

# YOUTH & ADULT



## WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

## WILDERNESS PROGRAMS

**"I don't like formal gardens. I like wild nature. It's just the wilderness instinct in me, I guess." —Walt Disney**

**Remote, rugged, undeveloped.** Wilderness is a land heritage that is uniquely American. With passage of the Wilderness Act of 1964, Americans chartered a new course in world history to preserve and protect some of the country's last remaining wild places. The United States was the first country in the world to designate wilderness areas through law. In the words of Pulitzer novelist Wallace Stegner: "Something will have gone out of us as a people if we ever let the remaining wilderness be destroyed." Come join us and experience our unique wild heritage.

### FAQS

**General** — Our wilderness trips offer one-of-a-kind experience, rewarding participants with the very best that the backcountry has to offer. A detailed email will be sent out approximately a week before the start of each program, with information on where to meet, what to bring, weather forecast, medical waivers, emergency contacts, and more.

**Trip Leaders** — Our trip leaders are **Wilderness First Responder or Wilderness EMT trained professionals** who bring a wealth of backcountry medical knowledge, years of outdoor experience, and emergency response equipment on every hike. They are highly qualified, knowledgeable, and awesome to hike with.

**The Outdoor Gearbank** — Don't let a lack of gear stop you. Participants can use our equipment for free! Our Outdoor Gearbank has backpacks, mountain bikes, tents, sleeping pads, snowshoes, rain gear, and much more available to borrow for free.

**Physical Fitness** — Participants need to be physically fit for each trip's unique challenges. Mileage is round-trip, terrain and trails vary. The Park District reserves the right to require a doctor's note to clear a participant for participation.

**Pricing** — An incredible value for the amount of time, preparation, and quality expertise that go into each trip. Pricing includes trip leader, guiding time, gear, transportation, fuel, permits, emergency response equipment, and park entrance fees. Food and snacks are included for multi-day trips. The **Wilderness Day Hikes** have a special progressive discount that's applied on all hikes and reset each calendar year.

**Transportation** — The Park District's 15-passenger vehicles are used for most wilderness trips, allowing easier and more comfortable access along backcountry roads. If the route includes a ferry, participants should bring their ferry pass or a way to pay their passenger fee. We cover the vehicle fare.

**Equipment** — Participants are responsible for providing their own personal clothing and equipment, but our Outdoor Gearbank may have items that can be borrowed for free. Inquire with your trip leader so they can help you get set up for success.

**Registration Deadlines** — Registration deadline is three days before program start date. This allows us to effectively communicate with participants about any needs we can help accommodate as well as ensure each trip is a good fit. It is helpful and saves time to have participant waivers, medical information, and other forms turned in beforehand. The Park District reserves the right to require a doctor's note to clear a participant for participation.

**Refunds** — For questions about refunds, please see page 103. If weather or road closures cancel a trip, a pro-rated credit will be refunded for the missed day.

**Questions?** Contact Ranger Sciacca, Wilderness Program Coordinator, at [rsciacca@biparks.org](mailto:rsciacca@biparks.org).

### PROGRAM KEY

**▲ (Overnight)** — Program will take place over the course of multiple days. Participants will have full access to our Gearbank for almost any camping or biking equipment needed for the ride. Contact a program instructor for more information.





# YOUTH & ADULT

## WILDERNESS DAY HIKE **NEW HIKE!**

Ages 10 and up. Sneak away from your normally scheduled day and come explore the great outdoors! We'll visit some of the most beautiful spots around — lush river canyons, open wildflower meadows, breathtaking ridge top views, and sparkling alpine lakes. Meet at SHP, usually at 8:00a; most trips return 5:30-7:30p. Mileages are round-trip. Participants under 14 must be accompanied by a parent or guardian. For questions about refunds, please see page 103.

### HIKE MORE, SAVE MORE!

Pick dates according to what works for your own schedule! For every hike after the first, a stacking discount will be applied, counting towards all hikes for the remainder of the calendar year.

