



Phase 3 – COVID 19 Return to Play Plan for Walking Group Activities:

Supervisor Responsibility

- Supervisor is responsible for ensuring that the COVID-19 Safety Plan is being adhered to.

Safety Training

- A safety briefing will be conducted at the beginning of each day of the activity to reemphasize the protective measures for everyone.

Pre-Program Screening

- A temperature check and COVID-19 screening questionnaire of staff and participants will occur prior to activity.
- Sick individuals should stay home.
- Individuals should stay home if they have tested positive for (have not recovered or are still within the required 14-day quarantine) or are showing COVID-19 symptoms (within the last 24 hours).
- Individuals who have recently had a close contact with a person with COVID-19 (within the last 14 days) should also stay home and monitor their health.
- Those who are excluded from activities due to COVID-19 symptoms or because they are close contacts must follow DOH and local public health isolation and quarantine guidance before returning to training or contests.
- People with underlying health conditions should consult with their medical provider regarding participation.

Check-in and Check-Out/Drop-off and Pick-Up

- Activities will have a designated check-in and check-out station and if needed drop off and pick up zone.
- For youth activities, one parent/guardian should drop off/pick-up when possible.
- Participants and staff should wash hands or use hand sanitizer with at least 60% alcohol before and after signing in and out. Staff should sanitize pens after each participant checks in (if pens are shared).
- Social distancing should be encouraged in parking lots, at drop off/pick-up zones, and before and after activities.

Facial Coverings

- Facial coverings must be worn at all other times.

Physical Distance

- Physical distance of 6 feet should be maintained between staff and participants.

Hygiene

- Staff and participants should practice good hygiene.
- Hands should be washed often with soap and water for at least 20 seconds before and after activities, especially after touching shared objects or blowing your nose, coughing, or sneezing.
- Participants and staff should avoid touching their eyes, nose, and mouth.
- If soap and water are not available, participants and staff should use a hand sanitizer that contains 60-95% alcohol content. Cover all surfaces of your hands and rub them together until they are dry.

Records and Contact Tracing

- An attendance roster should be kept of every participant, staff, and volunteer present at each activity to assist with contact tracing in the event of a possible exposure. Rosters must be kept on file for 28 days after.

Employees

- A temperature screening and/or questionnaire of employees may occur before each day of the activity.
- Employees should stay home when sick.
- Employees should stay home if they have tested positive for (have not recovered or are still within the required 14-day quarantine) or are showing COVID-19 symptoms (within the last 24 hours).
- Employees who have recently had a close contact with a person with COVID-19 (within the last 14 days) should also stay home and monitor their health.



- Fully vaccinated employees exposed to someone with COVID-19 are **not** required to quarantine if they:
 - are fully vaccinated (two weeks or more following receipt of the second dose in a two-dose series, or two weeks or more following receipt of one dose of a single-dose vaccine).
 - Received their last dose within the last three months.
 - Have not had symptoms since the current COVID-19 exposure.
- Fully vaccinated employees should still watch for symptoms for 14 days after their exposure, continue to wear masks, practice social distancing, and keep their social circles small.
- Employees must wear face coverings.
- Employees must wash hands frequently with soap and water and use hand sanitizer that contains 60-95% alcohol content.