

BOATING



WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

SAILING PROGRAMS

"I wanted freedom, open air, and adventure. I found it all on the sea." — Alaine Gerbault

COMMUNITY SAILING

Our gorgeous summers provide the perfect opportunity to get out on the water, spend time with friends, and become a proficient sailor! Learn the basics or improve your skills through daily lessons, games, and adventures. Whether you would like to be a cruiser or a racer, we can teach you everything you need to know about sailing! Classes are led by U.S. Sailing-certified sailing instructors and assistant instructors. Participants meet above Waterfront Park for the FJ and NEW RS Tera classes in Eagle Harbor and at Hidden Cove Park for Opti sailing in Port Madison.

General Information & FAQs

The Welcome Email: A detailed introductory email will be sent out approximately one week prior to the start of each session. This email will include required forms as well as logistical information such as where to meet, what to bring, weather forecast, and contact information for the program supervisor and instructors.

Registration: It's easy! Log into your BIMPRD account at biparks.org or call our customer service line at 206-842-2302. If a weekday class has reached its minimum number of participants at least 5 days ahead of the first day, registrations are allowed until the maximum is reached or the first class begins. Saturday classes must reach their minimum at least 3 days ahead. If a class is canceled, participants will be notified right away by email and a credit will be issued to their BIMPRD account. The Park District reserves the right to require a doctor's note to clear a participant for participation.

District Swim License: For all **youth participants** who will be engaging in on-the-water programs, the Park District Swim License is required. It is acquired through a one-time test given at the Aquatic Center and involves full submersion by jumping into the pool, swimming 25 yards, and then floating or treading water for one minute. The swim license form can be found at biaquatics.org. Call the Aquatic Center at 206-842-2302 to find out times when testing is available. If you aren't sure if you or your child is on file, visit <http://bainbridgeswim.azurewebsites.net/>. If your child is on file, print the record showing they passed and bring it to the first day of your boating class. **Adult participants** ages 18 and over must either take the Park District Swim License test or sign off on a Swimming Skills Acknowledgment form, self-certifying they can meet or exceed the requirements.

Waivers and Forms: Participants must complete and sign the required waiver and forms attached to the welcome email in order to participate. These must be turned in to instructors on the first day and remain valid for all 2020 summer sailing classes with the exception of the medical form which must be turned in each class so that we have the most accurate information at hand in case of emergency.

Refunds: For questions about refunds, please see page 103. If bad weather cancels a class, a pro-rated credit will be refunded to your BIMPRD account.

Courteous Communication: We kindly ask that parents and adult participants inform the camp director or lead instructor as early as possible about absences, late arrivals, early departures, important issues that may affect participation, and for youth sailors, any change in the pick-up driver or method of departure. Because our meeting location is different than our sailing location, instructors will wait only long enough to make phone calls if someone doesn't show up to class.

Which class should I pick? Sailing is often compared to swim lessons, where participants need time and practice to master skills. As such, we recommend finding the right level to develop a solid foundation of skills and repeating that class until ready to move onto the next level. We offer Opti Ospreys classes for kids 6-7 years old to give them a very basic, closely supervised, fun introduction to sailing. The beginning classes for Optis, FJs, and the new RS Teras cover rigging and how to safely get from A to B through mini lessons, games, drills, and coached group sails. After one or two beginner classes, most students will be ready to move to an intermediate class which can be repeated and individualized until students feel confident sailing in a variety of wind conditions. Anyone who has taken an intermediate FJ/Tera class (or has equivalent experience) may skipper during the Saturday Dinghy Sails — no experience necessary to crew if you're at least 6 years old! For those who love sailing and want a challenge, they can take the intermediate/advanced level class which includes higher level technical instruction, longer-distance sails, and racing skills. When in doubt about which class you or your child should take next, please talk to the instructor.

Weight Limits: When sailing Optimist Dinghies (Optis), those above the weight limit of 110 pounds would find the boat less responsive (and less fun) than lighter sailors. When sailing our RS Teras, sailors between 65 and 150 pounds will find the boat more responsive and easier to sail than sailors outside of that weight range. When sailing the much larger FJs (Flying Juniors), those below the minimum weight of 100 pounds would



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be at a natural disadvantage because the boat would be harder to control and difficult to right when capsized. These suggested limits are especially critical on very light wind days and on windy days.

Equipment: A U.S. Coast Guard-approved lifejacket (PFD) must be worn during all sailing programs. Purchasing a PFD to match your size, comfort, and style is recommended, however there are PFDs for participants to borrow. Closed-toe shoes are required (no flip-flops or bare feet). Sailboats are provided.

Capsizing, Swimming, & Other No-Wind Activities: To increase the sailor's confidence and essential skills, classes often practice capsizing to ensure sailors are comfortable in the water and able to right their boats. Additionally, on hot or no-wind days, swimming off the float, cooperative or sailing-related games, and beach excursions will likely occur to keep everyone smiling.

Questions? Contact our Sailing Program Coordinator, Haley Lhamon at haley@biparks.org.

YOUTH SAILING CAMPS

OPTI OSPREYS

Ages 6-7. Give your child an inspiring introduction to sailing this summer or return for more messing about in boats! Sign up for individual Saturday morning classes at least two days in advance or register right away for one of our three week-long classes offered early in the summer. U.S. Sailing-certified instructors will teach these young sailors the basics through mini lessons, sailing games, harbor tours, and much more. Children will be paired up to share an 8-foot Optimist Dinghy which will build their confidence and allow them to take turns steering and trimming the sail. Extra Optis will be available for those who are ready to try soloing. **Park District Swim License required. Meet at Hidden Cove Park.**

430760-01	M-F	9:00a-12:00p	6/22-6/26	\$215
02	M-F	1:00-4:00p	6/22-6/26	\$215
03	M-F	9:00a-12:00p	6/29-7/3	\$215
04	Sa	9:00a-12:00p	7/18	\$39
05	Sa	9:00a-12:00p	7/25	\$39
06	Sa	9:00a-12:00p	8/1	\$39



OPTI BEGINNER

Ages 8-11 & under 110 lbs. Through games, demonstrations, closely supervised practice, and harbor explorations, sailors in Opti Beginner will be introduced to the basics of rigging, wind direction, sail trim, tacking, jibing, the most common right-of-way rules, safety position for stopping and docking, getting out of irons (bow stuck pointing into the wind), body position, and capsize recovery. This class can be repeated until sailors feel confident and competent with essential sailing skills. Opti Beginner is a prerequisite for Opti Intermediate. **Park District Swim License required. Meet at Hidden Cove Park.**



