



Recreation CONNECTION

SUMMER 2024



RESIDENT REGISTRATION BEGINS
Saturday, May 4 at 9:30am

NON-RESIDENT REGISTRATION BEGINS
Sunday, May 5 at 9:30am

SEE REGISTRATION INFO 87
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Dear Island Residents,

You might notice the photo at the bottom of this Director's letter is a bit different this season! Let me introduce myself to those who haven't met me yet: my name is Dan Hamlin, and I'm the Acting Executive Director of the Bainbridge Island Metro Parks and Recreation District. I'm excited to step into this role as Terry Lande heads into retirement. I've worked with Bainbridge Island Metro Parks and Recreation District since 2006, most recently as the Park Services Division Director.

I've worked directly with Terry for 18 years. I believe strongly in the culture he has built within the Parks and Recreation District. It's my goal to continue his legacy and passion for providing quality parks and recreation to Bainbridge Island. We'll continue our focus on incremental improvements, building sustainable partnerships and bringing quality and innovation to the Park District's wide variety of offerings.

One of these upcoming improvements is our Ray Williamson Pool at the Aquatic Center. Recent years have seen increased maintenance requirements at the pool. The pool will undergo an extensive restoration project beginning this summer. The Park Board's acceptance of a comprehensive renovation strategy will extend the lifespan of the Ray Williamson Pool a minimum of 20 years. We sincerely appreciate your patience and understanding during this process.

We are proud to offer adaptive recreation for neurodivergent people, coordinated by our new Adaptive & Accessibility Coordinator Cody Ogren. Our popular Student Conservation Corps will expand this summer to offer Neurodiverse SCoCo! Students aged 15-21 can apply for this employment learning opportunity. This summer we are offering Low Sensory Swim Lessons and Low Sensory Nature Walks. Check out our programs on page 44.

Our Natural Resources Department was created in 2022. It manages trail maintenance and development, volunteer engagement, community conservation and the protection and management of the District's parks. In two short years, the Natural Resources Department has been able to develop management plans that guide the restoration of overstocked forests, build new trails that expand trail connections and park access, and grow a small volunteer program into a robust community of over 1,000 island stewards! We hope you enjoy their hard work while exploring our diverse range of parks and trails available to you this summer.

Perhaps Terry's most well-known legacy is our Sounds of Summer concert series. The fun continues this summer as we welcome some of our classic favorites like Nearly Dan, Backstreet Jellyroll and LeRoy Bell. We've also invited some exciting local acts that we hope will become new favorites. This year we'll be adding an exciting spin to our Movies in the Park: join us for community activities relating to the movie before the showing! Join us for Twister, Barbie, Ghostbusters: Frozen Empire and more!



See you out there,

A handwritten signature in black ink that reads "Dan Hamlin". The signature is fluid and cursive, written in a professional style.

Dan Hamlin, Acting Executive Director

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REFUND POLICY

Refunds will be in the form of a credit issued back to your credit card, or a check will be issued to the address on your account. Check refunds can take two to four weeks to process.

- Programs canceled by the Park District will receive a full refund.
- Refunds will not be granted for requests made after the program, even with a doctor's note.

Unless a doctor's note is received, the following refund policy applies:

- Requests made seven days or more prior to the start of the program will receive a full refund, minus a \$10 service charge. The seven-day period does not include the day the class begins (i.e., the seventh day is the day before the class starts). Counting backwards to the first day, a refund request must be received no later than midnight before the first day of the seven-day period.
- No refunds will be granted if requests are received less than seven days before the start of the program. If you register for an activity within seven days of the start of the program, a refund will not be granted.
- No refunds will be granted if requests are made once the program has started.

Some exceptions may be made for documented injury or illness. Please call us at (206) 842-5661.

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Office Info, Facility Locations, Contacts, Extreme Weather Policy and Holiday Closures, please see page 86

Aquatic Center/Customer Service
206-842-2302

HOW TO REGISTER

REGISTRATION FOR RESIDENTS: Saturday, May 4, 2024 at 9:30a
REGISTRATION FOR NON-RESIDENTS: Sunday, May 5, 2024 at 9:30a



ONLINE AT BIPARKS.ORG

Register for activities online any time of day after registration opens. Registration is processed immediately, and you can print your confirmation form and receipt. Online registration is by far the best way of getting the classes you want. You will need your username and password to register. If you can't remember them, call the Customer Service desk at least a day before registration begins at 206-842-2302.



MAIL-IN

Mail your completed registration form on the back page of the catalog and payment by check to the address listed below. All mail-in registration forms will not be entered into the system after 9:30am on the posted registration date.

Attn: Rec Dept Registration
BI Metro Park & Recreation District
11700 NE Meadowmeer Circle
Bainbridge Island, WA 98110



PHONE IN

Give us a call at (206) 842-2302

Please note on registration day, we do experience high volumes of calls. Please be patient with the customer service staff.

Non-Resident Participants: We welcome non-residents to participate in our programs. A non-resident fee of \$6 will apply to each class.

FINANCIAL ASSISTANCE

BIMPRD Program Discounts: The Park District partners with Helpline House to make participation in our programs accessible to residents with limited resources. Full or partial fee waivers are available for most Park District recreation and aquatic classes for qualified families and individuals. To apply, contact Helpline House at 206-842-7621.

IFS Waiver Assistance Program: Developmental Disabilities Administration, with assistance from the WA State Department of Social and Health Services, offers Individual and Family Services (IFS) Basic Plus or Core Waivers for individuals who require waiver services to remain in the family home. While the Park District does not contract directly with the state for these waivers, we have established a program within the same parameters.

For either assistance programs, please give at least one week advance notice to the case manager so they can process the request before registration. Most programs take one to two weeks, depending on the program or activity.

INCLUSION/ACCESSIBILITY TO PROGRAMS & FACILITIES

The Park District strives to provide opportunities for people of all abilities to participate and interact in recreational activities with dignity. To that end, the Park District attempts to make reasonable accommodations to policies, procedures, and programs to assist those with special needs to participate in Park District activities, programs, and services. Although the Park District will make every reasonable effort to meet specific needs, unfortunately not all accommodation requests can be granted. Each request is evaluated by the Park District on a case-by-case basis.

How to get started:

- Register for the classes/activities in which you want to participate. Please ensure that you meet the general class requirement to register for the course/activity. For example: you are the appropriate age and meet the prerequisites.
- Immediately after registering, contact the ADA Coordinator to request an accommodation. The Park District **requests two weeks' notice** prior to the first activity date to determine whether reasonable accommodation is possible.

ADA Coordinator: Cody Ogren, codyogren@biparks.org, 206-842-5661 ext.311

SUPERPOWERS OF OUR PARKS & TRAILS

NATURE + YOUTH & FAMILY WELLNESS • 7P APRIL 25 • BHS



REGISTER TODAY



Our parks and trails deliver astonishing physical & mental health benefits.

Join us as Dr. Howard Frumkin (UW, Trust for Public Land) presents the latest research on human health, parks and trails, and what the compelling link between PARKS & WELLNESS can mean for YOUR family's lifestyle.

Find ways to integrate parks and trails into your busy lives!

7P THURSDAY, APRIL 25 • BHS THEATER • FREE!

biparksfoundation.org





SOUNDS OF SUMMER

AT
BATTLE POINT PARK

JULY 10 NEARLY DAN

JULY 17 EDEN

JULY 24 THE HIGH STEPPERS

JULY 31 CHANCE MCKINNEY

AUGUST 07 REPOSADO

AUGUST 14 THE WEST COAST FEED

AUGUST 21 BACKSTREET JELLYROLL

AUGUST 28 LEROY BELL AND HIS ONLY FRIENDS

WEDNESDAYS

JULY 10 - AUGUST 28

6:30 - 8:30PM

FREE

Sponsors:



BAINBRIDGE ISLAND
PARKS & TRAILS
FOUNDATION

**MORE
INFO:**



Bainbridge Island
Metro Park & Recreation District
biparks.org | 206-842-2302

STAFF SPOTLIGHT

The Bainbridge Island Metro Park & Recreation District believes that employees and community partners are some of our most valuable resources. The meaningful work and outstanding commitments demonstrated by these people highlight what makes our Park District such an outstanding community asset.



MATTHEW KEOUGH

Senior Planner

TELL US A LITTLE BIT ABOUT YOURSELF! HOW LONG HAVE YOU BEEN IN PLANNING?

I've been in planning for 25 years. I stepped into the job with Bainbridge Island Metro Parks and Recreation District last March.

HOW'S IT GOING?

My first year as the District's planner has enamored me with the past and the future of our special places and recreational opportunities. I'm glad for the privilege to help steward projects for the Park District.

WHAT DOES PARK PLANNING MEAN FOR BAINBRIDGE ISLAND PARKS?

Park Planning is a community activity on Bainbridge Island, involving one of the most diverse mix of participants and passions that I have witnessed. Bainbridge Island parks are a legacy. This is due to the passionate involvement of Park District voters, taxpayers, recreational organizations, private businesses, non-profits, foundations, and park professionals, including my predecessor, former Senior Planner Perry Barrett.

YOU HAD THE OPPORTUNITY TO WORK WITH PERRY BARRETT AS YOU STEPPED INTO THIS ROLE AND HE PREPARED FOR RETIREMENT. WAS THERE A PERSPECTIVE HE OFFERED THAT INSPIRED YOU?

Perry spoke to Park Planning as a set of tools. When the tools are combined, they provide a template that helps ensure public spaces offer inspiration, play and activity that are anchored in both the manufactured environment and the natural world. It's our job to ensure this proceeds in a sustainable manner that conserves our past and protects our future. Perry and I continue to meet regularly as time allows.

SO, WHAT ARE YOU WORKING ON RIGHT NOW?

Current projects range from negotiating various building permits with the City of Bainbridge Island to advancing the renovation of the Ray Williamson Pool. The pool project is happening at a critical moment, guarding against cost, closure, and development code changes.

Those projects introduce an important part of my role here at the District. We are working with the City on establishing a set of development standards for Parks and Trails. While that may sound like a basic park planning policy of "maintaining levels of service across the park system," it is more about delivering park projects to the community efficiently, utilizing the Park District's own high standards and professional expertise.

WHAT PROJECTS ARE UPCOMING THAT YOU'RE EXCITED ABOUT?

Looking at the year ahead, we will take on the important task of improving Accessibility throughout the park system. It will lead to the update of the Park Comprehensive Plan by February 2026. The Comprehensive Plan is our shared opportunity to evaluate the needs across the entire system according to public guidance. It's an opportunity to align policies, priorities, and funding strategies.

IS THERE ANY MESSAGE YOU'D LIKE TO SHARE WITH THOSE WHO ARE INTERESTED IN GETTING INVOLVED WITH THE PLANNING PROCESS?

Whether you come forward as an Accessibility advocate or interested neighbor to a rejuvenating park like Strawberry Hill and Pritchard parks, I am pleased to join you in this work. I am always available for questions and comments from the community.

For more information contact **Matthew Keough**, Senior Planner— matk@biparks.org

FREE MOVIES IN THE PARK

Battle Point Park

**FRIDAY NIGHTS
IN AUGUST**

Free popcorn
and pre-movie fun begin at 8:00p.
Movies begin 30 minutes after sunset.

8/2 Teenage Mutant Ninja Turtles:
Turtle Mayhem **PG**

8/9 10 Things I Hate About You **PG-13**

8/16 Twister **PG-13**

8/23 Barbie **PG-13**

8/30 Ghostbusters: Frozen Empire
PG-13

More
info:



Bainbridge Island
Metro Park & Recreation District
biparks.org | 206-842-2302

In partnership with the Bainbridge Island
branch of the Kitsap Regional Library





STUDENT CONSERVATION CORPS IS HIRING!

Summer
employment
for teens 15+
\$17+/hr



SCoCo is a paid Bainbridge Island Metropolitan Park & Recreation District employment opportunity enhanced with conservation education for local High School age students. SCOCO members work to control invasive plant species in our island's parks and protected open spaces.

Ask about new opportunities for peer mentors and crew members for Neurodiverse SCOCO.

All applicants must attend an application work party and complete a Park District Application.



WASHINGTON STATE
Recreation and
Conservation Office



Washington Office of Superintendent of
PUBLIC INSTRUCTION

For more information,
please contact Program Manager
Morgan Houk at
morganhouk@biparks.org.

biparks.org | 206-502-3229



Spring Work Parties

Conservation Work Party

Fay Bainbridge Park | 10:00a-12:00p | May 11, June 8, July 13 (2nd Saturday),

Join the Park District, the Bainbridge Island Parks & Trails Foundation, and island scout troops every second Saturday this spring at Fay Bainbridge Park! Volunteers will pick of where other have left off, removing invasive scotchbroom, ivy, blackberry and more, in an ongoing effort to restore the beach area for native plant species and wildlife.

These work parties are well suited for children ages six and up who are comfortable using small hand tools and walking off trail on uneven surfaces.

Trails Work Party

Hidden Cove Trails (Parking at Hidden Cove Park Dock) | 10:00a-12:00p | May 18, June 15, July 20 (3rd Saturday)

Join the Park District's trails team, and the Bainbridge Island Parks & Trails Foundation every third Saturday on the Hidden Cove Trails this spring maintaining trail surfacing and pruning vegetation. Volunteers will meet at the Hidden Cove Park Dock.

These work parties are well suited for children ages eight and up who are comfortable using some small hand tools and walking a mile or so throughout the two-hour work party.

Red Pine Park Work Party

Red Pine Park | 10:00a-12:00p | May 14, June 11, July 11 (2nd Tuesday)

Work with the Park District's horticulture staff and the Bainbridge Island Parks & Trails Foundation every second Tuesday this spring to maintain garden beds, an historic fruit orchard, edible perennials, and other historic plantings in this former homestead in the heart of downtown.

Moritani Preserve Work Party

Moritani Preserve | 10:00a-12:00p | May 16, June 20, July 18 (3rd Thursday)

Join the Park District's Natural Resources team and the Bainbridge Island Parks & Trails Foundation every third Thursday this spring in caring for the woods and meadows of Moritani Preserve by managing invasive species, maintaining garden beds, and planting natives when the weather is right.



biparks.org | 206-842-2302



Sign up today!



CAMP GRID KEY

- ALL-DAY EXPLORER CAMP
- AQUATIC
- OUTDOOR
- SPORTS
- THEME
- GYMNASTICS
- OVERNIGHT


SUMMER CAMP GRID

Navigate through our summer camps and plan your summer activities with our camp grid. Camps are sorted by week and age, with a page number to find more detailed information about each camp.

AGES	CAMP NAME	DAYS	TIME	COST	LOCATION	ACTIVITY #	PAGE #
June 24-28 WEEK 1							
2-4	Mini Sports Adventurers	M-F	9:30a-11:30a	\$135	SHP	410006-01	31
4-6	Tennis Camp Ages 4-6 — Morning Session	M-F	9:00a-12:00p	\$200	BHS	412705-01	33
4-6	Kindergym & Ninja	M-F	9:30a-11:30a	\$190	BHS Gym Rm	451502-01	35
4-6	Art: Little Artists	M-F	9:00a-12:00p	\$250	SHC	471229-01	26
4-6	Tennis Camp Ages 4-6 — Afternoon Session	M-F	1:00p-4:00p	\$200	BHS	412707-01	33
5-10	Imagination: Fairy Hollow	M-F	9:00a-12:00p	\$235	HT	470815-03	24
5-10	Imagination: Pirate Beach 1	M-F	1:00p-4:00p	\$235	FB Hillside	470815-01	24
5-12	Lacrosse - Beginners for Grades k-6	M-F	9:00a-12:00p	\$210	BPP	413610-01	32
6-10	Parkour/Ninja Kids	M-F	1:00p-4:00p	\$210	BHS Gym Rm	451505-01	35
6-12	Galactic Explorers	M-F	8:00a-5:00p	\$450	Nakata B	400101-02	19
6-12	Tennis Camp Ages 6-12 — Morning Session	M-F	9:00a-12:00p	\$210	BHS	412706-01	33
6-12	Tennis Camp Ages 6-12 — Afternoon Session	M-F	1:00p-4:00p	\$210	BHS	412708-01	33
6-12	Camp - Sports, Splashes, Pickleball and More!	M-F	9:00a-3:00p	\$374/\$415	BIRC	413620-01	35
6-12	Haven Farm Horse Camp	T-Th	9:00a-1:00p	\$330	BPP	470870-01	22
6-12	Art: Young Artists	M-F	1:00p-4:00p	\$250	SHC	471229-02	26
8-12	Sewing Camp AM	M-F	9:00a-12:00p	\$250	SHC	470833-01	26
8-12	Sewing Camp PM	M-F	1:00p-4:00p	\$250	SHC	470833-02	26
10-14	Xtreme Twilight Camp I	M-F	5:30-8:30p	\$215	BPP	470837-01	21
11+	Babysitter Training Camp (American Red Cross)	M-Th	9:00a-2:00p	\$350	Aquatic Center	402536-01	21
11-16	Parkour/Ninja Tween & Teens	M-F	1:00p-4:00pm	\$210	BHS Gym Rm	451505-02	35
13-18	Tennis University	M-W	1:00p-4:00p	\$216/\$281	BIRC	412719-01	80
July 1-5 WEEK 2 * 7/4 Off							
2-4 + Adult	Art: p/c Messy Hands	M-W	9:30a-11:30a	\$175	SHC	471399-01	27
4-6	Sports Adventurers	M-W	9:30a-12:30pm	\$115	SHP	410003-01	31
6-8	Opti Ospreys	M-W	9:00a-12:00p	\$190	Hidden Cove	430760-01	56
6-12	Exploring Sustainability	M-W	8:00a-5:00p	\$270	Nakata B	400101-03	19

6-12	Sport Theme Week (Multi-Sport)	M-W, F	9:00a-3:00p	\$235	TRANS/BPP	413618-02	32
6-12	Haven Farm Horse Camp	M-W	9:00a-1:00p	\$330	BPP	470870-02	22
6-12	Book: Dangerous Boys	M-W	10:00a-2:00p	\$185	BPT	470815-25	24
6-13	Ultimate Frisbee	M-W	9:00a-12:00p	\$126	BPP	413801-01	31
8-12	Cookie Decorating Camp	M-W	1:00p-4:00p	\$190	SHC	470827-02	26
8-12	Opti Beginner	M-W	1:00p-4:00p	\$190	Hidden Cove	430751-01	56
11-17	All Day RS Tera & FJ Beginner	M-W	9:30a-3:30	\$360	Eagle Harbor	430777-01	57
July 8-12 WEEK 3							
4-6	Tennis Camp Ages 4-6— Morning Session	M-F	9:00a-12:00p	\$200	BHS	412705-03	33
5-7	Tiny Treaders	M-F	8:30a-11:30a	\$190	BPP	431980-01	28
5-10	Imagination: Mermaids Grotto	M-F	1:00p-4:00p	\$235	FB Hillside	470815-02	45
6-8	Intro to Trail Riding	M-F	8:30a-11:30a	\$190	BPP	431974-01	28
6-8	Sea Sprouts	M-F	12:30p-3:30p	\$190	Hidden Cove	430734-01	61
6-11	Climbing Camp	M-F	1:00p-4:00p	\$275	ICM	431992-02	30
6-12	Exploring Movies	M-F	8:00a-5:00p	\$450	Nakata B	400101-04	19
6-12	Tennis Camp Ages 6-12 — Morning Session	M-F	9:00a-12:00p	\$210	BHS	412706-03	33
6-12	Cheerleading Camp	M-F	1:00p-4:00p	\$210	Commodore	410001-01	35
6-12	Camp - Sports, Splashes, Pickleball and More!	M-F	9:00a-3:00p	\$374/\$415	BIRC	413620-03	35
6-12	Jump Rope	M-F	9:00a-12:00p	\$205	Sakai	413607-01	32
6-12	Haven Farm Horse Camp	T-Th	9:00a-1:00p	\$330	BPP	470870-03	22
6-13	World Cup Soccer	M-F	9:00a-12:00p	\$185	BPP	412302-01	33
6-14	Tumbling	M-F	9:30am-12:30pm	\$270	BHS Gym Rm	451507-01	35
7-9	Treaders 3.0	M-F	1:00p-4:00p	\$190	EGF	431980-04	28
7-10	American Doll Camp	M-F	9:00a-12:00p	\$235	CY	470844-01	22
8-10	Otters Mid-Day	M-F	10:00a-2:00p	\$253	Hidden Cove	430737-01	61
8-12	All Day Opti Beginner	M-F	9:00a-3:00p	\$360	Hidden Cove	430751-02	56
8-12	Book: Camp Halfblood	M-F	10:00a-2:00p	\$275	HT	470815-19	25
9-11	Treaders 4.0	M-F	1:00p-4:00p	\$190	EGF	431980-07	29
10-13	Orcas Mid-Day	M-F	10:00a-2:00p	\$253	Hidden Cove	430737-04	61
10-14	July Gamers Lair: D&D - Beginner	M-F	9:00a-12:00p	\$250	FWH	472665-03	22
10-14	July Gamers Lair: D&D - Experienced	M-F	1:00p-4:00p	\$250	FWH	472665-04	22
11-17	RS Tera & FJ Beginner	M-F	9:30a-12:30p	\$190	Eagle Harbor	430777-02	57
11-17	RS Tera & FJ Intermediate	M-F	1:30p-4:30p	\$190	Eagle Harbor	430778-01	57
12-16	Art: Teen Camp	M-F	1:00p-4:00p	\$250	SHC	471303-01	26
18+	Adult Tennis Camp	M-Th	11:30a-2:30p	\$216/\$281	BIRC	412726-01	34
July 15-19 WEEK 4							
2-4	Mini Sports Adventurers	M-F	9:30a-11:30a	\$135	SHP	410006-02	31
5-12	Lacrosse - Beginners for Grades k-6	M-F	9:00a-12:00p	\$210	BPP	413610-02	32
6-8	Sea Sprouts	M-F	12:30-3:30p	\$190	Hidden Cove	430734-02	61

6-11	Climbing Camp	M-F	1:00p-4:00p	\$275	ICM	431992-03	30
6-12	Exploring Wizardry	M-F	8:00a-5:00p	\$450	Nakata B	400101-05	19
6-12	Flag Football	M-F	9:00a-12:00p	\$215	BHS	413704-01	31
6-12	Sport Theme Week (Multi-Sport)	M-F	9:00a-3:00p	\$390	TRANS/BPP	413618-05	32
6-12	Intro to Disc Golf	M-F	1:00p-4:00p	\$185	BPP	413803-01	31
6-12	Youth Tennis and Pickleball Camp	M-Th	8.45a-11.45a	\$216/\$281	BIRC	412718-01	33
6-12	STEM: B4K Lego AM Master Challenge	M-F	9:00a-12:00p	\$235	FWH	470828-20	23
6-12	STEM: B4K Lego PM Amusement Park	M-F	1:00p-4:00p	\$235	FWH	470828-21	23
6-14	School Age Gymnastics	M-F	9:30a-2:30p F-9:30a-12:30p	\$375	BHS Gym Rm	451503-01	35
7-10	Bicycle Adventure Club 5.0	M-F	1:30p-4:30p	\$190	Fort Ward	462260-07	29
7-11	Book: Wizarding Woods	M-F	10:00a-2:00p	\$275	BPP shelter	470815-09	25
8-10	Otters Mid-Day	M-F	10:00a-2:00p	\$253	Hidden Cove	430737-02	61
8-11	July Twilight	M-F	5:30-8:30p	\$195	CY	470811-02	21
8-12	All Day Opti Intermediate	M-F	9:00a-3:00p	\$360	Hidden Cove	430752-01	57
9-11	Traveling Treaders 5.0	M-F	8:30a-12:30p	\$253	Fort Ward	431980-10	29
9-13	Bicycle Adventure Club 6.0	M-F	1:30p-4:30p	\$190	Fort Ward	462260- 10	29
10-13	Orcas Mid-Day	M-F	10:00a-2:00p	\$253	Hidden Cove	430737-05	61
10-13	 Sunsets and Seastacks	T-Th	Overnight	\$605	Third Beach	431925-01	31
10-14	Traveling Treaders 6.0	M-F	8:30a-12:30p	\$253	Fort Ward	431980-13	29
11+	Babysitter Training Camp (American Red Cross)	M-Th	9:00a-2:00p	\$350	Aquatic Center	402536-02	63
11-17	All Day RS Tera & FJ Beginner	M-F	9:30a-3:30	\$190	Eagle Harbor	430777-03	57
12-16	Taste Buds Kitchen Camp "Basics"	M-F	1:00p-4:00p	\$250	SHC	470827-11	27
12-16	Flag Football	M-F	1:00p-4:00p	\$215	BHS	413704-03	31
July 22-26 WEEK 5							
5-7	Tiny Treaders	M-F	8:30a-11:30a	\$190	BPP	431980-02	28
5-10	Imagination: Digging Dinos	M-F	1:00p-4:00p	\$235	FB Hillside	470815-33	24
6-8	Intro to Trail Riding	M-F	8:30a-11:30a	\$190	BPP	431974-03	28
6-11	Climbing Camp	M-F	1:00p-4:00p	\$275	ICM	431992-04	30
6-10	Parkour/Ninja Kids	M-F	9:00a-12:00p	\$210	BHS Gym Rm	451505-03	35
6-12	Animal Explorations	M-F	8:00a-5:00p	\$450	Nakata B	400101-06	19
6-12	Book: Adventure in Egypt	M-F	9:00a-12:00p	\$235	SHC	470815-38	25
6-12	Gamers Lair: Card Cave	M-F	9:00a-12:00p	\$250	FWH	472665-06	22
6-12	Camp - Sports, Splashes, Pickleball and More!	M-F	9:00a-3:00p	\$374/\$415	BIRC	413620-05	35
6-12	Pickleball Camp	M-F	1:00-4:00p	\$210	BPP or SHP	411336-01	34
6-12	Flag Football	M-F	9:00a-12:00p	\$215	BHS	413704-02	31
6-14	Girls Lacrosse for Grades K-6	M-Th	9:30-12:30p	\$325	BPP	413614-01	32
7-15	Grass Volleyball Skills and Drills	M-F	9:30a-12:30p	\$225	Sands	412904-01	34
8-10	Treaders 3.0	M-F	1:00p-4:00p	\$190	EGF	431980-05	29

8-12	Sailing Beg/ Paddle Combo	M-F	9:00a-4:00p	\$450	Hidden Cove	430736-01	58
8-12	Paddle/Sail Int Combo	M-F	9:00a-4:00p	\$450	Hidden Cove	430736-02	58
9-11	Treaders 4.0	M-F	1:00p-4:00p	\$190	EGF	431980-08	29
10-13	Book: Daring Girls	M-Th	10:00a-1:00p	\$195	CY+HTWed pm	470815-29	25
10-16	Art: Creatively Wild	M-F	1:00-4:00p	\$250	SHC	471304-01	26
11-17	All Day RS Tera & FJ Intermediate	M-F	9:30a-3:30p	\$360	Eagle Harbor	430778-02	57
11-16	Parkour/Ninja Tween & Teens	M-F	9:00a-12:00p	\$210	BHS Gym Rm	451505-04	35
12-16	Flag Football	M-F	1:00p-4:00p	\$215	BHS	413704-04	31
13-16	 Lena Lake Backpack	T-F	Overnight	\$640	Lena Lake	431952-01	31
13-18	Tennis University	M-F	1:00p-4:00pm	\$216/\$281	BIRC	412719-02	80

July 29-August 2 WEEK 6

2-4	Mini Sports Adventurers	M-F	9:30a-11:30a	\$135	SHP	410006-03	31
4.5-6	Nature: Pathfinders	M-F	9:00a-12:00p	\$225	CYM	470600-01	21
5-10	Imagination: Unicorn Meadow	M-F	9:00a-12:00p	\$235	SHC	470815-23	45
5-10	Imagination: Pirate Beach 2	M-F	1:00p-4:00p	\$235	FB Hillside	470815-32	45
5-12	Lacrosse - Beginners for Grades k-6	M-F	9:00a-12:00p	\$210	BPP	413610-03	32
6-8	Opti Ospreys	M-W	9:00a-12:00p	\$190	Hidden Cove	430760-02	56
6-11	Climbing Camp	M-F	1:00p-4:00p	\$275	ICM	431992-05	30
6-12	Exploring Art	M-F	8:00a-5:00p	\$450	Nakata B	400101-07	19
6-12	Haven Farm Horse Camp	T-Th	9:00a-1:00p	\$330	BPP	470870-04	22
6-12	Youth Tennis and Pickleball Camp	M-Th	8:45a-11:45a	\$216/\$281	BIRC	412718-02	33
6-12	Nature: Naturalists	M-F	9:00a-12:00p	\$225	CYC	470601-01	21
6-12	Play On! Games Camp	M-F	9:00a-3:00p	\$300	HT	470818-05	23
6-12	Sport Theme Week (Multi-Sport)	M-F	9:00a-3:00p	\$390	TRANS/BPP	413618-06	32
6-14	Tumbling	M-F	1:00p-4:00p	\$270	BHS Gym Rm	451507-02	35
7-14	Track and Field	M-F	9:00a-12:00p	\$210	WMS	412801-01	34
8-10	Otters Mid-Day	M-F	10:00a-2:00p	\$253	Hidden Cove	430737-03	61
8-10	Skateboarding Camp	W-F	9:00a-12:00p	\$165	SHP	413501-01	33
8-12	Opti Intermediate/Advanced	M-F	1:00p-4:00p	\$190	Hidden Cove	430753-01	57
9-13	Port Gamble Gravity Camp (MTB)	M-F	9:00a-3:00p	\$360	SHP	431921-01	30
10-13	Orcas Mid-Day	M-F	10:00a-2:00p	\$253	Hidden Cove	430737-06	61
11-13	Skateboarding Camp	W-F	1:00p-4:00p	\$192	SHP	413501-02	33
11-17	All Day RS Tera & FJ Beginners	M-F	9:30a-3:30	\$360	Eagle Harbor	430777-04	57
12-16	Beach Volleyball Skills and Drills	M-F	9:00a-12:00p	\$225	FAY	412903-01	34

August 5-9 WEEK 7

4-6	Tennis Camp Ages 4-6— Morning Session	M-F	9:00a-12:00p	\$200	BHS	412705-07	33
4-6	Kindergym & Ninja	M-F	9:30a-11:30am	\$190	BHS Gym Rm	451502-02	35
5-7	Tiny Treaders	M-F	8:30a-11:30a	\$190	BPP	431980-03	28
6-11	Climbing Camp	M-F	1:00p-4:00p	\$275	ICM	431992-06	30

6-11	Taste Buds Kitchen Camp-Jr	M-F	9:00a-12:00p	\$250	SHC	470827-12	27
6-12	Exploring Stories	M-F	8:00a-5:00p	\$450	Nakata B	400101-08	20
6-12	STEM: B4K Lego AM Brick Olympics	M-F	9:00a-12:00p	\$235	SHC	470828-22	23
6-12	STEM: B4K Lego PM Game On!	M-F	1:00p-4:00p	\$235	SHC	470828-23	23
6-12	Tennis Camp Ages 6-12 — Morning Session	M-F	9:00a-12:00p	\$210	BHS	412706-07	33
6-12	CAMP BIRC — SPORTS, SPLASHES, PICKLEBALL and MORE!	M-F	9:00a-3:00p	\$374/\$415	BIRC	413620-07	35
6-13	World Cup Soccer	M-F	9:00a-12:00p	\$185	BPP	412302-02	33
7-8	Intro to Trail Riding	M-F	8:30a-11:30a	\$190	BPP	431974-04	28
7-10	Bicycle Adventure Club 5.0	M-F	1:00p-4:00p	\$190	EGF	462260-08	29
7-14	Track and Field	M-F	9:00a-12:00p	\$210	BHS	412801-02	34
8-11	August Twilight	M-F	5:30p-8:30p	\$195	CY	470811-06	21
8-12	Book: Camp Halfblood II	M-F	10:00a-2:00p	\$275	HT	470815-37	25
8-12	Taste Buds Kitchen Camp-“Basics”	M-Th	1:00p-4:00p	\$250	SHC	470827-13	27
8-12	Sailing Beg/ Paddle Combo	M-F	9:00a-4:00p	\$450	Hidden Cove	430736-03	58
8-12	Paddle/Sail Int Combo	M-F	9:00a-4:00p	\$450	Hidden Cove	430736-04	58
9-11	Traveling Treaders 5.0	M-F	1:00p-4:00p	\$190	EGF	431980-11	29
10-14	Aug Gamers Lair: D&D - Experienced	M-F	9:00a-12:00p	\$250	FWH	472665-07	22
10-16	Art: Creatively Wild	M-F	9:30a-3:30p	\$300	SHC	471304-01	26
10-14	Aug Gamers Lair: D&D - Beginner	M-F	1:00p-4:00p	\$250	FWH	47665-09	22
11-17	RS Tera + FJ Beginner	M-F	9:30a-12:30p	\$190	Eagle Harbor	430777-05	57
11-17	RS Tera + FJ Intermediate	M-F	1:30p-4:30p	\$190	Eagle Harbor	430778-03	57
August 12-16 WEEK 8							
4-6	Sports Adventurers	M-F	9:30a-12:30pm	\$165	SHP	410003-02	31
4.5-6	Nature: Pathfinders	M-F	9:00a-12:00p	\$225	CYM	470600-02	21
5-10	Imagination: Dragon Trainers	M-F	1:00p-4:00p	\$235	HT	470815-34	24
6-8	Sea Sprouts	M-F	12:30p-3:30p	\$190	Hidden Cove	430734-03	61
6-11	Climbing Camp	M-F	1:00p-4:00p	\$275	ICM	431992-07	30
6-12	Undersea Explorers	M-F	8:00a-5:00p	\$450	Nakata B	400101-09	20
6-12	Youth Tennis & Pickleball Camp	M-Th	8:45a-11:45a	\$216/\$281	BIRC Tennis/ Gym	412718-03	33
6-12	Sport Theme Week (Multi-Sport)	M-F	9:00a-3:00p	\$390	TRANS/BPP	413618-10	32
6-12	Beginner Volleyball	M-F	9:00a-12:00p	\$225	Commodore or Sakai	412901-01	35
6-12	Basketball Camp	M-F	1:00-4:00p	\$210	Commodore or Sakai	410500-01	35
6-12	Nature: Naturalists	M-F	9:00a-12:00p	\$225	CYC	470601-02	21
6-14	School Age Gymnastics	M-F	9:30a-2:30p F-9:30a-12:30p	\$375	BHS Gym Rm	451503-02	35
7-10	Bicycle Adventure Club 5.0	M-F	1:30-4:30p	\$190	Gazzam	462260-09	29
8-10	Otters Half-Day	M-F	8:30a-11:30p	\$190	Hidden Cove	430712-02	61
8-12	Opti Beginner	M-F	9:00a-12:00p	\$190	Hidden Cove	430751-03	56
8-12	Opti Intermediate	M-F	1:00p-4:00p	\$190	Hidden Cove	430752-02	57

10-13	Orcas Full-Day	M-F	9:30a-3:30p	\$360	Hidden Cove	430725-04	61
10-14	Xtreme Twilight Camp 2	M-F	5:30p-8:30p	\$215	BPP	470837-02	21
10-14	Traveling Treaders 6.0	M-F	8:30a-12:30p	\$253	Gazzam	431980-14	29
11-15	MTB 5.0 -ODT Adventure	M-W	Overnight	\$600	ODT	431986-02	30
11-17	RS Tera & FJ Beginner	M-F	9:30a-12:30p	\$190	Eagle Harbor	430777-06	57
11-17	RS Tera & FJ Intermediate	M-F	1:30p-4:30p	\$190	Eagle Harbor	430778-04	57
August 19-23 WEEK 9							
4-6	Tennis Camp Ages 4-6— Morning Session	M-F	9:00a-12:00p	\$200	BHS	412705-09	33
4-6	Sports Adventurers	M-F	1:00p-4:00p	\$165	SHP	410003-03	31
4-6	Imagination: My Mer-Kid & Me	M-F	10:00a-1:00p	\$195	FB	470815-39	24
5-8	Bicycle Adventure Club 3.0	M-F	12:30p-3:30p	\$190	EGF	462260-01	29
5-12	Lacrosse - Beginners for Grades k-6	M-F	9:00a-12:00p	\$210	BPP	413610-04	32
6-10	Parkour/Ninja Kids	M-F	9:00a-12:00p	\$210	BHS Gym Rm	451505-05	35
6-11	Climbing Camp	M-F	1:00p-4:00p	\$275	ICM	431992-08	30
6-12	Carnival Explorers	M-F	8:00a-5:00p	\$450	Nakata B	400101-10	20
6-12	Tennis Camp Ages 6-12 — Morning Session	M-F	9:00a-12:00p	\$210	BHS	412706-09	33
6-12	Pickleball Camp	M-F	1:00p-4:00p	\$210	SHP or BPP	411336-02	34
6-12	Camp - Sports, Splashes, Pickleball and More!	M-F	9:00a-3:00p	\$374/\$415	BIRC	413620-09	35
6-12	STEM B4K Lego AM Mining & Crafting	M-F	9:00a-12:00p	\$235	FWH	470828-24	23
6-12	STEM B4K Lego PM World of Wizards	M-F	1:00p-4:00p	\$235	FWH	470828-25	23
6-12	Play On! Games Camp	M-F	9:00a-3:00p	\$300	HT	470818-07	23
7-8	Girls Rock Math "Crafty Math"	M-F	9:30a-3:30	\$320	SHC	471504-01	22
8-11	Beyond The Trail	M-F	8:30a-11:30	\$190	EGF	431989-01	29
8-12	All Day Everything Camp	M-F	9:30a-3:30p	\$300	CY	470602-03	22
8-12	Girls Rock Math "Math It, Make It"	M-F	9:30a-3:30p	\$320	SHC	471504-02	22
8-12	Sailing Beg/ Paddle Combo	M-F	9:00a-4:00p	\$450	Hidden Cove	430736-05	58
8-12	Paddle/Sail Int Combo	M-F	9:00a-4:00p	\$450	Hidden Cove	430736-06	58
11-16	MTB Mt Rainier	T-F	Overnight	\$635	Rainier	431986-03	30
11-16	Parkour/Ninja Tween & Teens	M-F	9:00a-12:00p	\$210	BHS Gym Rm		35
11-17	RS Tera + FJ Intermediate/Adv	M-F	9:30a-3:30p	\$360	Eagle Harbor	430779-01	57
11+	Babysitter Training Camp (American Red Cross)	M-Th	9:00a-2:00p	\$350	Aquatic Center	402536-03	21
18+	Adult Tennis Camp	M-Th	5:00p-8:00p	\$216/\$281	BIRC	412726-02	81
August 26-30 WEEK 10							
2-4	Mini Sports Adventurers	M-F	9:30a-11:30a	\$135	SHP	410006-04	31
2-4 + Adult	Ladybug Camp	M-Th	9:30a-11:30a	\$125	CY	471398-01	45
4-6	Tennis Camp Ages 4-6 — Morning Session	M-F	9:00a-12:00p	\$200	BHS	412705-10	33
4-6	Sports Adventurers	M-F	1:00p-4:00p	\$165	SHP	410003-04	31
6-8	Intro to Trail Riding	M-F	8:30a-11:30a	\$190	BPP	431974-05	28
6-8	Sea Sprouts	M-F	12:30p-3:30p	\$190	Hidden Cove	430734-04	61

6-11	Climbing Camp	M-F	1:00p-4:00p	\$275	ICM	431992-09	30
6-12	Summer Explorations	M-F	8:00a-5:00p	\$450	Nakata B	400101-11	20
6-12	Sport Theme Week (Multi-Sport)	M-F	9:00a-3:00p	\$390	TRANS/BPP	413618-11	32
6-12	Tennis Camp Ages 6-12 — Morning Session	M-F	9:00a-12:00p	\$210	BHS	412706-10	33
7-9	Treaders 3.0	M-F	1:00p-4:00p	\$190	EGF	431980-06	29
8-10	Otters Half-Day	M-F	8:30a-11:30p	\$190	Hidden Cove	430712-02	61
8-16	Taste Buds Kitchen Camp	M-Th	1:00p-4:00p	\$250	SHC	470827-13	27
10-13	Orcas Full-Day	M-F	9:30a-3:30p	\$360	Hidden Cove	430725-05	61
13-18	Tennis University	M-Th	1:00p-4:00pm	\$216/\$281	BIRC	412719-03	80



ADULT/CHILD CAMPS

Camps aren't just for kids!

