

## Multi-Use Trails Design Highlights:

- Low Speed, high visibility
- Carefully planned and signed intersections

## Bike Trails User-Experience Focus:

- Kids, Families, Beginners
- Progression
- Student League

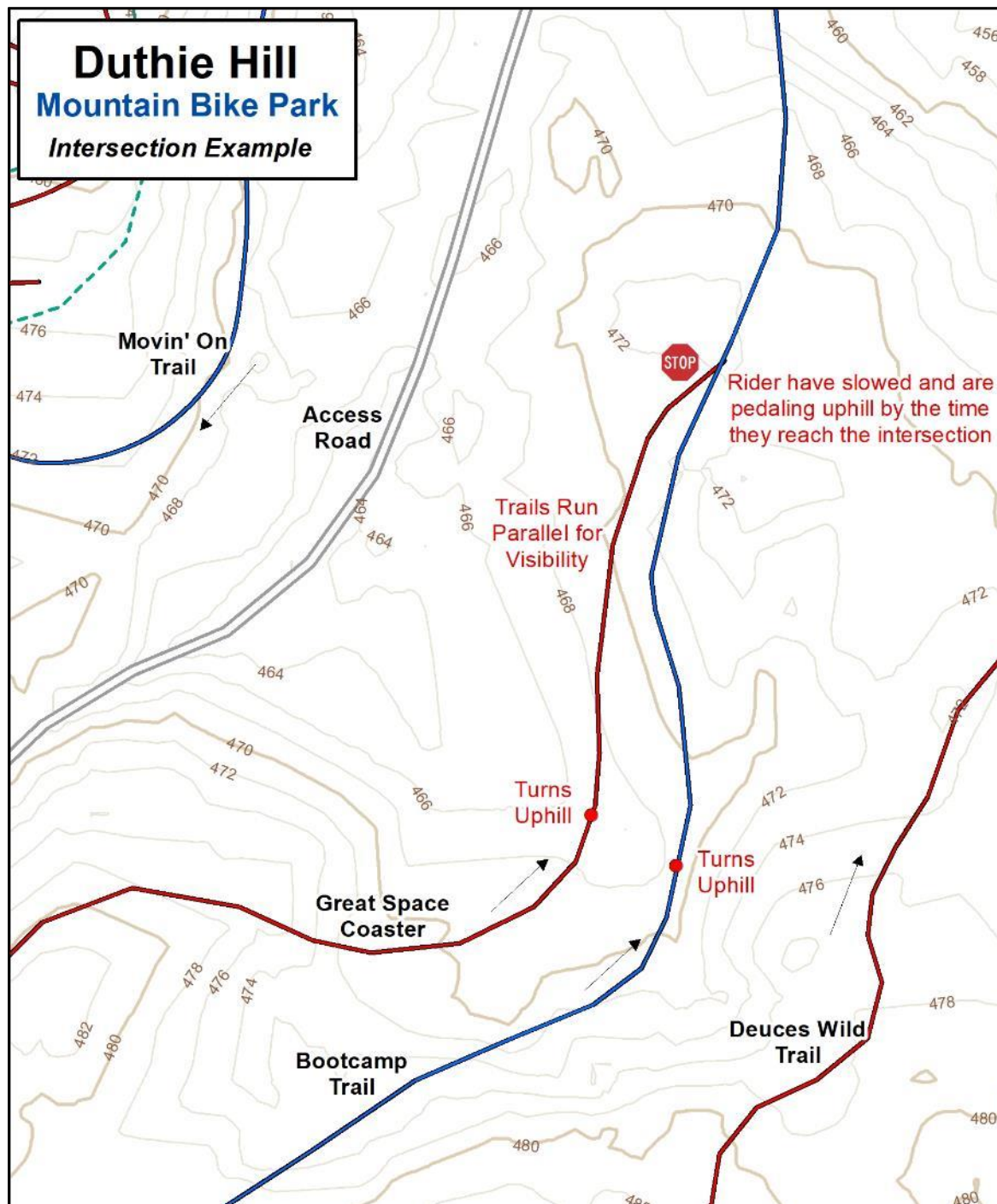
## Bike Trails Design Highlights:

- Stacked Loop System
- Smooth, flowy trails
- Banked Turns & Rollers
- Optional Features
- Speed control
- Carry speed into climbs
- Minimize hard braking
- Carefully planned and signed intersections