430751-01	M-F	1:00-4:00p	6/29-7/3	\$285
02	M-F	9:00a-12:00p	7/6-7/10	\$285
03	M-F	9:00a-12:00p	7/13-7/17	\$285
04	M-F	9:00a-12:00p	7/20-7/24	\$285
05	M-F	9:00a-12:00p	8/3-8/7	\$285
06	M-F	9:00a-12:00p	8/10-8/14	\$285

OPTI INTERMEDIATE

Ages 8-11 & under 110 lbs. Sailors in Opti Intermediate will build upon the skills and knowledge introduced in Opti Beginner and learn to sail proficiently through games, drills, and destination sailing. Topics include rigging for different wind conditions, knots, sail trim for speed, lulls and puffs, tacking and jibing with correct hand switch and body positioning, stopping/accelerating, right-of-way rules, and an introduction to racing (starts, rounding marks, strategic sailing). Sailors are encouraged to repeat Opti Intermediate to fully develop these skills. Individualized instruction ensures classes remain fun, engaging, and challenging for everyone. This class prepares sailors for Intermediate-Advanced Opti, beginning-level racing, and for sailing other kinds of boats! Prerequisite: Opti Beginner or equivalent experience. **Park District Swim License required. Meet at Hidden Cove Park.**

430752-01	M-F	1:00-4:00p	7/6-7/10	\$285
02	M-F	1:00-4:00p	7/13-7/17	\$285
03	M-F	1:00-4:00p	8/3-8/7	\$285
04	M-F	1:00-4:00p	8/10-8/14	\$285

OPTI INTERMEDIATE — ADVANCED

Ages 8-11 & under 110 lbs. Do you LOVE to sail? This high-speed class will help sailors improve their boat handling and boat speed through short daily lessons, demonstrations, drills, games, races, and debriefs. Sailors will learn some of the physics of sailing and how to make their boat go as fast as they can on all points of sail. Topics will include roll tacking, roll jibing, trimming for speed, anticipating and adjusting to lifts and headers, efficiently rounding marks, starting, racing rules, and racing strategies. This class prepares sailors for competing on the local summer racing team and for sailing other kinds of boats! Prerequisite: Opti Intermediate or equivalent experience. **Park District Swim License required. Meet at Hidden Cove Park.**

430753-01	M-F	1:00-4:00p	7/20-7/24	\$285
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OPTI OPEN SAIL OR RACES **NEW!**

Ages 8-11 & under 110 lbs. Rig, hop in an Opti, and explore Pt. Madison while supervised by instructors. Assistance and coaching provided if needed. Short races can be run if there's interest and enough wind. Prerequisite: Opti Intermediate or equivalent experience. **Park District Swim License required. Meet at Hidden Cove Park.**

430759-01	Sa	9:00a-12:00p	8/8	\$39
02	Sa	9:00a-12:00p	8/15	\$39



SAILING + PADDLING COMBO **★** FULL-DAY CAMP — MORE SECTIONS!

Ages 8-11 and 12-16. Double the boating and double the fun! This action-packed day camp combines both sailing and paddling for a full day of boating, skills-based games, brief lessons, exploration, and great times! Participants will either go sailing or paddling in the morning, return to shore for a supervised lunch break and land games, and then switch to the other sport for the afternoon. They will learn or review essential skills for sailing (Optis in Pt. Madison and FJs+RS Teras in Eagle Harbor), and then they'll get comfortable with different paddle strokes for kayaking, paddle boarding, and canoeing. Beginning sailors should sign up for sailing in the morning when the wind is lighter, and intermediate sailors should sign up for afternoon sailing/paddling in the morning. Qualified instructors will ensure a smooth transition between programs with overlapping lunch supervision. Extended drop-off available 15 minutes before class and extended pick-up 15 minutes after class. Bring a sack lunch and all other personal supplies for the day. **Park District Swim License required. Note two different locations based on age.**

Ages 8-11 Location: Hidden Cove Park

430736-01	Beginning Sailing AM/Paddling PM	M-F	9:00a-4:00p	
		7/27-7/31		\$425
02	Paddling AM/Intermediate Sailing PM	M-F	9:00a-4:00p	
		7/27-7/31		\$425
03	Beginning Sailing AM/Paddling PM	M-F	9:00a-4:00p	
		8/17-8/21		\$425
04	Paddling AM/Intermediate Sailing PM	M-F	9:00a-4:00p	
		8/17-8/21		\$425

Ages 12-16 Location: Top of Waterfront Park by Senior Community Center

05	Beginning Sailing AM/Paddling PM	M-F	9:30a-4:30p	
		7/6-7/10		\$425
06	Paddling AM/Intermediate Sailing PM	M-F	9:30a-4:30p	
		7/6-7/10		\$425

MEGA MULTI-SPORT OUTDOOR **★** ADVENTURE CAMP **NEW!**

Ages 12-14. Top off your summer with the ultimate outdoor adventure camp! Throughout the week, trained instructors will guide you through scenic parts of the PNW and teach you everything you need to know about multiple iconic adventure sports: mountain biking, hiking, kayaking, stand-up paddle boarding, and sailing. Explore our incredible region with five days of new friends and adventures packed with outdoor fun! All gear included. **Park District Swim License required. For the first morning, please meet at the Senior Community Center above Waterfront Park; other meeting points and logistical details will be sent in the welcome email the preceding week.**

430710-01	M-F	9:30a-4:30p	8/24-8/28	\$425
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RS TERA BEGINNER **NEW!** **★**

Ages 10-14 & between 65-150 lbs. Bainbridge Island Metro Park & Recreation District is thrilled to have a new fleet of RS Teras to offer youth sailors. Teras are also great for sailors under 150 lbs. who want to sail solo or two lightweight youth sailors who want to sail together. These fun new roto-molded, colorful dinghies have furling mains with vertical battens to reduce sail area on windy days and open transom, so the cockpits won't fill up with water if sailors happen to capsize! On Monday, we will introduce rigging procedures, terminology, and get comfortable with the boats at the dock before practicing capsize recoveries. Tuesday through Friday, sailors will learn about wind direction, sail trim, getting out of irons, docking, tacks vs. jibes, and body position in the RS Tera. This class is a prerequisite for RS Tera Intermediate and can be repeated until sailors are confident and competent with essential sailing skills. **Park District Swim License required. Meet at the top of Waterfront Park by the Senior Community Center.**

430763-01	M-F	9:30a-12:30p	6/22-6/26	\$285
02	M-F	1:30-4:30p	6/29-7/3	\$285
03	M-F	9:30a-12:30p	7/13-7/17	\$285
04	M-F	9:30a-12:30p	7/20-7/24	\$285
05	M-F	9:30a-12:30p	8/3-8/7	\$285
06	M-Th	9:30a-12:30p	8/17-8/20*	\$228

*Section 06 is a 4-day class ending on Thursday.



