

# **Recreation CONNECTION**

# WINTER/SPRING 2023

REGISTRATION BEGINS Saturday, January 7 at 9:30am

SEE REGISTRATION INFO 71 TABLE OF CONTENTS 4

# Dear Island Residents,

Winter is classically thought to be a time of reflection, and we would like to look back by honoring dedicated staff members who, sadly, we are seeing go. Arts & Culture/Active Adult Program Manager Sue Barrington retired this fall after ten years, leaving a legacy of thoughtful recreation contributions and magnanimous spirit. Outdoor Program Manager Nick Prevo has moved on to new opportunities after seven years, showing his unparalleled dedication and steadfastness year after year. Park Maintenance Technician Nino Dosono has served on the maintenance staff for 24 years, having a quiet but significant hand in numerous Park Services projects and serving with an irreplaceable work ethic. Senior Planner Perry Barrett has been intertwined in countless Park District projects over the previous 20 years, securing grants, trail easements, and permitting to make our favorite capital projects possible; his institutional knowledge, expertise, and caring nature will be missed.

Though we have to say goodbye to familiar faces, we also say hello to new ones! Please help us welcome new staff: Outdoor Programs Manager Stacey Stoner, Community Outreach Manager Stephanie Bugas, IT Manager Skye Carlson, and Youth & Teen Coordinator Rachel Radtke.

While it is dark and grey, lots of projects are indeed underway! Grindline Skateparks Inc presented the Strawberry Hill Park skatepark expansion preliminary design to the public and the Board of Commissioners on November 17. The Board of Commissioners and the skatepark committee will be taking and reviewing public comments and revising the skatepark expansion plan over the upcoming months. To view the concept plan or learn more about becoming involved in the project, please visit the Bainbridge Island Parks & Trails Foundation's website.

Several additional ongoing projects at Strawberry Hill Park have progressed in this last part of 2022. The Dog Advisory Committee is working on a fencing plan for the Strawberry Hill Park dog park expansion. The redesigned dog park will expand into multiple areas early next year. The park will be sectioned into different areas to accommodate diverse groups of dogs. Small and large dog areas will provide a safe place to play with someone their size. An extensive dog area will be available for dogs who want to play with everyone. Reactive dogs will have two bays available if they need some solo time. Evergreen Bike Alliance will present the preliminary plan for the Strawberry Hill Park bike park project at the December 15 board meeting.

2023 will welcome new projects. An artificial turf field is going to be installed at Strawberry Hill Park. The consultant, Field Turf, has completed the 30% design and will move into the permitting phase. After the conceptual design is completed in the next few months, the project will look to start construction in 2023. Replacement of the restrooms near the KidsUp! Playground at Battle Point Park has been budgeted for 2023.

Though many changes are occurring within the Park District, one thing remains the same: our dedication to providing quality parks and recreation opportunities for all. Thank you for your continued support!



Warmly,

Terry Lande, Executive Director



# WE ARE HIRINGS

# **Part-Time Recreation Positions For 2023**

Make A Difference in Your Community In These Program Areas:

Pottery Camps Aquatics Kayaking Gymnastics Mountaing Biking Boxing/Kickboxing Personal Training

# **Starting Wage \$16.68/hr DOE** Employment Includes: 50% off classes | Free Swim Pass

Bainbridge Island Recreation Center Membership

Apply online at *biparks.org/employment/* 

# DISTRICT NEWS AND UPDATES

Director's Letter	2
We're Hiring!	
Accessibility and Inclusion	
Registration Information	5
Staff Spotlight	8-9
Natural Resources Work Parties	10-11
We're Hiring for ScoCo 2023!	64
Parks & Trails Foundation	
Strawberry Hill Bike Park	67
Strawberry Hill Skate Park	68
Parks & Trails Map	69
Program Sites and Contacts	70
Registration Form	71

# **SPECIAL EVENTS**

MLK Day of Service	6
Earth Day	7
Haunted Havride Sponsor Thank-You's	



# YOUTH

All-Day Explorer Camps No-School Days No-School Camps, Other Places Early Release After School at the Schools After School, Other Places Preschool Arts, Crafts & More Glass Art Pottery	13 13-14 14 15 16 17 17-18 18
Pottery	19
Gymnastics Exercise and Fitness	20-23 24
Soccer Racket/Paddle Sports Tennis	26
Rock Climbing	

# TEEN

Teen Center Info	
Teen Center Activities	
Service	
Teen Fun	



# YOUTH & ADULT

Parent/Child Art	30
Wilderness Programs	
Day Hiking	
Bainbridge Island Ski Bus	32

# ADULT

Drawing	33
Painting	34
Stained Glass	
Adaptive for Adults with Special Needs	35
Pottery	35-39
Music	
Foreign Language	
Special Interest	
Canine Classes	
Fitness/Exercise	41-42
Tennis and Pickleball	
Walks	43-44
Team Sports/Leagues	44



#### **REFUND POLICY**

Refunds will be in the form of a credit to your household account unless you request a check.

- Programs canceled by the Park District will receive a full refund.
- Refunds will not be granted for requests made after the program is over even with a doctor's note.

#### Unless a doctor's note is received, the following refund policy applies:

- Requests made 7 days or more prior to start of the program will receive a full refund less a \$10 service charge. The seven-day period does not include the day the class begins (i.e. the seventh day is the day before the class starts). Counting backwards to the first day, a refund request must be received no later than midnight before the first day of the seven-day period.
- No refunds will be granted if requests are received less than 7 days before the start of the program.
- No refunds will be granted if requests are made once the program has started.

# BOATING

Paddling	45-46
Community Sailing	46

# AQUATIC

Admissions and Special Schedules	47
Swim Descriptions & Schedules	48
Special Events	48
Birthday Parties	49
Teams	49
Aqua Exercise Classes	50
Adult Swim & Teen	50
Specialty Classes	51
Swim Lessons	52-53
Premium Swim Lessons	53
Swim Lessons Progression Guide	54



# BIRC

Monthly Options	55
Non-Monthly Options	55
Membership Benefits	55
BIRC Fitness Challenges	
Group Exercise Classes	57-58
Personal Training	
Pilates Reformer	59
Junior Tennis	
Adult Tennis	60
Youth Camps	64
Drop-In Sports, Leagues, and Classes	61
No-School Camps at BIRC	62
Classes at BIRC	62
Leagues at BIRC	63
BIRC Rentals and Parties	63

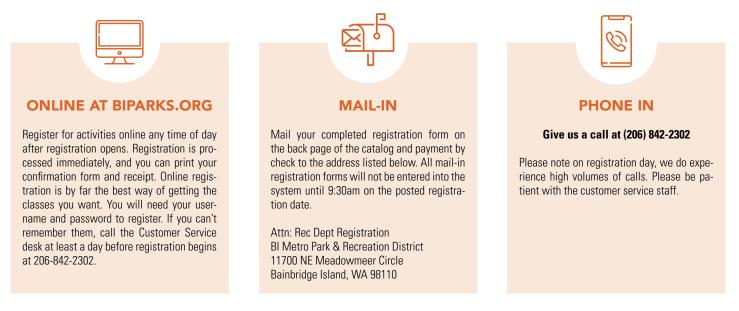
# Registration .....71 Parks Map ......69

Office Info, Facility Locations, Contacts, Extreme Weather Policy and Holiday Closures, please see page 70

Aquatic Center/Customer Service 206-842-2302

# **HOW TO REGISTER**

### **REGISTRATION DATE: Saturday, January 7**



Non-Resident Participants: We welcome non-residents to participate in our programs. A non-resident fee of \$6 will apply to each class.

Sales Tax: Activities that are taxable have the % symbol next to the description. Unless stated otherwise, price listed does not include sales tax which will be added at the time of payment.

# FINANCIAL ASSISTANCE

**BIMPRD Program Discounts:** The Park District partners with Helpline House to make participation in our programs accessible to residents with limited resources. Full or partial fee waivers are available for most Park District recreation and aquatic classes for qualified families and individuals. To apply, contact Helpline House at 206-842-7621.

**DSHS Services/Assistance:** The Park District has contracted with the DDA and DSHS to provide financial assistance to those who are enrolled in WA State IFS, Basic Plus or Core Waiver programs. Please visit biparks.org for details or contact Bryan Garoutte at bryan@biparks.org.

For either assistance programs, please give at least one week advance notice to the case manager so they can process the request before registration. Most programs take one to two weeks, depending on the program or activity.

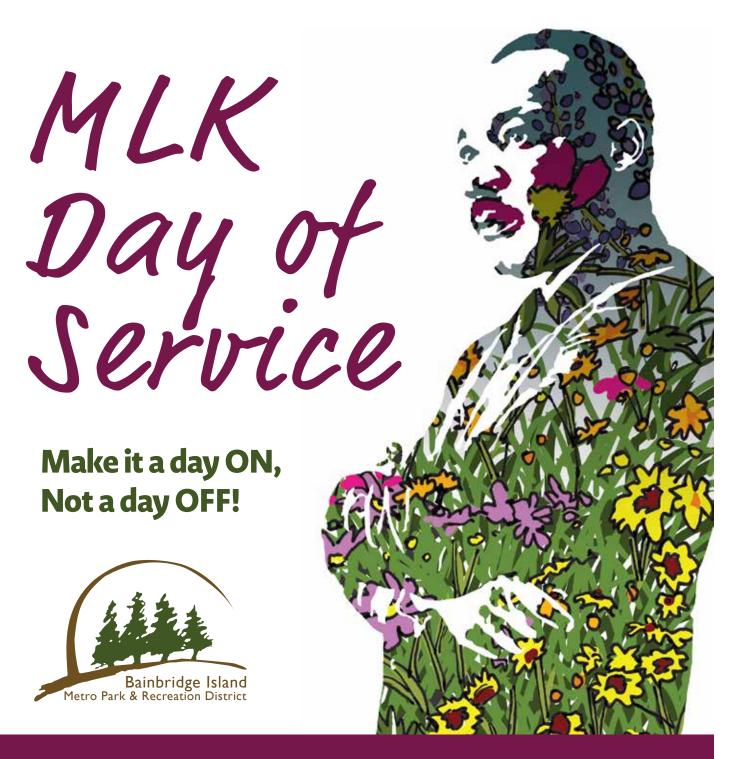
# INCLUSION/ACCESSIBILITY TO PROGRAMS & FACILITIES

The Park District strives to provide opportunities for people of all abilities to participate and interact in recreational activities with dignity. To that end, the Park District attempts to make reasonable accommodations to policies, procedures, and programs to assist those with special needs to participate in Park District activities, programs, and services. Although the Park District will make every reasonable effort to meet specific needs, unfortunately not all accommodation requests can be granted. Each request is evaluated by the Park District on a case-by-case basis.

#### How to get started:

- Register for the classes/activities in which you want to participate. Please ensure that you meet the general class requirement to register for the course/activity. For example: you are the appropriate age and meet the prerequisites.
- Immediately after registering, contact the ADA Coordinator to request an accommodation. The Park District requests two weeks' notice prior to the first
  activity date to determine whether reasonable accommodation is possible.

ADA Coordinator: Mark Benishek at (206) 842-5661 #116 or mbenishek@biparks.org



# Blakely Harbor Park | Monday, January 16 | 10:00a-1:00p Come when you can, work as long as you're able!

Bring gloves and your favorite tools for this restoration project! Contact Volunteer Coordinator Morgan Houk at morganhouk@biparks.org or visit biparks.org/volunteers for more information. **biparks.org | 206.842.2302** 





Earth Day Celebration | Saturday, April 22, 2023 Stay tuned for more details on this earth- and family-friendly event!

biparks.org | 206.842.5661

# **COMMUNITY SPOTLIGHT**

The Bainbridge Island Metro Park & Recreation District believes that employees and community partners are some of our most valuable resources. The meaningful work and outstanding commitments demonstrated by these people highlight what makes our Park District such an outstanding community asset.



# **JILLIAN BATEMAN**

# Chair of the Strawberry Hill Skatepark Committee

# HOW DID YOU GET INVOLVED IN THIS PROJECT?

I work for YoungLife, a non-profit organization, where I mentor and support middle and high school students on Bainbridge Island, including many skateboarders. One of our students petitioned for it to be built and had sixty of his friends sign it. They approached the Park District and the city and gained little traction. So, I thought, "why don't I help you out? Let's see how we can make this happen!" We developed a committee with the Parks & Trails Foundation to become a voice for the community, where I volunteered to co-chair. I did not come from a skateboarding background, but I decided to take part in this because these kids have little to do on the island, which can lead to them getting in trouble or depressed. Our goal is to provide a place for these kids.

# WHY IS THE PARK DISTRICT RENOVATING THE STRAWBERRY HILL SKATEPARK?

The original skatepark mainly catered to a very particular of skating. The original bowl is a big draw for skaters, and the renovation of it in this project is a large bonus. Most skaters on the island are street skaters, using flat surfaces to skate on. Few places on the island are street skaters, using flat surfaces to skate on. Few places on the island are street skaters, using flat surfaces to skate on. Few places on the island are street skaters, using flat surfaces to skate on. Few places on the island are street skaters, using flat surfaces to skate on. Few places on the island are street skaters, using flat surfaces to skate on. Few places on the island are street skaters or jumps safely or legally. Adding street skating components to the skatepark provides open access to recreation. Many people are focused on their own recreational interest areas and can be blinded to other areas that need help. This project truly benefits the youth of this island. By investing in this renovation, we can show them we care and give them safe and fun places where they can excel.

### WHAT INPUT HAS THE YOUTH ADVISORY PANEL GIVEN IN THE DESIGN PROCESS?

We first got together with the Youth Advisory Panel during the planning phase. We received their ideas and input for the skatepark logo and initial branding; the skateboarders in the photoshoot are our Youth Advisory Council members! We consulted them on what they would like to see on the survey — each component, obstacle, feature, and all the pieces to design. After the first draft, we got their feedback on any edits to the final survey before it was put out. The panel was one of the first groups to see the preliminary design, and they gave excellent feedback.

### WHO WILL BENEFIT FROM THIS SKATEPARK RENOVATION?

It is crazy to see who comes out of the woodwork for skating. People come from all over the Kitsap Peninsula. The skating community is very close, regardless of age, type of skating, or location. While at the bowl for videos, photoshoots, or tours, we have met people visiting this skatepark from out of town, as far away as southern Washington and Oregon. Not only do we have the first bowl in Washington, but we also have this tremendous Olympic-worthy skatepark. Seeing the level of commitment and authentic buy-in from people all around is inspiring.

# WHERE ARE WE IN THE FUNDRAISING PROCESS, AND HOW CAN COMMUNITY MEMBERS HELP?

We are trying to determine the final goal amount for the project. We've received the design, agreed upon it, and are waiting for Park District board approval. From here, we will adjust and dive into Phase 1 of fundraising. We will sell all sorts of swag, from sweatshirts to hats and more, to help with fundraising. A community effort is significant, but we are also looking for interested donors to get a solid start on the campaign. We're all chomping at the bit to get started, and it's a long way to go!

# **JAMES KLINEDINST**

# Project Manager for Grindline Skatepark, Inc.

### HOW DOES THE STRAWBERRY HILL SKATEPARK DESIGN PAY HOMAGE TO OUR ISLAND AND AREA?

Many elements pay homage to the area, including references to the proximity of the Salish Sea and characteristics that tie the skatepark into the larger Strawberry Hill Park it is within. The design integrates native plantings in the stormwater bio-retention area, including native coastal strawberries. To add to the strawberry theme, we have incorporated a strawberry "hip," a skating element designed to resemble a giant strawberry. We also wanted to tie in the Puget Sound, so we proposed an orca A-frame — an obstacle the user can launch off the dorsal fin of an orca. Additionally, there will be a ferry boat manual pad, a skate obstacle resembling a WA State Ferry. To zoom out a little farther, the curbs throughout the park are green to symbolize Washington state.

#### WHAT ARE THE DIFFERENT ELEMENTS OF THE SKATEPARK DESIGN, AND HOW ARE THEY USED?

The skatepark addition leans towards the street genre of skateboarding while also incorporating some low-impact transitional elements not found in the existing skate bowl. The skatepark addition will be a multi-level street area with lots of flat space and a pump track encircling the skatepark so the user can continuously flow around. There is skateable seating that can double as bleachers when an event is happening, as well as ADA connection paths and viewing areas with drinking fountains, BBQs, and benches.

#### WHAT ARE THE BIGGEST OBSTACLES IN THIS PROJECT?

From the design perspective alone, one of the most significant hurdles lies in providing the wants and needs of all, while progressing the sport of skateboarding with a timeless design. Stormwater management is also a challenge. We must ensure the stormwater is contained, directed, and dealt with correctly and thoughtfully when adding hardscape to the environment; keeping the natural surroundings and environmental elements protected, and healthy is a very high priority. Outside of the design itself, the largest obstacle is obtaining the permitting and funding to go forward.

#### HOW ARE YOU PRESERVING THE CLASSIC ELEMENTS OF THE SKATEPARK?

The original skatepark will be kept intact — the only improvements are in refurbishment by polishing. The polishing process will create a smooth honed surface and make the old skatepark skate appear brand new. The original skatepark is a timeless classic flow bowl and one of the early skateparks in the modern skatepark revolution; preserving this skateboard landmark is crucial.

# HOW IMPORTANT IS SKATING TO THIS COMMUNITY?

There were 143 responses to the survey, making it one of the more extensive responses to the study we have seen – that speaks volumes, especially considering the size of Bainbridge Island. There is much support for this project and skateboarding on Bainbridge Island. Having less access to the amount of skating larger cities provide, giving the community a skatepark is incredibly important for many reasons. Having a skatepark means having a safe place to enjoy time outside and interact socially.



While simultaneously learning things like coordination and patience, how to tolerate pain, and gaining determination to complete goals. The bowl is legendary, and people already travel from all over to come and skate it. However, having an area to progress and be introduced to skating will be instrumental in providing the community with life skills and enjoyment for years to come.





# Winter 2023 Natural Resources Work Parties



# **Conservation Work Parties** 10:00a-12:00p | Blakely Harbor Park January 14, February 11, March 11

Help remove invasive species, spread mulch to discourage regrowth, and plant native species. Well suited for youth ages 6 and up, comfortable using small hand tools and walking off trail on uneven surfaces.

# **Red Pine Park** 10:00a-12:00p | Red Pine Park January 10, February 14, and March 14

Work alongside our horticulture staff to preserve garden beds, a historic fruit orchard, edible perennials, and other landmark plantings in this former homestead in the heart of downtown.



# **Moritani Preserve Work Parties** 10:00a-12:00p | Moritani Preserve January 19, February 16, and March 16

Join the Natural Resources team in caring for the woods and meadows of Moritani Preserve by managing invasive species, maintaining garden beds, and planting natives when the weather is right.



In partnership with:



Learn more at biparks.org/ volunteers/!





# **Volunteer on our Trails!**

# **Trails Work Parties** 10:00a-12:00p | Grand Forest East January 21, February 18, March 18

Help maintain Grand Forest East trails by restoring trails, pruning vegetation, raking trail surfaces, and more. Well suited for children ages 8 and up, comfortable using small hand tools and walking around a mile throughout the two-hour work party.

# **Become a Park Steward!**

The Park Steward Program provides community members opportunities to help maintain Park District trails, parks, and natural areas. By delegating some of our duties where "many hands make light work" to capable volunteers, the Park District can accomplish even more in our parks and trails. The stewardship program also offers a rewarding volunteer experience where stewards gain a sense of ownership in "their" trail, park, or natural area.

Learn valuable skills around trail maintenance, plant identification, conservation, and more. Gain a more profound knowledge of your favorite trail, neighborhood park, or open space. Connect with a community of volunteers dedicated to improving the island's parks and trails. Spend meaningful time being active outdoors!

For more information on becoming a park steward, contact Volunteer Manager Morgan Houk at morganhouk@biparks.org.



# **ALL-DAY EXPLORER CAMPS!**

# Ages: 6-10 (Grades 1-5) When school is out — EXPLORER CAMP is in!

The Park District offers families an all-day recreational option for those long out-of-school days. With various fun, interactive, and educational themes, kids will be excited to share what they've been up to. Our All-Day Explorers enjoy daily group games, sports and fitness, hands-on science, the arts, and crafts, individual free-choice activities, and pool time when possible. Explorers will also explore their community through library visits, field trips, special guests, and group projects. Two snacks will be provided each day. Explorer Camp is held both indoors and out, weather permitting. Join us for safe, supervised, and memorable camp experiences. AQ



Flexible Drop-off between 7:30-9:00a Structured Camp Activities from 9:00a-4:00p

# WINTER BREAK EXPLORERS:

#### **Exploring Holidays Around the World!**

Explore winter holiday traditions around the world! Learn how to play Dreidel for chocolate coins and why you leave grass in your shoes out for La Befana's donkey. It will be a globe-trotting whirlwind of a short four-day week, from indoor games and crafting gifts to traditional snacks and wonderful legends! AQ 500101-04 M-Th 7:30a-5:30p 12/19-12/22 \$315

# **ISLAND EXPLORATIONS:**

#### New Year. Aloha!

Aloha! can mean both "goodbye" and "hello" - perfect for the new year. It may be cold outside, but Explorer base camp is warm and decorated for the tropics. Enjoy island-inspired snacks and activities as we say goodbye to 2022 and welcome 2023. Wear your best flowered print and join us for a short four-day week of Winter Break fun, island-style. AQ 5

500101-05	T-F	7:30a-5:30p	12/27-12/30	\$315



Flexible Pickup between 4:00-5:30p **Explorer Camp home base:** Nakata Room B at the Aquatic Center

### **MID-WINTER BREAK EXPLORERS: Cabin Fever!**

February may be dark and cold outside, but Explorer base camp is warm and wild! We are ready to make noise, run, jump, and be silly. From epic "log" obstacle courses and scooter games at base camp to field games and hikes outdoors. the dreary mid-winter days will pass quickly. Join us for a fun week of cabin-building, cabin knocking-down, and a campfire cookout in a real cabin! We'll work in the woods for this week's Explorer service project. AQ 110001-01 M-F 7:30a-5:30p \$395 2/20-2/24



# SPRING BREAK FOREST EXPLORERS!

Spring has sprung, and we're heading into the forest! It's the perfect time to explore the Camp Yeomalt woods, surrounding trails, and beaches. The week will fly from hidden forts to (safe) fire building and funny skits in the cabin. We'll take a field trip to an off-island forest to check out a beaver pond and other signs of spring. We'll even set aside some time for an ivy removal service project to support the BIG trees in our home woods. CY

110001-02 M-F 7:30a-5:30p

4/3-4/7

\$395



# **AFTER-SCHOOL & NO-SCHOOL FUN**

### WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

# **NO-SCHOOL DAYS**

# **CONFERENCE / FINALS**



#### HALF DAY CHESS TOURNAMENT NEW! T with Mark Cohen

Ages 10-17. Take an afternoon game break from conferences and finals! Older players can polish their chess and strategy game skills against players from all over and compete for chess medals and trophies. We are adding Mensa strategy games and chess tournament play for a full afternoon of brain fun. SHC

#### CONTRACTOR

170254-01	W	2:00-5:00p	1/25	\$40

# **MID-WINTER BREAK**

# WINTER CHESS **& STRATEGY GAMES** CAMP

# with Mark Cohen

Ages 5-12. Keep thinking skills sharp and have fun with various board games, cards, and mathematical games. This allday left brain/right brain camp combines mental exercise with fun muscle move-

ment! Days are divided between chess, learning, and playing various strategic games (many Mensa award winners), with time for outdoor recreation activities. SHC CONTRACTOR

175051-10	M-F	8:45a-2:45p	2/20-2/24	\$275
175051-11	M-F	8:45a-2:45p	2/20-2/24	\$250*
*Additional sibling				

# SPRING BREAK

# **ART FOCUS CAMP**

Ages 8-11. As part of an ART-focused Spring Break week, our dedicated student artists will spend four days exploring different materials and patterns while creating wonderful pieces and projects for display and to take home. Campers will also practice art appreciation skills and inspiration with a downtown art scavenger hunt and museum visit on Wednesday. Painting, printmaking, fabric art, draw-



ing, weaving, clay, and more. Varies each day depending upon progress, with time for outdoor play breaks. Materials included. SHC 170221-01 M-Th 10:00a-2:00p

4/3-4/6 \$175

# **SPRING CHESS & STRATEGY GAMES CAMP** with Mark Cohen

Ages 5-12. Keep thinking skills sharp and have fun with various board, card, and mathematical games. This all-day left-brain/right-brain camp combines mental exercise with fun muscle movement! Days are divided between chess, learning, and plaving various strategic games (many Mensa award winners), with time for outdoor recreation activities HT CONTRACTOR

0414001 100104110				
175051-01	M-F	8:45a-2:45p	4/3-4/7	\$275
175051-02	M-F	8:45a-2:45p	4/3-4/7	\$250*
*Additional siblir	ng			

# **NO-SCHOOL CAMPS OTHER PLACES**

# **NO-SCHOOL CAMPS AT BIRC**

### MINI CAMPS

Ages 5-8. Our mini camps are designed for younger campers. Shorter days, age-appropriate sports and activities, crafts, downtime, and more. BIRC

### DAY CAMPS

Ages 9-12. A fun day of no school is planned at the Rec Center. Sports, activities, a dash of crafts, and more. BIRC

The first price is for BIRC Members. The second price is for Non-Members. For the BIRC Member discount, please contact Julie Miller at julie@ biparks.org.

# MLK DAY

Mini			Membe	r/Non-Member
111501-01	F	9:00a-12:00p	1/16	\$55/\$70
Day				
111501-02	F	9:00a-2:00p	1/16	\$80/\$105

# **AFTER-SCHOOL & NO-SCHOOL FUN**

CONFERENCE DAYS Mini Member/Non-Member					
111502-01 Day	W-F	9:00a-12:00p	1/25-1/27		
111502-02	W-F	9:00a-2:00p	1/25-1/27	\$195/\$250	
MID-WIN	TER B	REAK			
<b>Mini</b> 111503-01	M-Th	9:00a-12:00p	2/20-2/24	\$160/\$208	
<b>Day</b> 111503-01	M-Th	9:00a-2:00p	2/20-2/24	\$264/\$343	
SPRING E	BREAK	,			
<b>Mini</b> 111504-01	M-Th	9:00a-12:00p	4/3-4/7	\$160/\$208	
<b>Day</b> 111504-02	M-Th	9:00a-2:00p	4/3-4/7	\$264/\$343	
MEMORI		Y			
<b>Mini</b> 111505-01	М	9:00a-12:00p	5/29	\$55/\$70	
<b>Day</b> 111505-02	М	9:00a-2:00p	5/29	\$80/\$105	
JUNETEE	NTH				
<b>Mini</b> 111506-01	М	9:00a-12:00p	6/19	\$55/\$70	
<b>Day</b> 111506-02	М	9:00a-2:00p	6/19	\$80/\$105	

# SATURDAYS

# SATURDAY **UNICORN FUN** DAY! NEW!

Ages 5-7. Brighten the dreary, dark, and wet part of the year with a colorful day of unicorn fun! We'll do some crafting, play galloping games, make (healthy) rainbow-colored food, and even create our own uni-animal zoo! Stories and music will help make a bright, magical memory. Small unicorn stuffies are welcome. (Pssst! Combine this with a unicorn item for a fun gift idea) SHC

170285-01 Sa 3/11 \$75 10:00a-2:30p





### SATURDAY SLIME FUN DAY! NEW!

Ages 5-7. Use all your senses and experience a day of slime play! We'll do some simple science, create six or more different slimes and doughs, enjoy some outdoor play, and leave with recipes and containers to take home. Stories and music will help make an unforgettable sensory memory. Dress for a mess. (Pssst! Parents: we promise lidded containers and safe surfaces!) SHC



170285-01 Sa 10:00a-2:00p

\$75

4/1

# SEE ALSO SATURDAY PARENT/PRESCHOOL FUN DAY PAGE 17.



# SATURDAY CHESS TOURNAMENT with Mark Cohen

Ages 6-9. Spend a Saturday polishing chess and strategy game skills against players from all over and compete for chess medals and trophies! Along with chess tournament play, we are adding Mensa strategy games and outdoor breaks for a full day of left-brain/right-brain fun. SHC CONTRACTOR 170254-10 Sa 10:00a-3:00p 3/25 \$60

# SEE ALSO SATURDAY COOKING CLASSES **PAGE 19.**

# EARLY RELEASE

# MONDAY UKULELE CLUB

Ages 6-10. Take an afternoon break from online school for some face-to-face time learning. Bring your ukulele and start jamming at the Rolling Bay Center (formerly Island Music Guild) with strings instructor Randy Parris. All levels are welcome. Must provide own instrument Nine weeks IMG CONTRACTOR

weicome. wust p				
170200-01	Μ	1:00-2:00p	1/23-3/27*	\$185
02	Μ	1:00-2:00p	4/10-6/12**	\$185

^ INO	class :	2/20
** No	o class	5/29



# AFTER-SCHOOL & NO-SCHOOL FUN



# CHESS & STRATEGY GAME CLUB FOR GRADES K-4, 5-6 NEW LOCATION

Chess fosters critical thinking, problem-solving, self-control, sportsmanship, and patience. Strategy games (many from Mensa) offer various color choices for team and solo play. These longer early-release day clubs include a supervised outdoor break, group lessons, plenty of practice, and one-on-one instruction with Coach Mark Cohen. Six weeks. Pool, Ordway Elementary Gym **CONTRACTOR** 

ELEMENTARY G	KADES K	-4				
170252-10	Μ	12:50-2:30p	1/23-3/6*	\$120		
12	Μ	12:50-2:30p	3/13-4/24**	\$120		
ISLAND-WIDE GRADES 5-6+						
170252-11	Μ	2:45-4:15p	1/23-3/6*	\$120		
13	Μ	2:45-4:15p	3/13-4/24**	\$120		
*No club 2/20						
**No club 4/3						

# SEE ALSO YOUTH POTTERY PAGE 18.

# AFTER SCHOOL AT THE SCHOOLS

### YOUTH ORCHESTRA—BEGINNER STRINGS II AT BLAKELY FOR GRADES 2-4

Ages 7-10. CONTINUING FROM FALL. Beginner Strings II will pick up where Beginner Strings I left off, with students continuing their study of the violin, viola, or cello. The class will culminate in a performance at the Spring Concert of the Bainbridge Island Youth Orchestra on Sunday, May 21, at the BHS Theater. Students are responsible for providing their instruments; instruments may be rented from Kids In Concert (KIC) at kickirsten@gmail. com. For further inquiries, please email contact@biyo.us. Blakely Music Boom **CONTRACTOR** 

nuuiii	CON	INAU	, I U N
Violin			

VIUIII				
170291-01	TTh	3:00-4:00p	2/7-5/11*	\$495
Viola				
170291-02	TTh	3:00-4:00p	2/7-5/11*	\$495
Cello				
170291-03	TTh	3:00-4:00p	2/7-5/11*	\$495
*No class 2/21,	2/23, 4/4	, or 4/6		

# THEATRE AT WOODWARD FOR A GRADES 4-7

Explore theatre through choreography, scene work, costuming, and sets. Students will learn a variety of skills to apply to many theatrical genres. In-class production will be shared after the 18-session course. Karen Harp-Reed has 40 years of experience performing and instructing students of all ages. Private and home school students welcome. Held at Woodward so Sakai actors can just walk next door, and late enough for actors in 4th grade to travel. WW **CONTRACTOR** 

#### Winter Play: "The Enchanted Bookshop" by Todd Wallinger

During the day, A Likely Story may look like any other used bookstore. But at night, it's a place where the magic happens. That's when the characters inside the books come alive.