Partner with the little in your life and join us for Preschool Ladybug Nature mini-camp, Preschool "Messy Hands" Art mini-camp, or My Mer-kid & Me mini-camp at Fay Beach for ages 4-6.



BIRC SUMMER PASS

Come join the Bainbridge Island Recreation Center for the summer!

90-Day Student Summer pass available May 1- August 31st for ages 13-23. Pass includes use of strength and cardio equipment, gymnasium, group fitness classes, and use of the outdoor pool!
Find out more on page 71.

ALL-DAY EXPLORER CAMPS!

Ages 6-12 When school is out — EXPLORER CAMP is in!

For those long summer vacation days, the Park District offers families an all-day, every-week option. With various fun, interactive, and educational themes each week of summer, kids will be excited to share what they've been up to. Join us for safe, supervised, and memorable summer experiences focused on fun. Our All-Day Explorers enjoy daily group games, sports and fitness, hands-on science, the arts, crafts, individual free-choice activities, and outdoor water play. Two snacks will be provided each day. Please bring a sack lunch and swim/water playthings daily.

Campers will also explore their community through weekly library visits, field trips, and open swim at the Aquatic Center.

Flexible Arrival between 8:00-9:00a
Structured Camp Activities from 9:00a-4:00p

Flexible Pickup between 4:00-5:00p
Explorer Camp home base:
Aquatic Center, Nakata Room B



WEEK 1 – GALACTIC EXPLORATIONS!

Blast off into summer! We'll get on course by creating our summer bucket lists and signing up for the summer reading program at the library (and library cards!). We will explore the planets of our galaxy and create some imaginary ones while learning some cool space science.

Field Trip: Keyport Naval Undersea Museum

400101-02 M-F 8:00a-5:00p 6/24-6/28* \$450*

*Camp dates and fees may change depending on BISD's last day of school



WEEK 2 – EXPLORING SUSTAINABILITY!

Change the world! The short holiday and pre-Rotary Auction week are perfect for exploring sustainability: Reduce, Recycle, and Reuse! We will make cool crafts from old shirts and snack wrappers. Add in some conservation water play and the usual Explorer Camp games, sports, and reading time for three full days of fun and learning. Little people making small changes have a big impact.

Field Trip: Behind the scenes at Rotary Auction

400101-03 M-W 8:00a-5:00p 7/1-7/3 \$270*

*Fee reflects three-day camp

WEEK 3 – EXPLORING MOVIES!

Make and watch movies! We'll learn about green screens, stop-motion, storyboards, and more. We will write and create some short movies and watch a variety of well-known "shorts" during this week. Families will be able to view our creations via the online Explorer Camp film festival at the end of the week.

Field Trip: Movie at local theater

400101-04 M-F 8:00a-5:00p 7/8-7/12 \$450

WEEK 4 – EXPLORING WIZARDRY!

Imaginary quests and creatures! We'll build castles of all kinds, design dragons, noodle joust, and design our own royal crests. Interesting facts about castle life and some very old games will be part of this week's learning. And, of course, a Fabulous Feast at the end of the week!

Field Trip: Fort Worden

400101-05 M-F 8:00a-5:00p 7/15-7/19 \$450



WEEK 5 – ANIMAL EXPLORATIONS!

Hoot and howl! Explore the wilder side of summer! Give a chirp, squawk, and roar for the good time we'll have exploring the world of animals. While on safari this week, we'll spend time with creatures great and small while understanding how to respect animal life on our planet. Wait until you see who (or what...) is stopping by!

Field Trip: Point Defiance Zoo & Aquarium

400101-06 M-F 8:00a-5:00p 7/22-7/26 \$450



WEEK 6 – EXPLORING ART!

The colors of fun! From tie-dye to splatter art to color team games, this week has the colorful fun our artistic Explorers crave. Get messy with some artful antics as we explore multiple ways to express ourselves using a variety of colorful mediums. We'll even host our own gallery walk!

Field Trip: Seattle Art Museum

400101-07 M-F 8:00a-5:00p 7/29-8/2 \$450

WEEK 7 – EXPLORING STORIES!

Imagine! From favorite books to spooky tales to stories that come to life with puppets designed by you, we'll explore the fantastic world of words and imagination. We'll use yarn to "spin yarns" and toss dice to decide plots. Read, write, and story tell!

Field Trip: Suquamish Museum for oral storytelling

400101-08 M-F 8:00a-5:00p 8/5-8/9 \$450



WEEK 8 – UNDERSEA EXPLORERS!

Get wet! Beach exploration and critter study! From the water cycle to water testing, we'll take a deep dive into learning about the water on and around our island. In addition to daily water time, we'll be planning to get wetter this week. And if it rains, who cares?

Field Trip: Seattle Aquarium

400101-09 M-F 8:00a-5:00p 8/12-8/16 \$450

WEEK 9 – CARNIVAL EXPLORERS!

Try your luck! It's carnival week, so we'll be designing our own booths, balancing, juggling, tossing, and preparing for the Third Annual Explorer Penny Carnival! Best of all, campers will get to decide what community agency will receive their penny donation. Families invited!

Field Trip: Kitsap County Fair

400101-10 M-F 8:00a-5:00p 8/19-8/23 \$450



WEEK 10 – SUMMER EXPLORATIONS!

Farewell, Explorers! We'll finish the summer strong by exploring our favorite places in nearby forests and building forts, creating gnome houses, running through the sprinkler, and making our own popsicles. We'll revisit our favorite games, use up craft supplies, and double-check our summer bucket lists. Lemonade stand, anyone?

Field Trip: Quarters Arcade

400101-11 M-F 8:00a-5:00p 8/26-8/30 \$450

Each week, we will welcome interesting guests or take a field trip!



SUMMER CAMPS

WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

YOUTH AND TEEN FUN

NATURE CAMP

Ages 4.5-6 and 7-9. Nature Camp brings kids and dirt and discovery together! Based at Camp Yeomalt, campers will have acres of park forest to roam as well nearby trails. All ages will be together at times but most activities will be done in smaller age groups. Young Pathfinders and older budding Naturalists will learn about wild creatures, natural systems, and observation as they explore the wooded world around them. Camp days will be filled with indoor-outdoor activities and each week will have a central focus. Storybooks and age-appropriate naturalist notebooks will reinforce fun and understanding. CY

VERY HUNGRY CATERPILLARS! & BUGS!

Using The Very Hungry Caterpillar book by Eric Carle and "Eyewitness" guides, curious young campers will learn, craft and explore as they search for insects up, around and through the woods. Creating new bugs, exploring life cycles, and camouflage will add to the fun. CY



AGES 4.5-6 PATHFINDERS

470600-01	M-F	9:00a-12:00p	7/29-8/2	\$225
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AGES 7-9 NATURALISTS

470601-01	M-F	9:00a-12:00p	7/29-8/2	\$225
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BABY SHARKS! & WATER!

Using the popular "Baby Shark" phenomena and "Eyewitness" guides, curious young campers will take a bite out of summer as they learn, craft and observe beach life while experimenting with erosion and buoyancy. Older campers will complete a small beach clean-up. CY

AGES 4.5-6 PATHFINDERS

470600-02	M-F	9:00a-12:00p	8/12-8/16	\$225
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AGES 7-9 NATURALISTS

470601-02	M-F	9:00a-12:00p	8/12-8/16	\$225
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BABYSITTER TRAINING CAMP (AMERICAN RED CROSS)



Ages 11 and up. Invest some time to jumpstart your money-earning ability as you gain knowledge of younger children: so many families appreciate a trained babysitter! The instructor will provide you with age-appropriate activities, infant handling, basic first aid and safety skills, marketing ideas, and more. Students who complete the course will receive their Red Cross certificate. AQ

402536-01	M-Th	9:00a-2:00p	6/24-6/27	\$350
02	M-Th	9:00a-2:00p	7/15-7/18	\$350
03	M-Th	9:00a-2:00p	8/19-8/22	\$350

SEE ALSO ADULT/CHILD "LADYBUG CAMP" PRESCHOOL NATURE CAMP PAGE 45



TWILIGHT CAMP

Ages 8-11 Unplug! Play shadow tag and kick the can, invent glow stick games in the forest, learn about native animals, tell stories around the fire, learn how to safely cook out, and still sleep in every day. Staff will safely mix beloved Twilight Camp traditions with brand-new fun. When the day is done, twilight evenings in the Yeomalt woods belong to the older campers. Pack a sack dinner; you'll be home late. (Psst! Parents: this could be a week of date nights...) CY

470811-02	M-F	5:30-8:30p	7/15-7/19	\$195
06	M-F	5:30-8:30p	8/5-8/9	\$195



XTREME! TWILIGHT CAMP



Ages 10-14. Go BIG! Offered twice this summer! Play Xtreme modified versions of Twilight Camp favorites like Capture the Flagx4, and kick the GIANT can, invent wild new games in the meadows and briar trails, learn about tidelands firsthand, tell stories around an un-fire pit, learn how to safely make some crazy recipes, and still sleep in every day. Twilight evenings at Battle Point Park belong to the Xtreme campers! Includes shirt. (Psst! Parents: this could be another week of date nights...) BPP

470837-01	M-F	5:30-8:30p	6/24-6/28	\$215
02	M-F	5:30-8:30p	8/12-8/16	\$215

SUMMER CAMPS



ALL-DAY EVERYTHING CAMP! **NEW!** ★

Ages 8-13. Longer camp days and more of 'em! Everything means just that: it's a new summer and we're trying out new ideas, using up a wide variety of science supplies, craft materials, and giveaways! Our favorite games will be played and new ones invented. Books will be read and stories will be written. Trails will be hiked and forts created. Costumes and dance moves and tie-dye will be modeled. S'mores will be roasted. Best of all, campers will get plenty of supervised free choice time to explore and make as they wish. Cap off summer with full days of fun and new friendships! CY

470602-03 M-F 9:30a-3:30p 8/19-8/23 \$300

AMERICAN DOLL CAMP

Ages 7-10. Bring your favorite 18" doll – or other! – for a week of creating items to aid in imaginative play. We'll make a sleeping bag and pillow, craft tiny plastic "food" for doll parties, build tents and box rooms with furnishings, and still have plenty of time for play all together. Mid-week the dolls will stay overnight and have their own camp out! (We will take photos of the adventure for you to add to your memory book on the final day) Camp ends with a doll picnic! CY



470844-01 M-F 9:00a-12:00p 7/8-7/12 \$235

HAVEN FARM HORSE CAMPS AT BATTLE POINT ARENA

Ages 6-12. A perfect three-day introduction for horse kids! Campers will receive instructions and time to understand horseback riding on and off the horse, which can put both animal and handler at ease. The mounted instruction will cover basics of English riding to ensure the rider is safe, relaxed, and comfortable while riding and controlling the horse. The unmounted instructions will include the basic care of a horse, types of equipment, and the different uses of the horse. Paddock boots or boots with heels are required. Please bring a helmet if you have one (bike helmets are suitable). Limited helmets will be available for use. Meets at the horse arena in the SE corner of Battle Point Park. Riding with take place in the ring and on the park's trails. Led by Mollie Bogardus and the experts from Haven Farm. Program repeats four times; register for one single session. BPP **CONTRACTOR**



470870-01	T-Th	9:00a-1:00p	6/25-6/27	\$330
02	M-W	9:00a-1:00p	7/1-7/3	\$330
03	T-Th	9:00a-1:00p	7/9-7/11	\$330
04	T-Th	9:00a-1:00p	7/30-8/1	\$330

GIRLS ROCK MATH CAMP — CRAFTY MATH!

Ages 7-8. Glue, glitter, gems, and geometry! Creativity and computation! This camp will have your young artist exploring a variety of math concepts and topics all while getting messy with math (& crafts!) From fraction face self-portraits to measurement bracelets, campers will be making math into art with every twist of the glue stick and splash of paint. Girls Rock Math knows how to make math meaningful with this crafty camp! SHC

CONTRACTOR
471504-01 M-F 9:30a-3:30p 8/19-8/23 \$320

GIRLS ROCK MATH CAMP — MATH IT, MAKE IT, DECORATE IT!

Ages 9-11. For those who love DIY! Dreaming about redecorating your room? Spend the week designing, decorating, and making real decor for your own bedroom! Campers will use a variety of math skills to create geometric luminary lamps, handy chalkboard door hangers, and other crafts to personalize their own space. Throughout the week, campers will use math skills such as measurement, multiplication, division, area, and perimeter to design a scale model 3D mini-room with working lights! SHC

CONTRACTOR
471504-02 M-F 9:30a-3:30p 8/19-8/23 \$320



GAMERS LAIR CAMPS! ★

DRAGON'S DUNGEON

Ages 10-14. Hang out and safely quest with others who share in the fun of role-playing games. Fort Ward's community hall is a great place to create a summer adventure. Part dice and characters, part crafting and creating. Characters will be rolled up prior to camp so the Campaign can commence quickly! Bring your own dice or collect your own during camp. Includes giveaways and prizes. FWH

472665-03	Header - Beginner	M-F	9:00a-12:00p	7/8-7/12	\$250
04	Header - Experienced	M-F	1:00-4:00p	7/8-7/12	\$250
07	Header - Experienced	M-F	9:00a-12:00p	8/5-8/9	\$250
09	Header - Beginner	M-F	1:00-4:00p	8/5-8/9	\$250

CARD CAVE **NEW!**

Ages 6-12 For those imaginative players who prefer the graphics and faster action of card battle and capture. Fort Ward Hall welcomes card questers for a morning dedicated to their style of play. New players will get plenty of guidance. Includes giveaways and prizes. FWH



472665-06 M-F 9:00a-12:00p 7/22-7/26 \$250



SUMMER CAMPS

PLAY ON! GAMES CAMPS **NEW!**

Ages 6-12. From making our own board games, to cards, dice, chess, outdoor play and more, this brand new big games camp is packed with fun! Staff and campers will practice strategic thinking individually and as a part of a team, reinforce good sportsmanship, and reward imagination and creativity through a wide variety of game play. We'll try our hand at some ancient game variations while playing summer outdoor favorites and coming up with our very own one-of-kind table games. We can't wait to teach others what we learn...recess will never be the same.HT

470818-05	M-F	9:00a-3:00p	7/29-8/2	\$300
07	M-F	9:00a-3:00p	8/19-8/23	\$300

BRICKS 4 KIDZ® LEGO® CAMPS

Ages 6-12. Bricks 4 Kidz® offers extraordinarily fun STEM-based camps where kids work collaboratively using their creativity and innovation. Building in pairs with LEGO® Bricks, motors, mosaics, and crafts brings engineering and technology concepts to life. Not sure if your child can keep up, or not sure if they will have enough to keep them busy? The Bricks 4 Kidz approach to teaching is fun and helps kids self-pace, so they are challenged but not frustrated, and able to learn and apply more each day. All campers make and take home a custom mini-figure and photo collage of the week's experience. For an all-day option, sign up for both morning and afternoon camps and receive half-hour early drop-off, lunch hour, and half-hour late pick-up FREE. Registration closes one week prior to each camp. FWH and SHC. **CONTRACTOR**



LEGO MASTER CHALLENGE **NEW!**

Ages 6-12. Ready for a thrilling building challenge? Join The Bricks 4 Kidz Master Challenge, inspired by the dynamic LEGO® Masters® TV show! This camp is a playground for budding master builders. Each day brings exciting new challenges, where campers will learn advanced LEGO techniques, collaborate on imaginative projects, and test their creativity. From constructing towering structures to engineering moving creations, it's a journey of innovation, teamwork, and endless fun. Step into the role of a master builder and create wonders with LEGO – sign up now and let the epic building challenge begin! FWH **CONTRACTOR**

470828-20	M-F	9:00a-12:00p	7/15-7/19	\$235
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AMUSEMENT PARK MANIA

Ages 6-12. Maybe you've been to Disney World, Universal Studios, Six Flags, or even LEGO Land... but have you ever built your own amusement park with LEGO® bricks? That's exactly what we'll be doing all week, and not just regular LEGO bricks... we're using axles, gears, motors, and more to make our rides really move and groove! Join us for a week of amusement park building fun... the Bricks 4 Kidz way! FWH **CONTRACTOR**

470828-21	M-F	1:00-4:00p	7/15-7/19	\$235
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LEGO BRICK OLYMPICS! **NEW!**

Ages 6-12. Calling all sports fans... on your mark, get set, build! Celebrate the return of the Summer Olympics in France with cool models of sports from cycling to soccer, basketball to gymnastics. Take a break from the heat and compete indoors to set your own Brick Olympic records with our exciting sports-themed challenges! We'll post the winners on our own Medal Tally board and award winners with Bricks 4 Kidz medals. SHC **CONTRACTOR**

470828-22	M-F	9:00a-12:00p	8/5-8/9	\$235
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GAME ON!

Ages 6-12. We know you love Super Mario Bros®, Roblox®, Among Us®, Sonic®, Pac Man®, Beyblades®, Pokémon®, MineCraft® and more, and so do we! But now it's time to unplug the console and pull out the LEGO® Bricks! Get your game on as we brick our way through levels of building, power up with some motor-powered LEGO models, and try to earn a few "extra lives" building mini-figures and 3D Sculptures. Each day is a new adventure as the virtual and LEGO worlds collide the Bricks 4 Kidz way! SHC **CONTRACTOR**

470828-23	M-F	1:00-4:00p	8/5-8/9	\$235
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MINING & CRAFTING!

Ages 6-12. Experience the world of Minecraft® with LEGO® Bricks in this fun camp! Minecraft is a game about placing blocks to build anything you can imagine. At night monsters come out, make sure to build a shelter before that happens. Kids will start by crafting their shelters and some of the mobs, critters and tools using LEGO Bricks. Campers will face new challenges each day, building models and crafting key elements from the popular Minecraft game. FWH **CONTRACTOR**

470828-24	M-F	9:00a-12:00p	8/19-8/23	\$235
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WORLD OF WIZARDS **NEW!**

Ages 6-12. Step into the World of Wizards at Bricks 4 Kidz, where the enchanting worlds of Harry Potter® and Fantastic Beasts® come alive through LEGO® building! Young wizards will build mystical worlds, craft magical creatures, and concoct LEGO potions in a realm where imagination knows no bounds – the Bricks 4 Kidz way! From hidden chambers to soaring dragons, each day is a new building adventure of creativity and magic. Grab your wand and join this spellbinding journey where your building creations help ensure that good triumphs over evil. Enroll now and let the magic begin!! FWH **CONTRACTOR**

470828-25	M-F	1:00-4:00p	8/19-8/23	\$235
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PROGRAMS FOR TEENS AGES 13-17

SUMMER CAMPS



IMAGINATION THEME CAMPS

Like-minded campers will immerse themselves in imagination as they explore the worlds of fairies, dragons, unicorns, pirates, and beloved book and movie characters. Theme camps will run five days this summer!



FAIRY HOLLOW

Ages 5-10*. For kids who understand fairy magic, you'll flutter over to the Hilltop woods to learn about water, wind, plants, animals, tinkering, and friendship. Explore the forest, build woodland fairy huts, have a fairy party and guide others down your fairy trail! Dress-up encouraged. Meets at Prue's "Pixie House." *Ages 12 and up may volunteer as a wing buddy, inquiries to the Glittery Grotto; online to shannon@biparks.org. HT
470815-03 M-F 9:00a-12:00p 6/24-6/28 \$235



PIRATE BEACH

Ages 5-10*. For kids who are treasure-hunting, boat-sailing, plank-walking, hideout-building, pirates at heart! We'll learn about pirates in history, test buoyancy, and even gain some rope skills. Come shred your clothes and join the crew! Meet at the lower Hillside "hideout" shelter. *Ages 12 and up may volunteer as a "Ship's Kid"; inquiries aboard the HMS Chaos; online to shannonb@biparks.org. FB

470815-01 M-F 1:00-4:00p 6/24-6/28 \$235
32 M-F 1:00-4:00p 7/29-8/2 \$235

DIGGIN' DINOS

Ages 5-10. For kids who dig dinosaurs, we'll learn all about the prehistoric past as we uncover bones and piece together our own miniature dino skeletons, create fossils, search for signs of dinosaurs, read dino stories, roar, stomp, and play!! We'll invite others to visit our "museum" on thursday! Meet at the lower hillside "dig site" shelter. FB
470815-33 M-F 1:30p-4:00p 7/22-7/26 \$235



MERMAIDS GROTTO

Ages 5-10. For water-lovers who enjoy the mystery of mermaids and mermen, we'll create our own hidden grotto, design shell and beach glass crafts, learn about beach safety, search for treasure, enjoy safe water play, and have a beach photo shoot! With extremely high morning tides, young mer-fans will enjoy a wet week of discovery. Meet at the lower Hillside Shelter "grotto." FB
470815-02 M-F 1:00-4:00p 7/8-7/12 \$235

DRAGON TRAINERS

Ages 5-10. For kids who dream of having their own dragon to train! Use your imagination to create a dragon who would be perfect for you alone. Join fellow trainers as you practice stealth, design traps, do some sketching, have relays and learn about flight. With your plans in hand, we'll help you make a one-of-a-kind forever dragon friend! Learn dragon lore, make crafts, and immerse in dragon-inspired activities. Meet at prue's "upper berk" meadow. HT
470815-34 M-F 1:00-4:00p 8/12-8/16 \$235



UNICORN MEADOW

Ages 5-10. For unicorn lovers who enjoy the fun and colors of these magical creatures! We'll make our own horns and tails, create uni-crafts, learn about legend and lore, search for signs of magic, and enjoy grassy play with our real and imaginary friends. Camp ends with the Unicorn Picnic. Meet at Prue's "Unicorn Corral". *Ages 12 and up may volunteer as a "Unicorn Wrangler"; inquiries to Rainbow Central online to shannonb@biparks.org.SHC
470815-23 M-F 9:00a-12:00p 7/29-8/2 \$235

SEE ALSO ADULT/CHILD "MY MER-KID & ME" THEME CAMP PAGE 45



SUMMER CAMPS

BOOK THEME CAMPS

You may have more fun if you've read the books, but it's not required...



THE DARING CAMP FOR GIRLS

Ages 10-13. *Have fun exploring activities from The Daring Book for Girls.* For girls who want to get outdoors! Experience summer days in the forest with like-minded friends safely learning outdoor skills and using imagination and creativity to get more comfortable out in the wild. As a group, participants will help choose and guide the activities for their week. Includes a late night of star gazing during the July full moon week, weather permitting. CY

470815-29 M-Th 10:00a-1:00p 7/22-7/25 \$195

THE (NOT TOO) DANGEROUS MINI-CAMP FOR BOYS

Ages 6-12. *Have fun exploring the activities in The Dangerous Book for Boys.* For boys who would like to learn knots then lash together a camp, study tracks then explore trails, make a grass whistle, get muddy and more. We'll have all of Battle Point and connecting park lands for three days of adventures and making things. Led by safe and trained male camp staff. Meet at the Transmitter building grassy area – look for the sign. BPP



470815-25 M-W 10:00a-2:00p 7/1-7/3 \$185

ADVENTURE IN EGYPT! **NEW!**

Ages 6-12. *Have fun exploring the activities from multiple Egyptian adventure books!* For lovers of all things ancient Egyptian who enjoy the fun and mystery of codes, clues, and treasure-hunting! We'll practice hieroglyphics, create beautiful, bejeweled masks, make clay art, uncover clues to treasure, learn about Egyptian history, and make our own "magic sand." Camp will end with a Pharaoh's Feast and guests will be invited to tour the hallway of our "tomb" excavation! SHC

470815-38 M-F 9:00a-12:00p 7/22-7/26 \$235



WIZARDING WOODS XVI

Ages 7-11*. *Have fun exploring the Harry Potter book series.* The world of Harry Potter returns for the sixteenth summer term with fun for many ages! Those who register will receive their letter of acceptance to a week of magical fun. Once sorted into "house" groups, there will be time each day for real learning in astronomy, herbology, potions, care of creatures, parchment & quills for "homework," spell creation and memorization, wand games and even Quidditch practice. Robes encouraged. Meet at the Picnic Shelter "Great Hall." *Ages 13 and up may volunteer in a variety of capacities; inquiries at the Ministry of Summer Magic; online to shannonb@biparks.org. BPP

470815-09 M-F 10:00a-2:00p 7/15-7/19 \$275

CAMP HALF-BLOOD 2024

Have fun exploring the books of Percy Jackson & the Olympians. Ages 8-12. Calling all young demigods! Could one of your parents actually be an Olympian god? Do you think your teachers are secretly monsters? Do you suspect you have hidden powers? You are not alone! Welcome to Camp Half-Blood, where everyone is related to a Greek god or goddess. Discover your ancestry in the Claiming Ceremony, learn about Greek mythology, create related crafts, do lots of safely distanced hands-on activities, play camp games such as Capture the Flag, and most importantly, embark upon your quest. Shirt included. Meet at Prue's "Big House." HT



470815-19 M-F 10:00a-2:00p 7/8-7/12 \$275
37 M-F 10:00a-2:00p 8/5-8/9 \$275

MIDDLE SCHOOL POOL PARTY AT BIRC

Calling all teens in grades six-eight! Join us for an epic summer pool party designed exclusively for middle schoolers! Dive into the fun as we celebrate the sunny season with splash-tastic activities and cool vibes. For more information, see page 43.

SUMMER CAMPS



ART & CRAFT



SEWING CAMP

Ages 8-12. Hand and machine-sewing skills last a lifetime! With fun, interesting projects, a row of safely distanced machines, individual supplies, and an entire week with the patient, knowledgeable sewing staff, you'll get the hang of it in no time! Use our machines or bring your own for practice. Materials included. SHC

470833-01	M-F	9:00a-12:00p	6/24-6/28	\$250
02	M-F	1:00-4:00p	6/24-6/28	\$250

SUMMER ART CAMP NEW!

Summer Art Camps at Strawberry Hill Center support your young artist with guided lessons and independent exploration of a variety of age-appropriate mediums. Drawing, painting, printing, clay, weaving, mobiles, and more! From flipbooks to photo collage, your camper will be able to express their ideas and explore their creativity. Each day also includes outdoor play and "brain breaks". Artists' reception and Gallery Walk for friends and family on the final day. Choose from Little Artists ages 4-6 years in the mornings or Young Artists ages 6-12 years in the afternoon. SHC

LITTLE ARTISTS AGES 4-6

471299-01	M-F	9:00a-12:00p	6/24-6/28	\$250
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YOUNG ARTISTS AGES 6-12

471299-02	M-F	1:00-4:00p	6/24-6/28	\$250
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TEEN ART CAMP NEW!

Ages 12-16. A week of (sleep in) afternoons exploring a variety of mediums with like-minded people! From a variety of paints, to pastels, charcoal, ink, clays, collage, and more, teen artists will scavenge the supplies at the art center for the ingredients to make their unique creative magic. Includes a simple reception and Gallery Walk on the final day of camp. Projects will be presented by core staff as well as guest experts. Bring your playlist and your creativity! Sketchbooks welcome. SHC

471303-01	M-F	1:00-4:00p	7/8-7/12	\$250
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CREATIVELY WILD! NEW!

Ages 10-16. A week of creatively wild afternoons exploring and observing nature through a variety of mediums with like-minded people! Local habitats, creatures, and natural materials will provide the inspiration and focus for the work. Includes a simple reception and Gallery Walk on the final day of camp. Based at the Strawberry Hill studio, the week will also include a variety of hikes and field trips. SHC

471304-01	M-F	1:00-4:00p	7/22-7/26	\$250
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COOKING



COOKIE DECORATING MINI-CAMP!

Ages 8-12. This sweet three-afternoon mini-camp will have young decorators mastering the art of fancy cookies for friends and family. With pre-baked cookies, safely distanced kitchen time will be spent on a variety of icings and piping and customizing techniques. Includes all supplies and a take-home kit for students to continue the fun. SHC

470827-02	M-W	1:00-4:00p	7/1-7/3	\$190
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SUMMER CAMPS

TASTE BUDS KITCHEN CAMPS **NEW!**

In our all-new "Taste Buds" camps, young people will learn and practice actual safe cooking skills, supervised in the Strawberry Hill Center teaching kitchen. Age-appropriate skills, basic culinary building blocks, adventurous tastings, and basket challenges will stir up delicious fun! SHC

TEEN KITCHEN BASICS AGES 12-16

470827-11 M-F 1:00-4:00p 7/15-7/19 \$250

TASTE BUDS JR. AGES 6-11

470827-12 M-F 9:00a-12:00p 8/5-8/9 \$250

KITCHEN BASICS AGES 8-16

470827-13 M-F 1:00-4:00p 8/26-8/30 \$250



MY MER-KID & ME THEME MINI CAMP! **NEW!**

Ages 4-6 w/adult. By popular demand, adults – and their little mer-kid – can get in on the beach fun of Mermaid Grotto camp! For water-lovers who enjoy the mystery of mermaids and mermen, we'll decorate our own hillside grotto, design shell and beach glass crafts, learn about beach safety, search for treasure, enjoy safe water play, and have a beach photo shoot! Days include some playground social time and a shady lunch with a story. With a trusted adult by their side, young mer-fans will enjoy a wet week of discovery and practicing friendships. FB



470815-39 M-Th 10:00a-1:00p 8/19-8/22 \$195

ADULT/CHILD CAMPS

PRESCHOOL LADYBUG NATURE MINI-CAMP! **NEW!**

Ages 2-4 w/adult. Join hands and venture into the Camp Yeomalt woods for a little morning camp especially for preschoolers and their adult. We'll explore the forest and the beach via nearby trails, learn about nature, listen to stories in the cabin, make some fun keepsake crafts along with great memories. With time for play and time for snacks, new connections will be made for everyone. Ladybug Camp could be a terrific introduction to the concept of "day camp" or forest schooling. CY

471398-01 M-Th 9:30-11:30a 8/26-8/29 \$125

PRESCHOOL "MESSY HANDS" ART MINI-CAMP! **NEW!**

Ages 2-4 w/ adult. The preschool years are precious. Spend three focused days together with your Little exploring a wide variety of age-appropriate mediums and projects. From messy tabletop finger painting to matching printed shirts and aprons, let us prepare the projects and clean up after. Your job is to spend time creating together and immersing your hearts in the memories of this morning mini summer "camp". Outdoor play, songs, and stories will round out these treasured days in Strawberry Hill Park. This shortened holiday week offers a wonderful opportunity to include a (normally) working parent, visiting grandparents or other family member in the magic made by your preschooler. SHC



471399-01 M-W 9:30-11:30a 7/1-7/3 \$175

SEE ALSO FRIDAY PARENT/CHILD CLAY PLAYS PAGE 36



FALL SOCCER CLASSES & LEAGUES

Join our exciting fall soccer classes and leagues to kickstart new adventures on the field. Find the perfect program for your child and get them involved in a fun and rewarding soccer experience this season.

We offer a variety of soccer programs for ages ranging from one-and-a-half years old to 12 years old.

We have classes and weekly soccer leagues at Battle Point! See our Youth and Adult Sports Section for more details.



PROGRAMS FOR TEENS AGES 13-17

SUMMER CAMPS



MOUNTAIN BIKING

Explore some of the best mountain biking Washington has to offer with us! Rides are geared towards group ability. Qualified instructors and trip leaders will work to expand riders' skill sets, maintain a focus on safety, and showcase a variety of great trails to mountain bike.

FAQS

General — A detailed email will be sent out approximately a week before the start of each program, with information on where to meet, what to bring, weather forecasts, medical waivers, emergency contacts, and more. Questions? Contact Outdoor Program Manager Stacey Stoner at staceys@biparks.org

Equipment — Participants must have a working mountain bike of suitable size, gears to go up and down medium grades of the trail, functional brakes, and a properly fitting biking helmet. Please do not show up with a bike with skinny road tires, a one-gear single-speed, or major mechanical issues. Staff reserves the right to not allow participation if a bike is deemed unfit, non-functional, or if staff have safety concerns.

Bike Check — Staff strongly recommends that your rider's bike be inspected and tuned up by a professional bike mechanic two weeks before their first program of the season. Afford several days to ensure your rider's bike will be ready for pick-up. On Bainbridge Island, BI Cycle and Classic Cycle are great bike shops that can help.

Gearbank — Participants are responsible for providing their own personal clothing and equipment, but our Outdoor Gearbank has a select number of Park District mountain bikes (24" and 26" tire) that are available to borrow for free. Please contact Outdoor Program Manager Stacey Stoner staceys@biparks.org at least two weeks before needing a mountain bike to check availability and allow for scheduling.

Physical Fitness — Participants must be physically fit for each ride's unique challenges. Terrain and trails vary; please refer to the "Trail Difficulty Rating System." The Park District reserves the right to require a doctor's note to clear a participant for participation.

Registration Deadlines — Registration deadline is three days before the program start date. This allows us to effectively communicate with participants about any needs we can help accommodate and ensure each trip is a good fit.

Refunds — For questions about refunds, please see page 4. If weather or road closures cancel a trip, a pro-rated credit will be refunded for the missed day.

Transportation — Transportation is provided from Strawberry Hill Park for all off-island programs. Transportation will be provided using one of the Park District's 15-passenger vans and bike trailer.

TRAIL DIFFICULTY RATING SYSTEM

Sections of the trail may be easier or more difficult than the criteria listed below. For questions regarding a specific program, contact the program staff. In order to help you choose the right fit, the mountain bike programs are rated from 1.0-6.0 to represent program difficulty. With each additional numerical rating, rides will increase in distance, pace, and technicality.

○ **(Easiest)** — Small hills and generally flat, smooth/paved terrain, with few to no avoidable obstacles such as rocks and roots. Suitable for newcomers to biking.

