

BOATING



PADDLING PROGRAMS

"The storms come and go, the waves crash overhead, the big fish eat the little fish, and I keep on paddling." — Lord Varys

WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

PADDLING

Being on a kayak, canoe or SUP is a great way to explore shallow-water bays and harbors inaccessible to other boats! Instructors will work to expand paddlers' skill sets, maintain a focus on paddling safety, and of course have tons of fun. We are proud to have many of our paddling staff registered as American Canoe Association (ACA) Level 2 Kayak Touring Instructor Certified, a certification widely recognized around the world. Come paddle with our incredible staff and learn not only new skills, but new areas to explore.

FAQs

General — A detailed introductory email will be sent out the week before the start of each session. This email will include required forms as well as logistical information such as where to meet, what to bring, and weather forecast.

Swim License — Youth: A Park District Swim License is required for youth boating participants who will be engaging in on-the-water programs. It is acquired through a one-time test held at the Aquatic Center and involves full submersion by jumping into the pool, swimming 25 yards, and then floating or treading water for one minute. The swim license form can be found at <https://biaquatics.org/>. Call the Aquatic Center at 206-842-2302 to find out times when testing is available. If you aren't sure if you or your child is on file, visit <http://bainbridgeswim.azurewebsites.net/>. If your child is on file, print the record showing they passed and bring it to the first day of your boating class. **Adults:** Participants age 18 and over need to complete the Park District Swim License or sign off on a Swimming Skills Acknowledgment form, self-certifying they can meet or exceed the requirements.

Learning About the Marine Environment — Being on a kayak, canoe or SUP is a great way to explore shallow-water bays and harbors inaccessible to other boats. We often take advantage of this opportunity to teach about the marine and intertidal life that can be found around Bainbridge and Puget Sound!

Games, Beaches, and Shore Activities — To increase paddlers' confidence and essential skills, camps will often engage in shore launching and landing, practicing various entries, exits, mounts, and dismounts from their boats and/or SUPs. Plenty of on-the-water games and initiatives will help develop and refine participants' paddling skills. Beach activities may be mixed into programming as well.

Equipment — A US Coast Guard approved lifejacket (PFD) is required to be worn for all boating programs. Purchasing a PFD to match your size, comfort, and style is recommended, however there are a select number of PFDs that participants can borrow. Closed-toe sandals or shoes are required. No flip-flops or bare feet. Kayaks, canoes and stand-up paddle boards are provided.

Registration Deadlines — Registration deadline for most programs is three days before program start date. The Park District reserves the right to require a doctor's note to clear a participant for participation.

Waivers and Forms — Participants must complete and sign required waivers and forms in order to participate. These forms will be emailed out to everyone approximately the week before each program begins. All forms and waivers should be turned in to instructors on the first day of class and remain valid for all 2020 winter/spring paddling programs.

Refunds — For questions about refunds, please see page 95. If weather cancels a program day, a prorated credit will be refunded for the missed session. Rain does not cancel programs; severe weather does.

Questions? Contact Paddling Program Coordinator Helen Mountjoy-Venning at helenmv@biparks.org.

AFTER-SCHOOL PADDLE CAMPS

Get your mind off schoolwork and come explore the nooks and crannies of Hidden Cove with us afterschool! Expand your kayaking skillset, discover our island's coastal history, and learn about the marine life that inhabits our shores. No paddling experience is necessary, so come get out on the water with us!



BOATING

AFTER-SCHOOL PADDLE CAMP

Ages 5-7, 7-10. Join us for four weeks of fun and exciting after-school paddles! Each week kids will explore the waters and beaches around Bainbridge Island by boat, play games, discover local marine life, and improve their paddling skills through fun activities. Instructors will introduce everyone to a variety of kayaks, canoes, and paddle boards, helping kids get comfortable and confident. Park District Swim License required, see FAQs for details. HCP

Ages 5-7

130758-01	W	3:45-6:45p	5/6-5/27	\$265
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Ages 7-10

02	T	3:45-6:45p	5/5-5/26	\$265
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AFTER-SCHOOL ADVENTURE PADDLES ★

Ages 10-14. Ideal for all levels of tween and early teenage paddlers, this program helps youth develop and expand upon their paddling skills, focusing on destination paddles around Bainbridge's shoreline. Instructors will introduce everyone to a variety of kayaks, canoes and paddle boards, helping participants get comfortable and confident. Specific skills will be taught before embarking towards each day's paddle destination. Youth should feel accomplished and proud of their day's adventure, building up to bigger and longer adventures. Park District Swim License required, see FAQs for details. HCP

130735-01	Th	3:45-6:45p	5/7-5/28	\$265
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PROGRAMS FOR TEENS AGES 13-17

AQUATIC CENTER

Learn new skills or simply fine tune your technique in a calm, warm-water environment! Skills like rescues, rolls, and paddle boarding are essential to continue developing as a paddler, but it's hard to get motivated to voluntarily capsize your kayak in the frigid water of the Puget Sound. Join one of our Aquatic Center programs to continue your paddling development and stay warm in the process!

