



# Recreation CONNECTION

WINTER/SPRING 2022



REGISTRATION BEGINS JANUARY 5TH, 9:30am  
SEE REGISTRATION INFO 71  
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## Dear Island Residents,

As we wrap up the end of 2021, we wanted to share a few updates!

The Bainbridge Island Recreation Center (BIRC) opened on September 4. We offer individual and small group training with trainers of diverse experience, group exercise classes to fit the energy and style of every user, and space to work out on your own. In addition to fitness, our racquet sports offerings include indoor pickleball space and tennis courts, with classes and lessons for every age. Due to popular demand, we are now offering Pickleball, Fitness & Aquatics user plans. Come visit us at BIRC!

Major renovations will soon be underway at Strawberry Hill Park to develop new and expand existing amenities, including the dog park, skate park, and mountain biking trails. Committees are currently forming for the skate park and mountain biking trails projects. These committees will work together with their respective designers on the site plan. The skate park expansion will include street skate elements, as well as beginner to advanced skill-level features to serve a diverse range of users. The Park District is currently working with the Dog Advisory Committee on the dog park expansion, with plans to double its current size. These projects are made possible by the generous, anonymous donation of the 10-acre property adjacent to Strawberry Hill Park.

The eagerly awaited project to repair the Battle Point Park pond dam is now complete. The pond will be filled to its normal holding capacity this winter. This spring season will be a great time to visit the ducks!

While you are out and about, do not forget to pick up your copy of the newly revamped parks and trails map. Maps are available at the Chamber of Commerce, the Bainbridge Island branch of the Kitsap Regional Library, the Aquatic Center, and BIRC.

Thank you for your continued interest in and support of the Park District — let's have a wonderful new year!



Warmly,

A handwritten signature in black ink, reading "Terry Lande".

Terry Lande, Executive Director

A promotional banner for the "Sounds of Summer" concert series. The banner features a large orange sun in the center with the text "Sounds of Summer" in white. Below the sun, it says "CONCERT SERIES AT BATTLE POINT PARK". The banner also includes logos for "THE MARSHALL SUITES BAINBRIDGE ISLAND", "[HomeStreet] Bank", and "Hitchcock RESTAURANT GROUP". At the bottom, it says "Thank you to our event sponsors: Marshall Suites, HomeStreet Bank, and Hitchcock Restaurant Group — you rock!".

**THE MARSHALL SUITES**  
BAINBRIDGE ISLAND

**[HomeStreet] Bank**

**Hitchcock**  
RESTAURANT GROUP

**Sounds of Summer**

**CONCERT SERIES AT BATTLE POINT PARK**

*Thank you to our event sponsors: Marshall Suites, HomeStreet Bank, and Hitchcock Restaurant Group — you rock!*



# Holiday at Fay

Enjoy one of Bainbridge Island's favorite parks in a whole new **LIGHT**! Share in the joy of this festive holiday season from the warmth of your own vehicle at our drive-through holiday event at Fay Bainbridge Park!

Drive down the hill listening to your favorite holiday music, and you will be met with an illuminated show of festive cheer! Bring your family, friends, and a thermos of cocoa or hot cider!

THURSDAY-SUNDAY · 5PM-8PM  
2ND AND 3RD WEEKENDS IN DECEMBER  
\$20 PER VEHICLE · REGISTRATION REQUIRED  
ACTIVITY #541012



biparks.org  
206.842.2302





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### REFUND POLICY

**Refunds will be in the form of a credit to your household account unless you request a check.**

- Programs canceled by the Park District will receive a full refund.
- Refunds will not be granted for requests made after the program is over even with a doctor's note.

**Unless a doctor's note is received, the following refund policy applies:**

- Requests made 7 days or more prior to start of the program will receive a full refund less a \$10 service charge. The seven-day period does not include the day the class begins (i.e. the seventh day is the day before the class starts). Counting backwards to the first day, a refund request must be received no later than midnight before the first day of the seven-day period.
- No refunds will be granted if requests are received less than 7 days before the start of the program.
- No refunds will be granted if requests are made once the program has started.

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**Aquatic Center/Customer Service  
206-842-2302**

# MLK Day of Service



*Make it a day ON,  
not a day OFF!*

*Restoration projects  
for all ages!*

**Blakely Harbor Park | Monday, January 17 | 10:00a-1:00p**  
**Come when you can, work as long as you're able!**

Bring gloves and your favorite tools!

Registration Recommended — Activity #595000

For more information, contact Volunteer Coordinator Morgan Houk  
at [morganhouk@biparks.org](mailto:morganhouk@biparks.org) or visit [biparks.org/volunteers](http://biparks.org/volunteers).

**PROOF OF VACCINATION REQUIRED**



**[biparks.org](http://biparks.org) | 206.842.2302**



*Event details are subject to cancellation or change depending on Kitsap County and Washington State COVID-19 regulations and recommendations.*

# mEGGa Hunt

Saturday, April 16 • 9:00a-12:00p  
Battle Point Park • FREE



## *HUNT TIMES*

Ages 0-2: 9:30a

Ages 3-5: 10:00a

Grades K-2: 10:30a

Grades 3-5: 11:00a

Parking is available at the west entrance of the park off Battle Point Road, near the ballfields.

[biparks.org](http://biparks.org)

206.842.2302

# Map to Adventure



Back by popular demand and newly revised:  
Our large format, fold-out Bainbridge Island trails map!

With an unfolded size over 27" wide, the map features the entire island in two halves, with all your favorite trails and some brand new ones – more than 42 miles of public trails in all. Follow the guide to trail features, amenities and nearby services, and scan the QR codes to display individual park & trail maps on your device.

The Bainbridge Island Metro Parks trails map is now available at the Bainbridge Island Recreation Center, the Chamber of Commerce visitor center, City Hall, Bainbridge Island Aquatic Center, local lodging, and other select locations.

*The map is made possible with funding from the Bainbridge Island Parks Foundation and the City of Bainbridge Island Civic Improvement Fund.*

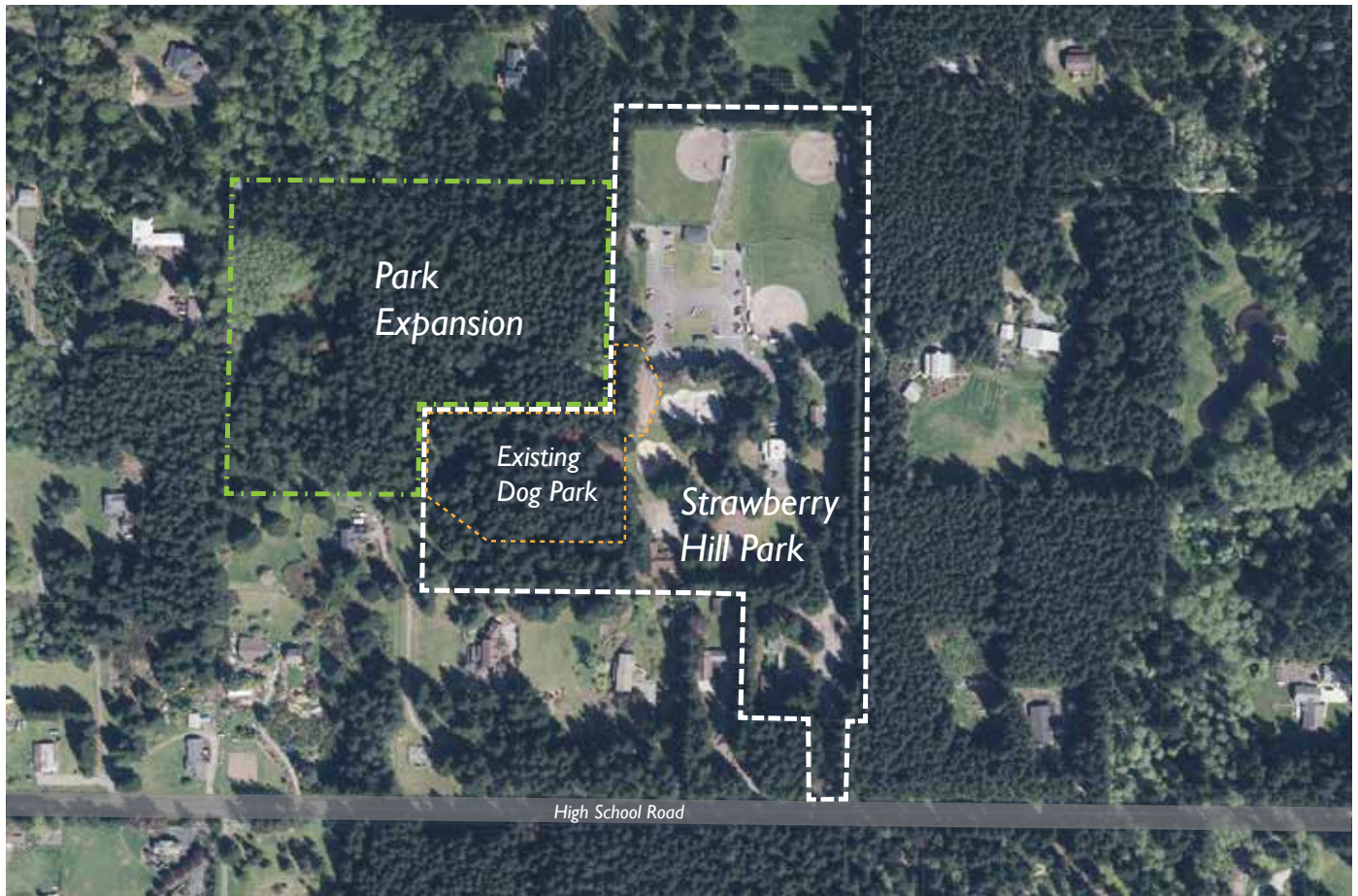


**BAINBRIDGE ISLAND  
PARKS FOUNDATION**





# New biking trails and dog park expansion are coming to Strawberry Hill Park



The Park District is pleased to announce that an anonymous \$1 million donation through the Bainbridge Island Parks Foundation has made possible the purchase of a 10-acre parcel next to Strawberry Hill Park, allowing for the development of new mountain bike trails and an expansion of the existing off-leash dog park.

The property is just west of Strawberry Hill Park and shares a property line with the park. Existing trails and land contours make it a great site for mountain bike use. It is contiguous with the dog park, so we will be able to nearly double the size of that facility.

Planning is underway and construction should begin in early 2022.



People • Parks • Play





# Staff Spotlight

The Bainbridge Island Metro Park & Recreation District believes that employees and community partners are some of our most valuable resources. The meaningful work and outstanding commitments demonstrated by these people highlight what makes our Park District such an outstanding community asset.



## Cheryl Harmon

*Front Desk/Customer Service Supervisor at the  
Bainbridge Island Recreation Center (BIRC)*

**QUESTION:** What does your role at the Park District entail?

**ANSWER:** As the membership coordinator, my role is all-encompassing. I work with the front desk team, along with the fitness and tennis departments to create the best experience for everyone who visits BIRC. Amidst the administrative duties, paperwork, and membership management, the essence of what we do is take good care of our patrons. I love being able to problem solve — to find a good resolution — and with putting out fires big and small, it is never the same day twice!

**QUESTION:** What do you enjoy most about your job?

**ANSWER:** What I enjoy most is simply the interactions I get to have with everyone, from the patrons to my fellow employees. I love watching the progress of someone trying hard to recapture their good health or recover successfully from injury. I get to see people take an active part of their health with such positive effects; I see people come in feeling grumpy and see them smiling on the way out — it's a great thing to be a part of. I'm lucky to be a part of a team with incredibly talented and dedicated people. I try to get to know them all individually and lay a foundation of common ground to build something special at the front desk. I can name something unique and interesting about every single person who works on my desk, and we're really starting to form together as a team. We help each other out and learn from each other, which makes me incredibly happy at the end of the day. As the face of BIRC, we get to be the ones who add value to every experience. We're adding a personal touch, a connection that goes beyond just an entity or building where you work out. We get to know our patrons, say hello to them by name when they come in, and help solve any problems that may arise. It becomes more than just a gym — it becomes an important part of their social network, a welcoming place to which they belong. There's always something happening at BIRC — it feels like I'm hardly ever at my desk for more than five minutes. I love it all!

**QUESTION:** What's one hobby you'd love to get into?

**ANSWER:** I would love to get into making mosaics and glassblowing!

**QUESTION:** What do you like to do in your spare time?

**ANSWER:** Anything my granddaughter wants to do! When I'm not spending time with my family, I have lots of hobbies. I'm music-oriented and love to play and listen to a wide variety of music. I try to take up a new instrument every couple of years. I play guitar, piano, drums, and a few others, and am currently learning the cello. Contemplating the next instrument, I'm thinking I might like to learn the harp. When I read music, I could pick out a melody on just about anything. I never learned the bass clef part — with the piano, I play the mostly right-handed melodies that are in a treble clef. I've always loved the sound of the cello, but it's all in the bass clef, so it's forcing me to learn something new!

**QUESTION:** What is the best book you have ever read?

**ANSWER:** That's a tough one! Asking me about my favorite book is like asking if I have a favorite child; I can't pick just one. All books are good friends with whom I love to visit often.

**QUESTION:** What has surprised you most about working for the Park District?

**ANSWER:** The number of things going on! It's so much larger than I thought it was. When I read an issue of the catalog for the first time, I was blown away by just how many programs there were. I started looking at the trail maps and left thinking, "this is incredible!" I was trying to explain this to my family back home, with them thinking we have maybe a handful of trails and programs based on the size of the island — it's so much more. When the Recreation Center joined the Park District, I saw that I was just a small part of a very large operation, with many great people working together to provide this huge asset to the community.

**QUESTION:** Do you have a favorite park/trail on the island?

**ANSWER:** I'm more of a beach walker than a trail walker (but I'm learning to love it), and I like to explore the parks with beach access, like Fort Ward Park. I grew up and lived most of my life in Cape Cod, Massachusetts, which has mostly flat, sandy beaches. I moved to the Seattle area to be closer to family, but I chose Bainbridge Island specifically because it was the closest place that felt like home. Not only are there beaches, but beautiful forests and trails, which is a whole new experience for me. Members and colleagues are quick to offer their favorite areas of the island, and I am just as quick to explore them.

**QUESTION:** What's the best piece of advice you were ever given?

**ANSWER:** Eat dessert first; don't postpone joy. When I go to restaurant, I literally order dessert first (I'm not too picky, but I love anything with chocolate!)

***Come say hi to Cheryl and her team while you're visiting the Bainbridge Island Recreation Center!***



*"Amongst what I love, my granddaughter, Eva, and my favorite adventure, Uganda."*

# ALL-DAY EXPLORER CAMPS!

**Ages: 6-10 (Grades 1-5) When school is out... EXPLORER CAMP is in!**

For those long out-of-school weeks, the Park District offers families a recreational all-day option. With a variety of fun, interactive and educational themes, kids will be excited to share what they've been up to. Our All-Day Explorers enjoy daily group games, sports & fitness, hands-on science, the arts, crafts, individual free-choice activities, and pool time when possible. Explorers will also explore their community through library visits, field trips, special guests, and group projects. Two snacks will be provided each day. Explorer Camp is held both indoor and out, weather permitting.

Join us for safe, supervised, and memorable camp experiences. AQ

**Flexible Drop-off between 7:30-9:00a**

**Structured Camp Activities from 9:00a-4:00p**

**Flexible Pickup between 4:00-5:30p**

**Explorer Camp home base: Nakata Room B at the Aquatic Center**

## WINTER BREAK EXPLORERS

### Holidays Around the World!

Explore winter holiday traditions around the world! From indoor games and crafting gifts to traditional snacks and wonderful legends, it will be a globe-trotting whirlwind of a short 4-day week! AQ

500101-04 M-Th 7:30a-5:30p 12/20-12/23 \$315

## NEW YEAR ALOHA!

Aloha! can mean both "goodbye" and "hello" — perfect for the new year. It may be cold outside, but Explorer base camp is warm and decorated for the tropics. Enjoy Island-inspired snacks and activities as we say goodbye to 2021 and welcome 2022. Wear your best flowered print and join us for a short week of winter break fun, island-style. AQ

500101-05 M-Th 7:30a-5:30p 12/27-12/30 \$315



## MID-WINTER BREAK EXPLORERS

### Cabin Fever!

February may be dark and cold outside, but Explorer base camp is warm and wild! We are ready to make noise, run, jump, and be silly. From epic "log" obstacle courses and scooter games at Basecamp to field games and hikes outdoors, the dreary days of mid-winter will pass quickly. Join us for a fun week of cabin-building, cabin knocking-down, and a campfire cookout in a real cabin! We'll even do some work in the woods for this week's Explorer service project. AQ

110001-01 M-F 7:30a-5:30p 2/21-2/25 \$395



## SPRING BREAK EXPLORERS

### Animal Adventure!

Spring has sprung! It's the perfect time for exploring the world of animals near and far. With visits FROM and visits TO a variety of wonderful creatures, we'll touch, pet, feed, imitate, draw, and immerse ourselves in their world with safe, distanced visits! We'll even set aside some time for a service project in support of the animal shelter of the Explorers' choosing. AQ

110001-02 M-F 7:30a-5:30p 4/4-4/8 \$395





# AFTER-SCHOOL & NO-SCHOOL FUN



## WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

## NO-SCHOOL DAYS

PLEASE ALSO SEE LISTINGS FOR ALL-DAY EXPLORER CAMPS ON PAGE 11



## GAMERS LAIR RETREATS

Ages 12 and up (younger with permission). By popular demand, like-minded gamers can gather in-person in the large room of the Teen Center for focused single-day RPG quests supervised by our experienced adventure masters. Players will have the opportunity to attend a basic orientation online and "roll" up characters prior to Quest Day. Includes some dice giveaways and outdoor time as well. AQ

172665-06	Sa	10:00a-3:00p	2/26	\$50
07	Sa	10:00a-3:00p	4/9	\$50

## SPRING BREAK

### ART FOCUS CAMP

Ages 8-11. As part of an ART-focused Spring Break week, our dedicated student artists will spend 4 days exploring different materials and patterns while creating wonderful pieces and projects for display and to take home. With a downtown art scavenger hunt and museum visit on Wednesday, campers will also practice art appreciation skills and inspiration. Painting, printmaking, fabric art, drawing, wire work, weaving, clay, and more. Varies each day depending upon progress, with time for outdoor play breaks. Materials included. SHC

170221-01	M-Th	10:00a-2:00p	4/4-4/7	\$175
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See also Gamers Lair Retreat April 9

## MID-WINTER BREAK

### CHESS & STRATEGIC GAMES CAMP

With Mark Cohen

Ages 5-12. Keep thinking skills sharp and have fun with a wide variety of board, card, and mathematical games. This all-day left brain/right brain camp combines mental exercise with fun muscle movement! Days are divided between chess, learning, and playing a variety of strategic games (many Mensa award winners), with time for outdoor recreation activities. SHC **CONTRACTOR**

175051-10	M-F	8:45a-2:15p	2/21-2/25	\$275
11	M-F	8:45a-2:15p	2/21-2/25	\$250*

\*Additional sibling

See also Gamers Lair Retreat February 26

## EARLY RELEASE

### MONDAY UKULELE CLUB

Ages 6-10. Take an afternoon break from online school for some face-to-face time learning. Bring your ukulele and start jamming at the Rolling Bay Center (formerly Island Music Guild) with strings instructor Randy Parris. All levels welcome. Must provide own instrument. 9 weeks. IMG **CONTRACTOR**

170200-01	M	1:00-2:00p	1/24-3/28	\$185
02	M	1:00-2:00p	4/11-6/13	\$185



### CHESS & STRATEGY GAME CLUB

Chess fosters critical thinking, problem solving, self-control, sportsmanship, and patience. Strategy games (many from Mensa) offer a wide variety of colorful choices for team and solo play. These longer early-release day clubs include a supervised outdoor break, group lesson, plenty of practice, and one-on-one instruction with Coach Mark Cohen. 6 weeks. AQ, Nakata Room A **CONTRACTOR**

#### ELEMENTARY GRADES K-4

170252-10	M	12:50-2:20p	1/10-2/28*	\$120
12	M	12:50-2:20p	3/7-4/18*	\$120

#### INTERMEDIATE GRADES 5-6+

170252-11	M	2:20-3:50p	1/10-2/28*	\$120
13	M	2:20-3:50p	3/7-4/18*	\$120

\*No club 1/17, 2/21, 4/4



# AFTER-SCHOOL & NO-SCHOOL FUN

## AFTER SCHOOL AT THE SCHOOLS

### CHESS CLUBS FOR GRADES K-4

Chess fosters social interaction, critical thinking, problem-solving, self-control, sportsmanship, and patience. Clubs include a supervised outdoor break, group lesson, plenty of practice time and one-on-one instruction with Bainbridge Black Knights coach Mark Cohen. 5 weeks. **CONTRACTOR**

#### BLAKELY BLACK KNIGHTS

170250-01	T	2:20-4:00p	1/18-2/15	\$100
06	T	2:20-4:00p	3/1-3/29	\$100

#### WILKES BLACK KNIGHTS

170250-04	W	2:20-4:00p	1/12-2/16*	\$100
09	W	2:20-4:00p	3/2-3/30	\$100

\* No club 1/26

See Early Release Monday Chess & Games Club for Ordway/Sakai chess players

## THEATRE AT WOODWARD FOR GRADES 4-7

Come explore theatre through choreography, scene work, costuming, and sets. Students will learn a variety of skills to apply to many theatrical genres. In-class production will be shared at the conclusion of the 18-session course. Karen Harp-Reed has 40 years of experience performing and instructing students of all ages. Private and home school students welcome. Held at Woodward, so Sakai actors can just walk next door, and late enough for 4th grade actors to travel. WWW **CONTRACTOR**



### Winter Play "Doc, Doc... Goose!" by Patrick Rainville Dorn

Just think about those old-fashioned nursery rhymes and it's easy to see why Mother Goose went to medical school and opened a clinic in Nurseryland. There's no "happily ever after" here!

170290-01	TTh	3:35-5:00p	1/18-3/29*	\$195**
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\*No rehearsal 1/27, 2/22, and 2/24

\*\*+\$11.00 script and royalty fee to be paid to the instructor at first class.

### Spring Musical "Wizard of Oz" by L. Frank Baum, adapted by Karen Harp-Reed

Sing and dance down the Yellow Brick Road with Dorothy and the gang! Oz has been transformed through theatre (music, dance, and drama) since the Land of Oz's inception over 100 years ago.

170290-02	TTh	3:35-5:00p	4/12-6/14	\$195**
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\*\*+\$1.00 script copy fee to be paid to the instructor at first class

## AFTER SCHOOL OTHER PLACES

### AFTER SCHOOL SPORTS CLUB **NEW!**

Ages 6-10. Drop your kiddo off for some after school fun at the Recreation Center. We'll play basketball, pickleball, soccer, volleyball, hockey, badminton, dodgeball, and more. BIRC Gym

#### MONDAY

			Resident/Non-Resident	
110202-01	M	1:10-3:30p	1/24-2/28*	\$100/\$130
02	M	1:10-3:30p	3/7-4/11*	\$100/\$130
03	M	1:10-3:30p	4/18-5/16	\$100/\$130

\*No class 2/21, 4/4

#### TUESDAY

110203-01	T	2:40-4:00p	1/25-3/1*	\$85/\$111
02	T	2:40-4:00p	3/8-4/12*	\$85/\$111
03	T	2:40-4:00p	4/19-5/17	\$85/\$111

\*No class 2/22, 4/5

#### WEDNESDAY

110204-01	W	2:40-4:00p	1/26-3/2*	\$85/\$111
02	W	2:40-4:00p	3/9-4/13*	\$85/\$111
03	W	2:40-4:00p	4/20-5/18	\$85/\$111

\*No class 2/23, 4/6

#### THURSDAY

110205-01	Th	2:40-4:00p	1/27-3/3*	\$85/\$111
02	Th	2:40-4:00p	3/10-4/14*	\$85/\$111
03	Th	2:40-4:00p	4/21-5/19	\$85/\$111

\*No class 2/24, 4/7

#### FRIDAY

110206-01	F	2:40-4:00p	1/28-3/4*	\$85/\$111
02	F	2:40-4:00p	3/11-4/15*	\$85/\$111
03	F	2:40-4:00p	4/22-5/20	\$85/\$111

\*No class 2/25, 4/8

## SEWING CIRCLES FOR GRADES 3-8

Beginning and experienced sewers will have fun learning face-to-face about machine and hand sewing through practice, creative projects, pattern creation, and items to keep or share! Includes simple machines, material, and supplies. Different projects each session. SHC

170220-03	T	3:45-5:15p	
	1/18-2/15	\$110	

05	T	3:45-5:15p	
	4/19-5/17	\$110	



## CHECK OUT THE AFTERNOON YOUTH POTTERY CHOICES ON PAGE 16



# AFTER-SCHOOL & NO-SCHOOL FUN



## MOUNTAIN BIKING

Come explore some of the best mountain biking Washington has to offer with us! Rides are geared towards group ability. Qualified instructors and trip leaders will work to expand riders' skill sets, maintain a focus on safety, and showcase a variety of great trails to mountain bike.

### FAQS

**General** — A detailed email will be sent out approximately a week before the start of each program, with information on where to meet, what to bring, weather forecast, medical waivers, emergency contacts, and more.

**Questions?** Contact Mountain Biking Program Coordinator Sully Mynatt at [sullym@biparks.org](mailto:sullym@biparks.org) or Mountain Biking Camp Program Supervisor Patrick Hodge at [patrickhodge@biparks.org](mailto:patrickhodge@biparks.org).

**Equipment** — Participants must have a working mountain bike that is of suitable size, has gears to be able to go up and down medium grades of trail, functional brakes, and a properly fitting biking helmet. Please do not show up with bikes that have skinny road tires, a one-gear single speed, or major mechanical issues. Staff reserve the right to not allow participation if a bike is deemed to be unfit, non-functional, or if staff have safety concerns.

**Bike Check** — Staff strongly recommends that your rider's bike be inspected and tuned up by a professional bike mechanic 1-2 weeks before their first program of the season. Afford several days to ensure your rider's bike will be ready for pick-up. On Bainbridge Island, both BI Cycle and Classic Cycle are great bike shops that can help.

**Equipment** — Participants are responsible for providing their own personal clothing and equipment, but our Outdoor Gearbank has a select number of Park District mountain bikes (24" or 26" tire) that are available to borrow for free. Please contact Mountain Biking Program Coordinator Sully Mynatt at [sullym@biparks.org](mailto:sullym@biparks.org) or Mountain Biking Camp Program Supervisor Patrick Hodge at [patrickhodge@biparks.org](mailto:patrickhodge@biparks.org) at least two weeks prior to needing a mountain bike in order to check availability and to allow for scheduling.

**Physical Fitness** — Participants need to be physically fit for each ride's unique challenges. Terrain and trails vary, please refer to the "Trail Difficulty Rating System." The Park District reserves the right to require a doctor's note to clear a participant for participation.

**Program Prerequisites** — Some of our mountain biking programs have program prerequisites listed in the program description. We list prerequisites to ensure that our participants are going to be in the program that is correct for their experience, riding ability, age, and more. The prerequisites are meant to help make sure participants are having fun, becoming better riders, and not riding above their ability level. Please contact Mountain Biking Program Coordinator Sully Mynatt at [sullym@biparks.org](mailto:sullym@biparks.org) or Mountain Biking Camp Program Supervisor Patrick Hodge at [patrickhodge@biparks.org](mailto:patrickhodge@biparks.org) or if you have any questions regarding the prerequisites.

**Registration Deadlines** — **Registration deadline is three days before program start date.** This allows us to effectively communicate with participants about any needs we can help accommodate as well as ensure each trip is a good fit.

**Refunds** — For questions about refunds, please see page 4. If weather or road closures cancel a trip, a pro-rated credit will be refunded for the missed day.



### TRAIL DIFFICULTY RATING SYSTEM

Sections of the trail may be easier or more difficult than the criteria listed below. For questions regarding a specific program, contact the program staff.

○ **(Easiest)** — Small hills and generally flat, smooth/paved terrain, few to no avoidable obstacles such as rocks and roots. Suitable for newcomers to biking.

● **(Beginners)** — Rolling hills. Varied terrain including dirt and gravel. Avoidable obstacles such as rocks and roots, few to no unavoidable obstacles such as large roots. Suitable for beginner mountain bikers.

■ **(Intermediate)** — Steep hills. Challenging terrain that may include loose dirt and gravel. Avoidable obstacles such as rocks and roots. Unavoidable obstacles that riders may need to walk over such as drops and large roots. Suitable for riders with previous mountain biking experience.

◆ **(Advanced)** — Technical, long, and steep hills. Challenging terrain that may include loose dirt, gravel, sand, and rock. Difficult, unavoidable obstacles such as rocks, drops, and large roots. Suitable for riders with lots of previous mountain biking experience.

### TINY TRAILS ○

Ages 5-7. The Tiny Trails program is one of our beginner level camps, and provides a perfect platform to ensure your child has a basic understanding of bicycle handling so they're able to safely and confidently enjoy riding their bike wherever it may take them. During these programs, we'll focus on effective starting and stopping, shifting, and climbing, bike control, body positioning, and of course—having fun. We'll play some bicycle games, ride various obstacle courses, and explore the far reaches of Battle Point Park and beyond as the weeks progress! BPP.

131951-01	Th	3:30-5:00p	3/3-3/24	\$150
02	Th	3:30-5:00p	4/14-5/5	\$150





# AFTER-SCHOOL & NO-SCHOOL FUN

## INTRO TO TRAIL RIDING ○●★

Ages 7-9, 10-13. This introductory program is great for beginners and focuses on building confidence on the bike as well as continuing to work on fundamental mountain bike skills for those who are not as familiar with our MTB programs. It is designed for everyone from first-time mountain bikers looking for a safe, comfortable way to get out on the trails without the pressures of an experienced group, to those slightly more experienced riders looking to work on their skills. This program also serves as a prerequisite to our MTB club rides for new riders to ensure that all our riders are comfortable and confident on their bikes. Meet at Grand Forest West.

### Ages 7-9

131941-01	W	3:30-5:00p	3/30-4/20	\$150
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### Ages 10-13

02	W	3:30-5:00p	4/27-5/18	\$150
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## MTB CLUB — MONDAYS @ STOTTLEMEYER ■◆★

Ages 10-14. Explore 6,000 acres of some of the best mountain biking terrain west of the Cascades! Participants' skills will improve each week as we ride incredible single track, learn how to negotiate obstacles, jumps, cut through mud, and explore the terrain. Program meets at the Stottlemeyer trailhead in Poulsbo.

131949-01	M	2:00-5:00p	1/31-2/14	\$195
02	M	2:00-5:00p	2/28-3/21	\$260
03	M	2:00-5:00p	3/28-4/25*	\$260
04	M	2:00-5:00p	5/2-5/23	\$260

\*No Class 4/4

## MTB CLUB — TUESDAYS ON B.I.●

Ages 7-10. Get ready to hit those trails! This weekly riding group is built for young riders who love to use their mountain bike. We will ride and explore trails in the Grand Forest, Hilltop, and Battle Point areas. Focus of this Tuesday group is less about instruction and more about enjoying the ride. Drop off is at Grand Forest East Parking area and pick up is at Grand Forest West on Miller Road.