● **(Beginners)** — Rolling hills. Varied terrain, including dirt and gravel. Avoidable obstacles, such as rocks and roots, and few to no unavoidable obstacles, such as large roots. Suitable for beginner mountain bikers.

■ **(Intermediate)** — Steep hills. Challenging terrain that may include loose dirt and gravel. Avoidable obstacles such as rocks and roots. Unavoidable obstacles that riders may need to walk over, such as drops and large roots. Suitable for riders with previous mountain biking experience.

◆ **(Advanced)** — Technical, long, and steep hills. Challenging terrain that may include loose dirt, gravel, sand, and rock. Difficult, unavoidable obstacles such as rocks, drops, and large roots. Suitable for riders with lots of previous mountain biking experience.



INTRO TO TRAIL RIDING 2.0 ●

Ages 6-8. This introductory program is great for beginners and focuses on building confidence on the bike through progressive, instructional rides. It is designed for everyone from first-time mountain bikers looking for a safe, comfortable way to get out on the trails without the pressures of an experienced group, to those slightly more experienced riders looking to hone their skills. This program is a perfect option for those who are keen to ride off-road but aren't quite ready for the fast pace of the Treaders program. BPP

431974-01	M-F	8:30-11:30a	7/8-7/12	\$190
03	M-F	8:30-11:30a	7/22-7/26	\$190
04	M-F	8:30-11:30a	8/5-8/9	\$190
05	M-F	8:30-11:30a	8/26-8/30	\$190

TINY TREADERS 1.0 ●

Ages 5-7. The Tiny Treaders program is our beginner-level camp. It provides a perfect platform to ensure your child has a basic understanding of bicycle handling so they can enjoy safely and confidently riding their bike wherever it may take them. During these programs, we'll focus on effective starting and stopping, shifting and climbing, bike control, body positioning, and of course — having fun. BPP

431980-01	M-F	8:30-11:30a	7/8-7/12	\$190
02	M-F	8:30-11:30a	7/22-7/26	\$190
03	M-F	8:30-11:30a	8/5-8/9	\$190





SUMMER CAMPS

TREADERS 3.0 ●■

Ages 7-9, 8-10. We'll build a complete foundation in mountain biking skills, with lessons on braking, riding up/down hills, trail etiquette, shifting, obstacle navigation, first aid, and bike maintenance. Bicycles must have gears and front/rear brakes. Meet at East Grand Forest

Ages 7-9

431980-04	M-F	1:00-4:00p	7/8-7/12	\$190
06	M-F	1:00-4:00p	8/26-8/30	\$190

Ages 8-10

05	M-F	1:00-4:00p	7/22-7/26	\$190
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TREADERS 4.0 ■

Ages 9-11. We'll build a complete foundation in mountain biking skills, with lessons on braking, riding up/down hills, trail etiquette, shifting, obstacle navigation, first aid, and bike maintenance. Between our lessons, we'll hang out at the beach, by the lake, play bicycle-oriented games, explore hidden trails, and create our own mini-first aid kits. Bicycles must have gears and front/rear brakes. Meet at East Grand Forest

431980-07	M-F	1:00-4:00p	7/8-7/12	\$190
08	M-F	1:00-4:00p	7/22-7/26	\$190

TRAVELING TREADERS 5.0 ◆

Ages 9-11. Rides will range from 8-10 miles covering intermediate terrain.

431980-10	M-F	8:30a-12:30p	7/15-7/19	\$253*
11	M-F	1:00-4:00p	8/5-8/9	\$190**

*Fort Ward Park

**Grand Forest East

TRAVELING TREADERS 6.0 ◆★

Ages 10-14. Rides will range from 12-14 miles covering challenging terrain, steep hills, and technical trails.

431980-13	M-F	8:30a-12:30p	7/15-7/19	\$253*
14	M-F	8:30a-12:30p	8/12-8/16	\$253**

*Fort Ward Park

**Gazzam Park



BICYCLE ADVENTURE CLUB

In this camp, we'll spend the week exploring the island's trails and quiet roads, making time to take in the sights, sounds, and smells. We'll learn about bike safety and work on our riding skills, but our main focus will be on adventure. We'll spend some time beach-combing, tree-climbing, lake-lounging, and of course, trail-blazing. We'll learn to navigate with map and compass, and we'll use our sense of direction and curiosity to guide our rides. By the end of the week, we'll all have a much better sense of place, we'll know some secret shortcuts, and we'll be familiar with the paths-less-traveled.

3.0 ●

Ages 5-8. Rides will range from 4-6 miles covering beginner and intermediate terrain. Grand Forest East

462260-01	M-F	12:30-3:30p	8/19-8/23	\$190
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4.0 ■

Ages 9-11. Rides will range from 6-8 miles covering intermediate and challenging terrain. TBA

462260-04	M-F	1:00-4:00p	7/8-7/12	\$190
05	M-F	1:00-4:00p	7/22-7/26	\$190

5.0 ◆

Ages 7-10. Rides will be faster-paced ranging from 8-12 miles covering challenging terrain including roads, narrow trails, roots, rocks, and steep hills. TBA

462260-07	M-F	1:30-4:30p	7/15-7/19	\$190
08	M-F	1:30-4:30p	8/5-8/9	\$190
09	M-F	1:30-4:30p	8/12-8/16	\$190

6.0 ◆★

Ages 9-13. Fast-paced rides will range from 12-14 miles covering advanced terrain including roads, steep and narrow trails, roots, rocks, and various trail features. TBA

462260-10	M-F	1:30-4:30p	7/15-7/19	\$190
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BEYOND THE TRAIL

Ages 8-11. Do you want to learn more about the forests of Bainbridge Island? What about the people who first lived on this land? Each day we'll explore wild places across Bainbridge Island. We'll learn about native plants and animals, traditional ways of living in our region, and even some wilderness skills such as shelter building and food gathering, all while using our mountain bikes to aid in our adventures! Each day from Monday-Wednesday will bring new lessons and adventures, and then on Thursday we will put our newfound skills to the test and spend the night under the stars! Meet at Grand Forest East.

431989-01	M-F	8:30-11:30a	8/19-8/23	\$190
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SUMMER CAMPS



PORT GAMBLE GRAVITY ♦

Ages 9-13. Gravity Camp is currently our most advanced instructional mountain bike clinic. It is designed for riders that are already very confident on a mountain bike and want to pursue more challenging trails, higher speeds, and difficult features. This program is not for beginning riders! The goal of Gravity Camp is to provide insight and technical advice on mountain biking technique, body positioning and control in order to build confidence on the bike. Skill progression will include high-speed braking, jumping, dropping, steep sections and navigating rough, rocky terrain. Prerequisites: instructor approval or pre-program evaluation. Transportation provided from SHP

431921-01 M-F 9:00a-3:00p 7/29-8/2 \$360



MTB THE ODT ♦

Ages 11-15. Come ride the OAT! The Olympic Discovery Trail Adventure Route is an epic ride which combines many of our favorite aspects of mountain biking. We will ride the entire Olympic Adventure Trail from the Elwha River to the west end of Lake Crescent. We'll be covering about 15 miles per day, with an average of 900ft of elevation gain/loss each day. Thankfully, this will be an assisted ride, so we will have a shuttle to transport camping gear and equipment from trail head to campground each day. This way, each rider will be able to fully enjoy the trail without having to haul all of their overnight gear along with them! Transportation provided from SHP.

431986-02 M-W 8:00a-5:00p 8/12-8/14 \$600

MTB MT. RAINIER ♦

Ages 11-16. Come tour Tahoma by riding some of the best trails in the national forest! Over the course of four days, we'll explore four epic trails on the north-east side of Mt. Rainier. Each night, we'll camp out under tall trees and cold water along the white river; relaxing, sharing trail tales, and cooking delicious food. These rides are a ton of fun but not for the faint of heart, with each trail climbing and descending between 3-3,500 feet of elevation over the course of 5-8 miles. Advanced mountain biking experience is required. Prerequisites: instructor approval or pre-program evaluation. Transportation provided from SHP

431986-03 T-F 8:00a-5:00p 8/20-8/23 \$635

ROCK CLIMBING

CLIMBING CAMP

Ages 6-11. Summer camps at Insight Climbing & Movement are a great opportunity to introduce your kids to the sport of climbing! Camp participants will stay active, learn some fundamental climbing skills and techniques and, most importantly, have fun! Let your kids climb our walls instead of yours this summer! All climbing programs are facilitated by experienced instructors from Insight Climbing & Movement.



Registration deadline for most climbing programs is three days before the start date. For questions about refunds, please see page 3. **CONTRACTOR**

431992-01	M-F	9:30a-12:30p	6/24-6/28	\$286
02	M-W	1:00p-4:00p	7/1-7/3	\$172
03	M-F	9:30a-12:30p	7/8-7/12	\$286
04	M-F	1:00p-4:00p	7/15-7/19	\$286
05	M-F	9:30a-12:30p	7/22-7/26	\$286
06	M-F	1:00p-4:00p	7/29-8/2	\$286
07	M-F	9:30a-12:30p	8/5-8/9	\$286
08	M-F	1:00p-4:00p	8/12-8/16	\$286
09	M-F	9:30a-12:30p	8/19-8/23	\$286
10	M-F	1:00p-4:00p	8/26-8/30	\$286

PADDLING & SAILING CAMPS

PLEASE GO TO BOATING SECTION ON PAGE 56-61 FOR SAILING & PADDLE CAMPS





SUMMER CAMPS

YOUTH BACKPACKING & WILDERNESS TRIPS

SUNSETS AND SEASTACKS

~1.5 miles/day **3 days** **~400ft elev. change/day**
 Ages 10-13. After a short 1.4mi hike into Third Beach we'll enjoy a driftwood bonfire and take in sunset views over the Pacific! On day 2 we'll leave the packs at camp and climb a rugged overland trail using rope ladders. That will deliver us to a secluded cove where we'll explore rocky points and tidepools. Day 3 we'll have one last chance to play on the beach before heading back to the van. SHP
 431925-01 T-Th 9:00a-5:00p 7/16-7/18 \$605

LENA LAKE

~3 mi/day **3 days** **~1,100ft elev. change/day**
 Ages 13-16. This trail gently climbs through dense forest and over several creeks to beautiful Lena Lake, one of the largest in the Olympics. There is so much to explore there! We'll take it easy on day two we can swim and float on our inflatable raft, bushwhack around the lake, or day hike up Lena Creek to a cool natural grotto. Each night we'll enjoy a campfire and a scrumptious dinner. Transportation is provided. Meet at SHP.
 431952-01 T-F 9:00a-5:00p 7/23-7/26 \$640

PARENT AND TOT SPORTS

MINI SPORTS ADVENTURERS

NEW!

Ages 2-4. A parent and child camp. An introduction to sports skills, fun fitness activities with a touch of taking turns, working with others and being outside and moving. Each day we will learn a new sport and activity like soccer, volleyball, ultimate frisbee, T-ball, and more. SHP



410006-01	M-F	9:30-11:30a	6/24-6/28	\$135
02	M-F	9:30-11:30a	7/15-7/19	\$135
03	M-F	9:30-11:30a	7/29-8/2	\$135
04	M-F	9:30-11:30a	8/26-8/30	\$135

YOUNG ATHLETES

SPORTS ADVENTURERS **NEW!**

Ages 4-6. Our Little Athletes Camps are designed to introduce your kiddo to a variety of sports, fun fitness, and awesome activities. We'll also touch on respect, teamwork, and self-discipline. Each day we will learn a new sport and activity like soccer, volleyball, ultimate frisbee, T-ball, and more. SHP

410003-01	M-W	9:30a-12:30p	7/1-7/3	\$115
02	M-F	9:30a-12:30p	8/12-8/16	\$165
03	M-F	9:30a-12:30p	8/19-8/23	\$165
04	M-F	9:30a-12:30p	8/26-8/30	\$165

DISC GOLF

INTRO TO DISC GOLF

Ages 6-12. During this camp participants will get to know disc golf rules and discover the different kinds of discs used to play. You'll learn several basic skills including backhand/forehand shots, approach shots and putting style around the basket. Each participant will receive their disc to keep. BPP

413803-01	M-F	1:00-4:00p	7/15-7/19	\$185
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FRISBEE

ULTIMATE FRISBEE

Ages 6-12. Ultimate is unique as the only team sport that features coed play and self-refereeing at high levels of competition. Top-level Ultimate players require an unmatched degree of speed, stamina, and agility, yet the simplicity of the rules means it is easy and fun for newcomers to pick up. Campers will build on their skills of the game with drills and lots of scrimmaging. Fee includes a regulation Ultimate disc. BPP

413801-01	M-W	9:00a-12:00p	7/1-7/3	\$126
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FOOTBALL

FLAG FOOTBALL **NEW!**

For boys and girls, in the Flag Football Camp, kids will go through a series of drills and learn skills like passing, receiving, kicking and flag pulling. Kids will spend the first half of each camp day learning and working on fundamental skills associated with the game of football (non-contact) in a safe and fun environment. Scrimmage games will be played during the second half of each camp day. Campers should wear a t-shirt, shorts, and cleats (or tennis shoes) and bring their own snacks and beverages. BHS

Ages 6-12				
413704-01	M-F	9:00a-12:00p	7/15-7/19	\$215
02	M-F	9:00a-12:00p	7/22-7/26	\$215
Ages 12-16				
413704-03	M-F	1:00-4:00p	7/15-7/19	\$215
04	M-F	1:00-4:00p	7/22-7/26	\$215



SUMMER CAMPS



JUMP ROPE

JUMP ROPE

Ages 6-12. Join the Bainbridge Island Rope Skippers for a camp filled with jump rope games and fun. All types of skills will be taught including single rope, Double Dutch, and long rope. Cost includes a snack each day, and each camper gets to take home their very own jump rope. For jumpers of all abilities. Sakai.

CONTRACTOR

413607-01 M-F
9:00a-12:00p 7/8-7/12 \$205



LET'S PLAY OUTSIDE – MULTI SPORT ACTIVITY

At our awesome multi-sport camps, our weekly themes will be packed full of excitement and experiences that are sure to be a lot of fun. We'll have activities, adventures and game play based on our themes. We'll also include some theme-based crafts and creations for campers to do to add to the fun.



SURVIVOR AND CHALLENGE WEEK

Ages 6-12. Who will be the team left standing after a week of challenges? Survivor and Challenge Week Camp is an exciting and immersive experience that combines team and individual challenges, adventurous activities, and Survivor games. Join us for a week of thrilling adventures and camaraderie among fellow campers. BPP 413618-02 M-W, F 9:00a-3:00p 7/1-7/5 \$235
*No Camp 7/4

LACROSSE

GIRLS LACROSSE FOR GRADES K-6

This camp will provide beginners and those with experience and a basic understanding of lacrosse in a fun environment. Emphasis will be on keeping it fun and safe, while building enthusiasm for the game. Players will be split up by age and playing experience. Campers will need to bring a snack and lunch daily. Please wear appropriate clothing for the weather. The following items are required to participate: mouth guard, running shoes or cleats, and a water bottle. BPP



CONTRACTOR

413614-01 M-Th 9:30a-12:30p 7/22-7/25 \$325

LACROSSE – BEGINNERS FOR GRADES K-6

This camp will offer a basic understanding of the game and provide a successful foundation for those interested in playing lacrosse. Emphasis is on keeping it fun and safe, instruction and playing games while also building enthusiasm for lacrosse. Players will be divided into two age-appropriate groups. Some loaner equipment available. Required equipment: mouthpiece and sports cup. Please send your child with water and a snack. BPP

413610-01	M-F	9:00a-12:00p	6/24-6/28	\$210
02	M-F	9:00a-12:00p	7/15-7/19	\$210
03	M-F	9:00a-12:00p	7/29-8/2	\$210
04	M-F	9:00a-12:00p	8/19-8/23	\$210

SCAVENGER HUNT AND OBSTACLE COURSE WEEK

Ages 6-12. Scavenger hunts provide a wealth of opportunities for active fun. So do obstacle courses. We'll spend the week creating, hiding, hunting, and getting through obstacles that will make this camp a blast. BPP 413618-05 M-F 9:00a-3:00p 7/15-7/19 \$390

SENSATIONAL STAR WARS WEEK

Ages 6-12. GOOOOOOOOOAL! Our multi-sport campers will get to play loads of soccer and a few other sports with a fun Star Wars twist this week at our awesome camp. Campers will compete in "pool play" and then proceed to the elimination and championship rounds each day in soccer and a variety of different sports. BPP 413618-06 M-F 9:00a-3:00p 7/29-8/2 \$390

WATER BATTLES WEEK

Ages 6-12. Get your aim ready for our Water Battle Camp. Campers are sure to get wet as they battle each other in various games with a water themed twist. Get ready to make a splash during this wet and wild week of camp! Campers will enjoy various water activities such as water bucket relays, water balloons, water balloon toss, water tag and more. BPP 413618-10 M-F 9:00a-3:00p 8/12-8/16 \$390

CAMP CLOSEOUT WEEK

Ages 6-12. Our final week of camp will be filled with fun sports, games and activities, and friendly competition. BPP 413618-11 M-F 9:00a-3:00p 8/26-8/30 \$390



SUMMER CAMPS

SKATEBOARDING

SKATEBOARDING – BOWL SKILLS 101

This camp will cover the basics of dropping in, carving in a bowl-type skate park and other beginning board skills. This camp is designed mostly for beginners but also good for skaters with some experience. Bring your skateboard, water, and a snack. Helmets and pads required. Meet at skate bowl. SHP

Ages 8-10 New!

413501-01 W-F 9:00a-11:00a 7/31-8/2 \$165

Ages 11-13 New!

413501-02 W-F 1:00-4:00p 7/31-8/2 \$192

SOCCER

WORLD CUP CAMP

Ages 6-13. Bainbridge Island Soccer's highly trained coaching staff will guide players through a week of fun-filled activities geared around the World Cup theme. Children of all levels can enjoy learning different skills, moves and goal-scoring techniques from world stars. Guidance and discovery coaching allows each player to develop personal skills as well as improving their soccer skills. WMS **CONTRACTOR**

412302-01 M-F 9:00a-12:00p 7/8-7/12 \$185
02 M-F 9:00a-12:00p 8/5-8/9 \$185



TENNIS

TENNIS CAMP AGES 4-6 — MORNING SESSION

Ages 4-6. This camp is a perfect introduction for younger tennis players ages 4-6 years old. We teach fun first in a way that gets kids playing and hitting right away! Hand-eye coordination, movement skills, and team-oriented group learning make tennis the best first sport for youth. BHS

412705-01 M-F 9:00a-12:00p 6/24-6/28 \$200
03 M-F 9:00a-12:00p 7/8-7/12 \$200
07 M-F 9:00a-12:00p 8/5-8/9 \$200
09 M-F 9:00a-12:00p 8/19-8/23 \$200
10 M-F 9:00a-12:00p 8/26/8/30 \$200

TENNIS CAMP AGES 4-6 — AFTERNOON SESSION

Ages 4-6. This camp is a perfect introduction for younger tennis players ages 4-8. We teach fun first in a way that gets kiddos playing and hitting right away! Hand-eye coordination, movement skills, and team-oriented group learning that make tennis the best first sport for youth. BHS

412707-01 M-F 1:00-4:00p 6/24-6/28 \$200

TENNIS CAMP AGES 6-12 — MORNING SESSIONS

Ages 6-12. We are proud to offer our USTA Net Generation summer junior development tennis once again that has sparked generations of kids to become lifetime tennis players. Stroke production, games, match play, and more. We have a fun team-oriented atmosphere and group players by level and experience. Train smarter, not harder. BHS

412706-01 M-F 9:00a-12:00p 6/24-6/28 \$210
03 M-F 9:00a-12:00p 7/8-7/12 \$210
07 M-F 9:00a-12:00p 8/5-8/9 \$210
09 M-F 9:00a-12:00p 8/19-8/23 \$210
10 M-F 9:00a-12:00p 8/26/8/30 \$210

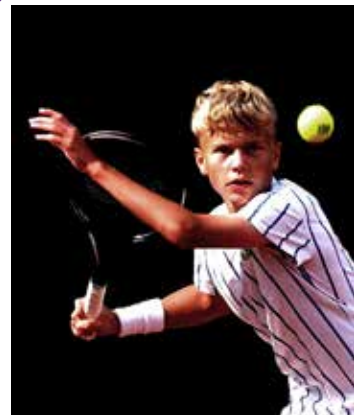
TENNIS CAMP AGES 6-12 — AFTERNOON SESSIONS

Ages 6-12. We are proud to offer our USTA Net Generation summer junior development tennis once again that has sparked generations of kids to become lifetime tennis players. Stroke production, games, match play and more. We have a fun team-oriented atmosphere and group players by level and experience. Train smarter, not harder. BHS

412708-01 M-F 1:00-4:00p 6/24-6/28 \$210

YOUTH TENNIS & PICKLEBALL CAMPS

Ages 6-12. This camp is for your younger racket sports enthusiasts. These young athletes will be splitting their time between Pickleball and Tennis 4 days a week for 3 hours a day. We will have a break in the middle along with fun games, all while learning the fundamentals of both sports. These players will continue to develop self-confidence, self-discipline and listening skills while participating in both activities. Further focus will be to help develop their athleticism, coordination and build strength along the way. There are many benefits from each sport that can cross over, and we hope to encourage your youngsters to enjoy playing both. Tennis rackets and pickleball paddles provided if needed. Appropriate athletic attire is required. No boots, trail shoes or sandals. BIRC



412718-01 M-Th 9:00a-12:00p 7/15-7/18 \$216/\$281
02 M-Th 9:00a-12:00p 7/29-8/1 \$216/\$281
03 M-Th 9:00a-12:00p 8/12-8/15 \$216/\$281

Member/Non-Member

SUMMER CAMPS



ADULT TENNIS CAMPS **NEW!**

Ages 18 and up. Our tennis pros carry with them over 70 years of combined teaching experience and are ready for an intense week of drills designed to help your doubles play and help develop your skill sets to another level. Join us for your choice of two separate weeks of camps. Register at www.biparks.org BIRC

				Member/Non-Member
412726-01	M-Th	11:30a-2:30p	7/8-7/12	\$216/\$281
02	M-Th	5:00-8:00p	8/19-8/22	\$216/\$281



TRACK

TRACK AND FIELD **T**

Ages 7-14. Track and field is a sport for all kids! One week of running, jumping, throwing, sprinting, and hurdling, culminating with a fun track meet. This is a camp for those who are interested in track and field or for kids who simply want to become faster, stronger, and better athletes. WMS

412801-01	M-F	9:00a-12:00p	7/29-8/2	\$210
02	M-F	9:00a-12:00p	8/5-8/9	\$210



PICKLEBALL

PICKLEBALL CAMP

Ages 6-12. Join us at our pickleball camp for a fun and exciting experience! Learn the basics of pickleball and improve your skills with our instructors. All equipment, including pickleballs and paddles, will be provided. Don't miss out on this opportunity to play the fast-growing sport of pickleball! BPP

411336-01	M-F	1:00-4:00p	7/22-7/26	\$210
02	M-F	1:00-4:00p	8/19-8/23	\$210



VOLLEYBALL

BEACH VOLLEYBALL SKILLS AND DRILLS **T**

Ages 12-16. Learn how to play volleyball in the sand. Campers will learn all the basic skills such as serving, passing, setting, and more. Each day campers will get a chance to put the skills they learned into action in various scrimmages. FB

412903-01	M-F	9:00a-12:00p	7/29-8/2	\$225
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GRASS VOLLEYBALL SKILLS AND DRILLS **NEW!** **T**

Ages 7-15. Come learn how to play volleyball on the grass. Campers will learn the basic skills such as serving, passing, blocking and more. Each day campers will get a chance to put the skills they learned into action in various scrimmages. Sands Field

412904-01	M-F	9:30a-12:30p	7/22-7/26	\$225
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SUMMER CAMPS

BEGINNING VOLLEYBALL CAMP

Ages 6-12. Come learn the great game of volleyball. We'll cover all the basic skills using fun drills and games that help introduce serving, passing, setting, and hitting. We'll also go over positions, defense, and offense. TBA

412901-01 M-F 9:00a-12:00p 8/12-8/16 \$225

CHEER

CHEERLEADING CAMP

Ages 6-12. Join our exciting cheerleading camp where you'll learn stunting, dance, choreography, and jumps, all while having a fun-filled experience. Register now and enhance your cheerleading skills. HSLG

410001-01 M-F 1:00-4:00p 7/8-7/12 \$210

BASKETBALL

BASKETBALL SKILLS AND DRILLS CAMP

Ages 6-12. Designed for the young athlete who wants to build a foundation in the game of basketball. Drills and games will take place in a fun, competitive, and developmental environment. Focus will be placed on developing skills as well as building players' basketball IQs. TBA



410500-01 M-F 1:00-4:00p 8/12-8/16 \$210

We've got a lot of fun planned at BIRC for this summer. Check out our new summer camps. Camp home base is our gym. The first price listed is for BIRC members. Second price is for Non-Members.

CAMP — SPORTS, SPLASHES, PICKLEBALL AND MORE!

Ages 6-12. These camps have it all. Packed full of sports, awesome activities, and some splash time in the pool. BIRC

				Member/Non-member
413620-01	M-F	9:00a-3:00p	6/24-6/28	\$374/\$415
03	M-F	9:00a-3:00p	7/8-7/12	\$374/\$415
05	M-F	9:00a-3:00p	7/22-7/26	\$374/\$415
07	M-F	9:00a-3:00p	8/5-8/9	\$374/\$415
09	M-F	9:00a-3:00p	8/19-8/23	\$374/\$415

GYMNASTICS

GYMNASTICS: KINDERGYM & NINJA

Ages 4-6. Camp will include instruction in gymnastics, games, activities and t-shirt. Gymnasts will be split into groups according to age and ability. Please bring drinks, snacks and easy to use shoes i.e. sandals, Velcro or slip-ons. Camp held in the BHS Gymnastics Room.

451502-01 M-F 9:30-11:30a 6/24-6/28 \$190
02 M-F 9:30-11:30a 8/5-8/9 \$190

GYMNASTICS: SCHOOL AGE

Ages 6-14. Camp will include instruction in gymnastics, games, activities and t-shirt. Gymnasts will be split into groups according to age and ability. Please bring lunch, drinks, snacks, swimsuit, towel and easy to use shoes i.e. sandals, Velcro or slip-ons. Camp held in the BHS Gymnastics Room.

451503-01 M-Th 9:30a-2:30p 7/15-7/19 \$375
F 9:30a-12:30p
02 M-Th 9:30a-2:30p 8/12-8/16 \$375
F 9:30a-12:30p

PARKOUR & NINJA

This camp is for both female and male students with or without experience in parkour or free running movement as well as a variety of skills ranging from strength, speed, balance and timing. These skills will help them to get through obstacle courses set up by the staff. Students will be taught to move through obstacles both inside and outside of the gym. BHS Gymnastics Room and outside areas.

Ages 6-10
451505-01 M-F 1:00p-4:00p 6/24-6/28 \$210
03 M-F 9:00a-12:00p 7/22-7/26 \$210
05 M-F 9:00a-12:00p 8/19-8/23 \$210

Ages 11-16
451505-02 M-F 1:00p-4:00p 6/24-6/28 \$210
04 M-F 9:00a-12:00p 7/22-7/26 \$210
06 M-F 9:00a-12:00p 8/19-8/23 \$210



NEW TUMBLING CAMP

Ages 6-17. This camp is for both female and male students who are interested in learning tumbling skills (i.e. cartwheels, round-offs, handsprings, flipping). This is a great camp for cheerleaders, dancers, gymnasts, etc. BHS Gymnastics Room.

451507-01 M-F 9:30a-12:30p 7/8-7/12 \$270
02 M-F 1:00-4:00p 7/29-8/2 \$270

YOUTH



WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

ART, CRAFTS & MORE

KIDS CAN COOK: HEALTHY ICE CREAMS!

Ages 7-15. Just when the kids are ready for something new, this one-time Saturday class will have them learning (and tasting!) a variety of healthy ice cream recipes, without any fancy equipment. Kids will get a great workout shaking, tossing, jumping up and down, or having a dance party while making their own ice cream. Fun extra: there is a science lesson in this, too! Kids will have a blast making chocolate and vanilla ice cream, and of course topping it. Best of all, they'll bring this knowledge home so their families and friends can enjoy the results for the rest of the summer! SHC



470842-06	Sa	9:30-11:30a	8/17	\$50
07	Sa	1:00-3:00p	8/17	\$50

YOUTH POTTERY FOUNDATIONS NEW!

Ages 10-15. This focused summer pottery class is especially for older youth. Whether new to clay or already experienced from school or previous youth classes, it's always fun to learn techniques and practice proper throwing and building with like-minded peers. 6 weeks. ED

422007-06	Th	4:00-6:00p	7/11-8/15	\$150
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TEEN WHEEL-THROWN POTTERY

Ages 12-16. This weekly summer wheel-throwing workshop for experienced youth focuses on throwing techniques and the development of form by combining thrown pieces with hand-built parts. A variety of glazing techniques are used. 6 weeks. ED

422008-01	W	4:00-5:30p	7/10-8/14	\$135
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POTTERY: TEEN CLAY CLUB

Ages 12-17, with previous pottery skills. This supervised semi-independent studio time allows experienced young clay artists to focus on the techniques and projects they find most interesting. Includes one bag of clay of their choice. 6 weeks. ED

422015-10	T	3:45-5:00p	6/25-7/30	\$140
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POTTERY

YOUTH "ALL KINDS OF CLAY!" SAMPLERS

Ages 7-9. These guided summer youth classes offer creative fun for all students. A mix of clays, instruction, tools and techniques of coil, slab, and sculpture, along with imagination and creativity, will ensure the magic of the creative process, fun and finished pieces. Perfect for busy kids. ED

422007-01	M	3:00-4:30pp	6/24-7/29	\$150
05	M	3:00-4:30p	8/5-8/26	\$110



PARENT-CHILD FRIDAY CLAY PLAY

Ages 5-12 and a parent. Fun, creative 2-afternoon workshops resulting in beautiful keepsakes and whimsical pieces. Simple guided projects and free play with clay will make giggles and memories! No previous clay experience needed! Materials included. Space is limited. ED



GARDEN WHIMSEY!

Work together to make some fun outdoor art! Create useful plant markers, chimes or something from your imagination!

422006-03	F	1:00-2:30p	7/12, 7/26	\$50
05	F	3:30-5:00p	7/12, 7/26	\$50

WILDLIFE WATERERS!

Work together to make vessels! Support wildlife by providing a watering spot for pets, birds and pollinators!

422006-04	F	1:00-2:30p	8/9, 8/23	\$50
06	F	3:30-5:00p	8/9, 8/23	\$50



YOUTH

GYMNASTICS

The developmental gymnastics program helps to introduce and refine total body awareness, strength and coordination. A child may enter the program at age 6 months and work through the progressive classes, including a competitive team until age 19. Because gymnastics classes are offered all year, we have the opportunity to instill in children the need for physical activity as a lifestyle. It also allows us to equip the children with basic fundamental movement skills conducive to each developmental stage.

SESSION I: JUNE 24 – JULY 13
(Three-week session)

SESSION II: JULY 15 – AUGUST 3
(Three-week session)

SESSION III: AUGUST 5 – AUGUST 24
(Three-week session)

ALL CLASSES ARE ELIGIBLE FOR HELPLINE UNLESS IT IS NOTED AT THE END OF THE CLASS DESCRIPTION.

DIRECTIONS TO THE TRANSMITTER BUILDING

From Winslow, drive north on SR-305. Turn left on Day Road and stay left onto Miller. Follow Miller Road for about 1 ½ miles then turn right on Arrow Point Drive. Continue on Arrow Point Drive until the entrance to Battle Point Park. Turn left into the park; the Transmitter Building will be located directly ahead. Parking will be around the loop next to KID'S UP Playground.

LOCATION OF BHS GYMNASTICS ROOM

The Gymnastics Room is located directly across the parking lot from the pool back doors or in back of the high school. **PARKING** for Gymnastics Room: Please use the Pool parking area during day hours 9:00a–3:00p and walk to the gym using the sidewalk west of the pool parking lot. Evening classes may use the parking area outside the Gymnastics Room. Parking is also available by the Commodore Facility located on High School Road down the hill from the high school reader board. Spectator seating area is on the balcony located at the back of the gym. Please use the south entrance to the gym when at all possible to help control the traffic flow in the gym.

Be aware of the parking lot in the evenings, there are many cars that drop off children to the Gymnastics Room or school events. These drive-through areas are congested and drivers need to be more aware of other vehicles and especially pedestrians.

If your child requires any extra assistance, please contact the ADA Coordinator Cody Ogren codyogren@biparks.org immediately after registering to notify us of your child's needs and to allow us sufficient time to coordinate any additional staff. We will make reasonable modifications to policies and programs to ensure that participants with special needs or disabilities will have an equal opportunity to enjoy BIMPRD gymnastics classes, clinics, open gyms and/or camps in a manner that is safe and fun.

Late Policy: If you find that you are going to be more than 10 minutes late for a class, we ask that you not participate that day. Warm-ups and basic skill repetitions are held during the first 10 to 15 minutes of class. These are important for assurance of muscle safety and memory retention. To reduce risk of injury, it is essential that you participate in these warm-up exercises. Please be fair to the other participants, yourself, and the instructor by arriving on time.

EXTRA GYMNASTICS WORKOUT (OPEN GYM)

Ages 6 and up. Here's a chance to improve your skills. This extra time will allow you an opportunity to receive additional instruction and practice on areas needing improvement. This is available to students who are currently, or have been involved in, Park District gymnastics programs. Beginner through team level. BHS Gymnastics Room

Cost: \$15.00 must pre-register

SUMMER QUARTER HOURS

441500-01	Sa	2:00-4:00p	6/29
02	Sa	2:00-4:00p	7/6
03	Sa	2:00-4:00p	7/13
04	Sa	2:00-4:00p	7/20
05	Sa	2:00-4:00p	7/27
06	Sa	2:00-4:00p	8/3
07	Sa	2:00-4:00p	8/10
08	Sa	2:00-4:00p	8/17
09	Sa	2:00-4:00p	8/24

INDIVIDUALIZED INSTRUCTION

Special one-on-one instruction. Call the gymnastics department to request your lesson day/time and instructor at 206-842-2306 ext. 117. Instructors will then call to give details and to arrange times.

Cost: \$60/45 minutes for individual.

\$85/60 minutes for individual.

Add \$5 for extra child from immediate family (one only).

SUMMER CAMPS

Full Description in Summer Camp section

GYMNASTICS KINDERGYM & NINJA (AGES 4-6)

June 24-28, August 5-9

GYMNASTICS: SCHOOL AGE (AGES 6-14)

July 15-19, August 12-16

PARKOUR & NINJA CAMP (AGES 6-10 & AGES 11-16)

June 24-28, July 22-26, 8/19-23

TUMBLING CAMP (AGES 6-17)

July 8-12, July 29-August 2

YOUTH



Late Policy: If you find that you are going to be more than 10 minutes late for a class, we ask that you not participate that day. Warm-ups and basic skill repetitions are held during the first 10 to 15 minutes of class. These are important for assurance of muscle safety and memory retention. To reduce risk of injury, it is essential that you participate in these warm-up exercises. Please be fair to the other participants, yourself, and the instructor by arriving on time.

HANDSPRING CLASS ★

Ages 6-17. Co-Ed class for students who have completed and passed the beginner tumble and tramp class. Class will focus on learning more advanced skills on floor, trampoline tumbling and mini-tramp skills. BHS Gymnastics Room

441545-01	T	5:00-6:00p	6/25-7/9	\$86
02	T	5:00-6:00p	7/16-7/30	\$86
03	T	5:00-6:00p	8/6-8/20	\$86

RELEASE YOUR INNER CHILD (ADULT GYM) ★

Ages 17 and up. Train like a child and get back the energy and strength you once had but didn't even notice at the time. Participants will be taught skills like handstands and cartwheels, along with movement techniques from parkour. Participants will also train with obstacles like Ninja Warrior and play games. This is a great way to get in shape, or stay in shape by having fun. BHS Gymnastics Room

441598-01	T	6:00-7:00p	6/25-7/9	\$86
02	T	6:00-7:00p	7/16-7/30	\$86
03	T	6:00-7:00p	8/6-8/20	\$86

CHEER AND TUMBLING ★

Ages 6-17. For girls or boys who want to learn cheer and tumbling only. Class concentrates on tumbling, trampoline, strength, balance and flexibility. BHS Gymnastics Room

441562-01	W	5:00-6:00p	6/26-7/10	\$86
02	W	5:00-6:00p	7/17-7/31	\$86
03	W	5:00-6:00p	8/7-8/21	\$86



PRESCHOOL

Ages 3-4. Intro to gymnastics for both boys and girls. Skills taught include basic tumbling, uneven bar skills, balance beam, and vaulting techniques. BHS Gymnastics Room.