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RS TERA INTERMEDIATE **NEW!** ★

Ages 10-14 & between 65-150 lbs. If you liked RS Tera Beginner or you've taken double-handed FJ classes already and want to try soloing, RS Intermediate may be the next sailing class for you! Review and build upon skills as you take everything to the next level: rigging for different wind conditions, sail trim for speed, sailing efficiently upwind and downwind, intro to roll tacks and jibes, stopping and accelerating, anticipating puffs, basic sailing rules, and knots. No matter how many times you take RS Tera Intermediate, individualized instruction ensures classes are fun, engaging, and challenging. This class is an excellent way to prepare for Intermediate/Advanced RS Tera, Saturday Dinghy Sails, and the high school sailing team! Prerequisite: RS Tera Beginner or equivalent experience. **Park District Swim License required. Meet at the top of Waterfront Park by the Senior Community Center.**

430764-01	M-F	9:30a-12:30p	6/29-7/3	\$285
02	M-F	1:30-4:30p	7/13-7/17	\$285
03	M-F	1:30-4:30p	7/20-7/24	\$285
04	M-F	1:30-4:30p	8/10-8/14	\$285



RS TERA INTERMEDIATE ★ - **ADVANCED NEW!**

Ages 10-14 & between 65-150 lbs. Do you LOVE to sail? This high-speed class will help sailors improve their RS Tera (single-handed) boat handling and boat speed through short daily lessons, demonstrations, drills, games, races, and debriefs. Sailors will learn some of the physics of sailing and how to make their boat go as fast as they can on all points of sail. Topics will include roll tacking, roll jibing, trimming for speed, anticipating and adjusting to lifts and headers,

coordinated skipper-crew teamwork, sailing wing-on-wing downwind, efficient mark roundings, elements of starts, racing rules, and racing strategies. This class is excellent preparation for competing at youth regattas, crewing in keelboat races, or joining the high school sailing team! Prerequisite: RS Tera Intermediate or equivalent experience. **Park District Swim License required. Meet at the top of Waterfront Park by the Senior Community Center. Please note Friday will be a full-day class with long-distance sailing outside Eagle Harbor.**

430765-01	M-F	9:30a-12:30p	7/27-7/31*	\$285
02	M-F	1:30-4:30p	8/17-8/21**	\$285

*Friday, July 31 will be a full-day class 9:30a-4:30p to enable a long adventure sail out of Eagle Harbor.

**Friday, August 21 will be a full-day class 9:30a-4:30p and end in Pt. Madison. Pick-up at Hidden Cove Park.



FJ BEGINNER ★

Ages 12-16 & over 110 lbs. FJ Beginner is an introduction to double-handed sailing in one of the most common boats used in high school and collegiate sailing. No experience necessary! On Monday, we will introduce FJ rigging procedures, terminology, and get comfortable with the boats at the dock before practicing capsize recoveries. Tuesday through Friday, sailors will learn about wind direction, sail trim, getting out of irons, docking, tacks vs. jibes, body position, person overboard rescues (how to safely return and pick up your partner from the water), and teamwork as skipper and crew. This class is a prerequisite for FJ Intermediate and can be repeated until sailors are confident and competent with essential sailing skills. **Park District Swim License required. Meet at the top of Waterfront Park by the Senior Community Center.**

430754-01	M-F	9:30a-12:30p	6/22-6/26	\$285
02	M-F	1:30-4:30p	6/29-7/3	\$285
03	M-F	9:30a-12:30p	7/13-7/17	\$285
04	M-F	9:30a-12:30p	7/20-7/24	\$285
05	M-F	9:30a-12:30p	8/3-8/7	\$285
06	M-F	9:30a-12:30p	8/10-8/14	\$285
07	M-F	9:30a-12:30p	8/17-8/20*	\$228

*Section 07 is a 4-day class ending on Thursday.

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FJ INTERMEDIATE

Ages 12-16 & over 110 lbs. If you think you've caught the sailing bug and want to learn more, FJ Intermediate is the place for you! Sailors will build upon skills introduced in FJ Beginner as they take everything to the next level: rigging for different wind conditions, sail trim for speed, sailing efficiently upwind and downwind, intro to roll tacks and jibes, stopping and accelerating, anticipating puffs, basic sailing rules, and knots. No matter how many times you take FJ Intermediate, individualized instruction ensures classes are fun, engaging, and challenging so sailors keep learning and improving their skills. This class is an excellent way to prepare for Intermediate-Advanced FJ, Multiage FJ Saturday Sails, and the high school sailing team! Prerequisite for FJ Intermediate: FJ Beginner or equivalent experience. **Park District Swim License required. Meet at the top of Waterfront Park by the Senior Community Center.**

430755-01	M-F	9:30a-12:30p	6/29-7/3	\$285
02	M-F	1:30-4:30p	7/13-7/17	\$285
03	M-F	1:30-4:30p	7/20-7/24	\$285
04	M-F	1:30-4:30p	8/10-8/14	\$285

FJ INTERMEDIATE/ADVANCED

Ages 12-16 & over 110 lbs. Do you LOVE to sail? This high-speed class will help sailors improve their boat handling and boat speed through short daily lessons, demonstrations, drills, games, races, and debriefs. Sailors will learn some of the physics of sailing and how to make their boat go as fast as they can on all points of sail. Topics will include roll tacking, roll jibing, trimming for speed, anticipating and adjusting to lifts and headers, coordinated skipper-crew teamwork, sailing wing-on-wing downwind, efficient mark roundings, elements of starts, racing rules, and racing strategies. This class is excellent preparation for competing at youth regattas, crewing in keelboat races, or joining the high school sailing team! Prerequisite: FJ Intermediate or equivalent experience. **Park District Swim License required. Meet at the top of Waterfront Park by the Senior Community Center. Please note Friday will be a full-day class with long-distance sailing outside Eagle Harbor.**

430756-01	M-F	9:30a-12:30p	7/27-7/31*	\$285
02	M-F	1:30-4:30p	8/17-8/21**	\$285

*Friday, July 31 will be a full-day class 9:30a-4:30p to enable a long adventure sail out of Eagle Harbor.