170290-01 TTh 3:30-5:00p 1/17-3/28\* \$205 \*No rehearsal 1/26, 2/21, or 2/23

#### Spring Musical: "Alice Through the Looking Glass By Lewis Carroll, Adapted by Karen Harp-Reed

We will travel into the Looking Glass world with Alice through song, dance, and dialogue. The big chess world of Alice includes such wonderful characters as the Red Queen, White Knight, The Jabberwocky, Tweedle Dum and Tweedle Dee, and many more.

170290-02 TTh 3:30-5:00p 4/18-6/15 \$205\* \*+\$1.00 script copy fee to be paid to the instructor at first class



# **CHESS CLUBS FOR GRADES K-4**

Chess fosters social interaction, critical thinking, problem-solving, self-control, sportsmanship, and patience. Clubs include a supervised outdoor break, group lessons, plenty of practice time, and one-on-one instruction with Bainbridge Black Knights coach Mark Cohen. Five-week sessions. **CONTRACTOR** 

<b>BLAKELY BLAC</b>	K KNIGHT	S		
170250-01	Т	2:20-4:00p	1/17-2/28*	\$95
06	Т	2:20-4:00p	3/7-4/18**	\$95
*No club2/21				
**No club 4/4				
WILKES BLACK	<b>KNIGHTS</b>	5		
170250-04	W	2:20-4:00p	1/18-3/1*	\$80
09	W	2:20-4:00p	3/8-4/19**	\$95
*No club 1/25 or	2/22			
**No club 4/5				

SEE EARLY RELEASE MONDAY CHESS & GAMES CLUB PAGE XX FOR ORDWAY/ ODYSSEY/SAKAI CHESS PLAYERS

# **AFTER-SCHOOL & NO-SCHOOL FUN**



# AFTER SCHOOL, OTHER PLACES



# SEWING CIRCLE FOR GRADES 3-8 🏋

Beginning and experienced sewers will have fun learning about machine and hand sewing through practice, creative projects, pattern creation, and items to keep or share! Includes simple machines, materials, and supplies. Different projects each session. SHC \$110

170220-03 4:30-6:00p 2/28-3/28 Т

# **THURSDAY CHESS & STRATEGY GAME CLUB FOR GRADES K-6**

Ages 5-10. This Thursday club will start with snack time to give all players time to arrive before the group lesson, then plenty of practice time and one-on-one instruction with Coach Mark Cohen, Six weeks, AQ CONTRACTOR

	oodon mian			
170250-22	Th	2:30-4:00p	1/12-3/2*	\$95
23	Th	2:30-4:00p	3/9-4/20**	\$95*
*No club 1/26 o	r 2/23			
**No club 4/6				

# CHECK OUT THE AFTERNOON YOUTH POTTERY CHOICES ON PAGE 18.



# **ROCK CLIMBING**

Emphasizing strength, endurance, balance, and flexibility, rock climbing is more than just a workout: it challenges your mind and your body. All climbing programs are facilitated by experienced instructors from Insight Climbing & Movement. The registration deadline for most climbing programs is three days before the beginning date. For questions about refunds, please see page 4.



# YOUTH CLIMBING FOR BEGINNERS -**INSIGHT CLIMBING STAFF**

Ages 4-6, 7-12. Get your kids climbing our walls and not yours! This two-week course will introduce new climbers to indoor climbing and youth programming at Insight Climbing & Movement, including top-rope climbing, bouldering, and games with other kids. This class will allow your kids to build confidence on and off the wall while giving them a preview of what our youth climbing programs offer. After the program, families will have the information they need to decide which recurring youth climbing program at Insight is the right fit for their young climber! All climbing programs are facilitated by experienced instructors from Insight Climbing & Movement. The registration deadline for most climbing programs is three days before the start date. For questions about refunds, please see page 4. CONTRACTOR

Ages 7-12				
131989-01	F	3:30-4:30p	1/20-1/27	\$83
02	F	3:30-4:30p	3/3-3/10	\$83
Ages 4-6				
03	F	3:30-4:30p	2/3-2/10	\$83
04	F	3:30-4:30p	3/17-3/24	\$83



### WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

# **PRE SCHOOL**

### LADYBUG NATURE WALKS

Ages 2-4. Grab your boots, bundle up and get out of the house! Pre-schoolers and their parents will explore the seasonal changes in the natural world around Bainbridge Island. Park staff will lead each walk with several activities and something to take home. The walks are one hour.

#### WINTER WONDER!

Explore the Camp Yeomalt forest loop path and look for signs of winter: then create a suncatcher to brighten your window

171801-01	+	10:00-11:00a	2/3	\$20 pair
"G" IS FOR GF	KEEN!			

Meet at West Port Madison Park to discover what's happening in spring! Buds, babies, and bug finger puppets!

171801-05	F	10:00-11:00a	3/17	\$20 pair
FEATHERED F	RIENDS			

Meet at Battle Point Park to explore springtime birds, a special bird food snack. and ribbon wings for fluttering!

#### 171801-07 F

**PRESCHOOL &** 

FUN DAY! NEW!

Ages 3-5 with an adult. We'll

gather at Owen's Playground at

the Rotary Ballfield for a morning

of side-by-side play! Create some

simple partner keepsake crafts,

learn some easy finger plays,

eniov some outdoor playaround

exploration, and leave with some

Sa

SATURDAY

PARENT

10:00-11:00a

5/6

new friends. Stories, music and snack time will help make an unforgettable morning. Dress for a mess. (Pssst! Parents: nobody will mind if you arrive late or your little one needs to watch, be held, or cry. Making friends takes time.) **Owen's Playground** 

170285-03

10:00a-12:00p

\$30

\$20 pair

**ARTS, CRAFTS & MORE** 

# SATURDAY **UNICORN FUN DAY!** NEW!

Ages 5-7. Brighten the dreary, dark, and wet part of the year with a colorful day of unicorn fun! We'll do some crafting, play galloping games, make (healthy) rainbow-colored food, and even create our uni-animal zoo! Stories and music will help make a bright. magical memory. Small unicorn stuffies are welcome. (Pssst! Combine this with a unicorn item for a fun gift idea) SHC



170285-01 Sa 10:00a-2:30p 3/11

# SATURDAY SLIME FUN DAY! NEW!

Ages 5-7. This isn't an April Fool's joke! Use all your senses and experience a day of slime play! We'll do some simple science, create six or more different slimes and doughs, enjoy some outdoor play, and leave with recipes and containers to take home. Stories and music will help make an unforgettable sensory memory. Dress for a mess. Pssst! Parents: we promise lidded containers and safe surface rules — no foolina! SHC 170285-02 10:00a-2:30p \$75 Sa

4/1

\$75

# SEE ALSO SPRING BREAK ART FOCUS CAMP FOR AGES 8-11, PAGE 13.

# PARENT/CHILD SEWING WORKSHOP: **SPRING CELEBRATION TABLETOP!**

For ages 8 and up with adult. Spring is here, and it's time to gather around festive spring celebration tables! With a fun choice of fabric, you'll work together on a table runner and other tableware suitable for your favorite spring holiday or family celebration. Create a treasured keepsake for your own table or as a gift for the host. SHC

170224-23 3/18 Sa \$55 pair

# **BRICKS 4 KIDZ JUNIOR LEGO® ROBOTICS NEW!**

Ages 6-10. Using software while working on provided tablets, kids can program the model builds they craft using Bricks 4 Kidz model plans and LEGO(R) technology to spin, walk, tumble, play music, and more! Bricks 4 Kidz robotics bridges the physical world, represented by the models, and the virtual world of computers and programming software, providing a hands-on learning experience that actively involves young students in their learning process. All students take home a custom Minifigure at the end of the session (kits are re-used, not taken home.) Different model lessons each 5-week session SHC CONTRACTOR

Each J-WEEK 3	5531011. 01	CONTINACTOR		
170244-01	Т	6:00-7:00p	1/17-2/14	\$80
02	Т	6:00-7:00p	2/28-3/2	\$80



# BRICKS 4 KIDZ CODING CLASS: VIDEO GAME DESIGN NEW!

Ages 8-14. Develop a range of coding and problem-solving skills as they create fun video games in this 8-week coding class. Your young game designer will think creatively, reason systematically, and work collaboratively to create various video games. Each game progressively teaches more advanced capabilities within the video game design software. Students will be proud and excited to play their very own completed video games! Different challenges in each of the eight weeks are targeted for every age and skill level. SHC **CONTRACTOR** 

170249-01	Т	6:00-7:00p	4/18-5/30	\$128

# **GLASS ART**

# GLASS FUSING WORKSHOPS

Ages 8-14 and an adult. Joyful and high-success workshops for everyone enchanted with the brilliance of glass. Learn beginning fusing techniques as you craft your unique gift for a loved one. All tools and materials are included. Led by Julie Hews-Everett at Island Spectrum Design glass studio.



#### **BE MY VALENTINE**

An everlasting symbol! In two hours, you will create two glass hearts using two different fusing styles. **CONTRACTOR** 

166668-02	Sa	2/4	2:00-4:00p	\$90 Child and Adult together

#### NIGHT LITES CONTRACTOR

166669-01	Sa	3/11	10:00a-12:00p	\$75 Adult
02	Sa	3/11	2:00-4:00p	\$90 Child and Adult together

#### IT'S A BUG'S LIFE

Create a fun, unique bug out of fused glass and wire! You will create one or two adorable creatures in this two-hour workshop. **CONTRACTOR** 166667-02 Sa 4/15 2:00-4:00p \$90 Child and Adult together

#### **SUNCATCHER**

Create your brilliant design that catches the eye and the sun! You'll be thrilled at what you'll be hanging in your window! **CONTRACTOR** 166666-02 Sa 5/20 2:00-4:00p \$90 Child and Adult together

# POTTERY

# POTTERY: HAND-BUILDING & SCULPTURE NEW!

Ages 7-13. Imaginative theme-based projects will help focus the learning and skill progression. Practice with tools and techniques involving coil, slab, and sculpture will combine with the young artist's creativity to produce fantastic, finished pieces. Artist/instructor Heather Polverino leads the fun. Six weeks. ED

#### **MYTHICAL CREATURES AND WHERE TO FIND THEM**

From dragons in castles to Bigfoot in the forest, we'll use our hands to make our imaginations make our clay creations come to life.

Ages 7-9				
122007-01	Μ	2:45-4:15p	1/23-3/6*	\$130
Ages 10-13				
122007-03	Т	4:00-5:30p	1/24-3/7*	\$130
*No class 2/20 (	or 2/21	·		

#### **AMAZING ANIMALS**

We will explore our furry, scaly, and feathered friends and the environments in which they live. We'll have a blast creating unique animal projects, from birds and baths to fish dishes.



# POTTERY: YOUTH & TEEN WHEEL-THROWN AND HAND BUILDING

Ages 10-13. For young artists serious about clay skills. This fun class focuses on the techniques of throwing and the development of form by combining thrown pieces with hand-built parts. Hand building basics will be covered with a variety of fun projects. Interesting finishing techniques will be introduced, including decorative brushwork. Six weeks. ED

122008-01 M 4:30-6:00p 1/23-3/6\* \$147 \*No class 2/20

### TEEN POTTERY SAMPLER AND WORKSHOP NEW!

Ages 13-17. In this exclusively teen class, we'll be covering the basics! Each week will focus on a different skill or piece of studio equipment. A terrific intro for teens just wishing to sample clay art as well as those considering taking one of the adult classes. We'll take turns with the playlist.

122008-01	W	4:00-5:45p	1/25-3/8*	\$165
02	W	4:00-5:45p	4/26-5/31	\$165
*No class 2/22				

# POTTERY: 🖈 YOUTH CLAY CLUB

Ages 10-15, with previous pottery skills. Facilitated by Elena Wendelyn and studio staff. This supervised semi-independent studio time allows the young artist to focus on the techniques and projects they find most interesting. Includes one 25# bag of clay of their choice. Six weeks. ED 122015-11 Th

3:45-5:45p 4/13-5/18 \$160





# POTTERY: HOMESCHOOL CLAY **ART SAMPLER**

Ages 8-17. By request, we offer a short daytime pottery opportunity for youth! Whether this fits into your homeschool lesson plans or provides art enrichment to online learning, this introductory ceramics class can be modified for individual interests. Learning about pottery can fit into History, Physics, Chemistry, and Art and provides small-group socialization. (Parents, this could be a great opportunity to meet, walk, or run a few errands while students are in class!) Different age-appropriate skills and projects will be introduced weekly. Includes a little practice clay that you may work at home and return. Four weeks. ED

122010-01	Т	10:00a-12:00p	5/16-6/6	\$100
02	Ť	10:00a-12:00p	5/16-6/6	\$75*
*Reduced fee	for an add	litional student in the s	-,, -	

# **PARENT-CHILD** FRIDAY CLAY PLAY

Ages 5 and up with a parent. Fun, creative two-afternoon workshops result in beautiful keepsakes and whimsical pieces. Simple guided projects and free play with clay will make giggles and memories! No previous clay experience is needed! Led by instructor/artists Katie Bonanno and Heather Polverino. Materials included. Space is limited. ED

#### **HEARTS!**

**TILE FUN!** 

Work together to make some heart art! Create heart-themed vessels, hanging ornaments, or table scatters. 122006-03 F

3:30-5:00p

1/13 & 1/27 \$50

#### Work together to make custom tiles! New house numbers? Small signs with a favorite saying? A child's name, perhaps?

SNAILS & SNAKES! N	EW		
122006-07 F	3:30-5:00p	4/14 & 4/28	\$50

Work together to use the wall-mounted extruder to create whimsical snails and snakes!

122006-05	F	3:30-5:00p	3/10 & 3/24	\$50
FAIRY DOORS!	NEW			

Work together to make a wee fairy door to brighten your garden or wall! \$50 122006-04 F 3:30-5:00p 5/19 & 6/2

**SEE ALSO** SATURDAY **PRESCHOOL** & PARENT FUN DAY **PAGE 17.** 







# **COOKIE DECORATING: EDIBLE** VALENTINES!

Ages 8-14. Serious valentine-creators can spend an afternoon learning cookie art and decorating some amazing heart-themed cookies! Whether beautifully detailed lace or funky emojis are your style, there will be delicious fun enough to share in the Strawberry Hill Center cookie kitchen. Kristin Raught. SHC 170967-01 1:00-4:00p 2/11 \$60 Sa

# COOKIE **DECORATING: SPRING FLING!**

Ages 8-14. Serious budding pastry chefs can spend an afternoon learning cookie and cupcake decorating with a seasonal twist! Whether colorful flowers or fuzzy caterpillars are your style, there will be delicious fun and skill-building for everyone in the Strawberry Hill Center cookie kitchen. Kristin Raught instructs. SHC



170967-02 Sa 1:00-4:00p 5/6

\$60

#### T KIDS CAN COOK: SPRING ROLLS! NEW!

Ages 6-10 (and adults!). For kids who like to help in the kitchen! Spring into spring with these fresh — not fried — spring rolls! Kids will create their custom-made rolls, naturally gluten-free and with the option of being completely vegetarian! This healthy snack or meal is fun to roll and fun to dip, so we will also include opportunities for yummy sauces. Come alone or bring a parent or caregiver! Recipes will be provided so kids can continue cooking at home. Join instructor and Nutritionist Cait James and have some fun in the kitchen. SHC

Morning Cooking Klas!						
Sa	9:00-11:00a	4/15	\$50			
king Kids 8	k Adults! NEW					
Sa	12:00-2:00p	4/15	\$65			
	Sa king Kids 8	Sa 9:00-11:00a king Kids & Adults! NEW	Sa 9:00-11:00a 4/15 king Kids & Adults! NEW			



# **GYMNASTICS**

The developmental gymnastics program helps to introduce and refine total body awareness, strength, and coordination. A child may enter the program at the age of six months and work through the advanced classes, including a competitive team, until age 19. Because gymnastics classes are offered all year, we have the opportunity to instill in children the need for physical activity as a lifestyle. It also allows us to equip the children with fundamental movement skills conducive to each developmental stage.

#### WINTER

SESSION I: JANUARY 17-FEBRUARY 17 (FIVE WEEKS, FOUR WEEKS FOR MONDAYS AND SATURDAYS) SESSION II: FEBRUARY 27-MARCH 24 (FOUR WEEKS, THREE WEEKS FOR SATURDAYS)

#### **SPRING**

SESSION I: APRIL 10-MAY 13 (5 WEEKS) SESSION II: MAY 15-JUNE 10 (4 WEEKS) \*NO CLASSES 5/29

# ALL CLASSES ARE ELIGIBLE FOR HELPLINE UNLESS IT IS NOTED AT THE END OF THE CLASS DESCRIPTION.

#### **DIRECTIONS TO THE TRANSMITTER BLDG**

From Winslow, drive north on SR-305. Turn left on Day Road and stay left onto Miller. Follow Miller Road for about 1 ½ miles, then turn right on Arrow Point Drive. Continue on Arrow Point Drive until the entrance to Battle Point Park. Turn left into the park; the Transmitter Building will be directly ahead. Parking will be around the loop to KidsUp! Playground.

#### LOCATION OF BHS GYMNASTICS ROOM

The BHS Gymnastics Room is located directly across the parking lot from the pool back doors or in the back of the high school. **PARKING for Gymnastics Room:** Please use the pool parking area during day hours, 9:00a-3:00p, and walk to the gym using the sidewalk west of the pool parking lot. Evening classes may use the parking area outside the gymnastics room. Parking is also available at the Commodore Facility on High School Road, down the hill from the high school reader board. Spectator seating area is on the balcony located at the back of the gym. Please use the south entrance to the gym, when possible, to help control the traffic flow in the gym. Be aware of the parking lot in the evenings; many cars drop off children at the gymnastics room or school events. These drive-through areas are congested, and drivers must be aware of other vehicles, especially pedestrians.



#### WARM-UPS

Warm-ups and essential skill repetitions are held during the first 10 to 15 minutes of class. These are important for the assurance of muscle safety and memory retention. Children must participate in these warm-up exercises to reduce the risk of injury. Please be fair to the other children, your child, and the instructor by arriving on time. **Late Policy:** If you find that you will be more than 10 minutes late for recreational classes, we ask that your child not participate that day. Please do not place our instructor in the situation of turning away your child for this reason. **What to wear:** Girls; leotard or one-piece bathing suit with or without shorts, hair up, and jewelry off. Boys, wear shorts or sweats with a shirt and jewelry off. Please, no buttons or zippers.



### INDIVIDUALIZED INSTRUCTION

Special one-on-one instruction. Call the gymnastics department to request your lesson day/time and instructor — at 206-842-2306 #126. Instructors will then call to give details and to arrange times.

**COST:** \$60/45 minutes for the individual

- \$85/60 minutes for the individual
  - Add \$5 for extra child from immediate family (one only)

# GYMNASTICS PLAYTIME AT THE TRANSMITTER BUILDING

Ages 6 months-5. Give your little ones a chance to explore their proprioception in a padded indoor environment where they can jump and roll over mats, bounce on a trampoline, swing on bars, and move across balance beams. This is great for children who are not quite ready for a fully structured class but still need an outlet for their explorative energy. A parent or guardian must attend with child(ren) with a max limit of two children per person. The cost is per child. Playtime is available Tuesday-Friday from 10:00-11:30a beginning January 3.

Drop-in fee: \$10 5-Visit punch pass: \$40 10-Visit punch pass: \$80

- Please comply with all the rules posted. This will keep the play area safe for all participants.
- When you arrive, please check in with the gym supervisor
- Always keep within arm's reach of your child
- There is a limit of two children per adult
- No adults allowed on equipment
- All other rules are posted on a handout given to you and in the gym



# EXTRA GYMNASTICS WORKOUT (OPEN GYM)

Ages 6 and up. Here's a chance to improve your skills. This extra time will allow you an opportunity to receive additional instruction and practice on areas needing improvement. This is available to students who are currently or have been involved in Park District gymnastics programs. Beginner through team level. BHS Gymnastics Room.

141500-01	Sa	2:30-4:00p	1/21	\$15
02	Sa	2:30-4:00p	1/28	\$15
03	Sa	2:30-4:00p	2/4	\$15
04	Sa	2:30-4:00p	2/11	\$15
05	Sa	2:30-4:00p	3/4	\$15
06	Sa	2:30-4:00p	3/11	\$15
07	Sa	2:30-4:00p	3/18	\$15
08	Sa	2:30-4:00p	3/25	\$15
09	Sa	2:30-4:00p	4/15	\$15
10	Sa	2:30-4:00p	4/22	\$15
11	Sa	2:30-4:00p	4/29	\$15
12	Sa	2:30-4:00p	5/6	\$15
13	Sa	2:30-4:00p	5/13	\$15
14	Sa	2:30-4:00p	5/20	\$15
15	Sa	2:30-4:00p	5/27	\$15

#### PLEASE COMPLY WITH ALL THE RULES POSTED.

When you arrive, please check in with the gym supervisor All other rules are posted on a handout given to you and in the gym.

# SPRING BREAK CLINICS

# CHEER 📌 TUMBLING CLINIC

Ages 6-18. This clinic is for those participating in cheer programs and those planning to. Participants will be taught tumbling skills based on their skill set (beginning-advanced). BHS Gymnastics Room 141519-01 T 2:00-4:00p 4/4 \$61

# PARKOUR/NINJA CLINIC

Ages 6-17. Students will be introduced to various skills in a safe environment. This will be an excellent opportunity for first-time participants and those with more experience to continue improving their parkour skills. Transmitter 141582-01 WTh 2:00-4:00p 4/5-4/6 \$121



# **SPECIALITY CLASSES**

**Late Policy:** If you find that you will be more than 10 minutes late for a class, we ask that your child(ren) not participate that day. Warm-ups and essential skill repetitions are held during the first 10 to 15 minutes of class. These are important for the assurance of muscle safety and memory retention. To reduce the risk of injury, your child(ren) must participate in these warm-up exercises. Please be fair to the other participants, your child(ren), and the instructor by arriving on time.

# CHEER & GYMNASTICS 🎵

Ages 12-17. Students will learn gymnastics skills on the floor and trampoline to help enhance their Cheer tumbling. Example skills include aerials, back and front handsprings, round-offs, and stunting, BHS Gymnastics Boom

nanasprings, round-ons, and stanting. Drie dynnastics noon				
141562-01	W	5:00-6:00p	1/18-2/15	\$120
02	W	5:00-6:00p	3/1-3/22	\$96
03	W	5:00-6:00p	4/12-5/10	\$120
04	W	5:00-6:00p	5/17-6/7	\$96

# HANDSPRING & TUMBLING CLASS 🏋

Ages 6-17. This class will focus on back handsprings and front handsprings, along with other aspects of tumbling. Students will be taught how to do handsprings and other tumbling skills along with the drills, techniques, flexibility, and strength training to perform them correctly. Transmitter

ou ongen daming to portoin dioin concerty. Hanonneter				
141545-01	Th	6:15-7:15p	1/19-2/16	\$120
02	Th	6:15-7:15p	3/2-3/23	\$96
03	Th	6:15-7:15p	4/13-5/11	\$120
04	Th	6:15-7:15p	5/18-6/8	\$96

# PARKOUR/NINJA WARRIOR AGES 6-17 🏋

Ages 6-17. For female and male students who want to learn to run, leap, jump or flip off walls and navigate obstacle courses. The class will have some time outside working tricks (weather permitting). Classes held at Transmitter; \*Saturday classes held at BHS Gymnastics Room



141557-01	Th	5:00-6:00p	1/19-2/16	\$120
02	Sa*	11:00a-12:00p	1/21-2/11	\$96
03	Th	5:00-6:00p	3/2-3/23	\$96
04	Sa*	11:00a-12:00p	3/4-3/18	\$80
05	Th	5:00-6:00p	4/13-5/11	\$120
06	Sa*	11:00a-12:00p	4/15-5/13	\$120
07	Th	5:00-6:00p	5/18-6/8	\$96
08	Sa*	11:00a-12:00p	5/20-6/10	\$96



# PRESCHOOL & KINDER-AGE (4-6 YEARS)

**Late Policy:** If you find that you will be more than 10 minutes late for a class, we ask that your child(ren) not participate that day. Warm-ups and essential skill repetitions are held during the first 10 to 15 minutes of class. These are important for the assurance of muscle safety and memory retention. To reduce the risk of injury, your child(ren) must participate in these warm-up exercises. Please be fair to the other participants, your child(ren), and the instructor by arriving on time.

# PRESCHOOL

Ages 3-4. Intro to gymnastics for both boys and girls. Skills taught include basic tumbling, uneven bar skills, balance beam, and vaulting techniques. Transmitter Building; \*Sa at BHS Gymnastics Room

Dunung, Ou c	at Dirio Gymmu			
141505-01	W	12:00-12:45p	1/18-2/15	\$110
02	F	12:00-12:45p	1/20-2/10	\$110
03	Sa*	9:00-9:45a	1/21-2/11	\$86
04	W	12:00-12:45p	3/1-3/22	\$86
05	F	12:00-12:45p	3/3-3/24	\$86
06	Sa*	9:00-9:45a	3/4-3/18	\$73
07	W	12:00-12:45p	4/12-5/10	\$110
08	F	12:00-12:45p	4/14-5/12	\$110
09	Sa*	9:00-9:45a	4/15-5/13	\$110
10	W	12:00-12:45p	5/17-6/7	\$86
11	F	12:00-12:45p	5/19-6/9	\$86
12	Sa*	9:00-9:45a	5/20-6/10	\$86

# **FUN SIZE NINJAS**

Ages 4-6. This class is for children interested in doing things like a Ninja Warrior. Students will be led through various skills which will help them get through obstacle courses set up by the instructor. Each week will be a different course with a different focus. This class is for children to explore different ways to climb, jump, crawl, swing, balance — whatever it takes to get over, under, and around obstacles while having fun. Transmitter Building; \*Sa at BHS Gymnastics Room

141534-01	W	4:15-5:00p	1/18-2/15	\$110
02	Th	4:00-4:45p	1/19-2/16	\$110
03	Sa*	10:00-10:45a	1/21-2/11	\$86
04	W	4:15-5:00p	3/1-3/22	\$86
05	Th	4:00-4:45p	3/2-3/23	\$86
06	Sa*	10:00-10:45a	3/4-3/18	\$73
07	W	4:15-5:00p	4/12-5/10	\$110
08	Th	4:00-4:45p	4/13-5/11	\$110
09	Sa*	10:00-10:45a	4/15-5/13	\$110
10 11 12	W Th Sa*	4:15-5:00p 4:00-4:45p 10:00-10:45a	5/17-6/7 5/18-6/8 5/20-6/10	\$86 \$86 \$86

# **BOYS ONLY KINDERGYM**

Ages 4-6. Intro to Kindergym for boys ONLY! Those four years of age must have completed at least one preschool gym session, and students must be able to take directions from the teacher. Skills will be taught on all boys' equipment, including floor, pommel horse, rings, vault, parallel bars, and high bar. BHS Gymnastics Room

141512-01	M	4:00-4:45p	1/23-2/13	\$86
02	M	4:00-4:45p	2/27-3/20	\$86
03 04 *No Class 5/29	M M	4:00-4:45p 4:00-4:45p	4/10-5/8 5/15-6/5*	\$110 \$73



# **KINDERGYM**

Ages 4-6. Intro to Kindergym for both boys and girls. Skills taught include basic tumbling, uneven bar skills, balance beam, and vaulting techniques. Transmitter Building: \*Saturday at BHS Gymnastics Room

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141506-01	Μ	4:00-4:45p	1/23-2/13	\$86
02	F	1:00-1:45p	1/20-2/10	\$110
03	Sa*	9:00-9:45a	1/21-2/11	\$86
04	Μ	4:00-4:45p	2/27-3/20	\$86
05	F	1:00-1:45p	3/3-3/24	\$86
06	Sa*	9:00-9:45a	3/4-3/18	\$73
07	Μ	4:00-4:45p	4/10-5/8	\$110
08	F	1:00-1:45p	4/14-5/12	\$110
09	Sa*	9:00-9:45a	4/15-5/13	\$110
10	Μ	4:00-4:45p	5/15-6/5*	\$73
11	F	1:00-1:45p	5/19-6/9	\$86
12	Sa*	9:00-9:45a	5/20-6/10	\$86
*NI OI E /00				







# SCHOOL AGE (6-17 YEARS)

Late Policy: If you find that you will be more than 10 minutes late for a class, we ask that your child(ren) not participate that day. Warm-ups and essential skill repetitions are held during the first 10 to 15 minutes of class. These are important for the assurance of muscle safety and memory retention. To reduce the risk of injury, your child(ren) must participate in these warm-up exercises. Please be fair to the other participants, your child(ren), and the instructor by arriving on time.