441505-01	Sa	9:00-9:45a	6/29-7/13	\$79
02	Sa	9:00-9:45a	7/20-8/3	\$79
03	Sa	9:00-9:45a	8/10-8/24	\$79

KINDERGYM

Ages 4-6. Intro to gymnastics for kinder-aged boys and girls. Skills taught include basic tumbling, uneven bar skills, balance beam and vaulting techniques. BHS Gymnastics Room

441506-01	Sa	11:00-11:45a	6/29-7/13	\$79
02	Sa	11:00-11:45a	7/20-8/3	\$79
03	Sa	11:00-11:45a	8/10-8/24	\$79

INTERMEDIATE KINDERGYM

Ages 4-6. For Kindergym students who have completed the Beginner Kindergym Progression Sheet or have been placed by an instructor. BHS Gymnastics Room

441507-01	Sa	11:00-11:45a	6/29-7/13	\$79
02	Sa	11:00-11:45a	7/20-8/3	\$79
03	Sa	11:00-11:45a	8/10-8/24	\$79

FUN-SIZE NINJAS

Ages 4-6. This is a class for children interested in doing things like a Ninja Warrior. Students will be led through a variety of skills which will help them to get through obstacle courses set up by the instructor. Each week will be a different course, with a different focus on each course. This class is for children to explore different ways to climb, jump, crawl, swing, balance... whatever it takes to get over, under and around obstacles while having fun and testing their limits. BHS Gymnastics Room.



441534-01	Sa	10:00-10:45a	6/29-7/13	\$79
04	Sa	10:00-10:45a	7/20-8/3	\$79
06	Sa	10:00-10:45a	8/10-8/24	\$79

ADULT TENNIS CAMPS

Need to improve your tennis skills but can't find the time for private lessons? Then come out to our Adult Tennis Camp this summer! Join our BIRC Pros, with over 75 years of teaching experience, for three hours of tennis instruction, play instruct and fun games to get you moving and learning! July 8-11th 11:30a-2:30p and August 19-22nd 5:00-8:00p. Hope to see you there!

YOUTH

SCHOOL-AGE

BEGINNER GIRLS GYMNASTICS

Ages 6-17. For females with no gymnastics experience, or who have some gymnastics experience on all the events but are still working on mastering them. Instructor challenges each participant based on their individual skill level. Class concentrates on instruction of basic tumbling and skill work on each of the girls' apparatus. BHS Gymnastics Room; **Classes held at the Transmitter Building.

441530-01	MW**	5:00-6:00p	6/24-7/10	\$145
02	Sa	12:00-1:00p	6/29-7/13	\$86
03	MW**	5:00-6:00p	7/15-7/31	\$145
04	Sa	12:00-1:00p	7/20-8/3	\$86
05	MW**	5:00-6:00p	8/5-8/21	\$145
06	Sa	12:00-1:00p	8/10-8/24	\$86



INTERMEDIATE & ADVANCED GIRLS

Ages 6-17. For the serious female gymnast! Must have completed the beginning level. This class is geared for training girls to reach a competitive level, or to build a repertoire of skills, build strength and flexibility. BHS Gymnastics Room; **Classes held at the Transmitter Building.

441532-01	MW**	6:00-7:30p	6/24-7/10	\$177
02	MW**	6:00-7:30p	7/15-7/31	\$177
03	MW**	6:00-7:30p	8/5-8/21	\$177
04	Sa	12:00-1:00p	6/29-7/13	\$86
05	Sa	12:00-1:00p	7/20-8/3	\$86
06	Sa	12:00-1:00p	8/10-8/24	\$86

BOYS GYMNASTICS

Ages 6-17. For males of all experience levels. Instructor challenges each participant based on their individual skill level. Class concentrates on instruction of basic tumbling and skill work on all the boys' apparatus. BHS Gymnastics Room

441540-01	MW	5:00-6:00p	6/24-7/10	\$145
02	MW	5:00-6:00p	7/15-7/31	\$145
03	MW	5:00-6:00p	8/5-8/21	\$145



BAINBRIDGE ISLAND BOYS GYM TEAM

Ages 6-18. The team will travel to events throughout the region, participating in levels 4 through 10 competitions. Team members are selected by ability and space availability. Additional costs are involved. Contact the gymnastics department at the Park District for more information.

BAINBRIDGE ISLAND GIRLS GYM TEAMS

Ages 6-18. The team will travel to events throughout the region, participating in level 3 through 10 Junior Olympic, and Xcel competitions. Team members are selected by ability and space availability. Additional costs are involved. Contact the gymnastics department at the Park District for more information.

TEEN JOB OPPORTUNITIES

VOLUNTEER

Be a Summer Camp Aide

Volunteer to assist camp counselors with our summer sports camps. This is a great opportunity for students from ages 11-18 looking for community service hours, or those just wanting to give back to the community. Contact Audree at 206-842-5661 x142 or AudreeG@biparks.org to volunteer or get more information.

EMPLOYMENT

Summer and Fall Soccer League Referee/Mentors
Do you love soccer and working with kids? We're looking for energetic and positive referee/mentors for our summer and fall youth soccer leagues. Applicants must be at least 14 years old. Contact Audree at 206-842-5661 x142 or AudreeG@biparks.org to get more information.

WALKS

TINY TOT NATURE WALKS **NEW!**

Ages 2-4. A parent-and-child camp. Explore nature and all its wonder with us. We'll walk around and look for animals and bugs, check out different plants, find sticks and rocks, learn to take turns and share, and so much more. Various Locations
410002-01 MW 11:15a-12:00p 7/8-7/24 \$85

LOW SENSORY NATURE WALKS IN THE PARK DISTRICT

Ages 12-18. Designed especially for people with a passion for the outdoors who have limitations to exploring trails independently! Our Low Sensory Nature Walks are designed for neurodiverse people. Join a small group with a slower pace and single nature focus on the way to earning an accomplishment bead. Trails have been chosen to have wide paths, minimal obstructions, and gentle hills. Duration and location vary depending on ability and current weather conditions. Caregivers welcome! Venture outdoors this fall! Nature walks follow a Class 1 Rollable trail. It is designed to be used by strollers, walkers, and wheelchairs. Locations include Port Blakely Mill Trail (01), Lower Ft. Ward (02), Battle Point (03).

437901-01	Port Blakely Mill	Th	9:30-11:00a	7/18	\$15
02	Lower Ft. Ward	Th	9:30-11:00a	8/1	\$15
03	Battle Point	Th	9:30-11:00a	8/15	\$15

YOUTH



PICKLEBALL & TENNIS

HOT SHOTS TENNIS

Ages 3.5-6. Tennis is the best first sport! Start your children off right with action-packed 45-minute lessons that will develop hand-eye coordination, balance and foundation skills while having a ton of fun in this progressive 6 and under tennis program. Parents are encouraged to participate in this innovative program. BHS courts or Ordway covered area



412736-01 W 11:15a-12:00p 7/17-8/14 \$84
*No Class 8/7

ROOKIES TENNIS

Ages 6-10. For kids just getting started with tennis. Rookies Red Ball 1 and Rookies Red Ball 2 are the first level of the Park District Tennis Pathway. Ball: Low-compression RED. Court Size: Free-form. Racquet Length: 19"-21". BHS courts or Ordway covered area

412737-01 W 12:15-1:15p 7/17-8/14 \$94
*No Class 8/7

ROOKIES PLUS TENNIS

Ages 10-14. Perfect for players who have basic skills gained from our Rookies tennis program and others with rally skills looking to move toward game play. Here we will use either Orange, Green, or Yellow balls as appropriate to the class dynamic and skill level. BHS courts or Ordway covered area

412738-01 W 1:30-2:30p 7/17-8/14 \$94
*No Class 8/7

TEEN TENNIS

Ages 13-18. This is a great place for teens looking to learn tennis, or for those players just looking to start tournaments at the Challenger level or considering trying out for the high school team. BHS courts or Ordway covered area

412735-01 W 2:45-3:45p 7/17-8/14 \$94
*No Class 8/7



HOT SHOTS PICKLEBALL

Ages 3-6. A fun-filled 30-minute lesson that will develop hand-eye coordination, balance, and the foundation of some pickleball skills. Parents are encouraged to participate in this innovative program. BPP

411332-01 MW 2:30-3:00p 7/8-7/17 \$65
02 MW 2:30-3:00p 8/12-8/28 \$65*

*No Class 8/19, 8/21

ROOKIES PICKLEBALL

Ages 6-9. This class is great for younger budding pickleball players. Along with introducing the game in a modified way we'll work on basic skill and hand-eye coordination. BPP

411333-01 MW 3:15-3:45p 7/8-7/17 \$65
02 MW 3:15-3:45p 8/12-8/28 \$65*

*No Class 8/19, 8/21

PICKLEBALL 101 FOR KIDS

Ages 9-14. Come play the game that was invented right here on Bainbridge Island. Pickleball is easy to learn and fun to play. All levels of fitness and skill welcome. Paddles available for use but if you have your own, please feel free to bring it. BPP

411329-01 TTh 2:30-3:30p 7/9-7/18 \$70
02 TTh 2:30-3:30p 8/13-8/29 \$70

*No Class 8/20, 8/22

TEEN LEAGUES

TEEN ULTIMATE FRISBEE LEAGUE NEW!

Ages 13-18. Fun league games of Ultimate Frisbee. Registration required in order to play. All athletic levels welcome. We provide cones and discs, frisbees, reversible pinnies, and a staff person to help organize games. Questions? Contact Audree at 206-842-5661 #142 or Audreeg@biparks.org. BPP

413709-02 Th 6:30-8:30p 7/11-8/15 \$50 per person

TEEN CORNHOLE LEAGUE NEW!

Ages 13-18. Cornhole is one of America's favorite games. Easy to learn and fun to play. A bag in the hole scores three points, while one on the board scores one point. Grab your friends and come join us for our new cornhole league. All equipment is provided, but feel free to bring your own. SHP

413706-01 W 6:00-7:30p 7/17-8/14 \$50 per person

SUMMER SOCCER

MINI KICKERS WEEK

Ages 3-5. Mini Kickers Soccer is a soccer class for all boys and girls. Bainbridge Island Soccer's highly trained coaching staff will take children on a journey through a series of introductory soccer skills via fun, imaginative games such as Soccer Train, Fox n Rabbits, Volcano, and much more. Guidance and discovery coaching allows each child to develop social and emotional skills and an understanding of soccer. BPP Turf **CONTRACTOR**



412301-01 M-Th 9:00-10:15a 7/8-7/11 \$99
02 M-Th 9:00-10:15a 8/5-8/8 \$99



YOUTH

TINY TOTS SOCCER

Ages 1.5-2.5. Tiny Tots soccer classes introduce toddlers to soccer with games that allow them to kick a ball, jump, run, and play. Tots will learn basic soccer skills while working on their balance and coordination. BPP

412311-01 Sa 9:30-10:00a 7/13-8/10 \$93

SOCCER SQUIRTS

Ages 2.5-3.5. Parents and Squirts will play organized games together, led by our instructor, that will help develop listening skills, balance, foot-eye coordination, and of course, soccer skills. BPP

412312-01 Sa 10:15-10:45a 7/13-8/10 \$93

PRE-KICKS SOCCER

Ages 3-4. Pre-Kicks is designed for children who want to explore soccer, but who are not quite ready to be on the field without a parent or caregiver. Classes focus on increasing balancing skills, coordination, and fundamental soccer skills, while also helping children build a sense of independence. BPP

412313-01 Sa 11:00-11:30a 7/13-8/10 \$93



SUMMER SATURDAY SOCCER- SKILLS AND SCRIMMAGES

JULY 13 TO AUGUST 10

Small-group skills and drills and then small-sided scrimmages.

Skill Sessions: Each week, coaches will work with our soccer staff to implement the skill sessions that we will provide. Each skill session will be geared towards the appropriate age group.

Location: Battle Point Park turf fields

Player Equipment: Soccer cleats are optional. Shin guards are strongly recommended.

Team Placement: Players will be placed with requested friend when possible.

Volunteer Coaching: We rely on volunteers to help make this program successful. No experience necessary. We can help you along the way. Volunteer coaching duties include helping manage your team during skill sessions and during scrimmages.

Program cancellation deadline is June 15.

412314-01	4 to 6-year-old girls	9:30-10:15a	\$135*
02	4 to 6-year-old boys	10:45-11:30a	\$135*
03	6 to 9-year-old girls	9:30-10:15a	\$135*
04	6 to 9-year-old boys	10:45-11:30a	\$135*

*Fee includes game shirt.

FALL SOCCER

TINY TOTS SOCCER

Ages 1.5-2.5. Tiny Tots soccer classes introduce toddlers to soccer with games that allow them to kick a ball, jump, run, and play. Tots will learn basic soccer skills while working on their balance and coordination. BPP

412319-01 Sa 9:30-10:00a 9/21-10/19 \$95

SOCCER SQUIRTS

Ages 2.5-3.5. Parents and Squirts will play organized games together, led by our instructor, that will help develop listening skills, balance, foot-eye coordination, and of course, soccer skills. BPP

412320-01 Sa 10:15-10:45a 9/21-10/19 \$95

PRE-KICKS SOCCER

Ages 3-4. Pre-Kicks is designed for children who want to explore soccer, but who are not quite ready to be on the field without a parent or caregiver. Classes focus on increasing balancing skills, coordination, and fundamental soccer skills, while also helping children build a sense of independence. BPP

412321-01 Sa 11:00a-11:30a 9/21-10/19 \$95

FALL SATURDAY SOCCER - SKILLS AND SCRIMMAGES

SEPTEMBER 21 TO OCTOBER 26

Small-group skills and drills and then small-sided scrimmages.

No goalie.

Skill Sessions: Each week coaches will work with our soccer staff to implement the skill sessions that we will provide. Each skill session will be geared toward the appropriate age group.

Scrimmages: Our soccer staff will referee the scrimmage while volunteer coaches manage their teams, including making sure all players get equal playing time.

Player Equipment: Each player receives a reversible soccer jersey and a size three soccer ball (soccer ball goes home with child on last day of soccer). Soccer cleats are optional. Shin guards are strongly recommended.

Team Placement: Players registered by August 30 will be assigned to teams based on friend or coach request when possible. After August 30, team placement will be dependent on space availability.

October 26: Our last day of soccer falls on the two days before Halloween so we will be having an optional "wear your costume to soccer" event that day.

Program cancellation deadline is August 30.

GIRLS

412322-01	Age 4	Sa	9:00-10:00a	\$162
02	Ages 4.5-6	Sa	10:15-11:15a	\$162

BOYS

412323-01	Age 4	Sa	9:00-10:00a	\$162
02	Ages 4.5-6	Sa	11:30a-12:30p	\$162

YOUTH



VOLUNTEER COACHES NEEDED!

No coaching experience needed. We will help you along the way.
For more information, contact Audree at 206-842-5661 x142
or audreeg@biparks.org.



FALL RECREATIONAL SOCCER LEAGUES SEPTEMBER 9-NOVEMBER 9 **NEW!**

Grades K-6. Join our new fall recreational soccer leagues and enjoy weeknight practices that will help you improve your skills in a competitive yet fun environment. Don't miss out on this opportunity to take your soccer game to the next level. Fee includes reversible jersey.

412330-07	Kindergarten	\$165
01	Grades 1-2	\$165
03	Grades 3-4	\$180
05	Grades 5-6	\$180
06	Volunteer to coach your child's team	

Registration closes: August 23.

Program cancellation deadline is August 23.

Rosters Announced: August 30.

Training starts: September 9.

Training days: Will be decided by volunteer coaches. Can be M-F any time after school at Battle Point.

Grades K, 1-2 will get one practice a week..

Grades 3-6 will get two practices a week.

Game days:

Grades 1-6 on Saturday 9/21-11/2 @ BPP

*No Practices Week of 10/14 and No Games on 10/19

Team Placement: Players registered by August 16 will be assigned to teams based on friend request or coach when possible. After August 16, teams will be based on sign-ups. We will separate teams into genders depending on registration numbers.

Volunteer Coaches: We rely on volunteers to help make this program successful. No experience necessary. We can help you along the way.

BACKPACKING & WILDERNESS TRIPS

SUNSETS AND SEASTACKS

~1.5 miles/day

3 days

~400ft elev. change/day

Ages 10-13. After a short 1.4mi hike into Third Beach we'll enjoy a driftwood bonfire and take in sunset views over the Pacific! On day two we'll leave the packs at camp and climb a rugged overland trail using rope ladders. That will deliver us to a secluded cove where we'll explore rocky points and tidepools. Day 3 we'll have one last chance to play on the beach before heading back to the van. SHP

431925-01

T-TH

9:00a-5:00p

7/16-7/18

\$605

LENA LAKE

~3 mi/day

3 days~1,100ft elev. change/day

Ages 13-16. This trail gently climbs through dense forest and over several creeks to beautiful Lena Lake, one of the largest in the Olympics. There is so much to explore there! We'll take it easy on day two – we can swim and float on our inflatable raft, bushwhack around the lake, or day hike up Lena Creek to cool natural grotto. Each night we'll enjoy a campfire and a scrumptious dinner. Transportation is provided. Meet at SHP.

431952-01

T-F

9:00a-5:00p

7/23-7/26

\$640

MOUNTAIN BIKING

**FOR YOUTH & ADULT MOUNTAIN BIKING
ACTIVITIES SEE PAGE 45**

**FOR YOUTH MOUNTAIN BIKING CAMPS
SEE PAGE 45**



ROCK CLIMBING

**FOR YOUTH CLIMBING CAMP SEE
PAGE 30**



TEEN PROGRAMS

TEEN CENTER

The Teen Center is located at the Aquatic Center in Meeting Room B and C. Our main entrance is on the side of the building, or you can access us through the glass door in the main lobby. The address is 8521 Madison Avenue, Bainbridge Island.

We provide a safe space for teens to connect, become leaders, learn, play, hang out, and make a difference.

We're open for the entire year. Be a part of the Teen Center and make your mark! Stop by any afternoon to check out the activities. We have a pool table, foosball table, ping pong, air hockey, board games, Xbox, and a room just for relaxing. Some of the planned activities will be provided with food and drinks. It's a fun place to hang out!


For teens of middle and high school age.

HOURS OF OPERATION

June 25-August 29
Tuesday-Thursday 5:00-8:00p

Closed

Mondays, Fridays, Saturdays, Sundays, 7/4
At the staff's discretion and participation, the teen program hours may change to closing earlier or later.

 FOLLOW US ON FACEBOOK
BAINBRIDGE ISLAND METRO
PARK & RECREATION DISTRICT
#BIMPRDTEENCENTER

CONTACT US: RACHELR@BIPARKS.ORG

NO MORE SCHOOLPALOOZA 2024

Come by and celebrate the start of summer break! Games, food, prizes and music are held outside the Aquatic Center. See what all your friends are up to and challenge them to some games while basking in the summer sun.

6/20

More information coming soon for the return of No More Schoolpalooza!

AERIAL YOGA FIT & FLEXY SERIES NEW!

Improve your overall fitness and your flexibility in one FUN class. Strengthen and stretch in new way.

Fun Activities! Join us for...

Freezer Pop and Popcorn Thursdays

We'll get the carnival popcorn machine churning out buttery goodness, and the freezer will be stocked with freezer pops for chill Thursday evenings at the Teen Center!

MIDDLE SCHOOL POOL PARTY AT BIRC

Calling all teens in grades 6-8! Join us for an epic summer pool party designed exclusively for middle schoolers! Dive into the fun as we celebrate the sunny season with splash-tastic activities and cool vibes. Our experienced lifeguards will ensure your safety throughout the event. Delicious snacks and refreshing drinks provided. For more information, please go to www.biparks.org or email RachelR@biparks.org. BIRC

472645-01	F	8:00-10:00p	7/26	\$40
02	F	8:00-10:00p	8/16	\$40

SERVICE

TEEN VOLUNTEER OPPORTUNITY

Add to your college resume! We are always looking for creative teens to help design the following year's program. What activities would YOU want to see offered in the Park District catalog Teen Center section? This is an excellent opportunity to make your ideas a reality.

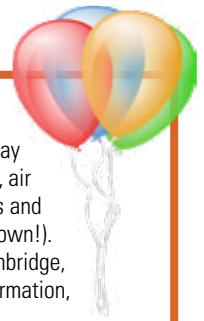
PARK DISTRICT VOLUNTEER OPPORTUNITIES

Need volunteer hours for your school requirements? Just want to get involved with something fun? There may be opportunities for you to volunteer this winter and spring.

Visit biparks.org for more information or to get involved.

BIRTHDAY RENTALS!

That's right; you can rent the Teen Center for your birthday party! Celebrate your fantastic day playing pool, foosball, air hockey, and ping pong. We also have many board games and an Xbox One (some games are provided or bring your own!). We also offer a Laser Tag birthday experience at Fay Bainbridge, Battle Point Park, or the Teen Center. For more information, contact RachelR@biparks.org.



Teen Center Birthday Rental (Additional fee for more than 12 participants)	\$160
Laser Tag Birthday at Battle Point Park (Additional fee for more than 12 participants)	\$200

ADAPTIVE RECREATION



We are excited to offer Adaptive Recreation for neurodiverse people. Cody has been with the Park District for 15 years lifeguarding and teaching swim lessons. He is now using his Special Education background to work with Neurodiverse people. He is now the Adaptive & Accessibility Coordinator. Currently we are partnering with BHS's Adult Living Program working on life skills at our work parties. We are also offering Adaptive Pottery, Low Sensory Swim Lessons, and Low Sensory Nature walks. We now have Community Outing Mondays and Nature Walks at Bloedel Reserve. Stay tuned for more upcoming programs!

YOUTH

LOW SENSORY NATURE WALKS IN THE PARK DISTRICT

Ages 12-18. Designed especially for people with a passion for the outdoors who have limitations to exploring trails independently! Our Low Sensory Nature Walks are designed for neurodiverse people. Join a small group with a slower pace and single nature focus on the way to earning an accomplishment bead. Trails have been chosen to have wide paths, minimal obstructions, and gentle hills. Duration and location vary depending on ability and current weather conditions. Caregivers welcome! Venture outdoors this fall! Nature walks follow a Class 1 Rollable trail. It is designed to be used by strollers, walkers, and wheelchairs. Locations include Port Blakely Mill Trail (01), Lower Ft. Ward (02), Battle Point (03).

437901-01	Port Blakely Mill	Th	9:30-11:00a	7/18	\$15
02	Lower Ft. Ward	Th	9:30-11:00a	8/1	\$15
03	Battle Point	Th	9:30-11:00a	8/15	\$15

SWIM LESSONS FOR ALL! LOW-SENSORY GROUP

Do you know someone for whom constant ambient noise makes it hard to focus? Are loud splashy group lessons overwhelming? Sensory needs can be challenging to accommodate in the group lesson setting; that's where adaptive swim lessons can help. These lessons are provided in a small group setting. They are created for those with anxiety, physical, sensory, communication, behavior challenges. Instructor Cody Ogren will connect with each family prior to the introductory class meeting. Five-week class. AQ



407900-01	Ages 7-45	F	10:30a, 11:05a, 11:40a	6/21-7/19	\$156
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You will be assigned a class start time of either 10:30a, 11:05a, 11:40a. Participants will be grouped with like abilities, based on information provided on the questionnaire form. Questionnaires not received by 6/4 will forfeit their spot to the next person on the waitlist.

ADULT

COMMUNITY OUTING MONDAYS

Ages 18 - 45. Looking for a great excuse to see Kitsap County with your friends? Join us for Community Mondays! These community outings are tailored for neurodiverse populations. We will do the driving, and you can bring the fun! Caregivers welcome. Shuttle bus from Strawberry Hill provided. We will explore great places like the bowling alley (01, 04), Naval Undersea Museum (02, 05), and the Bremerton Bug Museum (03).

477900-01	Bowling	M	10:00a-1:00p	7/22	\$30
02	Undersea	M	10:00a-1:00p	7/29	\$30
03	Bug Museum	M	10:00a-1:00p	8/5	\$30
04	Bowling	M	10:00a-1:00p	8/12	\$30
05	Undersea	M	10:00a-1:00p	8/19	\$30

BLOEDEL RESERVE - LOW SENSORY NATURE WALKS

Ages 18-45. Experience tranquility and transformation in nature with our exciting new Low Sensory Nature Walks at Bloedel Reserve. Thanks to our new partnership with the Reserve, we are able to offer weekly walks in this serene and peaceful environment. Designed especially for people with a passion for the outdoors who have limitations to exploring trails independently! Routes will be planned and modified to accommodate participants' needs. We hope to see you Tuesdays this summer. Caregivers welcome; as a bonus, all participants will receive a complimentary 6-month membership to Bloedel Reserve. Bus shuttle from Strawberry Hill is provided. Questions? Please contact Cody Ogren at codyogren@biparks.org Location Bloedel Reserve.

437900-01	T	9:00a -12:00p	7/16	\$20
02	T	9:00a -12:00p	7/23	\$20
03	T	9:00a -12:00p	7/30	\$20
04	T	9:00a -12:00p	8/6	\$20
05	T	9:00a -12:00p	8/13	\$20
06	T	9:00a -12:00p	8/20	\$20

LOW SENSORY NATURE WALKS

Ages 18-45. Designed especially for people with a passion for the outdoors who have limitations to exploring trails independently! Our Low Sensory Nature Walks are designed for neurodiverse people. Join a small group with a slower pace and single nature focus on the way to earning an accomplishment bead. Trails have been chosen to have wide paths, minimal obstructions, and gentle hills. Duration and location vary depending on ability and current weather conditions. Caregivers welcome! Venture outdoors this fall! Nature walks follow a Class 1 Rollable trail. It is designed to be used by strollers, walkers, and wheelchairs. Locations include Port Blakely Mill Trail (01), Lower Ft. Ward (02), Battle Point (03).



Trails have been chosen to have wide paths, minimal obstructions, and gentle hills. Duration and location vary depending on ability and current weather conditions. Caregivers welcome! Venture outdoors this fall! Nature walks follow a Class 1 Rollable trail. It is designed to be used by strollers, walkers, and wheelchairs. Locations include Port Blakely Mill Trail (01), Lower Ft. Ward (02), Battle Point (03).

437902-01	Port Blakely Mill	Th	1:00-2:00p	7/25	\$15
02	Lower Ft. Ward	Th	1:00-2:00p	8/8	\$15
03	Battle Point	Th	1:00-2:00p	8/22	\$15



YOUTH & ADULT

ADULT/CHILD CAMPS

PRESCHOOL LADYBUG NATURE MINI-CAMP! **NEW!**

Ages 2-4 w/adult. Join hands and venture into the Camp Yeomalt woods for a little morning camp especially for preschoolers and their adult. We'll explore the forest and the beach via nearby trails, learn about nature, listen to stories in the cabin, make some fun keepsake crafts along with great memories. With time for play and time for snacks, new connections will be made for everyone. Ladybug Camp could be a terrific introduction to the concept of "day camp" or forest schooling. CY

471398-01 M-Th 9:30-11:30a 8/26-8/29 \$125



PRESCHOOL "MESSY HANDS" ART MINI-CAMP! **NEW!**

Ages 2-4 w/adult. The preschool years are precious. Spend three focused days together with your Little exploring a wide variety of age-appropriate mediums and projects. From messy tabletop finger painting to matching printed shirts and aprons, let us prepare the projects and clean up after. Your job is to spend time creating together and immersing your hearts in the memories of this morning mini summer "camp". Outdoor play, songs, and stories will round out these treasured days in Strawberry Hill Park. This shortened holiday week offers a wonderful opportunity to include a (normally) working parent, visiting grandparents or other family member in the magic made by your preschooler. SHC

471399-01 M-W 9:30-11:30a 7/1-7/3 \$175

MOUNTAIN BIKING

MOUNTAIN BIKING SKILLS CLINIC

Haven't ridden in a while? Not a problem! In a jam-packed afternoon of fun, we'll pick up where riders last left off, preparing them for our summer mountain biking programs. We'll brush up on fundamental techniques, refamiliarize ourselves with our bikes, ride the pump track, and discover the vast mountain biking opportunities that Battle Point Park and the surrounding trails have to offer. After this clinic, riders will have a good idea of what to expect in our week-long summer programs and will be given a recommendation as to which programs are a good fit. Meet at BPP.

Ages 5-6				
431968-01	Sa	9:00-11:00a	7/6	\$55
Ages 7-8				
431968-02	Sa	11:30a-1:30p	7/6	\$55
Ages 9-10				
431968-03	Sa	2:00-4:00p	7/6	\$55



MOUNTAIN BIKE MECHANICS CLASS

All ages. Learn the essentials in bicycle maintenance and repair. In a jam-packed 2-hour session, we'll cover a wide variety of topics ranging from general maintenance to personalized set-up. We'll cover the basics like flat repairs, derailleur adjustments, brake pad replacements, and best practices for chain lubrication. We'll also cover basic suspension setup and maintenance, wheel truing, and bike fit. We'll work at the Strawberry Hill Center in a classroom setting with a professional mechanic. Bring your own bike to practice applying your new skills! Meet at SHP.

431988-01	W	5:00-7:00p	7/10	\$55
02	Th	5:00-7:00p	8/22	\$55

FORT WARD FAMILY RIDES 1.0

All ages. Want to share the love of trails with the whole family? Having trouble keeping up with your kids? The Fort Ward Family Rides are designed to offer personalized instruction for the family unit. In a two-hour ride, instructors will meet you wherever you're at in a responsive and fun family lesson. Whether you're interested in covering road safety, general bicycle skills, trail etiquette, or any other bicycle handling skills, we've got you covered! Lower FWP

431945-01	M	6:00-8:00p	7/29	\$55
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MY MER-KID & ME THEME MINI CAMP! **NEW!**

Ages 4-6 w/adult. By popular demand, adults – and their little mer-kid – can get in on the beach fun of Mermaid Grotto camp! For water-lovers who enjoy the mystery of mermaids and mermen, we'll decorate our own hillside grotto, design shell and beach glass crafts, learn about beach safety, search for treasure, enjoy safe water play, and have a beach photo shoot! Days include some playground social time and a shady lunch with a story. With a trusted adult by their side, young mer-fans will enjoy a wet week of discovery and practicing friendships. FB



470815-39 M-Th 10:00a-1:00p 8/19-8/22 \$195

YOUTH & ADULT



WILDERNESS DAY HIKES

WILDERNESS DAY TRIPS

Ages 10 and up. (Participants under 14 must be accompanied by a parent or guardian). Come explore the great outdoors! We'll visit some of the most beautiful spots around — lush river canyons, open wildflower meadows, breathtaking ridge top views, and sparkling alpine lakes. Meet at SHP at 8:00am unless otherwise noted; most trips return 6-8pm. Mileages are round-trip. For questions about refunds, please see page 3.



BARCLAY LAKE

~4.4 mi **~500ft elev. gain**
 There are a couple of rugged spots in this Central Cascades trail, but it's mostly an easy stroll through the forest, following Barclay Creek to its source at Barclay Lake. The trail then wraps around the lake, providing varied perspectives of Mt. Baring, which towers above, its cliffs stretching almost 4,000 feet straight up! With the shorter mileage, we'll make sure to take our time and soak it all in.
 431909-01 Th 6/20 8:00a-7:00p \$97

MT. ZION

~6.8 mi **~1,600ft elev. gain**
 Offering views from the outskirts of the Olympics, this hike is a short drive and a local favorite. Hike up a series of moderate switchbacks lined with blooming rhododendrons to the summit. Before we head back down, we'll take time to explore the whole long ridge, collecting views of the Olympics and out over the Sound.
 431909-02 Su 6/30 8:00a-7:00p \$90

SOUTH FORK SKOKOMISH (MIDDLE SECTION)

~8 mi **~900ft elev. gain**
 Take the secret backdoor entrance to a beautiful but seldom-visited section of river! This trip starts where our Lower Skokomish River hike ends and continues upstream through a rich and varied forest. The Skokomish is a wild river, and winter floods have created an immense river plain with big gravel bars and views across the valley.
 431909-03 Su 7/14 8:00a-7:00p \$90

HURRICANE HILL

~4 mi **~800ft elev. gain**
 Sweeping wildflower meadows and stunning views the whole way on this one! The whole Olympic Range stretches out to the south, and the Strait of Juan de Fuca glimmers 5,000 feet below to the north. With the shorter mileage, we'll take our time to soak it all in, and we'll also explore some quieter meadows just beyond the summit.
 431909-04 W 7/17 8:00a-7:00p \$90

NORSE PEAK

~10 mi **~3000ft elev. gain**
 At 6,856 feet, this summit is the highest point in the Norse Peak Wilderness, with commanding views of the whole area, nearby Mt. Rainier, and the rest of the Cascade Range. A recent fire opened views along the way, and the bleached white stumps, green grasses, and splashes of color from wildflowers make a dynamic landscape. It's a big climb, but the trail spreads out the elevation gain quite well. Trip meets at 7am.
 431909-05 Su 7/21 7:00a-7:00p \$90

IPSUT AND CHENIUS FALLS

~11 mi **~900ft elev. gain**
 Explore a forgotten corner of Mt. Rainier National Park! The Carbon River road was largely destroyed in 2006, and was permanently closed to car traffic. The park replaced washouts with new sections of trail, and now you can hike in to the former Ipsut Creek drive-in campground, witnessing the power and destruction of the Carbon River as you go. It's a high-rainfall area, with huge old-growth trees and 2 great waterfalls.
 431909-06 Su 8/11 8:00a-7:00p \$90

5050 PASS VIA TUNNEL CREEK

~10mi **~2,600ft elev. gain**
 This hike has a little bit of everything! We'll stretch our legs with a gentle start along a creek surrounded by old-growth western hemlock, then climb up past two small lakes to reach 5050 pass. There, we'll enjoy incredible views – the towering cliffs of Mt. Constance, the deep Quilcene and Dosewallips river valleys, and Puget Sound with the Cascades in the distance.
 431909-07 Su 8/18 8:00a-7:00p \$90

SPRAY PARK AT MT. RAINIER

~6 mi **~1,400ft elev. gain**
 Mount Rainier's lush wildflower meadows are legendary, and 5700ft Spray Park is one of the best spots to see them. Flowers should still be near their peak for this trip – add up-close views of Rainier, and this hike can't be beat. After lunch, you'll have the option to walk another .6 miles to a viewpoint.
 431909-08 Tu 8/27 8:00a-7:00p \$90

PERSEID METEOR SHOWER AT HURRICANE RIDGE

Age 8 and up. (Participants under 14 must be accompanied by an adult). The Perseid meteor shower provides a grand spectacle with fast, bright meteors averaging ~80/hour! On this peak viewing night, we'll observe them from 5,000 foot elevation within Olympic National Park where the clear air and dark sky create a brilliant show. We'll have an optional short walk to Sunset Ridge. Hot beverages and foam pads provided! Make sure to bring a flashlight. Meets Monday, Aug 12th, returns early morning on the 13th.
 431924-01 M-Tu 6pm-3am 8/12-8/13 \$90



YOUTH & ADULT

DISCOVER BAINBRIDGE RUNS FOR ALL LEVELS



Ages 13 and up. Looking for new places to run on the island? Look no further than our weekly morning runs! Our group is welcoming and inclusive. Open to runners of all paces and abilities. Our routes are designed to average around four miles, providing an excellent workout for runners of all levels. We meet in various locations around Bainbridge Island, allowing you to explore new areas and sights every week. Whether you are a seasoned runner or just starting out, our group is the perfect way to stay active and connect with like-minded individuals. Join us for a run – We cannot wait to meet you!



411302-01	T	8:00-9:00a	6/18-7/9	\$55
02	Th	8:00-9:00a	6/20-7/11*	\$42
03	T	8:00-9:00a	7/16-8/6	\$55
04	Th	8:00-9:00a	7/18-8/8	\$55
05	Tu	8:00-9:00a	8/13-9/3	\$55
06	Th	8:00-9:00a	8/15-9/5	\$55
07	TTh	8:00-9:00a	5-punch passes	\$80
08	TTh	8:00-9:00a	10-punch passes	\$160

*No Class on 7/4

YOGA AT ICH



Ages 13 and up. This class will focus on the fundamental yoga poses, breath, and mindfulness, with extended relaxation. This gentle yoga practice brings us closer to a balance point — to a state of stability, ease, and inner stillness, where health and happiness blossom. It provides a basic foundation in yoga. ICH.

411207-01	Th	8:30-9:45a	6/20-8/29**
02	M	8:30-9:45a	6/17-8/26*

*Drop-in for \$16 or purchase a yoga punch pass of 10 tickets for \$150.

*No Class 7/4

ZUMBA



Ages 13 and up. Get your steps in with a smile on your face! Zumba takes the “work” out of workout by using contemporary Latin and World rhythms to get your heart pumping and whole body moving. All levels welcome, you only need to know how to have fun! ICH **CONTRACTOR**

411319-01	Su	11:00a-12:00p
6/23-8/18		

\$85 for 10-class pass / \$15 drop-in



CHEER TUMBLING

This is a class geared toward learning tumbling drills and skills to add to your cheer repertoire. The class will focus on techniques and conditioning to build up for acro skills like handsprings, flips and aerials. More information in the Gymnastics Section.



