

#### WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

## KIDS SUMMER UKULELE CLUB

Ages 6-12. Spend summer learning and jamming at the Rolling Bay Music Center with strings instructor Randy Parris! A continuation of the after-school uke club, young players of all levels are welcome. Must provide own instrument. **RBC CONTRACTOR** 

6/29-8/24\* 470825-01 1:00-2:00p

\*Families have choice of 8 afternoons during the 9-week session.

### POTTERY



#### KINDER CLAY NEW!

Ages 4-6. Summer clay play for the youngest artists includes plenty of messy free play and quick, supervised breaks at the playground. The age-appropriate hand building and partner wheel work will be led by Katie Bonanno. 4 weeks. ED

422014-10 F 1:00-2:30p 8/7-8/28 \$70

#### YOUTH HAND-BUILDING

Ages 7-11. A mix of instruction, tools and techniques of coil, slab and sculpture, along with the child's imagination and creativity, will ensure the magic of the creative process, fun and finished pieces. This summer session is 6 classes and a pick-up picnic! 4 weeks. ED

422007-01 MW 7/6-7/27 \$105 4:00-5:30p 02 MW 4:00-5:30p 8/3-8/24 \$105

#### YOUTH WHEEL-THROWN POTTERY

Ages 9-14. This summer wheel-throwing workshop for youth focuses on the techniques of throwing as well as the development of form by combining thrown pieces with hand-built parts. A variety of glazing techniques are used. This session includes 6 classes and a pick-up picnic! 7 weeks. ED

4:00-5:30p \$125 422008-01 Th 7/9-8/20

## TEEN HAND-BUILDING 📜

Ages 13-16. Just for teens, this mix of instruction, tools and techniques for coil, slab and sculpture, along with the unique teen perspective and creativity, will ensure a fun and lively afternoon. This session includes 6 classes and a pick-up party! 7 weeks. ED

12:30-2:30p 422011-01 M

7/6-8/17 \$125

\$175





## TEEN WHEEL-THROWN POTTERY 🏋

Ages 13-16. This summer wheel-throwing class is especially for teens. Whether brand-new to the wheel or already experienced from school or youth classes, it's always fun to learn techniques and practice throwing with like-minded peers. This session includes 6 classes and a pick-up party. 7 weeks ED 422010-01 12:30-2:30p \$125 7/7-8/18

## TEEN INDY STUDIO NEW!



Ages 13-16. Perfect for those teens who want a little more afternoon time for creating, finishing, or experimenting in the studio. This supervised 6-week summer workshop is for currently enrolled Eagledale teen pottery studio students. 6 weeks ED

422012-06 3:00-5:00p 7/7-8/11 \$60

#### **SEE ALSO CLAY PLAY CAMP ON PAGE 28**





#### PARENT / CHILD FRIDAY CLAY PLAY!

Ages 5+ and a parent. Fun, creative two-afternoon workshops resulting in beautiful keepsakes and whimsical pieces. Simple, guided projects and free play with clay will make giggles and memories. No previous clay experience is needed. **Led by instructor/artist (and Blakely art teacher) Katie Bonanno.** Fee includes materials. For one child with one parent/caregiver. ED

#### **GARDEN WHIMSY**

You'll work together to create a small ceramic fairy house and figurines for your garden or bedside! Choose your shape, add tiny flowers and vines, stone or brick texture, or anything else you can dream up. A battery candle will add the finishing touch.

422006-03 F 3:30-5:00p 7/10, 7/24 \$45

#### WILDLIFE WATERERS

You'll work together to create a colorful, decorated dish for bees to sip, butterflies to rest and drink, or a bath for the birds. Then share some water with the wild creatures in your world.

422006-04 F 3:30-5:00p 8/7, 8/21 \$45

## **GYMNASTICS**

The developmental gymnastics program helps to introduce and refine total body awareness, strength and coordination. A child may enter the program at age 6 months and work through the progressive classes, including a competitive team until age 19. Because gymnastics classes are offered all year, we have the opportunity to instill in children the need for physical activity as a lifestyle. It also allows us to equip the children with basic fundamental movement skills conducive to each developmental stage.

SESSION I: JUNE 29 – JULY 10
(2-week session)
SESSION II: JULY 11 – AUGUST 1
(3-week session, 4 weeks for Saturdays)
SESSION III: AUGUST 3 – AUGUST 22
(3-week session)

ALL CLASSES ARE ELIGIBLE FOR HELPLINE UNLESS IT IS NOTED AT THE END OF THE CLASS DESCRIPTION.

# DIRECTIONS TO THE TRANSMITTER BUILDING

From Winslow, drive north on SR-305. Turn left on Day Road and stay left onto Miller. Follow Miller Road for about 1½ miles then turn right on Arrow Point Drive. Continue on Arrow Point Drive until the entrance to Battle Point Park. Turn left into the park; the Transmitter Building will be located directly ahead. Parking will be around the loop next to KidsUp! Playground.

#### LOCATION OF BHS GYMNASTICS ROOM

Gymnastics Room is located directly across the parking lot from the pool back doors or in back of the high school.

**PARKING for Gymnastics Room:** Please use the pool parking area during day hours 9:00a-3:00p and walk to the gym using the sidewalk west of the pool parking lot. Evening classes may use the parking area outside the gymnastics room. Parking is also available by the Commodore facility located on High School Road down the hill from the high school reader board. Spectator seating area is on the balcony located at the back of the gym. Please use the south entrance to the gym when at all possible to help control the traffic flow in the gym.