**1st hike = \$72; 2nd hike = \$69; 3rd hike = \$66; 4th hike = \$63; 5th+ hike = \$60**

431909-01	F	6/5	Hidden Beach
02	Th	6/11	Gold Creek
03	Sa	6/13	Gray Wolf River
04	T	6/16	Ebey's Landing
05	Sa	6/20	Dungeness Meadows
06	F	6/26	Boulder Falls Women's Hike*
07	Su	7/5	Big Quilcene River
08	Sa	7/11	Dungeness Spit
09	W	7/15	Old Dosewallips Road
10	Sa	7/18	Mt. Zion
11	M	7/20	Lake Dorothy
12	Su	8/2	Buckhorn Pass
13	M	8/3	Duckabush River
14	Sa	8/8	Lena Lake Women's Hike*
15	Su	8/16	Grand Valley Loop
16	M	8/17	Grand Ridge
17	Sa	8/29	Deer Park Meadows

\*The 6/26 & 8/8 hikes are led by women, for women!

## DAYHIKING

Explore your outdoors, out  
and back in a day.

### HIDDEN BEACH

~7 mi

~600ft elev. gain

Come visit this new state park before the crowds find it! The trail winds through a cool lush ravine ending at an isolated beach with clear views of Protection Island. We'll walk along the beach to Thompson Spit, enjoying the beach and checking out some sea life at low tide.

### GOLD CREEK

~7 mi

~700ft elev. gain

Hike through a broad, picturesque valley near Snoqualmie Pass, surrounded by alpine peaks and open talus slopes. We'll follow tumbling Gold Creek, lined with vine maples and early summer flowers.

### GRAY WOLF RIVER

~7 mi

~1000ft elev. gain

We'll wind our way alongside the Gray Wolf River, a beautifully clear stream, as it peacefully flows through a canyon cut out of pillow basalt. This area is drier than most places in the Olympics, and the flora is subtly different, with thistles, lowland indian paintbrush, and bunchberries.



### EBEY'S LANDING

~5.5 mi

~300ft elev. gain

We'll hop the ferry to Whidbey Island for a classic Puget Sound excursion! Starting at the Ebey's Prairie Lookout, we'll walk past open wheat fields to the bluff trail. Perched 300 feet above the Sound, the bluff features windswept trees, great views across the water, and dry, grassy slopes with flowers. Then we'll head down to the beach, and loop back to the van.



### DUNGENESS MEADOWS

~9 mi

~900ft elev. gain

This gentle trail follows the Dungeness River through big stands of Douglas fir, past the confluence with Royal Creek and into the Buckhorn Wilderness. There we'll turn onto the seldom-visited Heather Creek trail and pass through a series of bright riverside meadows — perfect spots for lunch!

### BOULDER FALLS WOMEN'S HIKE

~8.6 mi

~700ft elev. gain

Open to women of all experience levels, this female-led trip is designed to encourage more women to engage in the outdoor community in a fun way! This hike takes us through a deep and narrow valley as we follow the Boulder River. There are two spots where gorgeous cascades tumble down into the lush green canyon, and a beautiful riverside lunch spot. Led by women, for women.



# YOUTH & ADULT



## LOWER BIG QUILCENE

~10 mi

~800ft elev. gain

This trail stays right alongside the river, offering countless views of its twists and turns. Along the way we'll see old growth groves, charming camps, and cross several huge bridges.

## DUNGENESS SPIT

~11 mi

~100ft elev. gain

On this otherworldly hike, we'll go 5 miles out into the ocean on a 200-foot-wide strip of beach! Endless driftwood, crashing waves, birds and sea life, with views of the Strait of Juan de Fuca and the Olympics. At the end of the spit, we'll walk up the spiral staircase of a historic lighthouse.

## OLD DOSEWALLIPS ROAD

~13 mi

~900ft elev. gain

The Dosewallips Campground used to be one of the most popular spots in Olympic National Park, but in 2002, the road was washed out, and it has been closed to vehicles ever since. Come see what made the area so popular! We'll walk the old road, passing pillow basalt cliffs, old growth firs, and an impressively powerful waterfall en route to the beautiful riverside camp. This can be a great spot for trailside berries!