SUMMER POTTERY

Make this summer your season to get muddy! Summertime at the Eagledale Pottery Studio is relaxing and slower, with windows open and pots drying outside in the sun. Options for all ages, abilities, and interests. Give it a try – your hands and apron will wash.

ADULT



WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

DRAWING

INTRODUCTION TO LIFE DRAWING

Throughout Art History artists have used the subject of the human body as a way to develop their observational drawing skills. It is a challenging subject due to our familiarity with it. For instance, if you get a proportion "wrong" it is pretty obvious. Come learn the basics of human anatomy starting with the skeleton and how it informs the way we draw figures. We will cover structures, proportions, relationships, and techniques that will give you confidence whether drawing from observation or your imagination. Note: We will not have live models at this class but will use photographs for reference. Figure references will be nude. SB 466914-01 W 1:00-2:30p 8/7-8/28 \$80

ART AND CRAFT

ART FOR SELF-CARE

All levels are welcome! Come learn how making art and developing your creativity can be a beneficial practice for self-care. We will spend 4 weeks examining different practices and exercises to promote self-awareness, self-regulation, presence and confidence. All materials will be provided but feel free to bring any materials you might want to use. SB 466709-01 W 10:30a-12:00p 8/7-8/28 \$80

SUMMER NATURE SKETCHBOOK

It's summertime and a good time to take our art making outside into nature. You will be meeting at a different park each week and we'll go into nature to find inspiration amongst the trees, flowers, birds, and bugs. We'll explore these wonders of nature in different mediums like watercolor, colored pencil, ink and combining them all into mixed media. Students should have their own sketchbook (5x7, 8x10, 9x12) and a pencil, along with whatever mediums you want to have along with you. The instructor will have some extra supplies with her, but quantities will vary. Locations include: Battle Point Park, Fay Bainbridge, Waterfront Park and Fort Ward Park. The book *The Laws Guide to Nature Drawing and Journaling* will be used as a reference book. No previous experience is necessary. 466711-01 T 4:00-5:30p 7/9-8/6 \$100



ART SMORGASBORD ★

Ages 15 and up. Each class offers a brief demo with ample time to create. Perfect for independent projects and artists, who wish to take their skills up a notch. Explore the dichotomy of textures, line/shape, color/value, and abstraction/realism. All materials provided. SHC 466773-01 M 5:00-8:00p 7/8-7/22 \$75

GLASS ART

SUMMER STAINED GLASS

Sunny summer days bring out the colors! Learn techniques to create beautiful leaded stained glass works of art. All levels of experience welcome (especially beginners!) in these small, individualized classes. Class fee does not include tools or materials. Supplies are available for purchase from the instructor at the first class. ISD **CONTRACTOR** 466770-01 T 10:00a-1:00p 6/25-8/6* \$225 02 W 6:00-9:00p 6/26-8/7* \$225



*No class 7/2 or 7/3

GLASS FUSING WORKSHOPS

A joyful and high success workshop for everyone enchanted with the brilliance of glass. Learn beginning fusing techniques as you craft your own special piece for yourself or a loved one. All tools and materials are included in the class fee.

NAME PLATES AND ADDRESS NUMBERS

Come play the name game and make your own fused name plate or house numbers. Each parent/child team will make up to two plates using semi pre-cut glass elements. No experience necessary, all materials included except Dichroic glass embellishments. 466664-01 Sa 6/29 10:00a-12:00p \$95 Adult 02 Sa 6/29 1:00-3:00p \$95 Child and Adult together

IT'S A BUG'S LIFE

Create a fun unique bug out of fused glass and wire! You will create one or two adorable creatures in this two-hour workshop. **CONTRACTOR** 466667-01 Sa 7/20 10am-12pm \$95 Adult 02 Sa 7/20 1:00-3:00p \$95 Child and Adult together

SUN CATCHERS

Create your own brilliant design that catches the eye as well as the sun! You'll be thrilled at what you'll be hanging in your home window. **CONTRACTOR** 466666-01 Sa 7/27 10am-12pm \$95 Adult 02 Sa 7/27 1:00-3:00p \$95 Child and Adult together

MIRROR, MIRROR ON THE WALL

Create a one-of-a-kind mirror of your own! No previous experience necessary. In this introductory workshop, you will be assembling a personal-sized mirror and fusing your choice of colored glass to it in the kiln. 166665-01 Sa 8/10 10:00a-12:00p \$95 Adult 02 Sa 8/10 1:00-3:00p \$95 Child and Adult together



ADULT

PAINTING

WATERCOLOR BOLD AND EXPRESSIVE

All levels are welcome! You are invited to join this class that will focus on creating loose and colorful Northwest scenes and florals. Each class will begin with a painting demonstration, followed by individual instruction, while students work from the demo or an idea of their own. A full-time artist, John Adams is a signa-ture National and Northwest Watercolor Societies member. Learn more about our instructor at his website: www.johnadamsdesign.com. SB **CONTRACTOR**

466715-01	Th	10:00a-12:30p	6/26-7/25*	\$150
02	Th	10:00a-12:30p	8/1-8/22	\$150

*no class 7/4



POTTERY

DAYTIME POTTERY



It's summer – get your hands dirty! These daytime classes are for people who want to step into ceramics and strengthen techniques. Students are free to pursue their own interests in addition to the class focus. Whether you are a serious beginner or a committed old hand, our talented staff will keep your skills progressing! ED

Wheel Throwing focus – Eight weeks

422050-01	M	9:30a-12:30p	7/8-8/26	\$330
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Afternoon Pottery Foundations **NEW!** – Six weeks

422050-06	T	12:30-2:30p	7/9- 8/13	\$180
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Introduction to the Wheel focus – Six weeks

422050-03	W	9:30-12:30a	7/10- 8/14	\$255
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Introduction to Hand Building focus **NEW!** – Six weeks

422050-05	Th	9:30a-12:30p	7/11-8/15	\$255
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Sculpt & Build focus – Six weeks

422043-01	Su	11:00a-1:30p	6/30-8/25*	\$275
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DAYTIME STUDIO WORKSHOP TIME**

**Must be a current Eagledale Pottery Studio student

Please bring lunch and make a day of it! Utilize the additional two hours of studio time to explore new tools and perfect skills introduced during class.

422051-01	M	12:30-2:30p	7/8-8/26	\$128
04	W	1:00-3:00p	7/10-8/14	\$96

CLAY INTRO SAMPLERS

Make clay art part of your summer! Choose from a morning, afternoon, or evening class. These short-term introductory classes are especially for people who would like to try their hand at pottery or want a quick refresher. From different types of clay to the function of various tools and studio equipment, you will sample hand-building construction, wheel throwing, decorating techniques, and glaze finishes to explore the possibilities of ceramic art! Includes supplies. Four weeks. ED

422056-01	F	9:30-11:30a	7/12-8/2	\$95
422056-02	Th	1:30-3:30p	7/18-8/8	\$95
422056-03	T	6:00-8:00p	6/25-7/16	\$95

FRIDAY NIGHT CLAY PLAY!

Get out of the house and get your hands messy! Make something interesting, for keeps! These fun two-evening classes are designed to appeal to adults of any ability. Focus will include basic clay-handling techniques, exploring texture and glazes. A variety of stoneware projects for the electric kiln. These Friday evening experiences make a fun friends' night out, memorable date, or just some focused creative time for yourself. Materials included. Space is limited. ED



WHIMSICAL GARDEN ART!

Try your hand at making something unique for your yard or deck! A lantern? Wildlife watering bowl? Garden markers?

422005-01	F	6:00-8:00p	7/12, 7/26	\$50
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FLEXIBLE WORKSHOP OPTION

As a ceramic student or hobbyist, we know you're busy and appreciate some space in your schedule, so Eagledale Pottery Studio offers a flexible workshop option! Ten visits to any existing workshop for current-quarter students whenever you are available or able. Travel, have guests, and make an appointment without missing time in the studio to finish your stuff. Check in with staff when you arrive. ED

422047-01	days and times vary	7/8-8/24*	\$175
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*No visits 7/4-7/7

ADULT



INDY SUMMER SCULPTURE STUDIO WORKSHOP

We've set aside two and a half hours every Tuesday morning, especially for experienced independent Eagledale Pottery Studio sculpture students. This studio workshop time is designed for you to stay connected with class friends while continuing or completing summer works in progress. Staff will be on hand for tips and troubleshooting but no formal instruction. Eight weeks. ED

422046-04 T 9:30a-12:00p 6/25-8/13 \$180



EVENING POTTERY

Summer evening classes are designed to appeal to beginners and folks interested in a refresher. Lessons and work will include both wheel-thrown and hand-building techniques, exploring texture and glazes. Emphasis on individual success and fun. ED

ADULT WHEEL BASICS

422052-01 M 6:30-8:30p 6/24-8/12 \$225

CLAY FOUNDATIONS NEW!— Six weeks

422052-02 W 6:30-8:30p 7/10- 8/14 \$180

EVENING CLAY INTRO SAMPLER

422056-03 T 6:00-8:00p 6/25-7/16 \$95

EVENING STUDIO WORKSHOP TIME**

**Must be a current Eagledale Pottery Studio student.

Spend two uninterrupted evening hours in the studio to practice your skills and complete projects! 6 weeks

422053-01 Th 6:30-8:30p 7/11-8/15 \$105

04 T 6:30-8:30p 7/23-8/27 \$105

SUMMER BRUNCH SERIES NEW!

This fun evening class series is designed to appeal to adults of any ability. In the first class you'll create two small plates and an egg separator. In the second class you'll make a juicer and two juice cups, and then on the final class you'll glaze everything! Make something interesting, for use and for keeps! Materials included. Space is limited. ED

422002-15 W 5:30-8:30p 6/5-6/26* \$115

*No class meeting June 19



WEEKEND POTTERY

SATURDAY CLASS

Eagledale Pottery Studio offers Saturday classes for all levels to enjoy! Lessons include both wheel-thrown and hand-building techniques, exploring texture and glazes. A summer of pottery fun between Independence Day and Labor Day! Includes 2 hours of instruction and 1 hour of independent studio time. Six weeks. ED

422054-01 Sa 9:30a-12:30p 7/13-8/17 \$255

SATURDAY STUDIO WORKSHOP TIME**

**Must be a current Eagledale Pottery Studio student.

Weekends are for working in the studio! Enjoy an additional two hours to continue projects from your class, with staff on hand for consultation. Six weeks. ED

422055-01 Sa 12:30-2:30p 7/13-8/17 \$96

SUMMER SKILL WORKSHOPS!

Expand your knowledge and skill with the art of pottery! Experience a variety of exciting workshops designed to appeal to adults who already work with clay. No need to be an Eagledale Pottery Studio student – anyone is welcome. Use your own ware or adopt some of our "orphan" pieces to use. Emphasis on experimentation and exploration. Materials included. ED

Weekend Raku!

Ages 16 and up. So much more than a can with newspaper and sawdust! Learn about raku glazes, "naked" raku using slip, and the specialized firing process. Play with unusual additions to the combustion for surprise finishes and learn the hows and whys – and safety – of this fun technique. The morning is all about glazing and prep, then the afternoon is for firing — you'll take home your finished warm piece that same day! Join for some live fire fun.

422002-09 Su 10:00a-4:00p 6/9 \$115

10 Su 2:00-6:00p 7/28 \$75

11 Su 2:00-6:00p 8/11 \$75



SUNDAY SCULPT & BUILD

Students new to sculpture and hand building will be taught various techniques to develop their work, including pinch pots, coils, slabs, textures, and which tools can help them along the way. Moving from simple projects to complex forms, we'll seek inspiration from many sources. Led by ED staff. Eight weeks ED

422043-01 Su 11:00-1:30p 6/30-8/25* \$275

*No class 7/7



ADULT

ADULT SAILING

SEE THE BOATING SECTION ON PAGE 56-61

WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

CANINE

PUPPY PRIMER WORKSHOP

Ages 18 and Up. Expecting a new puppy?! Congrats! How exciting! This human only workshop will be covering all you need to know to navigate the first six months of your puppy's life. What are reasonable expectations for a young puppy? What is socialization? How important is crate training? Why is potty training so hard? These topics and more will be covered so that you can set your new puppy up for success. This class fulfills the pre-requisite requirement for the Semi-Private CGC class. **CONTRACTOR**

426113-01	T	6:00-8:00p	7/16	\$20
02	T	6:00-8:00p	9/17	\$20

I'M READY TO TRAIN MY DOG! WORKSHOP

Age 18 and Up. This human only workshop will be covering training strategies, management techniques, and invaluable dog behavior analysis that every dog owner needs to know to be an effective training teammate for their dog. This class fulfills the pre-requisite requirement for the Semi-Private CGC class. ICH

CONTRACTOR				
426130-01	T	6:00-8:00p	6/18	\$20



SEMI-PRIVATE CLASS: CANINE GOOD CITIZEN (CGC)

Ages 18 and up. The AKC Canine Good Citizen™ (CGC) program provides a perfect framework for training your dog to become a polite member of society. This class will cover loose lead walking skills, greeting strangers, neutrality to other dogs, recalls, grooming, supervised separation, and engagement with distractions. This class begins with a 15-minute private working spot for each dog/handler team and works up to all four dogs in the class for the full hour. The progressive structure and small class size creates a calm and positive working environment for both dog and handler. **PRE-REQUISITE:** This class is open to those who have completed the "Puppy Primer Workshop", the "I'm Ready to Train my Dog! Workshop", or have taken a previous class with RED DOG Training. For dogs six months of age or older. Offered by RED DOG training. Meet at ICH.

CONTRACTOR

426122-01	M	5:00-6:15 p	6/24-7/29	\$360
02	M	6:30-7:45p	6/24-7/29	\$360
03	W	11:30-12:45p	6/26-7/31	\$360
04	W	1:00-2:15p	6/26-7/31	\$360

CANINE GOOD CITIZEN (CGC) PRACTICE AND TESTING

Ages 18 and up. Ready to put your skills to the test? Or maybe you and your dog need a tune up? This class is open to those who have previously taken a RED DOG Training class and are wanting to practice for the CGC test. CGC testing can be available with advanced notice. Offered by RED DOG training. For dogs 8 months of age or older. Meet at ICH. **CONTRACTOR**

426123-01	M	4:00-5:00p	6/24-7/8	\$120
02	W	10:30-11:30a	6/26-7/10	\$120
03	M	4:00-5:00p	7/15-7/29	\$120
04	W	10:30-11:30a	7/17-7/31	\$120

SPECIAL INTERESTS



HILLTOP ACOUSTIC JAM

All-ages music jam

Bring your guitar, voice, uke, fiddle, or any other instrument, for an old-fashioned song-swapping circle at Prue's House and the outdoor patio! Beginners and veterans learn from each other with no stage fright and no pressure; sit in or just come to listen! A great place to try original work, practice a favorite cover, or gain skills on a dusted-off instrument! All ages are welcome, and it's FREE! Light refreshments for a small donation. Third Friday, monthly at 7:30p. 6/21, 7/19, and 8/16 HT

ADULT



EMPLOYMENT OPPORTUNITIES

Fitness/Exercise Class Instructors
Sports Skills Instructors
League Supervisors
Camp Program Supervisors
Camp Program Counselors

VOLUNTEER OPPORTUNITIES FOR YOUTH LEAGUES

Soccer Coaches
Basketball Coaches
Volleyball Coaches

DOLPHIN PLACE OPEN SPACE - MAGNIFICENT TREE NATURE WALK

Located at Dolphin Place Open Space, a small private two-acre estuary and the oldest forest left on Bainbridge, containing over 150 species native to Puget Sound. The tour will be conducted by longtime resident and steward, Al Philips. The talk will cover a two-hundred-yard rough trail through five distinct eco-systems, focusing on the identification, interrelationships and histories of the plants and small animals of Bainbridge. Celebrating over 50 years in existence. Unsuitable for people unable to navigate steep trails. Wear hiking clothes capable of getting dirty. Location: 6688 1/2 NE Bayview Blvd : Bainbridge Island, WA 98110

CONTRACTOR

431999-01	Su	6/30	10:30a-12:30p	\$20
02	Su	6/30	1:30-3:30p	\$20
03	Su	7/28	10:30a-12:30p	\$20
04	Su	7/28	1:30-3:30p	\$20

WALKS



DISCOVER BAINBRIDGE WALKS

Come walk with us and discover the back roads and trails of Bainbridge Island and meet new friends. Walks are a steady pace, rain or shine.

THREE-MILE WALKS

Monday				
411909-01	M	9:00-10:30a	6/17-7/29	\$40
02	M	9:00-10:30a	8/5-9/9*	\$40

*No class 9/2

FOUR-MILE WALKS

Tuesday and Wednesday				
411910-01	T	9:00-11:00a	6/18-7/30	\$40
02	W	9:00-11:00a	6/19-7/31	\$40
03	T	9:00-11:00a	8/6-9/10	\$40
04	W	9:00-11:00a	8/7-9/11	\$40
Sunday				
411912-01	Su	9:00-11:00a	6/18-7/30	\$40
02	Su	9:00-11:00a	8/6-9/10	\$40

TWO-MILE WALKS

Thursday				
Flatter roads and trails of Bainbridge Island. Nice easy pace.				
411911-01	Th	9:00-10:15a	6/22-8/3*	\$40
02	Th	9:00-10:15a	8/10-9/14	\$40

*No class 7/4

BLOEDEL RESERVE – LOW SENSORY NATURE WALKS

Ages 18-45. Experience tranquility and transformation in nature with our exciting new Low Sensory Nature Walks at Bloedel Reserve. Thanks to our new partnership with the Reserve, we are able to offer weekly walks in this serene and peaceful environment. Designed especially for people with a passion for the outdoors



who have limitations to exploring trails independently! Routes will be planned and modified to accommodate participants' needs. We hope to see you Tuesdays this summer. Caregivers welcome; as a bonus, all participants will receive a complimentary 6-month membership to Bloedel Reserve. Bus shuttle from Strawberry Hill is provided. Questions? Please contact Cody Ogren at codyogren@biparks.org Location Bloedel Reserve.

437900-01	T	9:00a -12:00p	7/16	\$20
02	T	9:00a -12:00p	7/23	\$20
03	T	9:00a -12:00p	7/30	\$20
04	T	9:00a -12:00p	8/6	\$20
05	T	9:00a -12:00p	8/13	\$20
06	T	9:00a -12:00p	8/20	\$20

LOW SENSORY NATURE WALKS

Ages 18-45. Designed especially for people with a passion for the outdoors who have limitations to exploring trails independently! Our Low Sensory Nature Walks are designed for neurodiverse people. Join a small group with a slower pace and single nature focus on the way to earning an accomplishment bead. Trails have been chosen to have wide paths, minimal obstructions, and gentle hills. Duration and location vary depending on ability and current weather conditions. Caregivers welcome! Venture outdoors this fall! Nature walks follow a Class 1 Rollable trail. It is designed to be used by strollers, walkers, and wheelchairs. Locations include Port Blakely Mill Trail (01), Lower Ft. Ward (02), Battle Point (03).

437902-01	Port Blakely Mill	Th	1:00-2:00p	7/25	\$15
02	Lower Ft. Ward	Th	1:00-2:00p	8/8	\$15
03	Battle Point	Th	1:00-2:00p	8/22	\$15



ADULT

WALKS WITH THE COMMISSIONERS ★

Join a Park District Commissioner to walk and explore new and existing trails. This is a wonderful opportunity to get to know your Park District Commissioners and they will have the opportunity to hear directly from you. Each month we will enjoy a 2.5-3.5 mile hike, share history and community. Meets monthly. Second Sunday of each month.

411915-01 Su 10:00a-12:00p 6/9, 7/7, 8/11, 9/8 Free

OPEN GYM SPORTS

BAINGRIDGE HIGH SCHOOL LOWER GYM

Players can drop in and play for \$7.00 per visit or buy a 5-visit pass for \$30 or 12-visit pass for \$63. ***Subject to changes and cancellations due to school functions, holidays, or low attendance.**

Tuesday	Wednesday	Thursday	Friday
Pickleball	Basketball	Volleyball	Futsal
7:30-9:30p	7:30-9:30p	7:30-10:00p	7:30-9:30p

Check out our open gym options for our BIRC Monthly Users in the BIRC section of the catalog on page 73. Non-Monthly Users can attend open gym at BIRC as well for a drop-in fee of \$8.

PADDLE & RACQUET SPORTS

The sport of pickleball was invented right here on Bainbridge Island. It is one of the fastest-growing sports in the nation. Come play and see what all the excitement is about.



INTRO TO PICKLEBALL

Ages 18 and up. Come learn the rules and how to play in this introductory class taught by experienced players. Course content includes equipment, basic rules, court position and more. BPP.

411327-01	Su	9:00-10:15a	6/23	\$30
02	Su	10:30-11:45a	6/23	\$30
03	Su	9:00-10:15a	7/14	\$30
04	Su	10:30-11:45a	7/14	\$30
05	Su	9:00-10:15a	8/18	\$30
06	Su	10:30-11:45a	8/18	\$30

PICKLEBALL DRILLS AND SKILLS

Ages 18 and up. This class is designed for players familiar with the rules and basic gameplay and are looking to level up their gameplay. Classes are designed to teach core doubles strategies and quality paddle techniques. Come create confidence in your game and enhance your technique while playing a variety of fun games and drills. BPP

411325-01	MW	12:00-1:30p	7/8-7/17	\$55
02	MW	12:00-1:30p	7/22-7/31	\$55
03	MW	12:00-1:30p	8/12-8/21	\$55

BEGINNERS PICKLEBALL – LEARN TO PLAY WHILE PLAYING

Ages 18 and up. This class is perfect for players ready to learn everything they need to begin playing matches. Come learn the rules, basic strategy, and techniques while you play. All equipment provided. All fitness levels are welcome. BPP

411326-01	TTh	12:00-1:30p	7/9-7/18	\$55
02	TTh	12:00-1:30p	7/23-8/1	\$55
03	TTh	12:00-1:30p	8/13-8/22	\$55

PRIVATE PICKLEBALL LESSONS

Private, semi-private, and group pickleball lessons for youths, adults, and seniors. Fun interactive lessons designed for beginner and intermediate players. Come learn to play or improve your skills in America's fastest-growing sport. Instructor will reach out to get a lesson scheduled after registration.

412727-01 \$65 for an individual lesson +\$45 for each additional person*



TABLE TENNIS OPEN PLAY ★

Ages 12 and up. All levels are welcome. We practice strokes, footwork, serves, and tactics. We also play competitive matches. \$4 drop-in fee per visit. SHMG

412732-01 TTh 6:30-9:30p 6/18-8/29 \$15 for 5-visit punch card

CARDIO TENNIS – PRACTICE, PLAY AND WORKOUT

Ages 18 and up. Heart pumping fitness for all levels. Fast paced and great for all players. Cardio tennis is the fastest-growing program in the country. All strokes are practiced and developed. EDP

412725-01 M 5:00-6:00p 7/15-8/12 \$65

ADULT



FITNESS



FUNTASTIC FITNESS!

This class combines aerobic exercises, range of motion, and strength training in a positive, energizing environment. You will learn exercises designed to increase flexibility, joint stability, balance, coordination, muscular strength, and cardiovascular endurance. Get ready for a head-to-toe workout with a ten-class punch pass. SHMG

416726-01 MWF 9:00-10:00a 6/17-9/6* \$80

\$80 10-class pass/ \$9 drop-in pass

*No class 9/2

STAY STRONG!

This class is designed to increase muscular strength, range of motion, joint stability, and balance. Our instructor will teach you how to stay strong in your daily activities. Some exercises are done on the floor and with mats.

Get ready for head-to-toe workouts with a ten-class punch pass. SHMG

416725-01 TTh 11:00a-12:00p 6/18-9/5* \$80

\$80 10-class pass/ \$9 drop-in pass

*No class 7/4

YANG TAI CHI

This course, founded on the Yang style of Tai Chi, reminds us how to move through the world in a manner that is both relaxed and powerful. Each class focuses on a different aspect of The Way, with the goal of integrating the practice into everyday life. Slow-motion training encourages participants to feel, correct and strengthen balance and postural alignment. ICH

416739-01 T 10:00-11:30a 6/25-7/30 \$66

02 T 10:00-11:30a 8/6-9/10 \$66

03 Th 10:00-11:30a 6/27-8/1* \$55

04 Th 10:00-11:30a 8/8-9/12 \$66

*No Class 7/4

DISCOVER BAINBRIDGE RUNS FOR ALL LEVELS

Ages 13 and up. Looking for new places to run on the island? Look no further than our weekly morning runs! Our group is welcoming and inclusive. Open to runners of all paces and abilities. Our routes are designed to average around four miles, providing an excellent workout for runners of all levels. We meet in various locations around Bainbridge Island, allowing you to explore new areas and sights every week. Whether you are a seasoned runner or just starting out, our group is the perfect way to stay active and connect with like-minded individuals. Join us for a run – We cannot wait to meet you!

411302-01	T	8:00-9:00a	6/18-7/9	\$55
02	Th	8:00-9:00a	6/20-7/11*	\$42
03	T	8:00-9:00a	7/16-8/6	\$55
04	Th	8:00-9:00a	7/18-8/8	\$55
05	Tu	8:00-9:00a	8/13-9/3	\$55
06	Th	8:00-9:00a	8/15-9/5	\$55
07	TTh	8:00-9:00a	5-punch passes	\$80
08	TTh	8:00-9:00a	10-punch passes	\$160

*No Class on 7/4



YOGA AT ICH

Ages 13 and up. This class will focus on the fundamental yoga poses, breath, and mindfulness, with extended relaxation. This gentle yoga practice brings us closer to a balance point — to a state of stability, ease, and inner stillness, where health and happiness blossom. It provides a basic foundation in yoga. ICH.

411207-01 Th 8:30-9:45a 6/20-8/29**

02 M 8:30-9:45a 6/17-8/26*

*Drop-in for \$16 or purchase a yoga punch pass of 10 tickets for \$150.

*No Class 7/4

ZUMBA

Ages 13 and up. Get your steps in with a smile on your face! Zumba takes the "work" out of workout by using contemporary Latin and World rhythms to get your heart pumping and whole body moving. All levels welcome, you only need to know how to have fun! ICH **CONTRACTOR**

411319-01 Su 11:00a-12:00p

6/23-8/18

\$85 for 10-class pass / \$15 drop-in





ADULT

TEAM SPORTS / LEAGUES

We provide opportunities for both youth and adults to be a part of organized team sports all year round. Get your friends, neighbors, and co-workers together to play!

ULTIMATE FRISBEE PICK-UP GAMES **NEW!** ★

Ages 16 and up. Fun, PICK-UP games of Ultimate Frisbee. Registration required to play. All athletic levels are welcome. We provide cones and discs, frisbees, reversible pennies, and a staff person to help organize games. Questions? Contact Audree at 206-842-5661 #142 or AudreeG@biparks.org. BPP

113707-01	Sa	6:30-8:30p	4/6-6/1	\$63
02	Th	6:30-8:30p	6/6-8/1	\$63

ADULT CORNHOLE LEAGUE **NEW!**

Ages 18 and up. Cornhole is one of America's favorite games. Easy to learn and fun to play. A bag in the hole scores three points, while one on the board scores one point. Grab your friends and come join us for our new cornhole league. All equipment is provided but if you have your own feel free to bring it. SHP

113712-01	W	5:00-7:00p	6/5-8/7	\$80 per person
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COED 50+ SOFTBALL

Ages 50 and up. No experience necessary. All levels of players are welcome! Practices start in April and go on until the end of September. Several games against other teams will be played throughout the season. You must register before playing. Questions? Contact Audree at 206-842-5661 #142 or AudreeG@biparks.org. BPP

113701-01	TF	10:00a-12:00p	4/9-9/20	\$62
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MEN'S RECREATIONAL SOFTBALL LEAGUE

Ages 18 and up. Ten games in the regular season plus at least one game in our end-of-season tournament. ASA rules will be used, except where noted. For a complete list of rules, contact us. The season runs roughly from June to August. Team Managers are required to attend all mandatory pre-season meetings. Meetings will be held in April and May. Times and dates to be determined. The registration deadline is May 17; all team fees are due in full. Game times are 6:15p, 7:30p. Questions? Contact Audree at 206-842-5661 #142 or AudreeG@biparks.org. BPP.

113702-01	MTh	6/3-8/8	\$900 per team
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FALL ADULT SOCCER LEAGUE **NEW!**

Ages 18 and up. Grab your friends and co-workers and play in our adult soccer league. This gives adults of all skill levels the opportunity to get active, make friends, and play weekly Friday night games (September-November). Rosters and game schedule will be released in late August. BPP

412370-01	Su	9:00a-12:00p	9/15-11/10	\$125 per person
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ADULT PERSONAL TRAINING

Join the team!! Personal trainers provides general administrative and program support in maintaining and monitoring the recreation program and staff or specialized training in sports, fitness, exercise, or cultural or recreational programs. Contact Marie Figgins Marief@biparks.org or call 206-565-5539 with any questions.



BOATING



WHAT ARE CONTRACTOR CLASSES?

These are programs/activities which the Park District contracts to provide instructional services through an agreement with a private business. Contractors are responsible for their own employees, class curriculum, insurance and license requirements, and other conditions the Park District may stipulate. Contractor classes are clearly marked in this catalog at the end of each class description with "CONTRACTOR."

GENERAL INFORMATION & FAQs

The Welcome Email: A detailed introductory email will be sent out approximately one week prior to the start of each session. This email will include required forms as well as logistical information such as where to meet, what to bring, and contact information for the camp director and instructors.

Registration: It's easy! Log into your Park District account at biparks.org or call the Customer Service Desk at the Aquatic Center. If a weekday class has reached its minimum number of participants at least 5 days ahead of the first day, registrations are allowed until the maximum is reached or the first class begins. Saturday classes must reach their minimum at least 2 days ahead. If a class is canceled, participants will be notified right away by email and a credit issued to their Park District account. The Park District reserves the right to require a doctor's note to clear a participant for participation.

District Swim License: For all youth participants under 18 who will be engaging in on-the-water programs, the **Park District Swim License is required.** It is acquired through a one-time test given at the Aquatic Center and involves full submersion by jumping into the pool, swimming 25 yards, and then floating or treading water for one minute. The swim license form can be found at <https://biaquatics.org/>. Call the Aquatics Center at 206-842-2302 to find out times when testing is available. If you aren't sure if you or your child is on file, visit <http://bainbridgeswim.azurewebsites.net/>. If your child is on file, print the record showing they passed and bring it to the first day of your boating class.

Adult participants ages 18 and over must take the Park District Swim License test or sign off on a Swimming Skills Acknowledgment Form, self-certifying they can meet or exceed the requirements.

Waivers and Forms: Participants must complete and sign the required waiver and forms attached to the welcome email to participate. These must be turned in to instructors on the first day of a sailing class and remain valid for all 2024 summer sailing classes.

Refunds: For questions about refunds, please see page XX. If bad weather or a no-contact water advisory cancels a class, a pro-rated credit will be refunded to your Park District account.

Courteous Communication: We kindly ask that parents and adult participants inform the camp director or lead instructor as early as possible about absences, late arrivals, early departures, and important issues that may affect participation. For youth sailors, please also let us know about any change in the pick-up driver or method of departure. Because our meeting location is different than our sailing location, instructors will wait only long enough to make phone calls if someone doesn't show up for class. A sign-in/sign-out clipboard will be used for drivers of youth sailors.

Which class should I pick? Sailing is often compared to swim lessons, where participants need time and practice to master skills. As such, we recommend finding the right level to develop a solid foundation of skills and repeating that class until ready to move on to the next level. We offer Opti Ospreys for children 6-8 years old to give them a very basic, closely supervised, fun introduction to sailing. The beginning classes for

Opti, FJs, and RS Teras cover rigging and how to safely sail from A to B through mini lessons, games, drills, and group sails. *Before progressing to intermediate or intermediate-advanced, we require at least one in-season beginner or intermediate class as a refresher if your sailor hasn't taken the prerequisite class since the previous summer.* Sailors who have taken an intermediate class (or have equivalent experience) may skipper during the Opti Open Sails or Eagle Harbor Dinghy Checkout; anyone at least 6 years old may crew if they are registered and submit the required paperwork. The intermediate/advanced level youth sailing class includes higher level technical instruction, longer-distance sails, and racing. When in doubt about which class you or your child should take next, please talk to the instructor.

YOUTH SAILING CAMPS

OPTI OSPREYS

Ages 6-8. Give your child a fun, basic introduction to sailing this summer, or return for more messing about in boats! Sign up for individual Saturday morning classes at least two days in advance, or register for one of the week-long classes. U.S. Sailing-certified instructors will teach these young sailors the basics through mini-lessons, sailing games, harbor tours, and much more. Children will be paired up to share an Opti Dinghy, which will build their confidence and allow them to take turns steering and trimming the sail. Extra Optis will be available for those who are ready to try soloing. **Park District Swim License required.** HCP

430760-01	M-W	9:00a-12:00p	7/1-7/3	\$115
02	M-F	9:00a-12:00p	7/29-8/2	\$190



OPTI BEGINNER

Ages 8-12, less than five ft., under 100 lbs. Through brief lessons, demonstrations, closely supervised practice, games, and harbor explorations, sailors in Opti Beginner will be introduced to the basics of rigging, wind direction, sail trim, tacking, gybing, the most common right-of-way rules, safety position for stopping and docking, getting out of irons (bow stuck pointing into the wind), body position, and capsize recovery. This class can be repeated until sailors feel confident and competent with essential sailing skills. Opti Beginner is a prerequisite for Opti Intermediate. **Park District Swim License required.** HCP

430751-01	M-W	1:00-4:00p	7/1-7/3	\$115
02	M-F	9:00a-3:00p	7/8-7/12	\$360*
03	M-F	9:00a-12:00p	8/12-8/16	\$190

*All-Day Camp



BOATING

OPTI INTERMEDIATE

Ages 8-12, less than five ft., under 100 lbs. Sailors in Opti Intermediate will build upon the skills and knowledge introduced in Opti Beginner and learn to sail proficiently through games, drills, and destination sailing. Topics include rigging for different wind conditions, knots, sail trim for speed, lulls and puffs, tacking and jibing with correct hand switch and body positioning, stopping/accelerating, right-of-way rules, and an introduction to racing (starts, rounding marks, strategic sailing). Sailors are encouraged to repeat Opti Intermediate to develop these skills fully. Individualized instruction ensures classes remain fun, engaging, and challenging for everyone. This class prepares sailors for Intermediate-Advanced Opti, beginning-level racing, and sailing other boats! Prerequisite: Opti Beginner or equivalent experience. **Park District Swim License required.** HCP

430752-01	M-F	9:00a-3:00p	7/15-7/19	\$360*
02	M-F	1:00-4:00p	8/12-8/16	\$190

*All-Day Camp



OPTI INTERMEDIATE-ADVANCED

Ages 8-12, less than five ft., under 100 lbs. Do you LOVE to sail? This high-speed class will help sailors improve their boat handling and speed through short daily lessons, demonstrations, drills, games, races, and debriefs. Sailors will learn some of the physics of sailing and how to make their boat go as fast as possible on all points of sail. Topics will include roll tacking, roll jibing, trimming for speed, anticipating, and adjusting to lifts and headers, efficiently rounding marks, starting racing rules, and racing strategies. This class prepares sailors for competing in local youth regattas. Prerequisite: Opti Intermediate or equivalent experience. **Park District Swim License required.** HCP

430753-01	M-F	1:00-4:00p	7/29-8/2	\$190
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OPTI OPEN SAIL

Ages 6-12, less than 5 ft., under 100 lbs. Put your skills and knowledge to good use and have fun exploring Hidden Cove or playing games with other Opti sailors. Races or guided adventure sails may be possible in the outer bay of Port Madison depending on the interest and skills of the group. Instructors will supervise on the dock and on the water, helping as needed. Sailors may double up, but at least one sailor per Opti must be 8 years old or older and at an intermediate level (knows how to trim the sails and steer through tacks, gybes, and docking). Please sign up at least two days ahead. **Park District Swim License required.** Meet at Hidden Cove Park.

430750-01	Sa	9a-12:00p	7/13	\$54
02	Sa	9a-12:00p	7/20	\$54
03	Sa	9a-12:00p	7/27	\$54
04	Sa	9a-12:00p	8/3	\$54
05	Sa	9a-12:00p	8/17	\$54
06	Sa	9a-12:00p	8/24	\$54

RS TERA + FJ BEGINNER

Ages 11-17. In this unique combination class, sailors will start in the boat that they prefer and/or is the best size match, and then they may possibly switch during the week. Instructors will divide the class at times for lessons based on the needs of the class or the type of activity. RS Teras are the perfect dinghy for youth sailors and smaller teens who are ready for something a little faster and bigger than an Opti.