Be aware of the parking lot in the evenings, as there are many cars that drop off children to the gymnastics room or school events. These drive-through areas are congested and drivers need to be more aware of other vehicles and especially pedestrians.

If your child requires any extra assistance, please contact the Gymnastics Department immediately after registering to notify us of your child's needs and to allow us sufficient time to coordinate any additional staff. We will make reasonable modifications to policies and programs to ensure that participants with special needs or disabilities will have an equal opportunity to enjoy BIMPRD gymnastics classes, clinics, open gyms and/or camps in a manner that is safe and fun.

#### WARM-UPS

Warm-ups and basic skill repetitions are held during the first 10 to 15 minutes of class. These are important for assurance of muscle safety and memory retention. To reduce risk of injury, it is essential that children participate in these warm-up exercises. Please be fair to the other children, your child, and the instructor by arriving on time. If you find that you are going to be more than **5 minutes late** for Preschool gym through Kindergym or **10 minutes late** for Beginner through Advanced boys and girls recreational classes, we ask that your child not participate that day. Please do not place our instructor in the situation of turning away your child for this reason.





## OPEN PLAY TIME

#### AT THE TRANSMITTER BUILDING

Ages 6 months to 5 years. Come join other kids in a fun and open atmosphere.

#### COST

\$8 drop-in fee \$32.00 5-visit punch card \$64.00 10-visit punch card



F-Sa 10:00a-12:00p; 6/19-8/29



Please comply with all the rules posted. This will keep the play area safe for all participants.

When you arrive, please check in with the gym supervisor Keep within arm's reach of your child at all times There is a limit of two children per adult No adults allowed on equipment

All other rules are posted on a handout given to you and in the gym.



#### **BIRTHDAY PARTY**

Rent the BHS Gymnastics Room or the Transmitter Building for your child's birthday party. Fun for everyone! Call the gymnastics department to reserve your party today at 206-842-2306 x117. Cancellation policy: Full refund 7 days prior to party less a \$10 service fee. No refund, no exceptions, after the deadline described above.

#### Cost: \$163.50 for 10 kids or fewer, includes tax

Includes 60 min of gym time and 30 min of celebration time in lobby

#### \$250.70 for 11-20 kids, includes tax

Includes 60 min of gym time and 30 min of celebration time in lobby

## **EXTRA GYMNASTICS WORKOUT** (OPEN GYM)

Ages 6 and up. Here's a chance to improve your skills. This extra time will allow you an opportunity to receive additional instruction and practice on areas needing improvement. This is available to students who are currently or have been involved in Park District gymnastics classes. Beginner 1 through team level. BHS **Gymnastics Room** 

COST: \$6.00 drop-in fee \$25.00 for 5-visit punch card

#### **SUMMER QUARTER HOURS**

Su 4:00-6:00p; 6/20-8/30\* \*No Open Gym 6/28

#### INDIVIDUALIZED INSTRUCTION

Special one-on-one instruction. Call the gymnastics department to request your lesson day/time and instructor at 206-842-2306 x117. Instructors will then call to give details and to arrange times.

COST: \$50/45 minutes for individual. \$75/60 minutes for individual.

Add \$5 for extra child from immediate family (one only).

#### **CREATE YOUR OWN CLASS**

Set up your own class. Special instruction just for a group you put together. The class must consist of 5 or more enrolled participants. Minimum of 3 classes per group. Call the gymnastics department to request your lessons at 206-842-2306 x126.

COST: \$11/child/class, for a 30-minute class. \$14/child/class, for a 45-minute class.

\$17/child/class, for a 60-minute class.

#### FIELD TRIP TO THE GYM

Calling all scouts, schools, daycares. Set up your own drop-in time at either of our gyms. Some instruction, games and open gym time, just your group. Call the gymnastics department to request your day and time at 206-842-2306 x126.

COST: \$100 for group of 10 for one hour \$150 for group of 11-19 for one hour \$200 for group of 20-30 for one hour

#### SPECIALIZED CLINIC

Set up your own group for a clinic on any skill or skills in gymnastics, parkour, stunt, ninja or tumble tramp. Special instruction just for a group. You tell us what you need for instruction and we will provide the staff. Call the gymnastics department to request your lessons at 206-842-2306 x126.

COST: \$100 for group of 10 for 1 hour \$150 for group of 10 for 1½ hours \$200 for group of 10 for 2 hours

## **SUMMER CAMPS**

**FULL DESCRIPTION IN SUMMER CAMP SECTION** 

#### **GYMNASTICS PRESCHOOL CAMP** (AGES 3-4)

June 29-July 1, July 27-29

### **GYMNASTICS KINDERGYM & NINJA** (AGES 4-6)

July 13-16, August 3-6

GYMNASTICS: SCHOOL AGE (AGES 6-14) July 6-9, August 10-13



PARKOUR & NINJA CAMP (AGES 6-17) July 20-23, August 17-20





## NEW TUMBLING CAMP (AGES 6-17)

June 29-July 1

### **NEW OBSTACLE COURSE MINI-CAMP** (AGES 6-17)



## CHEER STUNTING AND TUMBLING

Ages 6-17. For girls or boys who want to learn cheer stunting and tumbling only. Class concentrates on stunting techniques for partner and group, tumbling, trampoline, strength, balance and flexibility. BHS Gymnastics Room