## MT. ZION

~6.5 mi

~1,600ft elev. gain

Offering views from the outskirts of the Olympics, this well-graded hike is a short drive and a local favorite. Hike up a series of rhododendron-lined switch-backs to the summit with peek-a-boo views of Mt. Baker. Before we head back down, we'll take time to explore the whole long ridge, collecting views of the Olympics and out over the Sound.

## LAKE DOROTHY

~7.4 mi

~1,100ft elev. gain

Hike past huge old-growth cedars as we climb up to lovely Lake Dorothy! This is one of the longest lakes in the Alpine Lakes Wilderness — we'll hike along the shore for almost 2 miles enjoying great views the whole way!

## BUCKHORN PASS

~13.8 mi

~2,600ft elev. gain

Enjoy miles of hiking through some of the most expansive meadows in the Olympics — and they should be in full bloom! This trail is free of snow earlier than most, which means that from Buckhorn Pass, we'll see a panorama of snow-blanketed peaks and ridges. We gain quite a bit of elevation, but the incline is gradual and consistent — hardly a steep step awaits you. Trip meets at 7am.

## DUCKABUSH RIVER

~6 mi

~1,300ft elev. gain

Follow the quiet Duckabush Valley, where big maple and cottonwood trees will keep us shaded on a hot day! Soak in the views of a tall waterfall, visit the edge of a 2011 forest fire, and have lunch on a rocky overlook with incredible views of the valley.

## LENA LAKE WOMEN'S HIKE

~6.5 mi

~1,300ft elev. gain

Open to women of all experience levels, this female-led trip is designed to encourage more women to engage in the outdoor community in a fun way! This popular trail is in wonderful condition, gently switchbacking through hemlock forests en route to a beautiful lake tucked into the forest. At the lake, we'll have lunch at an overlook and explore the shoreline. If the water level is low, we'll be able to see the top of a ghost forest, submerged when the lake was created by a landslide about 1,350 years ago! Led by women, for women.



## GRAND VALLEY LOOP

~8.2 mi

~2,700ft elev. gain

One of Wilderness Program Coordinator Ranger Sciacca's top 5 day hikes in the Olympic Mountains! This trip has it all — a skyscraping 6,500ft ridge walk, tremendous views of the whole park, an alpine lake, a hidden waterfall, and expansive meadows. We'll loop back to the van on the quiet Badger Valley trail.

## GRAND RIDGE

~6 mi

~900ft elev. gain

One of the highest trails in the Olympics — we'll be over 6,000ft the entire time! Walk along the top of an open ridge and enjoy 360° views the whole way: jagged peaks, open talus slopes, and majestic views out over the Strait of Juan de Fuca, where waves shimmer more than a mile below.



## DEER PARK MEADOWS

~6.5 mi

~1,400ft elev. gain

We'll hike on top of a 5,000ft ridge, alternating between dry pine forest and meadows. Enjoy great views — jagged, snowy peaks on one side, and Vancouver Island and the San Juans on the other. The grassy meadows near Maiden Peak can't be beat!



# YOUTH & ADULT

## WILDERNESS SKILLS A journey of a thousand miles begins with one step.

### BACKPACKING 101

Ages 8 and up. Are you interested in backpacking? In this hands-on class, you'll get to practice the basic skills and learn what gear you need to get started. We'll cover trip planning, safety and safety equipment; we'll practice setting up tents, stoves, and water filters; we'll learn how to pack a backpack, what to bring, and much, much more. SHC

431900-01	W	6:00-8:30p	6/17	\$39
02	Su	10:00a-12:30p	7/12	\$39

### PERSEID METEOR SHOWER AT HURRICANE RIDGE

Ages 8 and up. The Perseid meteor shower, produced by the passing of the comet Swift-Tuttle through our atmosphere, provides a grand spectacle with fast, bright meteors averaging ~80/hour! During this peak viewing night, we'll observe them from 5,000' elevation within Olympic National Park where the clear air and dark sky create a brilliant show. We'll have an optional short walk to Sunset Ridge. Hot beverages provided! Make sure to bring a flashlight. Meets Tuesday, Aug 11, returns early morning on the 12th. Participants under 18 must be accompanied by a parent or guardian. Meet at SHP.

