

YOUTH & ADULT



WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

PARENT/CHILD

ADULT AND CHILD DANCE!

NEW!

Ages 5-12 with parent/guardian, grandparent or another fun adult! Teen Center staff is offering an exciting opportunity for parents and kids to have a special evening together. Boys and girls are invited to join us with an accompanied mother/father/guardian or special adult for an evening filled with dancing, photos and fun. We will have a DJ playing all kinds of favorite pop hits along with songs from the '60s, '70s, '80s and '90s. Price includes one adult and one child, \$10 for an additional child. 2 children per adult max. Snacks and dessert provided. ICH



First Child and Adult

172632-01	Sa	6:30-8:30p	3/28	\$25
-----------	----	------------	------	------

One Additional Child

172632-02	Sa	6:30-8:30p	3/28	\$10
-----------	----	------------	------	------

FAMILY FIT

Ages 4 and up. This is an excellent class for families to have fun and be fit together. Participants will be taught gymnastics and parkour skills, along with a plethora of movements to increase overall strength, balance and agility. This is a great opportunity to work out with your kids, have family challenges and share a healthy lifestyle together. Price is per person. BHS Gymnastics Room

141594-01	M	2:30-3:30p	2/24-3/9	\$49
02	M	2:30-3:30p	3/16-3/30	\$49
03	M	2:30-3:30p	4/13-5/11	\$81
04	M	2:30-3:30p	5/18-6/8*	\$49

*No class 5/25

SEE ALSO PARENT/CHILD CLAY PLAY PAGE 28

PARENT/CHILD FUSED GLASS PAGE 28

PARENT/PRESCHOOL SOUND BEGINNINGS PAGE 27

GREEN LIVING SERIES PAGES 29-30



WILDERNESS PROGRAMS

"Of all the paths you take in life, make sure a few of them are dirt." —John Muir

Remote, rugged, undeveloped. Wilderness is a land heritage that is uniquely American. With passage of the Wilderness Act of 1964, Americans chartered a new course in world history to preserve and protect some of the country's last remaining wild places. In the words of Pulitzer novelist Wallace Stegner: "Something will have gone out of us as a people if we ever let the remaining wilderness be destroyed." Come join us and experience our unique heritage.

FAQS

General — Our wilderness trips offer one-of-a-kind experience, rewarding participants with the very best that the backcountry has to offer. A detailed email will be sent out approximately a week before the start of each program, with information on where to meet, what to bring, weather forecast, medical waivers, emergency contacts, and more.

Trip Leaders — Our trip leaders are **Wilderness First Responder** or **Wilderness EMT trained professionals** who bring a wealth of backcountry medical knowledge, years of outdoor experience, and emergency response equipment on every hike. They are highly qualified, knowledgeable, and awesome to hike with.



YOUTH & ADULT

The Outdoor Gearbank — Don't let a lack of gear stop you. Participants can use our equipment for free! Our Outdoor Gearbank has backpacks, tents, sleeping pads, snowshoes, rain gear, and much more available to borrow for free.

Physical Fitness — Participants need to be physically fit for each trip's unique challenges. Mileage is round-trip, terrain and trails vary. The Park District reserves the right to require a doctor's note to clear a participant for participation.

Pricing — An incredible value for the amount of time, preparation, and quality expertise that go into each trip. Pricing includes trip leader, guiding time, gear, transportation, fuel, permits, emergency response equipment, and park entrance fees. Food and snacks are included for multi-day trips. The **Wilderness Day Hikes** have a special progressive discount that's applied on all hikes and reset each calendar year.

Transportation — The Park District's 15-passenger vehicles are used for most wilderness trips, allowing easier and more comfortable access along backcountry roads. If the route includes a ferry, participants should bring their ferry pass or a way to pay their passenger fee. We cover the vehicle fare.

Equipment — Participants are responsible for providing their own personal clothing and equipment, but our Outdoor Gearbank may have items that can be borrowed for free. Inquire with your trip leader so they can help you get set up for success.

Registration Deadlines — Registration deadline is three days before program start date. This allows us to effectively communicate with participants about any needs we can help accommodate as well as ensure each trip is a good fit. It is helpful and saves time to have participant waivers, medical information, and other forms turned in beforehand. The Park District reserves the right to require a doctor's note to clear a participant for participation.

Refunds — For questions about refunds, please see page 95. If weather or road closures cancel a trip, a pro-rated credit will be refunded for the missed day.