131950-01	T	3:30-5:00p	3/1-3/22	\$150
02	T	3:30-5:00p	3/29-4/26*	\$150
03	T	3:30-5:00p	5/3-5/31**	\$185

\*No Class 4/5

\*\*Five-Week Session



## ROCK CLIMBING

**Emphasizing strength, endurance, balance, and flexibility, rock climbing is more than just a workout: it challenges your mind and your body. All climbing programs are facilitated by experienced instructors from Insight Climbing & Movement. Registration deadline for most climbing programs is three days before begin date. For questions about refunds, please see page 4.**

## YOUTH CLIMBING FOR BEGINNERS

Ages 4-6, 7-12. Get your kids climbing our walls and not yours! This two-week course will give new climbers an introduction to indoor climbing and youth programming at Insight Climbing & Movement including top-rope climbing, bouldering, and games with other kids. This class will provide your kids with an opportunity to build confidence, both on and off the wall, while giving them a preview of what our youth climbing programs have to offer. At the conclusion of the program, families will have the information they need to decide which recurring youth climbing program at Insight is the right fit for their young climber! All climbing programs are facilitated by experienced instructors from Insight Climbing & Movement. Registration deadline for most climbing programs is three days before the start date. For questions about refunds, please see page 4. ICM **CONTRACTOR**

### Ages 7-12

131989-01	W	4:30-5:30p	1/12-1/19	\$75
02	W	4:30-5:30p	3/2-3/9	\$75

### Ages 4-6

03	W	4:30-5:30p	1/26-2/2	\$75
04	W	4:30-5:30p	3/16-3/23	\$75

# YOUTH



## WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

## PRE SCHOOL

### LADYBUG NATURE WALKS

Ages 2-4. Grab your boots, bundle up, and get out of the house! Pre-schoolers and their parents will explore the seasonal changes in the natural world around Bainbridge Island. Each walk will be led by Park District staff, with several activities and something to take home. Walks are 60 minutes.

#### "G" IS FOR GREEN!

Meet at West Port Madison Park to discover what's going on in spring! Buds, babies, and bug finger puppets!

171801-05 F 10:00-11:00a 3/18 \$20 pair

#### FEATHERED FRIENDS

Meet at Battle Point Park for exploration of springtime birds, a special bird food snack, and ribbon wings for fluttering!

171801-07 F 10:00-11:00a 5/13 \$20 pair



## POTTERY: HAND-BUILDING & WHEEL

Ages 7-11. Team-Taught by studio staff with interesting projects. Instruction with tools and techniques involving coil, slab, sculpture, and wheel-throwing, along with the young artist's creativity will result in fun finished pieces. 6 weeks. ED

122007-01	M	4:00-5:30p	1/24-3/7*	\$130
02	M	4:00-5:30p	3/14-4/25*	\$130
03	M	4:00-5:30p	5/2-6/13*	\$130

\*No class 2/21, 4/4, or 5/30

## POTTERY: WHEEL-THROWN

Ages 9-13. Taught by studio staff. This class focuses on the techniques of throwing, as well as the development of form by combining thrown pieces with hand-built parts. A variety of glazing techniques are used including decorative brush work. 6 weeks. ED

122008-01	T	4:00-5:30p	1/18-3/1	*\$130
122008-02	T	4:00-5:30p	3/8-4/19*	\$130

\*No class 2/22 or 4/5



## POTTERY

### DID YOU KNOW? TEENS AGE 16+ MAY REGISTER FOR ANY ADULT POTTERY CLASS OR WORKSHOP



## POTTERY: YOUTH CLAY CLUB

Ages 10-15, with previous pottery skills. Facilitated by Elena Wendelyn and studio staff. This supervised semi-independent studio time allows young artists to focus on the techniques and projects they find most interesting. Includes one 25# bag of clay of their choice. 6 weeks. ED

122015-10	Th	3:45-5:45p	1/13-2/17	\$140
122015-11	Th	3:45-5:45p	4/14-5/19	\$140

## POTTERY: HOMESCHOOL ART SAMPLER

Ages 6-17. By request, we offer a short, daytime pottery opportunity for youth! Whether this fits into your homeschool lesson plans or provides art enrichment to online learning, this introductory ceramics class can be modified for individual interests. Learning about pottery can fit into History, Physics, Chemistry, and Art lessons, and provides safe, small group socialization. (Parents, this could be a great opportunity to be able to meet, go for a walk, or run a few errands while students are in class!) Includes practice clay that you may work at home as well. 3 weeks. ED

122010-01	T	10:00a-12:00p	4/12-4/26	\$100
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# YOUTH

## PARENT-CHILD FRIDAY CLAY PLAY

Ages 5+ and a parent. Fun, creative two-afternoon workshops resulting in beautiful keepsakes and whimsical pieces. Simple guided projects and free play with clay will make giggles and memories! No previous clay experience needed! Led by instructor/artist Katie Bonanno. Materials included. Space is limited. ED

### HEARTS!

Work together to make some functional heart art! Create useful heart-themed vessels, hanging ornaments or table scatters.

122006-03	F	3:30-5:00p	1/21, 2/4	\$48
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### TILE FUN!

Work together to make custom tiles! Small signs with a favorite saying? A child's name perhaps? Decoration for the chicken coop?

122006-07	F	3:30-5:00p	3/4, 3/18	\$48
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### FAIRY HOUSES!

Work together to make a wee house for fairies to brighten your garden or shelf! We'll provide the (safe) battery tea light for illumination.

122006-04	F	3:30-5:00p	4/15, 4/29	\$48
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### SILLY PLANTERS!

Work together to fashion whimsical planters! Make pinch-pot containers for plants as hair or fur or tentacles!

122006-05	F	3:30-5:00p	5/6, 5/20	\$48
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## COOKING



## COOKIE DECORATING: EDIBLE VALENTINES!

Ages 8-14. Serious valentine-creators can spend an afternoon learning cookie art and decorating some amazing heart-themed cookies! Whether beautifully detailed lace or funky emojis are your style, there will be delicious fun enough to share in the Strawberry Hill Center cookie kitchen. Kristin Raught. SHC

170967-01	Sa	1:00-4:00p	2/12	\$55
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## COOKIE DECORATING: SPRING FLING!

Ages 8-14. Serious budding pastry chefs can spend an afternoon learning cookie and cupcake decorating with a seasonal twist! Whether colorful flowers or fuzzy caterpillars are your style, there will be delicious fun and skill-building for everyone in the Strawberry Hill Center cookie kitchen. Kristin Raught. SHC

170967-02	Sa	1:00-4:00p	4/2	\$55
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## WRITING

## CREATIVE WRITING WORKSHOP

Ages 8-12. In these 4-week workshops, young writers will invent their own plots and characters while learning how to craft a story! We'll look at examples of good writing, delve into heroes and villains, and write stories from our own imaginations. Bring your ideas or use a fun prompt to get started. Share your work aloud in the Author Circle. Children's author Margaret Nevinski brings her expertise and love of words. All writing levels welcome! SHC

170101-01	W	4:00-6:00p	1/12-2/9*	\$75
02	W	4:00-6:00p	3/2-3/23	\$75
03	W	4:00-6:00p	4/13-5/4	\$75
04	W	4:00-6:00p	5/11-6/1	\$75

\*No class 1/26



## KIDS CAN COOK

Ages 6-10. For kids who like to help in the kitchen! Do your kids love to bake and cook treats, but you worry about too much sugar or other unhealthy ingredients? Fruit has plenty of natural sugar, so we will let nature take its course and create healthier cake pops with just a smidge of added sugar. And dark chocolate makes great truffles! We will make (super tasty and healthy) gluten-free options as well, to see if we can tell the difference! Recipes will be provided so kids can continue the treat-making at home. Join instructor and nutritionist Cait James and have some fun in the kitchen. SHC

### Valentine Truffles

170966-03	Sa	9:30-11:30a	2/5	\$50
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See also "Everybody Can Cook" Adult Truffle Class page 50

### Healthier Cake Pops

170966-04	Sa	9:30-11:30a	5/7	\$50
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# YOUTH

## GYMNASTICS

The developmental gymnastics program helps to introduce and refine total body awareness, strength, and coordination. A child may enter the program at age 6 months and work through the progressive classes, including a competitive team until age 19. Because gymnastics classes are offered all year, we have the opportunity to instill in children the need for physical activity as a lifestyle. It also allows us to equip the children with basic fundamental movement skills conducive to each developmental stage.

### WINTER

SESSION I: 1/18-2/17

(5 WEEKS; 4 WEEKS FOR MONDAYS, FRIDAYS, AND SATURDAYS)

SESSION II: 2/28-3/23 (4 WEEKS)

### SPRING

SESSION I: 4/11-5/14 (5 WEEKS)

SESSION II: 5/16-6/11 (4 WEEKS)\*

\*NO CLASS 5/30

**ALL CLASSES ARE ELIGIBLE FOR HELPLINE UNLESS NOTED AT THE END OF THE CLASS DESCRIPTION.**

### DIRECTIONS TO THE TRANSMITTER BLDG

From Winslow, drive north on SR-305. Turn left on Day Road and stay left onto Miller Road. Follow Miller Road for about 1 ½ miles then turn right on Arrow Point Drive. Continue Arrow Point Drive until the entrance to Battle Point Park. Turn left into the park, the Transmitter Building will be located directly ahead. Parking will be around the loop next to KidsUp! Playground.

### LOCATION OF BHS GYMNASTICS ROOM

Gymnastics Room is located directly across the parking lot from the pool back doors or behind the high school. **PARKING for Gymnastics Room:** Please use the pool parking area during day hours 9:00a-3:00p and walk to the gym using the sidewalk west of the pool parking lot. Evening classes may use the parking area outside the gymnastics room. Parking is also available by the Commodore Facility located on High School Road down the hill from the high school reader board. Spectator seating area is on the balcony located at the back of the gym. Please use the south entrance to the gym, when at all possible, to help control the traffic flow in the gym. Be aware of the parking lot in the evenings, there are many cars that drop off children to the gymnastics room or school events. These drive-through areas are congested, and drivers need to be aware of other vehicles and especially pedestrians.



### WARM-UPS

Warm-ups and basic skill repetitions are held during the first 10 to 15 minutes of class. These are important for assurance of muscle safety and memory retention. To reduce risk of injury, it is essential that children participate in these warm-up exercises. Please be fair to the other children, your child, and the instructor by arriving on time. **Late Policy:** If you find that you are going to be more than 10 minutes late for recreational classes, we ask that your child not participate that day. Please do not place our instructor in the situation of turning away your child for this reason. **What to wear:** Girls; leotard or one-piece bathing suit with or without shorts, hair up and jewelry off. Boys; shorts or sweats with shirt, jewelry off. Please no buttons or zippers.



### GYMNASTICS PLAYTIME AT THE TRANSMITTER BUILDING (FORMERLY KNOWN AS OPEN PLAYTIME)

Ages 6 months to 5. Give your little ones a chance to explore their proprioception in an indoor padded environment where they can jump and roll over mats, bounce on a trampoline, swing on bars, and move across balance beams. This is great for the children who are not quite ready for a fully structured class, but still need an outlet for their explorative energy. A parent or guardian must attend with child(ren) with a max limit of 2 children per person. Cost is per child. Sign-ups will be posted two weeks at a time, and registration must be done no later than 24 hours before scheduled time.

151530-01	T	1/4	10:00-11:30a	\$15
02	W	1/5	10:00-11:30a	\$15
03	Th	1/6	10:00-11:30a	\$15
04	F	1/7	10:00-11:30a	\$15
05	T	1/11	10:00-11:30a	\$15
06	W	1/12	10:00-11:30a	\$15
07	Th	1/13	10:00-11:30a	\$15
08	F	1/14	10:00-11:30a	\$15

**Please comply with all the rules posted. This will keep the play area safe for all participants.**

**When you arrive, please check in with the gym supervisor.**

**Keep within arm's reach of your child at all times.**

**There is a limit of two children per adult.**

**No adults allowed on equipment.**

**All other rules are posted on a handout given to participants and posted in the gym.**



# YOUTH

## EXTRA GYMNASTICS WORKOUT (OPEN GYM) ★

Ages 6 and up. Here's a chance to improve your skills! This extra time will allow you an opportunity to receive additional instruction and practice on areas needing improvement. This is available to students who are currently or have been involved in Park District gymnastics programs. Beginner through team level. BHS Gymnastics Room.

141500-01	Sa	1/22	2:30-4:00p	\$15
02	Sa	1/29	2:30-4:00p	\$15
03	Sa	2/5	2:30-4:00p	\$15
04	Sa	2/12	2:30-4:00p	\$15
05	Sa	3/5	2:30-4:00p	\$15
06	Sa	3/12	2:30-4:00p	\$15
07	Sa	3/19	2:30-4:00p	\$15
08	Sa	3/26	2:30-4:00p	\$15
09	Sa	4/16	2:30-4:00p	\$15
10	Sa	4/23	2:30-4:00p	\$15
11	Sa	4/30	2:30-4:00p	\$15
12	Sa	5/7	2:30-4:00p	\$15
13	Sa	5/14	2:30-4:00p	\$15
14	Sa	5/21	2:30-4:00p	\$15
15	Sa	5/28	2:30-4:00p	\$15

### PLEASE COMPLY WITH ALL THE RULES POSTED.

When you arrive, please check in with the gym supervisor.

All other rules are posted on a handout given to you and in the gym.

## SPRING BREAK CLINICS



## CHEER TUMBLING CLINIC ★

Ages 6-18. This clinic is for those participating in cheer programs, and even those who are planning to. Participants will be taught tumbling skills based on their skill set (beginning-advanced). BHS Gymnastics Room

141519-01	T	2:00-4:00p	4/5	\$57
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## PARKOUR/NINJA CLINIC ★

Ages 6-17. Students will be introduced to a wide variety of skills in a safe environment. This will be a great opportunity for first time participants as well as for those with more experience to continue to improve their parkour skills. BHS Gymnastics Room

141582-01	WTh	2:00-4:00p	4/6-4/7	\$114
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## SPECIALITY CLASSES

### Late Policy:

If you find that you are going to be more than 10 minutes late for a class, we ask that your child(ren) not participate that day. Warm-ups and basic skill repetitions are held during the first 10 to 15 minutes of class. These are important for assurance of muscle safety and memory retention. To reduce risk of injury, it is essential that your child(ren) participate in these warm-up exercises. Please be fair to the other participants, your child(ren), and the instructor by arriving on time.

## CHEER & GYMNASTICS ★

Ages 10-17. Students will learn gymnastics skills on floor and trampoline to help enhance their Cheer tumbling. Example skills are aerials, back and front hand-springs, and round-offs, plus stunting. BHS Gymnastics Room

141562-01	W	5:00-6:00p	1/19-2/16	\$109
02	W	5:00-6:00p	3/2-3/23	\$87
03	W	5:00-6:00p	4/13-5/11	\$109
04	W	5:00-6:00p	5/18-6/8	\$87

## HANDSPRING & TUMBLING CLASS ★

Ages 6-17. This class will focus on back handsprings and front handsprings, along with other aspects of tumbling. Students will be taught how to do hand-springs and other tumbling skills along with the drills, techniques, flexibility, and strength training to perform them properly. Transmitter Building

141545-01	Th	6:15-7:15p	1/20-2/17	\$109
02	Th	6:15-7:15p	3/3-3/24	\$87
03	Th	6:15-7:15p	4/14-5/12	\$109
04	Th	6:15-7:15p	5/19-6/9	\$87

## PARKOUR/NINJA WARRIOR AGES 6-17 ★

Ages 6 to 17. For female and male students who want to learn to run, leap, jump or flip off walls and navigate obstacle courses. Class will have some time outside working tricks (weather permitting). Transmitter Building; \*\*classes held at BHS Gymnastics Room

141557-01	Th	5:00-6:00p	1/20-2/17	\$109
02	Sa**	11:00a-12:00p	1/22-2/12	\$87
03	Th	5:00-6:00p	3/3-3/24	\$87
04	Sa**	11:00a-12:00p	3/5-3/26	\$87
05	Th	5:00-6:00p	4/14-5/12	\$109
06	Sa**	11:00a-12:00p	4/16-5/14	\$109
07	Th	5:00-6:00p	5/19-6/9	\$87
08	Sa**	11:00a-12:00p	5/21-6/11	\$87

# YOUTH



## PRESCHOOL & KINDER-AGE (4-6 YEARS)

### Late Policy:

If you find that you are going to be more than 10 minutes late for a class, we ask that your child(ren) not participate that day. Warm-ups and basic skill repetitions are held during the first 10 to 15 minutes of class. These are important for assurance of muscle safety and memory retention. To reduce risk of injury, it is essential that your child(ren) participate in these warm-up exercises. Please be fair to the other participants, your child(ren), and the instructor by arriving on time.

### PRESCHOOL

Ages 3-4. Intro to gymnastics for both boys and girls. Skills taught include basic tumbling, uneven bar skills, balance beam and vaulting techniques. Transmitter Building; \*\*classes held at BHS Gymnastics Room

141505-01	F	12:30-1:15p	1/21-2/11	\$79
02	Sa**	9:00-9:45a	1/22-2/12	\$79
03	F	12:30-1:15p	3/4-3/25	\$79
04	Sa**	9:00-9:45a	3/5-3/26	\$79
05	F	12:30-1:15p	4/15-5/13	\$100
06	Sa**	9:00-9:45a	4/16-5/14	\$100
07	F	12:30-1:15p	5/20-6/10	\$79
08	Sa**	9:00-9:45a	5/21-6/11	\$79

### FUN SIZE NINJAS

Ages 4-6. This is a class for children interested in doing things like a Ninja Warrior. Students will be led through a variety of skills which will help them to get through obstacle courses set up by the instructor. Each week will be a different course, with a different focus on each course. This class is for children to explore different ways to climb, jump, crawl, swing, balance—whatever it takes to get over, under and around obstacles while having fun. Transmitter Building; \*\*classes held at BHS Gymnastics Room



141534-01	W	4:15-5:00p	1/19-2/16	\$100
02	Th	4:00-4:45p	1/20-2/17	\$100
03	Sa**	10:00-10:45a	1/22-2/12	\$79
04	W	4:15-5:00p	3/2-3/23	\$79
05	Th	4:00-4:45p	3/3-3/24	\$79
06	Sa**	10:00-10:45a	3/5-3/26	\$79
07	W	4:15-5:00p	4/13-5/11	\$100
08	Th	4:00-4:45p	4/14-5/12	\$100
09	Sa**	10:00-10:45a	4/16-5/14	\$100
10	W	4:15-5:00p	5/18-6/8	\$79
11	Th	4:00-4:45p	5/19-6/9	\$79
12	Sa**	10:00-10:45a	5/21-6/11	\$79

### BOYS ONLY KINDERGYM

Ages 4-6. Intro to Kindergym for boys ONLY! Those who are 4 years of age must have completed at least one preschool gym session and students must be able to take directions from teacher. Skills will be taught on all boys' equipment which includes, floor, pommel horse, rings, vault, parallel bars, and high bar. BHS Gymnastics Room

141512-01	M	4:00-4:45p	1/24-2/14	\$79
02	M	4:00-4:45p	2/28-3/21	\$79
03	M	4:00-4:45p	4/11-5/9	\$100
04	M	4:00-4:45p	5/16-6/6*	\$66

\*No Class 5/30



### KINDERGYM

Ages 4-6. Intro to Kindergym for both boys and girls. Skills taught include basic tumbling, uneven bar skills, balance beam and vaulting techniques. Transmitter Building; \*\*classes held at BHS Gymnastics Room

141506-01	M	4:00-4:45p	1/24-2/14	\$79
02	F	1:30-2:15p	1/21-2/11	\$79
03	Sa**	9:00-9:45a	1/22-2/12	\$79
04	M	4:00-4:45p	2/28-3/21	\$79
05	F	1:30-2:15p	3/4-3/25	\$79
06	Sa**	9:00-9:45a	3/5-3/26	\$79
07	M	4:00-4:45p	4/11-5/9	\$100
08	F	1:30-2:15p	4/15-5/13	\$100
09	Sa**	9:00-9:45a	4/16-5/14	\$100
10	M	4:00-4:45p	5/16-6/6*	\$66
11	F	1:30-2:15p	5/20-6/10	\$79
12	Sa**	9:00-9:45a	5/21-6/11	\$79

\*No Class 5/30







# YOUTH

## SCHOOL AGE (6-17 YEARS)

### Late Policy:

If you find that you are going to be more than 10 minutes late for a class, we ask that your child(ren) not participate that day. Warm-ups and basic skill repetitions are held during the first 10 to 15 minutes of class. These are important for assurance of muscle safety and memory retention. To reduce risk of injury, it is essential that your child(ren) participate in these warm-up exercises. Please be fair to the other participants, your child(ren), and the instructor by arriving on time.



## BEGINNER GIRLS

Ages 6-17. For girls with no gymnastics experience, or who have some gymnastics experience on all the events but are still working on mastering them. Instructor challenges each participant based on their individual skill level. Class concentrates on instruction of basic tumbling and skill work on each of the girls' apparatus. Transmitter Building: \*\*classes held at BHS Gymnastics Room

141531-01	MW	5:00-6:00p	1/19-2/16	\$184
02	Sa**	12:15-1:15p	1/22-2/12	\$87
03	MW	5:00-6:00p	2/28-3/23	\$163
04	Sa**	12:15-1:15p	3/5-3/26	\$87
05	MW	5:00-6:00p	4/11-5/11	\$204
06	Sa**	12:15-1:15p	4/16-5/14	\$109
07	MW	5:00-6:00p	5/16-6/8*	\$143
08	Sa**	12:15-1:15p	5/21-6/11	\$87

\*No Class 5/30



## INTERMEDIATE AND ADVANCED—GIRLS

Ages 6-17. For the serious gymnast! Must have completed the beginning level. This class is geared for training girls to reach a competitive level, or to build a repertoire of skills, build strength and flexibility. Transmitter Building

141533-01	MW	3:00-4:00p	1/19-2/16	\$184
02	MW	6:00-7:30p	1/19-2/16	\$221
03	MW	3:00-4:00p	2/28-3/23	\$163
04	MW	6:00-7:30p	2/28-3/23	\$196
05	MW	3:00-4:00p	4/11-5/11	\$204
06	MW	6:00-7:30p	4/11-5/11	\$245
07	MW	3:00-4:00p	5/16-6/8*	\$143
08	MW	6:00-7:30p	5/16-6/8*	\$172

\*No Class 5/30



## BOYS GYMNASTICS

Ages 6-17. For boys of all experience levels. Instructor challenges each participant based on their individual skill level. Class concentrates on instruction of basic tumbling and skill work on all the boys' apparatus. BHS Gymnastics Room

141540-01	MW	5:30-6:30p	1/19-2/16	\$184
02	MW	5:30-6:30p	2/28-3/23	\$163
03	MW	5:30-6:30p	4/11-5/11	\$204
04	MW	5:30-6:30p	5/16-6/8*	\$143

\*No Class 5/30

## BAINBRIDGE ISLAND BOYS' GYM TEAM

For grade school through high school age. The team will travel to events throughout the region, participating in USAG levels 4 through 10 competitions. Team members are selected by ability and space availability. Additional costs are involved. Contact the gymnastics department at the Park District for more information.

## BAINBRIDGE ISLAND GIRLS' GYM TEAMS

For grade school through high school age. The team will travel to events throughout the region, participating in USAG level 3 through 10 and Xcel competitions. Team members are selected by ability and space availability. Additional costs are involved. Contact the gymnastics department at the Park District for more information.

# YOUTH



## TEEN JOB OPPORTUNITIES

Contact Julie at (206) 842-5661 #114 or [julie@biparks.org](mailto:julie@biparks.org) to get more information.

### EMPLOYMENT

#### Spring Soccer League Referee/Mentors

Applicants must be at least 14 years old.

#### Summer Camp Director

Applicants must be at least 18 years old.

#### Summer Camp Counselor

Applicants must be at least 16 years old.

#### Summer Recreation Assistant

Applicants must be at least 14 years old.

#### Summer Recreation Companion

Applicants must be at least 14 years old.

### SUMMER VOLUNTEER

#### Summer Camp Aide

Volunteer to assist camp counselors with our summer sports camps. This is a great opportunity for students from ages 12-18 looking for community service hours or those just wanting to give back to the community.

### BEGINNER AND INTERMEDIATE – SKILLS, DRILLS, LEAGUE

Grades 4-9. Open to both boys and girls. Modified rules, skills training, position training, and mini games. Do you know the game of volleyball? Volunteer to help our coaches and receive 25% off your child's registration. BIRC

#### Ages 3-8

112911-01	Th	4:15-5:00p	1/20-2/17	\$80
02	Th	4:15-5:00p	3/3-3/31	\$80
03	Volunteer to help coach			

#### Grades 2-5

112912-01	Th	5:15-6:00p	1/20-2/17	\$80
02	Th	5:15-6:00p	3/3-3/31	\$80
03	Volunteer to help coach			

#### Grades 4-9 Beginner

112913-01	Th	6:15-7:15p	1/20-2/17	\$100
02	Th	6:15-7:15p	3/3-3/31	\$100
03	Volunteer to coach your child's team			

#### Grades 4-9 Intermediate

112914-01	Th	7:30-8:30p	1/20-2/17	\$100
02	Th	7:30-8:30p	3/3-3/31	\$100
03	Volunteer to coach your child's team			



## EXERCISE AND FITNESS

### VOLLEYBALL

#### VOLLEYKIDS – DRILLS AND SKILLS

Ages 3-8. VolleyKids is designed to teach boys & girls the FUNdamentals of volleyball. We'll use large volleyballs, pool noodles, and other fun equipment in our drills designed just for this age group. Do you know the game of volleyball? Volunteer to help our coaches and receive 25% off your child's registration. BIRC

#### YOUNG BEGINNER – DRILLS AND SKILLS

Grades 2-5. Open to girls and boys; Skills training and mini games; Volley-Lite volleyballs; Reduced-height net. Do you know the game of volleyball? Volunteer to help our coaches and receive 25% off your child's registration. BIRC



### GIRLS LACROSSE CLINICS

The clinics will provide beginners and returning players the opportunity to play lacrosse in a fun environment. No previous lacrosse experience required, we will teach you the basics, and increase your skills. Players will be separated by age group and placed on teams. All players will be required to bring the following: Stick and goggles (we have some loaners if you don't have these items), a mouth guard, running shoes or cleats, water bottle, appropriate clothing for the weather. BPP **CONTRACTOR**

110219-01	Grades K-2	T	4:00-4:40p	4/19-5/31	\$160
02	Grades 3-4	T	4:00-4:40p	4/19-5/31	\$160
03	Grades 5-7	T	4:00-5:00p	4/19-5/31	\$160

### GO RUN FOR GIRLS

Grades 4-6. Go run and have fun! Try out running and power walking as an all-girls' team experience. Join a team that focuses on goal-setting and confidence-building for girls in grade 4-6. Experienced adult coaches and positive high school mentors create an environment that supports and enhances the physical, emotional, and social well-being of team members. Varied running and power-walking workouts include warm-ups, running games, relays, and runs on the track, field, trails, and neighborhoods. Various Island trails. BPP Sakai School **CONTRACTOR**

111388-01	TTh	3:30-4:45p	4/12-5/19	\$195
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# YOUTH

## SOCCER

### TINY TOTS SOCCER

Ages 1.5-2.5. Tiny Tots Soccer classes introduce toddlers to soccer with games that allow them to kick a ball, jump, run, and play. Tots will learn basic soccer skills while working on their balance and coordination. BPP

112300-01	Sa	9:30-10:00a	3/5-3/26	\$80
02	Sa	9:30-10:00a	4/16-5/14	\$90



### SOCCER SQUIRTS

Ages 2.5-3.5. Parents and Squirts will play organized games together, led by our instructor, that will help develop listening skills, balance, foot-eye coordination and of course soccer skills. BPP

112301-01	Sa	10:15-10:45a	3/5-3/26	\$80
02	Sa	10:15-10:45a	4/16-5/14	\$90

### PRE-KICKS SOCCER

Ages 3-4. Pre-Kicks is designed for children who want to explore soccer, but who are not quite ready to be on the field without a parent or caregiver. Classes focus on increasing balancing skills, coordination and fundamental soccer skills while also helping children build a sense of independence. BPP

112302-01	Sa	11:00-11:30a	3/5-3/26	\$80
02	Sa	11:00a-11:30a	4/16-5/14	\$90



### WINTER SATURDAY SOCCER LEAGUE

**March 5 to March 26**

**Ages 4 to 6:** 20 minutes of small group skills and drills. 20 minutes of scrimmages.

**Ages 6 to 8:** 20 minutes of small group skills and drills. 20 minutes of scrimmages.

**Skill Sessions:** Volunteer coaches will implement the skill sessions that we will provide. Each skill session will be geared towards the appropriate age group. **Player Equipment:** Soccer cleats are optional. Shin guards are strongly recommended.

**Team Placement:** Players will be placed with friend request when possible.

**Volunteer Coaching:** We rely on volunteers to help make this program successful. No experience necessary. We can help you along the way. Volunteer coaching duties include helping manage your team during skill sessions and during scrimmages. Volunteer coaches receive 50% off their child's soccer registration fee. BPP

**Program cancellation deadline is February 11.**

112303-01	4-6 year old girls	9:30-10:15a	\$100
02	4-6 year old boys	10:45-11:30a	\$100
03	6-9 year old girls	9:30-10:15a	\$100
04	6-9 year old boys	10:45-11:30a	\$100

### SPRING SATURDAY SOCCER LEAGUE

**April 16 to May 22**

**Ages 4 to 6:** 20 minutes of small group skills and drills. 20 minutes of scrimmages.

**Ages 6 to 8:** 20 minutes of small group skills and drills. 20 minutes of scrimmages.

**Skill Sessions:** Volunteer coaches will implement the skill sessions that we will provide. Each skill session will be geared towards the appropriate age group.

**Player Equipment:** Soccer cleats are optional. Shin guards are strongly recommended.

**Team Placement:** Players will be placed with friend request when possible.

**Volunteer Coaching:** We rely on volunteers to help make this program successful. No experience necessary. We can help you along the way. Volunteer coaching duties include helping manage your team during skill sessions and during scrimmages. Volunteer coaches receive 50% off their child's soccer registration fee. BPP

**Program cancellation deadline is March 11.**

112303-05	4-6 year old girls	10:45-11:30a	\$120
06	4-6 year old boys	9:30-10:15a	\$120
07	6-9 year old girls	10:45-11:30a	\$120
08	6-9 year old boys	9:30-10:15a	\$120

### WINTER DEVELOPMENT ACADEMY

Bainbridge Island FC boys and girls teams will play in a peninsula league 6-game season. The Development Academy program is a pre-select level league for players who are passionate about soccer, coached by BIFC select level coaching staff. Players would train at BPP Turf on Wednesday and Friday, with weekend games (typically Saturday). The program runs 2/9-3/30 and is open to players born in years 2012, 2013, and 2014. No training or games during BISD mid-winter break. BPP (game location and schedule to be released). Fee includes blue & white BIFC jersey. **CONTRACTOR**

**Boys born in the years of 2012, 2013, 2014**

512303-01	MW	4:30-5:45p	2/9-3/30	\$310
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**Girls born in the years of 2012, 2013, 2014**

512303-02	MW	4:30-5:45p	2/9-3/30	\$310
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# YOUTH



## SPRING WEEKNIGHT RECREATIONAL SOCCER **NEW!**

Bainbridge Island FC spring soccer returns for players of all skills and ability levels, with the convenience of no weekend games. Our volunteer coaching staff will run team training sessions on Monday afternoons, with teams playing games on Wednesdays. Fee includes blue & white BIFC jersey.

