



Recreation CONNECTION

FALL 2020



REGISTRATION BEGINS AUGUST 26, 9:30am
SEE REGISTRATION INFO 65
TABLE OF CONTENTS 4

Dear Island Residents,

In recent months, the COVID-19 pandemic has impacted every person in our community. The Bainbridge Island Metro Park & Recreation District has gone through numerous changes and has had to stay ready and alert to respond to new public health guidance and government ordinances. Our community has risen to the challenge and has selflessly supported their neighbors, island, and Park District. We are genuinely grateful for your support and encouragement as we navigate uncharted waters together.

Now more than ever, parks and recreation are essential, vital necessities. While distanced, we can stay connected and improve our health and well-being through the restorative qualities parks and recreation offers. The Park District's mission is "to build a healthy community through effective, sustainable stewardship of the District's parks and open space, and through the development and delivery of innovative cultural and recreation opportunities."

Innovation has been at the forefront of our efforts in this tumultuous time. From making difficult decisions for the overall safety of the community, to researching and rethinking new ways to make our recreational programming engaging and accessible, our staff has remained flexible and dedicated to making Bainbridge Island a better place to work, live, and play. We would like to thank all our part-time, seasonal, and full-time staff, as well as our volunteers and interns, for their hard work, agility, and passion.

Thank you for respecting our parks and staff during COVID-19. We ask you to continue supporting our community and staff by continuing to follow our safety guidelines for parks and recreation programs.



Warmly,

A handwritten signature in black ink, appearing to read "Terry Lande", written in a cursive style.

Terry Lande, Executive Director

With the ongoing COVID-19 conditions, the Bainbridge Island Metro Park & Recreation District has had to remain alert and flexible, with programming guidelines changing weekly. As a result of consistently evolving health guidelines, the Park District has decided to move the distribution of the recreation program catalog to an electronic file. The decision to move Recreation Connection to a fully online platform allows the agency the ability to adapt our programs to fit changing government ordinances, while also reducing costs in this challenging time. A limited amount of hard copies will be available for pick-up at the Aquatic Center during operational hours. The online catalog will be updated weekly to reflect the most updated information.



Movies in the Park

Battle Point Park • Transmitter Building • 8:30pm • FREE

August 7 — Frozen 2

August 14 — Star Wars: Rise of Skywalker

August 21 — Onward

August 28 — Jumanji: Next Level

Pack your car full of your favorite snacks and head to Battle Point Park for a drive-in movie with the family! To ensure the safety of all guests, we ask all guests to please remain in your vehicles for the duration of the film. All movies begin at 8:30pm.

Registration Required — Activity #541007



biparks.org • 206.842.2302

This series is made possible by
our generous sponsor:

[HomeStreet] Bank

SPECIAL EVENTS

Movies in the Park	3
Haunted Hayride	5
Holiday at Fay.....	6
Santa's Workshop	57



AFTER-SCHOOL & NO-SCHOOL FUN

All-Day Explorer Camps	11
School Day Play Care Programs	11
No School Days.....	12
Early Release.....	12-13
After School at the Schools	13-14
After School Other Places	14-15



YOUTH

Preschool.....	16
Arts, Crafts & More.....	16
Pottery	16-17
Writing	17
Gymnastics.....	17-20
Fall Soccer.....	21-22
Fitness and Activity.....	23
Leagues	23-24
Sports	24-25
Exercise/Fitness	26
After-School and Camps	26-27
Rock Climbing.....	27
Mountain Biking.....	27-29

REFUND POLICY

Refunds will be in the form of a credit to your household account unless you request a check.

- Programs canceled by the Park District will receive a full refund.
- Refunds will not be granted for requests made after the program is over even with a doctor's note.

Unless a doctor's note is received, the following refund policy applies:

- Requests made 7 days or more prior to start of the program will receive a full refund less a \$10 service charge. The seven-day period does not include the day the class begins (i.e. the seventh day is the day before the class starts). Counting backwards to the first day, a refund request must be received no later than midnight before the first day of the seven-day period.
- No refunds will be granted if requests are received less than 7 days before the start of the program.
- No refunds will be granted if requests are made once the program has started.



DISTRICT NEWS AND UPDATES

Bainbridge Island Parks Foundation.....	7, 59
Staff Spotlight.....	8-9
Battle Point Park Updates.....	58
Trails Crew Thank You.....	60
New Trail Connection.....	61
Duck and Goose Feeding Standards	63

TEEN

Teen Center	30
Fun Activities.....	30-31
Teen Fun	31
Service.....	31

YOUTH & ADULT

Wilderness Programs.....	32
Dayhiking.....	33
Foraging & Wild Edibles	33



ADULT

Art & Craft.....	34
Paper Arts.....	34
Drawing	35
Painting	35-36
Photography	36
Pottery	36-39
Canine	39
Rock Climbing.....	40
Special Interests	41
Exercise & Fitness	41-43
Walking/Running	43-44
Sports	44-45



BOATING

Sailing	46-47
Paddling.....	48-49

AQUATIC

Schedule & Info.....	50-51
Teams	52
Aqua Exercise Classes	53
Specialty Classes	53
Youth Specialty Classes.....	53
Socially Distant Swim Lessons.....	54-55
Swimming Lessons Progressions.....	56

Registration65
Parks Map62

**Office Info, Facility Locations,
Contacts, Extreme Weather
Policy and Holiday Closures,
please see page 66**

**Aquatic Center/Customer Service
206-842-2302**

BAINBRIDGE ISLAND METRO PARK &
RECREATION DISTRICT PRESENTS:

Haunted Hayride

at Battle Point Park



**TUESDAY, WEDNESDAY, AND THURSDAY
OCTOBER 20-22**

Driving times available between 6:00pm-9:00pm
\$20 per vehicle • Registration required • Activity #541004

It's going to be a different ride this year! Enjoy all the spirit and spook from the comfort of your own vehicle. Ride through the "haunted" pumpkin-lined trails of Battle Point Park, where not-too-spooky characters and displays emerge from the shadows.

FAQs and registration available at:

www.biparks.org • 206-842-2302



Holiday at Fay

Enjoy one of Bainbridge Island's favorite parks in a whole new **LIGHT**! Share in the joy of this festive holiday season from the warmth of your own vehicle at our drive-through holiday event at Fay Bainbridge Park!

Drive down the hill listening to your favorite holiday music, and you will be met with an illuminated show of festive cheer! Bring your family, friends, and a thermos of cocoa or hot cider!

FRIDAY-SUNDAY · 5PM-8PM
2ND AND 3RD WEEKENDS IN DECEMBER
\$20 PER VEHICLE · REGISTRATION REQUIRED
ACTIVITY CODE # 541006



biparks.org · 206.842.2302



Pick a Park, have a Summer Adventure,
post your Staycation fun to social media

#bistaycationloveparks

- **Week #1 Picnic & Parks (Aug. 2-8)** | Post your favorite picnic spot in a park or along a trail?
- **Week #2 Park & Play (Aug. 9-15)** | What's the best park to play with your kids, pets & family?
- **Week #3 Surprise & Delight (Aug. 16-22)** | The little things that make you smile at our parks?
- **Week #4 Trees, plants & mushrooms, oh my! (Aug. 23-29)** | Your favorite flora & fauna!
- **Week #5 Read & Relax (Aug. 30-Sept.5)** | Your favorite summer read in the park?
- **Week #6 There's No Place Like Home (Sept. 6-7, Labor Day Weekend)** | Share the park or trail that best reflects Bainbridge Island to you.

Super-great prizes are offered!

biparksfoundation.org/staycation



BAINBRIDGE
ISLAND
PARKS
FOUNDATION 

Staff Spotlight

The Bainbridge Island Metro Park & Recreation District believes that employees and community partners are some of our most valuable resources. The meaningful work and outstanding commitments demonstrated by these people highlight what makes our Park District such an outstanding community asset.



Bainbridge Island Swim Club Coaches

An interview with Swim Team Head Coach Carolyn Ackerley.

The Pacific Northwest Swimming organization recognizes swimming coaches throughout the northwest, and gives three coaching awards per year for different categories. 2019 marks the first year where all awarded coaches were a part of the same swim program. The awards given are as follows:

Senior Coach of the Year - Carolyn Ackerley
Age Group Coach of the Year - Leilani Tonsmann
Development Coach of the Year - Kate Carr

QUESTION: How did BISC get its start, and how is it different from other swim teams?

ANSWER: The Bainbridge Island Swim Club was started in 1971 by a coach named Joe Black. Joe was an island resident with a swimming background, and started the club with a common goal among coaches to pay forward the gifts that swimming provides. Over the years, Link Bergen, Jane Swanson, and Bob Miller served as coaches, and somewhere along the way it became a Park District club. I was given the head coach position in 2011, after being an assistant coach for about ten years.

Our club is unique in the Pacific Northwest for two main reasons: it's structure as a Park District team, and our fundamental philosophy of developing a growth mindset. As a Park District program, our swim team is offered primarily as a service to our community members. Our staff of coaches does a thorough job of teaching swim skills and goal setting in a progressive manner so that kids have the opportunity to pursue their dreams. The kids never stop learning...even those who have gone on to compete for TEAM USA. The culture of the team is one of good health and hard work, and the kids have a lot of fun being together.

QUESTION: How has this pandemic shaped your swim team, and what have you done to keep momentum going?

ANSWER: The pandemic has been incredibly challenging! Leilani and Kate were furloughed three months, and I was also on partial furlough, due to financial hardships for the Park District. For three and a half months, I ran a swim team without access to a pool. I developed an online dry-land exercise program run through Zoom to help kids stay physically fit and connected to each other. I started a leadership program called Lane Leaders to guide kids in mentoring our young swim team members, and also developed an educational platform for teaching development of self-confidence. I created trivia games to bring families together on Friday nights. Basically, I was doing everything I could think of to ensure we would still have a team when the pool reopened. Reopening the pool in July meant we could bring Leilani and Kate back to work, and the kids on our team perceive having pool time to swim as a great privilege. I am grateful for the support of the families who share my desire to keep this team afloat. None of this would be possible without unanimous buy-in!

QUESTION: What was your reaction to learning you had won all three coaching awards, and what does this award mean for your future?

ANSWER: It is both humbling and an honor to be recognized for hard work. It is humbling because we are all keenly aware that it takes many people to make a successful program: from the Aquatics Manager who provides us pool time, to the parents of the kids who support our meets, Bainbridge Island Swim Club has a big group of people who are working well together and producing great results! Being honored among successful peers is very special because it means that coaches from other teams (coaches that we respect) in our area think we are doing something special with our team. Having all three of our coaches win Coach of the Year awards means that we have developed a successful program at the novice, age-group, and senior levels. I am extremely happy to see Kate Carr and Leilani Tonsmann recognized for their hard work, because for many years they have done developmental work with kids that enable them to reach the extreme results we are seeing now. We have two kids who are among the top 100 in the world, one boy who now competes for the USA Junior team, as well as a number of kids who compete at nationals, and others who will compete for their colleges. These performances are a highlight reel of the daily tutelage that has been going on for years. It is not lost on any of us that many coaches do great work without receiving the accolades we are now experiencing – so there must be some luck involved somewhere!

QUESTION: What is your favorite or most rewarding aspect of coaching your teams?

ANSWER: I love being part of a process that develops courage to meet and exceed expectations. I enjoy helping people realize hard work pays off! I want kids from our swim team to go on in life to take on big challenges, to make our society better, and be good human beings. I don't want to overestimate the role of swim team in a person's life, but I do think it helps develop the right mindset.

QUESTION: What is one lesson or piece of advice you try to teach your swimmers?

ANSWER: Leave fear behind. You can do anything!



Learn more about our swim coaches and the
Bainbridge Island Swim Club at biaquatics.org!



REMARKABLE SAFE CARE WHERE YOU LIVE, WORK & PLAY.

Virginia Mason Bainbridge Island Medical Center provides primary and specialty care for all ages with daytime, evening and weekend appointments available to fit your busy lifestyle. And we're not only in your neighborhood, but most likely in your network.

- Acupuncture
- Behavioral Health
- Bone Density Screening
- Cardiology
- Concierge Medicine
- Dermatology
- Endocrinology
- Family Practice
- Healthy Aging
- Internal Medicine
- Integrative Medicine
- Lab
- 3D Mammography
- Nutrition Services
- Orthopedics
- Physical Therapy
- Podiatry
- Prenatal and Newborn Care
- Radiology
- Rheumatology
- Sleep Medicine
- Sports Medicine
- Travel Medicine
- Ultrasound
- Weight Loss Management

Virginia Mason Bainbridge Island Medical Center
1344 Wintergreen Lane NE, Bainbridge Island
206-842-5632

VirginiaMason.org/Bainbridge



Virginia Mason
Bainbridge Island Medical Center

©2020 Virginia Mason

ALL-DAY EXPLORER CAMPS & SCHOOL DAY PLAY CARE PROGRAMS

Ages: 6-10 (Grades K-5) and Grades 5-12. When school is out or distance learning is in... ALL-DAY EXPLORERS are there!

For those long in-school days or holidays, the Park District offers families a recreational all-day option. With a variety of fun, interactive, and educational themes, kids will be excited to share what they've been up to. Our All-Day Explorers enjoy daily group games, sports & fitness, hands-on science, the arts, crafts, individual free-choice activities, and study time. All-Day Explorer programs are held both indoors and out, weather permitting. Explorer Camp is held both indoor and out, weather permitting. Join us for safe, supervised, and memorable camp experiences. AQ and BISD Elementary School sites.

School Day Play Care Drop-off begins 7:30
Structured distance learning activities from 7:50a-2:20p

Pickup at 2:30p
Explorer Play Care home base at every elementary school gym/commons.

CONFERENCE DAY EXPLORERS: SPOOKY SPECIAL EFFECTS!

Don't let parent/teacher conferences scare you! Explore the world of spooky special effects in this two-day conference week camp! Learn some tricks about lighting, props, make-up, video, snacks, and more, then collaborate with fellow Explorers on a creative project. Take home what you've learned and decorate your own space or spectacular "Trunk-or-Treat" vehicle. AQ

500101-01	Th-F	7:00a-6:00p	10/22-10/23	\$190
-----------	------	-------------	-------------	-------

VETERANS DAY EXPLORERS: STARS & STRIPES & SUPERHEROES!

Veteran's Day is perfect for exploring make-believe and real-life heroes. With masks and capes and camouflage, we'll design and conquer an epic obstacle course, meet challenges, and discover our own superpowers. We'll draw comics, play, and pretend to fly. We'll even set aside some time for making and delivering thank-you cards to some local heroes. AQ

500101-02	M	7:00a-6:00p	11/19	\$95
-----------	---	-------------	-------	------

WINTER BREAK EXPLORERS: HOLIDAYS AROUND THE WORLD!

Explore winter holiday traditions around the world! From indoor games and crafting gifts to traditional snacks and wonderful legends, it will be a globe-trotting whirlwind of a short 3-day week! AQ

500101-04	M-W	7:00a-6:00p	12/21-12/23	\$240
-----------	-----	-------------	-------------	-------

NEW YEAR ALOHA!

Aloha! can mean both "goodbye" and "hello"—perfect for the new year. It may be cold outside, but Explorer base camp is warm and decorated for the tropics. Enjoy Island-inspired snacks and activities as we say goodbye to 2020 and welcome 2021 with a party when the ball drops at 12:00 noon. Wear your best flowered print and join us for a short week of Winter Break fun, Island-style. AQ

500101-05	M-Th	7:00a-6:00p	12/28-12/31	\$320
-----------	------	-------------	-------------	-------

MLK DAY EXPLORERS: SERIOUS PLAY!

All-Day Explorers will spend their day off school as a day "on" giving small service to their community in honor of Dr. King. In between outdoor games, indoor play, and crafting, campers will choose from several small community service projects. AQ

500101-06	M	7:00a-6:00p	1/18	\$95
-----------	---	-------------	------	------

ALL-DAY EXPLORER "PLAY CARE!" NEW! Grades K-4

When Elementary school work can happen anywhere...EXPLORER PLAY CAMP is where to be! We have a site for every public school. For those distanced learning fall school days, the Park District offers families an all-day, supervised option for a limited number of distanced "pods". Join us for safe, supervised, and productive school days with a focus on fun. Our All-Day Explorers will enjoy basic tech support for their devices and lesson access (no tutoring), sports & fitness breaks, outdoor and nature activities, crafts, and individual free-choice

Holiday Camp Flexible Drop-off between 7:00-9:00a
Structured Camp activities from 9:00a-4:00p

Flexible Pickup between 4:00-6:00p
Explorer Camp home base: Nakata B room, at the Aquatic Center

activities. Please bring a lunch, snacks and water bottle daily. Drop off begins at 7:30a (7:50a Elementary school start) Pick-up 2:30p. Held in the gym, and outdoor areas at Ordway and Woodward.

BLAKELY/WILKES at Woodward

500104-21	M-F	7:30a-2:30p	9/14-9/18	\$290
22	M-F	7:30a-2:30p	9/21-9/25	\$290
23	M-F	7:30a-2:30p	9/28-10/2	\$290

ORDWAY/ODYSSEY

500104-31	M-F	7:30a-2:30p	9/14-9/18	\$290
32	M-F	7:30a-2:30p	9/21-9/25	\$290
33	M-F	7:30a-2:30p	9/28-10/2	\$290

*No Play Care 10/22-23

**No Play Care 11/11 or 11/25-27

PLEASE CHECK ONLINE FOR MONTHLY POD SECTIONS ACTIVITY #500103 \$1150

SCHOOL DAY STUDY HALL NEW!

Grades 5-12

When students are old enough study on their own but would prefer some company — SCHOOL DAY STUDY HALL is where to be! We have separate spaces for grades 5-6, 7-8, and 9-12. For those distanced-learning fall school days, the Park District offers families of teens and pre-teens an all-day, supervised option for a limited number of distanced "pods". Join us for social, supervised, and productive school days. Study Hall students will enjoy basic tech support for their devices and lesson access (no tutoring), sports & fitness breaks, outdoor activities, art, and individual free-choice activities. Please bring a lunch, snacks and water bottle daily. Drop-off begins 7:45a (8:05-8:20a schools start) and pick-up by 3:00p. Held in the Nakata classrooms at the Aquatics Center, BHS courts, and adjacent outdoor areas.

INTERMEDIATE Grades 5-6

570101-21	M-F	7:45a-3:00p	9/14-9/18	\$252
22	M-F	7:45a-3:00p	9/21-9/25	\$252
23	M-F	7:45a-3:00p	9/28-10/2	\$252

MIDDLE SCHOOL Grades 7-8

570101-31	M-F	7:45a-3:00p	9/14-9/18	\$252
32	M-F	7:45a-3:00p	9/21-9/25	\$252
33	M-F	7:45a-3:00p	9/28-10/2	\$252

HIGH SCHOOL Grades 9-12

570101-41	M-F	7:45a-3:00p	9/14-9/18	\$252
42	M-F	7:45a-3:00p	9/21-9/25	\$252
43	M-F	7:45a-3:00p	9/28-10/2	\$252

*No Play Care 10/22-23

**No Play Care 11/11 or 11/25-27

WEEKLY POD OPTION

For a flexible, budget-friendly choice, All-Day Study Hall offers a weekly pod option! We'll utilize small, stable pods of students with 1 staff per COVID-19 Phase guidelines. Space is limited. Due to contact limitations, no drop-in or single-day enrollment is available. Weekly registrations opens 4 weeks prior, ongoing. Funds are available to help with registration costs, please contact Shannon Buxton at shannon@biparks.org.

PLEASE CHECK ONLINE FOR MONTHLY POD SECTIONS ACTIVITY #570100 \$985

AFTER-SCHOOL & NO-SCHOOL FUN



WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

NO SCHOOL DAYS

PARKERS PACK CAMPS

These camps are incredibly fun! They are filled with sports, fitness, activities, games, crafts, hikes, free play, and much, much more. Our awesome staff is excited to provide a safe and inclusive environment where kids will be active, involved, experimenting, creating and exploring, but most of all, they'll be having a blast.

HALLOWEEN COLOR CRAZE **NEW!**

Ages 5-10. At our Color Craze Camp, participants will be divided into teams each day, each of which is assigned a team color. Then, teams compete against each other in fun Halloween challenges, activities and events to earn points. We will tally points at the end of camp, and the winning team will get a Halloween surprise. SHP

510003-01	Th-F	9:00a-3:00p	10/22-10/23	\$168
-----------	------	-------------	-------------	-------

CONFERENCE DAY SPOOKY COOKIES

Ages 8-14. Serious budding pastry chefs can spend an afternoon learning cookie art and decorating some amazing fall holiday cookies! Whether beautifully detailed leaves or glassy zombie eyeballs are your style, there will be delicious fun and skill-building for everyone in the Strawberry Hill kitchen. Kristin Raught instructs. SHC

570248-01	Th	1:00-4:00p	10/22	\$45
-----------	----	------------	-------	------



EARLY RELEASE

PARKER'S PACK — AFTER-SCHOOL CLUB

Join the fun! Be a part of our new Parker's Pack – After School Club. Our club is right after school, right at your school for your convenience. Our staff will provide a nurturing environment with opportunities to reinforce learning from school, teach social skills and encourage good citizenship.

****For no school days check out our Parker's Pack Camps.**



AFTER SCHOOL CLUB — SPORTS, FITNESS, FREE TIME, FRIENDS, FUN

Exercise releases natural substances like dopamine and serotonin that help improve your child's sense of well-being. Playing sports and having free time with friends is also a fun way to alleviate stress associated with every day academic pressures. Our after school club provides kids a safe place to play, grow and relax. **Class held outside as much as possible.**

WILKES

510201-01	F	1:15-3:30p	9/18-10/16	\$105
02	F	1:15-3:30p	10/23-11/20	\$105
03	F	1:15-3:30p	12/4-12/11	\$84

ORDWAY

510204-01	F	1:15-3:30p	9/18-10/16	\$105
02	F	1:15-3:30p	12/4-12/11	\$105
03	F	1:15-3:30p	12/4-12/11	\$84



TENNIS LESSONS

Our tennis staff will teach your kiddos proper techniques in a fun, positive and encouraging way. Tennis racquets provided. We will tally points at the end of camp, and the winning team will get a Halloween surprise.

SAKAI — MONDAY — BHS COURTS

510203-01	M	2:50-4:00p	9/14-10/12	\$105
02	M	2:50-4:00p	10/19-11/16	\$105
03	M	2:50-4:00p	11/23-12/14	\$84



AFTER-SCHOOL & NO-SCHOOL FUN



MONDAY UKULELE CLUB

Grades 2-4. Spend your Monday afternoon learning ukulele and jamming at the Rolling Bay Center (formerly Island Music Guild) with strings instructor Randy Parris. All levels welcome. Must provide own instrument. 10 weeks. IMG **CON-TRACTOR**

570288-01	M	1:00-2:00p	9/28-12/7*	\$175
-----------	---	------------	------------	-------

*No club 11/23

AFTERSCHOOL ART RECESS FOR GRADES 3-4

Interested young makers can spend focused time exploring different materials and styles while creating wonderful pieces and projects to take home. Painting, print-making, fabric art, drawing, beads, wire, clay, and more. Varies each session. Materials provided. Time for game breaks too! SHC

570266-07	F	2:00-3:30p	10/2-10/30	\$80
08	F	2:00-3:30p	11/6-11/20	\$60



MTB CLUB — FRIDAYS @ STOTTMMEYER

Ages 10-14. Explore 6,000 acres of some of the best mountain biking terrain west of the Cascades! Participants' skills will improve each week as we ride incredible single track, learn how to negotiate obstacles, jumps, cut through mud, and explore the terrain. Parents/Guardians are responsible for providing transportation to and from the trailhead.

531949-01	F	3:00-5:00p	9/18-10/9	\$175
02	F	3:00-5:00p	10/16-11/6	\$175
03	F	3:00-5:00p	11/13-12/4	\$175

AFTER SCHOOL AT THE SCHOOLS



PARKER'S PACK — AFTER-SCHOOL CLUB

Join the fun! Be a part of our new Parker's Pack – After School Club. Our club is right after school, right at your school for your convenience. Our staff will provide a nurturing environment with opportunities to reinforce learning

from school, teach social skills and encourage good citizenship.

****For no school days check out our Parker's Pack Camps.**

TENNIS LESSONS

Our tennis staff will teach your kiddos proper techniques in a fun, positive and encouraging way. Tennis racquets provided We will tally points at the end of camp, and the winning team will get a Halloween surprise.

WILKES — TUESDAY

510209-01	T	2:45-3:55p	9/15-10/13	\$85
02	T	2:45-3:55p	10/20-11/17	\$85
03	T	2:45-3:55p	11/24-12/15	\$68

ORDWAY — THURSDAY

510210-01	Th	2:45-3:55p	9/17-10/15	\$85
02	Th	2:45-3:55p	10/29-11/19	\$68
03	Th	2:45-3:55p	12/3-12/17	\$51

BLAKELY — WEDNESDAY

510205-01	W	2:45-3:55p	9/16-10/14	\$85
02	W	2:45-3:55p	10/21-11/18	\$85
03	W	2:45-3:55p	11/25-12/16	\$68



AFTER-SCHOOL & NO-SCHOOL FUN



AFTER SCHOOL ULTIMATE FRISBEE

Grades 5-8. Play Ultimate Frisbee! Players will learn throwing, catching, cutting and other skills. Each practice will include both drills and games. This program is coed. All skill levels welcome. Each participant receives their own Frisbee.

