers Club and Peninsula Outfitters, for an afternoon of learning how to fly fish for trout at Battle Point Park pond. Featuring hands-on instruction, casting clinics, fly tying, catch & release techniques, and local information about where to fish, this is a terrific family-centric event. Rods, reels, and flies are available to borrow for free on a limited basis. Parents welcome to attend for free to help instruct their kids.

131867-01	Su	10:00a-2:00p	5/3	\$9
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# TEEN PROGRAMS

## TEEN CENTER



### TEEN CENTER LOCATION

The Teen Center is located at the Aquatic Center in Meeting Rooms B and C. Our main entrance is on the side of the building, or you can access us through the glass door in the main lobby. The address is 8521 Madison Avenue, Bainbridge Island.

We provide a safe space for teens to connect, become leaders, learn, play, hang out, and make a difference.

We're open during the entire year. Come be a part of the Teen Center and make your mark. Stop by any afternoon to check out the activities. We have a pool table, foosball table, ping pong, and air hockey. There are board games, an X-box, and room just for relaxing. Food and/or drinks will be provided with some of the planned activities. It's a fun place to hang!

**For teens of middle and high school age.**

## HOURS OF OPERATION

Monday 2:00-6:00p  
Tuesday-Thursday 3:00-6:00p  
Friday 3:00-8:00p

Mid-Winter Break Hours (2/20-2/22) 3:00-7:00p  
Spring Break Hours (4/6-4/10) 3:00-7:00p

### Closed Dates

Saturdays, Sundays and 1/1, 1/20, 2/8, 2/14-2/19 and 5/25  
At staff's discretion and due to participation, the Teen Center hours may change for closing earlier or later.



**FOLLOW US ON FACEBOOK**  
**BAINBRIDGE ISLAND METRO**  
**PARK & RECREATION DISTRICT**  
**#BIMPRDTEENCENTER**

**CONTACT US: [marissas@biparks.org](mailto:marissas@biparks.org)**

## TEEN CENTER HOSTING AN ADULT AND CHILD DANCE! SEE PAGE 50 FOR MORE INFORMATION

### Fun Activities! Join us for...

#### Game Night **NEW!**

Unwind with Clue, Exploding Kittens, Uno, over-sized Chess, Stratego, Jenga, or bring your favorite game! Weather permitting we'll have tables outside, plus mini bowling, and corn-hole. Play with friends or come meet new ones — lots of table space, floor space, and tasty snacks to go around.

F 5:00-9:00p Free

#### Teen Karaoke and Open Mic Night!

Come sing your favorite songs — solo or with friends! Shy about performing? This is the perfect no-pressure setting to practice in. Whether you want to karaoke or showcase your band's new song, we have a great cozy setting for you!

Sa 5:00-8:00p Free

#### National Bean Day

Beans rule! Join us for a bean bag toss, bean-related trivia, and snacks. Plus, guess how many beans are in the jar and win a prize! 1/6

#### National Compliment Day

Brighten someone's day by paying them a compliment! We'll be painting compliment rocks and creating a compliment jar for those who need a smile in the future. 1/24

#### Valentine's Day Card Making Week

Come make Valentine cards with us! Staff will be delivering them to the organization of your choice on Valentine's Day. 2/10-2/14

#### Random Acts of Kindness Day

What does kindness mean to you? We'll talk about small ways we can bring kindness to the world and share stories of how kindness changed our view on something. Treats Included! 2/17

#### Tortilla Chip Day

A tasty day indeed! Join us for chip trivia and prizes you can eat!! 2/24

#### National Be Heard Day

WE ARE LISTENING! Come tell us what's on YOUR mind. So important, we're making it two days! 3/6 and 3/7

#### Pi Day

How many numbers in Pi do you know? Recite the most and win a prize! Oh, and there may be pie... 3/14

#### National Walking Day

Let's walk it out! Do you walk for fun? Or just to get from one place to another?? Help us create a teen walk-about guide for the island. Toll for playing video games today — walk around the building first! 4/1

#### Jelly-Bean Day

How many flavors are there!? How would you fare in a blind taste test...with flavors like Boogers and Earwax would you dare?... 4/22



# TEEN PROGRAMS



## May the Fourth Be With You

Join us for Force trivia and fun treats! Plus a movie marathon all week! 5/4

## Walkabook

Help us fill up our new book shelf! We'll meet at the Teen Center and walk on down to Eagle Harbor Book Co. Once there, it's up to you to pick out what book you would like to see on our shelf! Comedy, history, fantasy, mystery — it's your call! Once we've trekked back up to the Teen Center with our new books, we'll have hot cider and cookies. FREE. Email [marissas@biparks.org](mailto:marissas@biparks.org) to reserve a spot and get a permission slip.

F 4:00-6:00p 5/15

## Chocolate Chip Day

Get the lowdown on how these tasty morsels came to be ... and yes, you'll get to eat some too! 5/15

## Teen Center Birthday Celebration

Come celebrate the 32nd year of the Teen Center! Cake and snacks included during the festivity. 5/29

## National Best Friend Day

Bring your bestie and chill. Prizes for the winners of our mini-doubles pool and foosball tournaments! 6/8

## Last Day of School!

Come by and celebrate the start of summer break!! Eat pizza, sign our wall, and get pics with your besties at our photo booth. We hope you had an awesome year and we look forward to seeing you over the summer! 6/16 (date subject to change)



## MIDDLE SCHOOL DANCES! GRADES 6-8

Calling all 6th, 7th and 8th graders! We are offering two dances this winter and spring. Come alone or as a group. We will have a DJ playing all your favorite pop hits so come show off your best moves or just chill with friends. \$15 to preregister and \$20 at the door. Pre-registration closes 2 days before date of dance. For more information please go to [www.biparks.org](http://www.biparks.org). Concessions available. ICH

### Valentine's Dance

172627-01 Sa 7:00-9:30p 2/1 \$15

### Middle School Prom

172627-02 Sa 7:00-9:30p 5/2 \$15

An important "Know Before You Go" information sheet can be found online and will be sent to you via email 3 days prior to the dance for those who preregister. All participants must show proof of grade or age, i.e. school ID card.

## TEEN FUN

### HILLTOP ACOUSTIC JAM ★

#### All-ages music jam

Bring your guitar, voice, uke, fiddle, stand-up bass, mandolin or any other instrument, for a song-swapping circle jam at Prue's House! Beginners and veterans learn from each other, no stage fright and no pressure; sit in or just come to listen! A great place to try out original work, practice a favorite cover, or just gain skills. All ages welcome, from 10-110, and it's FREE! Hot drinks provided. Third Friday, monthly at 7:30p. HT 1/17, 2/21, 3/20, 4/17, 5/15 and 6/19.

### BIRTHDAY RENTALS!

That's right, you can rent the Teen Center for your birthday party! Celebrate your awesome day playing pool, foosball, air hockey and ping pong. We also have an Xbox one (some games provided or bring your own!). For pricing, check out our website [biparks.org/teen-center/](http://biparks.org/teen-center/) or contact [marissas@biparks.org](mailto:marissas@biparks.org).



**CHECK OUT OUR OTHER PROGRAMS OFFERED FOR TEENS. LOOK FOR THE PURPLE ★ IN THE CATALOG.**

## NOT YOUR AVERAGE SCAVENGER HUNTS!

### Fort Ward to Blakely Harbor

Ages 13-18. Follow the clues along the Fort Ward to Blakely Harbor trail (easy 1.25 miles) and find fun prizes and tasty treats along the way! Then enjoy a relaxing picnic on the beach. Wear good walking shoes and bring a light backpack with water, picnic lunch and sunscreen. Drop off at Fort Ward Park, pick up at Blakely Harbor Park.



172625-01 Sa 11:00a-2:00p 4/19 \$25

### Battle Point and Fairy Dell

Ages 13-18. You think you know Battle Point Park? Guess again! Each clue on this scavenger hunt will have you checking out some cool spots that are rarely seen from the regular path. After finding all the hidden goodies, we'll end with a picnic by the pond. Bring water, sunscreen, and a picnic lunch. Pick up/drop off at Battle Point Park north parking lot.

172625-02 Sa 11:00a-2:00p 5/16 \$25



# TEEN PROGRAMS

**CHECK OUT THE AFTER-SCHOOL E-SPORTS CLUBS ON PAGE 26**

**CHECK OUT THE POTTERY CHOICES ON PAGES 58-61**

**DID YOU KNOW? TEENS AGE 16+ MAY REGISTER FOR ANY ADULT POTTERY CLASS OR WORKSHOP.**



## TEEN FLASHLIGHT EGG HUNT

Grades 7-12. Grab a flashlight, a bag, and a buddy and hop over to this annual, fun, teens-only egg hunt. Candy and prize eggs await those who aren't afraid of the dark. You are never too old! Come early and play air hockey, foosball, and pool! Meet at the Teen Center, located in the Aquatic Center, by 8:45p; we will walk over to the hunt at 8:50p. Hunt starts promptly at 9:00p.

F 8:00-10:00p 4/10



## SERVICE

### TEEN VOLUNTEER OPPORTUNITY

(2 spots available). Add to your college resume! We are always looking for creative teens to help design the next year's program — what activities would YOU want to see offered in the Park District catalog Teen Center section? This is a great opportunity to make your ideas reality.

### PARK DISTRICT VOLUNTEER OPPORTUNITIES

Need volunteer hours for your school requirements? Just want to get involved with something fun? There are two fun opportunities for you to volunteer this spring.

**Teen Flashlight Egg Hunt 4/10**

**mEGGa Hunt 4/11**

Contact Ashley Miller at [ashelym@biparks.org](mailto:ashelym@biparks.org) or 206-842-2306 x129 for more information or to get involved.



## INTERNSHIP PROGRAM

Interested in a summer Internship? Our application deadline is February 15, 2020! An internship with the Bainbridge Island Metropolitan Park & Recreation District offers a terrific opportunity to gain practical work experience and to turn collegiate knowledge into real, tangible, positive impacts on the community. From Marketing and Special Events to Planning and Park Maintenance, our program provides a wide variety of experiences available to interested persons. To apply please see the Park District website: [biparks.org/internships/](http://biparks.org/internships/)



# YOUTH & ADULT



## WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

## PARENT/PRESCHOOL SOUND BEGINNINGS PAGE 27

## GREEN LIVING SERIES PAGES 29-30

## PARENT/CHILD

### ADULT AND CHILD DANCE!

**NEW!**

Ages 5-12 with parent/guardian, grandparent or another fun adult! Teen Center staff is offering an exciting opportunity for parents and kids to have a special evening together. Boys and girls are invited to join us with



an accompanied mother/father/guardian or special adult for an evening filled with dancing, photos and fun. We will have a DJ playing all kinds of favorite pop hits along with songs from the '60s, '70s, '80s and '90s. Price includes one adult and one child, \$10 for an additional child. 2 children per adult max. Snacks and dessert provided. ICH

#### First Child and Adult

172632-01	Sa	6:30-8:30p	3/28	\$25
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#### One Additional Child

172632-02	Sa	6:30-8:30p	3/28	\$10
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## WILDERNESS PROGRAMS

**"Of all the paths you take in life, make sure a few of them are dirt." —John Muir**

**Remote, rugged, undeveloped.** Wilderness is a land heritage that is uniquely American. With passage of the Wilderness Act of 1964, Americans chartered a new course in world history to preserve and protect some of the country's last remaining wild places. In the words of Pulitzer novelist Wallace Stegner: "Something will have gone out of us as a people if we ever let the remaining wilderness be destroyed." Come join us and experience our unique heritage.

## FAMILY FIT

Ages 4 and up. This is an excellent class for families to have fun and be fit together. Participants will be taught gymnastics and parkour skills, along with a plethora of movements to increase overall strength, balance and agility. This is a great opportunity to work out with your kids, have family challenges and share a healthy lifestyle together. Price is per person. BHS Gymnastics Room

141594-01	M	2:30-3:30p	2/24-3/9	\$49
02	M	2:30-3:30p	3/16-3/30	\$49
03	M	2:30-3:30p	4/13-5/11	\$81
04	M	2:30-3:30p	5/18-6/8*	\$49

\*No class 5/25

## SEE ALSO PARENT/CHILD CLAY PLAY PAGE 28

## PARENT/CHILD FUSED GLASS PAGE 28

## FAQS

**General** — Our wilderness trips offer one-of-a-kind experience, rewarding participants with the very best that the backcountry has to offer. A detailed email will be sent out approximately a week before the start of each program, with information on where to meet, what to bring, weather forecast, medical waivers, emergency contacts, and more.

**Trip Leaders** — Our trip leaders are **Wilderness First Responder** or **Wilderness EMT trained professionals** who bring a wealth of backcountry medical knowledge, years of outdoor experience, and emergency response equipment on every hike. They are highly qualified, knowledgeable, and awesome to hike with.





# YOUTH & ADULT

**The Outdoor Gearbank** — Don't let a lack of gear stop you. Participants can use our equipment for free! Our Outdoor Gearbank has backpacks, tents, sleeping pads, snowshoes, rain gear, and much more available to borrow for free.

**Physical Fitness** — Participants need to be physically fit for each trip's unique challenges. Mileage is round-trip, terrain and trails vary. The Park District reserves the right to require a doctor's note to clear a participant for participation.

**Pricing** — An incredible value for the amount of time, preparation, and quality expertise that go into each trip. Pricing includes trip leader, guiding time, gear, transportation, fuel, permits, emergency response equipment, and park entrance fees. Food and snacks are included for multi-day trips. The **Wilderness Day Hikes** have a special progressive discount that's applied on all hikes and reset each calendar year.

**Transportation** — The Park District's 15-passenger vehicles are used for most wilderness trips, allowing easier and more comfortable access along backcountry roads. If the route includes a ferry, participants should bring their ferry pass or a way to pay their passenger fee. We cover the vehicle fare.

**Equipment** — Participants are responsible for providing their own personal clothing and equipment, but our Outdoor Gearbank may have items that can be borrowed for free. Inquire with your trip leader so they can help you get set up for success.

**Registration Deadlines** — Registration deadline is three days before program start date. This allows us to effectively communicate with participants about any needs we can help accommodate as well as ensure each trip is a good fit. It is helpful and saves time to have participant waivers, medical information, and other forms turned in beforehand. The Park District reserves the right to require a doctor's note to clear a participant for participation.

**Refunds** — For questions about refunds, please see page 95. If weather or road closures cancel a trip, a pro-rated credit will be refunded for the missed day.

**Questions?** Contact Ranger Sciacca, Wilderness Program Coordinator, at [rangers@biparks.org](mailto:rangers@biparks.org).

## WILDERNESS DAY HIKES

Ages 10 and up. Come explore the great outdoors! We'll visit some of the most beautiful spots around lush river canyons, open wildflower meadows, breathtaking ridgetop views, and sparkling alpine lakes. Meet at Strawberry Hill Park at 8:00a unless otherwise noted. Most trips return 6:00-8:00p. Mileages are round-trip. Participants under 14 must be accompanied by a parent or guardian. For questions about refunds, please see page 95.

### HIKE MORE, SAVE MORE!

Pick dates according to what works for your own schedule! For every hike after the first, a stacking discount will be applied, counting towards all HHC hikes for the remainder of the calendar year.

**1st hike = \$75; 2nd hike = \$72; 3rd hike = \$69; 4th hike = \$66; 5th+ hike = \$63**

131909-01	Su	1/26	Interpretive Snowshoe at Hurricane Ridge
02	Su	2/2	Interpretive Snowshoe at Hurricane Ridge
03	Su	2/16	Lena Lake Snowshoe
04	Su	3/1	Lake Kachess Snowshoe
05	Th	3/19	Copper Creek Hut Nordic Ski
06	Su	3/22	Steeple Rock Snowshoe
07	Su	4/5	Best of the Duckabush and Dosewallips
08	Su	4/19	West Elwha
09	W	4/29	Historic Lime Kiln Trail
10	T	5/19	Dungeness Spit
11	Su	5/31	Monte Cristo Ghost Town

## DAYHIKING EXPLORE THE BEST OF THE BACKCOUNTRY IN A DAY.

### INTERPRETIVE SNOWSHOE AT HURRICANE RIDGE

~3 mi.

~400ft elev. gain

This beginner and family-friendly trip is a perfect introduction to snowshoeing. First, we'll try the snowshoes on different surfaces during a guided interpretive walk through Hurricane Ridge's woods and meadows. Participants will learn about trees — their winter adaptations, relationships with fungi, effects on the air and humans, and more. After lunch we'll snowshoe on a groomed trail to a viewpoint atop a snowcapped ridge. Trip meets at 7a. \*\*Super Bowl Sunday Snowshoe on 2/2! No crowds!\*\*

### LENA LAKE SNOWSHOE

~6 mi.

~1,300ft elev. gain

A different twist on a classic hike! Under a quiet snow-covered hemlock forest, snowshoe up a steady grade to Lena Lake. One of the largest lakes in the Olympics, it will be iced over for the winter.



### LAKE KACHESS SNOWSHOE

~6 mi.

~300ft elev. gain

This is a partial loop with a mix of groomed trail and cross-country travel. Highlights include big trees, a narrow canyon with a rushing creek, and a long stretch on open lakeshore — it's a BIG lake with great views of surrounding mountains! FYI, snowmobiles are allowed in this area, but we usually only see a couple during the day.

# YOUTH & ADULT



## COPPER CREEK HUT NORDIC SKI

~9 mi

~900ft elev. gain

We'll head out to the Mount Tahoma Trails Association and ski along a Forest Service road through a beautifully silent forest with sweeping views of Rainier. We'll make our way up to the well-known Copper Creek Hut, have lunch, then head back to our vehicle and rest our legs on the way home. No skis? No problem! Rentals are available at Whittaker Mountaineering for \$25. Please let us know in advance if you will need rentals.



## HISTORIC LIME KILN TRAIL

~7 mi.

~625ft elev. gain

A beautiful riverside hike through the lush and narrow Robe Canyon in the foothills of the Cascades. Less than an hour from the ferry! We'll see lots of neat historical artifacts (including the old lime kiln) as we pass an old townsite and a long-abandoned railway line from the mining days of the 1800s. Spring is a great time to appreciate the majestic deciduous trees along the trail — big cottonwoods and maples that should be leafing out nicely.

## DUNGENESS SPIT

~11 mi.

~100ft elev. gain

On this otherworldly hike, we'll go five miles out into the ocean on a 200-foot-wide strip of beach! Endless driftwood, crashing waves, birds and sea life, with views of the Strait of Juan de Fuca and the Olympics. At the end of the spit, we'll walk up the spiral staircase of a historic lighthouse.

## MONTE CRISTO GHOST TOWN

~8 mi.

~700ft elev. gain

A classic Cascade Mountains hike! We'll hike an old mining road in the wide-open Sauk River Valley, enjoying sweeping views of jagged peaks on all sides. Lunch is at a pleasant meadow near the Monte Cristo ghost town, where a few buildings and artifacts still remain, including a giant, still-functional railway turntable. FYI we will use a fallen tree to cross the Sauk River — it's a big log, but no handrails.

## STEEPLE ROCK SNOWSHOE

~5 mi.

~800ft elev. gain

From Hurricane Ridge, head away from the crowds and groomed trails for big views, deep snow, and a great sense of solitude. This intermediate level trip has been described as "the perfect challenge" and features spectacular views of the Strait of Juan de Fuca and snow-capped Olympic Mountains. Trip meets at 7:00a.

## BEST OF THE DUCKABUSH AND DOSEWALLIPS

~6 mi.

~800ft elev. gain

We'll visit three beautiful waterfalls, a roaring canyon, and a peaceful river delta. This trip combines several short trails including Murhut Falls, Rocky Brook Falls, Ranger Hole, and Falls View Canyon — all the highlights of the Duckabush and Dosewallips areas in one trip!

## WEST ELWHA TRAIL

~9 mi.

~1,100ft elev. gain

Enjoy a quiet part of a busy valley on the lovely West Elwha trail. We'll hike just downstream of the old Elwha dam, where we'll see effects of the dam removal plus swirling rapids and beautiful riverside groves of old growth. After hiking most of the way on trail, we'll continue on a closed road to the impressive overlook at the former dam site and lakebed. For now, the only way to access this location is on foot!



## BACKPACKING 101

Ages 8 and up. Are you interested in backpacking? In this hands-on class, you'll get to practice the basic skills and learn what gear you need to get started. We'll cover trip planning, safety and safety equipment; we'll practice setting up tents, stoves, and water filters; we'll learn how to pack a backpack, what to bring, and much, much more. SHC

131900-01

T

6:00-8:30p

5/12

\$42



# YOUTH & ADULT

## FORAGING & WILD EDIBLES

Get outside, breathe the fresh air, and connect back to the land as we explore the rich bounty of the Northwest. Rewarding hands-on classes where you take home what you forage, harvest, and make. Youth participants must be accompanied by a parent or guardian.



## SHELLFISH FORAGING & COOKING ★

Ages 9 and up. Strap on your rubber boots and grab your bucket! Join author Langdon Cook and master oyster grower John Adams on a third-generation shellfish farm to learn about several species of local shellfish, where to find them, how to harvest them, and delicious recipes to cook them. We'll fill our limit of oysters and clams and then learn to prepare each using a variety of culinary techniques. Meet at Little Skookum Inlet near Shelton, WA. Directions will be emailed out with class information a week in advance. Class fills quickly.

### CONTRACTOR

131810-01	F	12:30-5:30p	4/24	\$110
02	Sa	1:00-6:00p	4/25	\$110
03	F	12:00-5:00p	5/8	\$110
04	Sa	12:30-5:30p	5/9	\$110



## GEODUCKS ★

Ages 9 and up. The geoduck is the sport fishing clam of the northwest, notoriously difficult to find and harvest, but deliciously worth the effort. Join renowned author Langdon Cook and master shellfish grower John Adams as we tromp out during low tide at Little Skookum Inlet to find and dig up the world's largest burrowing clam. We'll learn about geoducks and how to harvest them, as well as recipes to prepare our catch. Meet at Little Skookum Inlet near Shelton, WA. Directions will be emailed out with class information a week in advance. Class fills quickly. **CONTRACTOR**

131814-01	F	11:00a-4:00p	6/5	\$135
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## BIRDING

Taught by international birding expert George Gerdt from Pandion Nature Tours, classes focus on providing a firsthand experience with the birds, plants, and other creatures that inhabit the myriad habitats of the Pacific Northwest. A past educator for over 40 years, George has led trips for the Seattle Audubon, Kitsap Audubon, as well as personally guiding trips on every major continent in the world. Registration deadline for most programs is three days before begin date. A parent/guardian must accompany minors on trips. For questions about refunds, please see page 95.