# BEGINNER — GIRLS 🏋

Ages 6-17. For girls with no gymnastics experience or who have some experience in all the events but are still working on mastering them. The instructor challenges each participant based on their skill level. The class concentrates on the instruction of basic tumbling and skill work on each of the girls' apparatus. Transmitter Building \*Saturday at BHS Gymnastics Boom

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141531-01	MW	5:00-6:00p	1/18-2/15	\$202
02	Sa*	12:15-1:15p	1/21-2/11	\$96
03	MW	5:00-6:00p	2/27-3/22	\$179
04	Sa*	12:15-1:15p	3/4-3/18	\$80
05	MW	5:00-6:00p	4/10-5/10	\$224
06	Sa*	12:30-1:15p	4/15-5/13	\$120
07	MW	5:00-6:00p	5/15-6/7*	\$157
08	Sa*	12:15-1:15p	5/20-6/10	\$96
*No Class 5/29				

# INTERMEDIATE AND ADVANCED — GIRLS 🏋

Ages 6-17. For the serious gymnast! Must have completed the beginning level. This class is geared toward training girls to reach a competitive level or build a repertoire of skills strength and flexibility Transmitter Building.

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141533-01	MW	3:00-4:00p	1/18-2/15	\$202
02	MW	6:00-7:30p	1/18-2/15	\$243
03	MW	3:00-4:00p	2/27-3/22	\$179
04	MW	6:00-7:30p	2/27-3/22	\$216
05	MW	3:00-4:00p	4/10-5/10	\$224
06	MW	6:00-7:30p	4/10-5/10	\$270
07	MW	3:00-4:00p	5/15-6/7*	\$157
08	MW	6:00-7:30p	5/15-6/7	\$216
*No Close E/20	1			

# BOYS GYMNASTICS — BOYS 🖈

Ages 6-17. For boys of all experience levels. The instructor challenges each par- ticipant based on their skill level. The class concentrates on the instruction of basic tumbling and skill work on all the boys' apparatus. BHS Gymnastics Room				
141540-01	MW	5:30-6:30p	1/18-2/15	\$202
02	MW	5:30-6:30p	2/27-3/22	\$179
03	MW	5:30-6:30p	4/10-5/10	\$224
04	MW	5:30-6:30p	5/15-6/7*	\$157
*No Class 5/29				



# BAINBRIDGE ISLAND BOYS GYM TEAM 🏋

For grade school through high school age. The team will attend regional events, participating in USAG Levels 4-10 competitions. Team members are selected by ability and space availability. Additional costs are involved. Contact the Gymnastics department at the Park District for more information.

# BAINBRIDGE ISLAND GIRLS GYM TEAMS 🏋

For grade school through high school age. The team will travel to regional events, participating in USAG Level 3-10 and Xcel competitions. Team members are selected by ability and space availability. Additional costs are involved. Contact the gymnastics department at the Park District for more information.

# **TEEN JOB OPPORTUNITIES**

Contact Audree at 206-842-5661 #142 or AudreeG@biparks.org to get more information.

#### **EMPLOYMENT**

Spring Soccer League Referee/Mentors Applicants must be 14 years old. Summer Camp Director Applicants must be at least 18 years old. Summer Camp Counselor Applicants must be at least 16 years old. Summer Recreation Assistant Applicants must be at least 14 years old. Summer Recreation Companion Applicants must be at least 14 years old.

#### SUMMER VOLUNTEER

Summer Camp Aide Volunteer to assist camp counselors with our summer sports camps. This is an excellent opportunity for students from ages 12-18 looking for community service hours or those just wanting to give back to the community



# **EXERCISE AND FITNESS**



# **VOLLEYKIDS – DRILLS AND SKILLS**

Ages 4-8. VolleyKids is designed to teach boys and girls the FUNdamentals of volleyball. We'll use large volleyballs, pool noodles, and other fun equipment in our drills for this age group. Do you know the game of volleyball? Volunteer to help our coaches and receive 25% off your child's registration. Wilkes

#### Ages 4-8

112911-01	Th	4:15-5:00p	1/19-2/16	\$95
02	Th	4:15-5:00p	3/2-3/30	\$95
03	Volunt	eer to help coach		

# VOLLEYBALL YOUNG BEGINNER – DRILLS AND SKILLS

Grades 2-5. Open to girls and boys; Skills training and mini-games; Volley-Lite volleyballs; Reduced-height net. Do you know the game of volleyball? Volunteer to help our coaches and receive 25% off your child's registration. Wilkes

Grades 2-5				
112912-01	Th	5:15-6:00p	1/19-2/16	\$130
02	Th	5:15-6:00p	3/2-3/30	\$130
03	Volunt	eer to help coach		

# VOLLEYBALL BEGINNER AND 📌 INTERMEDIATE – SKILLS, DRILLS, LEAGUE

Grades 4-9. Open to both boys and girls. Modified rules, skills training, position training, and mini-games. Do you know the game of volleyball? Volunteer to help our coaches and receive 25% off your child's registration. Wilkes

#### **Grades 4-9 Beginner**

	ogimioi			
112913-01	Th	6:15-7:15p	1/19-2/16	\$150
02	Th	6:15-7:15p	3/2-3/30	\$150
03	Volunte	er to coach your ch	nild's team	
Grades 4-9 l	ntermediate			
112914-01	Th	7:30-8:30p	1/19-2/16	\$150
02	Th	7:30-8:30p	3/2-3/30	\$150
03	Volunte	er to coach your ch	nild's team	

### **GO RUN FOR GIRLS**

Grades 4-6. Go run and have fun! Try out running and power walking as an all-girls team experience. Join a team focusing on goal-setting and confidence-building for girls in grades 4-6. Experienced adult coaches and positive high school mentors create an environment that supports and enhances team members' physical, emotional, and social well-being. Varied running and power-walking workouts include warm-ups, running games, relays, and runs on the track, field, trails, and neighborhoods. The season's special event is the Viking Fest fun run in Poulsbo. (date TBD.) The fee includes T-shirt and a race entry fee. Meets at Sakai Intermediate School, with field trips to island trails and parks. Scholarships are available through Go Run; contact the Park District registration office to request one. CONTRACTOR 111388-01 \$205 TTh 3:45-5:15p 4/11-5/18

# PRIVATE, SEMI-PRIVATE, AND GROUP VOLLEYBALL LESSONS AT BIRC WITH AUDREE NEW!

Ages 10 and up. Come learn the game of volleyball or come work on your skills with former collegiate player Audree. Private lessons are affordable for all who want to improve their game. For more information, please email audreeg@biparks.org. BIRC

- 112916-01 Private Lessons: 1 hour, 1 player = \$40
  - 02 Semi-Private Lessons: 1 hour, 2 players = \$55
  - 03 Group Lessons: 1 hour, 4 players = \$190
  - 04 Private Lessons: 5-pack of 1 hour = \$185

# TEEN KICKBALL LEAGUE NEW!

Ages 13-18. Grab your friends and join us for a fun day of kickball. Four games of awesome kickball are guaranteed. Official kickball rules will be used, except where noted. For a complete list of rules, contact us. The winning team receives a championship prize. BPP

113703-01 Th 6/22-7/27 6:30-8:00p \$30 per person





# TINY TOTS SOCCER

Ages 1.5-2.5. Tiny Tots Soccer classes introduce toddlers to soccer with games that allow them to kick a ball, jump, run, and play. Tots will learn basic soccer skills while working on their balance and coordination. BPP

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112300-01	Sa	9:30-10:00a	3/4-4/1	\$95
02	Sa	9:30-10:00a	4/15-5/13	\$95



# SOCCER SQUIRTS

Ages 2.5-3.5. Parents and squirts will play organized games together, led by our instructor, which will help develop listening skills, balance, and foot-eye coordination and, of course, soccer skills. BPP

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112301-01	Sa	10:15-10:45a	3/4-4/1	\$95
02	Sa	10:15-10:45a	4/15-5/13	\$95

# **PRE-KICKS SOCCER**

Ages 3-4. Pre-Kicks is designed for children who want to explore soccer but are not quite ready to be on the field without a parent or caregiver. Classes focus on increasing balancing skills, coordination, and fundamental soccer skills while also helping children build a sense of independence. BPP

112302-01	Sa	11:00-11:30a	3/4-4/1	\$95	
02	Sa	11:00-11:30a	4/15-5/13	\$95	



# WINTER SATURDAY SOCCER LEAGUE March 4-April 1

Ages 4-6: 20 minutes of small group skills and drills. 20 minutes of scrimmages.

**Ages 6-8:** 20 minutes of small group skills and drills. 20 minutes of scrimmages.

**Skill Sessions:** Volunteer coaches will implement the skill sessions we will provide. Each skill session will be geared toward the appropriate age group.

**Player Equipment:** Soccer cleats are optional. Shin guards are strongly recommended.

**Team Placement:** Players will be placed with friend requests when possible. **Volunteer Coaching:** We rely on volunteers to help make this program successful. No experience is necessary. We can help you along the way. Volunteer coaching duties include helping manage your team during skill sessions and scrimmages. Volunteer coaches receive 50% off their child's soccer registration fee. BPP

#### The program cancellation deadline is February 10.

1

12303-01	4-6 year-old girls	9:30-10:15a	\$130
02	4-6 year-old boys	10:45-11:30a	\$130
03	6-9 year-old girls	9:30-10:15a	\$130
04	6-9 year-old boys	10:45-11:30a	\$130

#### SPRING SATURDAY SOCCER LEAGUE April 15-May 20

**Ages 4-6:** 20 minutes of small group skills and drills. 20 minutes of scrimmages.

Ages 6-8: 20 minutes of small group skills and drills. 20 minutes of scrimmages.

**Skill Sessions:** Volunteer coaches will implement the skill sessions we will provide. Each skill session will be geared toward the appropriate age group.

Player Equipment: Soccer cleats are optional. Shin guards are strongly recommended.

**Team Placement:** Players will be placed with friend requests when possible.

**Volunteer Coaching:** We rely on volunteers to help make this program successful. No experience is necessary. We can help you along the way. Volunteer coaching duties include helping manage your team during skill sessions and scrimmages. Volunteer coaches receive 50% off their child's soccer registration fee. BPP

#### The program cancellation deadline is March 10.

1

12303-05	4-6 year-old girls	10:45-11:30a	\$140
06	4-6 year-old boys	9:30-10:15a	\$140
07	6-9 year-old girls	10:45-11:30a	\$140
08	6-9 year-old boys	9:30-10:15a	\$140

# WINTER BIFC PLAYER DEVELOPMENT ACADEMY

Bainbridge Island FC's Player Development Academy program is a pre-select level league for players who are passionate about soccer and are looking to advance individual and team skills. Players will play in a developmental six-game season, including indoor (futsal) and outdoor training and games. The program runs from January 30-March 25 and is open to players born in 2013, 2014, and 2015. Before registering, please visit www/bifc.net for specific details and a schedule. There will be no training or games during the BISD mid-winter break



games during the BISD mid-winter break. Email ian@bifc.net for more information. Various locations. **CONTRACTOR** 

#### Boys born in the years 2013, 2014 and 2015

	0410 E010,	Eoi i ana Eoio		
512303-01	MWSa	Monday @ Wilkes	3:00-4:00p	\$310
03	MWSa	Monday @ Wilkes	4:00-5:00p	\$310
05	MWSa	Monday @ Sakai	2:10-3:10p	\$310
07	MWSa	Monday @ Sakai	3:10-4:10p	\$310
08	MWSa	Monday @ Sakai	4:10-5:10p	\$310
Girls born in the y	ears 2013,	2014 and 2015		
02	MWSa	Monday @ Wilkes	2:00-3:00p	\$310
04	MWSa	Monday @ Wilkes	5:00-6:00p	\$310
06	MWSa	Monday @ Sakai	5:10-6:10p	\$310

# BIFC SELECTED WINTER ADVANCED TRAINING

Bainbridge Island FC's Advanced training program is open to boys and girls born 2009-2012. The program will focus on individual skills development for current or aspiring select-level players. BPP **CONTRACTOR** 

This program can be an extension of the BIFC Select program or an introduction to the Bainbridge Island FC competitive program. Questions? Contact BIFC Technical Director Phil Avison email at techd@bifc.net

 512314-01
 TTh
 2/28-3/30
 4:00-5:30p
 \$150

 Tuesdays: Select Groups Training Sessions
 Thursdays: Games



# SPRING WEEKNIGHT BIFC SOCCER

Bainbridge Island FC spring soccer returns for players of all skills and ability levels, with the convenience of no weekend games. Director of Coaching lan Mc-Callum leads our volunteer coaching staff, delivering team training sessions on Mondays and games on Wednesdays. FREE Registration for volunteer coaches' children. Visit www.bifc.net for more details. The fee includes a blue and white BIFC jersey. CONTRACTOR

#### Grades 5-8

Coed	112313-01	4/12-5/31	\$159
	Monday	2:15-3:15pm and Wednesday 3:45-4:45	p @ Woodward MS

#### Kindergarten

Coed 112310-01	4/12-5/31	\$115
		Wednesday 4:15-5:00p @BPP

#### Grades 1-2

Boys 112311-01	4/12-5/31	\$159
Girls* 112311-02	4/12-5/31	\$159
	Monday 3:45-4:45p and Wednes	sdav 5:00-6:00p @BPP

#### Grades 3-4

Boys 112312-01	4/12-5/31	\$159
Girls* 112312-02	4/12-5/31	\$159

Monday 5:15-6:15p and Wednesday 6:15-7:15p @BPP \*Girls have the option to register for the boy's program.

# **BIFC TOPSOCCER**

Bainbridge Island FC TOPSoccer is a community-based program for players with disabilities, open to any player on the Olympic Peninsula. The TOPSoccer program is designed to bring the opportunity of learning and playing soccer to any boy or girl with a mental or physical disability. Our goal is to enable thousands of young players to become valued and successful members of our BIFC family. Woodward CONTRACTOR

For more inform	ation, email	ian@bifc.net		
112332-01	Μ	5:15-6:15p	4/17-5/22	Free
TOPSoccer Co	bach			
Volunteer as a 1	OPSoccer co	oach. No experience	e is necessary.	
112332-02	Μ	5:15-6:15p	4/17-5/22	Free



### **SPRING BIFC MINI KICKERS**

Ages 3-5. Join Bainbridge Island FC's Director of Coaching and staff for our weekday preschool coed soccer class. Children play and learn through fun, dynamic names and activities RPP CONTRACTOR

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112320-01	Т	1:00-1:45p	4/25-5/30	\$115
02	F	10:00-10:45a	4/28-6/2	\$115

# **RACKET SPORTS**



# **CLASSES AT BIRC**

### HOT SHOTS PICKLEBALL AT BIRC

Ages 3-6. A fun-filled 30-minute lesson will develop hand-eye coordination, balance, and the foundation of some pickleball skills. Parents are encouraged to participate in this innovative program. BIRC

			Member/ N	on-Member
112730-01	Su	12:15-12:45p	1/22-2/12	\$65/\$83
02	Su	12:15-12:45p	3/5-3/26	\$65/\$83
03	Su	12:15-12:45p	4/16-5/7	\$65/\$83

### **ROOKIES PICKLEBALL AT BIRC**

Ages 6-9. This class is excellent for younger budding pickleball players. Along with introducing the game in a modified way, we'll work on essential skills and hand-eye coordination. BIRC

			wember/ N	on-iviember
112731-01	Su	12:55-1:25p	1/22-2/12	\$65/\$83
02	Su	12:55-1:25p	3/5-3/26	\$65/\$83
03	Su	12:55-1:25p	4/16-5/7	\$65/\$83

# PICKLEBALL 101 FOR KIDS AT BIRC

Ages 9-14. Play the game that was invented right here on Bainbridge Island. Pickleball is easy to learn and fun to play. All levels of fitness and skill are welcome. Paddles are available for use, but if you have your own, please feel free to bring them. BIRC

			Member/ N	on-Member
112732-01	Su	1:35-2:15p	1/22-2/12	\$73/\$93
02	Su	1:35-2:15p	3/5-3/26	\$73/\$93
03	Su	1:35-2:15p	4/16-5/7	\$68/\$93

# BADMINTON 101 FOR KIDS AT BIRC 🟋

Ages 9-14. Badminton is a fun, simple game classic for players of all ages. All levels of fitness and skill are welcome. Rackets are available for use, but if you have your own, please feel free to bring them. BIRC Momber/Nen Momber

				on-menner
112735-01	Su	3:45-4:40p	1/22-2/12	\$73/\$93
02	Su	3:45-4:40p	3/5-3/26	\$73/\$93
03	Su	3:45-4:40p	4/16-5/7	\$73/\$93

26 | WINTER/SPRING 2023



# TENNIS

#### HOT SHOTS TENNIS

Ages 3.5-6. Tennis is the best first sport! Start your children off right with action-packed 45-minute lessons that will develop hand-eye coordination, balance, and foundation skills while having a ton of fun in this progressive tennis program. Parents are encouraged to participate in this innovative program. BHS courts or Ordway covered area

112715-01 Su 12:15-1:00p 3/5-3/26 \$80 02 Su 12:15-1:00p 4/16-5/7 \$80 03 Su 12:15-1:00p 5/14-6/11 \$80



# **ROOKIES TENNIS**

Ages 6-10. For kids just getting started with tennis. Rookies Red Ball 1 and Red Ball 2 are the first Park District Tennis Pathway level. Ball: Low-compression RED. Court Size: Free-form. Racquet Length: 19"-21" BHS courts or Ordway covered area

112708-01	Su	11:00a-12:00p	3/5-3/26	\$90
02	Su	11:00a-12:00p	4/16-5/7	\$90
03	Su	11:00a-12:00p	5/14-6/11	\$90

# ROOKIES PLUS TENNIS 🏋

Ages 10-14. Perfect for players with basic skills gained from our Rookies tennis program and those with rally skills looking to move towards gameplay. Here we will use either Orange Balls, Green, or Yellow as appropriate to the class dynamic and skill level. BHS courts or Ordway covered area

	. Di 10 courte	. 01 010100 00100	alaitta	
112704-01	Su	1:30-2:30p	3/5-3/26	\$90
02	Su	1:30-2:30p	4/16-5/7	\$90
03	Su	1:30-2:30p	5/14-6/11	\$90



# **ROCK CLIMBING**

Emphasizing strength, endurance, balance, and flexibility, rock climbing is more than just a workout: it challenges your mind and your body. All climbing programs are facilitated by experienced instructors from Insight Climbing & Movement. The registration deadline for most climbing programs is three days before the beginning date. For questions about refunds, please see page 4.

# YOUTH CLIMBING FOR BEGINNERS

Ages 4-6, 7-12. Get your kids climbing our walls and not yours! This two-week course will introduce new climbers to indoor climbing and youth programming at Insight Climbing & Movement, including top-rope climbing, bouldering, and games with other kids. This class will allow your kids to build confidence on and off the wall while



giving them a preview of what our youth climbing programs offer. After the program, families will have the information they need to decide which recurring youth climbing program at Insight is the right fit for their young climber! All climbing programs are facilitated by experienced instructors from Insight Climbing & Movement. The registration deadline for most climbing programs is three days before the start date. For questions about refunds, please see page

#### 4. CONTRACTOR Ages 7-12 131989-01 3:30-4:30p 1/20-1/27 \$83 \$83 02 F 3:30-4:30p 3/3-3/10 Ages 4-6 \$83 03 F 3:30-4:30p 2/3-2/10 04 F 3:30-4:30p 3/17-3/24 \$83

# MID-WINTER BREAK CLIMBING CAMP

Ages 6-11. Camps at Insight Climbing & Movement are a great opportunity to introduce your kids to the sport of climbing! Camp participants will stay active, learn some fundamental climbing skills and techniques and, most importantly, have fun! Let your kids climb our walls instead of yours this Mid-Winter Break! All climbing programs are facilitated by experienced instructors from Insight Climbing & Movement. Registration deadline for most climbing programs is three days before the start date. **CONTRACTOR** 

133900-01	M-F	1:00-4:00p	2/20-2/24	\$258
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# SPRING BREAK CLIMBING CAMP

Ages 6-11. Camps at Insight Climbing & Movement are a great opportunity to introduce your kids to the sport of climbing! Camp participants will stay active, learn some fundamental climbing skills and techniques and, most importantly, have fun! Let your kids climb our walls instead of yours this Spring Break! All climbing programs are facilitated by experienced instructors from Insight Climbing & Movement. Registration deadline for most climbing programs is three days before the start date. **CONTRACTOR** 

133904-01	M-F	1:00-4:00p	4/3-4/7	\$258
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# TEEN PROGRAMS



# WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."



# TEEN CENTER

The Teen Center is located at the Aquatic Center in Meeting Room B and C. Our main entrance is on the side of the building, or you can access us through the glass door in the main lobby. The address is 8521 Madison Avenue, Bainbridge Island.

# We provide a safe space for teens to connect, become leaders, learn, play, hang out, and make a difference.

We're open for the entire year. Be a part of the Teen Center and make your mark! Stop by any afternoon to check out the activities. We have a pool table, foosball table, ping pong, air hockey, board games, Xbox, and a room just for relaxing. Some of the planned activities will be provided with food and drinks. It's a fun place to hang out! (Available activities may differ depending on the current phase and safety guidelines.)

For teens of middle and high school age.

# HOURS OF OPERATION

Monday 2:00-6:00p Tuesday-Thursday 3:00-6:00p Friday 3:00-8:00p

#### Closed

Saturdays, Sundays, 1/16, 2/20-24, 4/3-7, 5/29 At the staff's discretion and participation, the teen program hours may change to closing earlier or later.

> FOLLOW US ON FACEBOOK BAINBRIDGE ISLAND METRO PARK & RECREATION DISTRICT #BIMPRDTEENCENTER

# CONTACT US: DAVIDL@BIPARKS.ORG

# Fun Activities! Join us for...

#### **Random Acts of Kindness Week**

Come down and tell us what kindness means to you. Add creative Ideas or compliments to our kindness jar. Treats Included! 2/13-17

#### Pi Day

How many numbers in Pi do you know? If you recite the most, you can win a prize! (High probability said prize would be a pie of one sort or another!) Monday, 3/14

#### Jellybean Day

How many flavors are there? Who invented the Jellybean? What is the world record for the most jellybeans in a human's mouth? Answer trivia questions correctly, and you can win your jellybean prize! Friday, 4/21



May the Fourth Be With You Join us for Force trivia and fun treats! Thursday, 5/4

#### **NO MORE SCHOOLAPALOOZA**

Come by and celebrate the start of summer break. Monday, 6/20 (date subject to change)

# SERVICE

# **TEEN VOLUNTEER OPPORTUNITY**

Add to your college resume! Are we always looking for creative teens to help design the following year's program-what activities? Would YOU want to see them offered in the Park District catalog Teen Center section? This is an excellent opportunity to make your ideas a reality.

# PARK DISTRICT VOLUNTEER OPPORTUNITIES

Need volunteer hours for your school requirements? Just want to get involved with something fun? There may be opportunities for you to volunteer this winter and spring.

Contact Stephanie Bugas at StephanieBugas@biparks.org or 206.842.2306 #129 for more information or to get involved.



# TEEN PROGRAMS

# CHECK OUT OUR OTHER PROGRAMS OFFERED FOR TEENS. LOOK FOR THE PURPLE IN THE CATALOG.

# **BIRTHDAY RENTALS!**

That's right; you can rent the Teen Center for your birthday party! Celebrate your fantastic day playing pool, foosball, air hockey, and ping pong. We also have many board games and an Xbox one (some games are provided or bring your own!) We also offer a Laser Tag birthday experience at Fay Bainbridge Park, Battle Point Park, or the Teen Center. For more information, contact DavidL@biparks.org

Participants must follow any social distancing, masks, and other health guidelines.

Teen Center Birthday Rental (Additional fee for more than 12 participants)	\$160
Laser Tag Birthday at Battle Point Park (Additional fee for more than 12 participants)	\$200

# **TEEN FUN**

# **TEEN FLASHLIGHT EGG HUNT**

Grades 7-12. Spring hasn't begun until egg hunting has started. There will be hundreds of plastic eggs filled with candy, toys, and a few with prize tickets. These expert hunters don't leave anything to chance as the eggs will be gone in a flash, so don't be late!

F 9:00-10:30p	4/7	FREE
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# **TEEN NIGHT AT BIRC**

The Bainbridge Island Recreation Center will host a two-hour event from 8:00-10:30p for local middle and high school-age teens. Get here early to sign up for our Laser Tag Tournament and other fun activities! Enjoy a snack while creating some art in our Teen Night Art Studio for a more relaxed evening. For more information, go to www.biparks.org or email DavidL@ biparks.org.

F	8:00-10:30p	1/20	\$20
F	8:00-10:30p	3/17	\$20
F	8:00-10:30p	5/19	\$20
	F F F	F 8:00-10:30p	F 8:00-10:30p 3/17

# **TEEN LASER TAG NEW!**

The Bainbridge Island Teen Center is hosting an afternoon of Laser Tag at Battle Point Park or the Transmitter Building! With 8v8, games will be fast but fun, so bring some friends and stake your claim as the Master Blaster! You MUST pre-register for this event to participate. For more information, go to www.biparks.org or email DavidL@biparks.org.

go to www.biparka.org of cinal DaviaL@biparka.org.					
172646-01	Sa	2:00-4:00p	5/20	\$25	
02	Sa	2:00-4:00p	5/27	\$25	
03	Sa	2:00-4:00p	6/3	\$25	
04	Sa	2:00-4:00p	6/10	\$25	



# MIDDLE SCHOOL DANCES! GRADES 6-8

Calling all 6th, 7th, and 8th graders! Come alone or as a group. We will have a DJ playing all our favorite pop hits, so come show off your best moves or chill with friends. For more information, please go to www.bi-parks.org or email DavidL@biparks.org. Concessions available for February dance; food included for May dance. BIRC

Valentine's [	Dance				
172627-01	Sa	7:00-9:30p	2/4	\$25	
Middle School Prom					
172627-02	Sa	7:00-9:30p	5/6	\$35	

An important "Know Before You Go" information sheet can be found online and will be sent to you via email before the dance for those who pre-register. All participants must show proof of grade or age, i.e., s, a school ID card!

# **DID YOU KNOW?**

TEENS AGE 16+ MAY REGISTER FOR ANY ADULT POTTERY CLASS OR WORKSHOP!

# YOUTH & ADULT



### WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

# PARENT/CHILD

# ADULT AND CHILD DANCE! NEW!

Ages 5-12 with adult! Teen Center staff offers an exciting opportunity for parents and kids to have a special evening together. Boys and girls are invited to join us with an accompanied mother/father/guardian



or special adult for an evening filled with dancing, photos, and fun. We will have a DJ playing all kinds of favorite pop hits along with songs from the '60s,'70s, '80s, and '90s. The price includes one adult and one child (additional adult and child options available.) Snacks and dessert will be provided. BIRC

#### **First Child and Adult**

	i not onnu anu i	Auun				
	172632-01	Sa	6:30-8:30p	4/15	\$35	
	<b>One Additional</b>	Child				
	172632-02	Sa	6:30-8:30p	4/15	\$15	
One additional Adult						
	172632-03	Sa	6:30-8:30p	4/15	\$15	



# CHAPERONES AND SKI BUS EMPLOYEES ARE NEEDED!

Get free transportation for your ski season while connecting young skiiers to the mountains!

# WILDERNESS PROGRAMS

### "The farther one gets into the wilderness, the greater the attraction of its lonely freedom." –Theodore Roosevelt

**Remote, rugged, undeveloped.** Wilderness is a land heritage that is uniquely American. With passage of the Wilderness Act of 1964, Americans chartered a new course in world history to preserve and protect some of the country's last remaining wild places. The United States was the first country in the world to designate wilderness areas through law. In the words of Pulitzer novelist Wallace Stegner: "Something will have gone out of us as a people if we ever let the remaining wilderness be destroyed." Come join us and experience our unique wild heritage.

#### FAQs

**General** — Our wilderness trips offer one-of-a-kind experience, rewarding participants with the very best that the backcountry has to offer. A detailed email will be sent out approximately four days before the start of each program, with information on where to meet, what to bring, weather forecast, medical/waiver paperwork and more.

Trip Leaders — Our trip leaders are Wilderness First Responder or Wilderness EMT trained professionals, who bring a wealth of backcountry medical knowledge, years of outdoor experience, and emergency response equipment on every hike. They are highly qualified, knowledgeable, and awesome to hike with.

**The Outdoor Gearbank** — Don't let a lack of gear stop you. Participants can use our equipment for free! Our Outdoor Gearbank has backpacks, mountain bikes, tents, sleeping pads, snowshoes, rain gear, and much more available to borrow for free.

**Physical Fitness** — Participants need to be physically fit for each trip's unique challenges. Mileage is round-trip; terrain and trails vary. The Park District reserves the right to require a doctor's note to clear a participant for participation.

**Pricing** — An incredible value for the amount of time, preparation, and quality expertise that go into each trip. Pricing includes trip leader, guiding time, gear, transportation, fuel, permits, emergency response equipment, and park entrance fees.

**Transportation** — The Park District's 15-passenger vehicles are used for most wilderness trips, allowing easier and more comfortable access along backcountry roads.

**Equipment** — Participants are responsible for providing their own personal clothing and equipment, but our Outdoor Gearbank may have items that can be borrowed for free. Inquire with your trip leader so they can help you get set up for success.

**Registration Deadlines** — Registration deadline is three days before program start date. This allows us to effectively communicate with participants about any needs we can help accommodate as well as ensure each trip is a good fit. It is helpful and saves time to have participant waivers, medical information, and other forms turned in beforehand. The Park District reserves the right to require a doctor's note to clear a participant for participation.