SAKAI — TUESDAY

511300-01 T 3:15-5:00p 9/15-10/13 \$95



ONLINE PAINTING PARTIES!

Our newest art program will have you creating a masterpiece in two fun-filled hours!

Activity #566549

AFTER SCHOOL OTHER PLACES

AFTER SCHOOL DISC GOLF **NEW!**

Grab 4-5 of your friends, your discs, water bottle, hand sanitizer and your face mask and join us for some fun after school disc golf. All levels welcome. Phase 2: Pods of 5 kids max. Our staff will oversee play. We'll track scores each week and at the end of each session the top 3 players with the lowest scores will receive a prize. BPP

Grades 3-5

510211-01	M	2:45-4:00p	9/14-10/12	\$85
02	M	2:45-4:00p	10/19-11/16	\$85
03	M	2:45-4:00p	11/23-12/14	\$68

Grades 5-6

510211-01	Th	3:00-4:15p	9/17-10/15	\$85
02	Th	3:00-4:15p	10/29-11/19	\$68
03	Th	3:00-4:15p	12/3-12/17	\$51

Grades 7-8

510211-01	T	3:00-4:15p	9/15-10/13	\$85
02	T	3:00-4:15p	10/20-11/17	\$85
03	T	3:00-4:15p	11/24-12/15	\$68

TINY TRAILS CONTINUED ●

Ages 5-7. Explore Battle Point Park's paved, graveled, dirt trails, and paths while learning and practicing a variety of bike safety skills. Riders will be taught the basics of braking and shifting, as well as some techniques to help improve balance, control, and confidence on the bike. We will cover bike safety checks, helmet and equipment checks, as well as how to safely and respectfully share the trail with other trail users. Meet at BPP.

531978-01	W	3:00-5:00p	9/9-9/30	\$150
02	W	3:00-5:00p	10/7-10/28	\$150

AFTER-SCHOOL PADDLE CAMP

Ages 5-7, 7-10. Each week, kids will explore the waters and beaches around Bainbridge Island, play games & activities, discover local marine life, and improve their paddling skills. Instructors will introduce everyone to a variety of kayaks, canoes and paddle boards, helping kids get comfortable and confident. District Swim License required, see FAQs for details.

AGES 5-7

530758-01	W	3:00-6:00p	9/9-9/30	\$195
-----------	---	------------	----------	-------

AGES 7-10

02	Th	3:00-6:00p	9/10-10/1	\$195
----	----	------------	-----------	-------

SEWING CIRCLES FOR GRADES 3-8



Beginning and experienced sewers will have fun learning about machine and hand sewing through practice, creative projects, pattern creation, and items to keep or share! Includes simple machines and all tools. SHC

570220-03	T	3:30-5:00p	9/15-10/20	\$110
05	T	3:30-5:00p	10/27-12/8**	\$110

**No class 11/24



AFTER-SCHOOL & NO-SCHOOL FUN



ESPORTS RDY CLUB FOR GRADES 5-8

Clubs for Nerds and Aspiring Gamers. Get eSports ready! While some believe video gaming is child's play, mastering an eSport requires focus, strategy, teamwork, and most importantly, a deep understanding of the balance within each game. In these guided (face-to-face) practice sessions, participants will be able to compete in multiplayer competitive online games as part of a team under the tutelage of Eryn Cohen, nationally ranked League of Legend player. This program will enhance their threshold before tilting, ability to perform under pressure, coordination, memory, problem-solving, and social skills. Participants may bring their own computer or use one of the custom gaming computers supplied by the Park District. eSports can be a pathway to fun, friendship, and even college. With more than 80 universities currently handing out scholarships to players, this is worth some practice time. Online from home + scheduled coaching at AQ Nakata A.

FALL SESSION – HYBRID ONLINE

Hone your skills at whatever competitive online game you play! 10 weeks.

572664-01 F 3:30-5:00p 9/11-11/20* \$150

* No club 10/23

MTB CLUB - TUESDAYS ON B.I.

Ages 7-10. Get ready to hit those trails! This weekly riding group is built for young riders who love to use their mountain bike. We will ride and explore trails in the Grand Forest, Hilltop, and Battle Point areas. Focus of this Tuesday group is less about instruction and more about enjoying the ride. Drop off is at Grand Forest East Parking area and pick up is at Grand Forest West on Miller Road.

531950-01	T	3:30-5:00p	9/15-10/6	\$119
02	T	3:30-5:00p	10/6-11/3	\$119
03	T	3:30-5:00p	11/10-12/1	\$119

AFTER-SCHOOL ADVENTURE PADDLES

Ages 10-14. Ideal for all levels of tween and early teenage paddlers, this program helps youth develop and expand upon their paddling skills, focusing on destination paddles around Bainbridge's shoreline. Instructors will introduce everyone to a variety of kayaks, canoes and paddle boards, helping participants get comfortable and confident. Specific skills will be taught before embarking towards each day's paddle destination. Youth should feel accomplished and proud of their day's adventure, building up to bigger and longer adventures. Class may meet at various on-island paddling locations on different weeks based on conditions and group ability. District Swim Test required, see FAQs for details.

530710-01 T 3:45p-6:45p 9/8-9/29 \$195

RS TERA BEGINNER IN PT. MADISON

Ages 10-14 & between 65-150 lbs. The Park District is thrilled to have a new fleet of RS Teras to offer youth sailors in the fall. Teras are also great for sailors who want to sail solo or for two lightweight youth sailors who want to sail together. These fun new roto-molded, colorful dinghies have furling mains with vertical battens to reduce sail area on windy days and open transoms so the cockpits won't fill up with water if sailors happen to capsize! The first day we will introduce rigging procedures, terminology, and get comfortable with the boats at the dock before practicing capsizing recoveries. During the remaining five classes, sailors will learn about wind direction, sail trim, getting out of irons, docking, tacks vs. jibes, and body position in the RS Tera. This class is a prerequisite for RS Tera Intermediate and can be repeated until sailors are confident and competent with essential sailing skills. District Swim License required. Meet at Hidden Cove Park.

530763-01 M 3:45-6:15p 9/14-10/19 \$275

RS TERA INTERMEDIATE IN PT. MADISON

Ages 10-14 & between 65-150 lbs. If you liked RS Tera Beginner or you've taken double-handed FJ classes already and want to try soloing, RS Intermediate may be the next sailing class for you! Review and build upon skills as you take everything to the next level: rigging for different wind conditions, sail trim for speed, sailing efficiently upwind and downwind, intro to roll tacks and jibes, stopping and accelerating, anticipating puffs, basic sailing rules, and knots. No matter how many times you take RS Tera Intermediate, individualized instruction ensures classes are fun, engaging, and challenging. This class is an excellent way to prepare for future Intermediate/Advanced RS Tera classes, next summer's Tuesday evening/Saturday Dinghy Sails, and the high school sailing team! Prerequisite for RS Tera Intermediate: RS Tera Beginner or equivalent experience. District Swim License required. Meet at Hidden Cove Park.

530764-01 W 3:45-6:15p 9/16-10/7 \$275



TEEN CENTER FALL HOURS

Monday 2:00-6:00p

Tuesday-Thursday 3:00-6:00p

Friday 3:00-8:00p

Closed

Saturdays, Sundays, and 9/7, 11/11, 11/26-27,
12/23-25, 12/30-1/1

At staff's discretion, and due to participation, the teen program hours may change for closing earlier or later.

YOUTH



WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

PRESCHOOL

SOUND BEGINNINGS MUSIC CLASS

Ages 0-5 with a parent. Parents and preschoolers learn to play and interact in a nurturing, loving way through folk songs, finger plays, story books, and circle games. Practice rhythm, ear-training, singing, and academic skills – all nestled safely in beautiful music. Now that's a sound beginning for your child! Lead by experienced teacher Gina Weibel, MS.

ONLINE

WITH ONE CHILD

571806-01	Th	11:00-11:30a	9/10-10/22	\$100**
03	Th	11:00-11:30a	10/29-12/17*	\$100**

FAMILY

571807-01	Th	11:00-11:30a	9/10-10/22	\$130**
03	Th	11:00-11:30a	10/29-12/17*	\$130**

*No class 11/26

** \$36 materials fee for book/instrument/CD



KIDS CAN COOK!

Ages 5-10. Young people can join author and nutritionist Cait James in the kitchen for fun, hands-on lessons in healthier food choices and preparation. When kids are ready to discover the independence of making their own snacks, meals, and treats, they are ready to be in the kitchen with Cait where Kids Can Cook! SHC

HEALTHY HOLIDAY BAKING!

Young cooks will learn the secrets to delicious, healthier quick breads and muffins, perfect for gift-giving!

570249-07	Sa	10:00a-2:00p	11/7	\$45
08	Sa	10:00a-2:00p	11/14	\$45

SEE ALSO CONFERENCE DAY SPOOKY COOKIE CLASS PAGE 12

POTTERY

REMINDER: YOUNG ARTISTS 16 AND OLDER MAY REGISTER FOR ANY ADULT CLASS/WORKSHOP WITH INSTRUCTOR PERMISSION.



HAND BUILDING & WHEEL THROWN

Ages 9-13. Taught by Elena Wendelyn. Youth throwing classes focus on wheel techniques, as well as the development of form by combining thrown pieces with hand-built parts. A variety of glazing techniques are used including decorative brush work. For safety reasons, please tie back long hair and do not wear sandals. 6 wks. ED

522008-01	T	4:00-5:30p	9/8-10/13	\$115
04	T	4:00-5:30p	10/20-12/1*	\$115

*No class 11/24

SCULPTURE & CLAY HAND BUILDING

Ages 7-11. Taught by Elena Wendelyn. A mix of instruction, tools and techniques of coil, slab and sculpture, along with the child's imagination and creativity will ensure the magic of the creative process, fun and finished pieces. This session will focus on creating masks, animals and a figurative sculptured form. 6 wks. ED

522007-01	Th	4:00-5:30p	9/10-10/15	\$115
05	Th	4:00-5:30p	10/22-12/3*	\$115

*No class 11/26

ARTS, CRAFTS & MORE



ELVES GIFT WORKSHOP!

For ages 8-12. This whimsical workshop is a wonderful opportunity for kids to create gifts for the special people in their lives, in honor of whichever winter holiday they celebrate (or don't). Busy young crafters will choose four to six fun projects including wrapping & cards, enjoy warm beverages & game breaks, and have fun in the classroom and cabin of the Yeomalt forest. With individual work spaces and supplies, we will maintain safe distances as we work our gifting magic. CY

570257-05	Sa	1:00-4:00p	11/21	\$60
-----------	----	------------	-------	------



YOUTH

YOUTH CLAY CLUB **NEW!** ★

Ages 11-15. For those creative youth who have taken past instruction at Eagledale, have strong pottery skills and experience, and are ready to progress to independent supervised time in the pottery studio, the Youth Clay Club is a challenging alternative to a traditional weekly class. Supervision shared by Elena Wendelyn and studio staff. For safety reasons, please tie back long hair.

10 wks. ED

522015-01 Th 3:00-5:00p 9/17-12/10* \$115

*No club 11/26



PARENT-CHILD FRIDAY CLAY PLAY

Ages 5+ with parent. Taught by studio staff. Fun, creative 2-afternoon workshops resulting in beautiful, handprint-based keepsakes and whimsical pieces. Simple guided projects and free play with clay will make giggles and memories! No previous clay experience needed! ED

FUN WITH LEAVES!

522009-03 F 3:30-5:00p 9/11 and 9/25 \$40

FUN WITH LANTERNS!

522009-03 F 3:30-5:00p 10/9 and 10/23 \$40

FUN WITH SNOWFLAKES!

522009-05 F 3:30-5:00p 11/6 and 11/20 \$40



WRITING

CREATIVE WRITING WORKSHOP

Ages 8-12. In this 4-week Zoom workshop, we'll explore our creative superpowers! We'll look at examples of good writing, delve into heroes and villains, and write stories from our own imaginations. Bring your ideas or use a fun prompt to get started. Share your work aloud in the Zoom Author Circle. Children's author Margaret Nevinski brings her expertise and love of words. All writing levels welcome!

570502-01	W	4:00-5:30p	9/23-10/14	\$65
02	W	4:00-5:30p	10/28-11/18	\$65



GYMNASTICS

Due to the current phasing, guidelines and restrictions related to Covid-19, many of our classes have been changed. Classes have also had an increase of \$5 due to added amounts of cleaning supplies and PPE needed to run classes safely.

The developmental gymnastics program helps to introduce and refine total body awareness, strength and coordination. A child may enter the program at age 6 months and work through the progressive classes, including a competitive team until age 19. Because gymnastics classes are offered all year, we have the opportunity to instill in children the need for physical activity as a lifestyle. It also allows us to equip the children with basic fundamental movement skills conducive to each developmental stage.

SESSION I: SEPT. 14-OCT. 17 (5 WEEKS)

SESSION II: OCT. 19-NOV. 21 (5 WEEKS)

***NO CLASSES HELD: NOV. 12**

***NO EVENING CLASSES HELD AT TRANSMITTER**

BUILDING: OCT. 20, 21, 22

SESSION III: NOV. 30-DEC. 19 (3 WEEKS)

ALL CLASSES ARE ELIGIBLE FOR HELPLINE UNLESS IT IS NOTED AT THE END OF THE CLASS DESCRIPTION.

YOUTH



DIRECTIONS TO THE TRANSMITTER BLDG

From Winslow, drive north on SR-305. Turn left on Day Road and stay left onto Miller. Follow Miller Road for about 1 ½ miles, then turn right on Arrow Point Drive. Continue on Arrow Point Drive until the entrance to Battle Point Park. Turn left into the park; the Transmitter Building will be located directly ahead. Parking will be around the loop next to KidsUp! Playground.

LOCATION OF BHS GYMNASTICS ROOM

Gymnastics Room is located directly across the parking lot from the pool back doors or in back of the high school.

PARKING for Gymnastics Room: Please use the pool parking area during day hours 9:00a-3:00p and walk to the gym using the sidewalk west of the pool parking lot. Evening classes may use the parking area outside the gymnastics room. Parking is also available by the Commodore Facility located on High School Road down the hill from the high school reader board. Spectator seating area is on the balcony located at the back of the gym. Please use the south entrance to the gym when at all possible to help control the traffic flow in the gym. Be aware of the parking lot in the evenings; there are many cars that drop off children to the gymnastics room or school events. These drive-through areas are congested and drivers need to be aware of other vehicles, especially pedestrians.

WARM-UPS

Warm-ups and basic skill repetitions are held during the first 10 to 15 minutes of class. These are important for assurance of muscle safety and memory retention. To reduce risk of injury, it is essential that children participate in these warm-up exercises. Please be fair to the other children, your child, and the instructor by arriving on time. **Late Policy:** If you find that you are going to be more than 10 minutes late for recreational classes, we ask that your child not participate that day. Please do not place our instructor in the situation of turning away your child for this reason. What to wear: Girls; leotard or one-piece bathing suit with or without shorts, hair up and jewelry off. Boys; shorts or sweats with shirt, jewelry off. Please no buttons or zippers.

INDIVIDUALIZED INSTRUCTION

Special one-on-one instruction. Call the gymnastics department to request your lesson day/time and instructor 206-842-2306 #126. Instructors will then call to give details and to arrange times.

COST: \$50/45 minutes for individual.

\$75/60 minutes for individual.

Add \$5 for extra child from immediate family (one only).

YOU CONSTRUCT

CREATE A CLASS

Set up your own class. with friends and family you have been with during the Covid-19 experience Special instruction just for a group you put together. The class must consist of five or more enrolled participants. Minimum of three classes per group. Email the gymnastics department to request your lessons at jason@biparks.org.

COST: \$14/child/class, for a 30-minute class

\$17/child/class, for a 45-minute class

\$20/child/class, for a 60-minute class

SCHOOL DAY CARE

SCHOOL DAY GYM/NINJA-CARE

Ages Kindergarten-6th grade. The kids are back to school but still at home. We can help. Although we are not schoolteachers, we can offer recreational enrichment, as well as supervision for the time the kids need to be online. The kids can come to either the BHS Gymnastics Room or the Transmitter Building for half or full day care. Our instructors will be able to supervise the children while they are participating in their online schooling, then take them through fun gymnastics and ninja warrior-style training during the times they have breaks.

Half Days:

AM: M-Th 8am-12pm and F 8am-1pm; \$275 per week

PM: M-Th 12-4pm and F 8am-1pm; \$275 per week

Full Days:

M-Th 8am-4pm and F 8am-1pm; \$400 per week

541544-10	T-F	9/8-9/11 BHS Gymnastics ½ day AM	\$223
11	T-F	9/8-9/11 BHS Gymnastics ½ day PM	\$223
12	T-F	9/8-9/11 BHS Gymnastics full day	\$314

16	M-F	9/14-9/18 BHS Gymnastics ½ day AM	\$275
17	M-F	9/14-9/18 BHS Gymnastics ½ day PM	\$275
18	M-F	9/14-9/18 BHS Gymnastics full day	\$400

22	M-F	9/21-9/25 BHS Gymnastics ½ day AM	\$275
23	M-F	9/21-9/25 BHS Gymnastics ½ day PM	\$275
24	M-F	9/21-9/25 BHS Gymnastics full day	\$400

More weeks to be available soon



WINTER BREAK MINI-CAMPS

CHEER STUNTING & TUMBLING CAMP

Ages 6-18. This clinic is for those participating in cheer programs, and even those who are planning to. Participants will be taught stunting and tumbling skills based on their skill set (beginning-advanced). BHS Gymnastics Room.

541584-01 M-W 2:00-4:00p *12/21-12/23 \$102



YOUTH

TUMBLING CAMP

Ages 6-17. This camp offers the student opportunities to learn tumbling skills using the mini tramp, tumbl trak, and mats. Students will be introduced to a wide variety of skills ranging from gymnastics base skills, to dance, and street running/parkour tricking. BHS Gymnastics Room.

541547-01	M-W	2:00-4:00p	12/28-12/30	\$102
-----------	-----	------------	-------------	-------

SPECIALITY CLASSES

LATE POLICY:

If you find that you are going to be more than 10 minutes late for a class, we ask that your child(ren) not participate that day. Warm-ups and basic skill repetitions are held during the first 10 to 15 minutes of class. These are important for assurance of muscle safety and memory retention. To reduce risk of injury, it is essential that your child(ren) participate in these warm-up exercises. Please be fair to the other participants, your child(ren), and the instructor by arriving on time.

CHEER & GYMNASTICS

Ages 12-17. Students will learn gymnastics skills on floor and trampoline to help enhance their Cheer tumbling. Example skills are aials, back and front hand-springs and round-offs, plus stunting. BHS Gymnastics Room.

541562-01	Su	1-2p	9/19-10/17	\$86
02	Su	1-2p	10/24-11/21*	\$86
03	Su	1-2p	12/5-12/19	\$46

*No Class 11/11



HANDSPRING & TUMBLING CLASS

Ages 6-17. This class will focus on back handsprings and front handsprings along with other aspects of tumbling. Students will be taught how to do handsprings and other tumbling skills along with the drills, techniques flexibility and strength training to perform them properly. Transmitter Building

541545-01	Th	5:00-6:00p	9/17-10/15	\$86
02	Th	5:00-6:00p	10/29-11/19	\$70
03	Th	5:00-6:00p	12/3-12/17	\$54

PARKOUR/NINJA WARRIOR AGES 6-17

Ages 6 to 17. For female and male students who want to learn to run, leap, jump or flip off walls and navigate obstacle courses. Class will have some time outside working tricks (weather permitting). Transmitter Building; **classes held at BHS Gymnastics Room

541557-01	F	6:15-7:15p	9/18-10/16	\$86
02	Sa	11:00a-12:00p	9/19-10/17	\$86
03	Su**	2:15-3:15p	9/20-10/18	\$86
04	F	6:15-7:15p	10/23-11/20	\$86
05	Sa	11:00a-12:00p	10/24-11/21	\$86
06	Su**	2:15-3:15p	10/25-11/22	\$86
07	F	6:15-7:15p	12/4-12/18	\$54
08	Sa	11:00a-12:00p	12/5-12/19	\$54
09	Su**	2:15-3:15p	12/6-12/20	\$54

KINDER-AGE (4-6 YEARS)

LATE POLICY:

If you find that you are going to be more than 10 minutes late for a class, we ask that your child(ren) not participate that day. Warm-ups and basic skill repetitions are held during the first 10 to 15 minutes of class. These are important for assurance of muscle safety and memory retention. To reduce risk of injury, it is essential that your child(ren) participate in these warm-up exercises. Please be fair to the other participants, your child(ren), and the instructor by arriving on time.

FUN SIZE NINJAS **NEW!**

Ages 4-6. This is a class for children interested in doing things like a Ninja Warrior. Students will be led through a variety of skills which will help them to get through obstacle courses set up by the instructor. Each week will be a different course, with a different focus on each course. This class is for children to explore different ways to climb, jump, crawl, swing, balance — whatever it takes to get over, under and around obstacles while having fun. BHS Gymnastics Room.



541534-01	W	4:00-4:45p	9/16-10/14	\$78
02	Th	4:00-4:45p	9/17-10/15	\$78
03	Sa	10:00-10:45a	9/19-10/17	\$78
04	W	4:00-4:45p	10/28-11/18*	\$49
05	Th	4:00-4:45p	10/29-11/19	\$78
06	Sa	10:00-10:45a	10/31-11/21	\$78

*No Class 11/11

07	W	4:00-4:45p	12/2-12/16	\$49
08	Th	4:00-4:45p	12/3-12/17	\$49
09	Sa	10:00-10:45a	12/5-12/19	\$49

YOUTH



BOYS ONLY KINDERGYM

Ages 4-6. Intro to Kindergym for boys ONLY! Those who are 4 years of age must have completed at least one preschool gym session and students must be able to take directions from teacher. Skills will be taught on all boys' equipment, which includes floor, pommel horse, rings, vault, parallel bars, and high bar. BHS Gymnastics Room.

541512-01	Su	3:30-4:15p	9/20-10/18	\$78
02	Su	3:30-4:15p	11/1-11/22	\$78
03	Su	3:30-4:15p	12/6-12/20	\$49

KINDERGYM

Ages 4-6. Intro to Kindergym for both boys and girls. Skills taught include basic tumbling, uneven bar skills, balance beam and vaulting techniques. Transmitter Building.

541506-01	M	4:00-4:45p	9/14-10-12	\$78
02	F	1:30-2:15p	9/18-10/16	\$78
03	Sa	9:00-9:45a	9/19-10/17	\$78
04	M	4:00-4:45p	10/19-11/16	\$78
05	F	1:30-2:15p	10/23-11/20	\$78
06	Sa	9:00-9:45a	10/24-11/21	\$78
07	M	4:00-4:45p	11/30-12/14	\$49
08	F	1:30-2:15p	12/4-12/18	\$49
09	Sa	9:00-9:45a	12/5-12/19	\$49

SCHOOL AGE (6-17 YEARS)

LATE POLICY:

If you find that you are going to be more than 10 minutes late for a class, we ask that your child(ren) not participate that day. Warm-ups and basic skill repetitions are held during the first 10 to 15 minutes of class. These are important for assurance of muscle safety and memory retention. To reduce risk of injury, it is essential that your child(ren) participate in these warm-up exercises. Please be fair to the other participants, your child(ren), and the instructor by arriving on time.

BEGINNER 1 — GIRLS

Ages 6-17. For girls with little or no experience. Class concentrates on total body awareness, strength, and coordination through basic gymnastic skills in tumbling, balance beam, bars, and vaulting. Transmitter Building.

541531-01	MW	5:00-6:00p	9/14-10/14	\$160
02	Sa	12:15-1:15p	9/19-10/17	\$86

03	MW	5:00-6:00p	10/26-11/18*	\$124
04	Sa	12:15-1:15p	10/24-11/21	\$86

*No class 11/11

05	MW	5:00-6:00p	11/30-12/16	\$98
06	Sa	12:00-1:00p	12/5-12/19	\$54
07	Tu	5:00-6:00p	9/15-10/13	New! \$86



CLASS SHOW FOR GIRLS & BOYS CLASSES BEGINNER 2 THROUGH ADVANCED FOR ALL WEEKDAY CLASSES THE WEEK OF NOVEMBER 16. DETAILS TO BE ANNOUNCED LATER. Look for highlighted classes.

INTERMEDIATE AND ADVANCED-GIRLS

Ages 6-17. For the serious gymnast! Must have completed the beginning level. This class is geared for training girls to reach a competitive level, or to build a repertoire of skills, build strength and flexibility. Transmitter Building

541533-01	MW	6:00-7:30p	9/14-10/14	\$192
02	MW	6:00-7:30p	10/19-11/18*	\$173
03	MW	6:00-7:30p	11/30-12/16	\$117

*No class 10/21, 11/11

04	MW	3:00-4:00p	9/14-10/14	New! \$160
05	MW	3:00-4:00p	10/19-11/18*	\$129
06	MW	3:00-4:00p	11/30-12/16	\$98

*No class 10/21, 11/11

BEGINNER — BOYS

Ages 6-17. For boys with little or no experience. Class concentrates on basic tumbling and all the boys' apparatus. BHS Gymnastics Room.