### CONTRACTOR



#### Kindergarten

Coed 112310-01	4/20-6/1	\$115
Wednesday 4:15-5:00p at BPP		

#### Grades 1-2

Boys 112311-01	4/18-6/1	\$159
Girls** 112311-02	4/18-6/1	\$159
Monday 4:00-5:00p and Wednesday 4:00-5:00p at BPP		

#### Grades 3-4

Boys 112312-01	4/18-6/1	\$159
Girls** 12312-02	4/18-6/1	\$159
Monday 5:15-6:15p and Wednesday 5:15-6:15p at BPP		

#### Grades 5-8

Coed 112313-01	4/18-6/8	\$159
Monday 2:15-3:15p at Woodward and Wednesday 6:30-7:30p at BPP		
** Girls have the option to register for boys program.		

## SPRING MINI KICKERS

Ages 3-5. Join our weekday preschool coed soccer class, children play and learn through fun dynamic games and activities. Fee includes blue and white BIFC jersey. BPP **CONTRACTOR**

112320-01	T	4/26-6/7	1:00-1:45p	\$115
02	F	4/29-6/10	10:00-10:45a	\$115

## WINTER/SPRING SELECT TRAINING PROGRAM FOR CURRENT OR FUTURE SELECT PLAYERS

Boys and girls born 2008-2011. Bainbridge Island FC (BIFC) is offering a soccer skills development program for any current or aspiring select-level players from across the county. BIFC's program will focus on structured soccer training that develops players' technical & tactical skills. This program can be an extension of the BIFC Select Season or an introduction to the Bainbridge Island FC competitive soccer program. Questions? Contact BIFC Technical Director Phil Avison at techd@bifc.net. BPP

Mondays — Select Groups Training Sessions

Wednesdays — Small-Sided Game Play

512314-01	MW	2/28-3/30	4:00-5:30p	\$150
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## BAINBRIDGE ISLAND FC SAVE THE DATE

February: Boys Select Tryouts (2007 - 2004 birth years)

April - May: Girls Select Tryouts (2012 - 2004 birth years)

April - May: Boys Select Tryouts (2012 - 2008 birth years)

June: Boys & Girls Development Evaluations (2013-2014 birth years)

July 11-15: World Cup Camp (Ages 6-13)

July 11-14: Mini Kickers Camp (Ages 3-5)

August 8-12: World Cup Camp (Ages 6-13)

August 8-11: Mini Kickers Camp (Ages 3-5)

Visit [www.bifc.net](http://www.bifc.net) for all updates

## TEEN RECREATIONAL CROSSNET LEAGUE **NEW!**

Ages 13-18. Crossnet is the first four square volleyball game. Crossnet features a centrally placed net and a four-quadrant court. The objective is to make it to the fourth square, where a player can serve and score. Grab your friends and join us for a fun night of games. BPP

113705-01	T	6/21-7/26	6:30-8:00p	\$25 per person
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## TEEN CORNHOLE LEAGUE **NEW!**

Ages 13-18. Come out and get nostalgic with some good ol' fashion fun with everyone's favorite recess game. Our coed cornhole league is a great way to develop new friendships while having the time of your life. BPP

113703-01	W	6/22-7/27	6:30-8:00p	\$25 per person
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## TEEN KICKBALL LEAGUE **NEW!**

Ages 13-18. Grab your friends and join us for a fun day of kickball. 4 games of awesome kickball guaranteed. Official kickball rules will be used, except where noted. For a complete list of rules, contact us. The winning team receives a championship prize. BPP

113706-01	Th	6/23-7/28	6:30-8:00p	\$25 per person
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# YOUTH

## RACKET SPORTS



### HOT SHOTS PICKLEBALL

Ages 3-6. A fun-filled 30-minute lesson that will develop hand-eye coordination, balance, and the foundation of some pickleball skills. Parents are encouraged to participate in this innovative program. BIRC

112730-01	Su	12:15-12:45p	1/23-2/13	\$60
02	Su	12:15-12:45p	3/6-3/27	\$60
03	Su	12:15-12:45p	4/17-5/8	\$60

### ROOKIES PICKLEBALL

Ages 6-9. This class is great for younger budding pickleball players. Along with introducing the game in a modified way, we'll work on basic skill and hand-eye coordination. BIRC

112731-01	Su	12:55-1:25p	1/23-2/13	\$60
02	Su	12:55-1:25p	3/6-3/27	\$60
03	Su	12:55-1:25p	4/17-5/8	\$60

### PICKLEBALL 101 FOR KIDS

Ages 9-14. Come play the game that was invented right here on Bainbridge Island. Pickleball is easy to learn and fun to play. All levels of fitness and skill welcome. Paddles available for use but if you have your own, please feel free to bring it. BIRC

112732-01	Su	1:35-2:15p	1/23-2/13	\$68
02	Su	1:35-2:15p	3/6-3/27	\$68
03	Su	1:35-2:15p	4/17-5/8	\$68

### HOT SHOTS BADMINTON

Ages 3-6. A 30-minute lesson filled with fun that will introduce the foundation of some badminton skills along with developing hand-eye coordination and balance. Parents are encouraged to participate in this innovative program. BIRC

112733-01	Su	2:25-2:55p	1/23-2/13	\$60
02	Su	2:25-2:55p	3/6-3/27	\$60
03	Su	2:25-2:55p	4/17-5/8	\$60



### ROOKIES BADMINTON

Ages 6-9. For younger athletes looking to learn the the game of badminton in a modified way. We'll work on basic skills, hand-eye coordination and have lots of fun. BIRC

112734-01	Su	3:05-3:35p	1/23-2/13	\$60
02	Su	3:05-3:35p	3/6-3/27	\$60
03	Su	3:05-3:35p	4/17-5/8	\$60

### BADMINTON 101 FOR KIDS

Ages 9-14. Badminton is a fun, simple game that's a classic for players of all ages. All levels of fitness and skill welcome. Rackets are available for use but if you have your own, please feel free to bring it. BIRC

112735-01	Su	3:45-4:40p	1/23-2/13	\$68
02	Su	3:45-4:40p	3/6-3/27	\$68
03	Su	3:45-4:40p	4/17-5/8*	\$68

## TENNIS

### HOT SHOTS TENNIS

Ages 3.5-6. Tennis is the best first sport! Start your children off right with action packed 45-minute lessons that will develop hand eye coordination, balance and foundation skills while having a ton of fun in this progressive 10 and under tennis program. Parents are encouraged to participate in this innovative program. BHS courts or Ordway covered area



112715-01	Su	12:15-1:00p	3/6-3/27	\$68
02	Su	12:15-1:00p	4/17-5/8	\$68
03	Su	12:15-1:00p	5/15-6/12*	\$68

\*No class 5/29

### ROOKIES TENNIS

Ages 6-10. For kids just getting started with tennis. Rookies Red Ball 1 and Rookies Red Ball 2 are the first level of the Park District Tennis Pathway. Ball: Low-compression RED. Court Size: Free-form. Racquet Length: 19"-21" BHS courts or Ordway covered area

112708-01	Su	11:00a-12:00p	3/6-3/27	\$80
02	Su	11:00a-12:00p	4/17-5/8	\$80
03	Su	11:00a-12:00p	5/15-6/12*	\$80

\*No class 5/29





# YOUTH



## ROOKIES PLUS TENNIS

Ages 8-12. Perfect for players who have basic skills gained from our Rookies tennis program and others with rally skills looking to move towards game play. Here we will use either Orange Balls, Green, or Yellow as appropriate to the class dynamic and skill level. BHS courts or Ordway covered area

112704-01	Su	2:30-3:30p	3/6-3/27	\$80
02	Su	2:30-3:30p	4/17-5/8	\$80
03	Su	2:30-3:30p	5/15-6/12*	\$80

\*No class 5/29



## TEEN TENNIS

Ages 12-18. This is a great place for teens looking to learn tennis, or for those players just looking to start tournaments at the Challenger level or considering trying out for the high school team. BHS courts or Ordway covered area

112721-01	Su	1:15-2:15p	3/6-3/27	\$80
02	Su	1:15-2:15p	4/17-5/8	\$80
03	Su	1:15-2:15p	5/15-6/12*	\$80

\*No class 5/29

### PRIVATE, SEMI-PRIVATE AND GROUP TENNIS LESSONS

Schedule your private, semi-private or group lessons on the weekends. Lessons are outside on the Bainbridge Island Tennis Courts. **Email Julie at [julie@biparks.org](mailto:julie@biparks.org) for more information.**

Private Lessons: 1 hour 1 player = \$55

Semi-Private Lessons: 1 hour 2 players = \$70

Group Lessons: 1 hour 3 players = \$81, 4 players = \$88

Private Lessons: 10 pack of 1-hour lessons = \$495 (10 % off)

Private Lessons: 5 pack of 1-hour lessons = \$261.25 (5% off)

Semi-Private/Group Lessons: 10 pack of 1-hour lessons = \$297 (10% off)

Semi-Private/Group Lessons: 5 pack of 1-hour lessons = \$156.75 (5% off)

## ROCK CLIMBING

**Emphasizing strength, endurance, balance, and flexibility, rock climbing is more than just a workout; it challenges your mind and your body. All climbing programs are facilitated by experienced instructors from Insight Climbing & Movement. Registration deadline for most climbing programs is three days before begin date. For questions about refunds, please see page 4.**

## YOUTH CLIMBING FOR BEGINNERS

Ages 4-6, 7-12. Get your kids climbing our walls and not yours! This two-week course will give new climbers an introduction to indoor climbing and youth programming at Insight Climbing & Movement, including top-rope climbing, bouldering, and games with other kids. This class will provide your kids with an opportunity to build confidence, both on and off the wall, while giving them a preview of what our youth climbing programs have to offer. At the conclusion of the program, families will have the information they need to decide which recurring youth climbing program at Insight is the right fit for their young climber! All climbing programs are facilitated by experienced instructors from Insight Climbing & Movement. Registration deadline for most climbing programs is three days before the start date. For questions about refunds, please see page 4.

### CONTRACTOR

#### Ages 7-12

131989-01	W	4:30-5:30p	1/12-1/19	\$75
02	W	4:30-5:30p	3/2-3/9	\$75

#### Ages 4-6

03	W	4:30-5:30p	1/26-2/2	\$75
04	W	4:30-5:30p	3/16-3/23	\$75



## PROGRAMS FOR TEENS AGES 13-17

**FOR TENNIS LESSONS AT THE NEW REC CENTER INDOORS PLEASE LOOK IN OUR BIRC SECTION ON PAGE 65**





# YOUTH

## MOUNTAIN BIKING

**Come explore some of the best mountain biking Washington has to offer with us! Rides are geared towards group ability. Qualified instructors and trip leaders will work to expand riders' skill sets, maintain a focus on safety, and showcase a variety of great trails to mountain bike.**

### FAQs

**General** — A detailed email will be sent out approximately a week before the start of each program, with information on where to meet, what to bring, weather forecast, medical waivers, emergency contacts, and more.

**Questions?** Contact Mountain Biking Program Coordinator Sully Mynatt at [sullym@biparks.org](mailto:sullym@biparks.org) or Mountain Biking Camp Program Supervisor Patrick Hodge at [patrickhodge@biparks.org](mailto:patrickhodge@biparks.org).

**Equipment** — Participants must have a working mountain bike that is of suitable size, has gears to be able to go up and down medium grades of trail, functional brakes, and a properly fitting biking helmet. Please do not show up with bikes that have skinny road tires, a one- gear single speed, or major mechanical issues. Staff reserve the right to not allow participation if a bike is deemed to be unfit, non-functional, or if staff have safety concerns.

**Bike Check** — Staff strongly recommends that your rider's bike be inspected and tuned up by a professional bike mechanic 1-2 weeks before their first program of the season. Afford several days to ensure your rider's bike will be ready for pick-up. On Bainbridge Island, both BI Cycle and Classic Cycle are great bike shops that can help.

**Equipment** — Participants are responsible for providing their own personal clothing and equipment, but our Outdoor Gearbank has a select number of Park District mountain bikes (24" or 26" tire) that are available to borrow for free. Please contact Mountain Biking Program Coordinator Sully Mynatt at [sullym@biparks.org](mailto:sullym@biparks.org) or Mountain Biking Camp Program Supervisor Patrick Hodge at [patrickhodge@biparks.org](mailto:patrickhodge@biparks.org) at least two weeks prior to needing a mountain bike in order to check availability and to allow for scheduling.

**Physical Fitness** — Participants need to be physically fit for each ride's unique challenges. Terrain and trails vary, please refer to the "Trail Difficulty Rating System." The Park District reserves the right to require a doctor's note to clear a participant for participation.

**Program Prerequisites** — Some of our mountain biking programs have program prerequisites listed in the program description. We list prerequisites to ensure that our participants are going to be in the program that is correct for their experience, riding ability, age, and more. The prerequisites are meant to help make sure participants are having fun, becoming better riders, and not riding above their ability level. Please contact Mountain Biking Program Coordinator Sully Mynatt at [sullym@biparks.org](mailto:sullym@biparks.org) or Mountain Biking Camp Program Supervisor Patrick Hodge at [patrickhodge@biparks.org](mailto:patrickhodge@biparks.org) or if you have any questions regarding the prerequisites.

**Registration Deadlines** — **Registration deadline is three days before program start date.** This allows us to effectively communicate with participants about any needs we can help accommodate as well as ensure each trip is a good fit.

**Refunds** — For questions about refunds, please see page 4. If weather or road closures cancel a trip, a pro-rated credit will be refunded for the missed day.

## TRAIL DIFFICULTY RATING SYSTEM

Sections of the trail may be easier or more difficult than the criteria listed below. For questions regarding a specific program, contact the program staff.

○ **(Easiest)** — Small hills and generally flat, smooth/paved terrain, few to no avoidable obstacles such as rocks and roots. Suitable for newcomers to biking.

● **(Beginners)** — Rolling hills. Varied terrain including dirt and gravel. Avoidable obstacles such as rocks and roots, few to no unavoidable obstacles such as large roots. Suitable for beginner mountain bikers.

■ **(Intermediate)** — Steep hills. Challenging terrain that may include loose dirt and gravel. Avoidable obstacles such as rocks and roots. Unavoidable obstacles that riders may need to walk over such as drops and large roots. Suitable for riders with previous mountain biking experience.

◆ **(Advanced)** — Technical, long, and steep hills. Challenging terrain that may include loose dirt, gravel, sand, and rock. Difficult, unavoidable obstacles such as rocks, drops, and large roots. Suitable for riders with lots of previous mountain biking experience.



## MOUNTAIN BIKING SKILLS CLINIC ○

Ages 7-9. Haven't ridden in a while? Not a problem! In a jam-packed afternoon of fun, we'll pick up where riders last left off, preparing them for our summer mountain biking programs. We'll brush up on fundamental techniques, re-familiarize ourselves with our bikes, ride the pump track, and discover the vast mountain biking opportunities that Battle Point Park and the surrounding trails have to offer. After this clinic, riders will have a good idea of what to expect in our week-long summer programs and will be given a recommendation as to which programs are a good fit. Meet at BPP.

131943-01	Th	5:15-6:15p	4/14	\$40
02	Th	5:15-6:15p	4/21	\$40
03	Th	5:15-6:15p	4/28	\$40
04	Th	5:15-6:15p	5/5	\$40

## TINY TRAILS ○

Ages 5-7. The Tiny Trails program is one of our beginner level camps, and provides a perfect platform to ensure your child has a basic understanding of bicycle handling so they're able to safely and confidently enjoy riding their bike wherever it may take them. During these programs, we'll focus on effective starting and stopping, shifting, and climbing, bike control, body positioning, and of course, having fun. We'll play some bicycle games, ride various obstacle courses, and explore the far reaches of Battle Point Park and beyond as the weeks progress! Meet at BPP.

131951-01	Th	3:30-5:00p	3/3-3/24	\$150
02	Th	3:30-5:00p	4/14-5/5	\$150

# YOUTH



## MTB CLUB — MONDAYS @ STOTTLEMEYER



Ages 10-14. Explore 6,000 acres of some of the best mountain biking terrain west of the Cascades! Participants' skills will improve each week as we ride incredible single track, learn how to negotiate obstacles, jumps, cut through mud, and explore the terrain. Program meets at the Stottlemeyer trailhead in Poulsbo.

131949-01	M	2:00-5:00p	1/31-2/14	\$195
02	M	2:00-5:00p	2/28-3/21	\$260
03	M	2:00-5:00p	3/28-4/25*	\$260
04	M	2:00-5:00p	5/2-5/23	\$260

\*No Class 4/4

## MTB CLUB — TUESDAYS ON B.I.



Ages 7-10. Get ready to hit those trails! This weekly riding group is built for young riders who love to use their mountain bike. We will ride and explore trails in the Grand Forest, Hilltop, and Battle Point areas. Focus of this Tuesday group is less about instruction and more about enjoying the ride. Drop off is at Grand Forest East Parking area, pick up is at Grand Forest West on Miller Road.

131950-01	T	3:30-5:00p	3/1-3/22	\$150
02	T	3:30-5:00p	3/29-4/26*	\$150
03	T	3:30-5:00p	5/3-5/31**	\$185

\*No Class 4/5

\*\*Five-Week Session

## MTB CLUB — WEDNESDAY NIGHT RIDES



Ages 10-13. Come experience the thrill of the Grand Forest's deserted trails at night, seeing only what your headlamp illuminates. Filled with whoops and hollers, this is addictively fun riding at its best. Bike lights are available to borrow on a limited basis. Meet at East Grand Forest, pick up at Grand Forest West on Miller Rd.

131958-01	W	5:30-7:00p	1/26-2/16	\$150
02	W	5:30-7:00p	3/2-3/23	\$150

## PARK 360



Ages 10-13. We're heading to Key Peninsula's mountain bike park, Park 360, to mix up our routine and ride some amazing single-track trails. Like Duthie on our side of the water, the thrills are everywhere, and the fun doesn't stop! This newer MTB park keeps adding more and more spectacular single-track trails with optional jumps along the routes for those looking to expand their skill-set. There are whoop and holler trails everywhere! Transportation provided from SHP.

131963-01	Sa	9:00a-3:00p	2/5	\$85
02	Sa	9:00a-3:00p	2/26	\$85
03	Sa	9:00a-3:00p	3/19	\$85
04	Sa	9:00a-3:00p	4/16	\$85



## STOTTLEMEYER/PORT GAMBLE KICK IT UP RIDE



Ages 7-9. We are exploring the variety of trails at this local hot spot. These trails are perfect for developing and practicing MTB skills and learning to ride longer trails that can have roots, drops, berms, rock drops, chutes, mud, bridges, tabletops, and technical riding along with dirt roads to kick it up! Transportation provided from SHP.

131961-01	Sa	9:00a-12:00p	3/12	\$70
02	Su	9:00a-12:00p	3/20	\$70
03	Su	9:00a-12:00p	4/10	\$70
04	Su	9:00a-12:00p	5/15	\$70

## PORT GAMBLE GRAVITY CAMP



Ages 11-15. Gravity Camp is our most advanced instructional mountain bike clinic. It is designed for riders that are confident on their bike and want to pursue more challenging trails, higher speeds, and more intimidating obstacles. The goal of the Gravity Camp is to provide insight and technical advice on mountain biking technique, body positioning, and control. Skill progression will include high-speed braking, jumping, dropping, technical trails and navigating rough, rocky terrain. Transportation provided from SHP.

131940-01	Su	12:30-4:30p	2/6-2/27	\$225
02	Su	12:30-4:30p	3/6-3/27	\$225
03	Su	12:30-4:30p	4/3-4/24	\$225
04	Su	12:30-4:30p	5/8-6/5*	\$225

\*No Class 5/29



## INTRO TO TRAIL RIDING



Ages 7-9, 10-13. This introductory program is great for beginners and focuses on building confidence on the bike as well as continuing to work on fundamental mountain bike skills for those who are not as familiar with our MTB programs. It is designed for everyone from first-time mountain bikers looking for a safe, comfortable way to get out on the trails without the pressures of an experienced group, to those slightly more experienced riders looking to work on their skills. This program also serves as a prerequisite to our MTB club rides for new riders to ensure that all our riders are comfortable and confident on their bikes. Meet at Grand Forest West.

### Ages 7-9

131941-01	W	3:30-5:00p	3/30-4/20	\$150
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### Ages 10-13

02	W	5:15-6:45p	4/27-5/18	\$150
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# YOUTH

## ONE-ON-ONE MTB DEVELOPMENT

Ages 5 and up. This program is designed for riders of any age or skill level looking for one-on-one MTB instruction. We will cater to your rider and will design our rides around their riding abilities and goals. Less experienced riders can enroll to learn fundamental skills and bike control in a low-stress, relaxed environment and more advanced riders can focus on more advanced riding and more aggressive terrain in a format that allows for personalized, instructional feedback from an experienced mountain bike coach. Location TBD.

131944-01	T	3:30-5:30p	2/1	\$90
02	T	3:30-5:30p	2/8	\$90
03	T	3:30-5:30p	2/15	\$90
04	T	3:30-5:30p	2/22	\$90
05	T	5:15-7:15p	3/1	\$90
06	T	5:15-7:15p	3/8	\$90
07	T	5:15-7:15p	3/15	\$90
08	T	5:15-7:15p	3/22	\$90
09	T	5:15-7:15p	3/29	\$90
10	T	5:15-7:15p	4/12	\$90
11	T	5:15-7:15p	4/19	\$90
12	T	5:15-7:15p	4/26	\$90
13	T	5:15-7:15p	5/10	\$90
14	T	5:15-7:15p	5/17	\$90
15	T	5:15-7:15p	5/24	\$90
16	T	5:15-7:15p	5/31	\$90

## MOUNTAIN BIKE

### MECHANICS & SKILLS COURSE

Ages 8 and up. Learn the essentials in bicycle maintenance and repair. We will cover a wide variety of topics including safety inspections, proper set-up and fit, how to repair flat tires, as well as how to adjust derailleurs and brakes. We'll spend half the session in a classroom setting studying our own bicycles and adjusting repairs with a professional mechanic. After learning the mechanics, we will fuel up with a quick snack so that we can spend the rest of the program developing riding skills such as efficient shifting, braking, body position, and other useful tricks under the supervision of our certified instructors. Meet at SHP.

131945-01	M	5:30-7:30p	2/28	\$50
02	M	5:30-7:30p	3/21	\$50
03	M	5:30-7:30p	4/25	\$50
04	M	5:30-7:30p	5/23	\$50

## OVERNIGHT MTB TRIPS

**Do you ever finish riding a trail and think to yourself "We are done already?!" Join us for longer rides followed by a relaxing night in camp. Meals and transportation are provided for all overnight trips.**

## OLYMPIC HOT SPRINGS

### BIKEPACKING ADVENTURE

Ages 11-14. Have you ever dipped your feet in a natural hot spring after a long day of riding? Come with us on an epic gravel-tour up the Elwha River valley to the old Olympic Hot Springs. We'll ride the washed-out road past the remains of the Glines Canyon dam, and up to the long lost Olympic Hot Springs Resort. The resort, which was booming in the early 1920's, has all but vanished, but the hot springs remain, and make for a great destination. We'll camp out among old

growth Doug Firs, Hemlock, and Cedar, and cook up some delicious food before falling asleep under the stars. After a delicious breakfast, we'll pack up and descend out of the valley, and back down to the Elwha. Transportation provided from SHP.

131946-01 Th-F 9:00a-3:00p 2/24-2/25 \$350

## LOWER BIG QUILCENE CAMPOUT

Ages 10-13. Do you lie awake at night thinking of flowy single track? How about chasing friends through mossy old-growth forests along crystal-clear mountain rivers? If this sounds like a dream to you, come along on our Lower Big Quilcene Campout! We'll spend two days riding one of the Olympics' best mountain bike trails. We'll pack in our gear to the Big Timber Campsite, where we'll drop our bags, make lunch, and head out for an epic trail ride. We'll return to set up camp, make dinner, and sit around the campfire sharing trail tales and s'mores. We'll get an early start the next morning for another lap to make sure it wasn't just a dream, then return for lunch, pack our bags, and head back down to reality. Transportation provided from SHP.

131947-01 Sa-Su 9:00a-3:00p 4/30-5/1 \$350

## GOLD CREEK - DUNGENESS

### BIKEPACKING TRIP

Ages 12-15. Want to ride the best trail in the Olympic Mountains? Gold Creek—Dungeness is not for the faint of heart but is arguably the best backcountry trail west of the Puget Sound! We'll pack our gear and start out at the Gorge campground along the Dungeness River. From there we'll climb up to 3 O'Clock Ridge, before descending all the way back down to the river where we'll camp for the night. The next morning we'll break camp, and set our sights for Gold Creek trailhead, and the six miles of flow single track that comes with it. The total route is about 20 miles, with around 5,000ft of climbing and descending. This will be a challenging ride, but one of the most memorable! Transportation provided from SHP.

131948-01 Sa-M 9:00a-3:00p 5/28-5/30 \$450

## SPRING BREAK OLYMPIC

### DISCOVERY TOUR

Ages 12-15. Come see what bike touring is all about on one of Washington's premier touring routes! Over the course of three days, we'll explore the forests, lakes, rivers, and beaches along the Olympic Discovery Trail. We'll pack all of our gear, food, and clothing onto our bikes, and set out on a self-supported multi-day ride along the strait of Juan de Fuca. We'll camp out in beautiful places like Sequim Bay and Salt Creek and explore the vast beauty of Lake Crescent and the Elwha River Valley. This route will include a mixture of gravel and pavement and is suitable for all types of bicycles. Racks and panniers and/or frame and bar bags are highly recommended. Transportation provided from SHP.

131942-01 Su-W 9:00a-3:00p 4/3-4/6 \$550





# TEEN PROGRAMS



## TEEN CENTER



**The Teen Center is located at the Aquatic Center in Meeting Room B and C. Our main entrance is on the side of the building, or you can access us through the glass door in the main lobby. The address is 8521 Madison Avenue, Bainbridge Island.**

**We provide a safe space for teens to connect, become leaders, learn, play, hang out, and make a difference.**

Come be a part of the Teen Center and make your mark. We're open during the entire year, so stop by any afternoon to check out the activities. We have a pool table, foosball table, ping pong, air hockey, board games, Xbox, cards, and room just for relaxing. Food and/or drinks will be provided with some of the planned activities. It's a fun place to hang! (Available activities may differ depending on current phase and safety guidelines.)

**For teens of middle and high school age.**

## HOURS OF OPERATION

**Monday 2:00-6:00p**

**Tuesday-Thursday 3:00-6:00p**

**Friday 3:00-8:00p**

**Closed**

**Saturdays, Sundays, 1/17, 2/21-25, 4/4-8, 5/30**

At staff's discretion and due to participation, the teen program hours may change for closing earlier or later.



**FOLLOW US ON FACEBOOK**  
**BAINBRIDGE ISLAND METRO**  
**PARK & RECREATION DISTRICT**  
**#BIMPRDTEENCENTER**

**CONTACT US: RAGNAB@BIPARKS.ORG**

## Fun Activities! Join us for...

### Unplugged Day!

The last Friday of every month we are unplugged! No video games, no computer, no CELL PHONES! You can do it, we promise. The alternatives will be fun and tasty!

F 3:00-8:00p 1/28, 2/18, 3/25, 4/29, 5/27 Free

### Last Day of School!

Come by and celebrate the start of summer break! Sign our wall, get pictures with your friends at our photo booth, grab bags of treats to take home. We hope you had an awesome year and look forward to seeing you over the summer!

6/16 (date subject to change)

### Walkabook

Help us fill up our bookshelf! We'll meet at the Teen Center and walk on down to Eagle Harbor Book Co. Once there, it's up to you to pick out what book you would like to see on our shelf! Comedy, history, fantasy, mystery — it's your call! Once we've trekked back up to the Teen Center with our new books, we'll have hot cider and cookies.

Weather may be chilly and/or rainy so dress accordingly. Email [ragnab@biparks.org](mailto:ragnab@biparks.org) to reserve a spot and get a permission slip.

M 4:00-6:00p 5/9 Free



### National Bean Day

Beans rule! Guess how many beans are in the jar and win a prize! Plus, bean-related trivia and single serving snacks.

Th 1/6

### National Compliment Day

Brighten someone's day by paying them a compliment! We'll be painting compliment rocks and adding to our compliment jar for those who need a smile in the future.

M 1/24

### Valentine's Day Card Making Week

Come make Valentine cards for family, friends, or a community organization with us! Staff will be delivering them to the organization of your choice on Valentine's Day.

2/7-11

### Random Acts of Kindness Day

What does kindness mean to you? We'll talk about small ways we can bring kindness to the world and share stories of how kindness changed our view on something. Add creative ideas or compliments to our kindness jar. Treats Included!

Th 2/17

# TEEN PROGRAMS

## National Be Heard Day

WE ARE LISTENING! Come tell us what's on YOUR mind. So Important, we're making it two days! W 3/2 and Th 3/3.

## Pi Day

How many numbers in Pi do you know? If you recite the most you can win a prize! (High probability said prize will be pie of one sort or another.) M 3/14

## National Walking Day

Let's walk it out! Do you walk for fun? Or just to get from one place to another? Help us create a teen walk-about guide for the island. Toll for playing video games today—walk around the building first! F 4/1

## Jellybean Day

How many flavors are there!? Who invented the Jellybean? What is the world record for most Jellybeans in a human's mouth? Answer trivia questions right and you could win your own Jellybean prize! F 4/22

## May the Fourth Be with You

Join us for Force trivia and fun treats! W 5/4

## Chocolate Chip Day

Get the lowdown on how these tasty morsels came to be... and yes, you'll get to take some home too! Monday, 5/16

## National Best Friend Day

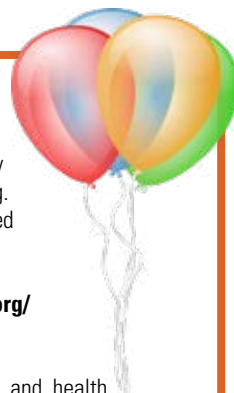
Bring your bestie and play some games. Prizes for the winners of our mini-doubles pool and air hockey tournaments! W 6/8

## BIRTHDAY RENTALS!\*

That's right, you can rent the Teen Center for your birthday party! Celebrate your awesome day playing pool, foosball, air hockey and ping pong. We also have an Xbox One (some games provided or bring your own!).

For pricing, check out our website [biparks.org/teen-center/](http://biparks.org/teen-center/) or contact [ragnab@biparks.org](mailto:ragnab@biparks.org)

\*Party rentals will be available. Current phase and health guidelines allow us to provide this opportunity. Participants will need to follow all current social distancing, masks, and other health guidelines.