Flying Juniors (FJs) are one of the most common double-handed (two-person) boats used in high school and collegiate sailing; smaller sailors may sail FJs if paired up with a bigger sailor so that they can effectively handle the boat or a capsized. On Monday, we will introduce rigging procedures, basic knots (8-knot, cleat hitch, and half-hitches), hand signals, basic terminology, and get comfortable with the boats at the dock before practicing capsize recoveries. Tuesday through Friday, sailors will learn and apply their new knowledge about wind direction, sail trim, getting out of irons, docking, tacks vs. jibes, body position, FJ person-overboard rescues (how to safely return and pick up your partner from the water), and FJ teamwork as skipper and crew. This class is a prerequisite for RS Tera + FJ Intermediate and can be repeated until sailors are confident and competent with essential sailing skills. **Park District Swim License required.** Meet at the top of Waterfront Park across from the Senior Community Center.

430777-01	M-W	9:30a-3:30p	7/1-7/3	\$216*
02	M-F	9:30a-12:30p	7/8-7/12	\$190
03	M-F	9:30a-3:30p	7/15-7/19	\$360*
04	M-F	9:30a-3:30p	7/29-8/2	\$360*
05	M-F	9:30a-12:30p	8/5-8/9	\$190
06	M-F	9:30a-12:30p	8/12-8/16	\$190

*All Day

RS TERA + FJ INTERMEDIATE

Ages 11-17. If you liked RS Tera and FJ Beginner or need a refresher before moving on, this class will review and build upon skills as you take everything to the next level! Topics will include rigging for different wind conditions, sail controls and shape, sailing efficiently upwind and downwind, intro to roll tacks and jibes, stopping and accelerating, anticipating puffs, basic sailing rules, and knots. No matter how many times you take intermediate, individualized instruction ensures classes are fun, engaging, and challenging. This class is an excellent way to prepare for Intermediate/Advanced RS Tera and FJ, Saturday Dinghy Sails, regattas, and independent sailing! Sailors will start in the boat that they prefer and/or is the best size match, and then they may possibly switch during the week. Instructors will divide the class at times for lessons based on the needs of the class or the type of activity. Prerequisite: RS Tera/ FJ/420E Beginner or equivalent experience. **Park District Swim License required.** Meet at the top of Waterfront Park across from the Senior Community Center.

430778-01	M-F	1:30-4:30p	7/8-7/12	\$190
02	M-F	9:30a-3:30p	7/22-7/26	\$360*
03	M-F	1:30-4:30p	8/5-8/9	\$190
04	M-F	1:30-4:30p	8/12-8/16	\$190

*All Day

BOATING



RS TERA + FJ INTERMEDIATE/ADVANCED ★

Ages 11-17. Do you LOVE to sail? This high-speed class will help sailors improve their boat handling and boat speed through short daily lessons, demonstrations, drills, games, races, and debriefs. Sailors will learn some of the physics of sailing and how to make their boat go as fast as they can on all points of sail. Topics will include roll tacking, roll jibing, trimming for speed, sail shape and flow, anticipating puffs or lulls, wind shifts, sailing backward, coordinated FJ skipper-crew teamwork, sailing wing-on-wing downwind (FJ), efficient mark roundings, elements of starts, favored tack angles, racing rules, and racing strategies. This class is excellent preparation for competing at youth regattas, crewing in keelboat races, or independent sailing! Sailors will start in the boat that they prefer and/or is the best size match, and then they may possibly switch during the week. Instructors will divide the class at times for lessons based on the needs of the class or the type of activity. Prerequisite: RS Tera/FJ/420E Intermediate or equivalent experience. **Park District Swim License required.** Meet at the top of Waterfront Park across from the Sr. Community Center.

430779-01 M-F 9:30a-3:30p 8/19-8/23 \$360*

*All Day

SAILING + PADDLING COMBO FULL-DAY CAMP

Ages 8-12, less than five ft., under 100 lbs. Double the boating and double the fun! This action-packed day camp combines sailing and paddling for a full day of boating, skills-based games, brief lessons, exploration, and great times! Participants will either go sailing or paddling in the morning, return to shore for a supervised lunch break, land games and switch to other sports for the afternoon. They will learn or review essential skills for sailing Optis and get comfortable with different paddle strokes for kayaking, paddle boarding, and canoeing. Beginning sailors should sign up for sailing in the morning when the wind is lighter, and intermediate sailors should sign up for afternoon sailing (paddling in the morning). Instructors will ensure a smooth transition between programs with overlapping lunch supervision. Extended drop-off will be available 15 minutes before class and extended pick-up 15 minutes after class to avoid parking and traffic congestion in the park. Please bring a sack lunch and all other personal supplies for the day. **Park District Swim License required. HCP**



430736-01	M-F	9:00a-4:00p	7/22-7/26	\$450
02	M-F	9:00a-4:00p	7/22-7/26	\$450
03	M-F	9:00a-4:00p	8/5-8/9	\$450
04	M-F	9:00a-4:00p	8/5-8/9	\$450
05	M-F	9:00a-4:00p	8/19-8/23	\$450
06	M-F	9:00a-4:00p	8/19-8/23	\$450

WOMEN'S ONLY BOATING

WOMEN'S SAILING

Continuing our commitment to boost the percentage of females in outdoor adventure sports and activities, we are excited to offer another summer line-up of fun classes for teens and adults designed by women and led by women. Sign up with friends, make new friends, explore, and learn or improve skills! For more women-only programs, see page 74.

WOMEN'S INTRODUCTION TO KEELBOATING ★

Women ages 12 and up. Would you like to learn the basics of sailing on a stable, comfortable 28' trimaran? Do you like sailing on friends' boats but would like to be a more active crew member? Do you need to refresh your sailing skills? Thinking about buying a boat? This non-certifying course may be perfect for you! Through hands-on instruction taught by an American Sailing Association-certified instructor, you will learn the fundamentals of safe, confident day sailing for a 26'-35' sailboat in light to moderate winds. Lessons will cover boat safety, rigging, sail trim, tiller steering, basic navigation, knot tying, casting off and docking, using a winch, and right-of-way. No experience necessary. **District Swim License required for anyone under 18** or Adult Swimming Skills Acknowledgement Form required. Meet at the top of Waterfront Park for the first class and then Eagle Harbor City Dock below Waterfront Park.

130773-01	SaSu	10:00a-4:00p	5/18-5/19	\$237
430773-02	T-F	5:00-8:00p	9/3-9/6	\$237

WINB, TEEN ★ GIRLS & WOMEN'S DINGHY SAILING CLINIC

Ages 13 and up. Be adventurous and give yourself a day on the water! Female instructors will introduce you to sailing or help you improve your skills in a fun, supportive atmosphere. After an intro to the boats, the wind, basic sail trim, and steering, sailors will be paired up based on experience or with their sign-up partner. Then we will finish rigging, launch, sail with coaching, play games, and explore Eagle Harbor. We'll come ashore for a short lunch break at 12:00 and return for more practice in the afternoon. After completing this class, you may want to participate in the Eagle Harbor Dinghy Checkouts, take more sailing classes, join the high school team, or join Bainbridge Women's Sailing (ask Haley!). Physical flexibility is required (must be able to easily duck and stand from a squatting position) along with **Park District Swim License** or Adult Swimming Skills Acknowledgement Form (see FAQs). Meet at the top of Waterfront Park across from the Senior Community Center.

430757-01	Sa	9:00a-4:00p*	7/06	\$94
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*includes 1-hour lunch break - BYO lunch.



BOATING



WOMEN'S INTRODUCTION TO COASTAL NAVIGATION

Ages 14 and up. This class builds on skills learned in the keelboat class. Students will explore intermediate sail trim, coastal navigation, reefing, docking, crew overboard recovery, knot tying, anchoring and weather interpretation on a 28' trimaran. Prerequisite is keelboat class or equivalent. A parent or guardian must accompany participants under



16. **Park District Swim License** or Adult Swimming Skills Acknowledgement Form required. *Waterfront Park for Trimaran. Prerequisite for class: Introduction to Keelboat

400713-01	SaSu	10:00a-4:00p	6/22-6/23	\$237
02	M-Th	5:00-8:00p	9/9-9/12	\$237

INTRODUCTION TO COASTAL NAVIGATION

Ages 14 and up. This class builds on skills learned in the keelboat class. Students will explore intermediate sail trim, coastal navigation, reefing, docking, crew overboard recovery, knot tying, anchoring and weather interpretation on a 28' trimaran. Prerequisite is keelboat class or equivalent. A parent or guardian must accompany participants under 16. **Park District Swim License** or Adult Swimming Skills Acknowledgement Form required. *Waterfront Park for Trimaran.

400713-03	M-Th	5:00-8:00p	7/15-7/18	\$237
04	M-Th	5:00-8:00p	9/16-9/19	\$237

is necessary to crew (forward position). One child under 6 years old may go sailing in an FJ with two adults if the adult skipper is intermediate/advanced (can confidently keep the boat in control and manage both sails) while the adult crew focuses on the child. Physical flexibility and **Park District Swim License** or Adult Swimming Skills Acknowledgement Form are required (see FAQs). Please sign up at least two days ahead. Meet at the top of Waterfront Park across from the Senior Community Center.

430758-01	Sa	1:30-4:30p	7/13	\$34
02	Sa	1:30-4:30p	7/20	\$34
03	Sa	1:30-4:30p	8/03	\$34
04	Sa	1:30-4:30p	8/10	\$34
05	Sa	1:30-4:30p	8/17	\$34
06	Sa	1:30-4:30p	8/24	\$34

ADULT DINGHY SAILING

Ages 18 and up. Sailing is a lifelong activity (as well as competitive sport, mobile vacation hub, and carbon-neutral transportation) that everyone who lives near water should experience! In this fun, confidence-building class, participants will learn or review key elements of sailing before practicing in doublehanded FJs or RS Tera singlehanded dinghies. Beginners and intermediates are welcome! After an intro to the boats, a demo of basic how-to's and practice at the dock, sailors will be paired up based on experience or with their sign-up partner. Then we'll finish rigging, launch, sail with coaching, play games, and explore Eagle Harbor (or possibly outside the harbor depending on the group's experience level). We'll come ashore for a brief lunch break at 12:00. Take advantage of this chance to have a refreshing break in your routine, meet other local adventurers, and go sailing! Physical flexibility and **Park District Swim License** or Swimming Skills Acknowledgement Form are required (see FAQs). Meet at the top of Waterfront Park across from the Senior Community Center.

430761-01	F	9:00a-4:00p*	7/5	\$95
02	Sa	9:00a-4:00p*	7/27	\$95

*includes a 1-hour lunch break - BYO lunch.

INTRODUCTION TO KEELBOATING

Ages 14 and up. Would you like to learn the basics of sailing on a stable, comfortable keelboat or trimaran? Do you like sailing on friends' boats but would like to be a more active crew member? Do you need to refresh your sailing skills? Thinking about buying a boat? This course may be perfect for you! Through hands-on instruction taught by US Sailing-certified instructors, you will learn the fundamentals of safe, confident day sailing on a 35' keelboat or 28' trimaran in light to moderate winds. Lessons will cover boat safety, rigging and de-rigging, sail trim, steering, basic navigation, casting off and docking, using a winch, and right-of-way. No experience is necessary. A parent or guardian must accompany participants under 16. **District Swim License required** for anyone under 18 or Adult Swimming Skills Acknowledgement Form required. *Waterfront Park for Trimaran **Hidden Cove Park for Keelboat

130769-01*	M-Th	5:00-8:00p	5/13-5/16	\$237
02*	SaSu	10:00a-4:00p	5/11-5/12	\$237
03**	SaSu	10:00a-4:00p	6/1-6/2	\$237
430766-04**	SaSu	10:00a-4:00p	6/8-6/9	\$237
05**	SaSu	10:00a-4:00p	7/20-7/21	\$237
06*	M-F	5:00-8:00p	6/24-6/28	\$237
07*	SaSu	10:00a-4:00p	7/13-7/14	\$237
08*	SaSu	10:00a-4:00p	9/7-9/8	\$237

FAMILY SAILING PROGRAMS

Our family sailing programs are a perfect way to spend the weekend with your family! Whether you have years of sailing experience or you're brand-new to the sport, we have programs that will be a blast for any combination of family members over the age of six. Join our U.S. Sailing-certified instructors for a fantastic day on the water with your family!

EAGLE HARBOR DINGHY CHECKOUT

Ages 6 and up. Back by popular demand, Saturday afternoon dinghy checkout is an inexpensive way to independently practice skills and enjoy solo or double-handed sailing with friends or family. Sign up at least two days ahead for any or all these opportunities to explore picturesque Eagle Harbor! In addition to our fleet of Flying Juniors (FJs) for two people, we also have several RS Teras for smaller adults, teens, and kids who are at least 65 pounds. Instructors will supervise and assist as needed. Races or guided adventure sails outside Eagle Harbor under certain conditions may be possible, too, depending on the interest and skills of the group. Skippers must be at an intermediate level (know how to trim the sails and steer through tacks, jibes, and docking). No sailing experience

BOATING



SOCIAL PADDLES

BIOLUMINESCENCE & STARGAZING ★

Ages 7 and up. Witness the magic of our most popular paddle program! We will explore the incredibly rich bioluminescence of Puget Sound, witnessing the surreal blue light let off by phosphorescent marine plankton when we disturb them with our paddle strokes. We'll also learn about this stunning phenomenon as we go. This experience feels truly enchanted, whether you're looking down at the glowing water or up at the stars! Open to all experience levels. An adult must register and must accompany participants under 14. **Park District Swim License** or Adult Swimming Skills Acknowledgement Form required. HCP

430703-01	F	8:30-11:00p	7/5	\$50
02	Sa	8:30-11:00p	7/6	\$50
03	F	8:30-11:00p	8/2	\$50
04	Sa	8:30-11:00p	8/3	\$50
05	F	8:30-11:00p	8/30	\$50
06	Sa	8:30-11:00p	8/31	\$50

SUMMER SOCIAL PADDLES ★

Ages 14 and up. Incorporate the extraordinary into ordinary life and take advantage of long summer evenings by joining us for a weekly after-work paddle. Enjoy paddling with others and learning new skills? This weekly paddling get-together is all about exploration and camaraderie! We'll have opportunities to learn paddling techniques in kayaks and stand-up paddle boards while exploring different parts of the island together over two four-week sessions (sign up for one or both.) We invite you to be part of our paddling community! **Park District Swim License** or Adult Swimming Skills Acknowledgement Form required. The instructor will email you one week prior to the activity with your meeting location.

430727-01	T	6:00-9:00p	7/9-7/30	\$145
02	T	6:00-9:00p	8/6-8/27	\$145
03	Th	6:00-9:00p	7/11-8/1	\$145
04	Th	6:00-9:00p	8/8-8/29	\$145



OUT TO LUNCH SATURDAY PADDLES ★

Ages 15 and up. Join us for an afternoon of kayaking and eating delicious food! We'll go over safety and kayaking basics, then set out and paddle over to our destination for the day. We'll beach our kayaks and have a well-deserved lunch. Participants can order from the nearby eatery or pack a picnic lunch. Departure locations will be sent out a week before class. This paddle is for intermediate level paddlers. **Park District Swim License** or Adult Swimming Skills Acknowledgement Form required. The instructor will email you one week prior to the activity with your meeting location.

430728-01	Sa	Sully's Lunchtime Paddle	10:00a-3:00p	7/27	\$75
02	Sa	Brownsville			
		Deli Lunchtime Paddle	10:00a-3:00p	8/10	\$75
03	Sa	Liberty Bay, Poulsbo Paddle	10:00a-3:00p	8/24	\$75

BLAKELY ROCK LOW TIDE EXPLORATION ★

Ages 14 and up. Blakely Rock has an incredible intertidal environment of crabs, anemones, seagrasses, snails, mussels, and even some local seals that relax on the rocks at low tide. We will launch from Waterfront Park and kayak south along the eastern shore of Bainbridge Island, where we'll get sweeping views of Seattle and the Puget Sound. Then we'll head away from shore to Blakely Rock to catch the best of the -2.3 ft tide. Pack a picnic lunch to enjoy between exploring the island's intertidal wonders. **Park District Swim License** or Adult Swimming Skills Acknowledgement Form required. Meet at Waterfront Park.

430730-01	Su	10:00a-2:00p	8/18	\$75
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BAINBRIDGE

CIRCUMNAVIGATION EXPEDITION ★

Ages 15 and up. This paddle will circumnavigate Bainbridge Island in five parts, so we'll go around the entire island over the week. This is quite a feat, and participants should be ready to paddle long distances without losing too much steam; they must also have previously participated in a paddle camp or paddle program through the Park District. Our experienced instructors will help everyone improve their paddle technique and teach the group about the tidal currents and other environmental factors we'll experience, so participants can start getting an idea of how to plan their own trips in the future safely. Prerequisites: Previous Park District paddle camp, kayak trip, or instructor permission. **Park District Swim License** or Adult Swimming Skills Acknowledgement Form required. The instructor will email you one week prior to the activity with your meeting location.

430720-01	M-F	9:00a-4:00p	8/12-8/16	\$436
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BLAKE ISLAND DAY PADDLE ★

Ages 15 and up. Join us on a day kayaking expedition to Blake Island! This trip is for intermediate/advanced kayakers. We'll start the paddle to Blake Island from Ft. Ward launch ramp along the south shore of Rich Passage. Accessible only by boat with no ferry access, Blake Island feels wild and remote despite being only a few miles south of Bainbridge. We'll have time to get out of the kayaks and explore the island or just relax on the shore. We'll enjoy a picnic lunch. It's a brown bag affair so pack a good hearty lunch and your own beverages. The welcome email will include helpful information on what and how to prepare. Total trip is about 6 miles. This is an intermediate kayaking activity. **Park District Swim License** required, and Swim Skills Acknowledgement required; see FAQs for details. *Actual end time will vary based on distance and weather conditions.

462213-01	Su	9:00a-3:00p	7/21	\$160
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PADDLING SKILL BUILDERS

ACA FLATWATER KAYAK SAFETY AND RESCUE ★

Ages 14 and up. Designed to help coastal kayakers at all levels refine their paddling skills. Using on-water practice as well as classroom discussion and/or video analysis, participants will learn and practice strokes and maneuvers to increase paddling efficiency, fluidity, and control. **Park District Swim License** or Adult Swimming Skills Acknowledgement Form required. HCP

400703-01	Sa	9:00a-3:30p	7/14	\$175
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BOATING

ACA L3 STROKES AND MANEUVERS REFINEMENT



Ages 14 and up. This course teaches essential flatwater safety practices and rescue techniques that can be performed with a minimum of equipment, in the first few minutes of an emergency. Topics covered include safety and trip planning principles, wet exits, assisted rescues and tows, self-rescues, equipment, and communication. **Park District Swim License** or Adult Swimming Skills Acknowledgement Form required. HCP

400703-02	Sa	9:00a-3:30p	7/27	\$175
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HALF DAY PADDLE CAMPS

SEA SPROUTS HALF-DAY PADDLE CAMP

Ages 6-8. Start building a love for the outdoors with this paddle camp that will explore protected waters in our canoes, kayaks, and paddle boards. We will play games, explore marine habitats, and build confidence while on the water. **Park District Swim License** required. Meet at Waterfront Park.

430734-01	M-F	12:30-3:30p	7/8-7/12	\$190
02	M-F	12:30-3:30p	7/15-7/19	\$190
03	M-F	12:30-3:30p	8/12-8/16	\$190
04	M-F	12:30-3:30p	8/26-8/30	\$190

OTTERS HALF-DAY PADDLE CAMP

Ages 8-10. Get kids out exploring the waters and beaches around Bainbridge Island while playing games and learning a range of paddling skills. Qualified instructors will help kids get comfortable with our variety of kayaks, canoes, and paddle boards through on-the-water activities and paddles to fun destinations.

Park District Swim License required. HCP

430712-01	M-F	8:30-11:30a	8/12-8/16	\$190
02	M-F	8:30-11:30a	8/26-8/30	\$190

MID-DAY PADDLE CAMPS

OTTERS & ORCAS MID-DAY PADDLE CAMP **NEW!**

Ages 8-10. Get kids out exploring the waters and beaches around Bainbridge Island while playing games and learning a range of paddling skills. Qualified instructors will help kids get comfortable with our variety of kayaks, canoes, and paddle boards through on-the-water activities and paddles to fun destinations.

Park District Swim License required. HCP

Ages 8-10

430737-01	M-F	10:00a-2:00p	7/8-7/12	\$253
02	M-F	10:00a-2:00p	7/15-7/19	\$253
03	M-F	10:00a-2:00p	7/29-8/2	\$253

Ages 10-13



430737-04	M-F	10:00a-2:00p	7/8-7/12	\$253
05	M-F	10:00a-2:00p	7/15-7/19	\$253
06	M-F	10:00a-2:00p	7/29-8/2	\$253

FULL DAY PADDLE CAMPS

ORCAS FULL-DAY PADDLE CAMP



Ages 10-13. This camp is perfect for kids ready to plunge into full days of paddling and water adventure. The longer days allow us to dive deeper into learning skills and go out on longer paddles. Later in the week, we'll introduce kayak rescue techniques for an additional challenge. Throughout the week, kids will also have plenty of opportunities to swim, try different types of paddle boards, kayaks, and canoes, and explore more distant destinations. This camp is appropriate for beginners as well as more experienced paddlers. **Park District Swim License** Required. HCP

430725-04	M-F	9:30a-3:30p	8/12-8/16	\$360
05	M-F	9:30a-3:30p	8/26-8/30	\$360

SAILING + PADDLING COMBO FULL-DAY CAMP

Ages 8-12, less than five ft., under 100 lbs. Double the boating and double the fun! This action-packed day camp combines sailing and paddling for a full day of boating, skills-based games, brief lessons, exploration, and great times! Participants will either go sailing or paddling in the morning, return to shore for a supervised lunch break, land games and switch to other sports for the afternoon. They will learn or review essential skills for sailing Optis and get comfortable with different paddle strokes for kayaking, paddle boarding, and canoeing. Beginning sailors should sign up for sailing in the morning when the wind is lighter, and intermediate sailors should sign up for afternoon sailing (paddling in the morning). Instructors will ensure a smooth transition between programs with overlapping lunch supervision. Extended drop-off will be available 15 minutes before class and extended pick-up 15 minutes after class to avoid parking and traffic congestion in the park. Please bring a sack lunch and all other personal supplies for the day. **Park District Swim License** required. HCP

430736-01	M-F	9:00a-4:00p	7/22-7/26	\$450
02	M-F	9:00a-4:00p	7/22-7/26	\$450
03	M-F	9:00a-4:00p	8/5-8/9	\$450
04	M-F	9:00a-4:00p	8/5-8/9	\$450
05	M-F	9:00a-4:00p	8/19-8/23	\$450
06	M-F	9:00a-4:00p	8/19-8/23	\$450



AQUATIC CENTER ADMISSION FEES SUMMER 2024

	SINGLE ADMISSION		PUNCH PASSES		MONTHLY	
	Resident	Non-Resident	10-Punch (non-res +\$6)	20-Punch (non-res +\$6)	1-Month (non-res +\$6)	6-Month (non-res +\$6)
Youth (3-17)	\$9.00	\$10.00	\$78	\$150	\$78	\$400
Adult (18-59)	\$10.00	\$11.00	\$88	\$170	\$88	\$450
Senior (60+)	\$9.00	\$10.00	\$78	\$150	\$78	\$400
Family	\$34 (4 passes — one must be an adult/guardian)				\$168 (same household)	\$730 (same household)

WATER EXERCISE CLASS RATES

	10-PUNCH (NON-RES +\$6)	20-PUNCH (NON-RES +\$6)	MONTHLY (NON-RES +\$6)
Adult (18-59)	\$119	\$210	\$119
Senior (60+)	\$101	\$164	\$101
Drop-in	\$13		

SWIM PASSES INFORMATION

Passes cannot be used for special events. Classes and programs are not included in punch passes or basic monthly swim passes.

Monthly Swim Passes — suitable for unlimited swimming during all our general swim hours. Monthly passes are purchased by a patron, non-transferable, and have no guest privileges. **Monthly Family Passes:** encompass dependents within the same household.

10-Punch and 20-Punch Passes: suitable for general lap swimming and facility use.



**DON NAKATA
POOL**



**RAY WILLIAMSON
POOL**

SPECIAL SCHEDULES

- 5/29 Special Schedule**
- 7/4 Closed**
- 9/4 Special Schedule**
- 9/5 Fall Schedule Begins**



SUMMER 2024

Swim Descriptions & Schedules

Visit biaquatics.org for a detailed schedule.

LAP SWIM RAY WILLIAMSON AND DON NAKATA POOL

The six lanes in the Ray Williamson Pool are kept at 79°F and the four lanes in the Don Nakata Pool are in the 84°F range. Lap swimmers must be at least eight years old and have ARC level 4 swimming skills. *

OPEN SWIM DON NAKATA POOL

The water park is open for recreational swimming, including the hot tub, sauna, steam room, diving area, water slide, lazy river, rope swing and beach. Children under 15 must have a swim license to use the lap area and deep end of the pool. Children under seven years old without a swim license must have an adult within arm's reach in the water. Those under eight must have an adult in the facility unless they are participating in a specific coached program. WATER SLIDE requirements: Must be 42" tall to ride the slide. One person is permitted on the slide at a time.

FAMILY BEACH SWIM DON NAKATA POOL

For adults or adults with children. All children must have an adult in the water, regardless of age or swimming ability, within arm's reach. Limited pool areas are open; those include the beach shallow areas, tot pool, frog slide, and lazy river.

HOT TUB, SAUNA, AND STEAM ROOM

The hot tub is kept at 101-103°F. It is open to those 16 and older whenever the facility is open to the public. The sauna and steam room are available to those 15 and older whenever the facility is open to the public. The hot tub, sauna, and steam room are the same as regular pool admission. Pregnant individuals or those suffering from a medical condition that makes exposure to intense heat/hot water dangerous are discouraged from using the hot tub, sauna, and steam rooms. The hot tub, sauna, and steam room may be closed 10-15 minutes before closing.



Rentals

Would you like to enjoy the pool with your family, friends, or co-workers without all the extra people? Then our after-hours rentals are for you! After-hour rentals are typically scheduled on weekends. Go to our website at biaquatics.org to find all the options available and see the rooms available for your event. Please email jenetter@biparks.org for pricing and availability. Scheduling an after-hour event requires a minimum of four weeks before the event and is subject to pool and staff availability.

SPECIAL EVENTS

BABYSITTER TRAINING CAMP (AMERICAN RED CROSS)

Ages 11 and up. Invest some time to jumpstart your money-earning ability as you gain knowledge of younger children: so many families appreciate a trained babysitter! The instructor will provide you with age-appropriate activities, infant handling, basic first aid and safety skills, marketing ideas, and more. Students who complete the course will receive their Red Cross certificate. AQ

402536-01	M-Th	9:00a-2:00p	6/24-6/27	\$350
02	M-Th	9:00a-2:00p	7/15-7/18	\$350
03	M-Th	9:00a-2:00p	8/19-8/22	\$350



AQUATIC CENTER



BIRTHDAY PARTIES AT THE AQUATIC CENTER



Celebrate your special day with an afternoon of fun at the pool! Each package has one hour of party room time, with up to two hours of swimming time during the open swim for twelve kids and three adults. Please remember all pool rules still apply to birthday parties. Please call to reserve your party two weeks in advance. All packages include: one hour of party room time, 12 child swim passes, and three adult swim passes for open swim. If you wish to have additional children at your party, we can accommodate up to 20 children at an additional charge.

Package A: Bring your own food and decorations. \$185

Additional children up to 20 — \$6.50 each

Package B: Includes cake, ice cream, beverage (juice), paper, utensils, and balloons. \$282

Additional children up to 20 — \$7.00 each

TEAMS

BAINBRIDGE AQUATIC MASTERS (BAM)

Welcome to the Bainbridge Aquatic Masters, a year-round swim team for adults 18 and up, affiliated with United States Masters Swimming. BAM offers fully coached practices for swimmers of all abilities looking to improve technique and conditioning within a supportive team setting. Swim competitions, open-water training, and triathlon prep are also available.



To join our vibrant community of over 190 athletes, please contact the head coach April Cheadle at AprilC@biparks.org or the Bainbridge Island Aquatic Masters Team Unify website to be placed on the interest list.

Swim meet opportunities will be sent out with weekly updates from the team leadership.



BAINBRIDGE ISLAND SWIM CLUB (BISC)

Our club is a team offering high-quality, professional coaching for youth ranging in abilities. Each swimmer will be provided with the opportunity to improve technical skills and achieve success commensurate with their knowledge and commitment. Swimmers will be in a safe, team environment where they may experience personal growth from their experience. All swimmers must also be registered with USA Swimming. For information on how to join our swim club, email Head Coach Monique Shelton at moniques@biparks.org. For more information about our club go to the BISC Team Unify website.



ADULT AQUA EXERCISE CLASSES

SCHEDULE BEGINS JUNE 24, 2024

****ADDITIONAL BIRC AQUA EXERCISE CLASS OFFERINGS, SEE BIRC ON PAGE 81****

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MORNING CLASSES	Deep Mixology 7:15-8:15a 8:30-9:30a Motion & Mindfulness 10:00-11:00a	Deep Mixology 8:00-9:00a	Deep Mixology 8:00-9:00a Motion & Mindfulness 10:00-11:00a	Deep Mixology 8:00-9:00a	Deep Mixology 8:00-9:00a	Deep Mixology 7:15-8:15a 8:30-9:30a Motion & Mindfulness 10:00-11:00a
AFTERNOON & EVENING CLASSES	Deep Running and Yoga 12:00-1:00p	Noon Mash-up 12:00-1:00p Deep Mixology 7:00-8:00p	Deep Running and Yoga 12:00-1:00p	Noon Mash-up 12:00-1:00p Deep Mixology 7:00-8:00p		

DEEP MIXOLOGY

Power up the music and put it on shuffle as we keep you moving. This class is geared toward those who want to get their hearts pounding and their bodies working. This class is easily modified to your optimal intensity by making movements smaller or larger. Deep Mixology is taught in the dive tank of the Don Nakata Pool utilizing floatation equipment.

MOTION AND MINDFULNESS

Restore your body and mind as you use Qigong and Tai chi principles to breathe, relax and strengthen your body. It is ideal for those wishing to work on strength, balance, and coordination. This class is gentle for those who already deal with pain, and the water is incredibly nurturing. Try it out and see how you feel!

DEEP WATER RUNNING AND YOGA

Experience the best of what the water has to offer. Cross-train in the water while achieving the same cardiovascular benefits as going for your training run. Prevent injury and promote body recovery while getting a fantastic workout. Then challenge your core, stability, and refresh with yoga-inspired movements. No swimming is required.

NOON MASH-UP

Like our favorite remix mash-up songs this class will mix shallow water and deep water to give you a full body workout. Escape your routine and head to class, relieve stress with this fun and energizing noon class.



Ask to be added to the Aquatic Splash Report for weekly updates. Go to biaquatics.org and add your email to receive these weekly reports.

WATER EXERCISE CLASS RATES

	10-PUNCH (NON-RES +\$6)	20-PUNCH (NON-RES +\$6)	MONTHLY (NON-RES +\$6)
Adult (18-59)	\$119	\$210	\$119
Senior (60+)	\$101	\$164	\$101
Drop-in	\$13		

ADULT SWIM & TEEN

SWIM LESSONS FOR ALL! LOW-SENSORY GROUP



Do you know someone for whom constant ambient noise makes it hard to focus? Are loud splashy group lessons overwhelming? Sensory needs can be challenging to accommodate in the group lesson setting; that's where adaptive swim lessons can help. These lessons are provided in a small group setting. They are created for those with anxiety, physical, sensory, communication, behavior challenges. Instructor Cody Ogren will connect with each family prior to the introductory class meeting. Five-week class. AQ



407900-01 Ages 7-45 F 10:30a, 11:05a, 11:40a 6/21-7/19 \$156

You will be assigned a class start time of either 10:30a, 11:05a, 11:40a. Participants will be grouped with like abilities, based on information provided on the questionnaire form. Questionnaires not received by 6/4 will forfeit their spot to the next person on the waitlist.

LET'S GET COMFORTABLE IN THE WATER



Overcome your fear and feel comfortable in the water. Let us help you cross-learning to swim off your bucket list in a warm and supportive environment. Your instructor will meet you where you are and help you achieve your swimming goals.

402519-01 M/W 7:00-7:40p 6/24-7/17 \$144

INTRO TO LAP SWIM



If you are a swimmer who has been out of the water for many years, this refresher course is the class for you! Explore swimming for exercise and enjoyment or for newer swimmers that want to learn the basics of lap swimming.

402517-01 T/Th 7:00-7:40p 6/25-7/18 * \$126

* No class 7/4

AQUATIC CENTER



SPECIALTY

LIFEGUARDING WITH WATERPARK MODULE (AMERICAN RED CROSS)**

Through a blended learning style course, you will learn skills to gain employment as a lifeguard in a waterpark or pool setting. You must be 15 years old and pass a swimming skills assessment. Skill assessments will be given on the first day of the in-person class. For more information go to biaquatics.org.

402520-01 Su 8:00a-6:00p 7/25-7/27 \$350

For additional classes please contact the Aquatic Program Administrator at 206-842-2302

ADULT AND PEDIATRIC CPR/AED AND FIRST AID (AMERICAN RED CROSS)

Ages 11 and up. Would you like to feel confident that you could help a neighbor or family member in an emergency? The most important skill you can learn to prepare for an emergency is becoming certified in basic CPR and First Aid. Join our instructor for a blended learning style class that fits in with your busy schedule. Complete the online course prior to the in-person skill session.

402522-01 F 5:00-8:00p 7/26 \$115
02 Su 1:00-4:00p 8/4 \$115

YOUTH SWIM LESSONS

Quick Reference Progression Guide on page 70

TINY TOTS

This class is for children and their parents to experience the water together with the guidance of a certified instructor. Join our class full of playtime that will help your child adjust to the water in a fun and safe environment. This class is appropriate for children between six months and two years old. Children must be able to hold up their heads independently.

TINY STARFISH

This class is for children and their parents to experience the water together with the guidance of a certified instructor. Join our class full of playtime that will help your child gain confidence in working with an instructor in the water with your support. This class is appropriate for children between two-four years old. Children must be ready to begin working on skills and feel comfortable in the water.

STARFISH K1

Starfish is for children ready to experience the wonderful world of water with an instructor independently of their parents. Swimmers should be able to follow directions and stay with the group. This class is for children who are new to swimming with little to no water experience. This class is also for children who are not comfortable submerging and floating on their front or back with assistance. The instructors will introduce your swimmer to the water in a fun and safe class in our zero-depth entry beach area.

ANGELFISH K2

Angelfish love to be underwater and are very comfortable floating on their front and being on their back. At this level, swimmers will use their floating skills and learn how to glide independently on their front and back.

BETTA FISH K3

Betta fish are comfortable and confident floating and gliding on their front and back. They are excited to learn how to swim in the lanes with water over their head. Swimmers will use their front and back glides to build their flutter kicks and introduce arm motions on their front and back.

CLOWNFISH K4

Clownfish can easily glide and kick on their front and back five body lengths to their instructor. Swimmers will use these skills to build on front and back crawl strokes and increase their distance. Swimmers will also learn to rotate between front and back in the float and glide position. Clownfish are ready and excited to explore swim in the dive tank with their instructor.

LITTLE FISH K5

This level is equivalent to the Fish (3A) class for older children. They are ready and eager to begin building swim strokes. They can swim halfway across the pool on their front and back. Tread water and back float for 15 seconds each. Swimmers will use their front and back rotation skills to begin learning how to side breathe in front crawl. Swimmers will use their back floating and gliding skills to start learning the elementary backstroke kick.



GUPPY

Guppies have little to no experience in the water. Swimmers will learn to be comfortable and confident to submerge underwater, float, and glide independently on their front and back as they begin their swimming adventure.

MINNOW

Minnows love to submerge underwater. They are comfortable floating and gliding on their front and back and are ready to swim in the lanes. Swimmers will use these basic glides to build flutter kicking on the front and back as well as arm motions. Swimmers will also learn how to rotate between front and back glides. Minnow will begin to explore swimming in water over their head with the instructor.

FISH

Fish are eager and ready to start building their swimming strokes. They can swim halfway across the pool on their front and back. Tread water and back float for 15 seconds each. Swimmers will use their front and back rotation skills to begin learning how to side breathe in front crawl. Swimmers will use their back rotation skills to begin learning side breathing for front crawl. Swimmers will use their back floating and gliding skills to start learning the elementary backstroke kick. Many of the floating and treading skills are taught in the dive tank.



AQUATIC CENTER

FLYING FISH

Flying Fish can easily and comfortably float on their back and tread water in the dive tank for 30 seconds each. Swimmers are comfortable swimming 2/3 of the pool length for elementary backstroke kick, back crawl, and front crawl with rhythmic breathing. Swimmers will build on these basic skills to learn the full elementary backstroke and swim front crawl with more consistent side breathing. Scissor kick and sidestroke will be introduced. A successful Flying Fish is ready to get their swim license.