541540-01	MW	5:00-6:00p	9/14-10/14	\$155
02	MW	5:00-6:00p	10/19-11/18*	\$140
03	MW	5:00-6:00p	11/30-12/16	\$93

*No Class 11/11

BAINBRIDGE ISLAND BOYS GYM TEAM

Ages 6-18. The team will travel to events throughout the region, participating in USAG levels 4 through 10 competitions. Team members are selected by ability and space availability. Additional costs are involved. Contact the gymnastics department at the Park District for more information.

BAINBRIDGE ISLAND GIRLS GYM TEAMS

Ages 6-18. The team will travel to events throughout the region, participating in USAG level 3 through 10 and Xcel competitions. Team members are selected by ability and space availability. Additional costs are involved. Contact the gymnastics department at the Park District for more information.





YOUTH

TEEN JOB OPPORTUNITES

EMPLOYMENT

Fall Soccer League Referee/Mentors

Do you love soccer and working with kids? We're looking for energetic and positive referee/mentors for our fall youth soccer leagues. Applicants must be at least 14 years old. Contact Julie at 206-842-2306 #114 or julie@biparks.org to volunteer or get more information.

FALL SOCCER



Phase 2 Tot Soccer Programs: Pods of 4 (2 tots/2 parents) per staff.

Phase 3 Tot Soccer Programs: Pods of 8 (4 tots/4 parents) per staff.

Pods stay together for entire program.

Please note that our fall soccer programs have been revised.

TINY TOTS SOCCER

Ages 1.5-2.5. Tiny Tots Soccer classes introduce toddlers to soccer with games that allow them to kick a ball, jump, run, and play. Tots will learn basic soccer skills while working on their balance and coordination. Fee includes mini soccer ball. BPP

412319-01	Sa	9:30-10:00a	9/19-10/31	\$95
-----------	----	-------------	------------	------

SOCCER SQUIRTS

Ages 2.5-3.5. Parents and Squirts will play organized games together, led by our instructor, that will help develop listening skills, balance, foot-eye coordination, and of course, soccer skills. Fee includes mini soccer ball. BPP

412320-01	Sa	10:30-11:00a	9/19-10/31	\$95
-----------	----	--------------	------------	------

PRE-KICKS SOCCER

Ages 3-4. Pre-Kicks is designed for children who want to explore soccer, but who are not quite ready to be on the field without a parent or caregiver. Classes focus on increasing balancing skills, coordination, and fundamental soccer skills, while also helping children build a sense of independence. Fee includes mini soccer ball. BPP

412321-01	Sa	11:30-12:00p	9/19-10/31	\$95
-----------	----	--------------	------------	------



Please note that our fall soccer programs have been revised and will be skills and drills only. T-shirt and soccer ball included in fee.

Phase 2 Soccer: Pods of 5 athletes per staff. Skills and drills only.

Phase 3 Soccer: Pods of 10 athletes per staff. Skills and drills with modified scrimmages.

Pods stay together for entire program.

RECREATIONAL SOCCER LEAGUES SEPTEMBER 19 TO OCTOBER 31

Age 4: 35 minutes of small group skills and drills.

Ages 4.5 to 6: 45 minutes of small group skills and drills.

Ages 6 to 8: 45 minutes of small group skills and drills.

Skill Sessions: Each week, coaches will work with our soccer staff to implement the skill sessions that we will provide. Each skill session will be geared towards the appropriate age group.

Player Equipment: Each player receives a size 3 soccer ball. Soccer cleats are optional. Shin guards are strongly recommended.

Team Placement: Returning players registered by September 1 will be assigned to same team as last fall unless there aren't enough players left from that team or a request is made otherwise. After September 1, team placement will be dependent on space availability. New players will be assigned to teams based on friend request when possible.

October 31: Our last day of soccer falls on Halloween this year, so we will be having an optional "wear your costume to soccer" event that day.

Program cancellation deadline is August 31.

GIRLS

412322-01	Age 4	Sa	9:00-9:45a	\$130
02	Ages 4.5-6	Sa	10:15-11:00a	\$140
04	Ages 6-8	Sa	11:30-12:15p	\$140
05	Volunteer to Coach			

BOYS

412323-01	Age 4	Sa	9:00-9:45a	\$130
02	Ages 4.5-6	Sa	10:15-11:00a	\$140
04	Ages 6-8	Sa	11:30-12:15p	\$140
05	Volunteer to Coach			

YOUTH



VOLUNTEER COACHES NEEDED!

No coaching experience needed. We will help you along the way. All our volunteer coaches receive 50% off their child's fall soccer registration! For more information, contact Julie at 206-842-2306 #114 or julie@biparks.org.

VOLUNTEER HELPERS NEEDED! **NEW!**

We are looking for volunteer helpers to assist with all our soccer programs. Tiny Tot Soccer, Soccer Squirts and Pre-Kicks helpers will assist our lead staff by helping with equipment set-up and breakdown, as well as encouraging our littlest players with lots enthusiasm and energy. Soccer league helpers will assist our soccer staff with equipment set-up and breakdown, the skill session, and the scrimmages. All volunteer helpers will receive a volunteer T-shirt. For more information or to volunteer, contact Julie at 206-842-2306 #114 or julie@biparks.org.

THE CLEAT CLOSET

Please email Julie at julie@biparks.org to make an appointment to access our Cleat Closet.

WEEKNIGHT SOCCER CLINICS **NEW!**

In response to COVID-19 and the ability to manage games, we have updated our fall recreational program for players in grades 1-8.

Players will be placed on teams of ten players, which will be broken into two pods of five players for weekly clinics and soccer olympic activities. During Phase 2, children would play activities that support social distancing, in the event that Kitsap County moves to Phase 3, we are prepared to adjust and allow for games to be played. **CONTRACTOR: Bainbridge Island Football Club.**

Program registration deadline: Aug. 24, 2020
Program cancellation deadline is August 31
Questions? Contact McCallum at ian@bifc.net.

PROGRAM DATES:

- Monday: September 14 to October 26
- Wednesday: September 16 to October 28

TEAM PRACTICE DAYS:

Monday: Grades 1-2 are 3:00-3:40p on BPP Turf
Monday: Grades 3-4 are 4:00-4:40p on BPP Turf
Wednesday: Grades 5-8 are 5:00-6:00p on BPP Turf

412330-01	Boys Grades 1-2	\$150
02	Girls Grades 1-2	\$150
03	Boys Grades 3-4	\$150
04	Girls Grades 3-4	\$150
05	Boys Grades 5-8	\$150
06	Girls Grades 5-8	\$150



TOPSoccer **NEW!**

TOPSoccer is a FREE community-based program for players with disabilities. There are thousands of children with disabilities who need, and can be provided with, the opportunity to play soccer through the TOPSoccer program. This program is designed to bring the opportunity of learning and playing soccer to any boy or girl who has a mental or physical disability. Our goal is to enable the thousands of young players with disabilities to become valued and successful members of our BIFC family. Includes a BIFC T-shirt. **CONTRACTOR: Bainbridge Island Football Club**

412332-01 Su 2:30-3:20p 9/13-10/25 FREE



Middle School Dances ☆

Calling all 6th, 7th and 8th graders! Come alone or as a group. We will have a DJ playing all our favorite pop hits, so come show off your best moves, or just chill with friends. \$15 to preregister and \$20 at the door. For more information, please go to www.biparks.org. Concessions available. ICH

Fall That Glitters

572627-01 Sa 7:00-9:30p 11/7 \$15



YOUTH

CORNHOLE **NEW!**

Nothing like the classic game of Cornhole. Super fun and can be played by all ages and fitness levels. Cornhole boards and bags provided. BPP

Ages 6-10

513706-01	M	4:30-5:30p	9/21-10/26	\$85
-----------	---	------------	------------	------

Ages 11-14

513706-02	M	6:00-7:00p	9/21-10/26	\$85
-----------	---	------------	------------	------



PICKLEBALL **NEW!**

Come play the game that was invented right here on Bainbridge. Pickleball is easy to learn and fun to play. All levels of fitness and skill welcome. Paddles available for use but if you have your own please feel free to bring it. BPP

Ages 6-10

513707-01	T	4:30-5:30p	9/22-10/27	\$85
-----------	---	------------	------------	------

Ages 11-14

513707-02	T	6:00-7:00p	9/22-10/27	\$85
-----------	---	------------	------------	------

BADMINTON **NEW!**

Playing Badminton has many benefits. It improves muscle strength. Improves heart functioning. It helps to reduce stress. Improves flexibility. Boost your metabolism rate. Strengthens your bones. Improves mental agility. Helps in social being. Come play! BPP

Ages 6-10

513708-01	W	4:30-5:30p	9/23-10/28	\$85
-----------	---	------------	------------	------

Ages 11-14

513708-02	W	6:00-7:00p	9/23-10/28	\$85
-----------	---	------------	------------	------

KICKBALL **NEW!**

Kickball is a game that was invented in the United States of America in the early half of the twentieth century. Containing elements of soccer, softball but most of baseball, it was as a game to introduce school children to baseball in US public schools that originally popularized it as a sport. BPP

Ages 6-10

513709-01	Th	4:30-5:30p	9/24-10/29	\$85
-----------	----	------------	------------	------

Ages 11-14

513709-02	Th	6:00-7:00p	9/24-10/29	\$85
-----------	----	------------	------------	------



WINTER BASKETBALL LEAGUES

Phase 4 is required to run as is. Program will be modified for Phase 3

BOYS 1ST-10TH GRADE GIRLS 1ST-8TH GRADE

Grades 1-4: 8-game season; 20-minute halves, running clock; no overtime; equal playing time for all players; Two 1-hour practices a week; basketball to keep

Grade 5: 9-game season; 20-minute halves, running clock; no overtime; equal playing time for all players; Two 1-hour practices a week; basketball to keep

Grades 6-8: 7-game season; 20-minute halves, running clock; 3-minute overtime; Two 1-hour practices a week; no basketball; end-of-season double elimination tournament

Grades 9-10: 7-game season; 20-minute halves, running clock; 3-minute overtime; Two 1-hour practices a week; no basketball; end-of-season double elimination tournament

Returning Player: Anyone who played in our league last season should register as a returner. You will not receive a new jersey unless you opt in to buy one.

New Player: New player does not mean new to basketball; it means new to our league. Anyone who did not play in our league last season should register as a new player. New players receive a basketball jersey which is included in the registration fee.

Practices: Practices are twice a week for one hour. They can be as early as 4:00p and as late as 8:00p. They can be held at Blakely, Wilkes, Ordway, Sakai or Woodward. Location and time of practice will be determined at our coaches meeting in December 2021.

League Games: League games are on Saturdays. Games are projected to start January 16 and end roughly on March 13. Games can be as early as 8:00a and as late as 7:00p. Games will be held on Bainbridge or in the North Kitsap School District gyms.

Basketball Jerseys: Each new player receives a reversible basketball jersey that is included in their basketball fee. Each returning player should have a jersey from last season, although they may order a new jersey for an additional \$30.

Team Placement: Returning players registered by December 1 will be automatically assigned to same team as last season unless there aren't enough players left from that team or a request is made otherwise. After December 1, team placement will be dependent on space availability. New players will be assigned to teams based on friend request when possible.

YOUTH



Volunteer Coaching: We rely on volunteers to help make this program successful. No experience necessary. We can help you along the way. Volunteer coaches receive 50% off their child's basketball registration fee. Program cancellation deadline is December 1.

GIRLS RETURNER — PLAYED IN LEAGUE IN 2018/2019

510607-01	3rd grade	\$150
02	4th grade	\$150
03	5th grade	\$165
04	6-8th grade	\$165

GIRLS NEW TO LEAGUE

510608-01	2nd grade	\$180
02	3rd grade	\$180
03	4th grade	\$180
04	5th grade	\$195
05	6-8th grade	\$195
06	1st grade	New! \$180

BOYS RETURNER — PLAYED IN LEAGUE IN 2018/2019

510609-01	3rd grade	\$150
02	4th grade	\$150
03	5th grade	\$165
04	6th grade	\$165
05	7th grade	\$165
06	8th grade	\$165
07	9-10th grade	\$165

BOYS NEW TO LEAGUE

510610-01	2nd grade	\$180
02	3rd grade	\$180
03	4th grade	\$180
04	5th grade	\$195
05	6th grade	\$195
06	7th grade	\$195
07	8th grade	\$195
08	9-10th grade	\$195
09	1st grade	New! \$180

PARENT VOLUNTEER COACH FOR BASKETBALL

We rely on volunteers to help make this program successful. No experience necessary. We can help you along the way. Volunteer coaches receive 50% of their child's basketball registration fee. Need more information? Contact Julie at 206-842-2306 #114 or julie@biparks.org.

510614-01	Girls team coach
02	Boys team coach

HIGH SCHOOL VOLUNTEER COACH FOR BASKETBALL

Do you love basketball and working with kids? Sign up to volunteer to coach one of our basketball teams. Need more information? Contact Julie at 206-842-2306 #114 or julie@biparks.org.

510614-01	Girls team coach
02	Boys team coach

ADULT LEAGUES **NEW!**

Check out our adult sports section for more information.



WALKING/RUNNING

GO RUN FOR GIRLS

Grades 4-6. Go run and have fun! Try out running and power walking as an all-girls team experience. Join a team that focuses on goal-setting and confidence-building for 4th, 5th, and 6th grade girls. Experienced adult coaches and positive high school mentors create an environment that supports and enhances the physical, emotional, and social well-being of team members. Varied running and power-walking workouts include warm-ups, running games, relays, and runs on the track, field, trails, and neighborhoods. Season special event is the Valentine's Day 5k fun run in Seattle. Date TBD. Fee includes t-shirt and race entry fee. Various island trails. Some scholarships available through Go Run. Sakai

CONTRACTOR: Bainbridge Go Run

511388-01	TTh	3:30-5:00p	12/1-2/11	\$195
-----------	-----	------------	-----------	-------

TENNIS

AFFORDABLE TENNIS LESSONS FOR ALL

Low-cost tennis for everyone. We offer budget-friendly tennis programs for all levels. Don't see a class you'd like to see offered? Shoot us an email to let us know.

TENNIS LESSONS

A QUICK GUIDE TO THE PROGRESSION

In conjunction with the USTA and Net Generation guidelines, we offer a clear "Junior Development Pathway Program" that is innovative and designed to properly progress junior tennis players from one level to the next. With fundamentals at the forefront of our program, our progressive Net Generation teaching model and games-based approach (Play to Learn), is dynamic, exciting, and FUN! In addition to our on-court teaching, our coaches recognize the importance of sports as a vehicle to teach invaluable life skills.



YOUTH



HOT SHOTS

Ages 3-6. Tennis is the best first sport! Start your children off right with action-packed 45-minute lessons that will develop hand-eye coordination, balance and foundation skills while having a ton of fun in this progressive 10 and under tennis program. Parents are encouraged to participate in this innovative program. A starter tennis racquet will be provided. BHS Courts or HSLG

512709-01	Su	3:15-4:00p	9/20-10/11	\$68
02	Su	3:15-4:00p	10/18-11/8	\$68
03	Su	3:15-4:00p	11/15-12/6	\$68

ROOKIES

Ages 6-10. For kids just getting started with tennis. Rookies Red Ball 1 and Rookies Red Ball 2 are the first level of the Bainbridge Island Metro Park & Recreation District Tennis Pathway. Ball: Low-compression RED. Court Size: Free-form. Racquet Length: 19"-21". BHS Courts or HSLG

512716-01	Su	12:15-1:15p	9/20-10/11	\$75
02	Su	12:15-1:15p	10/18-11/8	\$75
03	Su	12:15-1:15p	11/15-12/6	\$75



JUNIOR DRILL

Ages 8-12. Perfect for players who have basic skills gained from our Red Ball Program and others with rally skills looking to move towards game play. Here we will use either Orange Balls, Green, or Yellow as appropriate to the class dynamic and skill level. BHS Courts or HSLG

512713-01	Su	1:45-2:45p	9/20-10/11	\$75
02	Su	1:45-2:45p	10/18-11/8	\$75
03	Su	1:45-2:45p	11/15-12/6	\$75

TEEN TENNIS

Ages 13-18. This is a great place for teens looking to learn tennis, or for those players just looking to start tournaments at the Challenger level or considering trying out for the high school team. BHS Courts or HSLG

512708-01	Su	4:30-5:30p	9/20-10/11	\$75
02	Su	4:30-5:30p	10/18-11/8	\$75
03	Su	4:30-5:30p	11/15-12/6	\$75



PRIVATE, SEMI-PRIVATE AND GROUP TENNIS LESSONS

Private lessons at an affordable price for all that want to improve their game. Our Park District tennis staff will help you or your kiddo learn and polish your game. Schedule your private, semi-private, or group lessons on the weekends. Lessons are inside in the Bainbridge High School Lower Gym or outside on the Bainbridge High School tennis courts. Email our tennis pro Jennifer Shorr for more information at jennifers@biparks.org.

512799-01	Private Lessons: 1 hour 1 player = \$55
512799-02	Semi-Private Lessons: 1 hour 2 players = \$33 each
512799-03	Group Lessons: 1 hour 3-4 players, 3 players = \$27 each, 4 players = \$22 each
512799-04	Private Lessons: 10 pack of 1-hour lessons = \$495 (10% off)
512799-05	Private Lessons: 5 pack of 1-hour lessons = \$261.25 (5% off)
512799-06	Semi-Private/Group Lessons: 10 pack of 1-hour lessons = \$297 (10% off)
512799-07	Semi-Private/Group Lessons: 5 pack of 1-hour lessons = \$156.75 (5% off)

ARTZONE

All sorts of activities to whet your creative appetite—A FREE community arts celebration for all ages and abilities! Activity #566566

YOUTH



EXERCISE/FITNESS

GIRLS LACROSSE CLINICS **NEW!**

The clinics will provide beginners and returning players the opportunity to play lacrosse in a fun environment. No previous lacrosse experience required, we will teach you the basics, and increase your skills.

Players will be separated by age group and placed on teams of ten, which will be split into two pods of five players.

All players will be required to bring the following: Stick and goggles (we have loaners if you don't have these items), a mouth guard, running shoes or cleats, water bottle, appropriate clothing for the weather.

510007-01	Grades K-2	T	3:00-3:40p	9/15-10/27	\$150
02	Grades 3-4	T	4:00-4:40p	9/15-10/27	\$150
03	Grades 5-6	Th	4:00-5:00p	9/17-10/29	\$150
04	Grades 7-8	Th	4:00-5:00p	9/17-10/29	\$150

AFTER SCHOOL AND CAMPS

PARKER'S PACK CAMPS

These camps are incredibly fun! They are filled with sports, fitness, activities, games, crafts, hikes, free play, and much, much more. Our awesome staff is excited to provide a safe and inclusive environment where kids will be active, involved, experimenting, creating and exploring — most of all, they'll be having a blast.



NATIONAL TALK LIKE A PIRATE DAY **NEW!**

Ages 5-10. A day just for fun, a day to let out the pirate in each of us. This camp is filled with pirate-themed sports, activities, crafts, and of course, pirate speak. Happy pirate costumes encouraged. SHP

510013-01	Sa	9:30a-12:00p	9/19	\$65
-----------	----	--------------	------	------



510015-01	Sa	9:30a-12:00p	10/24	\$65
-----------	----	--------------	-------	------

SPOOKTOBER — HALLOWEEN **FUN NEW!**

Ages 5-10. Get ready for some semi-spooky fun. We'll have lots of Halloween themed activities and projects to make this camp Spooktacular. Fun Halloween costumes encouraged. SHP

NATURE FUN TAKE HOME CAMPS IN A BAG **NEW!**

Camp in a Bag includes instructions and any supplies needed for four days of camp. Pick-up your Camp in a Bag curbside at Strawberry Hill Park the Friday before your tot's camp.

ME AND YOU NATURE DETECTIVES

Ages 2-3. We've got your tot's Nature's Detective camp planned for the week. Explore nature and all its wonder. You'll look for animals and bugs, check out different plants, make mud, find sticks, run in the grass and so much more.

510019-01	BUGS	9/14-9/17	\$50
02	FEATHERY FRIENDS	9/28-10/1	\$50
03	FALL HARVEST	10/12-10/15	\$50
04	HALLOWEEN FUN	10/26-10/29	\$50
05	NATURE ART	11/9-11/12	\$50
06	WINTER WONDER	11/30-12/3	\$50
07	NATURE ORNAMENTS	12/14-12/17	\$50

NATURE DETECTIVES

Ages 4-6. Explore nature and all its wonder. You'll look for animals and bugs, check out different plants, make mud, find sticks, run in the grass and so much more.

510020-01	CRAWLY THINGS	9/21-9/24	\$50
02	BEAUTIFUL BIRDS	10/5-10/8	\$50
03	AUTUMN LEAVES	10/19-10/22	\$50
04	HALLOWEEN FUN	10/26-10/29	\$50
05	STICKS AND STONES	11/16-11/19	\$50
06	WINTER WONDER	12/7-12/10	\$50

LITTLE ATHLETES SPORTS AND FITNESS SATURDAY CAMPS **NEW!**

Ages 4-6. Our Little Athletes Camps are designed to introduce your kiddo to a variety of sports, fun fitness and some awesome activities. We'll also touch on respect, teamwork and self-discipline. Phase 2 program protocols: 5 kiddos per staff. Phase 3 program protocols: 8 kiddos per staff BPP

510021-01	Sa	9:30-10:30a	11/7	\$30
02	Sa	9:30-10:30a	11/14	\$30
03	Sa	9:30-10:30a	11/21	\$30





YOUTH

PRINCE AND PRINCESS PARTY **NEW!**

Ages 5-10. Your prince or princess will be swept away on a Fairytale adventure at our Prince & Princess Camp. We've got a ton of fun fairytale-themed prince and princess activities and projects planned for this camp. Prince and princess costumes encouraged. SHP

510017-01	Sa	9:30a-12:00p	11/21	\$65
-----------	----	--------------	-------	------

ROCK CLIMBING

Emphasizing strength, endurance, balance, and flexibility, rock climbing is more than just a workout; it challenges your mind and your body. All climbing programs are facilitated by experienced instructors from Insight Climbing and Movement. Registration deadline for most climbing programs is three days before begin date. For questions about refunds, please see page 4.



YOUTH INTRO TO CLIMBING

This climbing series is designed for both new and experienced young climbers. Kids will play games and climb on top-rope on our 38-foot walls, and on the shorter walls in our bouldering room. The climbing gym is the ultimate playground! Climbing is a full-body activity and a fun way for kids to get active and challenge themselves with our experienced climbing instructors. Kids will have fun and develop coordination and confidence in a safe and supportive environment. **ICM CONTRACTOR**

AGES 4-6

531989-01	M	4:30-5:30p	10/5-11/9	\$160
-----------	---	------------	-----------	-------

AGES 7-12

02	M	4:30-6:00p	10/5-11/9	\$180
03	W	4:30-6:00p	10/7-11/11	\$180

WINTER BREAK CAMP

Ages 7-12. Stay active during the mid-winter break at rock climbing camp! Activities include bouldering, top-rope climbing, games, and climbing technique from our experienced climbing instructors. For new or experienced climbers. Please wear comfortable clothing to move and climb in, and bring a snack and water bottle each day. **ICM CONTRACTOR**

531996-01	M-Th	9:00a-12:00p	12/21-12/24	\$180
02	M-Th	9:00a-12:00p	12/28-12/31	\$180



MOUNTAIN BIKING

Come explore some of the best mountain biking Washington has to offer with us! Rides are geared towards group ability. Qualified instructors and trip leaders will work to expand riders' skill sets, maintain a focus on safety, and showcase a variety of great trails to mountain bike.

FAQS

General — A detailed email will be sent out approximately a week before the start of each program, with information on where to meet, what to bring, weather forecast, medical waivers, emergency contacts, and more.

Questions? Contact Sully Mynatt, Mountain Biking Program Coordinator at sullym@biparks.org or Patrick Hodge, Mountain Biking Summer Camp Director at patrickhodge@biparks.org

Equipment — Participants must have a working mountain bike that is of suitable size, has gears to be able to go up and down medium grades of trail, functional brakes, and a properly fitting biking helmet. Please do not show up with bikes that have skinny road tires, a one-gear single speed, or major mechanical issues. Staff reserve the right to not allow participation if a bike is deemed to be unfit, non-functional, or if staff have safety concerns.

Bike Check — Staff strongly recommends that your rider's bike be inspected and tuned up by a professional bike mechanic 1-2 weeks before their first program of the season. Afford several days to ensure your rider's bike will be ready for pick-up. On Bainbridge Island, both BI Cycle and Classic Cycle are great bike shops that can help.

Equipment — Participants are responsible for providing their own personal clothing and equipment, but our Outdoor Gearbank has a select number of Park District mountain bikes (26" tire) that are available to borrow for free. Please contact Sully Mynatt, Mountain Biking Program Coordinator at sullym@biparks.org or Patrick Hodge, Mountain Biking Summer Camp Director at patrickhodge@biparks.org at least two weeks prior to needing a mountain bike in order to check availability and to allow for scheduling.

Physical Fitness — Participants need to be physically fit for each ride's unique challenges. Terrain and trails vary; please refer to the "Trail Difficulty Rating System." The Park District reserves the right to require a doctor's note to clear a participant for participation.

Registration Deadlines — Registration deadline is three days before program start date. This allows us to effectively communicate with participants about any needs we can help accommodate as well as ensure each trip is a good fit.

Refunds — For questions about refunds, please see page 4. If weather or road closures cancel a trip, a pro-rated credit will be refunded for the missed day.