## TEEN FLASHLIGHT EGG HUNT

Grades 7-12. Grab a flashlight, a bag, and some friends and hop over to this annual, evening, teens-only egg hunt. Candy and prize eggs await those who aren't afraid of the dark. You are never too old for free candy!! Meet at the Teen Center inside the Bainbridge Island Aquatic Center.

F 9:00-10:30p 4/15 free

## SERVICE

### TEEN VOLUNTEER OPPORTUNITY

Add to your college resume! We are always looking for creative teens to help design the next year's program-what activities would YOU want to see offered in the Park District catalog Teen Center section? This is a great opportunity to make your ideas reality.

### PARK DISTRICT VOLUNTEER OPPORTUNITIES

Need volunteer hours for your school requirements? Just want to get involved with something fun? There may be opportunities for you to volunteer this winter and spring. Contact Emily Swift at [emily@biparks.org](mailto:emily@biparks.org) or (206) 842-5661 #129 for more information or to get involved.

## DID YOU KNOW?

TEENS AGE 16+ MAY REGISTER FOR ANY ADULT POTTERY CLASS OR WORKSHOP!

## TEEN CENTER TO WATERFRONT PARK

Ages 13-18. Follow clues given by our Teen Center staff as we adventure all the way from the Aquatic Center, through parts of downtown Winslow, to relax at waterfront park for a picnic lunch, and then back to where we began. Receive fun prizes and tasty single serving treats along the way! Please wear weather appropriate clothes, comfortable walking shoes, sunscreen and bring a light backpack with lunch and a water bottle.

172625-05 Sa 2:00-5:00p 5/21 \$25



## BONFIRE GAME NIGHT

Ages 14-18. Get dropped off at Fay Bainbridge Park and join us for an evening of games and stories around the fire. A great way to destress during the last few weeks of school and celebrate the coming warm summer nights. S'mores, hot cocoa, and snacks provided.

172629-01 Sa 6:00-9:00p 6/4 \$25

## CHECK OUT THE POTTERY CHOICES ON PAGE 16

# YOUTH & ADULT



## WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

## WILDERNESS PROGRAMS

**"The farther one gets into the wilderness, the greater the attraction of its lonely freedom." —Theodore Roosevelt**

### Hippocampe All-Terrain Wheelchairs

The Park District has partnered with Kitsap County to provide two Hippocampe All-Terrain Wheelchairs to our community to rent to improve the accessibility of our parks, trails, and beaches! These wheelchairs are capable of traversing sand, gravel, roots, rocks, mud, and other terrain that traditional wheelchairs simply could not handle. There is no rental fee, but there is a damage deposit required to rent the wheelchairs. For more information or to reserve a wheelchair, please visit [biparks.org/gearbank](http://biparks.org/gearbank) or contact Nick Prevo at [nickp@biparks.org](mailto:nickp@biparks.org).



## FAQs

**General** — Our wilderness trips offer one-of-a-kind experience, rewarding participants with the very best that the backcountry has to offer. A detailed email will be sent out approximately a week before the start of each program, with information on where to meet, what to bring, weather forecast, medical waivers, emergency contacts, and more.

**Trip Leaders** — Our trip leaders are Wilderness First Responder or Wilderness EMT trained professionals, who bring a wealth of backcountry medical knowledge, years of outdoor experience, and emergency response equipment on every hike. They are highly qualified, knowledgeable, and awesome to hike with.

**The Outdoor Gearbank** — Don't let a lack of gear stop you. Participants can use our equipment for free! Our Outdoor Gearbank has backpacks, mountain bikes, tents, sleeping pads, snowshoes, rain gear, and much more available to borrow for free.

**Physical Fitness** — Participants need to be physically fit for each trip's unique challenges. Mileage is round-trip, terrain and trails vary. The Park District reserves the right to require a doctor's note to clear a participant for participation.

**Pricing** — An incredible value for the amount of time, preparation, and quality expertise that go into each trip. Pricing includes transportation, trip leader, guiding time, gear, permits, and emergency response equipment.

**Equipment** — Participants are responsible for providing their own personal clothing and equipment, but our Outdoor Gearbank may have items that can be borrowed for free. Inquire with your trip leader so they can help you get set up for success.

**Registration Deadlines** — Registration deadline is three days before program start date. This allows us to effectively communicate with participants about any needs we can help accommodate as well as ensure each trip is a good fit. It is helpful and saves time to have participant waivers, medical information, and other forms turned in beforehand. The Park District reserves the right to require a doctor's note to clear a participant for participation.

**Refunds** — For questions about refunds, please see page 4. If weather or road closures cancel a trip, a pro-rated credit will be refunded for the missed day.

**Transportation** — Transportation is provided from Strawberry Hill Park for all Wilderness Day Hikes in one of the Park District's vehicles — usually our spacious 15-passenger minibus.

**Questions?** Contact Wilderness Program Coordinator Ranger Sciacca at [rsciacca@biparks.org](mailto:rsciacca@biparks.org).

## WILDERNESS DAY HIKES

### WILDERNESS DAY HIKES

Ages 10 and up. Come explore the great outdoors! We'll visit some of the most beautiful spots around — lush river canyons, open wildflower meadows, breathtaking ridge top views, and sparkling alpine lakes. Meet at SHP, usually at 8:00a; most trips return 6:00-8:00p. Transportation is provided. Mileages are round-trip. Participants under 14 must be accompanied by a parent or guardian. For questions about refunds, please see page 4.

131909-01	Su	2/6	Interpretive Snowshoe at Hurricane Ridge	\$80
02	Su	2/13	Interpretive Snowshoe at Hurricane Ridge	\$80
03	Su	2/27	Steeple Rock Snowshoe	\$80
04	Sa	3/5	Commonwealth Basin Snowshoe	\$80
05	Su	4/24	West Elwha	\$80
06	W	5/4	Skokomish River (Lower Section)	\$80
07	Su	5/15	Duckabush River Overlook	\$80
08	T	5/24	Ebey's Landing	\$80







# YOUTH & ADULT

## DAYHIKING

Explore your outdoors, out and back in a day.

### INTERPRETIVE SNOWSHOE AT HURRICANE RIDGE

~3 mi.

~400ft elev. gain

This beginner- and family-friendly trip is a perfect introduction to snowshoeing. First, we'll try the snowshoes on different surfaces during a guided interpretive walk-through Hurricane Ridge's gladed woods. Participants will learn about trees—their winter adaptations, relationships with fungi, effects on the air and humans, and more. After lunch we'll snowshoe on a groomed trail to a viewpoint atop a snowcapped ridge. Trip meets at 7:00a. Please note that 2/13 is Super Bowl Sunday.



### STEEPLE ROCK SNOWSHOE

~5 mi.

~800ft elev. gain

From Hurricane Ridge, head away from the crowds and groomed trails for big views, deep snow, and a great sense of solitude. This intermediate level trip features spectacular views of the Strait of Juan de Fuca and snow-capped Olympic mountains. Trip meets at 7:00a.

### COMMONWEALTH BASIN SNOWSHOE

~5 mi.

~800ft elev. gain

Near Snoqualmie Pass, Commonwealth Basin gets a TON of snow! Snow-loaded trees look like strange sculptures, and there is enough space between them for some great views of the surrounding peaks. It's a beautiful, sprawling area—we'll explore and find a quiet corner for lunch.

### WEST ELWHA

~9 mi.

~1200ft elev. gain

Enjoy a quiet part of a busy valley on the lovely West Elwha trail. We'll hike past swirling rapids, over creeks, and through beautiful riverside groves. We'll walk mostly on trail, then emerge to follow a closed road to the impressive overlook at the former dam site and lakebed. For now, the only way to access this location is on foot!

### SKOKOMISH RIVER (LOWER SECTION)

~8.5 mi.

~600ft elev. gain

The South Fork Skokomish is a wild river—its winter floods have created an immense river plain with big gravel bars and views across the valley to the surrounding hills. Giant old growth firs, gnarled maples hung with moss, and lush undergrowth line the way.

### DUCKABUSH RIVER OVERLOOK

~6 mi.

~1300ft elev. gain

Follow the quiet Duckabush Valley, where big maple and cottonwood trees will be spreading out new leaves! Soak in the views of a tall waterfall, visit the edge of a 2011 forest fire, and have lunch on a rocky overlook with incredible views of the valley.

### EBEY'S LANDING

~5.5 mi.

~300ft elev. gain

We'll hop the ferry to Whidbey Island for a classic Puget Sound excursion! Starting at the Ebey's Prairie Lookout, we'll walk past open wheat fields to the bluff trail. Perched 300 feet above the Sound, the bluff features windswept trees, great views across the water, and dry, grassy slopes with flowers. Then we'll head down to the beach, and loop back to the bus.

## WILDERNESS SKILLS

A journey of a thousand miles begins with one step.

### BACKPACKING 101

Ages 8 and up. Are you interested in backpacking? In this hands-on class you'll get to practice the basic skills and learn what gear you need to get started. We'll cover trip planning, safety, and safety equipment; we'll practice setting up tents, stoves, and water filters; we'll learn how to pack a backpack, what to bring, and much, much more. Meet at SHC.

131900-01

M

6:00-8:30p

5/23

\$42



# YOUTH & ADULT



## BAINBRIDGE ISLAND SKI BUS



### FAQS

**General** — A detailed email will be sent out approximately a week before the start of each program, with information on where to meet, what to bring, weather forecast, medical waivers, emergency contacts, and other information.

**Questions?** Contact Outdoor Program Manager Nick Prevo at [nickp@biparks.org](mailto:nickp@biparks.org) or at (206) 842-5661 #115.

**Which Ski Bus Do I Pick?** — With many exciting new changes this year, it can be difficult to know which resort to sign up for. Please read below to figure out which resort works best for your Ski Busser. We recommend starting off at Stevens Pass to get your legs under you for the season, then fine-tuning your skills at Stevens Pass, and finishing off the season at Crystal Mountain. This is especially important if your Ski Busser needs lessons. If you have any questions, please contact Outdoor Program Manager Nick Prevo at [nickp@biparks.org](mailto:nickp@biparks.org).

**Stevens Pass:** With two sides of the mountain to choose from, Stevens Pass has some phenomenal skiing for everyone from beginners to experts.

**Crystal Mountain:** Crystal Mountain is the largest ski resort in Washington and a favorite of our Ski Bus veterans. The terrain here is suitable for all skiers and snowboarders, but our more advanced ski busses love the harder terrain at Crystal. Crystal Mountain does have afternoon beginner lessons available, so first timers are also encouraged to come to Crystal with us.

**Pricing** — The price listed only includes ferry passes for Stevens Pass trips and transportation to and from the resort. Lift tickets, rental equipment, lessons, etc. must be purchased through the resort or another vendor.

**Transportation** — Ski Bus uses the Park District's 15-passenger vehicles. If there is high demand for particular weekends, we may charter a 56-passenger bus to accommodate. **Seats fill quickly, so enroll early!** Do not purchase lift tickets, rentals, or lessons if you haven't already reserved and paid for your transportation spot for that week. Transportation fees include ferry passes for all Stevens Pass. No need to pay separately or bring a pass and potentially lose it — we've got you covered!

**Lift tickets** — A lift ticket or a season pass is required to access each resort's mountain. Lift tickets must be purchased in advance of each trip and are not available to purchase through the Park District. Contact Outdoor Program Manager Nick Prevo at [nickp@biparks.org](mailto:nickp@biparks.org) if you have any questions about where to purchase lift tickets.

**Lessons** — **First-time skiers and snowboarders are required to take a minimum of one lesson before being allowed to ski/board with friends.** Information on lessons for both Stevens Pass and Crystal Mountain was not available at the time this catalog was published. Please visit the respective resort's website for information on lessons. **We highly recommend that you choose a lesson starting in the afternoon. With varying traffic and road conditions, we cannot guarantee that we will arrive at the resort in time for a lesson starting before noon.** Our chaperones will escort the skier or rider to and from their lessons, so please let us know if you book a lesson. Contact Outdoor Program Manager Nick Prevo at [nickp@biparks.org](mailto:nickp@biparks.org) if you have any questions about lessons.

**Helmets** — We follow the National Ski Area Association's guidelines and require all participants and chaperones to wear a helmet. We recommend purchasing your skier/snowboarder their own helmet as opposed to renting one as it'll fit better and reflect their unique style.

**Equipment** — Participants are responsible for providing their own equipment and labeling each item with their name. Rental equipment is available to reserve on the respective resort's website.

**Chaperones** — Chaperones are the heart and soul of Ski Bus. They have a unique opportunity to create positive relationships and be a role model for youth. Chaperones are selected based on their experience working with kids, managing groups, ability to help drive a van, and their schedule throughout the season. Chaperones must pass a background check, a driver's history check, and complete the required chaperone training. Contact Outdoor Program Manager Nick Prevo at [nickp@biparks.org](mailto:nickp@biparks.org) if you are interested in chaperoning or want more information about chaperoning.

**Registration Deadline** — **The registration deadline is midnight on Wednesday before each week of Ski Bus.** Please let us know 48 hours in advance of the trip if you have lessons or rentals so we can be sure to have our staff and chaperones appropriately scheduled to help. It is helpful and saves time to have participant waivers, medical information, and other forms turned in beforehand. The Park District reserves the right to require a doctor's note when applicable.

**Refunds** — For questions about refunds, please see page 4. The Park District reserves the right to dismiss a participant without refund if the participant fails to abide by "The Code of Conduct" agreement. If weather or road closures cancel a trip, a pro-rated credit will be refunded for the missed day. The Park District reserves the right to require a doctor's note when applicable.



### STEVENS PASS

Ages 9-18. One of the Northwest's premier resorts offering 52 major runs, 1,125 acres of skiable terrain, and 460" of snow each year, Stevens Pass is a must-visit destination for skiers and snowboarders alike! Stevens tends to receive better snow earlier in the season, making it a great destination to explore before moving onto Crystal Mountain. This is our most popular youth Ski Bus. Seats fill quickly, space limited. Price below only includes transportation from Strawberry Hill Park.

131970-01	Sa	6:30a-8:00p	1/8	\$95
02	Sa	6:30a-8:00p	1/15	\$95
03	Sa	6:30a-8:00p	1/22	\$95
04	Sa	6:30a-8:00p	1/29	\$95
05	Sa	6:30a-8:00p	2/5	\$95
06	Sa	6:30a-8:00p	2/12	\$95





# YOUTH & ADULT



## CRYSTAL MOUNTAIN

Ages 9-18. Bigger runs, fewer crowds, and 3,100 feet of vertical descent! Crystal Mountain not only offers fantastic views of Rainier from the summit, but also legendary skiing and boarding runs. Late winter and early spring skiing at Crystal is hard to beat, so we save it for last! With 10 lifts servicing 2,600 acres, Crystal Mountain is the largest ski resort in the state. As a note to parents, Crystal is one of students' favorite Ski Buses to join once they have their "season legs" under them. Challenging, fun, and diverse terrain allows for long 7 to 8-hour days of exploration with friends. A list of flexible options to purchase ski/snowboard lessons, rental equipment, and lift tickets can all be viewed online at [www.crystallmountainresort.org](http://www.crystallmountainresort.org). Seats fill quickly. Space limited! Price below only includes transportation from Strawberry Hill Park.

131971-01	Sa	6:00a-8:00p	3/5	\$95
02	Sa	6:00a-8:00p	3/12	\$95
03	Sa	6:00a-8:00p	3/19	\$95
04	Sa	6:00a-8:00p	3/26	\$95
05	Sa	6:00a-8:00p	4/2	\$95

## PADDLING PROGRAMS

From paddle boarding in Eagle Harbor to afterschool programs in Hidden Cove, our diverse offering of paddling programs has something for everyone! See pages 51-52 for more information about our paddling programs.



## COMMUNITY SPECIAL INTEREST

### FAMILY KARAOKE NEW!

Everyone is welcome! Start saving your second Fridays of the month for a great night of Karaoke! This is an 'all-call' to the community – folks of all ages with a penchant to sing are invited to join us for a lively evening of lively tunes and local talent.

We begin with group warmups and musical ditties. Group instruction, always positive and helpful, is provided by Laurie de Leonne. Then, groups and solos take the stage and perform their favorites. Please bring your own snacks and refreshments.

Experience the communal joy of song in this judgement-free zone – truly an intergenerational celebration of fun and community! ICH

\$10 per household in advance, \$12 per household at the door.

166958-01 F 7:00-9:00p 2/11, 3/11, 5/13

## STORYWALK NOW CALLED BAINBRIDGE WALKABOUT! NEW!

**After the smashing success of last summer's program launch, we've been biding our time until the weather welcomes back this program – a new island favorite!**

Bring your friends and family for this free experience that encourages you to get to know your parks as well as your neighbors! Each month, a new exhibit will be placed on temporary placards posted along our trail system. Take a stroll and see books, artwork and poetry all submitted by Bainbridge Island residents. Each Walkabout is a completely new experience!

Check our [biparks.org](http://biparks.org) for more information when we start approaching March!

**March 1-31—Battle Point Park April 4-30—Sakai Park  
May 2-31—Fay Bainbridge Park**

## GLASS FUSING CLASSES

### BE MY VALENTINE

A joyful and high success workshop for everyone enchanted with the brilliance of glass. Learn beginning fusing techniques as you craft your own special holiday gift for a loved one. In two hours, you will create two glass hearts using two different styles of fusing. All tools and materials are included in the class fee. Julie Hews-Everett teaches this class at Island Spectrum Design at 6006 NE Bligh Ct.

### CONTRACTOR

166668-02 Sa 2/5 2:00-4:00p \$75 Child and Adult together

### IT'S A BUG'S LIFE

Create a fun unique bug out of fused glass and wire. You will create one or two adorable creatures in this two-hour workshop. All tools and materials are included in the class fee. Julie Hews-Everett teaches this class at Island Spectrum Design at 6006 NE Bligh Ct.

### CONTRACTOR

166667-02 Sa 3/12 2:00-4:00p \$75 Child and Adult together

### SUN CATCHERS

Create your own brilliant design that catches the eye as well as the sun! You'll be thrilled at what you'll be taking home after just two hours of instruction and support. A great beginner's project! All tools and materials are included in the class fee. Julie Hews-Everett teaches this class at Island Spectrum Design at 6006 NE Bligh Ct.

### CONTRACTOR

166666-02 Sa 4/16 2:00-4:00p \$75 Child and Adult together



# ADULT



## WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

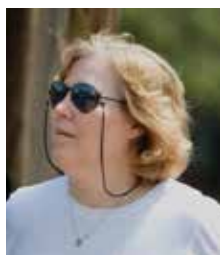
## ART AND CRAFT

### INTRODUCING INSTRUCTORS NEW TO OUR ARTS PROGRAMMING:



#### DAVID REPYAK

David Repyak, a life-long artist, is program director and art instructor with SHINEartacademy.com, an arts education school on Bainbridge Island. David holds a K-8 teacher certification, a Montessori credential. He encourages self-confidence and creative thinking as artists of all ages learn to create, perceive, understand, and evaluate the world around them. David is teaching a *Painting Art History* class series and *Bark Baskets* workshops!



#### SUSAN WIERSEMA

Susan earned a BFA from California State University San Bernadino and has experience as an exhibiting mixed-media artist, online instructor, photographer, framer, exhibit designer, and docent for NASA. She also worked for Daniel Smith which gave her experience with a vast array of art materials and media. Susan is teaching *Mixed Media* and *Emphera* classes and *Bug-aloo* workshops!



## ROOTS, VINES AND BARK BASKETS **NEW!**

Work with cedar bark to create an original bark basket. Learn how to harvest cedar, dye bark with natural pigments, and weave a cross-weft pattern in a unique design. Cedar Bark weaving is a traditional skill used throughout the PNW by the Coast Salish peoples. Create something of use and beauty! Materials provided. David Repyak instructs. SHC

166772-01	Su	1:00-4:00p	2/6, 2/13	\$65
02	Su	1:00-4:00p	4/17, 4/24	\$65

## MIXED MEDIA SERIES **NEW!**

A fun and fabulous introduction to all things mixed media. Learn to draw, collage, decoupage, print, stamp, stencil, and paint to make one-of-a-kind artwork. Susan Weirsema brings years of experience and a lifetime of passion to the classroom. She encourages class participants to push beyond their comfort zone and create something magnificent. NO EXPERIENCE NECESSARY — You can't help but get hooked! SCH

166710-01	T	5:00-6:30p	2/1-2/22	\$50
02	T	6:00-7:30p	4/5-4/26	\$50

## EPHEMERA PLAY **NEW!**

Ephemera refers to advertising, trading cards, bookmasks, catalogues, coaster, greeting cards, letters, postcards, pamphlets, and tickets — and that's just the beginning! Enjoy the magic that is unleashed when you let your imagination take charge using these printed pieces as the basis of exploration. Whether this is your first time, or you're a seasoned artist who desires to refine your skills, this HIGH SUCCESS class offers an endless variety of options to allow your creative spirit to soar. Susan Wiersema instructs. SHC

166711-01	T	5:00-6:30p	3/1-3/22	\$50
02	T	6:00-7:30p	5/3-5/24	\$50

## 'BUG-ALOO' WORKSHOP **NEW!**

Mix a little intuitive design with a playful attitude and you can elevate even the strange and curious into a stunning piece of art. Using fanciful, glorious insects as the theme, explore three-dimensional foam core building with a variety of surface embellishments to create a truly unique piece. Immerse yourself in 'making' and let the stress of the world melt away! Susan Wiersema instructs. SHC

166712-01	Sa	10:00a-1:00p	4/30	\$25
02	Sa	10:00a-1:00p	6/4	\$25

## DIY WEDNESDAY WORKSHOPS

Resolve to spend more time being creative and having FUN this year! Dive in and see what you can produce with just 90 minutes, curiosity, and the courage to be a beginner! DIY projects are selected for their popularity and their high success. You'll develop a slew of new skills as you create wreaths, centerpieces, picture/mirror frames, baskets, and birdhouses. Grab some YOU time! Always more fun if you bring a friend — or just plan on making new ones during class! All materials provided. SHC

166750-01	W	6:00-7:30p	3/23, 4/13, 4/27, 5/11, 5/25	\$115 Entire Series
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## MO-FUN MOSAIC

The techniques of mosaic can be applied in an endless variety of ways; each class has a seasonal project you'll create to learn all the tricks. Then, pick your own project and finish it on your own terms. Enjoy making new friends while also making one-of-a-kind treasures. Great for folks with a creative itch but shy on artistic confidence. All materials are provided. SHC

166734-01	T	1:00-2:45p	5/3-5/24	\$60
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# ADULT

## DRAWING

### I CAN DRAW!

If you've ever envied folks with 'natural artistic ability', give us four weeks to convince you that drawing, just like any other subject, CAN be taught! Based on Betty Edwards' book Drawing on the Right Side of the Brain, you'll learn techniques and exercises to tap your creative powers. No experience necessary – ALL MATERIALS PROVIDED! Jamie Brouwer instructs. SHC



166704-01	M	10:30a-12:00p	1/10-2/7*	\$50
02	M	10:30a-12:00p	3/21-4/18*	\$50

\*no class 1/17, 4/4

### I CAN DRAW 2!

This is the second step on the I Can Draw series. In this class, we examine the nature of light and shadow. Discover effective ways to add depth and dimension to your work. Longer, more developed exercises produce more finished masterpieces! You'll be introduced to new materials and media. Make your work more powerful and dramatic as your images become convincingly three-dimensional! Bring what you like, but basic materials included! Jamie Brouwer instructs. SHC

166702-01	M	10:30a-12:00p	2/14-3/14*	\$50
02	M	10:30a-12:00p	4/25-5/16	\$50

\*no class 2/21

### DRAWING: OUT-AND-ABOUT

These one-time workshops are tailored to improve your responsive drawing skills. No matter beginner or advanced, there is joy in drawing as a way to take keen notice (AND appreciation) of the world around you. So bring whatever level of sketching you might already have, and start sharpening your capacity AND your confidence! These workshops begin with a skill-building lesson (linear/organic perspective, human proportion, highlights, and shadows) which you then practice onsite. A different outdoor location will be selected for each workshop depending on the methods being introduced. Bring your sketchbook, your sneakers, and a smile. If necessary, these classes will be conducted indoors if the weather dictates. Jamie Brouwer instructs. SHC + various BI locations.

166703-01	M	12:30-2:30p	3/28-4/25*	\$60
02	M	12:30-2:30p	5/2-5/23	\$60

\*no class 4/4

### TRUE COLORS NEW!

This course offers a chance to learn the basics of color theory and experiment with the use of color in a variety of applications. Learn about hues, tints and shades, complimentary colors and why certain combinations work well together. Learn how to mix "a color with no name" and make rich tones for shadows and highlights using colors other than black and white. Class taught by Jamie Brouwer. SHC

166655-01	M	12:30-2:00p	1/10-2/7*	\$50
02	M	12:30-2:00p	2/14-3/14*	\$50

\*no class 1/17, 2/21

### THE JOY OF SKETCHBOOKING

This 'start-where-you-are' class will introduce you to sketchbook-ing...meet new friends that are just as timid about their art skills as you are! In both sections, you will be drawing from life and photos into your sketchbook, using watercolor and pencils to add color. The class includes discussion on composition, color theory, the delight of watercolor, and the surprises created from mixed media. An encouraging environment for all. Basic drawing techniques are required, and can be acquired in advance by viewing instructor's videos on [www.annemariesargent.com](http://www.annemariesargent.com). A materials list will be provided. Everything is taught with patience and grace by Anne-Marie Sargent. SHCI



166732-02	Th	5:15-7:00p	3/10-4/14	\$70
03	Th	5:15-7:00p	4/21-5/26	\$70

### LIFE DRAWING

Open session for artists at any level who wish to improve their skills drawing and/or painting from life. A \$90 model fee is due at the first class which covers model expenses for the session. For more info call Gregg Onewein at 206-842-0259. DROP-IN STUDENTS WELCOME with a \$10 drop-in fee plus \$15 model fee (paid at class). SHC

166714-01	F	9:30a-12:30p	1/28-3/4	\$40
02	F	9:30a-12:30p	3/11-4/15	\$40
03	F	9:30a-12:30p	4/22-5/27	\$40

## PAINTING

### PAINTING OPEN STUDIO NEW!

In this peer-mentored art studio class, you will work independently on your artwork in a supportive, encouraging and friendly group. All levels are welcome and must be able to work independently. Positive individual and group critiques are encouraged each class. All mediums welcome. Students are responsible for their own art supplies. SHC

166774-01	M	1:00-4:00p	1/24-3/21*	\$50
02	M	1:00-4:00p	3/28-5/23*	\$50
03	W	1:00-4:00p	1/26-3/23*	\$50
04	W	1:00-4:00p	3/30-5/25*	\$50

\*no class 2/21, 4/4, 2/23, 4/6



## PROGRAMS FOR TEENS AGES 13-17



# ADULT



## THE PAINTING PACKAGE

**Come as you are – whether you are brand new to the painting experience or an accomplished artist, this series is designed to move you confidently forward. Each series is a complete program unto itself, and you can enroll in the ones that best fit your interest and schedule. However, the greatest benefit is gained from committing to the entire package and developing the habit of regular practice. We encourage you to consider giving yourself the gift of artistic time and attention that these 16 weeks will provide.\***

### PAINTING FROM PHOTOS

In the midst of our PNW wet weather, we are well-served to learn to work from photographs. This class will include how to best design a painting from a photo or sketch, pick a cohesive color scheme, and how to control your value pattern to make a solid composition. Build your skill level as a painter with an overview of color, value, shapes, contour lines, perspective, and design. Class includes demonstrations and individual instruction. New and continuing students are encouraged to attend. Advanced to intermediate students may work on individual projects. Oils, acrylics, and other media welcome. Diane Crago instructs. SHC

166720-01	W	9:30-11:30a	1/19-2/9	\$100
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### FOCUS ON FLORALS

Let's have fun bringing the outside indoors. This still-life course focuses on floral displays and photos. After reviewing some basics, we will add a range of techniques and styles. This class is designed to loosen everyone up and have tons of fun. We will look at making each painting uniquely our own. Lots of individual attention provides a unique learning experience for all – and results in making every painting in class completely unique. Beginners through advanced painters are welcome. Acrylic or oils recommended. A material list is provided. Diane Crago instructs. SHC

166720-02	W	9:30-11:30a	2/16-3/9	\$100
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### PAINTING WITH INTENTION

Whether you are just getting started or an experienced artist, this class will move you forward in a painterly way. The class provides a broad overall teaching of composition, seeing shapes, starting your painting, using beautiful color, understanding value, brushwork, perspective, and finishing your painting. This class will improve your painting ability, build your skills, and help you refine your style. Students will get both individual attention and class lessons. Advanced to intermediate students may work on individual projects. Oils or acrylics and other media welcome. Diane Crago instructs. SHC

166720-03	W	9:30-11:30a	3/16-4/6	\$100
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### PAINTING WITH ABANDON

It is important to expand your artistic toolbox, understand the elements of art and the components of design; these are all integral to creating a successful painting. There are also times when we want to challenge our inclination to 'over-think' our artwork and work more from a place of passionate response. There is a great liberation in letting go of our right-brained, critical way of thinking about our painting. In this class, we practice loosening up, painting from the heart, and having FUN! As always, class includes demonstrations and individual instruction. Diane Crago instructs. SHC

166720-04	W	9:30-11:30a	4/13-5/4	\$100
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## PAINTING PACKAGE

Enjoy setting aside Wednesday mornings for your very own exploration of your painterly self. If you like the idea of putting your sustained attention in your artistic development and creative exploration, maximize your experience this season with a commitment to the entire package, outlined above. We'll even give a bit of a discount to reward your good intentions! SHC

166721-01	W	9:30-11:30a	1/19-6/1	\$350
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## PAINTING ART HISTORY

Each season we focus on a new period of art history. Participants create paintings based on the tenets of the particular 'ism'. A fun way to expand your understanding of the development of art, implement the Elements of Design and Principles of Art, and work in new and imaginative ways. A high-success way to introduce yourself to painting if you are brand new. Seasoned painters get to stretch their artistic vision and challenge old habits of seeing. David Repyak instructs. All materials provided. SHC

166773-01	Abstract Landscapes	F	1/28-2/18	1:30-3:30p	\$75
02	Expressionist Portraits	F	3/4-3/25	1:30-3:30p	\$75
03	Impressionist Seascapes	F	4/22-5/13	1:30-3:30p	\$75

## WATERCOLOR BOLD AND EXPRESSIVE

All levels welcome! You are invited to join this class that will focus on creating loose and colorful Northwest scenes and florals. Each class will begin with a painting demonstration, followed by individual instruction, while students work from the demo or an idea of their own. A full-time artist, John Adams is a signature member of the National and Northwest Watercolor Societies. Learn more at [www.johnadamsdesign.com](http://www.johnadamsdesign.com). SHC **CONTRACTOR**

166715-01	Th	10:00a-12:00p	1/13-2/3	\$125
02	Th	10:00a-12:00p	2/10-3/10*	\$125
03	Th	10:00a-12:00p	3/17-4/7	\$125
04	Th	10:00a-12:00p	4/14-5/5	\$125
05	Th	10:00a-12:00p	5/12-6/9*	\$125

\*No class 2/24, 5/19





# ADULT

## GLASS ART

### GLASS ART with Julie Hews-Everett

All classes taught with expertise, patience and humor by Julie Hews-Everett. Her studio, Island Spectrum Design, is located at 6006 NE Bligh Ct.