## CIRCUMNAVIGATION OF BAINBRIDGE ISLAND ★

Ages 10 and up. Join naturalist George Gerdt aboard the "Admiral Pete" as he narrates a fascinating wildlife tour around Bainbridge Island. Expect to see an array of sea ducks, cormorants, alcids, rocky-shore sandpipers, bald eagles, marine mammals, and perhaps some early-spring migrants, not to leave out the fabulous view of the Bainbridge Island shoreline! This trip fills quickly, so sign up early. Snacks and soft drinks provided. Bring binoculars and cameras. Youth ages 10-17 must be accompanied by a parent or guardian. Boat leaves promptly at 10:00a. **CONTRACTOR**

131850-01	Sa	9:45a-2:00p	3/28	\$95
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## LOCAL GUIDED BIRDING ★

Ages 10 and up. Island birder George Gerdt leads guided, small-group birding trips on Bainbridge Island and nearby Kitsap County that focus on finding and identifying local birds and learning a bit about their preferred habitats. Birding locations that we will visit on Bainbridge and nearby Kitsap County will be determined based on the season, weather, and migration patterns. Dress in appropriate layers and bring a pair of binoculars. **CONTRACTOR**

131852-01	W	7:30-11:30a	3/25	Early Spring Birds	\$45
02	W	6:45-11:30a	5/6	Spring Migration on Bainbridge	\$45
03	W	6:30a-12:00p	5/13	Point No Point	\$50



## DENIZENS OF THE DARK: OWL CLASS ★

Ages 10 and up. Join Naturalist George Gerdt and owl expert Jamie Acker for an in-depth look at the eight species of owls that have been recorded on Bainbridge Island (western screech-owl, great horned owl, northern pygmy-owl, barred owl, short-eared owl, northern saw-whet owl, snowy owl, and barn owl). This is a wonderful class to take in preparation for the field trip ("Owl Prowl") that is scheduled for early Sunday morning, January 26! SHC **CONTRACTOR**

131854-01	W	6:30-9:00p	1/22	\$45
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# YOUTH & ADULT



## OWL PROWL

Ages 10 and up. Join George Gerdts and Jamie Acker for this year's annual "Owl Prowl", a field trip designed to try to hear and possibly see some of the resident owls on Bainbridge Island. While the classroom session on owls is highly recommended, it is NOT required in order to sign up for this field trip. We will carpool to various nearby sites on Bainbridge Island. Limit 10. Please note: THIS TRIP DEPARTS AT 4:30 SUNDAY MORNING, JANUARY 26! **CONTRACTOR**  
131856-01      Su      4:30-7:00a      1/26      \$45

## PROTECTION ISLAND SUMMER SOLSTICE SUNSET BIRDING CRUISE

Ages 10 and up. Join naturalist/birder George Gerdts for an exciting sunset cruise to Protection Island, a 400-acre National Wildlife Refuge off of Discovery Bay. Over 70% of the marine birds which nest in Puget Sound make Protection Island their breeding ground. Tufted Puffins and marine mammals are usually seen. Meet at Port Townsend Dock at 5:15p. Youth ages 10-17 must be accompanied by a parent or guardian. Boat leaves promptly at 5:30p. **CONTRACTOR**  
131851-01      Sa      5:15-8:30p      6/20      \$95

## KAYAKING

Being on a kayak, canoe or SUP is a great way to explore shallow-water bays and harbors inaccessible to other boats! Come paddle with our incredible staff and learn not only new skills, but new areas to explore. See pages 76-79 for more information about our boating programs.



## PROGRAMS FOR TEENS AGES 13-17

## ROCK CLIMBING

**Emphasizing strength, endurance, balance, and flexibility, rock climbing is more than just a workout: it challenges your mind and your body. All climbing programs are facilitated by experienced instructors from Island Rock Gym. Registration deadline for most climbing programs is three days before begin date. For questions about refunds, please see page 95.**



## ADULT INTRO TO CLIMBING

Ages 14 and up. Get into the sport and lifestyle of rock climbing. All levels of fitness and experience are welcome in our Adult Introduction to Climbing class. This three-hour class will teach you the fundamentals of climbing to take full advantage of the gym. Learn basic climbing technique and movement, learn to climb safely on your own, and belay (handle the ropes for) other climbers. Class includes gear and FREE two-week membership. **CONTRACTOR**

131997-01	T	6:00-9:00p	2/11	\$93
02	T	6:00-9:00p	3/10	\$93
03	T	6:00-9:00p	4/14	\$93

## AFFORDABLE FITNESS FOR ALL

Whatever your fitness goals are, we can help without depleting your bank account. Take advantage of our awesome budget friendly exercise offerings or sign-up for some private trainings with Stacey. See pages 70-71 for details.

# ADULT



## WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

## RECREATION COFFEE CONVERSATIONS

Help get some new and exciting adult programming designed for 2020 and beyond! The Park District is always looking to keep things current and responsive to community interest. Come pitch your favorite idea(s) for new adult activities. Each meeting is in a different spot, so drop by and be a voice for novel new opportunities for your friends and neighbors. Enjoy a coffee or tea for your trouble! (no registration required)

W	1:30-2:30p	2/12	free	CUPS
W	1:30-2:30p	3/11	free	LYNWOOD MARKETPLACE
W	1:30-2:30p	4/8	free	GOOD EGG
W	1:30-2:30p	5/13	free	ROLLING BAY CAFÉ

## ARTLAB

On Saturday, March 14, the Bainbridge Island Metropolitan Park & Recreation District will host a free, full-day arts experience extravaganza for the community. For artists beginning to advanced and of all ages and interests, we've designed this awesome new event that includes the following activities at no charge:

Educational Samplers	Café D'Art
Community Art Projects	Pop-up Art Show

This day's schedule will be available on our website and social media as the day approaches. We invite you to gather a friend or the family and come check it out. ARTLAB will be a place to enjoy creative expression and build community at the same time! At the end of the day, that is what the arts do best. They connect us to ourselves and to one another.

Register if you want to get updates and insider information, or feel free to drop in as your schedule permits. SHC

166566-01	Sa	9:30a-2:30p	3/14	free
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## ART AND CRAFT

### KEEPSAKE CARDS

Never give an ordinary card again. Send something handcrafted instead. A handmade card reflects YOU — your style and personality! Learn how to create amazing interactive keepsakes that pop-up, flip, move, shake and slide. Each session is high on fun, creativity AND success. Facilitated by national book artist Susan Callan, who will share innovative techniques, time-saving tips and little nudges to always think outside the box. Materials provided. For more information, or to register with Sue Barrington call 206-842-2306 x140. SHC art room



166443-01	T	1:00-4:00p	2/4, 3/3, 3/31, 5/5	\$50
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### MO-FUN, MOSAIC!

The techniques of mosaic can be applied in an endless variety of ways. We'll be making a simple picture frame and a garden stepping-stone as we learn our way around this timeless medium. Yes, you'll be learning simple design principles and color theory, but mostly you'll just be enjoying making keepsake projects and making new friends. Many find this process to be as meditative as it is fun! All materials are provided. For more information, or to register with Sue Barrington call 206-842-2306 x140. AQ

166434-01	W	3:00-5:00p	4/1-4/22	\$40
02	W	3:00-5:00p	5/6-5/27	\$40



### THE VINTAGE CREATIVE

This class is designed with empty-nesters and retirees in mind and celebrates the joy of creative activity! This four-week class is designed to explore drawing, painting, printmaking and photography and get back to that natural love of artistic creation we enjoyed as a child. Give yourself permission to play with new media and ideas in a fun and judgment-free atmosphere and schedule some joy into your weekly calendar! Anne-Marie Sargent facilitates. For more information, or to register with Sue Barrington call 206-842-2306 x140. SHC art room



166432-01	W	2:30-4:30p	3/25-5/6*	\$60
02	W	2:30-4:30p	5/13-6/17	\$60

\*No class 4/8

### SKETCHBOOKING NEW!

Take fresh delight in the seasonal pleasures of Bainbridge Island as you enhance your ability to see shape, line, color, and shade. This 'start-where-you-are' class will introduce you to sketchbooking...meet new friends that are just as timid about their art skills as you are! You'll be learning entry-level drawing techniques, color theory, the joy of ink washes and the simple beauty of watercolor taught with patience and grace by Anne-Marie Sargent. Sketchbooking is a great new hobby for life transitions, one that you can take wherever you go! For more information, or to register with Sue Barrington call 206-842-2306 x140. SHC art room



166433-01 W 5:15-7:00p 3/25-5/6\* \$55

02	W	5:15-7:00p	5/13-6/17	\$55
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\*No class 4/8



# ADULT



## COLORING OUT LOUD **NEW!**

Bring color, fun and discovery into the winter season! Melissa McLain of Sense of Mind Sensory Wellness Programs and melissa anne COLORS combines artful play and self-discovery using a fun and easy drawing technique and an art journal. Engage your imagination and hone your creative thinking skills. This workshop is NOT about becoming an artist and no art experience is expected. It IS about having fun and exploring new ideas with new friends! \$25 material fee included with registration, with supplies distributed on the first day of class. For more information, or to register with Sue Barrington call 206-842-2306 x140. SHC art room

166442-01 M 4:00-5:30p 2/3-3/2\* \$75

\*No class 2/17

## FOR THE LOVE OF PAINTING with Sylvia Carlton

Start your painting journey or pick up where you left off. Weekly lessons will be taught to the class as a whole and tailored to each individual's needs. Some of the painting concepts to be covered are: getting started, in-depth color, brushwork, importance of value, light/shadow, composition, edges, shapes, negative space, focal points, and more. There will be mini-demos and constructive painting assessment of each individual's work. This will be a fun painting class and a learning experience for all. This 10-week continuous class is 2 sessions. SHC **CONTRACTOR**



166427-01 T 9:30a-12:00p 1/14-2/11 \$165  
02 T 9:30a-12:00p 2/25-3/24 \$165

## DRAWING

### LIFE DRAWING with Gregg Onewein

Open session for artists at any level who wish to improve their skills drawing and/or painting from life. A \$90 model fee is due at the first class which covers model expenses for the session. (For more info call Gregg Onewein at 206-842-0259.) DROP-IN STUDENTS WELCOME WITH A \$10 DROP-IN FEE (paid to BIMPRD main office) plus \$15 model fee (paid at class). SHC art room



166214-01 F 9:30a-12:30p 1/17-3/13\* \$40  
02 F 9:30a-12:30p 3/20-5/15\* \$40

\*No class 2/21, 4/10

## PAINTING FROM LIFE, PHOTOS, AND INSPIRATION with Sylvia Carlton

Whether paintings are started outside or inside they are often finished in the studio. To help you achieve a finished painting we will cover all the decisions that go into a completed artwork: moving your ideas from thoughts and words to paint, choosing your subject matter, working from life or developing your own imagery from other sources. We'll reinforce the principles of design, including composition, color, value, space and depth and focal point. All this will contribute to refining your own individual style. All painting levels welcomed. This 10-week continuous class is 2 sessions. SHC **CONTRACTOR**

166428-01 T 9:30a-12:00p 3/31-5/5\* \$165  
02 T 9:30a-12:00p 5/12-6/9 \$165

\*No class 4/8

## PAINTING



### REALISTIC PAINTING: STEP-BY-STEP with Diane Crago

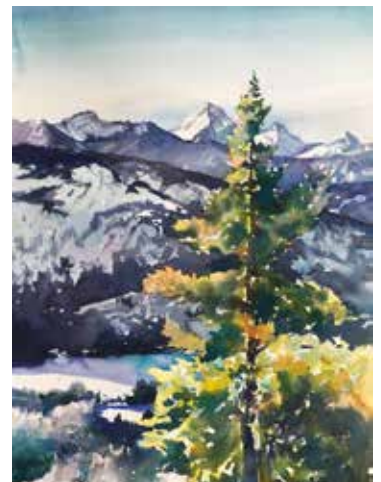
Learn the painting techniques of the Old Masters with brushes and palette knife. For beginners and intermediates. This five-week class includes instruction in color theory and is offered in both oils and acrylics, producing a finished work. Previous students are encouraged to continue and will learn to implement and improve their color mixing and application techniques. Students learn how to replicate a painting

they admire or how to match their own images with a historical painting technique that best brings the subject matter to life. Class limited to 10 participants for private class experience. For supply list, contact instructor Diane Crago at dianecrago@gmail.com. View the instructor's work at www.dianecrago.com. For more information, or to register with Sue Barrington call 206-842-2306 x140. SHC art room

166437-01 W 10:30a-12:00p 3/4-4/1 \$85  
02 W 10:30a-12:00p 4/22-5/20 \$85

## WATERCOLOR BOLD AND EXPRESSIVE with John Adams

All levels welcome! You are invited to join this class that will focus on creating loose and colorful Northwest scenes and florals. Each class will begin with a painting demonstration, followed by individual instruction, while students work from the demo or an idea of their own. A full-time artist, John Adams is a signature member of the National and Northwest Watercolor Societies. www.johnadamsdesign.com SHC **CONTRACTOR**



166415-01 Th 10:00a-12:00p 1/23-2/13 \$125  
02 Th 10:00a-12:00p 2/27-3/19 \$125  
03 Th 10:00a-12:00p 3/26-4/23\* \$125  
04 Th 10:00a-12:00p 4/30-5/28\* \$125  
166416-01 Th 10:00a-12:00p 6/4-6/18 \$90

\*No class 4/9, 5/21





# ADULT

## ADAPTIVE RECREATION FOR ADULTS WITH SPECIAL NEEDS

The following classes are designed for teens and adults with disabilities.



### POTTERY FOR PEOPLE WITH SPECIAL NEEDS

Students will work with clay using hand-building and wheel-throwing methods. The focus of the class is to work within each student's ability, teaching sound building structure and then letting each student's creativity take over and have fun with clay. Materials included in class fee. ED

122062-01	W	3:30-5:00p	1/22-2/12	\$89
02	W	3:30-5:00p	4/15-5/06	\$89



## CALLING ALL FORMER LIFEGUARDS!

Calling all former lifeguards or interested individuals that want to serve their community at the Aquatic Center. We need you! We are willing to hire and train individuals to be lifeguards, swim instructors and water exercise instructors. Fill out an application or call Megan Pleli for more information 206-842-2302 x102.

Benefits: ½ off Park District classes, free pool pass and a great team.

## GLASS ART

Come learn the colorful art of stained glass and glass fusing. Julie Hews-Everett has been involved with art glass for over 40 years. All classes are held at her studio, Island Spectrum Design in Fletcher Bay. Please call for directions or questions. 206-780-0837

### GLASS FUSING THURSDAYS

It's unstructured creative time for fusing! Come practice your fusing skills in an open studio setting. You can use the skills learned in workshops or fuse your own designs. Tools and guidance will be provided. Glass is not included. ISD **CONTRACTOR**

120485-01	Th	6:00-9:00p		
2/27-3/19			\$180	



### WEEKEND FUSED GLASS FUN

Spend a little weekend time creating and learning about FUSED glass! All tool use, project supplies for 1-2 pieces and firings are included.

#### BE MY VALENTINE

Have fun making fused hearts for yourself or someone special. You will create two glass hearts. Depending on the sizes, you can make a necklace, magnet or sun catcher. ISD **CONTRACTOR**

120486-01	Sa	2:00-4:00p	1/25	\$80
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#### IT'S A BUG'S LIFE

Design a fun, unique bug out of fused glass and wire. You will create two cute creatures to come live at — or on — your house. ISD **CONTRACTOR**

120488-01	Sa	10:00a-12:00p	3/28	\$80
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#### GLASS TO WEAR

Make gorgeous fused glass pendants, earrings, and pins in this two-day workshop. A wonderful way to brighten up the winter gray. ISD **CONTRACTOR**

120489-01	SaSu	12:00-2:00p	2/8-2/9	\$130
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### STAINED GLASS

This small, individualized class will teach you the techniques to create beautiful stained glass works of art. All levels of experience welcome (especially beginners!). Class fee does not include tools or materials. Supplies are available for purchase from the instructor at the first class. ISD **CONTRACTOR**

120484-01*	T	10:00a-1:00p	1/7-2/11	\$155
02*	W	6:00-9:00p	1/8-2/12	\$155
03	T	10:00a-1:00p	2/25-3/31	\$155
04	W	6:00-9:00p	2/26-4/1	\$155
05	T	10:00a-1:00p	5/5-6/9	\$155
06	W	6:00-9:00p	5/6-6/10	\$155

\*This section open for early registration due to start date.

# ADULT



## PART-TIME STAFF WANTED

Aquatics Instructor • Camp: Counselor, Program Supervisor • Lifeguard • Park Aid • Recreation: Assistant, Instructor, Program Leader, Program Coordinator and Specialist • Teen Center Program Supervisor • Trails Crew

**Perks:** Free pool pass, ½ off most classes offered by the Park District, professional development, training

**Meet and Greet Park District Staff:** Wednesday, March 25 from 11:00a-12:00p and 4:00-5:00p at the Bainbridge Island Aquatic Center, 8521 Madison Avenue, Bainbridge Island, WA 98110

Applicant Age Requirement: 15 to adult, depending upon the position.

**BIPARKS.ORG • 206.842.2302**

Visit [biparks.org](http://biparks.org) for detailed info on employment opportunities!

## POTTERY

**CLASS FEES INCLUDE ONE 25# BAG OF CLAY. ADDITIONAL CLAY AVAILABLE FOR \$25 PER BAG.**

### DAYTIME POTTERY



### POTTERY M with Jeff Wofford CLASSES

These long-term morning classes are for people who want to throw on the wheel or hand-build with clay or a bit of both! Whether you are a serious beginner or a committed old hand, instructor/artist Jeff Wofford will keep your skills progressing! 10 wks. ED

122050-01	M	9:30-11:30a	1/13-3/16	\$220
03	M	9:30-11:30a	3/23-6/8*	\$220

\*No class 4/6, 5/25

### CONTINUING STUDIO WORKSHOP TIME\*\*

\*\*Must be a current Eagledale pottery student

Bring a lunch and make a day of it! Utilize the additional three hours of studio time to explore new tools and perfect skills introduced during class.

122051-01	M	12:00-3:00p	1/13-3/16	\$150
03	M	12:00-3:00p	3/23-6/8*	\$150

\*No class 4/6, 5/25

# ADULT



## POTTERY W with Addison Malone CLASSES

These shorter-term classes are for folks who want to throw, hand-build, or combine those skills together! Whether you are a beginner or are familiar with clay work, instructor/artist Addison Malone will show you multiple ways to combine techniques and materials into wonderful outcomes! 6 wks. ED

122050-02	W	9:30-11:30a	1/15-2/19	\$140
04	W	9:30-11:30a	2/26-4/1	\$140
07	W	9:30-11:30a	4/15-5/20	\$140

## CONTINUING STUDIO WORKSHOP TIME\*\*

\*\*Must be a current Eagledale pottery student

Bring a lunch and make a day of it! Utilize the additional three hours of studio time to explore new tools and perfect skills introduced during class.

122051-02	W	12:00-3:00p	1/15-2/19	\$90
04	W	12:00-3:00p	2/26-4/1	\$90
07	W	12:00-3:00p	4/15-5/20	\$90

## POTTERY TH with Elena Wendelyn

### CLAY INTRO SAMPLER

Make art part of your spring! This short-term introductory class is especially for people who would just like to try their hand at pottery. From different types of clay to the function of various tools and studio equipment, you will sample hand-building construction, wheel throwing, decorating techniques, and glaze finishes in exploration of the possibilities of ceramic art! The experimentation and enthusiasm of instructor/artist Elena Wendelyn will open your hands and mind to a world of colorful creativity. Includes supplies. 4 wks. ED

122044-01	T	12:00-2:00p	4/14-5/5	\$95
02	Th	12:00-2:00p	5/14-6/4	\$95

### CLASS

These classes welcome beginners as well as those with previous wheel and hand-building experience. Surface decorating techniques such as sgraffito and silk-screen will be introduced as well as small form sculpture demonstrations. Individual projects welcome! 8 wks. ED

122048-02	Th	9:30-11:30a	4/16-6/4	\$180
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### STUDIO WORKSHOP TIME\*\*

\*\*Must be a current Eagledale pottery student. Add three hours of studio work time to your pottery class experience! Bring a lunch and stay to practice your growing skills under Elena's watchful eye.

122049-02	Th	12:00-3:00p	4/16-6/4	\$120
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## POTTERY SATURDAY with Stacy Landers CLASSES

By popular request, Eagledale pottery instructor Stacy Landers offers a Saturday morning class for all levels to enjoy! Lessons include both wheel-thrown and hand-building techniques, exploring texture and glazes. A variety of stoneware clay bodies for gas, electric and raku kilns. Emphasis on individual successes and fun! 7 wks. ED



122045-01	Sa	10:00a-12:00p	1/18-2/29	\$160
02	Sa	10:00a-12:00p	3/7-4/25*	\$160
04	Sa	10:00a-12:00p	5/2-6/20*	\$160

### SATURDAY WORKSHOP TIME\*\*

\*\*Must be a current Eagledale student.

Stay for an additional three hours to continue the work on your projects after the lunch break, with Stacy on hand for advice. 7wks. ED

122046-01	Sa	12:30-3:30p	1/18-2/29	\$105
02	Sa	12:30-3:30p	3/7-4/25*	\$105
04	Sa	12:30-3:30p	5/2-6/20*	\$105

\*No class or workshop 4/11, 5/9

## SATURDAY SKILL WORKSHOPS!

Expand your knowledge and skill with the art of pottery! Experience a variety of interesting workshops designed to appeal to adults who already work with clay. No need to be an Eagledale student — anyone is welcome. Use your own ware or adopt some of our "orphan" pieces to use. Emphasis on experimentation and exploration. Materials included. ED

### LUSTRE!

Add a beautiful and unexpected touch with precious metal lustre details. Explore the types, sources and proper handling of metals.

#### Safety Intro + Firing

122081-01	Sa	12:00-3:00p	3/28	\$25
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#### Experienced/Lustre Firing Only\*

122081-04	Sa	1:00-3:00p	3/28	\$20
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\*Must have completed a lustre safety intro skill workshop in order to independently use the lustre materials available at the studio.

### SPRING BEACH PIT FIRING!

#### with Eagledale Staff

We are doing it again! Join the fun of a day-long firing and go home with decorative smoke-painted pieces. It will also be a potluck; Fay Bainbridge Park lower hillside shelter and beach. Rain or shine — the pots don't mind!



122082-01	Sa	9:00a-4:30p	5/9	\$50
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# ADULT



## FIGURATIVE CLAY SCULPTURE with Debbie Fecher Gramstad

### QUICK START BEGINNING SCULPTURE CLASS

Try out the basics of clay sculpture! In four classes you'll know enough to create something wonderful... and decide whether you'd like to learn more. Includes clay and use of studio tools. 4 wks. ED

122073-01	F	1:00-3:00p	1/17-2/7	\$80
02	F	1:00-3:00p	5/15-6/5	\$80

Figurative sculpture classes are designed for students with previous clay experience or completion of at least one session of the sculpture "Quick Start" program. Independent projects are encouraged. Since projects vary widely, clay is not included in class fee and must be purchased separately: activity #122000-01 online or at the studio.

### TUESDAY FIGURATIVE SCULPTURE CLASSES

With the wealth of knowledge that instructor/artist Debbie Fecher Gramstad has in the world of sculpture and figurative art, students will explore their own ideas and tap into endless opportunities to create their own work. Individual projects encouraged! 8 wks. ED

122057-01	T	9:30-11:30a	1/14-3/3	\$160
03	T	9:30-11:30a	5/12-6/30	\$160

### TUESDAY FIGURATIVE STUDIO WORKSHOP TIME\*\*

\*\*Must be a current Eagledale sculpture student.

Use these extra three hours after lunch to really focus and work, with Debbie on hand for consultation.

122058-01	T	12:00-3:00p	1/14-3/3	\$120
03	T	12:00-3:00p	5/12-6/30	\$120

### FRIDAY FIGURATIVE SCULPTURE CLASSES

End your week (or start your weekend) with Figurative Clay Sculpture! Students will hone their skills with fun assignments that generate imagination and inspiration, as well as time to work independently. 8 wks. ED

122055-01	F	9:30-11:30a	1/17-3/6	\$160
03	F	9:30-11:30a	5/15-7/3	\$160

### FRIDAY FIGURATIVE STUDIO WORKSHOP TIME\*\*

\*\*Must be a current Eagledale sculpture student.

Enjoy a lunch break, then continue working another three hours after class. You'll be delighted at your progress!

122056-01	F	12:00-3:00p	1/17-3/6	\$120
03	F	12:00-3:00p	5/15-7/3	\$120

## FACE TO FACE

**NEW!**

### A UNIQUE CLAY PORTRAITURE EXPERIENCE.

In this interesting hands-on workshop, you'll learn the essentials of realistic clay portraiture under the direction of instructor/artist Debbie Fecher Gramstad. With the help of a class partner,

you'll learn to take excellent reference photographs and how to create a half-scale armature. Once the proportions are blocked in, you'll team up with your partner for a mutual "Face to Face" modeling experience. You'll be amazed how helpful having a live model can be! And you might just make a new studio friend. All materials included. 8 wks. ED

122063-01	Th	9:30-11:30a	2/6-3/26	\$165
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### FACE TO FACE STUDIO WORKSHOP TIME\*\*

\*\*Must be a current Eagledale sculpture student.