Questions? Contact Ranger Sciacca, Wilderness Program Coordinator, at rangers@biparks.org.

WILDERNESS DAY HIKES

Ages 10 and up. Come explore the great outdoors! We'll visit some of the most beautiful spots around lush river canyons, open wildflower meadows, breathtaking ridgetop views, and sparkling alpine lakes. Meet at Strawberry Hill Park at 8:00a unless otherwise noted. Most trips return 6:00-8:00p. Mileages are round-trip. Participants under 14 must be accompanied by a parent or guardian. For questions about refunds, please see page 95.

HIKE MORE, SAVE MORE!

Pick dates according to what works for your own schedule! For every hike after the first, a stacking discount will be applied, counting towards all HHC hikes for the remainder of the calendar year.

**1st hike = \$75; 2nd hike = \$72; 3rd hike = \$69; 4th hike = \$66;
5th+ hike = \$63**

131909-01	Su	1/26	Interpretive Snowshoe at Hurricane Ridge
02	Su	2/2	Interpretive Snowshoe at Hurricane Ridge
03	Su	2/16	Lena Lake Snowshoe
04	Su	3/1	Lake Kachess Snowshoe
05	Th	3/19	Copper Creek Hut Nordic Ski
06	Su	3/22	Steeple Rock Snowshoe
07	Su	4/5	Best of the Duckabush and Dosewallips
08	Su	4/19	West Elwha
09	W	4/29	Historic Lime Kiln Trail
10	T	5/19	Dungeness Spit
11	Su	5/31	Monte Cristo Ghost Town

DAYHIKING EXPLORE THE BEST OF THE BACKCOUNTRY IN A DAY.

INTERPRETIVE SNOWSHOE AT HURRICANE RIDGE

~3 mi.

~400ft elev. gain

This beginner and family-friendly trip is a perfect introduction to snowshoeing. First, we'll try the snowshoes on different surfaces during a guided interpretive walk through Hurricane Ridge's woods and meadows. Participants will learn about trees — their winter adaptations, relationships with fungi, effects on the air and humans, and more. After lunch we'll snowshoe on a groomed trail to a viewpoint atop a snowcapped ridge. Trip meets at 7a. **Super Bowl Sunday Snowshoe on 2/2! No crowds!**

LENA LAKE SNOWSHOE

~6 mi.

~1,300ft elev. gain

A different twist on a classic hike! Under a quiet snow-covered hemlock forest, snowshoe up a steady grade to Lena Lake. One of the largest lakes in the Olympics, it will be iced over for the winter.



LAKE KACHESS SNOWSHOE

~6 mi.

~300ft elev. gain

This is a partial loop with a mix of groomed trail and cross-country travel. Highlights include big trees, a narrow canyon with a rushing creek, and a long stretch on open lakeshore — it's a BIG lake with great views of surrounding mountains! FYI, snowmobiles are allowed in this area, but we usually only see a couple during the day.

YOUTH & ADULT



COPPER CREEK HUT NORDIC SKI

~9 mi

~900ft elev. gain

We'll head out to the Mount Tahoma Trails Association and ski along a Forest Service road through a beautifully silent forest with sweeping views of Rainier. We'll make our way up to the well-known Copper Creek Hut, have lunch, then head back to our vehicle and rest our legs on the way home. No skis? No problem! Rentals are available at Whittaker Mountaineering for \$25. Please let us know in advance if you will need rentals.



HISTORIC LIME KILN TRAIL

~7 mi.

~625ft elev. gain

A beautiful riverside hike through the lush and narrow Robe Canyon in the foothills of the Cascades. Less than an hour from the ferry! We'll see lots of neat historical artifacts (including the old lime kiln) as we pass an old townsite and a long-abandoned railway line from the mining days of the 1800s. Spring is a great time to appreciate the majestic deciduous trees along the trail — big cottonwoods and maples that should be leafing out nicely.

DUNGENESS SPIT

~11 mi.

~100ft elev. gain

On this otherworldly hike, we'll go five miles out into the ocean on a 200-foot-wide strip of beach! Endless driftwood, crashing waves, birds and sea life, with views of the Strait of Juan de Fuca and the Olympics. At the end of the spit, we'll walk up the spiral staircase of a historic lighthouse.

MONTE CRISTO GHOST TOWN

~8 mi.