**Refunds** — For questions about refunds, please see page 4. If weather or road closures cancel a trip, a pro-rated credit will be refunded for the missed day.

**Questions?** Contact Wilderness Program Coordinator Ranger Sciacca, at rsciacca@biparks.org



# **YOUTH & ADULT**

# WILDERNESS DAY HIKES

# WILDERNESS DAY HIKES

Ages 10 and up. Come explore the great outdoors! We'll visit some of the most beautiful spots around - lush river canyons, open wildflower meadows, breathtaking ridge top views, and sparkling alpine lakes. Meet at SHP, at 8:00a unless otherwise noted; most trips return 6:00-8:00p. Mileages are round-trip. Participants under 14 must be accompanied by a parent or quardian For questions about refunds, please see page 4.



1319	09-01	Su	2/5	Interpretive Snowshoe at Hurricane Ridge	\$88
	02	Su	2/12	Interpretive Snowshoe at Hurricane Ridge	\$88
	03	Su	2/19	Interpretive Snowshoe at Hurricane Ridge	\$88
	04	Su	3/5	Steeple Rock Snowshoe	\$88
	05	Su	3/12	Commonwealth Basin Snowshoe	\$88
	06	Su	4/16	Barnes Creek	\$88
	07	Su	4/30	Middle Fork Snoqualmie	\$96
	08	Т	5/9	Theler and Nisqually Wetlands	\$88
	09	Su	5/21	Lena Lake	\$88
	10	W	5/31	Historic Lime Kiln Trail	\$96

# DAYHIKING Explore your outdoors, out and back in a day.

# **INTERPRETIVE SNOWSHOE AT** HURRICANE RIDGE

#### ~3.5 mi

#### ~400ft elev. gain

This beginner- and family-friendly trip is a perfect introduction to snowshoeing. First, we'll test the snowshoes on different surfaces during a guided interpretive walk through Hurricane Ridge's gladed woods. Participants will learn about trees-their winter adaptations, relationships with fungi, effects on the air and humans, and more. After lunch, we'll snowshoe on a groomed trail to a viewpoint atop a snowcapped ridge. Please note that 2/12 is Super Bowl Sunday. Trip meets at 6:30am

# STEEPLE ROCK SNOWSHOE

#### ~5.2 mi

#### ~800ft elev. gain

From Hurricane Ridge, head away from the crowds and groomed trails for big views, deep snow, and a great sense of solitude. This intermediate-level trip features spectacular views of the Strait of Juan de Fuca and snow-capped Olympic mountains. Trip meets at 6:30a.

#### **COMMONWEALTH BASIN SNOWSHOE** ~1200ft elev. gain

#### ~5 mi

Near Snoqualmie Pass, Commonwealth Basin gets a TON of snow! Snow-loaded trees look like strange sculptures, and there is enough space between them for some great views of the surrounding peaks. It's a beautiful, sprawling area — we'll explore and find a quiet corner for lunch. Ferry fare is included.

#### **BARNES CREEK** ~6.5 mi

#### ~800ft elev. gain

We start off near Lake Crescent Lodge and pass the popular Marymere falls, then leave the crowds behind as we turn up Barnes Creek. The trail stays right alongside the creek, and the narrow ravine is lush with ferns, mossy maples, old growth, and river views.

# MIDDLE FORK SNOQUALMIE

#### ~11.6mi

#### ~500ft elev. gain

~100ft elev. gain

We'll cover ground quickly on this gentle trail along the Middle Fork Snoqualmie River. The trail passes through a variety of beautiful forest scenes, popping out occasionally for views of the surrounding peaks. Have lunch by the river and watch beautiful green water tumbling over smooth white rocks. Ferry fare is included.

# THELER AND NISQUALLY WETLANDS

~8 mi

We'll explore two wetland areas, the Nisgually National Wildlife Refuge near Olympia and the Theler Wetlands at the end of Hood Canal near Belfair. The hike features a one-mile boardwalk over tidal flats, and other beautiful trails atop old dikes, past historic barns and through lush wetland forest. Look out for bald eagle chicks and migrating songbirds and sandpipers!

# LENA LAKE

~7.2 mi

~1300ft elev. gain This popular trail is in wonderful condition, gently switchbacking through hemlock forests with an understory of vine maple, en route to a beautiful lake tucked into the forest. At the lake, we'll have lunch at an overlook and explore the shoreline.

# HISTORIC LIME KILN TRAIL

### ~7 mi

#### ~625ft elev. gain

A beautiful riverside hike through the lush and narrow Robe Canyon in the foothills of the Cascades. Less than an hour from the ferry! We'll see lots of neat historical artifacts (including the old lime kiln) as we pass an old townsite and a long-abandoned railway line from the mining days of the 1800's. Spring is a great time to appreciate the majestic deciduous trees along the trail — big cottonwoods and maples that should be leafing out nicely. Ferry fare is included.

# WILDERNESS SKILLS A journey of a thousand miles begins with one step.

# BACKPACKING 101 🏋

Ages 8 and up. Are you interested in backpacking? In this hands-on class, you'll practice the basic skills and learn what gear you need to get started. We'll cover trip planning, safety, and equipment; we'll practice setting up tents, stoves, and water filters; we'll learn how to pack a backpack, what to bring, and much more. SHC. 5/22 \$50

131900-01 Μ 6:00-8:30p

# **YOUTH & ADULT**





### FAQs

BAINBRIDGE

**General** — A detailed email will be sent out approximately a week before the start of each program, with information on where to meet, what to bring, weather forecasts, medical waivers, emergency contacts, and other information.

Questions? Contact Outdoor Program Manager Stacey Stoner at staceys@biparks.org or 206-842-5661 #128.

Which Ski Bus Do I Pick? — With many exciting new changes this year, it can be challenging to know which resort to sign up for. Please read below to determine which resort works best for your Ski Busser. We recommend starting at Stevens Pass to get your legs under you for the season, fine-tuning your skills at Stevens Pass, and finishing the season at Crystal Mountain. This is especially important if your Ski Busser needs lessons. If you have questions, please contact Outdoor Program Manager Stacey Stoner at staceys@biparks.org.

- Stevens Pass: With two sides of the mountain to choose from, Stevens Pass has some phenomenal skiing for everyone from beginners to experts.
- Crystal Mountain: Crystal Mountain is the largest ski resort in Washington and a favorite of our Ski Bus veterans. The terrain here is suitable for all skiers and snowboarders, but our advanced ski bussers love the challenging terrain at Crystal. Crystal Mountain has afternoon beginner lessons available, so first-timers are encouraged to come to Crystal with us.

Pricing includes ferry passes for Stevens Pass trips and transportation to and from the resort. Lift tickets, rental equipment, lessons, etc., must be purchased through the resort or another vendor.

Transportation — Ski Bus uses the Park District's 15-passenger vehicles. If there is high demand for particular weekends, we may charter a 56-passenger bus to accommodate. Seats fill quickly, so enroll early! Do not purchase lift tickets, rentals, or lessons if you haven't already reserved and paid for your transportation spot for that week. Transportation fees include ferry passes for all Stevens Pass. No need to pay separately or bring a pass and potentially lose it - we've covered you!

Lift tickets — A lift ticket or a season pass is required to access each resort's mountain. Lift tickets must be purchased before each trip and are not available to purchase through the Park District. Contact Outdoor Program Manager Stacey Stoner at staceys@biparks.org if you have questions about where to buy lift tickets.

Lessons — First-time skiers and snowboarders must take a minimum of one lesson before being allowed to ski/board with friends. Information on Stevens Pass and Crystal Mountain classes was unavailable when this catalog was published. Please visit the respective resort's

website for details on lessons. We highly recommend that you choose a lesson starting in the afternoon. With varying traffic and road conditions, we cannot guarantee that we will arrive at the resort in time for a lesson starting before noon. Our chaperones will escort the skier or rider to and from their lessons, so please let us know if you book a lesson. Contact Outdoor Program Manager Stacey Stoner at staceys@ biparks.org if you have questions about lessons.

Helmets — We follow the National Ski Area Association's guidelines and require all participants and chaperones to wear helmets. We recommend purchasing your skier/snowboarder their helmet instead of renting one, as it'll fit better and reflect their unique style.

**Equipment** — Participants are responsible for providing their equipment and labeling each item with their name. Rental equipment is available to reserve on the respective resort's website.

**Chaperones** — Chaperones are the heart and soul of Ski Bus. They have a unique opportunity to create positive relationships and be a role model for youth. Chaperones are selected based on their experience working with kids, managing groups, ability to help drive a van, and their schedule throughout the season. Chaperones must pass background and driver's history checks and complete the required chaperone training. Contact Outdoor Program Manager Stacey Stoner at staceys@biparks.org if you are interested in chaperoning or want more information about chaperoning.

Registration Deadline — The registration deadline is midnight on Wednesday before each week of Ski Bus. Please let us know 48 hours before the trip if you have lessons or rentals so we can ensure our staff and chaperones are appropriately scheduled to help. It is helpful and saves time to have participant waivers, medical information, and other forms turned in beforehand. The Park District reserves the right to require a doctor's note when applicable.

**Refunds** — For questions about refunds, please see page 4. The Park District reserves the right to dismiss a participant without a refund if the participant fails to abide by "The Code of Conduct" agreement. If weather or road closures cancel a trip, a pro-rated credit will be refunded for the missed day. The Park District reserves the right to require a doctor's note when applicable.

# STEVENS PASS

Ages 9-18. One of the Northwest's premier resorts offering 52 major runs, 1,125 acres of skiable terrain, and 460" of snow each year, Stevens Pass is a must-visit destination for skiers and snowboarders alike! Stevens tends to receive better snow earlier in the season, making it a great destination to explore before moving onto Crystal Mountain. This is our most popular youth Ski Bus. Seats fill quickly, and space is limited. The price below only includes transportation from Strawberry Hill Park

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131970-01	Sa	6:30a-8:00p	1/7	\$95
02	Sa	6:30a-8:00p	1/14	\$95
03	Sa	6:30a-8:00p	1/21	\$95
04	Sa	6:30a-8:00p	1/28	\$95
05	Sa	6:30a-8:00p	2/4	\$95
06	Sa	6:30a-8:00p	2/11	\$95

# CRYSTAL MOUNTAIN

Ages 9-18. More extensive runs, fewer crowds, and 3,100 feet of vertical descent! Crystal Mountain offers fantastic views of Rainier from the summit and legendary skiing and boarding runs. Late winter and early spring skiing at Crystal is hard to beat, so we save it for last! With ten lifts servicing 2,600 acres, Crystal Mountain is the largest ski resort in the state. As a note to parents, Crystal is one of students' favorite Ski Buses to join once they have their "season legs" under them. Challenging, fun, and diverse terrain allows for long seven to eighthour days of exploration with friends. A list of flexible options to purchase ski/ snowboard lessons, rental equipment, and lift tickets can all be viewed online at www.crystalmountainresort.org. Seats fill quickly. Space limited! The price below only includes transportation from Strawberry Hill Park. 131

1971-01	Sa	6:00a-8:00p	3/4	\$95
02	Sa	6:00a-8:00p	3/11	\$95
03	Sa	6:00a-8:00p	3/18	\$95
04	Sa	6:00a-8:00p	3/25	\$95



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# DRAWING

# THE JOY OF SKETCHBOOKING

This 'start-where-you-are' class will introduce you to sketchbooking! Meet new friends just as timid about their art skills as you are! In both sections, you will draw from life and photos into your sketchbook, using watercolor and pencils to add color. The class includes discussion on composition, color theory, the delight of watercolor, and the surprises created from mixed media. An encouraging environment for all. Basic drawing techniques are helpful and can be acquired in advance by viewing the instructor's



videos online at www.annemariesargent.com. A materials list will be provided. Everything is taught with patience and grace by Anne-Marie Sargent. SHCl

166732-02	Th	5:15-7:00p	3/9-4/20*	\$70
03	Th	5:15-7:00p	4/27-6/1	\$70
*No class 4/6				

# I CAN DRAW!

If you've ever envied folks with "natural artistic ability", give us four weeks to convince you that drawing, just like any other subject, CAN be taught! Based on Betty Edwards' book Drawing on the Right Side of the Brain, you'll learn techniques and exercises to tap your creative powers. No experience necessary - all materials provided! Jamie Brouwer instructs. SHC

166704-01	W	10:30a-12:00p	1/11-2/1	
02	W	12:30a-2:00p	2/8-3/8*	
03	W	10:30a-12:00p	3/22-4/19**	
04	W	12:30-2:00p	4/26-5/17	
*No class 2/22				

\*\*No class 4/5



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\$50 \$50 \$50 \$50

# I CAN DRAW 2!

This is the second step in the I Can Draw series. In this class, we examine the nature of light and shadow. Discover practical ways to add depth and dimension to your work. More extended and progressive exercises produce more finished masterpieces! You'll be introduced to new materials and media. Make your work more powerful and dramatic as your images become convincingly three-dimensional! Bring what you like, but basic materials are included! Jamie Brouwer instructs, SHC

113110613. 0110				
166702-01	W	12:30-2:00p	1/11-2/1	\$50
02	W	10:30a-12:00p	2/8-3/8*	\$50
03	W	12:30-2:00p	3/22-4/19**	\$50
04	W	10:30a-12:00p	4/26-5/17	\$50
*No class 2/22				
**No class 4/5				

# COLORED PENCIL INTRO AND BEYOND

Start coloring, relieve stress, and learn to create radiant, original works of art using colored pencils. This class is designed for everyone's success, whether you have zero experience or have used this medium before. You'll learn the basic skills of working with colored pencils and see how versatile this medium can be. No experience necessary! Before you know it, you'll be hooked! Susan Wierseman welcomes all levels. SHC

166710-01	Т	1/17-2/7	4:00-6:00p	\$60
02	Т	2/28-3/21	4:00-6:00p	\$60
03	Т	4/11-5/2	4:00-6:00p	\$60
04	Т	5/16-6/6	4:00-6:00p	\$60

# **LIFE DRAWING**

Open session for artists at any level who wish to improve their skills in drawing and/or painting from life. A \$90 model fee is due at the first class, covering model expenses for the session. For more info, call Gregg Onewein at 206-842-0259. Drop-in students are welcome with a \$10 drop-in fee plus a \$15 model fee (paid at class) SHC

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166714-01	F	9:30a-12:30p	2/3-3/17	\$40
02	F	9:30a-12:30p	3/24-5/5*	\$40
03	F	9:30a-12:30p	5/12-6/16	\$40
*No class 4/5				

No class 4/5





# PAINTING

# WATERCOLOR BOLD AND EXPRESSIVE

All levels are welcome! You are invited to ioin this class that will focus on creating loose and colorful Northwest scenes and florals. Each class will begin with a painting demonstration, followed by individual instruction, while students work from the demo or an idea of their own. A full-time artist, John Adams is a signature member of the National and Northwest Watercolor Societies. Learn more about our instructor at www.johnadamsdesign.com. SHC



#### CONTRACTOR

166715-01	Th	10:00a-12:00p	1/12-2/2	\$130
02	Th	10:00a-12:00p	2/9-3/9*	\$130*
03	Th	10:00a-12:00p	3/16-4/13**	\$130
04	Th	10:00a-12:00p	4/20-5/11	\$130
05	Th	10:00a-12:00p	5/25-6/15	\$130
*No class 2/23				

No class 2/23 \*\*No class 4/6



# **ACRYLIC PAINTING**

Participants will explore the medium of acrylic painting and discover expressive textures and techniques. This class is a fun way to expand your understanding of the development of art in new and imaginative ways. All ages and abilities are welcome! This is a highly successful way to introduce yourself to painting if you are brand new. Seasoned painters get to stretch their artistic vision and challenge old habits of seeing. David Repyak instructs. All materials provided. SHC 16F

66//3-01	Abstract Landscape	F	1/2/-2/1/	3:30-5:30p	\$/5
02	Expressive Portrait	F	3/3-3/24	3:30-5:30p	\$75

# **ACRYLIC & OIL PAINTING with Gigi** PAINTING FROM PHOTOS

Amid our PNW wet weather, we are well served to learn to work from photographs. This class will include how to best design a painting from a photo or sketch, pick a cohesive color scheme, and control your value pattern to make a solid composition. Build your skill level as a painter with an overview of color, value, shapes, contour lines, perspective, and design. Class includes demonstrations and individual instruction. New and continuing students are encouraged to attend. Advanced to intermediate students may work on individual projects. Oils or acrylics are recommended. Gigi Godfrey instructs. SHC \$100

166720-01 W 9:30a-12:00p

1/18-2/15

# **FOCUS ON FLORALS**

Let's have fun bringing the outside indoors. This still-life course focuses on floral displays. After reviewing some basics, we will add a range of techniques and styles. This class is designed to loosen everyone up and have fun. We will look at making each painting uniquely our own. Individual attention and group demos provide a relaxed learning experience for all. New and continuing painters are welcome. Acrylic or oils are recommended. A material list is provided. Gigi Godfrey instructs. SHC

166720-02 W 9:30a-12:00p 3/1-3/29 \$100

# PAINTING WITH INTENTION

Whether you are just starting or an experienced artist, this class will move you forward in a painterly way. This still-life class provides broad overall teaching of composition, seeing shapes, creating your painting, color mixing, understanding value, brushwork, perspective, and finishing your painting. This class will improve your painting ability, build your skills, and help you refine your style. Students will get both individual attention and class lessons. Advanced to intermediate students may work on individual projects. Oils or acrylics are recommended. Gigi Godfrey instructs. SHC

166720-03	W	9:30a-12:00p	4/12-5/10	\$100
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# **OUTDOOR NATURE PAINTING**

As the weather becomes more predictably AMAZING, it begs the artist in us to get outside and work directly from nature. As much as possible, this class will be taught outdoors as a plein-air experience. There is nothing like natural light to invite colorful expression that celebrates the world around us. This is another 'start-where-you-are' class that welcomes newcomers and promises to add new ideas and skills to our more seasoned painters. Students will get both individual attention and class lessons. Advanced to intermediate students may work on individual projects. Oils or acrylics are recommended. Gigi Godfrey instructs. SHC 166720-05 W 9:30a-12:00p 5/17-6/14 \$100

# **STAINED GLASS**

All classes taught with expertise, patience and humor by Julie Hews-Everett. Her studio. Island Spectrum Design, is located at 6006 NE Bligh Ct.

# **STAINED GLASS CLASSES**

This class will teach you the techniques to create beautiful stained glass works of art. All levels of experience are welcome (especially beginners!) The class fee does not include tools or materials. Supplies are available for purchase from the instructor at the first class. CONTRACTOR

166770-01	Т	1/31-3/7	10:00a-1:00p
02	W	2/1-3/8	6:00p-9:00p
03	Т	3/14-5/2	10:00a-1:00p*
04	W	3/15-5/3	6:00p-9:00p*
05	Т	5/16-6/20	10:00a-1:00p
¥NI I 4/4	A /F		

7	10:00a-1:00p	\$175
	6:00p-9:00p	\$175
2	10:00a-1:00p*	\$175
3	6:00p-9:00p*	\$175
20	10:00a-1:00p	\$175

\*No class 4/4 or 4/5



# **GLASS FUSING** WORKSHOPS

A joyful and high success workshop for everyone enchanted with the brilliance of glass. Learn beginning fusing techniques as you craft your own special piece for yourself or a loved one. All tools and materials are included in the class fee. Child/Adult offerings are for children ages 8-14.



#### **BE MY VALENTINE**

In two hours, create two glass hearts using two different styles of fusing! CONTRACTOR

166668-01	Sa	2/4	10:00a-12:00p	\$75 Adult
02	Sa	2/4	2:00-4:00p	\$75 Child and Adult together

#### **NIGHT LITES** CONTRACTOR

CONTRACTO	n			
166669-01	Sa	3/11	10:00a-12:00p	\$75 Adult
02	Sa	3/11	2:00-4:00p	\$90 Child and Adult together

#### IT'S A BUG'S LIFE

Create a fun unique bug out of fused glass and wire! You will create one or two adorable creatures in this two-hour workshop. CONTRACTOR

166667-01	Sa	4/15	10:00a-12:00p	\$75 Adult
02	Sa	4/15	2:00-4:00p	\$90 Child and Adult together

#### **SUN CATCHERS**

Create your own brilliant design that catches the eye as well as the sun! You'll be thrilled at what you'll be hanging in your home window. CONTRACTOR

166666-01	Sa	5/20	10a-12p	\$75 Adult
02	Sa	5/20	2:00-4:00p	\$90 Child and Adult together

# **ADAPTIVE**

FOR ADULTS WITH SPECIAL NEEDS The following classes are designed for teens and adults with disabilities.

3:30-5:00p

# POTTERY FOR **PEOPLE WITH** SPECIAL NEEDS

Students will work with clay using hand-building and wheel-throwing methods. The focus of the class is to work within each student's ability, teaching sound building structure and letting each student's creativity take over and have fun with clay. Each class includes a group project as well as individual pieces. Materials included in class fee. ED 122062-01 3:30-5:00p W

W

02



3/15-4/12

5/10-5/31

\$82

\$82

	_	-	-	V
				Y

CLASS FEES INCLUDE CLAY, GLAZES, AND FIRING. ADDITIONAL CLAY IS AVAILABLE FOR \$25 PER BAG.

# DAYTIME POTTERY



#### **POTTERY M with Jeff Wofford CLASSES**

These long-term morning classes are for people who want to focus on throwing on the wheel, hand-build with clay, or a bit of both! Whether a serious beginner or a committed old hand, instructor/artist Jeff Wofford will keep your skills solidly progressing! Ten weeks, ED

iai) progrooonig		20		
122050-01	Μ	9:30-11:30a	1/9-3/27*	\$260
03	Μ	9:30-11:30a	4/10-6/19**	\$260
*No class on 1/	16 or 2/20			
**No class 5/29				

#### **CONTINUING STUDIO WORKSHOP TIME**

Must be a current Eagledale Pottery Studio student Make a day of it! Utilize the additional three hours of studio time to explore new

tools and excell	ent skills intr	oduced during class	s. Ten weeks. ED	
122051-01	Μ	12:00-2:00p	1/9-3/27*	\$120
03	Μ	12:00-2:00p	4/10-6/19**	\$120
*No class on 1/16 or 2/20				
*No class on 1/	16 or 2/20			

\*\*No class 5/29

#### **TUESDAY SPRING STUDIO WORKSHOP TIME**

Must be a current Eagledale Pottery Studio student

Make a day of it! This additional Spring studio workshop time is for finishing Winter projects or launching spring pieces. Six weeks. ED

122051-12 1:00-3:00p 3/7-4/18\* \$96 Т \*No studio time 4/4

### **POTTERY W** with Joy McCallister CLASSES

These mid-length day classes are for folks who want to deepen their clay skills and understanding. Instructor/artist Joy McAllister will introduce you to a new level of creativity



with skilled techniques and materials for some wonderful outcomes! Includes all materials Fight weeks FD

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122050-02	W	9:30-11:30a	1/18-3/8	\$210
04	W	9:30-11:30a	3/22-5/17*	\$210
*No class 4/5				

WINTER/SPRING 2023 | 35



#### **CONTINUING STUDIO WORKSHOP TIME**

Must be a current Eagledale Pottery Studio student

Make a day of it! Utilize the additional two hours of studio time to explore new tools and excellent skills introduced during class. Eight weeks. ED \*~~ 100051 00 ...

122051-02	VV	12:00-2:00p	1/18-3/8	290
04	W	12:00-2:00p	3/22-5/17*	\$96
*No class 4/5				

**CLAY INTRO SAMPLERS** 

Make art part of your new year! A short-term introductory class is ideal for people who would just like to try their hand at pottery. From distinct types of clay to the function of various tools and studio equipment, you will sample hand-building construction, wheel throwing, decorating techniques, and glaze finishes to explore the possibilities of ceramic art! The experimentation and enthusiasm of studio instructors/artists will open your hands and mind to a world of colorful creativity. Includes supplies. 4 weeks FD

I WOONO. LD				
122044-01	Th	12:30-2:30p	3/16-4/13*	\$75
07	W	9:30-11:30a	5/24-6/14	\$75
*No class 4/6				

#### EVENING CLAY BASICS SAMPLERS NEW!

This Sampler "Basics" class will provide a good introduction to the pottery studio and beginning clay skills. Take some creative time for yourself on Tuesday evening. 5 weeks. ED

122044-08	Т	6:00-8:00p	1/24-2/28*	\$95
09	Т	6:00-8:00p	4/25-5/30**	\$95
*No class 2/14				

\*\*No class 5/28



#### **APRIL FOOLS WHEEL TRY IT DAY! NEW!**

It's no April Fools joke: stop by the Eagledale Pottery studio for a two-hour no-pressure introduction to see what throwing on a potter's wheel is all about. If you'd like, try out both an electric wheel and kick wheel to learn the differences. Fee includes instruction, all materials and tools, and one of your favorite pieces to keep. (We'll glaze and fire it for a later pickup) Give it a spin! One day only. 122103-04 Sa 1:00-3:00p 4/1\$25

### **POTTERY TH with Elena** Wendelyn & Studio Staff CLASS

This class welcomes beginners and those with previous wheel and hand-building experience. Surface decorating techniques such as sgraffito and transfers will be introduced as well as small-form sculpture demonstrations. Individual projects are welcome! Six weeks. ED

122048-04	Th	9:30-11:30a
	3/9-4/20*	\$164
05	Th	9:30-11:30a
	4/27-6/1	\$164
*No class 4/6		

\*No class 4/6

#### **STUDIO WORKSHOP TIME\*\***

\*\*Must be a current Eagledale Pottery Studio student Add three hours of studio work time to your pottery class experience! Bring a lunch and stay to practice your growing skills under the staff's watchful eye. 122049-04 Th 12:00-2:00p 3/9-4/20\* \$108 05 Th 12:00-2:00p 4/27-6/1 \$108 \*No class 4/6

#### THURSDAY WINTER STUDIO WORKSHOP TIME

Must be a current Eagledale Pottery Studio student Make a day of it! This additional Winter studio workshop time is for finishing past projects or launching winter pieces. 6 weeks. ED 122051-12 1/12-2/16 \$96



#### **POTTERY SATURDAY with Joy McCallister** CLASS

Eagledale offers a Saturday morning class for all levels to enjoy! Lessons include both wheel-thrown and hand-building techniques, exploring texture and glazes. A variety of stoneware clay bodies for gas, electric, and raku kilns. Emphasis on individual successes and fun! Seven weeks ED

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122045-01	Sa	10:00a-12:00p	1/14-2/25	\$251	
04	Sa	10:00a-12:00p	4/29-6/17**	\$251	
*No alogg or workshop E/27					

\*No class or workshop 5/27

#### SATURDAY STUDIO WORKSHOP TIME

Must be a current Eagledale Pottery Studio student.

Stay for an additional two and a half hours to continue the work on your projects after the lunch break, with staff on hand for advice. Seven weeks, ED

122046-01	Sa	12:30-2:30p	1/14-2/25	\$84
04	Sa	12:30-2:30p	4/29-6/17**	\$84
** • •		7		

\*\* No class or workshop 5/27







### SUNDAY INTRO TO SCULPTURE & HAND BUILDING with Heather Polverino NEW!

Students new to sculpture and hand building will be taught various techniques to develop their work, including pinch pots, coils, slabs, textures, and which tools can help them along the way. We'll seek inspiration from many sources by moving from simple projects to complex forms. ED 122043-01 Su 1/20-2:30 1/20-2:30 1/20-3/26\*

122043-01	Su	12.00-2.30p	1/29-3/20	\$19Z
02	Su	12:00-2:30p	4/23-6/4**	\$145
*No class 2/19				

\*\* No workshop 5/28

\*\*\* Fee reflects a six-week session

### POTTERY SKILL WORKSHOPS with Studio Staff WEEKEND 3RD FIRING FUN!

**NEW!** Discover the fun of a third firing for a finishing touch on your pieces. Add an unexpected touch with precious metal lustre detail, mix finishes for interesting color combinations, add texture and more! Saturday is for learning and applying, then the kiln will be opened on Sunday with a class critique. Bring a few small pieces of Eagledale ware you al-

ready have glazed, or adopt one of our "orphan" pots. 122081-04 SaSu 3:00p-5:00p 2/25-2/26

\$45

#### WEEKEND RAKU WORKSHOPS

So much more than a can with newspaper and sawdust! Learn about raku glazes, "naked" raku using slip, and the specialized firing process. Play with unusual additions to the combustion for surprise finishes, and learn the hows and whys - and safety - of this fun technique. Day 1 is all about glazing and prep, then Day 2 is the firing day...you'll take home your finished piece that same day!

122081-02	SaSu	3:00p-5:00p	3/11-3/12	\$45
06	SaSu	3:00p-5:00p	6/24-6/25	\$45

#### WEEKEND LUSTRE MAGIC

Sparkle = magic! Add a beautiful and unexpected touch with precious metal lustre details. Explore the types, sources, and proper handling of metal solutions. Saturday is for learning and painting; then, the kiln will be opened on Sunday with a class critique. Bring a few small pieces of Eagledale Pottery Studio ware you already have glazed, or adopt one of our "orphan" pots. 122081-04 SaSu 3:00-5:00n 2/25-26 \$40

22081-04	SaSu	3:00-5:00p	2/25-26	\$40
01	SaSu	3:00-5:00p	6/3-4	\$40

#### **Weekend Kiln Basics**

Peek into the deeper side of kilns! Learn about loading, shelf care, essential parts, and the differences between electric and gas models. Eagledale has two electric, a large gas, and even a little raku kiln — get your hands and brain busy! ED

122081-12	SaSu	3:00-5:00p	5/20-21	\$40
13	SaSu	3:00-5:00p	5/20-21	\$5*
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\*Reduced fee for currently registered pottery volunteers.