STING RAY

Sting Rays can float on their backs and tread water in the dive tank for one minute each. Sting Rays can swim front crawl with consistent side breathing and correct elementary backstroke for 2/3 of a pool length. Sting Rays can swim front crawl, back crawl, and sidestroke across the dive tank with good kick and rhythmic arm motions. Swimmers will build on these skills to refine the front crawl and elementary backstroke so that swimmers can swim the entire pool length with consistent technique. Swimmers will continue to refine the side stroke and learn the dolphin kick and breaststroke kick on their front.

MANTA RAY

Manta Rays can tread water for one and a half minutes, swim front crawl with correct side breathing, and the elementary backstroke with a consistent glide for one pool length. Manta Rays can swim sidestroke with a consistent scissor kick and breaststroke kick with a glide for 2/3 of a pool length. Manta Rays can dolphin kick in streamlined five-body lengths. Swimmers will use these skills to refine the front crawl, back crawl, elementary backstroke, and sidestroke so that swimmers can swim the strokes with a consistent form for longer distances. Swimmers will use the dolphin kick to develop the butterfly stroke, and the breaststroke kick will be developed into the breaststroke.

DOLPHIN

Dolphins can tread water for two minutes, swim all strokes with proper technique and maintain form for two pool lengths. Swimmers will learn front and back flip turns and focus on stroke refinement, efficiency, and endurance. Swimmers will work on the skills needed to join the swim team, swim for fitness, or gain stroke proficiency to become a lifeguard or swim instructor.



JOIN THE CREW!

We are hiring lifeguards, swim instructors, and water exercise instructors.

Not certified? No problem, we can train you and get you working!

Lifeguards \$19.36-\$26.80

Swim Instructors \$20.65 - \$28.59

Water Exercise Instructors \$24.53 - \$33.95

WHY WORK WITH US?

- Flexible schedules (morning, mid-day, evenings, weekends) 2-5+ hour shifts
- Good pay and annual merit increases
- Free Aquatic Center pass for you and your dependents
- Free Bainbridge Island Recreation Center pass for you and your dependents
- 50% off most of Park District classes for you and your dependents

Apply online at biparks.org under the Employment tab or drop one off at the Aquatic Center!



SWIM LESSONS

Quick Reference Progression Guide on page 70

MONDAY-THURSDAY MORNING □ MONDAY-THURSDAY EVENING □ SATURDAY □

TINY TOTS 402501

M/W	Time	Dates	Price
01	10:10-10:40a	6/24-7/17	\$144
02	5:15-5:45p	6/24-7/17	\$144
Saturday			
03	8:25-8:55a	6/22-7/27	\$108
04	9:35-10:05a	6/22-7/27	\$108

TINY STARFISH 402542

T/Th	Time	Dates	Price
01	10:10-10:40a	6/25-7/18*	\$126
02	5:15-5:45p	6/25-7/18*	\$126
Saturday			
03	9:00-9:30a	6/22-7/27	\$108
04	10:10-10:40a	6/22-7/27	\$108

K1 STARFISH 402502

M-Th Morning	Time	Dates	Price
01	9:00-9:30a	6/24-7/3	\$126
02	9:35-10:05a	6/24-7/3	\$126
03	10:10-10:40	6/24-7/3	\$126
04	10:45-11:15a	6/24-7/3	\$126
05	9:00-9:30a	7/8-7/18	\$144
06	9:35-10:05a	7/8-7/18	\$144
07	10:10-10:40	7/8-7/18	\$144
08	10:45-11:15a	7/8-7/18	\$144
09	9:00-9:30a	7/22-8/1	\$144
10	9:35-10:05a	7/22-8/1	\$144
11	10:10-10:40	7/22-8/1	\$144
12	10:45-11:15a	7/22-8/1	\$144
M-Th Evening	Time	Dates	Price
13	3:30-4:00p	6/24-7/3	\$126
14	4:05-4:35p	6/24-7/3	\$126
15	4:40-5:10p	6/24-7/3	\$126
16	5:15-5:45p	6/24-7/3	\$126
17	3:30-4:00p	7/8-7/18	\$144
18	4:05-4:35p	7/8-7/18	\$144
19	4:40-5:10p	7/8-7/18	\$144
20	5:15-5:45p	7/8-7/18	\$144
21	3:30-4:00p	7/22-8/1	\$144
22	4:05-4:35p	7/22-8/1	\$144
23	4:40-5:10p	7/22-8/1	\$144
24	5:15-5:45p	7/22-8/1	\$144
Saturday	Time	Dates	Price
25	8:25-8:55a	6/22-7/27	\$108
26	9:00-9:30a	6/22-7/27	\$108

K2 ANGELFISH 402503

M-Th Morning	Time	Dates	Price
01	9:00-9:30a	6/24-7/3	\$126
02	9:35-10:05a	6/24-7/3	\$126
03	11:20-11:50a	6/24-7/3	\$126
04	9:00-9:30a	7/8-7/18	\$144
05	9:35-10:05a	7/8-7/18	\$144
06	11:20-11:50a	7/8-7/18	\$144
07	9:00-9:30a	7/22-8/1	\$144
08	9:35-10:05a	7/22-8/1	\$144
09	11:20-11:50a	7/22-8/1	\$144
M-Th Evening	Time	Dates	Price
10	4:05-4:35p	6/24-7/3	\$126
11	5:50-6:20p	6/24-7/3	\$126
12	4:05-4:35p	7/8-7/18	\$144
13	5:50-6:20p	7/8-7/18	\$144
14	4:05-4:35p	7/22-8/1	\$144
15	5:50-6:20p	7/22-8/1	\$144
Saturday	Time	Dates	Price
16	10:10-10:40a	6/22-7/27	\$108
17	10:45-11:15a	6/22-7/27	\$108

K3 BETA FISH 402504

M-Th Morning	Time	Dates	Price
01	9:00-9:30a	6/24-7/3	\$126
02	10:10-10:40a	6/24-7/3	\$126
03	10:45-11:15a	6/24-7/3	\$126
04	9:00-9:30a	7/8-7/18	\$144
05	10:10-10:40a	7/8-7/18	\$144
06	10:45-11:15a	7/8-7/18	\$144
07	9:00-9:30a	7/22-8/1	\$144
08	10:10-10:40a	7/22-8/1	\$144
09	10:45-11:15a	7/22-8/1	\$144
M-Th Evening	Time	Dates	Price
10	4:40-5:10p	6/24-7/3	\$126
11	5:50-6:20p	6/24-7/3	\$126
12	4:40-5:10p	7/8-7/18	\$144
13	5:50-6:20p	7/8-7/18	\$144
14	4:40-5:10p	7/22-8/1	\$144
15	5:50-6:20p	7/22-8/1	\$144
Saturday	Time	Dates	Price
16	9:35-10:05a	6/22-7/27	\$108

K4 CLOWNFISH 402505

M-Th Morning	Time	Dates	Price
01	11:20-11:50a	6/24-7/3	\$126
02	11:20-11:50a	7/8-7/18	\$144
03	11:20-11:50a	7/22-8/1	\$144
M-Th Evening	Time	Dates	Price
04	3:30-4:00p	6/24-7/3	\$126
05	3:30-4:00p	7/8-7/18	\$144
06	3:30-4:00p	7/22-8/1	\$144
Saturday	Time	Dates	Price
07	11:20-11:50a	6/22-7/27	\$108

K5 LITTLE FISH 402540

M-Th Morning	Time	Dates	Price
01	9:35-10:05a	6/24-7/3	\$126
02	9:35-10:05a	7/8-7/18	\$144
03	9:35-10:05a	7/22-8/1	\$144
M-Th Evening	Time	Dates	Price
04	5:50-6:20p	6/24-7/3	\$126
05	5:50-6:20p	7/8-7/18	\$144
06	5:50-6:20p	7/22-8/1	\$144
Saturday	Time	Dates	Price
07	11:20-11:50a	6/22-7/27	\$108

GUPPY 402506

M-Th Morning	Time	Dates	Price
01	10:10-10:40a	6/24-7/3	\$126
02	10:45-11:15a	6/24-7/3	\$126
03	10:10-10:40a	7/8-7/18	\$144
04	10:45-11:15a	7/8-7/18	\$144
05	10:10-10:40a	7/22-8/1	\$144
06	10:45-11:15a	7/22-8/1	\$144
M-Th Evening	Time	Dates	Price
07	3:30-4:00p	6/24-7/3	\$126
08	4:05-4:35p	6/24-7/3	\$126
09	5:15-5:45p	6/24-7/3	\$126
10	3:30-4:00p	7/8-7/18	\$144
11	4:05-4:35p	7/8-7/18	\$144
12	5:15-5:45p	7/8-7/18	\$144
13	3:30-4:00p	7/22-8/1	\$144
14	4:05-4:35p	7/22-8/1	\$144
15	5:15-5:45p	7/22-8/1	\$144
Saturday	Time	Dates	Price
16	10:45-11:15a	6/22-7/27	\$108
17	11:20-11:50a	6/22-7/27	\$108

MINNOW 402507

M-Th Morning	Time	Dates	Price
01	9:00-9:30a	6/24-7/3	\$126
02	9:35-10:05a	6/24-7/3	\$126
03	11:20-11:50a	6/24-7/3	\$126
04	9:00-9:30a	7/8-7/18	\$144
05	9:35-10:05a	7/8-7/18	\$144
06	11:20-11:50a	7/8-7/18	\$144
07	9:00-9:30a	7/22-8/1	\$144
08	9:35-10:05a	7/22-8/1	\$144
09	11:20-11:50a	7/22-8/1	\$144
M-Th Evening	Time	Dates	Price
10	4:05-4:35p	6/24-7/3	\$126
11	4:40-5:10p	6/24-7/3	\$126
12	5:50-6:20p	6/24-7/3	\$126
13	4:05-4:35p	7/8-7/18	\$144
14	4:40-5:10p	7/8-7/18	\$144
15	5:50-6:20p	7/8-7/18	\$144
16	4:05-4:35p	7/22-8/1	\$144
17	4:40-5:10p	7/22-8/1	\$144
18	5:50-6:20p	7/22-8/1	\$144
Saturday	Time	Dates	Price
19	10:10-10:40a	6/22-7/27	\$108





FISH 402508

M-Th Morning

01	10:10-10:40a	6/24-7/3	\$126
02	10:45-11:15a	6/24-7/3	\$126
03	11:20-11:50a	6/24-7/3	\$126
04	10:10-10:40a	7/8-7/18	\$144
05	10:45-11:15a	7/8-7/18	\$144
06	11:20-11:50a	7/8-7/18	\$144
07	10:10-10:40a	7/22-8/1	\$144
08	10:45-11:15a	7/22-8/1	\$144
09	11:20-11:50a	7/22-8/1	\$144

M-Th Evening

10	3:30-4:00p	6/24-7/3	\$126
11	4:40-5:10p	6/24-7/3	\$126
12	5:15-5:45p	6/24-7/3	\$126
13	3:30-4:00p	7/8-7/18	\$144
14	4:40-5:10p	7/8-7/18	\$144
15	5:15-5:45p	7/8-7/18	\$144
16	3:30-4:00p	7/22-8/1	\$144
17	4:40-5:10p	7/22-8/1	\$144
18	5:15-5:45p	7/22-8/1	\$144

Saturday

19	9:35-10:05a	6/22-7/27	\$108
20	10:45-11:15a	6/22-7/27	\$108
21	11:20-11:50a	6/22-7/27	\$108

STING RAY 402510

M-Th Morning

01	9:35-10:05a	6/24-7/3	\$126
02	10:45-11:15a	6/24-7/3	\$126
03	9:35-10:05a	7/8-7/18	\$144
04	10:45-11:15a	7/8-7/18	\$144
05	9:35-10:05a	7/22-8/1	\$144
06	10:45-11:15a	7/22-8/1	\$144

M-Th Evening

07	4:05-4:35p	6/24-7/3	\$126
08	4:05-4:35p	7/8-7/18	\$144
09	4:05-4:35p	7/22-8/1	\$144

Saturday

10	8:25-8:55a	6/22-7/27	\$108
11	10:10-10:40a	6/22-7/27	\$108

MANTA RAY 402511

M-Th Morning

01	11:20-11:50a	6/24-7/3	\$126
02	11:20-11:50a	7/8-7/18	\$144
03	11:20-11:50a	7/22-8/1	\$144

M-Th Evening

04	3:30-4:00p	6/24-7/3	\$126
05	3:30-4:00p	7/8-7/18	\$144
06	3:30-4:00p	7/22-8/1	\$144

Saturday

07	9:00-9:30a	6/22-7/27	\$108
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DOLPHIN 402512

M-Th Morning

01	9:00-9:30a	6/24-7/3	\$126
02	9:00-9:30a	7/8-7/18	\$144
03	9:00-9:30a	7/22-8/1	\$144

M-Th Evening

04	5:15-5:45p	6/24-7/3	\$126
05	5:15-5:45p	7/8-7/18	\$144
06	5:15-5:45p	7/22-8/1	\$144

Saturday

07	9:35-10:05a	6/22-7/27	\$108
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SPLASH I 400502

Saturday

01	8:25-8:55a	6/22-7/27	\$108
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SPLASH II 400503

01	8:25-8:55a	6/22-7/27	\$108
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LET'S GET COMFORTABLE! 402519

M/W Evening

01	7:00-7:40p	6/24-7/17	\$144
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INTRO TO LAP SWIM 402517

T/Th Evening

01	7:00-7:40p	6/25-7/18*	\$126
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FLYING FISH 402509

M-Th Morning

01	9:00-9:30a	6/24-7/3	\$126
02	9:35-10:05a	6/24-7/3	\$126
03	10:10-10:40	6/24-7/3	\$126
04	9:00-9:30a	7/8-7/18	\$144
05	9:35-10:05a	7/8-7/18	\$144
06	10:10-10:40	7/8-7/18	\$144
07	9:00-9:30a	7/22-8/1	\$144
08	9:35-10:05a	7/22-8/1	\$144
09	10:10-10:40	7/22-8/1	\$144

M-Th Evening

10	4:40-5:10p	6/24-7/3	\$126
11	5:50-6:20p	6/24-7/3	\$126
12	4:40-5:10p	7/8-7/18	\$144
13	5:50-6:20p	7/8-7/18	\$144
14	4:40-5:10p	7/22-8/1	\$144
15	5:50-6:20p	7/22-8/1	\$144

Saturday

16	9:00-9:30a	6/22-7/27	\$108
17	10:45-11:15a	6/22-7/27	\$108



JOIN THE CREW!

We are hiring lifeguards, swim instructors, and water exercise instructors. Not certified? No problem, we can train you and get you working!

Lifeguards \$19.36 - \$26.80
 Swim Instructors \$20.65 - \$28.59
 Water Exercise Instructors \$24.53 - \$33.95

WHY WORK WITH US?

- Flexible schedules (morning, mid-day, evenings, weekends) 2-5+ hour shifts
- Good pay and annual merit increases
- Free Aquatic Center pass for you and your dependents
- Free Bainbridge Island Recreation Center pass for you and your dependents
- 50% off most of Park District classes for you and your dependents

How do you get hired? Apply online at biparks.org under the Employment tab or drop one off at the Aquatic Center!

* No class 7/4

SWIMMING LESSONS

A Quick Guide to the Progression

LEVEL & AGES	LENGTH	I CAN...	CLASS SIZES
TINY TOTS Ages 6 months-3	30 MIN	A parent or care giver must be in the water <ul style="list-style-type: none"> hold up my head by myself I need to be in the water with a care giver 	MIN 5/MAX 12
Tiny Starfish Ages 2-4	30 MIN	A parent or care giver must be in the water <ul style="list-style-type: none"> I am ready to start floating and exploring the water, but I am not ready to go without a care giver 	MIN 5/MAX 12
Starfish PSA Level 1 Ages 3-5	30 MIN	<ul style="list-style-type: none"> be in the water without my parents or care giver follow directions and stay with my teacher I have little or no experience in the water I can't float by myself on my front or back 	MIN 3/MAX 5
Angelfish PSA Level 2 Ages 3-5	30 MIN	<ul style="list-style-type: none"> I like to go underwater because it's fun and do 5 underwater bobs front float with my face in the water by myself for 3 seconds float on my back with ears in the water for 5 seconds with my instructor 	MIN 3/MAX 5
Betta Fish PSA Level 2 Ages 3-5	30 MIN	<ul style="list-style-type: none"> push off the wall and glide to my teacher on both my front and back for 3 body lengths I am not scared to swim in the lane with my teacher float on my front and back for 5 seconds in water over my head 	MIN 3/MAX 6
Clownfish PSA Level 3 Ages 3-5	30 MIN	<ul style="list-style-type: none"> glide and kick on my front and back for 5 body lengths tread water and back float for 10 seconds each swim on my front and back 5 yards to the flags I am ready to swim in the dive tank with my instructor do 10 underwater bobs without stopping 	MIN 3/MAX 6
Little Fish Level 3A Ages 3-5	30 MIN	<ul style="list-style-type: none"> swim on my front and back halfway across the pool tread water and back float for 15 seconds each rotate from a front float to a back float and back to a front float 	MIN 3/MAX 6
Guppy Level 1 Ages 6-12	30 MIN	<ul style="list-style-type: none"> I have little or no water experience play in the water but I don't know how to float on my front or back I am not comfortable swimming in the lanes 	MIN 3/MAX 6
Minnow Level 2 Ages 6-12	30 MIN-45 MIN	<ul style="list-style-type: none"> float on my front and back for 5 seconds by myself push off the wall in a front and back glide for 3 body lengths I am ready to swim in a lane I am ready to explore the dive tank with my teacher 	MIN 3/MAX 6
Fish Level 3A Ages 6-12	30 MIN-45 MIN	<ul style="list-style-type: none"> swim half way across the pool on my front and back tread water and back float for 15 seconds each do 10 non-stop bobs with my head underwater easily rotate from a front glide to a back glide and back again I am ready to swim in the dive tank with my teacher 	MIN 3/MAX 7
Flying Fish Level 3B Ages 6-12	30 MIN-45 MIN	<ul style="list-style-type: none"> tread water and backfloat for 30 seconds each swim front crawl with rhythmic breathing 2/3 of a pool length swim on my back with elementary backstroke kick 2/3 of a pool length swim longer distance without getting too tired 	MIN 3/MAX 7
Sting Ray Level 4A Ages 6-12	30 MIN-45 MIN	<ul style="list-style-type: none"> tread water and back float for 1 minute each swim front crawl w/ consistent side breathing 2/3 of a pool length swim correct elementary backstroke 2/3 of a pool length I know how to dolphin kick and scissor kick 2/3 of a pool length 	MIN 3/MAX 8
Manta Ray Level 4B Ages 6-12	30 MIN-45 MIN	<ul style="list-style-type: none"> swim front crawl with correct side breathing 1 pool length swim breaststroke and butterfly with proper timing 2/3 of a pool length swim sidestroke and backstroke 2/3 of a pool length swim elementary backstroke for 1 pool length 	MIN 3/MAX 8
Dolphin Level 5 Ages 6-12	30 MIN-45 MIN	<ul style="list-style-type: none"> swim front crawl with side breathing for 2 pool lengths swim all of my strokes with correct timing and technique I want to learn flip turns and my goal is to swim fast and efficiently for swim team 	MIN 3/MAX 8



BIRC

The Bainbridge Island Recreation Center is a valuable feature of the Bainbridge Island Metro Park & Recreation District, and it's not hard to see why.

Our facility includes more than 53,000 square feet of recreation opportunities. We have multi-use fitness rooms, fitness areas for cardio and weightlifting, a Pilates studio, and a gymnasium equipped for basketball, volleyball, and pickleball. We also offer personal training, small-group training programs, and a wide variety of complimentary group exercise classes for members.

Our racquet sports accommodations provide a place to play rain or shine, not to mention connect with players of all skill levels. We have four indoor tennis courts for lessons, clinics, league and ladder play, and an indoor gym space adaptable for pickleball use.

During the spring and summer months, cool off in our 23-yard pool, complete with three lap lanes, open recreational space, walk-in entry stairs, and an ADA chair lift.

<p>Facility Address 11700 NE Meadowmeer Cir Bainbridge Island, WA 98110</p>	<p>Facility Hours Monday-Thursday: 5:30a-9:30p Friday: 5:30a-8:00p Saturday-Sunday: 6:00a-8:00p</p>	<p>Holiday Closures New Year, Jan. 1: Closed Independence Day, July 4: Closed Thanksgiving, Nov. 28: Closed Christmas Day, Dec. 25: Closed</p>	<p>www.birec.org Customer Service: 206-842-5661</p> <p>For adjusted hours, please visit the Schedules page at birec.org.</p>
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MONTHLY MEMBERSHIP OPTIONS

The Bainbridge Island Recreation Center offers something for everyone. Whether you prefer a monthly membership plan that provides comprehensive benefits for you and your family or a more flexible non-monthly option, BIRC has you covered.

FITNESS & AQUATICS MEMBERSHIP

	RESIDENT			NON-RESIDENT	
User Levels	Joining Fee*	Monthly	User Levels	Joining Fee	Monthly
Senior	Free	\$55	Senior	\$149	\$71
Student (Ages 13-23)	Free	\$65	Student (Ages 13-23)	\$149	\$81
Individual Fitness	Free	\$79	Individual Fitness	\$199	\$103
Senior Couple	Free	\$110	Senior Couple	\$149	\$142
Couple Fitness	Free	\$152	Couple Fitness	\$299	\$197
Family Fitness	Free	\$187	Family Fitness	\$499	\$243

***Joining Fee waived for island residents. Proof of residency is required.**

All monthly fitness memberships come with unlimited access to the gym's amenities, except the tennis courts. Our membership offers various benefits, including 35 weekly group exercise classes, access to the outdoor pool (during the appropriate season), a gymnasium, fitness equipment, and locker rooms. Additionally, members will have access to towel service, steam rooms, and saunas.

- **Senior/Senior Couple** The Senior and Senior couple memberships include individuals ages 60 and over. **Proof of age required.**
- **Student** The Student membership includes individuals between the ages of 13-23. **Proof of age and student enrollment required.**
- **Individual Fitness** An individual fitness membership includes access to all facility amenities except for the tennis courts.
- **Couple Fitness** A couple fitness membership consists of a primary member and another family member or partner living in the same household on a permanent basis.
- **Family Fitness** A family fitness membership consists of a primary facility user and two or more additional family members residing in the same household permanently. This membership can include two adults (over the age of 23).
- **Insurance** Bainbridge Island residents only. For information, please email BIRC Administrator Julie Miller at julie@biparks.org.

90-DAY STUDENT SUMMER PASS

Valid for 90 days from purchase

Residents: \$165

Non-Residents: \$50 Joining Fee, \$165

Offer valid May 1-August 31.

Students can purchase additional days (consecutively) for \$5 a day when they have purchased a 90-day student summer pass. Maximum of 12 days. Eligible students must be ages 13-23**.

Proof of age and student enrollment required.

Passes includes use of: Strength and cardio equipment, gymnasium, and pool.

Taxes not included in price.



TENNIS, FITNESS & AQUATICS MEMBERSHIP

RESIDENT			NON-RESIDENT		
User Levels	Joining Fee*	Monthly	User Levels	Joining Fee	Monthly
Student Tennis	Free	\$99	Student Tennis	\$149	\$165
Individual Tennis	Free	\$151	Individual Tennis	\$199	\$217
Couple Tennis	Free	\$225	Couple Tennis	\$299	\$291
Family Tennis	Free	\$261	Family Tennis	\$499	\$327

***Joining Fee waived for island residents. Proof of residency is required.**

All tennis memberships include up to 35 complimentary group exercise classes per week, use of the outdoor pool seasonally, a gymnasium, fitness equipment, and locker rooms, including towel service, steam rooms, and sauna. Members have preferred access to tennis court reservations, league play, and clinics.

- Student Tennis**

For individuals between the ages of 13-23 years. **Proof of age and student enrollment are required.**

- Individual Tennis**

Individual tennis memberships include access to all facility amenities.

- Couple Tennis**

A couple tennis membership consists of a primary member and another family member or partner living in the same household on a permanent basis.

- Family Tennis**

The tennis family membership consists of a primary facility member and two or more additional family members permanently residing in the same household. This membership can include two adults (over the age of 23).

METRO PARK PREMIUM FITNESS MEMBERSHIP

User Levels	Joining Fee*	Monthly
Youth (Ages 3-12)	Free	\$105
Student (Ages 13-23)	Free	\$115
Individual	Free	\$135
Senior	Free	\$105
Family	Free	\$285

***Joining Fee waived for island residents. Proof of residency required.**

Our new monthly Metro Park Premium Membership for Bainbridge Island residents! The Metro Park Premium Membership gives members access to both the Bainbridge Island Recreation Center and the Bainbridge Island Aquatics Center. It comes with unlimited access to the BIRC's amenities, except the BIRC tennis courts, and unlimited swimming at the Aquatics Center during all general swim hours. Additionally, Metro Park Premium Members will have access to steam rooms and saunas at both facilities and towel service at the Rec Center.

METRO PARK PREMIUM TENNIS MEMBERSHIP

User Levels	Joining Fee*	Monthly
Student (Ages 13-23)	Free	\$160
Individual	Free	\$210
Family	Free	\$360

Same as our Metro Park Premium Memberships but with the addition of preferred access to tennis court reservations, league play, and clinics.

NON-MEMBERSHIP OPTIONS

DAILY ADMISSIONS*

	RESIDENT*	NON-RESIDENT*
Youth/Senior	\$13	\$19
Student (age 13-23)	\$15	\$20
Adult	\$16	\$21

*BIRC is a no-cash facility. Taxes not included.

PUNCH PASS

	RESIDENT*	NON-RESIDENT*
Youth/Senior		
10-Punch Pass	\$117	\$155
20-Punch Pass	\$234	\$300
Student (ages 13-23)		
10-Punch Pass	\$135	\$165
20-Punch Pass	\$270	\$320
Adult		
10-Punch Pass	\$144	\$185
20-Punch Pass	\$288	\$360

*BIRC is a no-cash facility. Taxes not included.



BIRC

GYMNASIUM DROP-INS SPORTS, LEAGUES, CLASSES

SCHEDULE SUBJECT TO CHANGES AND CANCELATIONS DUE TO BIRC FUNCTION, HOLIDAYS, OR LOW ATTENDANCE. PLEASE VISIT BIREC.ORG FOR THE CURRENT SCHEDULE.

DAY	SPORT	TIME
Monday	Basketball	6:00-7:30a
	Youth Basketball	4:30-6:00p
	Adult Volleyball	6:00-8:00p
Tuesday	Youth Basketball	4:30-6:00p
	Adult Basketball	6:00-8:00p
Wednesday	Basketball	6:00-7:30a
	Youth Basketball	4:30-6:00p
Thursday	Youth Basketball	4:30-6:00p
	Adult Pickleball	6:00-8:00p
Friday	Basketball	6:00-7:30a
	Youth Basketball	4:30-6:00p
	Adult Basketball	6:00-8:00p
Saturday	Adult Pickleball	6:00-7:30a
	Adult Pickleball	8:00-9:30a
	Youth Basketball	10:00-11:30a
Sunday	Pickleball	6:00-7:30a
	Pickleball	8:00-9:30a
	Pickleball	10:00-11:30a

DROP-IN PLAY

ENROLLMENT AND CHECK-IN AT FRONT DESK REQUIRED

- **Pickleball:** Three courts available.
- **Basketball:** One full court or two short courts. Basketballs provided.
- **Volleyball:** One court. Volleyballs provided.



DROP-IN PLAY FEES

Drop-In Play is free to BIRC Members. Non-Members may drop in for a fee.

NON-MEMBER DROP-IN FEES

- Adult:** Drop-In: \$8.00, 10-Visit Punch Pass: \$64, 20-Visit Punch Pass: \$128
- Youth:** Drop-In: \$7.00, 10-Visit Punch Pass: \$56, 20-Visit Punch Pass: \$112
- Senior:** Drop-In: \$6.00, 10-Visit Punch Pass: \$48, 20-Visit Punch Pass: \$96

Drop-in punch passes can be purchased at the front desk or by calling 206-842-5661. Drop-in punch passes are for drop-in play only.

Drop-in punch passes do not include access to the rest of the Rec Center.

Drop-in fee (or punch pass punch) will be accessed for each drop-in session attended.

BIRC



FITNESS AND EXERCISE

SMALL-GROUP TRAINING CLASSES

Our small-group classes are a great way to learn new things, meet new friends and get a great workout in. Classes range in size from 4-6 participants. Not sure which class to take? Contact Marie Figgins at marief@biparks.org.



HOW TO REGISTER FOR BIRC CLASSES:



Online at
birec.org
for members



By phone
at 206-842-5661



In person at the
BIRC front desk



Register on
RecTrac for
non-members

OUTDOOR SWIM CONDITIONING AT BIRC

Ages 16 and up. Are you ready to take your swimming skills to the next level? Join our outdoor swim conditioning class tailored specifically for stroke technique improvement and structured workouts designed to meet various skill levels.



*Focus on Stroke Technique: Whether you're a beginner looking to refine your strokes or an experienced swimmer aiming to enhance efficiency, the instructor will provide personalized guidance to help you improve your technique.

* Structured Workouts: Say goodbye to monotonous laps! Our class offers dynamic and structured workouts crafted to challenge and engage swimmers of all abilities. From endurance-building sets to speed drills, each session is designed to keep you motivated and progressing.

*Build Confidence and Fitness: Beyond improving stroke technique, our classes offer a fantastic opportunity to boost confidence in the water and enhance overall fitness. With regular participation, you'll feel stronger, more confident, and ready to tackle any swimming challenge!

		Member/Non-Member		
411709-01	MW	7:30-8:30a	4/29-5/15	\$120/\$135
02	MW	7:30-8:30a	5/20-6/5*	\$100/\$115
03	MW	7:30-8:30a	6/24-7/10	\$120/\$135
04	MW	7:30-8:30a	7/15-7/31	\$120/\$135

*no class 5/27

WOMEN ON WEIGHTS

Ages 16 and up. Women On Weights is a program that has been designed to engage and teach women of all ages and abilities the importance of exercise, specifically that of Resistance Training. This 4-week program will teach participants proper techniques for exercises and the benefits of training.

		Member/Non-member		
411700-01	MW	11:30a-12:30p	6/24-7/10	\$120/\$135
02	MW	11:30a-12:30p	7/15-8/7	\$160/\$175



WOMEN ON WEIGHTS 2.0

Ages 16 and up. Women On Weights is a program that has been designed to engage and teach women of all ages and abilities the importance of exercise, specifically that of Resistance Training. This 4-week program will teach participants proper techniques for exercises and the benefits of training. It is our goal that by the end of this program you feel like the STRONG, POWERFUL, and KNOWLEDGABLE women that you are and that this will translate into you being confident and comfortable within the gym setting. Please note this is not a Fitness Workout, but you will learn proper techniques to continue after the program is complete. This class is for women that want to learn bigger lifts, squat, deadlift. We will be using barbells, cable machines, and dumbbells. Prerequisite Women on Weights, or approval by Trainer

		Member/Non-member		
411700-04	MW	12:30-1:30p	6/24-7/10	\$120/\$135
05	MW	12:30-1:30p	7/15-8/7	\$160/\$175





BIRC

DUDES AND DUMBBELLS **NEW!**

Ages 18 and up. All-skill-levels welcome course for men. You will learn the fundamentals and top-notch guidance on how to build muscle, increase strength, lose fat, and stay committed. Led by certified personal trainer and bodybuilding coach who will take a hands-on approach to help you learn what you need to achieve your fitness goals this winter and spring. Classes will focus on compound resistance movements with accessory movements mixed in to provide proper muscle stimulus. We will focus on understanding proper muscular contraction and articulation to prevent injury while performing resistance movements such as barbell bench press and dumbbell shoulder press. In the class, we will use tools such as kettlebells, barbells, resistance band and dumbbells.



					Member/Non-member
411695-01	MW	8:30-9:30a	6/24-7/10	\$120/\$135	
02	MW	8:30-9:30a	7/15-8/7	\$160/\$175	

DUDES AND DUMBBELLS EXTREME **NEW!**

Ages 18 and up. For intermediate to advanced lifters and those who've been through the original DADS course and/or are looking for more intense training sessions and more in-depth programs. This class will focus on increasing your strength level and overcoming your plateaus and moving you up from beginner to intermediate to advanced. What we learn in class will be sent out to you periodically to implement in your current workout routine. Whether you're a seasoned lifter looking for guidance and a group atmosphere to push you or just finished your first program, this class is designed to add a boost to your training.

					Member/Non-member
411695-03	MW	9:30-10:30a	6/24-7/10	\$120/\$135	
04	MW	9:30-10:30a	7/15-8/7	\$160/\$175	



TRX HIIT **T**

Ages 16 and up. Get strong, reduce body fat, and increase core stability with TRX. Kristine will combine TRX's low-impact strength training with fun plyometrics and resistance tubing to create a fantastic total body workout. Develop and maintain a solid core with increased flexibility and endurance while burning calories and increasing your strength. Each session will include intervals of cardio and strength in the popular HIIT format.

					Member/Non-member
411700-07	MW	10:30-11:30a	6/24-7/10	\$120/\$135	
08	MW	10:30-11:30a	7/15-8/7	\$160/\$175	

TRX 101 **T**

Ages 16 and up. Utilize the strong, versatile TRX® straps to leverage individual bodyweight into hundreds of safe, effective exercises that build power, strength, flexibility, and balance with focus on core! It is time to meet your match. Come get a great cardio strength workout; this class is a great start for beginners and those new to TRX training.



					Member/Non-member
411700-10	TTh	9:00-10:00a	7/16-8/8	\$160/\$175	
11	TTh	9:00-10:00a	8/13-8/29	\$120/\$135	

HIIT STRENGTH **T**

Ages 16 and up. This class will take your training to the next level by teaching proper form and technique while keeping your heart rate up. Incorporating traditional barbell training, battle ropes, kettlebells, med balls and plyometrics into HIIT format (High Intensity Interval Training), this class will help you gain strength and increase confidence in the weight room. Focusing on the four main lifts, (squats, deadlifts, overhead press (OHP), pull ups). Take your workouts up a notch! Previous lifting background encouraged.

					Member/Non-member
411700-12	MW	7:00-8:00a	6/24-7/10	\$120/\$135	
13	MW	7:00-8:00a	7/15-8/7	\$160/\$175	

TEENS INTRO TO STRENGTH TRAINING — FOR YOUNG MEN **T**

Ages 13-17. A full introduction to strength training for young men, beginner to intermediate levels! This class will meet for 4 weeks, twice a week. Designed to build a solid foundation and build strength in upper and lower body lifts, using barbells, dumbbells, kettlebells, and bodyweight movements. Build a strong foundation with in-depth and hands-on coaching by a trained strength and conditioning specialist to ensure that you get the best results from your training while staying injury free.

					Member/Non-member
411697-01	TTh	4:00-5:00p	6/25-7/11	\$120/\$135	
02	TTh	4:00-5:00p	7/16-8/8	\$160/\$175	

TEENS INTRO TO STRENGTH TRAINING — FOR YOUNG WOMEN **T**

Ages 13-17. A full introduction to strength training for young women, beginner to intermediate levels! This class will meet for 4 weeks, twice a week. Designed to build a solid foundation and build strength in upper and lower body lifts, using barbells, dumbbells, kettlebells, and bodyweight movements. Build a strong foundation with in-depth and hands-on results from your training while staying injury free.

					Member/Non-member
411697-03	TTh	5:30-6:30p	6/25-7/11	\$120/\$135	
04	TTh	5:30-6:30p	7/16-8/8	\$160/\$175	

PROGRAMS FOR TEENS AGES 13-17

BIRC



INTRO TO PLAY FOR TEEN/TWEEN (AERIAL YOGA) ☆

Ages 10-18. Have a kiddo in your life who needs to experience the joy of flight? We are so excited to announce our series.

		Member/Non-member	
411696-01	TTh	4:00-5:00p	7/9-7/25 \$120/\$135
02	F	9:30a-12:00p	8/23 \$50/\$65

INTRO TO AERIAL YOGA WORKSHOPS ☆

Ages 16 and up. Open to first timers and all levels who desire a more distilled offering of the fundamentals in a one-day workshop format. It is a condensed version of the fundamentals of aerial yoga, building strength, flexibility, stamina, confidence and balance safely with the support of the hammock. All the benefits of reducing stress, pain, and anxiety are available to experience for yourself with a sampling of what aerial yoga has to offer. Turn your perspective upside-down and come hang with us for the day!



		Member/Non-member	
411700-15	F	9:30a-12:00p	6/28 \$50/\$65
16	Sa	9:30a-12:00p	7/20 \$50/\$65
17	Su	9:30a-12:00p	8/18 \$50/\$65
18	Sa	9:30a-12:00p	9/7 \$50/\$65



AERIAL YOGA FIT & FLEXY SERIES ☆

Ages 16 and up. Improve your overall fitness and your flexibility in one fun class. We will spend the first half of the class focusing on improving strength and stamina by heating up the body. The second half of the class is dedicated to improving flexibility with deep stretches and safe inversions. We will end the class with a floating meditation to rest, renew, and rejuvenate your practice. Perfect complement to all activities and levels.