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441562-01	W	5:00-6:00p	7/1-7/8	\$33
02	W	5:00-6:00p	7/15-7/29	\$49
03	W	5:00-6:00p	8/5-8/19	\$49

### SPECIALTY CLASSES



## HANDSPRING CLASS 🏋

Ages 6-17. This class will focus on back handsprings and front handsprings. Students will be taught how to do handsprings along with the drills, techniques, flexibility and strength training to perform them properly. BHS Gymnastics Room 441545

45-01	ı	5:00-6:00p	6/30-///	\$33
02	T	5:00-6:00p	7/14-7/28	\$49
03	T	5:00-6:00p	8/4-8/18	\$49

## **RELEASE YOUR INNER CHILD (ADULT GYM)**

Ages 17 and up. Train like a child and get back the energy and strength you once had, but didn't even notice at the time. Participants will be taught skills like handstands and cartwheels, along with movement techniques from parkour. Participants will also train with obstacles like Ninja Warrior and play games. This is a great way to get in shape, or stay in shape by having fun. BHS Gymnastics Room

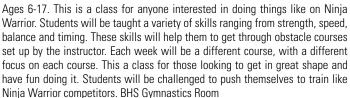
441598-01	T	6:00-7:00p	6/30-7/7	\$33
02	T	6:00-7:00p	7/14-7/28	\$49
03	T	6:00-7:00p	8/4-8/18	\$49

## **FAMILY FIT**

Ages 4 and up. This is an excellent class for families to have fun and be fit together. Participants will be taught gymnastics and parkour skills, along with a plethora of movements to increase overall strength, balance and agility. This is a great opportunity to work out with your kids, have family challenges and share a he

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141594-01	W	6:00-7:00p	7/1-7/8	\$33
02	W	6:00-7:00p	7/15-7/29	\$49
03	W	6:00-7:00p	8/5-8/19	\$49

## **NINJA WARRIOR CLASS**



441551-01	M	6:00-7:00p	6/29-7/6	\$33
02	M	6:00-7:00p	7/13-7/27	\$49
03	M	6:00-7:00p	8/3-8/17	\$49



## PARKOUR 🟋

Ages 6-17. For female and male students who want to learn to run, leap, jump or flip off walls safely prior to doing it in an outside setting. BHS Gymnastics Room 441

1557-01	M	5:00-6:00p	6/29-7/6	\$33
02	M	5:00-6:00p	7/13-7/27	\$49
03	M	5:00-6:00p	8/3-8/17	\$49

## TRAMP AND TUMBLE CLASS



Ages 6-17. For female or male students. Class will focus on floor and trampoline tumbling skills; which include cartwheels, round-offs, front and back handsprings and flips. BHS Gymnastics Room

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441556-01	T	4:00-5:00p	6/30-7/7	\$33		
02	T	4:00-5:00p	7/14-7/28	\$49		
03	T	4:00-5:00p	8/4-8/18	\$49		



## FOR SAFETY PURPOSES, SIBLINGS MAY NOT PARTICIPATE IN ANY OF THESE CLASSES UNLESS THEY ARE REGISTERED IN THE CLASS.

#### **GYM BABIES**

Crawling to 24 months. <u>Parents participate with the child on a one-to-one basis.</u> Children will be exposed to gymnastics with parent support and movement in a structured and open gym format. This is a great opportunity to spend some quality time with your child and to meet other parents. BHS Gymnastics Room

441501-01	F	9:30-10:00a	7/3-7/10	\$23
02	F	9:30-10:00a	7/17-7/31	\$34
03	F	9:30-10:00a	8/7-8/21	\$34

#### PARENT TOT STRUCTURED GYM

Ages 24-36 months. <u>Parents participate with their child on a one-to-one basis in a fully structured, instructor-led class.</u> There will be exciting warm-ups, games, music and obstacle courses filled with gymnastics to strengthen and build motor skill confidence. BHS Gymnastics Room

441503-01	F	10:10-10:50a	7/3-7/10	\$29
02	Sa	9:10-9:50a	7/11-8/1	\$59
03	F	10:10-10:50a	7/17-7/31	\$44
04	F	10:10-10:50a	8/7-8/21	\$44
05	Sa	9:10-9:50a	8/8-8/22	\$44

#### PRESCHOOL GYM

Ages 3-4. This class is designed for children who have successfully participated in a Preschool Come Play for one full session. This is an instructor-led class without parent participation. This is a great stepping stone into our Kindergym program for those 3 and 4 years old who are able to listen to and execute multiple instructions and remain confident when left with an instructor. Your child will be led through gymnastics-based obstacle courses assisted by games and music. Parents may be asked to remain in the parent viewing area upstairs during the class. BHS Gymnastics Room

441505-01	F	11:00-11:45a	7/3-7/10	\$29
02	Sa	10:00-10:45a	7/11-8/1	\$59
03	F	11:00-11:45a	7/17-7/31	\$44
04	F	11:00-11:45a	8/7-8/21	\$44
05	Sa	10:00-10:45a	8/8-8/22	\$44



#### **BEGINNER KINDERGYM**

Ages 4-6. Intro to Kindergym for both boys and girls. Skills taught include basic tumbling, uneven bar skills, balance beam and vaulting techniques. BHS Gymnastics Room; \*\*Classes held at the Transmitter Building.