YOUTH



TRAIL DIFFICULTY RATING SYSTEM

Sections of the trail may be easier or more difficult than the criteria listed below. For questions regarding a specific program, contact the program staff.

- **(Easiest)** Small hills and generally flat, smooth/paved terrain, few to no avoidable obstacles such as rocks and roots. Suitable for newcomers to biking.
- **(Beginners)** Rolling hills. Varied terrain including dirt and gravel. Avoidable obstacles such as rocks and roots, few to no unavoidable obstacles such as large roots. Suitable for beginner mountain bikers.
- **(Intermediate)** Steep hills. Challenging terrain that may include loose dirt and gravel. Avoidable obstacles such as rocks and roots. Unavoidable obstacles that riders may need to walk over such as drops and large roots. Suitable for riders with previous mountain biking experience.
- ◆ **(Advanced)** Technical, long, and steep hills. Challenging terrain that may include loose dirt, gravel, sand, and rock. Difficult, unavoidable obstacles such as rocks, drops, and large roots. Suitable for riders with lots of previous mountain biking experience.



TINY TRAILS CONTINUED ○

Ages 5-7. Explore Battle Point Park's paved, graveled, and dirt trails and paths while learning and practicing a variety of bike safety skills. Riders will be taught the basics of braking and shifting, as well as some techniques to help improve balance, control, and confidence on the bike. We will cover bike safety checks, helmet and equipment checks, as well as how to safely and respectfully share the trail with other trail users. Meet at BPP.

531947-01	W	3:00-5:00p	9/9-9/30	\$150
02	W	3:00-5:00p	10/7-10/28	\$150

MTB CLUB — MONDAYS @ STOTTMMEYER ■◆

Ages 10-14. Explore 6,000 acres of some of the best mountain biking terrain west of the Cascades! Participants' skills will improve each week as we ride incredible single track, learn how to negotiate obstacles, jumps, cut through mud, and explore the terrain. Our 15-passenger van and new multisport bike trailer picks up at Sakai Intermediate School each week before heading to Stottlemeyer.

531949-01	M	1:45-5:00p	9/14-10/5	\$240
02	M	1:45-5:00p	10/12-11/2	\$240
03	M	1:45-5:00p	11/9-11/30	\$240



MTB CLUB — TUESDAYS ON B.I. ●

Ages 7-10. Get ready to hit those trails! This weekly riding group is built for young riders who love to use their mountain bike. We will ride and explore trails in the Grand Forest, Hilltop, and Battle Point areas. Focus of this Tuesday group is less about instruction and more about enjoying the ride. Drop off is at Grand Forest East Parking area and pick up is at Grand Forest West on Miller Road.

531950-01	T	3:30-5:00p	9/15-10/6	\$119
02	T	3:30-5:00p	10/7-11/3	\$119
03	T	3:30-5:00p	10/6-12/1	\$119

MTB CLUB — WEDNESDAY NIGHTS IN THE GRAND FOREST ■◆

Ages 11-13. Come ride in the evening and see how fun it is to be out as the sun sets and we turn on our head lamps for a different ride experience. Exploring the many trails from GF East, West, Forest to Sky, and Battlepoint Park, we will enjoy the quiet time but keep the thrill going on our bikes. Meet at Grand Forest East.

531958-01	W	5:00-6:30p	9/16-10/7	\$119
02	W	5:00-6:30p	10/14-11/5	\$119
03	W	5:00-6:30p	11/18-12/9	\$119*

*No Class 11/26

DUTHIE HILL PARK AT ISSAQUAH ■◆

Ages 7-14. We're Seattle's most premier mountain biking park, Duthie Hill Park. This park was built to challenge all levels of riders and contains jumps, hills, bridges, obstacles, and much more. Participants must have proper safety equipment. Participants will need to bring a walk-on ferry pass or bring money (\$5). Transportation provided from SHP. We will ride to Duthie together as one group, but there will be two separate ride groups: one for ages 7-9 and one for ages 10-14.

AGES 7-9

531944-01	Su	9:00a-2:45p	*9/25	\$75
02	Sa	9:00a-2:45p	10/24	\$75
03	Su	9:00a-2:45p	*11/6	\$75

AGES 10-14

04	Su	9:00a-2:45p	9/26	\$75
05	Sa	9:00a-2:45p	10/24	\$75
06	Su	9:00a-2:45p	11/21	\$75



YOUTH

360 PARK ■◆

Ages 7-9, 10-14. We're heading to Key Peninsula's mountain bike park, 360 Park, to mix up our routine and ride some amazing single-track trails. Like Duthie on our side of the water, the thrills are everywhere and the fun doesn't stop! This newer MTB park keeps adding more and more spectacular single-track trails with optional jumps along the routes for those looking to expand their skillset. There are whoop and holler trails everywhere! Transportation provided from SHP.

AGES 7-9

531947-01	Sa	9:00a-1:00p	10/3	\$75
02	Su	9:00a-1:00p	10/18	\$75
03	Sa	9:00a-1:00p	11/21	\$75

AGES 10-14

04	Sa	9:00a-1:00p	10/3	\$75
05	Su	9:00a-1:00p	10/18	\$75
06	Sa	9:00a-1:00p	11/21	\$75

PORT GAMBLE GRAVITY CAMP ◆

Ages 12-16. Designed for advanced riders who would like to refine their skills on a variety of terrain. This instructional-based class will be focused on technical climbing and descending, cornering, braking, jumping, and dropping. Riders who seek challenging terrain will come away with the necessary skills to safely approach advanced trails with confidence and control. Transportation will be provided from SHP. Prerequisites: MTB Camp 2.0 or Monday's Stottlemeyer MTB Club or instructor's approval.

531943-01	Sa	9:00a-1:00p	9/12-10/3	\$250
02	Sa	9:00a-1:00p	10/10-10/31	\$250

BICYCLE MAINTENANCE AND REPAIR COURSE

Ages 7 and up. Learn the essentials in bicycle maintenance and repair. We will cover a wide variety of topics, including safety inspections, proper set-up and fit, how to repair flat tires, as well as how to adjust derailleurs and brakes. Classes will be hands-on and participants are encouraged to bring their own bikes to hone their skill. Meet at SHP.

531940-01	Sa	6:30-8:00p	9/19	\$50
-----------	----	------------	------	------



WILDERNESS PROGRAMS

Backcountry veterans and newcomers alike will find value in our wilderness programs. From classroom-based classes to professionally guided day hikes, we have something for every age and skill level! Check out page 34 for more information about our wilderness programs.



YOUTH TENNIS

LOW COST TENNIS FOR EVERYONE. WE OFFER BUDGET FRIENDLY YOUTH AND ADULT TENNIS PROGRAMS FOR ALL LEVELS. CHECK OUT THE ADULT AND YOUTH SPORTS SECTIONS FOR MORE INFORMATION.

TEEN PROGRAMS

Please look for additional information online at www.biparks.org/teen-center about school work support and tutoring opportunities beginning on September 2.

TEEN CENTER

TEEN CENTER LOCATION

The Teen Center is located at the Aquatic Center in Meeting Room B and C. Our main entrance is on the side of the building, or you can access us through the glass door in the main lobby. The address is 8521 Madison Avenue, Bainbridge Island.

We provide a safe space for teens to connect, become leaders, learn, play, hang out, and make a difference.

We're open during the entire year. Come be a part of the Teen Center and make your mark. Stop by any afternoon to check out the activities. We have a pool table, foosball table, ping pong, and air hockey. Board games, Xbox, and room just for relaxing. Food and/or drinks will be provided with some of the planned activities. It's a fun place to hang!

For teens of middle and high school age.

HOURS OF OPERATION

Monday 2:00-6:00p

Tuesday-Thursday 3:00-6:00p

Friday 3:00-8:00p

Closed

Saturdays, Sundays, and 9/7, 11/11, 11/26-27, 12/23-25, 12/30-1/1

At staff's discretion, and due to participation, the teen program hours may change for closing earlier or later.



FOLLOW US ON FACEBOOK
BAINBRIDGE ISLAND METRO
PARK & RECREATION DISTRICT
#BIMPRDTEENCENTER

CONTACT US: [MARISSAS@BIPARKS.ORG](mailto:marissas@biparks.org)

SCHOOL DAY STUDY HALL **NEW!**

For Grades 5-12

When students are old enough study on their own but would prefer some company...SCHOOL DAY STUDY HALL is where to be! We have separate spaces for grades 5-6, 7-8, and 9-12

For those distanced learning Fall school days, the Park District offers families of teens and pre-teens an all-day, supervised option for a limited number of distanced "pods". Join us for social, supervised, and productive school days. Study Hall students will enjoy basic tech support for their devices and lesson access (no tutoring), sports & fitness breaks, outdoor activities, art, and individual free-choice activities. Please bring a lunch, snacks and water bottle daily. Drop-off begins 7:45a (8:05-8:20a schools start) Pick-up by 3:00p. Held in the Nakata classrooms at the Aquatics Center, BHS courts and adjacent outdoor areas.



INTERMEDIATE grades 5 & 6

570100-02	M-F	7:45a-3:00p	9/8-10/2	\$985
05	M-F	7:45a-3:00p	10/5-10/30	*\$985
08	M-F	7:45a-3:00p	11/2-12/4	**\$985
11	M-F	7:45a-3:00p	12/7-12/18	\$492

MIDDLE SCHOOL grades 7 & 8

570100-03	M-F	7:45a-3:00p	9/8-10/2	\$985
06	M-F	7:45a-3:00p	10/5-10/30	*\$985
09	M-F	7:45a-3:00p	11/2-12/4	**\$985
12	M-F	7:45a-3:00p	12/7-12/18	\$492

HIGH SCHOOL grades 9-12

570100-04	M-F	8:00a-3:00p	9/8-10/2	\$985
07	M-F	8:00a-3:00p	10/5-10/30	\$985
10	M-F	8:00a-3:00p	11/2-12/4	**\$985
13	M-F	8:00a-3:00p	12/7-12/18	\$492

PLEASE CHECK ONLINE FOR WEEKLY POD SECTIONS ACTIVITY #500101 \$250

Fun Activities! Join us for...

UNPLUGGED DAY!

The last Friday of every month we are unplugged! No video games, no computer — no CELL PHONES!! You can do it, we promise. The alternatives will be fun and tasty!

F 3:00-8:00p 9/25, 10/30 & 11/20 Free

WALKABOOK

Help us fill up our new bookshelf! We'll meet at the Teen Center and walk on down to Eagle Harbor Book Co. Once there, it's up to you to pick out what book you would like to see on our shelf! Comedy, history, fantasy, mystery — it's your call! Once we've trekked back up to the Teen Center with our new books, we'll have hot cider and cookies. Weather may be chilly and/or rainy so, dress accordingly. Email marissas@biparks.org to reserve a spot and get a permission slip.

M 3:00-5:00p 10/5 Free

PIE SHOOT

Win a pie in this annual pool tournament!

F 4:00-6:00p 11/13 Free

PET ROCK DAY

Paint a rock, or two, or three! Take them home or give them a home in our garden, keeping it cheery through the cold and rainy months. This activity will last all week, starts 9/7

INTERNATIONAL CHOCOLATE DAY

Join us for chocolate trivia and treats! 9/14

NATIONAL WORLD GRATITUDE DAY

Come help us make thank you cards for community members, teachers, friends, family or anyone you can think of. Be part of designing and decorating a LARGE poster board for our window to thank our local emergency service members. 9/21



TEEN PROGRAMS

MOMENT OF FRUSTRATION DAY

Are you frustrated? C'mon, let it out! We've got some suggestions on how to ease that moment of frustration in a harmless, healthy manner including a treat. 10/12

DICTIONARY DAY

Play Fictionary Dictionary! Staff will draw a word from the 'Odd Word Jar' and give a real and fake definition for it. Treats and prizes for guessing correctly or fooling everyone. 10/16

PASTA DAY

Guess how many noodles are in the jar and win a prize! We'll also have the makings for spaghetti — you make it, you eat it! 10/22

NACHOS DAY

We'll supply the necessities, and you make them just the way you like them! 11/6

NATIONAL WORLD KINDNESS DAY

Kindness is catching! Use today to be nice to your family, friends, neighbors, teachers. . .everyone! Come tell us how you were kind today and get a treat! Need some kindness? Pull some words from our kindness jar and share your favorites. 11/13

NATIONAL PASTRY DAY

Drop by and help us celebrate (and eat) all the delicious pastry items we can bring together! 12/9

HOLIDAY SPIRIT WEEK

The week leading up to winter break is full of holiday fun! Lights, crafts, and treats! 12/14-18

TEEN FUN



MIDDLE SCHOOL DANCES! GRADES 6-8 **NEW!**

Calling all 6th, 7th and 8th graders! Come alone or as a group. We will have a DJ playing all our favorite pop hits, so come show off your best moves or just chill with friends. \$15 to preregister and \$20 at the door. For more information, please go to www.biparks.org. Concessions available. ICH

FALL THAT GLITTERS

An important "Know Before You Go" information sheet can be found online and will be sent to you via email prior to the dance for those who preregister. All participants must show proof of grade or age, i.e. school ID card!

572627-01	Sa	7:00-9:30p	11/7	\$15
-----------	----	------------	------	------

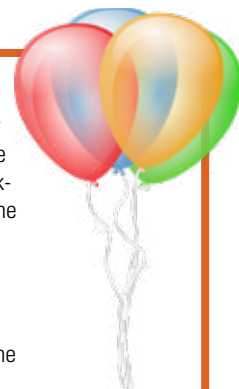
PARTY RENTALS!

Ages 10-18. That's right, you can rent the Teen Center for your birthday party or any celebration! Celebrate your awesome day playing pool, foosball, air hockey and ping pong. We also have an Xbox One (some games provided or bring your own!)

RENTAL CHOICES:

- A:** \$130.80 tax included
1½ hours of Teen Center with ½ hour of party time
One staff member for up to 10 children/teens
- B:** \$218.00 tax included
1½ hours of Teen Center with ½ hour of party time
Two staff members for 11-20 children/teens
- C:** Customize your party
Email for price and availability

Check out our website at
biparks.org/teen-center/ for more information.
Contact marissas@biparks.org to schedule your party.



SERVICE

PARK DISTRICT VOLUNTEER OPPORTUNITIES

Need volunteer hours for your school requirements? Just want to get involved with something fun? There are two fun opportunities for you to volunteer this fall.

HAUNTED HAYRIDE

Tuesday Oct 20 – Thursday Oct 22

HOLIDAY AT FAY

2nd and 3rd weekends in December 5-8pm
(Dec 11-13 and Dec 18-20) AND Saturday Dec 19th (Santa's Workshop 1-4pm)

Contact Emily Swift at emily@biparks.org or
206-842-2306 #129 for more information or to get involved.



**CHECK OUT OUR OTHER PROGRAMS
OFFERED FOR TEENS. LOOK FOR
THE PURPLE ☆ IN THE CATALOG.**

YOUTH & ADULT



WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

PRESCHOOL & PARENT

SEE SOUND BEGINNINGS MUSIC PAGE 16

PARENT / CHILD ART

SEE PARENT/CHILD CLAY PLAY PAGE 17

WILDERNESS PROGRAMS

"The farther one gets into the wilderness, the greater the attraction of its lonely freedom." —Theodore Roosevelt

Remote, rugged, undeveloped. Wilderness is a land heritage that is uniquely American. With passage of the Wilderness Act of 1964, Americans chartered a new course in world history to preserve and protect some of the country's last remaining wild places. The United States was the first country in the world to designate wilderness areas through law. In the words of Pulitzer novelist Wallace Stegner: "Something will have gone out of us as a people if we ever let the remaining wilderness be destroyed." Come join us and experience our unique wild heritage.

FAQS

General — Our wilderness trips offer one-of-a-kind experience, rewarding participants with the very best that the backcountry has to offer. A detailed email will be sent out approximately a week before the start of each program, with information on where to meet, what to bring, weather forecast, medical waivers, emergency contacts, and more.

Trip Leaders — Our trip leaders are **Wilderness First Responder or Wilderness EMT trained professionals**, who bring a wealth of backcountry medical knowledge, years of outdoor experience, and emergency response equipment on every hike. They are highly qualified, knowledgeable, and awesome to hike with.

The Outdoor Gearbank — Don't let a lack of gear stop you. Participants can use our equipment for free! Our Outdoor Gearbank has backpacks, mountain bikes, tents, sleeping pads, snowshoes, rain gear, and much more available to borrow for free.

Physical Fitness — Participants need to be physically fit for each trip's unique challenges. Mileage is round-trip, terrain and trails vary. The District reserves the right to require a doctor's note to clear a participant for participation.

Pricing — An incredible value for the amount of time, preparation, and quality expertise that go into each trip. Pricing includes trip leader, guiding time, gear, transportation, fuel, permits, emergency response equipment, and park entrance fees. Food and snacks are included for multi-day trips. The Wilderness Day Hikes have a special progressive discount that's applied on all hikes and reset each calendar year.

Transportation — The District's 15-passenger vehicles are used for most wilderness trips, allowing easier and more comfortable access along backcountry roads. If the route includes a ferry, participants should bring their ferry pass or a way to pay their passenger fee. We cover the vehicle fare.

Equipment — Participants are responsible for providing their own personal clothing and equipment, but our Outdoor Gearbank may have items that can be borrowed for free. Inquire with your trip leader so they can help you get set up for success.

Registration Deadlines — Registration deadline is three days before program start date. This allows us to effectively communicate with participants about any needs we can help accommodate as well as ensure each trip is a good fit. It is helpful and saves time to have participant waivers, medical information, and other forms turned in beforehand. The District reserves the right to require a doctor's note to clear a participant for participation.

Refunds — For questions about refunds, please see page 4. If weather or road closures cancel a trip, a pro-rated credit will be refunded for the missed day.

Questions? Contact Ranger Sciacca, Wilderness Program Coordinator, at rsciacca@biparks.org.

WILDERNESS DAY HIKES **NEW HIKES!**

Ages 10 and up. Come explore the great outdoors! We'll visit some of the most beautiful spots around — lush river canyons, open wildflower meadows, breathtaking ridge top views, and sparkling alpine lakes. Meet at SHP, usually at 8:00am; most trips return 6-8pm. Mileages are round-trip. Participants under 14 must be accompanied by a parent or guardian. For questions about refunds, please see page 4.

HIKE MORE, SAVE MORE!

Pick dates according to what works for your own schedule! For every hike after the first, a stacking discount will be applied, counting towards all hikes for the remainder of the calendar year.

**1st hike = \$72; 2nd hike = \$69; 3rd hike = \$66; 4th hike = \$63;
5th+ hike = \$60**

531909-01	W	9/9	Gray Wolf River
02	Su	9/27	Tunnel Creek to 5050 Pass
03	Su	10/11	Lake Angeles
04	Su	11/8	Barnes Creek
05	Sa	11/28	Best of the Duckabush and Dosewallips



YOUTH & ADULT



DAYHIKING

Explore your outdoors, out and back in a day.

GRAY WOLF RIVER

~7mi.

~1300ft elev. gain

We'll wind our way alongside the Gray Wolf River, a beautifully clear stream, as it peacefully flows through a canyon cut out of pillow basalt. This area is drier than most places in the Olympics, and the flora is subtly different, with thistles, lowland indian paintbrush, and bunchberries.

TUNNEL CREEK TO 5050 PASS

~8.8mi

~2,600ft. elev. gain

We'll stretch our legs with a gentle start through old-growth western hemlock, then climb up past two small lakes to reach 5050 pass. There, we'll enjoy incredible views — the towering cliffs of Mt. Constance, the deep Quilcene and Dosewallips river valleys, and Puget Sound with the Cascades in the distance.

LAKE ANGELES

~7mi

~2,500ft elev. gain

This well-graded trail climbs steadily through thick forest to reach its spectacular destination, Lake Angeles. Thousand-foot cliffs encircle the deep lake, trout and salamanders abound in its waters, and a small island is perched right in the middle.

BARNES CREEK

~6.5mi

~800ft elev. gain

We start off near Lake Crescent Lodge, quickly pass the popular Marymere falls, then leave the crowds behind as we turn up Barnes Creek. The trail stays right alongside the creek, frequently crossing it on a parade of log bridges, and the narrow ravine is lush with ferns, mossy maples, old growth, and river views.

BEST OF THE DUCKABUSH AND DOSEWALLIPS

~6mi

~800ft elev. gain

We'll visit 3 beautiful waterfalls, a roaring canyon, and a peaceful river delta. This trip combines several short trails including Murhut Falls, Rocky Brook Falls, Ranger Hole, and Falls View Canyon — all the highlights of the Duckabush and Dosewallips areas in one trip!

FORAGING & WILD EDIBLES

Get outside, breathe the fresh air, and connect back to the land as we explore the rich bounty of the Northwest. Rewarding hands-on classes where you take home what you forage, harvest, & make. Youth participants must be accompanied by a parent or guardian.



SHELLFISH FORAGING & COOKING

Ages 8 and up. Strap on your rubber boots and grab your bucket. Join author Langdon Cook and master shellfish grower John Adams as we visit Taylor Shellfish Farms near Dosewallips State Park to learn about several species of local shellfish, where to find them, how to harvest them, and delicious recipes to cook them. We'll fill our limit of oysters and clams, then learn to prepare each using a variety of culinary techniques. Meet at John Adams Shellfish Farm near Shelton. Class fills quickly.

531810-01	M	9:30a-2:00p	9/28	\$110
02	W	9:30a-2:00p	10/14	\$110



YOUTH BOATING

From sailing in Eagle Harbor to paddling with porpoises on the Puget Sound, our diverse offering of youth boating programs has something for everyone! See page 41 for more information about our youth boating programs.

ADULT



WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

ART AND CRAFT



ARTZONE! NEW!

On Saturday, December 12, the Bainbridge Island Metropolitan Park & Recreation District will host a free arts experience extravaganza to the community. For artists of all ages, skill levels, and interests, we've designed this awesome new event that includes the following activities at no charge:

- **Educational Samplers**
(requires registration) Sylvia Carlton teaches a free teen-adult painting class from 10:15-11:45a
- **Community Art**
Projects Intergenerational Mosaic Mural Project— all ages, no experience expected!
- **Café D'Art**
Refreshments and live, mellow music set the mood for conversation
- **Pop-up Art Show**
Bring a finished art piece you, or your child, has created. We have free materials and the expertise for you to mat your work for a professional presentation.

The specifics of our activity schedule will be available on our website and social media as the day approaches. We invite you to gather friends or the family and come join the fun! artZone will be a place to enjoy creative expression and build community at the same time! After all, that is what the arts do best — they connect us to ourselves and to one another. SHC

566566-01 Sa 10:00a-2:00p 12/12 free

NO registration required for general activities

02 Sa 10:15a-11:45a 12/12 free

MUST register for the Educational Sampler class

MO-FUN MOSAIC

The techniques of mosaic can be applied in an endless variety of ways. We'll be making a simple picture frame and a garden stepping-stone as we learn our way around this timeless medium. Yes, you'll be learning simple design principles and color theory, but mostly you'll just be enjoying making keepsake projects and making new friends. Many find this process as meditative as it is fun! All materials are provided. SHC

566534-01	W	3:00-5:00p	9/23-10/14	\$50
02	W	3:00-5:00p	10/28-11/18	\$50

COLORING OUT LOUD

Bring color, fun, and discovery into the autumn season! Melissa McClain of Sense of Mind Sensory Wellness Programs and Melissa Anne COLORS combines artful play and self-discovery using a fun, easy drawing technique and an art journal. Engage your imagination and hone your creative thinking skills. This workshop is NOT about becoming an artist and NO art experience is expected. Best of all, have fun exploring new ideas with new friends! Materials included. SHC

566442-01	T	4:00-5:30p	9/23-10/13	\$60
02	T	4:00-5:30p	10/27-11/17	\$60

PAPER ARTS



KEEPSAKE CARDS with Susan Callan

Never give an ordinary card again; send something handcrafted instead! A handmade card reflects YOU — your style and personality! Learn how to create amazing, interactive keepsakes that pop-up, flip, move, shake, and slide. Each session is high on fun, creativity, AND success. Facilitated by national book artist Susan Callan, who will share innovative techniques, time-saving tips, and little nudges to always think outside the box. Materials provided. SEA

566543-01	first Ts	1:00-4:00p	10/6, 11/3, 12/1	\$50
-----------	----------	------------	------------------	------



THE GIFT OF AN EMPTY BOOK NEW!