**Friday, August 21 will be a full-day class 9:30a-4:30p and end in Pt. Madison. Pick-up at Hidden Cove Park.

MIDDLE SCHOOL DANCES

Calling all 6th, 7th and 8th graders! We are offering two dances this winter and spring. Come alone or as a group. We will have a DJ playing all hour favorite pop hits so come show off your best moves or just chill with friends. \$15 to preregister and \$20 at the door. For more information please go to www.biparks.org. Concessions available. ICH

Middle School Prom

172627-01	Sa	7:00-9:30p	5/2	\$15
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Summer Social

472631-01	Sa	7:00-9:30p	8/29	\$15
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TEEN & WOMEN'S DINGHY SAILING WEEK

Ages 13 and up. This week will be a blast! Be adventurous and come on your own or with girlfriends, your mom, daughter, sister, aunt, or niece for bonding, laughing, and sailing! Led by Haley Lhamon (Park District Sailing Coordinator and team member of 2018 R2AK winner Sail Like a Girl) with the help of other female instructors and volunteers, this unique class will introduce you to sailing or help you improve your skills in a fun, supportive atmosphere. After a brief daily lesson and dock drill tailored to the needs of the class, sailors will be paired up based on experience. Then, we will rig Flying Junior (FJ) double-handed and RS Tera single-handed dinghies, launch, sail with coaching, practice through drills and games, explore Eagle Harbor, derig, and debrief. Upon completing this class, you may even want to participate in the Saturday Dinghy Sails! **Physical flexibility and Park District Swim License required. Meet at the top of Waterfront Park by the Senior Community Center.**

430757-01	M-F	1:30-4:30p	8/3-8/7	\$189
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ADULT DINGHY SAILING

Ages 18 and up. Sailing is a lifelong activity (as well as a competitive sport, mobile vacation hub, and carbon-neutral transportation!) that everyone who lives near water should experience! In this fun, confidence-building class, participants will learn or review key elements of sailing through brief lessons and drills before practicing in Flying Junior double-handed or our new RS Tera single-handed dinghies. Beginners and intermediates are welcome! Topics will include wind direction, sail trim and controls, knots, body position, docking/stopping, accelerating, person-overboard rescue technique (that works no matter how big the person in the water is!), tacks, jibes, puffs and lulls, basic sailing rules, and teamwork as skipper and crew. Sailors should be adequately prepared to do one capsized in controlled conditions in order to practice recovery techniques. Take advantage of this chance to have a refreshing break in your routine, meet other local adventurers, and go sailing! **Physical flexibility and Park District Swim License/Swimming Skills Acknowledgement form required (see FAQs). Meet at the top of Waterfront Park by the Senior Community Center.**



430761-01	M-F	1:30-4:30p	6/22-6/26	\$215
02*	Sa	9:30a-4:30p	6/27	\$99
03	M-Th	9:30a-12:30p	7/27-7/30	\$172

* Saturday class includes one-hour lunch break.



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BLAKE ISLAND SAILING AND KAYAKING COMBO TRIP **NEW!**

Ages 10-14 and 75-150lbs. Join us on a multi-day kayak and sailing expedition to Blake Island! This trip is for all experience levels in kayaks, but sailors should have completed an intermediate-level sailing class. Participants will kayak one direction and sail the other, so everyone will get to do both! We'll start the first day out with some hands on expedition preparation, going over gear and packing boats. Then we'll get ready to get on the water! Kayakers will start by going over basic paddle strokes and doing some paddling in protected waters so everyone gets the hang of it. Sailors will review sail trim and the plan for our fleet's voyage together before rigging and practicing maneuvers near the sailing float. Once everyone feels comfortable and confident in their boats, we'll paddle or sail to Blake Island! Accessible only by boat with no ferry access, Blake Island feels wild and remote despite being only a few miles south of Bainbridge. We'll camp on the island for 2 nights, learning camping skills (like setting up tents and cooking on a camp stove) and enjoying the island's 15 miles of trails and 5 miles of beaches. A limited amount of outdoor gear is available to borrow for free for program use from our Outdoor Gearbank. Transportation, permits, support boats, and meals provided. **District Swim License required. Location TBA.**

431916-01 M-W 9:00a-6:00p 8/10-8/12 \$415

ABOUT BOATING SAFETY

Ages 12 and up. Instructed by members of the United States Coast Guard Auxiliary, this comprehensive boating course teaches the fundamentals of safe boating operation. A wide range of topics are covered — navigation, safety equipment, anchoring/docking, trailering, engines, mooring, etc. — to help all boaters to become safer and more knowledgeable. This course meets the mandatory boater education requirements of the State of Washington for the Boater Education Card and is sanctioned by the United States Coast Guard and the State of Washington. SHC. **CONTRACTOR**

130775-01 Sa 8:00a-5:00p 6/6 \$35

PADDLING PROGRAMS

"Let's paddle where the wifi is weak."

PADDLING

Being on a kayak, canoe or SUP is a great way to explore shallow-water bays and harbors inaccessible to other boats! Instructors will work to expand paddlers' skill sets, maintain a focus on paddling safety, and of course have tons of fun. We are proud to have many of our paddling staff trained and certified as American Canoe Association (ACA) Level 2 Essentials of Kayak Touring Instructors, a certification widely recognized around the world. Come paddle with our incredible staff and learn not only new skills, but new areas to explore.

FAMILY SAILING PROGRAMS

Our family sailing programs are a perfect way to spend the weekend with your family! Whether you have years of sailing experience or you're brand new to the sport, we have programs that will be a blast for your family! Join our U.S. Sailing-certified instructors for a day on the water for a fantastic family weekend!