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41506-01	M**	4:00-4:45p	6/29-7/6	\$29
02	T**	4:00-4:45p	6/30-7/7	\$29
03	F	12:00-12:45p	7/3-7/10	\$29
04	Sa	11:00-11:45a	7/11-8/1	\$59
05	M**	4:00-4:45p	7/13-7/27	\$44
06	T**	4:00-4:45p	7/14-7/28	\$44
07	F	12:00-12:45p	7/17-7/31	\$44
08	Sa	11:00-11:45a	8/8-8/22	\$44
09	M**	4:00-4:45p	8/3-8/17	\$44
10	T**	4:00-4:45p	8/4-8/18	\$44
11	F	12:00-12:45p	8/7-8/21	\$44



#### INTERMEDIATE KINDERGYM

Ages 4-6. For Kindergym students who have completed Beginner Kindergym or been placed by an instructor. BHS Gymnastics Room; \*\*Classes held at the Transmitter Building.

441507-01	M**	5:00-5:45p	6/29-7/6	\$29
02	Th**	4:00-4:45p	7/2-7/9	\$29
03	Sa	11:00-11:45a	7/11-8/1	\$59
04	M**	5:00-5:45p	7/13-7/27	\$44
05	Th**	4:00-4:45p	7/16-7/30	\$44
06	Sa	11:00-11:45a	8/8-8/22	\$44
07	M**	5:00-5:45p	8/3-8/17	\$44
08	Th**	4:00-4:45p	8/6-8/20	\$44

#### **FUN SIZE NINJAS**

Ages 4-6. This is a class for children interested in doing things like a Ninja Warrior. Students will be led through a variety of skills which will help them to get through obstacle courses set up by the instructor. Each week will be a different course, with a different focus on each course. This class is for children to explore different ways to climb, jump, crawl, swing, balance...whatever it takes to get over, under and around obstacles while having fun and testing their limits. Transmitter Building

441534-01	W	5:00-5:45p	7/1-7/8	\$29
02	W	5:00-5:45p	7/15-7/29	\$44
03	W	5:00-5:45p	8/5-8/19	\$44



## BEGINNER 1 — GIRLS 🏚

Ages 6-17. For girls with little or no experience. Class concentrates on total body awareness, strength, and coordination through basic gymnastic skills in tumbling, balance beam, bars and vaulting. BHS Gymnastics Room; \*\*Classes held at the Transmitter Building.

441530-01	M**	5:00-6:00p	6/29-7/6	\$33
02	T**	4:00-5:00p	6/30-7/7	\$33
03	Sa	12:00-1:00p	7/11-8/1	\$65
04	M**	5:00-6:00p	7/13-7/27	\$49
05	T**	4:00-5:00p	7/14-7/28	\$49
06	Sa	12:00-1:00p	8/8-8/22	\$49
07	M**	5:00-6:00p	8/3-8/17	\$49
80	T**	4:00-5:00p	8/4-8/18	\$49



## BEGINNER 2 — GIRLS 🏋

Ages 6-17. For girls who have completed Beginner 1 or have been placed by an instructor. BHS Gymnastics Room; \*\*Class held at the Transmitter Bldg.

441531-01 02	, TTh** Sa	5:00-6:00p 12:00-1:00p	6/30-7/9 7/11-8/1	\$62 \$65
03 04	TTh** Sa	5:00-6:00p 12:00-1:00p	7/14-7/30 8/8-8/22	\$93 \$49
05	TTh**	5:00-6:00p	8/4-8/20	\$93

## INTERMEDIATE — GIRLS 🏚

Ages 6-17. For girls who have completed Beginner 2 or have been placed by an instructor. Transmitter Building

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441532-01	TTh	6:00-7:15p	6/30-7/9	\$68
02	TTh	6:00-7:15p	7/14-7/30	\$102
03	TTh	6:00-7:15p	8/4-8/20	\$102

## ADVANCED — GIRLS 🏋

Ages 6-17. For the serious gymnast! Must have completed intermediate girls or be placed by an instructor. This class is geared for a competitive level. Transmitter Building

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441533-01	MW	6:00-7:30p	6/29-7/8	\$75
02	MW	6:00-7:30p	7/13-7/29	\$112
03	MW	6:00-7:30p	8/3-8/19	\$112

#### **BOYS ONLY KINDERGYM**

Ages 4-6. Intro to Kindergym for boys ONLY! Those who are 4 years of age must have completed at least one preschool gym session and students must be able to take directions from teacher. Skills will be taught on all boys' equipment which includes floor, pommel horse, rings, vault, parallel bars and high bar. BHS Gymnastics Room

441512-01	M	4:00-4:45p	6/29-7/6	\$29
02	M	4:00-4:45p	7/13-7/27	\$44
03	M	4:00-4:45p	8/3-8/17	\$44

## **BEGINNER** — BOYS

Ages 6-17. For boys with little or no experience. Class concentrates on basic tumbling and all the boys' apparatus. BHS Gymnastics Room

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441540-01	MW	5:00-6:00p	6/29-7/8	\$62
02	MW	5:00-6:00p	7/13-7/29	\$93
03	MW	5:00-6:00p	8/3-8/19	\$93



## **INTERMEDIATE AND ADVANCED — BOYS**

Ages 6-17. For boys who have passed beginner boys or been placed by an instructor. BHS Gymnastics Room

441541-01	MW	6:00-7:15p	6/29-7/8	\$68
02	MW	6:00-7:15p	7/13-7/29	\$102
03	MW	6:00-7:15p	8/3-8/19	\$102

### BAINBRIDGE ISLAND BOYS GYM TEAM 🟋

Ages 6-18. The team will travel to events throughout the region, participating in levels 4 through 10 competitions. Team members are selected by ability and space availability. Additional costs are involved. Contact the gymnastics department at the Park District for more information.