A personalized, handmade book is something to be cherished. An empty book beckons to be written or drawn in and makes the ultimate gift (either for yourself or others). Put your personal spin on a series of books that we will create in this delightfully innovative program. If you 'can't draw a straight line', this medium might be exactly the creative outlet you've been looking for. All materials provided — you bring a curious mind and a smile! SHC

566193-01	W	12:30-2:30p	9/23-10/14	\$40
02	W	12:30-2:30p	10/28-11/18	\$40



PROGRAMS FOR TEENS AGES 13-17



ADULT

DRAWING

LIFE DRAWING with Gregg Onewein

Open session for artists at any level who wish to improve their skills drawing and/or painting from life. A \$90 model fee is due at the first class, which covers model expenses for the session. (For more info, call Gregg Onewein at 206-842-0259.) DROP-IN STUDENTS WELCOME WITH A \$10 DROP-IN FEE (paid to BIMPRD main office) plus \$15 model fee (paid at class). SHC art room



566514-02 F 9:30a-12:30p 10/30-12/11* \$40
*no class 11/27

I CAN'T DRAW! with Jamie Brouwer

If you've ever envied folks with 'natural artistic ability,' give us four weeks to convince you that drawing, just like any other subject, CAN be taught! Based on Betty Edwards' book "Drawing on the Right Side of the Brain", you'll learn techniques and exercises to tap your creative powers. Whether you are a business manager, teacher, writer, technician or student, this course is a hands-on, psychological approach that breaks down the mythical assumption that creativity and talent are gifts one must be born with. NO EXPERIENCE NECESSARY! AQ

566504-01 M 6:00-7:30p 9/21-10/12 \$60
02 M 6:00-7:30p 10/26-11/16 \$60

PAINLESS PERSPECTIVE WORKSHOP with Jamie Brouwer

Perspective CAN BE easy, but not every artist has learned the simple rules that make it so. Yes, this course begins with horizon lines, vanishing points, and an understanding of the eye-level impact on representational drawings. You'll practice how to place figures and objects in a drawing, depict interiors, and create shade and shadows. However, this is not a dry, technical class. Let the instructor convince you that rulers and measuring don't have to be tools in your artists' toolbox. No matter how little raw talent or experience you have, you'll find your drawings instantly more pleasing as basic perspective becomes second nature. AQ



566503-01 M 5:15-8:15p 9/14 \$40



SKETCHBOOKING with Anne-Marie Sargent

Take fresh delight in the seasonal pleasures of Bainbridge Island as you enhance your ability to see shape, line, color, and shade. This start-where-you-are class will introduce you to sketchbooking — meet new friends that are just as timid about their art skills as you are! You'll be learning entry-level drawing techniques, color theory, the joy of ink washes, and the simple beauty of watercolor taught with patience and grace by Anne-Marie Sargent. Sketchbooking is a great new hobby for life transitions, one that you can take wherever you go! ONLINE (with an in-person final class meeting at Hilltop!)

566433-01 W 9/9-10/14 5:15-7:00p ONLINE \$50
02 W 11/11-12/16* 5:15-7:00p ONLINE \$50
*no class 11/25

PAINTING

PAINTING FROM PHOTOS with Sylvia Carlton NEW!

In the midst of our PNW wet weather, we are well-served to learn to work from photographs. But when we can, we will also learn how to use Plein Air sketches to create paintings in the studio. This class will include how to best design a painting from a photo or sketch, pick a cohesive color scheme, and how to control your value pattern to make a solid composition. Build your skill level as a painter with an overview of color, value, shapes, contour lines, perspective, and design. Class includes demonstrations and individual instruction. New and continuing students are encouraged to attend. Advanced to intermediate students may work on individual projects. Oils, acrylics, and other media welcome. **CONTRACTOR SHC**



566527-02 T 9:30a-12:00p 10/13-11/10 \$165

ADULT



FUN WITH FLORALS with Sylvia Carlton NEW!

Loosen up with Sylvia, and go wild! In this out-of-the-box 'still life' class, we will paint using live floral displays and photos. After reviewing some basics, we will add a range of techniques and styles. Our paintings will go from traditional to wild. This class is designed to loosen everyone up and have tons of fun. We will look at making each painting uniquely our own. Some students may end up with their own special holiday card design. Individual attention provides a unique learning experience for all. Beginners through advanced painters are welcome. Acrylic or oils recommended. A material list is provided. **CONTRACTOR SHC**



566528-01 T 9:30a-12:30p 11/17-12/1 \$135

ONLINE ART PARTIES with Diane Crago NEW!

You've heard about these parties, held at pubs and breweries around the country: You have a few sips, bolster your confidence, and learn how to paint! Consider yourself invited to our Covid-version of these popular Drink-and-Paint events. You'll pick up your specially prepared box of supplies in advance (canvas board, brushes, and paint). Then don your favorite jammies, pour yourself your drink of choice, and enjoy the online company — folks just like you looking for something fun and different! **ONLINE**



566549-01 W 5:30-7:30p 9/23 \$60
02 W 5:30-7:30p 10/28 \$60
03 W 5:30-7:30p 12/9 \$60



PHOTOGRAPHY

POWERFUL DIGITAL PHOTOGRAPHY NEW!

We begin with the basics of getting to understand your camera and its potential. Learn about the technological considerations of lens, exposure, shutter speed, and depth-of-field. Then get a crash course in the artistic considerations of focal point, contrast, balance, and composition. This class will prepare you to use your digital SLR camera effectively AND artistically. Patricia Melvin instructs. **AQ**

566604-01	T	6:00-7:30p	9/22-10/13	\$60
02	T	6:00-7:30p	10/27-11/17	\$60

PHOTO-MORPHOSIS: Turn Nice Snapshots into Powerful Photographic Prints!

Take some pretty interesting shots with your phone? Want to learn how to edit those images with panache and personality? Become familiar with basic editing software and the latest of printing options, from printing on canvas to wood, plastic and metal. Become confident in making everything from your own personal greeting cards to oversized wall murals. Get your photos off your phone and into the real world (like you've always intended!) Patricia Melvin instructs. **SHC**

566615-01	M	3:00-4:30p	9/21-10/12	\$60
02	M	6:00-7:30p	9/21-10/12	\$60
03	M	3:00-4:30p	10/26-11/16	\$60
04	M	6:00-7:30p	10/26-11/16	\$60



POTTERY

DAYTIME POTTERY

These daytime classes welcome beginners as well as those with wheel and hand-building experience. Surface decorating techniques will be introduced as well as small form sculpture demonstrations. Individual projects are welcomed!





ADULT

CLAY INTRO SAMPLER CLASSES

Make art part of your fall! This short-term introductory class is especially for people who would just like to try their hand at pottery. From different types of clay to the function of various tools and studio equipment, we will sample hand-building construction, wheel throwing, decorating techniques, and glaze finishes in exploration of the possibilities of ceramic art! 4 wks. ED

DAYTIME

522044-01	Th	12:00-2:00p	9/17-10/8	\$95
02	Th	12:00-2:00p	10/29-11/19	\$95

DAYTIME STUDIO OPEN WORKSHOP TIME

For students enrolled in current instruction, this is a way to continue working on the lessons from class. 5 wks. ED

MONDAY

522051-01	M	12:00-2:00p	9/21-10/19	\$55
04	M	12:00-2:00p	10/26-11/30*	\$55

*No class 11/23

WEDNESDAY

522051-02	W	12:00-2:00p	9/16-10/14	\$55
05	W	12:00-2:00p	10/21-11/18	\$55

THURSDAY

522049-02	Th	12:00-2:00p	9/17-10/15	\$55
03	Th	12:00-2:00p	10/22-11/19	\$55



CERAMIC SCULPTURE with Joy Miller

QUICK START

BEGINNING SCULPTURE CLASS

Try out the basics of clay sculpture! In 3 weeks you'll know enough to create something wonderful, and decide whether you'd like to learn more. Includes one bag of clay. 3 wks. ED

522073-01	F	1:00-3:00p	9/25-10/9	\$75
02	F	1:00-3:00p	11/6-11/20	\$75

TUESDAY FIGURATIVE STUDIO TIME

**Must be a current Eagledale sculpture student.

Use this extra time after lunch to really focus and work, with Debbie on hand for consultation.

522057-01	T	12:00-3:00p	9/8-10/13	\$90
04	T	12:00-3:00p	10/20-12/1*	\$90

* No studio time 11/24

TUESDAY SCULPTURE STUDIO TIME

Whether you are a new "Quick Start" graduate or an experienced figurative sculptor, there is consultation and space in the studio for you to work!

**Must be a current Eagledale sculpture student. Use this weekly time to really focus and work, with Joy on hand for consultation.

522057-01	T	11:00-3:00p	9/8-10/13	\$120
04	T	11:00-3:00p 1	0/20-12/1	* \$120

FRIDAY SCULPTURE STUDIO TIME

**Must be a current Eagledale sculpture student. Spend the last part of your week making art. You'll be delighted at your progress!

522056-01 F	11:00-3:00p	9/11-10/16	\$120	
03	F	11:00-3:00p	10/23-12/4	*\$120

SATURDAY POTTERY with ED Staff

By popular request Eagledale Pottery instructor Stacy Landers is continuing this Saturday morning class for all levels to enjoy! Time will include both wheel-thrown and hand-building techniques, exploring texture and glazes. A variety of stoneware clay bodies for gas, electric and raku kilns. Emphasis on individual successes and fun! 6 wks. ED



MORNING CLASS

522045-01	Sa	10:00a-12:00p	9/12-10/17	\$140
04	Sa	10:00a-12:00p	10/24-12/5*	\$140

AFTERNOON CLASS

522045-05	Sa	3:00p-5:00p	9/12-10/17	\$140
06	Sa	3:00p-5:00p	10/24-12/5*	\$140

SATURDAY STUDIO TIME

For Stacy's students enrolled in the corresponding Saturday class. 6 wks

522046-01	Sa	12:30-2:30p	9/12-10/17	\$66
03	Sa	12:30-2:30p	10/24-12/5*	\$66

* No class or studio time 11/28



PROGRAMS FOR TEENS AGES 13-17

ADULT



EVENING POTTERY

These evening classes are designed to appeal to both beginning and advanced levels of ability. Lessons will include both wheel- thrown and hand-building techniques, exploring texture and glazes. A variety of stoneware clay bodies for gas, electric and Raku kilns. Emphasis on individual successes and fun. Includes one 25# bag of clay. 5 wks. ED



EVENING CLASSES

522052-02	W	6:30-9:30p	9/16-10/14	\$170
04	W	6:30-9:30p	10/21-11/18	\$170

EVENING STUDIO TIME

Must be enrolled in a current quarter Eagledale class.

522053-01	Th	6:30-9:30p	9/17-10/15	\$75
02	Th	6:30-9:30p	10/19-11/19	\$75

CLAY INTRO SAMPLER CLASSES

Make art part of your fall! This short-term introductory class is especially for people who would just like to try their hand at pottery. From different types of clay to the function of various tools and studio equipment, we will sample hand-building construction, wheel throwing, decorating techniques, and glaze finishes in exploration of the possibilities of ceramic art! 4 wks. ED

522044-03	Th	7:00-9:00p	9/17-10/8	\$95
04	Th	7:00-9:00p	10/31-11/21	\$95

DAYTIME

522044-01	Th	12:00-2:00p	9/17-10/8	\$95
02	Th	12:00-2:00p	10/31-11/21	\$95

MONDAY

These longer classes are for people who want to fully explore throwing on the wheel or hand building techniques. Whether you are new to clay or an old hand, come join the Monday group! Includes one 25# bag of clay. 10 wks. ED

Morning with Jeff Wooford

522050-01 M 9:30-11:30a 9/21-11/30* \$220

Afternoon with Joy Miller

522050-05 M 2:30-4:30p 9/21-11/30* \$220

*No class 11/23 Thanksgiving week

WEDNESDAY

This shorter class session is for people who want to throw on the wheel or hand build with clay -or combine the two! Suitable for any ability, so come join the Wednesday fun! Includes one 25# bag of clay. 5 wks. ED

522051-02	W	9:30-11:30a	9/16-10/14	\$110
05	W	9:30-11:30a	10/21-11/18	\$110

THURSDAY with Elena Wendelyn

This class is for people who want to explore their creativity and experiment with wheel throwing or hand building and interesting finishing techniques. Whether you are just beginning or an experienced hand, come join the Thursday clay community! Includes one 25# bag of clay. 5 wks. ED

522048-02	Th	9:30-11:30a	9/17-10/15	\$110
04	Th	9:30-11:30a	10/24-11/21	\$110



FRIDAY NIGHT CLAY PLAY! with Studio Staff and Guests

Get out of the house and get your hands messy! Make something interesting, for keeps! These fun 2-evening classes are designed to appeal to adults of any ability. Focus will include basic clay-handling techniques, exploring texture and glazes. A variety of stoneware projects for gas, electric and Raku kilns. Led by the welcoming and patient instructors of our studio. Materials included. Space is limited. ED



NATURE IMPRINTS!

Try your hand at making a slab-built piece with natural texture and imprints from leaves, ferns, and flowers.

522040-01	F	6:30-8:30p	9/11 and 9/25	\$45
-----------	---	------------	---------------	------

LANTERN MAGIC!

Try your hand at making a hand built grinning or grimacing seasonal candle lantern. No seeds or goo involved.

522040-02	F	6:30-8:30p	10/9 and 10/23	\$45
-----------	---	------------	----------------	------

SNOWFLAKE FUN!

Try your hand at making winter snowflakes! Whether keepsakes or a gift, you'll have fun constructing.

522040-03	F	6:30-8:30p	11/6 and 11/20	\$45
-----------	---	------------	----------------	------

**SEE ALSO PARENT/CHILD CLAY PLAY
PAGE 17**



ADULT

ADAPTIVE RECREATION FOR ADULTS WITH SPECIAL NEEDS

The following activities are designed for teens and adults with developmental disabilities.

POTTERY SAMPLER

Students will work with clay using hand-building and wheel-throwing methods. The focus of the class is to work within each student's ability, teaching sound building structure and then letting each student's creativity take over. Individual and group projects add to the fun with clay! Materials included in class fee. 4 wks. ED

522060-01	W	3:30-5:00p	9/23-10/14	\$89
02	W	3:30-5:00p	10/28-11/18	\$89



CANINE

Bainbridge Island Metro Park & Recreation District continues to be a dog friendly environment. Dogs are allowed in all District parks as long as they are on leashes unless in a designated off leash area (Strawberry Hill Park and Eagledeale Park). The District promotes "Responsible Dog Ownership" which encourages dog owners to show respect for other park users, other dogs, and their own dogs. By practicing responsible ownership, dog owners can positively impact everyone's experience in our public parks.

The District created the Dog Advisory Committee to oversee and develop off leash programs. The District and the Dog Advisory Committee encourage park users to enjoy District parks with their dogs. The District's Dog Advisory Committee (DAC) is a group of citizens and park officials that aims to create a model of "Responsible Dog Ownership" in order to promote mutual respect, safety, and enjoyment for all park users. The DAC is tackling the challenging topic of off leash use of District parks. They work diligently to develop comprehensive programs to create opportunity, plan and implement educational programs, and monitor and adjust the enforcement program that allows all park users to enjoy their time in District Parks. It is the goal of the DAC and the District to create fun, safe parks where all park users show each other mutual respect.

To report a dog related issue, dial 911 and ask for Kitsap County Animal Control and Rescue. If you would like to know more about District leash policies or want to get involved in continuing to create positive solutions for dog owners, contact the Park District at 206-842-2302.



VIBRANS DOG WORKS with Mary-Lou Vibrans

Mary-Lou has been training animals most of her life. Since moving to Bainbridge Island, she has volunteered for several rescue organizations including the Kitsap Humane Society and Rescue Every Dog. She has also trained a number of puppies and helped in training others for Summit Assistance Dogs. She is a graduate of the Karen Pryor Academy, a leader in non-averse animal training. A self-proclaimed geek in the field of animal behavior, she regularly attends conferences and seminars on animal behavior and training methods.

ADULT



PUPPY 101

Ages 18 and up. This class is designed to help you get off to the right start with your new puppy. We will cover house training, crate training, and name recognition as well as the cues sit, down, come, wait, and leave it. Loose leash walking will also be introduced. Supervised play time will be allowed if deemed appropriate by the trainer. Puppies should be between 12 weeks and 6 months of age at the start date of classes. Equipment: flat collar or harness and a 6-foot lead. No aversive equipment allowed. Meet at SHMG. **CONTRACTOR**

526116-01	T	10:00-11:00a	9/8-10/13	\$175
02	W	5:45-6:45p	10/21-12/2*	\$175

*No Class 11/25

CANINE GOOD CITIZEN

Ages 18 and up. Canine Good Citizen is an American Kennel Club (AKC) program that is open to all dogs over 10 months of age. In this class we will work on the following behaviors: accepting a friendly stranger, sitting politely for petting; appearance and grooming; loose leash walking; sit and down on cue and staying in place; coming when called, reaction to another dog; reaction to distractions; and, supervised separation. Certificates for successfully completing the class are available from the AKC for an additional fee. Only flat collar or harness and a 6' leash are allowed in class. Limited to 6 dogs. Meet at SHMG. **CONTRACTOR**

526122-01	Sa	10:00-11:00a	9/5-10/17*	\$175
02	T	1:00-2:00p	9/8-10/13	\$175
03	W	7:00-8:00p	9/9-10/14	\$175
04	T	10:00-11:00a	10/20-11/24	\$175
05	Sa	11:30a-12:30p	10/24-12/5*	\$175

*No Class 10/3 or 11/28

S.T.A.R. PUPPY

Ages 18 and up. Socialization, Training, Activity, Responsibility. Participants in this class will work on basic puppy manners like sit, down, stay and polite leash manners. We also cover some of the other aspects that are often overlooked like how to improve vet visits, getting over fears and building confidence. Great for puppies 4 to 12 months of age. This program is sanctioned through the American Kennel Club. Certificates for successfully completing the class are available from the AKC for an additional fee. Only flat collar or harnesses and a 6-foot leash are allowed in class. Meet at SHMG. **CONTRACTOR**

526124-01	Sa	11:30a-12:30p	9/5-10/17*	\$175
02	T	11:30a-12:30p	9/8-10/13	\$175
03	W	5:45-6:45p	9/9-10/14	\$175
04	T	11:30a-12:30p	10/20-11/24	\$175
05	Sa	10:00-11:00a	10/24-12/5*	\$175

*No class 10/3 or 11/28

THERAPY DOG TRAINING

Ages 18 and up. If you would like to participate in the many therapy dog programs, such as Reading to Rover, visiting hospitals, shut-ins or senior citizen homes with your dog, this class will help you prepare for certification. We will work to refine your dog's basic skills, as well as get them used to new environments, noises, wheel chairs and walkers. Dogs should have some basic manners prior to enrolling in this class. Meet at SHMG. **CONTRACTOR**

526118-01	Sa	1:00-2:00p	10/24-12/5*	\$175
-----------	----	------------	-------------	-------

*No class 11/28

LOOSE LEASH WALKING

Ages 18 and up. This four-week class will focus on the development of appropriate leash manners. From paying attention to you while out for a quiet walk or making your way through town on a busy sidewalk. We will look at several different methods to accomplish this goal without using aversive equipment. Only flat collar or harness and a 6' leash are allowed in class. Meet at SHMG.

CONTRACTOR

526119-01	Sa	1:00-2:00p	9/5-9/26	\$120
-----------	----	------------	----------	-------

RECALL I

Ages 18 and up. Wouldn't it be nice if your dog came to you each and every time that you called them? We will be using a proven training method developed by a world champion agility trainer to accomplish just that! Through the use of games, we will work to strengthen the bond that you have with your dog. There will be homework in this class, but I promise that it will be worth it. This class is open to dogs of all ages. Flat collar or harness and 6-foot leash required for class. Meet at SHMG. **CONTRACTOR**

526123-01	W	7:00-8:00p	10/21-12/2*	\$175
-----------	---	------------	-------------	-------

*No Class 11/25

ROCK CLIMBING

Emphasizing strength, endurance, balance, and flexibility, rock climbing is more than just a workout: it challenges your mind and your body. All climbing programs are facilitated by experienced instructors from Insight Climbing and Movement. Registration deadline for most climbing programs is three days before begin date. For questions about re-funds, please see page 67.

ADULT INTRO TO CLIMBING

Ages 14 and up. Get into the sport and lifestyle of rock climbing. All levels of fitness and experience are welcome in our Adult Introduction to Climbing class. This three-hour class will teach you the fundamentals of climbing to take full advantage of the gym. Learn basic climbing technique and movement, learn to climb safely on your own, and belay (handle the ropes for) other climbers. Class includes gear and a FREE 2-Week membership. **CONTRACTOR**

531997-01	T	6:00-9:00p	9/15	\$95
02	T	6:00-9:00p	11/10	\$95



PROGRAMS FOR TEENS AGES 13-17



ADULT

SPECIAL INTERESTS

LIFE DESIGN FOR RETIREES

This Stanford-designed course is adapted for those 50+ folks who are facing the new landscape of retirement. How do we take advantage of the uncharted opportunities of this age while making sure we are living on purpose? This is what Life Design promises — how to find what we want to do now as we decide who we want to grow into tomorrow. Build your way to a new, well-designed life that is productive and evolving! Optional book +\$15. For phone enrollment, call 206-842-2306 #140.

566165-01	W	6:00-8:00p	9/23-10/14	\$50	AQ
02	Th	1:00-3:00p	10/29-11/19	\$50	SHC



AMERICAN SIGN LANGUAGE (ASL) **NEW!**

This class is an introduction to American Sign Language (ASL) to gain knowledge of the Deaf community. Participants will acquire skills to communicate in ASL having a cultural background. This may include finger spelling, grammar rules, sentence structure, appropriate behavior and other important information related to ASL. Learn a different way of having a conversation without using your voice. AQ

566505-01	T	6:00-7:45p	6/30-8/4	\$60	
-----------	---	------------	----------	------	--

SPANISH FOR BEGINNERS

Ages 18 and up. This class is designed for those with little or no previous experience in Spanish. The free online program "Duolingo" provides the basic curriculum for class as well as the chance to practice at home. Students will also buy two books: Easy Spanish Step-by-Step (\$13) and an easy reader (usually \$5-10 depending on text). We will use stories, music and conversation to build comfort with a new language. We address basic phonetics and grammar with abundant repetition. ONLINE

521652-01	W	9:20-10:50a	9/16-10/21	\$110	
02	W	9:20-10:50a	11/4-12/16*	\$110	

*no class 11/25

INTERMEDIATE CONVERSATIONAL SPANISH

Ages 18 and up. If you have studied some Spanish, this class will help you re-awaken your existing knowledge. We will use stories, music and conversation to refresh prior study and build new understanding. Depending on class interest, we will read stories, plays, or easy novels to build vocabulary and comprehension. We may purchase a book to read in this class, but price should be less than \$20. ONLINE

521653-01	W	11:00a-12:30p	9/16-10/21	\$110	
02	W	11:00a-12:30p	11/4-12/16*	\$110	

*no class 11/25

EXERCISE/FITNESS

MORNING EXERCISE with Eileen Magnuson

Active Adult Fitness classes taught by Eileen Magnuson, ACE, AASDN certified instructor. Pick your favorite or join us Monday through Friday. Punch card is good for both classes below: \$50 10-class pass/\$7 drop-in. Classes held at the SHP mini-gym.



T'AI CHI CHUAN: The Way with Caylen Storm

This course, founded on the Yang style of T'ai Chi Chuan, reminds us how to move through the world in a manner that is both relaxed and powerful. Each class focuses on a different aspect of The Way, with the goal of integrating the practice into everyday life. Slow-motion training encourages participants to feel, correct and strengthen balance and postural alignment. This ongoing class is taught by Caylen Storm. Newcomers always welcome. ICH

566449-01	T	10:00-11:30a	9/15-12/15*	\$90	
-----------	---	--------------	-------------	------	--

per 10-week pass *no class 11/24

ADULT



EMPLOYMENT OPPORTUNITIES

**FITNESS INSTRUCTORS
SPORTS INSTRUCTORS**

VOLUNTEER OPPORTUNITIES FOR YOUTH LEAGUES

**SOCCER COACHES
BASKETBALL COACHES
BASKETBALL REFEREES
VOLLEYBALL COACHES**

OPEN GYM SPORTS

All open gyms are held in the High School Lower Gym. Players can drop in and play for \$5.00 per visit or buy a 5-visit pass for \$20 or 12-visit pass for \$40. Passes can be purchased at the gym. *Subject to changes and cancellations due to school functions, holidays or low attendance.

MONDAY	FUTSOL SOCCER	7:00-9:30p
TUESDAY	BASKETBALL	7:00-9:30p

AFFORDABLE EXERCISE AND FITNESS FOR ALL

Experienced instructors and a small safe supportive group atmosphere all while being affordable. Our classes are exciting, fun and open to all levels. Not sure which class is right for you? Shoot us an email at julie@biparks.org and staceystoner@biparks.org.

SMALL GROUP HIGH INTENSITY INTERVAL TRAINING **NEW!**

Ages 13 and up. All levels of fitness welcome. This H.I.I.T. class is specifically designed for those that don't have much time to work out. You'll get a great safe workout in just 30-45 min! We'll target your major muscle groups, teach you correct form and give you a energetic workout in a fun safe environment! SHMG

511316-01	M	7:30-8:15a	9/14-10/12	\$65
02	M	7:30-8:15a	10/19-11/16	\$65
03	M	7:30-8:15a	11/23-12/21	\$65

SMALL GROUP BODY WEIGHT CIRCUIT TRAINING **NEW!**

Ages 13 and up. All levels of fitness welcome. Learn the correct way to strength train using your own body weight (no machines needed!), how to minimize injury, maintain strength, learn functional fitness, and more! This class will provide the essentials of personal training in a non-intimidating environment & small class setting. SHMG

511317-01	Th	7:15-8:15a	9/17-10/15	\$72
02	Th	7:15-8:15a	10/22-11/19	\$72
03	Th	7:15-8:15a	12/3-12/17	\$43.20

PERSONAL TRAINING/HEALTH COACHING

All levels of fitness welcome. Our well-rounded personal training and health coaching program can help you achieve your fitness goals at an affordable price. Training can be 1-on-1 or in a small group-up of up to 4 folks. All safety guidelines will be followed during training. Let Stacey, ACE Certified Health Coach, help you achieve your goals through fitness, nutrition and behavior modification.