# Risk Management Best Practices

- Design and Build Trails & Features according to established **Standards**
  - Difficulty level, style, features, alternate routes
- **Sign** trails and features according to established Standards.
  - Trailhead & en-route signs priority: alert riders to the difficulty level and challenges ahead
- Emphasize **Skill** Instead of Consequence
  - Challenging features don't have to be overly dangerous
- Provide **Options** and Alternate Routes
- Build skill **Gateway** Features at trail entrances
- Build skill **Filter** Features before higher risk features.
- Provide appropriate **Fall Zones**
- **Control** Speed and Visibility before intersections.
  - Route trails uphill, use chicanes, increase visibility
- Reduce **Surprise**
  - Allow riders to make informed decisions
  - Technical challenges should be visible and match the skill level and character of the trail
  - Exceptions should be well signed and alternate to the main route
  - Technical challenges should be easier than they appear and rebuilt if there is a negative reaction
- **Educate** riders
  - Signage, rider education, social media, kids camps, group rides, tent days, work parties.





## Example: Reducing Speed before Intersections



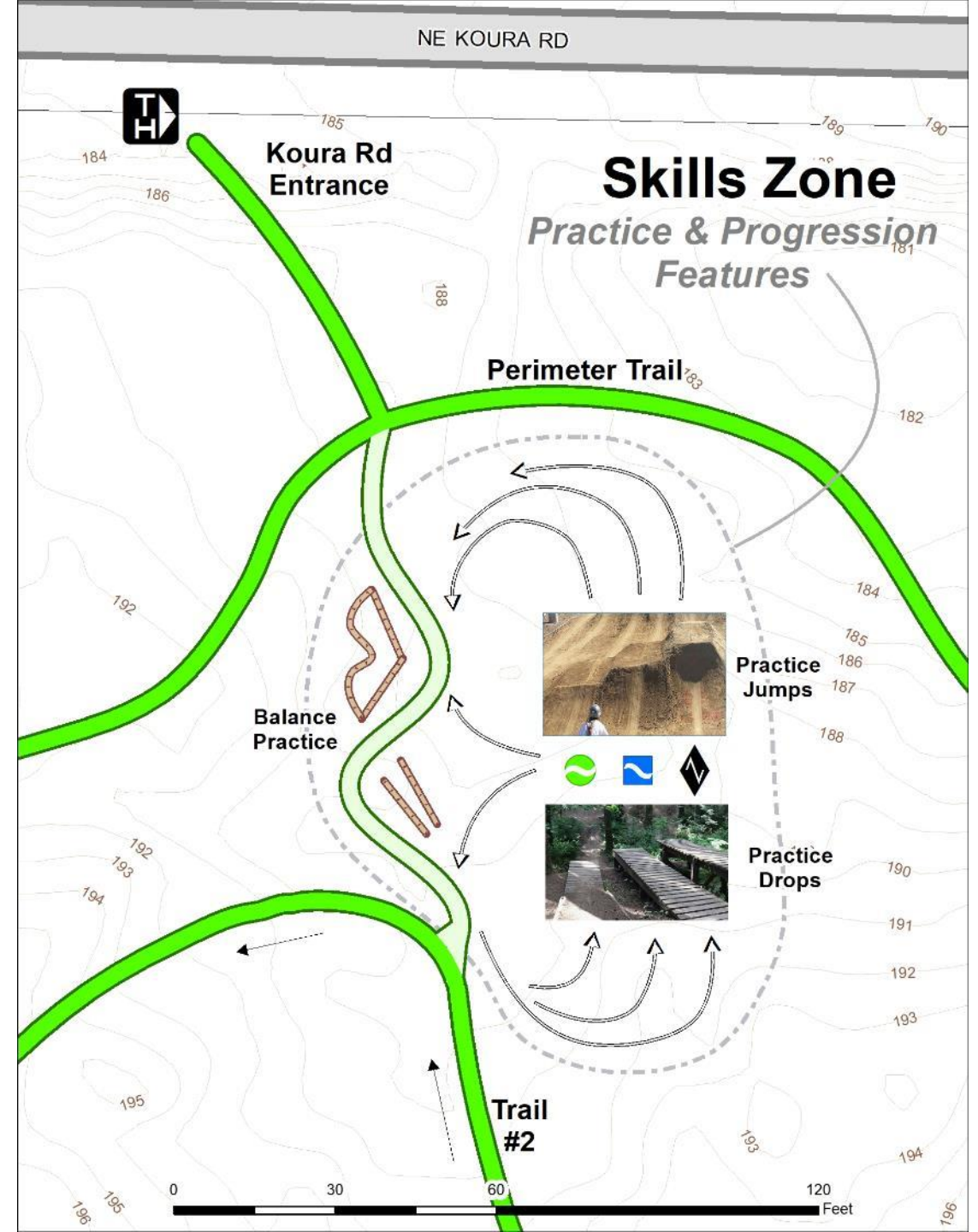
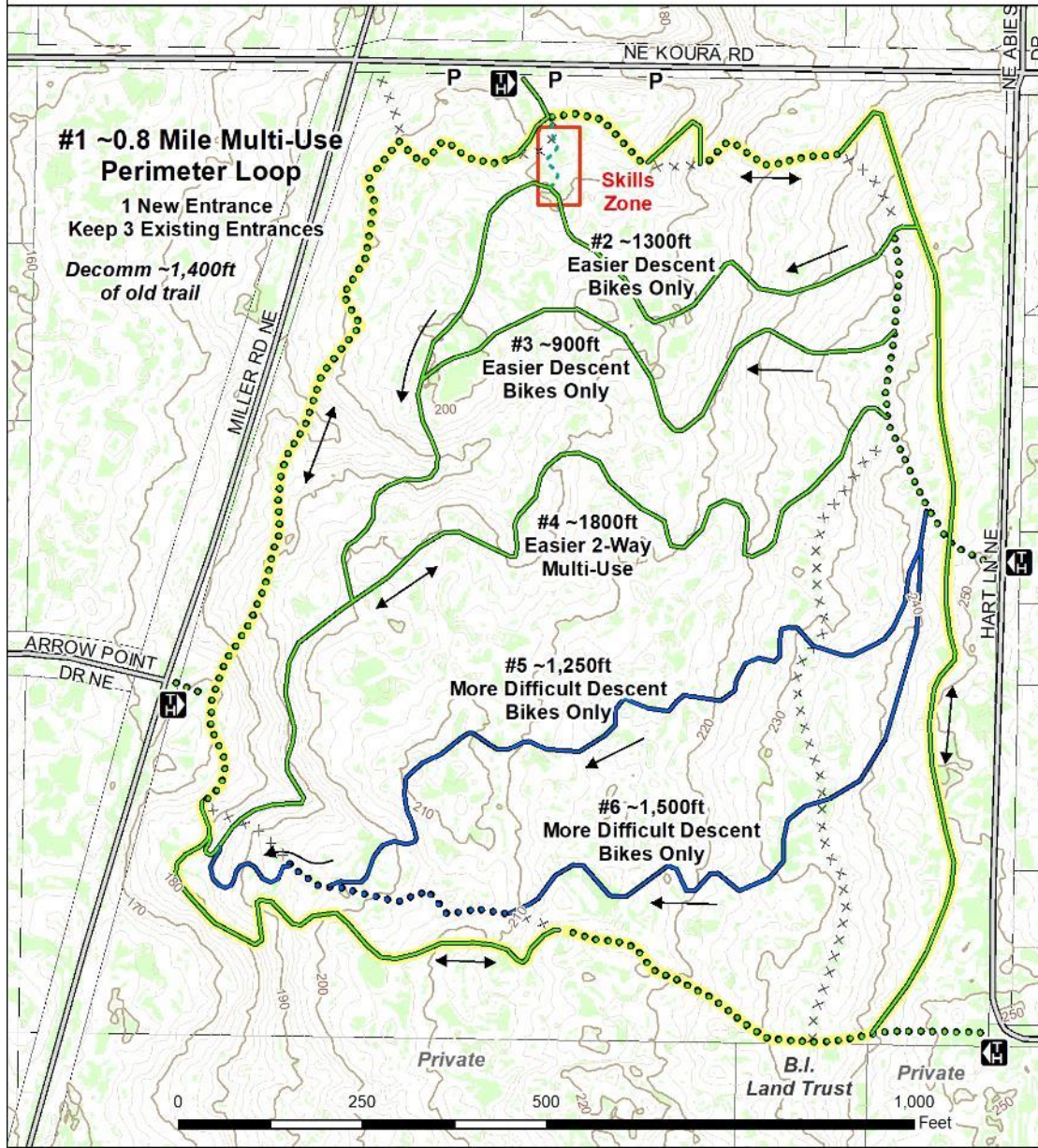


# Bainbridge Island - Grand Forest North

Trail System Design Proposal 2.3 mi Total (1.7 mi New, 0.6 mi Existing)



- New Easier Trails
- New More Difficult Trails
- 0.8 Mile Perimeter Loop
- Skills Zone
- ⋯ Existing Easier Trails (Keep/Re-Build)
- ⋯ Existing More Difficult Trails (Keep/Re-Build)
- x x x Existing Trails to be Closed/Decommissioned
- Direction of Travel





## *Practice Drops*





# *Practice Jumps*



Intermediate

Beginner



# Practice “Skinnies” and Ladder Bridges

Low risk features for developing  
balance and bike handling skills