431924-01	T-W	6:00p-3:00a	8/11-8/12	\$89
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## BACKPACKING

**Fully guided and supported trips into the best of the backcountry. We strongly recommend that all backpacking participants first take our Backpacking 101 class. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank.**



### QUIET BOGACHIEL RAINFOREST **NEW!** ▲

~5.5 mi/day 3 days ~500ft elev. change/day

Ages 18 and up. Leave behind the crowds and hike deep into a valley with more Roosevelt Elk than people! The trail winds through thick ferns and giant old-growth Sitka Spruce, occasionally skirting the river. Our second day we'll day hike to the rarely seen Calawah River — the only spot in the entire Olympic National Park where the wild Calawah can be accessed. We'll have miles of wilderness all to ourselves. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.

431899-01	F-Su	8:00a-6:00p	7/17-7/19	\$415
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### LAKE OZETTE KAYAK & BACKPACKING EXPEDITION ▲

~4 mi/day 5 days ~500ft elev. change/day

Ages 13-16. Combine kayaking on beautiful Lake Ozette with backpacking the rugged Olympic Coast! We'll spend several days paddling between remote camps along the lake shore and on tiny islands. Then we'll trade our kayaks for backpacks and hike a rainforest trail to the coast, where we'll enjoy sandy beaches, towering sea stacks, and great sunsets. You'll learn the essentials of both backpacking and expedition kayaking, including packing backpacks and kayaks, risk assessment, setting up camp, and safely traveling as a team by boat and foot. Meet at SHP.

430724-01	M-F	8:00a-8:00p	6/29-7/3	\$725
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### ENCHANTED VALLEY WOMEN'S TRIP **NEW!** ▲

~7 mi/day 3 days 600ft elev. change/day

Age 18 and up. Open to women of all experience levels, this female-led trip is designed to encourage more women to engage in the outdoor community in a fun way! Backpack up the lush Quinalt River Trail to camp in a riverside grove of large native trees. Day 2 we'll get an early start for a long-but-flat day hike to stunning Enchanted Valley, where dozens of waterfalls cascade down 3,000ft cliffs, and huge moss-draped trees line the trail. Led by women, for women. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.

431816-01	F-Su	8:00a-6:00p	7/24-7/26	\$415
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### ACROSS THE OLYMPICS ▲

~6 mi/day 4 days ~1,600ft elev. change/day

Ages 13-16. Same idea as last year, but a different route! Hike up and over the Olympic Mountains and get picked up on the other side. We'll start on the Sol Duc River and head up the High Divide into alpine terrain — knife-edge ridges and perfect swimming lakes await us! Then we'll plunge down to the Hoh Rainforest where we'll toast s'mores amid mossy old-growth giants. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.

431935-01	M-Th	8:00a-8:00p	8/3-8/6	\$525
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# YOUTH & ADULT



## GRAND VALLEY LOOP

**NEW!**



~4.5 mi/day

3 days

~1,500ft elev. change/day

Ages 10 and up. One of the premium backpacking routes in all the Olympics, every step is stunning! We'll walk along the 6,500ft Lillian Ridge, then drop into the valley to set up camp on the shores of Moose Lake. On past trips we spotted fawns frolicking in the meadows, a bear foraging for food, and mountain goats traversing rocky peaks. The second day includes an optional day hike past snowfields and up to a rugged mountain pass. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Participants under 18 must be accompanied by a parent or guardian. Meet at SHP.