Let the "Face to Face" fun continue in the afternoon! Pack a lunch and continue three hours of portraiture work after the morning class, with Debbie on hand to guide your work. You'll have your photographs for reference and with your new skills, could even begin work on an independent portrait project.

122064-01	Th	12:00-3:00p	2/6-3/26	\$120
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## FLEXIBLE WORKSHOP OPTION

As a ceramic student or hobbyist, we know you're busy and that you appreciate some space in your schedule, so Eagledale Pottery Studio offers a flexible workshop option! Ten visits to any existing workshop for current-quarter students whenever you are available or able. Travel, have guests, make an appointment without missing time in the studio to finish your stuff. Check in with staff when you arrive. ED

### Winter Flex Workshop

122047-02	days and times vary	1/13-3/21	\$155
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### Spring Flex Workshop

122047-03	days and times vary	3/23-6/13	\$155
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# ADULT

## EVENING POTTERY with Stacy Landers

These longer three-hour evening classes are designed to appeal to both beginning and advanced levels of ability. Lessons and work will include both wheel-thrown and hand-building techniques, exploring texture and glazes. Emphasis on individual success and fun. 7 wks. ED



### EVENING CLASSES

122052-01	M	6:30-9:30p		
1/13-2/24	\$230			
03	M	6:30-9:30p	3/2-4/20*	\$230
05	M	6:30-9:30p	4/27-6/15*	\$230
122052-02	W	6:30-9:30p	1/15-2/26	\$230
04	W	6:30-9:30p	3/4-4/22*	\$230
06	W	6:30-9:30p	4/29-6/10	\$230

\*No class 4/6, 4/8 or 5/25

### EVENING STUDIO WORKSHOP TIME\*\*

\*\*Must be a current Eagledale pottery student.

Spend three uninterrupted evening hours in the studio to practice your skills and complete projects!

122054-01	Th	6:30-9:30p	1/16-2/27	\$105
02	Th	6:30-9:30p	3/5-4/23	\$105
03	Th	6:30-9:30p	4/30-6/11	\$105



## EAGLEDALE POTTERY "OPEN STUDIO" & SALE

Saturday, December 14

Ever wonder what goes on up at the Eagledale Art Center? Step inside the studio doors during our pottery Open Studio and take a look! Watch clay being worked on wheels and work tables, see the variety of glazes available, tour the kiln yard, and peruse the student and instructor ware available for purchase. Instructors and students will be available to answer questions and you can get a peek at upcoming classes and workshops. All ages welcome. Saturday from 9:00a-3:00p.

## FRIDAY NIGHT CLAY PLAY!

with Katie Bonanno

Get out of the house and get your hands messy! Make something interesting, for keeps! These fun two-evening classes are designed to appeal to adults of any ability. Focus will include basic clay-handling techniques, exploring texture and glazes. Glazes and a variety of stoneware projects for the electric kiln. These Friday evening experiences make a fun friends' night out, memorable date, or just some focused creative time for yourself. Led by instructor/artist (and Blakely art teacher) Katie Bonanno Materials included. Space is limited. ED



### ARTFUL KITCHEN ACCENTS! **NEW**

Try your hand at making functional art! Create useful and decorative items such as a tea box, spoon rest, ring holder, or butter dish!

122080-01	F	6:30-8:30p	1/17, 1/31	\$40
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### TOTALLY TILES! **NEW**

Try your hand at making custom tiles! One-of-a-kind house numerals? Small signs with a favorite saying? A child's name perhaps?

122080-04	F	6:30-8:30p	2/7, 2/28	\$40
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### YARD CHIMES & TOTEMS! **NEW**

Try your hand at making yard art! Brighten your garden with a colorful totem or set of wind chimes!

122080-02	F	6:30-8:30p	3/6, 3/20	\$40
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### PLANTER FUN! **NEW**

Try your hand at making a whimsical planter! Make a container for herbs or some custom garden markers!

122080-03	F	6:30-8:30p	4/17, 5/1	\$40
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## SEE ALSO PARENT/CHILD CLAY PLAY PAGE 28



# ADULT



## DANCE

### EDUCATED FEET DANCE CLASSES

The following classes are taught by certified instructor  
Sheila Phillips of Educated Feet.

All classes are open to teens & adults, no partner necessary!

PLEASE wear shoes kind to wood floors –  
clean soles & leave no black marks!

Contact sheila@educatedfeet.net or 206-842-3012

Info: <http://www.educatedfeet.net>

Held at Island Center Hall, 8395 Fletcher Bay Rd

### SWING & ALL THAT JAZZ!

Swing originated on the East Coast and is America's favorite partner dance! It's easy to learn, intuitive and not terribly structured. Nowadays, danced to a wide variety of music including upbeat retro and contemporary songs! Then, learn some fun Jazz steps and choreographed Swing line routines! These routines are often an entertaining mix of line and partner dancing! **CONTRACTOR**

#### SWING FOR TEENS!

One step to each beat makes four count super easy to learn! It's versatile with just about everything in music and any medium tempo you can keep up with! Change rhythm to quicks and slows, six count and easily keep up with faster tempos! Add taps, kicks and hitches for fun syncopations! Fun and energetic styles you can forever take to the floor! **CONTRACTOR**

166100-0 T 6:15-7:15p 1/14-2/4 \$52

#### SHIM SHAM! Teens & Adults

Originally a choreographed tap dance called Goofus, Frankie Manning spread a non-tap JAZZ version in the Swing community and renamed, "Shim Sham". It's become one of the most well-known and wide-spread routines of all times! Often danced at big social Swing events starting out as the line dance and then random partnering to finish. **CONTRACTOR**

166100-02 T 6:15-7:15p 2/11-3/3 \$52

#### JITTERBUG STROLL! Teens & Adults

"Jitterbug Stroll", another fun JAZZ line dance was choreographed by Ryan Francois, swing dancer, choreographer and actor, who played a central part of the revival of the Lindy Hop, late '90's. Learn Susie Q's, Boogie backs, tick tocks and more! **CONTRACTOR**

166100-03 T 6:15-7:15p 3/17-4/7 \$52

#### EVERYBODY EATS! Teens & Adults

"Everybody Eats" choreographed by Guy Caridi, a founding member and artistic director of Seattle's Savoy Swing Club. Guy coached Bainbridge award winning Swingin' Hepcats Performance Troupe during Swing resurgence late '90's. Learn fishtail boogies, scissors, rubber legs and more! **CONTRACTOR**

166100-04 T 6:15-7:15p 4/14-5/5 \$52

#### More LINE DANCE! Teen & Adults

Line dancing is a fun solo way to move to music and a great tool to enhance other dance styles! Learn footwork, timing, pivots and turns and much more! Country music is popular and there are many other genres to line dance to like Swing, Blues, Latin and contemporary! Build your confidence in this disguised exercise and have fun with it! **CONTRACTOR**

166100-05 T 6:15-7:15p 6/2-6/23 \$52

### CROSS STEP WALTZ!

A modern version of popular Waltz, Cross-Step is easy to learn yet endlessly innovative. It travels and rotates like traditional waltz but the addition of the cross-step opens up a wide range of playful yet gracefully flowing variations. Relaxed style and satisfying for both beginners and experienced dancers. Different patterns taught each series. **CONTRACTOR**

166101-01 T 7:15-8:30p 1/14-2/4 \$65  
02 T 7:15-8:30p 2/11-3/3 \$65

### WEST COAST SWING!

Learn a fun modern Swing and possibly the most versatile dance out there! West Coast is a smooth and stylish slotted Swing with Lindy hop roots. Creative, playful and danced to slower tempos in Swing, Rhythm & Blues, Country and Contemporary music. Start learning the basic steps, rhythm and style and you'll have a dance you can do forever. 1st series, basics and six count patterns. 2nd series, eight count and whips. Prerequisite for 2nd series: WC Swing basics.

#### CONTRACTOR

166102-01 T 7:15-8:30p 3/17-4/7 \$65  
02 T 7:15-8:30p 4/14-5/5 \$65

### NIGHT CLUB TWO STEP!

One of the most practical and versatile social dances ever conceived, this simple dance fills a gap where no other dance fits. It's a twist on the slow dance done to mid-tempo ballads and contemporary music. Relaxed and a very smooth style. It's a **sister dance to West Coast Swing** because it gives you an option for some of the slower, groovier tunes. Socially led and followed and easily embellished so that it can move all over the floor. Basics and beyond. **CONTRACTOR**

166103-01 T 7:15-8:30p 6/2-6/23 \$65

### COUNTRY TWO STEP!

Step out to your favorite Country tunes as well as some you might not expect! TWO STEP is a popular and lively progressive dance with FUN turns, wraps and shadows! The basic step is like walking, except the timing is quick, quick, slow, slow. Danced to a wide range of tempos. Basics and beyond. Different patterns taught each series. **CONTRACTOR**

166104-01 Th 7:15-8:30p 1/16-2/6 \$65  
02 Th 7:15-8:30p 3/19-4/9 \$65

### EAST COAST SWING!

Whether you like Country, Rock, Blues, R & B or Big Band music, **Swing** is always in! Intuitive and not terribly structured, it's great for nightclubs, parties, weddings. Learn rhythm patterns to dance to slow, medium and fast music. Emphasis on lead and follow skills. A fun and versatile dance and a logical choice for beginners.

**SWING FAST, SWING SLOW!** — One step to each beat makes SLOW-MED tempo Swing super easy to learn. Because of the steady four counts, it's popular with all types of music...Country, Top 40, just about everything and any medium tempo you can keep up with. Dancers also love the arm-work involved with swinging, wrapping and turning their partners. Simply change rhythm pattern to quicks and slows and easily keep up with FASTER tempos. **CONTRACTOR**

166105-01 Th 6:00-7:15p 1/16-2/6 \$65

**TRIPLE SWING & LINDY!** — Comfortable with basic Swing patterns? Time to add triple steps to your repertoire and ease into six count and then eight count patterns. You'll soon be dancing Lindy Hop, AKA Savoy Swing, the granddaddy of all Swing dances! Smooth style danced to slow-med tempos. Prerequisite: EC Swing basics. **CONTRACTOR**

166105-02 Th 6:00-7:15p 3/19-4/9 \$65





# ADULT

## SWING ON THE MOVE!

Here's a twist on the Swing! This style travels around the perimeter of the room! A combination of triple steps and walks. Most of the spins and turns occur on the walking steps, which slows the pace making it easy to travel. A smooth and graceful dance and its popularity is spreading quickly. A fun style and an opportunity to do something new with your Swing! Six and eight count patterns danced to slow-medium tempos. Basics and beyond. **CONTRACTOR**  
 166106-01 Th 6:00-7:15p 6/4-6/25 \$65

## CLUB SALSA!

The name "salsa" correctly describes the flavor of this dance: hot! Energetic and passionate with lots of fun spins, sharp movement and crisp turns! One of the most popular forms is the **Cuban style**. Instead of dancing "in-the-slot", it's danced in a rotational pattern. Easy to learn, has a relaxed feel and Swing like patterns. Emphasis on lead and follow skills. Basics and beyond. **CONTRACTOR**  
 166107-01 Th 7:15-8:30p 6/4-6/25 \$65

## 2ND SATURDAY DANCES

**Island Center Hall, 8395 Fletcher Bay Rd**  
**Singles & couples; Adults & teens.**

**Dressy casual. Be kind to wood floor;**  
**Wear shoes with clean soles, no black marks.**  
**Dancers invited to bring finger foods to share.**  
**Doors open 7:00p; Pay at the door all events**  
**Info [www.educatedfeet.net](http://www.educatedfeet.net)**  
**Contact [sheila@educatedfeet.net](mailto:sheila@educatedfeet.net) or 842-3012**  
**CONTRACTOR**

### Jan 11: Redshift Dance Party!

A quintet specially tailored for social dances!  
 Includes East Coast Swing, West Coast Swing, Night Club 2-Step,  
 Waltz, Fox Trot, Cha Cha, Rumba, Salsa and more!!  
 \$20 includes 7:15-8:00 pm workshop  
 8:00-10:30 pm dance, live music!

### Feb 8: Just Dance!

DJ Mix Waltz, Blues, Swing, West Coast, Ballroom, Latin  
 \$12 includes 7:15-8:00p workshop  
 8:15-10:00p dance, DJ music!

### Mar 14: Maia Santell & House Blend!

Northwest premier dance band! Versatile mix.  
 \$20 includes 7:15-8:00p workshop  
 8:00-10:30 pm dance, live music!

### Apr 11: Just Dance!

DJ Mix Waltz, Blues, Swing, West Coast, Ballroom, Latin  
 \$12 includes 7:15-8:00p workshop  
 8:15-10:00p dance, DJ music!

### May 9: Redshift Dance Party!

A quintet specially tailored for social dances!  
 Includes East Coast Swing, West Coast Swing, Night Club 2-Step,  
 Waltz, Fox Trot, Cha Cha, Rumba, Salsa and more!!  
 \$20 includes 7:15-8:00 pm workshop  
 8:00-10:30 pm dance, live music!

### June 13: Just Dance!

DJ Mix Waltz, Blues, Swing, West Coast, Ballroom, Latin  
 \$12 includes 7:15-8:00p workshop  
 8:15-10:00p dance, DJ music!

### SPECIALTY WORKSHOPS!

Educate your feet at pre-dance mixers!  
 Check monthly workshop @ <http://www.educatedfeet.net>  
 \*NO pre-registration or partner required!  
 Free with dance!  
 Island Center Hall (ICH)

## LANGUAGE

### SPANISH FOR BEGINNERS

Ages 18 and up. This class is designed for those with little or no previous experience in Spanish. The free online program Duolingo provides the basic curriculum for class as well as the chance to practice at home. We will use stories, music and conversation to build comfort with a new language. We address basic phonetics and grammar with abundant repetition. SHC

166652-01*	W	9:20-10:50a	1/8-2/12	\$110
02	W	9:20-10:50a	4/15-5/20	\$110

\*Registration for this section opens 12/30 at 9:00a.

### INTERMEDIATE CONVERSATIONAL SPANISH

Ages 18 and up. If you have studied some Spanish, this class will help you re-awaken your existing knowledge. We will use stories, music and conversation to refresh prior study and build new understanding. Depending on class interest, we will read stories, plays, or easy novels to build vocabulary and comprehension. We may purchase a book to read in this class, but price should be less than \$20. SHC

166653-01*	W	11:00a-12:30p	1/8-2/12	\$110
02	W	11:00a-12:30p	4/15-5/20	\$110

\*Registration for this section opens 12/30 at 9:00a.

## CANINE CLASSES

Bainbridge Island Metro Park & Recreation District continues to be a dog-friendly environment. Dogs are allowed in all Park District parks as long as they are on leashes unless in a designated off-leash area (Strawberry Hill Park and Eagledale Park). The Park District promotes "Responsible Dog Ownership" which encourages dog owners to show respect for other park users, other dogs, and their own dogs. By practicing responsible ownership, dog owners can positively impact everyone's experience in our public parks.

The Park District created the Dog Advisory Committee to oversee and develop off-leash programs. The Park District and the Dog Advisory Committee encourage park users to enjoy Park District parks with their dogs. The Park District's Dog Advisory Committee (DAC) is a group of citizens and park officials that aim to create a model of "Responsible Dog Ownership" in order to promote mutual respect, safety, and enjoyment for all park users. The DAC is tackling the challenging topic of off-leash use of Park

# ADULT



District parks. They work diligently to develop comprehensive programs to create opportunity, plan and implement educational programs, and monitor and adjust the enforcement program that allows all park users to enjoy their time in Park District parks. It is the goal of the DAC and the Park District to create fun, safe parks where all park users show each other mutual respect.

To report a dog-related issue, dial 911 and ask for Kitsap County Animal Control and Rescue. If you would like to know more about Park District leash policies or want to get involved in continuing to create positive solutions for dog owners, contact the Park District at 206-842-2302.

## VIBRANS DOG WORKS with Mary-Lou Vibrans

Mary-Lou is a Certified Training Partner of the Karen Pryor Academy, a leader in non-aversive, science-based animal training. Before moving to Bainbridge Island twenty years ago, she trained and showed both dogs and horses in her native Canada while working in the field of animal science. She holds memberships in the International Association of Animal Behavior Consultants, Pet Professional Guild, and Association of Professional Dog Trainers. A self-proclaimed geek in the field of animal behavior, she regularly attends conferences and seminars on animal behavior and training methods.

\*Certain sections are marked open for early registration due to class start date. All other sections will open for registration on January 8 (first day of winter/spring registration) at 9:30a.

## PUPPY 101

Do you have a new puppy or are you thinking about adding a new member to your family? This is the class for you. We will cover house training, crate training, name recognition, loose-leash walking, and basic behaviors. We will also work on socialization and what that really means. There will be time to answer specific behavior issues. Supervised play time will be allowed when deemed appropriate by the trainer. Great for puppies 2-6 months old. Only flat collars and harnesses and a 6-foot leash are allowed for class.



\*Open for early registration on December 4. SHMG **CONTRACTOR**

126113-01*	T	2:15-3:15p	1/7-2/11	\$175
02	Sa	12:00-1:00p	1/18-2/15	\$145
03	Sa	12:00-1:00p	2/29-4/4	\$175

## CANINE GOOD CITIZEN

Canine Good Citizen is an American Kennel Club program that is open to both purebred and mixed breed dogs over eight months old. In this class, we will work on refining these ten different behaviors: accepting a friendly stranger, sitting politely for petting, appearance and grooming, loose-leash walking, sit and down on cue and staying in place, coming when called, reaction to another dog, reaction to distractions, and supervised separation. Certificates for successfully completing the class are available from the AKC for an additional fee. Only flat collars or harnesses and a 6-foot leash are allowed in class. Limited to 6 dogs.

\*Open for early registration on December 4. SHMG **CONTRACTOR**

126122-01*	T	10:30-11:30a	1/7-2/11	\$175
02*	W	5:45-6:45p	1/8-2/12	\$175
03	T	10:30-11:30a	2/25-3/31	\$175
04	Sa	10:45-11:45a	2/29-4/4	\$175
05	T	10:30-11:30a	4/14-5/19	\$175
06	W	5:45-6:45p	4/15, 4/29-5/27	\$175
07	Sa	1:45-2:45p	4/18, 5/2-5/30	\$175

## CANINE GOOD CITIZEN ADVANCED **NEW!**

Already have a Canine Good Citizen designation? If you are ready to take it up a notch this class will help you work through distractions when in the presence of other dogs or people. Loose-leash walking, leave it, sit or down from a distance, and recalls with distractions will also be covered. We will also touch on car safety, and how to deal with visits to outdoor eating areas. SHMG

**CONTRACTOR.**

126125-01	Sa	2:30-3:30p	1/18-2/15	\$145
02	Sa	1:15-2:15p	2/29-4/4	\$175
03	W	7:00-8:00p	4/15, 4/29-5/27	\$175
04	Sa	3:00-4:00p	4/18, 5/2-5/30	\$175

## INTRODUCTION TO AGILITY JUST FOR FUN!

Consider this class if you are looking for a way to have fun with your dog and build their confidence at the same time. We will be working to strengthen basic cues in order to start working off lead. Your dog should already know basic cues and be ready to go on to more challenging activities. Only flat collars and harnesses and a 6-foot leash are allowed for class. SHMG **CONTRACTOR**

126121-01	Sa	10:45-11:45a	1/18-2/15	\$145
02	Sa	9:30-10:30a	2/29-4/4	\$175
03	Sa	9:30-10:30a	4/18, 5/2-5/30	\$175

## LOOSE-LEASH WALKING

In this class we will focus on the development of appropriate leash manners. From paying attention to you while out for a quiet walk or making your way through a crowd. We will use a variety of exercises to take the pull out of an outing. No aversive equipment needed. This is a great class for any age of dog. And yes, you can teach an old dog new tricks. Only flat collars and a 6-foot leash are allowed in class. SHMG **CONTRACTOR**

126116-01	Sa	9:30-10:30a	1/18-2/15	\$145
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# ADULT

## TOTAL RECALL I

Wouldn't it be nice if your dog came to you each and every time that you called them? We will be using a proven training method developed by a world champion agility trainer to accomplish just that! Through the use of games, we will work to strengthen the bond that you have with your dog. There will be homework for this class, but I promise it will be worth it. This class is open to dogs of all ages. Flat collar or harness and a 6-foot leash required for class. \*Open for early registration on December 4. SHMG **CONTRACTOR**

126123-01*	T	1:00-2:00p	1/7-2/11	\$175
02	T	11:45a-12:45p	2/25-3/31	\$175

## TOTAL RECALL II

This class will be a continuation of Total Recall I. Through games we will continue to work to build an even stronger relationship between you and your dog. You must have completed Total Recall I in order to enroll. Flat collar or harness and a 6-foot leash required for class. SHMG **CONTRACTOR**

126126-01	Sa	1:15-2:15p	1/18-2/15	\$145
02	T	1:00-2:00p	2/25-3/31	\$175
03	T	1:00-2:00p	4/14-5/19	\$175

## THERAPY DOG TRAINING

If you would like to participate in the many therapy dog programs such as Reading to Rover, visiting hospitals, shut-ins, or senior citizen homes with your dog this class will help you prepare for certification. Participants should already have some solid understanding of basic manners as we will be building on these foundations. \*Open for early registration on December 4. SHMG **CONTRACTOR**

126118-01*	T	11:45a-12:45p	1/7-2/11	\$175
02	T	2:15-3:15p	2/25-3/31	\$175
03	W	5:45-6:45p	2/26-4/1	\$175
04	T	11:45-12:45p	4/14-5/19	\$175

## AGILITY BEYOND THE BASICS

This class will be of interest to those who have completed Agility Just for Fun. We will be introducing the A-frame, dog walk, teeter totter, as well as foot work to help you make any course easier to navigate. As we progress, dogs will be able to work off leash during classes. Agility is a great way to train your dog while building a solid relationship. And did I mention, it's a whole lot of fun! Only flat collar or harness and a 6-foot leash are allowed in class. SHMG **CONTRACTOR**



126128-01	Sa	10:45-11:45a	4/18, 5/2-5/30	\$175
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## S.T.A.R PUPPY

Socialization, Training, Activity, Responsibility. Participants in this class will work on basic puppy manners like sit, down, stay and polite leash manners. We also cover some of the other aspects that are often overlooked such as improving vet visits, getting over fears and building confidence. Great for puppies 6 to 12 months of age. This program is sanctioned through the American Kennel Club. Upon completion of the course and passing a test, participants may pay a small fee and receive a recognition certificate from the AKC. Puppies need not be purebred. Only flat collar or harness and a 6-foot leash are allowed in class. \*Open for early registration on December 4. SHMG **CONTRACTOR**

126124-01*	W	7:00-8:00p	1/8-2/12	\$175
02	Sa	2:30-3:30p	2/29-4/4	\$175
03	T	2:15-3:15p	4/14-5/19	\$175
04	Sa	12:30-1:30p	4/18, 5/2-5/30	\$175

## SPECIAL INTEREST

### GREEN LIVING SERIES **NEW!**

**Go Green!**  
Ages 8 and up. Make a family lifestyle shift. Living more sustainably starts with the green principles of re-using, re-purposing, and reducing waste and chemicals. Invest in a fun day of doing and leave with what you'll need to continue making the shift. You'll learn to make a number of items and changes for use in your own life. Includes all materials and supplies. SHC

### SEWING GREEN

Learn to make a re-useable shopping bag from a favorite tee shirt, a set of cloth napkins, a colorful party pennant for family celebrations, and a variety of bees-wax food covers. No previous sewing experience needed. SHC

#### Individual

170225-01	Sa	10:00a-2:00p	1/18	\$50
03	Sa	10:00a-2:00p	4/18	\$50

#### Family

170225-02	Sa	10:00a-2:00p	1/18	\$75
04	Sa	10:00a-2:00p	4/18	\$75

### CLEANING GREEN

Start with some jars and basic ingredients and mix up a batch of healthier cleaning compounds for your home and body. You'll leave with an armful of environmentally responsible alternatives to plastic containers of cleansers. Side-by-side demonstrations included. SHC

#### Individual

170225-05	Sa	10:00a-2:00p	2/22	\$50
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#### Family

170225-06	Sa	10:00a-2:00p	2/22	\$75
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## RECREATION COFFEE CONVERSATION

Got ideas for new programs? Want to teach a program? Know of something you'd love to see offered? Drop in on a Recreation Coffee Conversation and share your ideas! For more info, see page 55.