## **BAINBRIDGE ISLAND GIRLS GYM TEAM**



Ages 6-18. The team will travel to events throughout the region, participating in levels 3 through 10 Junior Olympic, and Xcel competitions. Team members are selected by ability and space availability. Additional costs are involved. Contact the gymnastics department at the Park District for more information.



## **TEEN OPPORTUNITES**

Contact Julie at 206-842-2306 x114 or julie@biparks.org to volunteer or get more information.

### **VOLUNTEER**

#### Be a Summer Camp Aide

Volunteer to assist camp counselors with our summer sports camps. This is a great opportunity for students from ages 11-18 looking for community service hours or those just wanting to give back to the community.

### **EMPLOYMENT**

#### Summer and Fall Soccer League Referee/Mentors

Do you love soccer and working with kids? We're looking for energetic and positive referee/mentors for our summer and fall youth soccer leagues. Applicants must be at least 14 years old.

## **TENNIS**

#### AFFORDABLE TENNIS FOR ALL

We're working hard to provide a whole new selection of more affordable youth and adult tennis lessons and camps for all levels of players both inside and outside. Don't see a class or camp you'd like to see offered? Shoot us an email to let us know.

If by chance we have rain the day of class staff will send a text message (parents should sign up for our text option) letting you know if lessons need to be cancelled. Or if you prefer you can check the Park District Facebook page www.facebook.com/BainbridgelslandMetroParkAndRecreationDistrict.



#### **HOT SHOTS**

Ages 3-6. Tennis is the best first sport! Start your children off right with action-packed one-hour lessons that will develop hand-eye coordination, balance and foundation skills while having a ton of fun in this progressive program. Parents are encouraged to participate in this innovative program. A starter tennis racquet will be provided BHS

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412712-01	Sa	10:30-11:30a	6/20-7/18*	\$60	
02	Sa	10:30-11:30a	7/25-8/15	\$60	
*No class 7/4					

# MINI TENNIS CAMP NEW!

Ages 4-8. This camp is a perfect introduction for younger tennis players ages 4-8 years old. We teach in a first way that gets kiddos playing and hitting right away! Hand-eye coordination, movement skills and team-oriented group learning that make tennis the best first sport for youth. BHS 412705-01 M-Th

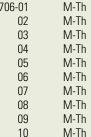


705-01	M-Th	9:00a-10:30a	6/22-6/25	\$75
02	M-Th	9:00a-10:30a	6/29-7/2	\$75
03	M-Th	9:00a-10:30a	7/6-7/9	\$75
04	M-Th	9:00a-10:30a	7/13-7/16	\$75
05	M-Th	9:00a-10:30a	7/20-7/23	\$75
06	M-Th	9:00a-10:30a	7/27-7/30	\$75
07	M-Th	9:00a-10:30a	8/3-8/6	\$75
08	M-Th	9:00a-10:30a	8/10-8/13	\$75
09	M-Th	9:00a-10:30a	8/17-8/20	\$75
10	M-Th	9:00a-10:30a	8/24-8/27	\$75

### TENNIS CAMP

#### NEW!

Ages 8-17. We are proud to once again offer our USTA Net Generation summer junior development tennis that has sparked generations of kids to become lifetime tennis players. Stroke production, games, match play and more. We have a fun team-oriented atmosphere and group players by level and experience. Train smarter, not harder. BHS 412706-01 M-Th





9:00a-12:00p	6/22-6/25	\$125
9:00a-12:00p	6/29-7/2	\$125
9:00a-12:00p	7/6-7/9	\$125
9:00a-12:00p	7/13-7/16	\$125
9:00a-12:00p	7/20-7/23	\$125
9:00a-12:00p	7/27-7/30	\$125
9:00a-12:00p	8/3-8/6	\$125
9:00a-12:00p	8/10-8/13	\$125
9:00a-12:00p	8/17-8/20	\$125
9:00a-12:00p	8/24-8/27	\$125



## **PEAK PERFORMANCE ACADEMY CAMP NEW!**

Ages 12-17. A players camp designed for tournament players, varsity high school players and above. Many juniors have gone on to play tournaments and high school tennis and our track record of producing college players is renowned. These camps focus on improving fit-



ness, technical development, footwork and teach the strategic fundamentals necessary to excel in pressure match play. BHS

112709-01	M-Th	9:00a-12:00p	6/22-6/25	\$125
02	M-Th	9:00a-12:00p	6/29-7/2	\$125
03	M-Th	9:00a-12:00p	7/6-7/9	\$125
04	M-Th	9:00a-12:00p	7/13-7/16	\$125
05	M-Th	9:00a-12:00p	7/20-7/23	\$125
06	M-Th	9:00a-12:00p	7/27-7/30	\$125
07	M-Th	9:00a-12:00p	8/3-8/6	\$125
80	M-Th	9:00a-12:00p	8/10-8/13	\$125
09	M-Th	9:00a-12:00p	8/17-8/20	\$125
10	M-Th	9:00a-12:00p	8/24-8/27	\$125

