

COVID-RESPONSE PLAN

ACTIVE ADULT PROGRAMMING

Mini-Gym, Island Center Hall

Activity Program Protocols:

- Participant Arrival Protocols:

- Participants should remain socially distanced until called to the screening shelter.
- The instructor will screen each participant for symptoms of COVID-19 using the outdoor screening shelter.
- Staff will use the questionnaire and take the temperature of each participant prior to entering the facility.

Any YES answer to the questionnaire OR a temperature in excess of 100.4 degrees will result in the participant being sent home. The participant may NOT enter the facility.

- Participant Protocols:

- Prior to first class meeting, participants will be sent this document and be informed to wear class attire to the facility and bring their own hand towel and water bottle.
- Upon first class meeting, entrance protocol will be explained to the participants, including how to enter, gather class equipment and claim a workout spot.
- Thereafter participants will enter individually after passing the entrance screening and get their equipment and claim a spot for exercise.
- ***Participants can show proof of vaccination to the instructor during screening and will be put on the 'vaccinated list' for that one facility. This releases the participant from Covid protocol requirements regarding the wearing of masks and social distancing. Nevertheless, we encourage you to still wear a mask and practice social distancing whenever possible.***
- Those participants who are unvaccinated or who don't show or have proof of vaccination will mask-up before entering the facility and take their place and remain at least 6 feet apart from all other participants and all times.
- Program equipment access may be restricted in order to maintain proper social distancing standards. High-touch surfaces, including program equipment, handrails and doorknobs, will be frequently cleaned and disinfected.
- Properly spaced class-end procedures, including putting away chairs and equipment will be practiced.
- Participants will leave the facility at a distance from one another and be encouraged not congregate at the entrance or in the parking area.

- Instructor Work Habits:

- ***Masks are encouraged but not required*** as long as the instructor is on the District's facility 'vaccinated list'.
- Instructor should thoroughly wash their hands before and after class.
- Instructor actively monitors that all recommended procedures regarding getting equipment and exercising at a distance are observed by all participants.
- Instructor actively monitors that all recommended procedures regarding the replacement of equipment at the end of the class.
- Instructor will clean or monitor the cleaning of each piece of used equipment at the end of class.
- The instructor thoroughly cleans/disinfects all high touch-areas before leaving the facility.

- The use of fans and open doors will be employed as often as possible when class is held inside.
- ***Holding class outdoors is advisable when the weather permits and when the instructor deems that the conditions are safe for all participants.***

- Equipment Standards:
 - Equipment is expected to have been left by the last instructor in sanitized condition.
 - Cleaning supplies should be available while equipment is being claimed by students if they feel more comfortable giving their equipment another cleaning before use.
 - Equipment will be thoroughly cleaned and disinfected by the instructor and/or participants at the end of each activity.

Sue Barrington 7/9/2021