# ADULT



## GROWING GREEN

Indoor plants and outdoor gardens can be a source of clean air, exercise, and good food. Create a home for helpful insects, learn about the best indoor plants for air quality, mix up some “garden tea,” make a simple kitchen compost system, and plant some starts for this year’s veggie garden. CYC

### Individual

170225-07 Sa 10:00a-2:00p 5/2 \$50

### Family

170225-08 Sa 10:00a-2:00p 5/2 \$75



## LIFE DESIGN FOR RETIREES

This Stanford-designed course is adapted for those 50+ folks who are facing the new landscape of retirement. How do we take advantage of the uncharted opportunities of this age while making sure we are living on purpose? This is what Life Design promises — how to find what we want to do now as we decide who we want to grow into tomorrow. Build your way to a new, well-designed life that is productive and evolving! For more information, or to register with Sue Barrington call 206-842-2306 x140. SHC

166465-01	F	9:30-11:30a	3/13-4/3	\$50 (optional book +\$15)
02	F	9:30-11:30a	5/1-5/22	\$50 (optional book +\$15)

## HILLTOP ACOUSTIC JAM

### All-ages music jam

Bring your guitar, voice, uke, fiddle, or any other instrument, for an old-fashioned song-swapping circle at Prue’s House! Beginners and veterans learn from each other, no stage fright and no pressure; sit in or just come to listen! A great place to try out original work, practice a favorite cover, or just gain skills on that brand-new gift instrument! All ages welcome, from 8-108, and it’s FREE! Hot drinks provided. Third Friday, monthly at 7:30p. 1/17, 2/21, 3/20, 4/17, 5/15, and 6/19 HT



## LET’S GET GROWING!

For all those who crave time in the garden. This course is for folks that may have a bit of knowledge, lots of curiosity, but are shy on confidence. Let’s Get Growing is a six-week adventure in gardening: from planning to prepping, from greenhouse to pea-patch, from garden to sharing the harvest. Amy Kuhl is a retired Special Education teacher and nurse and is married to the owner of Butler Green Farms. Her wealth of knowledge and experience coupled with her contagious enthusiasm make Amy a great instructor!

166480-01	M	10:00a-12:00p
3/23-4/27	\$60	



## A FRESH LOOK AT DEATH

**A Fresh Look at Death**  
**February 1 from 9:00a-12:00p**  
**Waterfront Park Senior Community Center**

Includes some of the best of current re-thinking about planning options. From death duodas to home vigils, from hydro-cremation to re-composition. We’ll be learning from top professionals in the field from throughout the region. Join your friends and neighbors in a morning well spent!

*Getting our end-of-life affairs in order is one of the greatest gifts we leave our loved ones.*

**Co-sponsored by BIMPRD and BISCC.**

**Thanks to our sponsors, this event is only \$5 per attendee. Please make your reservations by calling 206-842-1616**



# ADULT

## SPORTS & FITNESS

Do you have an idea for a class, league, clinic or camp you'd like to see the Park District offer? Let us know about it. Email Julie Miller at [julie@biparks.org](mailto:julie@biparks.org).

### EMPLOYMENT OPPORTUNITIES

- Tennis Instructors
- Basketball Skill Instructors
- Fitness/Exercise Class Instructors
- League Supervisors
- Camp Program Supervisors

Benefits of working with us: free pool pass, ½ off most classes offered by the District, professional development, training

### VOLUNTEER OPPORTUNITIES

- Tennis Instructors
- Soccer Coaches
- Basketball Coaches
- Basketball Referees
- Volleyball Coaches
- Camp Counselor

## OPEN GYM SPORTS

All open gyms are held in the High School Lower Gym. Players can drop in and play for \$5.00 per visit or buy a 5-visit pass for \$20 or 12-visit pass for \$40. Passes can be purchased online using activity number 111111 or at the gym. \*Subject to changes and cancellations due to school functions, holidays or low attendance.

MONDAY	SOCCER	7:30-9:30p
TUESDAY	BASKETBALL	7:30-9:30p
WEDNESDAY	PICKLEBALL	7:30-9:30p
THURSDAY	PICKLEBALL	7:30-9:30p
FRIDAY	PICKLEBALL	7:30-9:30p
SUNDAY	PICKLEBALL	4:00-6:30p

**\*\*During the construction at Bainbridge High School the lower gym will be down to half a gym and all weekday evening open gyms will be starting 30 minutes later.**

## PICKLEBALL

The sport of pickleball was invented right here on Bainbridge Island. It is one of the fastest-growing sports in the nation. Come play and see what all the excitement is about.



### ALL AGES INTRO TO PICKLEBALL

All ages. Come learn the rules and how to play in this introductory class taught by experienced players. Course content includes: history, safety, equipment, basic rules and court position. Then you will be ready to come to open gym pickleball nights!

111336-01	F	7:30-8:30p	1/17	\$15
02	F	7:30-8:30p	1/31	\$15
03	F	7:30-8:30p	2/14	\$15
04	F	7:30-8:30p	2/28	\$15



### OUTDOOR PICKLEBALL OPEN PLAY

Come play pickleball outside at Battle Point Park! The courts are set for play in two ways. Use the existing tennis nets to play by adjusting the nets to the correct height or use one of the six courts lined for portable nets. Questions? Contact Julie at 206-842-2306 x114.

**MONDAY-SUNDAY 10:00a-12:00p** Weather permitting.



# ADULT



## TENNIS

### AFFORDABLE TENNIS FOR ALL

We're working hard to provide a whole new selection of more affordable youth and adult tennis lessons and camps for all levels of players both inside and outside. Don't see a class you'd like to see offered? Shoot us an email to let us know.

Tennis lessons are held on the Bainbridge High School tennis courts if the weather permits. They are held in the Bainbridge High School Lower Gym if the weather does not.



### DOUBLES DRILL

Ages 18 and up. The focus here is on live ball play and drills to help you improve your quickness and positioning on the doubles court. Particular attention will be given to volley technique and placement as well as strategic and tactical considerations. Limited to 6 players. HSLG

112702-01	Sa	1:30-2:30p	1/18-2/15	\$70
02	Sa	1:30-2:30p	2/29-3/28	\$70
03	Sa	1:30-2:30p	4/18-5/16	\$70
04	Sa	1:30-2:30p	5/23-6/13	\$56

### CARDIO PLUS

Heart-pumping fitness for all levels. Fast paced and great for all players. Cardio tennis is the fastest-growing program in the country. All strokes are practiced and developed. HSLG

112713-01	Su	9:00-10:00a	1/19-2/16	\$45
02	Su	9:00-10:00a	3/1-3/29	\$45
03	Su	9:00-10:00a	4/12-5/10	\$45
04	Su	9:00-10:00a	5/17-6/14*	\$36

\*No class 5/24

### THE SERVE NEW!

From the ground up, we will work to build and develop the most important shot in the game into a true weapon. Learn how to add pace and spin, gain consistency and improve placement.



112714-01	Sa	2:30-3:15p	1/18-2/15	\$45
02	Sa	2:30-3:15p	2/29-3/28	\$45
03	Sa	2:30-3:15p	4/18-5/16	\$45
04	Sa	2:30-3:15p	5/23-6/13	\$36

### PRIVATE, SEMI-PRIVATE AND GROUP TENNIS LESSONS

Do you or your kiddo need some extra court time to work on your tennis game? Our Park District tennis pros will help you learn and polish your game. Schedule your private, semi-private or group lessons between 10:00a and 3:00p on Sundays either inside in the Bainbridge High School Lower Gym or outside on the Bainbridge High School tennis courts. Email our tennis pro Jennifer Shorr for more information at [jennifers@biparks.org](mailto:jennifers@biparks.org).

- 112799-01 Private Lesson: 1 hour 1 person = \$50
- 02 Semi-Private Lessons: 1 hour 2 people = \$30 each
- 03 Group Lessons: 1 hour 3-4 players, 3 players = \$25 each, 4 players = \$20 each
- 04 Private Lessons: 10 pack of 1-hour lessons = \$450 (10% off)
- 05 Private Lessons: 5 pack of 1-hour lessons = 237.50 (5% off)
- 06 Semi-Private/Group Lessons: 10 pack of 1-hour lessons = Semi \$270pp, Group \$225pp, \$180pp (10% off)
- 07 Semi-Private/Group Lessons: 5 pack of 1-hour lessons = Semi \$142.50pp, Group \$118.75pp, \$95pp (5% off)

## TABLE TENNIS



### ALL LEVELS TABLE TENNIS ★

Ages 13 and up. More than just a game, table tennis is an Olympic sport played by some of the most amazing athletes in the world. Come learn (or improve) your basic stroke mechanics, footwork, grip, stance, and serves. Class can be taken multiple times as your skills advance. Limited 8 players. SHMG

112722-01	M	7:00-8:30p	2/24-3/30	\$55
02	M	7:00-8:30p	4/13-5/18	\$55

### TABLE TENNIS OPEN GYM ★

Ages 16 and up. Come practice and play. No experience necessary. \$2 drop-in fee per visit or buy a punch card for \$10 paid at the gym. SHMG

TUESDAY 7:00-10:00p 1/14-6/9 \$2 drop-in per visit



**Join our Tennis "Team": Sign up for two of our tennis classes and receive a 5% discount. Sign up for three tennis classes and get a 10% discount. For more information contact Julie at [julie@biparks.org](mailto:julie@biparks.org).**





# ADULT

## EXERCISE & FITNESS

### MORNING EXERCISE AT THE SHP MINI GYM

Active Adult Fitness classes taught by Eileen Magnuson, ACE, AASDN certified instructor. Pick your favorite or join us Monday through Friday. Punch card is good for both classes below: \$50 10-class pass/\$7 drop-in. For more information, or to register with Sue Barrington call 206-842-2306 x140.



### STAY STRONG

Increase muscular strength, range of motion, balance and agility. Eileen will teach you how to stay strong for your daily life activities. Some exercises done on the floor. SHMG

166425-01 TTh 8:45-9:45a 1/7-6/11

### FUNTASTIC FITNESS

This class combines aerobic, flexibility, and strength training in a positive, energizing environment. You will learn exercises designed to increase flexibility, joint stability, balance, coordination, agility, muscular strength, and cardiovascular endurance. Get ready for a head-to-toe workout! SHMG

166426-01 MWF 9:00-10:00a 1/6-6/12

### T'AI CHI CHIH LESSONS

Build strength and coordination. T'ai Chi Chih combines slow, rhythmic movements with deep breathing and visual techniques to enhance the flow of Chi, the Vital Force. T'ai Chi Chih tones and strengthens the muscles without putting excessive stress on the knees, feet, hips or back. Come experience this modern adaption of the ancient discipline called by some A Moving Meditation. NOTE: This class is sequential; weekly attendance is required for greatest success. Certificated instructors listed below. Limited to 8 participants. For more information, or to register with Sue Barrington call 206-842-2306 x140. SHMG

166422-01 M 10:30-11:30a 1/6-3/9\* \$65 Eileen Magnuson\*\*  
02 W 1:30-2:30p 3/25-5/13 \$65 Bill Nakao

\*\*Registration for this section only opens 12/30 at 9:00a

\*No class 1/20, 2/17



### T'AI CHI CHIH INTERMEDIATE LESSONS

This course has been developed for students who have completed the preliminary lessons and desire a deeper level of practice. Intermediate T'ai Chi Chih will address the six principles of how to move, and help students refine their movements. Discussion topics will include the concept of Qi, the Vital Force, Mindfulness and Energy Flow.

NOTE: Weekly attendance is required for greatest success. Certificated instructor Bill Nakao. Limited to 10 participants. For more information, or to register with Sue Barrington call 206-842-2306 x140. SHMG

166423-01 M 1:30-2:45p 1/27-3/16 \$75



### T'AI CHI CHUAN: THE WAY

This course, founded on the Yang style of T'ai Chi Chuan, reminds us how to move through the world in a manner that is both relaxed and powerful. Each class focuses on a different aspect of The Way, with the goal of integrating the practice into everyday life. Slow-motion training encourages participants to feel, correct and strengthen balance and postural alignment. This ongoing class is taught by Caylen Storm. Newcomers always welcome; passes can be used for either the AM or PM classes. \$50 per 5-week pass, \$90 per 10-week pass, \$12 drop-in. For more information, or to register with Sue Barrington call 206-842-2306 x140. ICH

166421-01\* T 10:00-11:30a 1/14-6/9

\*Registration for this section opens 12/30 at 9:00a.

### MINDFULNESS AND MUSE MEDITATION

Improve your ability to be present, calm and focused. Learn the basics of mindfulness and meditation in this four-week course. Each week includes a mindfulness lesson and weekly meditation goal to help build your practice over time. Experience the latest in wearable technology using a neurofeedback device (the Muse) which provides you with real-time feedback on brain activity during meditation. A smartphone and earbuds are required. For more information, or to register with Sue Barrington call 206-842-2306 x140. Melissa McClain facilitates. SHC large room

166469-01 M 6:00-7:30p 4/6-4/27 \$50



# ADULT



## AFFORDABLE EXERCISE AND FITNESS FOR ALL

Our goal is to offer exciting, fun and social fitness opportunities where folks can work out, have fun and make new friends at a price that doesn't break the bank. Experienced instructors and a supportive group atmosphere will help keep you motivated. **TRY THE FIRST CLASS FOR FREE!** Want to know more? Shoot us an email at [julie@biparks.org](mailto:julie@biparks.org).

### MEET PAMELA MALO, OUR NEW DIETITIAN

Pamela Malo discovered the merits of meal planning over a decade ago. Time was short while getting her Master's in nutrition, so she found a simple way to eat well without spending hours a day in the kitchen. Today as a dietitian and yoga instructor she enjoys helping individuals and families navigate science and spirit of true nourishment.



### MEAL PLANNING MADE EASY NEW!

Ages 18 and up. In this interactive class you will learn the benefits and best practices for efficient meal preparation. This class emphasizes "flexible" meal planning for families and individuals who may not know exactly what their week will look like ahead. Healthy, portable snacks to take on the go are covered as well. Leave with recipe ideas and a meal planning template to use at your own home. Fee includes supplies. SHC

111304-01	Su	1:00-4:00p	1/26	\$68
02	Sa	1:00-4:00p	3/21	\$68

## DISCOVER BAINBRIDGE SOCIAL RUNS — A.M. NEW! ★

Ages 13 and up. Want to run with others and explore new areas of the island? Join us for weekly morning runs where together we'll explore new roads on the island and enjoy the camaraderie of running with other islanders! It's an opportunity to meet other runners in an inclusive environment that is open to all levels. Running with others is a great way to meet people and make new friends. And for those who're available after our run, we can head to the local coffee place and grab a cup together! We invite you to become a part of our running community!

111315-01	TTh**	9:15-10:15a	1/14-1/30	\$69
02	TTh**	9:15-10:15a	2/4-2/27*	\$69
03	TTh**	9:15-10:15a	4/14-4/30	\$69
04	TTh**	9:15-10:15a	5/5-5/21	\$69
05	TTh**	9:15-10:15a	6/2-6/18	\$69

\*No class 2/18, 2/20

\*\*Can't make both days of the week to run? Let us know so we can work out a solution.



## PROGRAMS FOR TEENS AGES 13-17

## HIIT FITNESS — A.M. ★

Ages 13 and up. "No Time for Exercise!?" Then you need to come to our HIIT class specifically designed to give you a great workout in just 30-45 minutes! This class will target your major muscle groups, teach you correct form and give you a strenuous workout in half the time of a usual workout! A short investment for a great payoff! Now you have no more excuses! Drop-in Pass option available — Contact Julie for more information at [julie@biparks.org](mailto:julie@biparks.org). ICH

111316-01	M	8:00-9:00a	1/13-2/24	\$57.50
02	M	8:00-9:00a	4/13-5/11	\$57.50
03	M	8:00-9:00a	5/18-6/15*	\$46

\*No class 5/25

## CORE/BALANCE TRAINING — A.M. NEW! ★

Ages 13 and up. Want to strengthen your core and improve your balance but don't have a lot of time? Try the NEW 30-minute Core/Balance Training class. Having a strong core and good balance makes everyday activity and exercise easier and decreases your risk of falling. Drop-in Pass option available — Contact Julie for more information at [julie@biparks.org](mailto:julie@biparks.org). ICH

111317-01	W	8:30-9:15a	1/15-2/26*	\$69
02	W	8:30-9:15a	4/15-5/13	\$57.50
03	W	8:30-9:15a	5/20-6/10	\$46

\*No class 2/19

## BANDS AND TUBES CLASS — A.M. NEW! ★

Ages 13 and up. Do you have exercise bands and/or tubes and have no idea how to get a good workout with them? Want to be able to take your workout with you when you travel but don't want to pack heavy weights? If your answer is "yes" to both or either, you need to take this class! Learn how to get a total body workout just using bands and tubes! Drop-in Pass option available — Contact Julie for more information at [julie@biparks.org](mailto:julie@biparks.org). ICH



111314-01	T	8:00-9:00a	1/14-2/25*	\$80.50
02	T	8:00-9:00a	4/14-5/12	\$69
03	T	8:00-9:00a	5/19-6/9	\$57.50

\*No class 2/18

## CIRCUIT TRAINING — A.M. ★

Ages 13 and up. Have you always wanted to learn about functional exercises, strength training and correct form but couldn't afford a personal trainer? Well now you can! Learn the correct way to strength train using your own body weight (no machines needed!), how to minimize injury, maintain strength, learn functional fitness, and more! This class will provide the essentials of personal training in a non-intimidating environment and small class setting. Drop-in Pass option available — Contact Julie for more information at [julie@biparks.org](mailto:julie@biparks.org). SHMG

111310-01	Th	7:15-8:15a	1/16-2/27*	\$80.50
02	Th	7:15-8:15a	4/16-5/14	\$69
03	Th	7:15-8:15a	5/21-6/11	\$57.50

\*No class 2/20

Join our A.M. Workout Crew: Sign up for any three of Stacey's classes (Social Runs, HIIT Fitness, Circuit Training, Core/Balance, Bands/Tubes) and receive a 10% discount on them. For more information contact Julie at [julie@biparks.org](mailto:julie@biparks.org).



# ADULT



## PERSONAL TRAINING/HEALTH COACHING **NEW!**

One-on-one or small group, up to 4 folks maximum: Looking for help in goal setting? Want to feel good and be your best self? Have you always wanted to hire a personal trainer but found it cost prohibitive? Now you can with BIMPRD Affordable Fitness! Train with Stacey, ACE Certified Health Coach, to achieve your goals through fitness, nutrition and behavior modification. Make 2020 your best year yet!

- 111301-01 Private Training: 1 hour = \$50
- 02 Semi-Private Training: 1 hour 2-4 people = \$30 each
- 03 Private Training: 5 pack of 1-hour sessions = 237.50 (5% off)
- 04 Private Training: 10 pack of 1-hour sessions = \$450 (10% off)
- 05 Semi-Private Training: 5 pack of 1-hour sessions = \$142.50 each (5% off)
- 06 Semi-Private Training: 10 pack of 1-hour sessions = \$270 each (10% off)

Stacey Stoner, MS Kinesiology/Exercise Science, ACE Health Coach & Senior Fitness Specialist, RRCA Running Coach, background in personal training, small group training, Community College Health/Fitness Instructor, Weight Watchers Leader and has completed 21 marathons and 20+ half marathons. Stacey's approach to training is to provide a non-intimidating, well-rounded, healthy approach to achieving fitness and health goals.

## TRAIL RUNNING CLUB

Have fun, get fit, sharpen your running skills and enjoy the woods while exploring the island trails. Runs are 60-75 minutes and an easy 10-12 min/mile pace. Robin Ballou is ACE-certified personal trainer, group fitness leader and longtime runner. First class meets at lower Grand Forest parking lot on Miller Road. Questions? Email her at rballou@johnlscott.com.

111313-01	W	9:00-10:30a	1/15-2/12	\$55
02	W	9:00-10:30a	2/26-3/25	\$55
03	W	9:00-10:30a	4/1-5/6*	\$55
04	W	9:00-10:30a	5/13-6/10	\$55

\*No class 4/8

## ZUMBA with TIFFANY and SARAH

Ages 13 and up. Burn your calories off with a big smile on your face! Zumba takes the "work" out of workout. Zumba uses contemporary Latin and World rhythms along with current radio tunes to get your heart pumping. All levels welcome. ICH **CONTRACTOR**

111319-01	MW	7:00-8:00p	1/06-6/10
02	Su	11:00a-12:00p	1/05-6/14

\$80 for 10-class pass / \$12 drop-in



## ZUMBA GOLD WITH PAMELA AND MERCEDES

Energetic and fun workouts that aren't hard on your joints. Zumba Gold is designed for seniors and those just starting to dance. You'll get fitter, have a great time, and meet some of the most fun people on the island! There's a spot saved for you so come on over! The only prerequisite is that you want to have fun! Questions? pmccann@ix.netcom.com ICH

111303-01	MF	9:30-10:30a	1/13-6/12
02	T	5:00-6:00p	1/14-6/9

\$60 for 10-class pass / \$8 drop-in

## FIGHT BACK! SELF-DEFENSE FOR WOMEN AND TEENS

Ages 13 and up. Discover your power! Find your voice! Trust yourself! In this 4-hour workshop, you will be trained to set boundaries and deal with threats, from harassment to violent attacks. You'll make a lot of noise, hit some pads and be inspired by your own strength. Taught by a woman black belt with over 25 years of martial arts experience. ICH (Jessica Dubey) **CONTRACTOR**

111731-01	Sa	1:00-5:00p	2/8	\$79
02	Sa	1:00-5:00P	4/18	\$79
03	Sa	1:00-5:00p	6/20	\$79

## MOVE INTO THE NEW YEAR WITH OUR ADULT AQUA EXERCISE CLASSES!

Need to boost your energy, gain/restore movement and get a great workout? We have a class that will fit your needs. These classes are not for active seniors alone. Did you know that the most elite athletes also participate in water therapy to keep their joints healthy during training? Ask our front desk which class would be right for you. Need a swim suit? We can help lead you to the right one for your needs! Go to page 85 for class descriptions and times.

## GIVE THE GIFT OF AN EXPERIENCE!

The world needs less stuff and more FUN! Consider giving an experience instead of a thing for holidays and special occasions. Art classes, a hike, swim passes, kayak paddling, yoga, and dance lessons make wonderful surprises. If there is an activity in this catalog you would like to gift, let us help you wrap it up!