### "APRIL FOOLISH" WHEEL-THROWING NIGHT!

A joyful approach to improving your wheel skills! Electric and kick wheels available, along with a variety of clays to sample. Join Elena for 5 hours of focused practice and perfecting. Throw and squish then throw again. You don't need to be a



current Eagledale Pottery Studio student but you must have wheel throwing experience and be able to work independently. ED

122105-03	Sa	

4:00-9:00p 4/1

\$100





# FIGURATIVE CLAY SCULPTURE with Debbie Fecher Gramstad

Figurative sculpture classes are designed for students with previous clay experience or completion of at least one session of the sculpture "Quick Start" program. Independent projects are encouraged. Since projects vary widely, clay is not included in the class fee and must be purchased separately: Activity #122000-01 online or at the studio.

TUESDAY CLASSES

With the wealth of knowledge that instructor/artist Debbie Fecher Gramstad has in sculpture and figurative art, students will explore their ideas and tap into endless opportunities to create their work. Individual projects are encouraged! Eight weeks. ED

122057-01	Т	9:30-11:30a	1/10-2/28	\$192
03	Т	9:30-11:30a	3/14-5/9*	\$192
*No class 4/4				

#### **TUESDAY FIGURATIVE STUDIO WORKSHOP TIME\*\***

\*\*Must be a current Eagledale Pottery Studio sculpture student.

Use these extra two and a half hours after lunch to focus and work with Debbie on hand for consultation.

122058-01	Т	12:00-2:30p	1/10-2/28	\$120
03	Т	12:00-2:30p	3/14-5/9*	\$120
*No workshop 4/4				

#### **FRIDAY CLASSES**

End your week (or start your weekend) with Figurative Clay Sculpture! Students will hone their skills with fun assignments that generate imagination, inspiration, and time to work independently. Eight weeks. ED

122055-01	F	9:30-11:30a	1/13-3/3	\$192
03	F	9:30-11:30a	3/17-5/12*	\$192
*No class 4/7				

#### FRIDAY FIGURATIVE STUDIO WORKSHOP TIME\*\*

\*\*Must be a current Eagledale Pottery Studio sculpture student.

Enjoy a lunch break, then continue working another two and a half hours after class. You'll be delighted at your progress! Eight weeks. ED

122056-01	F	12:00-2:30p	1/13-3/3	\$120
03	F	12:00-2:30p	3/17-5/12*	\$120
*No workshop 4/2	7			

#### QUICK START SCULPTURE BEGINNING FIGURATIVE

SCULPTURE CLASS

Try out the basics of figurative clay sculpture! In four weeks, you'll know enough to create something wonderful and decide whether you'd like to learn more. Includes one bag of clay. 4 weeks. ED 122073-01 F 02 F



1/27-2/17

4/14-5/5

1:00-3:00p 1:00-3:00p

\$75
\$75

### FLEXIBLE WORKSHOP OPTION

As a current Eagledale Pottery Studio ceramic student or alumni hobbyist, we know you're busy and appreciate some space in your schedule, so Eagledale Pottery Studio offers a flexible workshop option! Ten visits to any existing workshop for current-quarter students/alums whenever you are available or able. Travel, have guests, and make an appointment without missing time in the studio to finish your stuff. Check-in with staff when you arrive. ED

#### WINTER FLEX WORKSHOP

\*No workshops 4/3-7

122047-02	days and times vary	1/17-3/26*	\$150
SPRING FLEX	WORKSHOP		
122047-03	days and times vary	3/27-6/10*	\$150

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<b>9</b> -6,	

### **EVENING POTTERY**

These two-hour evening classes and workshop times appeal to both beginning and advanced levels of ability. Lessons and work will include wheel-thrown and hand-building techniques, exploring texture and glazes. Emphasis on individual success and fun. Includes all materials and firings. ED

<b>MONDAY EVE</b> 122052-01 *No class 2/20	М	6:30-8:30p	SICS — Six Weeks 1/18-3/8*	\$220
TUESDAY EVE	NING STUD	IO WORKSHOP T	IME — Eight Week	s
122054-04	Т	6:00-8:00p	1/24-3/14*	\$96
05	Т	6:00-8:00p	4/18-6/6	\$96
WEDNESDAY	EVENING C	LASSES — Eight	Weeks	
122052-02	W	6:30-8:30p	1/18-3/8	\$272
06	W	6:30-8:30p	4/12-5/31	\$284
THURSDAY EV	ENING STU	DIO WORKSHOP	TIME — Six Week	s
122054-02	Th	6:30-8:30p	3/09-4/20*	\$84
03	Th	6:30-8:30p	4/27-6/1	\$84
*No workshop 2	2/14 or 4/6			

# SEE ALSO EVENING CLAY BASICS SAMPLER CLASSES PAGE 36.



# FRIDAY NIGHT CLAY PLAY!

Get out of the house and get your hands messy! Make something interesting for keeps! These fun two-evening classes are designed to appeal to adults of any ability. The focus will include basic clay-handling techniques and exploring texture and glazes. A variety of stoneware projects for the electric kiln. These Friday evening experiences make a fun friends' night out, a memorable date, or just some focused creative time for yourself. They are led by instructor/artists Katie Bonanno, Heather Polverino and studio staff. Materials included. Space is limited. ED

#### **ARTFUL HEARTS!**

Try your hand at making decorative and functional heart art! Platter, tea light lantern, ring holder, wall tile?

122080-01	F	6:30-8:30p	1/13 & 1/27	\$48

#### **FUNCTIONAL KITCHEN POTTERY!**

Try your hand at making your own butter dish! A trivet or hot pad! A spoon rest! Use the extruder to create a fun and functional addition to your table!				
122080-03	F	6:30-8:30p	3/10 & 3/24	\$48
TILES!				
Try your hand	at maki	ng custom slab tiles	! One-of-a-kind house nu	merals?
Small signs with a favorite saying? Coasters?				
122080-04	F	6:30-8:30p	4/14 & 4/28	\$48

### YARD CHIMES AND TOTEMS!

Try your hand at making yard art! Brighten your garden or deck with a col-				
orful totem o	r set of	wind chimes!		
122080-02	F	6:30-8:30p	5/19 & 6/2	\$48

# SEE ALSO PARENT/CHILD CLAY PLAY PAGE 19.

# MUSIC

### INTRODUCTION TO SONGWRITING

No experience is required! Everyone is born with a song in their heart — here's your chance to get it out into the world! From the basics of getting started, organizing ideas, notation, and home recording (DAW), this class will offer valuable resources with experienced guidance in an instructive and inclusive atmosphere. We will even compose our class song! SB

166956-01	М	10:00-11:30a	1/30-3/6	\$50
02	М	10:00-11:30a	3/20-4/24	\$50

### SONGWRITING: NEXT STEPS

Those with experience in songwriting and instrumental composition scored and used essential DAW technologies. Developing more skills in your music creator toolbox is empowering! Topics include a variety of methods and processes and filling in any gaps of knowledge needed to move your work forward. This may consist of music notation, writing, and arranging. This experience is tailored to the individual student on their creative path. SB

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166957-01	W	10:00-11:30a	3/22-4/26	\$50
02	W	10:00-11:30a	5/3-6/7	\$50

#### HILLTOP ACOUSTIC JAM All-Ages Music Jam

Bring your guitar, voice, uke, recorder, banjo, box drum, fiddle, or any other acoustic instrument, for an old fashion song-swapping circle at "Prue's House"! Beginners and veterans learn from each other with no stage fright and pressure; sit in or just come to listen! All ages are welcome, and it's FREE! Hot drinks by donation, third Friday, monthly at 7:30p. 1/20, 2/17,3/17, 4/21 and 5/19 HT

### LANGUAGE

# INTERMEDIATE CONVERSATIONAL SPANISH

Ages 18 and up. This class will help you reawaken your existing knowledge if you have studied some Spanish. We will use stories, music, and conversation to refresh prior studies and build new understanding. We will learn an easy reader book (usually \$5-10), listen to recordings, and do grammar exercises from an accessible textbook (\$13) and self-correcting websites. If this is the first time you will take a class with Will Perkins, please communicate directly with him via email (senorperkins@gmail.com) to determine which level best suits your needs.

#### AQ CONTRACTOR 166753-01 W 9:20-10:50a

166753-01	W	9:20-10:50a	1/11-2/15	\$110
02	W	9:20-10:50a	4/12-5/17	\$110

### ADVANCED CONVERSATION SPANISH

If you are already skilled in Spanish but aspire to approach fluency in speaking, this class is your best choice. In an immersive experience, talk about nothing but Spanish in class while discussing reading (stories, plays, and novels), videos, and some of the more complex grammar points. We also write our own stories that are shared with classmates. This course is designed to advance your skills and boost your confidence! AQ **CONTRACTOR** 

and boost your	connuence: /			
166754-01	W	11:00a-12:30p	1/11-2/15	\$110
02	W	11:00a-12:30p	4/12-5/17	\$110

### **SPECIAL INTEREST**

### WOMEN IN LIFE TRANSITION

Ages 18 and up. Some of the most important and stressful times in life are those brought on by change. Whether you face a change in relationship, home life, or career or are simply new to the island, women supporting women through transition is powerful! Learn how to design strategies, discover resources, develop networks, identify trouble spots, and shed habits that no longer serve you. Taking personal inventory and identifying your true goals are the best way forward. Invest in yourself and your future YOU! AO

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166012-01	Т	10:00a-12:00p	3/7-3/28	\$70
02	Т	10:00a-12:00p	5/2-5/23	\$70





# CANINE

### CANINE CLASSES

Bainbridge Island Metro Park & Recreation District continues to be a dog-friendly environment. Dogs are allowed in all parks if they are on leashes unless in a designated off-leash area (Strawberry Hill Park and Eagledale Park). The Park District promotes "Responsible Dog Ownership," which encourages dog owners to show respect for other park users, other dogs, and their dogs. Practicing responsible dog ownership can positively impact everyone's experience in our public parks.

The Park District created the Dog Advisory Committee to oversee and develop off-leash programs. The Park District and the Dog Advisory Committee encourage park users to enjoy parks with their dogs. The Park District's Dog Advisory Committee (DAC) is a group of citizens and park officials that aims to create a model of "Responsible Dog Ownership" that promotes mutual respect, safety, and enjoyment for all park users. The DAC is tackling the challenging topic of off-leash use of parks. They work diligently to develop comprehensive programs to create opportunities, plan and implement educational programs, and monitor and adjust the enforcement program that allows all park users to enjoy their time in Parks. The DAC and the Park District aim to create fun, safe parks where all park users show each other mutual respect.

To report a dog-related issue, dial 911 and ask for Kitsap County Animal Control and Rescue. If you want to know more about District leash policies or get involved in creating positive solutions for dog owners, contact the Park District at 206-842-2302.

### **RED DOG TRAINING with Alanna Westfall**

This winter/spring season, we are incredibly excited to offer classes from Alanna Westfall with Red Dog Training. Alanna has been active in the training community for over ten years, from zoological settings to competitive dog sports. All group classes will have a 6:1 ratio to allow each human/canine team to get their needed attention.

We find group classes are not the best environment for highly reactive dogs to learn and succeed. If you have a reactive dog and need help, please contact Alanna at alanna@reddog-training.com to set up a private session.

### PUPPY PRIMER

Ages 18 and up. Start the journey with your new puppy off on the right paw. In this class, we will be covering the foundations of training your new companion. We will build confidence and engagement with your new addition through positive reinforcement and a play-based approach. Furthermore, we will address handling techniques to prepare your dog for the yet and groomer and ways to avoid behavior problems as your puppy matures. The class is best suited for puppies six months old and under. CYCabin CONTRACTOR

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126116-01	Μ	5:00-6:00p	1/30-3/6	\$180
02	W	9:00-10:00a	3/15-4/19*	\$150
03	Μ	5:00-6:00p	4/24-5/22	\$150
*NI I 4/E				

\*No class 4/5

### **MISCHIEF TO MANNERS**

Ages 18 and up. Open to all levels and ages of dogs, this class is geared toward building relationships and setting clear communication lines between you and your dog. Through focus games, we will build positive behaviors, increase motivation, and establish a sense of teamwork with our canine partner. CYCabin

CONT	RA	CTU	IR
12611	7-01		

26117-01	Μ	6:00-7:00p	1/30-3/6	\$180
02	W	9:00-10:00a	2/1-3/8	\$180
03	W	10:00-11:00a	2/1-3/8	\$180
04	Μ	5:00-6:00p	3/13-4/17*	\$150
08	М	7:00-8:00p	3/13-4/17*	\$150
05	W	10:00-11:00a	3/15-4/19*	\$150
06	М	6:00-7:00p	4/24-5/22	\$150
07	W	9:00-10:00a	4/26-5/31	\$180
*No class 4/3 a	und 4/5			

\*No class 4/3 and 4/5

### **ABOVE AND BEYOND NEW!**

Ages 18 and up. Is your dog begging for more from you? Do they love to interact and thrive off learning new behaviors? Then this is the class for you! Above and Beyond builds off the foundations set in puppy primer and mischief to manners and begins to build behaviors used in formal obedience. Please don't let "formal" scare you! All training will be play-based, positive, and, most importantly, FUN. CYCabin CONTRACTOR

	AUTON			
133901-01	Μ	7:00-8:00p	1/30-3/6	\$180
02	W	11:00a-12:00p	2/1-3/8	\$180
03	Μ	6:00-7:00p	3/13-4/17*	\$150
04	W	11:00a-12:00p	3/15-4/19*	\$150
05	Μ	7:00-8:00p	4/24-5/22	\$150
06	W	10:00-11:00a	4/26-5/31	\$180
*No alaaa 1/2 a	nd 1/E			

\*No class 4/3 and 4/5



### **ADVANCED OBEDIENCE NEW!**

Ages 18 and up. It always starts casually, but now you are hooked! Training your canine partner is the most fun either of you has had in ages, and you need more! This class continues to build off the behaviors taught in Above and Beyond and begins to introduce the world of competitive rally and obedience. No intention to compete? Don't worry; you are welcome too! This class is about having fun with your dog, building cognitive and physical health behaviors, and strengthening the relationship with your canine companion. CYCabin CONTRACTOR 11:00a-12:00p 133902-01  $\Lambda /$ 4/26-5/31



# **FITNESS/ EXERCISE**

# SPORTS EMPLOYMENT

Do you have an idea for a class, league, clinic, or camp vou'd like to see the Park District offer? Let us know about it. Email Audree Gormanson at audreeg@biparks.org

### **EMPLOYMENT OPPORTUNITIES**

Sports Skills Instructors • Camp Program Supervisors **Camp Program Counselor** 

# **VOLUNTEER OPPORTUNITIES**

Soccer Coaches • Basketball Coaches • Basketball Referees **Volleyball Coaches** 



### **OPEN GYM SPORTS**

#### **High School Lower Gym**

Players can drop in and play for \$7.00 per visit or buy a 5-visit pass for \$30 or a 10-visit pass for \$60.

Check out our open gym options for our BIRC Members in our BIRC section of the catalog on page 61. Non-members can also attend an open gym at the Recreation Center for a daily drop-in fee.

М	Т	W	TH	F
Spikeball	Basketball	Volleyball	Pickleball	Dodgeball
7:30-9:30p	7:30-9:30p	7:30-9:30p	7:30-9:30p	7:30-9:30p

\*Subject to changes and cancellations due to school functions, holidays, or low attendance.

### WALK WITH A DOC NEW!

The Park District has started a brand-new chapter of this popular national program! Walk with Doc communities offer free, healthcare professional-led walking groups throughout the year. Walks begin with a brief discussion on a current health topic, and then participants enjoy a healthy walk and conversation. These walking groups are a safe, fun, and FREE place to get some steps, learn about health, and meet new friends. The program meets every other week --- walking outside when the weather permits and indoors when needed. Facilitated by Aaryn Olesen, MPH. BPP 166017-01 W 3/15-5/24\* 12:00-1:00p Free

FOR YOUTH LEAGUES	
Charles • Raskethall Charles • Raskethall Reference	

MORNING EXERCISE FUNTASTIC FITNESS! This class combines aerobics, flexibility, and strength training in a posi-

tive, energizing environment. You will learn exercises designed to increase flexibility, joint stability, balance, coordination, agility, muscular strength, and cardiovascular endurance. Get ready for a head-to-toe workout! These eight-week sessions have replaced the traditional exercise passes. SHMG MW 166726-01 9:00-10:00a 1/23-5/12 \$75 10-class pass/\$9 drop-in.

**STAY STRONG!** 

Increase muscular strength, range of motion, balance, and agility. Our instructor will teach you how to stay strong in your daily life activities. Some exercises are done on the floor. These eight-week sessions have replaced the traditional exercise passes. SHMG

166725-01 1/17-5/4 TTh 11:00a-12:00p \$75 10-class pass/\$9 drop-in.

### T'AI CHI CHUAN

This course, founded on the Yang style of T'ai Chi Chuan, reminds us how to move through the world in a manner that is both relaxed and powerful. Each class focuses on a different aspect of The Way to integrate the practice into everyday life. Slow-motion training encourages participants to feel, correct, and strengthen balance and postural alignment. Caylen Storm instructs. ICH

strongthon balance and postaral anglinent. Ouvien eterni instructo. Ion				
166739-01	Т	10:00-11:30a	1/17-2/28	\$75
02	Т	10:00-11:30a	3/7-4/18	\$75
03	Т	10:00-11:30a	4/25-6/06	\$75
166738-01	Th	1:00-2:30p	1/19-3/2	\$75
02	Th	1:00-2:30p	3/9-4/20	\$75
03	Th	1:00-2:30p	4/27-6/08	\$75

## YOGA WITH JOTI CHANDRA KAUR 🖈

Ages 13 and up. This class will focus on fundamental the yoga poses, breath, and mindfulness, with extended relaxation. This gentle yoga practice brings us closer to a balance point — to a state of stability, ease, and inner stillness where health and happiness blos-



som. It provides a basic foundation in yoga. Joti Chandra Kaur is RYT 200 and a certified gong practitioner. Her practice includes all styles of yoga, including Kundalini yoga, Ashtanga, and yin. ICH.

111204-01	Th	10:00-11:15a	1/19-6/15	
02	Μ	9:00-10:15a	1/23-6/12	
*Drop in for \$16	or nurahaaa	a vaga pupah paga a	of 10 tickote for ¢16	Ċ

<sup>t</sup>Drop in for \$16 or purchase a yoga punch pass of 10 tickets for \$150.



### RESTORE WITH GONGS

Ages 13 and up. Enjoy an evening of gentle movement to get you set up for a deep, restorative sound experience. Starting with some stretching, we will move into over 30 minutes of sound therapy, mostly gongs, and other tools, and finishing with a short meditation. Take this time to allow yourself to restore on a cellular level and let the waves of the gong wash



1/29

3/12

over you, much like the cleansing waves of the ocean. Please bring a mat, blanket, and anything else to be comfortable; there are no props to borrow. ICH

111231-01	Su	5:00-6:15p	
02	Su	5:00-6:15p	
03	Т	5 <sup>.</sup> 00-6 <sup>.</sup> 15n	

### ZUMBA WITH OLYMAR 🏋

long? It's time to dance! We're going to shake it — responsibly, of course! Join us in the large, covered outdoor setting that offers ventilation and privacy all in one! Zumba is a dance fitness class set to contemporary Latin and world music. No memorization of choreography is needed just follow the leader! Oly has over 20 years of fitness instructor experience and a lifetime of dance passion. She is also a registered nurse, so

safety protocols are a high priority. Never tried Zumba before? On the fence about whether it's your cup of tea? Contact Oly at zumbawitholy@gmail.com to see about the availability of one free trial class. Ordway Covered Area ICH

#### CONTRACTOR

111333-01	Sa	10:00-11:00a	1/14-4/29	
02	W	6:30p-7:30p	1/11-4/26	
03	SaW		Drop-in spot	\$17

\$55 for a 5-class pass

### **ZUMBA WITH** MARIAH

Ages 13 and up. Burn your calories with a big smile on your face! Zumba takes the "work" out of the workout. Zumba uses contemporary Latin and World rhythms and current radio tunes to stimulate your heart. All levels are welcome. ICH CONTRACTOR

111319-02 11:00a-12:00p Su \$85 for 10-class pass, \$15 drop-in



1/15-6/11



Ages 13 and up. Want to run with others and explore new areas of the island? Join us for weekly morning runs, where we'll explore new roads on the island together and enjoy the camaraderie of running with other islanders! It's an opportunity to meet other runners in an inclusive environment that is open to all levels. Running with others is a great way to meet and make new friends. And for those who are available, we can head to the local coffee place after our run and grab a cup together! We invite you to become a part of our running community! Various locations.

111315-01	Т	9:00-10:00a	1/17-2/14	\$60
02	Th	9:00-10:00a	1/19-2/16	\$60
03	Т	9:00-10:00a	4/11-5/9	\$60
04	Th	9:00-10:00a	4/13-5/11	\$60
05	Т	9:00-10:00a	5/16-6/13	\$60
06	Th	9:00-10:00a	5/18-6/15	\$60
07		5-visit punch	pass	\$75



# **TENNIS/ PICKLEBALL**

# PICKLEBALL 101 🏚

Ages 16 and up. Come learn the rules and how to play in this introductory class taught by Zachary Ohnemus. Course content includes equipment, basic rules, court position, and more. All equipment provided. All fitness levels are welcome, BPP

112723-01	Su	11:30a-12:45p	3/19	\$30
02	Su	11:30a-12:45p	4/16	\$30
03	Su	11:30a-12:45p	5/14	\$30
04	Su	11:30a-12:45p	6/11	\$30

### **BEGINNERS PICKLEBALL – LEARN TO PLAY** WHILE PLAYING

Ages 18 and up. This class is perfect for players ready to learn everything they need to begin playing matches. Learn the rules, basic strategy, and techniques while you play. All equipment provided. All fitness levels are welcome. BPP

, , ,				
112725-01	MW	12:00-2:00p	2/6-2/15	\$55
02	MW	12:00-2:00p	2/27-3/8	\$55
03	MW	12:00-2:00p	3/13-3/22	\$55
04	MW	12:00-2:00p	4/10-4/19	\$55
05	MW	12:00-2:00p	4/24-5/3	\$55
06	MW	12:00-2:00p	5/8-5/17	\$55
07	MW	12:00-2:00p	6/5-6/14	\$55

### 5/16 Ages 13 and up. Have you been cooped up too



\$30 \$30

\$30



### PICKLEBALL DRILLS AND SKILLS

Ages 18 and up. This class is designed for players familiar with the rules and basic gameplay and are looking to level up their gameplay. Classes are designed to teach core doubles strategies and quality paddle techniques. Create confidence in your game and enhance your technique while playing various fun games and drills. BPP

112726-01	TTh	12:00-2:00p	2/7-2/16	\$55
02	TTh	12:00-2:00p	2/28-3/9	\$55
03	TTh	12:00-2:00p	3/21-3/30	\$55
04	TTh	12:00-2:00p	4/11-4/20	\$55
05	TTh	12:00-2:00p	4/25-5/4	\$55
06	TTh	12:00-2:00p	5/9-5/25	\$55
07	TTh	12:00-2:00p	6/6-6/15	\$55

### PRIVATE, SEMI-PRIVATE, AND GROUP PICKLEBALL LESSONS

Ages 12 and up. Private, semi-private, and group pickleball lessons for youths, adults, and seniors. Fun interactive lessons designed for beginner, intermediate, and advanced players. Come learn to play or improve your skills in America's fastest-growing sport. Zac Ohnemus instructs.

112727-01	Private Lessons:	1 hour, 1 player = \$60
02	Semi-Private Lessons:	1 hour, 2 players = \$75
03	Semi-Private Lessons:	1 hour, 3 players = \$90
04	Semi-Private Lessons:	1 hour 4 players = $$105$

### INTRO TO PICKLEBALL 🎵

Ages 16 and up. Come learn the rules and how to play in this introductory class taught by experienced players. Course content includes equipment, basic rules, court position, and more. BIRC

			Member/Non-Member	
112742-01	Su	2:30-3:30p	1/22-2/12	\$73/\$93
02	Su	2:30-3:30p	3/5-3/26	\$73/\$93
03	Su	2:30-3:30p	4/16-5/7	\$73/\$93

### PRIVATE, SEMI-PRIVATE, AND GROUP TENNIS LESSONS

Schedule your private, semi-private, or group lessons on the weekends. Classes are outside on the Bainbridge High School Tennis Courts. Email Audree at Audreeg@biparks.org for more information.

- 112799-01 Private Lessons: 1 hour, 1 player = \$55
  - 02 Semi-Private Lessons: 1 hour, 2 players = \$70
  - 03 Group Lessons: 1 hour, 3 players = \$81, 4 players = \$88
  - 05 Private Lessons: 5 pack of 1-hour lessons = \$261 (5% off)
  - 07 Semi-Private/Group Lessons: 5 pack of 1-hour lessons = \$157 (5% off)

BIRC Monthly Users can schedule private, semi-private, and group lessons indoors in the Recreation Center. For more information, contact Dayna at Daynag@ biparks.org.

## TABLE TENNIS OPEN PLAY 🞾

Ages 14 and up. We play organized, competitive games, rotate opponents, practice, and have a great time! No experience is necessary. \$3 drop-in fee per visit, paid at the gym. SHMG

112729-01	T	6:30-9:30p	1/17-5/30	\$12 for 5-visit punch card
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### TABLE TENNIS MULTI-BALL PRACTICE 🏋

Ages 14 and up. Multi-ball is a form of high-intensity table tennis training where the coach stands at the side of the table with a container of balls that hit the player one at a time. We'll take turns learning strokes such as drives, pushes, and loops. No experience is necessary. \$3 drop-in fee per visit, paid at the gym. SHMG 112728-01 W 6:30-9:30p 1/18-5/31 \$12 for 5-visit punch card

### WALKS

### DISCOVER BAINBRIDGE WALKS

Walk with us and discover the back roads and trails of Bainbridge. You'll learn some of the island's history and meet new friends. Walks are at a steady pace, rain or shine. The first walk starts at Rotary Park on Weaver Road.

### **THREE-MILE WALKS**

111909-01	Μ	9:00-10:30a	1/23-3/6	\$40
02	Μ	9:00-10:30a	3/13-4/24	\$40
03	Μ	9:00-10:30a	5/1-6/12	\$40

### FOUR-MILE WALKS

Tuesday and	Wednes	day		
111910-01	Т	9:00-11:00a	1/24-3/7	\$40
02	W	9:00-11:00a	1/25-3/8	\$40
03	Т	9:00-11:00a	3/14-4/25	\$40
04	W	9:00-11:00a	3/15-4/26	\$40
05	Т	9:00-11:00a	5/2-6/13	\$40
06	W	9:00-11:00a	5/3-6/14	\$40
Sunday				
111912-01	Su	9:00-11:00a	1/22-3/5	\$40
02	Su	9:00-11:00a	3/12-4/23	\$40
03	Su	9:00-11:00a	4/30-6/11	\$40

### **TWO-MILE WALKS**

# Flatter roads and trails of Bainbridge Island. Nice easy pace.111911-01Th9:00-10:15a1/26-3/9\$35000Th0:00-10:151/27\$00

02	Th	9:00-10:15a	3/16-4/2/	\$35
03	Th	9:00-10:15a	5/4-6/15	\$35





### **DISCOVER THE BIRDS OF BAINBRIDGE ISLAND WALKS**

This series of five walks will explore several parks, including Blakely Harbor Park, Fay Bainbridge Park, and Battle Point Park. We will slowly walk as much as 1.5 miles, searching for resident and migratory birds. Birdingby-ear, visual identification, and other birding tips will be discussed. Bring binoculars, Limit 15 people.

111913-01	W	9:00-10:30a	3/1-3/29	\$45
02	W	9:00-10:30a	4/12-5/10	\$45

### **TEAM SPORTS/LEAGUES**

We provide opportunities for youth and adults to participate in organized team sports all year round. Get your friends, neighbors, and co-workers together to play!