#### STAINED GLASS CLASSES

This class will teach you the techniques to create beautiful stained glass works of art. All levels of experience welcome (especially beginners!) Class fee does not include tools or materials. Supplies are available for purchase from the instructor at the first class.

166770-01	T	1/11-2/15	10:00a-1:00p	\$155
02	T	3/1-4/12*	10:00a-1:00p	\$155
03	T	4/19-5/24	10:00a-1:00p	\$155

\*no class 4/5



## GLASS FUSING WORKSHOPS

### BE MY VALENTINE

A joyful and high-success workshop for everyone enchanted with the brilliance of glass. Learn beginning fusing techniques as you craft your own special holiday gift for a loved one. In two hours you will create two glass hearts using two different styles of fusing. All tools and materials are included in the class fee.

#### CONTRACTOR

166668-01	Sa	2/5	10:00a-12:00p	\$75
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### IT'S A BUG'S LIFE

Create a fun unique bug out of fused glass and wire. You will create one or two adorable creatures in this two-hour workshop. All tools and materials are included in the class fee.

#### CONTRACTOR

166667-01	Sa	3/12	10:00a-12:00p	\$75
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### SUN CATCHERS

Create your own brilliant design that catches the eye as well as the sun! You'll be thrilled at what you'll be taking home after just two hours of instruction and support. A great beginner's project! All tools and materials are included in the class fee.

#### CONTRACTOR

166666-01	Sa	4/16	10:00a-12:00p	\$75
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## ADAPTIVE

### POTTERY FOR PEOPLE WITH SPECIAL NEEDS

Students will work with clay using hand-building and wheel-throwing methods. The focus of the class is to work within each student's ability, teaching sound building structure, and then letting each student's creativity take over and have fun with clay. Materials included in class fee. ED



122062-01	W	3:30-5:00p	1/19-2/9	\$82
02	W	3:30-5:00p	4/13-5/4	\$82

# ADULT



## POTTERY

**CLASS FEES INCLUDE ONE 25 LB. BAG OF CLAY.  
ADDITIONAL CLAY AVAILABLE FOR \$25 PER BAG.**

### DAYTIME POTTERY

#### CLAY INTRO SAMPLERS

Make art part of your New Year! A short-term introductory class is ideal for people who would just like to try their hand at pottery. From different types of clay to the function of various tools and studio equipment, you will sample hand-building construction, wheel throwing, decorating techniques, and glaze finishes in exploration of the possibilities of ceramic art! The experimentation and enthusiasm of instructor/artists Elena Wendelyn and other studio instructors will open your hands and mind to a world of colorful creativity. Includes supplies. 4 weeks. ED

122044-01	Th	12:30-2:30p	1/20-2/10	\$95
05	T	1:00-3:00p	4/5-4/26	\$95
07	W	9:30-11:30a	5/11-6/1	\$95
08	T	6:30-8:30p	5/17-6/7	\$95



### POTTERY MONDAYS with Jeff Wofford

#### CLASSES

These long-term morning classes are for people who want to focus on throwing on the wheel or hand-build with clay or a bit of both! Whether you are a serious beginner or a committed old hand, instructor/artist Jeff Wofford will keep your skills solidly progressing! 10 weeks. ED

122050-01	M	9:30-11:30a	1/10-3/28*	\$260
03	M	9:30-11:30a	4/11-6/20**	\$260

\*No class 1/17 or 2/21

\*\*No class 5/30

#### CONTINUING STUDIO WORKSHOP TIME

Must be a current Eagledale Pottery Studio student.

Make a day of it! Utilize the additional two hours of studio time to explore new tools and perfect skills introduced during class.

122051-01	M	12:00-2:00p	1/10-3/28*	\$120
03	M	12:00-2:00p	4/11-6/20**	\$120

\*No class 1/17 or 2/21

\*\*No class 5/30



### POTTERY WEDNESDAYS with Joy McAllister

These mid-week, mid-length classes are for folks who want to deepen their clay skills and understanding. Instructor/artist Joy McAllister will introduce you to a new level of creativity with skilled techniques and materials for some wonderful outcomes! Includes all materials. 8 weeks. ED

122050-02	W	9:30-11:30a	1/19-3/9	\$210
04	W	9:30-11:30a	3/16-5/4	\$210

#### CONTINUING STUDIO WORKSHOP TIME

Must be a current Eagledale Pottery Studio student.

Make a day of it! Utilize the additional two hours of studio time to explore new tools and perfect skills introduced during class. 8 weeks. ED

122051-02	W	12:00-2:00p	1/19-3/9	\$96
04	W	12:00-2:00p	3/16-5/4	\$96

### POTTERY THURSDAYS with Elena Wendelyn & Studio Staff

#### CLASS

This class welcomes beginners as well as those with previous wheel and hand-building experience. Surface decorating techniques such as sgraffito and transfers will be introduced as well as small form sculpture demonstrations. Individual projects welcome! 6 weeks. ED

122048-02	Th	9:30-11:30a	1/13-2/17	\$164
04	Th	9:30-11:30a	2/24-3/31	\$164
05	Th	9:30-11:30a	4/7-5/12	\$164

#### STUDIO WORKSHOP TIME\*\*

\*\*Must be a current Eagledale Pottery Studio student.

Add three hours of studio work time to your pottery class experience! Bring a lunch and stay to practice your growing skills under the staff's watchful eye.

122049-02	Th	12:00-3:00p	
	1/13-2/17	\$108	
04	Th	12:00-3:00p	
	2/24-3/31	\$108	
05	Th	12:00-3:00p	
	4/7-5/12	\$108	







# ADULT

## FIGURATIVE CLAY SCULPTURE with Debbie Fecher Gramstad

Figurative sculpture classes are designed for students with previous clay experience or completion of at least one session of the sculpture "Quick Start" program. Independent projects are encouraged. Since projects vary widely, clay is not included in class fee and must be purchased separately: Activity #122000-01 online or at the studio.

### TUESDAY CLASSES

With the wealth of knowledge that instructor/artist Debbie Fecher Gramstad has in the world of sculpture and figurative art, students will explore their own ideas and tap into endless opportunities to create their own work. Individual projects encouraged! 8 wks. ED

122057-01	T	9:30-11:30a	1/11-3/1	\$192
03	T	9:30-11:30a	5/11-6/21	\$192



### TUESDAY FIGURATIVE STUDIO WORKSHOP TIME\*\*

\*\*Must be a current Eagledale Pottery Studio sculpture student.

Use these extra two and a half hours after lunch to really focus and work, with Debbie on hand for consultation.

122058-01	T	12:00-2:30p	1/11-3/1	\$120
03	T	12:00-2:30p	5/3-6/21	\$120

### FRIDAY CLASSES

End your week (or start your weekend) with Figurative Clay Sculpture! Students will hone their skills with fun assignments that generate imagination and inspiration, as well as time to work independently. 8 weeks. ED

122055-01	F	9:30-11:30a	1/14-3/4	\$192
03	F	9:30-11:30a	5/6-6/24	\$192

### FRIDAY FIGURATIVE STUDIO WORKSHOP TIME\*\*

\*\*Must be a current Eagledale Pottery Studio sculpture student.

Enjoy a lunch break, then continue working another two and a half hours after class. You'll be delighted at your progress!

122056-01	F	12:00-2:30p	1/14-3/4	\$120
03	F	12:00-2:30p	5/6-6/24	\$120



## POTTERY SATURDAY with Stacy Landers & Studio Staff

### MORNING CLASSES

Eagledale Pottery Studio offers a Saturday morning class for all levels to enjoy! Lessons include both wheel-thrown and hand-building techniques, exploring texture and glazes. A variety of stoneware clay bodies for gas, electric, and raku kilns. Emphasis on individual successes and fun! 7 weeks. ED

122045-01	Sa	10:00a-12:00p	1/15-2/26	\$188
02	Sa	10:00a-12:00p	3/5-4/23*	\$188
04	Sa	10:00a-12:00p	4/30-6/18**	\$164***

\*No class or workshop 4/16,

\*\* No class or workshop 5/7 or 5/28

\*\*\* Fee reflects 6-week session



### SATURDAY WORKSHOP TIME

Must be a current Eagledale Pottery Studio student.

Stay for an additional two and a half hours to continue the work on your projects after the lunch break, with Stacy on hand for advice. 7 weeks. ED

122046-01	Sa	12:30-2:30p	1/15-2/26	\$91
02	Sa	12:30-2:30p	3/5-4/23*	\$91
04	Sa	12:30-2:30p	4/30-6/18**	\$78***

\*No class or workshop 4/16,

\*\* No class or workshop 5/7 or 5/28

\*\*\* Fee reflects 6-week session

### AFTERNOON CLASSES

To increase capacity during COVID-19 guidelines, Eagledale Pottery Studio is offering a Saturday afternoon class for all levels to enjoy! 7 weeks. ED

122045-05	Sa	3:00-5:00p	1/15-2/26	\$188
06	Sa	3:00-5:00p	3/19-5/14*	\$188

\*No class 4/16 or 5/7



# ADULT

## POTTERY SUNDAY STUDIO with Joy McAllister **NEW!**

Eagledale Pottery Studio now offers Sunday pottery studio time for Flex students and weekend hobbyists! 7 weeks. ED

122043-01	Su	12:00-3:00p	1/16-2/27	\$136
02	Su	12:00-3:00p	3/6-4/24*	\$136
03	Su	12:00-3:00p	5/1-6/26**	\$117

\*No workshop 4/10

\*\* No workshop 5/8, 5/29, or 6/19

### EVENING POTTERY with Studio Staff

These longer three-hour evening classes and workshop times are designed to appeal to both beginning and advanced levels of ability. Lessons and work will include both wheel-thrown and hand-building techniques, exploring texture and glazes. Emphasis on individual success and fun. 7 weeks. ED

### MONDAY EVENING CLASSES

122052-01	M	6:00-9:00p	1/10-2/28*	\$272
03	M	6:00-9:00p	3/7-4/18	\$272
05	M	6:00-9:00p	4/25-6/13*	\$272

\*No class 1/17, 2/21, 5/30

### WEDNESDAY EVENING CLASSES

122052-02	W	6:30-9:30p	1/10-2/28	\$272
04	W	6:30-9:30p	3/2-4/20*	\$272
06	W	6:30-9:30p	4/27-6/13*	\$272

\*No class 4/6, 5/30

### TUESDAY EVENING STUDIO WORKSHOP TIME

122054-04	T	6:30-8:30p	3/8-4/26	\$84
05	T	6:30-8:30p	5/3-6/14	\$84

### THURSDAY EVENING STUDIO WORKSHOP TIME

122054-01	Th	6:30-8:30p	1/13-2/17	\$72*
02	Th	6:30-8:30p	3/3-4/21**	\$84
03	Th	6:30-8:30p	4/28-6/9	\$84

\*Fee reflects 6-week session

\*\*No workshop 4/7



## FRIDAY NIGHT CLAY PLAY!



### with Katie Bonanno

Get out of the house and get your hands messy! Make something interesting, for keeps! These fun two-evening classes are designed to appeal to adults of any ability. Focus will include basic clay-handling techniques, exploring texture and glazes. A variety of stoneware projects for the electric kiln. These Friday evening experiences make a fun friends' night out, memorable date, or just some focused creative time for yourself. Led by instructor/artist (and Blakely art teacher) Katie Bonanno. Materials included. Space is limited. ED

#### Artful Hearts!

Try your hand at making decorative and functional heart art! Platter, tea light lantern, ring holder, wall tile...?

122080-01	F	6:30-8:30p	1/21, 2/4	\$48
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#### Totally Tiles!

Try your hand at making custom slab tiles! One-of-a-kind house numerals? Small signs with a favorite saying? Coasters?

122080-04	F	6:30-8:30p	3/4, 3/18	\$48
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#### Yard Chimes & Totems!

Try your hand at making yard art! Brighten your garden or deck with a colorful totem or set of wind chimes!

122080-02	F	6:30-8:30p	4/15, 4/29	\$48
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#### Planter Fun!

Try your hand at making a whimsical planter! Make a container for herbs or some funky custom garden markers!

122080-03	F	6:30-8:30p	5/6, 5/20	\$48
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## SEE ALSO PARENT/CHILD CLAY PLAY PAGE 17

## POTTERY SKILL WORKSHOPS with Studio Staff

### WEEKEND RAKU WORKSHOPS

So much more than a can with newspaper and sawdust! Learn about raku glazes and the specialized firing process. Play with unusual additions to the combustion for surprise finishes and learn the how's and why's (and safety) of this fun technique. Day 1 is all about glazing and prep, then Day 2 is the firing day — you'll take home your finished pieces that same day!

122081-02	Sa	3:00-5:00p	3/5, 3/12	\$40
06	Sa	3:00-5:00p	6/4, 6/11	\$40

### WEEKEND LUSTRE MAGIC

Sparkle = magic! Add a beautiful and unexpected touch with precious metal lustre details. Explore the types, sources, and proper handling of metal solutions. Saturday is for learning and painting, then the kiln will be opened on Sunday with a class critique. Bring a few small pieces of Eagledale ware you already have glazed or adopt one of our "orphan" pots.

122081-01	SaSu	3:00-5:00p	5/26, 6/25	\$40
04	SaSu	3:00-5:00p	5/21 & 5/22	\$40



# ADULT

## SPRING BEACH PIT FIRING! with Eagledale Staff

We are doing it again! Join the fun of a day-long firing and go home with decorative fire and smoke-painted pieces. It will also be a potluck; Fay Bainbridge Park lower hillside shelter and beach. Rain or shine — the pots don't mind!

122082-01 Sa 8:00a-3:00p 5/7 \$84



## WEEKEND SAGGAR WORKSHOP

Here's your chance to try an alternative form of firing. Saggars are refractory containers used to contain combustibles and organic materials to encourage interesting surfaces on the work inside. We'll talk about the best forms for this kind of low temperature firing and explore surface preparation as well as do in-class loading and firing. Work is non-functional (decorative) and there may be some outside class time required. Start gathering your grass, seaweed, horsehair, moss... Day 1 is all about technique, preparation, and loading, and then Day 2 is the firing day! You'll take home your finished piece that same day.

122081-02 SaSu 3:00-5:30p 2/5-2/6 \$50

## FLEXIBLE WORKSHOP OPTION

As a ceramic student or hobbyist, we know you're busy and that you appreciate some space in your schedule, so Eagledale Pottery Studio offers a flexible workshop option! Ten visits to any existing workshop for current-quarter students whenever you are available or able. Travel, have guests, make an appointment without missing time in the studio to finish your stuff. Check in with staff when you arrive. ED

### Winter Flex Workshop

122047-02 days and times vary 1/15-3/13 \$150

### Spring Flex Workshop

122047-03 days and times vary 3/26-6/11 \$150

## DANCE

### EDUCATED FEET DANCE

**Certified instructor, Sheila Phillips**

**Classes and events open to adults & teens. Please bring a partner.**

**Be kind to wood floors; wear shoes with clean soles, no black marks.**

**Info: [www.educatedfeet.net](http://www.educatedfeet.net). 206-842-3012**

**COVID PROTOCOLS MAY APPLY.**

### 1ST AND 3RD WEDNESDAY WORKSHOPS

**Seabold Community Hall, 14450 Komedal NE, Bainbridge Island**

#### WEST COAST SWING

You've had a taste of this fun modern Swing. Now, get creative, smooth and stylish! Hone your lead & follow skills while learning more intricate patterns. Slower tempos in Swing, Rhythm & Blues, Country, and Contemporary music. Intermediate level for those comfortable with WCS basics.

Min 14. SCH **CONTRACTOR**

166777-01	W	6:00-8:00p	4/6	\$25
02	W	6:00-8:00p	4/20	\$25

#### NIGHT CLUB TWO STEP

A sister style to WCS, you know NC2S as a relaxed, smooth social dance. A twist on the slow dance done to mid-tempo ballads & contemporary music. Take your basics and easily embellish to move all over the floor. Intermediate level for those comfortable with NC2S basics. Min 14. SCH

**CONTRACTOR**

166778-01	W	6:00-8:00p	5/4	\$25
02	W	6:00-8:00p	5/18	\$25

### GROUP CLASS SERIES

**Island Center Hall, 8395 Fletcher Bay Rd, Bainbridge Island**

#### EAST COAST SWING

Whether you like Rock, Blues, R&B, Country, or Big Band music, Swing is always in! Intuitive and not terribly structured with more emphasis on lead & follow skills. SWING FAST and SWING SLOW by simply changing rhythm patterns to various tempos! A fun and versatile dance great for nightclubs, parties, and weddings! Min 14. ICH **CONTRACTOR**

166776-01	Th	6:00-7:15p	4/7-4/28	\$70
02	Th	6:00-7:15p	5/5-5/26	\$70

#### CROSS-STEP WALTZ

A modern version of the beloved Waltz, Cross-Step is easy to learn yet endlessly innovative. It travels and rotates like traditional waltz, but the addition of the cross-step opens up a wide range of playful yet gracefully flowing variations. This popular, relaxed style is satisfying for both beginners and experienced dancers. Min 14. ICH **CONTRACTOR**

166779-01	Th	7:15-8:30p	4/7-4/28	\$70
02	Th	7:15-8:30p	5/5-5/26	\$70



# ADULT



## 2ND SATURDAY DANCES

**ISLAND CENTER HALL, 8395 FLETCHER BAY RD  
PLEASE BRING A PARTNER.**

Be kind to wood floors; wear shoes with clean soles, no black marks.

**COVID PROTOCOLS MAY APPLY.  
TAKE YOUR MOVES TO THE FLOOR!**

**APRIL 9 – STEPPING OUT!**

DJ MIX! 4:00-6:00

MINI LESSONS & INSTRUCTOR GUIDANCE!

CASUAL ATTIRE. PAY \$15 AT THE DOOR.

**MAY 14 – RED SHIFT DANCE PARTY!**

A QUINTET SPECIALLY TAILORED FOR SOCIAL DANCES!

WORKSHOP 7:00-7:30P; LIVE MUSIC 7:30 -10:00P

DRESSY CASUAL. PAY \$20 AT THE DOOR.

## CANINE CLASSES

The Park District continues to be a dog friendly environment. Dogs are allowed in all parks if they are on leashes unless in a designated off leash area (Strawberry Hill Park and Eagledale Park). The Park District promotes "Responsible Dog Ownership" which encourages dog owners to show respect for other park users, other dogs, and their own dogs. By practicing responsible ownership, dog owners can positively impact everyone's experience in our public parks.

The Park District created the Dog Advisory Committee to oversee and develop off leash programs. The Park District and the Dog Advisory Committee encourage park users to enjoy Park District parks with their dogs. The District's Dog Advisory Committee (DAC) is a group of citizens and park officials that aims to create a model of "Responsible Dog Ownership" in order to promote mutual respect, safety, and enjoyment for all park users. The DAC is tackling the challenging topic of off leash use of parks. They work diligently to develop comprehensive programs to create opportunity, plan and implement educational programs, and monitor and adjust the enforcement program that allows all park users to enjoy their time in parks. It is the goal of the DAC and the Park District to create fun, safe parks where all park users show each other mutual respect. To report a dog related issue, dial 911 and ask for Kitsap County Animal Control and Rescue. If you would like to know more about Park District leash policies or want to get involved in continuing to create positive solutions for dog owners contact the Park District at 206-842-2302.

### VIBRANS DOG WORKS with Mary-Lou Vibrans

Mary-Lou has been training animals most of her life. Since moving to Bainbridge Island, she has volunteered for several rescue organizations including the Kitsap Humane Society and Rescue Every Dog. She has also trained several puppies and helped in training others for Summit Assistance Dogs. She is a graduate of the Karen Pryor Academy, a leader in non-aversive animal training. A self-proclaimed geek in the field of animal behavior, she regularly attends conferences and seminars on animal behavior and training methods.

### PUPPY 101

Ages 18 and up. This class is designed to help you get off to the right start with your new puppy. We will cover house training, crate training, name recognition and loose leash walking. Socialization exercises will be practiced at each class to help your puppy get off to the right start. How to improve vet visits will also be addressed. Supervised play time will be allowed if deemed appropriate by the trainer. Puppies should be between 14 weeks and five months of age at the start date of classes. Equipment: flat collar or harness and a 6-foot lead. No aversive equipment allowed. SHMG **CONTRACTOR**

126116-01	T	12:00-1:00p	1/18-3/1*	\$175
02	Sa	10:45-11:45a	1/15-2/19	\$175
03	T	10:45-11:45a	3/8-4/19*	\$175
04	Sa	12:00-1:00p	3/12-4/23*	\$175

\*No Class 2/22, 4/5, or 4/9



### PUPPY ADVANCED

Ages 18 and up. Participants in this class will work to improve basic puppy manners like sit, down, stay and polite leash manners. We also cover some of the other aspects that are often overlooked like getting over fears and building confidence. Polite greeting, door manners, and not jumping up. Great for puppies 4-10 months of age. Only flat collar or harnesses and a 6-foot leash are allowed in class. SHMG **CONTRACTOR**

126117-01	T	10:45-11:45a	1/18-3/1*	\$175
02	W	5:45-6:45p	1/19-3/2*	\$175
03	Sa	9:30-10:30a	1/15-2/19	\$175
04	T	12:00-1:00p	3/8-4/19*	\$175
05	W	5:45-6:45p	3/9-4/20*	\$175
06	Sa	1:15-2:15p	3/12-4/23*	\$175

\*No Class 2/22, 2/23, 4/5, 4/6, or 4/9

### MANNERS

Ages 18 and up. This class is geared towards older puppies (over 10 months of age) and dogs that need to enhance their basic skill level. Loose leash walking, crisp completion of requested behaviors, stationing, and polite behavior around strangers are just some of the behaviors that we will address in this class. Equipment: flat collar or harness and a 6-foot leash. No aversive equipment allowed. SHMG **CONTRACTOR**

126124-01	W	7:00-8:00p	1/19-3/2*	\$175
02	Sa	12:00-1:00p	1/15-2/19	\$175
03	W	7:00-8:00p	3/9-4/20*	\$175
04	Sa	9:30-10:30a	3/12-4/23*	\$175

\*No Class 2/23, 4/6, or 4/9





# ADULT



## CANINE GOOD CITIZEN

Ages 18 and up. Advanced skills for dogs that have all the basics but need some fine tuning. Good social skills when close to other dogs, long stays, drop in motion, and heel will also be introduced with distractions. Equipment: flat collar or harness and a 6-foot leash. No aversive equipment allowed. Meet at SHMG.

### CONTRACTOR

126125-01	T	1:15-2:15p	1/18-3/1*	\$175
02	Sa	1:45-2:45p	1/15-2/19	\$175
03	T	1:15-2:15p	3/8-4/19	\$175
04	Sa	10:45-11:45a	3/12-4/23*	\$175

\*No Class 2/22, 4/5, or 4/9.

## ADULT BOATING

It's hard to beat being on the water, especially on Bainbridge Island! Take advantage of living on an island and check out our diverse selection of boating programs, trips, and classes for many ages. See pages 51-52 for detailed information about our boating programs.



## SPORTS

### EMPLOYMENT

Do you have an idea for a class, league, clinic or camp you'd like to see the Park District offer? Let us know about it. Email Julie Miller at [julie@biparks.org](mailto:julie@biparks.org).

### EMPLOYMENT OPPORTUNITIES

Sports Skills Instructors  
Camp Program Supervisors

### VOLUNTEER OPPORTUNITIES FOR YOUTH LEAGUES

Soccer Coaches  
Basketball Coaches  
Basketball Referees  
Volleyball Coaches



## OPEN GYM SPORTS

### High School Lower Gym

Players can drop in and play for \$7.00 per visit or buy a 5-visit pass for \$30 or 10-visit pass for \$60. \*Subject to changes and cancellations due to school functions, holidays, or low attendance.

M	T	W	TH	F
Futsal	Basketball	Volleyball	Pickleball	Frescotennis
7:00-9:30p	7:00-9:30p	7:00-9:30p	7:00-9:30p	7:00-9:30p

Check out our open gym options for our BIRC Monthly Users in our Rec Center section of the catalog on page 59. Non-Monthly Users can attend an open gym at the Rec Center as well for a daily drop-in fee.

# ADULT



## TENNIS/PICKLEBALL



### PICKLEBALL 101

Ages 16 and up. Come learn the rules and how to play in this introductory class taught by experienced players. Course content includes equipment, basic rules, court position and more. BPP

112723-01	Sa	11:30a-12:45p	3/19	\$25
02	Sa	11:30a-12:45p	4/16	\$25
03	Sa	11:30a-12:45p	5/14	\$25
04	Sa	11:30a-12:45p	6/11	\$25

### BEGINNERS PICKLEBALL – LEARN TO PLAY WHILE PLAYING **NEW!**

Ages 18 and up. Come learn the game of pickleball while you play with and against other beginners. Our staff will guide you through a quick lesson and then help you learn as you play. All equipment provided. All fitness levels are welcome. BPP

112725-01	MW	12:00-2:00p	2/7-2/26	\$50
02	MW	12:00-2:00p	2/28-3/9	\$50
03	MW	12:00-2:00p	3/14-3/23	\$50
04	MW	12:00-2:00p	4/11-4/20	\$50
05	MW	12:00-2:00p	4/25-5/4	\$50
06	MW	12:00-2:00p	5/9-5/18	\$50
07	MW	12:00-2:00p	6/6-6/15	\$50

### PICKLEBALL DRILLS AND SKILLS **NEW!**

Ages 18 and up. Level up your game in our new drills and skills class. Each class will be designed with drills that work on one or two skills at a time. We'll also incorporate skinny singles, queen/king of the court, dinkles and more. All levels are welcome. Players will be divided by skill level for some drills. BPP

112726-01	TTh	12:00-2:00p	2/8-2/17	\$50
02	TTh	12:00-2:00p	3/1-3/10	\$50
04	TTh	12:00-2:00p	3/22-3/31	\$50
03	TTh	12:00-2:00p	4/12-4/21	\$50
05	TTh	12:00-2:00p	4/26-5/5	\$50
06	TTh	12:00-2:00p	5/10-5/26	\$50
07	TTh	12:00-2:00p	6/7-6/15	\$50

**We've got pickleball open gyms and classes at the BIRC. See the options on page 65**

### CARDIO TENNIS – PRACTICE, PLAY AND WORKOUT **NEW!**

Ages 16 and up. Heart pumping fitness for all levels. Fast paced and great for all players. Cardio tennis is the fastest growing program in the country. All strokes are practiced and developed. BHS

112713-01	Su	10:15-11:00a	3/6-3/27	\$55
02	Su	10:15-11:00a	4/17-5/8	\$55
03	Su	10:15-11:00a	5/15-6/12*	\$55

\*no class 5/29

### PRIVATE, SEMI-PRIVATE AND GROUP TENNIS LESSONS

Schedule your private, semi-private or group lessons on the weekends. Lessons are outside on the Bainbridge Island Tennis Courts. **Email Julie at [julie@bi-parks.org](mailto:julie@bi-parks.org) for more information.**

Private Lessons:	1 hour 1 player = \$55
Semi-Private Lessons:	1 hour 2 players = \$66
Group Lessons:	1 hour 3 players = \$81, 4 players = \$88
Private Lessons:	10 pack of 1-hour lessons = \$495 (10% off)
Private Lessons:	5 pack of 1-hour lessons = \$261.25 (5% off)
Semi-Private/Group Lessons:	10 pack of 1-hour lessons = \$297 (10% off)
Semi-Private/Group Lessons:	5 pack of 1-hour lessons = \$156.75 (5% off)

**BIRC Monthly Users can schedule private, semi-private and group lessons indoors in the Rec Center. For more information see page 65.**



### TEEN TABLE TENNIS CLUB

Ages 12-18. Learn the fundamentals of table tennis, including serving, footwork, various strokes, and tactics. We'll finish each session playing matches. Max 7 people.

112728-01	T	4:30-6:00p	1/18-3/15*	\$60
02	T	4:30-6:00p	4/12-5/31	\$60

\*No class 2/22

### ADULT TABLE TENNIS OPEN GYM

Ages 18 and up. Singles matches. Each player is up for two matches then rotates out. No experience necessary. \$3 drop-in fee per visit or buy a punch card, paid at the gym. SHMG

112729-01	T	6:30-9:30p	1/18-6/7	\$12 for 5-visit punch card
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### PRIVATE AND SEMIPRIVATE TABLE TENNIS LESSONS

Ages 12 and up. Learn the fundamentals of table tennis, including serving, footwork, various strokes, and tactics. SHMG

112722-01	Private Lessons:	1 hour 1 player = \$50
02	Semi-Private Lessons:	1 hour 2 players = \$60





# ADULT

## EXERCISE AND FITNESS

### MORNING EXERCISE with Eileen Magnuson

Active Adult Fitness classes taught by Eileen Magnuson, ACE, AASDN certified instructor. 8-week sessions have replaced the traditional exercise passes. SHMG

#### FUNTASTIC FITNESS!

This class combines aerobic, flexibility, and strength training in a positive, energizing environment. You will learn exercises designed to increase flexibility, joint stability, balance, coordination, agility, muscular strength, and cardiovascular endurance. Get ready for a head-to-toe workout! These eight-week sessions have replaced the traditional exercise passes. \$125 SHMG

166726-01	MWF	9:00-10:00a	1/10-3/4*	\$130
02	MWF	9:00-10:00a	3/7-4/29	\$140

\*no class on 1/17 or 2/21

#### STAY STRONG!

Increase muscular strength, range of motion, balance, and agility. Eileen will teach you how to stay strong for your daily life activities. Some exercises done on the floor. These eight-week sessions have replaced the traditional exercise passes. SHMG

166725-01	TTh	8:45-9:45a	1/11-3/3	\$95
02	TTh	8:45-9:45a	3/8-4/28	\$95

### T'AI CHI CHUAN

This course, founded on the Yang style of T'ai Chi Chuan, reminds us how to move through the world in a manner that is both relaxed and powerful. Each class focuses on a different aspect of The Way, with the goal of integrating the practice into everyday life. Slow-motion training encourages participants to feel, correct and strengthen balance and postural alignment. This class is taught by Caylen Storm. ICH

166739-01	T	10:00-11:30a	1/11-2/22	\$70
02	T	10:00-11:30a	3/1-4/12	\$70
03	T	10:00-11:30a	4/19-5/31	\$70
166738-01	Th	1:00-2:30p	1/13-2/24	\$70
02	Th	1:00-2:30p	3/3-4/14	\$70
03	Th	1:00-2:30p	4/21-6/02	\$70

### T'AI CHI CHIH LESSONS

Build strength and coordination. T'ai Chi Chih combines slow, rhythmic movements with deep breathing and visual techniques to enhance the flow of Chi, the Vital Force. T'ai Chi Chih tones and strengthens the muscles without putting excessive stress on the knees, feet, hips or back. Come experience this modern adaption of the ancient discipline called by some A Moving Meditation. NOTE: This class is sequential; weekly attendance is required for greatest success. TCC certificated instructors. Limited to 8 participants to maximize individual attention. SHMG

166722-01	M	10:30-11:30a	1/24-3/21*	\$75
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Eileen Magnuson instructs

\*no class 2/21

02	M	1:30-2:30p	3/21-5/9	\$75
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Bill Nakao instructs

### AFFORDABLE EXERCISE AND FITNESS FOR ALL

Experienced instructors and a small, safe, and supportive group atmosphere all while being affordable. Our classes are exciting, fun and open to all levels. Not sure which class is right for you? Shoot us an email at [julie@biparks.org](mailto:julie@biparks.org) and [staceystoner@biparks.org](mailto:staceystoner@biparks.org).