SATURDAY DINGHY SAILS IN EAGLE HARBOR

Ages 6 and up. Back by popular demand, Saturday boat-check out is an inexpensive way to independently practice skills and do some solo or double-handed sailing with friends or family. Sign up at least two days ahead for any or all of these opportunities to explore picturesque Eagle Harbor! In addition to our stable fleet of Flying Junior (FJ) dinghies for two people, we will also have several brand-new RS Teras for smaller adults and teens! Instructors will supervise and assist as needed. Guided adventure sails outside Eagle Harbor under certain conditions may be possible, too. Prerequisite for skippers (to steer): FJ/RS Tera Intermediate, an adult FJ class, or equivalent experience. No sailing experience is necessary to crew (forward position). **Park District Swim License required. Meet at the top of Waterfront Park near the Senior Community Center at 1:30p.**

430758-01	Sa	1:30-4:30p	7/18	\$15
02	Sa	1:30-4:30p	7/25	\$15
03	Sa	1:30-4:30p	8/1	\$15
04	Sa	1:30-4:30p	8/8	\$15



PROGRAMS FOR TEENS AGES 13-17

FAQS

General — A detailed introductory email will be sent out the week before the start of each session. This email will include required forms as well as logistical information such as where to meet, what to bring, and weather forecast.

Swim License — **Youth:** A Park District Swim License is required for youth boating participants who will be engaging in on-the-water programs. It is acquired through a one-time test held at the Aquatic Center and involves full submersion by jumping into the pool, swimming 25 yards, and then floating or treading water for one minute. The swim license form can be found at biaquatics.org. Call the Aquatic Center at 206-842-2302 to find out times when testing is available. If you aren't sure if you or your child is on file, visit bainbridgeswim.azurewebsites.net. If your child is on file, print the record showing they passed and bring it to the first day of your boating class. **Adults:** Participants age 18 and over need to either complete the Park District Swim License or sign off on a Swimming Skills Acknowledgment form, self-certifying they can meet or exceed the requirements.

Learning About the Marine Environment — Paddling gives us the ability to travel in shallow waters and get close to beaches. This gives us the chance to see various creatures that we share our waters with. We often

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take advantage of this opportunity to teach about the marine and intertidal life that can be found around Bainbridge Island and the Puget Sound!

Games, Beaches, and Shore Activities — To increase paddlers' confidence and essential skills, camps will often engage in shore and dock launching and landing, practicing various entries, exits, mounts, and dismounts from their boats and/or SUPs. Plenty of on-the-water games and initiatives will help develop and refine participants' paddling skills. Beach activities may be mixed into programming to keep everyone smiling.

Equipment — A U.S. Coast Guard-approved lifejacket (PFD) is required to be worn for all boating programs. We have PFDs available for participants to use. Water-tolerant footwear that fits securely to your foot must be worn during paddling programs. Kayak, canoes and stand-up paddle boards are provided.

Registration Deadlines — Registration deadline for most programs is three days before program start date. The Park District reserves the right to require a doctor's note to clear a participant for participation.

Waivers and Forms — Participants must complete and sign the required waiver and forms attached to the welcome email in order to participate. These must be turned in to instructors on the first day and remain valid for all 2020 summer sailing classes with the exception of the medical form which must be turned in each class so that we have the most accurate information at hand in case of emergency.

Refunds — For questions about refunds, please see page 103. If weather cancels a program day, a prorated credit will be refunded for the missed session. Rain does not cancel programs; severe weather does.

Questions? Contact Paddling Program Coordinator Helen Mountjoy-Venning at helenmv@biparks.org

PADDLING SKILL BUILDERS

These programs emphasize on-the-water time, expanding skill sets, and focus on safe paddling. All technical gear for day trips, camps, classes, and expeditions is included. Bring appropriate clothing. Courses are taught by ACA certified instructors.

GET KAYAKING!

Ages 7 and up. Get a taste of kayaking while you enjoy a morning group paddle. This is our most accessible class, providing an introduction to kayaking for individuals and families. Learn about paddle strokes, boat safety, and other essentials to have a safe and enjoyable day on the water. **One child, age 7-17, FREE per paying adult. A parent or guardian must attend program. ** **Park District Swim License required. Meet at Hidden Cove Park.**

430740-01	Sa	9:00a-12:00p	7/18	\$89
02	Sa	9:00a-12:00p	7/18	\$0**
03	Sa	10:00a-1:00p	8/1	\$89
04	Sa	10:00a-1:00p	8/1	\$0**

OPEN POOL PRACTICE

Ages 7 and up. Do you understand how to roll your kayak in theory, but just need some time to practice? Have you mastered your kayak rescues and don't want to let those skills fade? Would you prefer a bit more time to get your balance down on a paddle board before you head out to try it on the Sound? Welcome to open pool practice. It's not a structured class, but rather a time where the pool is available for you to continue working on skills that often take longer than one session to master. An instructor will be on hand working with people individually on whatever they need help with. These practice sessions are a great opportunity to build skills into your muscle memory so that you know you can depend on them when it counts. Come for the full session or drop by partway through, just come once or make it a regular habit — these sessions are for you to work around your needs. Boats and gear will be provided, but you're welcome to bring your own. Participants under 12 must be accompanied by an adult. AQ

430747-01	W	7:30-10:00p	7/15	\$29
02	W	7:30-10:00p	8/19	\$29

INTRO TO STAND-UP PADDLE BOARDING (SUP)

Ages 7 and up. This class will introduce new SUP paddlers to the basic concepts and skills necessary for enjoying days out on the water around Bainbridge. We will cover basic strokes, body position, board and paddle sizing as well as some more challenging maneuvers for more advanced SUP paddlers. Lots of individual practice time (in a warm-water environment) and activities will make this class engaging for all levels of SUP paddlers! Participants under 10 must be accompanied by an adult. AQ

430717-01	W	7:30-10:00p	7/8	\$79
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RESCUE TECHNIQUES FOR FAMILIES AND ADULTS

Ages 10 and up. A kayaker in your group flips over 100 yards from shore — what do you do? Develop skills that will help you deal with rough-water paddling and unexpected capsizes. We will introduce and practice a variety of skills such as braces, leans, T rescues, wet exits and reentries, and self-rescues all aimed at boosting your confidence and capabilities on the water. Teaching style is oriented to adults, though families are certainly welcome. AQ

430741-01	W	7:30-10:00p	7/1	\$79
02	W	7:30-10:00p	7/29	\$79



BOATING

INTRO TO ROLLS

Ages 10 and up. Rolling a capsized kayak back up is an important safety skill as you begin to take your kayaking to the next level. Anyone who is thinking about kayaking on rougher open water or doing longer excursions would benefit from this class. Once you master this skill, you will be able to right your upside-down kayak from within, without ever having to exit and pump out the water. We will focus on a number of different rolling techniques in this class. Come learn the tips and tricks needed to execute a kayak roll, and which style works best for you. Participants under 14 must be accompanied by a parent or guardian. AQ

430732-01 W 7:30-10:30p 6/10 \$79

HALF-DAY PADDLE CAMPS

These half-day camps are great for new paddlers to get introduced to paddle sports or experienced paddlers to get out on the water. Participants will have the chance to try out various types of paddle craft ranging from single kayaks to our massive, inflatable paddle board: the Megalodon! All of our camp leaders are ACA trained. Park District Swim License required for all paddle camps.