### ULTIMATE FRISBEE PICK-UP GAMES NEW!

Ages 16 and up. Fun, PICK-UP games of Ultimate Frisbee. Registration is required to play. All athletic levels are welcome. We provide cones and discs, frisbees, reversible pinnies, and a staff person to help organize games. Questions? Contact Audree at 206-842-5661 #142 or AudreeG@biparks.org. BPP

				1
113707-01	Th	6:30-8:30p	4/13-6/1	\$50 per person
02	Th	6:30-8:30p	6/8-8/10	\$50 per person

### ADULT KICKBALL LEAGUE NEW!

Ages 18 and up. Grab your friends and join us for a fun day of kickball. Official kickball rules will be used, except where noted. For a complete list of rules, contact us. The winning team receives a championship prize. BPP

113714-01 Т 6:30-8:00p 6/6-8/8 \$50 per person

### ADULT DISC GOLF PICK-UP GAMES NOW!

Ages 18 and up. Meet up to play Disc Golf with others that like to play. This is for meet up only. No staff will be there. Questions? Contact Audree at (206) 842-5661 #142 or AudreeG@biparks.org. BPP 113711-01 Т 6:30-8:30p 4/11-6/13 Free

### ADULT SOCCER PICK-UP GAMES NEW!

Ages 18 and up. Meet up to play soccer with others that like to play. This is for meet up only. No staff will be there. Questions? Contact Audree at (206) 842-5661 #142 or AudreeG@biparks.org. BPP

113716-01	Μ	6:30-8:30p	4/10-6/12	Free

### **COED 50+ SOFTBALL**

Ages 50 and up. No experience is necessary. All levels of players are welcome! Practice starts in April and goes on to the end of September. Several games against other teams will be played throughout the season. You must register before playing. Questions? Contact Audree at (206) 842-5661 #142 or AudreeG@biparks.org. BPP 113701-01 TF



4/11-9/22

#### 10:00a-12:00p

\$60

### MEN'S RECREATIONAL SOFTBALL LEAGUE

Ages 18 and up. Ten games in the regular season plus at least one game in our end-of-season tournament. ASA rules will be used, except where noted. For a complete list of rules, contact us. The season runs roughly from June to August. Team Managers are required to attend all mandatory pre-season meetings. Meetings will be held in April and May. Times and dates to be determined. The registration deadline is May 17: all team fees are due in full. Game times: 6:15p and 7:30p. Questions? Contact Audree at (206) 842-5661 #142 or AudreeG@ biparks.org. BPP. 113702-01 MTh

6/5-8/10 \$900

### **BIFC ADULT SOCCER** SPRING LEAGUE

Ages 21 and up. Bainbridge Island FC's Adult coed teams play within a 7v7 game format (50-minute games); current and new players are welcome to join. Click www.bifc.net for more info or email ian@ bifc.net. The game schedule and times will be released on April 21. Ages 21 and up. CONTRACTOR



112321-01 F 6:15-8:30p 5/5-6/9\* \$150 \*No games 5/26

### PICKLEBALL LADDER LEAGUE AT BIRC

Ages 18 and up. C Are you interested in playing more pickleball with people at your same level at a set time each week? Our Ladder Play might be the answer. Good for whether you want to be competitive or just want to play with people of similar ability. BIRC Manuhau/Man Manuhau

			wember/Non-wember		
112744-01	Su	5:30-7:30p	1/22-2/12	\$50/\$65	
02	Su	5:30-7:30p	3/5-3/26	\$50/\$65	
03	Su	5:30-7:30p	4/16-5/7	\$50/\$65	
04	W	7:00-9:00p	1/25-2/15	\$50/\$65	
05	W	7:00-9:00p	3/1-3/22	\$50/\$65	
06	W	7:00-9:00p	4/12-5/3	\$50/\$65	

### **TEEN CORNHOLE LEAGUE AT BIRC NEW!**

Ages 13-18. Grab a friend and join us for our new teen cornhole league. For a complete list of rules, contact us. The winning team receives the championship prize. BIRC

			Member/N	on-Member
113715-01	Т	7:00-9:00p	1/24-2/14	\$50/\$65
02	Т	7:00-9:00p	2/28-3/21	\$50/\$65
03	Т	7:00-9:00p	4/11-5/2	\$50/\$65

### ADULT CORNHOLE LEAGUE AT BIRC NEW!

Ages 19 and up. Grab a friend and join us for our new teen cornhole league. For a complete list of rules, contact us. The winning team receives the championship prize. BIRC

			Member/N	on-Member
113712-01	Th	7:00-9:00p	1/26-2/16	\$50/\$65
02	Th	7:00-9:00p	3/2-3/23	\$50/\$65
03	Th	7:00-9:00p	4/13-5/4	\$50/\$65

44 | WINTER/SPRING 2023



# BOATING

### WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

# PADDLING PROGRAMS

#### "The two best reasons to buy a kayak rather than just renting are sunsets and sunrises."

Thomas P. Jones

### PADDLING

Being on a kayak, canoe, or SUP is a great way to explore shallow-water bays and harbors inaccessible to other boats! Instructors will work to expand paddlers' skill sets, maintain a focus on paddling safety, and have tons of fun. Come paddle with our incredible staff and learn new skills and areas to explore.

### FAQS

**General** — A detailed introductory email will be sent out the week before the start of each session. This email will include required forms and logistical information such as where to meet, what to bring, and the weather forecast.

**Swim License** — **Youth:** A Park District Swim License is required for youth boating participants engaging in on-the-water programs. It is acquired through a one-time test held at the Aquatic Center and involves full submersion by jumping into the pool, swimming 25 yards, and then floating or treading water for one minute. The swim license form can be found at https://biaquatics.org/. Call the Aquatics Center at (206) 842-2302 to find out when testing is available. If you aren't sure if you or your child is on file, visit http://bianbridgeswim.azurewebsites.net/. If your child is on file, print the record showing they passed and bring it to the first day of your boating class.

**Adults:** Participants ages 18 and up must complete the Park District Swim License or sign off on a Swimming Skills Acknowledgment form, self-certifying that they can meet or exceed the requirements.

**Learning About the Marine Environment** — Being on a kayak, canoe, or SUP is a great way to explore shallow-water bays and harbors inaccessible to other boats. We often take advantage of this opportunity to teach about the marine and intertidal life found around Bainbridge Island and Puget Sound!

**Games, Beaches, and Shore Activities** — To increase paddlers' confidence and essential skills, camps will often engage in shore launching and landing, practicing various entries, exits, mounts, and dismounts from their boats and SUPs. Plenty of on-the-water games and initiatives will help develop and refine participants' paddling skills. Beach activities may be mixed into programming as well.

**Equipment** — A U.S. Coast Guard-approved lifejacket (PFD) is required to be worn for all boating programs. Purchasing PFD to match your size, comfort, and style is recommended. However, participants can borrow a select number of PFDs; closed-toe sandals or shoes are required. No flip-flops or bare feet. Kayaks, canoes, and stand-up paddleboards are provided.

**Registration Deadlines** — The registration deadline for most programs is three days before the program start date. The Park District reserves the right to require a doctor's note to clear a participant for participation. Waivers and Forms — Participants must complete and sign the required waivers and forms to participate. These forms will be emailed to everyone approximately the week before each program begins. All forms and waivers should be turned in to instructors on the first day of class and remain valid for all 2023 winter/spring paddling programs.

**Refunds** — For questions about refunds, please see page 4. If the weather cancels a program day, a prorated credit will be refunded for the missed session. Rain does not cancel programs; severe weather does. **Questions?** Contact Outdoor Program Manager.

# AFTER-SCHOOL

Ages 7-10, 10-14. Join us for four weeks of fun and exciting after-school paddles! Each week participants will explore the waters and beaches around Bainbridge Island by boat, play games, discover local marine life, and improve their paddling skills through fun activities. Instructors will introduce everyone to kayaks, canoes, and paddle boards, helping kids get comfortable and confident and learn specific paddle techniques for each type of boat they try. Park District Swim License is required; see FAQs for details. HCP.



Ages 7-10				
130758-01	Т	3:30-6:30p	5/2-5/23	\$230
Ages 10-14				
02	Μ	3:00-6:00p	5/1-5/22	\$230

WINTER/SPRING 2023 | 45

# BOATING



### COVE TO SOUND KAYAK PADDLE 🏋

Ages 7 and up. The best way to reward yourself at the end of the week is to join us for a scenic evening kayak paddle from Hidden Cove Park to Fay Bainbridge Park. We'll practice basic kayak strokes in protected Hidden Cove, then venture out of the bay and around the point to Fay Bainbridge Park, which offers a long sandy shoreline and sweeping views of Puget Sound and the Cascade Mountains. Open to all experience levels. A parent or quardian must accompany participants under 14. HCP

130726-01	F	5:30-8:30p	5/19	\$93

### **BIOLUMINESCENCE AND STARGAZING PADDLE**

Ages 7 and up. Witness the light shows both underwater and overhead! We will explore the incredibly rich bioluminescence of the Puget Sound, perhaps even catching the outlines of fish or shrimp as they dart away underneath us, swathed in the surreal blue light created when they disturb phosphorescent marine plankton. We'll learn about the biology behind this stunning phenomenon and the constellations above us. This experience feels truly magical, whether you're looking down at the glowing water or up at the stars! Open to all experience levels. A parent or guardian must accompany participants under 14. HCP \$83

9:30-11:30p 130703-01 Sa 5/27

### SPRING SOCIAL PADDLE GROUP

Ages 13 and up. Enjoy paddling with others and learning new skills? Join us for a weekly paddling get-together filled with exploration and camaraderie! We'll have opportunities to learn kavaking techniques while taking advantage of the longer days to explore different parts of the island together over four weeks. We invite you to be part of our paddling community! Location varies. 130738-01 Th 5:00-8:00p 4/20-5/11 \$121

# SAILING PROGRAMS

## **COMMUNITY SAILING**

Everyone has a spectacular opportunity to become a proficient sailor in Eagle Harbor this fall! Learn the basics or improve your skills through daily lessons, drills, games, and adventures. Whether you want to be a cruiser or a racer, a dinghy or a keelboat sailor, we can teach you everything you need to know about sailing! Classes are led by US Sailing Certified Sailing Instructors and Assistant Instructors.

### FAQS

**General** — A detailed introductory email will be sent out approximately one week prior to the start of each session. This email will include required forms as well as logistical information such as where to meet and what to bring.

Questions? Contact our Sailing Program Coordinator Haley Lhamon at haleyl@biparks.org.

**Equipment** — A U.S. Coast Guard-approved lifejacket (PFD) must be worn during all sailing programs. Purchasing a PFD to match your size, comfort, and style is recommended, however there are PFDs for participants to borrow. Closed-toe shoes are required (no flip-flops or bare feet). Sailboats are provided.

**Park District Swim License** — **Youth:** A Park District Swim License is required for youth boating participants who will be engaging in on-thewater programs. It is acquired through a one-time test held at the Aquatic Center and involves full submersion by jumping into the pool, swimming 25 yards, and then floating or treading water for one minute. The swim license form can be found at https://biaguatics.org/. Call the Aquatics Center at (206) 842-2302 to find out times when testing is available. If you aren't sure if you or your child is on file, visit http://bainbridgeswim.azurewebsites.net/. If your child is on file, print the record showing they passed and bring it to the first day of your sailing class.

Adults: Participants age 18 and over need to complete the Park District Swim License or sign off on a Swimming Skills Acknowledgment form. self-certifying they can meet or exceed the requirements.

**Registration Deadlines:** Registration deadline online is two days before the first day of each class. The Park District reserves the right to require a doctor's note to clear a participant for participation.

Waivers and Forms — Sailors must complete and sign required waivers and forms each sailing season in order to participate. These forms will be emailed out to everyone approximately one week before each program begins. All forms and waivers should be turned in to instructors on the first day of class.

**Refunds** — For questions about refunds, please see page 4. If bad weather cancels a class, a pro-rated credit will be refunded to your Park District account.

### **HIGH SCHOOL** COMPETITIVE **FJ AND 420E**

Grades 9-12. These classes are designed for high schoolers who want to improve their doublehanded dinghy racing skills. All sailors must have intermediate-advanced sailing experience and skills (competent dinghy boat handling, sail trim, and racing rules knowledge). Those who are newer to racing or less skilled will be on the JV team overlapping



with varsity on Mondays and Wednesdays; JV will have its own practice on Thursdays. Varsity will practice Mondays, Wednesdays, and Fridays. Both classes will focus on teamwork, boat handling, and boat speed while gaining a better understanding of the nuances of racing. Additional topics will include sail trim, communication, racing tactics, strategies, racing rules, preparing boats for trailer travel + rerigging, and fine-tuning controls for conditions. Sailors should be adequately prepared for cold, windy, wet conditions and capsizing. Because of the growing size and waitlist from fall, registration requires Coach Haley Lhamon's approval. All interested sailors should contact her by Wednesday, January 4, before the first day of registration on Saturday, January 7: haleyl@biparks.org. Prerequisite: intermediate-advanced sailing classes or equivalent experience and Coach Haley's approval. District Swim License required. Classes meet at the public dock below Waterfront Park in Eagle Harbor.

130722-01	MWF	3:45-6:15p**	2/27-6/5	\$740 Varsity*
130722-02	MWTh	3:45-6:15**	2/27-6/5	\$740 JV*
**Starts at 2:15p or	n Mondays.	Practice will e	end at 5:45p until	daylight saving
starts on March 12.				

\*Fee includes canceled classes due to weather.



# AQUATIC CENTER ADMISSION FEES WINTER/SPRING 2023

	SINGLE ADMISSION		PUNCH PASSES		MONTHLY	
	Resident	Non-Resident	10-punch (non-res +\$6)	20-punch (non-res +\$6)	1-Month (non-res +\$6)	6-Month (non-res +\$6)
Youth (3-17)	\$8.00	\$9.00	\$69	\$131	\$69	\$353
Adult (18-59)	\$9.00	\$10.00	\$79	\$150	\$79	\$404
Senior (60+)	\$8.00	\$9.00	\$69	\$131	\$69	\$353
Family	\$33 (4 passes — one must be an adult/guardian)				\$149 (same household)	\$668 (same household)

### WATER EXERCISE CLASS RATES

	10-PUNCH (NON-RES +\$6)	20-PUNCH (NON-RES +\$6)	MONTHLY (NON-RES +\$6)
Adult (18-59)	\$109	\$191	\$109
Senior (60+)	\$91	\$144	\$91
Drop-in	\$13		

### **SWIM PASSES INFORMATION**

Passes cannot be used for special events. Classes and programs are not included in punch passes or basic monthly swim passes.

**Monthly Swim Passes** — suitable for unlimited swimming during all our general swim hours. A patron purchases monthly passes, which are non-transferable, and has no guest privileges.

Monthly Family Passes: encompass dependents within the same household.

10-punch and 20-punch Pass: suitable for general lap swimming and facility use.





# **SPECIAL SCHEDULES**

1/1	Closed
1/16	Family Beach Swim with slide 12:00-2:00p
2/4-5	Facility Closed for swim meet
2/20	Family Beach Swim with slide 12:00-1:00p
	<b>Open Swim</b> 1:00-3:00p
2/22, 2/24	<b>Open Swim</b> 1:00-3:00p
4/1-5	American Red Cross Academy

4/3,4/5,4/6	0	pen Swims 1:00-3:00p
		• • • • • • • • • •

- **4/9 Lap Swim** 8:00-10:00a
- 5/29 Closed 6/26 Summer Schedule Begins

Schedules are subject to change; please check the Google calendar before your visit at biaquatics.org/schedule.

# WINTER/SPRING 2023 Swim Descriptions & Schedules

January 2-June 25

Visit biaquatics.org for a detailed schedule.

### LAP SWIM RAY WILLIAMSON POOL

The six lanes in Ray Williamson Pool are kept at 79°F. Lap swimmers must be at least eight years old and have ARC level 4 swimming skills.\*

MON	TUE	WED	THURS	FRI	SAT	SUN
5:00a-12:00p 7:00a-8:00p	6:30a-12:00p	5:00a-12:00p 7:00a-8:00p	6:30a-12:00p	5:00a-12:00p 7:00a-8:00p	8:45-10:00a	10:00a-12:00p

### LAP SWIM DON NAKATA POOL

The four lanes in Don Nakata Pool are in the 84°F range. Lap swimmers must be at least eight years old and have ARC-level 4 swimming skills.\*

MON	TUE	WED	THURS	FRI	SAT	SUN
5:00a-12:00p	5:00a-12:00p	5:00a-12:00p	5:00a-12:00p	5:00a-12:00p	7:00-9:00a	10:00a-12:30p
5:30-8:30p	5:30-8:30p	5:30-8:30p	5:30-8:30p	5:30-8:30p	11:30a-12:30p	

#### **OPEN SWIM** DON NAKATA POOL

The waterpark is open for recreational swimming, including the hot tub, sauna, steam room, diving area, water slide, lazy river, and beach. Children under 15 must have a swim license to use the pool's lap area and the deep end. Children under seven years old without a swim license must have an adult within arm's reach in the water. Those under eight must have an adult in the facility unless they participate in a specific coached program. WATERSLIDE requirements: those under seven years old and 36" tall must go down with an adult.

MON	TUE	WED	THURS	FRI	SAT	SUN
					1:00-3:00p	1:00-3:00p

### FAMILY BEACH SWIM DON NAKATA POOL

For adults or adults with children. All children must have an adult in the water, regardless of age or swimming ability, within arm's reach. Limited pool areas are open; those include the shallow beach areas, tot pool, frog slide, and lazy river.

MON	TUE	WED	THURS	FRI	SAT	SUN
6:30-8:00p		6:30-8:00p		5:00-7:00p*	12:00-1:00p*	12:00-1:00p*

### HOT TUB, SAUNA, AND STEAM ROOM

The hot tub is kept at 101-103°F. It is open to those 16 and over whenever the facility is open to the public. The sauna and steam room are available to those 16 and over whenever the facility is open to the public. The hot tub, sauna, and steam room are the same as regular pool admission. Pregnant individuals or those suffering from a medical condition that makes exposure to intense heat/hot water dangerous are discouraged from using the hot tub, sauna, and steam rooms. The hot tub, sauna, and steam room are off-limits to youth teams unless approved by staff and may be closed 10-15 minutes before closing.

MON	TUE	WED	THURS	FRI	SAT	SUN
5:00a-12:00p 5:30-8:30p	5:00a-12:00p 5:30-8:30p	5:00a-12:00p 5:30-8:30p	5:00a-12:00p 5:30-8:30p	5:00a-12:00p 5:30-8:30p	7:00-3:00p	10:00-3:00p

## SPECIAL EVENTS

## **MID-WINTER BREAK SPECIALS**

Family Beach Swim with Slide 2/20 12:00-1:00p Open Swim MWF 1:00-3:00p

### SPRING BREAK SPECIALS

Open Swim MWF 1:00-3:00p





Lifeguards • Swim Instructor • Water Exercise Instructor Swim Coach • Front Desk Staff

Call the Aquatic Center at 206-842-2302 or visit biparks.org/employment for more information!



# AQUATIC CENTER

# **BIRTHDAY PARTIES AT THE AQUATIC CENTER**



Celebrate your special day with an afternoon of fun at the pool! Each package has one hour of party room time, with up to two hours of swimming time during the open swim for twelve kids and three adults. Please remember that all pool rules still apply to birthday parties. Please call to reserve your party two weeks in advance.

**Package A** includes one hour of party room time, 12 youth swim passes, and three adult swim passes for open swim. \$165 Additional children up to 20 \$6.50 each

**Package B** additions include cake, ice cream, juice, paper products, utensils, and balloons. \$242 Additional children up to 20 \$7 each

Add additional children to your party (max of 20 youths).

### TEAMS

### **BAINBRIDGE AQUATIC MASTERS (BAM)**

Welcome to the Bainbridge Aquatic Masters, a year-round swim team for adults 18 and up affiliated with United States Masters Swimming. BAM offers fully coached practices for swimmers of all abilities looking to improve technique and conditioning within a supportive team setting. Swim competitions, open-water training, and triathlon prep are also available.



To join our vibrant community of over 170 athletes, please contact us at recreation@biparks.org of the Bainbridge Island Aquatic Masters TeamUnify website to be placed on the interest list.

Swim meet opportunities will be sent weekly updates from Head Coach April Cheadle.



### BAINBRIDGE ISLAND SWIM CLUB (BISC)

Our club is a team offering high-quality, professional coaching for youth ranging in abilities. Each swimmer will be provided with the opportunity to improve technical skills and achieve success commensurate with their knowledge and commitment. Swimmers will be in a safe, team environment where they may



experience personal growth from their experience. All swimmers must also be registered with USA Swimming. For information on how to join our swim club, email Head Coach Kyle Harris at kyleh@biparks.org. Go to the BISC TeamUnify website for more information about our club.



# ADULT AQUA EXERCISE CLASSES THIS SCHEDULE BEGINS JANUARY 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Deep Mixology 8:00-9:00a Motion & Mindfulness 10:00-11:00a	Deep Mixology 8:00-9:00a	Deep Mixology 8:00-9:00a Motion & Mindfulness 10:00-11:00a	Deep Mixology 8:00-9:00a	Deep Mixology 8:00-9:00a Motion & Mindfulness 10:00-11:00a
Deep Running and Yoga 11:00a-12:00p	Noon Mash-up 11:00a-12:00p Deep Mixology 7:00-8:00p	Deep Running and Yoga 11:00a-12:00p	Noon Mash-up 11:00a-12:00p Deep Mixology 7:00-8:00p	

### **DEEP MIXOLOGY**

Power up the music and put it on shuffle as we keep you moving. This class is geared toward those who want to get their hearts pounding and bodies working. This class is easily modified to your optimal intensity by making movements smaller or larger. Deep Mixology is taught in the dive tank of the Don Nakata Pool utilizing floatation equipment.

### MOTION AND MINDFULNESS

Restore your body and mind as you use Qigong and Tai chi principles to breathe, relax and strengthen your body. It is ideal for those wishing to work on strength, balance, and coordination. This class is gentle for those who already deal with pain, and the water is incredibly nurturing. Try it out and see how you feel!

### DEEP WATER RUNNING AND YOGA

Experience the best of what the water has to offer. Cross-train in the water while achieving the same cardiovascular benefits as going for your training run. Prevent injury and promote body recovery while getting a fantastic workout. Then challenge your core and stability and refresh with yoga-inspired movements. No swimming is required.

### **NOON MASH-UP**

Like our favorite remix mash-up songs, this class will mix shallow water and deep water to give you a full-body workout. Escape your routine and head to class; relieve stress with this fun and energizing noon class.



Ask to be added to the Aquatic Splash Report for weekly updates. Go to biaquatics.org and add your email to receive these weekly reports.



### WATER EXERCISE CLASS RATES

	<b>10-PUNCH</b> (NON-RES +\$6)	<b>20-PUNCH</b> (NON-RES +\$6)	MONTHLY (NON-RES +\$6)
Adult (18-59)	\$109	\$191	\$109
Senior (60+)	\$91	\$144	\$91
Drop-in	\$13		



### **ADULT SWIM & TEEN**

### LET'S GET COMFORTABLE IN THE WATER 🌹

Overcome your fear and feel comfortable in the water. Let us help you crosslearning to swim off your bucket list in a warm and supportive environment. Your instructor will meet you where you are and help you achieve your swimming goals.

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102519-01	Т	6:20-7:00p	1/17-2/14	\$110
02	Th	6:20-7:00p	3/2-3/30*	\$110
03	Т	6:20-7:00p	4/11-5/9	\$110

### INTRO TO LAP SWIM 휚

If you are a swimmer who has been out of the water for many years, this refresher course is the class for you! Explore swimming for exercise and enjoyment or for newer swimmers that want to learn the basics of lap swimming.

Th	6:20-7:00p	1/19-2/16	\$110
Т	6:20-7:00p	2/28-3/28*	\$110
Th	6:20-7:00p	4/13-5/11	\$110
	Th T	Th         6:20-7:00p           T         6:20-7:00p	T 6:20-7:00p 2/28-3/28*



# AQUATIC CENTER

# SPECIALTY

### BABYSITTER TRAINING (AMERICAN RED CROSS)

Ages 11 and up. Invest some time to jumpstart your money-earning ability as you gain knowledge of younger children: so many families appreciate a trained babysitter! The instructor will provide you with age-appropriate activities, infant handling, basic first aid and safety skills, marketing ideas, and more. Students who complete the course will receive their Red Cross certificate.

102536-01	WF	1:00-5:00p	1/25,27	\$150
02	TTh	10:00a-2:00p	2/21,23	\$150



### ADULT AND PEDIATRIC CPR/AED AND **†** FIRST AID (AMERICAN RED CROSS)\*\*

Ages 11 and up. Would you like to feel confident that you could help a neighbor or family member in an emergency? The most important skill you can learn to prepare for an emergency is becoming certified in basic CPR and First Aid. Join our instructor for a blended learning style class that fits your busy schedule. Complete the online course before the in-person skill session.

102522-01	W	10:00a-1:00p	4/19	\$115
02	Th	4:00-7:00p	6/1	\$115
03	Т	1:00-4:00p	6/13	\$115

### LIFEGUARDING WITH WATERPARK MODULE (AMERICAN RED CROSS)\*\*

Through a blended learning style course, you will learn skills to gain employment as a lifeguard in a waterpark or pool setting. You must be 15 years old and pass a swimming skills assessment. Skill assessments will be given on the first day of the in-person class. For more information, go to biaquatics.org.

102520-01 T-F 8:00a-3:00p 2/21-24 \$350

Additional section(s) TBD

### LIFEGUARDING INSTRUCTOR (AMERICAN RED CROSS)\*\*

Become a lifeguard instructor and help train other lifeguard candidates. Instructor candidates must be currently certified lifeguards and 17 years old. 102521-01 Su 9:00a-2:00p 2/19-3/5 \$425

\*\*For all blended learning courses, registration will be closed two weeks before the course. The online portion must be completed, and a certificate of completion must be presented on the first in-person class date. If NOT completed or verified, the student will not be able to attend the class session, and no refund will be permitted. \*\*



# **JOIN THE CREW!**

We are hiring lifeguards, swim instructors, and water exercise instructors.

Not certified? No problem, we can train you and get you working!

### WHY WORK WITH US?

- Flexible schedules (morning, mid-day, evenings, weekends) 2-5+ hour shifts
- Good pay and annual merit increases
- Lifeguards \$18.53-25.65
- Swim Instructors \$19.76-27.36
- Water Exercise Instructors \$23.47-32.49
- Free Aquatic Center pass for you and your dependents
- Free Bainbridge Island Recreation Center pass for you and your dependents
- 50% off Park District classes for you and your dependents (except teams)

How do you get hired? Turn in an application either online to meganp@biparks.org or drop one off at the Aquatic Center!



# **SWIM LESSONS**

### Quick Reference Progression Guide on page xx

ΤΙΝΥ Τ	отѕ	10	02501
	/ <b>Wednesday</b> 5:15-5:45p	2/27-3/29	\$170
<b>Tuesday</b> 02 03 04 05	/ <b>Thursday</b> 10:05-10:35a 5:50-6:20p 5:15-5:45p 5:50-6:20p	1/17-2/16 1/17-2/16 2/28-3/30 4/11-5/11	\$170 \$170 \$170 \$170
<b>Saturda</b> 06 07 08 09	<b>y</b> 9:00-9:30a 10:10-10:40a 9:00-9:30a 10:10-10:40a	1/21-3/11 1/21-3/11 3/18-5/6 3/18-5/6	\$119* \$119* \$136 \$136
TINY S	TARFISH	1(	02542
Monday 01 02	<b>/Wednesday</b> 5:15-5:45p 5:15-5:45p	1/18-2/15 4/10-5/10	\$153 \$170
<b>Tuesday</b> 03 04 05 06	5:15-5:45p	2/28-3/30 1/17-2/16 2/28-3/30 4/11-5/11	\$170 \$170 \$170 \$170
<b>Saturda</b> 07 08 09 10		1/21-3/11 1/21-3/11 3/18-5/6 3/18-5/6	\$119* \$119* \$136 \$136
Ur	-		



STARFI	SH (K1)	10	)2502
	<b>Wednesday</b> 3:30-4:00p 3:30-4:00p	1/18-2/15 4/10-5/10	\$153 \$170
<b>Tuesday,</b> 05 06 07 08 09 10 11 11	<b>Thursday</b> 9:30-10:00a 9:30-10:00a 4:05-4:35p 4:40-5:10p 4:05-4:35p 4:40-5:10p 4:05-4:35p 4:40-5:10p	1/17-2/16 4/11-5/11 1/17-2/16 1/17-2/16 2/28-3/30 2/28-3/30 4/11-5/11 4/11-5/11	\$170 \$170 \$170 \$170 \$170 \$170 \$170 \$170
Saturday 13 14	9:35-10:05a 9:35-10:05a	1/21-3/11 3/18-5/6	\$119* \$136

ANGEL	.FISH (K2)	10	02503
<b>Monday</b> , 01 04	<b>/Wednesday</b> 4:05-4:35p 4:05-4:35p	1/18-2/15 4/10-5/10	\$153 \$170
<b>Tuesday</b> 05 06 07 08 09 10 11 12	<b>/Thursday</b> 9:30-10:00a 10:05-10:35a 4:05-4:35p 5:15-5:45p 4:05-4:35p 5:15-5:45p 4:05-4:35p 5:15-5:45p 5:15-5:45p	2/28-3/30 4/11-5/11 1/17-2/16 1/17-2/16 2/28-3/30 2/28-3/30 4/11-5/11 4/11-5/11	\$170 \$170 \$170 \$170 \$170 \$170 \$170 \$170
<b>Saturda</b> 13 14	<b>/</b> 11:20-11:50a 11:20-11:50a	1/21-3/11 3/18-5/6	\$119* \$136



BETTA	FISH (K3)	1(	02504
01	/ <b>Wednesday</b> 4:40-5:10p 4:40-5:10p	1/18-2/15 4/10-5/10	\$153 \$170
05	4:40-5:10p	4/11-5/11 1/17-2/16 2/28-3/30 4/11-5/11	\$170 \$170 \$170 \$170 \$170
Saturda 09 10	•	1/21-3/11 3/18-5/6	\$119* \$136
CLOW	NFISH (K4)	1(	02505
01 02	<b>/Thursday</b> 10:05-10:35a 4:40-5:10p 5:50-6:20p	4/11-5/11 1/17-2/16 4/11-5/11	\$170 \$170 \$170
	FISH (K5)	1(	02540
Tuesday	(There is a second second		

GUPPY	1	02506
Monday/Wednesda 01 3:30-4:00p	1/18-2/15	\$153 \$170
04 3:30-4:00p	4/10-5/10	\$170
Tuesday/Thursday           05         3:30-4:00p           06         4:40-5:10p           07         3:30-4:00p           08         4:40-5:10p           09         3:30-4:00p           10         4:40-5:10p           09         3:30-4:00p           10         4:40-5:10p	1/17-2/16 1/17-2/16 2/28-3/30 2/28-3/30 4/11-5/11 4/11-5/11	\$170 \$170 \$170 \$170 \$170 \$170
<b>Saturday</b> 11 10:45-11:15 12 10:45-11:15		\$119* \$136
MINNOW	1	02507
Monday/Wednesda		
01 4:05-4:35p 04 4:05-4:35p	1/18-2/15 4/10-5/10	\$153 \$170
Tuesday/Thursday           05         3:30-4:00p           06         4:05-4:35p           07         3:30-4:00p           08         4:05-4:35p           09         3:30-4:00p           10         4:05-4:35p	1/17-2/16 1/17-2/16 2/28-3/30 2/28-3/30 4/11-5/11 4/11-5/11	\$170 \$170 \$170 \$170 \$170 \$170 \$170
<b>Saturday</b> 11 10:45-11:15 12 10:45-11:15		\$119* \$136
12 10.10 11.10		ψ100
FISH		02508
Monday/Wednesda 01 4:05-4:35p 04 4:05-4:35p	<b>y</b> 1/18-2/15 4/10-5/10	\$153 \$170
Tuesday/Thursday054:05-4:35p065:15-5:45p074:05-4:35p085:15-5:45p095:50-6:20p104:05-4:35p114:40-5:10p125:15-5:45p	1/17-2/16 1/17-2/16 2/28-3/30 2/28-3/30 2/28-3/30 4/11-5/11 4/11-5/11 4/11-5/11	\$170 \$170 \$170 \$170 \$170 \$170 \$170 \$170
<b>Saturday</b> 13 11:20-11:50 14 11:20-11:50		\$119* \$136



