

# Phase 3 – COVID 19 Return to Play Plan for Summer Sports Camps:

# **Supervisor Responsibility**

Supervisor is responsible for ensuring that the COVID-19 Safety Plan is being adhered to.

#### **Safety Training**

• A safety briefing will be conducted at the beginning of each day of the camp to reemphasize the protective measures for everyone. Briefing will include pre-session screening, maintaining social distancing and sanitation protocols.

#### **Pre-Program Screening**

- A temperature check and COVID screening questionnaire of staff and participants will occur before the camp starts.
- Sick individuals, including campers, staff, volunteers, parents/guardians should stay home.
- Campers, staff, volunteers, parents/guardians should stay home if they have tested positive for (have not recovered or are still within the required 14-day quarantine) or are showing COVID-19 symptoms (within the last 24 hours).
- Campers, staff, volunteers, parents/guardians who have recently had a close contact with a person with COVID-19 (within the last 14 days) should also stay home and monitor their health.
- Those who are excluded from activities due to COVID-19 symptoms or because they are close contacts must follow DOH and local public health isolation and quarantine guidance before returning to training or contests.
- People with underlying health conditions should consult with their medical provider regarding participation.

### Check-in and Check-Out/Drop-off and Pick-Up

- Camps will have a designated check-in and check-out station and if needed drop off and pick up zone.
- One parent/guardian should drop off/pick-up when possible.
- Parents/guardians should wash hands or use hand sanitizer with at least 60% alcohol before and after signing in and out. Staff should sanitize pens after each participant checks in (if pens are shared).
- When possible, clear pathways in and out of the activity area should be used.
- Social distancing should be encouraged in parking lots, at drop off/pick-up zones, at entrance/exit areas of facility, or before or after activities.

## **Camp Pods**

- Campers will be assigned to a pod. Pods will stay the same every day to the greatest extent possible.
- Staff will be assigned to a pod. Pods will stay the same every day to the greatest extent possible.
- Combining of groups will be limited to the extent possible. If groups combine, track which groups (campers and staff).
- Pods will be no more than 10-11 children per staff member.

### **Facial Coverings**

- All staff, children, and youth five years of age or older must wear cloth face coverings or an acceptable alternative when outdoors where a minimum of six feet distancing cannot be maintained.
- Children may remove cloth face coverings to eat and drink and when they can be physically distanced outside.
- If children need a "mask break," ensure more than 6 feet of physical distance between people.
- Encourage campers to bring two clean masks each day.

#### **Physical Distance**

- Physical distance of at least 3 feet or more is recommended between pods as much as possible.
- Children should have their own items, when possible, to limit sharing of supplies and equipment.
- Low contact sports: tennis, pickleball, golf, cross country, track and field, disc golf.
- Low contact outdoor sports athletes allowed to remove facial coverings for training and competitions.
- Moderate contact sports: softball, baseball, t-ball, soccer, volleyball, lacrosse, flag football, ultimate frisbee.
- Moderate contact outdoor sports athletes allowed to remove facial coverings for competitions.



- High contact sports: basketball.
- Facial coverings required for all high contact sports

# Hygiene

- Staff, volunteers, and campers should practice good hygiene.
- Wash hands often or use hand sanitizer with at least 60% alcohol.
- Campers and staff should avoid touching their eyes, nose, and mouth.
- Campers and staff should not share water bottles, towels, or snacks.

#### Cleaning

- Clean and sanitize hands-on materials and equipment often and after each use.
- Outdoor areas, like playgrounds and parks, require routine cleaning but do not require disinfection.
- Water fountain use will be restricted to water bottle filling stations only.

#### Ventilation

- Outdoor venues are preferred and should be utilized to the greatest extent possible.
- Indoor venue ventilation systems should operate properly. Air circulation and ventilation should be increased by opening windows and doors.

#### **Records and Contact Tracing**

• An attendance roster should be kept of every camper, staff and volunteer present at each activity to assist with contact tracing in the event of a possible exposure. Rosters must be kept on file for 28 days after.

### **Employees**

- A temperature screening and/or questionnaire of employees may occur before each day of the camp.
- Employees should stay home when sick.
- Employees should stay home if they have tested positive for (have not recovered or are still within the required 14-day quarantine) or are showing COVID-19 symptoms (within the last 24 hours).
- Employees who have recently had a close contact with a person with COVID-19 (within the last 14 days) should also stay home and monitor their health.
- Fully vaccinated employees exposed to someone with COVID-19 are not required to quarantine if they:
  - o are fully vaccinated (two weeks or more following receipt of the second dose in a two-dose series, or two weeks or more following receipt of one dose of a single-dose vaccine).
  - Received their last dose within the last three months.
  - Have not had symptoms since the current COVID-19 exposure.
- Fully vaccinated employees should still watch for symptoms for 14 days after their exposure, continue to wear masks, practice social distancing, and keep their social circles small.
- Employees must wear face coverings.
- Employees must wash hands frequently with soap and water and use hand sanitizer that contains 60 alcohol content.