SEA SPROUTS HALF-DAY PADDLE DAY CAMP

Ages 5-7. Get an early start building a love for the outdoors with this paddle camp that will explore protected waters in our canoes, kayaks and paddle boards. We will play games, explore marine habitats, and build confidence while on the water. **Meet at Hidden Cove Park. Park District Swim License required.**



430734-01 M-F 9:30a-12:30p 6/22-6/26 \$215

OTTERS HALF-DAY PADDLE DAY CAMP

Ages 7-10. Get kids out exploring the waters and beaches around Bainbridge while playing games and learning a range of paddling skills. Qualified instructors will help kids get comfortable with our variety of kayaks, canoes and paddle boards through on-the-water activities and paddles to fun destinations. **Park District Swim License required. Meet at Hidden Cove Park.**



430712-01	M-F	1:30-4:30p		
6/22-6/26	\$270			
02	M-F	9:30a-12:30p	6/29-7/3	\$270
03	M-F	9:30a-12:30p	8/3-8/7*	\$270
04	M-F	1:30-4:30p	8/3-8/7*	\$270
05	M-F	9:30a-12:30p	8/24-8/28	\$270

*There will be lunch supervision for participants making this camp a full-day camp.



ORCAS HALF-DAY PADDLE DAY CAMP

Ages 10-14. This program helps youth develop and expand upon their paddling skills, focusing on destination paddles around Bainbridge's shoreline. Instructors will introduce everyone to a variety of kayaks, canoes and paddle boards, helping participants get comfortable and confident. Participants will build camaraderie working as a team and should feel accomplished and proud of their day's voyage.

Park District Swim License required. Meet at Hidden Cove Park.

430713-01	M-F	1:30-4:30p	6/29-7/3	\$270
02	M-F	1:30-4:30p	8/24-8/28	\$270

FULL-DAY & OVERNIGHT PADDLE CAMPS

These camps are designed with our more advanced or adventurous boaters in mind. Sometimes three hours just isn't enough, so we have you covered with our brand new all-day and overnight camps! All of our camp leaders are trained by American Canoe Association certified instructors. Park District Swim License required for all paddle camps. There are also several overnight youth programs located in the "Paddle Trips" section.

MEGA MULTI-SPORT OUTDOOR ADVENTURE CAMP **NEW!**

Ages 12-14. Top off your summer with the ultimate outdoor adventure camp! Throughout the week, trained instructors will guide you through scenic parts of the PNW and teach you everything you need to know about multiple iconic adventure sports: mountain biking, hiking, kayaking, stand-up paddle boarding, and sailing. Explore our incredible region with five days of new friends and adventures packed with outdoor fun! All gear included. **District Swim License required. For the first morning, please meet at the Senior Community Center above Waterfront Park; other meeting points and logistical details will be sent in the welcome email the preceding week.**

430710-01	M-F	9:30a-4:30p	8/24-8/28	\$425
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BOATING



SAILING + PADDLING COMBO FULL-DAY CAMP — MORE SECTIONS! ★

Ages 8-11 and 12-16. Double the boating and double the fun! This action-packed day camp combines both sailing and paddling for a full day of boating, skills-based games, brief lessons, exploration, and great times! Participants will either go sailing or paddling in the morning, return to shore for a supervised lunch break and land games, and then switch to the other sport for the afternoon. They will learn or review essential skills for sailing (Optis in Pt. Madison and FJs+RS Teras in Eagle Harbor), and then they'll get comfortable with different paddle strokes for kayaking, paddle boarding, and canoeing. Beginning sailors should sign up for sailing in the morning when the wind is lighter, and intermediate sailors should sign up for afternoon sailing/paddling in the morning. Qualified instructors will ensure a smooth transition between programs with overlapping lunch supervision. Extended drop-off available 15 minutes before class and extended pick-up 15 minutes after class. Bring a sack lunch and all other personal supplies for the day. **Park District Swim License required. Note two different locations based on age.**

Ages 8-11 Location: Hidden Cove Park

430736-01	Beginning Sailing AM/Paddling PM	M-F	9:00a-4:00p
		7/27-7/31	\$425
02	Paddling AM/Intermediate Sailing PM	M-F	9:00a-4:00p
		7/27-7/31	\$425
03	Beginning Sailing AM/Paddling PM	M-F	9:00a-4:00p
		8/17-8/21	\$425
04	Paddling AM/Intermediate Sailing PM	M-F	9:00a-4:00p
		8/17-8/21	\$425

Ages 12-16 Location: Top of Waterfront Park by Senior Community Center

05	Beginning Sailing AM/Paddling PM	M-F	9:30a-4:30p
		7/6-7/10	\$425
06	Paddling AM/Intermediate Sailing PM	M-F	9:30a-4:30p
		7/6-7/10	\$425

OTTERS AND ORCAS FULL-DAY PADDLE CAMP **NEW!** ★

Ages 7-14. For kids ready to plunge into full days of paddling and water fun, this camp is the perfect fit. The longer days allow us to dive deeper into learning skills and going on longer paddles. Later in the week we'll introduce kayak rescue techniques for additional challenge, and throughout the week kids will also have plenty of opportunity to swim, switch boats throughout the day, and explore more distant destinations. This camp is appropriate for beginners as well as more experienced paddlers. **Park District Swim License required. Meet at Hidden Cove Park.**

Ages 7-10

430725-01 M-F 9:30a-3:30p 8/10-8/14 \$375

Ages 10-14

02 M-F 9:30a-3:30p 7/20-7/24 \$375

SEA SPROUTS FULL-DAY PADDLE CAMP **NEW!**

Ages 5-7. A great way for children to spend the week outside and on the water. We'll learn how to captain kayaks, canoes and paddle boards, play lots of games both in boats and on shore, discover exciting marine life, and explore Hidden Cove with new friends. **Park District Swim License required.**

431913-01 M-F 9:30a-3:30p 7/13-7/17 \$375

PADDLE TRIPS

"We must adventure in order to know where we truly belong."