		Member/Non-member	
411700-19	TTh	12:00-1:00p	7/30-8/15 \$120/\$135

AERIAL YOGA PRIVATE SESSIONS NEW!

One-on-one private sessions, partner or BFF sessions, adult/teen small group sessions. Personalized consultation to customize your needs/desires for an Antigravity Yoga Fitness Session. Great option to explore before trying one of the aerial series. Progress at your own pace and experience the freedom of flight! Email bear@biparks.org to schedule a complimentary consultation.



Photo by Pete Salutos

EMPOWER

Perimenopausal and menopausal coaching with certified Menopausal Coaching Specialist Kristine Cox. Are you a woman over 40 experiencing the unique challenges of perimenopause and menopause? Discover a comprehensive approach to wellness that combines strength training with expert coaching tailored to your specific needs. Our comprehensive program empowers you to navigate the hormonal changes of this life change with confidence and vitality. Learn the fundamentals of strength training, customized to your fitness level and goals. Strengthen your muscles, bones, and joints to enhance overall health and maintain an active lifestyle. Learn about hormone fluctuations, the importance of sleep and recovery, digestive issues, and pelvic floor health. Connect with like-minded women in a supportive community and collaborative group setting. Share experiences, exchange tips, and build lasting friendships as you embark on this transformative journey together. Join our program and take charge of your physical and emotional health during perimenopause and menopause. Embrace strength, resilience, and a vibrant future. It's time to flourish in your 40s and beyond!

		Member/Non-member	
411705-01	TTh	12:00-1:00p	6/25-7/10 \$120/\$135
02	TTh	12:00-1:00p	7/16-8/8 \$160/\$175



BIRC

PERSONAL TRAINING

BIRC has a well-rounded team of fitness professionals to service all your individual needs. Each member of the fitness team is certified by a nationally recognized certifying body and brings unique style and personality to their work. Visit birec.org to find trainers' profiles and contact information.



MARIE FIGGINS
Fitness Program Specialist
ACE-CPT, TRX, Group Fitness
marief@biparks.org

Marie began teaching group exercise classes at the YMCA in West Seattle in 2010. After realizing how much she enjoyed being involved in the fitness industry, she continued to get her personal training certification in 2012. Marie aims to reach people of all ages and levels of fitness. She aims to help her clients make fitness and good health a way of life and have fun.

Marie implements that same motto and spends time weightlifting, dancing, and running. "I believe that we train for life to strengthen us in our everyday activities — mentally, physically, and spiritually. Anyone can reach their fitness goals with support, consistency, and motivation!"



KRISTINE COX
ACE-CPT, TRX, Group Fitness
kristinec@biparks.org

As a lifelong competitor and former collegiate swimmer, Kristine loves to train and compete. She currently holds several U.S. Masters Swimming records at the state and zone levels. Constantly active, she began teaching group exercises in Portland in 2010. A few years later, she began coaching youth and masters swimmers at Stafford Hills Club in Tualatin — specializing in performance training and stroke technique. Kristine's focus areas as a trainer include functional movement training, sport-specific conditioning, and TRX. Kristine holds a Bachelor of Science from Willamette University, is an ACE Certified Personal Trainer, and is an AFAA Certified Group Fitness Instructor.



MAGGIE MILLER
PT, CSCS
maggiem@biparks.org

Maggie has over 20 years of experience in orthopedic and sports physical therapy. She earned her Strength and Conditioning Specialist Certification in 2003, a credential that recognizes knowledge and skill in athletes' training. She has expertise in preventing knee injuries in female athletes

and has been a featured speaker at the Washington State Strength and Conditioning Association's Clinic several times. Maggie's specialties include core training, injury recovery and prevention, sports-specific training, and sports performance enhancement. Maggie offers fee-based group training classes focusing on these topics throughout the year. The class content is based on current research, so participants learn what to do and why specific exercises are essential.



MAX MARTIN
ISSA-CPT
maxm@biparks.org

Max has been a Personal Trainer since 2022, specializing in bodybuilding, powerlifting, strength, and conditioning. Max's fitness journey has never been a straight line. Reaching 300lb at 13, he lost 140lb by age 15. After retiring from paddleboard racing due to a shoulder injury, he experienced a lack of consistency with his training that he didn't realize was a fundamental component holding him back from living life to the fullest. Max specializes in working with teens and aims to help give them the structure and the fundamentals of fitness for a lifetime. Max believes that a truly healthy mind and heart need a healthy functioning body, and in today's world, keeping a regular fitness schedule is a significant boost to anyone's mental health. In his spare time, Max volunteers as a counselor and leader in his church's local youth and kids' programs and works with special needs youth in the community.

PERSONAL TRAINING PACKAGES

	Member	Non-Member
One-Hour Session	\$70	\$88
One-Hour Session — 5-Pack	\$333	\$418
One-Hour Session — 10-Pack	\$630	\$792
30-Minute Session	\$35	\$55
30-Minute Session — 5-Pack	\$170	\$261
30-Minute Session — 10-Pack	\$320	\$495
Partner Training (2 people) One Hour	\$44pp	\$50pp
Group Training (3-4 people) One Hour	\$33pp	\$39pp

FITNESS INSTRUCTORS NEEDED

**We are looking for certified personal trainers and group exercise instructors to add to the team.
Apply at biparks.org/employment**

ART FOR SELF-CARE

All levels are welcome! Come learn how making art and developing your creativity can be a beneficial practice for self-care. We will spend four weeks examining different practices and exercises to promote self-awareness, self-regulation, presence and confidence. For ages 16 and up. See the Adult section for more information.



FITNESS FOR ALL PERSONAL TRAINING WRITTEN PROGRAMS

INTRO TO TRAINING

Get a one-on-one assessment to determine which one of our prebuilt training programs works best for you, your schedule, skill level, schedule and goals!

JUST THE PROGRAM

Member: \$170 (\$70 for in-person assessment and \$100 for the written program)

Non-Member: \$238 (\$88 for in-person assessment and \$150 for the written program)

PROGRAM WITH COACHING

You'll get continuous support from your trainer through your 8-week program. They will go over your workout logs each week and make adjustments, recommendations, and alterations when needed.

Member with program coaching*: \$370 (\$70 for in-person assessment and \$100 for your written program, \$200 coaching)

Non-Member with program coaching*: \$458 (\$88 for in-person assessment and \$150 for your written program, \$250 coaching)

*Coaching will be done via email.

**Additional in-person sessions sold separately.

5-WEEK CUSTOM PROGRAM AND COACHING PLAN

A 5-week custom program made specifically for your fitness needs and goals. 5 in-person sessions working one-on-one with a trainer to fine-tune a program that is tailored to your lifestyle and goals! Coaching will take place over the course of your program, not during your assessment sessions.

Member: \$700 (\$333 for in-person sessions, \$200 coaching and \$150-\$200 for your written program)

Non-Member: \$918 (\$418 for in-person sessions, \$250 coaching and \$300 for your written program)

10-WEEK CUSTOM PROGRAM AND TRAINING PLAN

For those who want a complete custom training program, our 10-week training plan is for you. Your trainer will spend 5 sessions working with you to create a custom program catered to your needs and goals, after which another 5 sessions can be spent going through your workout program alongside you! Continued program coaching will apply once your program has started. It will take place during your remaining 5 sessions.

Member: \$1,030 (\$630 for in-person sessions, \$200 coaching and \$200 for your written program)

Non-Member: \$1,342 (\$792 for in-person sessions, \$250 coaching and \$300 for your written program)

PILATES REFORMER

Pilates Reformer is a total-body exercise that recruits every muscle fiber in the body leading to a strong core. It helps with joint stability and balance, and strengthens the abdominals, glutes and hamstrings. These support the spine and lengthen the hip flexors, which increase flexibility and improve posture.

Pilates is offered in the following settings:

- **Private Sessions** are the best way to integrate the Pilates methods into the body. Our experienced instructor will create an individualized workout for your body's needs in this personal, one-on-one setting.
- **Partner Sessions** are for two people. In this partner session format, our instructors will create personalized workouts for you and your Pilates partner that gives personalized attention to both participants. *Partner packages may not be shared.
- **Reformer Classes** benefit from a semi-private session with four participants per class.



PILATES REFORMER PRIVATE AND DUET SESSIONS

PRIVATE SESSIONS	Member	Non-Member
One-Hour Private Single Session	\$70	\$88
One-Hour Private Session — 5-Pack	\$333	\$418
One-Hour Private Session — 10-Pack	\$630	\$792
Duet (2 people) One-Hour Session	\$44pp	\$50pp
Duet (2 people) One hour Session— 4-pack	\$168pp	\$192pp
Group (3 people) One-Hour Session	\$25pp	\$35pp

CLASS PACKS	Member	Non-Member
4-Pack Class Session (1x/week)	\$110	\$132
8-Pack Class Session (2x/week)	\$209	\$231

To book a Private, Duet or Class please contact the instructor directly.



BIRC

PILATES INSTRUCTORS

We are pleased to bring a well-rounded team of fitness professionals to service your needs. Each fitness team member is certified by a nationally recognized certifying body and brings a unique style and personality to their work.



KIM WILSON
Pilates Instructor
kimw@biparks.org

Kim is a Balanced Body Certified Instructor, a Bone-Fit Instructor, PATH International Therapeutic Riding Instructor, and an Active Retired Registered Nurse. Kim has been committed to Pilates practice for 20-plus years and has been a dedicated Pilates instructor for over 16 years.



SHERI WETHERELL
Pilates Instructor
sheriw@biparks.org

After being a pilates reformer student at BIRC, Sheri was inspired to get her Pilates Mat and Reformer certification. She joins the gym as a student teacher with a passion for helping others in their health and fitness journey and believes you are never too old to get in shape. Her passions

are health and wellness, cooking, skiing, and exploring corners of the world with her family.



TENNIS INSTRUCTORS



DAYNA MALTBY-GUIZZETTI
Tennis Program Coordinator, USPTA Elite Professional
daynag@biparks.org

Dayna's extensive 30+ years of teaching experience began in Seattle as a young adult. She has spent those years working with adults and juniors of every ability, assisting them in achieving their goals on and off the court. Dayna

played collegiate tennis at Seattle University, where she played #1 singles and doubles. She reached a national doubles ranking of #14 and a national singles ranking of #27. She was honored as 2nd Team All-American and led the team to Nationals two years in a row. In 2019, she was inducted into the Seattle University Athletic Hall of Fame. She continues to play competitively today. Dayna is currently on the SACT League Board and has led multiple BAC teams to SACT Championships. She sports a fast-paced, upbeat teaching style, always believing in and wanting to challenge her students to achieve their goals and enjoy the sport that has given so much to many people.



PAUL KOESSLER
Tennis Program Specialist, USPTA
paulk@biparks.org

Paul has been the Men's Tennis Coach at Pacific Lutheran University for the last two years. He is a USPTA Certified Elite Professional, and his prior experience includes working as the Head Tennis Pro at Seattle Tennis Club, Director of Tennis at Mercer Island Country Club, GM/Director of Tennis at Tacoma Lawn Tennis Club, and Director of Tennis at Pacific West Tennis in Tacoma/Olympia.

Tennis at Tacoma Lawn Tennis Club, and Director of Tennis at Pacific West Tennis in Tacoma/Olympia.

A 1986 PLU graduate with a BBA and Economics Minor, Koessler was a three-time All-Northwest Conference, and NAIA All-District selection as a player, including earning NAIA All-American honors in 1985. He was 74-21 (78%) in singles and 62-20 (76%) in doubles in his three seasons. Koessler was the NWC Doubles and NAIA District champion in 1984 and 1985 and a finalist in 1986. He has been ranked number one in the PNW in both Men's Open and 35 doubles.

Before relocating to the PNW, he served as the varsity tennis coach at Timberline High School in Boise, Idaho, guiding the Wolves' girls' team to IHSAA 5A state titles in 2016, 2018, and 2019 while coaching the boys to a third-place showing at the 2019 IHSAA Championships. His final year at Timberline included an undefeated dual match season, winning the 16-team Tri-Cities Invitational, the 36-team Capital Invitational, and the eight-team Timberline Invitational. He additionally ran Koessler Performance Tennis in Boise.



JAMES CRUTCHFIELD
Tennis Program Specialist, USPTA
jamesc@biparks.org

James is a USPTA-certified tennis instructor with 10+ years of teaching experience and competitive playing experience at Portland State University. James ran his lessons and drills at Stott Center at the Portland State campus while finishing his degree. Volunteering at Portland Tennis &

Education and the "I Have a Dream" Foundation, James was a social worker for six years before traveling abroad. He taught tennis and English at Chiang Mai University in Thailand before returning to the States to continue a career in tennis instruction. James taught tennis at Portland Tennis Center and pickleball in Bend, Oregon, and Sun Valley, Idaho. James has also captained and coached high school tennis at the 6A level and several high-level USTA teams to sectionals, some reaching Nationals. James brings a fun yet professional teaching style to the tennis court. He is very good with all ages, proficient at building techniques, and facilitates good fun! He has a playbook of strategy, tactics, and drills, using the USPTA progression method of player development for serious players looking to get better or work up a sweat and have a good time!



BIRC



RACKET AND PADDLE SPORTS

USTA LEAGUES

Here at BIRC we have a healthy appetite for playing competitive tennis against other teams across the greater Seattle area. If you would like to join us in our goals to reach Nationals, email our Tennis Coordinator, Dayna Guizzetti at daynag@biparks.org. All levels are welcome and encouraged to inquire!

BIRC SINGLES LADDER

If you're interested in getting more singles match-play, join the Singles Ladder at the BIRC! You can challenge up to three people above you and find yourself moving up to the top! No fees to join. Just go to our website at www.birec.org > Racket and Paddle Sports > Adult Tennis > Scroll down to Leagues and Ladders > Register for Singles Ladder. Normal guest/punch pass fees apply.

BIRC RACKET STRINGING MENU

(Some Variations May Occur)

We offer stringing solutions for all racquets, playing styles and abilities. Prices average \$40 to restring a racket but can range from \$27 up to \$90 depending on string composition. We also allow clients to provide their own string (\$25 Labor charge)

Wilson Products	Luxilon Products	Babolat Products	Solinco Products
Synthetic Gut	4G	RPM Blast	Confidential
NXT Power	Alu Power	VS Natural Gut	Hyper G
Sensation	LXN Smart	Xce	Tour Bite
Revolve	Natural Gut		Vanquish

YOUTH TENNIS

YOUTH TENNIS & PICKLEBALL CAMPS

Ages 6-12. This camp is for your younger racket sports enthusiasts. These young athletes will be splitting their time between Pickleball and Tennis 4 days a week for 3 hours a day. We will have a break in the middle along with fun games, all while learning the fundamentals of both sports. These players will continue to develop self-confidence, self-discipline and listening skills while participating in both activities. Further focus will be to help develop their athleticism, coordination and build strength along the way. There are many benefits from each sport that can cross over, and we hope to encourage your youngsters to enjoy playing both. Tennis rackets and pickleball paddles provided if needed. Appropriate athletic attire is required. No boots, trail shoes or sandals.



			Member/Non-Member	
412718-01	M-Th	9:00a-12:00p	7/15-7/18	\$216/\$281
02	M-Th	9:00a-12:00p	7/29-8/1	\$216/\$281
03	M-Th	9:00a-12:00p	8/12-8/15	\$216/\$281

TENNIS UNIVERSITY

Ages 13-18 or pro approval, challenger/intermediate advanced levels. Join us for 3 hours of instruction, observation, and discussion. We will continue our focus on stroke development, footwork/conditioning and mental training. This is a great opportunity for players to continue developing their skills and experiencing more competitive play situations. Tennis U is a suitable place for those already playing high school tennis or those juniors playing tournaments or with 3 or more years' experience. (27" Racket) Register at www.biparks.org

			Member/Non-Member	
412719-01	M-Th	1:00-4:00p	6/24-6/27	\$216/\$281
02	M-Th	1:00-4:00p	7/22-7/25	\$216/\$281
03	M-Th	1:00-4:00p	8/26-8/29	\$216/\$281



TENNIS FOR TEENS

Ages 13-17 or pro approval, beginner/advanced beginner levels. Tennis For Teens is a class for the Beginning to Advanced Beginning level player who wants to improve their knowledge and skill set. The focus of this class will be on gaining a better understanding of fundamental footwork, preparedness, technique, and strategy to prepare them for high school tennis. This could also act as a great opportunity for our green ball players looking to transition into yellow ball or Challenger. We will work on rally skills and point play to improve each player's overall game. Register at www.biparks.org



			Member Non-Member	
412717-01	M-Th	5:00-6:00p	6/24-6/27	\$72/\$94
02	M-Th	5:00-6:00p	7/8-7/11	\$72/\$94
03	M-Th	5:00-6:00p	7/22-7/25	\$72/\$94
04	M-Th	5:00-6:00p	8/5-8/8	\$72/\$94



BIRC

ADULT PICKLEBALL

PICKLEBALL 101

Learn the fundamentals of pickleball from our BIRC certified teaching pros. This class is for the novice to beginner player that needs more experience with the rules, scoring, terminology and serving. Register at www.biparks.org

Member/Non-Member

412723-01	Su	1:00-2:15p	6/9-6/30	\$76/\$98
02	Su	1:00-2:15p	7/7-7/28	\$76/\$98
03	Su	1:00-2:15p	8/4-8/25	\$76/\$98

LADDER LEAGUE FOR ADULTS

Are you interested in playing more pickleball with people at your same level at a set time each week? Then our Ladder League play might be the answer. Whether you want to be competitive or want to play with people of similar ability. Register at www.biparks.org

Member/Non-Member

412744-01	Su	2:30-4:30p	6/9-6/30	\$68/\$88
02	Su	2:30-4:30p	7/7-7/28	\$68/\$88
03	Su	2:30-4:30p	8/4-8/25	\$68/\$88
04	W	6:00-8:00p	6/5-6/26	\$68/\$88
05	W	6:00-8:00p	7/10-7/31	\$68/\$88
06	W	6:00-8:00p	7/31-8/21	\$68/\$88

ADULT TENNIS

ADULT TENNIS CAMPS **NEW!**

Our tennis pros carry with them over 70 years of combined teaching experience and are ready for an intense week of drills designed to help your doubles play and help develop your skill sets to another level. Join us for your choice of 2 separate weeks of camps. Register at www.biparks.org



Member/Non-Member

412726-01	M-Th	11:30a-2:30p	7/8-7/12	\$216/\$281
02	M-Th	5:00-8:00p	8/19-8/22	\$216/\$281

TENNIS 101

Ages 18 and up. For the beginning tennis player looking to start a lifetime sport, this 4-week course will go over the sport's foundations from technique to scoring and footwork. Learn from the BIRC's certified tennis staff with over 70 years of teaching experience combined. Register at www.biparks.org

Member/Non-Member

412701-01	Sa	1:00-2:15p	6/8-6/29	\$90/\$117
08	Sa	1:00-2:15p	7/20-8/10	\$90/\$117
10	Sa	1:00-2:15p	8/17-9/7	\$90/\$117

CAMP — SPORTS, SPLASHES, PICKLEBALL AND MORE!

Ages 6-12. These camps have it all. Packed full of sports, awesome activities, and some splash time in the pool. BIRC

Member/Non-member

413620-01	M-F	9:00a-3:00p	6/24-6/28	\$374/\$415
03	M-F	9:00a-3:00p	7/8-7/12	\$374/\$415
05	M-F	9:00a-3:00p	7/22-7/26	\$374/\$415
07	M-F	9:00a-3:00p	8/5-8/9	\$374/\$415
09	M-F	9:00a-3:00p	8/19-8/23	\$374/\$415



BIRC AQUATICS



BIRC POOL

The outdoor pool operates seasonally depending on weather conditions. The 23-yard pool has three lap lanes, open recreational space, walk-in entry stairs, and an ADA chair lift. The pool deck has tables, chairs, and umbrellas for facility users. The pool is scheduled to open in late spring, or early summer weather dependent. The birec.org website will be updated with the schedule and facility information. We look forward to seeing you outside in the pool this summer.

BIRC



LAP SWIM

The three lanes are open at different times of the day. *Lap swimmers must be at least eight years old and have ARC level 4 swimming skills.

OPEN SWIM

The pool is open for recreational swimming. Children 14 years old and younger must have a swim license to use the deep end of the pool. Children 6 years old and younger without a swim license must have a guardian age 15 years and up within arm's reach in the water.



WATER EXERCISE AQUA MIXOLOGY

Take your workout to the water! Our instructors will meet you where you are while providing a fun, energizing class. Water is the one place you can get a fantastic workout that is easy on your joints while challenging your strength, endurance, and balance. Water shoes and water bottles are required during this fun class. No swimming experience is needed, just a great attitude and smile!



PLAN YOUR OWN PARTIES

GYMNASIUM

COST: \$150

Our gym has lines for basketball, volleyball and pickleball. Gym equipment provided or bring your own. This package includes one hour of gym time along with 45 minutes for celebration in our multi-purpose room or in our patio area.

Gym parties are priced for 12 participants. For additional participants, add \$5 per person. Max 20.



RENTAL SPACES

GYMNASIUM

Our gym has lines for basketball, volleyball and pickleball. It's also a great space to hold a meeting or an event. \$80 per hour.

GROUPX STUDIO

Big screen TV, chairs and tables makes our GroupX studio a great place to have your next meeting or event. \$50 per hour.

SMALL GROUP STUDIO

Our small group studio is perfect for those meetings that don't require a larger space. \$50 per hour.

MULTI-PURPOSE ROOM

Great space for a meeting. Chairs, tables, big screen TV. \$50 per hour.



DIG DEEP!



GIVE TODAY to help build an amazing bike park for riders of ALL skill levels at Strawberry Hill.

DIG DEEP! toward our \$450K campaign goal to break ground this fall, to open the park in 2025.

CAMPAIGN SPONSORS



GIVE TODAY



• RUN FOR THE TRAILS •

TRILLIUM TRAIL RUN 10K+5K

5.11.24 • Battle Point Park

The Trillium Trail Run returns Saturday, May 11, a premier spring running event and Bainbridge Island favorite.

The timed 10K/5K run/walk course begins at Battle Point Park, winding through Grand Forest and over Hilltop meadow.

Plus a Fun Run for kids, music and celebration as we launch a new campaign to build more beautiful Bainbridge Island trails.

Register today



www.trilliumtrail.run



BAINBRIDGE ISLAND
**PARKS
& TRAILS**
FOUNDATION

ALL PROCEEDS BENEFIT BAINBRIDGE ISLAND TRAILS

Bainbridge Island Parks



Key/Legend	
	Park Boundaries
	Selected Open Space
	Roads
	BIMPRD Maintained trails
	Facilities



For more information: biparks.org

AARON TOT LOT: (1385 Aaron Ave.) Children's play structure.

BAINBRIDGE ISLAND RECREATION CENTER: (11700 Meadowmeer Cir.) 50,000 sq.ft. indoor athletic facility with fitness equipment, outdoor pool, tennis, basketball, and pickleball courts. Location of District administrative offices.

BATTLE POINT PARK: (11299 Arrow Pt Dr) 90 acres. Picnic areas, play structure, jogging trail, soccer & softball fields, equestrian trail, picnic shelter, tennis courts, pickleball courts, basketball courts, roller-hockey rink, wildlife pond, and community garden.

AQUATIC CENTER: (8521 Madison Ave.) 1 acre. 25 yard/6-lane pool with 1 & 3 meter diving boards, warm water leisure pool with spa, lazy river, water slide and zero depth entry.

BLAKELY HARBOR PARK: (Head of Blakely Harbor) 40 acres, shoreline access, passive recreational activities such as picnicking, kayaking and wildlife viewing.

CAMP YEOMALT: (900 Park Ave.) 3 acres. Multipurpose building, historic cabin, and woodland trail.

CAVE FAMILY HERITAGE PARK: (259 Ferncliff Dr.) .91 acres. Playground, picnic table, benches, and historic two-story home.

EAGLEDALE PARK: (5050 Rose Ave NE) 7 acres. Pottery studio and workshop, picnic shelter, tennis court, play area, volleyball court, and off-leash dog area.

FAY BAINBRIDGE PARK: (15996 Sunrise Drive) 17 acres. Campsites, cabins, picnic areas, play areas & trails.

FORT WARD HALL: (9705 NE Evergreen Ave) Indoor facility with space for programs, classes, and community events.

FORT WARD PARK: (Pleasant Beach Drive or Ft. Ward Hill) 137 acres. Picnic and play areas, boat launch & trails.

GAZZAM LAKE NATURE PRESERVE: (Deerpath Lane or Marshall Road) 444.6 acres. Trails and wildlife area.

GIDEON PARK: (274 Gideon Lane) 2.5 acres. Neighborhood children's play area.

THE GRAND FOREST OF BAINBRIDGE: (Miller and Mandus Olson Roads) 240 acres. Equestrian and walking trails.

HAWLEY COVE PARK: (1287 Wing Point Way NE) 12 acres. Low bank shoreline and related estuarine wetland communities.

HIDDEN COVE BALLFIELDS: (13595 Phelps Rd.) 7.7 acres, two baseball fields and soccer practice field.

HIDDEN COVE PARK: (8588 Hidden Cove Rd NE) Beautiful waterfront with dock.

ISLAND CENTER PARK: (8395 Fletcher Bay Rd) 3 acres. Community center & picnic area.

LUMPKIN (200 Block Gowen Pl.) 4.45 Acres. 400 linear feet of shoreline with tidelands.

MADISON AVENUE TOT LOT: (598 Madison Avenue North) Neighborhood children's play area.

MANITOU BEACH (9800 Block of Manitou Beach Dr.) .90 Acres. 210 linear feet of shoreline with beach access and landing.

MANZANITA PARK: (7644 Day Road West) 120 acres. Hiking & equestrian trails.

MEIGS PARK: (Highway 305 & Koura Road) 67 acres. To be developed for nature study & trails.

MORITANI PRESERVE: (542 Winslow Way W) 8.5 acres of woodlands and fields in the center of Winslow.

NUTES POND: (1601-2101 Toe Jam Hill Rd NE) 31-acres of passive park with a captivating landscape whose central feature is a tranquil pond.

POINT WHITE PIER: (3949 Crystal Springs Dr. NE) Public fishing

PRITCHARD PARK: (4152 Eagle Harbor Dr. NE) 49 acres. Beach access and upland trails.

RED PINE PARK: (418 Wood Ave SW) A half acre pocket park that contains an orchard and berry patches, open lawn with seating and a picnic area.

ROCKAWAY BEACH: (4002 Rockaway Dr. NE) Beach property with views of Seattle & Cascades. Excellent place for diving enthusiasts to observe unique underwater fissures.

ROTARY PARK: (7969 Weaver Rd) 10 acres. Multipurpose ballfields, meeting space, and award winning Owen's Playground.

SAKAI PARK: (1560 Madison Ave N) 22.87 acres. Trails and pond.

SANDS AVENUE BALLFIELD: (8641 Sands Rd) 10 acres. Baseball and soccer fields.

SHEL CHELB PARK: (Point White Drive near Lynwood Center) This 1.64 acre park features 370 linear feet of saltwater shoreline, swimming beach, open grass area, play area, and trail linking to Gazzam trail network.

SEABOLD PARK: (14450 Komedal Rd NE) 3-acre park featuring the historic Seabold Hall, an indoor facility with space for programs, classes, and community events.

STRAWBERRY HILL PARK: (7666 NE High School Rd) 18 acres. Multipurpose ballfields, playground, off-leash dog area, tennis court, volleyball court, basketball court, Strawberry Hill Center (meeting and classroom space), skate bowl.

T'CHOOKWAP PARK: (8800 NE Spargur Loop Road) 1 acre. Pt. Madison view site.

TED OLSON NATURE PRESERVE: (1180 Madison Ave NE) 15 acres. Wooded nature trail.

WAYPOINT PARK: (551 Winslow Way E) 3.68 acres. Open space park near the ferry with woodlands and trails connecting to Waterfront Park and Waterfront Trail.

WEST PORT MADISON NATURE PRESERVE: (8334 NE County Park Rd, Skogen Lane & County Park Rd) 13 acres. Picnic shelters and nature trails.

WILLIAMS-OLSON PARK: (6200 Williams Lane) A sloping bluff and grassy lawn with access to the Manzanita Bay shoreline. 4.8 acres of upland property, approximately 8 acres of tideland, and 460' of shoreline access.

PROGRAM SITES

BHS	Bainbridge High School	9330 High School Road	HT	Hilltop/Prue's House	9600 Mandus Olson Road NE
AQ	BI Aquatic Center	8521 Madison Ave	ICM	Insight Climbing & Movement	9437 Coppertop Loop NE
BHSG	Gymnastics Rms	9330 High School Road Rear of High School	ICH	Island Center Hall	8395 Fletcher Bay Road
BIMA	Bainbridge Island Museum of Art	550 Winslow Way E	Ordway	Ordway Elementary School	8555 Madison Ave NE
BIRC	Bainbridge Island Rec Center	11700 NE Meadowmeer Circle	SP	Sakai Park	1560 Madison Ave N
BPP	Battle Point Park	11299 Arrow Point Drive	Sakai	Sakai Intermediate School	9343 Sportsman Club Road
Blakely	Blakely Elementary School	4704 Blakely Ave NE	Sands	Sands Ball Field	8641 Sands Ave. NE
BHP	Blakely Harbor Park	Blakely Ave	SB	Seabold Hall	14450 Komedal
CYC	Camp Yeomalt Classroom	900 Park Avenue	SHC	Strawberry Hill Center	7666 NE High School Road
CYCabin	Camp Yeomalt Cabin	900 Park Avenue	SHMG	Strawberry Hill MiniGym	7666 NE High School Road
ED	Eagledale Pottery Studio	5055 Rose Avenue off Eagle Harbor Dr	SHP	Strawberry Hill Park	7666 NE High School Road
FB	Fay Bainbridge Park	15446 Sunrise Drive	ST	Stottlemeyer Trailhead	24426 Stottlemeyer Rd NE Poulsbo
FWH	Fort Ward Hall	9705 Evergreen Ave NE	TC	Teen Center	8521 Madison Ave
FWP	Fort Ward Park	2241 Pleasant Beach Drive NE	TB	Transmitter Bldg	11299 Arrow Point Drive
GLNP	Gazzam Lake Nature Preserve	6105 NE Marshall Rd	PH	Prue's House	9600 Mandus Olson Rd NE
GFW	Grand Forest West	9752 Miller Road NE	WFP	Waterfront Park	301 Shannon Drive SE
GFE	Grand Forest East	9594 Mandus Olson Rd NE	Wilkes	Wilkes Elementary School	12781 N Madison Ave NE
HSLG	BHS Lower Gym	9330 High School Road	WOP	William Olson Park	6200 Williams Lane
HCP	Hidden Cove Park	8588 Hidden Cove Road	WMS	Woodward Middle School	9125 Sportsman Club Rd NE

PARK DISTRICT FACILITIES PHONE NUMBERS

Bainbridge Island Recreation Center	206-842-5661
Bainbridge Island Aquatic Center	206-842-2302
Camp Yeomalt	206-842-5917
Eagledale Pottery Studio	206-842-7025
Island Center Hall	206-780-6994
Teen Center	206-842-2302
Strawberry Hill Center	206-780-9519

DISTRICT STAFF

For a District staff list, see biparks.org/staff

FACILITY RENTALS

All facilities, fields and picnic areas must be reserved by groups intending to use the facilities. Please look online at www.biparks.org for information and rates.



HOURS & CLOSURES

Bainbridge Island Aquatic Center:

Monday-Friday: 5:00a-8:30p

Saturday: 6:00a-3:30p

Sunday: 9:00a-3:30p

Bainbridge Island Recreation Center:

Monday-Thursday: 5:30a-9:30p

Friday: 5:30-8:00p

Saturday-Sunday: 6:00a-8:00p

District Admin Office:

Monday-Friday: 8:00a-4:30p

Facility Closures:

1/1, 7/4, 11/28, 12/25

Extreme Weather Closures:

Park District will open facilities and conduct classes/programs except under extreme adverse conditions. Check our website for closure and cancellation information at www.biparks.org. If the Park District cancels your class due to extreme conditions, your instructor will notify you concerning make-up dates.

SUMMER 2024 REGISTRATION INFORMATION

HOW TO REGISTER

- 1. ONLINE:** www.biparks.org. Register any time of day! Your registration is processed immediately, and you can print a receipt.
- 2. Mail in:** Mail the completed form and a check to: 11700 NE Meadowmeer Circle, Bainbridge Island, WA 98110.
- 3. Call:** To register for any class, call the Bainbridge Island Aquatic Center Monday through Friday 6:00a-8:30p, Saturday 8:00a-4:00p and Sunday 10:00a-2:00p (206-842-2302).

**Registration begins for residents Saturday, May 4, 2024, 9:30am
and for non-residents on Sunday, May 5, 2024, 9:30am**

MAIL-IN/DROP-OFF REGISTRATION FORM

1st Adult payee in household: Last Name _____ First Name _____ Phone (h) _____ (w) _____

2nd Adult payee in household: Last Name _____ First Name _____ Phone (h) _____ (w) _____

Mailing Address _____
street _____ city _____ zip _____

Email Address (please print) _____

I understand that participation in the Class involves inherent risk and possible injury because of the nature of the activities, even when conducted in a safe manner, and I hereby assume all responsibility for my and/or my child's safety when participating in the Class. Injuries to participants in active recreation programs may occur from risks inherent in the activity; from placing stress on the body that it has not been prepared for; from accidents in learning or practicing techniques; from failing to follow training, safety or program rules; from the use of transportation associated with the activity; and from the administration of first aid. The severity of injury can range from minor cuts, scrapes, or muscle strains to catastrophic injury such as paralysis or even death.

In consideration for my acceptance or my child's acceptance as a participant in the Class, I hereby agree: to assume the risks of the activities in which I participate or my child participate in the Class; to waive and forever release Bainbridge Island Metropolitan Park and Recreation District (BIMPRD) and its employees and agents from any and all claims (including those for bodily injury) arising out of or relating in any way whatsoever to my participation in the Class, even though said claims may arise out of the negligence of BIMPRD and its employees and agents; to limit BIMPRD's liability to the applicable limits of BIMPRD's applicable insurance policy if the foregoing waiver and release is deemed unenforceable; to defend, indemnify and hold BIMPRD and its employees and agents harmless from and against any and all claims (including those for bodily injury), losses, damages, liabilities and expenses (including attorney fees) arising out of or relating in any way to my participation in the Class, my failure to comply with any of the obligations under this document, or my failure to provide all relevant medical information. The District also reserves the right to require written clearance from a health care provider before allowing a person to participate in a certain activity.

I give BIMPRD permission to photograph and videotape me or my child (listed below) while participating in the Class. I authorize BIMPRD to use such photographs and videotapes to promote its programs and classes, and I waive any and all claims to compensation for such usage. I acknowledge and agree that all such photographs and videotapes will belong to BIMPRD.

Signature - Adult Participant or Guardian _____

Date _____

REFUND POLICY

Refunds will be in the form of a credit issued back to your credit card, or a check will be issued to the address on your account. Check refunds can take two-four weeks to process.

- Programs canceled by the Park District will receive a full refund.
- Refunds will not be granted for requests made after the program, even with a doctor's note.

Unless a doctor's note is received, the following refund policy applies:

- Requests made seven days or more prior to the start of the program will receive a full refund, minus a \$10 service charge. The seven-day period does not include the day the class begins (i.e., the seventh day is the

day before the class starts). Counting backwards to the first day, a refund request must be received no later than midnight before the first day of the seven-day period.

- No refunds will be granted if requests are received less than seven days before the start of the program. If you register for an activity within seven days of the start of the program, a refund will not be granted.
- No refunds will be granted if requests are made once the program has started.

Some exceptions may be made for documented injury or illness. Please call us at (206) 842-5661.

CLASS # Activity Section	CLASS NAME	DAY(S)	CLASS TIME	PARTICIPANT NAME		SEX	GRADE	BIRTHDATE	CLASS FEE
				First	Last				
								/ /	
								/ /	
								/ /	
								/ /	
								/ /	
								/ /	
								/ /	

Off-island residents add \$6 per class \$ _____

For your protection we no longer accept credit card payments by mail.

Applicable 9.1% sales tax (for activities with % symbol) \$ _____

Total \$ _____

Helpline Eligibility: All classes are eligible for Helpline vouchers with the exception of the swim and gymnastic teams. Aquatic Center passes are also part of this program.

Bainbridge Island Metro
Park & Recreation District
11700 NE Meadowmeer Circle
Bainbridge Island, WA 98110

PRSRT STD
US POSTAGE
PAID
Seattle, WA
Permit No. 12723

ECRWSS
Postal Customer



Bainbridge Island
Metro Park & Recreation District

WE ARE HIRING!

**Make A Difference in
Your Community In
These Program Areas:**

Sports
Camps
Aquatics
Outdoor

Gymnastics
Park Services
Adult Programs
Lifeguards

Starting Wage \$17.43/hr DOE

Employment Includes: 50% off classes | Free Swim Pass
Bainbridge Island Recreation Center Membership

Apply online at biparks.org/employment/