# ADULT



## FITNESS WITH A GYMNASTICS TWIST



### RELEASE YOUR INNER CHILD

Ages 17 and up. Train like a child and get back the energy and strength you once had but didn't even notice at the time. Participants will be taught skills like handstands and cartwheels, along with movement techniques from parkour. Participants will also train with obstacles like Ninja Warrior and play games. This is a great way to get in shape or stay in shape by having fun. Tuesdays at BHS Gymnastics Room. \*\*Wednesdays at Transmitter Building

141598-01	T	6:30-7:30p	2/25-3/10	\$49
02	W**	2:00-3:00p	2/26-3/11	\$49
03	T	6:30-7:30p	3/17-3/31	\$49
04	W**	2:00-3:00p	3/18-4/1	\$49
05	T	6:30-7:30p	4/14-5/12	\$81
06	W**	2:00-3:00p	4/15-5/13	\$81
07	T	6:30-7:30p	5/19-6/9	\$65
08	W**	2:00-3:00p	5/20-6/10	\$65

### UP, AROUND AND OVER NEW!

Ages 50 and up. Improve your ability to navigate the world with more strength, balance and confidence! This parkour class has been specially designed for the 50+ crowd. It's not running through a city obstacle course; it is learning to conquer everyday challenges as they present themselves in real life! Practice getting up from a variety of positions, figure out how to get over or around things standing in your way. A practical course for folks wanting to stay fit and able to respond to life's many surprise situations. Get stronger, smarter and have fun while you are at it! Transmitter Building

141538-01	W	8:00-9:00a	1/15-2/12	\$81
02	W	8:00-9:00a	2/26-3/11	\$49
03	W	8:00-9:00a	3/18-4/1	\$49
04	W	8:00-9:00a	4/15-5/13	\$81
05	W	8:00-9:00a	5/20-6/10	\$65

### BODYWEIGHT FITNESS NEW!

Ages 18 and up. This fun class uses gymnastics conditioning to strengthen and tone your body. Participants will be taught and led through stretching, proprioception, functional movements and a vast array of bodyweight exercises to keep your body guessing and keep your strength increasing. All levels of fitness welcome, from couch potato to athlete. Transmitter Building

141539-01	W	12:00-1:30p	1/15-2/12	\$81
02	W	12:00-1:30p	2/26-3/11	\$49
03	W	12:00-1:30p	3/18-4/1	\$49
04	W	12:00-1:30p	4/15-5/13	\$81
05	W	12:00-1:30p	5/20-6/10	\$65



### FAMILY FIT

Ages 4 and up. This is an excellent class for families to have fun and be fit together. Participants will be taught gymnastics and parkour skills, along with a plethora of movements to increase overall strength, balance and agility. This is a great opportunity to work out with your kids, have family challenges and share a healthy lifestyle together. Price is per person. BHS Gymnastics Room

141594-01	M	2:30-3:30p	2/24-3/9	\$49
02	M	2:30-3:30p	3/16-3/30	\$49
03	M	2:30-3:30p	4/13-5/11	\$81
04	M	2:30-3:30p	5/18-6/8*	\$49

\*No class 5/25

### ADULT DROP-IN WORKOUT NEW!

Ages 18 and up. This is an opportunity to start your weekend off with a great morning workout. Drop in and join others who want to get, or stay, in shape by doing some fun workouts. Workouts are based off gymnastics, parkour, obstacle courses and bodyweight exercises. Go at your own pace. BHS Gymnastics Room Cost:\$10.00 (includes tax) drop-in fee

**Winter Quarter Hours**  
Sa 7:30-9:00a; 2/29-3/28

**Spring Quarter Hours**  
Sa 7:30-9:00a; 4/18-6/13\*  
\*No workout 5/23



# ADULT

## YOGA



### YOGA with JOTI CHANDRA KAUR ★

Ages 13 and up. This class will focus on the fundamental yoga poses, breath, and mindfulness, with extended relaxation. This gentle yoga practice brings us closer to a balance point — to a state of stability, ease, and inner stillness where health and happiness blossom. It provides a basic foundation in yoga. Joti Chandra Kaur is RYT 200 and a certified gong practitioner. Her personal practice includes all styles of yoga, including Kundalini yoga, Ashtanga, and yin. Drop-in \$16. ICH.

111204-01	Th	10:00-11:30a	1/16-2/13	\$105 <sup>^</sup>
02	Th	10:00-11:30a	2/27-4/2	\$126 <sup>^</sup>
03	Th	10:00-11:30a	4/16-5/14	\$105 <sup>^</sup>
04	Th	10:00-11:30a	5/21-6/18	\$105 <sup>^</sup>
05	M	12:30-2:00p	1/13-2/24*	\$105 <sup>^</sup>
06	M	12:30-2:00p	3/2-3/30	\$105 <sup>^</sup>
07	M	12:30-2:00p	4/13-5/18	\$126 <sup>^</sup>
08	M	12:30-2:00p	6/1-6/15	\$63 <sup>^</sup>

\*No class 1/20, 2/17

<sup>^</sup>Or purchase a yoga ticket book of 10 tickets for \$150 which is available at the Aquatic Center.

### YOGA FLOW with HEIDI LANGENDORFF ★

This well-rounded yoga class will improve your flexibility, strength, and balance. You will use your breath to move mindfully from posture to posture with assistance from thoughtful cueing and demonstrations. Music and conscious breathing offered in every class. The practice will leave you feeling calm, grounded and uplifted. Class held at a beautiful yoga studio in downtown Winslow. Bring a yoga mat. Devoted Yogi® Training Studio. Appropriate for all levels.



<b>CONTRACTOR</b>				
111219-01	Th	4:15-5:15p	1/9-2/13	\$48
02	Th	4:15-5:15p	2/27-4/2	\$48
03	Th	4:15-5:15p	4/16-5/21	\$48

## WALKS

### BIRDING IN OUR PARKS NEW!

All ages. Come explore Blakely Harbor Park, Nute's Pond, and Schel Chelb Park. Over the course of the morning we will walk about 1.5 miles, peering into shrubs, scanning the horizon, carefully listening for cheeps and tweets, on a quest to find the treasure...BIRDS! Identification and other birding tips will be discussed. Bring binoculars. Limited to 8 people. Meets at Blakely Harbor Park.

111913-01	Su	7:00-9:30a	3/29	\$15
02	Su	7:00-9:30a	4/26	\$15

### DISCOVER ★ BAINBRIDGE WALKS

**Come walk with us and discover the backroads and trails of Bainbridge. You'll learn some of the history of the island and meet new friends. Walks are a steady pace, rain or shine. First walk starts at Rotary Park on Weaver Road.**

#### 4-MILE WALKS

##### Tuesday and Wednesday

111910-01	T	9:00-11:00a	1/21-3/24	\$38
02	W	9:00-11:00a	1/22-3/25	\$38
03	T	9:00-11:00a	4/14-6/16	\$38
04	W	9:00-11:00a	4/15-6/17	\$38

##### Sunday

111912-01	Su	9:00-11:00a	1/26-3/29	\$38
02	Su	9:00-11:00a	4/12-6/14	\$38



#### 2-MILE WALKS

Flatter roads and trails of Bainbridge. Nice easy pace.

111911-01	Th	9:00-10:15a	1/23-3/26	\$33
02	Th	9:00-10:15a	4/16-6/18	\$33



# ADULT



## WHEELS IN THE WOODS **NEW!**

For people who use a wheelchair or scooter and want to get out into our parks. This group operates via email to select the day and time that works for the most members, and also to take weather into account (since electronics tend not to like rain, and wheelchairs and scooters can damage trails when it's too wet). In the past we've gone to Blakely Harbor Park, Manzanita Park, Gazzam Lake Nature Preserve, the Grand Forest, and Fort Ward Park. If members are interested, we could explore the newly opened trails in the Port Gamble Forest Heritage Park. We always have at least one able-bodied person with us in case we run into difficulties, except when we go to Fort Ward Park or Battle Point Park, where the trails are either paved or wide gravel trails. That person usually is Kirk Robinson, former park commissioner and current member of the trails committee, who selects trails that our chairs will be able to navigate. To be added to the email list, please email Marsha Cutting at [mcutting@gmail.com](mailto:mcutting@gmail.com).



## WALKS WITH COMMISSIONERS

Join a Park District Commissioner to walk and explore new and existing trails. This is a wonderful opportunity to get to know your Park District Commissioners and they will have the opportunity to hear directly from you. Each month we will enjoy a 3-4 mile hike, share history and community. Meets monthly. Third Sunday of each month.

111915      Su      1:00-3:00p      Free

## WILDERNESS HIKES

**Our wilderness trips offer one-of-a-kind experience, rewarding participants with the very best that the backcountry has to offer. We'll visit some of the most beautiful and remote spots in the Olympic Mountains, the Washington Coast, and around Mount Rainier. Expect lush river canyons, open wildflower meadows, breathtaking ridge top views, rugged and remote coastlines, and sparkling alpine lakes. See pages 50-55 for detailed trip listings and other information.**



## TEAM SPORTS/LEAGUES

**We provide opportunities for both youth and adults to be a part of organized team sports all year round. Get your friends, neighbors, and co-workers together to play!**

### FLAG FOOTBALL — PICK-UP GAMES **NEW!**

7 on 7 No Contact. Six weeks of pick-up games. Registration required in order to play. All skill levels are welcome. We'll provide the flag belts, cones and discs, footballs, reversible pinnies, and a staff person to help organize games. You'll need to bring cleats and water. All games are call you own fouls. Games happen rain or shine. Questions? Contact Julie at 206-842-2306 x114 or [julie@biparks.org](mailto:julie@biparks.org). BPP

113703-01      M      7:00-8:30p      4/13-5/18      \$50

### ULTIMATE FRISBEE — PICK-UP GAMES **NEW!**

Fun, casual pick-up games of Ultimate Frisbee. Registration required in order to play. All athletic levels welcome. We provide cones and discs, frisbees, reversible pinnies, and a staff person to help organize games. Questions? Contact Julie at 206-842-2306 x114 or [julie@biparks.org](mailto:julie@biparks.org). BPP

113704-01      Th      7:00-8:30p      4/16-5/21      \$50



### MEN'S RECREATIONAL SOFTBALL LEAGUE

Ages 18 and up. 10-12 game regular season plus at least one game in our end-of-season tournament. ASA rules will be used, except where noted. For complete list of rules contact us. Season runs roughly June 1 to August 13. Team Managers are required to attend all mandatory pre-season meetings. Meetings will be held in April and May. Times and dates to be determined. Registration deadline is May 24; all team fees are due in full at that time. Game times are 6:15p, 7:30p. BPP

113702-01      MTh      6/1-8/13      \$700





# ADULT



## COED 50+ SOFTBALL

Ages 50 and up. No experience necessary. All levels of players welcome! Practices start in April and go through the end of September. Several games against other teams will be played throughout the season. You must register before playing. Questions? Contact Julie at 206-842-2306 x114 or julie@biparks.org. BPP 113701-01 MWF 10:00a-12:00p \$55



## COED 50+ KICKBALL **NEW!**

Ages 50 and up. No experience necessary. All levels of players welcome! We provide the balls and the bases. Each Tuesday and Thursday we'll divide into teams and play a few games. We'll also try to set up some games with other groups in the area. The fun starts in April and goes through the end of September. Great way to supplement the coed 50+ softball season. You must register before playing. Questions? Contact Julie at 206-842-2306 x114 or julie@biparks.org. BPP Turf Fields 113705-01 TTh 10:00a-12:00p \$55

## ROCK CLIMBING

Emphasizing strength, endurance, balance, and flexibility, rock climbing is more than just a workout: it challenges your mind and your body. All climbing programs are facilitated by experienced instructors from Island Rock Gym. Registration deadline for most climbing programs is three days before begin date. For questions about refunds, please see page 95.



## ADULT INTRO TO CLIMBING

Ages 14 and up. Get into the sport and lifestyle of rock climbing. All levels of fitness and experience are welcome in our Adult Introduction to Climbing class. This three-hour class will teach you the fundamentals of climbing to take full advantage of the gym. Learn basic climbing technique and movement, learn to climb safely on your own, and belay (handle the ropes for) other climbers. Class includes gear and FREE two-week membership. **CONTRACTOR**

131997-01	T	6:00-9:00p	2/11	\$93
02	T	6:00-9:00p	3/10	\$93
03	T	6:00-9:00p	4/14	\$93

## AFTER SCHOOL PROGRAMS

Got stuff to do after school? We've got your kids covered. We offer a variety of after school and no school programs that are safe, fun, and reasonably priced. Check out all the options on pages 20-26.

# BOATING



## PADDLING PROGRAMS

*"The storms come and go, the waves crash overhead, the big fish eat the little fish, and I keep on paddling." — Lord Varys*

### WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

## PADDLING

Being on a kayak, canoe or SUP is a great way to explore shallow-water bays and harbors inaccessible to other boats! Instructors will work to expand paddlers' skill sets, maintain a focus on paddling safety, and of course have tons of fun. We are proud to have many of our paddling staff registered as American Canoe Association (ACA) Level 2 Kayak Touring Instructor Certified, a certification widely recognized around the world. Come paddle with our incredible staff and learn not only new skills, but new areas to explore.

### FAQs

**General** — A detailed introductory email will be sent out the week before the start of each session. This email will include required forms as well as logistical information such as where to meet, what to bring, and weather forecast.

**Swim License — Youth:** A Park District Swim License is required for youth boating participants who will be engaging in on-the-water programs. It is acquired through a one-time test held at the Aquatic Center and involves full submersion by jumping into the pool, swimming 25 yards, and then floating or treading water for one minute. The swim license form can be found at <https://biaquatics.org/>. Call the Aquatic Center at 206-842-2302 to find out times when testing is available. If you aren't sure if you or your child is on file, visit <http://bainbridgeswim.azurewebsites.net/>. If your child is on file, print the record showing they passed and bring it to the first day of your boating class. **Adults:** Participants age 18 and over need to complete the Park District Swim License or sign off on a Swimming Skills Acknowledgment form, self-certifying they can meet or exceed the requirements.

**Learning About the Marine Environment** — Being on a kayak, canoe or SUP is a great way to explore shallow-water bays and harbors inaccessible to other boats. We often take advantage of this opportunity to teach about the marine and intertidal life that can be found around Bainbridge and Puget Sound!

**Games, Beaches, and Shore Activities** — To increase paddlers' confidence and essential skills, camps will often engage in shore launching and landing, practicing various entries, exits, mounts, and dismounts from their boats and/or SUPs. Plenty of on-the-water games and initiatives will help develop and refine participants' paddling skills. Beach activities may be mixed into programming as well.

**Equipment** — A US Coast Guard approved lifejacket (PFD) is required to be worn for all boating programs. Purchasing a PFD to match your size, comfort, and style is recommended, however there are a select number of PFDs that participants can borrow. Closed-toe sandals or shoes are required. No flip-flops or bare feet. Kayaks, canoes and stand-up paddle boards are provided.

**Registration Deadlines** — Registration deadline for most programs is three days before program start date. The Park District reserves the right to require a doctor's note to clear a participant for participation.

**Waivers and Forms** — Participants must complete and sign required waivers and forms in order to participate. These forms will be emailed out to everyone approximately the week before each program begins. All forms and waivers should be turned in to instructors on the first day of class and remain valid for all 2020 winter/spring paddling programs.

**Refunds** — For questions about refunds, please see page 95. If weather cancels a program day, a prorated credit will be refunded for the missed session. Rain does not cancel programs; severe weather does.

**Questions?** Contact Paddling Program Coordinator Helen Mountjoy-Venning at [helenmv@biparks.org](mailto:helenmv@biparks.org).

## AFTER-SCHOOL PADDLE CAMPS

Get your mind off schoolwork and come explore the nooks and crannies of Hidden Cove with us afterschool! Expand your kayaking skillset, discover our island's coastal history, and learn about the marine life that inhabits our shores. No paddling experience is necessary, so come get out on the water with us!





# BOATING

## AFTER-SCHOOL PADDLE CAMP

Ages 5-7, 7-10. Join us for four weeks of fun and exciting after-school paddles! Each week kids will explore the waters and beaches around Bainbridge Island by boat, play games, discover local marine life, and improve their paddling skills through fun activities. Instructors will introduce everyone to a variety of kayaks, canoes, and paddle boards, helping kids get comfortable and confident. Park District Swim License required, see FAQs for details. HCP

### Ages 5-7

130758-01	W	3:45-6:45p	5/6-5/27	\$265
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### Ages 7-10

02	T	3:45-6:45p	5/5-5/26	\$265
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## AFTER-SCHOOL ADVENTURE PADDLES ★

Ages 10-14. Ideal for all levels of tween and early teenage paddlers, this program helps youth develop and expand upon their paddling skills, focusing on destination paddles around Bainbridge's shoreline. Instructors will introduce everyone to a variety of kayaks, canoes and paddle boards, helping participants get comfortable and confident. Specific skills will be taught before embarking towards each day's paddle destination. Youth should feel accomplished and proud of their day's adventure, building up to bigger and longer adventures. Park District Swim License required, see FAQs for details. HCP

130735-01	Th	3:45-6:45p	5/7-5/28	\$265
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## PROGRAMS FOR TEENS AGES 13-17

## AQUATIC CENTER

**Learn new skills or simply fine tune your technique in a calm, warm-water environment! Skills like rescues, rolls, and paddle boarding are essential to continue developing as a paddler, but it's hard to get motivated to voluntarily capsize your kayak in the frigid water of the Puget Sound. Join one of our Aquatic Center programs to continue your paddling development and stay warm in the process!**

### INTRO TO ROLLS ★

Ages 14 and up. Rolling a capsized kayak back up is an important safety skill as you begin to take your kayaking to the next level. Anyone who is thinking about kayaking on rougher open water or doing longer excursions would benefit from this class. Once you master this skill, you will be able to right your upside-down kayak from within, without ever having to exit and pump out the water. We will focus on a number of different rolling styles and techniques in this class. Come learn the tips and tricks needed to execute a kayak roll, and which style works best for you. AQ

130743-01	W	7:30-10:00p	2/12	\$79
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### RESCUE TECHNIQUES FOR FAMILIES AND ADULTS ★

Ages 10 and up. A kayaker in your group flips over 100 yards from shore, what do you do? Develop skills that will help you deal with rough-water paddling and unexpected capsizes. We will review and practice a variety of skills such as T-rescues, wet exits, heel hook rescues, paddle float rescues, and cowboy rescues all aimed at boosting your confidence and capabilities out on the water. Teaching style is oriented to adults, though families are certainly welcome. Participants under 14 must be accompanied by a parent or guardian. AQ

130741-01	W	7:30-10:00p	1/29	\$79
02	W	7:30-10:00p	4/8	\$79
03	W	7:30-10:00p	5/20	\$79

### INTRO TO STAND-UP PADDLE BOARDING ★

Ages 7 and up. This class will introduce new SUP paddlers to the basic concepts and skills necessary for enjoying days out on the water around Bainbridge. We will cover basic strokes, body position, board and paddle sizing as well as some more challenging maneuvers for more advanced SUP paddlers. Lots of individual practice time (in a warm-water environment) and activities will make this class engaging for anyone who wants to improve their SUP skills! Participants under 12 must be accompanied by an adult. AQ

130736-01	Su	4:30-7:00p	4/5	\$79
02	Su	4:30-7:00p	5/24	\$79



# BOATING



## OPEN POOL PRACTICE ★

Ages 7 and up. Do you understand how to roll your kayak in theory, but just need some time to practice? Have you mastered your kayak rescues and don't want to let those skills fade? Would you prefer a bit more time to get your balance down on a paddle board before you head out to try it on the Sound? Welcome to open pool practice. It's not a structured class, but rather a time where the pool is available for you to continue working on skills that often take longer than one session to master. An instructor will be on hand working with people individually on whatever they need help with. These practice sessions are a great opportunity to build skills into your muscle memory so that you know you can depend on them when it counts. Come for the full session or drop by partway through, just come once or make it a regular habit — these sessions are for you to work around your needs. Boats and gear will be provided, but you're welcome to bring your own. Participants ages 12 and under must be accompanied by a parent or guardian. A.Q.

130742-01	W	7:30-10:00p	2/26	\$39
02	W	7:30-10:00p	3/25	\$39
03	W	7:30-10:00p	4/22	\$39
04	W	7:30-10:00p	5/6	\$39

## SINGLE DAY PADDLES

Out and back in the same day, these convenient paddles are perfect for those looking for a quick day adventure without sacrificing quality. With fantastic destinations surrounding our island, a single day is more than enough to experience the extraordinary.

## GET KAYAKING ★

Ages 7 and up. Get a taste of kayaking while you enjoy a morning group paddle. This is our most accessible class, providing an introduction to kayaking for individuals and families. Learn about paddle strokes, boat safety, and other essentials to have a safe and enjoyable day on the water. \*\*One child, age 7-17, FREE per paying adult. Adult must attend trip. Park District Swim License required, see FAQs. HCP



130740-01	Su	9:00a-12:00p	5/3	\$89
02	Su	9:00a-12:00p	5/3	\$0**
03	Su	9:00a-12:00p	6/7	\$89
04	Su	9:00a-12:00p	6/7	\$0**

## BIOLUMINESCENCE AND STARGAZING PADDLE ★

Ages 7 and up. Come witness the light shows both underwater and overhead! We will explore the incredibly rich bioluminescence of the Puget Sound, perhaps even catching the outlines of fish or shrimp as they dart away underneath us swathed in the surreal blue light created when they disturb phosphorescent marine plankton. We'll learn about the biology behind this stunning phenomenon, and about the constellations above us. This experience feels truly magical, whether you're looking down at the glowing water or up at the stars! Open to all experience levels. Participants ages 14 and under must be accompanied by a parent or guardian. HCP

130760-01	F	9:30p-12:00a (Sunset 8:20p)	5/1	\$89
02	F	9:30p-12:00a (Sunset 8:40p)	5/15	\$89
03	F	10:00p-12:30a (Sunset 9:00p)	5/29	\$89

## EAGLE HARBOR PADDLE BOARD PICNIC **NEW!** ★

Ages 7 and up. Join us for a fun and accessible morning on the water while you learn or improve paddle board skills. We'll work with you to learn the basics of paddle boarding, including balance, paddle strokes, and safety, and you'll get plenty of hands-on practice as we paddle around Eagle Harbor glimpsing views of Seattle and the Cascade Mountains if it's clear. Bring a tasty lunch and we'll end up at Pritchard Park where we can relax on the sandy beach for a well-deserved picnic. \*\*One child, age 7-17, FREE per paying adult. Adult must attend trip. WFP

130728-01	Su	10:00a-1:00p	5/17	\$89
02	Su	10:00a-1:00p	5/17	\$0**
03	Sa	10:00a-1:00p	6/6	\$89
04	Sa	10:00a-1:00p	6/6	\$0**



## SUQUAMISH-INDIANOLA LOOP DAY PADDLE **NEW!** ★

Ages 10 and up. If you're excited to take your kayaking a little further and you're ready to leave the protected harbors around Bainbridge and try something slightly more challenging, this is the paddle for you! We'll start in Hidden Cove after reviewing the basics of safety and paddle strokes, then head out of the bay and west toward Suquamish. At the mouth of Agate Passage, we'll turn northeast and make our way toward Miller Bay and Indianola, where we'll take a break to have a snack and stretch our legs at the Indianola Waterfront Preserve. From there we'll turn south and leave the shore, completing our loop with a crossing back down to Bainbridge. You don't need to be an expert for this paddle, but if you've never kayaked before we recommend taking our Get Kayaking or Rescue Techniques for Families and Adults class first. Participants ages 16 and under must be accompanied by a parent or guardian. Park District Swim License required, see FAQs for details. HCP

130725-01	Sa	12:00-4:30p	5/30	\$59
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# BOATING

## MULTIDAY PADDLES

The Puget Sound has abundant picturesque paddling destinations ranging from Port Townsend to Olympia. For those looking to really get away, our multiday paddles often venture far off Bainbridge's shores to explore new scenic paddling destinations. Come join us and learn skills like expedition planning, marine navigation, packing kayaks, and more while going off on an adventure you won't soon forget!



## SPRING SOCIAL PADDLE GROUP

Ages 13 and up. Become part of a paddling community on Bainbridge! We'll get together every week for an evening paddle, exploring different paddle locations around the island. You can try out kayaks, paddle boards, and canoes. For those who want it you'll have the opportunity to learn new paddle techniques, or you can just relax and enjoy the conversation and beautiful Puget Sound scenery. We provide all the boats and gear, but you're welcome to bring your own. This program is great for all experience levels, and perfect for anyone who wants to build community and make paddling a regular part of your week. Park District Swim License/Swim Skills Acknowledgement required, see FAQs for details.