Trips are guided by friendly and experienced staff. Boats and associated equipment are provided, although please inform staff if you would prefer to bring your own watercraft. Transportation is provided for off-island trips and included in the price. Bring appropriate clothing. It is strongly recommended that participants have prior paddling experience or have taken our Rescue Techniques class. Park District Swim License required. Meals are provided. A limited amount of outdoor gear and apparel can be borrowed for programs for free from our Outdoor Gearbank. Contact nickp@bi-parks.org for more about our Outdoor Gearbank.

PROGRAM KEY

(Overnight) — Program will take place over the course of multiple days. Participants will have full access to our Gearbank for a variety of outdoor gear needed for the trip. Contact a program instructor for more information.

LAKE OZETTE KAYAK & BACKPACKING EXPEDITION ★

~4 miles/day 5 days ~500ft elev. change/day

Ages 13-16. Combine kayaking on beautiful Lake Ozette with backpacking the rugged Olympic Coast! We'll spend several days paddling between remote camps along the lake shore and on tiny islands. Then we'll trade our kayaks for backpacks and hike a rainforest trail to the coast, where we'll enjoy sandy beaches, towering sea stacks, and great sunsets. You'll learn the essentials of both backpacking and expedition kayaking, including packing backpacks and kayaks, risk assessment, setting up camp, and safely traveling as a team by boat and foot. Meet at SHP.

430724-01 M-F 8:00a-8:00p 6/29-7/3 \$725

BLAKE ISLAND SAILING AND KAYAKING COMBO TRIP **NEW!** ★

Ages 10-14 and 75-150lbs. Join us on a multi-day kayak and sailing expedition to Blake Island! This trip is for all experience levels in kayaks, but sailors should have completed an intermediate-level sailing class. Participants will kayak one direction and sail the other, so everyone will get to do both! We'll start the first day out with some hands on expedition preparation, going over gear and packing boats. Then we'll get ready to get on the water! Kayakers will start by going over basic paddle strokes and doing some paddling in protected waters so everyone gets the hang of it. Sailors will review sail trim and the plan for our fleet's voyage together before rigging and practicing maneuvers near the sailing float. Once everyone feels comfortable and confident in their boats, we'll paddle or sail to Blake Island! Accessible only by boat with no ferry access, Blake Island feels wild and remote despite being only a few miles south of Bainbridge. We'll camp on the island for 2 nights, learning camping skills (like setting up tents and cooking on a camp stove) and enjoying the island's 15 miles of trails and 5 miles of beaches. A limited amount of outdoor gear is available to borrow for free for program use from our Outdoor Gearbank. Transportation, permits, support boats, and meals provided. **District Swim License required. Location TBA.**

431916-01 M-W 9:00a-6:00p 8/10-8/12 \$415



BOATING

HIDDEN COVE TO FAY BAY PADDLE!

Ages 13-18. Join us as for a leisurely paddle as we make our way from historic Port Madison to Fay Bainbridge Park. This area is known to be abundant with seals and other marine life, so wildlife sightings are all but guaranteed! Once we reach our destination it's BBQ time! Enjoy a dinner of grilled hot dogs (vegetarian options available) then finish off the day with a root beer float on the beach. Meet at Hidden Cove Park, pick up at Fay Bainbridge Park! Open to all experience levels. **Park District Swim License required.** Bring a change of clothes, water, sunscreen, and snacks.

476230-03 Sa 2:30-7:30p 7/11 \$75


BIOLUMINESCENCE & STARGAZING PADDLE

Ages 7 and up. Come witness the light show! We will explore the incredibly rich bioluminescence of the Puget Sound, perhaps even catching the outlines of fish or shrimp as they dart away underneath us swathed in the surreal blue light created when they disturb phosphorescent marine plankton. We'll learn about the biology behind this stunning phenomenon. This experience feels truly magical, whether you're looking down at the glowing water or up at the stars! Open to all experience levels. Participants under 14 must be accompanied by an adult. **Park District Swim License required.** Location TBA.

430703-01	F	9:30-11:30p	6/19	\$89
02	F	9:30-11:30p	7/17	\$89
03	F	8:30-11:00p	8/21	\$89
04	F	8:30-11:00p	8/28	\$89



SUNDAY SOCIAL PADDLES NEW!


If you're interested in exploring our magnificent region by water, join us for a series of Sunday paddles this summer!  We will be exploring the various channels, inlets and bays in the northern Kitsap Peninsula. Each of these guided trips will involve four to six hours of paddling, a picnic lunch or lunch at a local restaurant (Note: Registration fee does not include lunch!), time to wander through the woods or a nearby town, and transportation to and/or from the paddle when needed. Each of the paddles provides an opportunity to explore a different corner of our beautiful local area by water, to enjoy the spectacular scenery, to view wildlife such as eagles, osprey, herons, seals, sea lions and harbor porpoise in their natural environment, and to wander the beaches, parks and forests throughout the region. Participants ages 16 and under must be accompanied by a parent or guardian. **Park District Swim License required, see FAQs for details. Mileages are round-trip. For questions about refunds, please see page 103.**

PADDLE MORE, SAVE MORE!

Pick dates according to what works for your own schedule! For every paddle after the first, a stacking discount will be applied, counting towards all Sunday Social Paddles for the remainder of the calendar year!

1st Paddle = \$95; 2nd Paddle = \$90; 3rd Paddle = \$85; 4th Paddle = \$80; 5th+ Paddle = \$75

PROGRAM KEY

 This symbol indicates a shuttle is provided.

