



COVID-19 Reopening Plan for Tennis Lessons:

The risk of transmitting the SARS CoV-2 virus that causes COVID-19 depends on multiple factors including: 1) Number of people in a location, 2) Type of location, 3) Distance between people, 4) Length of time at location, 5) Level of protective equipment used (e.g. face coverings). As general guidance, smaller groups are safer than larger ones; outdoor locations are safer than indoor; sports that can ensure distance of six (6) feet or more are safer than closer contact; and shorter duration is safer than longer.

Supervisor Responsibility

- Supervisor will be responsible for ensuring that the COVID-19 Safety Plan is being adhered to.

Safety Training

- A safety briefing must be conducted at the beginning of each tennis class to reemphasize the protective measures for everyone to include pre-session screening, maintaining social distancing and sanitation protocols.

Pre-Program Screening

- A temperature screening and/or questionnaire of participants may occur before each tennis activity at the facility entrance.
- Actively encourage sick individuals to stay home.
- Individuals should stay home if they have tested positive for (have not recovered or are still within the required 14-day quarantine) or are showing COVID-19 symptoms (within the last 24 hours).
- Individuals who have recently had a close contact with a person with COVID-19 (within the last 14 days) should also stay home and monitor their health.
- Those who are excluded from tennis activities due to COVID-19 symptoms or because they are close contacts must follow DOH and local public health isolation and quarantine guidance before returning.
- People with underlying health conditions should consult with their medical provider regarding participation in tennis activities.

Check-in and Check-Out/Drop-off and Pick-Up

- Establish designated check-in and check-out and if needed drop off and pick up zones.
- Parents should drop off and pick up their youth participants at the drop off and pick up zone area. If possible one parent/guardian should drop off/pick-up.
- Wash hands or use hand sanitizer with at least 60% alcohol before and after signing in and out. No pen should be shared. Participants (or participants parents) should use their own pen when signing in but if not, wipe off the pen after every use. If check-in is electronic, provide alcohol wipes and frequently clean the screens or keyboards.
- If a youth participant needs supervision while waiting for pickup, adults should maintain social distancing.
- Create clear pathways into and out of complex so players are not coming into contact upon entering or exiting the facility.
- No Congregating Policy in parking lots, at drop off/pick-up zones, at entrance/exit areas of facility, or before or after tennis activities.

Masks

- **Facial coverings required for all staff, volunteers and participants at all times.**

Physical Distance

- Six feet of distance must be maintained among participants as much as possible.
- Participants should be organized into the smallest practical group sizes.
- To the extent possible keep tennis groups consistent throughout the program.



- Assign a “station” for each player to place their equipment & bag, and each player should return to their “station” during breaks.
- Use every second court where practical.
- Instructors/Coaches should be assigned specific courts—and possibly specific days and times.
- Live ball drills and game-based play is recommended over using baskets.
- Players should maintain physical distancing if changing ends of the court.
- Implement ways to minimize contact between participants and staff.
- Recommend that only one parent/guardian accompany younger children to the courts and/or facility when possible.
- Programs should be staggered to maintain social distancing and limited capacity on the courts.
- Avoid “high fives,” handshakes, or other types of physical touching

Hygiene

- Require participants and any other paid or volunteer staff to practice good hygiene including washing their hands frequently and covering their sneezes and coughs.
- Wash hands often with soap and water for at least 20 seconds before and after practice, especially after touching shared objects or blowing your nose, coughing, or sneezing.
- Avoid touching your eyes, nose, and mouth.
- If soap and water are not readily available, use a hand sanitizer that contains 60-95% alcohol content. Cover all surfaces of your hands and rub them together until they are dry.
- Participant will be informed to wear class attire to activity and bring their own towel and water bottle.
- Athletes should not share water bottles, towels, or snacks.

Cleaning

- When it is necessary to share critical or limited equipment, all surfaces of each piece of shared equipment must be cleaned first and then disinfected with an EPA approved disinfectant.
- Try to restrict tennis balls to a particular group, court or day of the week.
- Replace all balls if someone suspected to have COVID-19 comes in contact with them.
- Consider spraying tennis balls briefly with a disinfectant spray (e.g., Lysol or Clorox) at the conclusion of play. Using new balls on a very regular basis is highly encouraged.
- For private lessons that feature serving, have customers bring two cans of balls that only they handle for serving.
- Clean high touch surfaces often.
- Water fountain use shall be restricted to water bottle filling stations only.
- Ensure restrooms are cleaned and disinfected regularly.
- Current CDC guidance for cleaning and disinfection for COVID-19 states that disinfectants should be registered by the EPA for use against the COVID-19.
- Find the current list here: [List N: Disinfectants for Use Against SARS-CoV-2 \(COVID-19\)](#). Disinfectants based on hydrogen peroxide or alcohol are safer than harsher chemicals.

Ventilation

- Outdoors locations and should be utilized to allow for maximum fresh air circulation and social distancing.
- Outdoor temporary structures may be used. An outdoor temporary structure is defined as having no more than two walls to provide appropriate ventilation.

Records and Contact Tracing

- Keep a roster of every participant, staff and volunteer present at each practice, training session, and contest to assist with contact tracing in the event of a possible exposure.
- Attendance rosters must be kept on file for 28 days after.



Employees

- A temperature screening and/or questionnaire of employees may occur before each sporting activity at the outdoor or indoor facility entrance.
- Actively encourage sick staff to stay home. Develop policies that encourage sick employees to stay at home without fear of reprisal, and ensure employees are aware of these policies.
- Employees should stay home if they have tested positive for (have not recovered or are still within the required 14-day quarantine) or are showing COVID-19 symptoms (within the last 24 hours).
- Employees who have recently had a close contact with a person with COVID-19 (within the last 14 days) should also stay home and monitor their health.
- CDC's criteria can help inform return to work/school policies.
- Employees must wear face coverings and other personal protection items as required by the Washington State Department of Labor & Industries.
- Employees must wash hands frequently with soap and water and use hand sanitizer that contains 60-95% alcohol content.
- Employers must specifically ensure operations follow the main Labor & Industries COVID-19 requirements to protect workers. COVID-19 workplace and safety requirements can be found here: <https://lni.wa.gov/forms-publications/f414-169-000.pdf>.