130738-01 Th 6:00-8:00p 5/7-5/28 \$105



## BLAKE ISLAND OVERNIGHT KAYAK TRIP **NEW!**

Ages 10-13. Join us for an overnight kayak expedition to Blake Island! This trip is for all experience levels. We'll start out Saturday morning with a hands-on course in expedition planning, paddling gear, tides, currents, route planning, reading charts, packing boats — everything we need to know to have a fun and successful trip. Once set up for success, we'll then get on the water and do some paddling in protected waters. Once everyone feels comfortable and confident in their boat, we'll paddle to Blake Island! Accessible only by boat with no ferry access, Blake Island feels wild and remote despite being only a few miles south of Bainbridge. We'll camp on the island in sites reserved for paddlers, have the option to explore around the island by foot or kayak, cook dinner and breakfast together, and enjoy sharing stories around the evening campfire. Park District Swim License required, see FAQs for details. Fort Ward Park

130765-01 Sa-Su 10:00a-2:00p 6/13-6/14 \$295

## BOATING CLASSROOM COURSES

### ABOUT BOATING SAFETY

Ages 12 and up. Instructed by members of the United States Coast Guard Auxiliary, this comprehensive boating course teaches the fundamentals of safe boating operation. A wide range of topics are covered — navigation, safety equipment, anchoring/docking, trailering, engines, mooring, etc. — to help all boaters to become safer and more knowledgeable. This course meets the mandatory boater education requirements of the State of Washington for the Boater Education Card and is sanctioned by the United States Coast Guard and the State of Washington. SHC. **CONTRACTOR**

130775-01 Sa 8:00a-5:00p 6/6 \$35

## ADULT AND CHILD DANCE

Ages 5-12 with parent/guardian, grandparent or another fun adult! Teen Center staff is offering an exciting opportunity for parents and kids to have a special evening together. Boys and girls are invited to join us with an accompanied mother/father/guardian or special adult for an evening filled with dancing, photos and fun. We will have a DJ playing all kinds of favorite pop hits along with songs from the '60s, '70s, '80s and '90s. Price includes one adult and one child, \$10 for an additional child. 2 children per adult max. Snacks and dessert provided. ICH

### First Child and Adult

172632-01 Sa 6:30p-8:30p 3/28 \$25

### One Additional Child

172632-02 Sa 6:30p-8:30p 3/28 \$10



# AQUATIC CENTER ADMISSION FEES WINTER/SPRING 2020

## MONTHLY SWIM PASSES: PRICES DO INCLUDE SALES TAX.

	1 Admission		Monthly	6-Month	w/locker	12-month	w/locker
	Resident	Non-Resident					
<b>YOUTH (3-17)</b>	\$6.00	\$6.50	\$48.50	\$241.00	\$310.00	\$397.00	\$518.00
<b>ADULT (18-59)</b>	\$7.00	\$7.50	\$59.00	\$301.00	\$369.00	\$497.00	\$616.00
<b>SR. CITIZENS</b>	\$6.00	\$6.50	\$48.50	\$241.00	\$310.00	\$397.00	\$518.00
<b>FAMILY</b>			\$96.00	\$488.00	\$553.00	\$804.00	\$918.00
<b>SENIOR/YOUTH EXERCISE</b>	\$9.50	\$10.00					
<b>ADULT EXERCISE</b>	\$10.50	\$11.00					
	Youth/ Sr. Swim	Adult Swim	Locker				
<b>10 Admission</b>	\$48.50	\$59.00	\$10.00				
<b>20 Admission</b>	\$86.00	\$107.50	\$20.00				

AQUATIC EXERCISE PASS		
	Youth/Sr	Adult
<b>10 classes</b>	\$83.00	\$99.00
<b>20 classes</b>	\$131.00	\$174.00
For 30-Day options go to page 85		

**\*\*Non-Resident \$6.00 charge will be added to Monthly Swim Passes, 10-and 20-Swim Pass options\*\***

**Parent and Child Tot Pool Fee:** Total admission for both is \$5.00 during lesson time if available. Children **2 and under** FREE admission

**SWIM PASSES. Monthly Swim Passes** — These passes are good for unlimited swimming during all our general swim hours. Monthly Swim Passes are non-transferable, non-refundable and have no guest privileges. Family passes are good for a household. Monthly Swim Pass holders do not get a discount on classes. **10- and 20-Time Passes** — These passes are available for general swims and lockers. **10- and 20 Time Exercise Passes** — These passes are available for aqua exercise classes. **No passes can be used for special events.**



## WINTER/SPRING SCHEDULE 2020

- |                |                                                                         |               |                                                                              |
|----------------|-------------------------------------------------------------------------|---------------|------------------------------------------------------------------------------|
| <b>1/1</b>     | <b>Family Swim</b> 10:00a-12:00p; <b>Open Swim</b> 12:00-3:00p          | <b>2/21</b>   | <b>Open Swim</b> 2:30-4:30p; <b>Family Swim with Mermaid Cove</b> 5:00-7:00p |
| <b>1/1</b>     | <b>Lap Swim</b> 10:00a-12:00p <b>Nakata</b> ; 10:00a-3:00p Ray          | <b>3/1</b>    | <b>Safety at Sea</b> , Ray pool closed                                       |
| <b>1/6</b>     | <b>Regular Winter/Spring Schedule Begins</b>                            | <b>3/20</b>   | <b>Float &amp; Float Movie Night</b> 5:00-7:00p, \$8.00                      |
| <b>1/24</b>    | <b>Float &amp; Float Movie Night</b> 5:00-7:00p, \$8.00                 | <b>4/6-10</b> | <b>Spring Break Open Swims</b> 2:30-4:30p                                    |
| <b>2/7</b>     | <b>BISC Swim Meet</b> ; Ray pool closing at 3:00p                       | <b>4/10</b>   | <b>Open Swim</b> 2:30-4:30p; <b>Family Swim with Mermaid Cove</b> 5:00-7:00p |
| <b>2/8</b>     | <b>BISC Swim Meet</b> ; facility closed                                 | <b>4/12</b>   | <b>Holiday Schedule Lap and Family Swim</b> 12:00-3:00p                      |
| <b>2/9</b>     | <b>BISC Swim Meet</b> ; facility closed                                 | <b>4/17</b>   | <b>Float &amp; Float Movie Night</b> 5:00-7:00p, \$8.00                      |
| <b>2/15-19</b> | <b>American Red Cross Instructor Academy</b> , see website for schedule | <b>5/25</b>   | <b>Holiday Schedule Lap and Family Swim</b> 12:00-3:00p                      |
| <b>2/17</b>    | <b>Lap Swim</b> 12:00-3:00p Ray only; <b>Family Swim</b> 12:00-3:00p    | <b>6/22</b>   | <b>Summer Schedule Begins</b>                                                |



# WINTER/SPRING 2020

## Swim Descriptions & Schedules

January 6-June 21

Visit our website for a detailed schedule [www.biaquatics.org](http://www.biaquatics.org)

### LAP SWIM RAY WILLIAMSON POOL

6 lanes in Ray Williamson Pool are kept at 79°F. Lap swimmers must be 8 years old and have level 4 swimming skills.

MON	TUE	WED	THURS	FRI	SAT	SUN
5:00a-3:30p 7:00-8:00p	5:00a-3:30p	5:00a-3:30p 7:00-8:00p	5:00a-3:30p	5:00a-3:30p 7:00-8:00p	8:30-10:00a 2:00-4:00p	8:00a-4:00p

### LAP SWIM DON NAKATA POOL

4 Don Nakata Pool lanes are in the 86°F range. Lap swimmers must be 8 years old and have level 4 swimming skills.

MON	TUE	WED	THURS	FRI	SAT	SUN
5:00a-3:00p 6:30-8:30p	5:00a-3:00p 6:30-8:30p	5:00a-3:00p 6:30-8:30p	5:00a-3:00p 6:30-8:30p	5:00a-3:00p 6:30-8:30p	7:30-10:00a	8:00a-12:00p

### OPEN SWIM DON NAKATA POOL

All parts of the Nakata Pool are open to recreational swimming, including spa, tot pool, sauna, lazy river, diving area and water slide. The party room is also available to rent at this time. All children under 15 must have a swim license to use the lap area and deep end. All children under 7 without a swim license must have an adult within arm's reach. WATER SLIDE requirements: Those under 7 years, and/or under 36" tall must go down with an adult.\*

MON	TUE	WED	THURS	FRI	SAT	SUN
				5:00-7:00p	1:00-4:00p	1:00-4:00p

### SENIOR/SPECIAL NEEDS DON NAKATA POOL

A quieter time where the dive well, beach area and a lane are designated for our users with special accommodations and needs.

MON	TUE	WED	THURS	FRI	SAT	SUN
10:00-11:30a	10:00-11:30a	10:00-11:30a	10:00-11:30a	10:00-11:30a		

### FAMILY SWIM DON NAKATA POOL

For adults or adults with children. **All children must have an adult in the water with them regardless of age or swimming ability.** Limited areas of the pool are open; those include primarily the shallow areas, tot pool and lazy river. **\*NEW TIME\***

MON	TUE	WED	THURS	FRI	SAT	SUN
12:00-2:00p 6:30-8:00p	12:00-2:00p	12:00-2:00p 6:30-8:00p	12:00-2:00p	10:00a-2:00p	12:00-1:00p	12:00-1:00p

### LAZY RIVER DON NAKATA POOL

The lazy river is turned on for all Open and Family swims for patrons to go with the current. M-F 9:00-10:00a, MWF 12:00-1:00p and Sa 10:00-11:00a the river will be open for unstructured adult against-the-current exercise as part of the lap swim.

MON	TUE	WED	THURS	FRI	SAT	SUN
5:00-7:00a 9:00a-3:00p 6:30-8:30p	5:00a-3:00p 6:30-8:30p	5:00-7:00a 9:00a-3:00p 6:30-8:30p	5:00a-3:00p 6:30-8:30p	5:00-7:00a 10:00a-8:30p	7:30a-4:00p	8:00a-4:00p

### HOT TUB/ SPA & SAUNA & STEAM ROOM & TOT POOL DON NAKATA POOL

The hot tub or spa is kept at 101-103°F. It is open to those 16 and older whenever the facility is open to the public. The sauna and steam room are open to those 16 and older whenever the facility is open to the public. Sauna and steam room admission are the same as regular pool admission. Those who are pregnant or suffer from a medical condition that makes exposure to intense heat/hot water dangerous are discouraged from using the spa, sauna and steam room. The tot pool is kept at 86°F and is open to those 6 and younger. Older children may use the tot pool if they are not disruptive and it is not too crowded. Parents (in a swim suit) must be in the water with children using the tot pool.\*

MON	TUE	WED	THURS	FRI	SAT	SUN
5:00a-8:30p	5:00a-8:30p	5:00a-8:30p	5:00a-8:30p	5:00a-8:30p	7:30a-4:00p	8:00a-4:00p

# AQUATIC CENTER



## BIRTHDAY PARTIES

Let our staff help plan your special day from the food to the games! Pick from one of our party packages to get the party experience that you want. Please call to reserve your party two weeks in advance!



**NAKATA ROOM**



**CABANA**

**Package A:** Your choice of room for 1 hour of party time, 12 child swim passes, and 3 adult swim passes included.

**Package B:** 1 hour of party room time, 12 child swim passes and 3 adult passes. We will pick up the cake, ice cream, juice, paper, utensils and balloons.

**Package C:** Package B plus 45 minutes of reserved pool space with your choice of the Rock, Log Roll or inner tubes.

**Package D:** Package C plus your choice of themed place settings.

Package	A	B	C	D
Nakata Room	\$126.00	\$200.50	\$240.00	\$275.50
Cabana	\$148.50	\$223.50	\$261.00	\$297.00
Extra Child up to 20:	\$5.00ea	\$5.50ea	\$6.00ea	\$7.00ea

## OTHER RENTAL OPTIONS

Would you like to enjoy the pool with your friends, family or co-workers without all the extra people? Would you like to have a private showing of a movie or use the waterpark? Then our after-hours facility rental may be the right thing for you! After-hour rentals are scheduled on Saturdays and Sundays. Go to our website [biaquatics.org](http://biaquatics.org) to find all your options and see the rooms available for your special event. Please call Megan Pleli at 206-842-2302 for pricing and availability. Schedule a minimum of two weeks in advance!

SPACE	OCCUPANCY	NON-PROFIT/ PRIVATE RATE	COMMERCIAL RATE	AMENITIES INCLUDED
Nakata Pool Open Swim	Up to 60 people *surcharge for additional people	\$249.00/hr	\$498/hr	Diving boards, river, rope swing, beach area, hot tub, slide
Private Movie Rental	Up to 40 people *surcharge for additional people up to 180 max	\$148.00/hr	N/A	Movie equipment Innertubes Movie must be pre-approved
Nakata A Room	39 people	\$47.50/hr	\$101.00/hr	Chairs and tables
Nakata B Room	136 people	\$59.50/hr	\$126.50/hr	Chairs and tables



**TUBES**



**LOG ROLL**



# AQUATIC CENTER



## FLOAT & FLOAT MOVIE NIGHT



Our staff turns down the lights, inflates the inner tubes, serves root beer floats and lowers the hot tub temperature which provides a fun and safe atmosphere for your family to watch a movie while relaxing in the water. Families are encouraged to enjoy the beach area, hot tub, tot pool and

river while watching a family-friendly movie. Children under the age of seven or non-swimmers must be accompanied in the water by an adult (so please bring your suit!) Admission: \$8 Max 180 people (pre-register \$8, at the door \$8.50)

**Pre-register #100105 \*NEW\***

1/24, 3/20, 4/17 5:00-7:00p

## END-OF-YEAR SCHOOL PARTIES

Celebrate the end of the school year with a pool party for your class or school. We have the entire waterpark for your group – slide down the water slide, play in the river, or go off the rope swing. Kick off summer the right way! Register in advance to get the time slot that works best for your group. \$6 per child/hour.

**Dates available:**

**6/11 10:00a-1:00p; 6/12 12:00-2:00p**



## MERMAID SAFETY CLASSES

Have you always wanted to be a mermaid and swim with a tail? You can! If you have passed your Bainbridge Island Swim License test and have a FIN FUN tail, then you can sign up. During these safety classes, mermaids will learn the ins and outs of using a tail and completing escapes if the waters become to treacherous. Our Bainbridge Island Mermaids will be able to use their tails during Friday night open swims.

100505 F 4:00-5:00p 1/3\*, 2/7, 3/6, 4/3, 5/1, 6/5 \$23

\*Special time 4:30-5:30p





# AQUATIC CENTER



## TEAMS

### BAINBRIDGE ISLAND SWIM CLUB (BISC)

Our club is a team offering high-quality, professional coaching for children of ranging abilities from 7-18 years of age. The goal of our club is to provide every member opportunity to improve technical skills and achieve success commensurate with his or her ability and commitment. Kids will be in a safe, team environment in which they may experience personal growth from their experiences. All swimmers must also register with USA Swimming. Call the Aquatic Center for more information at 206-842-2302 #106 and ask for head coach Carolyn Ackerley, or assistant coaches Kate Carr and Leilani Tonsmann. **For more information, go to [www.biswimclub.org](http://www.biswimclub.org).**



**BRONZE (LEVEL 1)** monthly dues, plus additional meet fees  
Must be 7 years or older and able to swim four competitive strokes legally  
3 practices per week and scheduled meets

**SILVER (LEVEL 2)** monthly dues, plus additional meet fees  
4 practices per week and scheduled meets

**GOLD (LEVEL 3)** monthly dues, plus additional meet fees  
5 practices per week and scheduled meets

**CHAMPS (LEVEL 4)** monthly dues, plus additional meet fees  
6 practices per week and scheduled meets

**REGIONAL (LEVEL 5)** monthly dues, plus additional meet fees  
7 practices per week and scheduled meets

**SECTIONAL (LEVEL 6)** monthly dues, plus additional meet fees  
7 practices per week and scheduled meets

**JR. NATIONAL (LEVEL 7)** monthly dues, plus additional meet fees  
8 practices per week and scheduled meets

### MASTERS SWIM TEAM (BAM)

The Bainbridge Aquatic Masters (BAM) is a year-round workout group within the Pacific Northwest Association of the United States Masters Swimming (USMS), a program for adults that exists to benefit all interested adult swimmers. The program is for swimmers ages 18+ and of any abilities, who want conditioning and stroke technique enhancement. It's great fun for lap swimmers who want to add a new dimension to their routine. Swim meets, triathlons, and open-water competitions are available for those who want to compete. The overriding philosophy of Masters Swimming is that participation in sports can and should be a life-enhancing experience. Our program emphasizes structure and continuous instruction. We are a true community program and serve over 130 team members. We look forward to seeing you at the pool! For more information, email April Cheadle at [april@biparks.org](mailto:april@biparks.org) or visit [www.biaquatics.org/adult-bam/](http://www.biaquatics.org/adult-bam/).



### WET WORKOUT TIMES

M	9:00-10:30a, 12:00-1:15p
TTh	5:15-6:30a, 9:00-10:15a, 12:00-1:15p
W	9:00-10:15a, 10:30-11:45a, 12:00-1:15p
F	6:30-7:45a, 9:00-10:15a
Sa	5:30-7:00a, 7:00-8:30a



\*Specialized workout groups change weekly. Contact Coach April for group assignments. For beginners or those returning to the sport after an absence be sure to try the Wednesday 10:30a workout. For those interested in Race Pace Training, starts from the blocks or meet prep, stop by the Wednesday 12:00p workout.

**DRY LAND WORKOUTS ARE SCHEDULED EACH WEEK CONTACT COACH FOR APPROVAL AND AVAILABILITY**

**BAM DUES  
SEE BIAQUATICS.ORG OR THE AQUATIC CENTER FRONT DESK FOR MONTHLY FEES AND PUNCH PASS OPTIONS**

### DIVING CLUB

For the experienced diver who has completed Intermediate Diving and who wishes to dive in competition. Cost associated with competition. U.S. Diving Membership, AAU registration and additional practices or events are not included in the monthly club fee. **For more information visit [www.biaquatics.org/dive-team/](http://www.biaquatics.org/dive-team/).**

TBD



# ADULT AQUA EXERCISE CLASSES

## THIS SCHEDULE BEGINS 1/6

	MON	TUE	WED	THURS	FRI	SAT	SUN
<b>Morning Classes</b>	River Fit 8:00-9:00a  Weekday Core 8:00-9:00a  Hydro Fit 9:00-10:00a  Aqua Arthritis 9:00-10:00a  Boot Camp 10:30-11:30a	Hydro Fit 9:00-10:00a	River Fit 8:00-9:00a  Weekday Core 8:00-9:00a  Hydro Fit 9:00-10:00a	Hydro Fit 9:00-10:00a	River Fit 8:00-9:00a  Weekday Core 8:00-9:00a  Hydro Fit 9:00-10:00a  Aqua Arthritis 10:00-11:00a	River Fit 8:30-9:30a  Hydro Fit Running 10:30-11:30a	Hydro Fit 8:30-9:30a
<b>Afternoon Classes</b>	Motion Meditation 12:00-1:00p	Noon Time Aqua Motion 12:00-1:00p	Motion Meditation 12:00-1:00p	Noon Time Aqua Motion 12:00-1:00p			
<b>Evening Classes</b>		Hydro Fit 7:30-8:30p		Hydro Fit 7:30-8:30p			

**\*\*No classes on 1/1, 2/17, 4/6-12, 5/25\*\***

**No classes 6/11 10:00a-1:00p; 6/12 12:00-2:00p End of School Year Parties**

**For all classes please bring water. Water shoes are recommended for all river and shallow-water classes.**

### 30-DAY PASS OPTION

	1 x Week	2 x Week	Unlimited	Unlimited w/ Monthly Pass
<b>Senior 60+</b>	\$29.50	\$59.00	\$68.00	\$78.00
<b>Adult</b>	\$36.00	\$71.50	\$79.00	\$89.00

### AQUATIC EXERCISE

	YOUTH/SENIOR	ADULT
<b>10 Classes</b>	\$83.00	\$99.00
<b>20 Classes</b>	\$131.00	\$174.00

### FLUID WALKING AND MOTION **NEW!**

Water walking with a twist! Get a water walking workout designed to increase range of motion, stability and balance while working on your sense of wellbeing. Leave the pool feeling refreshed! **Instructors: Megan**

100511-01 T 10:00-11:00a 1/28-2/25 \$45

### HYDRO FIT RUNNING

Get a full-on running workout without the impact. Add in hydro fit principals for a total body muscular workout and you have one extraordinary workout. This workout will easily replace your run in the cold rainy weather. Give it a try! **Instructor: Liliana**

### RIVER FITNESS

Using the natural resistance of the river, our instructors will challenge you with a series of exercises. Exercises will combine cardio with muscle conditioning, stretching and toning to engage each participant in a comprehensive workout. This class will be limited to the first 10 participants and requires aquatic shoes. **Instructors: Angie, Gina, Martha**

### MOTION MEDITATION

Restore balance and motion to the body and soul, using movements based on tai chi and qigong. Non-swimmers and those with limited mobility welcome. **Instructor: Lynn**

### WEEKDAY CORE WORKOUT

Change up your workout routine by taking it to the water! This unique workout combines the best of deep and shallow water to strengthen your body from the core up! **Instructors: Liz, Sherry**

### HYDRO FIT

Deep-water classes are non-impact workouts, which allow participants to increase their intensity without negatively impacting their joints. Floatation devices are utilized and provided for this class. New students should plan to arrive 10 minutes early for their first class for orientation. **Instructors: Angie, Gina, Ivy, Liliana, Kate, Sherry, Liz**

### NOON TIME AQUA MOTION

Energize yourself with a combo workout in the river or shallow water and then move to the deep! This class is challenging with high-energy music to keep you moving and grooving. Water shoes and water bottles are recommended. **Instructors: Alex, Martha**

### AQUA ARTHRITIS

The Arthritis Foundation Aquatic Workout is a warm-water exercise program shown to reduce pain and improve overall health. If arthritis is keeping you from moving the way you want to, or you need to unlock some of those stiff joints, come enjoy the healing powers of the water. Water shoes and a water bottle are required for this class. **Instructor: Sherry**

### BOOT CAMP

Want more from your workout, but running or what you're doing now needs some spice? Want to sweat and get a heart-pounding workout in the water? Then try our NEW HIT-style boot camp class. HIT stands for High Intensity Training. This is a 60-minute booty-kickin' workout in the Ray pool. This is a registration required class.

100510-01	Th	8:00-9:00a	1/9-1/30	\$36
02	Th	8:00-9:00a	2/6-2/27	\$36
03	Th	8:00-9:00a	3/5-3/26	\$36
04	Th	8:00-9:00a	4/2-4/30*	\$36
05	Th	8:00-9:00a	5/7-5/28	\$36
06	Th	8:00-9:00a	6/4-6/25	\$36

\*No class 4/9

# AQUATIC CENTER



## ADULT & TEEN SWIM CLASSES

### YES, YOU CAN SWIM! ★

Our instructors will help you overcome your fear and feel comfortable in the water. Let us help you cross learning how to swim off of your bucket list in a warm and supportive environment.

102519-01	Th	6:30-7:10p	1/16-3/19*	\$90
02	Th	6:30-7:10p	3/26-5/21*	\$90

\*No class 2/20, 4/9

### I SWAM A LONG TIME AGO ★

This class is a refresher for the swimmer who has been out of the water for many years and would like to explore swimming for exercise and enjoyment.

102517-01	Th	7:10-7:50p	1/16-3/19*	\$90
02	Th	7:10-7:50p	3/26-5/21*	\$90
03	Th	7:50-8:30p	1/16-3/19*	\$90
04	Th	7:50-8:30p	3/26-5/21*	\$90

\*No class 2/20, 4/9



### ADULT SKILL BUILDER

Take your lap swimming to the next level! Whether it's a flip turn you have wanted to try or a more advanced stroke you'd like to learn, this class is for you! Our instructors want to take those foundations you have been acquiring and now refine your strokes and build endurance and more intricate swimming techniques.