430727-01	Su	6/28	Port Gamble Cycle/Paddle Exploration**
02	Su	7/12	Henderson Bay/Raft Island**
03	Su	7/19	Pt. White Pier to Port Orchard*
04	Su	7/26	Agate Pass, Clearwater Casino, and Manazinta Bay*
05	Su	8/2	Hidden Cove to Poulsbo*
06	Su	8/9	Seabeck/Stavis Bay Exploration**
07	Su	8/16	Pt. White to Silverdale*
08	Su	8/23	Blakely Rock from Eagle Harbor*
09	Su	8/30	Hammersly Inlet: Shelton – Hope Island**

* Includes transportation from take-out site back to Bainbridge Island

** Includes transportation from Bainbridge to the launch site & take-out site back to Bainbridge Island

PORT GAMBLE CYCLE/PADDLE EXPLORATION NEW!

Ages 10-99. We will begin the day with a morning paddle exploring Port Gamble Bay Loop where we will most likely see a variety of birds, including Bald Eagles, seals and otters. After a hearty lunch at a local restaurant (or a bring your own picnic lunch), participants will have the choice of embarking on either an afternoon cycle ride through the Port Gamble Forest or a stroll through the historic village. Total paddling distance is approximately six miles with 3 hours of paddling. **Transportation provided to and from Hidden Cove Park. District Swim License required.**

430727-01 Su 10:30a-6:00p 6/28

HENDERSON BAY/RAFT ISLAND EXPLORATION NEW!

Ages 12-99. Starting out at Kopachuck State Park, we will paddle north along the shore towards Raft Island. After crossing underneath the bridge to the Island we will do a counterclockwise loop around the island. On our way back, we will stop off at Cutts island for a picnic on the beach and, weather permitting, swimming. After lunch, we will head south to explore Forrest Beach Cove before returning to Kopachuck State Park. Total distance approximately eight miles. **Transportation provided from Bainbridge to and from our destination. District Swim License required.**

430727-02 Su 8:30a-5:00p 7/12

NATURE CAMP

Young outdoor-lovers can explore the Big Backyard of Camp Yeomalt in the new Nature Camp program!
See page 24 for more information.

BOATING



POINT WHITE PIER TO PORT ORCHARD PADDLE NEW!

Ages 12-99. Starting from Point White Pier, we will head south crossing the channel at its narrowest point opposite Point White. From there we will follow the southern shoreline to Port Orchard where we will stop for lunch at one of the local restaurants or a bring your own picnic lunch. After lunch, participants will have the option of paddling to Gorst Creek or simply strolling around Port Orchard. Total distance: approximately 6 miles, plus an optional additional 5-6 if you choose to paddle to Gorst Creek. **Transportation provided back to Pt. White Pier. District Swim License required.**



430727-03 Su 8:30a-5:00p 7/19

AGATE PASSAGE, CLEARWATER CASINO, MANZANITA BAY PADDLE NEW!

Ages 12-99. Ages 10 and up. From Hidden Cove, we will paddle over to Agate Pass turning west to pass under the Bridge. We will stop at the Casino for lunch at the Beach Glass Cafe, or one can bring a picnic lunch with. From there we will paddle across Agate Pass to the Bainbridge shore following the shoreline to Manzanita Bay. **Van transport provided from Manzanita Bay back to Hidden Cove. Total distance approximately ten miles. District Swim License required.**

430727-04 Su 9:00a-4:00p 7/26

HIDDEN COVE TO POULSBO PADDLE NEW!

Ages 12-99. From Hidden Cove, we will paddle through the Agate Pass as we head to Liberty Bay. Along the way, we will stop at Keyport for lunch at the Keyport Diner (or bring your own). Depending on conditions we may even have time to visit Dog Fish Creek at the end of the Poulsbo Bay. Total distance: approximately 11 miles. **Transportation provided back to Hidden Cove. District Swim License required.**

430727-05 Su 10:00a-5:00p 8/2

SEABECK/STAVIS BAY EXPLORATION PADDLE NEW!

Ages 10-99. We will begin our paddle at Scenic Beach State Park, following the shoreline in a south-westerly direction to Kitsap County Guillemot Cove Nature Reserve where we will have a picnic lunch and time for a bit of hiking. After lunch, we will retrace our path, but taking the time to explore Stavis Bay along the way. After exploring the bay we will continue our journey back to Scenic Beach State Park. **Transportation provided from Bainbridge Island to and from our destination. Total distance: 12 miles. District Swim License required.**

430727-06 Su 9:00a-5:30p 8/9

POINT WHITE TO SILVERDALE PADDLE NEW!

Age 12-99. Starting from Point White Pier, we will head directly west to Illahee State Park. From there we will follow the shoreline to Bachman Park on the tip of the Manette Peninsula where we will enjoy a short break/snack before heading through the Port Washington Narrows. At the end of the narrows, we will stop for a lunch break at the Tracyton Public House (or bring a picnic lunch). Depending on the group's interest, from there we can either head straight north to Silverdale or take a detour to explore Oyster Bay and the N.A.D. Marine Park. Total distance, including Oyster Bay, approximately 14-15 miles, though it will seem to be far less as we will be traveling with the tide as we paddle through Port Washington Narrows. **Transportation provided back to Pt. White Pier. District Swim License required.**

430727-07 Su 10:30a-6:00p 8/16



BLAKELY ROCK FROM EAGLE HARBOR PADDLE NEW!

Ages 12-99. Our path will take us from Waterfront Park to Pritchard Park and then along the coast to Rockaway Beach Park where we will stop for a short break/snack. From there, we will paddle to Blakely Rock where we'll stop for a picnic lunch (byo), sharing our lunch spot with a large community of seals who like to sunbathe on the east side of the island. In addition, eagles, osprey, and harbor porpoise will often make an appearance. After lunch we will paddle to Restoration Point at the southern tip of Bainbridge Island and then follow the shoreline in an easterly direction to Blakely Harbor Park, our final destination. Total distance: six miles. **District Swim License required.**

430727-08 Su 9:30a-4:00p 8/23

HAMMERSLEY INLET PADDLE FROM SHELTON TO HOPE ISLAND & BACK NEW!

Ages 10-99. We will begin our journey from Walker Park, flowing with the tide towards the mouth of the inlet, passing numerous scenic points along the way. After arriving in Pickering Passage, we will head to the south end of Hope Island for lunch and a brief hike. Total distance approximately 15 miles, though it will seem to be far less as we will be traveling with the tide in both directions as we paddle through Hammersley Inlet. **Transportation provided from Bainbridge to and from our destination. District Swim License required.**

430727-09 Su 8:30a-5:00p 8/30