### TENNIS, **SPORTS & ACTIVITY CAMP NEW!**

Ages 6-12. We are excited to offer a true summer camp experience. Campers will take part in an hour of fun gamebased tennis from 12:30-1:30p designed for kids just testing the sport out. It also includes oth-



er fun sports and activities from 1:30-3:30p to keep your kids active and engaged. BHS

412707-01	M-Th	12:30-3:30p	6/22-6/25	\$125
02	M-Th	12:30-3:30p	6/29-7/2	\$125
03	M-Th	12:30-3:30p	7/6-7/9	\$125
04	M-Th	12:30-3:30p	7/13-7/16	\$125
05	M-Th	12:30-3:30p	7/20-7/23	\$125
06	M-Th	12:30-3:30p	7/27-7/30	\$125
07	M-Th	12:30-3:30p	8/3-8/6	\$125
08	M-Th	12:30-3:30p	8/10-8/13	\$125
09	M-Th	12:30-3:30p	8/17-8/20	\$125
10	M-Th	12:30-3:30p	8/24-8/27	\$125

### PRIVATE, SEMI-**PRIVATE AND GROUP TENNIS LESSONS**

Private lessons at an affordable price for all that want to improve their game. Our Park District tennis staff will help you or your kiddo



learn and polish your game. Schedule your private, semi-private or group lessons with us today! Email our tennis pro Jennifer Shorr for more information at jennifers@biparks.org.

- 412722-01 Private Lesson: 1 hour 1 person = \$55
  - Semi-Private Lessons: 1 hour 2 people = \$30 each
  - Group Lessons: 1 hour 3-4 players, 3 players = \$25 each, 4 players = \$20 each
  - 04 Private Lessons: 10 pack of 1-hour lessons = \$495 (10% off)
  - 05 Private Lessons: 5 pack of 1-hour lessons = 261.25 (5% off)
  - Semi-Private/Group Lessons: 10 pack of 1-hour lessons = \$267 (10% off)
- 112799-07 Semi-Private/Group Lessons: 5 pack of 1-hour lessons

= \$142.50 (5% off)

### **VOLLEYBALL**

## YOUTH 🏚 **VOLLEYBALL LEAGUE YOUNG BEGINNER**

Grades 2-4. Open to girls and boys; skills training and mini games; Volley-Lite volleyballs; Reduced-height net. HSLG

#### **BEGINNER/** INTERMEDIATE/ **ADVANCED**

Grades 5-12. Open to both boys and girls; skills

training and mini games; Modified rules. HSLG



Grades 2-4				
412906-01	Th	6:30-7:30p	6/18-7/30	\$120
Grades 5-7				
412907-01	Th	7:30-8:45p	6/18-7/30	\$125
Grades 8-12				
412907-02	Th	7:30-8:45p	6/18-7/30	\$125





# GET READY FOR TRYOUTS OPEN GYM VOLLEYBALL



Grades 8-12

412908-01 Th 6:30-8:30p 8/6-8/20 \$5 drop-in per visit paid at the gym

## **SOCCER**

### **SUMMER**



#### **TINY TOTS SOCCER**

Ages 1.5-2.5. Tiny Tots Soccer classes introduce toddlers to soccer with games that allow them to kick a ball, jump, run, and play. Tots will learn basic soccer skills while working on their balance and coordination. BPP

412311-01 T 5:00-5:30p 7/7-8/4 \$85

#### **SOCCER SQUIRTS**

Ages 2.5-3.5. Parents and Squirts will play organized games together, led by our instructor, that will help develop listening skills, balance, foot-eye coordination and of course soccer skills. BPP

412312-01 T 5:30-6:00p 7/7-8/4 \$85

#### PRE-KICKS SOCCER

Ages 3-4. Pre-Kicks is designed for children who want to explore soccer, but who are not quite ready to be on the field without a parent or caregiver. Classes focus on increasing balancing skills, coordination and fundamental soccer skills while also helping children build a sense of independence. BPP

412313-01 T 6:00-6:30p 7/7-8/4 \$85



# COED SOCCER LEAGUES

**Ages 4 to 6:** 20 minutes of skills. Four 8-minute quarters for scrimmage. No goalie. 3v3 or 4v4.

**Ages 6 to 8:** 10 minutes of skills. Four 10-minute quarters for scrimmage. No goalie, 4v4 or 5v5.

**Skill Sessions:** Each week coaches will work with our soccer staff to implement the skills sessions that we will provide. Each skill session will be geared towards the appropriate age group.

**Scrimmages:** Our soccer staff will referee the scrimmage while volunteer coaches manage their teams including making sure all players get equal playing time.

**Player Equipment:** Each player receives a t-shirt. Soccer cleats are optional. Shin guards are strongly recommended. BPP

412314-01 4-6 years old T 6:45-7:45p 7/7-8/4 \$105 02 6-8 years old T 6:45-7:45p 7/7-8/4 \$105 \*Fee includes a T-shirt

# SUMMER SOCCER VOLUNTEER HELPERS NEEDED! NEW!



No experience needed. We will help you along the way. All our parent volunteers receive \$20 off their child's summer soccer registration! Youth volunteers receive a volunteer T-shirt. For more information contact Julie at 206-842-2306 x114 or julie@biparks.org.