### CIRCUIT TRAINING

Ages 13 and up. Have you always wanted to learn about functional exercises, strength training and correct form, but couldn't afford a personal trainer? Well now you can! Learn the correct way to strength train using your own body weight (no machines needed!), how to minimize injury, maintain strength, learn functional fitness, and more! This class will provide the essentials of personal training in a non-intimidating environment and small class setting. Stacey Stoner instructs. SHMG

111317-01	W	8:00-8:45a	1/19-2/16	\$70
02	W	8:00-8:45a	4/13-5/11	\$70
03	W	8:00-8:45a	5/18-6/8	\$70

### CIRCUIT TRAINING FOR LUNCH

Ages 13 and up. Come work out with us during your lunch break. Learn the correct way to strength train using your own body weight (no machines needed!), how to minimize injury, maintain strength, learn functional fitness, and more! This class will provide the essentials of personal training in a non-intimidating environment and small class setting. SHMG

111317-04	W	12:00-12:45p	1/19-2/16	\$70
05	W	12:00-12:45p	4/13-5/11	\$70
06	W	12:00-12:45p	5/18-6/8	\$70

### 30-MINUTE CORE BUILDER

Ages 13 and up. Our 30-minute Core Builder uses the body's own inertia to target each of the four muscle groups in the abdominals. Our goal is to build stronger abs and core that will also help with balance. Stacey Stoner instructs. SHMG

111312-01	M	8:00-8:30a	1/24-2/21	\$50
02	M	8:00-8:30a	4/11-5/9	\$50
03	M	8:00-8:30a	5/16-6/13	\$50

### 30-MINUTE CORE BUILDER FOR LUNCH

Ages 13 and up. Our 30-minute Core Builder uses the body's own inertia to target each of the four muscle groups in the abdominals. Our goal is to build stronger abs and core that will also help with balance. Stacey Stoner instructs. SHMG

111312-04	M	12:00-12:30p	1/24-2/21	\$50
05	M	12:00-12:30p	4/11-5/9	\$50
06	M	12:00-12:30p	5/16-6/13	\$50



# ADULT

## PERSONAL TRAINING/HEALTH COACHING

Our well-rounded personal training and health coaching program can help you achieve your fitness goals at an affordable price. Training can be 1-on-1 or in a small group of up to four folks. All safety guidelines will be followed during training. Let Stacey, ACE Certified Health Coach, help you achieve your goals through fitness, nutrition, and behavior modification. SHMG or SB

- 111301-01 Private Training: 1 hour = \$55
- 02 Semi-Private Training: 1 hour, 2-4 people = \$33 each
- 03 Private Training: 5 pack of 1-hour sessions = 261.25 (5% off)
- 04 Private Training: 10 pack of 1-hour sessions = \$495 (10% off)
- 05 Semi-Private Training: 5 pack of 1-hour sessions = \$156.75 each (5% off)
- 06 Semi-Private Training: 10 pack of 1-hour sessions = \$297 each (10% off)

**We've got more small group training and personal training options at the Rec Center. For more information see page 61.**

## YOGA with JOTI CHANDRA KAUR

Ages 13 and up. This class will focus on the fundamental yoga poses, breath, and mindfulness, with extended relaxation. This gentle yoga practice brings us closer to a balance point — to a state of stability, ease, and inner stillness where health and happiness blossom. It provides a basic foundation in yoga. Joti Chandra Kaur is RYT 200 and certified gong practitioner. Her personal practice includes all styles of yoga, including Kundalini yoga, Ashtanga, and yin. ICH.

- 111204-01 Th 10:00-11:30a 1/20-6/16
- 02 M 9:00-10:30a 1/24-6/13 **New!**

\*Drop-in for \$16 or purchase a yoga punch pass of 10 tickets for \$150.

## RESTORE THE GONGS **NEW!**

Ages 13 and up. Come enjoy an evening of gentle movement to get you set up for a deep, restorative sound experience. Starting with some stretching, we will then move into over 30 minutes of sound therapy, using mostly gongs, and other tools as well. We'll finish with a short meditation. Take this time to allow yourself to restore on a cellular level and let the waves of the gong wash over you, much like the cleansing waves of the ocean. Please bring a mat, blanket, and anything else to be comfortable; there are no props to borrow. ICH

- 111231-01 Su 5:00-6:15p 1/30 \$20
- 02 Su 5:00-6:15p 3/20 \$20
- 03 T 6:45-8:00p 5/17 \$20

## ZUMBA WITH OLYMAR

Ages 13 and up. Have you been cooped up too long? It's time to dance! We're going to shake it — responsibly, of course! Come join us in the large, covered outdoor setting that offers ventilation and privacy all in one! Zumba is a dance fitness class set to contemporary Latin and world music. No memorization of choreography needed. Just follow the leader! Oly has over 20 years of Fitness Instructor experience and a lifetime of dance passion. She also happens to be a Registered Nurse, so safety protocols are a high priority. Never tried Zumba before? On the fence about whether it's your cup of tea? Contact Oly at zumbawitholy@gmail.com to see about availability of one free trial class. Ordway Covered Area **CONTRACTOR**

- 111333-01 Sa 10:00-11:00a 4/16-6/11
- 03 Sa Drop-in spot \$15

\$50 for 5-class pass



## ZUMBA with TIFFANY and SARAH

Ages 13 and up. Burn your calories with a big smile on your face! Zumba takes the "work" out of workout. Zumba uses contemporary Latin and World rhythms along with current radio tunes to get your heart pumping. All levels are welcome.

ICH **CONTRACTOR**

- 111319-01 W 7:00-8:00p 1/19-6/15
- 02 Su 11:00a-12:00p 1/23-6/12

\$80 for 10-class pass / \$12 drop-in ICH

## DISCOVER BAINBRIDGE RUNS FOR ALL LEVELS

Ages 13 and up. Want to run with others and explore new areas of the island? Join us for weekly morning runs where we'll explore new roads on the island together and enjoy the camaraderie of running with other islanders! It's an opportunity to meet other runners in an inclusive environment that is open to all levels. Running with others is a great way to meet people and make new friends. And for those who are available, after our run, we can head to the local coffee place and grab a cup together! We invite you to become a part of our running community! Stacey Stoner instructs. Various locations.

- 111315-01 T 8:00-9:00a 1/18-2/15 \$60
- 02 Th 8:00-9:00a 1/20-2/17 \$60
- 03 T 8:00-9:00a 4/12-5/10 \$60
- 04 Th 8:00-9:00a 4/14-5/12 \$60
- 05 T 8:00-9:00a 5/17-6/14 \$60
- 06 Th 8:00-9:00a 5/19-6/16 \$60
- 07 5-visit punch pass \$75



## WALK WITH EASE

We're now one of just a few Park Districts throughout the country who have been chosen to offer this nationally certified, evidence-based class. This multi-component, low-impact 6-week walking program teaches people how to incorporate physical activity safely and comfortably into their everyday lifestyle. For everyone who's more sedentary than they'd like to be, this senior program has been proven to be effective at improving health and overall quality of life. Let's get moving! **Full scholarships available** for this \$50 program— contact Sue Barrington at (206) 488-8303. AQ

- 166744-01 TTh 10:00-11:00a 1/18-2/24
- 02 TTh 11:30a-12:30p 1/18-2/24
- 03 TTh 10:00-11:00a 3/8-4/14
- 04 TTh 11:30a-12:30p 3/8-4/14
- 05 TTh 10:00-11:00a 4/19-5/26
- 06 TTh 11:30a-12:30p 4/19-5/26





# ADULT

## WALKS



## DISCOVER BAINBRIDGE WALKS

**Come walk with us and discover the back roads and trails of Bainbridge. You'll learn some of the history of the island and meet new friends. Walks are a steady pace, rain or shine. The first walk starts at Rotary Park on Weaver Road.**

### THREE-MILE WALKS

111909-01	M	9:00-10:30a	1/24-3/7	\$38
02	M	9:00-10:30a	3/14-4/25	\$38
03	M	9:00-10:30a	5/2-6/13	\$38

### FOUR-MILE WALKS

#### Tuesday and Wednesday

111910-01	T	9:00-11:00a	1/25-3/8	\$38
02	W	9:00-11:00a	1/26-3/9	\$38
03	T	9:00-11:00a	3/15-4/26	\$38
04	W	9:00-11:00a	3/16-4/27	\$38
03	T	9:00-11:00a	5/3-6/14	\$38
04	W	9:00-11:00a	5/4-6/15	\$38

#### Sunday

111912-01	Su	9:00-11:00a	1/23-3/6	\$38
02	Su	9:00-11:00a	3/13-4/24	\$38
03	Su	9:00-11:00a	5/1-6/12	\$38

### TWO-MILE WALKS

**Flatter roads and trails of Bainbridge Island. Nice easy pace.**

111911-01	Th	9:00-10:15a	1/27-3/10	\$33
02	Th	9:00-10:15a	3/17-4/28	\$33
03	Th	9:00-10:15a	5/5-6/16	\$33

## TEAM SPORTS/LEAGUES

**We provide opportunities for both youth and adults to be a part of organized team sports all year round. Get your friends, neighbors, and co-workers together to play!**

### ULTIMATE FRISBEE PICK-UP GAMES **NEW!**

Ages 16 and up. Fun, PICK-UP games of Ultimate Frisbee. Registration required to play. All athletic levels are welcome. We provide cones and discs, frisbees, reversible pinnies, and a staff person to help organize games. Questions? Contact Julie at (206) 842-5661 #114 or [julie@biparks.org](mailto:julie@biparks.org). BPP

113707-01	Th	6:30-8:30p	4/14-6/2	\$50 per person
02	Th	6:30-8:30p	6/9-8/11	\$50 per person

### ADULT KICKBALL LEAGUE **NEW!**

Ages 19 and up. Grab your friends and join us for a fun day of kickball. Official kickball rules will be used, except where noted. For a complete list of rules, contact us. The winning team receives a championship prize. BPP

113714-01	T	6:30-8:30p	6/7-8/9	\$50 per person
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### ADULT CORNHOLE LEAGUE **NEW!**

Ages 19 and up. Cornhole is one of America's favorite games. Easy to learn and fun to play. A bag in the hole scores three points, while one on the board scores one point. Grab your friends and come join us for our new cornhole league. All equipment provided but if you have your own feel free to bring it. BPP

113712-01	W	6:30-8:30p	6/8-8/10	\$50 per person
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### ADULT DISC GOLF PICK-UP GAMES **NEW!**

Ages 18 and up. Meet up to play Disc Golf with others that like to play. This is for meet up only. No staff will be there. BPP Questions? Contact Julie at (206) 842-5661 #114 or [julie@biparks.org](mailto:julie@biparks.org).

113711-01	T	6:30-8:30p	4/12-6/14	Free
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### COED 50+ SOFTBALL

Ages 50 and up. No experience necessary. All levels of players are welcome! Practice starts in April and goes through the end of September. Several games against other teams will be played throughout the season. You must register before playing. Questions? Contact Julie at (206) 842-5661 #114 or [julie@biparks.org](mailto:julie@biparks.org). BPP

113701-01	TF	10:00a-12:00p	4/12-9/23	\$55
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# ADULT



## COED 50+ KICKBALL **NEW!**

Ages 50 and up. Come out and join us for some kickball. We'll play modified rules that will ensure everyone has a fun and safe time. Kickball will run in April and go through the end of September. You must register before playing. Questions? Contact Julie at (206) 842-5661 #114 or julie@biparks.org. BPP

113710-01 W 10:00-11:30a 4/13-9/21 \$30

## MEN'S RECREATIONAL SOFTBALL LEAGUE

Ages 18 and up. 10 game regular season plus at least one game in our end-of-season tournament. ASA rules will be used, except where noted. For a complete list of rules, contact us. Season runs roughly June to August. Team Managers are required to attend all mandatory pre-season meetings. Meetings will be held in April and May. Times and dates to be determined. Registration deadline is May 20; all team fees are due in full at that time. Game times: 6:15p and 7:30p. BPP

113702-01 MTh 6/6-8/11 \$800

## SPRING ADULT RECREATIONAL SOCCER LEAGUE

Ages 21 and up. Join our growing community of adult soccer players, teams play a 6-game season plus one playoff game. Sign up as an individual or group. Game times: 6:15p and 7:30p. The fee includes BIFC blue and white jersey. BPP

### CONTRACTOR

112321-01 F 6:15-8:30p 4/22-6/10 \$150

## ADULT SPECIAL INTEREST

### EVERYBODY CAN COOK

Ages 18 and up. Truffles make a great gift or potluck item! Dark chocolate makes great truffles! We will make simple (super tasty and healthy) gluten-free options as well, to see if we can tell the difference. Recipes will be provided so folks can continue the treat-making at home. Join instructor and nutritionist Cait James and have some fun learning something new in the kitchen. SHC

### Valentine Truffles

170968-03 Sa 1:30-3:30p 2/5 \$50



## FOREIGN LANGUAGE

### INTERMEDIATE CONVERSATIONAL SPANISH

Ages 18 and up. If you have studied some Spanish, this class will help you reawaken your existing knowledge. We will use stories, music and conversation to refresh prior study and build new understanding. We will study an easy reader book (usually \$5-10), listen to recordings, and do grammar exercises from an easy textbook (\$13) and from self-correcting websites. **CONTRACTOR**

166753-01 W 9:20-10:50a 1/12-2/16 \$110 ONLINE  
02 W 9:20-10:50a 4/13-5/18 \$110 SHC

## ADVANCED CONVERSATION SPANISH

If you are already skilled in Spanish, but aspire to approach fluency in speaking, this class is your best choice. An immersive experience, we speak nothing but Spanish in class while we discuss reading (stories, play, and novels), videos and some of the more difficult points of grammar. We also write our own stories that are shared with classmates. This course is designed to advance your skills and boost your confidence! **CONTRACTOR**

166754-01 W 11:00a-12:30p 1/12-2/16 \$110 ONLINE  
02 W 11:00a-12:30p 4/13-5/18 \$110 SHC

## MUSIC



### JENNY DAVIS

Composer, bandleader, and Seattle native, Jenny Davis is a critically acclaimed jazz vocalist and music educator. She holds an MFA in Music Composition and a Bachelor of Music in Jazz Performance. She currently lectures at various Pacific NW colleges, sits on the Board of the Seattle Composers Alliance, co-founder of Three Penny Records, and is on staff at Island Music Guild, Bainbridge Island, WA. Jenny is teaching an exciting *Introduction to Songwriting* series!

## INTRODUCTION TO SONGWRITING **NEW!**

NO EXPERIENCE REQUIRED! It is said everyone is born with a song in their heart — here's your chance to get it out into the world! From the basics of getting started, organizing ideas, notation, home recording (DAW), this class will offer valuable resources with experienced guidance in an instructive and inclusive atmosphere. We will even compose our own class song! SB

166956-01 F 10:30a-12:00p 2/4-3/11 \$50  
02 F 10:30a-12:00p 3/25-4/29 \$50

## SONGWRITING: NEXT STEPS **NEW!**

For those with some experience in songwriting, instrumental composition, scoring and using basic DAW technologies. Developing more skills in your music creator toolbox is empowering! Topics include a variety of methods and process and filling in any gaps of knowledge needed to move your work forward. This may include music notation, writing and arranging. This experience is tailored to the individual student who is on their own creative path. SB

166957-01 F 12:30-2:00p 3/25-4/29 \$50  
02 F 12:30-2:00p 5/6-6/10 \$50

## KARAOKE **NEW!**

Everyone is welcome! Start saving your second Fridays of the month for a night of Karaoke! This is an 'all-call' to the community — folks of all ages with a penchant to sing are invited to join us for a lively evening of tunes and talent. Enjoy the judgement-free zone of this intergenerational celebration of fun and community! ICH

166958-01 F 7:00-9:00p 3/11, 4/15  
\$10 per household pre-register, \$12 per household at the door





# BOATING

## WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

## PADDLING PROGRAM

**"The two best reasons to buy a kayak rather than just renting are sunsets and sunrises."**

— Thomas P. Jones

## PADDLING

Being on a kayak, canoe, or SUP is a great way to explore shallow-water bays and harbors inaccessible to other boats! Instructors will work to expand paddlers' skill sets, maintain a focus on paddling safety, and of course have tons of fun. We are proud to have many of our paddling staff registered as American Canoe Association (ACA) Level 2 Kayak Touring Instructor Certified, a certification widely recognized around the world. Come paddle with our incredible staff and learn not only new skills, but new areas to explore.

### FAQS

**General** — A detailed introductory email will be sent out the week before the start of each session. This email will include required forms, as well as logistical information such as where to meet, what to bring, and weather forecast.

**Swim License** — **Youth:** A Park District Swim License is required for youth boating participants who will be engaging in on-the-water programs. It is acquired through a one-time test held at the Aquatic Center and involves full submersion by jumping into the pool, swimming 25 yards, and then floating or treading water for one minute. The swim license form can be found at <https://biaquatics.org/>. Call the Aquatics Center at (206) 842-2302 to find out times when testing is available. If you aren't sure if you or your child is on file, visit <http://bainbridgeswim.azurewebsites.net/>. If your child is on file, print the record showing they passed and bring it to the first day of your boating class.

**Adults:** Participants ages 18 and up need to complete the Park District Swim License or sign off on a Swimming Skills Acknowledgment form, self-certifying they can meet or exceed the requirements.

**Learning About the Marine Environment** — Being on a kayak, canoe, or SUP is a great way to explore shallow-water bays and harbors inaccessible to other boats. We often take advantage of this opportunity to teach about the marine and intertidal life that can be found around Bainbridge Island and Puget Sound!

**Games, Beaches, and Shore Activities** — To increase paddlers' confidence and essential skills, camps will often engage in shore launching and landing, practicing various entries, exits, mounts, and dismounts from their boats and/or SUPs. Plenty of on-the-water games and initiatives will help develop and refine participants' paddling skills. Beach activities may be mixed into programming as well.

**Equipment** — A US Coast Guard-approved lifejacket (PFD) is required to be worn for all boating programs. Purchasing PFD to match your size, comfort, and style is recommended, however there are a select number of PFDs that participants can borrow. Closed-toe sandals or shoes are required. No flip-flops or bare feet. Kayak, canoes, and stand-up paddleboards are provided.

**Registration Deadlines** — Registration deadline for most programs is three days before program start date. The Park District reserves the right to require a doctor's note to clear a participant for participation.

**Waivers and Forms** — Participants must complete and sign required waivers and forms to participate. These forms will be emailed out to everyone approximately the week before each program begins. All forms and waivers should be turned in to instructors on the first day of class and remain valid for all 2022 winter/spring paddling programs.

**Refunds** — For questions about refunds, please see page 4. If weather cancels a program day, a prorated credit will be refunded for the missed session. Rain does not cancel programs; severe weather does. Questions? Contact Paddling Program Coordinator Helen Mountjoy-Venning at [helenmv@biparks.org](mailto:helenmv@biparks.org)



# BOATING



## AFTER-SCHOOL PADDLE CAMP

Ages 7-10, 10-14. Join us for four weeks of fun and exciting after school paddles! Each week participants will explore the waters and beaches around Bainbridge Island by boat, play games, discover local marine life, and improve their paddling skills through fun activities. Instructors will introduce everyone to a variety of kayaks, canoes, and paddle boards, helping kids get comfortable and confident and learn specific paddle technique for each type of boat they try. District Swim License required, see FAQs for details. HCP



### Ages 7-10

130758-01	T	3:30-6:30p	5/3-5/24	\$210
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### Ages 10-14

02	M	3:00-6:00p	5/2-5/23	\$210
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## COVE TO SOUND KAYAK PADDLE

Ages 7 and up. The best way to reward yourself at the end of the week, join us for a scenic evening kayak paddle from Hidden Cove Park to Fay Bainbridge Park. We'll practice basic kayak strokes in protected Hidden Cove, then venture together out of the bay and around the point to Fay Bainbridge Park, which offers a long sandy shoreline and sweeping views of Puget Sound and the Cascade Mountains. Open to all experience levels. Participants under 14 must be accompanied by a parent or guardian. HCP

130726-01	F	5:30-8:30p	5/20	\$79
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## BIOLUMINESCENCE AND STARGAZING PADDLE

Ages 7 and up. Come witness the light shows both underwater and overhead! We will explore the incredibly rich bioluminescence of the Puget Sound, perhaps even catching the outlines of fish or shrimp as they dart away underneath us swathed in the surreal blue light created when they disturb phosphorescent marine plankton. We'll learn about the biology behind this stunning phenomenon, and about the constellations above us. This experience feels truly magical, whether you're looking down at the glowing water or up at the stars! Open to all experience levels. Participants under 14 must be accompanied by a parent or guardian. HCP

130703-01	Sa	9:30-11:30p	5/21	\$85
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## EAGLE HARBOR PADDLE BOARD PICNIC

Ages 7 and up. Join us for a fun and accessible morning on the water while you learn or improve paddle board skills. We'll work with you to learn the basics of paddle boarding, including balance, paddle strokes, and safety, and you'll get plenty of hands-on practice as we paddle around Eagle Harbor, glimpsing views of Seattle and the Cascade Mountains in the distance if it's clear. Bring a tasty lunch and we'll make our way to Prichard Park where we can relax on the sandy beach for a well-deserved picnic. \*\*One child, age 7-17, FREE per paying adult. Adult must register separately and attend on trip.\*\* WP

130728-01	Su	10:00a-1:00p	5/22	\$80
02	Su	10:00a-1:00p	5/22	Free*

\*Participants under 17 free with paying adult.

## WOMEN'S PORT MADISON POWER PADDLE

Ages 14 and up. Join us for a camaraderie filled day of challenging yourself, improving your kayaking abilities, and exploring the beautiful Puget Sound with a group of other adventurous women. We'll start the day in protected Hidden Cove by going over some kayaking basics, then head out into the more open Port Madison where we'll be greeted with big views of the Puget Sound. From there we'll continue north across Port Madison to the mouth of Miller Bay, where we'll stop for snacks (BYO) and a rest at the Indianola Waterfront Preserve. This paddle is open to all experience levels, but it is a bigger day so if you've never kayaked before we recommend taking our Get Kayaking or Rescue Techniques class first. HCP

130729-01	Sa	12:00-6:00p	5/21	\$89
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## SPRING SOCIAL PADDLE GROUP

Ages 13 and up. Enjoy paddling with others and learning new skills? Join us for a weekly paddling get-together filled with exploration and camaraderie! We'll have opportunities to learn kayaking techniques while taking advantage of the longer and longer days to explore different parts of the island together over the course of four weeks. We invite you to come be part of our paddling community! Location varies.

130738-01	Th	5:00-8:00p	4/21-5/12	\$110
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# AQUATIC CENTER ADMISSION FEES WINTER/SPRING 2022

	1 ADMISSION		PUNCH PASSES		MONTHLY	
	Resident	Non-Resident	10-punch (non-res +\$6)	20-punch (non-res +\$6)	1-Month (non-res +\$6)	6-Month (non-res +\$6)
Youth (3-17)	\$7.00	\$7.50	\$66	\$126	\$66	\$320
Adult (18-59)	\$8.00	\$8.50	\$76	\$144	\$76	\$388
Senior (60+)	\$7.00	\$7.50	\$66	\$126	\$66	\$320
Family	\$25 (4 passes - one must be an adult/guardian)				\$142 (same household)	\$639 (same household)

## WATER EXERCISE CLASS RATES

	10-PUNCH (NON-RES +\$6)	20-PUNCH (NON-RES +\$6)	MONTHLY (NON-RES +\$6)
Adult (18-59)	\$85.50	\$162	\$85.50
Senior (60+)	\$76.50	\$145	\$76.50
Drop-in	\$12		

## SWIM PASSES INFORMATION

No passes can be used for special events. Classes and programs not included with punch passes or basic monthly swim passes.

**Monthly Swim Passes** — good for unlimited swimming during all our general swim hours. Monthly passes are purchased by a patron and are non-transferable and have no guest privileges. **Monthly Family Passes:** encompass dependents within the same household. **10-punch and 20-punch Passes:** are good for general lap swimming and facility use.



**DON NAKATA  
POOL**



**RAY WILLIAMSON  
POOL**

## WINTER/SPRING SCHEDULE 2022

**1/17** Closed MLK Day  
**2/5-6** Bluefin Invite Swim Meet Facility Closed  
**2/21** Family Beach Swim with slide 12:00-2:00p  
**2/21** Lap Swim (Nakata) 12:00-2:00p

**2/23, 2/25** Family Beach Swim 11:00a-12:00p; Open Swim 12:00-2:00p  
**4/4-8** Spring Break Family Beach Swim 12:00-1:00p  
**4/4-8** Spring Break Open Swim 1:00-2:45p  
**5/30** Closed Memorial Day

# AQUATIC CENTER



## SPECIAL EVENTS

### End-of-Year School Parties

Celebrate the end of the school year, you made it! Reserve a pool time slot for your class with the front desk ahead of time. Enjoy the water park with your class to wrap up the year! Email Marjorie at [majoriel@biparks.org](mailto:majoriel@biparks.org) or call 206-842-2302 to reserve your time.

**Party days are Friday, June 10 from 1:00-3:00p and Wednesday, June 15 from 10:00a-12:00p.**



## TEAMS

### BAINBRIDGE AQUATIC MASTERS (BAM)

Welcome to Bainbridge Aquatic Masters, a year-round swim team for adults 18+ affiliated with United States Masters Swimming. BAM offers fully coached practices for swimmers of all abilities looking to improve technique and conditioning within a supportive team setting. Swim competitions, open-water training and triathlon prep also available. To join this vibrant community team of over 140, please contact Coach April Cheadle at [april@biparks.org](mailto:april@biparks.org) to be placed on the waiting list or ask any questions.



### BAINBRIDGE ISLAND SWIM CLUB (BISC)

Our club is a team offering high-quality, professional coaching for children of ranging abilities. Our club was just recognized as a BRONZE level USA Swim Club, and our coaches have all been recognized by the Pacific Northwest Swimming Organization in 2019. Each swimmer will be provided the opportunity to improve technical skills and achieve success commensurate with his or her ability and commitment. Swimmers will be in a safe, team environment in which they may experience personal growth from their experiences. All swimmers must also register with USA Swimming. Call the Aquatic Center for more information at 206-842-2302 #106 and ask for head coach Kyle Harris or assistant coaches Kate Carr and Leilani Tonsmann. For more information, go to [biswimclub.org](http://biswimclub.org).



## ADULT AQUA EXERCISE CLASSES

**THIS SCHEDULE BEGINS JANUARY 3**

### RESTORATIVE/ LOW-INTENSITY CLASSES

Classes in the restorative and low-intensity category can be good for those re-entering exercise after an extended period or those recovering from a surgery (with doctors' approval). Classes work on restoring balance, movement, coordination, and your feeling of well-being. These classes are easily modified for your individual needs and generally are done in chest-deep water to provide stable movement for knees and hips. Please make sure to bring a water bottle and a good attitude with you to class! Shallow water class participants will benefit from water shoes.

### Motion and Mindfulness

Restore your body and mind as you use principles of Qigong and Tai Chi to breath, relax and strengthen the body. It is ideal for those wishing to work on strength, balance and coordination. This class is gentle for those who already deal with pain and the water is incredibly nurturing! Give it a try and see how you feel.





# AQUATIC CENTER

## Core and More (Low – High Intensity)

Change up your workout routine by taking it to the water. This unique workout combines the best of the water to strengthen your body from the core up while also targeting balance and coordination. This class can be tailored to your fitness level by making movements bigger, smaller, faster or slower.

## INTERMEDIATE/HIGH-INTENSITY CLASSES

Intermediate and High-Intensity classes can be modified for the individual by making the movements bigger or smaller, faster or slower. While these classes are designed to get your heart rate up and make you sweat, those wishing to get a good workout and keep their heart rate lower are also able to do so in these classes with modifications. Please make sure to bring a water bottle and a good attitude with you to class! Shallow water class participants will benefit from water shoes.

## Noon Mash-up (Intermediate/High Intensity)

Just like our favorite mash-up remix songs, this class will take your mix shallow water with deep water to give you a full body workout. Escape your routine and head on in to class and relieve some stress with this fun, energizing class.

## Deep Mixology

Power up the music and put it on shuffle as we keep you moving. This class is geared for those who want to get their hearts pounding and body working. Even though this class is geared for higher intensity, do not worry — you can tailor it to your needs by making the movements smaller or slowing them down. Deep mixology happens in the dive well of the pool with floatation equipment that doubles as resistance equipment, so no need to be a good swimmer, but you should be comfortable in the deep end.



Ask to be added to the Aquatic Splash Report for weekly class schedule updates. Email [info@biparks.org](mailto:info@biparks.org) and ask to be added to the water exercise list.

## WATER EXERCISE CLASS RATES

	10-PUNCH (NON-RES +\$6)	20-PUNCH (NON-RES +\$6)	MONTHLY (NON-RES +\$6)
Adult (18-59)	\$85.50	\$162	\$85.50
Senior (60+)	\$76.50	\$145	\$76.50
Drop-in	\$12		



## VIRTUAL OR AT-HOME PROGRAMS

## SPECIALTY

### AMERICAN RED CROSS LIFEGUARD WITH WATERPARK

Blended learning course. This course will prepare and certify those who complete all the skills for a career as a lifeguard. Prior to the first day of class, all students must have completed the online course work, and be prepared for four days of water and skill-based learning to pull everything together. Registration will close one week prior to the in-person class dates, to ensure adequate time to complete the online course requirements. These classes are able to fulfill a PE credit elective with the Bainbridge Island School District.

102520-01	T-F	8:00a-4:00p	2/22-25	\$350
02	SaSu	8:00a-4:00p	3/12-20	\$350
03	SaSu	8:00a-4:00p	5/14-22	\$350
04	F-M	8:00a-4:00p	6/17-20	\$350

### AMERICAN RED CROSS LIFEGUARD INSTRUCTOR

Blended Learning. Become a lifeguard instructor! Help train the next generation of lifeguards. Did you know there is a national lifeguard shortage? If you are a current ARC lifeguard, 17 years old and enjoy teaching others, this is the class for you! Registration for this course will close two weeks prior to class to ensure adequate time for candidates to complete assignments.

102521-01	Su	2/13-3/6	9:00a-2:00p	\$425
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### AMERICAN RED CROSS ADULT AND PEDIATRIC CPR/AED AND FIRST AID (ONLINE ONLY AND BLENDED COURSES)

Would you like to feel confident in an emergency that you know how to help? We have two options for you:

**Online only:** Get your certification from the comfort of your home. This is an interactive web program that will take you through the entire class. You will not have an in person, hands on segment.