102516-01	TTh	1:20-2:00p	1/14-2/13	\$100
02	TTh	1:20-2:00p	2/25-3/26	\$100
03	TTh	1:20-2:00p	4/14-5/21	\$120

## INTERESTED IN A SUMMER INTERNSHIP?

Our application deadline is February 15, 2020! An internship with the Bainbridge Island Metropolitan Park & Recreation District offers a terrific opportunity to gain practical work experience and to turn collegiate knowledge into real, tangible, positive impacts on the community. From Marketing and Special Events to Planning and Park Maintenance, our program provides a wide variety of experiences available to interested persons.

To apply please see the Park District website: [biparks.org/internships/](http://biparks.org/internships/)

## SPECIALTY CLASSES

### LIFEGUARD INSTRUCTOR

If you are currently an American Red Cross Lifeguard and wish to take your career to the next level, join our Instructor Trainer for a blended learning style Lifeguard Instructor course. To become a Lifeguard Instructor, you must be 17 years old and have a current lifeguard certification with proficient skills. After successful completion of this course you will be armed with the skills and knowledge to certify new lifeguards for the American Red Cross.

102521-01	Su	8:00a-1:30p	3/1-29	\$318
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### LIFEGUARD & WATERPARK LIFEGUARD ★

Through a blended learning style class, you will learn skills to gain employment as a lifeguard in a waterpark or pool setting. You must be 15 years old and pass a swimming skill assessment. Skill assessments will be given on the first day of class. For more information go to [www.biaquatics.org](http://www.biaquatics.org) Min 5/Max 10

102520-01	FSu	F 5:00-8:30p, Su 12:00-6:00p	4/24-5/10	\$318
02	FSu	F 5:00-8:30p, Su 12:00-6:00p	5/29-6/14	\$318

### HIGH SCHOOL STUDENTS CHECK OUT OUR PE CLASS WITH BHS OR GIVE US A CALL IF YOU ARE A HOMESCHOOLER!

102520-04

### LIFEGUARD REVIEW COURSE

This class is a review for current American Red Cross Lifeguards. In a review, you can renew your certification if all skills and exams are completed successfully. This is a course that requires water and in-class sessions to complete.

102520-03	Su	8:00a-2:00p	5/10, 5/17	\$195
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### ADULT/CHILD & PEDIATRIC CPR/AED & FIRST AID CLASS ★

Would you like to feel confident that you could help a neighbor or family member in an emergency? If so, one of the first and most important steps is becoming certified in basic CPR and first aid. Our classes are blended learning for the busy student. Min 8/Max 12

102522-01	W	9:00-11:00a	4/22	\$72
02	W	5:30-7:30p	5/27	\$72
03	Sa	9:00-11:00a	6/6	\$72
04	W	9:00-11:00a	6/10	\$72
05	T	4:00-6:00p	6/16	\$72

\*\*Due to blended learning, registration will cut off one week prior to the class date. The online portion must be completed, and a certificate of completion present before the class date; if NOT you will not be refunded or allowed to take the class.\*\*

### BABYSITTER TRAINING (AMERICAN RED CROSS) ★

Ages 11 and up. Invest some time to jumpstart your money-earning ability and knowledge of younger children: so many families appreciate a trained sitter! Join our Red Cross instructor in basic first aid and safety skills, age-appropriate activities, infant handling, basic CPR, marketing your services and more. Students who successfully complete the course will receive their Red Cross certificate. Class size is limited. Min 8/Max 12. AQ

102536-01	ThF	12:00-4:00p	1/23-24	\$128
02	ThF	12:00-4:00p	2/20-21	\$128

Babysitter Camps returning in the summer!





# AQUATIC CENTER

## YOUTH SPECIALTY CLASSES

SEE LESSON GRID FOR DATES AND TIMES 89

### STROKE TECHNIQUE CLINICS

Clinics are for swimmers Stingray level or above that need to improve their strokes for swim team or advance to the next level. We offer clinic instruction for each stroke but focus on butterfly and breaststroke improvement as these skills challenge our swimmers most often.

### SPLASH INTO FITNESS 1

Ages 11 and under. This class is for the younger swimmer who has passed Dolphin and wants to keep swimming for exercise. The emphasis for the younger, smaller swimmer is developing endurance and pacing with shorter repeat sets. Swimmers must be able to swim front crawl two pool lengths with good side-breathing the entire distance.

### SPLASH INTO FITNESS 2

Ages 11-17. This class is for the older swimmer who is capable of swimming front crawl for eight pool lengths continuously. Emphasis is on training which will enhance fitness, conditioning and pacing. Personal goals may include developing swimming into a lifelong fitness sport or conditioning for high school swim team.

### WATER POLO SWIMMING SKILLS

Ages 8-13. Participants must be at a Sting Ray level or above. This class is focused on developing a correct front crawl stroke and modifying it into a fast and efficient water polo crawl stroke. Participants will work on their eggbeater kicks and how to move the ball down the pool, and quickly change directions.

### WATER POLO CLASS

Ages 8-13. Participants will learn the fundamentals of this fast-growing and exciting sport in a 1½ hour class. Participants must be able to swim two pool lengths of front crawl and tread water for five minutes. No previous water polo experience is necessary. Participants will have the opportunity to play scrimmage games during class.

## PREMIUM SWIM CLASSES

SEMI-PRIVATE PREMIUM CLASSES  
MAX OF 3 STUDENTS

In this premium swim class, your child will receive specialized attention they would gain during a semi-private swim lesson. This individualized instruction will allow the instructor to challenge the swimmer and pique their interest, gaining confidence and the skills to progress at their own rate. These premium classes will be held during regular swim lessons and will be limited to three students. Sign up today, as class space is limited!

### ANGELFISH (K2) #102503

Sec #22	M	3:30-4:00p	\$148.75	1/13-2/10
23	M	3:30-4:00p	\$178.50	4/13-5/18
24	W	3:30-4:00p	\$148.75	1/15-2/12
25	W	3:30-4:00p	\$178.50	4/15-5/20

### BETA FISH (K3) #102504

Sec #15	Th	3:30-4:00p	\$148.75	1/16-2/13
16	Th	3:30-4:00p	\$178.50	2/27-4/2
17	Th	3:30-4:00p	\$178.50	4/16-5/21

### MINNOW #102507

Sec #12	T	3:30-4:00p	\$142.50	1/14-2/11
13	T	3:30-4:00p	\$178.50	2/25-3/31
14	T	3:30-4:00p	\$178.50	4/14-5/19

### FISH #102508

Sec #15	M	4:40-5:10p	\$178.50	2/24-3/30
16	T	3:30-4:00p	\$148.75	1/14-2/11
17	T	3:30-4:00p	\$178.50	2/25-3/31
18	T	3:30-4:00p	\$178.50	4/14-5/19
19	W	3:30-4:00p	\$148.75	1/15-2/12
20	W	3:30-4:00p	\$178.50	4/15-5/20

### FLYING FISH #102509

Sec #16	M	3:30-4:00p	\$148.75	1/13-2/10
17	M	3:30-4:00p	\$178.50	4/13-5/18
18	W	4:40-5:10p	\$178.50	2/26-4/1
19	Th	3:30-4:00p	\$148.75	1/16-2/13
20	Th	3:30-4:00p	\$178.50	2/27-4/2
21	Th	3:30-4:00p	\$178.50	4/16-5/21

### STING RAY #102510

Sec #11	M	4:05-4:45p	\$148.75	1/13-2/10
12	M	4:05-4:45p	\$178.50	4/13-5/18
13	T	3:15-3:55p	\$148.75	1/14-2/11
14	T	3:15-3:55p	\$178.50	2/25-3/31
15	T	3:15-3:55p	\$178.50	4/14-5/19
16	W	3:20-4:00p	\$178.50	2/26-4/1
17	W	4:40-5:20p	\$178.50	2/26-4/1

### MANTA RAY #102511

Sec #11	M	3:20-4:00p	\$178.50	2/24-3/30
12	M	4:40-5:20p	\$178.50	2/24-3/30
13	W	4:05-4:45p	\$148.75	1/15-2/12
14	W	4:05-4:45p	\$178.50	4/15-5/20
15	Th	3:15-3:55p	\$148.75	1/16-2/13
16	Th	3:15-3:55p	\$178.50	2/27-4/2
17	Th	3:15-3:55p	\$178.50	4/16-5/21

### MID-WINTER BREAK PREMIUMS 2/18-2/21

102503-50	K2	3:00-3:30p	\$119.00
102504-50	K3	3:35-4:05p	\$119.00
102507-50	Minnow	4:10-4:40p	\$119.00
102508-50	Fish	3:00-3:30p	\$119.00
102509-50	Fly Fish	3:35-4:05p	\$119.00
102509-51	Fly Fish	4:10-4:40p	\$119.00

# SWIM LESSONS

See Quick Guide to Progression on page 90

MON/WED  TUES/THURS  SATURDAY

## TINY TOTS #102501

### Monday/Wednesday

Sec# 01	5:50-6:20p	\$100.00	1/13-2/12
02	5:50-6:20p	\$120.00	2/24-4/1
03	5:50-6:20p	\$120.00	4/13-5/20

### Saturday

04	9:10-9:40a	\$90.00	1/11-3/14*
05	10:30-11:00a	\$90.00	1/11-3/14*
06	9:10-9:40a	\$80.00	3/21-5/16*
07	10:30-11:00a	\$80.00	3/21-5/16*

## TINY STARFISH #102542

### Tuesday/Thursday

Sec# 01	5:50-6:20p	\$100.00	1/14-2/13
02	5:50-6:20p	\$120.00	2/25-4/2
03	5:50-6:20p	\$120.00	4/14-5/21

### Saturday

04	9:45-10:15a	\$90.00	1/11-3/14*
05	11:05-11:35a	\$90.00	1/11-3/14*
06	9:45-10:15a	\$80.00	3/21-5/16*
07	11:05-11:35a	\$80.00	3/21-5/16*

## STARFISH (K1) #102502

### Monday/Wednesday

Sec #01	4:40-5:10p	\$100.00	1/13-2/12
02	5:15-5:45p	\$100.00	1/13-2/12
03	4:05-4:35p	\$120.00	2/24-4/1
04	5:15-5:45p	\$120.00	2/24-4/1
05	4:40-5:10p	\$120.00	4/13-5/20
06	5:15-5:45p	\$120.00	4/13-5/20

### Tuesday/Thursday

Sec #07	9:30-10:00a	\$100.00	1/14-2/13
08	4:05-4:35p	\$100.00	1/14-2/13
09	4:40-5:10p	\$100.00	1/14-2/13
10	5:15-5:45p	\$100.00	1/14-2/13
11	9:30-10:00a	\$120.00	2/25-4/2
12	3:30-4:00p	\$120.00	2/25-4/2
13	4:05-4:35p	\$120.00	2/25-4/2
14	4:40-5:10p	\$120.00	2/25-4/2
15	9:30-10:00a	\$120.00	4/14-5/21
16	4:05-4:35p	\$120.00	4/14-5/21
17	4:40-5:10p	\$120.00	4/14-5/21
18	5:15-5:45p	\$120.00	4/14-5/21

### Saturday

19	9:10-9:40a	\$90.00	1/11-3/14*
20	9:45-10:15a	\$90.00	1/11-3/14*
21	9:10-9:40a	\$80.00	3/21-5/16*
22	9:45-10:15a	\$80.00	3/21-5/16*

## ANGELFISH (K2) #102503

### Monday/Wednesday

Sec #01	4:05-4:35p	\$100.00	1/13-2/12
02	4:40-5:10p	\$100.00	1/13-2/12
03	3:30-4:00p	\$120.00	2/24-4/1
04	4:05-4:35p	\$120.00	2/24-4/1
05	4:40-5:10p	\$120.00	2/24-4/1
06	4:05-4:35p	\$120.00	4/13-5/20
07	4:40-5:10p	\$120.00	4/13-5/20

### Tuesday/Thursday

Sec #08	10:05-10:35a	\$100.00	1/14-2/13
09	3:30-4:00p	\$100.00	1/14-2/13
10	4:05-4:35p	\$120.00	1/14-2/13
11	4:40-5:10p	\$120.00	1/14-2/13
12	10:05-10:35a	\$120.00	2/25-4/2
13	4:05-4:35p	\$120.00	2/25-4/2
14	4:40-5:10p	\$120.00	2/25-4/2
15	5:15-5:45p	\$120.00	2/25-4/2
16	10:05-10:35a	\$120.00	4/14-5/21
17	3:30-4:00p	\$120.00	4/14-5/21
18	4:05-4:35p	\$120.00	4/14-5/21
19	4:40-5:10p	\$120.00	4/14-5/21

### Saturday

20	10:30-11:00a	\$90.00	1/11-3/14*
21	10:30-11:00a	\$80.00	3/21-5/16*

## BETA FISH (K3) #102504

### Monday/Wednesday

Sec #01	2:55-3:25p	\$100.00	1/13-2/12
02	4:40-5:10p	\$100.00	1/13-2/12
03	5:50-6:20p	\$100.00	1/13-2/12
04	2:55-3:25p	\$120.00	2/24-4/1
05	4:05-4:35p	\$120.00	2/24-4/1
06	5:50-6:20p	\$120.00	2/24-4/1
07	2:55-3:25p	\$120.00	4/13-5/20
08	4:40-5:10p	\$120.00	4/13-5/20
09	5:50-6:20p	\$120.00	4/13-5/20

### Tuesday/Thursday

10	4:40-5:10p	\$100.00	1/14-2/13
11	4:40-5:10p	\$120.00	2/25-4/2
12	4:40-5:10p	\$120.00	4/14-5/21

### Saturday

13	11:05-11:35a	\$90.00	1/11-3/14*
14	11:05-11:35a	\$80.00	3/21-5/16*

## CLOWNFISH (K4) #102505

### Monday/Wednesday

Sec #01	2:55-3:25p	\$100.00	1/13-2/12
02	5:15-5:45p	\$100.00	1/13-2/12
03	2:55-3:25p	\$120.00	2/24-4/1
04	5:15-5:45p	\$120.00	2/24-4/1
05	2:55-3:25p	\$120.00	4/13-5/20
06	5:15-5:45p	\$120.00	4/13-5/20

### Tuesday/Thursday

07	2:55-3:25p	\$100.00	1/14-2/13
08	5:15-5:45p	\$100.00	1/14-2/13
09	2:55-3:25p	\$120.00	2/25-4/2
10	5:15-5:45p	\$120.00	2/25-4/2
11	2:55-3:25p	\$120.00	4/14-5/21
12	5:15-5:45p	\$120.00	4/14-5/21

### Saturday

13	10:30-11:00a	\$90.00	1/11-3/14*
14	10:30-11:00a	\$80.00	3/21-5/16*

## LITTLE FISH (K5) #102540

### Monday/Wednesday

Sec #01	5:50-6:20p	\$100.00	1/13-2/12
02	5:50-6:20p	\$120.00	2/24-4/1
03	5:50-6:20p	\$120.00	4/13-5/20

### Tuesday/Thursday

04	2:55-3:25p	\$100.00	1/14-2/13
05	5:15-5:45p	\$100.00	1/14-2/13
06	2:55-3:25p	\$120.00	2/25-4/2
07	5:15-5:45p	\$120.00	2/25-4/2
08	2:55-3:25p	\$120.00	4/14-5/21
09	5:15-5:45p	\$120.00	4/14-5/21

### Saturday

10	10:30-11:00a	\$90.00	1/11-3/14*
11	10:30-11:00a	\$80.00	3/21-5/16*

## GUPPY (LEVEL 1) #102506

### Monday/Wednesday

Sec #01	4:05-4:35p	\$100.00	1/13-2/12
02	4:40-5:10p	\$120.00	2/24-4/1
03	4:05-4:35p	\$120.00	4/13-5/20

### Tuesday/Thursday

04	4:40-5:10p	\$100.00	1/14-2/13
05	4:40-5:10p	\$120.00	2/25-4/2
06	4:40-5:10p	\$120.00	4/14-5/21

## MINNOW (LEVEL 2) #102507

### Monday/Wednesday

Sec #01	4:05-4:35p	\$100.00	1/13-2/12
02	5:15-5:45p	\$100.00	1/13-2/12
03	4:05-4:35p	\$120.00	2/24-4/1
04	5:15-5:45p	\$120.00	2/24-4/1
05	4:05-4:35p	\$120.00	4/13-5/20
06	5:15-5:45p	\$120.00	4/13-5/20

### Tuesday/Thursday

07	4:05-4:35p	\$100.00	1/14-2/13
08	4:05-4:35p	\$120.00	2/25-4/2
09	4:05-4:35p	\$120.00	4/14-5/21

### Saturday

10	11:05-11:35a	\$90.00	1/11-3/14*
11	11:05-11:35a	\$80.00	3/21-5/16*

## FISH (LEVEL 3A) #102508

### Monday/Wednesday

Sec# 01	4:05-4:35p	\$100.00	1/13-2/12
02	5:50-6:20p	\$100.00	1/13-2/12
03	4:40-5:10p	\$120.00	2/24-4/1
04	5:50-6:20p	\$120.00	2/24-4/1
05	4:05-4:35p	\$120.00	4/13-5/20
06	5:50-6:20p	\$120.00	4/13-5/20

### Tuesday/Thursday

07	4:40-5:10p	\$100.00	1/14-2/13
08	5:15-5:45p	\$100.00	1/14-2/13
09	4:40-5:10p	\$120.00	2/25-4/2
10	5:15-5:45p	\$120.00	2/25-4/2
11	4:40-5:10p	\$120.00	4/14-5/21
12	5:15-5:45p	\$120.00	4/14-5/21

\*No class 2/8, 4/4



**Saturday**

13	8:00-8:30a	\$90.00	1/11-3/14*
14	8:00-8:30a	\$80.00	3/21-5/16*

**FLYING FISH (LEVEL 3B) #102509**

**Monday/Wednesday**

Sec #01	4:40-5:10p	\$100.00	1/13-2/12
02	5:15-5:45p	\$100.00	1/13-2/12
03	4:05-4:35p	\$120.00	2/24-4/1
04	5:15-5:45p	\$120.00	2/24-4/1
05	4:40-5:10p	\$120.00	4/13-5/20
06	5:15-5:45p	\$120.00	4/13-5/20

**Tuesday/Thursday**

Sec #07	4:05-4:35p	\$100.00	1/14-2/13
08	5:15-5:45p	\$100.00	1/14-2/13
09	4:05-4:35p	\$120.00	2/25-4/2
10	5:15-5:45p	\$120.00	2/25-4/2
11	4:05-4:35p	\$120.00	4/14-5/21
12	5:15-5:45p	\$120.00	4/14-5/21

**Saturday**

13	8:35-9:05a	\$90.00	1/11-3/14*
14	8:35-9:05a	\$80.00	3/21-5/16*

**STING RAY (LEVEL 4A) #102510**

**Monday/Wednesday**

Sec #01	4:50-5:30p	\$100.00	1/13-2/12
02	4:50-5:30p	\$120.00	4/13-5/20

**Tuesday/Thursday**

Sec #03	3:55-4:35p	\$100.00	1/14-2/13
04	5:50-6:30p	\$100.00	1/14-2/13
05	3:55-4:35p	\$120.00	2/25-4/2
06	5:50-6:30p	\$120.00	2/25-4/2
07	3:55-4:35p	\$120.00	4/14-5/21
08	5:50-6:30p	\$120.00	4/14-5/21

**Saturday**

09	9:30-10:10a	\$90.00	1/11-3/14*
10	9:30-10:10a	\$80.00	3/21-5/16*

**MANTA RAY (LEVEL 4B) #102511**

**Monday/Wednesday**

Sec #01	4:50-5:30p	\$100.00	1/13-2/12
02	4:50-5:30p	\$120.00	4/13-5/20

**Tuesday/Thursday**

03	3:55-4:35p	\$100.00	1/14-2/13
04	5:50-6:30p	\$100.00	1/14-2/13
05	3:55-4:35p	\$120.00	2/25-4/2
06	5:50-6:30p	\$120.00	2/25-4/2
07	3:55-4:35p	\$120.00	4/14-5/21
08	5:50-6:30p	\$120.00	4/14-5/21

**Saturday**

09	8:45-9:25a	\$90.00	1/11-3/14*
10	8:45-9:25a	\$80.00	3/21-5/16*

**DOLPHIN (LEVEL 5) #102512**

**Monday/Wednesday**

Sec #01	3:20-4:00p	\$100.00	1/13-2/12
02	3:20-4:00p	\$120.00	2/24-4/1
03	3:20-4:00p	\$120.00	4/13-5/20

**Tuesday/Thursday**

Sec #04	5:50-6:30p	\$100.00	1/14-2/13
05	5:50-6:30p	\$120.00	2/25-4/2
06	5:50-6:30p	\$120.00	4/14-5/21

**Saturday**

07	8:00-8:40a	\$90.00	1/11-3/14*
08	8:00-8:40a	\$80.00	3/21-5/16*

**SPLASH INTO FITNESS 1 #100502**

**Tuesday/Thursday**

Sec #01	5:50-6:30p	\$100.00	1/14-2/13
02	5:50-6:30p	\$120.00	2/25-4/2
03	5:50-6:30p	\$120.00	4/14-5/21

**SPLASH INTO FITNESS 2 #100503**

**Monday/Wednesday**

Sec #01	5:35-6:15p	\$100.00	1/13-2/12
02	5:25-6:05p	\$120.00	2/24-4/1
03	5:35-6:15p	\$120.00	4/13-5/20

**DIVING FISH 1 #101101**

**Tuesday/ Thursday**

Sec#01	4:05-4:35p	\$100.00	1/14-2/13
02	4:05-4:35p	\$120.00	2/25-4/2
03	4:05-4:35p	\$120.00	4/14-5/21

**DIVING FISH 2 #101102**

**Tuesday/ Thursday**

Sec #01	4:05-4:35p	\$100.00	1/14-2/13
02	4:40-5:10p	\$100.00	1/14-2/13
03	4:05-4:35p	\$120.00	2/25-4/2
04	4:40-5:10p	\$120.00	2/25-4/2
05	4:05-4:35p	\$120.00	4/14-5/21
06	4:40-5:10p	\$120.00	4/14-5/21

**INTERMEDIATE DIVING FISH #101103**

**Tuesday/Thursday**

Sec #01	4:40-5:10p	\$100.00	1/14-2/13
02	4:40-5:10p	\$120.00	2/25-4/2
03	4:40-5:10p	\$120.00	4/14-5/21

**STROKE TECHNIQUE CLINICS #102532**

Sec #01	3:00-3:30p	F	\$50.00	1/17-2/14
02	3:00-3:30p	F	\$60.00	2/28-4/3
03	3:00-3:30p	F	\$60.00	4/17-5/22

**WATER POLO SWIMMING**

**SKILLS**

**#100500**

Sec #01	5:50-6:20p	T/Th	\$100.00	1/14-2/13
02	5:50-6:20p	T/Th	\$120.00	2/25-4/2

**WATER POLO CLASS**

**#100501**

Sec #01	6:30-8:00p	M	\$120.00	5/4-6/15
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**BECOME PART OF OUR TEAM!**