511318-01	Private Training: 1 hour = \$55
02	Semi-Private Training: 1 hour 2-4 people = \$33 each

YOGA with Joti Chandra Kaur

This class will focus on the fundamental yoga poses, breath, and mindfulness, with extended relaxation. This gentle yoga practice brings us closer to a balance point — to a state of stability, ease, and inner stillness where health and happiness blossom. It provides a basic foundation in yoga. Joti Chandra Kaur is RYT 200 and certified gong practitioner. Her personal practice includes all styles of yoga, including Kundalini yoga, Ashtanga, and yin. ICH.

511204-01	Th	10:00-11:30a	9/17-12/17*
-----------	----	--------------	-------------

Drop-in for \$16 or purchase a yoga ticket book of 10 tickets for \$150 which is available at the customer service desk at the Aquatics Center.

*No class 11/26

VIRTUAL ADAPTIVE YOGA **NEW!**

Everybody can enjoy the many benefits of yoga — strength, flexibility, mindfulness, and connection! Adaptive Yoga is designed for people who have limited mobility and balance as a result of injury or medical issues, such as multiple sclerosis, brain injury, stroke, Parkinson's disease, severe arthritis, amputation, or other neuromuscular disorders. Students who do or do not use a wheelchair are welcome. Participants must be able to follow simple directions. This class will be taught online. Internet connection with a camera and audio is required.

CONTRACTOR: CarolAnn Davidson

511210-01	W	4:00-5:00p	9/16-10/14	\$50
02	W	4:00-5:00p	10/28-11/18	\$50



ADULT

BEGINNING PILATES WITH NEW MOTION PT - VIRTUAL **NEW!**

Build your core from the inside out! We'll start with Pilates Basics and progress into more challenging exercises as you get stronger. What a great foundation to build for safe movement in your daily life! **CONTRACTOR: New Motion Physical Therapy**

511352-01	M	10:00-11:00a	9/14-10/5	\$60
02	M	10:00-11:00a	10/12-11/2	\$60

TAKE YOUR BASIC PILATES TO THE NEXT LEVEL WITH NEW MOTION PT - VIRTUAL **NEW!**

If you have some Pilates experience this is the class for you! Two levels will be demonstrated for each exercise so that you can work at the challenge that feels good to your body safely. You can then take up the intensity as you choose under our live on-line guidance. **CONTRACTOR: New Motion Physical Therapy**

511353-01	W	10:00-11:00a	9/16-10/7	\$75*
02	W	10:00-11:00a	10/14-11/4	\$75*

*Fee includes a Pilates ring for class

BE ON THE BALL PILATES WITH NEW MOTION PT - VIRTUAL **NEW!**

This class features exercises using your Kinesio ball and a small ball (included in your fee - you'll pick up outside from our studio) will tone your sense of balance, flexibility & core strength. The slight instability of this equipment allows you to tone on a very deep level. This class is not appropriate for people with balance challenges. **CONTRACTOR: New Motion Physical Therapy**

511354-01	F	9:00-10:00a	9/18-10/9	\$75*
02	F	9:00-10:00a	10/16-11/6	\$75*

*Fee includes a soft small ball for class

FIGHT BACK! SELF-DEFENSE FOR WOMEN AND TEENS - VIRTUAL

Ages 13 and up. Discover your power! Find your voice! Trust yourself! In this 3-hour Zoom workshop, you will learn how to set boundaries and deal with threats, from harassment to violent attacks. Since we will be meeting over Zoom, the bulk of the class will be lecture/demonstration, with time for discussion and questions. We will also teach some basic physical techniques that you can practice in your home. Taught by a female black belt with over 25 years martial arts experience. **CONTRACTOR: Jessica Dubey**

511729-01	Sa	1:00-4:00p	10/3	\$79
02	Sa	1:00-4:00P	11/7	\$79
03	Sa	1:00-4:00p	12/5	\$79

ZUMBA with TIFFANY and SARAH

Ages 13 and up. Burn your calories with a big smile on your face! Zumba takes the "work" out of workout. Zumba uses contemporary Latin and World rhythms along with current radio tunes to get your heart pumping. All levels welcome. ICH **CONTRACTOR: Island Dance Fitness**

511308-01	MW	7:00-8:00p	9/14-12/16
02	Su	11:00a-12:00p	9/13-12/20

\$80 for 10-class pass / \$12 drop-in ICH

ZUMBA GOLD with PAMELA and MERCEDES

Energetic and fun workouts that aren't hard on your joints. Zumba Gold is designed for seniors and those just starting to dance. You'll get fitter, have a great time, and meet some of the most fun people on the island! There's a spot saved for you so come on over! The only prerequisite is that you want to have fun! \$9 drop-in. Questions? Email Pamela at pmccann@ix.netcom.com MF with Pamela at ICH, T with Mercedes and Pamela at ICH

511303-01 MF 9:30-10:30a 9/14-12/18
02 T 5:15-6:15p 9/15-12/15

\$60 for 10-class pass



WALKING/RUNNING

TRAIL RUNNING CLUB

Have fun, get fit, sharpen your running skills and enjoy the woods while exploring the island trails. Runs are 60-75 min and an easy 10-12 min/mile pace. Robin Ballou is an ACE certified personal trainer, group fitness leader and longtime runner. First class meets at lower Grand Forest parking lot on Miller Road. Questions? rballou@johnlscott.com

511313-01	W	9:00-10:30a	9/16-10/7	\$55
02	W	9:00-10:30a	10/14-11/4	\$55
03	W	9:00-10:30a	11/18-12/9	\$55

DISCOVER BAINBRIDGE SOCIAL RUNS **NEW!**

Ages 13 and up. Want to run with others and explore new areas of the island? Join us for a weekly morning runs where we'll explore together new roads on the islands and enjoy the camaraderie of running with other islanders! It's an opportunity to meet other runners in an inclusive environment that is open to all levels. Running with others is a great way to meet people and make new friends. And for those who're available, after our run, we can head to the local coffee place and grab a cup together! We invite you to become a part of our running community!

511315-01	TTh**	9:15-10:15a	9/15-9/29	\$70
02	TTh**	9:15-10:15a	10/1-10/15	\$70
03	TTh**	9:15-10:15a	10/20-11/3	\$70
04	TTh**	9:15-10:15a	11/5-11/19	\$70
05	TTh**	9:15-10:15a	12/1-12/15	\$70

**Can't make both days of the week to run? Let us know so we can work out a solution.

ADULT



DISCOVER THE BIRDS OF BAINBRIDGE WALKS **NEW!**

In this series of four walks we will explore Blakely Harbor, Fay Bainbridge, Fort Ward, and Battle Point Parks. We will slowly walk as much as 1 ½ miles searching for resident and migratory birds. Birding-by-ear, visual identification, and other birding tips will be discussed. Bring binoculars.

511913-01 Su 8:00-9:30a 9/20-10/11 \$44



MEET MARK SALVADALENA

Mark started "seriously" birding when he was a ranger at Olympic National Park. He was hooked when he experienced a couple of his colleagues magically finding birds. Of course, it wasn't magic — they were just keenly tuned into the sounds and movements of the birds. He spent the next several years birding nearly every day, studying the songs, calls, and behavior of Northwest birds. Mark has led nature walks for National Parks, Seattle Audubon, and Islandwood.

DISCOVER BAINBRIDGE WALKS

Come walk with us and discover the back roads and trails of Bainbridge. You'll learn some of the history of the island and meet new friends. Walks are a steady pace, rain or shine. First walk starts at Rotary Park on Weaver Road.

****All walks are lottery enrollment. Max enrollment per walk is 15 to allow for better social distancing. Lotteries will be run on Thursday, September 10 at 10:00a.**



Walk Leaders Wanted: Do you like to walk island trails and roads? Are you able to follow map directions? Volunteer to be one of our walking group leaders!

4-MILE WALKS

511910-01	T	9:00-11:00a	9/15-11/17	\$38
02	W	9:00-11:00a	9/16-11/18	\$38

3-MILE WALKS **NEW!**

511914-01	M	9:00-10:30a	9/14-11/16	\$38
02	F	9:00-10:30a	9/18-11/20	\$38

2-MILE WALKS

Flatter roads and trails of Bainbridge. Nice easy pace.

511911-01	Th	9:00-10:15a	9/17-11/19	\$33
-----------	----	-------------	------------	------

SUNDAY 4-MILE WALKS

511912-01	Su	9:00-11:00a	9/20-11/22	\$38
-----------	----	-------------	------------	------

WALKS WITH THE COMMISSIONERS

Join a Park District Commissioner to walk and explore new and existing trails. This is a wonderful opportunity to get to know your Park District Commissioners, and they will have the opportunity to hear directly from you. Each month we will enjoy a 3-4 mile hike, share history and community. Meets monthly. First Sunday of each month.

511915-01	Su	10:00a-12:00p	10/4, 11/1, 12/6	Free
-----------	----	---------------	------------------	------

RACKET/PADDLE SPORTS



TABLE TENNIS OPEN GYM

Ages 16 and up. Come practice and play the great game of table tennis. No experience necessary. \$3 drop-in fee per visit or buy a punch card for \$10 paid at the gym. SHMG

T	7:00-9:30p	9/15-12/15
T	7:00-9:30p	9/17-12/17



PICKLEBALL 101

Come learn the rules and how to play in this introductory class taught by experienced players. Course content includes: equipment, basic rules, court position and more. BPP

511328-01	Sa	10:00-11:00a	9/19	\$15
02	Su	10:00-11:00a	9/20	\$15
03	Sa	10:00-11:00a	9/26	\$15
04	Su	10:00-11:00a	9/27	\$15



ADULT

PICKLEBALL OPEN PLAY OUTDOORS

Come play pickleball outside at Battle Point Park. Weather permitting. All ages and all levels welcome. Monday through Sunday.

AFFORDABLE TENNIS LESSONS FOR ALL

We're working hard to provide a whole new selection of more affordable youth and adult tennis lessons for all levels of players both inside and outside. Don't see a class you'd like to see offered – shoot us an email to let us know.

TENNIS 101 **NEW!**

It's never too late to get started in this amazing sport. If you have never picked up a racquet or have been away from the sport since high school, this class is perfect for you! In this class you will learn all the basic tennis skills. This class will highlight all the primary tennis shots, basic footwork, scoring, singles and doubles play, positioning, and grips in a fun and friendly environment. Players will have the opportunity to receive a certificate of completion at the end of the session. Maximum 6 players. BHS Courts or HSLG

512701-01	Sa	1:30-2:30p	9/19-10/10	\$75
02	Sa	1:30-2:30p	10/17-11/7	\$75
03	Sa	1:30-2:30p	11/14-12/5	\$75

ADULT DRILL **NEW!**

The focus here is on live ball play and drill to help you improve your quickness and positioning on the court. Particular attention will be giving to volley technique and placement as well as strategic and tactical considerations. Maximum 6 players. HSLG

512707-01	Sa	3:00-4:00p	9/19-10/10	\$75
02	Sa	3:00-4:00p	10/17-11/7	\$75
03	Sa	3:00-4:00p	11/14-12/5	\$75

PRIVATE, SEMI-PRIVATE AND GROUP TENNIS LESSONS

Private lessons at an affordable price for all that want to improve their game. Our Park District Tennis staff will help you or your kiddo learn and polish your game. Schedule your private, semi-private or group lessons on the weekends. Lessons are inside in the Bainbridge High School Lower gym or outside on the Bainbridge High School Tennis Courts. Email our tennis pro Jennifer Shorr for more information at jennifers@biparks.org.

512799-01
Private Lessons: 1 hour 1 player = \$55

512799-02
Semi-Private Lessons: 1 hour 2 players = \$33 each

512799-03
Group Lessons: 1 hour 3-4 players, 3 players = \$27 each, 4 players = \$22 each

512799-04
Private Lessons: 10 pack of 1 hour lessons = \$495 (10 % off)

4512799-05
Private Lessons: 5 pack of 1 hour lessons = \$261.25 (5% off)

512799-06
Semi-Private/Group Lessons: 10 pack of 1 hour lessons = \$297 (10% off)

512799-07
Semi-Private/Group Lessons: 5 pack of 1 hour lessons = \$156.75 (5% off)

OPEN GYM SPORTS

All open gyms are held in the High School Lower Gym. Players can drop in and play for \$5.00 per visit or buy a 5-visit pass for \$20 or 12-visit pass for \$40. Passes can be purchased at the gym. *Subject to changes and cancellations due to school functions, holidays or low attendance.

WEDNESDAY	PICKLEBALL	7:00-9:30p
THURSDAY	PICKLEBALL	7:00-9:30p
FRIDAY	PICKLEBALL	7:00-9:30p
SUNDAY	PICKLEBALL	6:00-8:30p

TEAM SPORTS/LEAGUES

ULTIMATE FRISBEE

NEW!

Fun, casual games of Ultimate Frisbee. Registration required in order to play. All athletic levels welcome. We provide cones and discs, frisbees, reversible pinnies, and a staff person to help organize games. Questions? Contact Julie at 206-842-2306 #114 or julie@biparks.org. BPP

513704-01 Th 6:30-8:00p 9/17-10/29 \$66.50



KICKBALL

NEW!

No experience necessary. All levels of players welcome! We provide the balls and the bases. Each Thursday our staff person will help folks divide into teams and play a few fun filled games. You must register before playing. Questions? Contact Julie at 206-842-2306 #114 or julie@biparks.org. BPP

513705-01 T 6:30-8:00p 9/15-10/27 \$66.50



CORNHOLE **NEW!**

Nothing like the classic game of Cornhole. Whether you're a backyard player, a tournament pro or new to the game, our league has a spot for everyone. Each Wednesday our staff person will divide players into teams. Cornhole boards and bags provided. BPP

513703-01 W 6:30-8:00p 9/16-10/28 \$66.50

BOATING



WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

SAILING PROGRAMS

"Sailors, with their built-in sense of order, service, and discipline, should really be running the world."— Nicholas Monsarrat

COMMUNITY SAILING

Everyone has a spectacular opportunity to become a proficient sailor in Eagle Harbor this fall! Learn the basics or improve your skills through daily lessons, drills, games, and adventures. Whether you want to be a cruiser or a racer, a dinghy or a keelboat sailor, we can teach you everything you need to know about sailing! Classes are led by US Sailing Certified Sailing Instructors and Assistant Instructors.

FAQS

General: A detailed introductory email will be sent out approximately one week prior to the start of each session. This email will include required forms as well as logistical information such as where to meet and what to bring.

Questions? Contact our Sailing Program Coordinator Haley Lhamon at haley1@biparks.org.

Equipment: A U.S. Coast Guard-approved lifejacket (PFD) must be worn during all sailing programs. Purchasing a PFD to match your size, comfort, and style is recommended, however there are PFDs for participants to borrow. Closed-toe shoes are required (no flip-flops or bare feet). Sailboats are provided.

Park District Swim License:

Youth: A District Swim License is required for youth boating participants who will be engaging in on-the-water programs. It is acquired through a one-time test held at the Aquatic Center and involves full submersion by jumping into the pool, swimming 25 yards, and then floating or treading water for one minute. The swim license form can be found at www.biaquatics.org. Call the Aquatics Center at (206) 842-2302 to find out times when testing is available. If you aren't sure if you or your child is on file, visit <http://bainbridgeswim.azurewebsites.net/>. If your child is on file, print the record showing they passed and bring it to the first day of your sailing class.

Adults: Participants age 18 and over need to complete the District Swim License or sign off on a Swimming Skills Acknowledgment form, self-certifying they can meet or exceed the requirements.

Registration Deadlines: Registration deadline online is two days before the first day of each class. The District reserves the right to require a doctor's note to clear a participant for participation.

Waivers and Forms: Sailors must complete and sign required waivers and forms each sailing season in order to participate. These forms will be emailed out to everyone approximately one week before each program begins. All forms and waivers should be turned in to instructors on the first day of class.

Refunds: For questions about refunds, please see page 4. If bad weather cancels a class, a pro-rated credit will be refunded to your Park District account.





BOATING

RS TERA BEGINNER IN PT. MADISON

Ages 10-14 & between 65-150 lbs. The Park District is thrilled to have a new fleet of RS Teras to offer youth sailors in the fall. Teras are also great for sailors who want to sail solo or for two lightweight youth sailors who want to sail together. These fun new roto-molded, colorful dinghies have furling mains with vertical battens to reduce sail area on windy days and open transoms so the cockpits won't fill up with water if sailors happen to capsize! The first day we will introduce rigging procedures, terminology, and get comfortable with the boats at the dock before practicing capsize recoveries. During the remaining five classes, sailors will learn about wind direction, sail trim, getting out of irons, docking, tacks vs. jibes, and body position in the RS Tera. This class is a prerequisite for RS Tera Intermediate and can be repeated until sailors are confident and competent with essential sailing skills. District Swim License required. Meet at Hidden Cove Park.

530763-01 M 3:45-6:15p 9/14-10/19 \$275



RS TERA INTERMEDIATE IN PT. MADISON

Ages 10-14 & between 65-150 lbs. If you liked RS Tera Beginner or you've taken double-handed FJ classes already and want to try soloing, RS Intermediate may be the next sailing class for you! Review and build upon skills as you take everything to the next level: rigging for different wind conditions, sail trim for speed, sailing efficiently upwind and downwind, intro to roll tacks and jibes, stopping and accelerating, anticipating puffs, basic sailing rules, and knots. No matter how many times you take RS Tera Intermediate, individualized instruction ensures classes are fun, engaging, and challenging. This class is an excellent way to prepare for future Intermediate/Advanced RS Tera classes, next summer's Tuesday evening/Saturday Dinghy Sails, and the high school sailing team! Prerequisite for RS Tera Intermediate: RS Tera Beginner or equivalent experience. District Swim License required. Meet at Hidden Cove Park.

530764-01 W 3:45-6:15p 9/16-10/21 \$275

MIDDLE SCHOOL FJ

Ages 12-14. This class is designed for middle schoolers who want to learn how to sail a two-person sailboat or who wish to improve their sailing skills. All levels of experience are welcome! Individualized instruction will ensure classes are engaging and challenging while also social and fun through teamwork and games. Topics will include rigging, wind direction, safe docking, sail trim, boat handling, person-overboard rescue techniques, right-of-way rules, and knots as well as racing basics. Sailors should be adequately prepared for one capsize in controlled conditions the first week in order to practice efficient, safe techniques for righting their boat with a partner. This class is terrific preparation for independently sailing double-handed boats and eventually joining the high school team. Park District Swim License is required (see FAQs for details.) Class meets at Waterfront Park and sails in Eagle Harbor.

530721-01 TTh 3:45-6:15p 9/8-10/15 \$375

HIGH SCHOOL COMPETITIVE FJ AND 420E

Grades 9-12. This class is designed for high schoolers who want to learn how to sail and race a two-person sailboat (FJ and 420E) or who wish to improve their skills in a fun, team-building atmosphere. All levels of experience are welcome! New sailors begin as crew but will receive sufficient support and coaching to eventually steer (skipper). We will focus on teamwork, boat handling, and boat speed while gaining a better understanding of the nuances of racing. Additional topics will include sail trim, communication, racing tactics, strategies, racing rules, how to properly prepare boats for trailer travel, and how to completely rig a boat from mast-stepping to fine-tuning controls for conditions. Sailors should be adequately prepared for one capsize in controlled conditions the first week in order to practice efficient, safe techniques for righting their boat with a partner. This class counts as two of the weekly three days of practice for the fall high school sailing team, and it is fantastic preparation for joining the team in the spring! Park District Swim License is required (see FAQs for details.) Class meets at Waterfront Park and sails in Eagle Harbor.

530722-01 MW 2:15-6:15p* 9/9-11/2 \$359

*Class meets Monday and Wednesday at different times

Monday — 2:15-6:15p; Wednesday — 3:45-6:15p

LAST BLAST OF SUMMER ADULT DINGHY SAILING!

Ages 18 and up. Sailing is a lifelong activity that everyone who lives near water should experience! In this fun, six-session class, participants will learn and review key elements of sailing through brief lunch lessons and then develop skills on Flying Junior double-handed sailboats and RS Teras for smaller adults who want to singlehand. Beginners and intermediates are welcome! Advanced dinghy sailors and support boat drivers would be valuable volunteers—please contact haley1@biparks.org! Topics will include wind direction, sail trim, rigging for different wind conditions, knots, body position, docking/stopping, accelerating, person-overboard rescue technique (that works no matter how big the person in the water is!), tacks, jibes, puffs and lulls, basic sailing rules, and teamwork as skipper and crew. Dinghy sailing does require physical flexibility. Sailors should also be adequately prepared to do one capsize in controlled conditions the first week in order to practice recovery techniques. Take advantage of this chance to have a refreshing break in your routine and go sailing! District Swim License/Swim Skills Acknowledgement form required (see FAQs for details.)

530761-01 TTh 11:00a-2:00p 9/8-9/24 \$189

ABOUT BOATING SAFETY

Ages 12 and up. Instructed by members of the United States Coast Guard Auxiliary, this comprehensive boating course teaches the fundamentals of safe boating operation. A wide range of topics are covered — navigation, safety equipment, anchoring/docking, trailering, engines, mooring, etc. — to help all boaters to become safer and more knowledgeable. This course meets the mandatory boater education requirements of the State of Washington for the Boater Education Card and is sanctioned by the United States Coast Guard and the State of Washington. Meet at SHC. **CONTRACTOR**

530775-01 Sa 8:00a-5:00p 12/5 \$35



PROGRAMS FOR TEENS AGES 13-17

BOATING



PADDLING PROGRAMS

"The storms come and go, the waves crash overhead, the big fish eat the little fish, and I keep on paddling"— Lord Varys

PADDLING

Being on a kayak, canoe or SUP is a great way to explore shallow-water bays and harbors inaccessible to other boats! Instructors will work to expand paddlers' skill sets, maintain a focus on paddling safety, and of course have tons of fun. We are proud to have many of our paddling staff registered as American Canoe Association (ACA) Level 2 Kayak Touring Instructor Certified, a certification widely recognized around the world. Come paddle with our incredible staff and learn not only new skills, but new areas to explore.

FAQS

General: A detailed introductory email will be sent out the week before the start of each session. This email will include required forms as well as logistical information such as where to meet, what to bring, and weather forecast.

Swim License:

Youth: A District Swim License is required for youth boating participants who will be engaging in on-the-water programs. It is acquired through a one-time test held at the Aquatic Center and involves full submersion by jumping into the pool, swimming 25 yards, and then floating or treading water for one minute. The swim license form can be found at <https://bi-aquatics.org/>. Call the Aquatics Center at (206) 842-2302 to find out times when testing is available. If you aren't sure if you or your child is on file, visit <http://bainbridgeswim.azurewebsites.net/>. If your child is on file, print the record showing they passed and bring it to the first day of your boating class.

Adults: Participants age 18 and over need to complete the District Swim License or sign off on a Swimming Skills Acknowledgment form, self-certifying they can meet or exceed the requirements.

Learning About the Marine Environment: Being on a kayak, canoe or SUP is a great way to explore shallow-water bays and harbors inaccessible to other boats. We often take advantage of this opportunity to teach about the marine and intertidal life that can be found around Bainbridge and Puget Sound!

Games, Beaches, and Shore Activities: To increase paddlers' confidence and essential skills, camps will often engage in shore launching and landing, practicing various entries, exits, mounts, and dismounts from their boats and/or SUPs. Plenty of on-the-water games and initiatives will help develop and refine participants' paddling skills. Beach activities may be mixed into programming as well.

Equipment: A US Coast Guard approved lifejacket (PFD) is required to be worn for all boating programs. Purchasing PFD to match your size, comfort, and style is recommended, however there are a select number of PFDs that participants can borrow. Closed-toe sandals or shoes are required. No flip-flops or bare feet. Kayak, canoes and stand up paddleboards are provided.

Registration Deadlines: Registration deadline for most programs is three days before program start date. The District reserves the right to require a doctor's note to clear a participant for participation.

Waivers and Forms: Participants must complete and sign required waivers and forms in order to participate. These forms will be emailed out to everyone approximately the week before each program begins. All forms and waivers should be turned in to instructors on the first day of class and remain valid for all 2020 fall paddling programs.

Refunds: For questions about refunds, please see page 4. If weather cancels a program day, a prorated credit will be refunded for the missed session. Rain does not cancel programs; severe weather does.

Questions? Contact Paddling Program Coordinator Helen Mountjoy-Venning at helenmv@biparks.org

MANZANITA SUNSET SUP PADDLE **NEW!**

Ages 7 and up. Summer isn't over yet! Join us for a relaxing evening paddle board in beautiful Manzanita Bay. We'll go over basic paddle board strokes and get the hang of it by paddling around the protected waters deep in Manzanita bay. Then we'll make our way out to the mouth together where, if it's clear, we'll be greeted with stunning views of the Olympics as the sun sets behind them. Open to all experience levels. Participants under 14 must be accompanied by an adult. Location: Williams-Olson Park. District Swim License and Swim Skills Acknowledgement required, (see FAQs for details.)