### **FALL**

#### **TINY TOTS SOCCER**

Ages 1.5-2.5. Tiny Tots Soccer classes introduce toddlers to soccer with games that allow them to kick a ball, jump, run, and play. Tots will learn basic soccer skills while working on their balance and coordination. Fee includes mini soccer ball. BPP

412319-01 Sa 9:30-10:00a

9/19-10/31 \$90

## SOCCER SQUIRTS

Ages 2.5-3.5. Parents and Squirts will play organized games together, led by our instructor, that will

help develop listening skills, balance, foot-eye coordination and of course soccer skills. Fee includes mini soccer ball. BPP

412320-01 Sa 10:15-10:45a 9/19-10/31 \$90



#### PRE-KICKS SOCCER

Ages 3-4. Pre-Kicks is designed for children who want to explore soccer, but who are not quite ready to be on the field without a parent or caregiver. Classes focus on increasing balancing skills, coordination and fundamental soccer skills while also helping children build a sense of independence. Fee includes mini soccer ball. BPP

412321-01 Sa 11:00-11:30a 9/19-10/31 \$90



### RECREATIONAL SOCCER LEAGUES

#### **SEPTEMBER 19 TO OCTOBER 31**

Age 4: 20 minutes of skills. Four 5-minute quarters for scrimmage. No goalie.

Ages 4.5 to 6: 20 minutes of skills. Four 8-minute guarters for scrimmage. No goalie. 3v3 or 4v4.

Ages 6 to 8: 10 minutes of skills. Four 10-minute quarters for scrimmage. No goalie. 4v4 or 5v5.

Skill Sessions: Each week coaches will work with our soccer staff to implement the skills sessions that we will provide. Each skill session will be geared towards the appropriate age group.

**Scrimmages:** Our soccer staff will referee the scrimmage while volunteer coaches manage their teams including making sure all players get equal playing time

Player Equipment: Each player receives a reversible soccer jersey and a size 3 soccer ball (soccer ball goes home with child on last day of soccer). Soccer cleats are optional. Shin guards are strongly recommended.

**Team Placement:** Returning players registered by September 1 will be assigned to same team as last fall unless there aren't enough players left from that team or a request is made otherwise. After August 31, team placement will be dependent on space availability. New players will be assigned to teams based on friend request when possible.

October 31: Our last day of soccer falls on Halloween this year so we will be having an optional "wear your costume to soccer" event that day.

Program cancellation deadline is August 31.

#### CIDIC

Age 4	Sa	9:00-9:45a	\$130
Ages 4.5-6	Sa	10:00-11:00a	\$140
Ages 6-8	Sa	11:15a-12:15p	\$140
Volunteer to Coach			
Age 4	Sa	9:00-9:45a	\$130
Ages 4.5-6	Sa	10:00a-11:00a	\$140
Ages 6-8	Sa	11:15a-12:15p	\$140
Volunteer to Coach			
	Ages 4.5-6 Ages 6-8 Volunteer to Coach Age 4 Ages 4.5-6 Ages 6-8	Ages 4.5-6 Sa Ages 6-8 Sa Volunteer to Coach  Age 4 Sa Ages 4.5-6 Sa Ages 6-8 Sa	Ages 4.5-6 Sa 10:00-11:00a Ages 6-8 Sa 11:15a-12:15p Volunteer to Coach  Age 4 Sa 9:00-9:45a Ages 4.5-6 Sa 10:00a-11:00a Ages 6-8 Sa 11:15a-12:15p

#### **VOLUNTEER COACHES NEEDED!**

No coaching experience needed. We will help you along the way. All our volunteer coaches receive 50% off their child's fall soccer registration! For more information contact Julie at 206-842-2306 x114 or julie@biparks.org.

### **VOLUNTEER HELPERS NEEDED! NEW!**



We are looking for volunteer helpers to assist with all our soccer programs. Tiny Tot Soccer, Soccer Squirts and Pre-Kicks helpers will assist our lead staff by helping with equipment set-up and breakdown as well as encouraging our littlest players with lots of enthusiasm and energy. Soccer league helpers will assist our soccer staff with equipment set-up and breakdown, the skill session and the scrimmages. All volunteer helpers will receive a volunteer T-shirt. For more information or to volunteer contact Julie at 206-842-2306 x114 or julie@ biparks.org.

#### **FALL SOCCER COACHES MEETING**

Tuesday, September 8 at 6:45p at Strawberry Hill Park.

#### THE CLEAT CLOSET

Has your child outgrown their cleats but they're still like new? Please consider donating or trading them in to our Cleat Closet. Come check it out. Open Monday to Friday 10:00a-4:00p. SHP

### BACKPACKING

Fully guided and supported trips into the best of the backcountry. We strongly recommend that all backpacking participants first take our backpacking 101 class. A limited amount of outdoor gear may be available to borrow for free for program use from our Outdoor Gearbank. See full details including joint adult and youth wilderness programs on pages 59-61.



