



## **COVID-19 Reopening Plan for Tennis Lessons and Classes:**

### **COVID-19 Instructors Responsibility**

- Program Instructors will be responsible for ensuring that the COVID-19 Safety Plan is being adhered to.

### **COVID-19 Safety Training**

- A safety briefing must be conducted at the beginning of each lessons/class to reemphasize the protective measures for everyone to include maintaining social distancing, sanitation protocols, and pre-session screening.
- Participant will be informed to wear class attire to lessons/class and bring their own hand towel and water bottle.

### **Pre-Program Screening**

- High risk participants are not permitted as part of Phase 2 re-opening. High risk participants include people over the age of 65, people with serious underlying medical conditions like chronic lung disease, moderate to severe asthma and people who are immunocompromised.
- Place signage at facility entrances to instruct participants that they cannot enter if they have been diagnosed with COVID-19 (have not recovered or are still within the required 14-day quarantine), had symptoms of COVID-19 (within the last 24 hours), or had contact with a person that has or is suspected to have COVID-19 (within the last 14 days).
- A temperature screening and/or questionnaire of participants may occur before each class at the facility entrance.

### **Safety and social distancing practices**

- Social distancing guidelines of at least six feet of separation must be maintained by every person in the program at all times to the greatest extent possible. Place signage at entrances and throughout the courts/facility to instruct clients of the enhanced social distancing requirements.
- Tissues and trash cans must be made available at the courts and/or in the facility.
- Program equipment access may be restricted in order to maintain proper social distancing standards. Frequently clean and disinfect high-touch surfaces, such as program equipment, handrails, gate doors and doorknobs.
- Total number of people in the program, to include staff and participants, will be limited to no more than five people and only if social distancing may be maintained.
- Programs must be staggered to maintain social distancing and limited capacity on the courts and/or in the facility.
- Use every second court where practical.
- Players should maintain physical distancing if changing ends of the court.
- Implement ways to minimize contact between participants and staff.
- Recommend that only one parent/guardian accompany younger children to the courts and/or facility when possible.
- Promote prevention techniques and lead by example.
- No visitors will be allowed during the first or second phase of reopening.



## Sanitation Protocols

- Participants shall be required to bring their own water bottles. Water fountain use shall be restricted to water bottle filling stations only.
- A soap and water station shall be provided for handwashing.
- Hand sanitizer with at least 60% alcohol must be available and distributed at the courts and/or throughout the facility.
- All participants will wash their hands or use facility provided hand sanitizer upon entrance to the courts and/or the facility. This will be confirmed by the instructor.
- Equipment will be sanitized immediately after each use. Sanitation spray or wipes will be dispersed throughout the facility.
- Instructors must wash their hands and use hand sanitizer before and after each class.

## Tennis Balls

- Practice caution with the tennis balls and avoid letting the participants touch them. Although there is no specific evidence that tennis balls can spread COVID-19, we know that contamination by respiratory droplets from an infected person can potentially survive on hard surfaces up to three days.
- Try to restrict balls to a particular group, court or day of the week. One idea is to label them with a permanent marker.
- Replace all balls if someone suspected to have COVID-19 comes in contact with them.
- Consider spraying tennis balls briefly with a disinfectant spray (e.g., Lysol or Clorox) at the conclusion of play. Using new balls on a very regular basis is highly encouraged.
- For private lessons that feature serving, have customers bring two cans of balls that only they handle for serving.

## Tennis Equipment

- Tennis equipment should be touched only by the pro/coach and should be cleaned frequently. Use alcohol-based disinfectant to clean all tennis gear, including racquets, towels, target cones, ball machines, etc.
- Instructors should have their own marked hoppers and teaching charts to avoid sharing with other pros.
- Using a ball machine is a great option for giving lessons, as it avoids having people touch the balls. Using ball tubes and basket pickups to pick up loose balls after a ball machine rotation also limits contact.
- Avoid using unnecessary equipment such as throw-down lines.

## Coaching

- Group coaching should take place only where full physical distancing is possible. Group coaching should be limited to small groups. An exception would be where all participants are family members or are otherwise in one home.
- Instructors/Coaches should be assigned specific courts—and possibly specific days and times.
- Position the players at well-spaced stations.
- Live ball drills and game-based play is recommended over using baskets.
- Limit the use of coaching equipment such as target cones.
- Don't let the players handle any coaching equipment. The coach should pick up the balls.



- Encourage players to use their racquet/foot to push balls back and/or hit them to their opponent to avoid using hands and touching the balls.

### **Employee Protection**

- Screen all employees reporting to work for COVID-19 symptoms with the following questions: \* Have you been in close contact with a confirmed case of COVID-19? \* Are you experiencing a cough, shortness of breath, or sore throat? \* Have you had a fever in the last 48 hours? \* Have you had a loss of taste or smell? \* Have you had vomiting or diarrhea in the last 24 hours?
- Ask employees and trainers to take their temperature at home prior to arriving to work, or take their temperature when they arrive. Thermometers used at the facility shall be 'no touch' or 'no contact' to the greatest extent possible. If a 'no touch' or 'no contact' thermometer is not available, the thermometer must be properly sanitized and disinfected between each use. Any employee with a temperature of 100.4°F or higher is considered to have a fever and must be sent home.
- Staff will be sent home if they're sick or feel sick. If an employee reports feeling sick and goes home, the area where the person worked should be immediately disinfected.
- Staff must wear face coverings and other personal protection items as required by the Washington State Department of Labor & Industries. Training on personal protective equipment based on CDC guidelines and in accordance with the Washington State Department of Health guidelines will be provided.
  - Instructors must wash hands frequently with soap and water and use hand sanitizer.