530727-01 M 6:00-8:00p 9/5 \$50





BOATING

COVE TO SOUND KAYAK PADDLE **NEW!**

Ages 7 and up. The best way to reward yourself at the end of the week, join us for a scenic evening kayak paddle from Hidden Cove to Fay Bainbridge. We'll practice basic kayak strokes in protected Hidden Cove, then venture together out of the bay and around the point to Fay Bainbridge, which offers a long sandy shoreline and sweeping views of Puget Sound and the Cascade Mountains. Open to all experience levels. Participants under 14 must be accompanied by an adult. Location: Hidden Cove Park. District Swim License and Swim Skills Acknowledgement required (see FAQs for details.)

530726-01 F 5:30-7:30p 9/11 \$50

BIOLUMINESCENCE AND STARGAZING PADDLE

Ages 7 and up. Come witness the light show! We will explore the incredibly rich bioluminescence of the Puget Sound, perhaps even catching the outlines of fish or shrimp as they dart away underneath us swathed in the surreal blue light created when they disturb phosphorescent marine plankton. We'll learn about the biology behind this stunning phenomenon. This experience feels truly magical, whether you're looking down at the glowing water or up at the stars! Open to all experience levels. Participants under 14 must be accompanied by an adult. Location: Hidden Cove Park. District Swim License and Swim Skills Acknowledgement required (see FAQs for details.)

530703-01 F 8:00-10:30p 9/18 \$89



EAGLE HARBOR PADDLE BOARD PICNIC

Ages 7 and up. Join us for a fun and accessible afternoon on the water while you learn or improve paddle board skills. You'll learn the basics of paddle boarding including balance, paddle strokes, safety, and some cool tricks! You'll get plenty of hand-on practice as we do a few on-the-water games and challenges and then paddle around Eagle Harbor, glimpsing views of Seattle and the Cascade Mountains in the distance if it's clear and exploring tucked away inlets only accessible by water. Bring a tasty snack and we'll make our way to Prichard Park where we can relax on the sandy beach for a well deserved picnic. **One child, age 7-17, FREE per paying adult. Adult must attend on trip. Open to all experience levels. Location: Cannery Cove Park. District Swim License and Swim Skills Acknowledgement required (see FAQs for details.)

530725-01 Sa 11:00a-3:00p 9/12 \$89



BLAKELY ROCK EXPLORATION

Ages 10 and up. Blakely Rock is a great place to see wildlife, from seals that like to rest there to an incredible intertidal environment of crabs, anemones, sea-grasses, snails, and mussels. We'll launch from Blakely Harbor Park and kayak out to Blakely Rock, where we'll enjoy sweeping views of Puget Sound and Seattle. If we're able to land on the Island without disturbing seals or sea lions we'll stop to explore the intertidal zone and enjoy a morning snack before heading back to Blakely Harbor. Participants under 14 must be accompanied by an adult. Meet at Blakely Harbor. District Swim License and Swim Skills Acknowledgement required (see FAQs for details.)

530720-01 Su 8:30-11:30a 9/27 \$75

MILLER BAY KAYAK EXCURSION

Ages 10 and up. We'll start our paddle from Hidden Cove heading to Haleets, a glacial rock containing ancient petroglyphs thought to be carved by members of the Suquamish tribe as much as 3000 years ago. Then we'll continue across Port Madison to Miller Bay, where with luck we should be timed perfectly to see hundreds of chum salmon return to the creek to spawn. On the way back we'll take a break and enjoy a picnic lunch at the Indianola Waterfront Preserve. This paddle is open to all experience levels, but be prepared to paddle for several hours (with breaks). Participants under 14 must be accompanied by an adult. Location: Hidden Cove Park. District Swim License and Swim Skills Acknowledgement required (see FAQs for details.)

530729-01 Sa 10:00a-3:00p 9/19 \$95

RETIREMENT LIFE DESIGN

Take advantage of the uncharted opportunities of what can be the most powerfully authentic season of your life. Activity #566165

AQUATIC CENTER ADMISSION FEES FALL 2020

**DUE TO CAPACITY LIMITATIONS, FEES ARE SUBJECT TO CHANGE.
PLEASE SEE BIAQUATICS.ORG FOR OUR CURRENT FEE STRUCTURE.**

SWIM PASSES. Monthly, 6-month and annual swim passes are not accepted at this time due to capacity limitations. If you have a pass, please contact the front desk at recreation@biparks.org or call 206-842-2302 to have the remaining balance refunded to your household account. If you choose to leave your pass as is, once phasing allows, passes will be usable.



**DON NAKATA
POOL**



**RAY WILLIAMSON
POOL**

FALL SCHEDULE 2020

- | | | | |
|--------------|---|--------------|--|
| 9/2 | Full fall schedule begins | 12/25 | Christmas Facility Closed |
| 9/7 | Holiday Schedule Lap Swim (both pools) 12:00-3:00p | 12/31 | New Year's Eve Facility Closing at 5:00p |
| 11/26 | Thanksgiving Lap Swim (both pools) 12:00-3:00p | 1/1 | New Year's Day Lap Swim (both pools) 10:00a-3:00p |
| 11/27 | Lap Swim 12:00-3:00p Ray | | |

VISIT WWW.BIAQUATICS.ORG FOR UPDATED GUIDELINES.

How to make your reservation: Pool time must be reserved online or by phone at 206-842-2302. Pool space will be assigned at check-in.
Weekday Lap/Water Exercise Times #502600 Weekend Lap/Water Exercise Times #502601

SCHEDULE SUBJECT TO CHANGE WITH SAFE START PLAN.

FALL 2020

Swim Descriptions & Schedules

Visit our website for a detailed schedule www.biaquatics.org

During the limited opening at the Aquatic Center, our procedures as well as availability has changed and will continue to be updated as new guidance is released. Please stay abreast of these updates by viewing our website biaquatics.org. To accommodate as many different activities as we can under the current guidelines as possible, both Don Nakata and Ray Williamson are being heated to maintain approximately 78-81 degrees.

We welcome all whom wish to participate in individual water fitness and lap swimming to register for a time slot utilizing the BIPARKS registration system or by calling 206-842-2302. Currently due to the decreased number of swimmers permitted at one time, individuals under 18 years old will not be able to sign up for individual time slots. The ADA lift and water mobility equipment is still available to users requiring assistance. Seniors and those with special needs are encouraged to make a reservation for their individual water fitness and lap swim needs, lane specific accommodations made as able on-site.

Open swim, parent/child swim, tot pool, steam room, sauna and hot tub will resume once guidance allows.

To ensure we have a smooth transition back to the water, please visit our website, biaquatics.org, for our new procedures and guidelines. Some highlights are:

BEFORE YOU VISIT:

- Make a Reservation
- Each swim time slot will be 45 min
- One Person Per Lane or designated area of Dive tank.
- View our pool schedule at biaquatics.org
- Register for Independent Swim/Exercise time Online (Activity Code #502600/502601) or by phone (206) 842-2302
- Sauna, Steam Room and Hot Tub are closed during this phase
- Pack Your Swim Bag
- Bring your swim gear (goggles, kick board, pull buoy, water bottle, etc.)
- No equipment will be available outside of swim lessons and water exercise classes.
- No extra goggles or equipment will be available.
- Bring towel and clothes to wear over your swimsuit. Changing in the facility is not permitted at this time.
- Bring your face covering.
- Bring a plastic baggie for your face covering.
- Put on your swimsuit before arriving.
- No locker rooms or showers available
- Limited restrooms available
- Arrive 10 Minutes Early
- Arrive 10 minutes prior to your time slot. Wait in your car or social distance outside the front doors. You will be signed in, complete a verbal health screen and have your temperature taken.
- If you have a positive health screen and/or a temperature of 100.4°F or above, you will not be able to enter the Aquatic Center.

AQUATIC CENTER



TEAMS

BAINBRIDGE ISLAND SWIM CLUB (BISC)

Our club is a team offering high-quality, professional coaching for children of ranging abilities from 7-18 years of age. The goal of our club is to provide every member an opportunity to improve technical skills and achieve success commensurate with his or her ability and commitment. Kids will be in a safe, team environment in which they may experience personal growth from their experiences. All swimmers must also register with USA Swimming. Call the pool for more information at 206-842-2302 #106 and ask for head coach Carolyn Ackerley, or assistant coaches Kate Carr and Leilani Tonsmann. **For more information, go to www.biswimclub.org. Carolyn@biparks.org.**



BRONZE (LEVEL 1) monthly dues, plus additional meet fees
Must be 7 years or older and able to swim four competitive strokes legally
3 practices per week and scheduled meets

SILVER (LEVEL 2) monthly dues, plus additional meet fees
4 practices per week and scheduled meets

GOLD (LEVEL 3) monthly dues, plus additional meet fees
5 practices per week and scheduled meets

CHAMPS (LEVEL 4) monthly dues, plus additional meet fees
6 practices per week and scheduled meets

REGIONAL (LEVEL 5) monthly dues, plus additional meet fees
7 practices per week and scheduled meets

SECTIONAL (LEVEL 6) monthly dues, plus additional meet fees
7 practices per week and scheduled meets

JR. NATIONAL (LEVEL 7) monthly dues, plus additional meet fees
8 practices per week and scheduled meets



MASTERS SWIM TEAM (BAM)

The Bainbridge Aquatic Masters (BAM) is a year-round workout group within the Pacific Northwest Association of the United States Masters Swimming (USMS), a program for adults that exists to benefit all interested adult swimmers. The program is for swimmers ages 18+ and of any abilities, who want conditioning and stroke technique enhancement. It's great fun for lap swimmers who want to add a new dimension to their routine. Swim meets, triathlons, and open-water competitions are available for those who want to compete. The overriding philosophy of Masters Swimming is that participation in sports can and should be a life-enhancing experience. Our program emphasizes structure and continuous instruction. We are a true community program and serve over 130 team members. We look forward to seeing you at the pool! For more information, email April Cheadle at april@biparks.org or visit www.bainbridgeaquaticmasters.com.

WET WORKOUT TIMES

Email Coach April at april@bipark.org to sign-up.



DRY LAND WORKOUTS RETURNING AT A LATER PHASE.

BAM DUES CURRENTLY ON PAY-PER-WORKOUT SCHEDULE.



AQUATIC CENTER

ADULT AQUA FIT CLASSES

SCHEDULE AND DATES SUBJECT TO CHANGE BASED ON SAFE START PHASE

INDEPENDENT WATER EXERCISE AVAILABLE

	MON	TUE	WED	THURS	FRI	SAT	SUN
Morning Classes	9:00-10:00a Deep Water	9:00-10:00a Deep Water	9:00-10:00a Deep Water	9:00-10:00a Deep Water	9:00-10:00a Deep Water		

****No classes on 9/7,11/26-27,12/25-1/1****



SPECIALTY CLASSES

LIFEGUARD & WATERPARK LIFEGUARD (AMERICAN RED CROSS)

Through a blended learning style class, you will learn skills to gain employment as a lifeguard in a waterpark or pool setting. You must be 15 years old and pass a swimming skill assessment. Skill assessments will be given on the first day of class. For more information, go to www.biaquatics.org. Min 5/Max 10

502520-01 SaSu 8:00a-1:00p 12/5-20 \$318

ADULT/CHILD & PEDIATRIC CPR/AED & FIRST AID CLASS

Would you like to feel confident that you could help a neighbor or family member in an emergency? If so, one of the first and most important steps is becoming certified in basic CPR and first aid. Our classes are blended learning for the busy student. Min 8/Max 12

502522-01 Th 12:00-2:00p 8/27 \$72
02 Sa 10:00a-12:00p 9/5 \$72

YOUTH SPECIALTY CLASSES

SPLASH INTO FITNESS 1

Ages 11 and under. This class is for the younger swimmer who has passed Dolphin and wants to keep swimming for exercise. The emphasis for the younger, smaller swimmer is developing endurance and pacing with shorter repeat sets. Swimmers must be able to swim front crawl 2 pool lengths with good side-breathing the entire distance.

SPLASH INTO FITNESS 2

Ages 11-17. This class is for the older swimmer who is capable of swimming front crawl for 8 pool lengths continuously. Emphasis is on training which will enhance fitness, conditioning and pacing. Personal goals may involve developing fitness into a lifelong fitness sport or conditioning for high school swim team.

SOCIALLY DISTANT SWIM LESSONS

See Quick Guide to Progression on page xx

Welcome to socially distant swim lessons! We have worked hard to adapt our Learn To Swim program to meet the requirements of the State and health department during this pandemic. We have made some changes to our program for everyone's well-being and safety. In the grid below, you will see either a "parent/guardian in the water" or "on deck" with swimmers. This is to help maintain social distancing for both your family and our staff. The "parent/guardian in the water" will work in tandem with our instructors to provide physical support in the water throughout the lesson. We ask that you choose a time that will allow you to be 10 minutes early to the facility. Why do we ask you to be early? Both the swimmer and guardian will need to complete a health screening and temperature check prior to entering the facility. Please be aware that all swimmers and patrons entering the Aquatic Center will be required to wear a face mask over their nose and mouth. These are a few of the planned changes that will be instituted in our swim lesson program and will allow you time to begin planning. We have set up an additional information page at biaquatics.org with all our guidelines, procedures and "How-To" documents to make your transition back to the water as easy as possible.

TINY TOTS #502501

parent/guardian in the water

Saturday

Sec# 01	9:00-9:30a	9/19-10/17	\$150
02	10:30-11:00a	9/19-10/17	\$150
03	9:00-9:30a	10/24-11/21	\$150
04	10:30-11:00a	10/24-11/21	\$150

TINY STARFISH #502542

parent/guardian in the water

Saturday

Sec# 01	9:45-10:15a	9/19-10/17	\$150
02	11:15-11:45a	9/19-10/17	\$150
03	9:45-10:15a	10/24-11/21	\$150
04	11:15-11:45a	10/24-11/21	\$150

STARFISH (K1) #502502

parent/guardian in the water

Tuesday

Sec# 01	4:15-4:45p	9/15-10/6	\$120
02	5:45-6:15p	9/15-10/6	\$120
03	4:15-4:45p	10/13-11/3	\$120
04	5:45-6:15p	10/13-11/3	\$120
05	4:15-4:45p	11/10-12/8	\$120
06	5:45-6:15p	11/10-12/8	\$120

Thursday

Sec# 07	4:15-4:45p	9/17-10/8	\$120
08	5:45-6:15p	9/17-10/8	\$120
09	4:15-4:45p	10/15-11/5	\$120
10	5:45-6:15p	10/15-11/5	\$120
11	4:15-4:45p	11/12-12/10	\$120*
12	5:45-6:15p	11/12-12/10	\$120*

ANGELFISH (K2) #502503

parent/guardian in the water

Tuesday

Sec# 01	3:30-4:00p	9/15-10/6	\$120
02	4:15-4:45p	9/15-10/6	\$120
03	5:00-5:30p	9/15-10/6	\$120
04	3:30-4:00p	10/13-11/3	\$120
05	4:15-4:45p	10/13-11/3	\$120
06	5:00-5:30p	10/13-11/3	\$120
07	3:30-4:00p	11/10-12/8	\$120
08	4:15-4:45p	11/10-12/8	\$120
09	5:00-5:30p	11/10-12/8	\$150

Thursday

Sec# 10	3:30-4:00p	9/17-10/8	\$120
11	4:15-4:45p	9/17-10/8	\$120
12	5:00-5:30p	9/17-10/8	\$120
13	3:30-4:00p	10/15-11/5	\$120
14	4:15-4:45p	10/15-11/5	\$120
15	5:00-5:30p	10/15-11/5	\$120
16	3:30-4:00p	11/12-12/10	\$120*
17	4:15-4:45p	11/12-12/10	\$120*
18	5:00-5:30p	11/12-12/10	\$120*

BETA FISH (K3) #502504

parent/guardian in the water

Tuesday

Sec# 01	3:30-4:00p	9/15-10/6	\$120
02	5:00-5:30p	9/15-10/6	\$120
03	3:30-4:00p	10/13-11/3	\$120
04	5:00-5:30p	10/13-11/3	\$120
05	3:30-4:00p	11/10-12/8	\$150
06	5:00-5:30p	11/10-12/8	\$150

Thursday

Sec# 07	3:30-4:00p	9/17-10/8	\$120
08	5:00-5:30p	9/17-10/8	\$120
09	3:30-4:00p	10/15-11/5	\$120
10	5:00-5:30p	10/15-11/5	\$120
11	3:30-4:00p	11/12-12/10	\$120*
12	5:00-5:30p	11/12-12/10	\$120*

Saturday

Sec# 13	11:15-11:45a	9/19-10/17	\$150
14	11:15-11:45a	10/24-11/21	\$150

CLOWNFISH (K4) #502505

parent/guardian in the water

Tuesday

Sec# 01	5:45-6:15p	9/15-10/6	\$120
02	5:45-6:15p	10/13-11/3	\$120
03	5:45-6:15p	11/10-12/8	\$120

Thursday

Sec# 04	5:45-6:15p	9/17-10/8	\$120
05	5:45-6:15p	10/15-11/5	\$120
06	5:45-6:15p	11/12-12/10	\$120*

LITTLE FISH (K5) #502540

parent/guardian in the water

Tuesday

Sec# 01	4:15-4:45p	9/15-10/6	\$120
02	4:15-4:45p	10/13-11/3	\$120
03	4:15-4:45p	11/10-12/8	\$120

Thursday

Sec# 04	4:15-4:45p	9/17-10/8	\$120
05	4:15-4:45p	10/15-11/5	\$120
06	4:15-4:45p	11/12-12/10	\$120*



GUPPY (LEVEL 1) #502506

parent/guardian in the water

Tuesday

Sec# 01	5:45-6:15p	9/15-10/6	\$120
02	5:45-6:15p	10/13-11/3	\$120
03	5:45-6:15p	11/10-12/8	\$150

Thursday

Sec# 04	5:45-6:15p	9/17-10/8	\$120
05	5:45-6:15p	10/15-11/5	\$120
06	5:45-6:15p	11/12-12/10	\$120*



No class Thursday 11/26*

ALL SWIM LESSONS ARE ELIGIBLE FOR HELPLINE VOUCHERS

Go to biaquatics.org for information on how to pack your swim bag for lessons.

MINNOW (LEVEL 2) #502507
parent/guardian in the water

Tuesday			
Sec# 01	3:30-4:00p	9/15-10/6	\$120
02	5:00-5:30p	9/15-10/6	\$120
03	3:30-4:00p	10/13-11/3	\$120
04	5:00-5:30p	10/13-11/3	\$120
05	3:30-4:00p	11/10-12/8	\$150
06	5:00-5:30p	11/10-12/8	\$150
Thursday			
Sec# 07	3:30-4:00p	9/17-10/8	\$120
08	5:00-5:30p	9/17-10/8	\$120
09	3:30-4:00p	10/15-11/5	\$120
10	5:00-5:30p	10/15-11/5	\$120
11	3:30-4:00p	11/12-12/10	\$120*
12	5:00-5:30p	11/12-12/10	\$120*
Saturday			
Sec# 13	10:30-11:00a	9/19-10/17	\$150
14	10:30-11:00a	10/24-11/21	\$150

FISH (LEVEL 3A) #502508
parent/guardian in the water

Tuesday			
Sec# 01	4:15-4:45p	9/15-10/6	\$120
02	5:45-6:15p	9/15-10/6	\$120
03	4:15-4:45p	10/13-11/3	\$120
04	5:45-6:15p	10/13-11/3	\$120
05	4:15-4:45p	11/10-12/8	\$150
06	5:45-6:15p	11/10-12/8	\$150
Thursday			
Sec# 07	4:15-4:45p	9/17-10/8	\$120
08	5:45-6:15p	9/17-10/8	\$120
09	4:15-4:45p	10/15-11/5	\$120
10	5:45-6:15p	10/15-11/5	\$120
11	4:15-4:45p	11/12-12/10	\$120*
12	5:45-6:15p	11/12-12/10	\$120*
Saturday			
Sec# 13	10:30-11:00a	9/19-10/17	\$150
14	10:30-11:00a	10/24-11/21	\$150

FLYING FISH (LEVEL 3B) #502509
parent/guardian in the water

Tuesday			
Sec# 01	3:30-4:00p	9/15-10/6	\$120
02	5:00-5:30p	9/15-10/6	\$120
03	3:30-4:00p	10/13-11/3	\$120
04	5:00-5:30p	10/13-11/3	\$120
05	3:30-4:00p	11/10-12/8	\$150
06	5:00-5:30p	11/10-12/8	\$150
Thursday			
Sec# 07	3:30-4:00p	9/17-10/8	\$120
08	5:00-5:30p	9/17-10/8	\$120
09	3:30-4:00p	10/15-11/5	\$120
10	5:00-5:30p	10/15-11/5	\$120
11	3:30-4:00p	11/12-12/10	\$120*
12	5:00-5:30p	11/12-12/10	\$120*
Saturday			
Sec# 13	11:15-11:45a	9/19-10/17	\$150
14	11:15-11:45a	10/24-11/21	\$150

STING RAY (LEVEL 4A) #502510
parent/guardian on the deck

Tuesday			
Sec# 01	3:30-4:00p	9/15-10/6	\$120
02	3:30-4:00p	10/13-11/3	\$120
03	3:30-4:00p	11/10-12/8	\$150
Thursday			
Sec# 04	3:30-4:00p	9/17-10/8	\$120
05	3:30-4:00p	10/15-11/5	\$120
06	3:30-4:00p	11/12-12/10	\$120*
Saturday			
Sec# 07	9:45-10:15a	9/19-10/17	\$150
08	9:45-10:15a	10/24-11/21	\$150

MANTA RAY (LEVEL 4B) #502511
parent/guardian on the deck

Tuesday			
Sec# 01	4:15-4:45p	9/15-10/6	\$120
02	4:15-4:45p	10/13-11/3	\$120
03	4:15-4:45p	11/10-12/8	\$150
Thursday			
Sec# 04	4:15-4:45p	9/17-10/8	\$120
05	4:15-4:45p	10/15-11/5	\$120
06	4:15-4:45p	11/12-12/10	\$120*
Saturday			
Sec# 07	9:45-10:15a	9/19-10/17	\$150
08	9:45-10:15a	10/24-11/21	\$150

DOLPHIN (LEVEL 5) #502512
parent/guardian on the deck

Tuesday			
Sec# 01	5:00-5:30p	9/15-10/6	\$120
02	5:00-5:30p	10/13-11/3	\$120
03	5:00-5:30p	11/10-12/8	\$150
Thursday			
Sec# 04	5:00-5:30p	9/17-10/8	\$120
05	5:00-5:30p	10/15-11/5	\$120
06	5:00-5:30p	11/12-12/10	\$120*



SPLASH INTO FITNESS 1 (LEVEL 6) #500502
parent/guardian on the deck

Saturday			
Sec# 01	9:00-9:30a	9/19-10/17	\$150
02	9:00-9:30a	10/24-11/21	\$150

(Splash level 2 can sign up for level 1. Each swimmer gets their own lane.)