431922-01 F-Su 8:00a-6:00p 8/21-8/23 \$415

## LENA LAKE



~3 mi/day

3 days

~1,100ft elev. change/day

Ages 10-13. This trail gently climbs through dense forest and over several creeks to beautiful Lena Lake, one of the largest in the Olympics. There is so much to explore there! We'll take it easy on day 2 — we can swim and float on our inflatable raft, bushwhack around the lake, or day hike up Lena Creek to a cool natural grotto. Each night we'll enjoy a campfire and a scrumptious dinner. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.

431952-01 M-W 8:00a-6:00p 7/20-7/22 \$415



## SUNSETS AND SEA STACKS



~1.5 mi/day

3 days

~400ft elev. change/day

Ages 10 to 13. After a short 1.4mi hike in to Third Beach we'll spend the rest of the day exploring and playing, enjoying a bonfire, and taking in the sunset views over the Pacific! On day two we'll leave the packs and climb a rugged overland trail using rope ladders that will deliver us to the incredible sea stacks surrounding Scott's Creek. We will spend our afternoon exploring coves, points and tidepools before returning back to camp. Our final day we will enjoy a 5-star backpacking breakfast and make our return. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.

431898-01 T-Th 8:00a-6:00p 6/23-6/25 \$415

## DUNGENESS MEADOWS GIRLS



**TRIP NEW!**



~4 mi/day

3 days

~900ft elev. change/day

Ages 10-13. Open to girls of all experience levels, this female-led trip is designed to encourage more girls to engage in the outdoor community in a fun way! This gentle trail follows the beautifully clear Dungeness River through giant stands of Douglas fir and into the Buckhorn Wilderness. We'll camp in a bright riverside meadow, with a cool creek to splash in, and a hot campfire to warm up by.

Led by girls, for girls. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.

431910-01 W-F 9:00a-6:00p 8/19-8/21 \$415

## LAKE ANGELES REMOTE ISLAND



**GIRLS TRIP NEW!**



~3.5 mi/day

3 days

~2,300ft elev. change/day

Ages 13-16. Open to girls of all experience levels, this female-led trip is designed to encourage more girls to engage in the outdoor community in a fun way! It's an uphill hike in, but not too long, and well-graded. Lake Angeles is a beautiful spot to spend a few days, fed by cascading waterfalls, and with a small island right in the middle. We'll bring an inflatable raft, so we can float and check out the island. We'll also have optional hikes to scenic overlooks. Led by girls, for girls. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.



431998-01 W-F 8:00a-6:00p 7/8-7/10 \$415

## WOMEN AND GIRLS-ONLY HIKING & BACKPACKING

**Trips by women, for women! We've listened and are very excited to expand our women and girls-only programs. These trips are led by experienced women who love getting outside with other ladies. Join us and connect with likeminded women from all around our area!**

## BOULDER FALLS WOMEN'S HIKE

~8.6 mi

~700ft elev. gain

Ages 18 and up. Open to women of all experience levels, this female-led trip is designed to encourage more women to engage in the outdoor community in a fun way! This hike takes us through a deep and narrow valley as we follow the Boulder River. There are two spots where gorgeous cascades tumble down into the lush green canyon, and a beautiful riverside lunch spot. Led by women, for women.

431909-06 F 8:00a-7:00p 6/26 \$72\*

\*This trip is part of our Wilderness Day Hikes. Please see page 57.



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## LENA LAKE WOMEN'S HIKE

~6.5 mi

~1,300ft elev. gain

Ages 18 and up. Open to women of all experience levels, this female-led trip is designed to encourage more women to engage in the outdoor community in a fun way! This popular trail is in wonderful condition, gently switchbacking through hemlock forests en route to a beautiful lake tucked into the forest. At the lake, we'll have lunch at an overlook and explore the shoreline. If the water level is low, we'll be able to see the top of a ghost forest, submerged when the lake was created by a landslide about 1,350 years ago! Led by women, for women.

431909-14 Sa 8:00a-7:00p 8/8 \$72\*

\*This trip is part of our Wilderness Day Hikes. Please see page 57.