INTRO TO ROLLS ★

Ages 14 and up. Rolling a capsized kayak back up is an important safety skill as you begin to take your kayaking to the next level. Anyone who is thinking about kayaking on rougher open water or doing longer excursions would benefit from this class. Once you master this skill, you will be able to right your upside-down kayak from within, without ever having to exit and pump out the water. We will focus on a number of different rolling styles and techniques in this class. Come learn the tips and tricks needed to execute a kayak roll, and which style works best for you. AQ

130743-01	W	7:30-10:00p	2/12	\$79
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RESCUE TECHNIQUES FOR FAMILIES AND ADULTS ★

Ages 10 and up. A kayaker in your group flips over 100 yards from shore, what do you do? Develop skills that will help you deal with rough-water paddling and unexpected capsizes. We will review and practice a variety of skills such as T-rescues, wet exits, heel hook rescues, paddle float rescues, and cowboy rescues all aimed at boosting your confidence and capabilities out on the water. Teaching style is oriented to adults, though families are certainly welcome. Participants under 14 must be accompanied by a parent or guardian. AQ

130741-01	W	7:30-10:00p	1/29	\$79
02	W	7:30-10:00p	4/8	\$79
03	W	7:30-10:00p	5/20	\$79

INTRO TO STAND-UP PADDLE BOARDING ★

Ages 7 and up. This class will introduce new SUP paddlers to the basic concepts and skills necessary for enjoying days out on the water around Bainbridge. We will cover basic strokes, body position, board and paddle sizing as well as some more challenging maneuvers for more advanced SUP paddlers. Lots of individual practice time (in a warm-water environment) and activities will make this class engaging for anyone who wants to improve their SUP skills! Participants under 12 must be accompanied by an adult. AQ

130736-01	Su	4:30-7:00p	4/5	\$79
02	Su	4:30-7:00p	5/24	\$79

BOATING



OPEN POOL PRACTICE ★

Ages 7 and up. Do you understand how to roll your kayak in theory, but just need some time to practice? Have you mastered your kayak rescues and don't want to let those skills fade? Would you prefer a bit more time to get your balance down on a paddle board before you head out to try it on the Sound? Welcome to open pool practice. It's not a structured class, but rather a time where the pool is available for you to continue working on skills that often take longer than one session to master. An instructor will be on hand working with people individually on whatever they need help with. These practice sessions are a great opportunity to build skills into your muscle memory so that you know you can depend on them when it counts. Come for the full session or drop by partway through, just come once or make it a regular habit — these sessions are for you to work around your needs. Boats and gear will be provided, but you're welcome to bring your own. Participants ages 12 and under must be accompanied by a parent or guardian. AQ

130742-01	W	7:30-10:00p	2/26	\$39
02	W	7:30-10:00p	3/25	\$39
03	W	7:30-10:00p	4/22	\$39
04	W	7:30-10:00p	5/6	\$39

SINGLE DAY PADDLES

Out and back in the same day, these convenient paddles are perfect for those looking for a quick day adventure without sacrificing quality. With fantastic destinations surrounding our island, a single day is more than enough to experience the extraordinary.

GET KAYAKING ★

Ages 7 and up. Get a taste of kayaking while you enjoy a morning group paddle. This is our most accessible class, providing an introduction to kayaking for individuals and families. Learn about paddle strokes, boat safety, and other essentials to have a safe and enjoyable day on the water. **One child, age 7-17, FREE per paying adult. Adult must attend trip. Park District Swim License required, see FAQs. HCP



130740-01	Su	9:00a-12:00p	5/3	\$89
02	Su	9:00a-12:00p	5/3	\$0**
03	Su	9:00a-12:00p	6/7	\$89
04	Su	9:00a-12:00p	6/7	\$0**

BIOLUMINESCENCE AND STARGAZING PADDLE ★

Ages 7 and up. Come witness the light shows both underwater and overhead! We will explore the incredibly rich bioluminescence of the Puget Sound, perhaps even catching the outlines of fish or shrimp as they dart away underneath us swathed in the surreal blue light created when they disturb phosphorescent marine plankton. We'll learn about the biology behind this stunning phenomenon, and about the constellations above us. This experience feels truly magical, whether you're looking down at the glowing water or up at the stars! Open to all experience levels. Participants ages 14 and under must be accompanied by a parent or guardian. HCP

130760-01	F	9:30p-12:00a (Sunset 8:20p)	5/1	\$89
02	F	9:30p-12:00a (Sunset 8:40p)	5/15	\$89
03	F	10:00p-12:30a (Sunset 9:00p)	5/29	\$89