FLYING	i FISH	1(	02509
<b>Monday</b> 01 04		1/18-2/15 4/10-5/10	\$153 \$170
<b>Tuesday</b> 05 06 07 08 09 10 11 12	/Thursday 3:30-4:00p 5:15-5:45p 5:50-6:20p 5:15-5:45p 5:50-6:20p 3:30-4:00p 5:15-5:45p 5:50-6:20p	1/17-2/16 1/17-2/16 2/28-3/30 2/28-3/30 4/11-5/11 4/11-5/11 4/11-5/11	\$170 \$170 \$170 \$170 \$170 \$170 \$170 \$170
<b>Saturda</b> 13 14		1/21-3/11 3/18-5/6	\$119* \$136
STING	RAY	1(	02510
	<b>/Wednesday</b> 4:40-5:10p 4:40-5:10p	1/18-2/15 4/10-5/10	\$153 \$170
<b>Tuesday</b> 05 06 07 08		1/17-2/16 2/28-3/30 2/28-3/30 4/11-5/11	\$170 \$170 \$170 \$170 \$170
Saturday 09 10		1/21-3/11 3/18-5/6	\$119* \$136



MANT	A RAY	1	02511
Monday 01 04	/Wednesday 4:40-5:10p 4:40-5:10p	1/18-2/15 4/10-5/10	\$153 \$170
<b>Tuesday</b> 05 06 07	/ <b>Thursday</b> 4:40-5:10p 4:40-5:10p 4:40-5:10p	1/17-2/16 2/28-3/30 4/11-5/11	\$170 \$170 \$170
Saturda 08 09	<b>y</b> 9:35-10:05a 9:35-10:05a	1/21-3/11 3/18-5/6	\$119* \$136

DOLPH	lin	1(	02512
<b>Saturda</b> 01 02	<b>y</b> 10:10-10:40a 10:10-10:40a	1/21-3/11 3/18-5/6	\$119* \$136
SPLAS	H INTO FITN	ESS 1 10	00502
Saturda 01 02	9:00-9:30a	1/21-3/11 3/18-5/6	\$119* \$136
SPLAS	H INTO FITN	ESS 2 10	00503
<b>Saturda</b> 01 02	9:00-9:30a	1/21-3/11 3/18-5/6	\$119* \$136
DIVE 1		1(	01101
<b>Tuesday</b> 01 02 03	4:40-5:10p	1/17-2/16 2/28-3/30 4/11-5/11	\$170 \$170 \$170
DIVE 2		1(	01102
	<b>/Thursday</b> 5:15-5:45p 5:15-5:45p	1/17-2/16 2/28-3/30 4/11-5/11	\$170 \$170 \$170
	A REAL PROPERTY		E K



## PREMIUM SWIM LESSONS

MONDAY OR WEDNESDAY MAX OF 3-4, DEPENDING ON CLASS LEVEL

ST	ARFISH (K1	10	02502	
02	3:30-4:00p	M	2/27-3/27	\$195
03		Ŵ	3/1-3/29	\$195
05	5.50-4.00p	vv	J/ 1-J/20	φ13J
AN	IGELFISH (	K2)	10	02503
02	4:05-4:35p	Μ	2/27-3/27	\$195
03	4:05-4:35p	W	3/1-3/29	\$195
BE	TTA FISH (	K3)	1	02504
02	4:40-5:10p	M	2/27-3/27	\$195
03	4:40-5:10p	Ŵ	3/1-3/29	\$195
00	1.10 0.10p	••	0/10/20	φισσ
GU	IPPY		-	02506
	3:30-4:00p	М	2/27-3/27	\$195
03	3:30-4:00p	W	3/1-3/29	\$195
мі	NNOW		1(	02507
	4:05-4:35p	М	2/27-3/27	\$195
03		W	3/1-3/29	+
	nee neep	••	0,10,20	<b></b>
FIS	Ή		10	02508
02	4:05-4:35p	Μ	2/27-3/27	\$195
03	4:05-4:35p	W	3/1-3/29	\$195
FL	ING FISH		1	02509
02		М	2/27-3/27	\$195
03		W	3/1-3/29	
00	0.00 1.00p	••	0/10/20	φισσ
ST	NG RAY		-	02510
02	3:30-4:00p	Μ	2/27-3/27	\$195
03	3:30-4:00p	W	3/1-3/29	\$195
MA	NTA RAY		1	02511
02	4:40-5:10p	М	2/27-3/27	\$195
03	4:40-5:10p	W	3/1-3/29	\$195
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				1



# SWIMMING LESSONS A Quick Guide to the Progression

LEVEL & AGES	LENGTH	I CAN	CLASS SIZES
<b>TINY TOTS</b> Ages 6 months-3	30 MIN	<ul> <li>A parent or care giver must be in the water</li> <li>hold up my head by myself</li> <li>I need to be in the water with a care giver</li> </ul>	MIN 5/MAX 12
<b>Tiny Starfish</b> Ages 2-5	30 MIN	<ul> <li>A parent or care giver must be in the water</li> <li>I am ready to start floating and exploring the water, but I am not ready to go without a care giver</li> </ul>	MIN 5/MAX 12
<b>Starfish PSA Level 1</b> Ages 3.5-5 yr	30 MIN	<ul> <li>be in the water without my parents or care giver</li> <li>follow directions and stay with my teacher</li> <li>I have little or no experience in the water</li> <li>I can't float by myself on my front or back</li> </ul>	MIN 3/MAX 5
<b>Angelfish PSA Level 2</b> Ages 3.5-5	30 MIN	<ul> <li>I like to go underwater because its fun and do 5 underwater bobs</li> <li>front float with my face in the water by myself for 3 seconds</li> <li>float on my back with ears in the water for 5 seconds with my instructor</li> </ul>	MIN 3/MAX 5
<b>Beta Fish PSA Level 2</b> Ages 3.5-5	30 MIN	<ul> <li>push off the wall and glide to my teacher on both my front and back for 3 body lengths</li> <li>I am not scared to swim in the lane with my teacher</li> <li>float on my front and back for 5 seconds in water over my head</li> </ul>	MIN 3/MAX 6
<b>Clownfish PSA Level 3</b> Ages 3.5-5	30 MIN	<ul> <li>glide and kick on my front and back for 5 body lengths</li> <li>tread water and back float for 10 seconds each</li> <li>swim on my front and back 5 yards to the flags</li> <li>I am ready to swim in the dive tank with my instructor</li> <li>do 10 underwater bobs without stopping</li> </ul>	MIN 3/MAX 6
<b>Little Fish Level 3A</b> Ages 3.5-5	30 MIN	<ul> <li>swim on my front and back halfway across the pool</li> <li>tread water and back float for 15 seconds each</li> <li>rotate from a front float to a back float and back to a front float</li> </ul>	MIN 3/MAX 6
<b>Guppy Level 1</b> Ages 6-12	30 MIN	<ul> <li>I have little or no water experience</li> <li>play in the water but I don't know how to float on my front or back</li> <li>I am not comfortable swimming in the lanes</li> </ul>	MIN 3/MAX 6
<b>Minnow Level 2</b> Ages 6-12	30 MIN-45 MIN	<ul> <li>float on my front and back for 5 seconds by myself</li> <li>push off the wall in a front and back glide for 3 body lengths</li> <li>I am ready to swim in a lane</li> <li>I am ready to explore the dive tank with my teacher</li> </ul>	MIN 3/MAX 6
<b>Fish Level 3A</b> Ages 6-12	30 MIN-45 MIN	<ul> <li>swim half way across the pool on my front and back</li> <li>tread water and back float for 15 seconds each</li> <li>do 10 non-stop bobs with my head underwater easily rotate from a front glide to a back glide and back again</li> <li>I am ready to swim in the dive tank with my teacher</li> </ul>	MIN 3/MAX 7
Flying Fish Level 3B Ages 6-12	30 MIN-45 MIN	<ul> <li>tread water and backfloat for 30 seconds each</li> <li>swim front crawl with rhythmic breathing 2/3 of a pool length</li> <li>swim on my back with elementary backstroke kick 2/3 of a pool length</li> <li>swim longer distance without getting too tired</li> </ul>	MIN 3/MAX 7
<b>Sting Ray Level 4A</b> Ages 6-12	30 MIN-45 MIN	<ul> <li>tread water and back float for 1 minute each</li> <li>swim front crawl w/ consistent side breathing 2/3 of a pool length</li> <li>swim correct elementary backstroke 2/3 of a pool length</li> <li>I know how to dolphin kick and scissor kick 2/3 of a pool length</li> </ul>	MIN 3/MAX 8
<b>Manta Ray Level 4B</b> Ages 6-12	30 MIN-45 MIN	<ul> <li>swim front crawl with correct side breathing 1 pool length</li> <li>swim breaststroke and butterfly with proper timing 2/3 of a pool length</li> <li>swim sidestroke and backstroke 2/3 of a pool length</li> <li>swim elementary backstroke for 1 pool length</li> </ul>	MIN 3/MAX 8
<b>Dolphin Level 5</b> Ages 6-12	30 MIN-45 MIN	<ul> <li>swim front crawl with side breathing for 2 pool lengths</li> <li>swim all of my strokes with correct timing and technique</li> <li>I want to learn flip turns and my goal is to swim fast and efficiently for swim tean</li> </ul>	MIN 3/MAX 8



www.birec.org • Front Desk: 206-842-5661

WINTER/SPRING FACILITY HOURS

Monday-Thursday: 5:30a-10:00p

Friday-Sunday: 6:00a-8:30p

11700 NE Meadowmeer Cir

Bainbridge Island, WA 98110

January 1-May 31

9



### **NON-MONTHLY OPTIONS**

DAILY ADMISSIONS

	<b>RESIDENT*</b>	NON-RESIDENT*
Youth/Senior	\$13	\$19
Adult	\$16	\$21

#### **PUNCH PASS**

Flex Hours of Access Monday-Thursday: 11:00a-3:00p, 7:00p-10:00p Friday: 11:00a-2:00p, 6:00p-8:30p		<b>RESIDENT*</b>	NON-RESIDENT*
	Youth/Senior		
	10-Punch Pass	\$117	\$155
Saturday-Sunday: 1:00p-8:30p	20-Punch Pass	\$234	\$300
Modified Hours	Adult		
May 30, 6:00a-4:00p	10-Punch Pass	\$144	\$185
	20-Punch Pass	\$288	\$360

### **FITNESS & AQUATICS MEMBERSHIP**

RESIDENT			NON-RESIDENT		
User Levels	Joining Fee*	Monthly	User Levels	Joining Fee	Monthly
Silver Sneakers/Silver&Fit	Free	Free	Silver Sneakers/Silver&Fit	Free	Free
Flex/Student/Senior	Free	\$55	Flex/Student/Senior	\$149	\$71
Individual Fitness	Free	\$79	Individual Fitness	\$199	\$103
Senior Couple	Free	\$110	Senior Couple	\$149	\$142
Fitness Couple	Free	\$152	Fitness Couple	\$299	\$197
Fitness Family	Free	\$187	Fitness Family	\$499	\$243

#### \*Joining Fee waived for island residents. Proof of residency is required.

Fitness membership includes access to all facility amenities (excluding tennis courts), including up to 40 complimentary group exercise classes per week, use of the outdoor pool seasonally, basketball gymnasium, fitness equipment, locker rooms, towel service, steam rooms, and sauna.

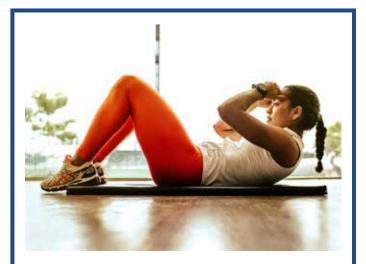
### **TENNIS, FITNESS & AQUATICS MEMBERSHIP**

RESIDENT			NON-RESIDENT		
User Levels	Joining Fee*	Monthly	User Levels	Joining Fee	Monthly
Student Tennis	Free	\$99	Student Tennis	\$149	\$165
Tennis Individual	Free	\$151	Tennis Individual	\$199	\$217
Couple Tennis	Free	\$225	Couple Tennis	\$299	\$291
Family Tennis	Free	\$261	Family Tennis	\$499	\$327

#### \*Joining Fee waived for island residents. Proof of residency is required.

Tennis membership includes up to 40 complimentary group exercise classes per week, use of the outdoor pool seasonally, basketball gymnasium, fitness equipment, locker rooms, towel service, steam rooms, and sauna. Plus, members have preferred access to tennis court reservations, league play, and clinics.





# 2023 BIRC WINTER AND SPRING FITNESS CHALLENGES

Register at the front desk to participate in one of our BIRC monthly fitness challenges. Complete the challenge, and your name will be entered into a drawing for some excellent and fun prizes.

#### **JANUARY ACTIVITY CHALLENGE**

Run, walk, dance, and move at least 20 days in the month of January

FEBRUARY FITNESS CHALLENGE Take a BIRC class every day for the month of February

MARCH PLANK CHALLENGE Hold a plank for at least 20+ seconds for 20 days

#### **APRIL STEPS CHALLENGE**

10,000 steps for at least 25 days in April

#### MAY MINUTES CHALLENGE

Exercise at least 30 minutes a day for 30 days

#### JUNE PUSH CHALLENGE

Do at least 5+ pushups a day every day for 30 days



### **FITNESS AND EXERCISE**

### **GROUP EXERCISE CLASSES**

BIRC offers complimentary exercise classes such as Silver Sneakers, Zumba, Yoga, Barre, cycling, cardio strength, etc. Group X classes are accessible to members. Non-members can attend classes for a \$15-day pass fee. Check the classes out on our website at birec.org.

### SMALL-GROUP TRAINING CLASSES

Take your fitness training to the next level with one of our small group classes. Small-group classes range in size from 4-6 participants. No cancellations or withdraws seven days before class start date. For more information, contact Marie Figgins at marief@biparks.org.



### HOW TO REGISTER FOR BIRC CLASSES:







Online at birec.org By phone at 206-842-5661

In person at the BIRC front desk

### AERIAL YOGA INTRO WITH BEA

Ages 13 and up. Yoga in a silky hammock? We dare you not to smile or have FUN as you flip your hourglass and dangle upside-down. New year, new perspective,



new you! Now is the time to restore and try something new. Our Intro to Aerial Yoga is open to first-timers and all levels wanting to learn the fundamentals, explore deep stretches, core strengthening, safe inversions, and end with floating meditations. A great complement activity to build flexibility, confidence, and balance and reduce stress/pain, taking weight off the joints with the support of the hammock while learning to flip upside down safely. Hang with us and experience all the benefits for yourself.

### Member/Non-Member

01	MW	4:00-5:00p	2/27-3/22	\$125/\$140
02	TTh	9:00-10:00a	2/28-3/23	\$125/\$140
03	TTh	4:00-5:00p	4/4-4/27	\$125/\$140



### RESTORATIVE AERIAL YOGA NEW! 🏋

Ages 13 and up. A perfect time to recover, relax, rejuvenate, and re-energize. Explore the kinder, gentler side of aerial yoga. This class is for all levels. It includes longer stretching and restorative poses for your muscles to fully relax and recover. Learn how to work the hammock at different heights and use bolsters for more support and longer holds. You deserve this, and your body is asking for it.

			Member/	Non-Member
01	WF	9:00-10:00a	3/8-3/31	\$125/\$140

### AERIAL NEXT LEVEL NEW! 🏋

Ages 13 and up. This class is intended for intermediate-to-advanced students who have completed the Aerial Yoga Intro series or comparable experience. We will explore more flow-style courses with more advanced progressions and poses, more profound core strengthening, deconstructing poses with longer holds, and more yogi play time to challenge yourself or just hang. Don't worry; it includes the floating meditation to rest, renew and rejuvenate your practice.

			Member/	Non-Member
01	TTh	10:30-11:30a	2/28-3/23	\$125/\$140
02	TTh	9:00-10:00a	6/6-6/29	\$125/\$140

### INTRO TO AERIAL YOGA WORKSHOP NEW!

Ages 13 and up. Open to first-timers and all levels who desire a more distilled offering of the fundamentals in a one-day workshop format. It is a condensed version of the fundamentals of aerial yoga, building strength, flexibility, stamina, confidence, and balance safely with the support of the hammock. All the benefits of reducing stress, pain, and anxiety are available to experience for yourself with a sampling of what aerial yoga has to offer. Turn your New Year and your perspective upside-down, and hang with us for the day!

			Membe	er/Non-Member
01	Sa	9:30a-12:30p	1/07	\$40/\$50
02	Su	9:30a-12:30p	1/15	\$40/\$50
03	Su	9:30a-12:30p	2/12	\$40/\$50
04	Sa	9:30a-12:30p	3/11	\$40/\$50
05	Sa	9:30a-12:30p	4/15	\$40/\$50
06	Sa	9:30a-12:30p	6/17	\$40/\$50



### AERIAL YOGA PRIVATE SESSIONS NEW!

One-on-one private sessions, partner or BFF sessions, adult/teen small group sessions. Personalized consultation to meet your needs/desires. Try something NEW with your friends or at your own pace. Email instructor rosnerbea@gmail.com Personal training rates apply.

### HEALTH COACHING PROGRAM: 90-DAY 🛱 HEALTHY HABIT TRANSFORMATION NEW!

Ages 16 and up. Let 2023 be the year you make the habit and lifestyle changes you've wanted to support your health and fitness goals! We all know how to lose or maintain a healthy weight, lower blood pressure, manage stress, gain strength, and improve our overall well-being. The hardest part is not just finding what works best for you but learning how to implement it and commit to the habit and lifestyle changes necessary to achieve your desired outcome. The good news is you don't have to do it alone! This 90-day intensive health coaching program will help you define your goals, acknowledge what is keeping you from reaching them, design a plan that will set you up for success, and, of course, celebrate every step of the way! Bring a notebook and get ready to dive deep. You are worth it!

			Member/	Non-Member
01	W	4:00-5:00p	1/4-4/5	\$200/\$220
02	W	4:00-5:00p	4/12-7/5	\$200/\$220
*No classes 2/22	2 or 4/5 (ma	akeup will be offered)		

### TRX HIIT 🖈 WITH KRISTINE

Ages 16 and up. Get strong. reduce body fat, and increase core stability with TRX. Kristine will combine TRX's low-impact strength training with fun plyometrics and resistance tubing to create a fantastic total body workout. Develop and maintain a solid core with increased flexibility and endurance while burning calories and increasing your strength. Each session will include cardio and strength intervals in the popular HIIT format.



Member/Non-Member 9-2/15 \$180/\$195

01	MW	10:30-11:30a	1/9-2/15	\$180/\$195
02	MW	10:30-11:30a	2/27-3/29	\$155/\$170
03	MW	10:30-11:30a	4/10-5/10	\$155/\$170
04	MW	10:30-11:30a	5/15-6/14*	\$140/\$155
*No class 5/29				

### TRX WITH MARIE

Ages 16 and up. Utilize the robust, versatile TRX® straps to leverage individual bodyweight into hundreds of safe, practical exercises that build power, strength, flexibility, and balance with a focus on the core. Get a great cardio strength workout!

			wember/i	von-wember
01	TTh	9:00-10:00a	1/10-2/16	\$180/\$195
02	TTh	9:00-10:00a	2/28-3/30	\$155/\$170
03	TTh	9:00-10:00a	4/11-5/9	\$155/\$170
04	TTh	9:00-10:00a	5/16-6/14	\$140/\$155





Ages 16 and up. Women On Weights is a program designed to engage and teach women of all ages and abilities the importance of exercise, precisely that of Resistance Training. This four-week program will teach participants proper techniques for activities and the benefits of training.

			Member	/Non-Member
01	MW	11:30a-12:30p	1/9-2/15	\$180/\$195
02	MW	11:30a-12:30p	2/27-3/29	\$155/\$170
03	MW	11:30-12:30	4/10-5/8	\$155/\$170
04	MW	11:30-12:30	5/15-6/14	*\$140/\$1555
Ia alaaa Г /20				

\*No class 5/29



### WOMEN ON WEIGHTS 2.0 NEW! 🙀

Ages 16 and up. Women On Weights is a program designed to engage and teach women of all ages and abilities the importance of exercise, precisely that of Resistance Training. This four-week program will teach participants proper techniques for exercises and the benefits of training. Our goal is that by the end of this program, you feel like the strong, powerful, and knowledgeable woman that you are and that this will translate into you being confident and comfortable in the gym. Please note that this is not a fitness workout, but you will learn proper techniques to continue after completing the program. This class is for women that want to learn bigger lifts, squats, and deadlifts. We will be using barbells, cable machines, and dumbbells. Prerequisite course: Women on Weights, or approval by Trainer.

			Member/N	lon-member
01	MW	12:30-1:30p	1/2-2/15	\$125/\$140
02	MW	12:30-1:30p	2/27-3/29	\$125/\$140
03	MW	12:30-1:30	4/10-5/8	\$155/\$170
04	MW	12:30-1:30	5/15/6/14*	\$140/\$155
*no class 5/29				

## DISCOVER THE BIRDS OF BAINBRIDGE ISLAND WALKS NEW!

Come explore several parks in this series of five walks. We will slowly walk searching for resident and migratory birds. Birding-by-ear, visual identification, and other birding tips will be discussed. Bring your binoculars! For questions email Audree at AudreeG@biparks.org.

## PERSONAL TRAINING

BIRC has a well-rounded team of fitness professionals to service your individual needs. Each fitness team member is accredited by a nationally recognized certifying body and brings a unique style and personality to their work. Visit birec.org to find trainers' profiles and contact information.

	Member	Non-Member
One-Hour Session	\$70	\$88
One-Hour Session — 5 Pack	\$333	\$418
One-Hour Session — 10 Pack	\$630	\$792
30-Minute Session	\$38.5	\$55
30-Minute Session — 5 Pack	\$183	\$261
30-Minute Session — 10 Pack	\$347	\$495
Partner Training (2 people) One Hour	\$44pp	\$50pp
Group Training (3-4 people) One Hour	\$33pp	\$39pp

### FITNESS AND EXERCISE

### MEET THE BIRC PERSONAL TRAINERS







Marie Figgins

Kristine Cox Maggie Miller

Angela Winks



### FITNESS INSTRUCTORS NEEDED

We are looking for certified personal trainers and group exercise instructors to add to the team. Contact Marie Figgins at Marief@biparks.org for more information.



### PILATES REFORMER

Pilates Reformer is a total-body exercise that recruits every muscle fiber in the body, leading to a strong core. Helping with joint stability and balance, Pilates Reformer strengthens the abdominals, glutes, and hamstrings; it also supports the spine and lengthens the hip flexors, increasing flexibility and improving posture. Register for classes online at birec.org, by calling 206-842-5661, or emailing instructor Kate Titus at katet@biparks.org.



# PILATES REFORMER PRIVATE AND DUET SESSIONS

	Member	Non-Member
One-Hour Single Session	\$70	\$88
One-Hour Session, 5 Pack	\$333	\$418
One-Hour Session, 10 Pack	\$630	\$792
Duet One-Hour Session	\$44pp	\$50pp
Group (3) One-Hour Session	\$33pp	\$39pp
CLASS PACKS		
4-pack class sessions	\$110	\$132
8-pack class sessions	\$209	\$231



# **DID YOU KNOW?**

Non-members can reserve tennis courts and clinic space up to three days in advance?

# JUNIOR TENNIS

#### DAYNA MALTBY-GUIZZETTI

Tennis Program Coordinator, USPTA Elite Professional daynag@biparks.org

#### **JAMES CRUTCHFIELD**

Tennis Program Specialist, USPTA jamesc@biparks.org PAUL KOESSLER

Tennis Program Specialist, USPTA paulk@biparks.org

### TOTS TENNIS (19"-21" RACKET)

Ages 4-5. This class is geared toward the littlest player just beginning their tennis journey. We start with basic skill-building exercises (tracking, catching, coordination, balance, etc.). Players will develop listening skills, following directions, teamwork, and resilience. We keep it fun and active while introducing them to the sport of a lifetime.

			Member/N	on-Member
512703-03	Su	12:00-12:30p	1/8-2/12	\$42/\$55
112703-01	Su	12:00-12:30p	2/26-4/23*	\$62/\$80
02	Su	12:00-12:30p	4/30-6/11	\$54/\$70
*No Class 4/2-4/6				

### **RED BALL TENNIS (21"-23" RACKET)**

Ages 6-7. This is an active class where kids learn the fundamentals of tennis with skill-building exercises and games designed to improve and develop overall coordination/balance, self-confidence, and teamwork on the court. This class will help kids fall in love with tennis and transition to the next level.

			Member/N	lon-Member
512706-05	W	3:00-3:45p	1/4-2/15	\$74/\$96
06	Su	12:30-1:30p	1/8-2/12	\$84/\$109
112736-01	Su	12:30-1:30p	2/26-4/23*	\$123/\$160
02	W	3:00-3:45p	3/1-4/26*	\$93/\$121
03	Su	12:30-1:30p	4/30-6/11	\$108/\$140
04	W	3:00-3:45p	5/3-6/14	\$81/\$105
*NI- 01 4/0 4/0				

\*No Class 4/2-4/6

### ORANGE BALL (23"-25" RACKET)

Ages 8-11. Players must demonstrate a positive attitude & hard work ethic. Orange Ball Tennis will keep your child active and teach them fundamentals in technique and footwork, as well as introduce the concepts of rallying and point play. Further focus will be on developing your child's athleticism, coordination, balance, and strength.

			Member/N	ion-Member
512704-07	Μ	3:00-3:45p	1/2-2/13	\$74/\$96
08	W	3:00-3:45p	1/4-2/15	\$74/\$96
09	Su	1:30-2:30p	1/8-2/12	\$84/\$109
112737-01	Su	1:30-2:30p	2/26-4/23*	\$123/\$160
02	Μ	3:00-3:45p	2/27-4/24	\$93/\$121
03	W	3:00-3:45p	3/1-4/26*	\$93/\$121
04	Su	1:30-2:30p	4/30-6/11	\$108/\$140
07	Μ	3:00-3:45p	5/1-6/12	\$81/\$105
08	W	3:00-3:45p	5/3-6/14	\$81/\$105
*NI OI 4/0 4/4	2			

\*No Class 4/2-4/6

### **GREEN BALL (25"-27" RACKET)**

Ages 11-13. Players must demonstrate a positive attitude and hard work ethic. Green Ball Tennis will emphasize proper technique, footwork, and continued development in rallying, directional control, and point play. Additional focus will be developing athleticism, coordination, balance, strength, and spin.

			Member/N	lon-Member
512705-07	Т	3:45-4:45p	1/3-2/14	\$98/\$127
08	Th	3:45-4:45p	1/5-2/16	\$98/\$127
09	S	2:30-3:30p	1/8-2/12	\$84/\$109
112738-01	Su	2:30-3:30p	2/26-4/23*	\$123/\$160
02	Т	3:45-4:45p	2/28-4/25*	\$123/\$160
03	Th	3:45-4:45p	3/2-4/27*	\$123/\$160
04	Su	2:30-3:30p	4/30-6/11	\$108/\$140
05	Т	3:45-4:45p	5/2-6/13	\$108/\$140
06	Th	3:45-4:45p	5/4-6/15	\$108/\$140
*No Class 4/2-4/8	6			

### CHALLENGER (13+) 🏋

Pro approval or a completed Green Ball progress report is required. Players must be able to demonstrate a positive attitude and hard work ethic. Emphasis will be placed on developing better strength and balance as they become more comfortable transitioning from Green Ball to the bounce of a heavier, faster, and higher bouncing ball. Players must demonstrate consistency with routine shots, the ability to move forward to play shorter shots with balance, and transition to net play. Players will continue working on stroke development and spin while learning to structure singles and doubles points.

			Member/N	lon-Member
512707-07	Μ	5:00-6:00p	1/2-2/13	\$98/\$127
08	W	5:00-6:00p	1/4-2/15	\$98/\$127
09	Su	4:00-5:00p	1/8-2/12	\$84/\$109
112739-01	Su	4:00-5:00p	2/26-4/23*	\$123/\$160
02	Μ	5:00-6:00p	2/27-4/24*	\$123/\$160
03	W	5:00-6:00p	3/1-4/26*	\$123/\$160
04	Su	4:00-5:00p	4/30-6/11	\$108/\$140
05	Μ	5:00-6:00p	5/1-6/12	\$108/\$140
06	W	5:00-6:00p	5/3-6/14	\$108/\$140
*No Class 4/2-4/6				

### ADVANCED (14+) 🏋

Players must have a completed Challenger progress report or have pro approval. Players must be able to demonstrate a positive attitude and hard work ethic. The player level is equivalent to High School Varsity. Junior Varsity, or tournament players. Players must demonstrate consistency with routine shots, topspin on groundstrokes, and knowledge of and use the continental grip on the serve and volleys. Further focus/observation will be dedicated to singles and doubles strategy and play patterns.

			Member/N	lon-Member
512718-05	Μ	3:45-5:00p	1/2-2/13	\$123/\$160
06	W	3:45-5:00p	1/4-2/15	\$123/\$160
112740-01	Μ	3:45-5:00p	2/27-4/24*	\$154/\$200
02	W	3:45-5:00p	3/1-4/26*	\$154/\$200
03	Μ	3:45-5:00p	5/1-6/12	\$135/\$175
04	W	3:45-5:00p	5/3-6/14	\$135/\$175
*No Class 4/2-4/6	5			



Players must have a UTR rating of 3 or better or Pro Approval. Players must demonstrate a positive attitude and strong work ethic; exercise topspin and slice on all groundstrokes; consistently use the continental grip on serves, volleys, and overheads; exploit and capitalize on short shots with solid net play. Further focus will be on point play observations, problem-solving, critical thinking, and improving tactical and mental skill sets. Manshau/Nan Manshau

			wember/r	ion-iviember
512717-05	Т	4:45-6:00p	1/3-2/14	\$123/\$160
06	Th	4:45-6:00p	1/5-2/16	\$123/\$160
112743-01	Т	4:45-6:00p	2/28-4/25*	\$154/\$200
02	Th	4:45-6:00p	3/2-4/27*	\$154/\$200
03	Т	4:45-6:00p	5/2-6/13	\$123/\$160
04	Th	4:45-6:00p	5/4-6/15	\$123/\$160
*No Class 4/2-4	/6			

'No Class 4/2-4/b

### **TENNIS FOR TEENS**

Ages 13-17. T4T is a class for Beginning to Intermediate level player who wants to improve their knowledge and skill set. This class will better focus on understanding fundamental footwork, technique, and strategy. This could also be the 3rd day for our Green Ball players looking to transition into Challenger. We will work on rally skills and some light point play to engage the competitive spirit and improve each player's overall game.



