

PLAYFUL WALKS

Every walk can be playful, even if you cover the same ground! The names attached to these walks are often so stimulating to imaginations that entirely new adventures develop.

BIRD WALK - Look for different birds...see if you know them by sight or sound. Look for up for nests.

SOUND WALK- Listen for all kinds of sounds in nature. Close ones, far away ones, soft, harsh, etc.

INCHWORM WALK - Find things that are only an inch big - no more - and still complete.

UPSIDEDOWN WALK- Use little mirrors to see what is under things; inside stumps and rotting logs, etc. Carefully turn over things to see what is under...be sure to carefully replace them after.

RAINY DAY WALK- All decked out in rain gear (or bare feet!) go for a walk. Smell & listen & feel.

SPIDER WEB WALK - This is a good early morning walk; sometimes a camera can record lovely patterns in the dew drops.

PENNY WALK - Heads = left, tails = right; flip the penny at each juncture to tell you which way to go.

FIVE SENSES WALK - Smell, taste, see, hear, touch ...find something with each sense. With an adult

COLOR WALK - Find things all the same color. If you walk in buddies, one side could look for reds, the other for yellows. Or use a paint sample card to match colors in nature.

COOK-OUT / PICNIC WALK – Walk to a certain location and cook/eat your meal.

ALPHABET WALK - Find things that begin with each letter of the alphabet.

NIGHT WALK – With an adult, Using flashlights covered with red tissue paper or bandanna, go quietly on a night walk. Notice the sounds, smells, shadows and stars that are out.

FULL MOON WALK* – On a full moon night with a clear sky. With an adult, Using flashlights covered with red tissue paper or bandanna, go quietly on a moonlit night walk to see the moon. Bring binoculars. Notice the sounds, smells, shadows, and clouds.

**SPRING 2020 Full Moons: Wed, April 8, Thursday, May 7, and Friday, June 5.*

SPRING PEEPER NIGHT WALK – With an adult, go quietly on a night walk. Listen for the sounds of “Spring Peeper” frogs and follow the sound until you locate their pond/ditch/wetlands/lake. Stay on public property.

NATURALIST I.D. WALK - Go out to see how many plants, tree, rocks, critters you can ID without a book or app. Or use resources. to learn what’s out in your area.

POET -TREE WALKS

April is National Poetry Month! Write or copy a favorite short verse, or create one, and find a public tree to hang it on. Use thick paper and permanent marker, some colorful yard or string. Maybe you will inspire others to add theirs!