**AS A LIFEGUARD, SWIM INSTRUCTOR OR WATER FITNESS INSTRUCTOR.**

**CALL MEGAN PLELI  
206-842-2302**



**When school is out...  
CAMP is in!**

**For more information on  
All-Day Explorer Camp see page 20.**

**\*No class 2/8, 4/4**

**ALL SWIM LESSONS ARE ELIGIBLE FOR HELPLINE VOUCHERS**

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# SWIMMING LESSONS

## A Quick Guide to the Progression

LEVEL & AGES	LENGTH	I CAN...	CLASS SIZES
<b>Tiny Tots</b> Age: 6 mon-3 yr	<b>30 Min</b>	<b>A parent or care giver must be in the water</b> <ul style="list-style-type: none"> <li>• hold up my head by myself</li> <li>• I need to be in the water with a care giver</li> </ul>	<b>Min 5/Max 12</b>
<b>Tiny Starfish</b> Age: 2 -5 yr	<b>30 Min</b>	<b>A parent or care giver must be in the water</b> <ul style="list-style-type: none"> <li>• I am ready to start floating and exploring the water, but I am not ready to go without a care giver</li> </ul>	<b>Min 5/Max 12</b>
<b>Starfish PSA Level 1</b> Age: 3.5-5 yr	<b>30 Min</b>	<ul style="list-style-type: none"> <li>• be in the water without my parents or care giver</li> <li>• follow directions and stay with my teacher</li> <li>• I have little or no experience in the water</li> <li>• I can't float by myself on my front or back</li> </ul>	<b>Min 3/Max 5</b>
<b>Angelfish PSA Level 2</b> Age: 3.5-5 yr	<b>30 Min</b>	<ul style="list-style-type: none"> <li>• I like to go underwater because its fun and do 5 underwater bobs</li> <li>• front float with my face in the water by myself for 3 seconds</li> <li>• float on my back with ears in the water for 5 seconds with my instructor</li> </ul>	<b>Min 3/Max 5</b>
<b>Beta Fish PSA Level 2</b> Age: 3.5-5 yr	<b>30 Min</b>	<ul style="list-style-type: none"> <li>• push off the wall and glide to my teacher on both my front and back for 3 body lengths</li> <li>• I am not scared to swim in the lane with my teacher</li> <li>• float on my front and back for 5 seconds in water over my head</li> </ul>	<b>Min 3/Max 6</b>
<b>Clownfish PSA Level 3</b> Age: 3.5-5 yr	<b>30 Min</b>	<ul style="list-style-type: none"> <li>• glide and kick on my front and back for 5 body lengths</li> <li>• tread water and back float for 10 seconds each</li> <li>• swim on my front and back 5 yards to the flags</li> <li>• I am ready to swim in the dive tank with my instructor</li> <li>• do 10 underwater bobs without stopping</li> </ul>	<b>Min 3/Max 6</b>
<b>Little Fish Level 3A</b> Age: 3.5-5 yr	<b>30 Min</b>	<ul style="list-style-type: none"> <li>• swim on my front and back halfway across the pool</li> <li>• tread water and back float for 15 seconds each</li> <li>• rotate from a front float to a back float and back to a front float</li> </ul>	<b>Min 3/Max 6</b>
<b>Guppy Level 1</b> Age: 6-12 yr	<b>30 Min</b>	<ul style="list-style-type: none"> <li>• I have little or no water experience</li> <li>• play in the water but I don't know how to float on my front or back</li> <li>• I am not comfortable swimming in the lanes</li> </ul>	<b>Min 3/Max 6</b>
<b>Minnow Level 2</b> Age: 6-12 yr	<b>30 Min-45 Min</b>	<ul style="list-style-type: none"> <li>• float on my front and back for 5 seconds by myself</li> <li>• push off the wall in a front and back glide for 3 body lengths</li> <li>• I am ready to swim in a lane</li> <li>• I am ready to explore the dive tank with my teacher</li> </ul>	<b>Min 3/Max 6</b>
<b>Fish Level 3A</b> Age: 6-12 yr	<b>30 Min-45 Min</b>	<ul style="list-style-type: none"> <li>• swim half way across the pool on my front and back</li> <li>• tread water and back float for 15 seconds each</li> <li>• do 10 non-stop bobs with my head underwater easily rotate from a front glide to a back glide and back again</li> <li>• I am ready to swim in the dive tank with my teacher</li> </ul>	<b>Min 3/Max 7</b>
<b>Flying Fish Level 3B</b> Age: 6-12 yr	<b>30 Min-45 Min</b>	<ul style="list-style-type: none"> <li>• tread water and backfloat for 30 seconds each</li> <li>• swim front crawl with rhythmic breathing 2/3 of a pool length</li> <li>• swim on my back with elementary backstroke kick 2/3 of a pool length</li> <li>• swim longer distance without getting too tired</li> </ul>	<b>Min 3/Max 7</b>
<b>Sting Ray Level 4A</b> Age: 6-12 yr	<b>30 Min-45 Min</b>	<ul style="list-style-type: none"> <li>• tread water and back float for 1 minute each</li> <li>• swim front crawl w/ consistent side breathing 2/3 of a pool length</li> <li>• swim correct elementary backstroke 2/3 of a pool length</li> <li>• I know how to dolphin kick and scissor kick 2/3 of a pool length</li> </ul>	<b>Min 3/Max 8</b>
<b>Manta Ray Level 4B</b> Age: 6-12 yr	<b>30 Min-45 Min</b>	<ul style="list-style-type: none"> <li>• swim front crawl with correct side breathing 1 pool length</li> <li>• swim breaststroke and butterfly with proper timing 2/3 of a pool length</li> <li>• swim sidestroke and backstroke 2/3 of a pool length</li> <li>• swim elementary backstroke for 1 pool length</li> </ul>	<b>Min 3/Max 8</b>
<b>Dolphin Level 5</b> Age: 6-12 yr	<b>30 Min-45 Min</b>	<ul style="list-style-type: none"> <li>• swim front crawl with side breathing for 2 pool lengths</li> <li>• swim all of my strokes with correct timing and technique</li> <li>• I want to learn flip turns and my goal is to swim fast and efficiently for swim team</li> </ul>	<b>Min 3/Max 8</b>

# Bainbridge Island Parks

## BAINBRIDGE ISLAND METROPOLITAN PARK & RECREATION DISTRICT PARKS



**Key/Legend**

- Park Boundaries
- Selected Open Space
- Roads
- BIMPRD Maintained trails
- Other Selected Trails
- Long Distance Trails
- Facilities



- AARON TOT LOT:** (1385 Aaron Ave.) Children's play structure.
- BATTLE POINT PARK:** (11299 Arrow Pt Dr) 90 acres. Picnic areas, play structure, jogging trail, soccer & softball fields, equestrian trail, picnic shelter, tennis courts, basketball courts, roller-hockey rink, wildlife pond, and community garden.
- AQUATIC CENTER:** (8521 Madison Ave.) 1 acre. 25 yard/6-lane pool with 1 & 3 meter diving boards, warm water leisure pool with spa, lazy river, water slide and zero depth entry.
- BLAKELY HARBOR PARK:** (Head of Blakely Harbor) 40 acres, shoreline access, passive recreational activities such as picnicking, kayaking and wildlife viewing.
- CAMP YEOMALT:** (900 Park Ave.) 3 acres. Multipurpose building and woodland trail.
- EAGLEDALE PARK:** (5050 Rose Ave NE) 7 acres. Pottery studio and workshop, picnic shelter, tennis court, play area, volleyball court, and off-leash dog area.
- FAY BAINBRIDGE PARK:** (15996 Sunrise Drive) 17 acres. Campsites, picnic areas, play areas & trails.
- FORT WARD PARK:** (Pleasant Beach Drive or Ft. Ward Hill) 137 acres. Picnic and play areas, boat launch & trails.
- GAZZAM LAKE NATURE PRESERVE:** (Deerpath Lane or Marshall Road) 444.6 acres. Trails and wildlife area.
- GIDEON PARK:** (274 Gideon Lane) 2.5 acres. Neighborhood children's play area.
- THE GRAND FOREST OF BAINBRIDGE:** (Miller and Mandus Olson Roads) 240 acres. Equestrian and walking trails.
- HAWLEY COVE PARK:** (1287 Wing Point Way NE) 12 acres. Low bank shoreline and related estuarine wetland communities.
- HIDDEN COVE BALLFIELDS:** (13595 Phelps Rd.) 7.7 acres, two baseball fields and soccer practice field.
- HIDDEN COVE PARK:** (8588 Hidden Cove Rd NE) Beautiful waterfront with dock.
- ISLAND CENTER PARK:** (8395 Fletcher Bay Rd) 3 acres. Community center & picnic area.
- MADISON AVENUE TOT LOT:** (598 Madison Avenue North) Neighborhood children's play area.
- MANZANITA PARK:** (7644 Day Road West) 120 acres, Hiking & equestrian trails.
- MEIGS PARK:** (Highway 305 & Koura Road) 67 acres. To be developed for nature study & trails.
- MORITANI PRESERVE:** (542 Winslow Way W) 8.5 acres of woodlands and fields in the center of Winslow.
- NUTES POND:** (1601-2101 Toe Jam Hill Rd NE) 31-acres of passive park with a captivating landscape whose central feature is a tranquil pond.
- POINT WHITE PIER:** (3949 Crystal Springs Dr. NE) Public fishing
- PRITCHARD PARK:** (4152 Eagle Harbor Dr. NE) 49 acres. Beach access and upland trails. Of historic importance and on the site's westerly side facing Taylor Av., is the debarkation point for local Japanese – Americans who were forcibly interned during WWII under executive order. This site is jointly owned by the Park District and the City.
- RED PINE PARK:** (418 Wood Ave SW) a half acre pocket park that contains an orchard and berry patches, open lawn with seating and a picnic area.
- ROCKAWAY BEACH:** (4002 Rockaway Dr. NE) Beach property with views of Seattle & Cascades. Excellent place for diving enthusiasts to observe unique underwater fissures.
- ROTARY PARK:** (7969 Weaver Rd) 10 acres. Multipurpose ballfields, meeting space, and award winning Owen's Playground.
- SAKAI PARK:** (1560 Madison Ave N) Undeveloped 22.87 acres with approximately 9-acres of upland property that is relatively flat. Below and to the east is a pond, stream and wetland complex. Sakai Park was purchased in 2015 with bonds after a successful all-island election vote. Community planning efforts have been underway.
- SANDS AVENUE BALLFIELD:** (8641 Sands Rd) 10 acres. Baseball and soccer fields.
- SCHEL CHELB PARK:** (Point White Drive near Lynwood Center) This 1.64 acre park features 370 linear feet of saltwater shoreline, swimming beach, open grass area, play area, and trail linking to Gazzam trail network.
- SEABOLD PARK:** (14450 Komedal Rd NE) 3-acre park includes Seabold Hall, which holds 80 people and has an all wooden interior with a separate kitchen.
- STRAWBERRY HILL PARK:** (7666 NE High School Rd) 18 acres. Multipurpose ballfields, playground, off-leash dog area, tennis court, volleyball court, basketball court, Strawberry Hill Center (meeting and classroom space), skate bowl, district office.
- T'CHOOKWAP PARK:** (8800 NE Spargur Loop Road) 1 acre. Pt. Madison view site.
- TED OLSON NATURE PRESERVE:** (1180 Madison Ave NE) 15 acres. Wooded nature trail.
- WAYPOINT PARK:** (551 Winslow Way E) This park provides a public site for what has occurred in the road way and sidewalks at this location for generations. It is a place of homecoming and departing for local residents as they walk to and from the ferry, and a place to physically orient oneself for the visitor.
- WEST PORT MADISON NATURE PRESERVE:** (8334 NE County Park Rd, Skogen Lane & County Park Rd) 13 acres. Picnic shelters and nature trails.
- WILLIAMS-OLSON PARK:** (6200 Williams Lane) A sloping bluff and grassy lawn with access to the Manzanita Bay shoreline. 4.8 acres of upland property, approximately 8 acres of tideland, and 460' of shoreline access.

For more information: [biparks.org](http://biparks.org)



# Improvements at

# Rotary Centennial Park



Rotary Centennial, the beautiful gateway park located near Agate Pass Bridge, has received some recent improvements. Thanks to a generous grant from the Rotary Club of Bainbridge Island, the Park District built and installed a solar powered self-contained restroom, improved parking and accessibility, installed new roundabout curbing, and created a new picnic area. Also added were three informative new interpretive panels telling the story of Bainbridge Island and her people.



People • Parks • Play





Visit the new

# Cave Family Heritage Park



## Location: 259 Ferncliff Ave NE

The Park District is proud to announce a new special use park in the downtown Winslow area. Made possible by a joint venture with a local developer and by a partial donation from the Cave family, this beautiful new park includes the historic Cave family home and many stately mature trees.

In coming months, the park will receive a natural play area, and the Park District will be installing benches, picnic tables, interpretive signage, and performing preservative maintenance on the house. The house will remain closed while interior restoration plans are solidified.

People • Parks • Play





Each year thousands of island residents of all ages benefit from a robust menu of classes, activities and special events offered by the Bainbridge Island Metro Park & Recreation District. The District also maintains and operates over 1,500 acres of parkland.

## PARK BOARD OF COMMISSIONERS

Ken DeWitt, Dawn Janow, Jay Kinney, Michael Pollock, Tom Swolgaard

## DISTRICT CONTACTS

Executive Director	Terry Lande	terry@biparks.org
Senior Planner	Perry Barrett	perry@biparks.org
Administration Services	Amy B. Swenson	amy@biparks.org
Division Director (HR and Finance)		
Park Services Division Director	Dan Hamlin	dan@biparks.org
Administrative Manager/ Public Records Officer	Elizabeth Shepherd	elizabeth@biparks.org
Recreation Program Manager	Ashley Miller	ashleym@biparks.org
Marketing Coordinator	Helen Stone	helen@biparks.org
Recreation Services Superintendent	Bryan Garoutte	bryan@biparks.org
Recreation Division Director	Mark Benishek	mbenishek@biparks.org
Active Adult Program Manager	Sue Barrington	sbarrington@biparks.org
Gymnastics Program Manager	Jason Balangue	jason@biparks.org
Sports Program Manager	Julie Miller	julie@biparks.org
Youth and Teen Program Mgr	Shannon Buxton	shannon@biparks.org
Outdoor Program Manager	Jeff Ozimek	jeff@biparks.org
Aquatics Program Administrator	Megan Pleli	meganp@biparks.org

## PROGRAM SITES

BHS	Bainbridge High School	9330 High School Road
BIMA	Bainbridge Island Museum of Art	550 Winslow Way E
AQ	BI Aquatic Center	8521 Madison Ave
BISC	BI Sportsman Club	8203 Sportsman Club Road NE
	BHS Gymnastics Rms	9330 High School Road Rear of High School
BPP	Battle Point Park	11299 Arrow Point Drive
BPOBS	Battle Point Park Observatory	
Blakely	Blakely Elementary School	4704 Blakely Ave NE
CYC	Camp Yeomalt Classroom	900 Park Avenue
CYCabin	Camp Yeomalt Cabin	900 Park Avenue
	Devoted Yogi Training Studio	425 Ericksen Ave NE #210
ED	Eagledale Pottery Studio	5055 Rose Avenue off Eagle Harbor Dr
FB	Fay Bainbridge Park	15446 Sunrise Drive
FMAA	Family Martial Arts Academy	7865 NE Day Road Bld B
	Fort Ward	2241 Pleasant Beach Drive NE
	Grand Forest West	9752 Miller Road NE
HSLG	BHS Lower Gym	9330 High School Road
HCP	Hidden Cove Park	8588 Hidden Cove Road
HT	Hilltop	Hilltop Park/Prue's House, off of Grd. Forest E Parking lot
ICH	Island Center Hall	8395 Fletcher Bay Road
IMG	Island Music Guild	10598 NE Valley Road
IRG	Island Rock Gym	9437 Coppertop Loop NE
ISD	Island Spectrum Design	6006 NE Bligh Ct
	Paski Gym - BHS	9330 High School Road
	Park District Office	7666 NE High School Road
Ordway	Ordway Elementary School	8555 Madison Ave NE
SB	Seabold Hall	14450 Komedal
SHC	Strawberry Hill Center	7666 NE High School Road
SHMG	Strawberry Hill MiniGym	7666 NE High School Road
SHP	Strawberry Hill Park	7666 NE High School Road
	Teen Center	8521 Madison Ave
	Transmitter Bldg	11299 Arrow Point Drive
	Prue's House	9600 Mandus Olson Rd NE
Sakai	Sakai Intermediate School	9343 NE Sportsman Club Rd.
WFP	Waterfront Park	301 Shannon Drive SE
Wilkes	Wilkes Elementary School	12781 Madison Avenue NE
WW	Woodward Middle School	9125 NE Sportsman Club Road

## HOURS & CLOSURES

### Customer Service Hours at Bainbridge Island Aquatic Center:

Monday-Friday: 5:00am-8:30pm, Saturday: 7:30am-4:00pm  
and Sunday: 8:00am-4:00pm

### District Admin Office Hours:

Monday-Friday 8:00am-4:30pm

### District Office Holiday Closures:

The Park District Office will be closed for national holidays on 12/25, 1/1, 1/20, 2/17 and 5/25.

### Extreme Weather Closures:

Park District will open facilities and conduct classes/programs except under extreme adverse conditions. Check our website for closure and cancellation information at [www.biparks.org](http://www.biparks.org). If the District cancels your class due to extreme conditions, your instructor will notify you concerning make-up dates.

**Non-resident Participants:** We welcome non-residents to participate in our programs. A non-resident fee of \$6 will apply to each class.

**How to be an Instructor:** Do you have a special skill you would like to share? Call the Park District at 206-842-2306 for information.

**Facility Rentals:** All facilities, fields and picnic areas must be reserved by groups intending to use the facilities. Please look online at [www.biparks.org](http://www.biparks.org) for information and rates.

**Inclusion and Accessibility to District Programs & Facilities:** The District strives to provide opportunities for people of all abilities to participate and interact in recreational activities with dignity. To that end, the District attempts to make reasonable accommodations to policies, procedures and programs to assist those with special needs to participate in District activities, programs and services. Although the District will make every reasonable effort to meet specific needs, unfortunately not all accommodation requests can be granted. Each request is evaluated by the District on a case-by-case basis.

### How to get started:

1. Register for classes/activities in which you want to participate. Please ensure that you meet the general class requirement to register for the course/activity. For example: you are the appropriate age and meet the prerequisites
2. Immediately after registering, contact the ADA Coordinator to request an accommodation. The District requests two weeks' notice prior to the first activity date to determine whether reasonable accommodation is possible.

**ADA Coordinator: Mark Benishek at 206-842-2306 ext.116 or [mbenishek@biparks.org](mailto:mbenishek@biparks.org)**

**Sales Tax:** Activities that are taxable have the % symbol next to the description. Unless stated otherwise, price listed does not include sales tax which will be added at the time of payment.

**Discounts on Programs:** The District partners with Helpline House to make participation in our programs accessible to Island residents with limited resources. Full or partial fee waivers are available for most Park District recreation and aquatic classes for qualified families and individuals. To apply, contact Helpline House at 206-842-7621.

**DDA Services/Assistance:** The District has contracted with the DDA and DSHS to provide financial assistance to those who are enrolled in WA State IFS, Basic Plus or Core Waiver programs. Please see our website for more details or contact Bryan Garoutte at [bryan@biparks.org](mailto:bryan@biparks.org).

## PARK DISTRICT FACILITIES PHONE NUMBERS

Park District Office, Strawberry Hill Park	206-842-2306
BI Aquatic Center - Pool	206-842-2302
Camp Yeomalt	206-842-5917
Eagledale Pottery Studio	206-842-7025
Island Center Hall	206-780-6994
Teen Programs	206-842-2302
Strawberry Hill Center	206-780-9519

## LOOKING FOR EMPLOYMENT OPPORTUNITIES?

The Park District is always looking for part time recreation and park services staff. Go to [www.biparks.org/employment](http://www.biparks.org/employment). Complete an application and email it to [amy@biparks.org](mailto:amy@biparks.org). Please make sure and tell us what you are interested in doing.

# WINTER/SPRING 2020 REGISTRATION INFORMATION

## HOW TO REGISTER

- 1. ONLINE:** www.biparks.org. Register any time of day! Your registration is processed immediately, and you can print a receipt.
- 2. In Person:** you can register in person at the Bainbridge Island Aquatic Center at 8521 Madison Avenue North.
- 3. Mail in:** Mail the completed form and a check to: 7666 NE High School Road, BI, WA 98110.
- 4. Call:** To register for any class, call the Bainbridge Island Aquatic Center Monday through Friday 5:00a-8:30p, Saturday 7:30a-4:00p and Sunday 8:00a-4:00p (206-842-2302).

**Registration begins January 8, 9:30am**

## MAIL-IN/DROP-OFF REGISTRATION FORM

1st Adult payee in household: Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Phone (h) \_\_\_\_\_ (w) \_\_\_\_\_

2nd Adult payee in household: Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Phone (h) \_\_\_\_\_ (w) \_\_\_\_\_

Mailing Address \_\_\_\_\_ street \_\_\_\_\_ city \_\_\_\_\_ zip \_\_\_\_\_

Email Address (please print) \_\_\_\_\_

I understand that participation in the Class involves inherent risk and possible injury because of the nature of the activities, even when conducted in a safe manner, and I hereby assume all responsibility for my and/or my child's safety when participating in the Class. Injuries to participants in active recreation programs may occur from risks inherent in the activity; from placing stress on the body that it has not been prepared for; from accidents in learning or practicing techniques; from failing to follow training, safety or program rules; from the use of transportation associated with the activity; and from the administration of first aid. The severity of injury can range from minor cuts, scrapes, or muscle strains to catastrophic injury such as paralysis or even death.

In consideration for my acceptance or my child's acceptance as a participant in the Class, I hereby agree: to assume the risks of the activities in which I participate or my child participate in the Class; to waive and forever release Bainbridge Island Metropolitan Park and Recreation District (BIMPRD) and its employees and agents from any and all claims (including those for bodily injury) arising out of or relating in any way whatsoever to my participation in the Class, even though said claims may arise out of the negligence of BIMPRD and its employees and agents; to limit BIMPRD's liability to the applicable limits of BIMPRD's applicable insurance policy if the foregoing waiver and release is deemed unenforceable; to defend, indemnify and hold BIMPRD and its employees and agents harmless from and against any and all claims (including those for bodily injury), losses, damages, liabilities and expenses (including attorney fees) arising out of or relating in any way to my participation in the Class, my failure to comply with any of the obligations under this document, or my failure to provide all relevant medical information. The District also reserves the right to require written clearance from a health care provider before allowing a person to participate in a certain activity.

I give BIMPRD permission to photograph and videotape me or my child (listed below) while participating in the Class. I authorize BIMPRD to use such photographs and videotapes to promote its programs and classes, and I waive any and all claims to compensation for such usage. I acknowledge and agree that all such photographs and videotapes will belong to BIMPRD.

Signature - Adult Participant or Guardian

Date

## REFUND POLICY

**Refunds will be in the form of a credit to your household account unless you request a check.**

- Programs canceled by the Park District will receive a full refund.
- Refunds will not be granted for requests made after the program is over even with a doctor's note.

### Unless a doctor's note is received, the following refund policy applies:

- Requests made 7 days or more prior to start of the program will receive a full refund less a \$10 service charge. The seven-day period does not include the day the class begins (i.e. the seventh day is the day before the class starts). Counting backwards to the first day, a refund request must be received no later than midnight before the first day of the seven-day period.
- No refunds will be granted if requests are received less than 7 days before the start of the program.
- No refunds will be granted if requests are made once the program has started.

CLASS # Activity Section	CLASS NAME	DAY(S)	CLASS TIME	PARTICIPANT NAME		SEX	GRADE	BIRTHDATE	CLASS FEE
				First	Last				
								/ /	
								/ /	
								/ /	
								/ /	
								/ /	
								/ /	
								/ /	

Off-island residents add \$6 per class \$ \_\_\_\_\_

**For your protection we no longer accept credit card payments by mail.**

Applicable 9.0% sales tax (for activities with % symbol) \$ \_\_\_\_\_

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**Helpline Eligibility:** All classes are eligible for Helpline vouchers with the exception of the swim and gymnastic teams. Aquatic Center passes are also part of this program.



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