## LAKE OZETTE KAYAK & BACKPACKING 🛖 **EXPEDITION**



~4 mi/day 5 days ~500ft	elev. change/day
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Ages 13-16. Combine kayaking on beautiful Lake Ozette with backpacking the rugged Olympic Coast! We'll spend several days paddling between remote camps along the lake shore and on tiny islands. Then we'll trade our kayaks for backpacks and hike a rainforest trail to the coast, where we'll enjoy sandy beaches, towering sea stacks, and great sunsets. You'll learn the essentials of both backpacking and expedition kayaking, including packing backpacks and kayaks, risk assessment, setting up camp, and safely traveling as a team by boat and foot. Meet at SHP.

430724-01 8:00a-8:00p 6/29-7/3 \$725



## ACROSS THE OLYMPICS 🛆 🖈



~6 mi/day ~1,600ft elev. change/day

Ages 13-16. Same idea as last year, but a different route! Hike up and over the Olympic Mountains, and get picked up on the other side. We'll start on the Sol Duc River and head up the High Divide into alpine terrain — knife-edge ridges and perfect swimming lakes await us! Then we'll plunge down to the Hoh Rainforest where we'll toast s'mores amid mossy old-growth giants. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.

431935-01 M-Th 8:00a-8:00p 8/3-8/6 \$525

## LENA LAKE 🛭 🏚

~1,100ft elev. change/day ~3 mi/day 3 days

Ages 10-13. This trail gently climbs through dense forest and over several creeks to beautiful Lena Lake, one of the largest in the Olympics. There is so much to explore there! We'll take it easy on day 2 — we can swim and float on our inflatable raft, bushwhack around the lake, or day hike up Lena Creek to a cool natural grotto. Each night we'll enjoy a campfire and a scrumptious dinner. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.

431952-01 M-W \$415 8:00a-6:00p 7/20-7/22



## SUNSETS AND SEA STACKS



~1.5 mi/day ~400ft elev. change/day 3 days

Ages 10 to 13. After a short 1.4mi hike in to Third Beach we'll spend the rest of the day exploring and playing, enjoying a bonfire, and taking in the sunset views over the Pacific! On day two we'll leave the packs and climb a rugged overland trail using rope ladders that will deliver us to the incredible sea stacks surrounding Scott's Creek. We will spend our afternoon exploring coves, points and tidepools before returning back to camp. Our final day we will enjoy a 5-star backpacking breakfast and make our return. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP. 431898-01 \$415 T-Th 8:00a-6:00p 6/23-6/25

### **DUNGENESS MEADOWS** GIRLS TRIP NEW!



~4 mi/day 3 days ~900ft elev. change/day

Ages 10-13. Open to girls of all experience levels, this female-led trip is designed to encourage more girls to engage in the outdoor community in a fun way! This gentle trail follows the beautifully clear Dungeness River through giant stands of Douglas fir and into the Buckhorn Wilderness. We'll camp in a bright riverside meadow, with a cool creek to splash in, and a hot campfire to warm up by. Led by girls, for girls. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.

431910-01 W-F 9:00a-6:00p 8/19-8/21 \$415

### LAKE ANGELES REMOTE ISLAND GIRLS TRIP NEW!



~3.5 mi/day

3 days

~2,300ft elev. change/day

Ages 13-16. Open to girls of all experience levels, this female-led trip is designed to encourage more girls to engage in the outdoor community in a fun way! It's an uphill hike in, but not too long, and well-graded. Lake Angeles is a beautiful spot to spend a few days, fed by cascading waterfalls, and with a small island right in the middle. We'll bring an inflatable raft, so we can float and check out the island. We'll also have optional hikes to scenic overlooks. Led by girls, for girls. A limited amount of outdoor gear may be available for free for program use from our Outdoor Gearbank. Meet at SHP.

431998-01 W-F 8:00a-6:00p 7/8-7/10 \$415

## **MULTI-SPORT ADVENTURE**

Summers in the Pacific Northwest are the perfect time for sailing, paddling, hiking, mountain biking, and more! It's tough to choose just one, so why choose only one sport if you don't have to? These adventure programs give you the opportunity to experience multiple sports all in one camp! For multi-sport programs, please see page 34.

## **MOUNTAIN BIKING**

For information regarding the type of equipment needed, fitness level requirement, trail difficulty system, registration deadlines. program key, other mountain biking programs/ overnight adventures, and helpful mountain biking information, please visit our MTB FAQs on page 30.

## INTRO TO MOUNTAIN BIKING FOR GIRLS I



Ages 10-15. The Park District and the Bainbridge Island Mountain Biking Club team up to offer two Saturdays for girls to come out and give mountain biking a try. We will have some fun and go over some basics like braking, shifting and cornering. You can bring your own bike and the Park District will also have some loaner bikes on hand. Meets at Jay's Pump Track at Battle Point Park.

FREE 431972-01 Sa 10:00a-12:00p 6/20 8/22 FREE 02 Sa 10:00a-12:00p

#### MOUNTAIN BIKING SKILLS CLINIC

Ages 7-9. Haven't ridden in a while? Not a problem! In a jam-packed afternoon of fun, we'll pick up where riders last left off, preparing them for our summer mountain biking programs. We'll brush up on fundamental techniques, re-familiarize ourselves with our bikes, ride the pump track, and discover the vast mountain biking opportunities that Battle Point Park and the surrounding trails have to offer. After this clinic, riders will have a good idea of what to expect in our week-long summer programs and will be given a recommendation as to which programs are a good fit. Clinics are held at Battle Point Park.

431968-01	W	3:30-5:30p	6/10	\$40
02	W	3:30-5:30p	6/17	\$40