EAGLE HARBOR PADDLE BOARD PICNIC **NEW!** ★

Ages 7 and up. Join us for a fun and accessible morning on the water while you learn or improve paddle board skills. We'll work with you to learn the basics of paddle boarding, including balance, paddle strokes, and safety, and you'll get plenty of hands-on practice as we paddle around Eagle Harbor glimpsing views of Seattle and the Cascade Mountains if it's clear. Bring a tasty lunch and we'll end up at Pritchard Park where we can relax on the sandy beach for a well-deserved picnic. **One child, age 7-17, FREE per paying adult. Adult must attend trip. WFP

130728-01	Su	10:00a-1:00p	5/17	\$89
02	Su	10:00a-1:00p	5/17	\$0**
03	Sa	10:00a-1:00p	6/6	\$89
04	Sa	10:00a-1:00p	6/6	\$0**



SUQUAMISH-INDIANOLA LOOP DAY PADDLE **NEW!** ★

Ages 10 and up. If you're excited to take your kayaking a little further and you're ready to leave the protected harbors around Bainbridge and try something slightly more challenging, this is the paddle for you! We'll start in Hidden Cove after reviewing the basics of safety and paddle strokes, then head out of the bay and west toward Suquamish. At the mouth of Agate Passage, we'll turn northeast and make our way toward Miller Bay and Indianola, where we'll take a break to have a snack and stretch our legs at the Indianola Waterfront Preserve. From there we'll turn south and leave the shore, completing our loop with a crossing back down to Bainbridge. You don't need to be an expert for this paddle, but if you've never kayaked before we recommend taking our Get Kayaking or Rescue Techniques for Families and Adults class first. Participants ages 16 and under must be accompanied by a parent or guardian. Park District Swim License required, see FAQs for details. HCP

130725-01	Sa	12:00-4:30p	5/30	\$59
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BOATING

MULTIDAY PADDLES

The Puget Sound has abundant picturesque paddling destinations ranging from Port Townsend to Olympia. For those looking to really get away, our multiday paddles often venture far off Bainbridge's shores to explore new scenic paddling destinations. Come join us and learn skills like expedition planning, marine navigation, packing kayaks, and more while going off on an adventure you won't soon forget!



SPRING SOCIAL PADDLE GROUP

Ages 13 and up. Become part of a paddling community on Bainbridge! We'll get together every week for an evening paddle, exploring different paddle locations around the island. You can try out kayaks, paddle boards, and canoes. For those who want it you'll have the opportunity to learn new paddle techniques, or you can just relax and enjoy the conversation and beautiful Puget Sound scenery. We provide all the boats and gear, but you're welcome to bring your own. This program is great for all experience levels, and perfect for anyone who wants to build community and make paddling a regular part of your week. Park District Swim License/Swim Skills Acknowledgement required, see FAQs for details.

130738-01 Th 6:00-8:00p 5/7-5/28 \$105



BLAKE ISLAND OVERNIGHT KAYAK TRIP **NEW!**

Ages 10-13. Join us for an overnight kayak expedition to Blake Island! This trip is for all experience levels. We'll start out Saturday morning with a hands-on course in expedition planning, paddling gear, tides, currents, route planning, reading charts, packing boats — everything we need to know to have a fun and successful trip. Once set up for success, we'll then get on the water and do some paddling in protected waters. Once everyone feels comfortable and confident in their boat, we'll paddle to Blake Island! Accessible only by boat with no ferry access, Blake Island feels wild and remote despite being only a few miles south of Bainbridge. We'll camp on the island in sites reserved for paddlers, have the option to explore around the island by foot or kayak, cook dinner and breakfast together, and enjoy sharing stories around the evening campfire. Park District Swim License required, see FAQs for details. Fort Ward Park

130765-01 Sa-Su 10:00a-2:00p 6/13-6/14 \$295

BOATING CLASSROOM COURSES

ABOUT BOATING SAFETY

Ages 12 and up. Instructed by members of the United States Coast Guard Auxiliary, this comprehensive boating course teaches the fundamentals of safe boating operation. A wide range of topics are covered — navigation, safety equipment, anchoring/docking, trailering, engines, mooring, etc. — to help all boaters to become safer and more knowledgeable. This course meets the mandatory boater education requirements of the State of Washington for the Boater Education Card and is sanctioned by the United States Coast Guard and the State of Washington. SHC. **CONTRACTOR**

130775-01 Sa 8:00a-5:00p 6/6 \$35

ADULT AND CHILD DANCE

Ages 5-12 with parent/guardian, grandparent or another fun adult! Teen Center staff is offering an exciting opportunity for parents and kids to have a special evening together. Boys and girls are invited to join us with an accompanied mother/father/guardian or special adult for an evening filled with dancing, photos and fun. We will have a DJ playing all kinds of favorite pop hits along with songs from the '60s, '70s, '80s and '90s. Price includes one adult and one child, \$10 for an additional child. 2 children per adult max. Snacks and dessert provided. ICH

First Child and Adult

172632-01 Sa 6:30p-8:30p 3/28 \$25

One Additional Child

172632-02 Sa 6:30p-8:30p 3/28 \$10