~700ft elev. gain

A classic Cascade Mountains hike! We'll hike an old mining road in the wide-open Sauk River Valley, enjoying sweeping views of jagged peaks on all sides. Lunch is at a pleasant meadow near the Monte Cristo ghost town, where a few buildings and artifacts still remain, including a giant, still-functional railway turntable. FYI we will use a fallen tree to cross the Sauk River — it's a big log, but no handrails.



STEEPLE ROCK SNOWSHOE

~5 mi.

~800ft elev. gain

From Hurricane Ridge, head away from the crowds and groomed trails for big views, deep snow, and a great sense of solitude. This intermediate level trip has been described as "the perfect challenge" and features spectacular views of the Strait of Juan de Fuca and snow-capped Olympic Mountains. Trip meets at 7:00a.

BEST OF THE DUCKABUSH AND DOSEWALLIPS

~6 mi.

~800ft elev. gain

We'll visit three beautiful waterfalls, a roaring canyon, and a peaceful river delta. This trip combines several short trails including Murhut Falls, Rocky Brook Falls, Ranger Hole, and Falls View Canyon — all the highlights of the Duckabush and Dosewallips areas in one trip!

WEST ELWHA TRAIL

~9 mi.

~1,100ft elev. gain

Enjoy a quiet part of a busy valley on the lovely West Elwha trail. We'll hike just downstream of the old Elwha dam, where we'll see effects of the dam removal plus swirling rapids and beautiful riverside groves of old growth. After hiking most of the way on trail, we'll continue on a closed road to the impressive overlook at the former dam site and lakebed. For now, the only way to access this location is on foot!

BACKPACKING 101

Ages 8 and up. Are you interested in backpacking? In this hands-on class, you'll get to practice the basic skills and learn what gear you need to get started. We'll cover trip planning, safety and safety equipment; we'll practice setting up tents, stoves, and water filters; we'll learn how to pack a backpack, what to bring, and much, much more. SHC

131900-01

T

6:00-8:30p

5/12

\$42



YOUTH & ADULT

FORAGING & WILD EDIBLES

Get outside, breathe the fresh air, and connect back to the land as we explore the rich bounty of the Northwest. Rewarding hands-on classes where you take home what you forage, harvest, and make. Youth participants must be accompanied by a parent or guardian.



SHELLFISH FORAGING & COOKING ★

Ages 9 and up. Strap on your rubber boots and grab your bucket! Join author Langdon Cook and master oyster grower John Adams on a third-generation shellfish farm to learn about several species of local shellfish, where to find them, how to harvest them, and delicious recipes to cook them. We'll fill our limit of oysters and clams and then learn to prepare each using a variety of culinary techniques. Meet at Little Skookum Inlet near Shelton, WA. Directions will be emailed out with class information a week in advance. Class fills quickly.

CONTRACTOR

131810-01	F	12:30-5:30p	4/24	\$110
02	Sa	1:00-6:00p	4/25	\$110
03	F	12:00-5:00p	5/8	\$110
04	Sa	12:30-5:30p	5/9	\$110



GEODUCKS ★

Ages 9 and up. The geoduck is the sport fishing clam of the northwest, notoriously difficult to find and harvest, but deliciously worth the effort. Join renowned author Langdon Cook and master shellfish grower John Adams as we tromp out during low tide at Little Skookum Inlet to find and dig up the world's largest burrowing clam. We'll learn about geoducks and how to harvest them, as well as recipes to prepare our catch. Meet at Little Skookum Inlet near Shelton, WA. Directions will be emailed out with class information a week in advance. Class fills quickly. **CONTRACTOR**

131814-01	F	11:00a-4:00p	6/5	\$135
-----------	---	--------------	-----	-------

BIRDING

Taught by international birding expert George Gerdt from Pandion Nature Tours, classes focus on providing a firsthand experience with the birds, plants, and other creatures that inhabit the myriad habitats of the Pacific Northwest. A past educator for over 40 years, George has led trips for the Seattle Audubon, Kitsap Audubon, as well as personally guiding trips on every major continent in the world. Registration deadline for most programs is three days before begin date. A parent/guardian must accompany minors on trips. For questions about refunds, please see page 95.