DIVING FISH 1 #501101
parent/guardian on the deck

Tuesday			
Sec# 01	5:45-6:15p	9/15-10/6	\$120
02	5:45-6:15p	10/13-11/3	\$120
03	5:45-6:15p	11/10-12/8	\$150
Thursday			
Sec# 04	5:45-6:15p	9/17-10/8	\$120
05	5:45-6:15p	10/15-11/5	\$120
06	5:45-6:15p	11/12-12/10	\$120*

DIVING FISH 2 #501102
parent/guardian on the deck

Tuesday			
Sec# 01	5:45-6:15p	9/15-10/6	\$120
02	5:45-6:15p	10/13-11/3	\$120
03	5:45-6:15p	11/10-12/8	\$150
Thursday			
Sec# 04	5:45-6:15p	9/17-10/8	\$120
05	5:45-6:15p	10/15-11/5	\$120
06	5:45-6:15p	11/12-12/10	\$120*

No class Thursday 11/26*

ALL SWIM LESSONS ARE ELIGIBLE FOR HELPLINE VOUCHERS

FALL 2020 | 55

SWIMMING LESSONS

A Quick Guide to the Progression

LEVEL & AGES	LENGTH	I CAN...	CLASS SIZES
Tiny Tots Age: 6 mon-3 yr	30 Min	A parent or care giver must be in the water <ul style="list-style-type: none"> • hold up my head by myself • I need to be in the water with a care giver 	Min 5/Max 12
Tiny Starfish Age: 2 -5 yr	30 Min	A parent or care giver must be in the water <ul style="list-style-type: none"> • I am ready to start floating and exploring the water, but I am not ready to go without a care giver 	Min 5/Max 12
Starfish PSA Level 1 Age: 3-5 yr	30 Min	<ul style="list-style-type: none"> • be in the water without my parents or care giver • follow directions and stay with my teacher • I have little or no experience in the water • I can't float by myself on my front or back 	Min 3/Max 5
Angelfish PSA Level 2 Age: 3-5 yr	30 Min	<ul style="list-style-type: none"> • I like to go underwater because its fun and do 5 underwater bobs • front float with my face in the water by myself for 3 seconds • float on my back with ears in the water for 5 seconds with my instructor 	Min 3/Max 5
Beta Fish PSA Level 2 Age: 3-5 yr	30 Min	<ul style="list-style-type: none"> • push off the wall and glide to my teacher on both my front and back for 3 body lengths • I am not scared to swim in the lane with my teacher • float on my front and back for 5 seconds in water over my head 	Min 3/Max 6
Clownfish PSA Level 3 Age: 3-5 yr	30 Min	<ul style="list-style-type: none"> • glide and kick on my front and back for 5 body lengths • tread water and back float for 10 seconds each • swim on my front and back 5 yards to the flags • I am ready to swim in the dive tank with my instructor • do 10 underwater bobs without stopping 	Min 3/Max 6
Little Fish Level 3A Age: 3-5 yr	30 Min	<ul style="list-style-type: none"> • swim on my front and back halfway across the pool • tread water and back float for 15 seconds each • rotate from a front float to a back float and back to a front float 	Min 3/Max 6
Guppy Level 1 Age: 6-12 yr	30 Min	<ul style="list-style-type: none"> • I have little or no water experience • play in the water but I don't know how to float on my front or back • I am not comfortable swimming in the lanes 	Min 3/Max 6
Minnow Level 2 Age: 6-12 yr	30 Min-45 Min	<ul style="list-style-type: none"> • float on my front and back for 5 seconds by myself • push off the wall in a front and back glide for 3 body lengths • I am ready to swim in a lane • I am ready to explore the dive tank with my teacher 	Min 3/Max 6
Fish Level 3A Age: 6-12 yr	30 Min-45 Min	<ul style="list-style-type: none"> • swim half way across the pool on my front and back • tread water and back float for 15 seconds each • do 10 non-stop bobs with my head underwater easily rotate from a front glide to a back glide and back again • I am ready to swim in the dive tank with my teacher 	Min 3/Max 7
Flying Fish Level 3B Age: 6-12 yr	30 Min-45 Min	<ul style="list-style-type: none"> • tread water and backfloat for 30 seconds each • swim front crawl with rhythmic breathing 2/3 of a pool length • swim on my back with elementary backstroke kick 2/3 of a pool length • swim longer distance without getting too tired 	Min 3/Max 7
Sting Ray Level 4A Age: 6-12 yr	30 Min-45 Min	<ul style="list-style-type: none"> • tread water and back float for 1 minute each • swim front crawl w/ consistent side breathing 2/3 of a pool length • swim correct elementary backstroke 2/3 of a pool length • I know how to dolphin kick and scissor kick 2/3 of a pool length 	Min 3/Max 8
Manta Ray Level 4B Age: 6-12 yr	30 Min-45 Min	<ul style="list-style-type: none"> • swim front crawl with correct side breathing 1 pool length • swim breaststroke and butterfly with proper timing 2/3 of a pool length • swim sidestroke and backstroke 2/3 of a pool length • swim elementary backstroke for 1 pool length 	Min 3/Max 8
Dolphin Level 5 Age: 6-12 yr	30 Min-45 Min	<ul style="list-style-type: none"> • swim front crawl with side breathing for 2 pool lengths • swim all of my strokes with correct timing and technique • I want to learn flip turns and my goal is to swim fast and efficiently for swim team 	Min 3/Max 8

Join Santa and his reindeer at their favorite beachside workshop for a photo opportunity, crafts and treats, and some holiday cheer for the whole family!



Santa's Workshop

NEW!

Free for All Ages!

Saturday, December 19 • 1:00-4:00pm
Fay Bainbridge Beachside Picnic Shelter

Details subject to change based on COVID-19 restrictions.

biparks.org • 206.842.2302

Improvements at



Battle Point Park

New Pickleball Courts!



Photo from July



Kids Up Playground...
Construction has begun!

A lot has been happening at Battle Point Park this summer!

Construction is nearly complete on the brand-new six-court Pickleball Center located next to the tennis courts at Battle Point Park.

Coming soon to the Center will be an interpretive Founders Court entrance plaza that will feature picnic tables, benches, and signage celebrating Bainbridge Island as the birthplace of the game.

And just a stone's throw away, work has begun on Phase I of the long-awaited KidsUp Next Generation of Play playground. This extensive renovation of the much-loved original will feature fully accessible swings, slides, spinners, musical play, plus an all new sand area with play pier and climbing logs.

We still need your help to bring home the most sensational feature for Phase II; a 47-foot-long, two-level, fully inclusive ferry boat play structure.

For more information, or to donate to either of these exciting projects:

BAINBRIDGE ISLAND
PARKS FOUNDATION
biparksfoundation.org



BUILD THE KIDSUP! FERRY BOAT



WE CAN'T WAIT TO PLAY!

The amazing new KidsUp! Playground
is coming to Battle Point Park this year.

**Your gift TODAY will launch the centerpiece,
the giant Ferry Boat play structure.**

Together let's say, All Aboard for Fun!



WWW.KIDSUP.FUN

BAINBRIDGE ISLAND
PARKS FOUNDATION 

THANK YOU!

SUMMER TRAILS CREW



For going the extra mile...

And THANK YOU to all who support the Bainbridge Island Parks Foundation, for helping fund 10 weeks of intensive trails construction and maintenance this year.

Since 2015,
Summer Trails Crew
is a partnership of



Support the Summer Trails Crew @ biparksfoundation.org

TAKE THE SURVEY
YOUR PARK
PRIORITIES

www.biparksfoundation.org/survey



New Trail Connection

John Nelson Trail to Sound to Olympics Trail

Thanks to the efforts of our hard working trails crew and the good folks at the Bainbridge Island Parks Foundation, a new trail connection has been completed between the beautiful John Nelson Linear Park and the Sound to Olympics regional trail.

The John Nelson Trail is known for its forested loop pathway and scenic ravine views.

This peaceful addition to the STO corridor provides the opportunity for a tranquil detour.

Coming soon:
Construction has begun on a trail connection to the STO through Sakai Park.



Bainbridge Island Parks



Key/Legend	
	Park Boundaries
	Selected Open Space
	Roads
	BIMPRD Maintained trails
	Other Selected Trails
	Long Distance Trails
	Facilities



BAINBRIDGE ISLAND METROPOLITAN PARK & RECREATION DISTRICT PARKS

- AARON TOT LOT:** (1385 Aaron Ave.) Children's play structure.
- BATTLE POINT PARK:** (11299 Arrow Pt Dr) 90 acres. Picnic areas, play structure, jogging trail, soccer & softball fields, equestrian trail, picnic shelter, tennis courts, basketball courts, roller-hockey rink, wildlife pond, and community garden.
- AQUATIC CENTER:** (8521 Madison Ave.) 1 acre. 25 yard/6-lane pool with 1 & 3 meter diving boards, warm water leisure pool with spa, lazy river, water slide and zero depth entry.
- BLAKELY HARBOR PARK:** (Head of Blakely Harbor) 40 acres, shoreline access, passive recreational activities such as picnicking, kayaking and wildlife viewing.
- CAMP YEOMALT:** (900 Park Ave.) 3 acres. Multipurpose building and woodland trail.
- CAVE FAMILY HERITAGE PARK:** (259 Ferncliff Dr.) .91 acres. Playground, picnic table, benches, and historic two-story home.
- EAGLEDALE PARK:** (5050 Rose Ave NE) 7 acres. Pottery studio and workshop, picnic shelter, tennis court, play area, volleyball court, and off-leash dog area.
- FAY BAINBRIDGE PARK:** (15996 Sunrise Drive) 17 acres. Campsites, picnic areas, play areas & trails.
- FORT WARD PARK:** (Pleasant Beach Drive or Ft. Ward Hill) 137 acres. Picnic and play areas, boat launch & trails.
- GAZZAM LAKE NATURE PRESERVE:** (Deerpath Lane or Marshall Road) 444.6 acres. Trails and wildlife area.
- GIDEON PARK:** (274 Gideon Lane) 2.5 acres. Neighborhood children's play area.
- THE GRAND FOREST OF BAINBRIDGE:** (Miller and Mandus Olson Roads) 240 acres. Equestrian and walking trails.
- HAWLEY COVE PARK:** (1287 Wing Point Way NE) 12 acres. Low bank shoreline and related estuarine wetland communities.
- HIDDEN COVE BALLFIELDS:** (13595 Phelps Rd.) 7.7 acres, two baseball fields and soccer practice field.
- HIDDEN COVE PARK:** (8588 Hidden Cove Rd NE) Beautiful waterfront with dock.
- ISLAND CENTER PARK:** (8395 Fletcher Bay Rd) 3 acres. Community center & picnic area.
- LUMPKIN** (200 Block Gowen Pl.) 4.45 Acres. 400 linear feet of shoreline with tidelands.
- MADISON AVENUE TOT LOT:** (598 Madison Avenue North) Neighborhood children's play area.
- MANITOU BEACH** (9800 Block of Manitou Beach Dr.) .90 Acres. 210 linear feet of shoreline with beach access and landing.
- MANZANITA PARK:** (7644 Day Road West) 120 acres. Hiking & equestrian trails.
- MEIGS PARK:** (Highway 305 & Koura Road) 67 acres. To be developed for nature study & trails.
- MORITANI PRESERVE:** (542 Winslow Way W) 8.5 acres of woodlands and fields in the center of Winslow.
- NUTES POND:** (1601-2101 Toe Jam Hill Rd NE) 31-acres of passive park with a captivating landscape whose central feature is a tranquil pond.
- POINT WHITE PIER:** (3949 Crystal Springs Dr. NE) Public fishing
- PRITCHARD PARK:** (4152 Eagle Harbor Dr. NE) 49 acres. Beach access and upland trails. Of historic importance and on the site's westerly side facing Taylor Av., is the debarkation point for local Japanese – Americans who were forcibly interned during WWII under executive order. This site is jointly owned by the Park District and the City.
- RED PINE PARK:** (418 Wood Ave SW) a half acre pocket park that contains an orchard and berry patches, open lawn with seating and a picnic area.
- ROCKAWAY BEACH:** (4002 Rockaway Dr. NE) Beach property with views of Seattle & Cascades. Excellent place for diving enthusiasts to observe unique underwater fissures.
- ROTARY PARK:** (7969 Weaver Rd) 10 acres. Multipurpose ballfields, meeting space, and award winning Owen's Playground.
- SAKAI PARK:** (1560 Madison Ave N) Undeveloped 22.87 acres with approximately 9-acres of upland property that is relatively flat. Below and to the east is a pond, stream and wetland complex. Sakai Park was purchased in 2015 with bonds after a successful Island election vote. Community planning efforts have been underway.
- SANDS AVENUE BALLFIELD:** (8641 Sands Rd) 10 acres. Baseball and soccer fields.
- SCHEL CHELB PARK:** (Point White Drive near Lynwood Center) This 1.64 acre park features 370 linear feet of saltwater shoreline, swimming beach, open grass area, play area, and trail linking to Gazzam trail network.
- SEABOLD PARK:** (14450 Komedal Rd NE) 3-acre park includes Seabold Hall, which holds 80 people and has an all wooden interior with a separate kitchen.
- STRAWBERRY HILL PARK:** (7666 NE High School Rd) 18 acres. Multipurpose ballfields, playground, off-leash dog area, tennis court, volleyball court, basketball court, Strawberry Hill Center (meeting and classroom space), skate bowl, district office.
- T'CHOOKWAP PARK:** (8800 NE Spargur Loop Road) 1 acre. Pt. Madison view site.
- TED OLSON NATURE PRESERVE:** (1180 Madison Ave NE) 15 acres. Wooded nature trail.
- WAYPOINT PARK:** (551 Winslow Way E) This park provides a public site for what has occurred in the road way and sidewalks at this location for generations. It is a place of homecoming and departing for local residents as they walk to and from the ferry, and a place to physically orient oneself for the visitor.
- WEST PORT MADISON NATURE PRESERVE:** (8334 NE County Park Rd, Skogen Lane & County Park Rd) 13 acres. Picnic shelters and nature trails.
- WILLIAMS-OLSON PARK:** (6200 Williams Lane) A sloping bluff and grassy lawn with access to the Manzanita Bay shoreline. 4.8 acres of upland property, approximately 8 acres of tideland, and 460' of shoreline access.

For more information: biparks.org



Duck & Goose Feeding Standards

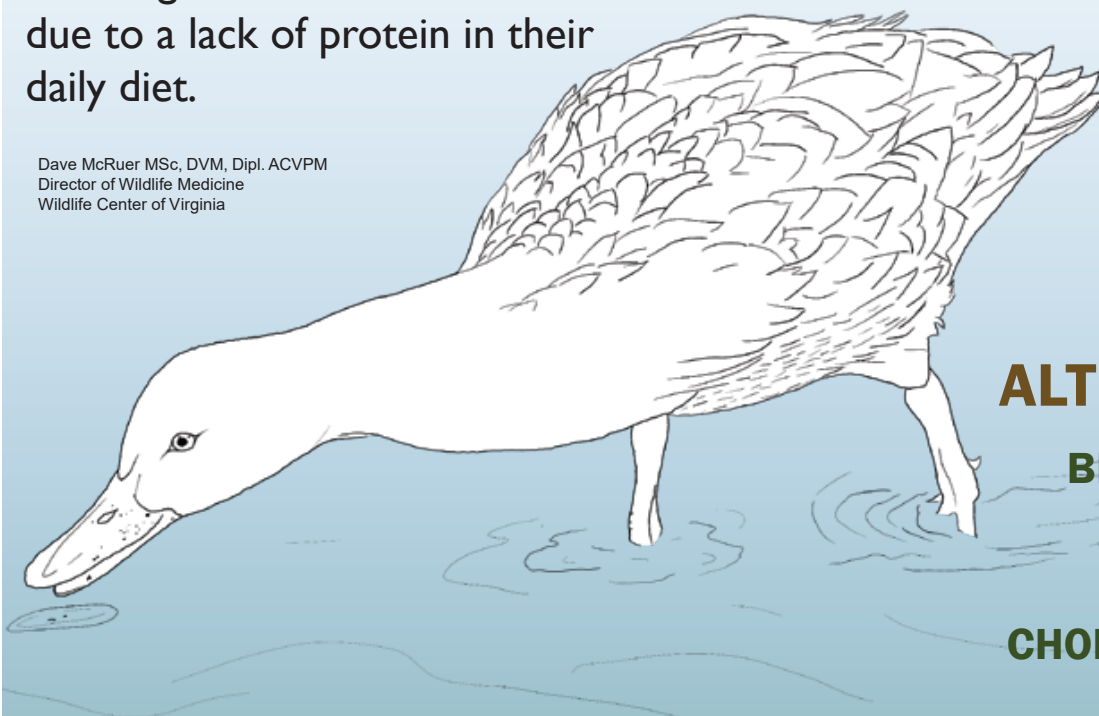
THE FOLLOWING FOODS ARE HARMFUL TO DUCKS:

BREAD CORN DONUTS CEREAL POPCORN

Feeding Ducks And Geese Can Result In A Number Of Harmful Effects:

- Overcrowding
- Habitat Degradation
- Disease Among Waterfowl
- Habituation
- Delayed Migration
- Nutritional Issues: it is common for ducks to be admitted into wildlife rehabilitation centers suffering from metabolic bone disease due to a lack of protein in their daily diet.

Dave McRuer MSc, DVM, Dipl. ACVPM
Director of Wildlife Medicine
Wildlife Center of Virginia



HEALTHY ALTERNATIVES:

**BIRD WATCHING
BIRD SEEDS
MILO SEEDS
CHOPPED LETTUCE**



Each year thousands of island residents of all ages benefit from a robust menu of classes, activities and special events offered by the Bainbridge Island Metro Park & Recreation District. The District also maintains and operates over 1,500 acres of parkland.

PARK DISTRICT BOARD OF COMMISSIONERS

Kristine Cox, Ken DeWitt, Dawn Janow, Jay Kinney, Tom Swolgaard

PARK DISTRICT CONTACTS

Executive Director	Terry Lande	terry@biparks.org
Senior Planner	Perry Barrett	perry@biparks.org
Administration Services	Amy B. Swenson	amy@biparks.org
Division Director (HR and Finance)		
Park Services Division Director	Dan Hamlin	dan@biparks.org
Executive Services Manager	Helen Stone	helen@biparks.org
Recreation Services		
Superintendent	Bryan Garoutte	bryan@biparks.org
Recreation Division Director	Mark Benishek	mbenishek@biparks.org
Active Adult Program Manager	Sue Barrington	sbarrington@biparks.org
Gymnastics Program Manager	Jason Balange	jason@biparks.org
Sports Program Manager	Julie Miller	julie@biparks.org
Youth and Teen Program Mgr	Shannon Buxton	shannon@biparks.org
Aquatics Program Administrator	Megan Pleli	meganp@biparks.org

PROGRAM SITES

BHS	Bainbridge High School	9330 High School Road
AQ	BI Aquatic Center	8521 Madison Ave
	BHS Gymnastics Rms	9330 High School Road
		Rear of High School
BPP	Battle Point Park	11299 Arrow Point Drive
	Blakey Elementary	4704 Blakely Ave NE
CYC	Camp Yeomalt Classroom	900 Park Avenue
CYCabin	Camp Yeomalt Cabin	900 Park Avenue
	Devoted Yogi Training Studio	425 Ericksen Ave NE #210
ED	Eagledale Pottery Studio	5055 Rose Avenue off Eagle Harbor Dr
FB	Fay Bainbridge Park	15446 Sunrise Drive
	Fort Ward Park	2241 Pleasant Beach Drive NE
	Grand Forest West	9752 Miller Road NE
	Grand Forest East	9594 Mandus Olson Rd NE
HSLG	BHS Lower Gym	9330 High School Road
HCP	Hidden Cove Park	8588 Hidden Cove Road
HT	Hilltop	Hilltop Park/Prue's House, off of Grd. Forest E Parking lot
ICM	Insight Climbing & Movement	9437 Coppertop Loop NE
ICH	Island Center Hall	8395 Fletcher Bay Road
	New Motion Physical Therapy	9419 Coppertop Loop NE
	Ordway Elementary	8555 Madison Ave NE
	Park District Office	7666 NE High School Road
	Sakai Intermediate School	9343 Sportsman Club Rd NE
SB	Seabold Hall	14450 Komedal
SHC	Strawberry Hill Center	7666 NE High School Road
SHMG	Strawberry Hill MiniGym	7666 NE High School Road
SHP	Strawberry Hill Park	7666 NE High School Road
	Teen Center	8521 Madison Ave
	Transmitter Bldg	11299 Arrow Point Drive
	Prue's House	9600 Mandus Olson Rd NE
Sakai	Sakai Intermediate School	9343 NE Sportsman Club Rd.
WFP	Waterfront Park	301 Shannon Drive SE
	Wilks Elementary	12781 N Madison Ave NE
	William Olson Park	6200 Williams Lane
	Woodward Middle School	9125 Sportsman Club Rd NE

LOOKING FOR EMPLOYMENT OPPORTUNITIES?

The Park District is always looking for part time recreation and park services staff. Go to www.biparks.org/employment. Complete an application and email it to amy@biparks.org. Please make sure and tell us what you are interested in doing.

HOURS & CLOSURES

Customer Service Hours at Bainbridge Island Aquatic Center:

Monday-Friday: 5:00am-8:30pm, Saturday: 7:30am-4:00pm
and Sunday: 8:00am-4:00pm

District Admin Office Hours:

Monday-Friday 8:00am-4:30pm

District Office Holiday Closures:

The Park District Office will be closed for national holidays on 7/3 and 9/7.

Extreme Weather Closures:

Park District will open facilities and conduct classes/programs except under extreme adverse conditions. Check our website for closure and cancellation information at www.biparks.org. If the Park District cancels your class due to extreme conditions, your instructor will notify you concerning make-up dates.

Non-resident Participants: We welcome non-residents to participate in our programs. A non-resident fee of \$6 will apply to each class.

How to be an Instructor: Do you have a special skill you would like to share? Call the Park District at 206-842-2306 for information.

Facility Rentals: All facilities, fields and picnic areas must be reserved by groups intending to use the facilities. Please look online at www.biparks.org for information and rates.

Inclusion and Accessibility to Park District Programs & Facilities:

The Park District strives to provide opportunities for people of all abilities to participate and interact in recreational activities with dignity. To that end, the Park District attempts to make reasonable accommodations to policies, procedures and programs to assist those with special needs to participate in Park District activities, programs and services. Although the Park District will make every reasonable effort to meet specific needs, unfortunately not all accommodation requests can be granted. Each request is evaluated by the Park District on a case-by-case basis.

How to get started:

1. Register for classes/activities in which you want to participate. Please ensure that you meet the general class requirement to register for the course/activity. For example: you are the appropriate age and meet the prerequisites
2. Immediately after registering, contact the ADA Coordinator to request an accommodation. The Park District requests two weeks' notice prior to the first activity date to determine whether reasonable accommodation is possible.

ADA Coordinator: Mark Benishek at 206-842-2306 ext.116 or mbenishek@biparks.org

Sales Tax: Activities that are taxable have the % symbol next to the description. Unless stated otherwise, price listed does not include sales tax which will be added at the time of payment.

Discounts on Programs: The Park District partners with Helpline House to make participation in our programs accessible to Island residents with limited resources. Full or partial fee waivers are available for most Park District recreation and aquatic classes for qualified families and individuals. To apply, contact Helpline House at 206-842-7621.

DDA Services/Assistance: The Park District has contracted with the DDA and DSHS to provide financial assistance to those who are enrolled in WA State IFS, Basic Plus or Core Waiver programs. Please see our website for details or contact Bryan Garoutte at bryan@biparks.org.

PARK DISTRICT FACILITIES PHONE NUMBERS

Park District Office, Strawberry Hill Park	206-842-2306
BI Aquatic Center	206-842-2302
Camp Yeomalt	206-842-5917
Eagledale Pottery Studio	206-842-7025
Island Center Hall	206-780-6994
Teen Center	206-842-2302
Strawberry Hill Center	206-780-9519

FALL 2020 REGISTRATION INFORMATION

HOW TO REGISTER

1. **ONLINE:** www.biparks.org. Register any time of day! Your registration is processed immediately, and you can print a receipt.
2. **In Person:** you can register in person at the Bainbridge Island Aquatic Center at 8521 Madison Avenue North.
3. **Mail in:** Mail the completed form and a check to: 7666 NE High School Road. BI, WA 98110.
4. **Call:** To register for any class, call the Bainbridge Island Aquatic Center Monday through Friday 5:00a-8:30p, Saturday 7:30a-4:00p and Sunday 8:00a-4:00p (206-842-2302).

Registration begins August 26, 9:30am

MAIL-IN/DROP-OFF REGISTRATION FORM

1st Adult payee in household: Last Name _____ First Name _____ Phone (h) _____ (w) _____

2nd Adult payee in household: Last Name _____ First Name _____ Phone (h) _____ (w) _____

Mailing Address _____ street _____ city _____ zip _____

Email Address (please print) _____

I understand that participation in the Class involves inherent risk and possible injury because of the nature of the activities, even when conducted in a safe manner, and I hereby assume all responsibility for my and/or my child's safety when participating in the Class. Injuries to participants in active recreation programs may occur from risks inherent in the activity; from placing stress on the body that it has not been prepared for; from accidents in learning or practicing techniques; from failing to follow training, safety or program rules; from the use of transportation associated with the activity; and from the administration of first aid. The severity of injury can range from minor cuts, scrapes, or muscle strains to catastrophic injury such as paralysis or even death.

In consideration for my acceptance or my child's acceptance as a participant in the Class, I hereby agree: to assume the risks of the activities in which I participate or my child participate in the Class; to waive and forever release Bainbridge Island Metropolitan Park and Recreation District (BIMPRD) and its employees and agents from any and all claims (including those for bodily injury) arising out of or relating in any way whatsoever to my participation in the Class, even though said claims may arise out of the negligence of BIMPRD and its employees and agents; to limit BIMPRD's liability to the applicable limits of BIMPRD's applicable insurance policy if the foregoing waiver and release is deemed unenforceable; to defend, indemnify and hold BIMPRD and its employees and agents harmless from and against any and all claims (including those for bodily injury), losses, damages, liabilities and expenses (including attorney fees) arising out of or relating in any way to my participation in the Class, my failure to comply with any of the obligations under this document, or my failure to provide all relevant medical information. The District also reserves the right to require written clearance from a health care provider before allowing a person to participate in a certain activity.

I give BIMPRD permission to photograph and videotape me or my child (listed below) while participating in the Class. I authorize BIMPRD to use such photographs and videotapes to promote its programs and classes, and I waive any and all claims to compensation for such usage. I acknowledge and agree that all such photographs and videotapes will belong to BIMPRD.

Signature - Adult Participant or Guardian

Date

REFUND POLICY

Refunds will be in the form of a credit to your household account unless you request a check.

- Programs canceled by the Park District will receive a full refund.
- Refunds will not be granted for requests made after the program is over even with a doctor's note.

Unless a doctor's note is received, the following refund policy applies:

- Requests made 7 days or more prior to start of the program will receive a full refund less a \$10 service charge. The seven-day period does not include the day the class begins (i.e. the seventh day is the day before the class starts). Counting backwards to the first day, a refund request must be received no later than midnight before the first day of the seven-day period.
- No refunds will be granted if requests are received less than 7 days before the start of the program.
- No refunds will be granted if requests are made once the program has started.

CLASS # Activity Section	CLASS NAME	DAY(S)	CLASS TIME	PARTICIPANT NAME		SEX	GRADE	BIRTHDATE	CLASS FEE
				First	Last			/ /	
								/ /	
								/ /	
								/ /	
								/ /	
								/ /	
								/ /	

Off-island residents add \$6 per class \$ _____

For your protection we no longer accept credit card payments by mail.

Applicable 9.0% sales tax (for activities with % symbol) \$ _____

Total \$ _____

Helpline Eligibility: All classes are eligible for Helpline vouchers with the exception of the swim and gymnastic teams. Aquatic Center passes are also part of this program.