**Blended Learning:** Complete the interactive web program at home and then come in for a scheduled class to finish the hands on in-person portion.

102522-01 (online only)		3/2-9		\$50
02 (online only)		5/4-11		\$50
03 (blended)	M	2/7	6:00p-8:00p	\$115
04 (blended)	M	4/18	5:00p-7:00p	\$115
05 (blended)	W	6/1	5:00p-7:00p	\$115



# SWIM LESSONS

See Quick Guide to Progression on page 58

## PREMIUM SWIM CLASSES

MAXIMUM OF 3 STUDENTS

In this premium swim class, your child will receive specialized attention they would gain during a semi-private swim lesson in a smaller class. This individualized instruction will allow the instructor to challenge the swimmer and pique their interest, gaining confidence and the skills to progress at their own rate. A parent or guardian may be asked to be in the water with kids Flying Fish and below dependent on COVID-19 guidelines and numbers. Parents will be notified prior to class.

### P GUPPY

06	W	4:50-5:20p	1/19-2/16	\$175
07	W	4:50-5:20p	3/2-3/30	\$175
08	W	4:50-5:20p	4/13-5/11	\$175

102506

### P FLYING FISH

06	W	3:30-4:00p	1/19-2/16	\$175
07	W	3:30-4:00p	3/2-3/30	\$175
08	W	3:30-4:00p	4/13-5/11	\$175

102509

### P MINNOW

08	W	4:50-5:20p	1/19-2/16	\$175
09	W	4:50-5:20p	3/2-3/30	\$175
10	W	4:50-5:20p	4/13-5/11	\$175

102507

### P STING RAY

06	W	4:10-4:40p	1/19-2/16	\$175
07	W	4:10-4:40p	3/2-3/30	\$175
08	W	4:10-4:40p	4/13-5/11	\$175

102510

### P FISH

07	W	3:30-4:00p	1/19-2/16	\$175
08	W	3:30-4:00p	3/2-3/30	\$175
09	W	3:30-4:00p	4/13-5/11	\$175

102508

### P MANTA RAY

06	W	4:10-4:40p	1/19-2/16	\$175
07	W	4:10-4:40p	3/2-3/30	\$175
08	W	4:10-4:40p	4/13-5/11	\$175

102511

A parent or guardian may be asked to be in the water with kids Starfish (K1) – Flying Fish dependent on COVID guidelines and numbers. Parents will be notified prior to class; please make sure your email is up-to-date.

### TINY TOTS

102501

#### Tuesday/Thursday

01	5:30-6:00p	1/18-2/17	\$150
02	5:30-6:00p	3/1-3/31	\$150

#### Saturday

03	9:00-9:30a	1/22-3/12	\$105*
04	10:10-10:40a	1/22-3/12	\$105*
05	9:00-9:30a	3/19-5/7	\$105*
06	10:10a-10:40a	3/19-5/7	\$105*

### TINY STARFISH

102542

#### Tuesday/Thursday

01	5:30-6:00p	4/12-5/12	\$150
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#### Saturday

02	9:35-10:05a	1/22-3/12	\$105*
03	10:45-11:15a	1/22-3/12	\$105*
04	9:35-10:05a	3/19-5/7	\$105*
05	10:45-11:15a	3/19-5/7	\$105*

### STARFISH (K1)

102502

#### Tuesday/Thursday

01	3:30-4:00p	1/18-2/17	\$150
02	4:10-4:40p	1/18-2/17	\$150
03	3:30-4:00p	3/1-3/31	\$150
04	4:10-4:40p	3/1-3/31	\$150
05	3:30-4:00p	4/12-5/12	\$150
06	4:10-4:40p	4/12-5/12	\$150

### Saturday

07	9:35-10:05a	1/22-3/12	\$105*
08	11:20-11:50a	1/22-3/12	\$105*
09	9:35-10:05a	3/19-5/7	\$105*

### ANGELFISH (K2)

102503

#### Tuesday/Thursday

01	3:30-4:00p	1/18-2/17	\$150
02	4:50-5:20p	1/18-2/17	\$150
03	3:30-4:00p	3/1-3/31	\$150
04	4:50-5:20p	3/1-3/31	\$150
05	3:30-4:00p	4/12-5/12	\$150
06	4:50-5:20p	4/12-5/12	\$150

#### Saturday

07	11:20-11:50	3/19-5/7	\$105*
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### BETTA FISH (K3)

102504

#### Tuesday/Thursday

01	4:10-4:40p	1/18-2/17	\$150
02	4:10-4:40p	3/1-3/31	\$150
03	4:10-4:40p	4/12-5/12	\$150

#### Saturday

04	10:10-10:40a	1/22-3/12	\$105*
05	10:10-10:40a	3/19-5/7	\$105*

### CLOWNFISH (K4)

102505

#### Tuesday/Thursday

01	5:30-6:00p	1/18-2/17	\$150
02	5:30-6:00p	3/1-3/31	\$150
03	5:30-6:00p	4/12-5/12	\$150

### LITTLE FISH (K5)

102540

#### Tuesday/Thursday

01	5:30-6:00p	1/18-2/17	\$150
02	5:30-6:00p	3/1-3/31	\$150
03	5:30-6:00p	4/12-5/12	\$150

### GUPPY

102506

#### Tuesday/Thursday

01	4:50-5:20p	1/18-2/17	\$150
02	4:50-5:20p	3/1-3/31	\$150
03	4:50-5:20p	4/12-5/12	\$150

#### Saturday

04	10:45-11:15a	1/22-3/12	\$105*
05	10:45-11:15a	3/19-5/7	\$105*

### MINNOW

102507

#### Tuesday/Thursday

01	4:10-4:40p	1/18-2/17	\$150
02	5:30-6:00p	1/18-2/17	\$150
03	4:10-4:40p	3/1-3/31	\$150
04	5:30-6:00p	3/1-3/31	\$150
05	4:10-4:40p	4/12-5/12	\$150

\*No class 2/26, 4/9





### Saturday

06	10:45-11:15a	1/22-3/12	\$105*
07	10:45-11:15a	3/19-5/7	\$105*

### FISH 102508

#### Tuesday/Thursday

01	4:50-5:20p	1/18-2/17	\$150
02	4:50-5:20p	3/1-3/31	\$150
03	4:50-5:20p	4/12-5/12	\$150
04	5:30-6:00p	4/12-5/12	\$150

### Saturday

05	11:20-11:50a	1/22-3/12	\$105*
06	11:20-11:50a	3/19-5/7	\$105*

### FLYING FISH 102509

#### Tuesday/Thursday

01	4:50-5:20p	1/18-2/17	\$150
02	4:50-5:20p	3/1-3/31	\$150
03	4:50-5:20p	4/12-5/12	\$150

### Saturday

04	11:20-11:50a	1/22-3/12	\$105*
05	11:20-11:50a	3/19-5/7	\$105*

### STING RAY 102510

#### Tuesday/Thursday

01	3:30-4:00p	1/18-2/17	\$150
02	3:30-4:00p	3/1-3/31	\$150
03	3:30-4:00p	4/12-5/12	\$150

### Saturday

04	9:00-9:30a	1/22-3/12	\$105*
05	9:00-9:30a	3/19-5/7	\$105*

### MANTA RAY 102511

#### Tuesday/Thursday

01	4:10-4:40p	1/18-2/17	\$150
02	4:10-4:40p	3/1-3/31	\$150
03	4:10-4:40p	4/12-5/12	\$150

### Saturday

04	9:35-10:05a	1/22-3/12	\$105*
05	9:35-10:05a	3/19-5/7	\$105*

### DOLPHIN 102512

#### Saturday

01	10:10-10:40a	1/22-3/12	\$105*
02	10:10-10:40a	3/19-5/7	\$105*



### SPLASH INTO FITNESS 1

Ages 11 and under. This class is for the younger swimmer who has passed Dolphin and wants to keep swimming for exercise. The emphasis for the younger, smaller swimmer is developing endurance and pacing with shorter repeat sets. Swimmers must be able to swim front crawl 2 pool lengths with good side-breathing the entire distance.

### SPLASH INTO FITNESS I 100502

#### Tuesday/Thursday

01	3:30-4:00p	1/18-2/17	\$150
02	3:30-4:00p	3/1-3/31	\$150
03	3:30-4:00p	4/12-5/12	\$150

### Saturday

04	9:00-9:30a	1/22-3/12	\$105*
05	9:00-9:30a	3/19-5/7	\$105*

### SPLASH INTO FITNESS 2

Ages 11-17. This class is for the older swimmer who is capable of swimming front crawl for 8 pool lengths continuously. Emphasis is on training which will enhance fitness, conditioning and pacing. Personal goals may involve developing fitness into a lifelong fitness sport or conditioning for high school swim team.

### SPLASH INTO FITNESS II 100503

#### Saturday

01	9:00-9:30a	1/22-3/12	\$105*
02	9:00-9:30a	3/19-5/7	\$105*

### DIVING FISH 1 AND 2

For swimmers who have their swim license. This class is for the swimmer who is interested in exploring diving for fun or as a sport. Divers will learn basic approaches and entries both feet and headfirst in Diving Fish 1. Diving Fish 2 will begin to add more technique into the mix. Please note that swim goggles are not allowed for safety reasons.

### DIVE I 101101

#### Tuesday/Thursday

01	4:50-5:20p	1/18-2/17	\$150
02	4:50-5:20p	3/1-3/31	\$150
03	4:50-5:20p	4/12-5/12	\$150

### DIVE II 10110

#### Tuesday/Thursday

01	5:30-6:00p	1/18-2/17	\$150
02	5:30-6:00p	3/1-3/31	\$150
03	5:30-6:00p	4/12-5/12	\$150



## Hiring Lifeguards and Swim Instructors!

- Flexible Schedules
- Willing to Train and Hire
- Free Pool Pass
- 50% off most Park District Classes
- Free BIRC membership



Apply online at [biparks.org/employment](http://biparks.org/employment) or contact Megan at [meganp@biparks.org](mailto:meganp@biparks.org) for more information!

\*No class 2/26, 4/9

TUESDAY/THURSDAY ☐ SATURDAY ☐

# SWIMMING LESSONS

## A Quick Guide to the Progression

LEVEL & AGES	LENGTH	I CAN...	CLASS SIZES
<b>Tiny Tots</b> Age: 6 mon-3 yr	30 Min	<b>A parent or care giver must be in the water</b> <ul style="list-style-type: none"> <li>• hold up my head by myself</li> <li>• I need to be in the water with a care giver</li> </ul>	Min 5/Max 12
<b>Tiny Starfish</b> Age: 2 -5 yr	30 Min	<b>A parent or care giver must be in the water</b> <ul style="list-style-type: none"> <li>• I am ready to start floating and exploring the water, but I am not ready to go without a care giver</li> </ul>	Min 5/Max 12
<b>Starfish PSA Level 1</b> Age: 3.5-5 yr	30 Min	<ul style="list-style-type: none"> <li>• be in the water without my parents or care giver</li> <li>• follow directions and stay with my teacher</li> <li>• I have little or no experience in the water</li> <li>• I can't float by myself on my front or back</li> </ul>	Min 3/Max 5
<b>Angelfish PSA Level 2</b> Age: 3.5-5 yr	30 Min	<ul style="list-style-type: none"> <li>• I like to go underwater because its fun and do 5 underwater bobs</li> <li>• front float with my face in the water by myself for 3 seconds</li> <li>• float on my back with ears in the water for 5 seconds with my instructor</li> </ul>	Min 3/Max 5
<b>Beta Fish PSA Level 2</b> Age: 3.5-5 yr	30 Min	<ul style="list-style-type: none"> <li>• push off the wall and glide to my teacher on both my front and back for 3 body lengths</li> <li>• I am not scared to swim in the lane with my teacher</li> <li>• float on my front and back for 5 seconds in water over my head</li> </ul>	Min 3/Max 6
<b>Clownfish PSA Level 3</b> Age: 3.5-5 yr	30 Min	<ul style="list-style-type: none"> <li>• glide and kick on my front and back for 5 body lengths</li> <li>• tread water and back float for 10 seconds each</li> <li>• swim on my front and back 5 yards to the flags</li> <li>• I am ready to swim in the dive tank with my instructor</li> <li>• do 10 underwater bobs without stopping</li> </ul>	Min 3/Max 6
<b>Little Fish Level 3A</b> Age: 3.5-5 yr	30 Min	<ul style="list-style-type: none"> <li>• swim on my front and back halfway across the pool</li> <li>• tread water and back float for 15 seconds each</li> <li>• rotate from a front float to a back float and back to a front float</li> </ul>	Min 3/Max 6
<b>Guppy Level 1</b> Age: 6-12 yr	30 Min	<ul style="list-style-type: none"> <li>• I have little or no water experience</li> <li>• play in the water but I don't know how to float on my front or back</li> <li>• I am not comfortable swimming in the lanes</li> </ul>	Min 3/Max 6
<b>Minnow Level 2</b> Age: 6-12 yr	30 Min-45 Min	<ul style="list-style-type: none"> <li>• float on my front and back for 5 seconds by myself</li> <li>• push off the wall in a front and back glide for 3 body lengths</li> <li>• I am ready to swim in a lane</li> <li>• I am ready to explore the dive tank with my teacher</li> </ul>	Min 3/Max 6
<b>Fish Level 3A</b> Age: 6-12 yr	30 Min-45 Min	<ul style="list-style-type: none"> <li>• swim half way across the pool on my front and back</li> <li>• tread water and back float for 15 seconds each</li> <li>• do 10 non-stop bobs with my head underwater easily rotate from a front glide to a back glide and back again</li> <li>• I am ready to swim in the dive tank with my teacher</li> </ul>	Min 3/Max 7
<b>Flying Fish Level 3B</b> Age: 6-12 yr	30 Min-45 Min	<ul style="list-style-type: none"> <li>• tread water and backfloat for 30 seconds each</li> <li>• swim front crawl with rhythmic breathing 2/3 of a pool length</li> <li>• swim on my back with elementary backstroke kick 2/3 of a pool length</li> <li>• swim longer distance without getting too tired</li> </ul>	Min 3/Max 7
<b>Sting Ray Level 4A</b> Age: 6-12 yr	30 Min-45 Min	<ul style="list-style-type: none"> <li>• tread water and back float for 1 minute each</li> <li>• swim front crawl w/ consistent side breathing 2/3 of a pool length</li> <li>• swim correct elementary backstroke 2/3 of a pool length</li> <li>• I know how to dolphin kick and scissor kick 2/3 of a pool length</li> </ul>	Min 3/Max 8
<b>Manta Ray Level 4B</b> Age: 6-12 yr	30 Min-45 Min	<ul style="list-style-type: none"> <li>• swim front crawl with correct side breathing 1 pool length</li> <li>• swim breaststroke and butterfly with proper timing 2/3 of a pool length</li> <li>• swim sidestroke and backstroke 2/3 of a pool length</li> <li>• swim elementary backstroke for 1 pool length</li> </ul>	Min 3/Max 8
<b>Dolphin Level 5</b> Age: 6-12 yr	30 Min-45 Min	<ul style="list-style-type: none"> <li>• swim front crawl with side breathing for 2 pool lengths</li> <li>• swim all of my strokes with correct timing and technique</li> <li>• I want to learn flip turns and my goal is to swim fast and efficiently for swim team</li> </ul>	Min 3/Max 8





# BIRC

## BAINBRIDGE ISLAND RECREATION CENTER

11700 NE Meadowmeier Cir  
Bainbridge Island, WA 98110

[www.birec.org](http://www.birec.org)

**Customer Service: 206-842-5661**

### Building Hours

Monday-Thursday: 6:00a-9:00p

Friday: 6:00a-7:00p

Saturday-Sunday: 6:00a-6:00p

Closed 1/1; Limited hours 5/30 – 6:00a-4:00p



## MONTHLY OPTIONS

### FITNESS & AQUATICS

There are several ways for you to join the Bainbridge Island Recreation Center (BIRC). For those who don't want to commit to a monthly plan, we have options for you, too!

#### Fitness Student & Senior

The student monthly plan includes individuals ages 14-23. The senior monthly plan includes individuals ages 60 and up. The student and senior plans include access to all facility amenities, except for the tennis courts.

#### Fitness Flex

The flex monthly plan includes access to all facility amenities that an individual fitness membership does, except for towel service and the pool, during the limited hours outlined below. A flex monthly plan may be the perfect option for someone with few time restrictions on their daily routine who can come into the gym during these less busy hours. Please note, there are no complimentary group exercise classes scheduled during flex membership hours beside the Silver Sneakers /Silver&Fit classes.

#### Flex Hours of Access

**Monday-Thursday: 12:00-4:00p, 7:00-9:00p**

**Friday: 12:00-7:00p**

**Saturday-Sunday: 12:00-6:00p**

#### Fitness Individual

An individual fitness monthly plan includes access to all facility amenities, except for the tennis courts.

#### Fitness Couple

A couple fitness monthly plan consists of a primary user and another family user or partner living in the same household on a permanent basis.

#### Fitness Family

A family fitness monthly plan consists of a primary facility user, and two or more additional family members permanently residing in the same household. This monthly plan can include two adults (over the age of 23).

#### RESIDENT

User Levels	Joining Fee*	Monthly
Silver Sneakers /Silver&Fit	Free	Free
Flex/Student/Senior	Free	\$50
Individual Fitness	Free	\$72
Fitness Couple	Free	\$138
Fitness Family	Free	\$170

\*Joining fee waived for island residents. Proof of residency required.  
Taxes not included.

#### NON-RESIDENT

User Levels	Joining Fee	Monthly
Student Tennis	\$149	\$150
Tennis Individual	\$199	\$197
Couple Tennis	\$299	\$265
Family Tennis	\$499	\$297

Taxes not included.



## TENNIS, FITNESS & AQUATICS

All below tennis monthly plans include 40 complimentary group exercise classes per week, use of the seasonal outdoor pool, basketball gymnasium, fitness equipment, and locker rooms, including towel service, steam rooms, and sauna. Plus, users have preferred access to tennis court reservations, league play, and clinics.

- **Tennis Student**

For individuals ages 14-23.

- **Tennis Individual**

- **Tennis Couple**

- **Tennis Family**

The tennis family monthly plan consists of a primary facility user, and two or more additional family members permanently residing in the same household. This monthly plan can include two adults (over the age of 23).

### RESIDENT

User Levels	Joining Fee*	Monthly
Student Tennis	Free	\$90
Tennis Individual	Free	\$137
Couple Tennis	Free	\$205
Family Tennis	Free	\$237

\*Joining fee waived for island residents. Proof of residency required. Taxes not included.

### NON-RESIDENT

User Levels	Joining Fee	Monthly
Student Tennis	\$149	\$150
Tennis Individual	\$199	\$197
Couple Tennis	\$299	\$265
Family Tennis	\$499	\$297

Taxes not included.

## KIDS' CLUB

Kids' Club is a child drop-in care service for the users of the Bainbridge Island Recreation Center. Kids' Club provides a space for users of BIRC to drop off their children (ages 1-9) under adult supervision for different periods of time during the week. The cost is \$5 per child for monthly users and \$10 per child for non-monthly users. For information on hours, procedures, forms regarding this program, please visit [www.birec.org](http://www.birec.org).



## NON-MONTHLY OPTIONS

### DAILY ADMISSIONS

	Resident*	Non-Resident
<b>Youth/Senior</b>	\$12	\$18
<b>Adult</b>	\$15	\$20

Taxes not included.

### PUNCH PASS

	Resident*	Non-Resident
<b>Youth/Senior</b>		
10-Punch Pass	\$108	\$140
20-Punch Pass	\$216	\$281

### Adult

10-Punch Pass	\$135	\$176
20-Punch Pass	\$270	\$351

Taxes not included. \*Proof of residency required

## AT THE BAINBRIDGE ISLAND RECREATION CENTER, FITNESS & AQUATICS LEVEL USERS WILL ENJOY:

- Welcoming and energetic staff
- Large fitness area with cardio, free weights, and stationary training equipment
- Seasonal outdoor pool (family & lap swim)
- College-size gymnasium, equipped for sports such as volleyball, pickleball, and basketball
- Complimentary group exercise classes, scheduled weekly
- Complimentary towel service
- Steam room and sauna in each locker room
- Complimentary wireless internet access
- Special events and gatherings

### Tennis, Fitness & Aquatics Users will enjoy the above benefits, as well as:

- Four indoor tennis courts
- Private and group tennis
- Two court reservations per week
- In-house league and ladder play

### Optional amenities:

- Personal training (fitness & tennis)
- Concessions (juice bar, snacks, and equipment)
- Youth and adult recreational programming
- Small group trainings





# BIRC

## FITNESS AND EXERCISE

### MEET THE BIRC PERSONAL TRAINERS



**Marie Figgins** ACE-CPT, TRX,  
Fitness Program Specialist  
MarieF@biparks.org



**Maggie Miller** PT, CSCS  
Maggiem@biparks.org



**Kristine Cox** ACE-CPT, TRX,  
Kristinec@biparks.org



**Oliver Smith** NSCA-CPT  
Olivers@biparks.org



**Neal Lightle** ACE-CPT  
Neall@biparks.org



**Stacey Stoner** MS Kinesiology/  
Exercise Science, ACSM CPT,  
ACE Senior Fitness Specialist,  
Health & Wellness Coach &  
RRCA Running Coach  
Staceystoner@biparks.org

## FITNESS INSTRUCTORS NEEDED

**We're looking for certified instructors to round out our class offerings. Contact Marie Figgins at MarieF@biparks.org for more information.**

## SMALL GROUP TRAINING CLASSES

**We strive to offer a wide variety of classes for a variety of ages. Small group classes range in size from 6-10 participants. Registration for small group training can be done online at [birec.org](http://birec.org) or at the BIRC front desk. For more information, contact Marie Figgins at [marief@biparks.org](mailto:marief@biparks.org), by calling 206-842-5661, or at the BIRC front desk.**

### ATHLETIC PERFORMANCE – BUILDING YOUR BASE **NEW!**

Ages 18 and up. A strong fitness base lays the foundation for athletic performance, while helping prevent injury and resolving those aches and pains you get after overexerting yourself. Maggie Miller, physical therapist and Certified Strength and Conditioning Specialist, helps you achieve the balance and core strength needed for sports such as tennis, pickleball, softball, soccer, and running. Class will be run in a circuit format to allow you to learn sport-specific exercises. Appropriate for all fitness levels.

01	MW	11:30a-12:30p	1/17-2/16	\$120
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### TRX HIIT with KRISTINE

Ages 16 and up. This class will combine TRX's low impact strength training with fun plyometrics and resistance tubing to create a fantastic total body workout. Develop and maintain a solid core with increased flexibility and endurance, while burning calories and increasing your strength. Each session will include intervals of cardio and strength in the popular HIIT format.

01	MW	10:30-11:30a	2/28-3/30	\$120
02	MW	10:30-11:30a	4/11-5/25	\$168

### TRX with MARIE

Ages 16 and up. Utilize the strong, versatile TRX® straps to leverage individual bodyweight into hundreds of safe exercises that build power, strength, flexibility, and balance with focus on core. Come get a great cardio strength workout!

01	TTh	9:00-10:00a	1/18-2/15	\$108
02	TTh	9:00-10:00a	3/1-3/31	\$120
03	TTh	9:00-10:00a	4/12-5/26	\$168

### BOXING FOR LIFE with MARIE

We incorporate the fundamentals of boxing without combat, but mix in the use of punching bags, mitts, and gloves. Boxing for Life works with participants to help improve strength, mobility, agility, balance, sensory function, and self-confidence. Let's fight together!

01	WF	12:00-1:00p	1/19-2/18	\$108
02	WF	12:00-1:00p	3/2-4/1	\$108
03	WF	12:00-1:00p	4/13-5/28	\$168

### WINTER SPORTS CONDITIONING with STACEY **NEW!**

Ages 18 and up. Functional fitness training to get your body back into pre-covid shape. Learn functional exercises in a non-intimidating environment, learn modifications on exercises to suit your personal needs, and safely get back into fitness. The trainer will coach you from where you are based on your personal goals, and a small group environment will help you to stay motivated and have fun.

01	MW	6:00-7:00p	1/19-2/28	\$144
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# BIRC



We strive to offer a wide variety of classes for a variety of ages. Small group classes range in size from 6-10 participants. Registration for small group training can be done online at [birec.org](http://birec.org), by calling 206-842-5661, or at the BIRC front desk. For more information, contact Marie Figgins at [marief@biparks.org](mailto:marief@biparks.org).

## BEGINNER BODYWEIGHT STRENGTH TRAINING **NEW!**

Ages 13 and up. Get strong and build muscle using your own bodyweight! In this class, you'll learn the principles of strength training, how to adapt bodyweight exercises to your current fitness level, and when and how to safely progress these exercises to build strength. In this fun-centered class, we'll cover a variety of bodyweight exercise variations, helping you build the strength and technique needed to master your bodyweight!

01	MW	9:00-10:00a	1/19-2/16	\$99
02	MW	9:00-10:00a	2/28-3/28	\$99
03	MW	9:00-10:00a	5/16-6/13	\$88

\*No class 5/30

## BIRC 101 — STRENGTH TRAINING **NEW!**

Ages 13 and up. Are you just starting your fitness journey? Returning to the gym after time away? Not sure how to design your own workout program? Ready to take your fitness into your own hands? Our BIRC 101 class is the perfect way to kick things off. In this class, you'll learn the principles of strength training and program design so you can build a program tailored to your unique goals and preferences. You'll learn proper exercise technique and safety to keep you healthy and injury free, how to assess progress and adjust your workouts to promote progress, and how to build sustainable habits to help you reach your goals.

01	TTh	4:00-5:30p	1/18-2/15	\$99
02	TTh	4:00-5:30p	3/1-3/29	\$99
03	TTh	4:00-5:30p	5/17-6/14	\$99

\*No class 5/30

## BUILD STRENGTH. BUILD COMMUNITY. LGBTQ STRONG! **NEW!**

Ages 13-18. Looking to get strong, build confidence, AND community? Our LGBTQ Strong class is for queer youth of ALL fitness levels who are looking to improve their health and fitness. In this class, you'll learn proper weightlifting technique and principles so you can move better, get stronger, and feel downright groovy in your own body in a safe and inclusive space.

01	MW	5:30-6:30p	1/19-2/16	\$99
02	MW	5:30-6:30p	2/28-3/28	\$99
03	MW	5:30-6:30p	5/16-6/13*	\$88

\*No Class 5/30

## AERIAL YOGA FOR TEENS with BEA **NEW!**

Ages 13-18. Yoga in a silk hammock? We dare you not to smile or giggle as you dangle upside-down and change your perspective. Our Intro to Aerial Yoga is an all-levels restorative class teaching foundational poses and inversions with customized playlists using the hammock as a prop for support. Build strength, flexibility, balance, and reduce stress/pain while safely stretching and eventually flipping upside down. Come hang with us!

01	MW	4:00-5:00p	1/19-2/16	\$108
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## INTRO TO AERIAL YOGA with BEA **NEW!**

Ages 18 and up. Who knew yoga could be this much fun? Aerial Yoga uses a silk hammock as a prop for all levels from gentle therapeutic to power poses to cardio stamina. It allows you to deepen your stretch, correct your alignment, and safely perform inversions. The hammock literally changes your perspective and provides many health benefits to you: cardiovascular, lymphatic, endocrine, nervous system, and sleep. Whether you're wanting to try aerial yoga for weight loss, back pain, strength building, or flexibility training, you'll enjoy the sensation of floating in air. Come hang with us!

01	TTh	9:30-10:30a	3/15-4/14	\$120
02	TTh	9:30-10:30a	5/17-6/9	\$96

## HIIT CARDIO AND STRENGTH with KRISTINE

Ages 16 and up. Looking for a fun motivating class to hold yourself accountable? Our HIIT Cardio and Strength program is for you. Using a variety of equipment with set intervals in a HIIT format (High Intensity Interval Training), this class will help you learn proper form, build muscle, and increase your endurance. All fitness levels welcomed and encouraged.

01	TTh	10:30-11:30a	3/1-3/31	\$120
02	TTh	10:30-11:30a	4/12-5/26	\$168

## STRETCHING 101

Ages 18 and up. Stretching is an important, yet often neglected part of fitness. In this class, Maggie Miller, PT, CSCS will teach you how, when, and what to stretch. Maggie will lead you through a self-assessment where you will learn which areas of your body need attention so you can stretch more effectively.

01	W	11:30a-2:30p	3/23	\$22
02	W	11:30a-2:30p	3/30	\$22

## BACKPACK FITNESS READINESS **NEW!**

Ages 13 and up. Backpacking season is almost here, so get ready for it and reduce your risk of injury. We'll work on increasing strength and endurance as we challenge your total body, so when you're ready to put on that pack and climb a trail, you'll be prepared!

01	TTh	4:30-5:30p	4/12-5/26	\$168
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## WATERSPORTS FITNESS READINESS **NEW!**

Ages 13 and up. Do you want to improve your kayaking and paddleboarding? Come to a class specifically designed to improve your strength and balance so you can get out on the water with confidence!

01	MW	5:00-6:00p	4/11-5/25	\$168
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## ATHLETIC PERFORMANCE – SPEED, AGILITY AND QUICKNESS **NEW!**

Ages 18 and up. Take your athletic performance to the next level with Maggie Miller, PT, CSCS. In this class, you will focus on drills that will help you move faster and have more control on the field or court. We will work on reaction time, first step quickness, and light plyometrics. If you love to move, this is a fun and effective way to work-out! Appropriate for intermediate to advanced fitness levels.

01	MW	11:30a-12:30p	4/18-5/18	\$120
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# BIRC

## YOUTH

### PILATES REFORMER SMALL GROUP, PRIVATE AND SEMI-PRIVATE TRAININGS ARE BACK!

Pilates Reformer is a great way to work on your core and balance for all sports. Schedule your Pilates Reformer small group class, private and semi-private training with one of our qualified awesome Pilates Trainers. Contact Marie Figgins for more information at [marief@biparks.org](mailto:marief@biparks.org), or visit [birec.org](http://birec.org) starting in January.



### GROUP X CLASSES

BIRC has fantastic offering of complimentary exercise classes for our Monthly Users. Check them out here at [birec.org/schedules](http://birec.org/schedules).

## RACKET SPORTS

### MEET THE BIRC TENNIS STAFF



**Dayna Guizzetti**

Tennis Program Coordinator,  
USPTA Elite Professional  
[daynag@biparks.org](mailto:daynag@biparks.org)



**James Crutchfield**

Tennis Program Specialist, USPTA  
[jamesc@biparks.org](mailto:jamesc@biparks.org)



**Jim Hord**

Tennis Program Specialist, USPTR  
[jimh@biparks.org](mailto:jimh@biparks.org)



**Layke Findley**

Kingston Boys Tennis Coach  
[lfindley@biparks.org](mailto:lfindley@biparks.org)

### TOTS TENNIS (19"-21" RACKET)

Ages 4-5. This class is geared for the littlest player who is at the beginning level of tennis. We start them off with basic stroke instruction. Players will develop listening skills, following directions, balance, and hand-eye coordination. We keep it fun and active while introducing them to the sport of a lifetime.