## LENA LAKE GIRLS HIKE **NEW!**

Ages 10-13. This popular trail is in wonderful condition, gently switchbacking through hemlock forests en route to a beautiful lake tucked into the forest. At the lake, we'll have lunch at an overlook and explore the shoreline. If the water level is low, we'll be able to see the top of a ghost forest, submerged when the lake was created by a landslide about 1,350 years ago! Led by girls, for girls. Meet at SHP.

431905-01 Su 8:00a-6:00p 6/28 \$60

## MT. WALKER TEEN GIRLS HIKE **NEW!**

Ages 13-16. A short and steep hike with a big view as a reward! Mount Walker protrudes from the Olympics right to the edge of Puget Sound, with panoramas of the Sound and the Cascades beyond. Led by girls, for girls. Meet at SHP.

431906-01 W 9:00a-5:00p 8/5 \$60

## DUNGENESS MEADOWS GIRLS

**TRIP NEW!** 

~4 mi/day

3 days

~900ft elev. change/day

Ages 10-13. Open to girls of all experience levels, this female-led trip is designed to encourage more girls to engage in the outdoor community in a fun way! This gentle trail follows the beautifully clear Dungeness River through giant stands of Douglas fir and into the Buckhorn Wilderness. We'll camp in a bright riverside meadow, with a cool creek to splash in, and a hot campfire to warm up by. Led by girls, for girls. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.

431910-01 W-F 9:00a-6:00p 8/19-8/21 \$415

## LAKE ANGELES REMOTE ISLAND

**GIRLS TRIP NEW!** 

~3.5 mi/day

3 days

~2,300ft elev. change/day

Ages 13-16. Open to girls of all experience levels, this female-led trip is designed to encourage more girls to engage in the outdoor community in a fun way! It's an uphill hike in, but not too long, and well-graded. Lake Angeles is a beautiful spot to spend a few days, fed by cascading waterfalls, and with a small island right in the middle. We'll bring an inflatable raft, so we can float and check out the island. We'll also have optional hikes to scenic overlooks. Led by girls, for girls. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.

431998-01 W-F 8:00a-6:00p 7/8-7/10 \$415

## ENCHANTED VALLEY WOMEN'S

**TRIP NEW!** 

~7 mi/day

3 days

600ft elev. change/day

Ages 18-99. Open to women of all experience levels, this female-led trip is designed to encourage more women to engage in the outdoor community in a fun way! Backpack up the lush Quinault River trail to camp in a riverside grove of large native trees. Day 2 we'll get an early start for a long-but-flat day hike to stunning Enchanted Valley, where dozens of waterfalls cascade down 3,000ft cliffs, and huge moss-draped trees line the trail. Led by women, for women. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.

431816-01 F-Su 8:00a-6:00p 7/24-7/26 \$415

## BIRDING

Taught by international birding expert George Gerdts from Pandion Nature Tours, classes focus on providing a first-hand experience with the birds, plants, and other creatures that inhabit the myriad habitats of the Pacific Northwest. A past educator for over 40 years, George has led trips for the Seattle Audubon, Kitsap Audubon, as well as personally guiding trips on every major continent in the world. Registration deadline for most programs is three days before begin date. A parent/guardian must accompany minors on trips. For questions about refunds, please see page 103.

## PROTECTION ISLAND SUMMER SOLSTICE SUNSET BIRDING CRUISE

Ages 10-99. Join naturalist/birder George Gerdts for an exciting sunset cruise to Protection Island, a 400 acre National Wildlife Refuge off of Discovery Bay. Over 70% of the marine birds which nest in Puget Sound make Protection Island their breeding ground. Tufted Puffins and marine mammals are usually seen. Meet at Port Townsend Dock at 5:15 PM. Youth ages 10-17 must be accompanied by a parent or guardian. Boat leaves promptly at 5:30pm. **CONTRACTOR**

131851-01 Sa 5:30-8:30p 6/20 \$95

## PROGRAMS FOR TEENS AGES 13-17