CIRCUMNAVIGATION OF BAINBRIDGE ISLAND ★

Ages 10 and up. Join naturalist George Gerdt aboard the "Admiral Pete" as he narrates a fascinating wildlife tour around Bainbridge Island. Expect to see an array of sea ducks, cormorants, alcids, rocky-shore sandpipers, bald eagles, marine mammals, and perhaps some early-spring migrants, not to leave out the fabulous view of the Bainbridge Island shoreline! This trip fills quickly, so sign up early. Snacks and soft drinks provided. Bring binoculars and cameras. Youth ages 10-17 must be accompanied by a parent or guardian. Boat leaves promptly at 10:00a. **CONTRACTOR**

131850-01	Sa	9:45a-2:00p	3/28	\$95
-----------	----	-------------	------	------

LOCAL GUIDED BIRDING ★

Ages 10 and up. Island birder George Gerdt leads guided, small-group birding trips on Bainbridge Island and nearby Kitsap County that focus on finding and identifying local birds and learning a bit about their preferred habitats. Birding locations that we will visit on Bainbridge and nearby Kitsap County will be determined based on the season, weather, and migration patterns. Dress in appropriate layers and bring a pair of binoculars. **CONTRACTOR**

131852-01	W	7:30-11:30a	3/25	Early Spring Birds	\$45
02	W	6:45-11:30a	5/6	Spring Migration on Bainbridge	\$45
03	W	6:30a-12:00p	5/13	Point No Point	\$50



DENIZENS OF THE DARK: OWL CLASS ★

Ages 10 and up. Join Naturalist George Gerdt and owl expert Jamie Acker for an in-depth look at the eight species of owls that have been recorded on Bainbridge Island (western screech-owl, great horned owl, northern pygmy-owl, barred owl, short-eared owl, northern saw-whet owl, snowy owl, and barn owl). This is a wonderful class to take in preparation for the field trip ("Owl Prowl") that is scheduled for early Sunday morning, January 26! **CONTRACTOR**

131854-01	W	6:30-9:00p	1/22	\$45
-----------	---	------------	------	------

YOUTH & ADULT



OWL PROWL



Ages 10 and up. Join George Gerdts and Jamie Acker for this year's annual "Owl Prowl", a field trip designed to try to hear and possibly see some of the resident owls on Bainbridge Island. While the classroom session on owls is highly recommended, it is NOT required in order to sign up for this field trip. We will carpool to various nearby sites on Bainbridge Island. Limit 10. Please note: THIS TRIP DEPARTS AT 4:30 SUNDAY MORNING, JANUARY 26! **CONTRACTOR**

131856-01 Su 4:30-7:00a 1/26 \$45

PROTECTION ISLAND SUMMER SOLSTICE SUNSET BIRDING CRUISE



Ages 10 and up. Join naturalist/birder George Gerdts for an exciting sunset cruise to Protection Island, a 400-acre National Wildlife Refuge off of Discovery Bay. Over 70% of the marine birds which nest in Puget Sound make Protection Island their breeding ground. Tufted Puffins and marine mammals are usually seen. Meet at Port Townsend Dock at 5:15p. Youth ages 10-17 must be accompanied by a parent or guardian. Boat leaves promptly at 5:30p. **CONTRACTOR**

131851-01 Sa 5:15-8:30p 6/20 \$95

KAYAKING

Being on a kayak, canoe or SUP is a great way to explore shallow-water bays and harbors inaccessible to other boats! Come paddle with our incredible staff and learn not only new skills, but new areas to explore. See pages 76-79 for more information about our boating programs.



PROGRAMS FOR TEENS AGES 13-17

ROCK CLIMBING

Emphasizing strength, endurance, balance, and flexibility, rock climbing is more than just a workout: it challenges your mind and your body. All climbing programs are facilitated by experienced instructors from Island Rock Gym. Registration deadline for most climbing programs is three days before begin date. For questions about refunds, please see page 95.



ADULT INTRO TO CLIMBING



Ages 14 and up. Get into the sport and lifestyle of rock climbing. All levels of fitness and experience are welcome in our Adult Introduction to Climbing class. This three-hour class will teach you the fundamentals of climbing to take full advantage of the gym. Learn basic climbing technique and movement, learn to climb safely on your own, and belay (handle the ropes for) other climbers. Class includes gear and FREE two-week membership. **CONTRACTOR**

131997-01	T	6:00-9:00p	2/11	\$93
02	T	6:00-9:00p	3/10	\$93
03	T	6:00-9:00p	4/14	\$93

AFFORDABLE FITNESS FOR ALL

Whatever your fitness goals are, we can help without depleting your bank account. Take advantage of our awesome budget friendly exercise offerings or sign-up for some private trainings with Stacey. See pages 70-71 for details.