			Member/N	lon-Member
512719-03	Su	5:00-6:00p	1/8-2/12	\$84/\$109
112721-01	Su	5:00-6:00p	2/26-4/23*	\$123/\$160
02	Su	5:00-6:00p	4/30-6/11	\$108/\$140
* No class 4/2-4	4/6			

### **ADULT TENNIS**

### **TENNIS 101**

Health benefits of tennis include increasing aerobic capacities, lowering resting heart rate and blood pressure, improving metabolic function, increasing bone density; lowering body fat; improving muscle tone; strength, and flexibility; increasing reaction times. Come learn how to play the sport of a lifetime from the pros at the BIRC with over 85 years of experience between them.

proo at the billo		o jouro or onportori	50 500000000000000000000000000000000000	
112700-01	Sa	2:00-3:15p	1/14-2:00/4	\$77/\$100
02	Sa	2:00-3:15p	2:00/11-3/4	\$77/\$100
03	Sa	2:00-3:15p	3/11-4/1	\$77/\$100
05	Sa	2:00-3:15p	5/6-5/2:007	\$77/\$100
06	Sa	2:00-3:15p	6/3-6/2:004	\$77/\$100





# **DROP-IN SPORTS, LEAGUES, CLASSES**

### \*SUBJECT TO CHANGES AND CANCELLATIONS DUE TO BIRC FUNCTIONS, HOLIDAYS, OR LOW ATTENDANCE. PLEASE VISIT BIREC.ORG FOR THE CURRENT SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Basketball Drop-In Play 8:00-10:30a	GroupX Fitness Class 9:00-10:00a	GroupX Fitness Class 9:00-10:00a	Basketball Drop-In Play 8:00-10:30a	GroupX Fitness Class 9:00-10:00a	Adult Pickleball Drop-In Play 7:00-10:00a	Adult Pickleball Drop-In Play 8:00a-10:00a
Adult Pickleball Drop-In Play 10:30a-12:30p	Adult Pickleball Drop-In Play 10:30-11:30a	Adult Pickleball Drop-In Play 10:30a-12:30p	Adult Pickleball Drop-In Play 10:30-11:30a	Adult Pickleball Drop-In Play 10:30a-12:30p	All Ages Basketball Drop-In Play 10:00a-12:30p	Adult Pickleball Drop-In Play 10:00a-12:00p
Basketball Drop-In Play 12:30-1:30p		Basketball Drop-In Play 12:30-1:30p		Basketball Drop-In Play 12:30-1:30p		Youth Classes 12:00-5:00p
	SilverSneakers 12:00-1:00p		SilverSneakers 12:00-1:00p			
After-School Sports Club 1:30-3:30p	Adult Pickleball Drop-In Play 1:15-3:30p	After-School Sports Club 2:40-4:00p	Adult Pickleball Drop-In Play 1:15-3:30p	Adult Pickleball Drop-In Play 1:15-3:30p		
Youth Volleyball Drop-In Play 4:00-6:00p	Youth Basketball Drop-In Play 4:00-6:00p	Youth Pickleball Drop-In Play 4:00-6:00p	Youth Basketball Drop-In Play 4:00-6:00p	Youth Basketball Drop-In Play 4:00-6:00p		
Adult Volleyball League 6:00-8:00p	Adult Basketball Drop-In Play 6:00-8:00p	Adult Pickleball Drop-In Play 6:00-8:00p		Adult Basketball Drop-In Play 6:00-8:00p		Adult Pickleball League 5:30-7:30p

# **DROP-IN PLAY**

### YOUTH DROP-IN

- Pickleball: Three courts available. Balls and paddles provided.
- Basketball: One full court or two short courts.
- Volleyball: One court. Volleyballs provided.

### **ADULT DROP-IN**

- **Pickleball:** Three courts available. Balls provided.
- Basketball: One full court or two short courts.

### **DROP-IN PLAY FEES**

 $\ensuremath{\text{Drop-In}}\xspace$  Play is free to BIRC Members. Non-Members may drop in for a fee.

### NON-MEMBER DROP-IN FEES

Adult: Drop-In:	Drop-In: \$7.00, 10 Visit Punch Pass: \$56,
	20 Visit Punch Pass: \$105
Senior/Youth:	Drop-In: \$5.00, 10 Visit Punch Pass: \$40,
	20 Visit Punch Pass: \$75

Punch passes can be purchased at the front desk or by calling 206-842-5661. Punch passes are for drop-in play only.

Drop-In Punch Passes do not include access to the rest of the Rec Center.

 $\ensuremath{\mathsf{Drop}}\xspace$  in fee (or punch pass punch) will be accessed for each drop-in session attended.



# **NO-SCHOOL CAMPS AT BIRC**

### **MINI CAMPS**

Ages 5-8. Our mini camps are designed for younger campers. Shorter days, age-appropriate sports and activities, crafts, downtime, and more. BIRC

### **DAY CAMPS**

Ages 9-12. A fun day of no school is planned at the Rec Center. Sports, activities, a dash of crafts, and more. BIRC

\*\*The first price is for BIRC Members. The second price is for Non-Member. For the BIRC Member discount, please contact Julie Miller at julie@ biparks.org.

### MLK DAY

Mini				
111501-01	F	9:00a-12:00p	1/16	\$55/\$70**
Day				
111501-02	F	9:00a-2:00p	1/16	\$80/\$105**
CONFER	RENCE	DAYS		
Mini				
111502-01	W-F	9:00a-12:00p	1/25-1/2	7 \$120/\$156**
Day				
111502-02	W-F	9:00a-2:00p	1/25-1/2	7 \$195/\$250**

### **MID-WINTER BREAK**

111503-01	M-Th	9:00a-12:00p	2/20-2/24	\$160/\$208**
<b>Day</b> 111503-02	M-Th	9:00a-2:00p	2/20-2/24	\$264/\$343**

### SPRING BREAK

Mini				
111504-01	M-Th	9:00a-12:00p	4/3-4/7	\$160/\$208**
Day				
111504-02	M-Th	9:00a-2:00p	4/3-4/7	\$264/\$343**

### **MEMORIAL DAY**

<b>Mini</b> 111505-01 <b>Day</b> 111505-02	M M	9:00a-12:00p 9:00a-2:00p	5/29 5/29	\$55/\$70** \$80/\$105**
JUNETE Mini 111506-01 Day 111506-02	ENTH M M	9:00a-12:00p 9:00a-2:00p	6/19 6/19	\$55/\$70** \$80/\$105**

# **CLASSES AT BIRC**

### HOT SHOTS PICKLEBALL

Ages 3-6. A fun-filled 30-minute lesson will develop hand-eye coordination, balance, and the foundation of some pickleball skills. Parents are encouraged to participate in this innovative program. BIRC

			Member/ N	on-Member
112730-01	Su	12:15-12:45p	1/22-2/12	\$65/\$83
02	Su	12:15-12:45p	3/5-3/26	\$65/\$83
03	Su	12:15-12:45p	4/16-5/7	\$65/\$83

### **ROOKIES PICKLEBALL**

Ages 6-9. This class is excellent for younger budding pickleball players. Along with introducing the game in a modified way, we'll work on fundamental skills and hand-eye coordination. BIRC

			ivieniber/ iv	on-weinder
112731-01	Su	12:55-1:25p	1/22-2/12	\$65/\$83
02	Su	12:55-1:25p	3/5-3/26	\$65/\$83
03	Su	12:55-1:25p	4/16-5/7	\$65/\$83

### PICKLEBALL 101 FOR KIDS 🏋

Ages 9-14. Play the game that was invented right here on Bainbridge Island. Pickleball is easy to learn and fun to play. All levels of fitness and skill are welcome. Paddles are available for use, but if you have your own, please feel free to bring it. BIRC

			iviember/ in	on-wember
112732-01	Su	1:35-2:15p	1/22-2/12	\$73/\$93
02	Su	1:35-2:15p	3/5-3/26	\$73/\$93
03	Su	1:35-2:15p	4/16-5/7	\$68/\$93

### BADMINTON 101 FOR KIDS 🏋

Ages 9-14. Badminton is a fun, simple game classic for players of all ages. All levels of fitness and skill are welcome. Rackets are available for use, but if you have your own, please feel free to bring it. BIRC

			Member/ Non-Membe			
112735-01	Su	3:45-4:30p	1/22-2/12	\$73/\$93		
02	Su	3:45-4:40p	3/5-3/26	\$73/\$93		
03	Su	3:45-4:40p	4/16-5/7	\$73/\$93		



# INTRO TO PICKLEBALL

Ages 16 and up. Come learn the rules and how to play in this introductory class taught by experienced players. Course content includes equipment, basic rules, court position, and more. BIRC

#### Member/Non-Member

112742-01	Su	2:30-3:30p	1/22-2/12	\$73/\$93
02	Su	2:30-3:30p	3/5-3/26	\$73/\$93
03	Su	2:30-3:30p	4/16-5/7	\$73/\$93



## **LEAGUES AT BIRC**

Pickleball: Grab your partner and join us for a fun night of league play. Matches will be two games to 11.

Cornhole: 30 minutes for best two out of three matches.

### PICKLEBALL LADDER LEAGUE FOR ADULTS

Ages 18 and up. Are you interested in playing more pickleball with people at your same level at a set time each week? Then our Ladder Play might be the answer. Whether you want to be competitive or just want to play with people of similar ability. BIRC

			Member/Non-Membe				
112744-01	Su	5:30-7:30p	1/22-2/12	\$50/\$65			
02	Su	5:30-7:30p	3/5-3/26	\$50/\$65			
03	Su	5:30-7:30p	4/16-5/7	\$50/\$65			
04	W	7:00-9:00p	1/25-2/15	\$50/\$65			
05	W	7:00-9:00p	3/1-3/22	\$50/\$65			
06	W	7:00-9:00p	4/12-5/3	\$50/\$65			



### TEEN CORNHOLE LEAGUE NEW! X

Ages 13-18. Grab a friend and join us for our new teen cornhole league. For a complete list of rules, contact us. The winning team receives the championship nrize **BIRC** 

p11201 D1110				
113715-01	Т	7:00-9:00p	1/24-2/14	\$50/\$65
02	Т	7:00-9:00p	2/28-3/21	\$50/\$65
03	Т	7:00-9:00p	4/11-5/2	\$50/\$65

### **ADULT CORNHOLE LEAGUE NEW!**

Ages 18 and up. Grab a friend and join us for our new teen cornhole league. For a complete list of rules, contact us. The winning team receives the championship prize, BIRC

113712-01	Th	7:00-9:00p	1/26-2/16	\$50/\$65
02	Th	7:00-9:00p	3/2-3/23	\$50/\$65
03	Th	7:00-9:00p	4/13-5/4	\$50/\$65

### **BIRC RENTALS**

Contact BIRC Facility Program Administrator Julie Miller for more information on rentals by email at julie@biparks.org or by phone at 206-842-5661 #114.

### GYMNASIUM

**\$80/HOUR** 

A terrific spot for a sports-themed party. Our gym is lined for basketball, volleyball, and pickleball. Gym equipment is provided, or bring your own.

### **GROUPX ROOM**

\$50/HOUR

Need a place to hold a meeting? Our GroupX room is a great spot! Includes tables, chairs, and TV.

### **MULTI-PURPOSE ROOM**

Our multi-purpose room is a perfect spot for a small get-together. Includes tables, chairs, and TV.

### OUTDOOR PATIO AREA

\$50/HOUR

\$50/HOUR

A charming fenced-in patio area to hold a party, get-together, or outdoor meeting. Includes tables and chairs.

### **BIRTHDAY PARTIES**

Looking for a place to host your child's next birthday party? BIRC is the place for you!

- · Parties are based on availability.
- Full payment is required upon booking.
- All participants must complete the BIRC waiver and Code of Conduct.



### **GYM PARTY**

\$150 Our gym is lined for basketball, volleyball, and pickleball. Gym equipment is provided, or bring your own.

The package includes one hour of gym time and 45 minutes for celebration in our kid's club or patio area.

Gym parties are priced for 12 participants. For additional participants, add \$5 per person. Max 20.



STUDENT

CORPS 15

CONSERVATION



HIRING Summer employment for teens 15-18 \$16+/hr

The employment SCoCo provides to youth in our community develops a new generation of environmental stewards while making progress in the battle against noxious weeds in Bainbridge Island parks. SCoCo members work to control invasive plant species in our island's parks and protected open spaces, methodically achieving goals outlined in the Park District's Invasive Plant Management Plan.

During the three summer sessions, local educational speakers provide conservation education and career advice to SCoCo members during their lunch hour.

For more information, please contact Program Manager Morgan Houk at morganhouk@biparks.org.

biparks.org | 206-502-3229



# Haunted Hauride at Battle Point Park

Thank you to our Haunted Hayride sponsors, Aviator Coffees, Z Bones Pet Mercantile, Town & Country Markets, and Carly's Rolling Bay Cafe for your support!





# Make a gift today



BAINBRIDGE ISLAND PARKS & TRAILS FOUNDATION

www.biparksfoundation.org/give

# A Bike Park Built for EVERY Rider

• Welcoming all skill levels, with dedicated bike trails offering different experiences depending on rider ability

• Jumps, drops, berms and other challenging features, with less technical, alternative routes

• All features built to maximize safety and meet a wide range of riding abilities

• Trail design and routes use the existing landscape & topography, to maximize trail length & quality and preserve forest character



STRAWBERRY HILL BIKE PARK





# **MAKE IT HAPPEN**



biparksfoundation.org/bikepark











**OVERPASSES** 

# DREAM IT | DRAW IT | BUILD IT | SKATE IT

# It's gonna be SO RAD!

# **MAKE IT HAPPEN**



biparksfoundation.org/skatepark

STATEPAR







300

Skatepark Campaign Logo by Gary Bedell, Creative Director & Skatepark Committee

# **Bainbridge Island Parks**



For more information: biparks.org

AARON TOT LOT: (1385 Aaron Ave.) Children's play structure.

**BAINBRIDGE ISLAND RECREATION CENTER:** (11700 Meadowmeer Cir.) 50,000 sq.ft. indoor athletic facility with fitness equipment, outdoor pool, tennis, basketball, and pickleball courts. Location of District administrative offices.

**BATTLE POINT PARK:** (11299 Arrow Pt Dr) 90 acres. Picnic areas, play structure, jogging trail, soccer & softball fields, equestrian trail, picnic shelter, tennis courts, pickleball courts, basketball courts, roller-hockey rink, wildlife pond, and community garden.

**AQUATIC CENTER:** (8521 Madison Ave.) 1 acre. 25 yard/64ane pool with 1 & 3 meter diving boards, warm water leisure pool with spa, lazy river, water slide and zero depth entry.

**BLAKELY HARBOR PARK:** (Head of Blakely Harbor) 40 acres, shoreline access, passive recreational activities such as picnicking, kayaking and wildlife viewing.

CAMP YEOMALT: (900 Park Ave.) 3 acres. Multipurpose building, historic cabin, and woodland trail.

CAVE FAMILY HERITAGE PARK: (259 Ferncliff Dr.) .91 acres. Playground, picnic table, benches, and historic two-story home.

**EAGLEDALE PARK:** (5050 Rose Ave NE) 7 acres. Pottery studio and workshop, picnic shelter, tennis court, play area, volleyball court, and off-leash dog area.

FAY BAINBRIDGE PARK: (15996 Sunrise Drive) 17 acres. Campsites, cabins, picnic areas, play areas & trails.

FORT WARD HALL: (9705 NE Evergreen Ave) Indoor facility with space for programs, classes, and community events.

FORT WARD PARK: (Pleasant Beach Drive or Ft. Ward Hill) 137 acres. Picnic and play areas, boat launch & trails.

GAZZAM LAKE NATURE PRESERVE: (Deerpath Lane or Marshall Road) 444.6 acres. Trails and wildlife area.

GIDEON PARK: (274 Gideon Lane) 2.5 acres. Neighborhood children's play area.

**THE GRAND FOREST OF BAINBRIDGE**: (Miller and Mandus Olson Roads) 240 acres. Equestrian and walking trails.

**HAWLEY COVE PARK:** (1287 Wing Point Way NE) 12 acres. Low bank shoreline and related estuarine wetland communities.

HIDDEN COVE BALLFIELDS: (13595 Phelps Rd.) 7.7 acres, two baseball fields and soccer practice field.

HIDDEN COVE PARK: (8588 Hidden Cove Rd NE) Beautiful waterfront with dock.

ISLAND CENTER PARK: (8395 Fletcher Bay Rd) 3 acres. Community center & picnic area. LUMPKIN (200 Block Gowen Pl.) 4.45 Acres. 400 linear feet of shoreline with tidelands.

MADISON AVENUE TOT LOT: (598 Madison Avenue North) Neighborhood children's play area. MANITOU BEACH (9800 Block of Manitou Beach Dr.) .90 Acres. 210 linear feet of shoreline with beach access and landing.

MANZANITA PARK: (7644 Day Road West) 120 acres. Hiking & equestrian trails. MEIGS PARK: (Highway 305 & Koura Road) 67 acres. To be developed for nature study & trails.

MORITANI PRESERVE: (542 Winslow Way W) 8.5 acres of woodlands and fields in the center of Winslow.

**NUTES POND:** (1601-2101 Toe Jam Hill Rd NE) 31-acres of passive park with a captivating landscape whose central feature is a tranquil pond.

POINT WHITE PIER: (3949 Crystal Springs Dr. NE) Public fishing

**PRITCHARD PARK:** (4152 Eagle Harbor Dr. NE) 49 acres. Beach access and upland trails. **RED PINE PARK:** (418 Wood Ave SW) A half acre pocket park that contains an orchard and berry patches, open lawn with seating and a picnic area.

**ROCKAWAY BEACH:** (4002 Rockaway Dr, NE) Beach property with views of Seattle & Cascades. Excellent place for diving enthusiasts to observe unique underwater fissures.

**ROTARY PARK**: (7969 Weaver Rd) 10 acres. Multipurpose ballfields, meeting space, and award winning Owen's Playground.

SAKAI PARK: (1560 Madison Ave N) 22.87 acres. Trails and pond.

SANDS AVENUE BALLFIELD: (8641 Sands Rd) 10 acres. Baseball and soccer fields.

**SCHEL CHELB PARK:** (Point White Drive near Lynwood Center) This 1.64 acre park features 370 linear feet of saltwater shoreline, swimming beach, open grass area, play area, and trail linking to Gazzam trail network.

**SEABOLD PARK**: (14450 Komedal Rd NE) 3-acre park featuring the historic Seabold Hall, an indoor facility with space for programs, classes, and-community events.

**STRAWBERRY HILL PARK:** (7666 NE High School Rd) 18 acres. Multipurpose ballfields, playground, off-leash dog area, tennis court, volleyball court, basketball court, Strawberry Hill Center (meeting and classroom space), skate bowl.

T'CHOOKWAP PARK: (8800 NE Spargur Loop Road) 1 acre. Pt. Madison view site.

**TED OLSON NATURE PRESERVE:** (1180 Madison Ave NE) 15 acres. Wooded nature trail. **WAYPOINT PARK:** (551 Winslow Way E) 3.68 acres. Open space park near the ferry with

woodlands and trails connecting to Waterfront Park and Waterfront Trail. WEST PORT MADISON NATURE PRESERVE: (8334 NE County Park Rd, Skogen Lane &

County Park Rd) 13 acres. Picnic shelters and nature trails.

**WILLIAMS-OLSON PARK:** (6200 Williams Lane) A sloping bluff and grassy lawn with access to the Manzanita Bay shoreline. 4.8 acres of upland property, approximately 8 acres of tideland, and 460' of shoreline access.



Each year thousands of island residents of all ages benefit from a robust menu of classes, activities and special events offered by the Bainbridge Island Metro Park & Recreation District. The District also maintains and operates over 1,500 acres of parkland.

### PARK DISTRICT BOARD OF COMMISSIONERS

Dawn Janow Ken DeWitt Tom Swolgaard Jay Kinney Tom Goodlin

djanow@biparks.org kdewitt@biparks.org itswolgaard@biparks.org jkinney@biparks.org tomg@biparks.org

### PARK DISTRICT CONTACTS

#### Admin:

**Executive Director** Finance Officer/Human **Resources Manager** Senior Planner **Executive Services Manager** IT Manager **Creative Services** Marketing Coordinator Community Outreach Manager Accounting Coordinator Accounting Specialist Accounting Specialist Accounting Specialist Office Specialist

#### Park Services:

Park Services Division Director Park Services Superintendent Park Maintenance Coordinator Park Maintenance Coordinator Park Maintenance I Park Maintenance Coordinator Park Maintenance Coordinator Park Maintenance Coordinator Facility Maintenance Technician Facility Maintenance Technician **Trails Coordinator** Parks Program Manager Natural Resources Manager

#### Recreation:

**Recreation Division Director Recreation Superintendent** Youth & Teen Program Manager/Eagledale Pottery Studio Manager BIRC Program Administrator Outdoor Program Manager Aquatic Program Administrator Aquatic Program Manager Swim Team Head Coach Aquatics Masters Head Coach Gymnastics Program Manager Fitness & Exercise Program Specialist **Tennis Coordinator** Sports Program Coordinator Gymnastics Specialist

Terry Lande Amy Swenson Perry Barrett Helen Stone Skye Carlson **Douglas Slingerland** Allie Smith Stephanie Bugas Terry Bugas Stephanie Balangue Vicky Spray Betty Mirkovich Kaitlyn Walker

Dan Hamlin David Harry William Doyle Anders Lunde Erik Sherwin Tom Banman Chris Newlin Mike Pratt Michael Omans Gabe Scrivens Sean Smith-Sell Morgan Houk Lydia Roush

Mark Benishek Bryan Garoutte

Shannon Buxton Julie Miller Stacey Stoner Megan Pleli Marjorie LeMaster Kyle Harris April Cheadle Jason Balangue

Marie Figgins Dayna Guizzetti Audree Gormanson **Glenn Runnels** 

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### PARK DISTRICT FACILITIES PHONE NUMBERS

Bainbridge Island Recreation Center Bainbridge Island Aquatic Center Camp Yeomalt Eagledale Pottery Studio Island Center Hall Teen Center Strawberry Hill Center

206-842-5661 206-842-2302 206-842-5917 206-842-7025 206-780-6994 206-842-2302 206-780-9519

#### **PROGRAM SITES**

BHS AQ	Bainbridge High School BI Aquatic Center BHS Gymnastics Rms	9330 High School Road 8521 Madison Ave 9330 High School Road Rear of High School
BIMA BIRC BPP Blakey BHP CYC CYCabin ED FB FWH	Bainbridge Island Museum of Art Bainbridge Island Rec Center Battle Point Park Blakely Elementary School Blakely Harbor Park Camp Yeomalt Classroom Camp Yeomalt Cabin Eagledale Pottery Studio Fay Bainbridge Park Fort Ward Hall	
FWP	Fort Ward Park	2241 Pleasant Beach Drive NE
GLNP	Gazzam Lake Nature Preserve	6105 NE Marshall Rd
GFW	Grand Forest West	9752 Miller Road NE
GFE	Grand Forest East	9594 Mandus Olson Rd NE
HSLG	BHS Lower Gym	9330 High School Road
HCP	Hidden Cove Park	8588 Hidden Cove Road
HT	Hilltop	Hilltop Park/Prue's House,
ICM	Insight Climbing & Movement	off of Grd. Forest E Parking lot
ICH	Island Center Hall	9437 Coppertop Loop NE
Ordway	Ordway Elementary School	8395 Fletcher Bay Road
SP	Sakai Park	8555 Madison Ave NE
SB	Seabold Hall	1560 Madison Ave N
SHC	Strawberry Hill Center	14450 Komedal
SHMG	Strawberry Hill MiniGym	7666 NE High School Road
SHP	Strawberry Hill Park	7666 NE High School Road
ST	Stottlemeyer Trailhead	24426 Stottlemeyer Rd NE, Poulsbo
TC	Teen Center	8521 Madison Ave
TB	Transmitter Bldg	11299 Arrow Point Drive
PH	Prue's House	9600 Mandus Olson Rd NE
WFP	Waterfront Park	301 Shannon Drive SE
Wilkes	Wilkes Elementary School	12781 N Madison Ave NE
WOP	William Olson Park	6200 Williams Lane
WW	Woodward Middle School	9125 Sportsman Club Rd NE

Facility Rentals: All facilities, fields and picnic areas must be reserved by groups intending to use the facilities. Please look online at www.biparks.org for information and rates.

### **HOURS & CLOSURES**

Customer Service at Bainbridge Island Aquatic Center: Monday-Friday: 6:00a-8:30p Saturday: 8:00a-4:00p Sunday: 10:00a-2:00p **Bainbridge Island Recreation Center:** Monday-Thursday: 5:30a-10:00p Friday: 6:00a-8:30p Saturday-Sunday: 6:00a-8:30p District Admin Office: Monday-Friday: 8:00a-4:30p **Facility Closures:** The Park District offices will be closed 1/1, 7/4, and 12/25 **Extreme Weather Closures:** Park District will open facilities and conduct classes/programs except under extreme adverse conditions. Check our website for closure and cancellation information at www.biparks.org. If the Park District cancels your class due to

extreme conditions, your instructor will notify you concerning make-up dates.

### WINTER/SPRING 2023 REGISTRATION INFORMATION

### HOW TO REGISTER

1. ONLINE: www.biparks.org. Register any time of day! Your registration is processed immediately, and you can print a receipt.

2. Mail in: Mail the completed form and a check to: 11700 NE Meadowmeer Circle, Bainbridge Island, WA 98110.

 Call: To register for any class, call the Bainbridge Island Aquatic Center Monday through Friday 5:00a-8:30p and Saturday 7:30a-4:00p (206-842-2302).

### Registration begins Saturday, January 7, 9:30am

### MAIL-IN/DROP-OFF REGISTRATION FORM

1st Adult payee in household:	Last Name	First Name	Phone (h)	(w)
2nd Adult payee in household:	Last Name	First Name	Phone (h)	(w)
Mailing Address	street		city	zip
	SHEEL		City	ziμ

Email Address (please print)

I understand that participation in the Class involves inherent risk and possible injury because of the nature of the activities, even when conducted in a safe manner, and I hereby assume all responsibility for my and/or my child's safety when participating in the Class. Injuries to participating in the Class involves inherent in the activity from placing stress on the body that it has not been prepared for; from accidents in learning or practicing techniques; from failing to follow training, safety or program rules; from the use of transportation associated with the activity; and from the administration of first aid. The severity of injury can range from minor cuts, scrapes, or muscle strains to catastrophic injury such as paralysis or even death.

In consideration for my acceptance or my child's acceptance as a participant in the Class, I hereby agree: to assume the risks of the activities in which I participate or my child participate in the Class; to waive and forever release Bainbridge Island Metropolitan Park and Recreation District (BIMPRD) and its employees and agents from any and all claims (including those for bodily injury) arising out of or relating in any way whatsoever to my participation in the Class, even though said claims may arise out of the negligence of BIMPRD and its employees and agents; to limit BIMPRD's liability to the applicable limits of BIMPRD's applicable insurance policy if the foregoing waiver and release is deemed unenforceable; to defend, indemnify and hold BIMPRD and its employees and agents from and against any and all claims (including those for bodily injury), losses, damages, liabilities and expenses (including attorney fees) arising out of or relating in any way to my participation in the Class, my failure to comply with any of the obligations under this document, or my failure to provide all relevant medical information. The District also reserves the right to require written clearance from a health care provider before allowing a person to participate in a certain activity.

I give BIMPRD permission to photograph and videotape me or my child (listed below) while participating in the Class. I authorize BIMPRD to use such photographs and videotapes to promote its programs and classes, and I waive any and all claims to compensation for such usage. I acknowledge and agree that all such photographs and videotapes will belong to BIMPRD.

#### Signature - Adult Participant or Guardian

#### Date

### **REFUND POLICY**

Refunds will be in the form of a credit to your household account unless you request a check.

- Programs canceled by the Park District will receive a full refund.
- Refunds will not be granted for requests made after the program is over even with a doctor's note.
- Unless a doctor's note is received, the following refund policy applies:
  Requests made 7 days or more prior to start of the program will receive a full refund less a \$10 service charge. The seven-day period does not include the day the class begins (i.e. the seventh day is the day before the class starts). Counting backwards to the first day, a refund request must be received no later than
  - midnight before the first day of the seven-day period.No refunds will be granted if requests are received less than 7 days before the start of the program.
  - No refunds will be granted if requests are made once the program has started.

CLASS # Activity Section	CLASS NAME	DAY(S)	CLASS TIME	PAF First	TICIPANT NAME	Last	SEX	GRADE	BIRTHDATE	CLASS FEE
									/ /	
									/ /	
									/ /	
									/ /	
									/ /	
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Off-island residents add \$6 per class \$							;			

**Helpline Eligibility:** All classes are eligible for Helpline vouchers with the exception of the swim and gymnastic teams. Aquatic Center passes are also part of this program.

Bainbridge Island Metro Park & Recreation District 7666 NE High School Rd Bainbridge Island, WA 98110 PRSRT STD US POSTAGE PAID Seattle, WA Permit No. 12723

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