			Resident/Non-Resident	
112703-01	Su	12:00-12:30p	1/9-2/13	\$42/\$55
02	Su	12:00-12:30p	2/27-4/17*	\$49/\$64
03	Su	12:00-12:30p	4/24-6/5	\$49/\$64

\*No Class 4/3-4/7

### RED BALL (21"-23" RACKET)

Ages 6-7. This is an active class where kids learn the fundamentals of tennis with skill building exercises and games designed to improve and develop overall coordination/balance, self-confidence, and teamwork on the court. This class will help get kids to fall in love with tennis and transition them to the next level.

			Resident/Non-Resident	
112736-01	Su	12:30-1:30p	1/9-2/13	\$84/\$109
	W	3:00-4:00p	1/12-2/16	\$84/\$109
02	Su	12:30-1:30p	2/27-4/17*	\$98/\$127
	W	3:00-4:00p	3/2-4/20*	\$98/\$127
03	Su	12:30-1:30p	4/24-6/5	\$98/\$127
	W	3:00-4:00p	4/27-6/8	\$98/\$127

\*No Class 4/3-4/7



# BIRC



## ORANGE BALL (23"-25" RACKET)

Ages 8-11. Players must demonstrate a positive attitude and hard work ethic. Orange Ball Tennis will keep your child active and teach them fundamentals in technique and footwork as well as introduce the concepts of rallying and point play. Further focus will extend into developing your child's athleticism, coordination, balance, and strength.

Resident/Non-Resident				
112737-01	Su	1:30-2:30p	1/9-2/13	\$84/\$109
	M	3:00-4:00p	1/10-2/14	\$84/\$109
	W	3:00-4:00p	1/12-2/16	\$84/\$109
02	Su	1:30-2:30p	2/27-4/17*	\$98/\$127
	M	3:00-4:00p	2/28-4/18*	\$98/\$127
	W	3:00-4:00p	3/2-4/20*	\$98/\$127
03	Su	1:30-2:30p	4/24-6/5	\$98/\$127
	M	3:00-4:00p	4/25-6/6*	\$84/\$109
	W	3:00-4:00p	4/27-6/8	\$98/\$127

\*No Class 4/3-4/7, 5/30



## GREEN BALL (25"-27" RACKET)

Ages 11-13. Players must demonstrate a positive attitude and hard work ethic. Green Ball Tennis will emphasize proper technique and footwork. Further focus will extend into developing directional control, spin, and consistency.

Resident/Non-Resident				
112738-01	Su	2:30p-3:30p	1/9-2/13	\$84/\$109
	M	4:00p-5:00p	1/10-2/14	\$84/\$109
	W	4:00p-5:00p	1/12-2/16	\$84/\$109
02	Su	2:30-3:30p	2/27-4/17*	\$98/\$127
	M	4:00-5:00p	2/28-4/18*	\$98/\$127
	W	4:00-5:00p	3/2-4/20*	\$98/\$127
03	Su	2:30-3:30p	4/24-6/5	\$98/\$127
	M	4:00-5:00p	4/25-6/6*	\$84/\$109
	W	4:00-5:00p	4/27-6/8	\$98/\$127

\*No Class 4/3-4/7, 5/30

## CHALLENGER

Ages 13 and up. Players will need pro approval or completed Green Ball per progress reports. Players must demonstrate a positive attitude and hard work ethic. Emphasis will be placed on developing better strength and balance as they become more comfortable with the bounce of a heavier, faster, and higher bouncing ball. Players will also learn to structure points in addition to continued stroke development.

Resident/Non-Resident				
112739-01	Su	4:00-5:00p	1/9-2/13	\$84/\$109
	M	5:00-6:00p	1/10-2/14	\$84/\$109
	W	5:00-6:00p	1/12-2/16	\$84/\$109
02	Su	4:00-5:00p	2/27-4/17*	\$98/\$127
	M	5:00-6:00p	2/28-4/18*	\$98/\$127
	W	5:00-6:00p	3/2-4/20*	\$98/\$127
03	Su	4:00-5:00p	4/24-6/5	\$98/\$127
	M	5:00-6:00p	4/25-6/6*	\$84/\$109
	W	5:00-6:00p	4/27-6/8	\$98/\$127

\*No Class 4/3-4/7, 5/30

## ADVANCED

Pro approval required. Players in this class have been playing Varsity Tennis. Players will continue to develop a variety of shots and improve their application in point-play situations. Players will receive experienced coaching and observation geared toward helping athletes better understand the choices they make during matches.

Resident/Non-Resident				
112740-01	T	4:45-6:00p	1/11-2/15	\$105/\$137
	Th	4:45-6:00p	1/13-2/17	\$105/\$137
02	T	4:45p-6:00p	3/1-4/19*	\$123/\$160
	Th	4:45-6:00p	3/3-4/21*	\$123/\$160
03	T	4:45-6:00p	4/26-6/7	\$123/\$160
	Th	4:45-6:00p	4/28-6/9	\$123/\$160

\*No Class 4/3-4/7

## TENNIS FOR TEENS

Ages 13-17. Tennis For Teens is a class for the beginning to intermediate level player who wants to improve their knowledge and skill set. The focus of this class will be on gaining a better understanding of fundamental footwork, technique, and strategy. This could also act as a third day for our Green Ball players looking to transition into Challenger. We will work on rally skills and point play to improve each player's overall game.

Resident/Non-Resident				
01	Su	5:00-6:00p	1/9-2/13	\$84/\$109
02	Su	5:00-6:00p	2/27-4/17*	\$98/\$127
03	Su	5:00-6:00p	4/24-6/5	\$98/\$127

\*No Class 4/3-4/7



# BIRC

## ADULT

### TENNIS 101

For the beginning adult tennis player looking to start the sport of a lifetime with a solid foundation. Players will learn fundamentals in all strokes, learn scoring, basic positioning and more!

			Resident/Non-Resident	
112700-01	Sa	3:15-4:30p	1/8-1/29	\$70/\$91
02	Sa	3:15-4:30p	2/5-3/5	\$70/\$91
03	Sa	3:15-4:30p	3/12-4/2	\$70/\$91
04	Sa	3:15-4:30p	4/9-4/30	\$70/\$91
05	Sa	3:15-4:30p	5/7-5/28	\$70/\$91
06	Sa	3:15-4:30p	6/4-6/25	\$70/\$91

See our other tennis offerings at [www.birec.org](http://www.birec.org). Contact our Tennis Coordinator, Dayna Guizzetti at [daynag@birec.org](mailto:daynag@birec.org) for more questions.



### LEAGUES AND LADDERS

The Bainbridge Island Recreation Center has a variety of leagues to choose from, starting with our Saturday Men's League, the SACT League (a weekday women's doubles league), and USTA Teams. Please contact [daynag@biparks.org](mailto:daynag@biparks.org) for more information.

### PRIVATE TENNIS LESSON RATES

	Resident/Non-Resident
Private, 60 Minute	\$65/\$80
Private, 45 Minute	\$52/\$64
Private, 30 Minute	\$35/\$43
Semi-Private (2 people), 60 Minute	\$35/\$43
Semi-Private (2 people), 45 Minute	\$27/\$33
Semi-Private (2 people), 30 Minute	\$22/\$27

### GROUP TENNIS LESSON RATES

	1 hour/1.25 hours/1.5 hours
Group of 3 people (per person, resident)	\$24/\$30/\$34
Group of 3 people (per person, non-resident)	\$30/\$37/\$42
Group of 4+ people (per person, resident)	\$20/\$24/\$26
Group of 4+ people (per person, non-resident)	\$25/\$30/\$32

## PICKLEBALL

**YOU ASKED FOR IT—WE'VE GOT IT.  
LOOK FOR NEW INFORMATION ON NEW  
PICKLEBALL OPTIONS ONLINE AT [BIREC.ORG](http://BIREC.ORG)  
EARLY TO MID-DECEMBER.**



### DROP-IN PICKLEBALL

M-F Times vary

Sign up at the front desk or call 206-842-5661.

No fee for Monthly Users. Day Use and Punch Pass fees apply.

### PICKLEBALL 101

Learn the basics in this introductory Pickleball class. You'll learn how to serve, dink, and the basic rules of the game in this 4-week clinic. Sign up at the front desk or call 206-842-5661. (12 players max)

Tuesdays 10:00-11:00a \$50 Resident/\$60 Non-Resident  
1/11-2/1, 2/8-3/1, 3/8-3/29, 4/5-4/26, 5/3-5/24, 5/31-6/21

### PICKLEBALL SKILLS AND DRILLS

In this advanced class, you will participate in drills to improve your skills and shot making consistency. You'll be working heavily on the dink shot and other advanced shots while under pressure. Pro approval is recommended to make the most of this class for everyone. Sign up at the front desk or call 206-842-5661. (12 players max)

Thursdays 10:00-11:00am \$50 Resident/\$60 Non-Resident  
1/13-2/3, 2/10-3/3, 3/10-3/31, 4/7-4/28, 5/5-5/26, 6/2-6/23



# BIRC



## REC PROGRAMS YOUTH

### AFTER-SCHOOL SPORTS CLUB **NEW!**

Ages 6-10. Drop your kiddo off for some after-school fun at the Recreation Center. We'll play basketball, pickleball, soccer, volleyball, hockey, badminton, dodgeball, and more. BIRC Gym

#### MONDAY

110202-01	M	1:10-3:30p	1/24-2/28*	\$100
02	M	1:10-3:30p	3/7-4/11*	\$100
03	M	1:10-3:30p	4/18-5/16	\$100

\*No class 2/21, 4/4

#### TUESDAY

110203-01	Tu	2:40-4:00p	1/25-3/1*	\$85
02	T	2:40-4:00p	3/8-4/12*	\$85
03	T	2:40-4:00p	4/19-5/17	\$85

\*No class 2/22, 4/5

#### WEDNESDAY

110204-01	W	2:40-4:00p	1/26-3/2*	\$85
02	W	2:40-4:00p	3/9-4/13*	\$85
03	W	2:40-4:00p	4/20-5/18	\$85

\*No class 2/23, 4/6

#### THURSDAY

110205-01	Th	2:40-4:00p	1/27-3/3*	\$85
02	Th	2:40-4:00p	3/10-4/14*	\$85
03	Th	2:40-4:00p	4/21-5/19	\$85

\*No class 2/24, 4/7

#### FRIDAY

110206-01	F	2:40-4:00p	1/28-3/4*	\$85
02	F	2:40-4:00p	3/11-4/15*	\$85
03	F	2:40-4:00p	4/22-5/20	\$85

\*No class 2/25, 4/8

## YOUTH WINTER OPEN GYMS

**TUESDAY 4:00-6:00p**

**FRIDAY 4:00-6:00p**

### YOUTH PROGRAMMING

Look for more upcoming youth programs featuring sports, fitness, exercise, and more at [birec.org](http://birec.org) or stop by our front desk. Got an idea for programming? Contact Julie at [julie@biparks.org](mailto:julie@biparks.org).

## ADULT SPORTS

### ADULT WINTER OPEN GYMS

<b>MONDAY</b>	<b>PICKLEBALL</b>	<b>6:30-8:30p</b>
<b>TUESDAY</b>	<b>BASKETBALL</b>	<b>6:00-8:30p</b>
<b>FRIDAY</b>	<b>BASKETBALL</b>	<b>6:00-8:30p</b>
<b>SATURDAY</b>	<b>BASKETBALL</b>	<b>8:00-9:30a</b>
<b>SATURDAY</b>	<b>PICKLEBALL</b>	<b>10:00a-12:00p</b>

Open gym may be canceled for special events.

### PICKLEBALL ROUND-ROBIN MINI TOURNAMENTS **NEW!**

Ages 16 and up. Our mini tournaments are packed with fun. They are round-robin style format. Sign up your team up to compete in your appropriate skill level. Top point-getters will win a prize! BIRC

#### Skill 3.0

112724-05	Sa	10:00a-1:00p	1/22	\$30
06	Sa	1:30-4:30p	1/29	\$30
07	Sa	10:00a-1:00p	3/12	\$30
08	Sa	1:30-4:30p	4/16	\$30

#### Skill 3.5

112724-09	Sa	1:30-4:30p	1/22	\$30
10	Sa	10:00a-1:00p	3/5	\$30
11	Sa	1:30-4:30p	3/12	\$30
12	Sa	10:00a-1:00p	4/23	\$30

#### Skill 4.0

112724-13	Sa	10:00a-1:00p	1/29	\$30
14	Sa	1:30-4:30p	3/5	\$30
15	Sa	10:00a-1:00p	4/16	\$30
16	Sa	1:30-4:30p	4/23	\$30



### ADULT PROGRAMMING

We've got some fun things in store at BIRC. For more information, stop by BIRC or visit [birec.org](http://birec.org). Got an idea for programming? Contact Julie at [julie@biparks.org](mailto:julie@biparks.org).

### GYM SCHEDULE & EVENTS

Gym schedule and events can be found on our website at [birec.org/schedules](http://birec.org/schedules).



Thank you to our event sponsor, Puget Sound Energy, for making Haunted Hayride and Holiday at Fay such memorable events!



**PUGET  
SOUND  
ENERGY**





# PARKS & TRAILS CONNECT US



## RED PINE PARK

*“My Red Pine Park pea patch connects me to the neighborhood in a sweet way. I enjoy working alongside my fellow gardeners and chatting with walkers who pause to admire the green bounty. What joy!” – Brooke Thompson*

Support the parks & trails  
that connect us all.

[biparksfoundation.org/give](https://biparksfoundation.org/give)

BAINBRIDGE  
ISLAND  
PARKS  
FOUNDATION





# Bainbridge Island Parks



## Key/Legend

- Park Boundaries
- Selected Open Space
- Roads
- BIMPRD Maintained trails
- Other Selected Trails
- Long Distance Trails
- Facilities



## BAINBRIDGE ISLAND METROPOLITAN PARK & RECREATION DISTRICT PARKS

- AARON TOT LOT:** (1385 Aaron Ave.) Children's play structure.
- BATTLE POINT PARK:** (11299 Arrow Pt Dr) 90 acres. Picnic areas, play structure, jogging trail, soccer & softball fields, equestrian trail, picnic shelter, tennis courts, basketball courts, roller-hockey rink, wildlife pond, and community garden.
- AQUATIC CENTER:** (8521 Madison Ave.) 1 acre. 25 yard/6-lane pool with 1 & 3 meter diving boards, warm water leisure pool with spa, lazy river, water slide and zero depth entry.
- BLAKELY HARBOR PARK:** (Head of Blakely Harbor) 40 acres, shoreline access, passive recreational activities such as picnicking, kayaking and wildlife viewing.
- CAMP YEOMALT:** (900 Park Ave.) 3 acres. Multipurpose building and woodland trail.
- CAVE FAMILY HERITAGE PARK:** (259 Ferncliff Dr.) .91 acres. Playground, picnic table, benches, and historic two-story home.
- EAGLEDALE PARK:** (5050 Rose Ave NE) 7 acres. Pottery studio and workshop, picnic shelter, tennis court, play area, volleyball court, and off-leash dog area.
- FAY BAINBRIDGE PARK:** (15996 Sunrise Drive) 17 acres. Campsites, picnic areas, play areas & trails.
- FORT WARD PARK:** (Pleasant Beach Drive or Ft. Ward Hill) 137 acres. Picnic and play areas, boat launch & trails.
- GAZZAM LAKE NATURE PRESERVE:** (Deerpath Lane or Marshall Road) 444.6 acres. Trails and wildlife area.
- GIDEON PARK:** (274 Gideon Lane) 2.5 acres. Neighborhood children's play area.
- THE GRAND FOREST OF BAINBRIDGE:** (Miller and Mandus Olson Roads) 240 acres. Equestrian and walking trails.
- HAWLEY COVE PARK:** (1287 Wing Point Way NE) 12 acres. Low bank shoreline and related estuarine wetland communities.
- HIDDEN COVE BALLFIELDS:** (13595 Phelps Rd.) 7.7 acres, two baseball fields and soccer practice field.
- HIDDEN COVE PARK:** (8588 Hidden Cove Rd NE) Beautiful waterfront with dock.
- ISLAND CENTER PARK:** (8395 Fletcher Bay Rd) 3 acres. Community center & picnic area.
- LUMPKIN** (200 Block Gowen Pl.) 4.45 Acres. 400 linear feet of shoreline with tidelands.
- MADISON AVENUE TOT LOT:** (598 Madison Avenue North) Neighborhood children's play area.
- MANITOU BEACH** (9800 Block of Manitou Beach Dr.) .90 Acres. 210 linear feet of shoreline with beach access and landing.
- MANZANITA PARK:** (7644 Day Road West) 120 acres. Hiking & equestrian trails.
- MEIGS PARK:** (Highway 305 & Koura Road) 67 acres. To be developed for nature study & trails.
- MORITANI PRESERVE:** (542 Winslow Way W) 8.5 acres of woodlands and fields in the center of Winslow.
- NUTES POND:** (1601-2101 Toe Jam Hill Rd NE) 31-acres of passive park with a captivating landscape whose central feature is a tranquil pond.
- POINT WHITE PIER:** (3949 Crystal Springs Dr. NE) Public fishing
- PRITCHARD PARK:** (4152 Eagle Harbor Dr. NE) 49 acres. Beach access and upland trails. Of historic importance and on the site's westerly side facing Taylor Av., is the debarkation point for local Japanese – Americans who were forcibly interned during WWII under executive order. This site is jointly owned by the Park District and the City.
- RED PINE PARK:** (418 Wood Ave SW) a half acre pocket park that contains an orchard and berry patches, open lawn with seating and a picnic area.
- ROCKAWAY BEACH:** (4002 Rockaway Dr. NE) Beach property with views of Seattle & Cascades. Excellent place for diving enthusiasts to observe unique underwater fissures.
- ROTARY PARK:** (7969 Weaver Rd) 10 acres. Multipurpose ballfields, meeting space, and award winning Owen's Playground.
- SAKAI PARK:** (1560 Madison Ave N) Undeveloped 22.87 acres with approximately 9-acres of upland property that is relatively flat. Below and to the east is a pond, stream and wetland complex. Sakai Park was purchased in 2015 with bonds after a successful all-island election vote. Community planning efforts have been underway.
- SANDS AVENUE BALLFIELD:** (8641 Sands Rd) 10 acres. Baseball and soccer fields.
- SCHEL CHELB PARK:** (Point White Drive near Lynwood Center) This 1.64 acre park features 370 linear feet of saltwater shoreline, swimming beach, open grass area, play area, and trail linking to Gazzam trail network.
- SEABOLD PARK:** (14450 Komeda Rd NE) 3-acre park includes Seabold Hall, which holds 80 people and has an all wooden interior with a separate kitchen.
- STRAWBERRY HILL PARK:** (7666 NE High School Rd) 18 acres. Multipurpose ballfields, playground, off-leash dog area, tennis court, volleyball court, basketball court, Strawberry Hill Center (meeting and classroom space), skate bowl, district office.
- T'CHOOKWAP PARK:** (8800 NE Spargur Loop Road) 1 acre. Pt. Madison view site.
- TED OLSON NATURE PRESERVE:** (1180 Madison Ave NE) 15 acres. Wooded nature trail.
- WAYPOINT PARK:** (551 Winslow Way E) This park provides a public site for what has occurred in the road way and sidewalks at this location for generations. It is a place of homecoming and departing for local residents as they walk to and from the ferry, and a place to physically orient oneself for the visitor.
- WEST PORT MADISON NATURE PRESERVE:** (8334 NE County Park Rd, Skogen Lane & County Park Rd) 13 acres. Picnic shelters and nature trails.
- WILLIAMS-OLSON PARK:** (6200 Williams Lane) A sloping bluff and grassy lawn with access to the Manzanita Bay shoreline. 4.8 acres of upland property, approximately 8 acres of tideland, and 460' of shoreline access.

For more information: [biparks.org](http://biparks.org)



Each year thousands of island residents of all ages benefit from a robust menu of classes, activities and special events offered by the Bainbridge Island Metro Park & Recreation District. The District also maintains and operates over 1,500 acres of parkland.

## PARK DISTRICT BOARD OF COMMISSIONERS

Asaph Glosser, Ken DeWitt, Dawn Janow, Jay Kinney, Tom Swolgaard

## PARK DISTRICT CONTACTS

Executive Director	Terry Lande	terry@biparks.org
Senior Planner	Perry Barrett	perry@biparks.org
Administration Services	Amy B. Swenson	amy@biparks.org
Division Director (HR and Finance)		
Park Services Division Director	Dan Hamlin	dan@biparks.org
Executive Services Manager	Helen Stone	helen@biparks.org
Recreation Services		
Superintendent	Bryan Garoutte	bryan@biparks.org
Recreation Division Director	Mark Benishek	mbenishek@biparks.org
Active Adult Program Manager	Sue Barrington	sbarrington@biparks.org
Gymnastics Program Manager	Jason Balangue	jason@biparks.org
Sports Program Manager	Julie Miller	julie@biparks.org
Youth and Teen Program Mgr	Shannon Buxton	shannon@biparks.org
Aquatics Program Administrator	Megan Pleli	meganp@biparks.org
Marketing Coordinator	Allie Smith	alexandrias@biparks.org
Outdoor Programs Manager	Nick Prevo	nickp@biparks.org

## PROGRAM SITES

BHS	Bainbridge High School	9330 High School Road
AQ	BI Aquatic Center	8521 Madison Ave
	BHS Gymnastics Rms	9330 High School Road Rear of High School
BIRC	Bainbridge Island Rec Center	11700 NE Meadowmeer Circle
Blakely	Blakely Elementary School	4704 Blakely Ave NE
BPP	Battle Point Park	11299 Arrow Point Drive
CYC	Camp Yeomalt Classroom	900 Park Avenue
CYCabin	Camp Yeomalt Cabin	900 Park Avenue
ED	Eagledale Pottery Studio	5055 Rose Avenue off Eagle Harbor Dr
FB	Fay Bainbridge Park	15446 Sunrise Drive
	Fort Ward Park	2241 Pleasant Beach Drive NE
	Grand Forest West	9752 Miller Road NE
	Grand Forest East	9594 Mandus Olson Rd NE
HSLG	BHS Lower Gym	9330 High School Road
HCP	Hidden Cove Park	8588 Hidden Cove Road
HT	Hilltop	Hilltop Park/Prue's House, off of Grd. Forest E Parking lot
ICM	Insight Climbing & Movement	9437 Coppertop Loop NE
ICH	Island Center Hall	8395 Fletcher Bay Road
IMG	Island Music Guild	10598 NE Valley Road
ISD	Island Spectrum Design	6006 NE Bligh Ct.
Ordway	Ordway Elementary School	8555 Madison Ave NE
	Park District Office	7666 NE High School Road
SP	Sakai Park	1560 Madison Ave N
Sakai	Sakai Intermediate School	9343 NE Sportsman Club Rd.
SB	Seabold Hall	14450 Komedal
SHC	Strawberry Hill Center	7666 NE High School Road
SHMG	Strawberry Hill MiniGym	7666 NE High School Road
SHP	Strawberry Hill Park	7666 NE High School Road
ST	Stottlemeyer Trailhead	24426 Stottlemeyer Rd NE, Poulsbo
	Teen Center	8521 Madison Ave
	Transmitter Bldg	11299 Arrow Point Drive
	Prue's House	9600 Mandus Olson Rd NE
WFP	Waterfront Park	301 Shannon Drive SE
Wilkes	Wilkes Elementary School	12781 N. Madison Ave
WOP	William Olson Park	6200 Williams Lane
	Woodward Middle School	9125 Sportsman Club Rd NE

## LOOKING FOR EMPLOYMENT OPPORTUNITIES?

The Park District is always looking for part time recreation and park services staff. Go to [www.biparks.org/employment](http://www.biparks.org/employment). Complete an application and email it to [amy@biparks.org](mailto:amy@biparks.org). Please make sure and tell us what you are interested in doing.

## HOURS & CLOSURES

### Customer Service Hours at Bainbridge Island Aquatic Center:

Monday-Friday: 5:00am-8:30pm, Saturday: 7:30am-4:00pm  
and Sunday: 8:00am-4:00pm

### District Admin Office Hours:

Monday-Friday 8:00am-4:30pm

### District Office Holiday Closures:

The Park District Office will be closed for national holidays on 12/24, 12/31, 1/17, and 2/21.

### Extreme Weather Closures:

Park District will open facilities and conduct classes/programs except under extreme adverse conditions. Check our website for closure and cancellation information at [www.biparks.org](http://www.biparks.org). If the Park District cancels your class due to extreme conditions, your instructor will notify you concerning make-up dates.

**Non-resident Participants:** We welcome non-residents to participate in our programs. A non-resident fee of \$6 will apply to each class.

**How to be an Instructor:** Do you have a special skill you would like to share? Call the Park District at (206) 842-5661 for information.

**Facility Rentals:** All facilities, fields and picnic areas must be reserved by groups intending to use the facilities. Please look online at [www.biparks.org](http://www.biparks.org) for information and rates.

## Inclusion and Accessibility to Park District Programs & Facilities:

The Park District strives to provide opportunities for people of all abilities to participate and interact in recreational activities with dignity. To that end, the Park District attempts to make reasonable accommodations to policies, procedures and programs to assist those with special needs to participate in Park District activities, programs and services. Although the Park District will make every reasonable effort to meet specific needs, unfortunately not all accommodation requests can be granted. Each request is evaluated by the Park District on a case-by-case basis.

### How to get started:

1. Register for classes/activities in which you want to participate. Please ensure that you meet the general class requirement to register for the course/activity. For example: you are the appropriate age and meet the prerequisites
2. Immediately after registering, contact the ADA Coordinator to request an accommodation. The Park District requests two weeks' notice prior to the first activity date to determine whether reasonable accommodation is possible.

**ADA Coordinator: Mark Benishek at (206) 842-5661 #116 or [mbenishek@biparks.org](mailto:mbenishek@biparks.org)**

**Sales Tax:** Activities that are taxable have the % symbol next to the description. Unless stated otherwise, price listed does not include sales tax which will be added at the time of payment.

**Discounts on Programs:** The Park District partners with Helpline House to make participation in our programs accessible to Island residents with limited resources. Full or partial fee waivers are available for most Park District recreation and aquatic classes for qualified families and individuals. To apply, contact Helpline House at 206-842-7621.

**DDA Services/Assistance:** The Park District has contracted with the DDA and DSHS to provide financial assistance to those who are enrolled in WA State IFS, Basic Plus or Core Waiver programs. Please see our website for details or contact Bryan Garoutte at [bryan@biparks.org](mailto:bryan@biparks.org).

## PARK DISTRICT FACILITIES PHONE NUMBERS

Bainbridge Island Recreation Center	206-842-5661
BI Aquatic Center	206-842-2302
Camp Yeomalt	206-842-5917
Eagledale Pottery Studio	206-842-7025
Island Center Hall	206-780-6994
Teen Center	206-842-2302
Strawberry Hill Center	206-780-9519

# WINTER/SPRING 2022 REGISTRATION INFORMATION

## HOW TO REGISTER

1. **ONLINE:** www.biparks.org. Register any time of day! Your registration is processed immediately, and you can print a receipt.
2. **Mail in:** Mail the completed form and a check to: 11700 NE Meadowmeer Circle Bl, WA 98110.
3. **Call:** To register for any class, call the Bainbridge Island Aquatic Center Monday through Friday 5:00a-8:30p, Saturday 7:30a-4:00p and Sunday 8:00a-4:00p (206-842-2302).

## Registration begins January 5th, 9:30am

### MAIL-IN/DROP-OFF REGISTRATION FORM

1st Adult payee in household: Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Phone (h) \_\_\_\_\_ (w) \_\_\_\_\_

2nd Adult payee in household: Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Phone (h) \_\_\_\_\_ (w) \_\_\_\_\_

Mailing Address \_\_\_\_\_ street \_\_\_\_\_ city \_\_\_\_\_ zip \_\_\_\_\_

Email Address (please print) \_\_\_\_\_

I understand that participation in the Class involves inherent risk and possible injury because of the nature of the activities, even when conducted in a safe manner, and I hereby assume all responsibility for my and/or my child's safety when participating in the Class. Injuries to participants in active recreation programs may occur from risks inherent in the activity; from placing stress on the body that it has not been prepared for; from accidents in learning or practicing techniques; from failing to follow training, safety or program rules; from the use of transportation associated with the activity; and from the administration of first aid. The severity of injury can range from minor cuts, scrapes, or muscle strains to catastrophic injury such as paralysis or even death.

In consideration for my acceptance or my child's acceptance as a participant in the Class, I hereby agree: to assume the risks of the activities in which I participate or my child participate in the Class; to waive and forever release Bainbridge Island Metropolitan Park and Recreation District (BIMPRD) and its employees and agents from any and all claims (including those for bodily injury) arising out of or relating in any way whatsoever to my participation in the Class, even though said claims may arise out of the negligence of BIMPRD and its employees and agents; to limit BIMPRD's liability to the applicable limits of BIMPRD's applicable insurance policy if the foregoing waiver and release is deemed unenforceable; to defend, indemnify and hold BIMPRD and its employees and agents harmless from and against any and all claims (including those for bodily injury), losses, damages, liabilities and expenses (including attorney fees) arising out of or relating in any way to my participation in the Class, my failure to comply with any of the obligations under this document, or my failure to provide all relevant medical information. The District also reserves the right to require written clearance from a health care provider before allowing a person to participate in a certain activity.

I give BIMPRD permission to photograph and videotape me or my child (listed below) while participating in the Class. I authorize BIMPRD to use such photographs and videotapes to promote its programs and classes, and I waive any and all claims to compensation for such usage. I acknowledge and agree that all such photographs and videotapes will belong to BIMPRD.

Signature - Adult Participant or Guardian

Date

## REFUND POLICY

**Refunds will be in the form of a credit to your household account unless you request a check.**

- Programs canceled by the Park District will receive a full refund.
- Refunds will not be granted for requests made after the program is over even with a doctor's note.

### Unless a doctor's note is received, the following refund policy applies:

- Requests made 7 days or more prior to start of the program will receive a full refund less a \$10 service charge. The seven-day period does not include the day the class begins (i.e. the seventh day is the day before the class starts). Counting backwards to the first day, a refund request must be received no later than midnight before the first day of the seven-day period.
- No refunds will be granted if requests are received less than 7 days before the start of the program.
- No refunds will be granted if requests are made once the program has started.

CLASS # Activity Section	CLASS NAME	DAY(S)	CLASS TIME	PARTICIPANT NAME		SEX	GRADE	BIRTHDATE	CLASS FEE
				First	Last			/ /	
								/ /	
								/ /	
								/ /	
								/ /	
								/ /	
								/ /	

Off-island residents add \$6 per class \$ \_\_\_\_\_

**For your protection we no longer accept credit card payments by mail.**

Applicable 9.0% sales tax (for activities with % symbol) \$ \_\_\_\_\_

**Total \$** \_\_\_\_\_

**Helpline Eligibility:** All classes are eligible for Helpline vouchers with the exception of the swim and gymnastic teams. Aquatic Center passes are also part of this program.



# BAINBRIDGE ISLAND LITTLE LEAGUE

— IT'S A BLAST! —



## REGISTER NOW

BASEBALL • SOFTBALL • T-BALL • CHALLENGER

[BILITTLELEAGUE.ORG](http://BILITTLELEAGUE.ORG)